



2022-2023 Training Opportunities for WIC Staff



Dates/Time	Title and Sponsor	Virtual or In-person	Description	Cost per person	Registration Information
Trainings and Workshops					
Training videos available through December 2022	Foundations in Lactation Support Nutrition First	Virtual	This training is perfect for <ul style="list-style-type: none"> those new to providing breastfeeding support. those who want a refresher on how to support breastfeeding families. 	\$145 per person for each training	Register here: Foundations in Lactation Support (regfox.com)
January 24-26, 2023	California Breastfeeding Coalition	Virtual	The Summit enables us to present the effectiveness of programs, research, and interventions for continuity of care in human milk feeding support. In addition, the Summit is a forum for attendees to learn best practices, acquire new skills, gain resources, collaborate, and network with peers, colleagues, and exhibitors. See agenda here	Early bird: \$250.00, Regular: \$300.00	Register here: 2023 California Breastfeeding Summit (regfox.com)

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February 21-24, 2023	2023 NWA Virtual National Policy Conference	Virtual	This year’s National Policy Conference is grounded in the experience of WIC families across the country. As we explore and engage in discussions around the future of WIC, we must ensure that WIC families and providers at every level are at the table.	Member, early bird: \$285.00 Member, regular rates: \$385.00	Register here: National WIC Association (nwica.org)
March 5, 2023 	2023 Washington State Academy Conference <i>Washington State Academy of Nutrition and Dietetics (WSAND)</i> N		Save the Date		
March 7, 2023 (10:45 AM -1:45 PM) to March 8, 2023 (6:15 AM – 1:15 PM) PST	Nourishing Health Symposium & Expo <i>North Dakota Academy of</i>	Virtual	Save the Date		

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	<i>Nutrition and Dietetics (NDAND)</i> N				
April 13-14, 2023	WAND Annual Conference <i>Wisconsin Academy of Nutrition and Dietetics (WAND)</i> N	In person Green Bay, WI	Save the Date		
April 20-23, 2023	ASPEN 2023 Nutrition Science & Practice Conference N	In person Las Vegas, NV	Save the Date		
May 1-May 4, 2023	2023 Annual Education and Training	San Diego, CA	Save the Date		

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	Conference & Exhibits <i>National WIC Association (NWA)</i> N B				
June 8-10, 2023 	National Breastfeeding Conference & Convening (NBCC) Conference <i>U.S. Breastfeeding Committee (USBC)</i> B	In-person Bethesda, MD	Save the Date		
July 25-27, 2023 	National Indian and Native American WIC Coalition Conference <i>NINAWC</i> N	In-person Oklahoma City, OK	Save the Date		

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September 8, 2023 	Third Annual Nutrition Diversity Conference Post-baccalaureate Opportunities for Hispanic Americans (POHA) N	In-person Denver, CO	Save the Date		
October 7-10, 2023 	FNCE 2023 Academy of Nutrition and Dietetics (AND) N	In-person Denver, CO	Save the Date		
Self-paced	VENA Training Videos and Discussion Guides N B	Virtual	These videos serve as a starting point for familiarizing WIC staff with the VENA process. The accompanying discussion guides for each video can help to spark deeper discussions and encourage in-depth learning.	Free	Go here: VENA Training Videos WIC Works Resource System (usda.gov)

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Self-paced 4-part series	Picky Eating-Next Level Strategies for Challenging Cases <i>Nutrition Masterclass</i> N	Virtual	Topics include: <ul style="list-style-type: none"> • Children with Autism and Extreme Aversions • Identifying and Support Oral-Motor and Sensory Feeding Difficulties in Children • The Get Permission Approach R • What to Dow When EVERYTHING is Wrong 6 CPEUs	\$229.00	Register here: Picky Eating - Next Level Strategies for Challenging Cases Nutrition (nutritionmc.com)
Self-paced	Picky Eating Series – Looking for New Techniques? <i>Nutrition Masterclass</i> N	Virtual	Three powerhouse guest speakers that do this day in and day out. They’ll not only share their years of experience with you, but their best tips.	\$199	Register here: Picky Eating Series - Looking for New Techniques? Nutrition (nutritionmc.com)
Self – paced 75 minutes	Classic Late Preterm Infant –	Virtual	This webinar is for you if:	Free	Register here: Classic Late Preterm Infant – Nutrition Pearls

