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CN21-53



# CERTIFICATE OF NEED APPLICATION HOSPICE AGENCY

Application is made for a Certificate of Need in accordance with provisions in Revised Code of Washington (RCW) 70.38 and Washington Administrative Code (WAC) 246-310, rules and regulations adopted by the Washington State Department of Health. I attest that the statements made in this application are correct to the best of my knowledge and belief.

Signature and Title of Responsible Officer:	Date:
Russell Hilliard	1/20/2021
Dr. Russell Hilliard, PhD, LCSW, LCAT, MT-BC Senior Vice President of Key Initiatives	C, CHRC, CHC
Email Address: rhilliard@seasons.org	<b>Telephone Number:</b> (954) 952-6194
Legal Name & Address of Applicant: Seasons Hospice & Palliative Care of Pierce County Washington, LLC Dr. Russell Hilliard, PhD, LCSW, LCAT, MT-	Project Type: [X] New Agency [ ] Expansion of Existing Agency [ ] Other
BC, CHRC, CHC Seasons Hospice & Palliative Care 6400 Shafer Court, Suite 700 Rosemont, Illinois 60018	Project Location: Pierce County, Washington Estimated Capital Expenditure:

#### **Project Summary:**

The applicant proposes to establish a Medicare and Medicaid-Certified Hospice Agency to serve residents of Pierce County who select and qualify for palliative, end of life care. In addition to providing the federally mandated services of routine home care, general inpatient care, respite care and continuous care, a variety of services and options include, but are not limited to bereavement, pastoral care, music therapy, nursing services, social work services, home aide assistance all available 24 hours a day, seven days a week, including admission assessments. A staffed call center connects each patient and family with the clinical care team for real time response around the clock.

\$91,680

Department of Health Certificate of Need Program P.O. Box 47852 Olympia, WA 98504-7852

January 29, 2021

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## I. APPLICANT DESCRIPTION

#### 1. Provide the legal name(s) of the applicant(s).

The legal name of the applicant is **Seasons Hospice & Palliative Care of Pierce County Washington, LLC.** Throughout the application, reference to the "*Hospice*", the "*Applicant*" or "*Seasons Pierce County*" refers to Seasons Hospice & Palliative Care of Pierce County Washington, LLC.

## 2. Identify the legal structure of the applicant (LLC, PLLC, etc.) and provide the Unified Business Identifier (UBI).

The applicant, Seasons Hospice & Palliative Care of Pierce County Washington, LLC, is a for-profit, limited liability company, created on December 28, 2020. Copies of the Certificate of Formation and application for the Certificate of Registration with the State of Washington appear in **Exhibit 1.** However, as of this date, the applicant has not received its Unified Business Identifier (UBI). Assignment of the UBI is expected during the screening period.

Seasons Hospice & Palliative Care of Pierce County Washington, LLC is the Applicant and intended licensee of the proposed hospice program. This entity is wholly owned by **AccentCare**, **Inc.** On December 22, 2020, AccentCare, Inc. merged with Seasons Hospice & Palliative Care, combining a national leader of post-acute health care with a national network of community-based hospice providers. AccentCare, Inc. owns and operates a number of healthcare providers throughout the country. An organizational chart showing the business structure of Seasons Hospice & Palliative Care of Pierce County Washington, LLC, along with the other Seasons Hospice & Palliative Care entities applying for a Certificate of Need this year's review cycles, is included herewith in response to Question 5. Information on the healthcare entities which fall under the AccentCare, Inc. umbrella, including the 31 currently operating Seasons Hospice & Palliative Care providers, is provided in response to Question 6. The broader organization increases access and expands the continuum of post-acute, home-based care. Additional information about the companies and the recent merger is found at www.accentcare.com and www.seasons.org.

Seasons Pierce County will enter into a services agreement with **Seasons Healthcare Management, LLC** ("SHCM"), an entity that provides back-office functions to support billing and reimbursement, payroll and human resource functions, information technology services, and other general administrative services. SHCM provides such administrative services to 31 Seasons Hospice & Palliative Care hospice programs across the country (the "Services Agreement"), a copy of which is attached as **Exhibit 2**, but does <u>not</u> include any professional medical or hospice services. The Services Agreement also includes marketing, branding, promotion services, and participation in the broader Season's website. For instance, Section 9 of the Services Agreement allows Seasons Pierce County (and other Seasons hospice programs with similar agreements) to use the trademark "**Seasons Hospice and Palliative Care.**"

All of the Seasons hospice programs benefit from the back-office support from SHCM. Each Seasons Hospice & Palliative Care hospice program is its own operating entity that is legally and operationally separate and distinct from the others. Each hospice program has its own license in the

state in which it operates and its own administrator. Each hospice is responsible for its own management, and no actions of one hospice program affect any other hospice program. Each agency is operationally independent.

The Applicant's objective is to develop and operate a hospice program under the federal and state statutes, continuing through to licensure. No change occurs either pre or post-licensure in the applicant entity or the controlling entity for the hospice program.

3. Provide the name, title, address, telephone number, and email address of the contact person for this application.

Dr. Russell Hilliard, PhD, LCSW, LCAT, MT-BC, CHRC, CHC Senior Vice President of Key Initiatives Seasons Hospice & Palliative Care 6400 Shafer Court, Suite 700 Rosemont, Illinois 60018 (954) 952-6194 rhilliard@seasons.org

4. Provide the name, title, address, telephone number, and email address of the consultant authorized to speak on your behalf related to the screening of this application (if any).

Tracy Merritt
Health Care Planning & Development Director
MSL Girvin Group, LLC
307 W. Park Avenue, Suite 211
Tallahassee, FL 32301
(850) 681-8705, Ext. 5509
tmerritt@MSLCPA.com

5. Provide an organizational chart that clearly identifies the business structure of the applicant(s).

Seasons Hospice & Palliative Care of Pierce County Washington, LLC is directly owned by AccentCare, Inc. AccentCare, Inc. owns and operates a number of healthcare providers throughout the country. An organizational chart showing the business structure of Seasons Hospice & Palliative Care of Pierce County Washington, LLC, along with the other Seasons Hospice & Palliative Care entities applying for a Certificate of Need this year's review cycles, appears in the following figure:

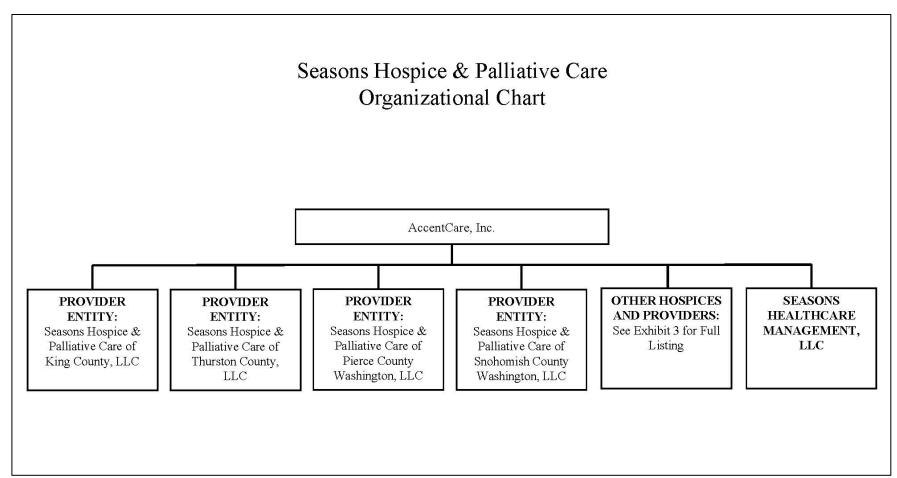


Figure 1. The organizational chart for Seasons Hospice & Palliative Care of Pierce County Washington, LLC ownership rests 100% with AccentCare, Inc.

- 6. Identify all healthcare facilities and agencies owned, operated by, or managed by the applicant. This should include all facilities in Washington State as well as out-of-state facilities. The following identifying information should be included:
  - Facility and Agency Name(s)
  - Facility and Agency Location(s)
  - Facility and Agency License Number(s)
  - Facility and Agency CMS Certification Number(s)
  - Facility and Agency Accreditation Status

Seasons Hospice & Palliative Care of Pierce County Washington, LLC, the applicant entity, is a developmental stage company with no operations at this time. The applicant seeks a certificate of need for a hospice program that will result in licensure as a hospice agency for operations to begin. The applicant is wholly owned by AccentCare, Inc. AccentCare, Inc. owns 180 post-acute care facilities in 20 states, including home healthcare agencies, hospice agencies, personal care services and private duty nursing, all of which are listed in **Exhibit 3**.

## II. PROJECT DESCRIPTION

1. Provide the name and address of the existing agency, if applicable.

This criterion is not applicable. The applicant entity does not own, operate or manage and existing hospice agency.

2. If an existing Medicare and Medicaid certified hospice agency, explain if/how this proposed project will be operated in conjunction with the existing agency.

This criterion is not applicable. The applicant entity does not own, operate or manage and existing hospice agency.

3. Provide the name and address of the proposed agency. If an address is not yet assigned, provide the county parcel number and the approximate timeline for assignment of the address.

The address of the proposed office for the hospice is as follows:

Seasons Hospice & Palliative Care of Pierce County Washington, LLC 4301 South Pine Street
Tacoma, Washington 98409

A copy of the lease is attached as **Exhibit 4.** The lease is consistent with that of a previous applicant, Seasons Hospice & Palliative Care of Pierce County, LLC. In addition to the lease, a letter from the landlord agrees to assignment of the lease to Seasons Hospice & Palliative Care of Pierce County Washington, LLC.

Enrolled patients receive hospice services in their own homes. Therefore, the location of the business office is the repository for medical records, staff training and staff conferences for the purpose of care team meetings. All care staff are dispatched generally from their homes to provide in-home care to patients.

4. Provide a detailed description of the proposed project.

Seasons Hospice & Palliative Care of Pierce County Washington, LLC is applying for a certificate of need (CN) to establish a Medicare and Medicaid certified hospice agency to serve residents of Pierce County, Washington. Hospice services include nursing care, pastoral care, medical social work, respite services, home care, as well as 24-hour continuous care in the home at critical periods and bereavement services for the family. Seasons Pierce County proposes an integrated service delivery system that includes the capability to provide palliative care as well as end of life care. The target population resides in Pierce County. The *Circle of Care* describes the approach to service delivery that places the patient at its center.



Seasons Pierce County staff provide the federally mandated core services of routine home care, respite care, inpatient, and continuous care in conjunction with volunteers. All volunteers receive training in Seasons standards of patient care to provide them with expertise to become a member of a hospice care team.

The hospice staff retain responsibility and accountability for the care of patients in the program. Each patient belongs to a care team and remains with that care team. The team, along with the patient and family, develop the individualized plan of care. The assessment process identifies in detail the patient's condition at enrollment and over time that includes all the services required. The services also include notes about the patient's preferences, preferred times and days of the week of service delivery, special conditions or wishes, and problems reported and solutions provided.

Seasons Pierce County adopts the values of care, compassion and service, reflected in the vision statements that appear in the box to the right. With these mandates, Seasons Pierce County becomes the "can do" hospice.

A range of services allow for a variety of patients' needs to be met responsively. Integral to keeping patients at the center of all activities, the topical areas that follow showcase the services available to all patients.

A range of services allow for a variety of patients' needs to be met responsively. Integral to keeping patients at the center of all activities, the topical areas that follow showcase the services available to all patients.

#### **Honoring Life -Offering Hope**

Recognize that individuals and families are the true experts in their own care

Support our staff so they can put our patients and families first

Find creative solutions which add quality to life

Strive for excellence beyond accepted standards

Increase the community's awareness of hospice as part of the continuum of care

A feature that Seasons Pierce County provides establishes it apart from other hospice providers. Specifically, real time communication and ability to contact care teams assures timely responsiveness to patients and their families. A hallmark program is the Call Center.

Call Center. Seasons Pierce County has the advantage of full integration with the Seasons Hospice & Palliative Care Call Center. The call center, staffed 24 hours a day, seven days a week with nurses and other professionals, integrates care team members and patients by accessing the patient's medical record. The success of the call center relies upon a fully integrated medical record and the ability of employees to link up with their communication devices. Specifically, the tie in with *Homecare Homebase* as described briefly with a brochure in Exhibit 5, allows care teams in the field to get access to the medical record and get in touch with all resources in real time.



<u>Figure 2.</u> The photographs show the stations that employee use to respond to calls. The monitor displaces which of the stations are engaged and the response type in which the employee is engaged.

The photographs above showcase the call center. Employees operate the call center 24 hours a day, seven days a week. As a fully integrated system, employees' laptop computers and cell phones allow for communication with the call center. A patient, a family member, or a care team member may call the center for assistance. No matter what the request for assistance is, trained personnel have the capability to respond in real time.

Employees receive special training to staff the call center, and must be proficient in both the call operations and the electronic medical record. The staff access the electronic medical record and provide physicians, nurses, family and patients with status reports, medication orders, and scheduled visits, for example. The monitor shows each staff member's level of call traffic and response types in progress. The monitor, visible to all in the center, ensures the highest level of cooperation, communication, and support.

Core Services. The core services are those mandated by federal regulations and include Routine Care, Respite Care, Inpatient Care, and Continuous Care. The provision of care involves employees trained in disciplines to provide services and volunteers on the care team that includes the hospice physician, chaplain, nurses, social workers and counselors. Music therapists also are active team members.

The objectives of the core services are these as they appear below.

- Complete symptom management, including control of pain.
- Emotional and spiritual support for the individual and loved ones.
- General inpatient care when extensive medical intervention is necessary.
- Physician-directed medications, medical equipment and therapy services.
- Schedule routine home care including nursing visits and 24-hour on-call service.
- Offer palliative care from employees as well as trained volunteers.
- Coordinate with primary care physicians and the hospice medical director care that addresses the patients' conditions.

Routine Care. Care in the patient's home is the goal of the hospice program and routine home care forms the bulk of the patient's palliative services. A plethora of services and programs provide the terminally ill with options for a range of services that are specified in each individual's plan of care. They are described in detail in the upcoming section that form the basis of care in the patient's home.

**Hospice aide and homemaker services.** Such services provide the patient with assistance to accomplish personal care and home care needs. The hospice aide meets the training, attitude, and skill requirements specified in Sec. 484.36, Chapter IV, Title 42, Code of Federal Regulations.

Respite Care. Respite care occurs when necessary to relieve the family members or other persons caring for the individual. Respite care may be provided only on an occasional basis and for no longer than five days at a time. The facility providing respite

care agrees to the provision of 24-hour nursing services that meet the nursing needs of all patients and are furnished in accordance with each patient's plan of care. Each patient will receive all nursing services as prescribed and will be kept comfortable, clean, groomed, and protected from accident, injury, and infection.

General Inpatient Care. Seasons Pierce County assures the provision of an inpatient level of care through a contract with a nursing home and evidences enrollment as a provider of Medicare or Medicaid services. The bed a hospice occupies is for the purpose of pain control and symptom management for the hospice patient. The total number of inpatient days used by Medicare beneficiaries who elect hospice coverage in a 12-month period to a particular hospice will not exceed 20% of the total number of hospice days consumed in total by this group of beneficiaries.

Seasons Pierce County proposes to seek contracts with one or more skilled nursing facilities (SNF) for the provision of general inpatient care prior to receiving its license. A sample SNF contract for inpatient care is provided in **Exhibit 6.** The care team communicates with the patient and his or her representative of the availability of short-term inpatient care for pain control, symptom management, and respite purposes and the names of the facilities with which the hospice has a contract agreement. Seasons Pierce County retains the responsibility for ensuring that the training of personnel who will be providing the patient's care in the inpatient facility has been provided and that a description of the training and the names of those giving the training are documented.

Seasons Pierce County retains responsibility for the care of the patient. In addition, Seasons Pierce County respects the patient's right to refuse to talk to persons not associated with its organization or not directly involved in the patient's care, e.g. visitors, vendors, accreditation surveyors, or representatives of community organizations.

In addition, the inpatient provider's policies conform to those of the hospice and must agree to abide by the patient care protocols established by the hospice for its patients. The inpatient provider agrees to notify Seasons Pierce County of any change in the patient's condition, orders, and other treatments. Elements of the contract require the following spatial necessities:

- 1. Physical space for private patient and family visitors (patients may receive visitors at any time, including young children);
- 2. Accommodations for family members to remain with the patient throughout the night;
- 3. Accommodations for personal items;
- 4. Accommodations for food preparation by the patient/family;
- 5. Accommodations for family privacy after a patient's death; and
- 6. That is homelike in design and function.

Responsibility for the general inpatient care requires that the hospice patient's inpatient clinical record include all inpatient services furnished and events regarding care that occurred at the facility and that a copy of the inpatient medical record and discharge are available to Seasons Pierce County. This allows the care team to resume services in the home.

Continuous Care. Seasons Pierce County assures the provision of continuous care for patients in their homes in periods of crisis. These crises result from acute medical symptoms for which active involvement from professionals requires intensive services to achieve palliation. A minimum of eight hours of care in a 24 hour period constitutes continuous care with services of a registered or practical nurse. Homemaker or home health aide services may be furnished in order to supplement the care. The provision of continuous care generally is less than 0.3% of total hospice days. Employees provide this core service.

Integrated with the core services, Seasons Pierce County commits to the following as part of its hospice and palliative care services:

- Become a partner in care by working with a patient's primary care physician and the staff of the assisted living or nursing home in which the patient resides. This partnership requires that the hospice provide support to the staff through education and accountability, clearly stated expectations, and defined services.
- Offer the platinum certified program Services and Advocacy for Gay Elders (SAGE).
- Offer *We Honor Veterans* a program of the National Hospice and Palliative Care Organization (NHPCO) in collaboration with the Department of Veterans Affairs (VA). The program contains five progressive levels to train staff and volunteers on veterancentric care, and provides outreach and educational materials. From veterans enrolled in the hospice, Seasons honors his or her service with a recognition pinning ceremony with accompaniment of music therapists singing the hymn from his or her service branch.
- Develop services to reach all persons through the **Inclusion Initiative**. This initiative recognizes diversity in the general population and develops volunteer councils that act as key informants for particular subpopulations. These include, racial, ethnic, and cultural segments who provide the hospice with understanding that result in improvements to outreach, to innovate or to alter services that increases the acceptance of hospice care.
- Enhance the workforce through diversity to improve access.

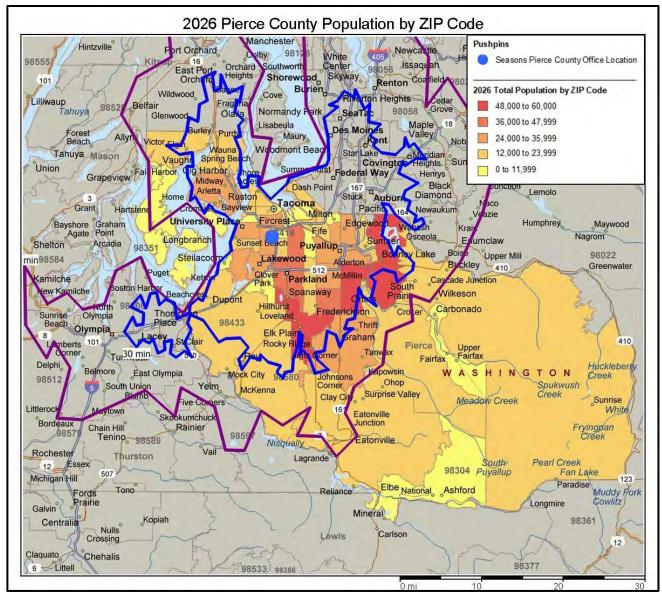
Seasons Pierce County commits to serving patients and families from diverse backgrounds. The Cultural Inclusion Council (CIC) was founded out of a desire to honor and respect the diverse communities that Seasons serves, and to address the disparities in access to hospice and palliative care. The purpose is to consider the cultural values of all Seasons patients, families, and staff, provide care that respects what is most important to each individual, improve the community understanding of hospice and palliative care, and educate staff to ensure that all needs are being met. The CIC's goals reinforce Seasons' priority of equitable care so all patients, no matter their race, gender, ethnicity, religion, sexual orientation, language, gender identity, or class, die comfortably, with dignity. The CIC acts as a resource to help Seasons Pierce County support the needs of the county's patient population. As no one knows everything about every single culture, together, Seasons Pierce County ensures that both patients and colleagues experience inclusion, sensitivity, feel honored and respected.

Religious affiliation affects how hospice care appeals to a person. The subject of death made manifest by illness and decline either for oneself or family member raises a host of feelings and emotions, many of which may involve fear of the unknown, aversion to pain, and helplessness. Therefore, understanding and sensitivity at the interpersonal level create a bridge to access care. Seasons Pierce County provides spiritual support and services to a range of religious groups outside of Christian faiths.

## 5. Confirm that this agency will be available and accessible to the entire geography of the county proposed to be served.

The proposed agency will establish its office proximate to the most populous areas of Pierce County to ensure availability and accessibility to the entire geography of the county. Enrolled patients receive hospice services in their own homes. However, when necessary, a patient may require inpatient respite or general inpatient services, which are temporary and typically less than one week, at a facility under contract. Therefore, the location of the business office is the repository for medical records, staff training and staff conferences for the purpose of care team meetings. All care staff are dispatched generally from their homes to provide in-home care to patients. All staff use computer technology to communicate with the office as well as each other, and the call center.

The figure that follows shows the location of the home office on a map with a 30 and 45 minute drive time contour around it. The contours establish the feasibility of staff being able to access the home office for meetings, in-service training, care team conferences and medical records. The location allows an access point to the majority of the population, as indicated in the map. Specifically, the map shows the projected 2026 population by Zip Code. The 30-minute drive-time contour captures 87.5% of the total population, while the 45-minute drive-time contour captures 93.7%, documenting accessibility of the proposed program.



<u>Figure 3</u>. The above map of Pierce County shows the Seasons Pierce County office location as a blue dot at 4301 South Pine Street, Tacoma, WA 98409. The blue line shows a 30 minute drive time from the office, and a purple line shows a 45 minute drive time contour. The contours show accessibility and availability of the location for employees most of whom are expected to reside in Pierce County. The projected 2026 total population is shown by Zip code.

6. With the understanding that the review of a Certificate of Need application typically takes at least six to nine months, provide an estimated timeline for project implementation, below:

The project establishes a new hospice agency for Pierce County. Therefore, approximately 9-12 months are needed to prepare for licensure and certification, including furnishing and equipping office space, hiring executive and nursing staff, conducting training, and hold mock surveys prior to licensing and certification surveys. The table below shows the estimated timeline for project implementation.

Event	Anticipated Month/Year
CN Approval	September 2021
Design Complete (if applicable)	N/A
Construction Commenced (if applicable)	N/A
Construction Completed (if applicable)	N/A
Agency Prepared for Survey	May 2022
Agency Providing Medicare and Medicaid hospice	
services in the proposed county.	July 2022

7. Identify the hospice services to be provided by this agency by checking all applicable boxes below. For hospice agencies, at least two of the services identified below must be provided.

X Skilled Nursing	X Durable Medical Equipment
X Home Health Aide	X IV Services
X Physical Therapy	X Nutritional Counseling
X Occupational Therapy	X Bereavement Counseling
X Speech Therapy	X Symptom and Pain Management
X Respiratory Therapy	X Pharmacy Services
X Medical Social Services	X Respite Care
X Palliative Care	X Spiritual Counseling
X Other: See below.	

Seasons Pierce County proposes to bring an array of programs to all patients served by its hospice in Pierce County. In addition to those checked above, these include the following:

**Music Therapy.** The program provides an option for pain management, stress relief, and generates positive reactions in patients and their families. The American Music Therapy Association defines music therapy as ...an established healthcare profession that used music to address physical, emotional, cognitive and social needs of individuals of all age. Music consoles and comforts persons even when unconscious or nonverbal. An example of how music therapy improves lives is evident in the Seasons' video, **Mr. Gregg – the Life of the Party**. To view, type <a href="https://vimeo.com/240891008">https://vimeo.com/240891008</a> link into the web-browser.

The therapists are Board Certified Music Therapists (MT-BC). Seasons Hospice is the largest employer of MT-BCs nationally. For patients who simply need entertaining beyond the therapeutic interventions of the Music Therapist-Board Certified (MT-BC), Seasons offers a *Music Companion*.

Techniques used include these:

- Gentle touch and/or massage with music
- Guided imagery
- Singing/instrumental work

- Lyric analysis/discussion
- Song writing
- Music relaxation
- Recording personal tape
- Drum work

- Breath work
- Making music choices and listening
- Rhythmic movement
- Dancing

Goals in the plan of care reflect each person's directions, and most have music as a service. Some of the goals include those listed below.

- Reminiscence—focus on assets and positive experiences
- Identify and express emotions
- Life review with assessment of actions
- Increased socialization
- Establish trust relationship/ rapport
- Maintain/ improve physical comfort
- Permit discussion around dying/ death issues
- Explore religious tradition /musical associations
- Reality orientation/thought organization

- Assessment of physical/mental capabilities
- Support independent thinking/ decision making
- Develop effective coping skills
- Improve self-esteem
- Gain insight into problems/ situations
- Mood management
- Medium for closure
- Provide distraction during difficult situations/procedures
- Muscle relaxation
- Regain sense of control
- Guided imagery

Leaving a Legacy. This program assists patients in creating memories and tangible recordings, art works, journals, scrapbooks, memory bears, fingerprint necklaces, and other mementos for the family to assist with coping during bereavement. Seasons helps each patient identify their life's purpose and meaning through these innovative legacy projects. Capturing a story told in the patient's voice is a powerful connection for the family after the patient's death. It is common to record patients reminiscing or singing with the music therapist to provide a legacy for the family. Families often report this lasting connection is one of the most important aspects of hospice care for them.

No One Dies Alone. Seasons recognizes that the dying moment is truly profound for the patient and their family. The goal is to ensure every patient and their family have the support of Seasons throughout life's final transition, prevent unwanted hospitalizations, and ensure patients' wishes of dying at home (or within their established long-term care setting) are honored. Many patients will qualify for Continuous Care and are with Seasons nurses and aides until their last breath. If the patient does not meet the Medicare criteria for Continuous Care, Seasons Volunteer Vigils provide support along with nurses and other members of the interdisciplinary group until the death occurs. In some cases, patients and families prefer privacy, and that choice is always respected without question.

**Namaste Care.** This dementia care program, designed by internationally recognized dementia expert, Joyce Simard, and the author of the text **Namaste Care**, uses multi-modal interventions to find human connectedness, decrease dementia-related symptoms, and enhance quality of life. Seasons is the only national hospice approved to implement Namaste Care and all staff are oriented by Joyce Simard through virtual and e-learning modules.

Namaste Care reflects a highly specialized program for use with people in the advanced stages of dementia and other neurological illness. It focuses on person-centered approaches to improve quality of life through meaningful sensory activities, stimulation, relaxation, offer comfort, and serenity.

The following program description provides the detail about the Namaste Care and its effectiveness in providing a "loving touch" at end of life progresses. Care team staff receive training for this enhanced program.

As a specific service, when required, Namaste Care appears in the care plan. All members of the hospice interdisciplinary staff and volunteers participate. Certified nurses' aides provide bathing, dressing, grooming, and hydration as meaningful activities rather than tasks. Other disciplines and volunteers provide gentle hand massages, spiritual reading, music, and reminiscences. Each session targets the preservation of the person's dignity.

#### **Criteria used for program assignment:**

- 6 months or less prognosis
- Stage 7 (Functional Assessment Staging (FAST) scale)
  - o Unable to ambulate
  - o Cannot dress or bathe without assistance
  - o Urinary or fecal incontinence
  - o No meaningful communication, speaks fewer than six words

#### Criteria used for dementia:

- 6 months or less prognosis
- Within the past 12 months, the patient had at least one of the following conditions:
  - o Aspiration pneumonia
  - o Upper urinary infection
  - o Septicemia (microbes in blood)
  - o Multiple State 4 of 5 decubitus ulcers
  - o Fevers that recur after antibiotic therapy
  - o Inability to maintain sufficient fluid and caloric intake, with 10% weight loss during the previous six months

#### **Benefits:**

- Person-centered care employing meaningful activities to individualized care based on the Lifestyle Assessment
- Uses sensory stimulation and that helps soothe and evoke feelings of comfort
- Creates a clam, relaxing environment for the provision of care
- Teaches loved ones ways to interact with the person with advanced dementia
- Adds a layer of professional caregivers to the existing team

#### **Outcomes:**

- Enhances the quality of life for people with advanced dementia
- Diminishes feelings of stress and anxiety
- Eases suffering
- Supports family by providing coping skills
- Promotes feelings of personal meaningfulness

Cardiac Care Program. The program uses hospice physicians and cardiac trained hospice nurses to focus on providing the latest Heart Failure guideline-based therapies, along with education to provide support for patients and families in their home environment. The care team helps prevent unnecessary emergency department visits and hospital admissions by focusing on symptom control, functional status and quality of life. A copy of this newest program appears in Exhibit 5 that includes information on the *Homecare Homebase* software that integrates the electronic medical records with the call center.

The following goals define the program's operations.

- 1. Deliver The American College of Cardiology Foundation/American Heart Association (ACCF/AHA) guideline-based care to the Class IV Stage D heart failure (HF) patients
- 2. Provide symptom relief with HF guideline medications, including IV inotropes and IV diuretics
- 3. Provide emergency support and management tools to prevent calls to 911
- 4. Provide hospice care while maintaining support for the IVAD and heart transplant patient
- 5. Improve quality of life for HF patients and families by implementing strategies to recognize, report and treat symptoms

The clinical care for Class IV Stage D patients with end-stage heart failure include the following services:

- Guideline medication management and titration as appropriate
- IV/PO diuretic therapy management
- ICD LVAD deactivation compatible with patient expectations of care
- IV inotropic therapy
- Emergency management protocol
- Oxygen for comfort and symptom management
- Cardiac Comfort Kit, including IV Furosemide
- Regular communication with referring or attending physician

Patients eligible for the Cardiac Care Program meet the following requirements:

- Have Class IV Stage D HF with significant symptoms despite treatment with HF guideline medications
- Have been admitted to the hospital for HF decompensation >3 times in last six months

- Are not candidates for high risk revascularization, LVAD, transplant or have inoperable aortic stenosis
- Are end-stage LVAD or heart transplant
- Are unable to tolerate indicated guideline medications

**Open Access.** Medicare and Medicaid coverage exists as does insurance on a case by case basis. This covers services many other hospices won't consider like ventilators at home so patients may die on the ventilator, radiation therapy and chemotherapy.

The patient with complications or with multiple system involvement in addition to the terminal diagnosis may have needs that require additional medical interventions such as those on the list below.

- ✓ IV antibiotics
- ✓ TPN
- ✓ IV Hydration
- ✓ Cardiac drips
- ✓ Chest tubes
- ✓ Tube feedings
- Hemo/peritoneal dialysis for cooccurring diagnosis
- ✓ Palliative radiation

- ✓ Oral chemotherapy
- ✓ Biological response modifiers (such as Procrit, Neupogen, Epogen)
- ✓ Patients needing additional time to complete the discharge planning from the acute care setting
- ✓ Patients who must finish a course of treatment

### Patients with complex psychosocial needs who have:

- ✓ Not yet made long term care plans
- ✓ Not engaged in thorough acute care discharge planning
- ✓ Been unable to arrange safe, appropriate caregiving in home setting
- ✓ Not yet applied for Medicaid or have other financial needs

## The benefits of this program are those listed below.

- ✓ Increases the time for patients and families to engage in advance care planning and process issues related to the advanced illness while utilizing hospice care services
- ✓ Allows patients to receive hospice care services earlier and provides them with more assistance and in care planning
- ✓ Begins hospice services while the patients are transitioning from curative care to palliative care
- ✓ Supports collaborative effort between the hospice team and the hospital or other

- discharge planning team during difficult communications with patients and their families
- ✓ Helps patients and families understand when care is futile and allows them to request discontinuation of measures on their own schedule
- ✓ Demonstrates significant length of stay reduction in the acute care setting
- ✓ Incorporates the referring physician's recommendations into coordinated plan of care with the patient and family

Kangaroo Kids Pediatric Hospice & Palliative Care. When a pediatric patient requires palliative as well as end of life care, Seasons Pierce County reviews the care team staff and assembles a designated pediatric care team. The pediatric care team provides direct care to the pediatric patient, teaches the parents how to provide care at home, the regimen of care, and schedule for medicines and other services. The Pediatric team focuses upon support to the larger system, including specialized, developmentally-appropriate support to siblings, grandparents, and the community at large (especially when the pediatric patient is school-aged). The Pediatric team advocates for the pediatric child's voice and wishes to be heard. Pediatric care volunteers schedule time in the home to interact with the child, parents and caregivers to assure palliative care at end of life.

