

# Washington Suicide Prevention Training (Model List) FAQ for Training Developers

## New Trainings

### What do I need to include in my application?

The [application](#) includes a list of required documents. Please fill the application out completely and provided all required documents. Training content is also reviewed in detail to ensure that it meets minimum and/or advanced standards outlined in legislation ([RCW 43.70.442](#)). **Please include transcripts, slides, learning activities, and a link to the online training.** The review process will be extended if these materials are not submitted with your initial application.

### Can I submit my application via email?

At this time, we still prefer applications be sent by mail to the address listed on the application, but you can complete the application, scan, and send via email to [hsqafc@doh.wa.gov](mailto:hsqafc@doh.wa.gov). **The application email must be sent from the email of the person signing the application.** Please use *Application for Suicide Prevention Training* as the subject line of your email. Please also remember to include all needed additional documents for review of your training.

### What is the timeline for review and approval?

The review and approval process takes **approximately eight weeks**. Review and approval occur across two departments and new trainings receive a two-step content review. The process will be smoother if the application includes detailed training content and all required documents. A staff person may request additional documents or revisions that could extend the eight-week timeline.

### How is the training content evaluated?

Training content is evaluated using the minimum standards outlined in [RCW 43.70.442](#) and [WAC 246-12-610](#). In addition, trainings can be reviewed for advanced standards starting in 2022. These standards will

be published later in 2022. Currently, staff reviewing training content utilize this [evaluation form](#). Please make sure your training contains the elements listed on this form.

## Why would a training not be approved?

Trainings are not approved if they do not meet the minimum standards outlined in legislation (see the question above). Other content is welcomed and encouraged, but the minimum standards must be met. Another common reason that trainings are not approved, is that they do not utilize best practices or the data in the training is not current (i.e., within four years). Staff will work with training developers if a minor revision is necessary, but if large revisions are needed, the training will be not be approved and you will need to submit a new application with revised content.

## Reapprovals

### How do I get my training reapproved?

Trainings must be reapproved every two years. Currently, you will need to fill out the same application that you did for your initial approval. That application can be found [here](#). With your renewal materials, please submit any content that has been modified. **For renewal, all data in the presentation must be current (within four years) and sources must also be current and reflect best practices.** Please review your content and make these modifications prior to submittal. In addition, starting in 2022, please submit evaluation data with your renewals.

### What do I do if my approval lapsed during the pandemic?

We recognize that many processes and system got interrupted during the pandemic. We are working to notify training developers to get all trainings reapproved by mid-2022. If your training needs reapproval, please update your content and then submit your application via the process outlined above. We also recognize that we missed communications from training developers during the pandemic, so if you submitted materials and haven't heard from us, please reach out again at:

[SuicidePreventionPlan@doh.wa.gov](mailto:SuicidePreventionPlan@doh.wa.gov).

### How will I know if I need to get my training reapproved?

Trainings need to be reapproved every two years per legislation. We hope to notify everyone who needed reapproval as of 2021. If you don't get a notification but believe you are due for a reapproval, please reach out at [SuicidePreventionPlan@doh.wa.gov](mailto:SuicidePreventionPlan@doh.wa.gov). Please remember that it takes about eight weeks for review and approval of trainings, so start the process four months before the two-year deadline.

## Advanced Standards

### What are the advanced standards?

Starting July 2021, the following healthcare professions must take an advanced six-hour training for their second six-year continuing education requirement:

WASHINGTON STATE DEPARTMENT OF HEALTH

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- psychologists
- marriage and family therapists
- mental health counselors
- advanced social workers
- independent clinical social workers
- social worker associates-advanced
- social worker associates-independent

Trainings that are approved for the advanced standards will also be required to meet the minimum standards and can be taken by other professionals needing to take a six-hour training. Specifics on the advanced standards will be posted later in 2022.

## What does my training need to include to meet the advanced standards?

Review for the advanced standards will start in 2022. Advanced standards trainings must meet the minimum standards for training plus either have:

- additional content focused on suicide management, suicide care protocols, or effective treatments, **OR**
- content on a treatment modality shown to be effective in working with people who are suicidal. This includes, but is not limited to, dialectical behavior therapy, collaborative assessment and management of suicide risk, or cognitive behavior therapy-suicide prevention.

More detailed criteria will be posted on the website later in 2022. The application process will be the same, but the evaluation will include additional criteria. Please check back later in 2022 for more details.

## Resources

### Where are good places to find data and updated research?

The Department of Health tries to keep an [updated list of newly published data related to suicide and suicide prevention](#).

Other good sources of data and information included the [Centers for Disease Control](#), the [World Health Organization](#), the [National Veteran Suicide Prevention Annual Report](#), and the [Suicide Prevention Resource Center](#).

To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email [civil.rights@doh.wa.gov](mailto:civil.rights@doh.wa.gov).