State of Washington STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER COMPLETED A. BUILDING C B WING 013250 04/22/2021 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **104 W 5TH AVE** INLAND NORTHWEST BEHAVIORAL HEALTH SPOKANE, WA 99204 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE DATE PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG DEFICIENCY) **INITIAL COMMENTS** L 000 STATE COMPLAINT INVESTIGATION The Washington State Department of Health (DOH) in accordance with Washington Administrative Code (WAC), Chapter 246-322 Private Psychiatric and Alcoholism Hospital regulations, conducted this health and safety investigation. Administrative review dates: 12/28/20-03/03/21 On Site Investigation dates: 04/20/21, 04/21/21, 04/22/21 Case Numbers: 2020-16014, 2021-2227 Intake Numbers: 107480, 110171 Investigators # 13 and #3 There were violations found pertinent to this complaint. 322-035.1E POLICIES-ABUSE PROTECTION L 325 WAC 246-322-035 Policies and Procedures. (1) The licensee shall develop and implement the following written policies and procedures consistent with this chapter and services provided: (e) Protecting against abuse and neglect and reporting suspected incidents according to the provisions of chapters 71.05, 71.34, 74.34 and 26.44 RCW: This Washington Administrative Code is not met as evidenced by: Based on interview and document review, the

State Form 2567

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

5-17-21

STATE FORM

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If continuation sheet 1 of 6

State of Washington STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING _ C 013250 B. WING_ 04/22/2021 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 104 W 5TH AVE **INLAND NORTHWEST BEHAVIORAL HEALTH SPOKANE, WA 99204** SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (X5) (EACH DEFICIENCY MUST BE PRECEDED BY FULL PRÉFIX PREFIX (EACH CORRECTIVE ACTION SHOULD BE COMPLETE DATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATE TAG DEFICIENCY) L 325 Continued From page 1 L 325 hospital failed to implement its policies and procedures for investigating and reporting sexual behavior between patients on the Adolescent Unit of the hospital for 2 of 5 patients reviewed (Patients #1302 and #1306). Failure to ensure that staff members follow policy and procedure for investigating and reporting sexual activity on the unit puts patients at risk for physical and psychological harm. Findings included: 1. Document review of the hospital's policy. "Sexual Aggression and Sexual Victimization: Prevention and Response & Notification Plan," last review dated 05/05/20 showed that: a. The Charge Nurse and facility leadership immediately separate patients upon discovery of sexual behavior or who are alleged to have engaged in sexual behavior. b. The Charge Nurse or designee will notify the parents/guardians as applicable. Most sexual allegations will need to be reported to the parents or guardians of those clients involved. c. Risk Manager or designee notifies the Local/State Police in all sexual assault, intercourse cases that involve a minor. d. Risk Manager or designee notifies State Agencies, i.e.: Child Protective Services (CPS) as required by state statutes. e. Risk Manager or designee oversees documentation in the medical record re: the alleged incident, notifications, staff interventions, and patient response.

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER	(X2) MULTIPLE CONSTRUCTION			(X3) DATE SURVEY COMPLETED	
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L 325	Continued From page	2	L 325				
	showed that on 12/02 reported to a social whad sex with another 11/15/20 at 8:30 PM in Patient #1302 was affi pregnant. 3. On 01/29/21 at 2:25 #1304 showed that: a. Staff #1304 intervie and Patient #1306 togencounter. b. Staff #1304 did not Patient #1302 or #130 have their parents call c. Staff #1304 did not incident because she if age of consent. One pincident was 16 years was 14 years old. 4. On 02/05/21 at 10:0 with investigator #13, it Quality/Interim Risk Maa. Verified that the parewere CPS or police not #1303 stated that the hollowed. b. Staff #1303 stated that in the hollowed. c. Staff #1303 stated that incident because she if an incident was 16 years was 14 years old.	notify CPS or police of the pelieved age 13 was the atient involved in the old and the other patient O AM during an interview he Director of					

