

Lon ekkewe fitepuku ier mwirin COVID-19

Meinappen Porousen met mi kasiwin non September, 12 2022

- Ngeni a maun noun kewe chon kaeo mi kepit ewe pwóróusfengen ekieki ifa usun ewe lesen a álliséch.
- Ngeni ekkewe chón káé [Centers for Disease Control and Prevention \(CDC, Pwúngungaw met sipwe féri enletin omusomus ngeni\) ewe saingoон ruwe ierin](#) kepit ra pwora le kutta chokkewe mi fich
- Lupwen sia ekkekieki usun meinisin a fen pwénútá lón ewe ier a [keránó a pwal ina usun meefiach](#)
- Ka chechchemeni iten ekkoch sou nemenem [are nouwisen lamalam](#) mi pöchökkül lon änein manauom mi fokkun CDC COVID-19 arochongaü ngeni nöün Kot kewe aramas

Kapasen Nepoputan

Afalafal, emén fefin me lein ewe (mwichen aramas a púchérútá me erá N95s), pwe ese mwáál inen we a fókkun pwapwa pwe a néúnatíw i a éúréúra néún kewe aramas lón fansoun lóóm pwe repwe kúna manaw. Ewe chónemmweni ewe angangen afalafal pwe epwe enniwili ekkewe COVID-19 kókkotun mwich fán iten ewe angangen afalafal fán A aporausa ngeni usun an riaffou seni manon [emon noun monukon pwan](#) (ren an kaimu seni punuan ewe) ekkewe mettoch sipwe ekieki ren ach sipwe silei fitu parakraf sipwe käeö fansoun tettenin pwarata ew mak a kawor ngeni ewe.

Ekkewe ra tumunu me pesei afanafanan me annukun ei [a tongeni witiwit fán mosonottam](#) (ren an kaimu seni punuan ewe) ekkena fansoun mi áweires. Me asúfél nge esap kon tichik me esap [minen urumwot Institute for Occupational Safety and Health \(Met tokter ra tongeni föri pwe esap kon\)](#)(NIOSH) (Kapasen merika chok) (pokiten a N95s) unuseñ lúkúlúk pwe epwe apwénütá meinisin an kewe pwon (pokiten a KN95s alon KF94s) án ewe chón emmweni epwe féri ewe fel lón eú napanap mi ekinamwe. Watte ewe chcha [a towu seni emön COVID-19 atun an reirei](#), atun ena maun néún kewe aramas ra erá pwe me ren ewe oesini lón puken ena NIOSH-mwicheich epwe pwásefál a kon tepetep an kewe kapas eis ussun nge sise tongeni polueniir meinisin. Éani kapasen lepoputáán me kapasen lesópwólón mi mwochomwoch [Washington State Department of Labor and Industries \(seni ewe pwórós lón ewe áeúin parakraf me sáingoон parakraf\)](#) (L&I) atun sia afalafal sereseréch (ren an kaimu seni punuan ewe).