Pharmacy Consultation. Consultation regarding prescriptions is an important service that is available 24 hours a day, seven days a week for all nurses and physicians to assist in pharmacologic consultation. The provision of drugs, particularly for pain management and palliative care, forms a central service for Seasons Pierce County. Seasons employes full-time pharmacists (PharmD) and consults with nationally recognized Dr. Lynn McPherson to ensure that no patient experiences untreated symptoms at the end of life. Dr. McPherson provides quarterly education through PharmSmarts, a newsletter read by all Seasons physicans and nurses to ensure education of cutting edge interventions for pain and symptom management. Two examples of the newsletters appears in Exhibit 5. The list below provides a glimpse of the topics.

```
Volume 11, Number 12: Please Help! The Itching Won't Go Away! Causes and Management of Pruritus

Volume 11, Number 11: Choosing Wisely! Ten Things Providers and Patients Should Question – Society for Post-
Acute and Long-Term Care medicine

Volume 11, Number 10: Medication Interactions! Why Can't We All Just Get Along?

Volume 11, Number 9: Difficult to Control Pain: And What a PAIN It Is!

Volume 11, Number 8: Choosing Wisely from the American Geriatrics Society: Ten Things Clinicians and Patients Should Question

Volume 11, Number 7: Opioid Conversion MISCalculations: Achieving Pain Relief Quickly AND Safely!

Volume 11, Number 6: Medication Administration by Enteral Feeding Tube

Volume 11, Number 5: What's the Skinny on Transdermal Fentanyl?

Volume 11, Number 4: Speed Dating with a Hospice Pharmacist!
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We Honor Veterans. Seasons Pierce County commits to serving veterans of the armed forces, as all Seasons hospice programs participate in the *We Honor Veterans* a program of the **National Hospice and Palliative Care Organization (NHPCO)** in collaboration with the Department of Veterans Affairs (VA). The program contains five progressive levels to train staff and volunteers on veteran-centric care, and provides outreach and educational materials.

To honor the veterans, a pinning ceremony occurs, that includes invited veterans to participate in acknowledging the honoree. One or more music therapists sing a hymn from the veteran's branch of military service. The photograph below shows a pinning ceremony.



Figure 4. In the photograph to the left, the honoree is Donald Reese, a World War II Veteran. He was awarded two bronze battle stars, a World War II Victory Ribbon, and two Presidential Unit Citations upon his return from Army service that included the years 1945 to 1947 in the famous Battle of the Bulge. Seasons pinning ceremony honors veterans in a special way.

**Palliative Care Program.** This program provides clinical symptom management for people living with an advanced illness and emotional support for their families and caregivers. This program treats all age groups, with a focus on the alleviation of symptoms to provide comfort care as well as meeting the emotional and spiritual needs of patients and families.

The program is different from hospice—

- Intervenes earlier in the disease process than hospice
- Does not require a six month prognosis
- Can be utilized with traditional curative care
- Can be accessed while the patient is undergoing rehabilitation at a skilled nursing facility
- Provides physician and nurse practitioner consultations whereas hospice includes an array of services such as 14-hour support from the interdisciplinary Hospice Care Team, as well as durable equipment.

This program is available to persons who are in hospitals, at home, in assisted living facilities, in long-term care facilities, oncology clinics, and outpatient offices.

Designated Caregiver Program. Hospice services rely upon having a designated caregiver within the home. Seasons Hospice expects that some persons will not have a designated person who can function as the primary caregiver, thus hospice makes appropriate arrangements so that their physical needs can be met. The hospice team leader identifies and directs safe and effective provision of hospice care in situations where the terminally ill patient requires assistance with self-care and skilled services. Care is provided in a location in accordance with the patient's wishes.

The procedure for meeting the need for a designated caregiver follows these steps.

The social worker completes a patient and family assessment. If the assessment results in a determination that the patient does not have caregiver to assist with care in the patient's home,

but the patient may be able to care for his or herself initially, the assessment also results in an estimate of time of independence, with follow ups to occur.

If the patient is initially unable to meet their own needs for self-care and symptom management, the Interdisciplinary Team will identify "lack of primary caregiver" as a problem. Interventions includes the following events.

- The plan and frequency for reassessment of the patient's need for care assistance.
- A Social Worker assessment of the patient's ability and desire to pay independently for hired care givers.
- A discussion of anticipated care needs with the patient and collaboration on a plan to meet those future needs.

As decline in functional ability develops with progressive disease, the care team in collaboration with the patient and family (if involved) evaluates the following options.

- Friends, neighbors, and community members as a potential future support network. The hospice team will provide support, management, teaching, oversight, and emergency intervention to this network if one is identified.
- Placement in a group home, public housing or shelter.
- Placement in a skilled facility.
- Continuous care if pain and symptoms are unmanageable by arranged caregiver support and the patient desires to remain at home.
- Placement in a general inpatient bed when pain and symptoms are unmanageable at home.

For all options, the patient makes the final decision.

**Death with Dignity** – **Physician Aid in Dying.** Seasons Pierce County implements Washington's Death with Dignity Act, working with patients, their families, and caregivers, to honor the patient's wishes. With affiliates in the states of Oregon, California, Colorado and New Jersey that enact similar provisions, a terminally ill patient can obtain legally accelerated physician assistance in dying.

As indicated in Seasons Pierce County's **policy number 2113**, found in **Exhibit 7**, Seasons team members discuss the provisions of the Death with Dignity Act and provide information about the Compassion and Choices Advocacy Group. With the patient's primary care physician, support exists for the patient and his or her family at the end of life, fulfilling the patient's last instructions. This support also includes staff present at bedside when the patient self-administers aid-in-dying medication. Through this policy Seasons Pierce County supports residents above and beyond other hospice programs that may not allow their physician to prescribe or for their staff to be at the bedside during ingestion. Additional information about how Seasons supports the state's Death with Dignity Act is appear in **Exhibit 7**.

Cultural Inclusion Council. Seasons Pierce County commits to serving patients and families from diverse backgrounds. The Cultural Inclusion Council (CIC) was founded out of a desire to honor and respect the diverse communities that Seasons serves, and to address the disparities in access to hospice and palliative care. The purpose is to consider the cultural values of all Seasons' patients, families, and staff, provide care that respects what is most important to each individual, improve the community understanding of hospice and palliative care, and educate staff to ensure that all needs are being met. The CIC's goals reinforce Seasons' priority of equitable care so all patients, no matter their race, gender, ethnicity, religion, sexual orientation, language, gender identity, or class, die comfortably, with dignity. The CIC acts as a resource to help Seasons Pierce County support the needs of a diverse patient population so that both patients and colleagues experience inclusion, sensitivity, feel honored and respected.

Patient & Family Resources Hub. Seasons Pierce County commits to supporting the greater community to understand hospice and palliative care, and gain access to resources and tools to help them navigate their hospice journey. Whether the community is interested in learning more about what to expect as they or a loved one nears end of life, understanding bereavement resources, learning how to interpret symptoms, or simply looking to know more about what Seasons provides, this hub of videos and articles are designed to help and inform. This online resource includes a 24-hour number where the community can speak directly to a team member for additional support.

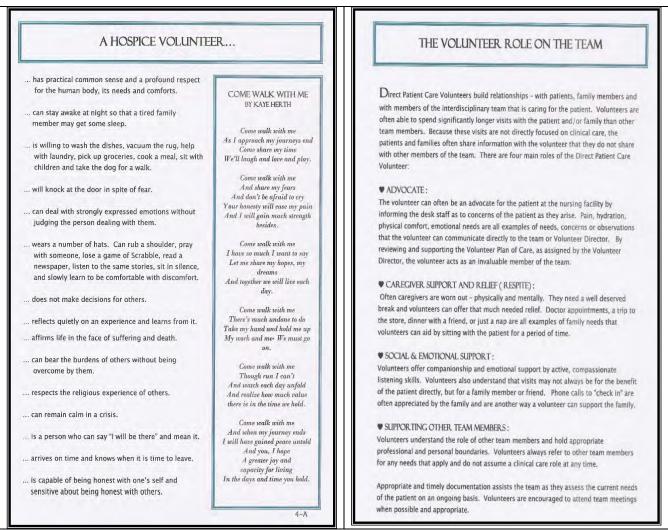
In summary, the services available from Seasons Pierce County rely upon a well-trained and dedicated workforce. To that effect, the result creates value to the community through job creation and continues with the engagement with professionals as well as individuals. Thus, the workforce includes the many volunteers who provide direct or indirect services that enhance patient care and supportive services.

## **Services Provided by Volunteers**

As a Seasons Pierce County volunteer, each individual possesses knowledge, skills and tools that meet or exceed standards in patient care and management.

Volunteers provide a range of services that augment hospice care and create for the patient and family a familiar expression of care and compassion. All volunteers receive training to equip them to become an active member of the care team that know what to expect and can provide appropriate responses. The figure below comes from the training manual for volunteers. **Federal participation standards require that a hospice provide volunteers in administrative or direct patient care at an amount that equals 5% of the total patient care hours of all paid hospice employees.** Seasons Pierce County possesses the capability to recruit and train volunteers to join the care teams as active participants.

Comprehensive training and education occurs to prepare the volunteer to engage with the patients and their families. Such volunteers provide an important service to the hospice and the patients they serve. Highly regarded within the hospice, the volunteer plays an active, ongoing role in the delivery of services to patients.



<u>Figure 5.</u> The excerpt expresses the contribution volunteers make and highlights the volunteer's roles and the importance to the hospice team

Pediatric volunteers, Vigil volunteers, and Bereavement volunteers are required to attend additional specialized training and orientation prior to service. In recruiting, training, educating, and providing supervised experiences, Seasons Pierce County administrative staff evaluate the programs to assure the program's credibility and applicability through engagement as follows.

- Provide appropriate orientation and on-going training that is consistent with acceptable standards of hospice practice; successful completion of training and orientation will be documented;
- Use volunteers in administrative or direct patient care roles;
- Keep the volunteer informed of a patient's condition and treatment to the extent necessary to carry out his/her function;
- Document active and ongoing efforts to recruit and retain volunteers;

- Document and maintain a volunteer staff sufficient to provide administrative or direct patient care in an amount that, at a minimum, equals 5% of the total patient care hours of all paid hospice;
- Document the cost savings achieved through the use of volunteers, including the following ones:
  - ✓ The identification of necessary positions which are occupied by Volunteers;
  - The work time spent by volunteers occupying those positions; and
  - Estimates of the dollar costs which Seasons Hospice would have incurred if paid employees occupied the identified positions.
- Document the expansion of care and services achieved through the use of volunteers, including the type of services and the time worked.

**Direct Patient Care Volunteer.** This type of volunteer is an integral member of the Hospice Interdisciplinary team, providing comfort, support, and/or practical assistance to hospice patients and their family members. Direct Patient Care Volunteers include: Adult Patient Care, Pediatric Care and Vigil Patient Care, and Bereavement Care in all settings including homes, nursing facilities, and Hospice House inpatient facilities.

Direct patient care volunteers meet requirements of training appearing below.

- Have the necessary qualifications and skills to provide the prescribed services; any
  volunteer functioning in a professional capacity shall meet the standards of the
  appropriate profession;
- Be aware of the patient's condition and treatment as indicated on the written plan of care;
- Provide services in accordance with the written plan of care which may include, but is not limited to providing support and companionship to the patient and family, caregiver relief, running errands, light chores, visiting, and bereavement services; and,
- Document their care on the appropriate form.

The active direct patient care volunteer completes 16 hours of training that covers the following topics.

- ✓ Active Listening and Reminiscing
- ✓ Self-Care and Setting Boundaries
- ✓ Family Dynamics
- ✓ Understanding Diseases
- ✓ Pain Management
- ✓ Approach Death

- ✓ Personal Death Awareness
- ✓ Spirituality & Culture
- ✓ Grief & Bereavement
- ✓ Personal Safety
- ✓ Emergency Preparedness
- ✓ Documentation

- ✓ Volunteer Policies
- ✓ Volunteer Resources

✓ Volunteer Vigil Program

When training concludes, the direct patient care volunteer achieves competency in the following areas of support:

- ✓ Emotional support
- ✓ Social interaction
- ✓ Supportive listening

- ✓ Spiritual support
- ✓ Companionship
- ✓ Respite and/or Practical Support

**Bereavement Program.** The services cover a variety of spiritual, emotional, religious, and interpersonal interactions for the purpose of easing grief, sharing with empathy, and assisting the bereaved with coping skills. Generally, the service or services may continue up to one year. Clergy may be involved as well as volunteers and staff with training and experience to provide counseling and comfort.

Based upon the community's needs, Seasons Pierce County has options that include hosting scheduled group meetings for those in grief to talk about their loss, the emotions they experience, and the feelings that they have. These include loneliness, isolation, lack of attention, and often, the friends who they miss because they may have stopped coming by or offering invitations. Another option is one-on-one interactions with trained volunteers or a professional, depending upon the issues that arise.

Seasons Pierce County also has **Camp Kangaroo**, a camp for children to assist them in their grief, and help them cope with the death of those close to them. As needed, Seasons Pierce County also has access to other programs through Seasons Hospice & Palliative Care that allow children to engage in healing ways that provide comfort to them.

Other bereavement programs offer options to those who recently experienced a death of a friend, spouse, or other family member, such as the *Friendly Visitor Bereavement Program* for low-risk bereaved clients who are coping well with the loss but who are lonely and socially withdrawn or isolated.

**Volunteer Vigil Program.** Vigil Volunteers are direct patient care volunteers that complete the core volunteer requirements, 6 months active patient care and expressed an interest in Vigil by signing a participation request. Vigil volunteers must be available to be called to service within their defined service area at a minimum of 2 hour shifts on a regular basis.

Volunteers provide their schedules of availability that informs the hospice of the hours of the day or night that they are willing to serve. Once enrolled, the volunteer receives a Self-Study Module that fits into the Volunteer Manual. Completion of the section Competency along with the Availability Grid allows the volunteer to serve as a Vigil Volunteers called to service.

**Spiritual Presence.** Direct patient care volunteers serve patients who need someone to simply be spiritually or religiously present beyond the spiritual counseling services of the hospice chaplain. Among the many important educational and training materials, volunteers add value. An

important component in the volunteer manual teaches recognition that intensions can for some produce anxiety and unintentional negative reactions. The training encapsulates the motto, **GIVE THE GIFT OF PRESENCE.** Aspects of the program include the following components.

- A true companion
- Are ready to concentrate
- Offer receptive silence
- Listen with no agenda
- Ask "cup-emptying" questions; that is, ask about the wisdom learned from this experience with death and dying—ask about the other persons discernment in this event of life
- Ask "virtue-reflection" questions; that is, ask questions that integrate thinking and feeling that provoke how the individual will become aware of and find the inner strength to solve the situation within
- Give acknowledgement of each person's attempt at discernment and resolve

The training and content reflect the experience of the Reverend Ms. Linda Siddall, Chaplain of Mission Hospice and Home Care. The program reflects nondenominational content. What many dying persons and family members want is expressed by a woman in hospice with a terminally ill son, dying from brain cancer, when asked what she needed most she responded that she wanted people who, "...would just come and sit, let me talk if I needed to, or cry. Sometimes they would play a game with Jason, and they brought food."

From this person's deep need grew this program and emphasis where volunteers truly make a difference. In this program, volunteers recognize and become:

**Circle of Care Volunteers**. This program provides volunteers who call home care patients weekly to check in with them to ensure they have all of their needs met and assess patients who need additional hospice team members' visits beyond what was originally assessed.

**Loyal Friends Pet Team**. The Volunteer Coordinator oversees the pet therapy program. Volunteers with certified pet therapy animals provide comfort as well as interaction. Enrichment and palliation result from interaction with pets. Scheduled pet visits by therapy dogs and handlers are noted in the plan of care. Often, patients and their families request this service, with the animals showing that they are true professionals. Animals provide distraction, unconditional acceptance, and companionship, especially when a quiet atmosphere is needed for the patient. When live animals are contraindicated or not available, Seasons will use PARO, the robotic therapeutic seal. Research with PARO and the elderly conclude that patients who interacted with PARO required less medications for anxiety and reported a higher quality of life. The video link provides a short explanation:

https://www.youtube.com/watch?v=PAJ2GxzaJtQ.

**Indirect Patient Care Volunteer.** This type of volunteer is an integral member of the hospice team, providing administrative assistance or special projects that enhance the work of the in-house staff and supports patients, families, and the efforts of the teams in the field. Indirect Care Volunteers include Office Volunteers and Special Project Volunteers. Important activities include examples of the following tasks.

- ✓ Assistance with mailings—answering phones—filing
- ✓ Putting together Sign-Up, Nursing Assessment, or Marketing packets
- ✓ Computer input searches
- Copying and shredding documents
- Assisting in tasks identified by individual needs of staff members

For those volunteers on special projects, the volunteers use their skills to make a difference in the lives of patients and families and staff, such as sewing blankets, creating databases, painting walls or making signs. Special project volunteers successfully complete the interview process and basic orientation program that includes, but is not limited to the following components.

- ✓ Assuring the confidentiality of patients and their medical records and family matters
- ✓ The history of hospice and the specific hospice in which they volunteer
- ✓ Role of the Volunteer with instruction for specific tasks as applicable to projects including equipment operation
- ✓ Infection Control, HIPPA requirements, and Safety regulations

### **Services Provided by Contracted Professionals**

Seasons Pierce County contracts for a medical director. In addition, most therapies including the professionals in the areas of speech, occupational, respiratory, and physical therapy—are contractors, provided to patients when needed pursuant to services identified in the individual patient's plan of care. Other professionals, such as massage therapy, also are a contracted service.

The hospice retains professional, financial, and administrative responsibility for contracted services. Seasons Pierce County ensures that employees provide the core services. Sometimes, contract staff supplement employees in order to meet the needs of patients during periods of peak patient loads or under unforeseen circumstances. Such use includes documentation.

- 1. Seasons Pierce County provides orientation to hospice care for employees of contracting agencies.
- 2. Seasons Pierce County provides certain services through contractual agreements, when approved by the Interdisciplinary Team. These may include, but not be limited to inpatient general care for symptom management and medicinal management, inpatient respite to relieve caregivers, non-core counseling services for psycho-social assistance in personal reactions, and therapies that include physical, speech, occupation and respiratory therapies. Massage therapy, art therapy, and other palliative services may occur in a plan of care specifying a contract.
- 3. Seasons Pierce County takes responsibility for the continuity of patient and family care between the home, outpatient, and inpatient settings from admission to discharge.
- 4. Seasons Pierce County enters into legally binding written agreements with the providers of contracted services which will include at least the following:

- Identification and availability of the services to be provided;
- An expectation for documentation regarding the services that are provided;
- A stipulation that services may be provided only with the authorization of the hospice in accordance with the physicians' orders and as directed by the hospice plan of care;
- The manner in which the contracted services are coordinated, supervised and evaluated by the hospice;
- The delineation of the role(s) of the hospice and the contractor in the admission process, patient/family assessment, the interdisciplinary team meetings, the interdisciplinary plan of care, and the on-going provision of palliative and supportive care;
- Requirements for documenting that services are furnished in accordance with the agreement;
- The qualifications of the personnel providing the services including verification of licensure, certification or registration when applicable;
- The financial arrangements and charges, including donated services;
- The period of time the contract is to be in effect;
- The party responsible for implementation of the provisions of the contract; and,
- The signature (and date) of the Executive Director or designee and the duly authorized official of the agency providing the contractual services.
- The following provisions also apply.
- Seasons Pierce County retains financial responsibility for payment of all services related to the terminal illness.
- Employees of an agency providing a contractual service shall not seek or accept reimbursement in addition to that due the agency for the actual service delivered.
- All contracts shall prohibit the sharing of fees between a referring agency or an individual and the hospice.
- Seasons Pierce County will not charge fees for services normally provided directly by the hospice care team but currently being provided by contractual services.
- Seasons Pierce County will review and/or revise all contracts annually and will evaluate the contracted care, treatment, and services to determine whether they are being provided according to the contract and the level of safety and quality that Seasons Hospice expects.
- For Joint Commission accredited sites, services provided by consultation, contractual arrangements, or other agreements will meet applicable Joint Commission standards.
- 8. If this application proposes expanding an existing hospice agency, provide the county(ies) already served by the applicant and identify whether Medicare and Medicaid services are provided in the existing county(ies).

This criterion is not applicable. The applicant entity does not own, operate or manage and existing hospice agency.

9. If this application proposes expanding the service area of an existing hospice agency, clarify if the proposed services identified above are consistent with the existing services provided by the agency in other planning areas.

This criterion is not applicable. The applicant entity does not own, operate or manage and existing hospice agency.

## 10. Provide a general description of the types of patients to be served by the agency at project completion (e.g. age range, diagnoses, special populations, etc.)

Seasons Pierce County strives to identify sectors of the population with the greatest needs or those with apparent access issues or that choose hospice less frequently that other demographics. In this way Seasons Pierce County fills gaps in service to increase hospice utilization overall throughout the planning area with minimal impact on existing providers and health systems. By establishing relationships with providers and community organizations, underserved groups are educated about the benefits of hospice care and access barriers are broken down.

The target population to be served are those persons who have one year or less to live as determined by a physician. All ages will be served, including pediatrics. The World Health Organization (WHO) compiles lists of age-adjusted death rates for the conditions with the highest rates. For the United States, WHO uses the information from the Centers for Disease Control and Prevention (CDC). The leading causes of death for Pierce County and their corresponding rates appear in the table below. Of the top 15 causes of death, the table excludes Accidents (rank 6), Suicide (rank 8), Influenza/Pneumonia (rank 9), and homicide (rank 15), as they are not appropriate for hospice care. The detailed information from WHO appears in Exhibit 8. The exhibit also includes additional supporting information on national death rates, HIV/AIDS, and Parkinson's disease. Cancer diagnoses reflect the majority of patients enrolled in hospice is the second leading cause of death behind heart disease in Pierce County and the U.S., with cancer ranking first in the State.

Table 1
World Health Organization (WHO) Age-Adjusted Death Rates for Selected Causes
Pierce County, Washington and the United States

Cause of Death	Pierce County	Washington	United States
Heart Disease	190.67	135.40	163.61
Cancer	181.66	145.25	149.11
Stroke	50.93	34.10	37.07
Lung Disease	50.24	34.50	39.71
Alzheimer's Disease	41.84	45.24	30.52
Diabetes	25.53	20.39	21.36
Liver Disease	10.64	11.34	11.05
Parkinson's Disease	8.18	8.66	8.66
Hypertension/Renal	7.79	8.38	8.91
<b>Blood Poisoning</b>	7.75	6.53	10.25
Nephritis/Kidney	6.47	4.82	12.92

https://www.worldlifeexpectancy.com

As the information in the table above shows for Pierce County, the age adjusted death rate for the top four causes of death are markedly higher than for the state or the nation. The leading cause of death, Heart Disease, occurs at a rate of 190.67 per 100,000 persons, compared to Washington State at 135.40 per 100,000 and the nation at 163.61 per 100,000. Likewise, Cancer, the second leading cause of death for Pierce County, occurs at a rate of 181.66 per 100,000, but represents 145.25 per 100,000 persons for Washington. Stroke and Lung disease, the third and fourth ranked causes of death, respectively, show similar disparity in occurrence for Pierce County when compared to Washington and the nation. The death rates shown above inform the types of patients that Seasons Pierce County can expect to enroll in hospice care. Thus, Seasons Pierce County's Open Access, Cardiac Care, Music Therapy, and Namaste Care programs provide the hospice team members the capability to address the specific needs of persons at end of life in Pierce County.

The advances in medical treatment for persons with HIV/AIDS extends their lives, with the rate of death for that group lower than in the past. Consulting the Department of Health's **Washington State HIV Surveillance Report, 2020 Edition,** the HIV cases per 100,000 has dropped over the past decade, from 7.2 per 100,000 in 2010 to 5.4 per 100,000 in 2019. However, with 52 new HIV cases reported in Pierce County in 2019, the county ranks second in the state behind King County for having the most cases. The county's rate per 100,000 is 5.9, just above the state average at 5.4. For 2019 there were 1,534 residents of Pierce County living with HIV, representing 11% of the state's 13,710 cases. Persons living with HIV/AIDS represent all races and ethnicities, but rates are higher for the Black population and Foreign-born citizens, and minorities are less likely to be engaged in care. Furthermore, while 75% have initial linkage to HIV care in Pierce County, 27% (14 persons in 2019) are diagnosed late in the progression of the disease. A copy of the report appears in **Exhibit 9.** 

Seasons Pierce County has a variety of programs and services and training necessary to deliver care to a wide range of patients with competence and sensitivity.

Seasons Hospice & Palliative Care of Pierce County Washington, LLC commits to the following under-served populations described below in detail.

- The Homeless
- Minority populations, including Asians, African-Americans, Hispanics and LGBT community
- Children
- The elderly, including those residing in Nursing Homes and Assisted Living Facilities
- Residents with Alzheimer's Disease

## **\*** Commitment to Serving the Homeless

Homeless do not have access to healthcare "on the street" and have shorter life spans than the general population due to environmental exposure. Many are known to suffer from mental illness and addiction, further shortening life span. For every age group, homeless persons are three times more likely to die than the general population.

Research has shown that individuals experiencing homelessness have greater morbidity and mortality rates than the general population and experience more comorbidities than their housed counterparts. When compared to non-homeless populations, individuals experiencing homelessness face a multitude of complex health and social issues that are often integrated with past, present, and daily trauma that impact these individuals' prioritization and decision-making efforts. <sup>1</sup>

The insert (below) from the National Health Care for the Homeless Council, indicates that the average age of death of homeless persons is about 50 years, but the risk of death on the streets is only moderately affected by substance abuse or mental illness. Physical health conditions similar to those of the general population, such as heart problems or cancer, are more likely to lead to an early death. The homeless are also more likely to die of HIV.

According to the January 2020 Washington State Point-in-Time (PIT) Count of Persons Experiencing Homelessness, 22,923 are homeless, of which 1,897 or 8.3% are in Pierce County. In fact, Pierce County has the second largest number of homeless persons in the state. The trend data of PIT counts appears below. Although Pierce County experienced a total increase in homelessness of 8% over the 5-year period, compared to the state at 10%, homelessness jumped 28% in 2020 over the year previous in Pierce, compared to only 6% for the state. According to the 2018 Annual Report – Homelessness in WA State, Washington has the fifth highest prevalence of homelessness in the nation, with the count of unsheltered people increasing each year. In the wake of the COVID-19 pandemic and increasing unemployment, homelessness is expected to rise. Research articles on homelessness are found in **Exhibit 10**.

Homeless Persons' Memorial Day, 2006

## The Hard, Cold Facts About the Deaths of Homeless People

Information from the National Health Care for the Homeless Council

Homelessness dramatically elevates one's risk of illness, injury and death.

For every age group, homeless persons are three times more likely to die than the general population. Middle-aged homeless men and young homeless women are at particularly increased risk.<sup>1</sup>

The average age of death of homeless persons is about 50 years, the age at which Americans commonly died in 1900.<sup>2</sup> Today, non-homeless Americans can expect to live to age 78.<sup>3</sup>

Homeless people suffer the same illnesses experienced by people with homes, but at rates three to six times higher. This includes potentially lethal communicable diseases such as HIV/AIDS, tuberculosis and influenza, as well as cancer, heart disease, diabetes and hypertension.

Homeless persons die from illnesses that can be treated or prevented. Crowded, poorly-ventilated living conditions, found in many shelters, promote the spread of communicable diseases. Research shows that risk of death on the streets is only moderately affected by substance abuse or mental illness, which must also be understood as health problems. *Physical* health conditions such as heart problems or cancer are more likely to lead to an early death for homeless persons. The difficulty getting rest, maintaining medications, eating well, staying clean and staying warm prolong and exacerbate illnesses, sometimes to the point where they are life threatening.

O'Connell, Jim, MD. Premature Mortality in Homeless Populations: A Review of the Literature Nashville: National Health Care for the Homeless Council, December 2005. p.13. http://www.nhchc.org/PrematureMortalityFinal.pdf
O'Connell, p. 13.

<sup>&</sup>lt;sup>3</sup> National Center for Health Statistics, at http://www.cdc.gov/nchs/fastats/lifexpec.htm
<sup>4</sup> Wright JD. "Poor People, Poor Health: The health status of the homeless." In Brickner PW, Scharer LK, Conanan BA, Savarese M, Scanlan BC. Under the Safety Net: The Health and Social Welfare of the Homeless in the United States. New York: WW Norton & Co., 1990: 15–31.

<sup>&</sup>lt;sup>1</sup> Suicide and Homelessness, Data Trends in Suicide and Mental Health Among Homeless Populations, National Health Care for the Homeless Council Fact Sheet, May 2018

Table 2
Point in Time Counts, 5-Year Trend, Pierce County and Washington State

	2016	2017	2018	2019	2020
Pierce County Total Homeless	1,762	1,321	1,628	1,486	1,897
Pierce County Population	844,490	859,400	872,220	888,300	900,700
Pierce Homeless per 100,000	209	154	187	167	211
Washington County Total Homeless	20,844	21,112	22,304	21,621	22,923
Washington County Population	7,183,700	7,310,300	7,427,570	7,546,410	7,656,200
Washington Homeless per 100,000	290	289	300	287	299

Source: <a href="www.commerce.wa.gov/serving-communities/homelessness/annual-point-time-count/">www.commerce.wa.gov/serving-communities/homelessness/annual-point-time-count/</a>
Population estimates are from OFM April 1, 2020 estimates of Cities, Towns and Counties (See Exhibit 10 for the most recent 2020 PIT Count data.)

Of the total 1,897 homeless in Pierce County, only 983 or 52% are sheltered, 646 or 34% are chronically homeless (continuously homeless for a year of more), and 162 or 8.5% are veterans. The large number of homeless individuals represents a vulnerable population in need of health services, including end of life care, and the number is rising.

With the second largest number of homeless persons in the state, Pierce County needs assistance in caring for those without shelter. If approved, Seasons Pierce County commits funding to help identify terminally ill homeless persons and assure that they have appropriate shelter and hospice care. Through the Seasons Foundation, contributions of over \$4.5 million annually in charity care, touch lives by realizing hopes and dreams of individuals on hospice care.

Seasons Hospice & Palliative Care of Pierce County Washington, LLC will donate funds each year, beginning with \$12,500 the first year of operation, to Seasons Hospice Foundation restricted to Pierce County programs that directly serve homeless persons. Seasons Pierce County increases funding for the homeless to \$25,000 in year two and \$50,000 in year three. Seasons Hospice Foundation honors Seasons' *No One Dies Alone* policy and provides funds for housing the homeless in Pierce County, including those suffering from a terminal illness.

## **\*** Commitment to Serving Minority Populations

To promote diversity with its *Inclusion Initiative*, Seasons Hospice & Palliative Care of Pierce County Washington, LLC commits creating a seven member diversity council (Refer to Exhibit 11). The composition of the council includes an African American board member, a Hispanic board member, an Asian board member, and an advocate from the LGBT community, with the remaining three members selected by the initial four members.

As an advisory body, the diversity council provides Seasons Pierce County with guidance as to best ways to engage with minorities, the information and referral materials to provide, and keyinformant information regarding introducing hospice and providing hospice services.

With respect to the LGBT (Lesbian, Gay, Bisexual and Transgender) community, all Seasons hospice programs seek platinum level of distinction in serving LGBT seniors, with *SAGE Care certification*. SAGE, Services and Advocacy for GLBT Seniors, a national organization, credentials agencies that train staff to be culturally competent in the care of LGBT seniors.



This minority group often receives negative reactions and offensive interactions from members of the public as well as providers of services. Such offenses result in some members of the LGBT community foregoing hospice services based on applied stigmas. As Seasons Pierce County acts on the mandate, *No one dies alone*, the result assures access and availability of hospice care to LGBT community's members. Seasons Pierce County intends to apply for SAGE Care certification to further expand the numbers of Seasons hospices having that certification.

As shown in the table below, the total population of Pierce County grows at an annual rate of 1.2%, adding 58,949 persons over the next five years. The white race represents 69.8% of the population with 642,254 persons, with the proportion of whites decreasing to 67.7% of the total population by 2026. In contrast, the minority populations have higher compound annual growth rates and proportionately increase by 2026. Hispanics reflect the largest single minority group, with 110,540 persons representing 12.0% of the population, followed by African Americans with 68,814 (7.5% of total), and Asians with 63,743 (6.9% of total). All minority groups with the exception of Native Indian/Alaskans are expected to increase by at least 2% per year over the next five years, resulting in total five-year growth rates exceeding 18% for Hispanics, 10% for African Americans, 13% for Asians, and 17% Hawaiian/Pacific Islanders. Persons identifying with more than one race account for over 75,000 persons and will increase by 2.7% per year. The table that follows shows the composition of the county.

Table 3
Racial and Ethnic Composition of Pierce County Residents for Years 2021 and 2026

	<b>Total 2021</b>		<b>Total 2026</b>		Compound Annual	
Race Category	Population	Percent	Population	Percent	<b>Growth Rate</b>	Increase
White	642,254	69.8%	663,129	67.7%	0.6%	20,875
Black/African	68,814	7.5%	76,335	7.8%	2.1%	7,521
Asian	63,743	6.9%	72,151	7.4%	2.5%	8,408
Hawaiian/Pacific	15,831	1.7%	18,612	1.9%	3.3%	2,781
Indian/Alaskan	13,276	1.4%	14,460	1.5%	1.7%	1,184
Other Races	41,731	4.5%	49,086	5.0%	3.3%	7,355
Two or more Races	75,081	8.2%	85,906	8.8%	2.7%	10,825
Total	920,730	100.0%	979,679	100.0%	1.2%	58,949
Ethnic Category						
Hispanic	110,540	12.0%	130,580	13.3%	3.4%	20,040

Data provided by Claritas, LLC, (<a href="https://www.claritas.com/">https://www.claritas.com/</a>) **Pop-Facts Demographics Select**, DATA-DEMO-PFSE-ZIP, DATA-DEMO-PFSE-CTY, and DATA-DEMO-PFSE providing, age cohorts, race and ethnic categories by county and Zip Code for Washington for available projection period 2021 to 2026.

The demographic profile of Pierce County reflects diversity, and this diversity adds incentives to meet their needs, particularly with end of life care. Seasons Pierce County's diversity council taps into the growth trend and prepares to engage minorities to know how to best address concerns and meet their needs.

