

Washington WIC Can Sizes Yields and Maximum Amounts of WIC Approved Formulas Effective May 2023

Total Reconstituted Fluid Ounces (RFO) Per Can/Container

Contract Formulas	Powder		Concentrate		Ready-to-Feed/Use	
	Can Size	RFO	Can Size	RFO	Can Size	RFO
Similac Advance	12.4 oz	90	13 oz	26	32 oz	32
Similac Soy Isomil	12.4 oz	90	13 oz	26	32 oz	32
Similac Sensitive	12.5 oz	90			32 oz	32
Similac Total Comfort	12.6 oz	90				

Added Rice Formulas	Powder		Concentrate		Ready-to-Feed/Use	
	Can Size	RFO	Can Size	RFO	Can Size	RFO
Enfamil A.R	12.9 oz	93				
	19.5 oz	138				
	27.4 oz	193				
	30.4 oz	214				

Exempt Formulas	Powder		Concentrate		Ready-to-Feed/Use	
	Can Size	RFO	Can Size	RFO	Can Size	RFO
Enfamil NeuroPro EnfaCare	13.6 oz	87			6- pack 2 oz per bottle	12
Similac Alimentum	12.1 oz	87			32 oz	32
Enfamil Nutramigen	12.6 oz	87	13 oz	26	32 oz	32
	19.8 oz	139				
	27.8 oz	196				
Similac NeoSure	13.1 oz	87			32 oz	32
Gerber Extensive HA	14.1 oz	96				
Parent's Choice Hypoallergenic	12.6 oz	89				
	19.8 oz	141				
Comforts Hypoallergenic	12.6 oz	89				
Signature Care Hypoallergenic	19.8 oz	141				
Up & Up Hypoallergenic	19.8 oz	141				
Pepticate	400 g	92				
Pepticate Syneo	450 g	103				

Washington WIC Can Sizes Yields and Maximum Amounts of WIC Approved Formulas Effective May 2023

Fully Formula Feeding

Full Nutrition Benefit (FNB) Benefit Amount by Age Category – Fully Formula Feeding

- **0-3 Months 806 Reconstituted Fluid Ounces (RFO)**
- **4-5 Months 884 RFO**
- **6-11 Months 624 RFO**
- **6-11 Months – No baby foods 884 RFO**

Fully Formula Feeding Contract Formulas– Powder

Similac Advance 12.4 oz Powder – RFO 90 oz

Similac Soy Isomil 12.4 oz Powder – RFO 90 oz

Similac Sensitive 12.5 oz Powder – RFO 90 oz

Similac Total Comfort 12.6 oz Powder – RFO 90 oz

- 0-3 Months: **9** cans per month
- 4-5 Months: **10** cans per month
- 6-11 Months: **7** cans per month
- 6-10 Months (no baby foods): **10** cans per month
- 11 Months (no baby foods): **9** cans

Fully Formula Feeding Exempt/Therapeutic Formulas - Powder

Enfamil NeuroPro EnfaCare 13.6 Powder – RFO 87 oz

Similac Alimentum 12.1 oz Powder – RFO 87 oz

Nutramigen 12.6 oz Powder – RFO 87 oz

Similac NeoSure 13.1 oz Powder – RFO 87 oz

- 0-1 Months: **10** cans per month
- 2-3 Months **9** cans per month
- 4 Months: **11** cans
- 5 Months: **10** cans
- 6-7 Months: **8** cans per month
- 8-11 Months: **7** cans per month
- 6 Months (no baby foods): **11** cans
- 7-11 Months (no baby foods): **10** cans per month

Gerber Extensive HA 14.1 oz Powder – RFO 96 oz

- 0-2 Months: **9** cans per month
- 3 Months: **8** cans per month
- 4 Months: **10** cans per month
- 5 Months: **9** cans per month
- 6-8 Months: **7** cans per month
- 9-11 Months: **6** cans per month
- 6-7 Months (no baby foods): **10** cans per month
- 8-11 Months (no baby foods): **9** cans per month

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Fully Formula Feeding Contract and Exempt Formulas – Concentrate

Similac Advance 13 oz Concentrate – RFO 26 oz

Similac Soy Isomil 13 oz Concentrate – RFO 26 oz

Enfamil Nutramigen 13 oz Concentrate – RFO 26 oz

- 0-3 Months: **31** cans per month
- 4-5 Months: **34** cans per month
- 6-11 Months: **24** cans per month
- 6-11 Months (no baby foods): **34** cans per month

Fully Formula Feeding Contract and Exempt Formulas - Ready-to-feed (RTF)

Similac Advance 32 oz RTF – RFO 32 oz

Similac Soy Isomil 32 oz RTF – RFO 32 oz

Similac Sensitive 32 oz RTF – RFO 32 oz

Enfamil Nutramigen 32 oz RTF – RFO 32 oz

Similac NeoSure 32 oz RTF – RFO 32 oz

Similac Alimentum 32 oz RTF – RFO 32 oz

- 0-1 Months: **26** cans per month
- 2-3 Months: **25** cans per month
- 4-5 Months: **28** cans per month
- 6-8 Months: **20** cans per month
- 8-11 Months: **19** cans per month
- 6-9 Months (no baby foods): **28** cans per month
- 10-11 Months (no baby foods): **27** cans per month

