

# Healthcare

Education | Family Support | Healthcare | Insurance | Nutrition | Other

#### Q. I have questions about my child's development. What should I do?

A. It is best to discuss your concerns with your child's primary medical care provider. To learn about typical development and what to do if you have concerns, call the **Family Health Hotline at 1-800-322-2588** or visit **www.WithinReachWA.org**.

The **Early Support for Infants and Toddlers (ESIT)** program provides services to children birth to age 3 years who have disabilities and/or developmental delays. Learn more at **http://del.wa.gov/development/ESIT/default.aspx**.

### Q. How do I find medical care and therapy information for my special needs child?

**A.** Center for Children with Special Needs provides information to families and professionals focusing on children who have chronic physical, developmental, behavioral or emotional conditions (in both English and Spanish) at www.CSHCN.org.

#### Q: Where can I get accurate information about immunizations and autism?

**A. CHILD Profile**, the immunization program at the Department of Health, has public health nurse consultants on staff to answer clinical questions about immunizations. Anyone can e-mail the nurses at **immunenurses@doh.wa.gov**. E-mails are confidential and will be answered within three business days. Learn more at **www.doh.wa.gov/cfh/lmmunize/providers/Ask-Nurses.htm**.

## Q. How do I find dental care that will be sensitive to my child's condition?

**A.** Washington State Department of Health **Oral Health Program** web site provides links to oral health resources, services and information at **www.doh.wa.gov/cfh/OralHealth/default.htm**.

**CSHCN Coordinators** help individuals by referring them to local community resources. To find your local public health coordinator, go to **www.doh.wa.gov/cfh/mch/CSHCN\_Referrals.htm**.

University of Washington's DECOD (Dental Education in the Care of Persons with Disabilities) is a special program of the School of Dentistry that treats persons with severe disabilities and prepares dental professionals to meet their special oral health needs. Learn more at www.dental.washington.edu/departments/omed/DECOD.php.

# Q. Who can help me with my child's medical appointments and keeping track of all the professionals that work with my child?

A. **Medical Home** is an approach to delivering primary health care through a "team partnership" that ensures health care services are provided in a high-quality, cost effective and comprehensive manner. Learn how the Washington State Medical Home web site can help you at **www.MedicalHome.org**.

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#### Q. Is there any help with assistive technology?

**A. Easter Seals Washington** provides recreation and camping services for people with disabilities. Learn more at http://WA.Easterseals.com.

The University of Washington's DO-IT (Disabilities, Opportunities, Internetworking, and Technology) Center promotes the success of individuals with disabilities and the use of computer and networking technologies to increase their independence, productivity, and participation in education and careers. Learn more at http://www.washington.edu/doit/.

- Q. Who can help me with finding transportation to my child's medical appointments?
- **A.** Washington State Department of Transportation provides resources for finding local transportation options in your area at www.wsdot.wa.gov/Choices/.

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For people with disabilities, this document is available on request in other formats. To submit a request, please call 1-800-525-0127 (TDD/TTY 1-800-833-6388).