Seasons Palliative Care of China was formed in 2018 to expand end of life care in Mainland China. With Chinese teams and expertise in Seasons' US-based programs, leveraging palliative care to China was a natural progression in the extension of these much-needed services. This is the only Western Hospice operating in Mainland China, with a 20-bed inpatient center in Shanghai.

Several U.S. based Seasons hospice programs located on the west coast, including operations in Oregon and seven locations in California, also serve large Asian populations. Because *Seasons is an industry leader in serving Asian populations*, they are well positioned to meet the needs of the Asia-Pacific Community residing in Pierce County.

### **Commitment to Serving Children**

Table 4, below, shows that over 16% of pediatric deaths in Washington State in 2018 occur in Pierce County, up from 14% in 2015, the baseline for which cause of death is known. By excluding sudden and external causes of death, an "expected" death rate is calculated for 2015, representing 22.1% of deaths for children from birth to age 19 for the state. This rate is applied to the 2018 deaths, resulting in an estimate of 29 pediatric deaths in Pierce County that may benefit from hospice and palliative care.

Table 4
Child Deaths and Estimate of Expected Deaths, 2015 Baseline and 2018

		2015	Deaths	by Age	)
2015 Baseline	<1	1-4	5-14	15-19	Total
Pierce Deaths	62	5	18	29	114
WA Deaths	431	79	107	194	811
	Sel	ected	Washir	gton De	eaths
		by (	Cause a	nd Age	
Cause of Death*	<1	1-4	5-14	15-19	Total
Malignant Neoplasms (C00-C97)	0	14	21	13	48
Congenital Anomalies (Q00-Q99)	109	4	5	0	118
Cerebrovascular Diseases (I60-I69)	0	2	0	0	2
Diseases of the Heart (I00-					
I09,I11,I13,I20-I51)	0	0	5	6	11
WA Expected Deaths	109	20	31	19	179

Table continued on the next page...

# Table 4 Child Deaths and Estimate of Expected Deaths, 2015 Baseline and 2018, Continued

### 2018 Deaths by Age and Expected Child Deaths

	0-1	1-4	5-9	10-14	15-17	18-19	Total	Estimated Expected Deaths
PierceDeaths	73	14	8	10	12	15	132	29
WA Deaths	401	63	45	64	102	130	805	<i>178</i>

<sup>\*</sup>Excludes assault, Sudden Infant Death Syndrome, Short Gestation & Low Birth Weight, Maternal Complications, intentional self-harm, unintentional injury & other causes.

Source: https://www.doh.wa.gov/DataandStatisticalReports/HealthStatistics/Death/DeathTablesbyTopic,

Mortality Table A9, Age Group by County of Residents, 2015; Mortality Table C3, Leading Causes by Age Group and Sex for Residents, 2015; (See Exhibit 8 for Mortality Tables.)

2018 Deaths come from <a href="https://www.doh.wa.gov/DataandStatisticalReports/HealthDataVisualization/MortalityDashboards">https://www.doh.wa.gov/DataandStatisticalReports/HealthDataVisualization/MortalityDashboards</a>

While the number of deaths is relatively small, the impact on a family having a terminally ill child is significant, and Seasons Pierce County's pediatric program, *Kangaroo Kids Pediatric Hospice & Palliative Care*, offers a choice to residents over existing hospice providers.

The Kangaroo Kids Program, described previously, provides palliative and end of life care to terminally ill children. The pediatric care team provides direct care to the pediatric patient, teaches the parents how to provide care at home, the regimen of care, and schedule for medicines and other services.

Seasons Pierce County, through Seasons Hospice & Palliative Care, can call upon the *Make a Wish Foundation* and other dream-granting agencies as necessary to provide end of life care to children in cooperation with the parents and extended family. This program coordinates support to parents while providing compassionate care for the terminally ill children. In addition, the Seasons Hospice Foundation fulfills wishes as well as emergent needs for pediatrics in the Kangaroo Kids program. Care for the surviving children (such as siblings) continues through bereavement with developmentally-appropriate grief support and children's bereavement camps through *Camp Kangaroo*.

# **\*** Commitment to Serving the Elderly in Nursing Homes and Assisted Living Facilities

Seasons Pierce County reaches persons in nursing homes and assisted living facilities. Hospice services for persons in long-term care settings provides personalized care that augments the care that facility staff provide. Seasons' national hospice experience reflects efforts to engage terminally ill elders with results based upon the approach of becoming a partner in care with the staff in long term care settings.

Looking at the most recent available calendar year, 2019 (in **Table 5**, below), overall experience of all Seasons hospice programs indicate approximately 10% of admissions arise from persons whose home is an assisted living facility and another 17% arise from persons in a nursing

home program of long term care. Overall, 28% of total admissions are elders in supportive long term care residences.

The enrollment of elders in nursing homes and assisted living facilities requires the employees possess the skills to augment the facilities' staff with that of the hospice care team, and together, enhance rather than duplicate services at end of life. Seasons Pierce County's **Partners in Care** program (discussed previously) makes available education and training for the personnel within the facilities. The purpose sets expectations, assigns responsibility and accountability, provides active liaison with the hospice care team, and establishes respect of the facilities' caregivers. Both the facility staff and that of the care team adopt the same care plan and goals

Table 5									
National Seasons Admissions by Location									
2019									
Location	Admissions	Percent							
ALF	2,844	10.3%							
Home	9,409	34.2%							
Hospital	3,963	14.4%							
Inpt. Hospice Facility	6,513	23.7%							
NH LTC	4,520	16.4%							
SNF	208	0.8%							
Other	26	0.1%							
Total 27,483 100.0%									
Source: Seasons Hospic	e & Palliative Ca	re							
Enterprise data by year a	and location.	Enterprise data by year and location.							

for the resident, and the care team relies upon the facility staff to advise, confirm, acknowledge and share information about the resident and his or her family's wishes. Therefore, continuity of care exists, improving quality of care for residents, and increasing future hospice referrals from long term care provider.

## **Commitment to Serving Residents with Alzheimer's Disease and Dementia**

Related to the ability to reach persons in nursing and assisted living facilities is to address Alzheimer's disease and the progression of it to provide responsive and compassionate care at end of life. Alzheimer's disease ranks among the top 5 causes of death, and is higher for Pierce County, with an age adjusted death rate of 41.84 per 100,000 persons, than the national average of 30.52 deaths per 100,000 persons.<sup>2</sup>

Seasons Pierce County's commitment to the subgroup of persons with Alzheimer's disease is supported by the Namaste Care program (described in detail previously with all programs). Developed by internationally recognized dementia expert Joyce Simard, MSW, the program is specifically designed for persons with the advanced stages of dementia and other neurological illness. With approval of Seasons Pierce County, access improves for residents with Alzheimer's disease and dementia.

As a hospice provider, Seasons Pierce County expects to serve all persons with a medically determined terminal diagnosis of one year or less to live.<sup>3</sup> Outreach efforts to religious groups,

<sup>&</sup>lt;sup>2</sup> Data come from <a href="https://www.worldlifeexpectancy.com">https://www.worldlifeexpectancy.com</a>, from the World Health Organization and reflects reported deaths by state and county as reported to the Centers for Disease Control and Prevention. Reproduction of the rates by county in the state of Washington appear within this document as <a href="Exhibit 10">Exhibit 10</a>.

<sup>&</sup>lt;sup>3</sup> Medicare requires six months or less to live for hospice eligibility. Private insurance may allow one year or less to live to be eligible for hospice coverage.

community organizations, and the medical community forms a community network, connecting terminally ill area residents to the hospice benefit.

Recall that in the foregoing narrative description, the applicant made commitments for the homeless, minority populations that include African-Americans, Hispanics, Asians, and LGBT persons, persons residing in nursing homes and assisted living facilities, those with Alzheimer's disease, and children. Persons in these groups are expected to experience the same age-adjusted death rates per 100,000 persons in Pierce County appearing in Table 1, Page 32, above. Therefore, the following forecast incorporates all potential residents in these groups.

Further information regarding patient admissions, average daily census and average length of stay appear in an the upcoming section within the financial requirements

11. Provide a copy of the letter of intent that was already submitted according to WAC 246-310-080 and WAC 246-310-290(3).

A copy of the letter of intent is included in **Exhibit 12**.

12. Confirm that the agency will be licensed and certified by Medicare and Medicaid. If this application proposes the expansion of an existing agency, provide the existing agency's license number and Medicare and Medicaid numbers.

Seasons Hospice Pierce County Washington intends to enroll as a provider in both Titles XVIII and XIX of the Social Security Act to attain Medicare and Medicaid certification.

13. Identify whether this agency will seek accreditation. If yes, identify the accrediting body.

Subsequent to licensure, Seasons Pierce County intends to obtain accreditation from The Joint Commission as an accredited hospice agency.

## III. CERTIFICATE OF NEED REVIEW CRITERIA

## A. Need (WAC 246-310-210)

1. For existing agencies, using the table below, provide the hospice agency's historical utilization broken down by county for the last three full calendar years. Add additional tables as needed.

This criterion is not applicable. The applicant does not own, operate or manage and existing hospice agency.

2. Provide the projected utilization for the proposed agency for the first three full years of operation. For existing agencies, also provide the intervening years between historical and projected. Include all assumptions used to make these projections.

The forecast below for Seasons Pierce County is consistent with most recent need methodology produced by the Department of Health. The Financial forecast and visit estimates use Seasons Hospice & Palliative Care of Oregon as a proxy, having similar programs and services as the proposed project, and a location with multiple hospice providers and similar population size and demographics as Pierce County. Demographic data comparing Pierce County with Multnomah County, Oregon and the Oregon Service Area is provided in **Exhibit 13**.

Table 6
Seasons Pierce County Forecast, First Three Years

	Partial Year	Year 1	Year 2	Year 3
Pierce County	7/22-12/22	CY 2023	CY 2024	CY 2025
Total number of admissions	59	109	210	300
Total number of visits	1,759	3,277	6,312	8,994
Projected number of visits/patient	30	30	30	30
Patient Days	2,345	6,007	13,184	18,786
Average Length of Stay	40.00	55.00	62.66	62.66
Average Daily Census	13	16	36	51

Note: Visits per patient are based on CMS 2018 Public Use File for Hospice programs operating in Washington (833,154 total visits and 27,490 total patients/beneficiaries).

A step by step methodology of the utilization projections is provided below.

### **Step 1: Calculate Statewide Hospice Use Rates**

In accordance with WAC 246-310-290(8)(a) and consistent with the October 30, 2020 published need methodology, statewide hospice use rates for patients age 0-64 and for age 65 and over are calculated by dividing the most recent three year average number of unduplicated hospice admissions by the three year average number of deaths. The data and resulting use rates are shown below.

Table 7
Washington Hospice Admissions and Deaths
Calculation of 3-Year Average and Resulting Hospice Use Rates by Age Cohort

WA Hospice Admissions	2017	2018	2019	Average	WA Use Rates
0-64	3,757	4,114	3,699	3,857	27.41%
65+	26,365	26,207	26,017	26,196	60.52%
Total	30,122	30,321	29,716	30,053	52.40%
WA Deaths	2017	2018	2019	Average	
0-64	14,113	14,055	14,047	14,072	
65+	42,918	42,773	44,159	43,283	
Total	57,031	56,828	58,206	57,355	

Source: Washington Department of Health 2020-2021 Hospice Numerical Need Methodology, posted October 30, 2020.

## **Step 2: Calculate the 3-Year Average Deaths for Pierce County**

In accordance with WAC 246-310-290(8)(b) and consistent with the October 30, 2020 published need methodology, the 3-year average number of deaths for Pierce County is computed for residents age 0-64 and those age 65 and over. The most recent three years' deaths and resulting averages by age cohort are shown below.

Table 8
Pierce County 3-Year Average Deaths by Age Cohort

<b>Pierce Deaths</b>	2017	2018	2019	Average
0-64	1,936	1,964	1,911	1,937
65+	5,019	4,926	5,002	4,982
Total	6,955	6,890	6,913	6,919

Source: Washington Department of Health 2020-2021 Hospice Numerical Need Methodology, posted October 30, 2020.

### Step 3: Calculate Projected Hospice Patients for Pierce County by Age Cohort

In accordance with WAC 246-310-290(8)(e) and consistent with the October 30, 2020 published need methodology, the 3-year average number of deaths for Pierce County is multiplied by the statewide hospice use rate for residents age 0-64 and those age 65 and over to project the number of expected hospice patients. The data is shown below.

Table 9
Pierce County 3-Year Average Deaths and Projected Hospice Patients by Age Cohort

	Average	WA	Projected
Age	Deaths	Use Rate	Patients
0-64	1,937	27.41%	531
65+	4,982	60.52%	3,015
Total	6,919	52.40%	3,546

Source: Washington Department of Health 2020-2021 Hospice Numerical Need Methodology, posted October 30, 2020.

# Step 4: Calculate Pierce County Use Rate by Age Cohort and Projected Hospice Volume Through 2025

In accordance with WAC 246-310-290(8)(d) and consistent with the October 30, 2020 published need methodology, the 3-year average number of deaths for Pierce County is multiplied by the statewide hospice use rate for residents age 0-64 and those age 65 and over to project the number of expected hospice patients. The data is shown below.

Table 10
Calculation of Pierce County Use Rate (Hospice Patients to 3-Year Average Population) by
Age Cohort and Resulting Hospice Volume for Projected years 2020 through 2025

Resident/ Patient Age	Projected Patients	2017 Population	2018 Population	2019 Population	3-Year Ave. Population	Pierce Use Rate
0-64	531	738,738	747,538	756,339	747,538	0.00071
65+	3,015	119,836	125,262	130,688	125,262	0.02407
Total	3,546	858,574	872,800	887,027	872,800	0.00406
Resident/		PROJECTI	ED POPULA	ΓΙΟΝ, PIERO	CE COUNTY	
Patient Age	2020	2021	2022	2023	2024	2025
0-64	765,139	769,918	774,696	779,475	784,253	789,032
65+	136,114	142,422	148,729	155,037	161,344	167,652
Total	901,253	912,340	923,425	934,512	945,597	956,684
Resident/		PRO	)JECTED H(	OSPICE VOL	UME	
Patient Age	2020	2021	2022	2023	2024	2025
0-64	543	547	550	554	557	560
65+	3,277	3,429	3,580	3,732	3,884	4,036
Total	3,820	3,975	4,131	4,286	4,441	4,596

Source: Washington Department of Health 2020-2021 Hospice Numerical Need Methodology, posted October 30, 2020.

Step 5: Calculate the 3-Year Average Hospice Capacity for Pierce County, Then
Subtract the Current Capacity From the Total Projected Volume in Step 4 to Determine Need
Through 2025.

In accordance with WAC 246-310-290(8)(e), the current supply is calculated as the 3-year average hospice admissions for Pierce County. That number is then subtracted from the projected volume in Step 4 to determine the unmet need for hospice admissions.

Hospice admissions by provider are shown in the following table. With the above adjustments, the 3-year average total hospice admissions for Pierce County is 3,740 as published.

	2017	2018	2019	3-Year Ave.
Current Volume	3,775	3,718	3,726	3,740

Table 11
Pierce County Hospice Admissions by Agency, Most Recent Three Years

	2017 Admissions		2018 Admissions			2019 Admissions			
Hospice Agency	0-64	65+	Total	0-64	65+	Total	0-64	65+	Total
Franciscan Hospice	181	2,242	2,423	331	2,110	2,441	364	2,236	2,600
Kaiser Permanente HH & Hospice (Group Health)	27	189	216	35	198	233	25	176	201
MultiCare Home Health, Hospice & Palliative Care	211	925	1,136	177	867	1,044	167	758	925
Total	419	3,356	3,775	543	3,175	3,718	556	3,170	3,726

Source: Washington Department of Health 2020-2021 Hospice Numerical Need Methodology, posted October 30, 2020.

The 3-year average of 3,740 is then subtracted from the total projected hospice volume for Pierce in Step 4 (Table 10) to project unmet need (admissions). The forecast is expanded beyond the published 2022 need to 2025, the projected third full calendar year of the project.

Table 12
Pierce County Projected Unmet Need Admissions, Years 2020 Through 2025

	2020	2021	2022	2023	2024	2025
Projected Hospice Volume	3,820	3,975	4,131	4,286	4,441	4,596
Current Volume	3,740	3,740	3,740	3,740	3,740	3,740
Unmet Need Admissions	80	236	391	546	701	857

Source: Washington Department of Health 2020-2021 Hospice Numerical Need Methodology, posted October 30, 2020.

# Step 6: Multiply the Unmet Need in Step 5 by the Statewide ALOS to Determine Unmet Need Patient Days Through 2025.

In accordance with WAC 246-310-290(8)(f), the unmet need admissions in Step 5 is multiplied by the statewide ALOS as determined by CMS to calculate the unmet need patient days for Pierce County through year 2025, the projected third calendar year of the project.

Table 13
Pierce County Projected Unmet Need Patient Days, Years 2020 Through 2025

		2020	2021	2022	2023	2024	2025	ALOS
	Unmet Patient Days	5,038	14,766	24,492	34,220	43,946	53,674	62.66
0	W 1' / D /	4 CII 1/1	2020 2021 1	T ' NT	· 137 13	f (1 1 1	, 10	1 20 20

Source: Washington Department of Health 2020-2021 Hospice Numerical Need Methodology, posted October 30, 2020.

# Step 7: Divide the unmet patient days from Step 6 by 365 to Determine Unmet Need ADC Through 2025.

In accordance with WAC 246-310-290(8)(g), the unmet patient days in Step 6 are divided by 365 to determine the unmet ADC. Projections are carried through to 2025, the projected third calendar year of the project.

Table 14
Pierce County Projected Unmet Need of Average Daily Census, Years 2020 Through 2025

	2020	2021	2022	2023	2024	2025
Unmet Need ADC	14	40	67	94	120	147

Source: Washington Department of Health 2020-2021 Hospice Numerical Need Methodology, posted October 30, 2020.

## Step 8: Determine the number of agencies needed by 2022 with an ADC of 35.

In accordance with WAC 246-310-290(8)(h), the 2022 census of 67 from Step 7 is divided by an ADC of 35 which results in need for one new hospice agency for Pierce County.

## **Step 9: Assume a Market Share Based on Past Experience.**

Although Seasons Pierce County is a new entity without experience, it looks to other Seasons Hospice programs and their start-up experience nationwide. (See Exhibit 13 for the start-up utilization of new hospice programs over the past 10 years which have Administrative Services Agreements with Seasons Healthcare Management, LLC.) That, and the default calculations for Washington Hospice Agencies, are taken into consideration. Implementation date is July 1, 2022.

Table 15
Seasons Pierce County Projected Patients and Share of Unmet Admissions, 2022 – 2025

	2022	2023	2024	2025
Pierce Unmet Admissions	391	546	701	857
Seasons' Share of Unmet Patients	15.0%	20.0%	30.0%	35.0%
Seasons' Hospice Patients	59	109	210	300

The data above shows Seasons Pierce County's share of unmet patients increasing from 15% in 2022 to 35% in 2025. Therefore, the Seasons Pierce County forecast is reasonable and achievable based on start-up experience, and is within the calculated unmet need so as not to adversely impact existing providers. The resulting market share for Seasons Pierce County by its third full year of operations in 2025 is 6.5% of the total volume for the county.

## Step 10: Assume an ALOS Reflective of a New Agency for Washington State

Again, Seasons Pierce County looks to the start-up experience of other Seasons Hospice programs nationwide to determine a length of stay that increases during its first year while becoming established in the Medicare and Medicaid programs. The program is assumed to reach the Washington statewide ALOS of 62.66 days by its second calendar year, 2024. Implementation date is July 1, 2022. This conservative approach yields the following patient days and census for the forecast period.

Table 16
Seasons Pierce County Projected Patients and Share of Unmet Admissions, 2022 – 2025

	2022	2023	2024	2025
ALOS	40	55	62.66	62.66
Seasons' Patient Days	2,345	6,007	13,184	18,786
Seasons' Share of Unmet Days	9.6%	17.6%	30.0%	35.0%
Seasons' ADC	13	16	36	51
Seasons' Share of Unmet Census	19.1%	17.6%	30.0%	35.0%

## 3. Identify any factors in the planning area that could restrict patient access to hospice services.

Pierce County has a large, diverse population. Reaching residents across the area and from all walks of life takes innovation and diligence, in addition to increased resources in the form of additional hospice agencies. Under-service to specific patient populations demonstrate access issues that can be addressed through the introduction of a new hospice agency such as Seasons Pierce County that has an array of innovative programs and services to identify and serve those in need. Access barriers range from a lack of information about hospice and what it is, to financial barriers or isolation from society.

In the wake of the COVID-19 pandemic, residents are often fearful to reach out for medical care or other services. Increased efforts to safely connect throughout the population is critical to identifying potential hospice patients to break down these barriers and improve service to the community. Across the nation, Seasons Hospice affiliates admitting Covid positive patients, helping hospitals by admitting them at home with hospice, avoiding the isolation from family that results from hospitalization. Daily monitoring of staff health, education about proper use of personal protection equipment (PPE), and securing adequate supplies of PPE to keep staff safe ensures staff are cared for, alongside the patients they serve.

Seasons Pierce County breaks barriers by developing targeted programs to expand access and offer additional services where they are most needed by complementing, rather than competing with existing service providers. Specifically, access issues exist for the following groups.

- The Homeless
- Minority populations, including Asians, African-Americans, Hispanics and LGBT community
- Children
- The elderly, including those residing in Nursing Homes and Assisted Living Facilities

#### **The Homeless**

Information presented previously addressed the large and persistent homeless population of Pierce County. Pierce County has the second largest number of homeless persons of all counties in the state, representing a subpopulation with barriers to necessities including health care. Furthermore, the pandemic and rising unemployment put many more residents at risk of homelessness.

The Homeless do not have access to healthcare "on the street" and have shorter life spans than the general population due to environmental exposure. As stated in the article appearing on page 35, *The Hard, Cold Facts About the Deaths of Homeless People*, Homeless persons die of the same causes as the general population, but at a younger age. Many are known to suffer from mental illness and addiction, further shortening life span. For every age group, homeless persons are three times more likely to die than the general population.

"Research has shown that individuals experiencing homelessness have greater morbidity and mortality rates than the general population and experience more co-morbidities than their housed counterparts. When compared to non-homeless populations, individuals experiencing homelessness face a multitude of complex health and social issues that are often integrated with past, present, and daily trauma that impact these individuals' prioritization and decision-making efforts."

Seasons Pierce County commits to serving the homeless population, providing assistance with housing and hospice care for the terminally ill. Ongoing training and partnerships with community based organizations within the service area help identify, educate and serve those in need.

<sup>&</sup>lt;sup>4</sup> Suicide and Homelessness, Data Trends in Suicide and Mental Health Among Homeless Populations, National Health Care for the Homeless Council Fact Sheet, May 2018

## **Minority Populations**

Racial and ethnic minorities have long been identified as experiencing health care disparity in terms of access and quality of life. Research studies reveal the most prevalent causes are lack of trust of the health care community, cultural differences, and lack of knowledge or understanding about what hospice is. One article, *Racial Disparities in Hospice: Moving From Analysis to Intervention*, suggests that diversity among hospice staff influences diversity among hospice patients. Seasons Hospice affiliates have experienced this. By developing a diverse staff, hospice admissions among minorities increase within the community. Other examples of disparity are found in two articles by JoAnn Mar, *Racial Disparities in End-of-Life Care – How Mistrust Keeps Many African Americans Away from Hospice*, and *Challenges and Cultural Barriers Faced by Asians and Latinos at the end of Life*. In addition to lack of trust and language barriers, many Latino and Asian cultures do not discuss death openly. Other reasons for disparity include failure to plan, poverty and tendency to delay treatment, and threat of depotation. Yet these populations can be educated through outreach efforts within their communities. Copies of the above referenced articles are found in Exhibit 11.

Evidence of racial and ethnic disparities in hospice care in Pierce County is shown in the data below. Recall from Table 3 the Pierce County population by race and ethnicity. The numbers are significant, warranting attention and outreach efforts to assure equality in access. With Hispanics representing 12% of the population, African Americans representing 7.5% of the population, and Asians representing 6.9%, the expectation is for hospice admissions to reflect a similar proportion of service. However, that is not the case in Pierce County. The majority of hospice patients are covered by Medicare. Therefore, looking at hospice admissions for the Medicare population provides a benchmark of service. The table below shows the most recent (2019) admissions data from the Centers for Medicare and Medicaid Services (CMS). Rather than showing a 12% representation of Hispanics, 7.5% representation of Blacks/African Americans and 6.9% representation of Asians, approximately 88% of all hospice admissions are White/Caucasian, with 4.1% Black/African American, 3.4% Asian and 0.6% Hispanic. The Native Indian/Alaskan population and other unidentified minorities also show disparity in hospice use.

A use rate is calculated based on population estimates to gauge service levels. The number of admissions per 100,000 for each race yields divergent results, with Whites admitted to hospice at least twice as often as other races. Assuming all races have equal access, applying the use rate of the White population to other races provides an estimate of expected hospice admissions. The difference, shown in the table below represents the unmet need.

<sup>&</sup>lt;sup>5</sup> Virtual Mentor, September 2006, Vol. 8, American Medical Association Journal of Ethics

<sup>&</sup>lt;sup>6</sup> University of Southern California, Annenberg Center for Health Journalism's 2018 California Fellowship, JoAnn Mar.

Table 17
2019 Medicare Hospice Admissions by Race and Ethnicity and Expected Admissions
Pierce County Recipients

			2021	Admits per	Expected	
Race/Ethnicity	Admissions	Percent	Population	100,000	Admissions	Difference
White	2,805	88.0%	642,254	437	2,805	0
Hispanic	18	0.6%	110,540	16	483	-465
Black	132	4.1%	68,814	192	301	-169
Asian	107	3.4%	63,743	168	278	-171
North Amer. Native	21	0.7%	13,276	158	58	-37
Other	75	2.4%	22,103	339	97	-22
Unknown	28	0.9%				
Total	3,186	100.0%	920,730	346	4,021	-863

Source: CMS Hospice Standard Analytic File, 2019

The above data confirms that minorities, including Hispanics, African Americans, and Asians are not being served in numbers proportionate to their Caucasian counterparts. For instance, if Hispanics were enrolling in hospice in proportionate numbers, an additional 465 admissions would result.

To initiate outreach efforts, identify unmet communities, and develop cultural competencies specific to the service area, Seasons Pierce County will establish a **Minority Advisory Board.** Board members, representing Asians, Hispanics, African Americans and Native Americans, will be instrumental in identifying specific needs and targeted programs to address them, forging alliances within their communities to educate residents and providers, promoting hospice care and its benefits. Community leaders ensure cultural competence and evaluate the delivery of hospice care. Hospice leaders provide education and resources to help minority leaders increase public awareness and improve access to hospice and palliative care. The Board will meet at least twice per year to strengthen minority relationships, facilitate diversity training, and promote minority enrollment.

Similar outreach efforts of other Seasons Hospice Agencies around the country toward minorities, such as the Asian community in Southern California or the Hispanic community in Miami-Dade Florida, document proven capability in developing hospice programs to reach underserved populations, filling gaps in service overlooked by other hospice programs. One way to ensure minorities have access to service is to hire minorities. For instance, Seasons Hospice & Palliative Care of Southern Florida is successful in part due to having a staff reflective of the population it serves. In this case, approximately half are Hispanic. Furthermore, Seasons Pierce County, as with all other Seasons Hospice Agencies, will become Services and Advocacy for Gay Elders (SAGE) Platinum Certified, showing a level of commitment and accountability to serve all those in need with dignity and sensitivity. Basically, Seasons Pierce County provides the level of innovation and commitment necessary to bring hospice care to the next level in Pierce County.

Seasons Pierce County assures availability to people from all walks of life, regardless of race, religion, marital status, color, creed, gender, sexual orientation, pregnancy, childbirth, age, disability,

national origin, or status with regard to public assistance. With diversity training, employees and volunteers approach all persons and referral sources as friends being introduced to hospice and its benefits. Seasons Pierce County's staff will reflect the population it serves, providing access to the diverse population.

## **&** Children

Over a quarter of a million children under the age of 18 are expected to reside in Pierce County by 2026, representing 23% of the total population. Yet there are no hospice agencies with a dedicated pediatric program, which limits access to hospice and palliative care for terminally ill children. Although MultiCare Home Health, Hospice & Palliative Care has an affiliate that provides pediatric palliative care (Mary Bridge Children's Health Center's COMPASS program: Communication, Palliative and Support Service), it is not a program of the hospice.

The current (2021) and five year projected 2026 pediatric population by age cohort appears in Table 18 (right) for Pierce County and the state. The data that Pierce shows population County's below the age of 18 is expected to increase by 12,822 5.9%, or compared to 4.8% for the state, over the next five years.

Table 18 2021 and 2026 Pediatric Population Estimates Pierce County and Washington							
	Pierce Cour	nty Population	Estimates	Children Percent			
Age 0-17 Age 18+ Total							
2021 Population	215,863	704,867	920,730	23.4%			
2026 Population	228,685	750,994	979,679	23.3%			
5-Year Pop. Increase	12,822	46,127	58,949				
5-Year Growth Rate	5.9%	6.5%	6.4%				
	Washingto	n Population	<u>Estimates</u>	Children			
	Age 0-17	Age 18+	Total	Percent of Total			
2021 Population	1,704,679	6,060,467	7,765,146	22.0%			
2026 Population	1,786,903	6,466,293	8,253,196	21.7%			
5-Year Pop. Increase	82,224	405,826	488,050				
5-Year Growth Rate	4.8%	6.7%	6.3%				
Source: Claritas Population E	Source: Claritas Population Estimates, 2021-2026						

Seasons Pierce County's pediatric program, *Kangaroo Kids Pediatric Hospice & Palliative Care*, offers a choice to residents over existing hospice providers. The Kangaroo Kids Program, described previously, provides palliative and end of life care to terminally ill children. The pediatric care team provides direct care to the pediatric patient, teaches the parents how to provide care at home, the regimen of care, and schedule for medicines and other services. In addition, the Seasons Hospice Foundation fulfills wishes as well as emergent needs for pediatrics in the Kangaroo Kids program. Care for the surviving children (such as siblings) continues through bereavement with developmentally-appropriate grief support and children's bereavement camps through *Camp Kangaroo*.

## **\*** The Elderly

One of the most vulnerable populations and the one most likely to need hospice care, the elderly are often isolated, whether due to living conditions, location, or lack of nearby family or support. This impedes access to timely, appropriate health care, including hospice care.

Seasons Pierce County has the ability to reach these individuals through a strong outreach campaign geared toward faith-based and community based organizations, as well as retirement communities and skilled nursing facilities willing to contract for inpatient beds, and physicians who will refer patients. Programs such as *Namaste Care dementia program* and services provided under *Open Access* benefit the elderly and improve access. Seasons Pierce County will work closely with facilities and physicians to ensure they have an understanding of the benefits of hospice care so residents and patients can be referred timely and benefit.

### **Use of Telemedicine**

In the wake of the COVID-19 pandemic, use of technology and telemedicine is more important than ever. Pandemic related restrictions can create barriers to care. Keeping patients and their families connected and in touch is essential to quality of life; keeping Healthcare workers in touch with their patients and families is equally important to delivering quality care; and keeping all providers and practitioners connected allow for seamless health care delivery.

The Electronic Medical Record is a technology that provides the avenues for feedback to referral sources, provides physicians with status reports, allows the hospice to track performance, benchmark outcomes, and respond to patients and their families. It also helps maintain safety, performance, an environment of care, and accountability throughout the delivery of care. These functions tie contractors, employees, and volunteers together in real time for each patient, allowing faster and accurate responses. As an industry leader, Seasons Hospice & Palliative Care programs have been doing this for more than 15 years. In 2020 Seasons Hospice programs across the country engaged in approximately 70,000 virtual visits. From Chaplain calls to Music Therapy, Volunteer Bereavement calls, Physician Virtual Communication, and other patient management services, Seasons Pierce County has the resources to stay connected with patients, families, and providers.

The staff's ability to access the medical record electronically and the ability to ask questions of each other via remote, wireless devices and get answers to those questions means that the patient and his or her family remain the focus and center of care. By removing impediments to communication and information, staff can focus on caring for patients. Reducing the numbers of barriers or problems that employees must deal with increases efficiency of staff and increases their satisfaction, leading to high employee and volunteer retention rates.

Improving communication also requires repeated educational efforts targeted at local gate-keepers, and includes personal contact with religious organizations, public services, and schools, to name a few. Knowing the community results in targeting the development of materials, promotions and outreach efforts that address residents within the various communities. Enlisting input from locals and following through generates identity, familiarity, and understanding. The results establish hospice as an important part of every community's service.

One important effort appearing within this proposal involves employing telecommunication, often referred to as "telemedicine," to reach all persons throughout the service area. This effort adopts cell phone technology or use by notebook or laptop applications available to the public. The result allows linkage to hospice patients who reside in areas where a hospice volunteer or team member may undergo longer drive times.

As explained previously, Seasons Healthcare Management operates its own nurse-employees staffed call center. The center links in real time patients with team members, and allows hospice team members, including physicians, pharmacist, nurses, social workers and others to be notified of and respond to patient or family needs. Plans of care and medical records appear, along with any patient issues, as well as the status in the course of palliative care.

To augment the call center in Pierce County, Seasons employs existing technology to allow a patient or family at bedside to call the team leader and engage by face to face interaction. If the patient's call requires the dispatch of a team member or volunteer to the patient's home, the telecommunication link allows the team member to explain, face to face, who will come and the approximate time. While engaged, the link allows the team member to ask questions, give instructions, ask about vital signs, and other information that will help the patient and family member handle the issues. Most importantly, the team member provides assurance, information, and support. Should a team member be on his or her way, the link allows assurance and feedback to the patient and family of the help, and the continued contact to explain, soothe, and manage stress or address the patient's concerns.

The Seasons' **cALL Center** is staffed with nurses licensed in every state Seasons' Hospice agencies serve using the latest technology and integrated with the EMR. Call center staff can access certain information and can verify, inquire, respond to patients and other clinical and nonclinical staff. Call center staff can route and arrange for patient assessment 24 hours a day, 7 days a week.

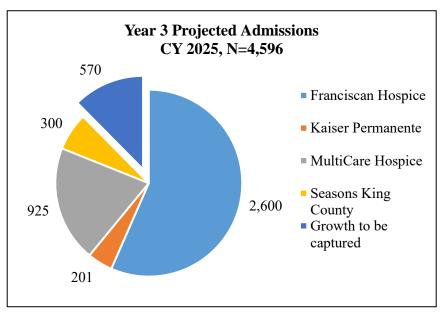
Seasons Pierce County would fill a range of needs, fulfilling numerical need, service and quality gaps, and attracting and educating health care professionals. The proposed Advisory Board will change community misconceptions about hospice care, bridging the gaps by engaging the community and its residents. Additional barriers brought about by the COVID-19 pandemic are addressed through education and safety measures as well as telemedicine.

4. Explain why this application is not considered an unnecessary duplication of services for the proposed planning area. Provide any documentation to support the response.

The result of the publication of need for an additional hospice agency signifies opportunity to enhance and augment service to Pierce County where the established hospice provider base falls short of meeting demand. New hospice agencies such as Seasons Pierce County will bring fresh ideas and programs, creating diversity among providers for greater outreach capabilities.

The programs and services highlighted in this application demonstrate a breadth and depth unsurpassed by others. Each hospice offers services that, while similar in some respects, may differ in others. Diversity of programs and services creates greater opportunities for residents to find a good match for their needs and enroll in hospice.

Impact on the existing programs appears in Figure 6 (right) and in the tables that follow. For gauging impact, the admissions during the baseline (2019) for the existing hospice programs remain unchanged, with the forecasted caseload increasing from a baseline of 3,726 to 4,596 in year 3. As the pie chart shows, the impact of introducing Seasons Pierce County negative produces no consequences because the availability of additional hospice admissions appears.



<u>Figure 6.</u> The impact of Seasons attaining its forecast does not cause existing hospices to fall below the caseloads in the baseline year. Hence, no adverse impact results.

The table below shows the projected hospice admissions and growth over the baseline, given the addition of Seasons Pierce County through the third full year of operations, 2025.

Table 19
Pierce Projected Growth in Hospice Admissions, CY 2022 – CY 2025

