

# WIC SHOPPING JUST GOT A LITTLE EASIER!



## USE THE APP TO:



Keep track in **My Benefits**.



Scan foods using **Scan Barcode** to see if a food is WIC allowed.



View the **WIC Allowable Food** list to see what to Buy or Don't Buy.



Use **I couldn't buy this!** to report a food you think is WIC allowed.



Look for **Yummy Recipes**.



Get simple tips in **Life Hacks!**



Find a **WIC office** or a **WIC store**.



Use the **Produce Calculator** and **Cereal Calculator** while you shop.

## HOW TO INSTALL THE APP:



Download **WICShopper** from your app store.





**REGISTER YOUR WIC CARD TODAY.**

### **Once registered, you can:**

- See your up-to-date WIC benefits.
- See when your benefits start and end.
- Scan foods to know if items are WIC allowed for your family.
- Get notifications when you're running out of time to use your benefits.

### **Get the most out of your WIC benefits.**

- Find Yummy Recipes to help you use all of your WIC foods.
- Notifications will let you know what benefits you have available and when benefits end.

### **Want to know what fruits and veggies are allowed?**

#### **Fresh**

- Don't scan fresh fruits and veggies because they'll always scan as "Not WIC Allowed".
- Use "WIC Allowable Foods" in the app to see what fresh produce is allowed.
- Most fresh produce is WIC allowed.

#### **Frozen**

- You can scan the barcode or enter a UPC in the app.
- Use "WIC Allowable Foods" to see a list of what's allowed.



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To request this document in another format, call 1-800-841-1410. or hard of hearing customers, please call 711 (Washington Relay) or email [WIC@doh.wa.gov](mailto:WIC@doh.wa.gov).