

# Cov Tshuaj Tiv Thaiv Kab Mob COVID-19 Rau Cov Me Nyuam Yaus Tej Yam Uas Cov Niam Txiv/Cov Saib Xyuas Me Nyuam Tsim Nyog Paub

**Muaj tshuaj tiv thaiv kab mob COVID-19 rau cov neeg uas muaj hnuv nyoog 6 hli nce rov sauv lawm.**

## **Vim li cas cov me nyuam thiaj tsim nyog yuav tsum tau txhaj tshuaj tiv thaiv kab mob?**

Suav txij pib muaj kev sib kis kab mob, muaj tshaj 13 lab tus me nyuam yaus nyob rau hauv Teb Chaws Meskas tau tau kis kab mob COVID-19. Muaj ces kab mob COVID-19 tshiab tau kis ua rau muaj cov neeg uas yog cov tub ntxhais hluas tau mus pw kho kab mob COVID-19 coob tuaj.

Cov kev sim kho mob muab tau pov thawj qhia tias hom tshuaj tiv thaiv kab mob no muaj kev pov thaiv tau tus kab mob COVID-19 zoo heev rau cov tub ntxhais hluas. Lawv yuav muaj feem xyuam tsawg rau kev muaj mob loj, raug pw tsev kho mob, los sis tuag los ntawm kab mob COVID-19.

Saib qhov no Lus tham qhia txog ntawm hom Tshuaj Tiv Thaiv Kab Mob txhawm rau cov lus pab tswv yim hais txog kev sib tham txog ntawm cov tshuaj tiv thaiv kab mob nrog rau tsoom tub ntxhais hluas thiab cov tsev neeg.

## **Kuv yuav koj kuv tus me nyuam mus txhaj tshuaj tiv thaiv kab mob tau li cas?**

Xeev vos sees tas tau nrhiav tag nrho cov tshuaj tiv thaiv kab mob xav kom siv los txhaj rau cov me nyuam yaus mus txog rau cov muaj 18 xyoo yam tsis tau them nqi. Nug koj tus me nyuam tus kws kho mob los sis lub chaw kuaj mob uas ib txwm mus kuaj seb lawv puas muaj tshuaj tiv thaiv kab mob COVID-19.

Cov tsev neeg tsis tau muaj kws pab kho mob los yeej tuaj yeem hu tau rau tus xov tooj Help Me Grow WA Hotline tau ntawm 1-800-322-2588 los sis mus rau ParentHelp123.org txhawm rau nrhiav kws pab kho mob, chaw kho mob, los sis lwm cov chaw muab kev pab cuam kev kho mob. Qhov kev pab cuam no muaj pub dawb thiab tseem muaj kev pab txhais lus nrog.

Koj los kuj tuaj yeem mus saib tau [VaccineLocator.doh.wa.gov](https://www.vaccinelocator.doh.wa.gov) thiab siv qhov chaw xaiv los saib daim npe cov chaw uas nyob ze koj uas muaj qhov tshuaj tiv thaiv kab mob rau cov me nyuam yaus.

## **Qhov no yuav pab nyob rau ntawm tsev li cas?**

Tshuaj tiv thaiv kab mob COVID-19 tuaj yeem pov thaiv tau cov me nyuam los ntawm kev kis tus kab mob, txhais tau tias cov kev sib sau nyob ua ke rau sab hauv tsev yuav muaj kev nyab xeeb zog rau kev ua tswv cuab los sis cov neeg koom nrog.

Kev tau txhaj tshuaj tiv thaiv kab mob yuav pab tau cov me nyuam yaus kom nyob tau muaj kev nyab xeeb dua qub thiab tiv thaiv cov neeg hauv tsev neeg nyob rau hauv cuab yim neeg.

Cov tsev neeg tsim nyog ua raws li lwm cov qauv cai ntsuas txhawm rau kev nyab xeeb uas tau pom zoo txuas mus ntxiv rau qhov kev pov thaiv zoo tshaj plaws.



## **Cov me nyuam tsim nyog tau txais hom tshuaj tiv thaiv kab mob twg?**

Xav kom tag nrho cov me nyuam tau txhaj tshuaj yam tsawg 2 koob. Tej zaum yuav tau txhaj cov koob txhaj ntxiv txhawm rau kom pab tiv thaiv tau cuag ncu.

- Cov me nyuam uas muaj hnuv nyoog **6 hli - 4 xyoos** yuav tau txais xuv tshuaj Pfizer txhaj 3 koob los sis xuv tshuaj Moderna txhaj 2 koob ua koob xub thawj
- Cov me nyuam uas **muaj hnuv nyoog 5-11 xyoos** yuav tau txais xuv tshuaj txhaj xub thawj uas txhaj 2 koob
- Cov me nyuam uas **muaj hnuv nyoog 12-17 xyoos** yuav tau txais xuv tshuaj txhaj xub thawj uas txhaj 2 koob



Cov me nyuam uas tau txais xuv tshuaj txhaj uas txhaj 2 koob thiab muaj teeb meem them nrab los sis loj rau kev tiv thaiv kab mob hauv nrog cev yuav tau txais koob tshuaj txhaj ntxiv rau sij hawm 28 hnuv tom qab lawv thawj koob tshuaj uas yog koob thib 2 hos tag nrho cov me nyuam muaj hnuv nyoog 5 xyoo nce yuav tau txhaj koob tshuaj txhawb. Cov koob tshuaj txhaj ntxiv rau lwm pab pawg neeg yuav tau siv rau yav tom ntej.



