

January 29, 2024



## RSV and flu are on the rise. Get protected by vaccines now!

Vaccines for RSV, flu and COVID-19 are available.

Get vaccinated now so that you, other residents, loved ones, and facility staff are better protected during respiratory virus season, and enjoy better health all year long.

Make the most of the new year by avoiding respiratory viruses like RSV, flu and COVID-19. Getting vaccinated is especially important to protect yourself and others who may have multiple health conditions, are around people with a weakened immune system or those who are pregnant.

If you were vaccinated over a year ago, you are <u>not</u> fully protected now. Decrease your risk for serious illness or hospitalization from a respiratory virus: Ask your provider about getting vaccinated today!

Please let us know if this flyer is useful and if you'd like to see more of it: https://www.surveymonkey.com/r/6C25BD6



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