State of Washington STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: _ B WING_ 013250 04/22/2021 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 104 W 5TH AVE **INLAND NORTHWEST BEHAVIORAL HEALTH** SPOKANE, WA 89204 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE BATE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX TAG PREFIX (EACH CORRECTIVE ACTION SHOULD BE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG DEFICIENCY) L 325 Continued From page 3 L 325 the two involved patients told Staff #1303 where the encounter took place and that the patient were aware that it was not visible on the video cameras (Patients #1302 and #1306). 5. Document review of the hospital's policy, "Sexual Aggression and Sexual Victimization: Prevention and Response & Notification Plan," last review dated 05/05/20 showed that: a. Action Steps included early identification by Intake/Admission staff for patients with potential for sexual aggression and potential for sexual victimization. b. The Intake/Admission staff/Unit Nurse completes the high risk visual notification alert and identifies either sexual aggression and/or sexual victimization and conducts a hand off with the RN accepting the admission on the unit. c. The Nursing Staff assesses patient risk factors for sexual aggression/Victimization and places patient on SAO- Aggression or SAO- Victim Precautions. 6. On 11/07/20 patient #1301 was admitted to the adolescent unit with suicidal ideation. The Intake Assessment dated 11/07/20 documents sexual molestation by family members and current legal process underway. 7. The psychiatric evaluation dated 11/8/20 at 8:34 AM describes the history of sexual abuse and victimization. 8. Patient #1301's medical record does not include Sexual Victimization precautions. 9. Patient #1301's medical record does not State Form 2567

State of Washington STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER. A. BUILDING _____ COMPLETED C B. WING 013250 04/22/2021 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **104 W 5TH AVE** INLAND NORTHWEST BEHAVIORAL HEALTH SPOKANE, WA 99204 SUMMARY STATEMENT OF DEFICIENCIES (X4) (D PROVIDER'S PLAN OF CORRECTION ID PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE COMPLETE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS REFERENCED TO THE APPROPRIATE TAG DATE DEFICIENCY) L 325 Continued From page 4 L 325 include Sexual Victimization as part of the treatment plan. 10. During an interview between Investigator #13 and the Medical Director, (Staff #1311) on 04/21/21 at 9:00 AM, Staff #1311 stated that the patient should have been placed on precautions and the sexual victimization should have been included in the discussion with the treatment team. L 340 322-035.1H PROCEDURES-BEHAVIOR L 340 WAC 246-322-035 Policles and Procedures. (1) The licensee shall develop and implement the following written policies and procedures consistent with this chapter and services provided: (h) Managing assaultive, self-destructive, or out-of-control behavior, including: (i) Immediate actions and conduct: (ii) Use of seclusion and restraints consistent with WAC 246-322-180 and other applicable state standards: (iii) Documenting in the clinical record: This Washington Administrative Code is not met as evidenced by: Based on record review and review of hospital policy and procedures, the hospital failed to implement its policies and procedures for the use of restraints/seclusion by not modifying the patient's plan of care for 3 of 3 records reviewed (Patient #301, #302, #303). Failure to modify care plans for patients in restraints or seclusion puts patients at risk of

State Form 2567

State of Washington STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** A. BUILDING. _ COMPLETED C B WING 013250 04/22/2021 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 104 W 5TH AVE **INLAND NORTHWEST BEHAVIORAL HEALTH SPOKANE, WA 89204** SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PRÉFIX (EACH CORRECTIVE ACTION SHOULD BE PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATE TAG DATE DEFICIENCY) L 340 Continued From page 5 L 340 harm by not meeting their physical and emotional needs. Findings included: 1. Document review of the hospital's policy and procedure titled, "Proper Use and Monitoring of Physical/Chemical Restraints and Seclusion," policy # 300.22, last reviewed 09/20, showed that a review and modification of the treatment plan is indicated when an episode of restraint/seclusion occurs. The registered nurse will review and update the treatment plan within 8 hours. 2. On 04/21/21, Investigator #3 conducted a clinical record review of 3 patients who were placed in seclusion or restraints. In 3 of 3 patient records reviewed (Patient #301, #302, #303), staff failed to update the patient's care plans to reflect seclusion/restraint interventions. 3. During an interview with the Director of Quality, Staff #1303 on 0422/21 at 12:45 PM, Staff #1303 verified that the hospital pollicy was not followed. State Form 2567

