



2023 Training Opportunities for WIC Staff



Dates/Time	Title and Sponsor	Virtual or In-person	Description	Cost per person	Registration Information
Trainings and Workshops					
June 6, 2023 9:00-10:30 am (PST) June 8, 2023 10:30 am-12:00 pm (PST) June 13, 2023 10:30 am-12:00 pm (PST) June 15, 2023 10:30 am-12:00 pm (PST)	Infant GI Series 2023: Navigating Constipation, Reflux, FPIAP and FPIES <i>Nutrition Masterclass</i> <div style="text-align: right;">N</div>	Live Webinar	Four live webinars (1.5 hours each), two per week starting June 6th, 2023. 6 CEUs Infant GI Series 2023: Navigating Constipation, Reflux, FPIAP and (nutritionmc.com)	\$179 Early bird deadline 5/30 1pm PST \$229 full price	Register here: Nutrition Masterclass (teachable.com)
June 8-10, 2023	National Breastfeeding Conference & Convening (NBCC) Conference	In-person Bethesda, MD	The annual USBC Conference, called the National Breastfeeding Conference & Convening (NBCC), brings together a diverse set of clinical,	\$500 (\$475 early bird rate available)	Register here: U.S. Breastfeeding Committee (usbreastfeeding.org) Must obtain prior approval for out of state travel

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	<i>U.S. Breastfeeding Committee (USBC)</i> B		community, advocacy, and research professionals who recognize the public health importance of breastfeeding as critical for reducing the burden of infant morbidity and mortality, childhood and adolescent overweight, obesity, and chronic disease, and maternal type 2 diabetes and maternal breast and ovarian cancers	until April 30, 2023)	
July 20-23, 2023	Empowering Food Citizens: Together for Nutrition and Food Systems Transformation. Reconnect, Re-nourish, Re-inspire SNEB N E	In-person Washing ton DC	SNEB 2023 Society for Nutrition Education and Behavior (SNEB)	\$975	Register here: International Conference Registration Society for Nutrition Education and Behavior (SNEB) Add your name to Conference and Training List no later than May 15, 2023 (COB)
July 25-27, 2023	National Indian and Native American WIC Coalition Conference NINAWC	In-person Oklaho ma City,	NINAWC is a coalition representing over 45 Native American and Indigenous communities and their non-	Virtual-Free	Register here: Whova Registration Page Staff need to register and indicate virtual option.

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	N	OK/Virtual	profit WIC organizations. These organizations provide services for women, children and infants. WIC associations are the front line of nutrition education and health care services for the nation’s most vulnerable families. National Indigenous and Native American WIC Coalition - Home (ninawc.org)		
July 26-27 10:00 am-2:30 pm PDT both days	2023 National Maternal Nutrition Intensive Course <i>University of Minnesota</i>	Virtual	2023 National Maternal Nutrition Intensive Course - Workforce Development - School of Public Health - University of Minnesota (umn.edu) Self-led online program available after September 1st . 7.75 CEUs	\$35	Register here: PUBH X200 2023 National Maternal Nutrition Intensive Course University of Minnesota (umn.edu) Add your name to Conference and Training List no later than June 15, 2023 , Close of Business (COB)
September 5-9, 2023	2023 National Association of	Santa Fe, NM	Save the Date		

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	Farmers Market Nutrition Programs (NAFMNP) Conference N				
September 8, 2023	Third Annual Nutrition Diversity Conference <i>Post-baccalaureate Opportunities for Hispanic Americans (POHA)</i> N E	In-person Denver, CO	Save the Date		
September 10-13, 2023	Native American Nutrition Conference <i>University of Minnesota</i> N	In-person Prior Lake, Minnesota	Save the Date		
September 27-29	2023 NWA WIC Technology,	Portland, OR	Save the Date		