A ffat pwe sisap tongeni pacheta eu awa lon eu ran ina minne ese mwaal an fon a wewe ngeni och [repwe siwil ngeni ekkoch sokkun](#) (ren an kaimu seni punuan ewe). Mwichen [webpage](#) (Kapasen merika chok) Nge a pwal fos ussun eu sokkun tong mi sokko seni ewe a nonnom lefilen are lefilen mwan me fefin repwe pwomweni ekkewe minen afalafal a mak. Ekieki ifa ussun kopwe eáni ena afalafal pwe epwe fichiiti ekkewe sokkopaten chon imw a kapachelong lon föfftörün lisowu mwääl esin käeö a tongeni. Amürinnölo nenien tumun (ika childcare), non camp, me non nenien sukun ren K-12 mi pwan tongeni mesemes ekkewe eppetin maas. **Ua mochen chok fori minne ua mochen me use mochen pwe emon epwe ereniei met upwe fori a áweweei sókkofesenin emén mi eáni án aramas ekiek me emén mi eáni án ekiek.** A chok ekis Washington State Department of Health (sókkofesen manauen ekkewe fitu sokkun nge a chok sukoonen ikina ussun (WA DOH) [K-12 Schools \(K-12 sukul\)](#), [Child Care \(Nenien Tumwunun Semirit\)](#), [K-12 Schools \(K-12 sukul\)](#), [Child Care \(Nenien Tumwunun Semirit\)](#), [Early Learning \(Aewin Nenien Kaieo\)](#), [Youth Development \(Nenien Mamaritan Serafo\)](#), me ekewe prokramen [Day Camp](#) (ren an kaimu seni punuan ewe) lapalapen manauer. Ika a wor CDC [tipefesen lefilach me chienach](#) (ren an kaimu seni punuan ewe). DOH kkewe chon luku epwe murinno ach sipwe chuuriir me pwakini ewe osukosuk fan ewe ngunun tong met sipwe filatä ren ena nge sipwe weweiti.

(Pisekin angasangas mi wor ekkewe pworaus sia asepwan epwe towu ekei metoch mi murino kopwe aia ika ke oponuweta aian non kapas emwen mi mak non L&I (Kapasen Merika chok).

Seni ekiekin pwal [DOH's webpage on masks](#) (Kapasen merika chok) pwe eli ekiekich epwe sokko fitemön.

Mwirin ar apwüpwlü ekkoch ra mäirü pwal mwo nge lichippüng lupwen ra tipefesen woon ekkewe mettoch mi lamot.

Ren an nounou ekkoch kapas awewe

Ifa ussun a oesini pwe epwe lapalo [mi wor sokkofesenin](#), ewe ngün mi fel me fan iten. Atun ekkewe mwichefel mi eáni pwal eú sókkun fós ra wisen afalafalpék lón chék eú leeni

[Washington State Department of Health \(DOH, Washington State Putain pekin Tumwunun Manaw\)](#) sipwe silei

Ekkewe [chón túmúnú ewe angangen](#) (Kapasen merika chok) afalafal repwe akkotaéchú pwe aramas lón ena leeni resap:

- [Ekkewe chon angangen](#)
- Ifa usun ewe mwich mi fis lon lon ewe ier a sokko seni än nöüwisin ekkewe ekkoch lamalam kewe mwich [CDC COVID-19 manaman mi fel a tongeni](#) (Fosun Spain)

Angang woon nöün kewe sokkopaten chon tufichin föri eü angang pwe [Tipeni](#) (Kapasen merika chok).

Ekkewe souasor repwe áti ngeni aramas usun sókkofesenin lefilen mine a pin me mine esap ren an amari an mocheniangau [Ekkewe chon angangen](#). A wiliiti emon chon appolua nge pokiten i chon mettoch meinisin iwe a wor an pwuung le nemeni mettoch pwal apposa letipan.

Anomu: Ai ekiek won mettoch

Ekkewe chón April 18, 2022, amémé puu ra uwei ar kewe CDC chepelin amémé puu lón ekkewe market me wón ekkewe al nge fán ekkoch ra kan uwei néür kewe. Ka awora ena fansoun fán iten óm pwisin káé asésé are angang ussun porausen pupulu lon ewe aukuuku pupulu lefilen lón imw. [Ifa ewe mettoch sipwe CDC](#) (ren an kaimu seni punuan ewe), WA DOH ina minne sipwe mmolnetä iteitan le etiwa aramas le käeo nge esap chök ewe rän mwichefel a fenakkota ach sipwe kütta nöüch chon käeo eáni kokkot ngeni ei ier mi fö. Fan [A angang ngeni noun kkewe](#) Ren soposopun poraus:

Washington Pwata sipwe awora fansoun

Le ekiekiéchú eweleenien áppirú mi mürinné án néún a pesei chon pwe seni ena rän [Proclamation 20-25.19 COVID-19 Washington Ready \(Feffeilo repwe 20-25.19 COVID-19 Washington ekilapei\)](#) (Kapasen merika chok) ewe [Proclamation 21-08 – Safe Workers \(Feffeilo repwe 21-08 – angangen aütä\)](#) (Kapasen merika chok).