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	Nutrition Pearls from NICU to Home <i>Nutrition Masterclass</i> <p style="text-align: right;">N</p>		<ul style="list-style-type: none"> You have limited prior exposure to preterm infant nutrition You feel like you're winging it and want to increase your confidence You lack training and/or access to experienced pediatric dietitians You want to increase your knowledge and add practical tips to your toolbox 1.25 CPEUs		from NICU to Home Nut (nutritionmc.com)
Self-Paced Learning	Understanding Population Health Concepts <i>Northwest Center for Public Health Practice</i> <p style="text-align: right;">E</p>	Virtual	Explore population health concepts such as health equity, health disparities, health inequities, and social determinants of health Online module	Free	Go here to access the training: Trainings and Webinars: Data and Health Equity SHARE-NW (nwphp.org)
Self-Paced Learning	Communicating Effectively	Virtual	Understand principles of effective public health	Free	Go here to access the training: Trainings and Webinars: Data and

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	E		messaging and communication, such as crafting key messages and talking points, developing engaging stories, and the importance of knowing your audience. Online module		Health Equity SHARE-NW (nwcphp.org)
Self-Paced Learning	Visualizing Data Stories E	Virtual	Demonstrate how effective and inclusive visual data techniques can support public health communications. Learn key purposes behind different types of visual data and practice choosing data visuals to support key messages and connect with the audience. Online module	Free	Go here to access the training: Trainings and Webinars: Data and Health Equity SHARE-NW (nwcphp.org)
Self-Paced Learning	The National LGBTQIA+ Health Education Center <i>A Program of the Fenway Institute</i> AE	Virtual	Learning Resources -Webinars Access our extensive library of webinars publications, and materials to learn more about LGBTQIA+.	Free	Click here Webinar Archives » LGBTQIA+ Health Education Center

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Learning Series	Diversity, Equity, Inclusion Learning Series <i>United States Lactation Consultant Association (USLCA)</i> E B	Virtual	This 3 – day workshop includes: Session 1 Equity-Mindfulness: Identifying and Interrupting Implicit Bias Session 2 Equity-Mindfulness and Cultural Responsiveness in the Health and Lactation Space Panel Session 3 Allyship, Anti-Racism, and Cultural Responsiveness Workshop Recording	Full workshop: BIPOC member: free Non-BIPOC: \$55.00 Note: Session 1 is free for everyone	Order here: DEI Learning Series - USLCA
Learning Series	The Impact of Racism in Healthcare and the Perinatal Period Webinar Series <i>Injoy Health Education</i> E	Virtual	Part I Examine the history of racism in the United States and discuss the timeline of reproductive justice. Learn how to put awareness into action. Part II Clarify the differences between health inequity and health disparity. Apply what you’ve learned and ensure you "do no	Free	

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			harm" as you care for families during the maternal and perinatal period. Recorded webinars		
Most Thursdays at 12:00 PM-1:30 PM PST (3:00 PM – 4:30 PM EST)	Webinar Series <i>National WIC Association</i> N B	Virtual	<ul style="list-style-type: none"> 1-hour long webinars Note: Staff who haven't set up their member account must register for each webinar they plan to attend <u>ahead</u> of time. That is the only way staff can access the recorded webinar, if staff can't participate during live webinar time.	No charge	Register at: https://www.nwica.org/snippet-webinars-intro
Every third Tuesday of the month 5:00 AM PST (8:00 AM EST)	Health and Equity Webinar Series <i>Michigan Breastfeeding Network (MIBFN)</i> E B	Virtual	<ul style="list-style-type: none"> MIBFN is committed to 4 core values: Access, evidence, equity, and relevance. These webinars are designed to support practice change among peer counselors, maternity care nurses, and home visitors. 	No charge	Register at: https://www.mibreastfeeding.org/webinars/ Note: Actual launching time is 5am PST (8am EST). To easily watch new webinars "on demand," please make sure to register ahead of time for the