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	Program Integrity, and Vendor Management Education Conference <i>National WIC Association</i> NE				
October 7-10, 2023	FNCE 2023 <i>Academy of Nutrition and Dietetics (AND)</i> N	In-person Denver, CO	Save the Date		
October 10-12, 2023	2023 WSPHA Annual Conference for Health <i>Washington State Public Health Association</i> N	In-person Wenatchee, WA	Annual Conference 2023 (wspha.org)	\$585	Register here: Washington State Public Health Association (memberclicks.net)

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October 25-27, 2023 8:30 AM – 12:30 PM	Advancing Change Together 2023 Annual Training <i>Nutrition First WIC Association of Washington State</i>	Virtual	Save the Date		
	N E				
Self-Paced	VENA Training Videos and Discussion Guides	Virtual	These videos serve as a starting point for familiarizing WIC staff with the VENA process. The accompanying discussion guides for each video can help to spark deeper discussions and encourage in-depth learning.	Free	Go here: VENA Training Videos WIC Works Resource System (usda.gov)
	N B				
Self-Paced 4-part series	Picky Eating-Next Level Strategies for Challenging Cases <i>Nutrition Masterclass</i>	Virtual	Topics include: <ul style="list-style-type: none"> • Children with Autism and Extreme Aversions • Identifying and Support Oral-Motor and Sensory 	\$229.00	Register here: Picky Eating - Next Level Strategies for Challenging Cases Nutrition (nutritionmc.com)
	N				

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			Feeding Difficulties in Children <ul style="list-style-type: none"> • The Get Permission Approach R • What to Dow When EVERYTHING is Wrong 6 CPEUs		
Self-Paced	Picky Eating Series – Looking for New Techniques? <i>Nutrition Masterclass</i> N	Virtual	Three powerhouse guest speakers that do this day in and day out. They’ll not only share their years of experience with you, but their best tips.	\$199	Register here: Picky Eating Series - Looking for New Techniques? Nutrition (nutritionmc.com)
Self-Paced 75 minutes	Classic Late Preterm Infant – Nutrition Pearls from NICU to Home <i>Nutrition Masterclass</i> N	Virtual	This webinar is for you if: <ul style="list-style-type: none"> • You have limited prior exposure to preterm infant nutrition • You feel like you're winging it and want to increase your confidence 	Free	Register here: Classic Late Preterm Infant – Nutrition Pearls from NICU to Home Nut (nutritionmc.com)

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			<ul style="list-style-type: none"> You lack training and/or access to experienced pediatric dietitians You want to increase your knowledge and add practical tips to your toolbox 1.25 CPEUs		
Self-Paced Learning	When Reflux Becomes Complicated: Interventions for a Breastfed Infant <i>Nutrition Masterclass</i>	Virtual	This webinar is for you if: <ul style="list-style-type: none"> You have limited prior exposure to infant nutrition You feel conflicted as to the best approach for breastfed babies with reflux You lack training and/or access to experienced pediatric dietitians You want your recommendations to be successful in this vulnerable population 1.25 CPEUs	Free	Register here: When Reflux Becomes Complicated: Interventions for a Breastfed Infant (nutritionmc.com)

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Self-Paced Learning	Pediatric Iron Deficiency <i>Nutrition Masterclass</i>	Virtual	<p>This webinar is for you if:</p> <ul style="list-style-type: none"> You are interested in building your skills and confidence related to iron deficiency You feel unsure when to recommend bloodwork and who is at the greatest risk You lack training and/or access to experienced pediatric dietitians You struggle with managing the anorexia that accompanies iron deficiency anemia <p>1 CPEUs</p>	Free	Register here: Pediatric Iron Deficiency Nutrition Masterclass (nutritionmc.com)
Self-Paced Learning	Growth Failure - A New Roadmap for a Common Problem <i>Nutrition Masterclass</i>	Virtual	<p>This webinar is for you if:</p> <ul style="list-style-type: none"> You have limited prior exposure to infant nutrition You feel unsure how to sensitively address growth concerns with parents 	Free	Register here: Growth Failure - A New Roadmap for a Common Problem Nutrition (nutritionmc.com)

