



Measurement and Bloodwork Information Form

WIC is doing most appointments by phone and video chat. WIC staff can't weigh and measure participants or assess their blood iron levels.

We're asking health care providers to fill in the following information so participants and caregivers can share it with WIC.

Adult participant (Pregnant, Breastfeeding, Non-breastfeeding Postpartum)		
Name:		Due date (PG only):
Height:	Weight:	Date taken:
<input type="checkbox"/> Hematocrit or <input type="checkbox"/> Hemoglobin value:		Date taken:
Blood lead level:		Date taken:

Infant or child participant		
Name:		Date of birth:
<input type="checkbox"/> Height or <input type="checkbox"/> Length:	Weight:	Date taken:
<input type="checkbox"/> Hematocrit or <input type="checkbox"/> Hemoglobin value:		Date taken:
Blood lead level:		Date taken:

Infant or child participant		
Name:		Date of birth:
<input type="checkbox"/> Height or <input type="checkbox"/> Length:	Weight:	Date taken:
<input type="checkbox"/> Hematocrit or <input type="checkbox"/> Hemoglobin value:		Date taken:
Blood lead level:		Date taken:

Additional infant or child participant space located on back of page.

Source of information

Name: _____

Title: _____

Phone #: _____

Thank you!

Infant or child participant		
Name:		Date of birth:
<input type="checkbox"/> Height or <input type="checkbox"/> Length:	Weight:	Date taken:
<input type="checkbox"/> Hematocrit or <input type="checkbox"/> Hemoglobin value:		Date taken:
Blood lead level:		Date taken:

Washington WIC doesn't discriminate.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:**
 U.S. Department of Agriculture
 Office of the Assistant Secretary for Civil Rights
 1400 Independence Avenue, SW
 Washington, D.C. 20250-9410; or
2. **fax:**
 (833) 256-1665 or (202) 690-7442; or
3. **email:**
program.intake@usda.gov

This institution is an equal opportunity provider.
 Washington WIC doesn't discriminate.

To request this document in another format, call 1-800-841-1410.

Deaf or hard of hearing customers, please call 711 (Washington Relay) or email WIC@doh.wa.gov.