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Washington WIC

November 2022



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			<ul style="list-style-type: none"> Past topics include: <ul style="list-style-type: none"> Lactation after loss Ethics, Online Messaging, and Pressure to Breastfeed Indigenous Breastfeeding: Trauma and Resilience ...and other important topics. <p>Various CEU credits available for up to 1 year after the initial air date.</p> <p>2022 Webinar Tentative Schedule</p>		<p>upcoming webinar: Webinars – Michigan Breastfeeding Network (mibreastfeeding.org)</p> <p>Contact: info@mibreastfeeding.org</p>
Bi-monthly (in odd numbered months) on the 4 th Tuesday of the month from 11:00 AM -12:30 PM PST	USBC Racial Equity Webinars <i>United States Breastfeeding Committee (USBC)</i> E B	Virtual	<ul style="list-style-type: none"> Webinars are part of its efforts to "create and model a culture of inclusion, diversity & equity" (USBC Strategic Framework Goal 4). <p>This Webinar series focuses on building the capacity of the breastfeeding field to apply</p>	No charge	<p>Register at: https://register.gotowebinar.com/register/8175514735082416130</p>

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			both an "equity lens" to inform and guide our strategies and activities, but also an "equity mirror" to examine our internal structures, culture, and policies. Webinar		
Ongoing	California Breastfeeding Coalition B	Virtual	California BF Coalition shares events presented by local, ethnic, regional, and state breastfeeding coalitions; community-based organizations; and health care and educational institutions. Recorded and live webinars	Ongoing	Register at: http://californiabreastfeeding.org/events-calendar/
Ongoing	Online Lactation Education <i>Evergreen Perinatal Education</i> B	Virtual	Foundations for Best Practice in Lactation Care - FULL PROGRAM includes 48 hours & designation as a Certified Lactation Educator. Other Trainings:	Varies depending on module	Register at: http://www.evergreenperinataleducation.com/online-education/

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			<ul style="list-style-type: none"> • Excellence in Care with The Ten Steps includes – 15 hours • Provider Ten Step Education – 4 hours • Additional Modules – 3 hours each • Communication Modules – 3 hours • Individual "Foundations for Best Practice" Modules – 2 hours each Online		
Ongoing	Lactation and Dietetic Education Resources <i>Lactation Education Resources</i> B	Virtual	<ul style="list-style-type: none"> • Lactation Management Training focuses on providing exclusively online lactation consultant training and continuing education for practicing lactation consultants. <ul style="list-style-type: none"> ○ Basics of Lactation Management ○ Lactation Training 	Varies by course	Register at: https://www.lactationtraining.com/our-courses/online-courses/available-courses

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			<ul style="list-style-type: none"> ○ IBLCE Exam Review • Offers a variety of other trainings: <ul style="list-style-type: none"> ○ Communications Course ○ RD courses <p>Online</p>		
Ongoing	National Nutrition Certification Program for Food \$ense <i>Extension, Utah State University</i>	Virtual	<ul style="list-style-type: none"> • This online training course is designed to prepare those who teach nutrition to the public. • This course is like a Nutrition 101 college class and includes 15 modules with pre- and post-assessments. • Originally designed for Utah’s SNAP-Ed program, it has been made available for CPAs. 	No charge (90 day time limit)	Register at: National Nutrition Certification Program (NNCP) - FoodSense (usu.edu)

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Ongoing	Chest/Breastfeeding <i>National Association of County Health Officials (NACCHO) Breastfeeding</i>	Recorded Webinars	<ul style="list-style-type: none"> NACCHO actively supports local approaches to chest/breastfeeding protection, promotion, and support. Through webinars, ongoing technical assistance, and success stories, NACCHO shared lessons learned and effective strategies for local level implementation. NACCHO continues to provide training and technical assistance to local health departments and other community-based organizations to advance community support and continuity of care. 	No charge	View recorded webinars at: https://www.naccho.org/programs/community-health/maternal-child-adolescent-health/breastfeeding-support
Ongoing	Webinar Series <i>UC Davis Human Lactation Center</i>	Webinar	<ul style="list-style-type: none"> Pre-recorded webinars hosted by Dr. Jane Heinig. Designed for Physicians, Nurses, Dietitians, Lactation 	\$30-\$120	Register at: https://lactation.ucdavis.edu/webinars/