Year	Pierce Admissions	Seasons Admissions	Remaining Cases for Others	Growth from Baseline
Baseline Cases, CY 2019	3,726			
CY 2022	4,131	59	4,072	346
CY 2023	4,286	109	4,177	451
CY 2024	4,441	210	4,231	505
CY 2025	4,596	300	4,296	570

The calculation above, showing the increase in admissions over the baseline period after entry of Seasons Pierce County yields an increase of 346 to 570 admissions over the period. Taking this one step further, the existing hospice agencies' market shares is applied to the increase to demonstrate the potential for all programs to grow. Therefore, no duplication occurs.

Table 20
Projected Growth in Hospice Admissions by Provider, CY 2022 – CY 2025

	Baseline	2019	Increase from Baseline (Admiss			
Hospice Name	Admissions	Market Shares	Year 2022	Year 1 2023	Year 2 2024	Year 3 2025
Franciscan Hospice	2,600	69.8%	241	314	352	398
Kaiser Permanente (Group Health)	201	5.4%	19	24	27	31
MultiCare Home Health, Hospice & P.C	925	24.8%	86	112	125	142
TOTAL	3,726	100.0%	346	451	505	570

Normally, new providers spur competition, with existing providers rising to the occasion by increasing admissions and improving quality to capture additional market share. As the saying goes, "a rising tide lifts all boats." Pierce County is no exception, as growth is expected to continue, increasing need for hospice services in future years.

Furthermore, as a for-profit company, Seasons Pierce County does not actively compete with the non-profit providers competing for fundraising dollars. Seasons Pierce County will establish balance and offer an alternative approach to service with a different model of care, filling gaps in service, rather than competing for like patients.

Hospice admissions in Pierce County have failed to keep up with demand, resulting in need for an additional hospice agency to serve residents of Pierce County. As a new market entrant, Seasons Pierce County will focus outreach efforts on educating institutional providers, the medical community, community and faith based organizations, and the general public on hospice care – what it is, where care is provided, and when to call for enrollment. Through educational seminars, partnerships, and outreach efforts, Seasons Pierce County improves awareness, resulting in higher admission rates and patients enrolling earlier in their disease progression. Earlier enrollments improve patient and family satisfaction, ensuring a more peaceful and fulfilling experience at end of life. The community becomes more engaged, leading to earlier enrollments as well as a higher number of enrollments.

Education goes beyond seminars and web-based information. Seasons has established protocols and materials used to train physicians and nursing staff on how to identify potential hospice patients and to ensure understanding of the benefits of hospice and palliative care, providing continuity of care where currently a disjointed system prevails. The end result is increased access and availability to hospice care.

## 5. Confirm the proposed agency will be available and accessible to the entire planning area.

As stated in **Section II.** *Project Description*, **Item 5**, the proposed Seasons Pierce County Agency will be available and accessible to the entire planning area of Pierce County, with sufficient staff and resources allocated for project success.

### 6. Identify how this project will be available and accessible to under-served groups.

Seasons Pierce County's programs increase enrollments by creating a diversity council or councils whose member volunteers come from minority groups, an example of which appears in **Exhibit 6.** These councils act as key informants that identify impediments that may exist that limit hospice enrollment. The councils also participate with Seasons Pierce County's employees to develop solutions to remove barriers to hospice care.

For example, recruiting employees that are members of minority groups brings insight into how to approach members in each minority group. Bilingual staffs open many doors sharing cultures and languages. Other options include making promotional materials available in other languages that invites requests for more information.

Including in the promotional materials information about accepting all persons with a terminal illness without regard to ability to pay sends an invitation to low income persons to openly ask for information, freeing them from concerns regarding money. Seasons Pierce County's commitment to all persons regardless of race, ethnicity, income, religion, gender, or physical or mental disability establishes an "open roadway" into care.

Recognizing the need for additional outreach to the disadvantaged and vulnerable population, those typically categorized as under-served, Seasons Pierce County commits to serving the following under-served populations, as described previously.

- The Homeless
- Minority populations, including Asians, African-Americans, Hispanics and LGBT community
- Children
- The elderly, including those residing in Nursing Homes and Assisted Living Facilities
- Residents with Alzheimer's Disease

Of utmost importance in maintaining the pathway into care is the call center. With 24 hour, seven days a week capability to meet the patient and his or her family for an assessment, the patient understands that he or she matters, that his or her concern is important, and that Seasons Pierce County exists to address all needs as a partner in care. Referral patterns will be established with providers in the health care delivery system, as well as with community based organizations that help identify those in need.

### 7. Provide a copy of the following policies:

- Admissions policy
- Charity care or financial assistance policy
- Patient Rights and Responsibilities policy
- Non-discrimination policy
- Any other policies directly related with patient access (example, involuntary discharge)

**Exhibit 14** contains the following policies:

- Admission Criteria (policy #208)
- Admission Process (policy#209), including referrals
- Charity care policy and the Application for Financial Assistance
- Patient Rights and Responsibilities (policy #101)
- Notice of Privacy Practices (policy #908)
- Non-Discrimination & Grievance Procedure (policy #105)
- Availability of Services (policy #204)
- Standards of Practice (policy #206)
- Informed Consent (policy #210)
- Patient Discharge (policy #218)
- Communication with Sensory Impaired or Limited English Proficient Persons (policy #227)
- Hospice Care to Residents in a Facility (policy #233)
- Emergency Management Program (policy #703)
- 8. If there is not sufficient numeric need to support approval of this project, provide documentation supporting the project's applicability under WAC 246-310-290(12). This section allows the department to approve a hospice agency in a planning area absent numeric need if it meets the following review criteria:
  - All applicable review criteria and standards with the exception of numeric need have been met;
  - The applicant commits to serving Medicare and Medicaid patients; and
  - A specific population is underserved; or
  - The population of the county is low enough that the methodology has not projected need in five years, and the population of the county is not sufficient to meet an ADC of thirty-five.

The above criterion is not applicable to this project which is submitted in response to the Department of Health's Need Methodology published October, 2020, identifying need for an additional hospice agency in Pierce County.

## B. Financial Feasibility (WAC 246-310-220)

The information that follows in this section of the application addresses all the schedules and tables as defined in this section of the application. *The supporting worksheets appear in Exhibit 15*.

- 1. Provide documentation that demonstrates the immediate and long-range capital and operating costs of the project can be met. This should include but is not limited to:
  - Utilization projections. These should be consistent with the projections provided under the Need section. Include all assumptions.
  - Pro Forma revenue and expense projections for at least the first three full calendar years of operation. Include all assumptions.
  - Pro Forma balance sheet for the current year and at least the first three full calendar years of operation. Include all assumptions.
  - For existing agencies proposing addition of another county, provide historical revenue and expense statements, including the current year. Ensure these are in the same format as the projections. For incomplete years, identify whether the data is annualized.

A complete methodology and assumptions for utilization projections was provided previously in response to the Certificate of Need Review Criteria (WAC 246-310-210) beginning on page 42. The forecast is repeated below for consistency.

Table 21 Utilization Projections, Seasons Pierce County, First Three Years

	Partial Year	Year 1	Year 2	Year 3
Pierce County	7/22-12/22	CY 2023	CY 2024	CY 2025
Total number of admissions	59	109	210	300
Total number of visits	1,759	3,277	6,312	8,994
Projected number of visits/patient	30	30	30	30
Patient Days	2,345	6,007	13,184	18,786
Average Length of Stay	40.00	55.00	62.66	62.66
Average Daily Census	13	16	36	51

Note: Visits per patient are based on CMS 2018 Public Use File for Hospice programs operating in Washington (833,154 total visits and 27,490 total patients/beneficiaries).

Seasons Pierce County's admissions and patient days are similar to other Seasons Hospice programs and their start-up experience nationwide. (See **Exhibit 13** for the start-up utilization of new hospice programs over the past 10 years which have Administrative Services Agreements with Seasons Healthcare Management, LLC.) The Financial forecast and visit estimates use Seasons Hospice & Palliative Care of Oregon as a proxy, having similar programs and services as the proposed project and a location with similar population size and demographics as Pierce County. Demographic data comparing Pierce County with Multnomah County and the Oregon Service Area is provided in **Exhibit 13**.

The pro forma revenue and expense projections for the partial first year and three full calendar years of operation appear below.

Table 22 Revenue and Expenses for Seasons Pierce County Initial Partial Year and First Three Calendar Years

REVENUES	7/1/22-12/31/22	CY 2023	CY 2024	CY 2025
Patient Service Charges				
Medicare & Medicare Managed Care	529,700	1,356,890	2,978,065	4,243,471
Medicaid & Medicaid Managed Care	5,821	14,911	32,726	46,632
Health Options (BHP)	11,642	29,822	65,452	93,263
Charity Care	0	0	0	0
Private Pay	14,552	37,277	81,815	116,579
Third Party Insurance	17,463	44,733	98,178	139,895
Other (Champus, VA)	2,910	7,455	16,363	23,316
<b>Total Patient Service Charges</b>	582,088	1,491,088	3,272,598	4,663,155
<b>Revenue Deductions</b>				
Medicare & Medicare Managed Care	78,471	201,013	441,179	628,639
Medicaid & Medicaid Managed Care	1,196	3,065	6,726	9,584
Health Options (BHP)	2,328	5,964	13,090	18,653
Charity Care	5,821	14,911	32,726	46,632
Bad Debt	6,985	17,893	39,271	55,958
Third Party Insurance	873	2,237	4,909	6,995
Other (Champus, VA)	728	1,864	4,091	5,829
<b>Total Revenue Deductions</b>	96,402	246,947	541,992	772,289
Net Patient Service Revenues				
Medicare & Medicare Managed Care	451,229	1,155,876	2,536,886	3,614,832
Medicaid & Medicaid Managed Care	4,625	11,846	26,000	37,048
Health Options (BHP)	9,313	23,857	52,362	74,610
Charity Care	0	0	0	0
Private Pay	1,746	4,473	9,818	13,989
Third Party Insurance	16,589	42,496	93,269	132,900
Other (Champus, VA)	2,183	5,592	12,272	17,487
<b>Total Net Patient Service Revenues</b>	485,685	1,244,141	2,730,607	3,890,866
Non-Operating Revenues	9,163	23,471	51,513	73,402
TOTAL REVENUES	494,848	1,267,612	2,782,120	3,964,268

Table Continued on next page.

Table 22
Revenue and Expenses for Seasons Pierce County
Initial Partial Year and First Three Calendar Years, *continued*:

EXPENSES	7/1/22-12/31/22	CY 2023	CY 2024	CY 2025
Advertising	10,953	21,728	21,728	21,728
Allocated Costs	0	0	0	0
Depreciation and Amortization	5,323	10,559	10,559	10,559
Dues and Subscriptions	1,260	2,500	2,500	2,500
Education and Training	3,010	6,321	8,169	9,612
Employee Benefits	70,429	144,584	207,134	243,659
Equipment Rental	0	0	0	0
Information Technology/Computers	30,100	15,250	22,900	17,800
Insurance	6,301	12,500	12,500	12,500
Interest	0	0	0	0
Legal and Professional	8,331	16,673	17,452	18,060
Licenses and Fees	15,681	19,040	21,540	24,040
Medical Supplies	34,960	89,554	196,551	280,068
Payroll Taxes	30,519	62,653	89,758	105,585
Postage	235	601	1,318	1,879
Purchased Services (Utilities, other)	35,879	91,907	201,715	287,426
Rental/Lease	21,171	44,143	46,083	48,062
Repairs and Maintenance	1,764	3,500	3,500	3,500
Salaries and Wages (DNS, RN, OT,				
clerical, etc.)	469,523	963,892	1,380,892	1,624,392
Supplies	2,345	6,007	13,184	18,786
Telephone/Pagers	46,253	91,751	91,751	91,751
Service Fees	30,000	60,000	60,000	60,000
Washington State B & O Taxes	7,423	19,014	41,732	59,464
Travel (patient care, other)	25,226	61,252	120,625	166,968
TOTAL EXPENSES	856,685	1,743,428	2,571,591	3,108,338
Contributions to Seasons Hospice Found	lation	12,500	25,000	50,000
NET INCOME	(361,837)	(488,316)	185,529	805,930

The required worksheets and assumptions for the revenues and expenses appear in Exhibit 15.

The pro forma balance sheet for the partial first year and three full calendar years of operation appears below.

Table 23
Seasons Pierce County Balance Sheet and Statement of Cash Flows

	В	ALANCE SI	HEET			
		1/01/22-	7/01/22-			
<b>Current Assets</b>	31-Dec-20	6/30/22	12/31/22	CY 2023	CY 2024	CY 2025
Cash	2,000,000	1,706,271	1,314,473	773,298	777,792	1,436,431
Accounts Receivable	0	0	80,948	207,357	455,101	648,478
Total Current Assets	2,000,000	1,706,271	1,395,421	980,655	1,232,893	2,084,909
Long Term Assets		, ,	, ,	,	, ,	
Land						
Buildings						
Equipment		91,680	91,680	91,680	91,680	91,680
Security Deposit		8,334	8,334	8,334	8,334	8,334
Total Long Term Assets	0	100,014	100,014	100,014	100,014	100,014
Less Accumulated Depreciation		0	5,323	15,881	26,440	36,999
Net Long Term Assets	0	100,014	94,691	84,133	73,574	63,015
Total Assets	2,000,000	1,806,285	1,490,112	1,064,787	1,306,467	2,147,924
Liabilities and Equity		, ,	, ,			
Current Liabilities						
Accounts Payable	0	167	10,477	23,413	37,342	48,215
Salaries Payable	0	12,185	47,539	97,594	139,815	164,470
Current Portion of Long-Term						
Debt	0					
Total Current Liabilities	0	12,352	58,016	121,007	177,158	212,684
Long Term Debt	0	0	0	0	0	(
<b>Total Liabilities</b>	0	12,352	58,016	121,007	177,158	212,684
Equity	2,000,000	1,793,933	1,432,096	943,780	1,129,309	1,935,240
	STATEM	MENT OF CA	ASH FLOWS	8		
		1/01/22-	7/01/22-			
	31-Dec-20	6/30/22	12/31/22	CY 2023	CY 2024	CY 2025
Net Income	0	(206,067)	(361,837)	(488,316)	185,529	805,930
Less Depreciation	0	0	5,323	10,559	10,559	10,559
Decrease (Increase) in Current						
Assets	0	0	(80,948)	(126,409)	(247,744)	(193,377)
Increase (Decrease) in Current						
Liabilities	0	12,352	45,664	62,991	56,150	35,527
Net Cash Flows from Operations	0	(193,715)	(391,798)	(541,176)	4,494	658,639
Purchase of Property, Plant and						
Equipment		(91,680)				
Security Deposit		(8,334)				
Payment of Long-Term Debt		(100		_		
Net Cash Flows from Investing	0	(100,014)	0	0	0	(
Contribution of Capital	2,000,000	• • • • • • • • • • • • • • • • • • • •	1 506 554		<b></b>	
Beginning Cash	0	2,000,000	1,706,271	1,314,473	773,298	777,792
<b>Ending Cash</b>	2,000,000	1,706,271	1,314,473	773,298	777,792	1,436,431

Assumptions appear in the work papers in Exhibit 15.

## 2. Provide the following agreements/contracts:

- Management agreement
- Operating agreement
- Medical Director agreement
- Joint Venture agreement

The following agreements and contracts are all valid through at least the first three full years following completion or have a clause with automatic renewals.

### • Administrative Services Agreement

Seasons Hospice & Palliative Care of Pierce County Washington, LLC is a single purpose entity, created to open and operate a hospice program in Pierce County, Washington. It will not have a management agreement, operating agreement, or joint venture agreement. However, Seasons Pierce County shares a common mission, vision and values with the other Seasons hospice programs and their founders, and will have an Administrative Services Agreement with Seasons Healthcare Management, LLC (SHCM).

Through the Services Agreement, Seasons Pierce County's start-up and ongoing operations can take advantage of existing back-office operational knowledge and mechanisms that do not need to then be duplicated at the program level. While SHCM does provide certain back-office support services to individual hospice programs, SHCM does not direct or exercise operational control. Seasons Pierce County itself directs, operates, and manages its program, controls hiring and firing of all personnel, and retains authority for the directions and control of assets. This is demonstrated in the Services Agreement, which provides, among other things:

- The parties acknowledge and agree that SHCM is not authorized or qualified to engage in any activity which constitutes professional medical or hospice services, and none of the Services provided by SHCM shall be construed as the practice of medicine or other professional health care services by SHCM (Section 3).
- [Seasons Pierce County] shall have complete and absolute control over its operations and the methods by which [Seasons Pierce County] and its personnel render the professional hospice services (Section 4(b)).
- [Seasons Pierce County] shall establish and maintain one or more bank accounts (Section 4(c)).
- [Seasons Pierce County] will have no obligation to enter into any contract arranged for by SHCM; all such contracts will be subject to the approval of [Seasons Pierce County] in its sole and absolute discretion (Exhibit A, Section 9).
- [Seasons Pierce County] will have no obligation to purchase any goods or services arranged for by SHCM; all such purchases will be subject to the approval of [Seasons Pierce County] in its sole and absolute discretion (Exhibit A, Section 10).

A copy of the Administrative Services Agreement appears in Exhibit 2.

#### • Medical Director

Seasons Thurston County will contract with Balakrishnan Natarajan, M.D. to serve as Medical Director for Seasons Thurston County. Dr. Natarajan is a graduate of Northwestern University Medical School and has been the Chief Medical Officer of Seasons Hospice since 2005. Board-certified in internal medicine, hospice and palliative care, and sports medicine, Dr. Natarajan has authored book chapters and articles in peer-reviewed journals. He has also lectured across the United States and around the world, including at the Annual Meeting of the American College of Physicians. Dr. Natarajan currently serves on the board of directors for the National Hospice & Palliative Care Organization.

The medical director becomes a contractor of Seasons Thurston County. The terms and conditions for the medical director appear in the contract in **Exhibit 16.** Prior to licensure, Dr. Natarajan provides consultation to the planned hospice.

3. Provide documentation of site control. This could include either a deed to the site or a lease agreement for the site.

If this is an <u>existing</u> hospice agency and the proposed services would be provided from an existing main or branch office, provide a copy of the deed or lease agreement for the site. If a lease agreement is provided, the agreement must extend through at least the projection year. Provide any amendments, addendums, or substitute agreements to be created as a result of this project to demonstrate site control.

If this is a new hospice agency at a new site, documentation of site control includes one of the following:

- a. An executed purchase agreement or deed for the site.
- b. A <u>draft</u> purchase agreement for the site. The draft agreement must include a document signed by both entities committing to execute the agreement as submitted following CN approval.
- c. An <u>executed</u> lease agreement for at least three years with options to review for not less than a total of two years.
- d. A <u>draft</u> lease agreement. For Certificate of Need purposes, draft agreements are acceptable if the draft identifies all entities entering into the agreement, outlines all roles and responsibilities of the entities, identifies all costs associated with the agreement, and includes all exhibits referenced in the agreement. The draft agreement must include a document signed by both entities committing to execute the agreement as submitted following CN approval.

The project establishes a new hospice program for Pierce County and therefore does not have a current location. The proposed office site for Seasons Pierce County is identified as follows:

Seasons Hospice & Palliative Care of Pierce County Washington 4301 South Pine Street Tacoma, WA 98409 The rental area contains 2,183 square feet. Additional detail about the proposed location appears in the lease provided in **Exhibit 4.** The lease agreement provides an initial location from which to establish the proposed hospice program in the event a Certificate of Need is issued.

4. Complete the table on the following page with the estimated capital expenditure associated with this project. Capital expenditure is defined under WAC 246-310-010(10). If you have other line items not listed in the table, include the definition of the line item. Include all assumptions used to create the capital expenditure estimate.

In the table below only capitalized cost are included, those that furnish and equip the proposed office space. Any sales tax applicable to the equipment is included in that line item. Expenses, such as legal and consulting fees, are not included.

Table 24
Summary of Capital Costs for Seasons Pierce County

Item	Cost
a. Land Purchase	
b. Utilities to Lot Line	
c. Land Improvements	
d. Building Purchase	
e. Residual Value of Replaced Facility	
f. Building Construction	
g. Fixed Equipment (not already included in the	
construction contract)	04.600
h. Movable Equipment	\$ 91,680
i. Architect and Engineering Fees	
j. Consulting Fees	
k. Site Preparation	
<ul><li>l. Supervision and Inspection of Site</li><li>m. Any Costs Associated with Securing the Sources of Financing (include interim interest during construction)</li></ul>	
1. Land	
2. Building	
3. Equipment	
4. Other	
n. Washington Sales Tax	
Total Estimated Capital Expenditure	\$ 91,680

Office furniture, electronics and telecommunication devices comprise capital cost for the project along with the cost of low voltage wiring of the office to support telecommunications. However, telecommunication devices, computers, cell phones, licenses, internet charges are expenses and appear as such in the operating statements. (Detail appears in **Exhibit 15**.)

Unlike a patient treatment facility, Seasons Pierce County's primary location is an office for staff and patient records. Over 98% of the hospice care occurs in the patient's home, including a nursing home or an assisted living facility. The remaining two percent or less may occur in inpatient respite or general inpatient facilities with whom Seasons Pierce County would have contracts and not operate or own directly.

Consumable items, such as office supplies and personal care, such as adult diapers, bandages, gauze, tape, and paper cups fall into the category of expenses. As such, the costs are written off in the year in which the costs were incurred. Most often, the patient and his or her family provide the disposable supplies.

Medical equipment, such as a hospital bed, also is expensed as the devices are rented for a short period of time when needed, and then returned to the DME provider. For the majority of patients who are elderly and whose care is reimbursed under the Medicare Program, some home care supporting equipment, such as walkers and portable toilets, may already be among the patients' possessions.

Given the home-based nature of hospice care, the majority of costs lie in the category of expenses, incurred in the year in which they are incurred, and therefore, under **Generally Accepted Accounting Principles** are not capital costs.

Seasons Pierce County requires no special or technical equipment unique to the provision of care. Each nurse receives a care kit, which includes but is not limited to a stethoscope, disposable syringes, glucose meter, blood pressure cuff, disposable thermometers, urine sample collection supplies, blood draw supplies, and other supplies. For the project forecast period, a total of \$4,400 is allocated for care kits.

5. Identify the entity responsible for the estimated capital costs identified above. If more than one entity is responsible, provide a breakdown of percentages and amounts for each.

The applicant entity has \$2 million in assets provided by the owners of Seasons Hospice & Palliative Care of Pierce County Washington, LLC. A letter from the Chief Financial Officer for AccentCare, Inc. on behalf of Seasons Hospice & Palliative Care of Pierce County Washington, LLC (found in **Exhibit 17**) commits to available funding for the hospice's capital costs, pre-opening expenses, and operating deficits in the initial year of operation. The applicant's audited financial statement will document the \$2 million in cash. The hospice has the option of using Seasons Healthcare Management, LLC, for purchasing equipment and furnishing the office in Pierce County. The items above reflect the types of expenditures made in connection with start-up hospice programs. The item costs reflect corporate pricing agreements with the Seasons Healthcare Management, LLC's vendors and are inclusive of applicable state and local sales taxes.

6. Identify the amount of start-up costs expected to be needed for this project. Include any assumptions that went into determining the start-up costs. Start-up costs should include any non-capital expenditure expenses incurred prior to the facility opening or initiating the proposed service. If no start-up costs are expected, explain why.

Start-up costs and assumptions are detailed in the financial schedules included in Exhibit 15. Capital expenditures include furnishing and equipping office space. Pre-opening expenses include office rent, salaries for staff and their orientation and training, and advertising are identified, and reflect pre-opening expenses of similar projects. Specifically, operations for Seasons Hospice & Palliative Care of Oregon, are used as a proxy. The cash assets allow the applicant to cover pre-opening costs, costs incurred prior to obtaining Medicare certification, and the projected losses for the initial partial year (July 1, 2022 – December 31, 2022) and first full year of operation (CY 2023). The hospice breaks even in calendar year 2024, showing a profit of \$185,529.

7. Identify the entity responsible for the estimated start-up costs identified above. If more than one entity is responsible, provide a breakdown of percentages and amounts for each.

A letter from the Chief Financial Officer for AccentCare, Inc. on behalf of Seasons Hospice & Palliative Care of Pierce County Washington, LLC demonstrates the applicant entity has \$2 million dollars available to fund the hospice's non-capital expenditures prior to opening and initiating service. The CFO's letter is found in **Exhibit 17**.

8. Explain how the project would or would not impact costs and charges for healthcare services in the planning area.

Several studies have demonstrated cost efficiencies and improved quality of life with increased hospice use. One such study, *Cost Savings Associated with Expanded Hospice Use in Medicare*, estimates an annual cost savings nationally ranged from \$316 million to \$2.43 billion, depending upon an increase in hospice duration of either 4 weeks or 24 weeks.<sup>7</sup>

Dr. Ziad Obermyer, an emergency medicine physician and researcher at Brigham & Women's Hospice, sampled 18,000 patients with poor-prognosis cancers enrolled in hospice care before death, and matched them with an equal number of patients who died without hospice care. The average cost of care for patients in the non-hospice group was \$71,517, compared to \$62,819 for those enrolled in hospice. The median hospice stay was 11 days. Furthermore, 74% of patients in the non-hospice group died in a hospital or nursing home, compared to only 14% of hospice patients. Surveys indicate most American wish to die at home, rather in a healthcare setting. Hospice allows them to do that, thereby improving quality of life in their final days, surrounded by family in a comfortable setting.

The third annual report evaluating the Medicare Care Choices Model indicates that "MCCM led to a 25 percent decrease in total Medicare expenditures, which generated \$21.5 million in net savings between January 1, 2016 and September 30, 2019, largely by reducing inpatient care through

<sup>&</sup>lt;sup>7</sup> Cost Savings Associated with Expanded Hospice Use in Medicare, Brian W. Powers, AB, Maggie Makar, BS, Sachin H. Jain, MD, MBA, David M. Cutler, PhD, and Ziad Obermeyer, MD, MPhil; Journal of Palliative Medicine, Vol. 18, No. 5, 2015

<sup>&</sup>lt;sup>8</sup> Hospice Leads to Better Care, Lower Costs at End of Life: JAMA, December 7, 2014, Hospice and Palliative Care, Politics and Law, www.lifemattersmedia.org

increased use of [Medicare Hospice Benefit] by the 3,603 Medicare beneficiaries who enrolled in the model and died during this period."9

With approval of Seasons Pierce County, a new service provider is added, increasing the number and diversity of hospice agencies offering different types of services and programs. With greater numbers of hospice agencies and offerings, terminally ill residents are more likely to find a hospice that meets their specific needs and preferences. Physicians and others in the healthcare delivery system are also more likely to refer a patient to hospice when there are a greater number of hospice agencies to educate the medical community and work with them to increase enrollment. Therefore, with increases in hospice enrollment, overall costs for care are lowered in the planning area.

Copies of the above referenced articles are included in **Exhibit 18** in the Appendix.

9. Explain how the costs of the project, including any construction costs, will not result in an unreasonable impact on the costs and charges for health services in the planning area.

The project is not expected to impact costs and charges for healthcare services in the planning area. The majority of hospice care is reimbursed by Medicare and Medicaid. Hospice reimbursement and charges are on the basis of patient day and core services. The hospice must meet all the service needs of each patient, and funds received from the per diem rate are used to cover the cost of care, including any contracted services. Therefore, the hospice is responsible for fiduciary activities.

Two caps exist on the hospice program. One cost cap is based on the number of enrolled Medicare beneficiaries. That amount is the absolute dollar limit per Medicare beneficiary that a hospice can receive. The cap works like this: if the hospice's total payments exceed the total payments received calculated as the total number of Medicare patients multiplied by the cost cap, the hospice must repay the difference. CMS sets the cost cap for the Fiscal Year 2021 at \$30,683.93 per beneficiary.

Under the per beneficiary cap, the hospice receives a per diem rate whether or not the beneficiary receives care so long as the beneficiary remains enrolled. Thus, the daily rate, set for each core service, covers the care the beneficiary receives. The per diem rate must cover all the services specified in the plan of care the hospice provides to each beneficiary. Thus, the hospice is at financial risk should care exceed the per diem rate, furnishing all necessary services.

A second cost cap applies to the hospices that limits the use of inpatient care, the most costly core service, to not more than 20% of total annual patient days. Rates to hospices under this cap receive both wage and geographical rate adjustments. Refund for overpayment should the 20% limit be exceeded occurs. (*Information about cost caps appears in Exhibit 19*.)

<sup>&</sup>lt;sup>9</sup> Evaluation of the Medicare Care Choices Model, Annual Report 3, Contract #HHSM-500-2014-000261/T0005, October 2020, Abt Associates in partnership with Brown University, General Dynamics Information Technology, L&M Policy Research, Oregon Health & Science University, RAND Corporation.

For Seasons Pierce County, **Exhibit 15**, work papers #2 through #6 provide the relevant information respectively, patient days by setting and payor, patient charges by service and payor, and net revenues by payor and setting.

10. Provide the projected payer mix by revenue and by patients by county as well as for the entire agency using the example table below. Medicare and Medicaid managed care plans should be included within the Medicare and Medicaid lines, respectively. If "other" is a category, define what is included in "other."

Table 22 above presents the revenues by payer. The information below shows the percentage of gross revenues as well as the percentage of patient days by payor that is consistent throughout the forecast period.

Table 25
Seasons Pierce County's Percentage of Gross Revenue and Patient Days by Payor

Payor	Percent of Gross Revenue	Percent of Patient Days
Medicare & Medicare Managed Care	91.0%	91.0%
Medicaid & Medicaid Managed Care	1.0%	1.0%
Health Options (BHP)	2.0%	2.0%
Charity Care	0.0%	1.0%
Private Pay	2.5%	1.5%
Third Party Insurance	3.0%	3.0%
Other (Champus, VA)	0.5%	0.5%
<b>Total Gross Patient Service Revenues</b>	100.0%	100.0%

11. If this project proposes the addition of a county for an existing agency, provide the historical payer mix by revenue and patients for the existing agency. The table format should be consistent with the table shown above.

The criterion is not applicable. The project establishes a new hospice agency to serve Pierce County.

12. Provide a listing of equipment proposed for this project. The list should include estimated costs for the equipment. If no equipment is required, explain.

The table below provides a detailed list of capital expenditures for the initial office location to start the hospice agency.

Table 26
Detail of Capital Expenditures for Seasons Pierce County

Item	Item Cost		Qty		Total
Conference Table	\$	3,800	1	\$	3,850
Conference Chairs	\$	385	12	\$	4,620
Employee Desk	\$	1,320	9	\$	11,880
Employee Desk Chair	\$	440	9	\$	3,960
Guest Chair	\$	330	9	\$	2,970
Filing Cabinet	\$	990	5	\$	4,950
Reception Area Guest Chair	\$	715	6	\$	4,290
Reception Area End Table	\$	220	3	\$	660
Reception Area Coffee Table	\$	440	1	\$	440
Kitchen Table	\$	550	2	\$	1,100
Kitchen Chairs	\$	220	8	\$	1,760
Patient Care Kit	\$	733	6	\$	4,400
Employee Work Stations	\$	733	9	\$	6,600
Subtotal Furnishings				\$	51,480
<b>Electronics and Telecom</b>					
Server, HPE ProLiant ML 150, G9	\$	9,000	1	\$	9,000
Firewall, Fortinet Fort iGate 100D	\$	3,000	1	\$	3,000
Network Switch 2xAdtran Netvana 1638p	\$	3,200	1	\$	3,200
One-time Low Voltage Wiring Installation	\$	15,000	1	\$	15,000
Xerox Work Center	\$	10,000	1	\$	10,000
<b>Subtotal Electronics and Telecom</b>				\$	40,200
TOTAL				\$	91,680

The estimates in the table above reflect modest costs for equipping a business office in the Renton area of Pierce County. The annual depreciation expense of \$10,559 accounts for \$4,019 for furnishings, with items depreciated over a 15 year period, and the care kits' depreciated over a five year period. Depreciation for the electronics and telecommunications equipment cover a five year period with the low voltage wiring depreciated on a 10 year basis, for a total of \$6,540. The initial investment in office furnishings, electronics and telecommunication devices in the first year are expected to serve throughout the first three full years, with no additional items required during the forecast period.

The pro forma analysis and utilization forecast establish that these costs do not have a material impact on either the capital or operating costs and charges of the proposed hospice program.

13. Identify the source(s) of financing (loan, grant, gifts, etc.) and provide supporting documentation from the source. Examples of supporting documentation include: a letter from the applicant's CFO committing to pay for the project or draft terms from a financial institution.

A letter from the Chief Financial Officer for AccentCare, Inc. on behalf of Seasons Hospice & Palliative Care of Pierce County Washington, LLC demonstrates the applicant will fund the project with \$2 million in cash on deposit. The CFO's letter found in Exhibit 17 further commits to providing an audited financial statement for the applicant entity to demonstrate access to capital to implement and operate the program.

14. If this project will be debt financed through a financial institution, provide a repayment schedule showing interest and principal amount for each year over which the debt will be amortized.

This criterion is not applicable. The project will not be debt financed.

- 15. Provide the most recent audited financial states for:
  - The applicant, and
  - Any parent entity responsible for financing the project.

**Exhibit 17** contains a letter from the Chief Financial Officer for AccentCare, Inc. on behalf of Seasons Hospice & Palliative Care of Pierce County Washington, LLC that indicates the audited financial statement for the applicant entity will be provided during the screening response. The audit will demonstrate the applicant entity has \$2 million in funds on deposit to implement and operate the program.

## C. Structure and Process (Quality) of Care (WAC 246-310-230)

1. Provide a table that shows FTEs [full time equivalents] by category for the county proposed in this application. All staff categories should be defined.

Seasons Pierce County initiates the hospice program with a core staffing that grows over time as the admissions increase. Staffing increases appear in the table below in concert with the growth in average daily census.

Table 27
FTEs for Season Pierce County by Program Year

Department	FTEs	FTEs	FTEs	FTEs
<del>-</del>	First 6 Months	Year 1	Year 2	Year 3
Average Daily Census=	13	16	36	51
Admissions Department	0.00	0.00	0.00	1.00
Business Development-Department	2.00	2.00	3.00	4.00
Business Operations-Leadership	1.00	1.00	1.00	1.00
Chaplain	1.00	1.00	1.00	1.00
Executive Director	1.00	1.00	1.00	1.00
Hospice Aide	1.00	2.00	3.00	4.00
Music Therapy	1.00	1.00	1.00	1.00
Nursing	2.00	2.00	5.00	6.00
Social Work	1.00	1.00	1.00	1.00
Clinical Nutritionist	0.10	0.10	0.10	0.10
Team Assistant	1.00	1.00	1.00	1.00
Team Director	1.00	1.00	1.00	1.00
Volunteer-Department	0.00	0.00	1.00	1.00
<b>Subtotal Employees</b>	12.10	13.10	19.10	23.10
Physician-Leadership (Medical Director)*	0.030	0.030	0.030	0.030
Physician-Team Support*	0.200	0.200	0.200	0.200
Physical Therapy*	0.015	0.015	0.015	0.015
Occupational Therapy*	0.011	0.011	0.011	0.011
Speech Therapist*	0.025	0.025	0.025	0.025
<b>Subtotal Contractors</b>	0.281	0.281	0.281	0.281
<b>Total All Positions</b>	12.381	13.381	19.381	23.381

<sup>\*</sup>Contracted position

Where an FTE is not noted in year 1, other staff assume those responsibilities until census growth occurs to justify an FTE.

2. If this application proposes the expansion of an <u>existing</u> agency into another county, provide an FTE table for the entire agency, including at least the most recent three full years of operation, the current year, and the first three full years of operation following project completion. There should be no gaps in years. All staff categories should be defined.

This criterion is not applicable. The application proposes establishment of a new hospice agency, rather than an expansion of an existing agency.

3. Provide the assumptions used to project the number and types of FTEs identified for this project.

Assumptions are provided in **Exhibit 15**, work papers # 9 and #10.

4. Provide a detailed explanation of why the staffing for the agency is adequate for the number of patients and visits projects.

Seasons Pierce County uses a staffing model based on census to ensure coverage of support and care functions at appropriate levels for program needs. A copy of the staffing ratios is provided in **Exhibit 15.** Seasons Pierce County's staffing ratios reflect similar ratios found among other hospices across the county, including other Seasons Hospice programs and are consistent with the NHPCO *Staffing Guidelines for Hospice Home Care Teams*. <sup>10</sup> That document also acknowledges the following:

No one "best standard" in the literature regarding hospice staffing caseloads currently exists. Around the nation, hospices have evolved in various directions, creating diverse models of care to serve hospice patients and families. The Staffing Guidelines for Hospice Home Care Teams is based on the recognition of the current diverse nature of hospice care and allows for individualization of staffing caseloads according to the organizational and environmental characteristics specific to each hospice, in much the same way hospices individualize patient care.