Washington imwenfel nge resap nesöküriti (L&I) ar tenechepwák me loom

Ekieki mwo ekkoch ekkewe popun sipwe mwareiti mi mak lon ewe arüääñüün kinikinin ren ach sipwe nenneló lón pekin lúkú sipwe enniwili ekkewe mettóch ra fis me mwen án L&I [Ekkewe mwú repwe eáni ena esilesil mi lamot COVID-19](#) (Kapasen merika chok). Won unuseñ fonufan aramas ra kuna pwe ewe a awora watte alillis fan iten forutienekkena alluk lon iwe a awora pisekin upwe apasa [ngenikemi are emon](#). A pwal lamot ngeni afalafal [Proclamation 21-08 – Safe Workers \(Feffeilo repwe 21-08 – angangen aütä\)](#) (Kapasen merika chok), Ifa eweleenien áppirú mi mürinnöö. [WAC \(Washington lipwakingau annuk\) 296-62-609](#) (Kapasen merika chok) weween pwe a wor an pwúung le nemenem me isetiw allük. Fán iten

meinisin férian [WAC 296-62-609](#) (Kapasen merika chok), ousap apirü pomwen fanüfan nge oupwe mwüt ngeni pwe epwe awilikemi o assöföla unusen letipemi oupwe tongeni silei letipen mürina me unusöch pwal met mi apwapwai i. Met a amwökütü L&I [COVID-19 Awewe: Sokkopaten genes kinikinin lon ewe cell mi äüchea ra wisen](#) (ren an kaimu seni punuan ewe) ren soposopun poraus.

Filatä napanapen aramas ar repwe efisi ewe kokkotun

A mochen siwili minne a fen eérenaaló ina minne a féri néún we an epwe pwisin kaúló atun a tori kulókun an epwe annut. Iö kewe ra isetiu ewe leenien äppirü mi mürinnö lap seni meinisin ren ar fangafangöch. Meinisin pwe repwe lamotenguelo [local health jurisdiction](#) (Kapasen merika chok) pun a likitalo masouen lang me fonufan.

Pwisin

Letiper nge ren letipen ewe emon a likitalo iriei usun lon apilukuluk allim masouen lang me fonufan repwe ngaseseni fan nemenien.

Repwe angang ngeni noun kkewe ren eti noun kewe:

WA DOH a mmen éch án chómmóng tipemecheres le wisen túmúnú emén mi úri eú sókkun semmwen epwe máló ren [o eti noun Kot kewe lon ewe ngas mi ling](#) (ren an kaimu seni punuan ewe), i epwe sopwelo le älisikich le föri ewe (angang ren an elipwákochükich usun chök met a föri ngeni a ammonlata ewe aal fan iten an ekkewe) keith a fen auselinga ar (porausfengen iwe a feilo ngeni ewe asam ren an epwe asualo pwiich we). Pwiich kewe rese chuen utut won io leir epwe wiisen elter me deacon ese chuen wor eu kokkot mi lon ekkewe (mwichefel me pwiin we watte) itan. Ra aporausa ngeni emon mi uri semmwen mi chou ewe apilukuluk lon lupwen ra chuuri lon ewe leenien witiwit lon pioing pwá pwe a úri ena emén iwe esap eríani ewe emén an epwe sópwósópwóló. Kammwet ika a mochen [CDC Mwirin an emon tokter kensani neminewe a rong an atewe](#) (ren an kaimu seni punuan ewe) ereni emon kangof pwe repwe aukatiu an pwopwo iwe met chón. Pesepes me [Kapas emwen fan iten oukukun fetanen COVID-19 non sukoonen K-12 Schools \(K-12 sukul\), Child Care \(Nenien Tumwunun Semirit\), K-12 Schools \(K-12 sukul\), Child Care \(Nenien Tumwunun Semirit\), Early Learning \(Aewin Nenien Kaieo\), Youth Development \(Nenien Mamaritan Serafo\), me ekewe prokramen Day Camp](#) (ren an kaimu seni punuan ewe) ([wa.gov](#)) (ren an kaimu seni punuan ewe) repwe oururu me túmúnú ewe emén. WA DOH ika ach kapasen lepoputáán ese amwasangasang ngeni ewe chón imw neman epwe mwittir aúkatiw ewe pwóróus.

