

Tumunun Feingaw ren Opposun COVID-19: Met mi Aucha om Kopwe Sinei

Vaccinate
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Ekkewe oppos mi pechokkun manamaneer

Ekkewe opposun COVID-19 non Merika mi wor tichikin angangen tes me chek wor minne e kon fen nuuno tichikin seni meinsin ekkewe angangen cheki oppos mi fiffis non uruon Merika. Meinsin ekkewe appos ran kan unusen punguno ika mumuta ren atepwanepwanen eaeen seni an U.S. Food and Drug Administration (FDA, U.S. we Ofesin Mongo me Safei) -- wewen pwe ewe FDA ese kuna ekkoch ngawen noninen ren tumun.

Mi chok sopouloso angangen nengenfichi an esapw wor feingawen ekkewe oppos me an epwe ffat ukuukun imaneer an aramas repwe angei. Mi wor an Merika nikinikin angangen chek (ika system) mi feeruta ren chok an epwe tumun pwe esap wor feingaw iwe nge ika pwe epwe wor, iwe tuifichin kuna me angangen atawei epwe chok muttir.



Ekkewe oppos mi pechokkun manamaneer

Neman ika en mi kuna ekkoch poraus pwe ekkoch ekkewe oppos re eoch seni ekkoch. Non angangen tessin ekkewe oppos, mi pwa pwe meinsin ekkewe oppos mi pechokkun manamaneer ar repwe eppet COVID-19. Sakkofesennin ekkewe oppos mi weires an epwe ffat pokiten angangen tes me chek wor mi sakkofesen fansoun me neeni. Ekkoch ekkewe oppos ir mi fen pwan chek ren ukuukun pechokkuner ar epwe fiu ngeni ekkewe ekkoch pachangen (ika strains) COVID-19.

Ika pwe ka wes ne oppos, mi chok chiwen pwan tongeni uruk ewe COVID-19, iwe nge kesapw chiwen chok semmwen watte om kopwe no pioing. Peekin angangen nengenfichi mi pwaari pwe ew me ew ekkewe oppos mi wor 85 pessen ika fen nape seni ukuukun pechokkuner ar repwe eppet **watteen** semmwenin COVID-19. Ekkewe oppos ir mi pwan eppet an epwe chiwen pwa **ekewe** esissinen semmwenin COVID-19 (ika COVID-19 symptoms):

- Johnson & Johnson (Janssen), 74 pessen
- Pfizer-BioNTech, 95 pessen
- Moderna, 94 pessen

Met mi tongeni fis ren murimurin oppos (ika side effects) esapw ew mwannin mettoch

Kese tongeni angei ewe semmwenin COVID-19 seni ewe oppos. Iwe nge ussun chok ekkoch oppos, en mi tongeni kopwe meefi ekkoch side effects. Ika e wor ngonuk ekkei iwe ew esissinnan pwe ewe oppos mi feeri an angang. Ren ekkewe oppos mi ku ruu, side effects murin ewe oruan ekan kon pwa. Ika mi tufich, aseese ew ika ru ran murin omw angei ewe oppos. Ren ekkewe opposun COVID-19 mi ku ruu, chemeni om kopwe angei ewe oruen oppos. Esap kon unuseoch pechokkunen eppetin ewe semmwen reomw tori a epwe ru wiik murin omw angei oruen oppos.

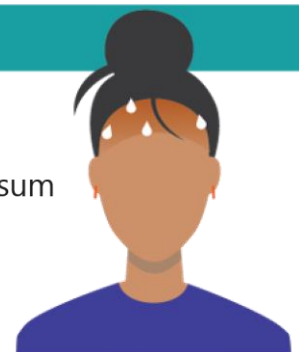
Won peum iwe ke oppos ia:

- Metek
- Sako parapar
- Pwo



Unusen inisum:

- Meefi mmenu
- Metek mekur
- Metek non futuken inisum
- Cheta
- Pwichikkar
- Eningaw





Esissinnen meefi weiresin murimurin oppos (ika allergic reaction)

Allergic reaction ngeni ewe oppos ese sou fis iteitan, nge mi kan tongeni fis fan ekkoch. Chon ewe nenien oppos repwe onnomuk esap kukkun seni 15 minich murin omw angei ewe oppos ren ar repwe nengeni ika mi wor om allergic reaction. Ir mi trein ar repwe anisuk ika pwe mi menei ar repwe anisuk.