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			<ul style="list-style-type: none"> You lack training and/or access to experienced pediatric dietitians You want to ensure you don't miss any key questions in your assessment 1.25 CPEUs		
Self-Paced Learning	Understanding Population Health Concepts <i>Northwest Center for Public Health Practice</i> E	Virtual	Explore population health concepts such as health equity, health disparities, health inequities, and social determinants of health Online module	Free	Go here to access the training: Trainings and Webinars: Data and Health Equity SHARE-NW (nwphp.org)
Self-Paced Learning	Communicating Effectively E	Virtual	Understand principles of effective public health messaging and communication, such as crafting key messages and talking points, developing engaging stories, and the	Free	Go here to access the training: Trainings and Webinars: Data and Health Equity SHARE-NW (nwphp.org)

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			importance of knowing your audience. Online module		
Self-Paced Learning	Visualizing Data Stories E	Virtual	Demonstrate how effective and inclusive visual data techniques can support public health communications. Learn key purposes behind different types of visual data and practice choosing data visuals to support key messages and connect with the audience. Online module	Free	Go here to access the training: Trainings and Webinars: Data and Health Equity SHARE-NW (nwcphp.org)
Self-Paced Learning	The National LGBTQIA+ Health Education Center <i>A Program of the Fenway Institute</i> A E	Virtual	Learning Resources -Webinars Access our extensive library of webinars publications, and materials to learn more about LGBTQIA+.	Free	Click here Webinar Archives » LGBTQIA+ Health Education Center
Self-paced Learning	Foundations in Lactation- On Demand Webinar B	Virtual	A 4-part series updated in 2021 to be more inclusive of the diverse population WIC serves! This training covers staff roles,	\$145	Foundations in Lactation Support - On Demand Webinar (regfox.com)

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			how to use client centered communication skills when talking about breastfeeding and what factors can affect milk production and exclusive breastfeeding.		
Learning Series	Diversity, Equity, Inclusion Learning Series <i>United States Lactation Consultant Association (USLCA)</i> E B	Virtual	This 3 – day workshop includes: Session 1 Equity-Mindfulness: Identifying and Interrupting Implicit Bias Session 2 Equity-Mindfulness and Cultural Responsiveness in the Health and Lactation Space Panel Session 3 Allyship, Anti-Racism, and Cultural Responsiveness Workshop Recording	Full workshop: BIPOC member: free Non-BIPOC: \$55.00 Note: Session 1 is free for everyone	Order here: DEI Learning Series - USLCA
Learning Series	The Impact of Racism in Healthcare and the Perinatal Period Webinar Series	Virtual	Part I Examine the history of racism in the United States and discuss the timeline of reproductive justice. Learn how to put awareness into action.	Free	

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	<i>Injoy Health Education</i> E		<u>Part II</u> Clarify the differences between health inequity and health disparity. Apply what you've learned and ensure you "do no harm" as you care for families during the maternal and perinatal period. Recorded webinars		
Most Thursdays at 12:00 PM-1:30 PM PST (3:00 PM – 4:30 PM EST)	Webinar Series <i>National WIC Association</i> N B	Virtual	<ul style="list-style-type: none"> 1-hour long webinars Note: Staff who haven't set up their member account must register for each webinar they plan to attend <u>ahead</u> of time. That is the only way staff can access the recorded webinar, if staff can't participate during live webinar time.	No charge	Register at: https://www.nwica.org/snippet-webinars-intro
Every third Tuesday of the month	Health and Equity Webinar Series	Virtual	<ul style="list-style-type: none"> MIBFN is committed to 4 core values: Access, evidence, equity, and relevance. 	No charge	Register at: https://www.mibreastfeeding.org/webinars/