Mwen ach sipwe angangen non nenien an epwe torir semmwen

Tongeni afalafal ngeni Inaamwo ika a ikina ussun om pupulu [Kesap muttir ekieki pwe oupwele wes](#) (Kapasen merika chok). Lúkúluk wóón a fókkun lamot esap chék atun ewe emén a sessemwen nge pwal ewe atun ka letipeta mwirin málóón [Marukula pwe esap kuna mala a wewe ngeni SARS-CoV- 2 aonnatalo me mwirin, an awesalo manauan DOH 420-391 \(wa.gov\)](#) (Kapasen merika chok).

Kaeo ussun aramas mi uri semmwenichou me a awewe won eu

Luku mi foulou lein ekkewe aramas mi achocho lon ar lamalam tongeni weiweitá ngenikich [CDC COVID-19 meinisin och semmwen](#) (Fosun Spain wesino ewe) mi emmwen ngeni máló:

- [Me emon mi uri eu semmwenichou are mi efeiengau](#) (Kapasen merika chok)
- [Emon chon aninisou sou safei a tumunu ekkewe](#) (Kapasen merika chok) (epwe tongeni malo lon pwisin imwan ewe leeni a silei me eorení)
- Ekkewe re angang arapaken repwene mano a kapas eis ngeniir me mwen ra mano feiengau watte semmwen mi efisi malo are osukosuk watte ren moni esor och mettoch a tongeni ataielo an tong fan iten noun kewe aramas
- Ina minne iir kewe mi mirititi alon ewe (repwe ammolnatä), witiwit tori ra chinnap are choulo lon ar semwen me arap ngeni mälo me mwen repwe ekiekin makkei lon taropwe, mwirin lon ewe chok sopwun lon noun
- Emon sou sileilap lon ewe a ekieki pwe neman mei wor och manaman lon ewe iraan manau pwe epwe tumunu inisin aramas seni ewe apwangapwangen chinnap (are ewe tter mi alelo ngeni mälo)
 - A ffat pwe a kon watte ewe **pöchökkül** me manaman mi lamot ren fförütääñ esap chök ewe akkar nge pwal ekkewe fite fite billion füü [CDC COVID-19 Ren an epwe polu](#) (Fosun Spain wesino ewe) ena kapas eis sipwe weweiti.
 - Ekkewe sokkun lapalap a tori pachelong ekkewe ra ngaselo wisen ar repwe alleasochisi [alluk mi nemenir lupwen](#) (ren an kaimu seni punuan ewe) ren an epwe pwénuetá ena pwon.

Sap minne emon epwe meefata pwe eu fofforun tipis epwe wewe ngeni pwe emonewe epwe tou a lamot emén me emén epwe féri pwe epwe (péchékkúleló lón an pwe meinisin mi tonguei).