Enfamil NeuroPro EnfaCare 6 pack – 12 oz total RTF - RFO 12 oz

- 0-1 Months: **68** 6-packs per month
- 2-3 Months: **67** 6-packs per month
- 4-5 Months: **74** 6-packs per month
- 6-11 Months: **52** 6-packs per month
- 6-9 Months (no baby foods): **74** 6-packs per month
- 10-11 Months (no baby foods): **73** 6-packs per month

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Partially Breastfeeding \leq Half Package

FNB Benefit Amount by Age Category – Partially Breastfeeding \leq Half Package

- 0 BF Infant 104 RFO
- 1-3 Months 364 RFO
- 4-5 Months 442 RFO
- 6-11 Months 312 RFO

Partially BF \leq Half Package Contract and Alternate Contract Formulas - Powder

Similac Advance 12.4 oz Powder – RFO 90 oz

Similac Sensitive 12.5 oz Powder – RFO 90 oz

Similac Soy Isomil 12.4 oz Powder – RFO 90 oz

Similac Total Comfort 12.6 oz Powder – RFO 90 oz

- 0 Months: 1 can
- 1-3 Months: 4 cans per month
- 4-5 Months: 5 cans per month
- 6-7 Months: 4 cans per month
- 8-11 Months: 3 cans per month

Partially Breastfeeding \leq Half Package Exempt/Therapeutic Formulas - Powder

Similac NeoSure 13.1 oz Powder – RFO 87 oz

Nutramigen 12.6 oz Powder – RFO 87 oz

Enfamil NeuroPro EnfaCare 13.6oz Powder – RFO 87 oz

Similac Alimentum 12.1 oz Powder – RFO 87 oz

- 0 Months: 1 can
- 1 Month: 5 cans
- 2-3 Months: 4 cans
- 4 Months: 6 cans per month
- 5 Months: 5 cans per month
- 6-9 Months: 4 cans per month
- 10-11 Months: 3 cans per month

Gerber Extensive HA 14.1 oz Powder – RFO 96 oz

- 0 Months: 1 can
- 1-3 Months: 4 cans per month
- 4-5 Months: 5 cans per month
- 6 Months: 4 cans per month
- 7-11 Months: 3 cans per month

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Partial BF \leq Half Package Contract and Exempt Formulas - Concentrate

Similac Advance 13 oz Concentrate – RFO 26 oz

Similac Soy Isomil 13 oz Concentrate – RFO 26 oz

Enfamil Nutramigen 13 oz Concentrate – RFO 26 oz

- 0 Months: **4** cans (\leq 104 RFO or 1 can powder)
- 1-3 Months: **14** cans per month
- 4-5 Months: **17** cans per month
- 6-11 Months: **12** cans per month

Partially BF \leq Half Package Contract and Exempt Formulas - Ready-to-feed (RTF)

Similac Advance 32 oz RTF – RFO 32 oz

Similac Sensitive 32 oz RTF – RFO 32 oz

Similac Soy Isomil 32 oz RTF – RFO 32 oz

Enfamil Nutramigen 32 oz RTF – RFO 32 oz

Similac NeoSure 32 oz RTF – RFO 32 oz

Similac Alimentum 32 oz RTF – RFO 32 oz

- 0-1 Months: **3** cans (\leq 104 RFO or 1 can powder)
- 1-2 Months: **12** cans per month
- 3 Months: **11** cans per month
- 4-5 Months: **14** cans per month
- 6-10 Months: **10** cans per month
- 11 Months: **9** cans per month

Enfamil NeuroPro EnfaCare 6 pack – 12 oz total RTF – RFO 12 oz

- 0 Months: **8** 6-packs per month (\leq 104 RFO or 1 can powder)
- 1 Months: **31** 6-packs per month
- 2-3 Months: **30** 6-packs per month
- 4-5 Months: **37** 6-packs per month
- 6-11 Months: **26** 6-packs per month

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*The amounts in the tables above are based on an infant certified in the first month of life. If the infant is certified later the amounts may fluctuate slightly because the system calculates issuance based on an average.

*Rounding methodology calculates benefit issuance based on age and averages the amount needed over a specific timeframe. This result in participants who are the same number of months old but different number of days old being issued slightly different benefit packages.

