



Key ADA Resources

Diabetes Food Hub

- Digital cooking and recipe destination designed by the American Diabetes Association for people living with diabetes, their families, and caregivers
- Allows users to plan weekly meals, create an editable shopping list to prepare meals, and get healthy tips from ADA dietitians
- Online at www.diabetesfoodhub.org

Living with Type 2 Diabetes Program

- Free 12-month program for people newly diagnosed with type 2 diabetes
- Available in English and Spanish
- Enrollees receive information packets, monthly e-newsletters, and a subscription to the Diabetes Forecast magazine
- Online at diabetes.org/lwt2

Patient Education Library

- Nearly 200 printable PDF materials available on a range of diabetes-related topics
- Languages include Arabic, Chinese, English, French, Haitian Creole, Korean, Portuguese, Russian, Spanish, Tagalog, and Vietnamese
- Online at professional.diabetes.org/patienteducationlibrary

Website and Center for Information

- Website: www.diabetes.org
- Center for Information
 - Toll-free phone number: 1-800-DIABETES
 - Online chat
 - Email: askada@diabetes.org / Preguntas@diabetes.org