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	B		<p>Consultants, and other health professionals working with families of young infants.</p> <p>Current webinars:</p> <ul style="list-style-type: none"> • Supporting Breastfeeding Mothers under Acute Stress (\$30) • Lactation Support in the Shadow of Maternal Trauma – 3 part series (\$90) • Who’s in Charge? The Ethics of Control in Decision-making Related to Infant Feeding (\$30) • Building Professional Relationships: Understanding and Addressing Rudeness in the Workplace (\$30) • Baby Behavior for Lactation Professionals – 4 part series (\$120) 		Continuing education units are provided for IBCLCS (through IBLCE), RNs (through CA BRN), and for RDs (through CDR as part of a Professional Development Portfolio).

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Ongoing	La Leche League International Webinar Library B	Webinar and recorded Webinars	<ul style="list-style-type: none"> • LLLI aims to provide those in the health field and community, interested parties, and our Leaders with cutting-edge research and new developments in the breastfeeding world. • Through their webinars, LLLI hosts global industry-leading speakers and subject matter experts who will help the viewer grasp new concepts and learn new approaches to working with families in need of breastfeeding support. • Each of their webinars also has the option of obtaining CERP credit (Continuing Education Recognition Points) for IBCLCs who want to recertify. 	Varies	To view the webinars Webinar Library - La Leche League International (llli.org)

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Ongoing	Medela Webinar series on breastfeeding and lactation B	Webinar and recorded webinars	<ul style="list-style-type: none"> • Medela provides you the latest information and research results on breastfeeding, breast milk, safety and health of pregnant women, nursing mothers and their babies in the COVID-19 era, we have created a bespoke webinar series. • Such a format gives us the opportunity to convene, ask questions and discuss ideas and approaches to improve our support to mothers in these difficult times to help them achieve their breastfeeding goals. Furthermore, all past webinars can be watched here too. 	Varies	To view the webinars Webinar series Medela

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Ongoing Last week of month, 12:00 – 1:00 PM PST	Hot Topic in Public Health – offers unique topic monthly <i>Northwest Center for Public Health Practice – School of Public Health University of Washington</i>	Webinar and recorded webinars	<ul style="list-style-type: none"> <i>Hot Topics in Practice</i> is a monthly webinar forum to discuss issues currently affecting public health practice. Each month guest speakers from local, state, tribal, and national public health organizations present and take questions from the audience. 	No charge	Find monthly topic and register at: https://www.nwcphp.org/training/hot-topics-in-practice

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Ongoing – live webinar series	Promoting Healthy Weight 3.0 (PHW3.0 Overview) <i>University of Tennessee, Department of Nutrition</i> N B	Recorded webinars	<ul style="list-style-type: none"> The Promoting Healthy Weight (PHW) 3.0 series focuses on promoting a healthy weight for the maternal and child health population. Learn more here. Spring topics – view recording	No charge	View recorded webinars at: https://nutrition.utk.edu/maternal-and-child-health/promoting-healthy-weight-colloquium/promoting-healthy-weight-colloquium-series-3-0-overview/ Note: CEUs available for viewing past year’s programs
Ongoing	USDA, FNS Webinars & Videos N B	Virtual	Variety of topics	Varies	View here: FNS Documents & Resources Food and Nutrition Service (usda.gov)
Ongoing	Academy of Nutrition and	Virtual	Variety of topics	Varies	View here: Webinar Series (eatrightpro.org)

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	Dietetics Webinar Series NB				
Ongoing	National WIC Association Webinars NB	Virtual	Variety of topics	Free	View here: Webinars National WIC Association (nwica.org)
Ongoing	United States Lactation Consultant Association Live Webinars B	Virtual	USLCA’s live webinars provide participants the opportunity to gain valuable education and engage in real-time discussion with the presenter. Earn CERPs and CNEs from the convenience of your own home, workplace, or on-the-go with your mobile device. RD and DTRs, please note: The CDR accepts self-	Varies	View here: Live Webinars USLCA - United States Lactation Consultant Association

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			study material that have been approved by ANCC.		

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DOH 961-1167 November 2022

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