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5:00 AM PST (8:00 AM EST)	<i>Michigan Breastfeeding Network (MIBFN)</i> E B		<ul style="list-style-type: none"> These webinars are designed to support practice change among peer counselors, maternity care nurses, and home visitors. Past topics include: <ul style="list-style-type: none"> Lactation after loss Ethics, Online Messaging, and Pressure to Breastfeed Indigenous Breastfeeding: Trauma and Resilience ...and other important topics. <p>Various CEU credits available for up to 1 year after the initial air date. 2022 Webinar Tentative Schedule</p>		<p>Note: Actual launching time is 5am PST (8am EST). To easily watch new webinars “on demand,” please make sure to register ahead of time for the upcoming webinar: Webinars – Michigan Breastfeeding Network (mibreastfeeding.org)</p> <p>Contact: info@mibreastfeeding.org</p>
Bi-monthly (in odd numbered months) on the	USBC Racial Equity Webinars	Virtual	<ul style="list-style-type: none"> Webinars are part of its efforts to "create and model a culture of inclusion, diversity & equity" (USBC 	No charge	Register at: https://register.gotowebinar.com/register/8175514735082416130

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4 th Tuesday of the month from 11:00 AM -12:30 PM PST	<i>United States Breastfeeding Committee (USBC)</i> E B		Strategic Framework Goal 4). This Webinar series focuses on building the capacity of the breastfeeding field to apply both an "equity lens" to inform and guide our strategies and activities, but also an "equity mirror" to examine our internal structures, culture, and policies. Webinar		
Ongoing	California Breastfeeding Coalition B	Virtual	California BF Coalition shares events presented by local, ethnic, regional, and state breastfeeding coalitions; community-based organizations; and health care and educational institutions. Recorded and live webinars	Ongoing	Register at: http://californiabreastfeeding.org/events-calendar/
Ongoing	Online Lactation Education <i>Evergreen Perinatal Education</i>	Virtual	Foundations for Best Practice in Lactation Care - FULL PROGRAM includes 48 hours & designation as a Certified Lactation Educator.	Varies depending on module	Register at: http://www.evergreenperinataleducation.com/online-education/

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	B		<p>Other Trainings:</p> <ul style="list-style-type: none"> • Excellence in Care with The Ten Steps includes – 15 hours • Provider Ten Step Education – 4 hours • Additional Modules – 3 hours each • Communication Modules – 3 hours • Individual "Foundations for Best Practice" Modules – 2 hours each <p>Online</p>		
Ongoing	<p>Lactation and Dietetic Education Resources</p> <p><i>Lactation Education Resources</i></p> <p>B</p>	Virtual	<ul style="list-style-type: none"> • Lactation Management Training focuses on providing exclusively online lactation consultant training and continuing education for practicing lactation consultants. 	Varies by course	<p>Register at:</p> <p>https://www.lactationtraining.com/our-courses/online-courses/available-courses</p>

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			<ul style="list-style-type: none"> ○ Basics of Lactation Management ○ Lactation Training ○ IBLCE Exam Review ● Offers a variety of other trainings: <ul style="list-style-type: none"> ○ Communications Course ○ RD courses <p>Online</p>		
Ongoing	National Nutrition Certification Program for Food \$ense <i>Extension, Utah State University</i> <p style="text-align: right;">N</p>	Virtual	<ul style="list-style-type: none"> ● This online training course is designed to prepare those who teach nutrition to the public. ● This course is like a Nutrition 101 college class and includes 15 modules with pre- and post-assessments. ● Originally designed for Utah’s SNAP-Ed program, it has been made available for CPAs. 	No charge (90 day time limit)	Register at: National Nutrition Certification Program (NNCP) - FoodSense (usu.edu)