Seasons adds staff as admissions increase, as shown in Table 27 above, which lists the type of number and category of staff for the first 3 full years of operation. Ratios vary based upon the numbers of patients in the program, the diseases represented, length of stay, and patients' needs. The ratios above compare favorably with an overall ratio in the third year of operations of 0.45 staff to each patient. In addition, volunteers who provide augmented services increase the patient and hospice interactions and add to the actual FTE spent with patients. The training program for volunteers assures that they are active members of the care team and render services that patients experience at the end of life is compassionate and caring with support for the family.

5. Provide the name and professional license number of the current or proposed medical director. If not already disclosed under 210(1) identify if the medical director is an employee or under contract.

Seasons Thurston County will contract with Balakrishnan Natarajan, M.D., a physician board certified in internal medicine, hospice and palliative care, and sports medicine. Dr. Natarajan is a licensed physician and surgeon in the states of Illinois (License #036101773) and Florida (License #ME111782). The results of a credential search from the Illinois Department of Financial and

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<sup>&</sup>lt;sup>10</sup> Staffing Guidelines for Hospice Home Care Teams, www.nhpco.org

Professional Regulation and the Florida Department of Health displaying his license numbers is provided in **Exhibit 16** behind the Medical Director Contract.

6. If the medical director is/will be an employee rather than under contract, provide the medical director's job description.

The Medical Director has a contract agreement, as shown in Exhibit 16.

7. Identify key staff by name and professional license number, if known. (nurse manager, clinical director, etc.)

Seasons Hospice & Palliative Care of Pierce County Washington, LLC is a developmental stage entity, with no employees and no operations at this time. The applicant seeks a certificate of need for a hospice program that will result in licensure as a hospice agency for operations to begin.

The officers for Seasons Pierce County, identified below, bring national hospice knowledge and experience to Pierce County, also serving as officers of Seasons Hospice & Palliative Care. New employees provide knowledge of area needs and insight locally, while management personnel can support, enhance, and equip them for success.

## Todd Stern, BBA, MBA, CHA, Chief Executive Officer

Mr. Stern is Chief Executive Officer of Seasons Pierce County. He joined Seasons Hospice & Palliative Care in 2001 as the organization's Chief Financial Officer and Managing Principal, and was appointed the Chief Executive Officer in 2005. Mr. Stern holds a BBA and MBA from Loyola University Chicago and is a Certified Hospice Administrator. He began his career in healthcare working for medical supply and long-term care companies.



Mr. Stern, a former member of both the National Hospice and Palliative

Care Organizations (NHPCO) Public Policy Committee and the Hospice Action Network (HAN)

Board, is highly supportive and active within hospice advocacy. With Mr. Stern's support, Seasons leaders represent and serve on nearly every NHPCO and HAN committee and both respective boards of directors. Under Mr. Stern's leadership, Seasons Hospice & Palliative Care has grown to become one of the leading hospice and end of life care providers in the nation.

### Annemarie Switchulis, RN, MSN, OCN, CHA, Chief Operating Officer

Ms. Switchulis is the Chief Operating Officer of Seasons Pierce County. She joined Seasons Hospice & Palliative Care in 2005 as the first Executive Director of the Michigan program. She currently serves as the nationwide Chief Operating Officer for Seasons Hospice & Palliative Care. Her range of experience includes serving as Corporate Director of Clinical Operations for Hospice of Michigan, Clinical Case Manager for St. Joseph's Mercy of Macomb and as a registered nurse for 25 years in Eastern Michigan.



Ms. Switchulis has been a member of the Jewish Hospice and Palliative Care Association, Cape Wayne Palliative Research Team and Palliative Care Teams of various Michigan hospitals. She is a graduate of Oakland University in Rochester Hills, Michigan and the University of Phoenix.

#### **David Donenberg, Chief Financial Officer**

Mr. Donenberg is Chief Financial Officer of Seasons Pierce County. Mr. Donenberg has also been the Chief Financial Officer for Seasons Hospice & Palliative Care since January 2009. Mr. Donenberg is a CPA and holds a joint MBA from Kellogg Graduate School of Management and the McCormick School of Engineering Northwestern. Raised in South Africa, Mr. Donenberg has experience in startup, turnaround and growth companies and currently serves as a board member of the LEED Council of Chicago where he serves as Treasurer. Mr. Donenberg also serves as Chairman of the Seasons Hospice Foundation for the support of end of life care.



#### Carl J. Brodarick, Chief Marketing Officer

Mr. Brodarick is the Chief Marketing Officer of Seasons Pierce County. Mr. Brodarick earned his undergraduate degree from Western Illinois University and a Master of Business Administration in Marketing Management from DePaul University. He joined Seasons Hospice & Palliative Care in 2006 and is currently the Chief Marketing Officer. He has over thirty years of census development experience working within various levels of the healthcare continuum. In addition, Mr. Brodarick serves on the Seasons Hospice Foundation Board. Mr. Brodarick most recently served as the Senior Vice President of Business Development at Boulevard Healthcare LLC.



Resulting from a merger on December 22, 2020, the Seasons Hospice & Palliative Care team joins AccentCare, Inc. Key individuals within the parent organization, AccentCare, include the following leaders.

#### Stephan S. Rogers, Chief Executive Officer



Stephan Rodgers is the Chief Executive Officer of AccentCare®, Inc. He has over 25 years of healthcare experience including home care, insurance, consulting and employee benefits. Prior to joining AccentCare, Mr. Rodgers was CEO of OptumHealth Collaborative Care, a division of UnitedHealth Group, which owns, manages and provides administrative and technology services to healthcare delivery systems. Earlier in his career he was a healthcare executive at General Electric Company, responsible for purchasing healthcare benefits. Mr. Rodgers holds a Bachelor of Arts in biochemistry from the University of California, Berkeley.

#### Ryan Solomon, Chief Financial Officer



Ryan Solomon is Chief Financial Officer of AccentCare®, Inc. He has over 15 years of finance experience. Prior to joining AccentCare, Mr. Solomon was CFO for Apple Leisure Group, a multibillion-dollar company in the travel industry, after holding a number of previous finance positions at the company. Previously, he held several senior positions at American Airlines. Mr. Solomon has a Master of Business Administration for Finance from Texas Christian University and a bachelor's degree in economics from Texas A&M University.

#### Katy Black, Chief of Staff

Katy Black is Chief of Staff for AccentCare®, Inc. She has over 15 years of healthcare experience. Prior to joining AccentCare, Ms. Black was Vice President and Chief of Staff for Tenet Healthcare. Previously, she held senior positions at Concentra, Spectrum Health, and Deloitte Consulting. Ms. Black has a Master of Business Administration from University of Chicago and a Bachelor of Business Administration from the University of Wisconsin-Madison.

As an overview of the key positions involved in hospice care, the policy on the **interdisciplinary group, policy number 205,** appears in **Exhibit 14**. In addition to the patient and family, the interdisciplinary group will consist of individuals who are qualified and competent to practice in the following professional roles (a team member may serve more than one role on the team):

- A doctor of medicine or osteopathy;
- A registered nurse;
- A social worker:
- Music therapist;
- Nutritionist; and,
- A pastoral or other counselor.
- Other healthcare practitioners providing services such as physical therapy, occupational therapy, speech therapy, dietary counseling, hospice aide services or other services may be included in the team when appropriate.

Some hospices consider music therapy and dieticians as ancillary services but Seasons identifies them as core team members; they are included in the interdisciplinary group.

Medical supervision, policy number 219, Exhibit 14, further explains how important it is for the patient's attending physician to participate or his or her nurse practitioner, to assure coordination for care.

**Plan of Care, policy number 214, Exhibit 14**, also provides additional information as to how the interdisciplinary team functions to address the patient's needs and scope of care.

8. For existing agencies, provide names and professional license numbers for current credentialed staff.

This criterion is not application. The project establishes a new hospice program rather than an expansion of an existing agency.

9. Describe your methods for staff recruitment and retention. If any barriers to staff recruitment exist in the planning area, provide a detailed description of your plan to staff this project.

Pierce County was designated as a Medically Underserved Area for Primary Care in 1982 and again updated in 1994 with a Medical Underservice Index Score of 61.2, just below the threshold of 62.0. It has three designated geographic Health Professional Shortage Areas (HPSAs), including Buckley, Eatonville/Roy, and Longbranch. Two primary care community health clinics with multiple locations, and two Indian Health Service/Tribal Health/Urban Indian Health Organizations also qualify as HPSA. The three geographic HPSA's 2019 population of 42,130 account for less than 5% of the county's 886,775 total population. (Reports generated from the Health Resources & Services Administration at <a href="https://www.data.hrsa.gov">www.data.hrsa.gov</a> documenting the Pierce County MUA and HPSA are provided in <a href="https://www.data.hrsa.gov">Exhibit 20</a>.) Seasons Pierce County will provide outreach and education to the community based organizations throughout the entire county, including inner city communities that have limited access to healthcare.

A 2017 report from the Health Resources and Services Administration, *Supply and Demand Projections of the Nursing Workforce: 2014-2030* indicates that while Washington has an adequate supply of Registered Nurses, Licensed Practical Nurses have a deficit of 27.3% of those needed by 2030. A copy of that report is included in **Exhibit 20**. Further evidence on the need for finding appropriate clinical placements for nursing students is addressed in a news article published by the South Sound Business, *The Nurse-Case Scenario*. (See the excerpt below and the full article in **Exhibit 20**.)

"Finding clinical placements is extremely difficult," said Babbo at Olympic College.

According to Giglio, MultiCare can host only roughly 500 aspiring registered nurses in clinical settings annually, and has to turn applicants away. MultiCare would take on more students, but the company needs to balance the training of students, the training of newly hired nursing school graduates, and the workloads of experienced nurses who already are caring for patients.

"I know that our neighbors (CHI Franciscan Health) down the street do their part, as well," said Giglio. "We are part of a consortium of schools and other healthcare employers who work together to share the load in providing quality clinical experiences for the students. We train hundreds of nursing students, and still there's an unmet demand."

Another barrier is the impact of the COVID-19 pandemic on the workforce. Frontline workers are not only exposed to greater mortality and morbidity from the threat of this infectious disease, they are experiencing both physical and mental fatigue as the pandemic continues its spread. An article in Frontiers in Psychology, *Mental Health Challenges of United States Healthcare Professionals During COVID-19* (Exhibit 21), documents the impact of additional stress.

"Psychiatric morbidity in the forms of depression and/or anxiety not only is troubling in its own right, but is also highly correlated with burnout, higher rates of chronic diseases, reduced quality of life, and suicide."

The article further identifies control beliefs as coping mechanisms (in the figure, right). Having adequate supplies of personal protective equipment and training on how to limit exposure and deliver care safely to those in need can help lessen fears among nursing staff and others involved in care by giving them more control.

A study in Nursing Outlook, *Nurses Confronting the Coronavirus: Challenges Met and Lessons Learned to Date* (Exhibit 21), having adequate resources to limit risk and provide additional support to frontline clinicians is necessary to build trust, transparency, and provide compassionate responses to health care delivery challenges.

Identifying opportunities for resilience will be especially critical to combat the negative consequences. Control beliefs represent the subjective perceptions that one can influence what happens in one's life and include beliefs or expectations about the extent to which one's actions can bring about desired outcomes (Agrigoroaei and Lachman, 2010). Lachman and Firth (2004) distinguished two main sources of control: one's own efficacy (internal control, competence, or personal mastery), and the responsiveness of the environment or other people (external control, contingency, or perceived constraints) (Bandura, 1977). The two control beliefs included in the present study are mastery and constraint. Mastery is often described in terms of one's judgments about his or her ability to achieve a goal, while perceived constraints refers to the extent to which people believe factors exist which interfere with goal attainment (Lachman and Weaver, 1998b). Pearlin and Schooler (1978) suggested that personal mastery is an important psychological resource that mitigates the effects of stress and strain, and it is also associated with reduced reactivity to work-related stressors (Neupert et al., 2007). When faced with stressful situations, a strong sense of control has also been linked to low levels of selfreported perceived stress (Cameron et al., 1991) and lower risk of depression (Yates et al., 1999).

"...An early American Nurses Survey of more than 30,000 nurses across the country in April reported that 87% of nurses are very or somewhat afraid to go to work, 58% are extremely concerned about their personal safety and 55% about caring for a COVID-19 patient or person suspected of having the virus.

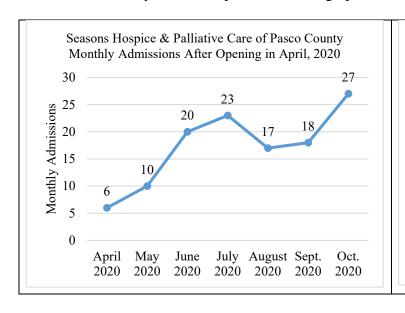
Ethical practice environments where nurses voices are heard and respected, where teams work well together, where institutional leaders support their staff, do everything they can to garner appropriate resources, and adapt policies to protect staff should be the standard."

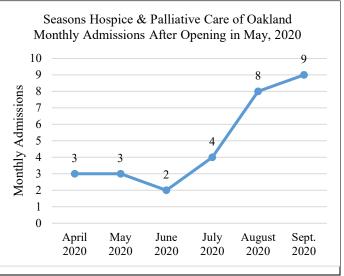
In the wake of the COVID-19 pandemic, health care providers need to be responsive to the changing needs, advisories, and requirements moving forward. Seasons Pierce County has the resources to meet these challenging times. Empowering staff with training, equipment, and having open channels of communication with management, ensures they have the resources needed to focus on their job without fear.

Continuing education, provided through Seasons Healthcare Management, includes recent courses on topics relevant to dealing with COVID-19. **Exhibit 22** includes a list of current educational offerings, including, but not limited to the following topics identified below, plus a sampling of course descriptions, to document available training resources, not only to Seasons Pierce County staff, but others in the healthcare industry.

- Strategies to Feel Empowered Amidst Moral Distress
- The Clinical Path of COVID-19
- Advanced Directives & Cultural Consideration
- How Healthcare Workers Can Still Create Connections in Time of Social Distancing
- This is Hard! My Facility is in Lockdown and I'm Struggling
- COVID-19 & PTSD: Preserving Self-Care While Managing Symptoms of PTSD During Patient Care

As testament to the model of care for delivering quality hospice services in the current environment, two Seasons Hospice affiliates were able to start new hospice agencies during the COVID-19 pandemic this year – in Pasco County, Florida and in Oakland, California. The initial admissions by month are provided in the graphs below.





Seasons Pierce County supports development of new talent, actively engaging the education community, providing internship opportunities and training initiatives. Continuing educational opportunities are available to both employees and the medical community. **Through these initiatives, Seasons Pierce County is able to build a strong workforce.** 

Seasons Pierce County will work with area colleges and universities to establish internship opportunities. Following are activities that the hospice will utilize to engage the educational and medical communities.

- **Internship programs** support the next generation of hospice workers. Through internship experiences, many students go on to careers in hospice, increasing the size of the available workforce.
- Continuing Education Units (CEU) offerings improve staff confidence and performance. Seasons also plans to offer CEU credits to local nurses and social workers not affiliated with the hospice so they may benefit from the programs.
- Compassionate Allies Program offers nursing and pre-medical students experience in working with terminally ill patients. This allows them to gain insight in the benefits of palliative care so that once in medical practice, appropriate referrals will be made to hospice at the right time to maximize comfort and care for the terminally ill patient.

Policies supporting training and education are provided in Exhibit 14. A sample Continuing Education Announcement is provided in Exhibit 22.

#### **Recruitment and Retention Practices**

A variety of techniques exist for recruitment of employees. Success in recruitment results from position descriptions that specify the experience, education, and training each job requires. The competitive environment that wages and salaries creates, and the professionals in short-supply inform the recruiter about the potential applicant pool.

The internet creates new avenues for recruiting employees, providing a showcase of the facility, onsite experience through information, photographs and videos. The ability to review position descriptions and vacancy posts, along with frequently asked questions (FAQs) that allow for receiving on-line, employment applications. Other approaches include those below:

- Seasons website, <u>www.seasons.org</u>, select "Join the Team" from the menus
- National job search sites (Indeed.com, Monster.com, etc.)
- Professional publications that maintain lists of job-seekers or that allow recruiting advertisements
- Vocational, professional technical school resource offices
- Job fairs
- Social media postings
- Arrangements with local colleges and universities that serve as a training site

In addition, through existing programs, vacancy announcements are shared, allowing current employees to consider advancement or a relocation. Keeping employees within the larger family retains the workforce and accommodates changes when a relocation may be necessary. Likewise, sharing information among offices allows for movement within to meet career goals or promotions.

Professional websites and periodicals that provide job postings attract professionals. Within the communities, the office reaches out to colleges, universities, and other social and health care

providers through networking. Oftentimes, collaborative efforts to recruit qualified personnel occur together, particularly when part-time workers respond to job-postings. Hiring part-time qualified persons opens the door to full-time.

Word of mouth from the existing workforce reaps benefits. Thus, internal recruiting opens avenues with the local population, and when current employees encourage friends or acquaintances to apply for vacancies, the vacancies may occur more quickly.

Aware of the various skill levels and talents prospective employees offer, human resource personnel conduct interviews that provide the opportunity to learn what an prospective employee seeks in a working environment, his or her goals and advancement objectives, and his or her work ethic. Understanding what employees look for from the employer, such information provides Seasons Hospice Programs with an outline for creating a workplace that supports the employees and provides them reasons to remain with the company.

Seasons Pierce County follows an inclusive employment policy. That policy assures equal employment opportunities to all people without regard to race, religion, marital status, color, creed, gender, sexual orientation, pregnancy, childbirth, age, disability, or national origin, or status. Seasons Pierce County's policy on Equal Opportunity Employment, policy number 802, appears in Exhibit 14.

Once hiring occurs, the company focuses on employee retention. Retaining a trained workforce ranks as a top priority, with the costs of replacing and training employees in the long term care setting high. Moreover, turnover disrupts care-giving, and increases anxiety among residents and their families. The education and shared objectives create a program culture of care and compassion. Employees strive for excellence that exceed standards of care.

Each program's executive director determines how to grant leave on holidays and how to cover patient care assuring sufficient staff. One option staggers the paid holiday time for employees over the same pay period. Typical holidays that require staffing include those in the list below.

- New Year's Day
- Martin Luther King Day
- Memorial Day
- Fourth of July

- Labor Day
- Thanksgiving Day
- Christmas Day
- Floating Holiday

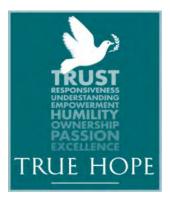
The hospice officers a competitive benefits program that reflects the hospice's commitment to employees. Benefits include, but are not limited to the following items:

- Medical & Dental Plan
- Vision Care Plan
- Dependent Care
- Medical Flexible Spending Accounts
- Life Insurance
- Disability Benefits
- Retirement Savings Program
- Paid Time Off and Holidays

Additional benefits include those listed below.

- Eligible employees to accrue paid time off during the employment year in a Paid Time Off (PTO) bank.
- A bonus Mental Health Day each quarter to eligible employees based on their attendance during the previous quarter.
- Full-time regular employees are eligible to receive differential pay if they are required to participate in active military duty for training.
- Seasons Hospice employees are encouraged to fulfill their civic responsibilities and duties, such as voting or jury duty and are compensated for their time in these activities.

Exhibit 14 includes the Patient & Family Education policy (number 224) that explains the importance of educating the patient and family about his or her condition, as well as the program of care available and the assistance the hospice provides.



Seasons Pierce County provides in-service training and staff development programs for employees that are appropriate to their responsibilities and to the maintenance of skills necessary to care for patients and families. All newly hired employees undergo an orientation period for the first 90 days of employment. Orientation includes a review of policies, procedures, philosophy, objectives, goals, job orientation emphasizing allowable duties of the new employee, safety and appropriate interactions with patients and families. A focus on company culture is emphasized with the mission and vision and values (seen in the box to the left) driving end of life experiences for each patient and family.

Exhibit 14 includes policies that explain the content of the orientation period (policy number 804), in-service education/staff development, (policy number 814), and privacy and security training (policy number 926). In addition to these policies, additional ones show the extent of training available to employees. Continuing education (policy number 815) and tuition assistance (policy number 816) show how employees' skill sets advance. With Washington State's Death with Dignity Act, Seasons Pierce County will also provide in-service training on the responsibilities of hospice workers under the law and per Seasons policy pertaining to aide plan of care (policy number 2112) and physician aid in dying (policy number 2113), as shown in Exhibit 7. Seasons' policy outlines the roles and responsibilities of hospice staff when a patient requests aid in dying.

The hospice employs an e-learning approach with different modules for employees' general orientation along with the orientation required for hospice aides, nurses and supportive care providers. A comprehensive training program is provided for volunteers, using e-learning modules, virtual classrooms, bedside experiences, office orientation, and reading materials.

The education program ensures on-going quality of care and employee engagement. As part of that process, professional videos in e-learning modules show actual patient care to teach new staff their roles in creating perfect end of life experiences. Additionally, a series of virtual classrooms led by national experts including board-certified palliative care physicians, teach disease-specific end of life care.

Below are a few examples of the interactive, searchable, and hyperlinked training resources available to field staff.

- RN Case Manager Training Manual: <a href="https://issuu.com/seasons-hospice/docs/rncm\_v2">https://issuu.com/seasons-hospice/docs/rncm\_v2</a>
- Supportive Care Training Manual for Social Workers, Music Therapists, and Chaplains: https://issuu.com/seasons-hospice/docs/sc-manual
- IPC RN Training Manual: <a href="https://issuu.com/seasons-hospice/docs/ipc">https://issuu.com/seasons-hospice/docs/ipc</a> rn

The links below are examples of weekly "Risky Business" short burst learning segments that are targeted by job title.

- Patient's Rights: https://vimeo.com/368110584/f507ff8832
- GIP: https://vimeo.com/328285208/c0c86c4c3a
- Copy & Paste: https://vimeo.com/329673476/4ef1f5cbd1
- Documentation of Eligibility: https://vimeo.com/347929460/88ba8413bb

Policies supporting training and education are provided in Exhibit 18.

#### **Research and Advancements in Hospice Care**

Seasons Pierce County supports a variety of research efforts in end of life care by partnering with local and state colleges and universities to support masters' theses, doctoral dissertations, and faculty-led research initiatives through a **National Research Committee** available through Seasons Hospice & Palliative Care. Through these efforts, advancements in care can be examined and then implemented for continuous quality improvement. The list below is a sample of research projects from 2016 to 2018, along with the affiliated research organization, for which a Seasons hospice program has served as a participant.

#### • Dr. Lynn McPherson at the University of Maryland:

- 1. An evaluation of nonprescription medications used in a hospice population
- 2. The use of antiplatelets and anticoagulants in a hospice population
- 3. The use of medications by pediatric hospice patients
- 4. The use of medications by ALS patients in hospice
- 5. The use of drugs by Parkinson's patients in hospice
- 6. Characterization of diabetes medications in hospice care
- 7. Knowledge, Skill, and Attitudes Regarding the Use of Medical Cannabis in the Hospice Population: An Educational Intervention

#### • Aykiya McQueen, University of Miami:

Music Therapy with Immigrants from Spanish Speaking Countries: A Survey of Families' Perspectives and Experiences of Music Therapy for their Loved Ones Receiving Hospice Care

#### • Jennifer J. Borgwardt, MT-BC; Temple University:

Accompanying the dying: A phenomenological investigation of the music therapy process during compassionate vent weaning

#### Mary Kraft, Indiana University:

Enhancing Family Communication with Children Utilizing Legacy Art and Discussion When a Loved One is Near the End of life: Survey of Parental Satisfaction Responses to Interventions

Familiarity exists with the region with the affiliate Seasons Hospice & Palliative Care of Oregon, LLC having a program as well as an inpatient contract at the Oregon Health and Science University Hospital. Seasons Pierce County intends to interact with and develop local agreements with area universities and schools and leverage existing national contracts to provide internships in Pierce County as a condition of the CN.

# 10. Identify your intended hours of operation and explain how patients will have access to services outside the intended hours of operation.

Seasons Pierce County's hours of operation are 24 hours a day, seven days a week. The administrative office will be open Monday-Friday 8:30-5:00 p.m. with the clinical team working and available 24 hours a day, seven days a week. Seasons' call center and clinical team respond to patient/family and referral source needs 24 hours a day, seven days a week, year round, even during times of administrative office closings due to inclement weather or emergencies.

**Exhibit 14** includes **policy number 209, Admission Process,** that specifically states, *all inquiries to Seasons Hospice will have immediate follow-up and admission to hospice within 24 hours of the inquiry unless the patient, family, referral source or physician requests a later admission date.* 

# 11. For <u>existing</u> agencies, clarify whether the applicant currently has a method for assessing customer satisfaction and quality improvement for the hospice agency.

Although this criterion is not applicable, as the applicant is not an existing agency, the proposed Seasons Pierce County agency will have a method for assessing customer satisfaction and quality improvement.

The Centers for Medicare and Medicaid Services (CMS) mandates that all hospices measure quality through the use of the Hospice Item Set (HIS) quality measures and Consumer Assessment of Healthcare Providers and Systems (CAHPS) survey results, with both methods linked to specific National Quality Forum endorsed measures of quality. Both components of the Hospice Quality Reporting Program allow individual hospices to compare their results to the national benchmark for the measure. Seasons Pierce County also plans to use the **CHECKSTER** Pulse survey for employee satisfaction. A copy of the CHECKSTER survey appears in **Exhibit 23**. **Exhibit 14** contains applicable policies that Seasons Pierce County implements to assure quality assessment and program improvement:

• Quality Assessment & Performance Improvement, policy #501

- Sentinel Events, policy #502
- Program Evaluation, policy #612

Seasons Pierce County reviews all policies on an annual basis and conforms the policies to location-specific requirements.

In addition to the local sites performing their own Performance Improvement Projects, Seasons Hospice & Palliative Care provides a National Workgroup of quality experts to help the organization find root causes to problems impacting quality, find creative solutions, and make changes nationally that directly improve the quality of care for patients and families. By performing National Performance Improvement Projects, the sites are able to double their quality focus - one at the local level and the other at the national level impacting the local program. This attention to quality led by quality experts has resulted in reducing survey deficiencies, improved quality outcomes, and greater patient and staff satisfaction.

12. For <u>existing</u> agencies, provide a listing of ancillary and support service vendors already in place.

This criterion is not applicable, as the applicant is not an existing agency.

13. Identify whether any of the existing ancillary or support agreements are expected to change as a result of this project.

This criterion is not applicable, as the applicant is not an existing agency and has no existing ancillary or support agreements.

14. For <u>new</u> agencies, provide a listing of ancillary and support services that will be established.

**Exhibit 14** includes three policies that describe how ancillary and support services function with the care team.

- Standards of Practice, policy #206
- Contracted Services, policy #202
- Financial Management, policy #606

Seasons Pierce County uses employees to deliver services, and contract personnel to supplement the skills that may not be routinely available among the employees when the plan of care requires such services. Most often, these contract services include physical, respiratory, speech, and occupational therapists. A patient may also require acupuncture, massage, or other palliative treatments for which a licensed professional is required.

Because ancillary personnel serve under contracts, they augment the plan of care by adding some additional services specified in the plan of care. At all times, Seasons employees are in control of the delivery of care, and retain control, thus assuring that the contracted personnel can meet the service demand. Contract employees are also discussed in previously mentioned policies, appearing in Exhibit 14.

Some hospices consider music therapy and dieticians as ancillary services but Seasons identifies them as core team members; they are included in the interdisciplinary group.

15. For <u>existing</u> agencies, provide a listing of healthcare facilities with which the hospice agency has working relationships.

This criterion is not applicable, as the applicant is not an existing agency.

16. Clarify whether any of the existing working relationships would change as a result of this project.

This criterion is not applicable, as the applicant is not an existing agency and therefore has no existing working relationships with healthcare facilities in Pierce County.

17. For a <u>new</u> agency, provide a listing of healthcare facilities with which the hospice agency would establish working relationships.

Active in the community, Seasons Pierce County's educational, promotional, and outreach efforts intersect with facilities, advocacy groups, religious institutions, service providers, physicians, social workers, funeral directors, and insurers (including HMOs). Working relationships often occur from the following groups:

- Nursing homes
- Hospitals
- Assisted Living Facilities
- Health Maintenance Organizations
- Physicians
- Dialysis Centers
- Social Workers

- Home Health Organizations
- Churches
- Funeral Directors
- Social Services Organizations
- Families
- Individuals

In order to assure access and availability of general inpatient care close to the patients' homes, Seasons proposes contractual agreements with nursing homes and hospitals throughout Pierce County. Letters of support will be provided during the public comment period identifying individuals and facilities with which the applicant will establish working relationships.

- 18. Identify whether any facility or practitioner associated with the application has a history of the actions listed below. If so, provide evidence that the proposed or existing facility can and will be operated in a manner that ensures safe and adequate care to the public and conforms to applicable federal and state requirements. WAC 246-310-230(3) and (5)
  - (a) A criminal conviction which is reasonably related to the applicant's competency to exercise responsibility for the ownership or operation of a hospice care agency; or

- (b) A revocation of a license to operate a healthcare facility; or
- (c) A revocation of a license to practice a health profession; or
- (d) Decertification as a provider of services in the Medicare or Medicaid program because of failure to comply with applicable federal conditions of participation.

Seasons Hospice & Palliative Care of Pierce County Washington, LLC has no history. The entity is a newly created limited liability company formed for the purpose of obtaining a certificate of need for a hospice entity that will operate in the state, serving residents of Pierce County. No healthcare agency nor any principle or officer affiliated with the applicant have had any denials or revocations of licenses nor criminal convictions.

# 19. Provide a discussion explaining how the proposed project will promote continuity in the provision of health care services in the planning area, and not result in an unwarranted fragmentation of services. WAC 246-310-230

The application requires a certificate of need in order to implement a hospice program. Persons who receive a physician-determined terminal prognosis may qualify for hospice for end of life care. Some individuals also may elect home health agency care.

Under the hospice benefit and program of care, the hospice's interdisciplinary team coordinates a range of palliative care and provides patient and family support for end of life care. The patient's attending physician participates with the hospice medical director and the interdisciplinary team, of which the patient and family belong, to identify the services that will maintain comfort for the patient based on his or her terminal diagnosis.

Seasons Pierce County's plan for general inpatient care requires contracts with nursing homes to serve as the short-term placement of the patient to stabilize the patient and control symptoms, including medicinal management, so that the patient attains a level of comfort and returns home. Nursing homes also provide the family with respite care, caring for the patient for a brief stay, so that the family caregiver has a break from daily care of the patient. A sample copy of a nursing facility services agreement is found as **Exhibit 6.** 

Seasons Pierce County intends to work with nursing homes and assisted living facilities that are residences of patients enrolled in the hospice program. These facility residences also have staff that provide services to those who reside within them. Seasons Pierce County's training program for nursing home and assisted living facilities' employees explains the roles and responsibilities, the accountability for care, and defines the roles of the facility staff and that of the hospice staff. The result in cooperation and avoidance of duplication while ensuring care for the hospice patients.

In the proposal, another specialty population **subgroup are the homeless.** Seasons Pierce County's commitment to this group requires cooperation and coordination with agencies and advocates that serve the homeless, as well as hospitals and emergency departments that also may encounter the homeless. Promotional materials and direct outreach to hospitals, fire departments, police departments and advocacy groups about the program acts as a coordination hub for assuring that homeless **persons do not die alone.** The homeless program provides housing vouchers and other means to provide a qualifying home with caregiver so that hospice services can be provided to them.

Seasons Pierce County's **Inclusive Initiative** develops diversity councils to identify impediments for those groups to hospice services, and to create pathways to remove them. Volunteers with hospice employees staffing the councils work cooperatively within and across the broader communities within the county to provide appropriate and sensitive materials that address those identified factors that can be overcome. Ways of outreach, such as community meetings, church visits, special programs, revised or newly developed educational materials, expand how minority groups can reach out to hospice. One important lesson learned from other states is to diversify the workforce so that the workforce's diversity reflects the broader community's makeup.

Hospitals are often the place where case identification occurs for end of life prognosis. The hospice social workers share information with hospital discharge planners and patient advocates about the program and services, and explain that Seasons Pierce County's staff will make assessment visits 24 hours a day, seven days a week. The ability to interact with the patient and family and provide assessments with care and compassion relieves the hospital of longer stays.

Seasons Pierce County targets community physicians to provide CEUs and other information about hospice, informing them of the benefits the hospice provides and the services. Information regarding how to open communication about palliative care and end of life care equips the community physicians with the material to engage in productive communication with the patient and family. Seasons Pierce County's assessment team or other personnel offer the community physicians to pursue palliative care discussions and planning for end of life care.

# 20. Provide a discussion explaining how the proposed project will have an appropriate relationship to the service area's existing health care system as required in WAC 246-310-230.

Seasons Healthcare Management personnel assist in implementation of all new hospice programs. Experience within different states and with the federal program requirements provide the applicant with the ability to implement the project as scheduled. Most hospice patients are elderly, and while many die from cancer, heart disease, and stroke—the nation's top three causes of death, others are elderly and have reached the end of life.