INLAND NORTHWEST BEHAVIORAL HEALTH

CMS PLAN OF CORRECTION

May 17th, 2021

	By submitting this Plan of Correction, the Hospital does not agree that the facts alleged are true or admit that it violated the rules. The Hospital submits this Plan of Correction to document the actions it has taken to address the citations.	
Tag # A 144	PATIENT RIGHTS: CARE IN SAFE SETTING	
	CORRECTIVE ACTION:	
	The CEO, Medical Director and Director of Quality met to review the findings of this survey and reviewed the policy titled, Sexual Aggression and Sexual Victimization: Prevention and Response & Notification Plan with no revisions required.	
	All nursing staff including RNs and MHTs were retrained to the Sexual Aggression and Sexual Victimization policy immediately. Training focused on:	
	 Appropriate investigation and reporting of sexual behavior The need to separate patients upon discovery of sexual behaviors or who alleged to have engaged in sexual behaviors Notification of parents/guardians per policy Notification of local/state police in all sexual assault, intercourse 	5/31/2021
	cases that involve minors Notification of Child Protective Services (CPS) as required by state statutes	
	Training was initiated and completed by 5/31/2021. Evidence of training is filed in staff's personnel file.	
	STAFF RESPONSIBLE: The Director of Quality and Risk Manager	
	MONITORING: Monitoring of 100% of patients placed on Sexual Acting Out (SAO) precautions to confirm compliance with hospital policy. Monitoring will be ongoing for four months until compliance is achieved and sustained. All deficiencies are corrected immediately to include staff retraining as needed.	
	Threshold for acceptable compliance: >90%	
	Aggregated data is reported to the Quality Council Committee and Medical Executive Committee monthly and to the Governing Board quarterly.	
Tag # A 145	PATIENT RIGHTS: FREE FROM ABUSE/HARASSMENT	
	CORRECTIVE ACTION:	
	The CEO, Medical Director and Director of Quality met to review policies on Sexual Aggression and Sexual Victimization: Prevention and Response & Notification Plan, and Suspected or Confirmed Cases of Patient Sexual Activity. No revisions required at this time.	

INLAND NORTHWEST BEHAVIORAL HEALTH

CMS PLAN OF CORRECTION

May 17th, 2021

	STAFF RESPONSIBLE: Director of Quality and Clinical Educator MONITORING: Monitoring of 100% of patients placed in seclusion or restraints are reviewed to confirm compliance with hospital policy. Monitoring will be ongoing for four months until compliance is achieved and sustained. All deficiencies will be corrected immediately to include staff retraining as needed. Threshold for acceptable compliance: >90% Aggregated data is reported to the Quality Council and Medical Executive Committee monthly and to the Governing Board quarterly.	
Tag # A 286	PATIENT SAFETY	
Tag # A Zoo	CORRECTIVE ACTION: The CEO, Medical Director and Director of Quality met to review the Performance Improvement Plan titled "Prevention of Sexual Acting Out Behaviors Action Plan dated 11/17/20. The PIP Plan was updated to state that all members of the treatment team will be educated on the "Stop, Think, Talk" Group and handout. The revised Plan was reviewed and approved by the Quality Council Committee on 5/17/2021. All members of the treatment team including nursing staff, therapists, medical staff and extenders were educated about "Stop, Think, Talk" by the Director of Quality and Risk Manager. Training was initiated immediately and completed by 5/31/2021. Evidence of staff training is filed in staff's personnel file. Training included emphasis on the patient behaviors that are not allowed and the Group content of "Stop, Think, Talk". STAFF RESPONSIBLE: Director of Quality and Risk Manager. MONITORING: Monitoring of 100% of Group notes on "Stop, Think, Talk" will be reviewed to confirm compliance with the group occurring. Monitoring will be ongoing for four months until compliance is achieved and sustained. All deficiencies will be corrected immediately to include staff retraining as needed. Threshold for acceptable compliance: >90% Aggregated data is reported to the Quality Council and Medical Executive	5/31/2021
	Committee monthly and to the Governing Board quarterly.	

