

# Reminder Card - Get Tested and Vaccinated for Hepatitis B!



## Protect yourself and your loved ones.

Hepatitis B is a virus that infects the liver and can cause liver disease, cancer, and death. Many people who are infected don't know that they have the virus.

There is no cure, but the vaccine is safe and can protect from getting hepatitis B. You must complete the two or three-dose vaccine series to be fully protected.

Finding out early and getting care from a doctor is important to help you live a long and healthy life. Get tested and if at risk, get vaccinated.



Fill in your hepatitis B vaccination dates:

1st Dose Date:

\_\_\_/\_\_\_/\_\_\_

2nd Dose Date:

\_\_\_/\_\_\_/\_\_\_

3rd Dose Date:

\_\_\_/\_\_\_/\_\_\_



DOH 420-437 October 2022

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# Tarjeta ja nachu'un ini – ¿Kani ní vacuna ji sa'a ní prueba Hepatitis B maa ní!



## Koto ní maa ní jín ta'an ve'e ní.

Hepatitis B kuu in virus ja kivi xtaa je'e de kuu sa'a kue'e xtaa je'e, cáncer, ji sa'a ja kuu ñayiví. Iyo kua'a tuni ñayiví ja yi'i kue'e ya'a ji de nduu jini ji.

Nduu na tatan kue'e ya'a, vese saa vacuna kuu chindeé ji ní ja ma jikin kue'e hepatitis B ní. Kánuu ja kani ní maa ní uu axi uni vacuna tágua sukua koto va'a ní maa ní.

Nú kuni ne'en ní ja yi'i kue'e ya'a ní, ji nú in médico taji de tatan nuu ní chindeé ja na'an ka kuteku ní ji ja nduu naguá kundo'o ní. Sa'a ní prueba de nú yika ní nuu kue'e, kani ní vacuna maa ní.



## Sínu ní nda vacuna hepatitis B ní:

Kivi ja ni kani ja 1 xinañu'un  
jichi: \_\_\_/\_\_\_/\_\_\_

Kivi ja ni kani ja 2 uu jichi:  
\_\_\_/\_\_\_/\_\_\_

Kivi ja ni kani ja 3 uni jichi:  
\_\_\_/\_\_\_/\_\_\_



DOH 420-437 October 2022 Mixteco Bajo  
Tágua ni'in ní tutu ya'a tánu jiniñu'un ní, ka'an ní nuu 1-800-525-0127. Nda ñayiví ja so'o axi ja nduu níni va'a, kuu ka'an ji nuu 711 (Washington Relay) axi tetiñu ji in correo electrónico nuu email [civil.rights@doh.wa.gov](mailto:civil.rights@doh.wa.gov).