





# COVID-19 Resources for WIC Staff and Participants

<p><b>Who to Contact for Questions</b></p> 	<ul style="list-style-type: none"> <li>• <a href="#">Washington State’s official COVID-19 website</a> – includes multilingual resources.</li> <li>• <a href="#">State COVID-19 Information Hotline</a>: Dial 1-800-525-0127, then press #. Language assistance is available.</li> <li>• Text the word “Coronavirus” to 211-211 for information and updates on your phone.</li> <li>• Ask a question: <a href="mailto:DOHinformation@wa.gov">DOHinformation@wa.gov</a>.</li> </ul>
<p><b>COVID-19 Resources</b></p> 	<ul style="list-style-type: none"> <li>• <a href="#">Vaccine Locator</a> – Find COVID-19 vaccine appointments.</li> <li>• <a href="#">COVID-19 Resources and Recommendations</a> – find general and specific guidance, resources, and recommendations. Some materials are available in multiple languages.</li> <li>• <a href="#">COVID-19 Data Dashboard</a></li> <li>• <a href="#">Washington Exposure Notifications</a> – WA Notify works through smartphones, without sharing personal information, to alert users if they may have been exposed to COVID-19.</li> <li>• <a href="#">Guide to Safer Gatherings</a></li> </ul>
<p><b>Stress due to COVID-19</b></p> 	<p><a href="#">Mental and emotional well-being</a> – support for mental and emotional well-being, includes crisis support, self-care resources, and more.</p> <p><a href="#">Washington Listens</a> – talk to someone about the stress of COVID-19.</p> <ul style="list-style-type: none"> <li>• Call 1-833-681-0211. TTY and language access services are available.</li> <li>• Available Monday-Friday 9 a.m. to 9 p.m. and weekends 9 a.m. to 6 p.m.</li> </ul>
<p><b>A Healthy Dose of Information</b></p> 	<ul style="list-style-type: none"> <li>• <a href="#">Public Health Connection</a> – Department of Health (DOH) blog posts</li> <li>• <a href="#">WIC Remote Services</a> – forms, policies and tools for remote services</li> <li>• Find Washington WIC memos on:             <ul style="list-style-type: none"> <li>• The <a href="#">Local Agency SharePoint</a> page linked from the <a href="#">Coordinator Corner</a>.</li> </ul> </li> </ul>

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To request this document in another format, call 1-800-841-1410.

Deaf or hard of hearing customers, please call 711 (Washington Relay) or email [WIC@doh.wa.gov](mailto:WIC@doh.wa.gov).

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