



Required Activities for the 2024 Nutrition Service Plan

(Oct 1, 2023 – Sept 30, 2024)

Training or Activity	Who	What	Estimated Training Time	Complete By	Federal Cost Category
Breast Pump Inventory Lactation Support Objective B1	Staff responsible for breast pumps at local agency	<ul style="list-style-type: none"> Track and maintain multi and single use electric breast pumps monthly. Complete breast pump inventory spreadsheet (provided by state WIC) and submit the completed spreadsheet to WICbreastpumps@doh.wa.gov. 	Varies by agency	January 31, 2024	Breastfeeding
Lead screening and referral Nutrition Services Objective A1a	Coordinators, Nutritionists, and Certifiers (CPAs)	<ul style="list-style-type: none"> Complete the 2024 Lead Screening and Referral training module in the Learning Center. <p>OR</p> <ul style="list-style-type: none"> Complete the 2024 Lead Screening and Referral training supplement if staff completed the 2023 Lead Screening and Referral Training. Discuss implementation of policy and practices following the training or at a staff meeting. 	30-minute training	March 31, 2024	Client Services
Immunization screening and referral Nutrition Services Objective A2	Coordinators, Nutritionists, and Certifiers (CPAs)	<ul style="list-style-type: none"> Complete the immunization screening and referral training module in the Learning Center. Discuss implementation of policy and practices following the training or at a staff meeting. 	20-minute training	April 30, 2024	Client Services



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Stay Healthy (exit) counseling for pregnant, breastfeeding, and non-breastfeeding participants Nutrition Services Objective A3	Coordinators, Nutritionists, and Certifiers (CPAs)	<ul style="list-style-type: none"> Complete the Stay Healthy (exit) counseling training module in the Learning Center. Discuss implementation of policy and practices following the training or at a staff meeting. 	45-minute training	June 30, 2024	Nutrition Education
Comprehensive Nutrition Assessment Nutrition Services Objective A4	Coordinators, Nutritionists, and Certifiers (CPAs)	<ul style="list-style-type: none"> Complete nutrition assessment training module in the Learning Center. Discuss implementation of policy and practices following the training or at a staff meeting. 	60-minute training	August 31, 2024	Client Services
Nutrition Risk Assignment Nutrition Services Objective A4	Coordinators, Nutritionists, and Certifiers (CPAs)	<ul style="list-style-type: none"> Complete nutrition risk assignment module in the Learning Center Discuss implementation of policy and practices following the training or at a staff meeting. 	60-minute training	August 31, 2024	Client Services



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Train the Trainer: Breastfeeding Curriculum Lactation Support Objective B2	Peer Counselor Leads and staff who provide training using the breastfeeding curriculum platform.	<ul style="list-style-type: none"> Complete the Train the Trainer: Breastfeeding Curriculum training (live or recorded session). State staff will notify you when the training is in the Learning Center. Discuss implementation of policy and practices following the training or at a staff meeting. 	TBD	September 30, 2024	Breastfeeding
Engage partners in community-based breastfeeding support Lactation Support Objective B3	Breastfeeding Coordinator and staff	<ul style="list-style-type: none"> Select one way to engage partners to improve community-based breastfeeding support – use the list in NSP Instructions or identify another way and share details. Participate in engagement activities and report activities at the end of the federal fiscal year. 	Varies depending on agency and activities	September 30, 2024	Breastfeeding
Online Ordering Participant Shopping Experience Objective C1	Coordinators and all staff	<ul style="list-style-type: none"> Local staff complete training to learn about online ordering and how to support participants who choose this option. Discuss implementation of policy and practices following the training or at a staff meeting. 	TBD	September 30, 2024	Client Services



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Participant centered nutrition education and required nutrition education documentation Nutrition Services Objective A5	Coordinators, Nutritionists, Certifiers (CPAs), and frontline staff who provide nutrition education	<ul style="list-style-type: none"> Complete participant centered nutrition education and required nutrition education documentation training in the Learning Center. Discuss implementation of policy and practices following the training or at a staff meeting. This activity will carry over to the 2025 NSP. 	75-minute training	*October 31, 2024	Nutrition Education
Drug and other harmful substance information Nutrition Services Objective A6	Coordinators, Nutritionists, and Certifiers (CPAs)	<ul style="list-style-type: none"> Complete drug and other harmful substance information training module in the Learning Center. Discuss implementation of policy and practices following the training or at a staff meeting. This activity will carry over to the 2025 NSP. 	TBD	*November 30, 2024	Nutrition Education

*Completion date FFY2025

References:

- Memo 2023- 135 FFY 2024 Nutrition Service Plan
- FFY 2024 Nutrition Service Plan Instructions (Attached with memo)

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