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Ongoing	Chest/Breastfeeding <i>National Association of County Health Officials (NACCHO) Breastfeeding</i> B	Recorded Webinars	<ul style="list-style-type: none"> NACCHO actively supports local approaches to chest/breastfeeding protection, promotion, and support. Through webinars, ongoing technical assistance, and success stories, NACCHO shared lessons learned and effective strategies for local level implementation. NACCHO continues to provide training and technical assistance to local health departments and other community-based organizations to advance community support and continuity of care. 	No charge	View recorded webinars at: https://www.naccho.org/program/s/community-health/maternal-child-adolescent-health/breastfeeding-support
Ongoing	Webinar Series <i>UC Davis Human Lactation Center</i>	Webinar	<ul style="list-style-type: none"> Pre-recorded webinars hosted by Dr. Jane Heinig. Designed for Physicians, Nurses, Dietitians, Lactation 	\$30-\$120	Register at: https://lactation.ucdavis.edu/webinars/

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	B		Consultants, and other health professionals working with families of young infants. Current webinars: <ul style="list-style-type: none"> Supporting Breastfeeding Mothers under Acute Stress (\$30) Lactation Support in the Shadow of Maternal Trauma – 3 part series (\$90) Who’s in Charge? The Ethics of Control in Decision-making Related to Infant Feeding (\$30) Building Professional Relationships: Understanding and Addressing Rudeness in the Workplace (\$30) Baby Behavior for Lactation Professionals – 4 part series (\$120) 		Continuing education units are provided for IBCLCS (through IBLCE), RNs (through CA BRN), and for RDs (through CDR as part of a Professional Development Portfolio).

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Ongoing	La Leche League International Webinar Library	Webinar and recorded Webinars B	<ul style="list-style-type: none"> • LLLI aims to provide those in the health field and community, interested parties, and our Leaders with cutting-edge research and new developments in the breastfeeding world. • Through their webinars, LLLI hosts global industry-leading speakers and subject matter experts who will help the viewer grasp new concepts and learn new approaches to working with families in need of breastfeeding support. • Each of their webinars also has the option of obtaining CERP credit (Continuing Education Recognition Points) for IBCLCs who want to recertify. 	Varies	To view the webinars Webinar Library - La Leche League International (llli.org)

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Ongoing	Medela Webinar series on breastfeeding and lactation B	Webinar and recorded webinars	<ul style="list-style-type: none"> Medela provides you the latest information and research results on breastfeeding, breast milk, safety and health of pregnant women, nursing mothers and their babies in the COVID-19 era, we have created a bespoke webinar series. Such a format gives us the opportunity to convene, ask questions and discuss ideas and approaches to improve our support to mothers in these difficult times to help them achieve their breastfeeding goals. Furthermore, all past webinars can be watched here too. 	Varies	To view the webinars Webinar series Medela

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Ongoing Last week of month, 12:00 – 1:00 PM PST	Hot Topic in Public Health – offers unique topic monthly <i>Northwest Center for Public Health Practice – School of Public Health University of Washington</i>	Webinar and recorded webinars	<ul style="list-style-type: none"> <i>Hot Topics in Practice</i> is a monthly webinar forum to discuss issues currently affecting public health practice. Each month guest speakers from local, state, tribal, and national public health organizations present and take questions from the audience. 	No charge	Find monthly topic and register at: https://www.nwcphp.org/training/hot-topics-in-practice
Ongoing	USDA, FNS Webinars & Videos N B	Virtual	Variety of topics	Varies	View here: FNS Documents & Resources Food and Nutrition Service (usda.gov)
Ongoing	Academy of Nutrition and Dietetics Webinar Series N B	Virtual	Variety of topics	Varies	View here: Webinar Series (eatrightpro.org)

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Ongoing	National WIC Association Webinars NB	Virtual	Variety of topics	Free	View here: Webinars National WIC Association (nwica.org)
Ongoing	United States Lactation Consultant Association Live Webinars B	Virtual	USLCA’s live webinars provide participants the opportunity to gain valuable education and engage in real-time discussion with the presenter. Earn CERPs and CNEs from the convenience of your own home, workplace, or on-the-go with your mobile device. RD and DTRs, please note: The CDR accepts self-study material that have been approved by ANCC.	Varies	View here: Live Webinars USLCA - United States Lactation Consultant Association

This institution is an equal opportunity provider.

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DOH 961-1167 May 2023

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May 2023