INLAND NORTHWEST BEHAVIORAL HEALTH

CMS PLAN OF CORRECTION

May 17th, 2021

- Required review and modification of the treatment plan when an episode of seclusion/restraint occurs
- The RN reviews and updates the treatment plan within eight hours of the seclusion/restraint intervention

Training was initiated immediately and completed by 5/31/2021. Evidence of training is located in the personnel file.

STAFF RESPONSIBLE: Director of Quality and Clinical Educator

MONITORING: Monitoring of 100% of patients placed in seclusion or restraints are reviewed to confirm compliance with hospital policy. Monitoring will be ongoing for four months until compliance is achieved and sustained. All deficiencies will be corrected immediately to include staff retraining as needed.

Threshold for acceptable compliance: >90%

Aggregated data is reported to the Quality Council and Medical Executive Committee monthly and to the Governing Board quarterly.

Rectived and accepted Inland Northwest Behavioral Health 9/15/21 4:30 PM Progress Report for Complaint # 107480/2020 and #110171/2021-2227 Wealth Slave Slav

Results of Monitoring	Monitoring of 100% of patients placed on Sexual Acting Out (SAO) precautions to confirm compliance with hospital policy. Monitoring will be ongoing for four months until compliance is achieved and sustained. All deficiencies are corrected immediately to include staff retraining as needed. June: 100% July: 100% August: 100% September:	Monitoring of 100% of patient's on SAO precautions reviewed to confirm compliance with hospital policy. Monitoring is ongoing for four months until compliance is achieved and sustained. All deficiencies are corrected immediately to include staff retraining June: 90% July: 100% August: 100% September:
Date Completed	5/31/2021	5/31/2021
How Corrected	All nursing staff including RNs and MHTs were retrained to the Sexual Aggression and Sexual Victimization policy immediately. Training focused on: Appropriate investigation and reporting of sexual behavior The need to separate patients upon discovery of sexual behaviors or who alleged to have engaged in sexual behaviors Notification of parents/guardians per policy Notification of local/state police in all sexual assault, intercourse cases that involve minors Notification of Child Protective Services (CPS) as required by state statutes	All direct patient care staff, including Intake/Admission staff were trained to the Sexual Aggression and Sexual Victimization Prevention and Response, Notification plan. Training focused on: • Early identification by intake/admission staff via assessment of patient history for being sexually abused/assaulted • Completion of a high risk visual notification alert by the intake/admission staff that identified either sexual aggression or sexual victimization • Proper hand-off of patient's assessment and high risk visual notification with RN accepting the admission on the unit • Nursing staff responsibility for assessing patient risk factor for sexual aggression/victimization and Precautions • Patient placed on appropriate SAO precautions
Tag Number	# A 144 - PATIENT RIGHTS: CARE IN SAFE SETTING	# A 145 - PATIENT RIGHTS: FREE FROM ABUSE/HARASSMENT

