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Newborn Screening saving lives with a simple blood spot

Newborn blood spot screening is a Department of Health program that identifies babies born in Washington State with rare genetic disorders.



Infants with these disorders usually appear normal at birth and, without screening, the disorders are not likely to be detected and treated in time to prevent death or severe disability.

To make sure these disorders are identified quickly, State law requires a newborn blood spot to be collected for all babies before they are 2 days old.

Parents can legally refuse newborn screening if it conflicts with their religious tenets or practices.

Babies with these disorders can have serious health problems, but screening and early treatment can help your baby grow up healthy.

A nurse, midwife, or phlebotomist will collect several drops of blood from your baby's heel onto a filter paper card, that is then dried and sent to the State Laboratory for testing.



public health initiatives in the USA

In Washington State, about

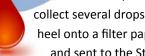


are diagnosed with one of the 32 disorders on the screening panel.

2 screens in WA

1 st shortly after birth, when your baby is 18-48 hours old

at a well-child visit, when your baby is 7-14 days old



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Newborn Screening is one of the MOST SUCCESSFUL

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