Example:

- Two 1-month old infants drinking 10 oz of Similac Advance powder formula/day
- Infant A is 41 days and Infant B is 53 days on the day they are issued their 1-3 month benefit package
- Infant A receives 13 cans and Infant B receives 10 cans over the timeframe
- Infant A receives more because they have more days remaining in the 1-3 month timeframe

Notes:

- Cascades calculates the number of cans of formula needed per category per month based on the total ounces of formula per day entered on the infant's health information screen.
- For more information regarding the use of rounding up methodology to calculate formula issuance please see:
 - 7 CFR 246.10(h)
 - USDA Special Supplemental Nutrition Program for Women, Infants and Children (WIC) Food Package Policy and Guidance – March 2018

Washington WIC Can Sizes Yields and Maximum Amounts of WIC Approved Formulas Effective May 2023

Maximum Formula - Children and Adult Participants										
Formula	Powder			Concentrate			Ready-To-Feed			
	Max. Mo. Amount Recon. = 910 oz			Max. Mo. Amount Recon. = 910 oz			Max. Mo. Amount Recon. = 910 oz			
	can size(oz)	yield	total cans	CTN size(oz)	yield	total CTNS	CTN size(oz)	total CTNS	4-pack	6-pack
Similac Advance (20 kcal/oz)	12.4	90	10	13	26	35	32	28	N/A	N/A
Similac Soy Isomil (20 kcal/oz)	12.4	90	10	13	26	35	32	28	N/A	N/A
Similac Sensitive (20 kcal/oz)	12.5	90	10	N/A	N/A	N/A	32	28	N/A	N/A
Similac Total Comfort (20 kcal/oz)	12.5	90	10	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Similac NeoSure	13.1	87	10	N/A	N/A	N/A	32	28	N/A	N/A
Similac Alimentum	12.1	87	10	N/A	N/A	N/A	32	28	N/A	N/A
Enfamil NeuroPro EnfaCare	13.6	87	10	N/A	N/A	N/A	N/A	N/A	N/A	75
Enfamil Nutramigen w/ Enflora LGG	12.6	87	10	13	26	35	N/A	N/A	N/A	N/A
Gerber Extensive HA	14.1	96	9	N/A	N/A	N/A	N/A	N/A	N/A	N/A
PediaSure	N/A	N/A	N/A	N/A	N/A	N/A	8	N/A	N/A	19

Washington WIC Can Sizes Yields and Maximum Amounts of WIC Approved Formulas*

Temporary Alternate Formula Options- Maximum Amounts for Fully Formula Fed																
Name Of Formula	Powder		0 Months Old	1 Month Old	2 Months Old	3 Months Old	4 Months Old	5 Months Old	6 Months Old	7 Months Old	8 Months Old	9 Months Old	10 Months Old	11 Months Old	6-10 Months Old (no baby foods)	11 Months Old (no baby food)
	Can Size	RFO	Total Cans	Total Cans			Total Cans		Total Cans				Total Cans for 5 months		Total Cans	
Added Rice Formula																
Enfamil A.R	12.9 oz	93	9	9	9	8	10	10	7	7	7	7	7	6	50	10
	19.5 oz	138	6	6	6	6	7	6	5	5	5	5	4	4	35	7
	27.4 oz	193	5	5	4	4	5	5	4	4	3	3	3	3	25	5
	30.4 oz	214	4	4	4	4	5	4	3	3	3	3	3	3	23	5
Exempt Formulas																
Parent's Choice Hypoallergenic	12.6 oz	89	10	10	9	9	10	10	8	7	7	7	7	7	50	10
	19.8 oz	141	6	6	6	6	7	6	5	5	5	4	4	4	34	7
Comforts Hypoallergenic	12.6 oz	89	10	10	9	9	10	10	8	7	7	7	7	7	50	10
Signature Care Hypoallergenic	19.8 oz	141	6	6	6	6	7	6	5	5	5	4	4	4	34	7
Up & Up Hypoallergenic	19.8 oz	141	6	6	6	6	7	6	5	5	5	4	4	4	34	7
Pepticate	400 g	92	9	9	9	9	10	10	7	7	7	7	7	6	50	10
Pepticate Syneo	450 g	103	8	8	8	8	9	9	7	6	6	6	6	6	44	9

Additional Information:

FNB=Full Nutrition Benefit, MMA= Maximum Monthly Allowance

0-3 Months- FNB= 806 RFO, MMA= 823 Liquid Concentrate, 832 RTF or 870 Powder

4-5 Months- FNB= 884 RFO, MMA = 896 Liquid Concentrate, 913 RTF or 960 Powder

6-11 Months- FNB= 624 RFO, MMA= 630 Liquid Concentrate, 643 RTF or 696 Powder

6-10 Months (no baby food)- FNB= 884 RFO, MMA = 896 Liquid Concentrate, 913 RTF or 960 Powder

11 Months (no baby food)- FNB= 884 RFO, MMA = 896 Liquid Concentrate, 913 RTF or 960 Powder

Washington WIC Can Sizes Yields and Maximum Amounts of WIC Approved Formulas
Effective May 2023

Temporary Alternate Formula Options for Adults and Children					
Maximum Monthly Amount RFO = 910	Powder		Ready-to-Feed/Use		Per Month
Name Of Formula	Can Size	RFO	Can Size	RFO	Total Cans
Added Rice Formula					
Enfamil A.R	12.9 oz	93			10
	19.5 oz	138			7
	27.4 oz	193			5
	30.4 oz	214			5
Exempt Formulas					
Parent's Choice Hypoallergenic	12.6 oz	89			11
	19.8 oz	141			7
Comforts Hypoallergenic	12.6 oz	89			11
Signature Care Hypoallergenic	19.8 oz	141			7
Up & Up Hypoallergenic	19.8 oz	141			7
Pepticate	400 g	92			10
Pepticate Syneo	450 g	103			9

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