Ika mi wor omw allergic reaction murin om ka fen no seni ewe nenien oppos, keeri 911. Esissinnen allergic reaction mi kan tongeni pachenong: weires ne ngasangas, pwo won mesom ika chiorom, muttirino pichipichin ngasangas, kiin won unuchom, mwanien, ika apwangapwang.

Anisikich ne nengenieochu ika mi wor osukosuk ren angangen eppet i feingawen oppos

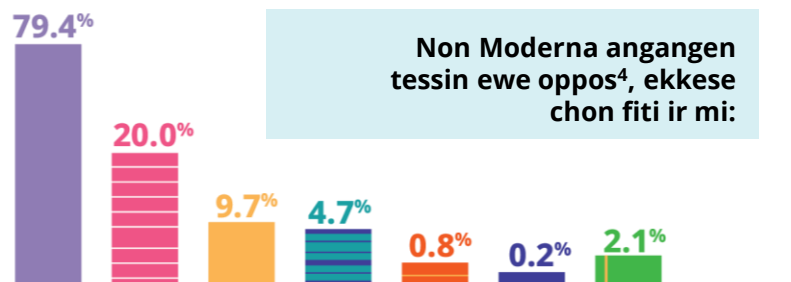
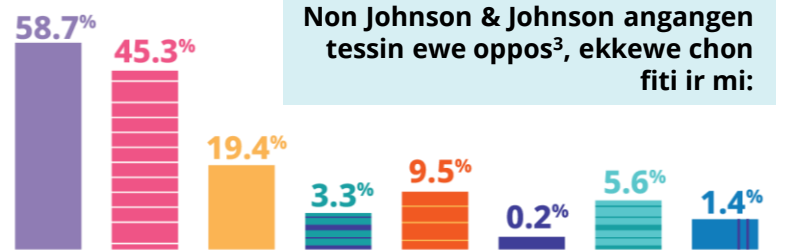
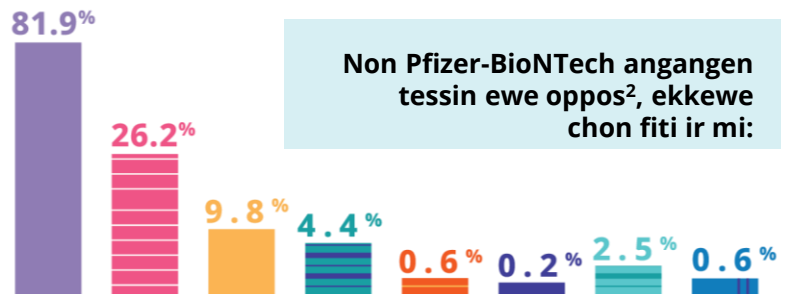
Sainup ren V-safe om kopwe tongeni repottei ika mi wor side effects: v-safe.cdc.gov. Om fitikich ne nengenieochu mi anisikich non ach angangen feeri pwe ekkewe oppos esapw wor efeingawer ngeni meinisin aramas.

En me ewe chon awora ngonuk ewe oppos aami mi tongeni repottei ika pwe e wor side effects ngeni ewe peekin Repottei Osukosuken Oppos (ika the Vaccine Adverse Event Reporting System). Ewe FDA, Ofesin Tumunun me Eppetin Semmwun (ika Centers for Disease Control and Prevention) me ewe Putain Peekin Safei an Washington State (ika Washington State Department of Health) mi aea VAERS ar repwe nengeni ika epwe wor minafeen osukosuk epwe tongeni fis.

En mi tongeni waata repot won vaers.hhs.gov.

Aramas seni chommong tappin murimurin aramas (ika races and ethnicities) ir mi fiti ewe angangen tessin chekin ekkewe oppos

Saintis ir mi tessini ew me ew ekkewe oppos won fitu ngereun aramas.



²Food and Drug Administration. "FDA Briefing Document: Pfizer-BioNTech COVID-19 Vaccine", Mwich an ewe Kamitiin Eureur won Peekin me Masoen Oppos (ika Vaccines and Related Biological Products Advisory Committee). Non Tisamper 10, 2020, mi nom online won: <https://www.fda.gov/media/144245/download>.

³Food and Drug Administration. "FDA Briefing Document: Janssen Ad26.COVID-19 Vaccine for the Prevention of COVID-19", Mwich an ewe Vaccines and Related Biological Products Advisory Committee . Non Fapaweri 26, 2021, mi nom online won: <https://www.fda.gov/media/146217/download>.