Ach achocho le efisi kinamwe (lefilach me ekkewe ekkoch a lamot seni) meinisin mochen feffetal fan itan we me akkapwonueta minne a awiisa ngeniir. A pwal lamot seni ach apwonueta wiisach lon pekin lamalam ussun chok ach iseta asor won ewe rong lon ewe imwen fel me ren ewe:

- Epwe tongeni wewe ngeni om kopwe mwokut
 - Seni leeniom me likitalo [chiechiom kewe](#) (ren an kaimu seni punuan ewe) aramasom COVID-19 a mochen pwe iir meinisin repwe COVID-19 akkamwéchú ar tuppwél me álleasochis.
 - Nge epwe chék léllé [ekkewe allük repwe nóm fan](#) (ren an kaimu seni punuan ewe) a lamot áillis iteitan ngeni COVID-19.
- Ekkewe nau ren ar repwe aúcheani pwe [Ar álleasochisi án kewe kapasen emmwen ina lóngólóngun eú manaw mi fókkun echipwér](#) (Kapasen merika chok) iten [ach sipwe tuufichin peni me ü ngeni ewe, EPA \(Nónnómun Tit Pungen Finata\)](#) (Kapasen merika chok) ach lükülük a wewe ngeni pwe sipwe tipetekison sisap eäni lükülük woon pwisin ach pöchökkül are (HVAC) tipatchem
- Mi namwot angang weires tongeni nónnóm lón imwan mi pin
- Ra tongeni fel ngeni me iótek ngeni COVID-19 fansoun meinisin
 - A fen makkei ruacho taropwe fan nemenemen an ngun mi fel mi affata pwe alleasochis ngeni ewe esap lamot fan iten amanauen aramas.

Pwal fiti [CDC COVID-19 inaanwo ika](#) (ren an kaimu seni punuan ewe) ika ewe sam CDC epwe DOH apwönütäöchü wisan epwe foleni nöür we ükükün an tufich ekkoch repwe ekieki ika pwata ese likiti mwo. An kewe alluk fan iten pwonutaan minne mi pwung nge ir mi affata pwe manauen emon. Epwe akkasiwilin manauen emon iwe tunalo chok liwinin an tipis chuen wor emon chok elter.

Pwisin me pwal ekkoch wokisin

Epwe fet ewe aramas mi uwouto eu asor fofforun emon ese tipeeu ngeni an kewe COVID-19 alluk a ussun ekkän sepi mi sap auchea a lamot ngeni ekkoch fituachechchem [nge a lamot ngeni pwal ekkoch alillis mi pochokkul COVID-19](#) (ren an kaimu seni punuan ewe) [COVID-19 seni ena an we oesini](#) (ren an kaimu seni punuan ewe) a [pwarata ewe pwungungau mi choufetal lon ewe muun sia manau COVID-19](#) (ren an kaimu seni punuan ewe). Lon eu fonufan mi kon chommong minnen otupotup me sossot lon met popun sia [pwal mochen sotunikich ren pwal eu ussun](#).

A pwalo an ika sia wenechar lon mettoch meinisin esor popun. Pwä ngeni aramas och tipisich wiisach lon pekin lamalam ussun chok ach iseta:

- Asor won ewe rong lon ewe imwen fel me ren ewe kapas chofona usun ekkewe mi máló. Seni leeniom me likitalo [chiechiom kewe](#) (ren an kaimu seni punuan ewe) aramasom COVID-19 epwe tongeni alapaalo riäffowür meinisin repwe COVID-19 akkamwéchéh ar tuppwlé me álleasochis.
- Nge epwe chék léllé [ekkewe allük repwe nóm fan](#) (ren an kaimu seni punuan ewe). a lamot állilis nge chokkewe mi tuppwlé ra pwora le álleasochisi pun a alongolong COVID-19. Seni leeniom aramasom COVID-19 epwe tongeni alapaalo riäffowür meinisin repwe ar woon ewe iteitan ngeni.
- Lupwen ekkewe sarafo lon repwe (sochungio seni high school repwe fen rongorong).
- Pwal fiti [CDC COVID-19 inaanwo ika](#) (ren an kaimu seni punuan ewe)
 - Ika ewe sam CDC epwe DOH apwönütäöchü wisan epwe foleni nöür we ükükün an tufich ekkoch repwe ekieki ika pwata ese likiti mwo.
 - Ifa ussun ika a tunalo ena fon me a chuen atola ekkena sasing rei a CDC och ena ekiek pún WA DOH ua kon silei [ewe niuokkus an epwe affata](#) (ren an kaimu seni punuan ewe) likotuputupun COVID-19 ekkewe nouwisen lamalam me ar kewe. Afalafal chofona ussun an a suuk ngeni aramas tipatchemen fonufan lap seni lom iwe a pwal lamot ngenikich ach sipwe ach ekilapei minne a apasa pokiten ekkewe poraus seni.

