

## How many doses do I need? ○ ○ ○

CDC recommends that everyone ages 5 years and older receive an updated 2023-2024 mRNA COVID-19 vaccine, regardless of whether they previously completed prior vaccination. For children 6 months to 4 years old, multiple doses continue to be recommended and will vary by age, vaccine, and which vaccines were previously received.

The reference chart below shows the current recommendations by age.



# COVID-19 Vaccination: Keep Your Child Up to Date

LOOK INSIDE TO FIND OUT HOW TO KEEP YOURSELF AND YOUR FAMILY HEALTHY



## Getting your child vaccinated is the best protection against COVID-19

### WASHINGTON STATE DEPARTMENT OF HEALTH:

- VISIT: [covidvaccinewa.org](https://covidvaccinewa.org)  
[vaccinatewa.org/kids](https://vaccinatewa.org/kids)

### U.S. CENTERS FOR DISEASE CONTROL AND PREVENTION:

- VISIT: [cdc.gov/coronavirus](https://cdc.gov/coronavirus)



Call the WithinReach Help Me Grow Washington Hotline at **1-800-322-2588** (711 TTY relay) or [www.ParentHelp123.org](https://www.ParentHelp123.org)



Watch Me Grow Washington is a program of the Washington State Department of Health.

- Follow us on Facebook @WatchMeGrowWA
- Visit [www.watchmegrowwa.org](https://www.watchmegrowwa.org)

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### 2023-2024 Recommended Vaccine Schedule

Age	Vaccine	If unvaccinated:	If vaccinated before September 2023
6 months – 4 years	Pfizer – Infant/toddler	3 doses of the updated 2023-24 COVID-19 vaccine: 1st dose → 2nd dose 3-8 weeks → 3rd dose ≥ 8 weeks	If 1 prior dose: 2 additional 2023-24 COVID-19 vaccine doses: 1st additional dose 3-8 weeks → 2nd additional dose ≥ 8 weeks If 2-3 prior doses: 1 additional 2023-24 COVID-19 vaccine dose ≥ 8 weeks
6 months – 4 years	Moderna – Infant/toddler	2 doses of the updated 2023-2024 COVID-19 vaccine: 1st dose → 2nd dose 4-8 weeks	If 1 prior dose: 1 additional 2023-24 COVID-19 vaccine dose 4-8 weeks If 2 prior doses: 1 additional 2023-24 COVID-19 vaccine dose ≥ 8 weeks
5+ years	Pfizer – Pediatric-Adult	1 dose of the updated 2023-2024 COVID-19 vaccine	If 1 or more prior doses: 1 additional 2023-24 COVID-19 vaccine dose ≥ 8 weeks
5+ years	Moderna – Pediatric-Adult	1 dose of the updated 2023-2024 COVID-19 vaccine	If 1 or more prior doses: 1 additional 2023-24 COVID-19 vaccine dose ≥ 8 weeks
12+ years	Novavax – Adolescent/Adult	2 doses: 1st dose → 2nd dose 3-8 weeks	If 1 or more prior doses: 1 additional 2023-24 COVID-19 vaccine dose ≥ 8 weeks

Children 6 months + who are moderately or severely immunocompromised should get a 3-dose series and may get additional doses at least 2 months after their last dose. Please review the CDC guidelines for further details. Schedules are subject to change.

## Protect Yourself and Your Family \* \* \*

### Why should I be concerned about my child getting COVID-19?

Since the beginning of the pandemic, over 15 million children in the United States have gotten COVID-19. New COVID-19 variants are currently responsible for most infections and hospitalizations in the United States.

While COVID-19 is often milder in children than adults, children can still get very sick and spread it to friends and family with a weakened immune system or who are vulnerable in other ways. Half of reported pediatric COVID-19 deaths in the United States were in children with no underlying health conditions.

Children who are infected with COVID-19 can develop "Long COVID-19" or

persistent symptoms that often include brain fog, fatigue, headaches, dizziness and shortness of breath. Vaccination is the best way to keep kids healthy and safe.

Children who get infected with COVID-19 may be at greater risk for Multisystem inflammatory syndrome (MIS-C). MIS-C is a condition where different body parts can become inflamed, including the heart, lungs, kidneys, brain, skin, eyes, or gastrointestinal organs. While it is still unknown what causes MIS-C, many children with MIS-C had COVID-19, or had been around someone with COVID-19. MIS-C can be serious, even deadly, but most children diagnosed with this condition have gotten better with medical care.



## VACCINATE



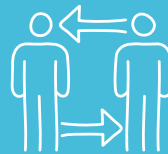
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## WASH HANDS



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## ISOLATE IF SICK



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## CONSIDER WEARING A MASK



### Where can I get a COVID-19 vaccine?

Find a vaccine at [Vaccines.gov](https://www.vaccines.gov) or call 1-833-VAX-HELP (833-829-4357), then press # (language assistance is available). You may search or ask for any type (brand) you are eligible to receive. Please use the reference chart on the back of this brochure for more info.

You can also text your ZIP code to 438-829 (GET VAX) or 822-862 (VACUNA) for vaccine locations near you.

### Can my child receive the COVID-19 vaccine when they get other vaccines?

- Yes, your child can get a COVID-19 vaccine with other vaccines. A COVID-19 vaccine appointment is another opportunity to get your child caught up on all their recommended vaccines. Experience with other vaccines has shown that the way our bodies develop protection, known as an immune response, and possible side effects after getting vaccinated are generally the same when given alone or with other vaccines.

### Is COVID-19 vaccination safe for my child?

- Yes, the FDA approved and authorized COVID-19 vaccines based on extensive clinical trials showing the vaccine is safe and effective for children. No serious side effects were detected in clinical trials of the vaccine in children. The studies are ongoing, and the U.S. has very strong vaccine safety systems to catch any warning signs early.



### Who should I talk to if I have questions about the vaccine?

- Talk with your trusted medical provider, talk with a community health worker, or read information at [www.CovidVaccineWA.org](https://www.CovidVaccineWA.org).

