

# FAMILY HEALTH CENTERS PROFILE 2021

Family Health Centers receives funding devoted solely to sexual and reproductive health and related preventive health services with a focus on low-income and uninsured persons. Funds support services such as breast and pelvic exams, Pap smears and other cancer screenings, STI/HIV testing, pregnancy testing and counseling, and affordable birth control, including long-acting reversible contraception (LARC). Family Health Centers works with Washington State Department of Health to assure quality and affordable sexual and reproductive health services at its clinics in Okanogan County.

In 2021 Family Health Centers served 990 clients during 1,278 clinic visits, representing a 14% decrease in clients and an 15% decrease in clinic visits from 2020. An estimated 76% of female clients of reproductive age served in 2021 were on some form of contraceptive method resulting in a lower risk of unintended pregnancy, unplanned births, and abortions.

## Family Health Centers Served 990 clients in 2021

	2021		2020	
	Count	% of total	Count	% of total
<b>Total</b>	<b>990</b>	<b>100%</b>	<b>1,162</b>	<b>100%</b>
Male	62	6%	49	4%
Female	928	94%	1,113	96%
- reproductive age (15-44 yrs)	849	86%	1,028	88%
Non Hispanic				
- White	339	34%	519	45%
- African American	14	1%	4	<1%
- American Indian/Alaska Native	47	5%	39	3%
- Asian, Native Hawaiian/Pacific Isl.	7	1%	10	1%
Hispanic	503	51%	531	46%

## An estimated 76%\* of Family Health Centers' female reproductive age clients used contraception

	2021		2020	
	Count	% of total	Count	% of total
No method	204	24%	297	29%
Combined hormonal methods	185	22%	237	23%
3-month hormonal injection	105	12%	120	12%
LARC	209	25%	237	23%
Barrier	70	8%	72	9%
Other methods	76	9%	57	6%

\* The remaining 24% includes female clients 15-44 years who were pregnant or seeking pregnancy and those reporting no method.

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930-140

Title: Washington  
State Sexual &  
Reproductive  
Health Network

**Sexual & reproductive services provided by Family Health Centers prevented an estimated\* 200 unintended pregnancies and 70 abortions, and saved over \$1 million in health care costs in 2021 alone**

Family Health Centers’ family planning services averted unwanted reproductive health outcomes and saved healthcare-related expenses by providing contraceptive services, testing and treatment for sexually transmitted infections, and vaccination against HPV to prevent cervical cancer. Most notably, in 2021 the agency’s services prevented an estimated 200 unintended pregnancies, 90 unplanned births, and 70 abortions resulting in net savings of over \$1 million associated with maternal and birth-related care, miscarriages, ectopic pregnancies, and abortions averted.

**Estimate of unwanted outcomes and health expenditures prevented by Family Health Centers’ sexual & reproductive health services, 2021**

Unintended pregnancies	200
Unplanned births	90
Abortions	70
Miscarriages following unintended pregnancies prevented	40
Maternal & birth-related gross costs saved from contraceptive services	\$1,322,110
Miscarriage & ectopic pregnancy gross costs saved	\$42,000
Chlamydia infections	**
Gonorrhea infections	**
HIV Infections	**
Gross costs saved from STI testing	\$0
Gross costs saved from Pap and HPV testing & vaccinations	\$0
<b>Total family planning costs</b>	<b>\$319,210</b>
<b>Total net savings</b>	<b>\$1,044,900</b>

*\*Estimates are based on Washington State sexual and reproductive health clinic visit record data and formulas from Guttmacher Institute (Frost JJ et al., Return on investment: A fuller assessment of the benefits and cost savings of the US publicly funded family planning program, The Milbank Quarterly, 2014, <<http://onlinelibrary.wiley.com/enhanced/doi/10.1111/1468-0009.12080>>.)*

*\*\* Unable to report due to small numbers*

**Data sources:** (1) Washington State Clinic Visit Record data 2020, 2021; (2) Guttmacher Institute Data Center. Estimates retrieved from <https://data.guttmacher.org/calculator> on 03/04/2022

**FOR ADDITIONAL INFORMATION PLEASE CONTACT:**

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