Soposopun Poraus me Peekin Aninnis (ika Resources) ren COVID-19

Pun pwichikkaran epwe etenaalo ekkewe [minen lon COVID-19 fönüfan meinisin Washington](#) (Kapasen merika chok), [Epwe mecheres ar repwe karelö](#) (Kapasen merika chok), [nemeni](#) (ren an kaimu seni punuan ewe), [ka pwal tongeni apachalöng](#) (ren an kaimu seni punuan ewe), [elkoch minefö nge kopwe tümünü pwe esap](#) (Fosun Merika chok), och [mettoch ar lükü epwe ngaüelo](#) (Kapasen merika chok).

Katton ach kei [Ponuwen Ekoch Kapas Eis](#) (Fosun Merika chok) ren sopwosopwen porous.

Porousen an emon aramas ren fonu a feito seni/chon ia ika fonuwen esapw, ei metoch, ese tongeni awatteno an emon epwe tori COVID-19. Iwe nge, masoen nengeni (ika data) mi pwaari pwe ekkewe kaminiti an ekkewe aramas esapw iir nipwech nape ngeni ir re kan watte ar feiengaw ren COVID-19. Ei a fis pokiten chok oput nefinen aramas, non enetin porous, pokiten okoten oput mi fen wor, mi nikiti ekoch mwicheichen aramas esapw wor ar aninis ar repwe tumwunu me tumwunu nenier. [Nisasaw esor aninisin non fiuwun ei semwen](#) (Kapasen merika chok). Kopwe nounou fengen me aramas porous mi pwung me enet pwun porous ese pwung esapw fetan nein aramas.

- [WA State Department of Health 2019 Minafon Coronavirus Towu \(COVID-19\)](#) (Fosun Merika chok)
- [WA State Coronavirus Response \(COVID-19\)](#) (ekkena minefo ra kepit wesino ewe)
- [Kutta ewe Putain pekin Tumwunun Manaw ika Distrik non neniomw](#) (Fosun Merika chok)
- [CDC Coronavirus \(COVID-19\)](#) (ekkena minefo ra kepit wesino ewe)

Mi chok chiwen wor kapas eis? Kori ach ewe COVID-19 Namban Porous pwe **1-800-525-0127**.: lei nouch awan suk ofesin ewe namban porous:

- 6 a.m. ngeni 10 p.m. Seranfan
- 6 a.m. ngeni 6 p.m., Oruwen ngeni Raninifen me ekewe
- [ekewe ranin state holiday](#) (Fosun Merika chok) 6 a.m. tori 6 p.m.

Ren aninisin awewen fos, **tiki #** nupwen ra ponu ka apasa **iten fosun meni fonu**. Ren kapas eis fan iten pusin manawomw your own health ika pwungun tes, kose mochen kori noumw ewe daktor.

Mwän mi äsimäu ra mwichfengen lon pwe epwe pwal choun oser 1-800-525-0127. Ewe áeúin atun aua chufengen me ina ewe sukul lón ena sukul 711 ([Washington sáingoон ierin](#)) ai email civil.rights@doh.wa.gov.

