

* Stay out of work until you have been without a fever for at least 24 hours without the use of fever reducing medications

**All Staff:**

**Modified from Public Health Seattle and King County materials**

**Ill Staff:**

* Get a flu vaccine
* Wash or sanitize your hands frequently
* Always cover your cough with a tissue or sleeve
* Wash or sanitize your hands after coughing or sneezing

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To request this document in another format, call 1-800-525-0127. Deaf or hard or hearing customers, please call 711 (Washington Relay) or email doh.information@doh.wa.gov.

Please **do not** report to work if you have a fever, cough, or sore throat.

**Attention Staff:
Help Protect
Our Residents**