**Txhawm rau kom tau txais lus teb rau koj cov lus nug:**



Mus saib: [VaccinateWA.org/kids](https://www.vaccinatewa.org/kids)



Hu rau: **1-833-VAX-HELP** (1-833-829-4357), Nias #

Muaj kev pab cuam txhais lus.

**Vaccinate WA**  
CovidVaccineWA.org

## Puas yog kab mob COVID-19 yeej muaj feem xyuam yuav kis tau tiag rau kuv tus me nyuam?

Txawm tias cov me nyuam muaj kev kis tau tus kab mob COVID-19 tsawg dua cov laus los, cov me nyuam yeej tuaj yeem:

- Kis tau tus kab mob vais lav uas tsim ua rau mob COVID-19
- Muaj mob los sis tuag los ntawm kab mob COVID-19
- Kis tus kab mob COVID-19 mus rau lwm tus
- Muaj mob loj los ntawm kab mob COVID-19, xws li “mob COVID mus ntev” los sis tus kab mob tsim ua rau muaj mob o uas muaj kev pom sij uas tau hu ua MIS-C

Tshuaj tiv thaiv kab mob tau qhia pom tias muaj cov kev fab tshuaj tsawg heev rau cov neeg pej xeem no, thiab nws pov thaiv tau lawv zoo heev los ntawm tus kab mob. Cov txiaj tsig ntawm kev txhaj tshuaj tiv thaiv kab mob muaj ntau tshaj li qhov kev muaj feem xyuam kis kab mob COVID-19.

## Puas yog tshuaj tiv thaiv kab mob nyab xeeb rau kuv tus me nyuam?

Yog, tshuaj tiv thaiv kab mob raug xam tias muaj kev nyab xeeb heev rau koj tus me nyuam. Tsis muaj cov kev fab tshuaj loj dab tsi uas kuaj pom nyob rau hauv cov kev muab yam tshuaj tiv thaiv kab mob no los sim kho mob rau tsoom tub ntxhais hluas. Cov kev tshawb fawb uas tseem tab tom ua, thiab Teb Chaws Meskas muaj cov txheej teg kev ua hauj lwm txhawm rau kev nyab xeeb zoo heev txhawm rau los tuav txhua cov yam ntxwv ceeb toom thaum ntxov.

## Dab tsi yog cov kev fab qhov tshuaj tiv thaiv kab mob uas nquag pom muaj rau cov me nyuam?

Cov kev muaj feem xyuam ua mob rau fab kev noj qab haus huv ntawm cov me nyuam uas tau kis kab mob COVID-19 lawm yuav muaj siab tshaj li qhov kev muaj feem xyuam rau cov kev fab tshuaj tiv thaiv kab mob.

Zoo li lwm cov tshuaj tiv thaiv kab mob, cov kev fab tshuaj uas nquag pom muaj yog mob txhais npab, sab-sab, mob tob hau thiab mob leeg. Cov tsos mob no feem ntau lawm yuav tsis ua mob loj.

[Nyob rau hauv cov kev sim kho mob](#) (Lus Askiv nkaus xwb) cov me nyuam tau tshaj tawm cov kev fab tshuaj tom qab tau txais koob tshuaj thib ob ntau tshaj li tom qab tau txais koob tshuaj thib ib. Raws li ncuav dav lawm cov kev fab tshuaj yog kev muaj mob me mus txog rau qib nrab thiab tau tshwm sim nyob rau hauv ob hnuv tom qab tau txhaj tshuaj tiv thaiv kab mob, thiab feem ntau lawm yuav zoo mus nyob rau hauv ib mus txog ob hnuv.

## Cov me nyuam yuav tsum tau nqa dab tsi mus rau lawv qhov kev teem caij sib ntsib?

Nyob rau xwm txheej feem ntau, cov niam txiv thiab cov saib xyuas me nyuam yuav tsum tau muab kev pom zoo rau kev txhaj tshuaj tiv thaiv kab mob rau qee cov neeg uas muaj hnuv nyoog qis dua 18 xyoo. Lawv tsim nyog nug qhov chaw txhaj tshuaj tiv thaiv kab mob tias seb lawv puas xav tau kev pom zoo.

Tej zaum cov chaw kuaj mob yuav thov tus me nyuam tus ID, daim npav kev tuav pov hwm, los sis Social Security number (tus nab npawb Xaus Saus), tab sis koj tsis tas yuav muab rau lawv.

Cov me nyuam tsis tas yuav yog cov pej xeem neeg ntawm Teb Chaws Meskas thiaj tau txais tshuaj tiv thaiv kab mob. Cov chaw txhaj tshuaj tiv thaiv kab mob yuav tsis tuaj yeem nug tau qib kev nkag teb chaws ntawm leej twg li. Cov ntaub ntawv ntiag tug tsuas yog raug siv rau lub hom phiaj fab zej tsoom kev noj qab haus huv xwb.

## Kuv muaj cov lus nug ntxiv. Kuv tuaj yeem mus tau qhov twg?

Nrhiav cov lus teb rau cov lus nug ntawm [VaccinateWA.org/kids](https://www.vaccinatewa.org/kids). Koj los kuj tuaj yeem sib tham tau nrog koj tus me nyuam tus kws pab kho mob.