Many frail, elderly of advanced age are entering end stages of life. This fact is often overlooked, and leads many to assume that hospice care is not appropriate. However, upon careful inspection of medical records, many persons of advanced age and frailty are in fact, terminal, with respiratory and cardiac conditions for which no more curative options are available. The education of physicians and outreach efforts to facilities establish working relationships that produce appropriate referrals to hospice.

Oftentimes, hospice is called in as an "intervention". The looming death of a person becomes an event that was somehow not foreseen. Seasons Pierce County will offer more outreach and education, more hope for well-directed care, within the service area, to timely hospice care.

Seasons Pierce County engages the health care system by becoming a partner in care, working with a patient's primary care physician and the staff of the assisted living or nursing home in which

the patient resides. This partnership requires that the hospice provide support to the staff through education and accountability, clearly stated expectations, and defined services. Specifically, the enrollment of elders in nursing homes and assisted living facilities requires the employees possess the skills to augment the facilities' staff with that of the hospice care team, and together, enhance rather than duplicate services at end of life.

Seasons Pierce County's **Partners in Care** program (discussed previously) makes available education and training for the personnel within the facilities. The purpose sets expectations, assigns responsibility and accountability, provides active liaison with the hospice care team, and establishes respect of the facilities' caregivers. Both the facility staff and that of the care team adopt the same care plan and goals for the resident, and the care team relies upon the facility staff to advise, confirm, acknowledge and share information about the resident and his or her family's wishes. Therefore, continuity of care exists, improving quality of care for residents, and increasing future hospice referrals from long term care provider.

21. The department will complete a quality of care analysis using publicly available information from CMS. If any facilities or agencies owned or operated by the applicant reflect a pattern of condition-level findings, provide applicable plans of correction identifying the facility's current compliance status.

The CMS Hospice Quality Reporting Program Hospice Item Set (HIS) quality measures and Consumer Assessment of Healthcare Providers and Systems (CAHPS) survey results for hospice programs allow individual hospices to compare their results to the national benchmark for the measure. Although the applicant entity, Seasons Hospice & Palliative Care of Pierce County Washington, LLC, is a new legal entity that will hold its own license and operate independently from other healthcare agencies of the owner entity, a quality review of all Accentcare, Inc. healthcare agencies for 2018-2020 did not disclose any patterns of conditional-level findings. As noted previously, a list of all facilities affiliated with AccentCare, Inc. is provided in **Exhibit 3.** Agencies that were acquired by AccentCare, Inc. during this timeframe are also identified by date in **Exhibit 3.** 

Licensing and accreditation surveys for 2018-2020 reveal adherence to quality standards and timely implementation of corrective action plans followed by satisfactory compliance survey when necessary. A total of 7 Seasons hospice agencies and one AccentCare agency received condition-level findings during this timeframe. Although the results do not rise to the level of a pattern of condition-level findings, for transparency, copies of the surveys are provided in **Exhibit 24.** 

22. If information provided in response to the question above shows a history of condition-level findings, provide clear, cogent and convincing evidence that the applicant can and will operate the proposed project in a manner that ensures safe and adequate care, and conforms to applicable federal and state requirements.

The quality review noted in response to Question 21, above, did not disclose any pattern of conditional-level findings that would jeopardize the delivery of safe and adequate care. A root cause analysis reveals documentation inconsistencies as a primary basis for citations in routine surveys. As a result, SHCM invested in changing the electronic medical record (EMR) platform to a system that

prevents such inconsistencies. completed in early 2021, allowin EMR will prevent these docur clinicians routinely provide.	ng any Washington	programs to start w	ith the new syster	n. The new

#### D. Cost Containment (WAC 246-310-240)

1. Identify all alternatives considered prior to submitting this project. At a minimum include a brief discussion of this project versus no project.

Seasons Pierce County, is responding to the Department of Health's 2020 methodology documenting a need for an additional hospice agency to serve residents of Pierce County. Any alternative that does not include adding a program in Pierce County does not address the unmet need identified by the Department of Health.

Regardless of need, the only alternative in a state that requires CN is to acquire an existing hospice agency. However, no opportunities to purchase an existing agency have been identified.

Establishing new hospice agencies in areas where they are needed most, such as Pierce County, Washington, the principals of Seasons Hospice & Palliative Care are able to continue the mission of honoring life and offering hope to the terminally ill and their families. As business opportunities increase, so do the benefits the companies offer to the communities they serve.

2. Provide a comparison of the project with alternatives rejected by the applicant. Include the rationale for considering this project to be superior to the rejected alternatives. Factors to consider can include, but are not limited to: patient access to healthcare services, capital cost, legal restrictions, staffing impacts, quality of care, and cost or operation efficiency.

Government limitations on the establishment of new hospice agencies through the CN program determines the number needed to serve the planning area. In Pierce County need was announced for an additional hospice agency to meet future need. Regardless of the inability to identify an existing hospice agency willing to sell its operations, not establishing additional capacity limits service, and therefore limits access and quality of health care to the community.

Hospice care reflects a highly personalized and specialty managed regimen of services. End of life care requires personal interactions among medical and nursing professionals, the patient, the family, significant others and volunteers aligned to meet the last wishes of the patient for a painless experience during the process of dying. Sensitivity, compassion, attention to detail, managing emotions and reactions, and producing comfort form a hallmark of hospice care.

As discussed previously, racial and ethnic disparities in accessing hospice care are seen in Pierce County. Seasons Pierce County believes it can overcome many of the cultural barriers through its proposed outreach efforts, diversity in staffing, and programs developed to overcome such racial and ethnic barriers. This is based on the experience of Seasons Hospice affiliates throughout a diverse range of communities across the nation. Furthermore, a recent article, Closing the Gap in Hospice Utilization for the Minority Medicare Population, concludes that "the prevalence of for-profit hospices was associated with significantly increased hospice utilization among racial/ethnic

minorities."<sup>11</sup> The article provides evidence that while racial and ethnic disparities in hospice care exist, for-profit hospices enroll more minorities, which in turn leads to increased access and overall lower healthcare costs. A copy of this article is found in **Exhibit 11**.

As the methodology in use by the Department of Health demonstrates, the current capacity of hospices serving the market is 3,740, lower than the forecast of 4,131 by CY 2022. The import of the methodology shows that without program expansion, existing providers' program growth lags the future forecast, limiting patient access. Approval of a new hospice program spurs market growth through innovations and new services, thereby improving access and quality of care.

Capital cost outlays are small relative to establishment of a new healthcare facility, as the service for hospice care is delivered in home. Seasons Pierce County's hospice agency is funded with \$2 million in cash to furnish and equip office space and fund initial operating deficits during the start-up period. The program reaches a breakeven point during the second full year of operations, CY 2024. Moreover, as indicated in the above referenced article, increasing access to minorities, an under-served population, lowers Medicare costs, with an average savings of approximately \$2,105 per Medicare hospice enrollee. Overall, this leads to improved access and quality of life while producing a cost savings.

Furthermore, Seasons Pierce County addresses staffing issues in *Section C*, *Structure and Process (Quality) of Care, Question #9*, pages 76-83, and is not repeated here. Recruitment and retention efforts, along with education and outreach efforts ensure a strong workforce results with establishment of Seasons Pierce County. Therefore, the impact on staffing is positive as development opportunities increase for the healthcare workforce.

Overall, approval of Seasons Pierce County's hospice program for Pierce County is consistent with the Department's need methodology, assures residents of Pierce County with ongoing access to quality hospice services, and improves job opportunities for nursing and social services. The only alternative to establish a new hospice agency is to purchase an existing hospice, but limited availability excludes this alternative.

- 3. If the project involves construction, provide information that supports conformance with WAC 246-310-240(2):
  - The costs, scope, and methods of construction and energy conservation are reasonable; and
  - The project will not have an unreasonable impact on the costs and charges to the public of providing health services by other persons.

This criterion is not applicable. The proposal does not involve construction of a health care facility.

4. Identify any aspects of the project that will involve appropriate improvements or innovations in the financing and delivery of health services which foster cost containment and which promote quality assurance and cost effectiveness.

<sup>&</sup>lt;sup>11</sup> Closing the Gap in Hospice Utilization for the Minority Medicare Population, M. Courtney Hughes, PhD, MS and Erin Vernon, PhD, MA; Gerontology & Geriatric Medicine, Vol. 5: 1-8, 2019

Increasing availability and access to hospice care through the introduction of a new hospice agency or agencies within the planning area has a positive effect on cost containment. As the majority of hospice care is reimbursed by Medicare and Medicaid, charges are limited by the reimbursement rates and program limits. As discussed previously in response to **Section B**, **Financial Feasibility**, **Question #8**, pages 66-67, cost efficiencies and improved quality of life are demonstrated with increased hospice use. The cited articles documenting cost containment and quality assurance appear in **Exhibit 18** in the Appendix.

The numerous programs and services of Seasons Pierce County described in detail in *Section II*, *Project Description*, pages 8-14 and in response to *Question #7*, pages 16-30, demonstrate the innovative ways in the delivery of hospice service. The applicant's commitment to seeking Joint Commission accreditation and adherence to conditions of participation in the Medicare and Medicaid programs demonstrate the program's ability to deliver quality care. Therefore, quality, choice, and cost effective care results with approval of Seasons Pierce County. The new hospice agency will increase the number of hospice enrollments and provide a diverse array of services to improve quality of life for terminally ill residents of Pierce County.

#### IV. HOSPICE AGENCY SUPERIORITY

#### Superiority Criteria WAC 246-310-290(11)

- (11) To conduct the superiority evaluation to determine which competing applications to approve, the department will use only the criteria and measures in this section to compare two or more applications to each other.
- (a) The following measures must be used when comparing two or more applications to each other:

#### (i) Improved service to the planning area;

Having the ability to bring key personnel together to open the program ensures success. Management's experience with hospice implementation covers multiple states, some of which have differing requirements. As a new provider in Pierce County, Seasons' representatives visit the county for the purpose of meeting people, understanding the county and its operations, reviewing health care providers, and talking with both citizens and professionals. Information gleaned from the assessment provides the basis for tailoring hospice services for each community, avoiding a "one size fits all" approach to community care. Seasons' visits to Pierce County results in understanding preferences and needs as expressed by residents and professionals within the county.

Employees understand that patients lie within the center from which they direct choices in their care. Likewise, management and administration place employees at the center of care delivery system vesting in them the trust to meet each person's needs. Recruitment and retention play important roles in what becomes the force behind each service a patient receives.

The application showcases the following components that will improve service to Pierce County.

- Expertise in successful opening and operating hospice across the nation with strong financial backing
- Expertise in implementing innovative programs (such as Namaste Care, Cardiac Care Program, Kangaroo Kids, and Camp Kangaroo) and meeting patients' specific requests, such as placing a ventilator to allow patient to die at home
- Expertise in employing technologies that enhance patient care and delivery of services
- Expertise that reaches into communities to diversify the workforce and in so doing, reach under-served persons

- Expertise in analyzing unmet need within communities and tailoring hospice services to reach and meet such need
- Expertise in empowering the workforce through comprehensive training and education
- Expertise in networking and creating linkages to schools and universities for internships and other experiences to encourage hospice care as a career choice

#### (ii) Specific populations including, but not limited to, pediatrics;

Seasons Pierce County's commitment to serving the disadvantaged and vulnerable populations such as the homeless, minorities, the elderly and children, will bring hospice care to traditionally underserved groups. Outreach to homeless shelters, community health centers, and other community and social service organizations will increase awareness and enrollment in hospice care.

As discussed previously in *Section II*, *Project Description*, *Question 10*, pages 32-40, Seasons Pierce County's diversity programs and dedication to under-served populations like the homeless; minorities; pediatric population; elderly, particularly those in assisted living and nursing homes; as well as those with Alzheimer's disease and other dementias, open doorways to greater cooperation among other social and advocacy organizations. Choice among providers allows residents to find a "hospice home" in which their needs find compatibility. Seasons Pierce County offers hospice services tailored to these and other populations (e.g., veterans), ensuring the end of life needs of multiple populations are met, filling gaps in service.

#### (iii) Minimum impact on existing programs;

The Seasons hospice programs across the nation reflect strength and experience that brings a new market entrant to Pierce County with resources for education and case-finding. Additional marketing efforts and outreach benefit all hospices because greater knowledge occurs among residents. The increase in promotion brings attention to hospice, and through the new entrant's efforts, increases awareness. Seasons Pierce County will work closely with facilities and physicians to ensure they have an understanding of the benefits of hospice care so residents and patients can be referred timely and benefit.

What Seasons Pierce County offers residents is greater differentiation among services that validates the hospice end of life experience. Though a competitor in one sense, hospices with common missions create synergy as well as opportunities to reach farther into subpopulation groups. Seasons Pierce County's initial area analysis identifies unmet needs so that service complements that of other programs, filling the gaps in delivery of hospice care to area residents.

Seasons Pierce County's diversity programs and dedication to under-served populations like the homeless open doorways to greater cooperation among other social and advocacy organizations. Choice among providers allows residents to find a "hospice home" in which their needs find compatibility. By seeking out the under-served, Seasons Pierce County fills the gaps in service.

Seasons Pierce County's ability to attract and recruit staff from across the United States, in addition to supporting local colleges and universities with internship placements and building the next generation of nurses, help to minimize impact of staffing a new program.

#### (iv) Greatest breadth and depth of hospice services; and

As discussed in *Section II*, *Project Description*, pages 9-15 and in response to *Question #7*, pages 16-30, Seasons Pierce County offers a breadth and depth of services and programs equal to or superior to others across the industry. A review of the section on programs showcase the advantages that Seasons Pierce County brings to residents. Seasons Pierce County leverages the experience and expertise from the entire network of Seasons Hospice Programs, raising the bar for hospice care in Pierce County. Seasons Pierce County's program offerings, particularly the electronic medical record and 24-hour, seven days a week call center, make accessible and available services that distinguish the programs.

Within the organization, although each program operates independently, all share a common mission and service to their communities. Within the network of providers, innovation is encouraged, often with new programs stemming from specific needs identified locally. For instance, a recently licensed hospice program in Pasco County Florida, Seasons Hospice & Palliative Care of Pasco County, LLC, discovered a large homeless population during its initial needs assessment during the CN process and developed a Homeless Program. That program is now being adopted by other Seasons Hospice programs, including Seasons Pierce County, to ensure that the homeless and disadvantaged residents get appropriate end of life care.

Seasons Hospice & Palliative Care developed through a desire to care for families whose needs were not being met by other hospice programs. Similarly, patient care programs shared throughout the network of providers evolve through finding solutions to specific needs. For example, a patient on ventilator support wished to die at home. No hospices in the Chicago area would provide in-home mechanical ventilation. Seasons Hospice leadership said a way would be found, and did so, developing the in-home mechanical ventilation program now available at all Seasons Hospices. Seasons Open Access program and others allow residents to receive palliative care and hospice care at the right time, and in the right setting. Other programs, such as Namaste Care, develop to improve quality of care. In this case, Alzheimer's' patients needed specialized care to improve the way in which care is delivered, recognizing specific needs of dementia patients. The program's success, adopted across all Seasons Hospice Programs, is now taught to all care staff and volunteers to improve quality for all patients. Seasons Pierce County's focus on resident-centered care allows patients' needs to drive programs and services.

#### (v) Published and publicly available quality data.

As noted previously, each Seasons Hospice & Palliative Care hospice program operating nationally is its own operating entity that is legally, operationally, and financially separate and distinct from the others. Each hospice program has its own license in the state in which it operates and its own administrator. Each hospice is responsible for its own management, and no actions or financial conditions of one hospice program affect any other hospice program. The most recent Hospice Item Set (HIS) quality measures and Consumer Assessment of Healthcare Providers and Systems (CAHPS) survey results for all of AccentCare, Inc.'s healthcare agencies across the country show that all operate quality programs. Both components of the Hospice Quality Reporting Program allow individual hospices to compare their results to the national benchmark for the measure.

#### V. MULTIPLE APPLICATIONS IN ONE YEAR

#### **Multiple Applications in One Year WAC 246-310-220**

1. Is the applicant (defined under WAC 246-310-010(6)) submitting any other hospice applications under either of this year's concurrent review cycles? This could include the same parent corporation or group of individuals submitting under separate LLCs under their common ownership.

If the answer to this question is no, there is no need to complete further questions under this section.

Seasons Hospice & Palliative Care of Pierce County Washington, LLC is the Applicant and intended licensee of the proposed hospice program. This entity is wholly owned by **AccentCare**, **Inc.** AccentCare, Inc. is also the owner of the following entities that have filed Letters of Intent for a CN in the designated counties during this year's concurrent review cycle.

- Seasons Hospice & Palliative Care of King County, LLC
- Seasons Hospice & Palliative Care of Thurston County, LLC
- Seasons Hospice & Palliative Care of Snohomish County Washington, LLC
- 2. If the answer to the previous question is yes, clarify:
  - Are these applications being submitted under separate companies owned by the same applicant(s); or
  - Are these applications being submitted under a single company/applicant?
  - Will they be operated under some other structure? Describe in detail.

Each of the proposed hospice programs under AccentCare, Inc. is its own operating entity that is legally, operationally, and financially separate and distinct from the others. Each hospice program will have its own license and its own administrator. Each hospice is responsible for its own management, and no actions or financial conditions of one hospice program affect any other hospice program. There is no common financial reporting or operations between the various agencies. Each agency is financially and operationally independent, and its success or failure, both financially and operationally, is dependent on its own performance.

As described previously in the Applicant Description Section in the front of the application, AccentCare, Inc. owns and operates a number of healthcare providers throughout the country. An organizational chart showing the business structure of Seasons Hospice & Palliative Care of Pierce County Washington, LLC, along with the other Seasons Hospice & Palliative Care entities applying for a Certificate of Need this year's review cycles, is included herewith in response to Question 5. Information on the healthcare entities which fall under the AccentCare, Inc. umbrella, including the 31 currently operating Seasons Hospice & Palliative Care providers, is provided in response to Question 6.

3. Under the financial feasibility section, you should have provided a pro forma balance sheet showing the financial position of this project in the first three full calendar years of operation. Provide pro forma balance sheets for the <u>applicant</u>, assuming approval of this project showing the first three full calendar years of operation. In addition, provide a pro forma balance sheet for the <u>applicant</u> assuming approval of <u>all</u> proposed projects in this year's review cycles showing the first three full calendar years of operation.

The applicant, Seasons Hospice & Palliative Care of Pierce County Washington, LLC provided its pro forma balance sheet in **Exhibit 15** for its first full three years of operations. This applicant is not impacted by the operations of the other three entities applying for separate licenses under their respective legal entities. However, a combined pro forma balance sheet for all four proposed projects in this year's review cycles demonstrating the impact on the parent, AccentCare, Inc. is provided in **Exhibit 15**.

- 4. In the event that the department can approve more than one county for the same applicant, further pro forma revenue and expense statements <u>may</u> be required.
  - If your applications propose operating multiple counties under the same license, provide combined pro forma revenue and expense statements showing the first three full calendar years of operation assuming approval of all proposed counties.
  - If your applications proposed operating multiple counties under separate licenses, there is no need to provide further pro forma revenue and expense statements.

All projects for new hospice agencies by applicants for which AccentCare, Inc. is the owner will operate under separate licenses.

## **APPENDIX**

### **EXHIBIT 1**

**Applicant Entity Certificate of Formation and Washington Application of Foreign Registration** 

Page 1

# Delaware The First State

I, JEFFREY W. BULLOCK, SECRETARY OF STATE OF THE STATE OF

DELAWARE, DO HEREBY CERTIFY THE ATTACHED IS A TRUE AND CORRECT

COPY OF THE CERTIFICATE OF FORMATION OF "SEASONS HOSPICE &

PALLIATIVE CARE OF PIERCE COUNTY WASHINGTON, LLC", FILED IN

THIS OFFICE ON THE TWENTY-EIGHTH DAY OF DECEMBER, A.D. 2020, AT

5:33 O'CLOCK P.M.

SECTION OF CHAPTER OF THE PROPERTY OF THE PROP

4560540 8100 SR# 20208770731 Authentication: 204432994

Date: 12-29-20

State of Delaware
Secretary of State
Division of Corporations
Delivered 05:33 PM 12/28/2020
FILED 05:33 PM 12/28/2020
SR 20208770731 - File Number 4560540

#### CERTIFICATE OF FORMATION

OF

# SEASONS HOSPICE & PALLIATIVE CARE OF PIERCE COUNTY WASHINGTON, LLC

This Certificate of Seasons Hospice & Palliative Care of Pierce County Washington, LLC (the "Company"), dated as of 28<sup>th</sup> day of December, 2020, is being duly executed and filed by the undersigned, as an authorized person, to form a limited liability company and in accordance with the Delaware Limited Liability Company Act (6 Del. C. § 18 101, et seq.). The undersigned hereby certifies as follows:

FIRST. The name of the limited liability company formed hereby is Seasons Hospice & Palliative Care of Pierce County Washington, LLC.

SECOND. The address of the registered office of the Company in the State of Delaware is c/o The Corporation Trust Company, 1209 Orange Street, Wilmington, Delaware 19801.

THIRD. The name and address of the registered agent of the Company for service of process in the State of Delaware is The Corporation Trust Company, 1209 Orange Street, Wilmington, Delaware 19801.

IN WITNESS WHEREOF, the undersigned has executed this Certificate of Formation as of the date first above written.

By: /s/ Imole Ogowewo

Name: Imole Ogowewo Title: Authorized Person



Corporations & Charities Division
Physical/Overnight address:
801 Capitol Way S

801 Capitol Way S Olympia, WA 98501-1226

Mailing address:

PO Box 40234 Olympia, WA 98504-0234 Tel: 360.725.0377 sos.wa.gov/corps

#### **INSTRUCTIONS- FOREIGN REGISTRATION STATEMENT RCW 23.95**

<u>General Instructions</u>: Use dark ink only. Complete the entire form and enter all requested information in the fields provided. A fillable .pdf version of this form is available for download, or you can file online at <a href="https://www.sos.wa.gov/corps">www.sos.wa.gov/corps</a>

Mail: Send the completed form and payment to the address listed above.

<u>Payment</u>: Make checks or money orders payable to "Secretary of State." Checks cannot be backdated more than 60 days from the date the check is received.

**Expedited Service:** If expedited service is requested, include an *additional* \$50 fee and check the box indicating expedited service on page 1.

Fees: The filing fee is \$180 for all entity types except for nonprofit entities. Foreign nonprofit entities submit a filing fee of \$30.

#### ALL FILING FEES ARE NON-REFUNDABLE. ALL DOCUMENTS ARE PUBLIC RECORD.

<u>Required</u>: A Certificate of Existence/Good Standing or document of similar import from the home jurisdiction issued no more than 60 days before the date of submission must be attached to this filing. Failure to do so will result in the Foreign Registration Statement being returned for correction. Contact your Secretary of State or your keeper of corporate records for instructions on obtaining this document.

(1) Requalification: If this entity has previously registered with our office, indicate so by checking "Yes" and provide the UBI number and the previous registration expiration date. In addition, under section (13), "Date Began Doing Business in Washington," enter the last registration expiration date. Back fees may apply. Contact our office for details and fee calculation.

(2) Unified Business Identifier (UBI): If the entity has previously filed with another state agency such as the Department of Revenue, the Department of Labor and Industries, or the Employment Security Department, the entity may already have a 9-digit UBI number that can be entered. Do not enter the UBI number of a Sole Proprietorship or General Partnership. If the entity does not have a UBI number, select "No" and continue with the filing. If "No" is selected, the entity will be issued a UBI number upon successful completion of the filing.

(3) Entity Name: Enter the name as it appears on the Certificate of Existence/Good Standing from the home jurisdiction. For naming requirements see RCW 23.95.305 for the specific entity type.

If the entity does not have a Name Reservation Number, select "No" and enter a name for review. If "Yes," enter the Name and Reservation Number.

(4) Doing Business As (DBA) Name: If the name of the entity is not available in Washington or the designation does not meet statutory requirements, choose an alternate name (DBA) to use in Washington. Refer to RCW 23.95.525 for more information.

(5) Jurisdiction: Enter the home state or country under whose law the organic documents are filed.

(6) Entity Type in Home Jurisdiction: Select the type of structure the entity is filed as in the home jurisdiction.

Foreign Registration Statement Washington Secretary of State Revised 11.2019

(7)Registered Agent: All entities must have a Registered Agent in Washington State per RCW 23.95.415. Select only **one** type of agent. The Consent of the Registered Agent **must** be signed, regardless of the type of Registered Agent. Print the name and title of the person signing and provide the date of signature.

- **Option 1:** Commercial Registered Agent is an entity or individual registered with the Office of the Secretary of State, whose nature of business it is to receive legal documents, notice, or demand required or permitted by law to be served on behalf of the entity. A Commercial Registered Agent has a verified address on record with the Office of the Secretary of State.
  - Select "Yes" or "No."
    - If "Yes," provide the name of the Commercial Registered Agent. An address is not required.
    - If "No," continue to Option 2: Noncommercial Registered Agent directions below.
- **Option 2:** Noncommercial Registered Agent is an entity or individual who agrees to receive legal documents, notice, or demand required or permitted by law to be served on behalf of the entity.
  - o Make **one** selection: Individual, Entity, or Office/Position, and fill out accordingly.
    - Individual: Write the individual's first and last name.
    - Entity: Write the entity's full name.
    - Office/Position: Write the office or position such as President, Secretary, or Member.
  - o Provide the required **physical** street address of the Noncommercial Registered Agent. You may also provide the mailing address if needed. Addresses **must** be in Washington State.
  - Provide a contact phone number and email address (optional). This information will be used if there are any
    questions regarding the submission.

(8) Principal Office: Enter the principal office address. This is the place where the entity's records are kept. This address must be a physical address. A PO Box or PMB will not be accepted. The address does not need to be in Washington State.

- (9) Governors: List the individuals/entities responsible for governing the entity. Attach additional pages if necessary. An entity cannot serve as its own governor. A governor is commonly an entity/individual who has the authority to make decisions on behalf of the entity.
- (10) Date of Formation: Enter the date of formation as recorded in the home jurisdiction.
- (11) Period of Duration in Home Jurisdiction: Enter the entity's period of duration as it is recorded in the home jurisdiction.
- (12) Nature of Business: Enter a brief description of the type of business the entity conducts in Washington State.
- (13) Date Began Doing Business: Select the date the entity began or will begin doing business in Washington State.
- (14) Effective Date: Select the date this filing is to be effective. If "Date of Filing" is selected, the effective date will be the date the submission is completed by our office. A future effective date may be specified which may not be more than 90 days after the date of filing.
- (15) Return Address for this Filing: This section is optional. This address will be sent document(s) regarding this specific filing in addition to the document(s) being sent to the Registered Agent's street/mailing address.
- (16) Authorized Person: Sign, print, provide the signer's title, and date the document.

If you have questions, need assistance, or would like to provide feedback, visit the Corporations & Charities Division website at <a href="https://www.sos.wa.gov/corps">www.sos.wa.gov/corps</a> or call 360-725-0377.



Physical/Overnight addressMailing Address801 Capitol Way SPO Box 40234

Olympia, WA 98501-1226 Olympia, WA 98504-0234

□ Nonprofit \$30
 □ All Other Entity Types \$180
 □ To Expedite Filing Add \$50

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#### FOREIGN REGISTRATION STATEMENT

**RCW 23.9**5

All fields required unless otherwise specified				
(1) REQUALIFICATION:				
Has this entity previously registered with the Office of the Secretary of State? (Check one) □ Yes ⋈ No				
If Yes, provide UBI # and Expiration date, then continue: UBI #: Expiration: If No, please continue.				
(2) Do you already have a UBI Number? (Check one)   Yes No If Yes, provide UBI #				
If No, a new UBI # will be issued to you upon successful completion of the filing.				
(3) ENTITY NAME: Seasons Hospice & Palliative Care of Pierce County Washington, LLC  Name must match the name listed on the Certificate of Existence/Good Standing				
Name must match the name listed on the Certificate of Existence/Good Standing				
Does the entity have a name reserved? (Check one) □ Yes \( \nd{N} \) No				
If Yes, provide the Name Reservation Number and Name . If No, provide only the name above.				
Reservation Number:				
For name requirements, please see the following RCW(s) as shown below.				
$ \textbf{Profit Corporation -} \ \underline{RCW\ 23.95.305\ (1)}, \qquad \textbf{Nonprofit Corporation -} \ \underline{RCW\ 23.95.305\ (2)}, \qquad \textbf{Limited Partnership -} \ \underline{RCW\ 23.95.305\ (3)}, $				
Limited Liability Partnership - RCW 23.95.305 (4), Limited Liability Company - RCW 23.95.305 (5)				
(4) DOING BUSINESS AS (DBA) NAME: RCW 23.95.525				
If above name is not available, enter a name to be used in Washington State.				
(5) JURISDICTION:				
Country: United States State: Delaware				
(6) ENTITY TYPE IN HOME JURISDICTION: (Check one)				
□ Profit Corporation □ Limited Liability Company □ Nonprofit Corporation □ Limited Partnership				
□ Limited Liability Partnership □ Professional Profit Corporation □ Professional Limited Liability Company				

(7) REGISTERED AGENT:				
Is the Registered Agent a Commercial Registered Agent?   ✓ Yes   ✓ No				
If Yes, provide the name of the Commercial Registered Agent: CT Corporation System				
A Commercial Registered Agent is an receive legal documents on behalf of a on record with the office.			the Office of the Secretary of State to gent has the entities/individual's address	
A Registered Agent consent is still re	quired for a Commo	ercial Registered A	gent located below.	
If No, please continue below				
			e the name below the checked box. ing address if needed.	
□ Individual	□ Entity		□ Office or Position	
First and last name of a Non-commercial Registered Agent. (Any person not registered as a Commercial Registered Agent.)	Name of a Non-commercial Registered Agent. (Any business not registered as a Commercial Registered Agent.)		List the Office or Position serves as agent. (Only if using the specific office or position as the registered agent, no matter who holds the position like: Secretary, Member or Treasurer.)	
Phone: Email:				
Registered Agent Street Addr (Must be a physical address. No PC	` • /	Registered Agent Mailing Address (optional)  Check if mailing address is the same as street address		
Country: <u>United States</u> State: <u>Washington</u>		Country: <u>United States</u> State: <u>Washington</u>		
Address :		Address :		
Zip: City:		Zip: City:		
I hereby consent to serve as Registered responsibility to accept service of proceand to immediately notify the Office of CT Corporation System  By:  Kathrire Schruidn	Agent in the State of ess, notices, and dema the Secretary of State  Katherine Schn	Washington for the ands on behalf of the e if I resign or change eider, Asst. Secretary	ge the Registered Office Address.  1/26/2021	
Signature of Registered Agent	J	Printed Name/Title	Date	

(8) PRINCIPAL OFFICE: *The place where the entity's re	ecords are kept			
Street Address (Must be a physical address; No PO Box or PMB)	Mailing Address (optional)			
Address: 6400 Shafer Ct., Suite 700	☐ Check if mailing address is the same as street address.			
Address:	Address:			
<b>Zip:</b> 60018 City: Rosemont	Zip: City:			
State: _ IL Country: USA	State:Country:			
Phone: (optional) En	mail: (optional)			
(9) GOVERNORS: *An entity cannot serve as its own Gove				
List at least one, attach additional pages if necessary				
Name: Todd Stern	Name:			
	Name:			
Name:	Name:			
(10) DATE OF FORMATION IN HOME JURISDIC	ETION: December 28, 2020			
(11) PERIOD OF DURATION IN HOME JURISDIC	CTION: Please check ONE of the following			
■ This Company has a perpetual duration □ The	his Company has a duration of years.			
☐ This Company expires on				
(12) NATURE OF BUSINESS: *Briefly describe the type Hospice and palliative care.				
Trospice and pamative care.				
(13) DATE BEGAN DOING BUSINESS IN WASHIN	NGTON: Please check ONE of the following:			
■ Date of filing □ Specify a date				

(14) EFFECTIVE DATE:				
■ Date of filing □ Specify a date	cannot be mo	ore than 90 days from receive	d date	
(15) RETURN ADDRESS FOR THIS FILING:	(Optional)			
This address will be sent document(s) regarding the Registered Agent's street/mailing address.	is specific filing in a	ddition to document(s) b	being sent to the	
Attention to:	Email: _			
Address:				
CitySta	ate	Zip	_	
(16) AUTHORIZED PERSON:				
I hereby certify, under penalty of law, that the above information is accurate and complies with the filing requirements of state law.				
	Todd Stern		01/25/2021	
Signature of Authorized Person	Printed Nam	e/Title	Date	

<u>REQUIRED</u>: A Certificate of Existence/Good Standing or document of similar import from the home jurisdiction issued no more than 60 days before the date of submission must be attached to this filing. Failure to do so will result in the Foreign Registration Statement being returned for correction. Contact your Secretary of State or your keeper of corporate records for instructions on obtaining this document.

## **EXHIBIT 2**

# **Services Agreement**

## **SERVICES AGREEMENT**

THIS SERVICES AGREEMENT (this "Agreement") is effective as of the 28<sup>th</sup> day of December, 2020, between SEASONS HOSPICE & PALLIATIVE CARE OF PIERCE COUNTY WASHINGTON, LLC (the "Hospice"), and SEASONS HEALTHCARE MANAGEMENT ("SHCM").

### RECITALS

- A. SHCM provides hospice consulting and financial services for various hospice programs.
- B. Hospice owns and operates or will own and operate a hospice program located in Pierce County, Washington (the "Program").