⁴Food and Drug Administration. "FDA Briefing Document: Moderna COVID-19 Vaccine", Mwich an ewe Vaccines and Related Biological Products Advisory Committee. Non Tisamper 17, 2020, mi nom online won: <https://www.fda.gov/media/144434/download>.



Ewe appos a kan tumun me pechakun ren semirit, aramas ra kan popo, me pwan ekkena mi wor ar osupwang ren sakkun semwen. Nge ika a chomongeno ekkena ra kan appos, iwe sipwene kan sopweino ne angei chomong taropwen poraus ren tumun me pwan ekkewe met a fis murin. Taropwen poraus a kan pwarano pwe apposun COVID-19 kena ra kan tumun, me pwan fakkun ngawen met a fis murin kena ra kan fakkun kukun fisir.

Poraus ngeni tokter ika chon angangen non nenien safei ika pwe e wor om osukosuk ika euurek om kopwe oppos



Mettoch mi Ngawengeni Emon (ika Allergies)

- Ewe Center for Disease Control and Prevention (CDC, Ofesin Nemenemen me Pinepinen Semwen) a kan pesei ewe appos ren meinisin ekkena rese kan allergic ngeni ekkewe masowen non ewe appos.
- Mi kan wor chon ekieki pwe osukosuken allergies ngeni ekkewe opposun COVID-19 e fis seni kiris (ika fats) non ewe oppos, ekkewe iter polyethylene glycol (PEG) me polysorbate.
- Ekkewe oppos ese wor ekkewe menun osukosuka (ika allergens) ussun mi kan wor non mwenge, ina pwata ese wor popun ach sipwe aani eurekin allergies non ach angei ewe oppos. Awewe, ekkewe oppos rese masooni sokun (ika mi egg-free), rese masooni latex (ika mi latex-free), me rese masooni ekkewe masoen attamaano manawen mwenge (ika preservative-free).

Angangupung (ika Ethics)

Masoen ewe opposun COVID-19 ese wor efeiengawer fengen me re anisi an ekkewe oppos repwe tongeni feeri ar angangen eppet. Och masoen an Johnson & Johnson iwe oppos e ffeer non lab seni kapiin ekkewe cells piin masoen abortion e fis 35 ier aano ika fen napeseni. Chomong sakkun oppos pachenong ekkewe opposun semmwun Chickenpox, rubella, me hepatitis A, pwan iei ussun chok nikinikin ar ffeer. Ese wor cell non ekkewe oppos e feito seni cell non inisin aramas (pachenong cell seni masoen non upwen feefin), seni ewe menun COVID-19, seni latex, seni preservatives, ika pwan seni masoen non inisin maan pachenong masoen piik ika gelatin. Ekkewe oppos rese maar non sokun iwe ese pwan wor masoen sokun non ekkewe oppos.

Sakkun Semmwun mi uri emon (ika Medical conditions)

- Angangen ngeni ika stati mi pwaari pwe ekkewe opposun COVID-19 ese wor efeiengawer fengen me ir mi anisi aramas mi wor ar semmwun ika medical conditions. Rue ngeni 45 pessenin ekkewe re fiti ewe angangen tessin ewe oppos mi wor ar semmwun awewe ren ekkewe kon nuuno kitinupweer, semmwunin suke, semmwunin ngasangas, semmwunin emmun, me HIV.
- Esaamwo kon watte masoen ngeni (ika data) ren peekin safety won ewe oppos ren ekkewe mi apwangapwang ar menun fiu ngeni semmwun (ika immune system or autoimmune conditions). Ewe CDC mi chok pwan pesei ika apechokkuna an epwe wor oppos ngeni ekkei mi wor ar ena semmwun pokiten e kon fen mecheres ar repwe osukosuk ika e torrir COVID-19.
- Chon sinei safei non pwopwo me pwan nounou ra pesei ewe apposun COVID-19 ren aramas kena ra kan pwopwo, awora minik seni pupur, ika amonen ar repwe pwopwo. Data a kan era pwe ekkewe apposun COVID-19 ra kan tumun nupwen pwopwo. Nge pungun chok, ekkoch kaeo ra kan era pwe ewe in a kan appos a kan atorano ekkewe antibodies ngeni COVID-19 tori nour kewe menukon me nupwen ar pwopwo me pwan nupwen etitir. Aramas ra kan pwopwo a kan nap ngawen ar repwe fakkun semwen seni ewe COVID-19, mi pachenong mano. Appos kena ra kan aewin eochun tumun.