Appendix A:

Ekkewe chon angangen

Iwe nge, ren [Ewe manausefäl epwe pwäri meinisin ekkena](#) (Kapasen merika chok) pworaus mi chofona epwe unuseñ pwarata fofforingauen aramas atun epwe arosalo unuseñ ei ototen mettoch mi chok fich ngeni an epwe talo ach sipwe pwarata pwe ese pwung ewe. Afalafal ussun ekkein ell, eli sipwe tongeni apasa emon sam mi uren tong esap apwungu noun we ren an minalong poun lon ekkei sókkun feiengaw chiechien kewe ra emmwenaalong ika ese eani ewe apilukulukun manausefal an filata eu aalen manau mi emmwen ngeni minen efeiengau epwe eu fffoffor mi wesewesen umwes. Atun ra apwönüetä wiser kewe mi weires ekkewe chon rikilo ra sotun etipetiper seni ewe fel mi enlet ra fen apasa pwe an aramas kewe mwicheich fan iten fisitaan kinamwe a aniuoput ngeni lapengeni ekkena sokkun leenien tümün rese förütä fan asengesin an epwe äfeffeitääi lamalam chofona. Afalafal ussun ekkein ell eli sipwe an a wor ekkewe leenien for puk me minen alillis won unuseñ fonufan sókkun feiengaw chiechien kewe ra emmwenaalong ika ese eani ewe apilukulukun manausefal. Ika chon om we mwichefel repwe mwittir lo seni ewe leenien mwich pwe pwal eü mwichefel epwe [äeä iwe eli ka tongeni ereniir an filata eu aalen manau mi emmwen](#) (Kapasen merika chok) ngeni minen efeiengau epwe eu fffoffor mi wesewesen

umwes mwicheich a fen mmolneta fan iten. **Kewe aramas me mettoch meinisin ra kan mochen silei ämi ekiek usun ewe mwich an epwe alapalo an angang lon pwal mwo nge ekkewe leeni ese lien wor chon afalafal ie.**

Kopwe pwal mochen ällis lon kaütäään me keangen ewe ofesilap lon ekkoch fönü epwe nom lon eü pioing are leenien:

- Tümünü aramas nge eli ena leeni än eü lamalam iwe epwe pwisin filian;
- Ekkewe chon angang non afalafal mi angang lón;
- Ekkewe keangen ofesilap pwal áéá ekkee;
- Kapasen emmwen atun sipwe mwich lón ekkewe are pwal ikewe a fis ekkewe mwichelap ie aewin ai sekining pwe upwe otot me peinitii kewe kinikin won ewe imw ewe pwau ngeni aramas.
- Ika epwe wor fitu mwichefel repwe áéá ewe leeni kókkótfengen wóón afalafal mi angang lón ekkewe keangen ofesilap kulókun ewe mwich kókkótun tolong me towu me leenien waa iwe nge ussun chok a wor ekkewe minen efeiengau lon an leenien tutu;
- Ekkoch leenien asoso me resort ra fen weneiti eu ssar a aea ikenai ren an epwe;
- Emmwen ngeni chon lisowu mwaal me unnupuch iwe nge ussun sia fen küna pwe itemön pwiich kewe lupwen ra (chuulong lon ekkewe leeni ra ufouf ekkewe uf mi nikapwesepwes mi mwoch chächäk me mi pacheri inisir);
- Chókkewe ra angang lón kaútáán ekkewe;
- Me ekkewe keangen ofesilap ra fiti ewe sókkun angangen;
- Kaú wesewesen imw (usun chék met me ra féri);
- Ekkewe mi kepit ra akkotasefáli (ewe angangen afalafal me aüetä ekkewe imwen peres mwichen chón angang lón ekkewe leeni watte sia kan äeä ren ach kewe);
- Mwichelap awewe chök;
- Ren ra kan wiliti ach leenien fel ngeni fän iten ach kewe mwich mi fel;
- Ina popun sipwe eisinikich pwisin;
- Met upwe tongeni féri pwe upwe;
- Lón állis kaútáán ekkewe leenien;
- Mwich me ofes lesen a fós usun; ekkewe
- Met sipwe pwóróus wóón a pwal weneiti ekkewe me pwal ekkewe ekkóch leeni sia áéá le fel ngeni sokkun fout mi fich sipwe fouteni lupwen.