Monitoring of 100% of patients placed in seclusion or restraints are reviewed to confirm compliance with hospital policy. Monitoring will be ongoing for four months until compliance is achieved and sustained. All deficiencies will be corrected immediately to include staff retraining as needed. June: 90% July: 90% August:95% September:	Monitoring of 100% of Group notes on "Stop, Think, Talk" will be reviewed to confirm compliance with the group occurring. Monitoring will be ongoing for four months until compliance is achieved and sustained. All deficiencies will be corrected immediately to include staff retraining as needed. We lost multiple MSW's in June due to Director of Clinical Services leaving. We offered bonuses for extra shifts and sign on bonuses for new MSW's and we got the Groups done along with the notes to meet 95% in August. June: 80% July: 85% August: 95% September:	Monitoring of 100% of patients placed on Sexual Acting Out (SAO) precautions to confirm compliance with hospital policy. Monitoring will be ongoing for four months until compliance is achieved and sustained. All deficiencies are corrected immediately to include staff retraining as needed. June: 100% August: 100% September:
5/31/2021	5/31/2021	5/31/2021
All Registered Nurses, Providers and Social Workers were retrained to the Proper Use and Monitoring of Physical/Chemical Restraints and Seclusion with key focus on: Required review and modification of the treatment plan when an episode of seclusion/restraint occurs The RN reviews and updates the treatment plan within eight hours of the seclusion/restraint intervention	All members of the treatment team including nursing staff, therapists, medical staff and extenders were educated about "Stop, Think, Talk" by the Director of Quality and Risk Manager. Training was initiated immediately and completed by 5/31/2021. Evidence of staff training is filed in staff's personnel file. Training included emphasis on the patient behaviors that are not allowed and the Group content of "Stop, Think, Talk".	All nursing staff including RNs and MHTs were retrained to the Sexual Aggression and Sexual Victimization policy immediately. Training focused on: • Appropriate investigation and reporting of sexual behavior • The need to separate patients upon discovery of sexual behaviors or who alleged to have engaged in sexual behaviors • Notification of parents/guardians per policy • Notification of local/state police in all sexual assault, intercourse cases that involve minors
# A 166 - PATIENT RIGHTS: RESTRAINT OR SECLUSION	# A 286 - PATIENT SAFETY	#L 325 - POLICIES- ABUSE PROTECTION

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	Monitoring of 100% of patients placed in seclusion or restraints are reviewed to confirm compliance with hospital policy. Monitoring will be ongoing for four months until compliance is achieved and sustained. All deficiencies will be corrected immediately to include staff retraining as needed. June: 90% July: 90% August: 95% September:	
	5/31/2021	
Notification of Child Protective Services (CPS) as required by state statutes	All Registered Nurses, Providers and Social Workers were retrained to the Proper Use and Monitoring of Physical/Chemical Restraints and Seclusion with key focus on: Required review and modification of the treatment plan when an episode of seclusion/restraint occurs The RN reviews and updates the treatment plan within eight hours of the seclusion/restraint intervention	
	# L 340 - PROCEDURES- BEHAVIOR	



PO Box 47874 • Olympia, Washington 98504-7874

May 17, 2021

Dorothy Sawyer, CEO Inland NW Behavioral Health 104 W. 5th Avenue Spokane, WA 99204

Re: Complaint #107480/2020-16014, 110171/2021/2227

Dear Ms. Sawyer,

Investigators from the Washington State Department of Health] conducted a state and Medicare complaint investigation at Inland NW Behavioral Health onsite April 20-22, 2021. Hospital staff members developed a plan of correction to correct deficiencies cited during this investigation. This plan of correction was approved on May 17, 2021.

A Progress Report is due on or before July 21, 2021 when all deficiencies have been corrected and monitoring for correction effectiveness has been completed. The Progress Report must address all items listed in the plan of correction, including the WAC reference numbers and letters, the actual correction completion dates, and the results of the monitoring processes identified in the Plan of Correction to verify the corrections have been effective. A sample progress report has been enclosed for reference.

Please send a scanned copy of this progress report to me at the following email address:

barbara.blanchard-edwards@doh.wa.gov

Please contact me if you have any questions. I may be reached at (360) 489-5697. I am also available by email.

Sincerely,

Barbara Blanchard-Edwards MS, RN Nurse Consultant