

# NE WASHINGTON HEALTH PROGRAM PROFILE 2023

NEW Health receives funding devoted solely to sexual and reproductive health and related preventive health services with a focus on low-income and uninsured persons. Funds support services such as breast and pelvic exams, Pap smears and other cancer screenings, STI/HIV testing, pregnancy testing and counseling, and affordable birth control, including long-acting reversible contraception (LARC). NEW Health works with Washington State Department of Health to assure quality and affordable sexual and reproductive health services at its clinics in Ferry, Stevens, Spokane and Pend Oreille Counties.

In 2023, NEW Health Program served 619 clients during 927 clinic visits, representing a 32% increase in clients and a 32% increase in clinic visits from 2022. An estimated 78% of female clients of reproductive age served in 2023 were on some form of contraceptive method resulting in a lower risk of unintended pregnancy, unplanned births, and abortions.

## NEW Health Served 619 clients in 2023

	2023		2022	
	Count	% of total	Count	% of total
<b>Total</b>	<b>619</b>	<b>100%</b>	<b>469</b>	<b>100%</b>
Male	35	6%	21	4%
Female	584	94%	448	96%
Females of reproductive age (15-44)	543	88%	416	89%
Hispanic	38	88%	26	89%
Non Hispanic:				
American Indian/Alaska Native	11	2%	13	3%
Asian	1	<1%	2	<1%
Black or African American	8	1%	8	2%
Native Hawaiian/Other Pacific Islanders	2	<1%	0	
White	535	87%	407	87%
More than one race	22	4%	11	2%

	2023		2022	
	Count	% of total	Count	% of total
<b>Female Reproductive Age Clients by Contraception</b>				
No method	126	23%	86	21%
Combined hormonal methods	157	29%	137	33%
3-month hormonal injection	35	6%	32	8%
LARC	107	20%	77	19%
Barrier	64	12%	44	11%
Other methods	54	10%	40	10%

\* No method includes female clients 15-44 years who were pregnant or seeking pregnancy and those who reported no method.

For people with disabilities, this document is available on request in other formats. To submit a request, please call 1-800-525-0127 (TDD/TTY call 711).



**Sexual & reproductive health services provided by NEW Health prevented an estimated\* 90 unintended pregnancies and 30 abortions, and saved over \$475k in health care costs in 2023 alone**

NEW Health Programs’ family planning services averted unwanted reproductive health outcomes and saved healthcare-related expenses by providing contraceptive services, testing and treatment for sexually transmitted infections, and vaccination against HPV to prevent cervical cancer. Most notably, in 2023 the agency’s services prevented an estimated 90 unintended pregnancies, 40 unplanned births, and 30 abortions resulting in net savings of over \$475,000 associated with maternal and birth-related care, miscarriages, ectopic pregnancies, and abortions averted.

**Estimate of unwanted outcomes and health expenditures prevented by NEW Health Programs’ family planning services, 2023**

Unintended pregnancies	90
Unplanned births	40
Abortions	30
Miscarriages following unintended pregnancies prevented	20
Maternal & birth-related gross costs saved from contraceptive services	\$594,100
Miscarriage & ectopic pregnancy gross costs saved	\$18,870
Chlamydia infections	**
Gonorrhea infections	**
HIV Infections	**
Gross costs saved from STI testing	\$4,280
Gross costs saved from Pap and HPV testing & vaccinations	\$2,440
<b>Total gross savings</b>	<b>\$619,690</b>
<b>Total family planning costs</b>	<b>\$143,440</b>
<b>Total net savings</b>	<b>\$476,250</b>

*\*Estimates are based on Washington State sexual and reproductive health clinic visit record data and formulas from Guttmacher Institute (Frost JJ et al., Return on investment: A fuller assessment of the benefits and cost savings of the US publicly funded family planning program, The Milbank Quarterly, 2014, <<http://onlinelibrary.wiley.com/enhanced/doi/10.1111/1468-0009.12080>>.)*

*\*\* Unable to report due to small numbers*

**Data sources:** (1) Washington State Clinic Visit Record data 2022, 2023; (2) Guttmacher Institute Data Center. Estimates retrieved from <https://data.guttmacher.org/calculator> on 03/04/2024

**FOR ADDITIONAL INFORMATION PLEASE CONTACT:**

SEXUAL & REPRODUCTIVE HEALTH PROGRAM  
 SRHP@DOH.WA.GOV