

2023 CHW Core Competency Training Schedule

1 st Quarter	2 nd Quarter	3 rd Quarter	4 th Quarter
IN PERSON HYBRID TRAINING			
NORTH REGION Jan 12—March 2 Room Location: TBD Seattle, WA	NORTH REGION April 11 – May 30 Room Location: TBD Bellingham, WA	NORTH REGION July 11 – August 29 Room Location: TBD Port Townsend, WA	NORTH REGION Oct 3 – Nov 21 Room Location: TBD Burien, WA
SOUTH REGION Jan 10 – Feb 28 Room Location: TBD Tacoma, WA	SOUTH REGION April 13 – June 1 Room Location: TBD Longview, WA	SOUTH REGION July 13 – August 31 Room Location: TBD Aberdeen, WA	SOUTH REGION Sept 27 – Nov 15 Room Location: TBD Vancouver, WA
CENTRAL REGION Jan 12 – March 2 Room Location: TBD Wenatchee, WA	CENTRAL REGION April 11 – May 30 Room Location: TBD Richland, WA	CENTRAL REGION July 11 – August 29 Room Location: TBD Yakima, WA	CENTRAL REGION Oct 3 – Nov 21 Room Location: TBD Omak, WA
EAST REGION Jan 10-Feb 28 Room Location: TBD Spokane, WA	EAST REGION April 13 – June 1 Room Location: TBD Colville, WA	EAST REGION July 13 – August 31 Room Location: TBD Spokane, WA	EAST REGION Sept 26 – Nov 14 Room Location: TBD Othello, WA
SPANISH IN PERSON HYBRID TRAINING			
NORTH REGION Jan 12 – March 2 Room Location: TBD Seattle, WA	SOUTH REGION April 11 – May 30 Room Location: TBD Tacoma, WA	CENTRAL REGION July 11 – August 29 Room Location: TBD Wenatchee, WA	EAST REGION Oct 3 – Nov 21 Room Location: TBD Othello, WA
REMOTE TRAINING			
REMOTE January 9 – March 13 All Regions	REMOTE April 10 – June 12 All Regions	REMOTE July 10 – September 11 All Regions	REMOTE October 2 – December 4 All Regions

**Schedule subject to change*



DOH 140-036-December 2022

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2023 Health Specific Modules

Welcome to the WA State Department of Health HSM modules! Participants are asked to register for no more than 3 per session. Each module is open for 14 working business days and can take 2-4 hours to complete. Once completed, a certificate of completion is sent out to individuals by email.

1st Quarter	
Registration Opens: January 9 Course Open: January 16 - February 6	Registration Opens: February 6 Course Open: February 13 – 30
Health Literacy: A Start Motivational Interviewing Behavioral Healthcare Memory Loss & Dementia Cardiovascular Health Breast Health & Cancer Screening Oral Health – Healthy Mouth, Healthy Life Depression & Anxiety: Helping Others Cope	HIV/AIDS: Supporting Community Members Colorectal Health & Cancer Screening Providing Social Support Improving Asthma Outcomes Sun Safety & Skin Cancer Prevention Pre-Diabetes & Diabetes Blood Pressure & Hypertension Conducting Food Insecurity Screening
1st Quarter Spanish Courses	
Registration Opens: January 9 Course Open: January 16 - February 6	Registration Opens: February 6 Course Open: February 13 – 30
Prevencion y manejo del dolor cronico Salud Bucal para las comunidades Latinas Como Desarrollar Una Evaluacion De La Inseguridad Alimentaria	Comprendiendo la compensacion para trabajadores Entrevistas Motivacionales Como Desarrollar Una Evaluacion De La Inseguridad Alimentaria
2nd Quarter	
Registration Opens: April 17 Course Open: April 24 – May 11	Registration Opens: May 29 Course Open: June 5 - 22
Cervical Health & Cancer Screening Family Planning & Wellness Substance Use Understanding Disparities & Social Determinants Prenatal Nutrition Cardiovascular Health Advocacy Skills Chronic Pain Prevention & Management	Healthy Eating, Active Living (HEAL) Depression & Anxiety: Helping Others Cope Understanding Autism Spectrum Disorder Navigating Health Insurance Immunization Across Lifespan Pre-Diabetes & Diabetes Blood Pressure & Hypertension Tobacco Cessation
2nd Quarter Spanish Courses	
Registration Opens: April 17 Course Open: April 24 – May 11	Registration Opens: May 29 Course Open: June 5 - 22
Habilidades de abogacia Presion arterial alta-Hipertension Como Desarrollar Una Evaluacion De La Inseguridad Alimentaria	Diabetes y Prediabetes Como Desarrollar Una Evaluacion De La Inseguridad Alimentaria Entrevistas Motivacionales

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2023 Health Specific Modules (Continued)

3rd Quarter	
Registration Opens: July 17 Course Open: July 24 – August 10	Registration Opens: September 4 Course Open: September 11-28
Health Literacy: A Start Breast Health & Cancer Screening Motivational Interviewing Behavioral Healthcare Sun Safety & Skin Cancer Prevention Pre-Diabetes & Diabetes Conducting Food Insecurity Screening Providing Social Support	Colorectal Health & Cancer Screening Family Planning & Wellness Understanding Autism Spectrum Disorder Prenatal Nutrition Prostate Health & Cancer Screening Workers Compensation Oral Health: Healthy Mouth, Healthy Life Navigating Health Insurance
3rd Quarter Spanish Courses	
Registration Opens: July 17 Course Open: July 24 – August 10	Registration Opens: September 4 Course Open: September 11-28
Entrevistas Motivacionales Salud Bucal para las comunidades Latinas Como Desarrollar Una Evaluacion De La Inseguridad Alimentaria	Diabetes y Prediabetes Como Desarrollar Una Evaluacion De La Inseguridad Alimentaria Presion arterial alta-Hipertension
4th Quarter	
Registration Opens: October 2 Course Open: October 9-26	Registration Opens: November 6 Course Open: November 13 - 30
Cervical Health & Cancer Screening Healthy Eating, Active Living (HEAL) Improving Asthma Outcomes Advocacy Skills Understanding Disparities & Social Determinants Immunizations Across Lifespan Chronic Pain Prevention & Management Tobacco Cessation	HIV/AIDS: Supporting Community Members Providing Social Support Substance Use Navigating Health Insurance Memory Loss & Dementia Basics Workers Compensation Conducting Food Insecurity Screening Cardiovascular Health
4th Quarter Spanish Courses	
Registration Opens: October 2 Course Open: October 9-26	Registration Opens: November 6 Course Open: November 13 - 30
Prevencion y manejo del dolor cronico Presion arterial alta-Hipertension Como Desarrollar Una Evaluacion De La Inseguridad Alimentaria	Comprendiendo la compensacion para trabajadores Habilidades de abogacia Como Desarrollar Una Evaluacion De La Inseguridad Alimentaria

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