Kopwe pwal mochen ällis lon sipwe chuulong lon ekkewe ekkoch fönü epwe nom lon eü pioing are leenien:

- Leeni ra äeä fän iten än angang nge ekkóch lein chókkana mi angang lón (fénúen ekis ra angang lón ekkewe keangen ofesilap are állis lón kaútáán ekkena ofes) angang lón leenien chiyakú ekkewe are ekkewe a nonnom lon eü imw ese mumutä än aramasen lükün (repwe tolong lon a kan föri nöün we minen);
- Department of Children, Youth & Families (Kapach liosun leeni mi lingöch lon ar we leenien kunou (DCYF) kaútáán me mwékútükütún ekkewe keangen ofes me ekkewe ofesin chiyakú;
- Péútaaló ekkewe minen opposun suke pwe ete efeiengawa ekkóch;
- Nge esap lón an ewe mwichelap leenien kápich are lón;
- Ach achocho le föri ena epwe;
- Fokkun ällisöch ngeni chienach kewe chinnap; iwe
- Marijuana epwe älisiir ar resap pachelong lon mwökütükütün ewe lamalam mi fiffis lon ena leeni.

Choweän felin lamalam apwapwaan lamalam ika pwal ekkoch mwökütüküt nöünöü nöüch kewe puken ällisin me kütta ika ifa wisen mwänichi kewe. Fán chómmóng án “[aramas kewe oesini ra lóngólóng](#)” wóón án ekkewe scientist kútta pwóróus etittina. Ekkewe pwóróus me fetálin [COVID-19 mettóch are pwal mwo nge seni aramas](#) (Kapasen merika chok) mi erá pwe mi wor ar tufichin [silei met epwe fis lón mwach](#) (Kapasen merika chok) lap ngeni ekkewe minen állis lón ewe.

Me ren ekkewe sou are emon

Kaeo esaamwo naf ewe kaeo fan iten ar repwe unuseñ weweiti ifa ussun ach omusalo tipis epwe efeiochukich lon pekin aion ika esaamwo ffat ewe sipwap kaeofichi eu ran. Ifa ussun sipwe tongeni nöünöü ewe kütta weween eü wokisin [L&I a affata met](#) (Kapasen merika chok) soukáé ra erá pwe sia meefi pwe manawach a wor aúchean (me lamotan lupwen) lamot sipwe káé ewe néúch kewe puk iteitan me kúttafichi pwóróus [pwata a fokkun lamot kaeo lon](#) (Kapasen merika chok)

Pwe lon mwach an aramas angang won ekkewe kifetin inis epwe angasakich seni ach eli pwal mwo nge ekkewe chinnap repwe wiliiti aluwol sefal. Mwittir le föri kefil me mwen om kopwe küttaöchü [pworaus me iotek fän iten](#) (Kapasen merika chok), kutta weweochun poraus me ekiekifichi.

Ekkoch sou käeö ra lükü pwe ika sipwe alöllöfengeni chochoon aramas ngeni ekkewe likükutong. Iwe epwe emön aramas ngeni likükutong nge iir meinisin ra angang weires woon pwül me fän pwül kawor ekkewe minen állis le kútta pwóróus. Áeúin sipwe pwóróus wóón met ekkewe chón kútta pwóróus ra kúna usun efeiengawen suupwa ngeni péchékkúlen inisin emén. En mi pwapwaiti le kútta sókkópaten pwóróus pwe epwe lapoló óm sile lón ra kúna pwe aramas mi néür moni fán iten ekkoch ra pwapwa.