- C. Hospice desires to engage SHCM to provide hospice consulting and services to Hospice for the Program, and SHCM desires to accept such engagement, on the terms and subject to the conditions of this Agreement.

#### **AGREEMENTS**

In consideration of the recitals and the mutual agreements below, the parties agree as follows:

- 1. <u>Term.</u> Unless earlier terminated pursuant to the terms of this Agreement, the terms of this Agreement shall continue until either party sends written notice to the other party setting a termination date which is no less than sixty (60) days following the date of said notice.
- 2. <u>SHCM Services</u>. During the Term, SHCM shall provide Hospice with the hospice consulting and financial services for the Program as described on <u>Exhibit A</u> (the "Services").
- 3. No Professional Medical or Hospice Services. The parties acknowledge and agree that SHCM is not authorized or qualified to engage in any activity which constitutes professional medical or hospice services, and none of the Services provided by SHCM as required herein shall be construed as the practice of medicine or other professional health care services by SHCM. To the extent any act or service required to be performed or provided by SHCM is construed or deemed by any legal authority to constitute the practice of medicine or another professional health care service, SHCM shall be released from any obligation to provide such act or service and the provision for such required act or service shall be deemed waived and forever unenforceable without otherwise affecting the terms of this Agreement; provided, however, that the parties shall diligently endeavor in good faith to make other mutually satisfactory agreements relating to any problematic or prohibited provisions or actions which will not constitute the practice of medicine or another professional health care service by SHCM.

Notwithstanding anything to the contrary contained herein, nothing shall impair the independent professional judgment of Hospice and its health care professional employees and agents.

## 4. <u>Hospice's Obligations</u>.

- (a) <u>Exclusivity</u>. Hospice shall, during the Term, not retain, engage or employ, directly or indirectly, any other entity or individual to provide the Services.
- (b) <u>Management and Control</u>. Hospice services shall be performed solely by, or under the direct supervision of Hospice and at the sole cost and expense of Hospice. Hospice shall have complete and absolute control over its operations and the methods by which Hospice and its personnel render the professional hospice services. Hospice shall operate in accordance with, and shall require that each of its personnel comply with, all applicable regulations, including, without limitation, applicable state laws and regulations and the Medicare Conditions of Participation for Hospice Care.
- (c) <u>Bank Accounts</u>. Hospice shall establish and maintain one or more bank accounts (collectively, the "Operating Account"). Upon receipt by SHCM of any funds from patients or payors or from Hospice for hospice services, SHCM shall immediately deposit such funds into the Operating Account.
- (d) <u>Payor Relationships</u>. Hospice shall participate as a provider in Medicare, Medicaid and managed care arrangements. Hospice and its personnel shall comply with all policies, programs and requirements, including, without limitation, the quality assurance and utilization review programs of Medicare, Medicaid and managed care arrangements.
- (e) <u>Good Standing</u>. Hospice shall, and shall cause its professional personnel to, take all actions necessary to ensure that Hospice may legally provide hospice services under applicable law and regulations. Hospice shall ensure that each of the hospice's professional personnel participates in appropriate continuing education activities.

## (f) Powers of Attorney and Billing.

- (i) <u>General</u>. Hospice appoints SHCM to act as its agent in the billing and collection for reimbursement of all of Hospice's services to patients. Hospice shall cooperate with SHCM in all reasonable matters relating to the billing and collection for reimbursement of all Hospice services, including, without limitation, compliance with SHCM's billing and collection policies and procedures and corporate compliance policies. Hospice shall review and approve the reports and other information required to support complete and accurate bills. Hospice will provide such necessary support to appeal or contest any denials of claims or other regulatory issues.
- (ii) <u>Attorney-In-Fact</u>. In connection with the billing and collection services to be provided hereunder and throughout the Term, Hospice hereby grants to SHCM a special power of attorney and appoints SHCM as Hospice's true and lawful agent and attorney-in-fact, and SHCM hereby accepts such special power of attorney and appointment, for

the following purposes:

- (A) To provide for the billing of Hospice's patients, in the name of Hospice and on behalf of Hospice, as applicable, for all billable services provided by Hospice to patients;
- (B) To provide for the billing in Hospice's name and on Hospice's behalf all claims for reimbursement or indemnification from insurance companies, Medicare, Medicaid and all other third-party payors or fiscal intermediaries;
- (C) To collect and receive in Hospice's name and on Hospice's behalf, for deposit into the Operating Account, all accounts receivable generated by such billings and claims for reimbursement; and
- (D) To endorse in the name of Hospice, for deposit into the Operating Account, any notes, checks, money orders, insurance payments and any other instruments received in payment for services.
- (iii) <u>Power</u>. The special and limited power of attorney granted herein shall be coupled with an interest. The power of attorney shall expire on the date this Agreement has been terminated.
- (iv) <u>Assignment</u>. If SHCM assigns this Agreement in accordance with its terms, Hospice shall execute a power of attorney in favor of the assignee.

## (g) Records.

- (i) <u>Maintenance of Records</u>. Hospice shall be responsible for the preparation of, and direct the contents of, patient health care records and shall be responsible for proper documentation of services provided by Hospice. All patient health care records shall remain the property of Hospice.
- shall retain all patient health care records maintained by Hospice or SHCM in the name of Hospice. SHCM shall, at its option and to the extent permitted under applicable law, have reasonable access during normal business hours to Hospice's patient health care records applicable to the period of SHCM's performance under this Agreement. Hospice shall, at its option, be entitled to retain copies of financial and accounting records relating to all services performed by Hospice or SHCM under this Agreement. The parties agree to maintain the confidentiality of patient identifying information and not to disclose such information except as may be required or permitted by applicable laws.
- (h) <u>Insurance</u>. Hospice shall provide, or arrange for the provision of, and maintain throughout the Term, for Hospice and for all Hospice professional personnel, malpractice insurance coverage of no less than \$1,000,000 per occurrence and \$3,000,000 in the aggregate. Hospice shall maintain workers' compensation insurance coverage at no less than the minimum amounts required by applicable law. Hospice shall, at its sole cost and expense, pay the premium

costs of all insurance coverage during the Term, name SHCM as an additional insured under such policies and, upon request by SHCM, provide SHCM with evidence of such coverage.

5. <u>Compensation</u>. During the Term, Hospice shall pay to SHCM fees for the Services provided by SHCM (the "Service Fees") in an amount equal to \$5,000.00 per month. SHCM shall bill Hospice each month for the Service Fees and Hospice shall remit payment to SHCM for the Service Fees no later than thirty (30) days after receipt of the monthly bill from SHCM.

### 6. Termination.

- (a) <u>Termination Without Cause</u>. Either party shall have the right to terminate this Agreement, with or without cause and without penalty or liability to the other party, upon 60 days' prior written notice to the other party.
- (b) <u>Termination Upon Default</u>. If either party is in default of any material obligation under this Agreement and tails to cure such default within 30 days of receipt of written notice of such default from the nondefaulting party, the nondefaulting party shall be entitled to terminate this Agreement immediately and seek all rights and remedies available to such nondefaulting party under this Agreement.
- (c) <u>Termination by Mutual Consent</u>. The parties may terminate this Agreement at any time by mutual written agreement.

### (d) Immediate Termination.

- (i) <u>Exclusion from Medicare or Medicaid</u>. SHCM may immediately terminate this Agreement if Hospice, or any of its personnel, is excluded or suspended from participating in the Medicare or Medicaid programs;
- (ii) <u>Liquidation</u>. Either party may immediately terminate this Agreement upon:
- (A) The filing by the other party of a voluntary petition in bankruptcy;
- (B) An involuntary petition in bankruptcy is filed against the other party which is not dismissed within 30 days of its filing; or
- (C) An assignment by the other party of its rights and assets for the benefit of its creditors.
- (iii) <u>Failure to Have Insurance</u>. SHCM may immediately terminate this Agreement if Hospice ceases to have any of the insurance required under this Agreement; or
  - (iv) Commission of Misconduct. Either party may immediately

terminate this Agreement if the other party commits an act of misconduct, fraud, dishonesty, or misrepresentation which could reasonably be expected to have a material adverse effect on the other party.

- (e) Effects of Termination. Upon the termination or expiration of this Agreement: (i) neither party shall be discharged from any previously accrued obligation which remains outstanding; (ii) any sums of money owing by one party to the other party shall be paid immediately, prorated through the effective date of termination or expiration; (iii) Hospice shall return to SHCM all originals and copies of any SHCM confidential or proprietary information; (iv) the trademark license provided for in Section 9 shall terminate, (v) Hospice and SHCM shall perform matters as are necessary to wind up their activities under this Agreement in an orderly manner; and (vi) each party shall have the right to pursue other legal or equitable relief as may be available depending upon the circumstances of the termination.
- 7. <u>Independent Contractor Status</u>. Hospice and SHCM are to perform and exercise their rights and obligations under this Agreement as independent contractors and in no event shall the parties be deemed to constitute a partnership or other joint venture of any nature. SHCM shall not become liable for any of the obligations, liabilities, debts or losses of Hospice. Each party shall be solely responsible for compliance with all applicable laws and regulations pertaining to employment taxes, income withholding, unemployment compensation contributions and other employment-related statutes regarding their respective employees, agents and servants.

## 8. Indemnity.

- (a) By Hospice. Hospice releases, and agrees to promptly defend, indemnity and hold harmless SHCM, and SHCM's shareholders, directors, officers, employees and agents from and against all obligations, liabilities, losses, claims, actions, causes of action, damages, costs and expenses (including, without limitation, attorneys' fees) in any way relating to, resulting from or arising out of: (i) any material breach of this Agreement by Hospice; and (ii) the business or operations of Hospice, except to the extent relating to, resulting from or arising out of any material breach of this Agreement by SHCM or any act or omission constituting gross negligence or willful misconduct of SHCM. SHCM shall have the right to participate in any such matter if it so desires.
- (b) By SHCM. SHCM releases, and agrees to promptly defend, indemnity and hold harmless Hospice, and Hospice's shareholders, directors, officers, employees and agents from and against all obligations, liabilities, losses, claims, actions, causes of action, damages, costs and expenses (including, without limitation, attorneys' fees) in any way relating to, resulting from or arising out of any material breach of this Agreement by SHCM or any act or omission constituting gross negligence or willful misconduct of SHCM in connection with its provision of the Services. Hospice shall have the right to participate in any such matter if it so desires.
- 9. <u>Trademark License</u>. During the Term of this Agreement and subject to the terms provided herein, SHCM grants to Hospice a non-exclusive, non-transferable, non-assignable,

royalty free, revocable, with no right to sublicense, limited license, to use in connection with the Program the trademark "Seasons Hospice and Palliative Care", together with any other names, trademarks, service marks, logos, slogans, trade dress and other proprietary descriptions, whether registered or unregistered, as set forth in <a href="Exhibit B">Exhibit B</a> (collectively, the "Seasons Marks"). Hospice expressly acknowledges that SHCM is the owner of all right, title and interest in and to the Seasons Marks and agrees that it shall not at any time have or acquire any interest in the Seasons Marks. Hospice agrees to abide by all standards and guidelines of SHCM with respect to the proper use and display of the Seasons Marks as from time to time established by SHCM. Hospice agrees not to use the Seasons Marks for any other purpose without the prior written consent of SHCM. Hospice shall not adopt, use, register, or seek to register any trade name, trademark or service mark anywhere in the world that is identical to, or is confusingly similar to any Seasons Marks. Hospice agrees that neither during the Term of this Agreement nor at any time after termination or expiration of this Agreement, shall Hospice directly or indirectly, dispute or contest the validity or enforceability of any of the Seasons Marks, attempt any registration thereof, or attempt to dilute the value of the goodwill attached thereto.

## 10. Confidentiality.

- (a) <u>Patient Information</u>. Pursuant to the Health Insurance Portability and Accountability Act of 1996 and the corresponding regulations, Hospice and SHCM agree to the business associate terms set forth in Exhibit C.
- Nondisclosure of Confidential Information. The parties hereto al:,rree (b) that each party's business connections, customers, customer lists, payors, managed care strategies, contracting terms and strategies, providers, reimbursement methodologies, financing conditions, past performance, future prospects, procedures, operations, techniques and other aspects of their businesses (the "Confidential Information") are established at great expense and protected as confidential information. The parties further agree that, by virtue of the terms of this Agreement, each party will have access to, and be entrusted with, Confidential Information of the other party, and that a party disclosing Confidential Information (the "Disclosing Party") would suffer great loss and injury if the party receiving such information (the "Receiving Party") would disclose this information or use it to compete with the Disclosing Party. Therefore, during the Term and for a period of three years thereafter, the parties covenant and agree that they shall not, in any capacity, use any Confidential Information, except as necessary under this Agreement, or disclose any Confidential Information to third parties within the geographic area in which the parties conducted their business during the Term.
- (c) <u>Non-Confidential Information</u>. The requirements of confidentiality and the limitations on use and disclosure set forth in section 10(b) of this Agreement shall not apply to Confidential Information that the Receiving Party can demonstrate by clear and convincing evidence:
- (i) at the time of disclosure by the Disclosing Party to the Receiving Party, was known to the Receiving Party as evidenced by the Receiving Party's

contemporaneous written records;

- (ii) at the time of disclosure by the Disclosing Party, was published or known publicly or otherwise was in the public domain;
- (iii) after disclosure by the Disclosing Party and other than as a result of a breach of the Receiving Party's obligations under this Agreement, becomes published or publicly known or otherwise becomes part of the public domain; or
- (iv) is disclosed to the Receiving Party in good faith by a third party who is not under obligation of confidence or secrecy to the Disclosing Party at the time such third party discloses the information to the Receiving Party.
- 11. Warranties. SHCM warrants to Hospice that the Services shall be performed in a professional and workmanlike manner. Any claim for breach of the foregoing warranty with respect to any of the Services must be made by written notice to SHCM within thirty (30) days of performance of such Services. For any breach of such warranty, Hospice's exclusive remedy, and SHCM's entire liability, shall be the reperformance of such Services. SHCM does not reperform such Services as warranted, then Hospice shall be entitled to recover the fees paid to SHCM under this Agreement for such deficient Services. The foregoing warranty shall only apply provided that all fees due to SHCM hereunder have been paid in full. EXCEPT AS OTHERWISE STATED IN THIS SECTION II, SHCM MAKES NO WARRANTIES OF ANY KIND OR NATURE, WHETHER EXPRESS OR IMPLIED, INCLUDING, BUT NOT LIMITED TO, WARRANTIES OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE OR USE, WARRANTIES OF ANY PRODUCTS OR SERVICES, OR THE APPROPRIATENESS OF HOSPICE OR THIRD-PARTY SPECIFICATIONS. IN ADDITION, SHCM EXPRESSLY DISCLAIMS ANY WARRANTY OR LIABILITY WITH RESPECT TO DESIGN OR LATENT DEFECTS OR COMPLIANCE WITH LAWS APPLICABLE TO HOSPICE, WHICH SHALL BE THE SOLE RESPONSIBILITY OF HOSPICE.
- 12. LIMITATION OF LIABILITY. THE MAXIMUM LIABILITY OF SHCM, ITS DIRECTORS AND OFFICERS TO HOSPICE FOR DAMAGES FOR ANY AND ALL CAUSES WHATSOEVER, AND HOSPICE'S MAXIMUM REMEDY, REGARDLESS OF THE FORM OF ACTION, WHETHER IN CONTRACT, TORT OR OTHERWISE, SHALL BE LIMITED TO AN AMOUNT EQUAL TO THE TOTAL FEES PAID BY HOSPICE TO SHCM HEREUNDER FOR THE PORTION OF THE SERVICES GIVING RISE TO ANY SUCH CLAIM. IN NO EVENT SHALL SHCM OR ITS DIRECTORS OR OFFICERS BE LIABLE FOR ANY LOST DATA OR CONTENT, LOST PROFITS, BUSINESS INTERRUPTION OR FOR ANY INDIRECT, INCIDENTAL, SPECIAL, CONSEQUENTIAL, EXEMPLARY OR PUNITIVE DAMAGES ARISING OUT OF OR RELATING TO THE SERVICES PROVIDED UNDER THIS AGREEMENT, EVEN IF SHCM HAS BEEN ADVISED OF THE POSSIBILITY OF SUCH DAMAGES, AND NOTWITHSTANDING THE FAILURE OF ESSENTIAL PURPOSE OF ANY LIMITED REMEDY. IN NO EVENT SHALL SHCM OR ITS DIRECTORS OR OFFICERS BE LIABLE FOR DAMAGES FOR ANY AND ALL CAUSES WHATSOEVER, REGARDLESS OF THE FORM OF ACTION, WHETHER IN CONTRACT, TORT OR OTHERWISE, RELATING TO ANY THIRD PARTY CARRIER SERVICES, WHETHER OR

NOT DESIGNED BY SHCM OR SOLD TO HOSPICE BY SHCM OR OTHERWISE UTILIZED BY HOSPICE, EACH OF WHICH WILL BE THE SUBJECT OF SEPARATE AGREEMENTS WITH SUCH THIRD PARTY.

## 13. Miscellaneous Provisions.

(a) <u>Notices</u>. The parties to this Agreement shall give notice under this Agreement by certified or registered U.S. mail, postage prepaid, by hand delivery or by overnight express, charges prepaid. Notices shall be addressed as follows:

If to Hospice:

Seasons Hospice & Palliative Care of Pierce County Washington, LLC

6400 Shafer Court

Suite 700

Rosemont, IL 60018

Attn: Todd Stern

If to SHCM:

Seasons Healthcare Management

6400 Shafer Court

Suite 700

Rosemont, IL 60018

Attention: David Donenberg, CFO

or other addresses as furnished in writing by a party to the other party. All notices shall be considered received when received by the addressee if by mail, when hand delivered or one business day after delivery to the overnight courier.

- (b) <u>Waiver</u>. The failure of either party to insist, in any one or more instances, upon performance of the terms, covenants or conditions of this Agreement shall not be construed as a waiver or a relinquishment of any right granted hereunder or of the future performance of any such term, covenant or condition.
- (c) <u>Severability</u>. If any provision shall be held to be invalid or unenforceable for any reason, the parties agree that such invalidity or unenforceability shall not affect any other provision of this Agreement, the remaining covenants, restrictions and provisions hereof shall remain in full force and effect and any court of competent jurisdiction may so modify the objectionable provision as to make it valid and enforceable.
- (d) <u>Amendment</u>. This Agreement may be amended only by an agreement in writing signed by the parties hereto.
- (e) Applicable Law and Forum. The parties agree and acknowledge that this Agreement is made and will be wholly performed within the State of Illinois. Without limiting the foregoing, the parties agree that SHCM's Services will be deemed rendered wholly within the State of Illinois, notwithstanding that personnel of SHCM may, from time to time, travel to the Program for meetings, to gather information or for other purposes. The laws of the State of Illinois (other than those pertaining to conflicts of law) shall govern all aspects of this

Agreement, irrespective of the fact that one of the parties now is or may become a resident of a different state or country. Each party irrevocably agrees that any legal action or proceeding arising out of or relating to this Agreement may be brought only in the courts of the State of Illinois or of the Northern District of Illinois and hereby expressly submits to the personal jurisdiction and venue of such courts for the purposes thereof and expressly waives any claim of improper venue and any claim that any such courts is an inconvenient forum.

- (f) <u>Benefit</u>. This Agreement shall be binding upon, inure to the benefit of and be enforceable by and against the parties hereto and their respective permitted successors and assigns.
- (g) <u>Counterparts</u>. The parties may execute this Agreement in several counterparts, each of which shall be deemed to be an original, and all of which together shall constitute one and the same instrument.
- (h) <u>Assignment</u>. SHCM may assign this Agreement to any individual or entity. Hospice may not assign this Agreement or any rights or obligations hereunder without the prior written consent of SHCM. Subject to the foregoing sentences, no person or entity not a party to this Agreement shall have any right under or by virtue of this Agreement.
- (i) <u>Captions</u>. The captions or headings in this Agreement are made for convenience and general reference only and shall not be construed to describe, define or limit the scope or intent of the provisions of this Agreement.
- (j) <u>Entire Agreement</u>. This Agreement contains the entire agreement of the parties hereto and supersedes all prior oral or written agreements or understandings between them with respect to the matters provided for herein.
- (k) Force Majeure. Except with respect to any payment obligations, neither party will be liable for any failure or delay in its performance under this Agreement caused, directly or indirectly, by flood, communications failure, extreme weather, fire, mud slide, earthquake, or other natural calamity or act of God, interruption in water, electricity, heating or air conditioning (depending on the season), acts of terrorism, riots, civil disorders, rebellions or revolutions, acts of governmental agencies, quarantines. embargoes, malicious acts of third parties, labor disputes affecting vendors or subcontractors and for which the party claiming force majeure is not responsible, or any other similar cause beyond the reasonable control of that party and for which such party is not able to prevent or remove the force majeure at reasonable cost. Either party shall give prompt written notice of any condition or event likely to cause any such failure or delay.

IN WITNESS WHEREOF, the parties have executed or caused this Agreement to be executed as of the date first set forth above.

SEASONS HEALTHCARE MANAGEMENT

SEASONS HOSPICE & PALLIATIVE CARE OF PIERCE COUNTY WASHINGTON, LLC

Name: Todd A. Stern

Title: Chief Executive Officer

Name: Todd A. Stern

Title: Chief Executive Officer

## **EXHIBIT A**

## **SERVICES**

- 1. <u>Billing</u>. SHCM shalt provide or arrange for the prov1s1on of billing and collection services necessary for Hospice with respect to the Program. On behalf of Hospice, SHCM shall bill patient, insurance companies, managed care payors, governmental entities and third-party payors and collect the fees from such payors for hospice services rendered by Hospice. SHCM shall prepare, in the name of Hospice and for Hospice's signature, all cost reports and other reports and data necessary for obtaining reimbursement for the items and services provided by Hospice under the Medicare and Medicaid program and any other third party payor in which Hospice participates.
- 2. <u>Payroll</u>. SHCM shall provide or arrange for the provision of payroll services necessary for Hospice with respect to the Program.
- 3. <u>Bookkeeping, Accounts Payable and Accounts Receivable</u>. SHCM shall provide or arrange for the provision of bookkeeping, accounts receivable and accounts payable services necessary for Hospice with respect to the Program.
- 4. <u>Financial Statements; No Tax Planning</u>. SHCM shall prepare or arrange for the preparation of periodic income statements and balance sheets reflecting the results of operations and the financial condition of Hospice with respect to the Program (the "Financial Statements"). The Financial Statements shall reflect revenues generated by or on behalf of Hospice and shall contain a comparison of actual and budgeted Hospice revenues and Hospice expenses. Notwithstanding anything else herein to the contrary, SHCM shall not be responsible for providing Hospice with any tax planning advice.
- 5. <u>Information Technology Systems</u>. SHCM shall assist with the selection of software and hardware and software SHCMs for operations of Hospice with respect to the Provider. With the approval of Hospice, SHCM shall include Hospice in group hardware and software service contracts.
- 6. Equipment. SHCM shall analyze and recommend the purchases and leases of equipment SHCM determines advisable in the operation of the Program, subject to the approval of Hospice. SHCM shall monitor and, at Hospice's request, use reasonable efforts to obtain maintenance and repair of such equipment. In arranging for the purchase and lease of such equipment, SHCM MAKES NO WARRANTIES, EXPRESS OR IMPLIED, WITH REGARD TO SUCH EQUIPMENT, INCLUDING, WITHOUT LIMITATION, ANY WARRANTY OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE.
- 7. <u>Software Training and Support</u>. SHCM shall provide or arrange for the provision of software training and support for Hospice's personnel with respect to the Program.

- 8. <u>Support</u>. To the extent required by Hospice, SHCM shall provide assistance and technical support for providing hospice and palliative care services. Such services may include assisting Hospice in drafting manuals, policies and procedures, providing staff education and handling identified compliance issues. At Hospice's request, SHCM will assist with engaging legal counsel, consultants and other parties necessary to assist in these activities.
- 9. <u>Contract Review</u>. SHCM shall advise and assist Hospice in negotiating and maintaining contracts and arrangements with such individuals and entities appropriate for the operation of Hospice with respect to the Program, including, without limitation, third-party payor contracts, facility service agreements, pharmacy agreements, durable medical equipment agreements, laboratory services agreements, radiology services agreements, therapy services agreements and ambulance services agreements. Hospice will have no obligation to enter into any contract arranged for by SHCM; all such contracts will be subject to the approval of Hospice in its sole and absolute discretion.
- 10. Group Purchasing. SHCM shall arrange for opportunities for Hospice to purchase patient care supplies and office supplies required in the day-to-day operation of Hospice with respect to the Program provided, however, that Hospice shall order, purchase, stock and monitor the inventory of patient care supplies, substances or items whose purchase, maintenance or security require licensure as a health care provider or require a permit, registration, certification or identification number that requires licensure or certification as a health care provider. Hospice shall arrange for waste disposal and other related operational services in accordance with applicable regulations. Hospice will have no obligation to purchase any goods or services arranged for by SHCM; all such purchases will be subject to the approval of Hospice in its sole and absolute discretion.
- 11. <u>Marketing</u>. To the extent requested by Hospice, SHCM shall consult with Hospice with respect to marketing, strategic planning, corporate communications and community outreach.
- 12. <u>Website</u>. SHCM shall list the Program SHCM's website together with the other hospice facilities for which SHCM provides services and which operate using the Seasons Marks, and will develop and maintain a webpage for the Program on such SHCM website, which will provided marketing and other information with respect to the Program.

## 13. Human Resources.

- (a) <u>Policy Manual and Benefit Programs</u>. SHCM shall develop a human resource policy manual for Hospice and provide consulting and assistance with compliance issues, and to the extent requested by Hospice, will coordinate benefit programs of Hospice.
- (b) <u>Nonprofessional Personnel</u>. SHCM will provide all employees required to perform its Services hereunder. SHCM shall additionally provide consulting services with respect to the hiring of Hospice administrative, clerical and other personnel necessary for Hospice's effective operation with respect to the Program. Hospice

shall determine the salaries and fringe benefits of all Hospice personnel and shall retain decision-making authority regarding hiring, tiring and other employment decisions with respect to all such Hospice personnel.

## 14. <u>Legal Services</u>.

- (a) At Hospice's request and expense, SHCM shall coordinate legal representation for Hospice for the purpose of obtaining advice, representation and other services.
- (b) At Hospice's request and expense, SHCM shall retain attorneys on behalf of Hospice.

## 15. <u>Compliance</u>.

- (a) <u>Compliance Plan</u>. SHC'M shall develop a Compliance Plan for Hospice and provide consulting and assistance with the effective implementation and operation of the Compliance Plan.
- (b) <u>Personnel</u>. At Hospice's request and expense, SHCM's chief compliance officer shall either serve directly as the compliance officer for Hospice or work with a compliance officer separately designated by Hospice. SHCM shall additionally provide consulting services with respect to the hiring and oversight of compliance personnel.

## EXHIBIT B

## **SEASONS MARKS**

## **TRADEMARK**

Seasons Hospice & Palliative Care Serial No. 78949698 Registration No. 3663751

True Hope Serial No. 87370955 Registration No. 5301227

Honoring Life Offering Hope Serial No. 87519548 Registration No. 5386567

## **EXHIBIT** C

To comply with the Administrative Simplification requirements of the Health Insurance Portability and Accountability Act of 1996 ("HIPAA") as set forth in Title 45, Parts 160 and 164 of the Code of Federal Regulations (the "CFR"), Hospice, as a "Covered Entity", and SHCM, as the "Business Associate", agree to the following:

- 1. <u>Definitions</u>. Capitalized terms not otherwise defined in the Agreement shall have the meanings given to them in Title 45, Parts 160 and 164 of the CFR and are incorporated herein by reference.
- 2. <u>Use and Disclosure of Protected Health Information</u>. SHCM shall use or disclose Protected Health Information ("PHI") only to the extent necessary to satisfy SHCM's obligations under the Agreement.
- 3. <u>Prohibition on Unauthorized Use of Disclosure of PHI</u>. SHCM shall not use or disclose any PHI received from or on behalf of Hospice, except as permitted or required by the Agreement, as required by law or as otherwise authorized in writing by Hospice. SHCM shall comply with: (a) Title 45, Part 164 of the CFR; (b) state laws, rules and regulations applicable to PHI not preempted pursuant to Title 45, Part 160, Subpart B of the CFR; and (c) Hospice's health information privacy and security policies and procedures.
- 4. <u>SHCM's Operations</u>. SHCM may use or disclose PHI it creates or receives for or from Hospice only to the extent necessary for SHCM's proper performance of Services hereunder and administration or to carry out Hospice's legal responsibilities only if:
  - (a) The use or disclosure is required by law; or
- (b) SHCM obtains reasonable assurance, evidenced by written contract, from any person or organization to which SHCM shall disclose such PHI that such person or organization shall:
- (i) Hold such PHI in confidence and use or further disclose it only for the purpose for which SHCM disclosed it to the person or organization or as required by law; and
- (ii) Notify SHCM (who shall in tum promptly notify Hospice) of any instance of which the person or organization becomes aware in which the confidentiality of such PHI was breached or of any security incident (including any attempted or actual unauthorized access or breach of PHI).
- 5. <u>PHI Safeguards</u>. SHCM agrees to implement reasonable systems for the discovery and prompt reporting of any "Breach" of "Unsecured PH1," as those terms are defined in 45 C.F.R. § 164.402. Unless otherwise prevented from disclosing such Breach pursuant to 45 C.F.R. § 164.412, SHCM shall report to Hospice within five (5) days any Breach of Unsecured PHI. Notice of Breach shall include, at minimum: (i) the identification of each individual whose PHI has been, or is reasonably believed to have been, accessed, acquired, or disclosed during the

Breach; (ii) the date of the Breach, if known or the date of the discovery of the Breach; (iii) the scope of the Breach and who made the Breach; and (iv) a description of SHCM's response to the Breach and actions taken to mitigate the harm to individuals resulting from the Breach. SHCM shall provide Hospice with information related to the Breach and will cooperate with Hospice in any notifications Hospice may be required to make by law. In the event of a Breach, SHCM shall (i) assist Hospice with any Hospice investigation conducted regarding the Breach; (ii) cooperate with and assist Hospice in any investigation being conducted by a governmental agency in connection with the Breach; (iii) assist Hospice in the mitigation of the Breach; and (iv) assist with the implementation of any decision by a governmental agency in connection with the Breach.

- 6. <u>Electronic Health Information Security and Integrity</u>. SHCM shall develop, implement, maintain and use appropriate administrative, technical and physical security measures in compliance with Section 1173(d) of the Social Security Act, Title 42, Section 1320d-2(d) of the United States Code and Title 45, Part 142 of the CFR to preserve the inteb1fity and confidentiality of all electronically maintained or transmitted Health Information received from or on behalf of Hospice pertaining to an individual. SHCM shall document and keep these security measures current.
- 7. Protection of Exchanged Information in Electronic Transactions. If SHCM conducts any Standard Transaction for or on behalf of Hospice, SHCM shall comply, and shall require any subcontractor or agent conducting such Standard Transaction to comply, with each applicable requirement of Title 45, Part 162 of the CFR. SHCM shall not enter into or permit its subcontractors or agents to enter into any Trading Partner Agreement in connection with the conduct of Standard Transactions for or on behalf of Hospice that: (a) changes the definition, Health Information condition or use of a Health Information element or segment in a Standard; (b) adds any Health Information elements or segments to the maximum defined Health Information set; (c) uses any code or Health Information elements that are either marked "not used" in the Standard's Implementation Specification(s); or (d) changes the meaning or intent of the Standard's Implementation Specification(s).
- 8. <u>SHCM Subcontractors and Agents</u>. SHCM shall require each of its subcontractors or agents to whom SHCM may provide PHI received from, or created or received by SHCM on behalf of Hospice to agree to written contractual provisions that impose at least the same obligations to protect such PHI as are imposed on SHCM by the Agreement.
- 9. Access to PHI. SHCM shall provide access, at the request of Hospice, to PHI in a Designated Record Set to Hospice or, as directed by Hospice, to an Individual in order to meet the requirements under Title 45, Part 164, Subpart E, Section 164.524 of the CFR and applicable state law. SHCM shall provide access in the time and manner set forth in Hospice's health information privacy and security policies and procedures.
- 10. <u>Amending PHI</u>. SHCM shall make any amendment(s) to PHI in a Designated Record Set that Hospice directs or agrees to pursuant to Title 45, Part 164, Subpart E, Section 164.526 of the CFR at the request of Hospice or an Individual, and in the time and manner set forth in Hospice's health information privacy and security policies and procedures.

## 11. Accounting of Disclosures of PHI.

- (a) SHCM shall document such disclosures of PHI and information related to such disclosures as would be required for Hospice to respond to a request by an Individual for an accounting of disclosures of PHI in accordance with Title 45, Part 164, Subpart E, Section 164.528 of the CFR.
- (b) SHCM agrees to provide Hospice or an Individual, in the time and manner set forth in Hospice's health information privacy and security policies and procedures, information collected in accordance with this subsection, to permit Hospice to respond to a request by an Individual for an accounting of disclosures of PHI in accordance with Title 45, Part 164, Subpart E, Section 164.528 of the CFR.
- 12. <u>Access to Books and Records</u>. SHCM shall make its internal practices, books and records relating to the use and disclosure of PHI received from or on behalf of Hospice available to Hospice and to HHS or its designee for the purpose of determining Hospice's compliance with the Privacy Rule.
- 13. <u>Reporting</u>. SHCM shall report to Hospice any privacy or security breach or any Security Incident, use or disclosure of PHI not authorized by this Agreement or in writing by Hospice of which it becomes aware.
- 14. <u>Mitigation</u>. SHCM agrees to mitigate, to the extent practicable, any harmful effect that is known to SHCM of a use or disclosure of PHI by SHCM in violation of the requirements of the Agreement.
- 15. <u>Termination for Cause</u>. Upon Hospice's knowledge of a material breach of this Agreement, Hospice shall:
- (a) Provide an opportunity for SHCM to cure the breach or end the violation and terminate this Agreement if SHCM does not cure the breach or end the violation within the time specified by Hospice.
- (b) Immediately terminate this Agreement if SHCM has breached a material term of the Agreement and cure is not possible.
- (c) If neither termination nor cure is feasible, Hospice shall report the violation to the Secretary.

### 16. Return or Destruction of Health Information.

(a) Except as provided in subsection (b) below, upon termination, cancellation, expiration or other conclusion of the Agreement, SHCM shall return to Hospice or destroy all PHI received from Hospice, or created or received by SHCM acting on behalf of Hospice. SHCM shall not retain copies of the PHI.

- (b) In the event that SHCM determines that returning or destroying the PHI is infeasible. SHCM shall provide to Hospice notification of the conditions that male return or destruction infeasible. Upon verification by Hospice that the return or destruction of PHI is infeasible. SHCM shall extend the protections of the Agreement to such PHI and limit further uses and disclosure of PHI to those purposes that make the return or destruction infeasible, for so long as SHCM maintains such PHI.
- 17. <u>Automatic Amendment.</u> Upon the effective date of any amendment to the regulations promulgated by HHS with respect to PHI, the Agreement shall automatically amend such that the obligations imposed on SHCM as a Business Associate remain in compliance with such regulations.
- 18. <u>Conflict</u>. In the event of any conflict between the terms of this Exhibit and any other agreements between the parties, the terms of this Exhibit shall govern the use and disclosure of PHI.

## **EXHIBIT 3**

Provider / Licensee Name	Primary Office Physical Address	License #	Medicare #	Accreditation Agency
Seasons Hospice & Palliative Care of Arizona, LLC	1144 E Jefferson Street	HSPC5171	03-1603	The Joint Commission
	Phoenix, AZ 85034			
Seasons Hospice & Palliative Care of California, LLC	320 W Arden Ave, Ste 100	980001546	05-1790	The Joint Commission
	Glendale, CA 91203			
Seasons Hospice & Palliative Care of California -Oakland, LLC	7677 Oakport Street, Suite 500, Oakland, CA 94621	550004462	A0-1539	N/A
Seasons Hospice & Palliative Care of California -Orange, LLC	750 The City Dr South, Ste 120	080000773	05-1603	The Joint Commission
	Orange, CA 92868			
Seasons Hospice & Palliative Care of California -Sacramento, LLC	2295 Gateway Oaks Dr, Ste 165	550003943	92-1743	The Joint Commission
	Sacramento, CA 95833			
Seasons Hospice & Palliative Care of California -San Bernardino, LLC	8686 Haven Ave, Ste 300	550001512	55-1621	The Joint Commission
	Rancho Cucamonga, CA 91730			
Seasons Hospice & Palliative Care of California -San Diego, LLC	16745 West Bernardo Dr, Ste 240	550000796	55-1550	The Joint Commission
	San Diego, CA 92127			
Seasons Hospice & Palliative Care of Northern California, LLC	400 Race St, Ste 101	550002261	55-1750	The Joint Commission
,	San Jose, CA 95126			
Seasons Hospice & Palliative Care of Colorado, LLC	9191 Sheridan Blvd, Ste 103	17R289	06-1593	The Joint Commission
	Westminster, CO 80031			
Seasons Hospice & Palliative Care of Connecticut, LLC	1579 Straits Turnpike, Ste 1E	9915725	07-1539	The Joint Commission
course insopine a ramative out of conficultary and	Middlebury, CT 06762	3313723	0, 1505	
Seasons Hospice & Palliative Care of Delaware, LLC	220 Continental Dr, Ste 407	HSPC-010A	08-1508	The Joint Commission
Seasons Hospice & Famative Care of Delaware, LLC	Newark, DE 19713	1151 € 0107	00 1500	THE JOINE COMMISSION
Seasons Hospice & Palliative Care of Broward Florida, LLC	1815 Griffin Rd, Ste 204	50370977	10-1555	N/A
Seasons hospice & Famative Care of Broward Horida, ECC	Dania Beach, FL 33004	30370377	10-1333	IN/A
Seasons Hospice & Palliative Care of Tampa, LLC d/b/a Seasons Hopsice &	1408 N Westshore Blvd, Ste 260	50370980	10-1557	The Joint Commission
Palliative Care of Hillsborough County		30370960	10-1557	THE JOHN COMMISSION
ÿ ,	Tampa, FL 33607	F037006F	10.1542	The Isiat Commission
Seasons Hospice & Palliative Care of Southern Florida, LLC	5200 Northeast Second Ave, 3rd Flr Stein Bldg	50370965	10-1543	The Joint Commission
	Miami, FL 33137	50070004	10.1561	21/2
Seasons Hospice & Palliative Care of Pasco County, LLC	2644 Cypress Ridge Blvd., Suite 104, Wesley Chapel, FL 33544	50370984	10-1561	N/A
Seasons Hospice & Palliative Care of Pinellas County, LLC	17757 US HWY 19 North, Ste 175	50370982	10-1559	The Joint Commission
,,,,	Clearwater, FL 33764			
Seasons Hospice & Palliative Care of Georgia, LLC	5775 Peachtree Dunwoody Rd NE, Ste C120	060-0244-H	11-1640	N/A
Seasons hospice & Familiative eare of Georgia, LLC	Atlanta, GA 30342	000 0244 11	11 1040	1477
Seasons Hospice, LLC d/b/a Seasons Hospice & Palliative Care of Illinois	606 Potter Road, 6th Floor	2002012	14-1582	The Joint Commission
Scasons Hospice, Lee a/ b/ a Scasons Hospice & Familiative care of militors	Des Plaines, IL 60016	2002012	14 1502	THE JOINE COMMISSION
Seasons Hospice & Palliative Care of Indiana, LLC	2629 Waterfront Pkwy East Dr, Ste 375	20-011779-1	15-1603	The Joint Commission
Seasons Hospice & Pallative Care of Indiana, LLC	Indianapolis, IN 46214	20-011779-1	13-1003	THE JOHN COMMISSION
Seasons Hospice & Palliative Care of Massachusetts, LLC	20 Burlington Mall Rd, Ste 450	7T5G	22-1578	The Joint Commission
	g .	/130	22-15/8	The Joint Commission
Constant of the Constant of th	Burlington, MA 01803	111507	24.45074	The Islant Commission
Seasons Hospice & Palliative Care of Maryland, LLC	5457 Twin Knolls Rd, Ste 100	H1507	21-1507A	The Joint Commission
	Columbia, MD 21045	101122222	20.1551	<b>T</b>
Seasons Hospice & Palliative Care of Michigan, LLC	27355 John R Rd, Suite 100	1041000088	23-1601	The Joint Commission
	Madison Heights, MI 48071			
Seasons Hospice & Palliative Care of Missouri, LLC	3660 South Geyer Rd, Ste 120	200-8HO	26-1641	The Joint Commission
	St. Louis, MO 63127			

Provider / Licensee Name	Primary Office Physical Address	License #	Medicare #	Accreditation Agency
Seasons Hospice & Palliative Care of New Jersey, LLC	2147 Rt 27 South, Ste 101 Edison, NJ 08817	24819	31-1577	The Joint Commission
Seasons Hospice & Palliative Care of Nevada, LLC	9205 W Russell Rd, Ste 305 Las Vegas, NV 89148	7521-HPC-9	29-1539	The Joint Commission
Seasons Hospice & Palliative Care of Oregon, LLC	6500 S Macadam Ave, Ste 160	16-1063	38-1561	The Joint Commission
	Portland, OR 97239			
Seasons Hospice & Palliative Care of Pennsylvania, LLC	2200 Renaissance Blvd, Ste 110	17091601	39-1709	The Joint Commission
	King of Prussia, PA 19406			
Seasons Hospice & Palliative Care of Texas, LLC	6341 Campus Circle Dr E, Ste 150 Irving, TX 75063	011037	67-1578	The Joint Commission
Seasons Hospice & Palliative Care of Texas -Houston, LLC	10318 Lake Rd, Bldg C Ste 102	014939	67-1741	The Joint Commission
coasons respice a ramative care or result meastern, 220	Houston, TX 77070	01.505	0, 1, 11	
Seasons Hospice & Palliative Care of Texas -San Antonio, LLC	300 E Sonterra Blvd, Bldg 1 Ste 1260	014478	67-1721	The Joint Commissio
casons respice a ramative care or result carriers, 220	San Antonio, TX 78258	011170	0, 1,11	
Seasons Hospice & Palliative Care of Wisconsin, LLC	6737 W Washington St, Ste 2150	2008	52-1571	The Joint Commissio
cousting respect a rainative care or miscerism,	West Allis, WI 53214	2000	02 207 2	
Health Resource Solutions, Inc.	1806 S Highland Ave Ste 225 Lombard, IL 60148	1010385	14-7811	CHAP
HRS of Nebraska, Inc.	900 S. 74th Pl Ste 111 Omaha, NE 68114	HHA201607	28-7151	CHAP
HRS Home Health of Indiana LLC	11037 Broadway Ste C Crown Point, IN 46307	IN008882	15-7436	CHAP
Gareda LLC d/b/a Gareda Home Health	, , , , , , , , , , , , , , , , , , , ,	3002048 (private duty	N/A	N/A
	1431 Hungtinton Dr., Calumet City, IL 60409	only)	,	
AccentCare at Home, Inc.	1308 N Stockton Hill Rd, STE C Kingman, AZ 86401	N/A	N/A	N/A
AccentCare at Home, Inc.	60 S White Mountain, STE B Show Low, AZ 85901	N/A	N/A	N/A
AccentCare at Home, Inc.	500 E Fry Blvd, STE L-7 Sierra Vista, AZ 85635	N/A	N/A	N/A
AccentCare at Home, Inc.	5151 E Broadway Blvd, STE 1510 Tuscon, AZ 85711	N/A	N/A	N/A
AccentCare at Home, Inc.	2340 W 24th St., STE B Yuma, AZ 85367	N/A	N/A	N/A
AccentCare at Home, Inc.	4001 N 3rd St, STE 410 Phoenix, AZ 85012	N/A	N/A	N/A
AccentCare at Home, Inc.	3050 Navajo Dr, STE 110 Prescott Valley, AZ 86314	N/A	N/A	N/A
AccentCare at Home, Inc.	1515 E Florence, STE 101 Casa Grande, AZ 85122	N/A	N/A	N/A
AccentCare at Home, Inc.	200 W Frontier St, STEG Payson, AZ 85541	N/A	N/A	N/A
AccentCare Fairview Home Health-East, LLC	1655 Beam Ave. #100, Maplewood, MN 55109	pending CHOW approval	24-7166	N/A
AccentCare Fairview Home Health-West, LLC	2450 26th Ave S, Minneapolis, MN 55406	pending CHOW approval	24-7078	N/A
AccentCare Fairview Hospice-West, LLC	2450 26th Ave S, Minneapolis, MN 55406	pending CHOW approval	24-1514	N/A
AccentCare Home Health at UCSD Health, LLC	5060 Shoreham Place, STE 220 San Diego, CA 92122-5977	550004034	05-3172	CHAP
AccentCare Home Health of California, Inc.	3170 Crow Canyon Place, STE 270 San Ramon, CA 94583-1160	020000285	05-7517	N/A
AccentCare Home Health of California, Inc.	2300 Contra Costa Blvd, STE 240 Pleasant Hill, CA 94523-3918	020000637	N/A	N/A
AccentCare Home Health of California, Inc.	3636 Birch Street, STE 195 Newport Beach, CA 92660-2644	060000027	05-7573	N/A
AccentCare Home Health of California, Inc.	5050 Murphy Canyon Rd, STE 200 San Diego, CA 92123-4441	080000226	05-7564	N/A

Provider / Licensee Name	Primary Office Physical Address	License #	Medicare #	Accreditation Agency
AccentCare Home Health of California, Inc.	5050 Murphy Canyon Rd, STE 201 San Diego, CA 92123-4441	080000433	57-7761	N/A
AccentCare Home Health of California, Inc.	2344 S 2nd, Suite A El Centro, CA 92243-5606	080000479	55-7425	CHAP
AccentCare Home Health of California, Inc.	2880 Sunrise Blvd Ste 218 Rancho Cordova. CA 95742-6501	100000471	55-7253	N/A
AccentCare Home Health of California, Inc.	2590 Goodwater Ave., STE 100 Redding, CA 96002-1550	230000205	55-7273	N/A
AccentCare Home Health of California, Inc.	1455 S Auto Center Drive, STE 150 Ontario. CA 91761-2239	240000267	05-7678	N/A
AccentCare Home Health of California, Inc.	2344 S 2nd, Suite B El Centro, CA 92243-5606	550003173	92-1522	CHAP
AccentCare Home Health of California, Inc.	2934 E Garvey Ave S, STE 210 West Covina, CA 91791-2190	980000845	55-9018	CHAP
AccentCare Home Health of California, Inc.	15455 San Fernando Mission Blvd., STE C400 Mission Hills, CA 91345-1300	980001314	Pending	N/A
AccentCare Home Health of California, Inc.	119 S Court St, STE A Circleville, OH 43113	N/A	36-7270	N/A
AccentCare Home Health of Mountain Valley, LLC	2460 W 26th Ave, STE C-185 Denver, CO 80211-5331	04K558	06-7445	N/A
AccentCare Home Health of Mountain Valley, LLC	4065 St. Cloud, STE 200 Loveland, CO 80538	17B924	06-1560	CHAP
AccentCare Home Health of Rogue Valley, LLC	691 Murphy Road, STE 236 Medford, OR 97504	13-505	38-7098	N/A
AccentCare of California, Inc.	1470 Civic Court, STE 300 Concord, CA 94520-5290	074700019	N/A	N/A
AccentCare of California, Inc.	2500 E Colorado Blvd, STE 301 Pasadena, CA 91107-6616	194700054	N/A	N/A
AccentCare of California, Inc.	1855 W Katella Ave, STE 345 Orange, CA 92867-3451	304700040	N/A	N/A
AccentCare of California, Inc.	1451 River Park Drive, STE 150 Sacramento, CA 95815-4507	344700015	N/A	N/A
AccentCare of California, Inc.	411 Camino Del Rio S, STE 302 San Diego, CA 92108-3530	347400038	N/A	N/A
AccentCare of California, Inc.	1301 Redwood Way, STE 240 Petaluma, CA 94954-1107	494700005	N/A	N/A
AccentCare of Massachusetts, Inc.	30 Perwal Street, Westwood, MA 02090			
dba AccentCare Home Health of Massachusetts		04307	22-7203	CHAP
AccentCare of Massachusetts, Inc. dba AccentCare Home Health of Massachusetts	275 Martine Street, Suite 109 Fall River, MA 02723	04307	22Q7203002	СНАР
AccentCare of Massachusetts, Inc.  dba AccentCare Home Health of Massachusetts	421 Merrimack Street, Suite 203A Methuen, MA 01844	04307	22Q7203003	СНАР
AccentCare of Massachusetts, Inc. dba AccentCare Home Health of Massachusetts	30 Perwal Street, Westwood, MA 02090	N/A	22-7203	СНАР
AccentCare of Massachusetts, Inc. dba AccentCare Hospice of Massachusetts	30 Perwal Street, Westwood, MA 02090	04306	22-1518	СНАР
AccentCare of Massachusetts, Inc. dba AccentCare Hospice of Massachusetts	30 Perwal Street, Westwood, MA 02090	7218	22-1518	СНАР
AccentCare of New York, Inc.	695 Dutchess Turnpike Poughkeepsie, NY 12603	1084L002	N/A	N/A
AccentCare of New York, Inc.	1601 Bronxdale Ave., STE 209 Bronx, NY 10462	1084L003	N/A	N/A
AccentCare of New York, Inc.	27 Main Street Yonkers, NY 10701	N/A	N/A	N/A
AccentCare of Washington, Inc.	7100 Fort Dent Way, STE 275 Tukwila, WA 98188-7501	000111	N/A	N/A
AccentCare UCLA Health, LLC	9221 Corbin Ave, STE160 Northridge, CA 91324-1659	980000746	05-7761	CHAP
Alliance for Health, Inc.	105 Court Street, 2nd Floor Brooklyn, NY 11201	1170L001	N/A	N/A
Aloha Home Care LLC dba: AccentCare Home Health of Melbourne	548 NW University Blvd Suite 101, Port St Lucie, FL 34986	299992038	10-8134	СНАР
Doctors Choice Jacksonville LLC  dba AccentCare Home Health of Jacksonville	1542 Kingsley Ave. Ste 131/132 Orange Park, FL 32073	299991611	10-7725	СНАР
Doctors Choice Jacksonville LLC dba AccentCare Home Health of Jacksonville	1000 Riverside Ave., Ste 550 Jacksonville, FL 32204	299994359	10Q7725003	СНАР
Guardian Home Care of Central Georgia, LLC	1551 Jennings Mill Road, Bulding 2500 Watkinsville, GA 30677- 7274	029-279-H	11-7145	N/A

Provider / Licensee Name	Primary Office Physical Address	License #	Medicare #	Accreditation Agency
Guardian Home Care of Nashville, LLC	741 Cool Springs Blvd., Suite 110 Franklin, TN 37067-2697	000000607	44-7566	СНАР
Guardian Home Care of Nashville, LLC	2150 Wilma Rudolph Blvd., Suite 7 Clarksville, TN 37040-6670	000000607	44Q7566003	СНАР
Guardian Home Care of Nashville, LLC	407 Henslee Drive, Bldg. A Dickson, TN 37055	0000000607	44Q7566001	CHAP
Guardian Home Care of Northeast Georgia, LLC	5089 Bristol Industrial Way, Suite B Buford, GA 30518-1780	069-274-H	11-7139	N/A
Guardian Home Care, LLC	6116 Shallowford Road, Suite 114 Chattanooga, TN 37421-7202	000000115	44-7559	СНАР
Guardian Home Care, LLC	615 Decatur Pike, Suite 100 Athens, TN 37303-5506	000000115	44Q7559004	CHAP
Guardian Home Care, LLC	1850 Executive Park Drive, Suite A Cleveland, TN 37312-2700	000000115	44Q7559003	СНАР
Guardian Home Care, LLC	11660 Alphareta Hwy, Suite 440 Roswell, GA 30076-3880	060-264	11-7131	CHAP
Guardian Home Care, LLC	2300 Camp Creek Parkway, Suite 225 College Park, GA 30337	060-264	11Q7131001	СНАР
Guardian Home Care, LLC	484 Irvin Court, Suite 220 Decatur, GA 30030-5406	060-264	11Q7131004	CHAP
Guardian Home Care, LLC	300 Chastain Center Blvd. NW, Suite 335 Kennesaw, GA 30144- 5557	060-264	11Q7131002	СНАР
Guardian Hospice of Nashville, LLC	741 Cool Springs Blvd., Suite 102 Franklin, TN 37067-2697	0000000603	44-1591	СНАР
Halifax Health Services, LLC dba Accentcare Home Health of Daytona	1200 West Granada Blvd, Ste 4 Ormond Beach, FL 32174	299992196	10-8284	СНАР
Halifax Health Services, LLC dba Accentcare Home Health of Daytona	4881 Palm Coast Pkwy, Units 2&3 Palm Coast, FL 32137	299994404	10Q8284001	СНАР
HRS Hospice, Inc.	1806 S Highland Ave Ste 225 Lombard, IL 60148	3000878	N/A	N/A
KindStar, Inc. AccentCare Home Health of Woodward	2728 Williams Ave. Bld K101 #U/V Woodward, OK 73801	007836	37-7711	N/A
KindStar, Inc. dba AccentCare Home Health of Clovis	1801 W. 21st St, Clovis, NM 88101	003331	32-7210	N/A
KindStar, Inc. dba Texas Home Health	5201 Indiana Ave 200 Central, Lubbock, TX 79413	009402	67-9485	N/A
KindStar, Inc. dba Texas Home Health	3800 E. 42nd ST. #203, Odessa, TX 79762 1410 Rankin Hwy, Midland, TX 79701	012084	45-9246	N/A
KindStar, Inc. dba Texas Home Health	1934 Medi Park Dr., Amarillo, TX 79106	008662	45-7754	N/A
KindStar, Inc. dba Texas Home Health	1111 N. Interstate 35, #204, Round Rock, TX 78664	009343	45-7821	N/A
KindStar, Inc. dba Texas Home Health	225 W. Mulberry #102 Rm HOS, Denton, TX 76201	011196	67-1528	СНАР
KindStar, Inc. dba Texas Home Health Hospice	5201 Indiana Ave 101 South, Lubbock, TX 79413	012120	45-1774	СНАР
KindStar, Inc. dba Accolade Pediatric Therapy	5201 Indiana Ave 200 Central, APT, Lubbock, TX 79413	N/A	N/A	N/A
KindStar, Inc. dba Texas Home Health Hospice	101 W. Goodwin Ace #925, Victoria, TX 77901	009272	45-1779	СНАР
Nurses Unlimited, Inc. dba Texas Home Health	3800 E. 42nd, Suite 203 Odessa, TX 79762	001383	45-7528	СНАР
Nurses Unlimited, Inc. dba Texas Home Health	3800 E. 42nd, Suite 228 Odessa, TX 79762	003467	N/A	N/A

Provider / Licensee Name	Primary Office Physical Address	License #	Medicare #	Accreditation Agency
Nurses Unlimited, Inc.	1205 N. State Highway 123, Suite 302 San Marcos, TX 78666	016504	N/A	N/A
dba Texas Home Health			,	,
Nurses Unlimited, Inc.	1020 Suite B Andrews Hwy Midland, TX 79701	016556	N/A	N/A
dba Texas Home Health	0140 N Margas Fugure Cuits 150 Plds 1 Austin TV 70750 0027			
Nurses Unlimited, Inc.	8140 N. Mopac Expwy., Suite 150 Bldg. 1 Austin, TX 78759-8837	016942	N/A	
dba Texas Home Health  Nurses Unlimited, Inc.	600 S. Tyler Street, Suite 804 Amarillo, TX 79109			
dba Texas Home Health	600 3. Tyler Street, Suite 804 Amarillo, 1X 79109	020357	N/A	N/A
Nurses Unlimited, Inc.	3303 N. 3rd St., Suite A Abilene, TX 79603			
dba Texas Home Health	3303 N. Siù St., Suite A. Abilelle, 17. 73003	020358	N/A	N/A
Nurses Unlimited, Inc.	3002 50th Street Lubbock, TX 79413			
dba Texas Home Health	5002 50th 6th 6ct 24550th, 17, 75 125	020365	N/A	N/A
Oahu, Home Care LLC	2401 W. Eau Galle Blvd #6, Melbourne, FL 32935			
dba: AccentCare Home Health of Port Saint Lucie		299991835	10-8218	CHAP
Sta-Home Health Agency of Carthage, Inc.	730 Hwy 35 S Carthage, MS 39051-5802	10985	25-7129	CHAP
Sta-Home Health Agency of Greenwood, Inc.	205 Walthall St. Greenwood, MS 38930	11095	25-7131	CHAP
Sta-Home Health Agency of Jackson, Inc.	130 Fairmont St., STE A Clinton, MS 39056-4714	11195	25-7102	N/A
Sta-Home Hospice of Mississippi, Inc.	3500 Lakeland Dr, STE 515 Flowood, MS 39232-3017	023	25-1511	N/A
Texas Home Health Group of College Station, LLC	1605 Rock Prairie Road, Suite 206 College Station, TX 77845- 8358	018330	67-9189	СНАР
Texas Home Health Group of Denton, LLC	225 W. Mulberry #101, Denton, TX 76201	19300	67-9325	N/A
previously KindStar, Inc. dba Accolade Home Care		19500	07-9323	N/A
Texas Home Health Group of DeSoto, LLC	911 York Dr. #203 DeSoto, TX 75115-2064	019958	Pending	N/A
Texas Home Health Group of Fort Worth, LLC	700 Highlander Blvd., Suite 205 Arlington, TX 76015-4325	018324	74-7526	N/A
Texas Home Health Group of Marble Falls, LLC	1100 Mission Hills Drive, Suite 100 Marble Falls, TX 78654	018353	67-9520	CHAP
Texas Home Health Group of McKinney, LLC	6800 Weiskopf Ave., Suite 110 McKinney, TX 75070-5241	018485	67-9236	CHAP
Texas Home Health Group of Taylor, LLC	567 Chris Kelley Blvd. Suite 201 Hutto, TX 78634-2086	018337	67-7035	СНАР
Texas Home Health Group of Temple, LLC	3809 South General Bruce Drive, Suite 105B Temple, TX 76502	018252	45-7443	N/A
Texas Home Health Group of Waco, LLC	8300 Central Park Dr. Suite A Waco, TX 76712-6667	018352	67-9200	CHAP
Texas Home Health Hospice - Austin, LLC	3520 Executive Center Drive, Suite 320 Austin, TX 78731-1625	017838	67-1554	СНАР
dba Texas Home Health Hospice		017030	07 1554	CHAI
Texas Home Health Hospice, L.P. DBA: Texas Home Health Hospice	2904 N. Fourth Street, Suite 102 Longview, TX 75605-5124	010521	N/A	N/A
Texas Home Health Hospice, LP DBA: Texas Home Health Hospice	8300 Central Park Dr. Suite A Waco, TX 76712-6667	010507	67-1552	СНАР
Texas Home Health Hospice, LP	2904 N. Fourth Street, Suite 102 Longview, TX 75605-5124	010521	67-1545	СНАР
DBA: Texas Home Health Hospice		010321	07 1545	CHAI
Texas Home Health Hospice, LP DBA: Texas Home Health Hospice	8876 Gulf Freeway, Suite 410 Houston, TX 77017-6513	010899	67-1559	СНАР
Texas Home Health Hospice, LP	5685 Eastex Freeway Beaumont, TX 77706-6923	010904	67-1560	СНАР
DBA: Texas Home Health Hospice		020001	0. 1500	5. II VI
Texas Home Health Hospice, LP DBA: Texas Home Health Hospice	1605 Rock Prairie Road, Suite 206 College Station, TX 77845	016579	74-1588	СНАР
Texas Home Health Hospice, LP DBA: Texas Home Health Hospice	6800 Weiskopf Ave, Suite 105 McKinney, TX 75070-1639	018363	74-1652	СНАР

Provider / Licensee Name	Primary Office Physical Address	License #	Medicare #	Accreditation Agency
Texas Home Health of America, LP	2221 H.G. Mosley Pkwy, Suite 101 Longview, TX 75604	007586	N/A	N/A
dba Texas Home Health of America			,	,
Texas Home Health of America, LP	8300 Central Park Drive, Suite A Waco, TX 76712-6667	007587	N/A	N/A
dba Texas Home Health of America	2520 5 1' - Contai Di Chi 465 A TV 70724 4625		•	
Texas Home Health of America, LP	3520 Executive Center Dr. Ste. 165 Austin, TX 78731-1625	007587	N/A	N/A
dba Texas Home Health of America Texas Home Health of America, LP	1605 Rock Prairie Road, Suite 206 College Station, TX 77845			
dba Texas Home Health of America	1005 ROCK Prairie Road, Suite 200 College Station, 17 77845	007587	N/A	N/A
Texas Home Health of America, LP	5151 Flynn Parkway, Suite 510 Corpus Christi, TX 78411-4372			
dba Texas Home Health of America	5151 Hymm arkway, Saite 510 corpus christi, 17 70411 4572	007591	N/A	N/A
Texas Home Health of America, LP	4242 Woodcock Drive, Suite 220 San Antonio, TX 78228-1325			
dba Texas Home Health of America	,, ,, ,, ,, ,, ,	007592	N/A	N/A
Texas Home Health of America, LP	8876 Gulf Freeway, Suite 410 Houston, TX 77017			
dba Texas Home Health of America	,	007607	N/A	N/A
Texas Home Health of America, LP	5695 Eastex Freeway Beaumont, TX 77706-6923	007600	N1/A	NI/A
dba Texas Home Health of America		007608	N/A	N/A
Texas Home Health of America, LP	1615 Osprey Drive, Suite 101 DeSoto, TX 75115-2427	014325	N/A	N/A
dba Texas Home Health of America		014323	N/A	N/A
Texas Home Health of America, LP	101 W. Goodwin Ave. Suite 360 Victoria, TX 77901	016780	N/A	N/A
dba Texas Home Health of America			,	
Texas Home Health of America, LP	1615 Osprey Drive, Suite 101 DeSoto, TX 75115-2427	018685	N/A	N/A
dba Texas Home Health of America	4202 Characad Mar C. Ha A. Car Assala TV 70004			
Texas Home Health of America, LP dba Texas Home Health of America	4202 Sherwood Way, Suite A San Angelo, TX 76904	019893	N/A	N/A
Texas Home Health of America. LP	520 N. Lincoln Odessa, TX 79761			
dba Texas Home Health of America	520 N. LIIICOIII Ouessa, 1X 79701	019972	N/A	N/A
Texas Home Health of America, LP	2625 NE Loop 286 Paris, TX 75460			
dba Texas Home Health of America		020013	N/A	N/A
Texas Home Health of America, LP	3939 Beltline Road, Suite 120 Addison, TX 75001-4323			
dba Texas Home Health of America		020160	N/A	N/A
Texas Home Health of America, LP	12808 W. Airport Blvd. Suite 335 Sugar Land, TX 77478-6197	020221	N1/A	N/A
dba Texas Home Health of America		020221	N/A	N/A
Texas Home Health of America, LP	6501 Boeing Dr. Bldg. H, Suite 3 El Paso, TX 79925	020361	N/A	N/A
dba Texas Home Health of America		020301	14/7	N/A
Texas Home Health Skilled Services, LP	1809 Judson Road Longview, TX 75605-4710	007741	67-9090	CHAP
dba Texas Home Health Skilled Services				-
Texas Home Health Skilled Services, LP	1505 W. Panola Carthage, TX 75633-2349	007741	67Q9090001	СНАР
dba Texas Home Health Skilled Services	1000 Ludora Bood Longidou TV 75005 4740			
Texas Home Health Skilled Services, LP dba Texas Home Health Skilled Services	1809 Judson Road Longview, TX 75605-4710	007741 67Q909	67Q9090002	CHAP
Texas Home Health Skilled Services, LP	3520 Executive Center Drive, Suite G100 Austin, TX 78731-1625			
dba Texas Home Health Skilled Services	3320 Executive Center Drive, Juite 0100 Austin, 17 70/31-1023	007742 67-912	67-9120	CHAP
Texas Home Health Skilled Services, LP	3520 Executive Center Drive, Suite G100 Austin, TX 78731-1625			
dba Texas Home Health Skilled Services	2525 Executive Series Error Suite Glob Flushing IN 70751 1025	007742 67Q91200	67Q9120002	CHAP
Texas Home Health Skilled Services, LP	1100 Mission Hills, Suite 100 Marble Falls, TX 78654-4579	sion Hills, Suite 100 Marble Falls, TX 78654-4579	670045555	01115
dba Texas Home Health Skilled Services	,	007742	67Q9120001	СНАР

Provider / Licensee Name	Primary Office Physical Address	License #	Medicare #	Accreditation Agency	
Texas Home Health Skilled Services, LP	4619 North Street Nacogdoches, TX 75965-1816	007744	67-9108	СНАР	
dba Texas Home Health Skilled Services		007744	07-9108	СПАР	
Texas Home Health Skilled Services, LP	4619 North Street Nacogdoches, TX 75965-1816	007744	6700400003	007744 67Q9108002	СНАР
dba Texas Home Health Skilled Services		007744	07Q9108002	СПАР	
Texas Home Health Skilled Services, LP	2802 South First Street Lufkin, TX 75901	007744	4 67Q9108001	СНАР	
dba Texas Home Health Skilled Services		007744	67Q9108001	СПАР	
Texas Home Health Skilled Services, LP	4920-F Seawall Blvd. Galveston, TX 77551-6011	007750	67-9104	СНАР	
dba Texas Home Health Skilled Services		007750	67-9104	СПАР	
Texas Home Health Skilled Services, LP	477 This Way Street Lake Jackson, TX 77566-5143	007750	6700104001	N/A	
dba Texas Home Health Skilled Services		007750	67Q9104001	IN/A	
Texas Home Health Skilled Services, LP	12808 W. Airport Blvd. Suite 350 Sugar Land, TX 77478-6187	007751	67-9102	CHAP	
dba Texas Home Health Skilled Services		007751	67-9102	СПАР	
Texas Home Health Skilled Services, LP	4801 NW Loop 410, Suite 115 San Antonio, TX 78229-5342	007949	67-9174	СНАР	
dba Texas Home Health Skilled Services		007949		СПАР	
Texas Home Health Skilled Services, LP	4801 NW Loop 410, Suite 115 San Antonio, TX 78229-5342	007040	6700174001	СНАР	
dba Texas Home Health Skilled Services		007949	67Q9174001	СПАР	
Texas Home Health Skilled Services, LP	10358 US 59 Hwy, Suite B Wharton, TX 77488-0709	000150	67.0333	СНАР	
dba Texas Home Health Skilled Services		008158	67-9233	СПАР	
Texas Home Health Skilled Services, LP	10358 US 59 Hwy, Suite B Wharton, TX 77488-0709	000150	6700222002	СНАР	
dba Texas Home Health Skilled Services		008158	67Q9233002	СПАР	
Texas Home Health Skilled Services, LP	400 Belcher, Suite 6 Cleveland, TX 77327-3654	000004 67.2454	N1/A		
dba Texas Home Health Skilled Services		008904	67-3151	N/A	
Texas Home Health Skilled Services, LP	5687 Eastex Freeway Beaumont, TX 77706-6923	008922	67-3115	СНАР	
dba Texas Home Health Skilled Services		008922	67-3115	СНАР	
Texas Home Health Skilled Services, LP	5687 Eastex Freeway Beaumont, TX 77706-6923	000022	6703115001	N1/A	
dba Texas Home Health Skilled Services		008922	67Q3115001	N/A	
Texas Home Health Skilled Services, LP	101 W. Goodwin Ave, Suite 370 Victoria, TX 77901-6502	000000	67.2422	CHAD	
dba Texas Home Health Skilled Services		008990	67-3133	CHAP	
Texas Home Health Skilled Services, LP	1809 Judson Road Longview, TX 75605-4710	010160	45 7172	NI/A	
dba Texas Home Health Skilled Services		018168	45-7173	N/A	
Texas Home Health Skilled Services, LP	2512 S. IH-35, Suite 320 Austin, TX 78704-5758	010406	74 7706	CHAR	
dba Texas Home Health Skilled Services		018406	74-7786	CHAP	

## Agencies in Operation Prior to Ownership of AccentCare

	Date Associated with
Provider	AccentCare
AccentCare Fairview Home Health-East, LLC	11/2/2020
AccentCare Fairview Home Health-West, LLC	11/2/2020
AccentCare Fairview Hospice-West, LLC	11/2/2020
AccentCare of Massachusetts, Inc.	12/31/2018
dba AccentCare Home Health of Massachusetts	12/51/2016
AccentCare of Massachusetts, Inc.	12/31/2018
dba AccentCare Hospice of Massachusetts	12/31/2016
Aloha Home Care LLC	4/15/2019
dba: AccentCare Home Health of Melbourne	4/15/2019
Doctors Choice Jacksonville LLC	8/1/2018
dba AccentCare Home Health of Jacksonville	0/1/2010
Halifax Health Services, LLC	8/1/2018
dba Accentcare Home Health of Daytona	0/1/2010
KindStar, Inc.	8/31/2018
dba AccentCare Home Health of Clovis	0/31/2010
KindStar, Inc.	8/31/2018
dba AccentCare Home Health of Woodward	0/31/2010
KindStar, Inc.	8/31/2018
dba Texas Home Health	0/31/2010
KindStar, Inc. dba	8/31/2018
Texas Home Health Hospice	0/31/2010
Oahu, Home Care LLC	4/15/2019
dba: AccentCare Home Health of Port Saint Lucie	4/13/2019
Texas Home Health Group of Denton, LLC	
previously KindStar, Inc. dba Accolade Home Care	8/31/2018
Texas Home Health Group of DeSoto, LLC	8/31/2019
Texas Home Health of America, LP	3/31/2018
dba Texas Home Health of America	

## **EXHIBIT 4**

Lease, Amendment, and Assignment Letter

## TACOMA MALL OFFICE BUILDING LEASE

This Lease, made and entered into at 4301 South Pine Street, Tacoma, Washington, this 28th day of February 2020 by and between LANDLORD: 3W TMOB Partners LLC and M & M Tacoma Investments IV LLC as tenants in common and TENANT: Seasons Hospice & Palliative Care of Pierce County, LLC.

Landlord hereby Leases to Tenant the following:

Suite 85, which includes the combination of Suites 55, 57, 81 and 85 (the Premises)

in **the Tacoma Mall Office Building** (the Building)

at **4301 South Pine Street, Tacoma, Washington** containing approximately **2,183** rentable square feet as shown on the attached floor plan. Tenant's proportionate share for purposes of Section 19 shall be 1.89%. This Lease is for a term commencing **March 1, 2020** and continuing **through February 28, 2021** at a Monthly Base Rental as follows:

<u>Year</u>	<b>Base Monthly Rent</b>
1	\$3,274.50

Rent is payable in advance on the 1<sup>st</sup> day of each month commencing March 1, 2020. If Tenant is not in default beyond any applicable cure period and Tenant has not assigned the Lease or subleased the Premises, at Tenant's option, and upon at least 60 days' written notice to Landlord prior to the end of the initial term, the term will be extended for an additional thirty-four (34) months commencing March 1, 2021 and continuing through December 31, 2024, with the Base Rent at the then Fair Market Rate, with 3% annual increases through the extended term.

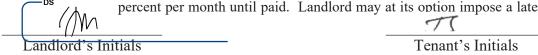
Landlord and Tenant covenant and agree as follows:

# 1.1 Delivery of Possession.

Should Landlord be unable to deliver possession of the Premises on the date fixed for the commencement of the term, commencement will be deferred, and Tenant shall owe no rent until notice from Landlord tendering possession to Tenant. If possession is not so tendered within 90 days following commencement of the term, then Tenant may elect to cancel this Lease by notice to Landlord within 10 days following expiration of the 90-day period. Landlord shall have no liability to Tenant for delay in delivering possession. In the event that the delivery of Possession is delayed, the parties agree to sign a commencement agreement memorializing the commencement and termination of the lease.

### 2.1 Rent Payment.

Tenant shall pay the Base Rent for the Premises and any additional rent provided herein without deduction or offset. Rent for any partial month during the Lease term shall be prorated to reflect the number of days during the month that Tenant occupies the Premises. Additional rent means amounts determined under Section 19 of this Lease and any other sums payable by Tenant to Landlord under this Lease. Rent not paid when due shall bear interest at the rate of one-and-one-half percent per month until paid. Landlord may at its option impose a late charge of



\$.05 for each \$1 of rent for rent payments made more than 10 days late in lieu of interest for the first month of delinquency, without waiving any other remedies available for default. Failure to impose a late charge shall not be a waiver of Landlord's rights hereunder.

3.1 Security Deposit.

Upon execution of the Lease Tenant has paid the Base Rent for the first full and last full months of the Lease term for which rent is payable and in addition has paid the sum equal to the first month of rent as a Security Deposit. Landlord may apply the Security Deposit to pay the cost of performing any obligation which Tenant fails to perform within the time required by this Lease, but such application by Landlord shall not be the exclusive remedy for Tenant's default. If the Security Deposit is applied by Landlord, Tenant shall on demand pay the sum necessary to replenish the Security Deposit to its original amount. To the extent not applied by Landlord to cure defaults by Tenant, the Security Deposit shall be applied against the rent payable for the last month of the term.

4.1 Use.

Tenant shall use the Premises as business for **general office** and for no other purpose without Landlord's written consent. In connection with its use, Tenant shall at its expense promptly comply and cause the Premises to comply with all applicable laws, ordinances, rules and regulations of any public authority and shall not annoy, obstruct, or interfere with the rights of other tenants of the Building. Tenant shall create no nuisance nor allow any objectionable fumes, noise, or vibrations to be emitted from the Premises. Tenant shall not conduct any activities that will increase Landlord's insurance rates for any portion of the Building or that will in any manner degrade or damage the reputation of the Building.

4.2 Equipment.

Tenant shall install in the Premises only such office equipment as is customary for general office use and shall not overload the floors or electrical circuits of the Premises or Building or alter the plumbing or wiring of the Premises or Building. Landlord must approve in advance the location of and manner of installing any wiring or electrical, heat generating or communication equipment or exceptionally heavy articles. All telecommunications equipment, conduit, cables and wiring, additional dedicated circuits and any additional air conditioning required because of heat generating equipment or special lighting installed by Tenant shall be installed and operated at Tenant's expense. Landlord shall have no obligation to permit the installation of equipment by any telecommunications provider whose equipment is not then servicing the Building.

4.3 Signs.

No signs, awnings, antennas, or other apparatus shall be painted on or attached to the Building or anything placed on any glass or woodwork of the Premises or positioned so as to be visible from outside the Premises without Landlord's written approval as to design, size, location, and color. All signs installed by Tenant shall comply with Landlord's standards for signs and all applicable codes and all signs and sign hardware shall be removed upon termination of this Lease with the sign location restored to its former state unless Landlord elects to retain all or any portion thereof.

5.1 Utilities and Services.

Landlord will furnish water and electricity to the Building at all times and will furnish heat and air conditioning (if the Building is air-conditioned) during the normal Building hours as established by Landlord. Janitorial service will be

Landlord's Initials

Tenant's Initials

provided in accordance with the regular schedule of the Building, which schedule and service may change from time to time. Tenant shall comply with all government laws or regulations regarding the use or reduction of use of utilities on the Premises. Interruption of services or utilities shall not be deemed an eviction or disturbance of Tenant's use and possession of the Premises, render Landlord liable to Tenant for damages, or relieve Tenant from performance of Tenant's obligations under this Lease. Landlord shall take all reasonable steps to correct any interruptions in service. Electrical service furnished will be 110 volts unless different service already exists in the Premises. Tenant shall provide its own surge protection for power furnished to the Premises.

5.2 Extra Usage.

If Tenant uses excessive amounts of utilities or services of any kind because of operation outside of normal Building hours, high demands from office machinery and equipment, nonstandard lighting, or any other cause, Landlord may impose a reasonable charge for supplying such extra utilities or services, which charge shall by payable monthly by Tenant in conjunction with rent payments. In case of dispute over any extra charge under this paragraph, Landlord shall designate a qualified independent engineer whose decision shall be conclusive on both parties. Landlord and Tenant shall each pay one-half of the cost of such determination.

5.3 Security.

Landlord may but shall have no obligation to provide security service or to adopt security measures regarding the Premises, and Tenant shall cooperate with all reasonable security measures adopted by Landlord. Tenant may install a security system within the leased Premises with Landlord's written consent, which will not be unreasonably withheld. Landlord will be provided with an access code to any security system and shall not have any liability for accidentally setting off Tenant's security system. Landlord may modify the type or amount of security measures or services provided to the Building or the Premises at any time.

6.1 Maintenance and Repair.

Landlord shall have no liability for failure to perform required maintenance and repair unless written notice of such maintenance or repair is given by Tenant and Landlord fails to commence efforts to remedy the problem in a reasonable time and manner. Landlord shall have the right to erect scaffolding and other apparatus necessary for the purpose of making repairs, and Landlord shall have no liability for interference with Tenant's use because of repairs and installations. Tenant shall have no claim against Landlord for any interruption or reduction of services or interference with Tenant's occupancy, and no such interruption or reduction shall be construed as a constructive or other eviction of Tenant. Repair of damage caused by negligent or intentional acts or breach of this Lease by Tenant, its employees or invitees shall be at Tenant's expense.

6.2 Alterations.

Tenant shall not make any alterations, additions, or improvements to the Premises, change the color of the interior, or install any wall or floor covering without Landlord's prior written consent, which may be withheld in Landlord's sole discretion. Any such improvements, alterations, wiring, cables or conduit installed by Tenant shall at once become part of the Premises and belong to Landlord except for removable machinery and unattached movable trade fixtures. Landlord may at its option require that Tenant remove any improvements, alterations, wiring, cables or conduit installed by or for Tenant and restore the Premises to the original condition upon termination of this Lease. Landlord and tenant both will have the

Landlord's Initials

Condition upon termination of this Lease. Landlord and tenant both

Tenant's Initials

right to approve the contractor used by the tenant for any work in the premises, and to post a notice of responsibility in connection with work being performed by tenant in the premises. Work by tenant will comply with all the laws then applicable to the premises.

7.1 Indemnity.

Tenant shall not allow any liens to attach to the Building or Tenant's interest in the Premises as a result of its activities. Tenant shall indemnify and defend Landlord and its managing agents from any claim, liability, damage, or loss occurring on the Premises, arising out of any activity by Tenant, its agents, or invitees or resulting from Tenant's failure to comply with any term of this Lease. Neither Landlord nor its managing agent shall have any liability to Tenant because of loss or damage to Tenant's property or for death or bodily injury caused by the acts or omissions of other Tenants of the Building, or by third parties (including criminal acts). The foregoing indemnity shall only apply to the extent of the negligence or willing full misconduct of the content that occurs while on premises owned or controlled by landlord. In no event shall tenant's obligations hereunder be limited to the extent of any insurance available to or provided by landlord or any subcontractor thereof.

7.2 Insurance.

Tenant shall carry liability insurance with limits of not less than **Two** Million Dollars

(\$2,000,000.00) combined single limit bodily injury and property damage which insurance shall have an endorsement naming Landlord and Landlord's managing agent, if any, as an additional insured, cover the liability insured under paragraph 7.1 of this Lease and be in form and with companies reasonably acceptable to Landlord. Prior to occupancy, Tenant shall furnish a certificate evidencing such insurance, which shall state that the coverage shall not be cancelled or materially changed without 10 days advance notice to Landlord and Landlord's managing agent, if any. A renewal certificate shall be furnished at least 10 days prior to expiration of any policy.

8.1 Fire or Casualty.

"Major Damage" means damage by fire or other casualty to the Building or the Premises which causes the Premises or any substantial portion of the Building to be unusable, or which will cost more than 25 percent of the pre-damage value of the Building to repair, or which is not covered by insurance. In case of Major Damage, Landlord may elect to terminate this Lease by notice in writing to the Tenant within 30 days after such date. If this Lease is not terminated following Major Damage, or if damage occurs which is not Major Damage, Landlord shall promptly restore the Premises to the condition existing just prior to the damage. Tenant shall promptly restore all damage to tenant improvements or alterations installed by Tenant or pay the cost of such restoration to Landlord if Landlord elects to do the restoration of such improvements. Rent shall be reduced from the date of damage until the date restoration work being performed by Landlord is substantially complete, with the reduction to be in proportion to the area of the Premises not usable by Tenant.

8.2 Waiver of Subrogation.

Tenant shall be responsible for insuring its personal property and trade fixtures located on the Premises and any alterations or tenant improvements it has made to the Premises. Neither Landlord, its managing agent nor Tenant shall be liable to

Landlord's Initials

Tenant's Initials

the other for any loss or damage caused by water damage, sprinkler leakage, or any of the risks that are or could be covered by a special all risk property insurance policy, or for any business interruption, and there shall be no subrogated claim by one party's insurance carrier against the other party arising out of any such loss. This waiver is binding only if it does not invalidate the insurance coverage of either party hereto.

9.1 Eminent Domain.

If a condemning authority takes title by eminent domain or by agreement in lieu thereof to the entire Building or a portion sufficient to render the Premises unsuitable for Tenant's use, then either party may elect to terminate this Lease effective on the date that possession is taken by the condemning authority. Rent shall be reduced for the remainder of the term in an amount proportionate to the reduction in area of the Premises caused by the taking. All condemnation proceeds shall belong to Landlord, and Tenant shall have no claim against Landlord or the condemnation award because of the taking.

10.1 Assignment and Subletting.

This Lease shall bind and inure to the benefit of the parties, their respective heirs, successors, and assigns provided that Tenant shall not assign its interest under this Lease or sublet all or any portion of the Premises without first obtaining Landlord's consent in writing, which shall not be unreasonably withheld. This provision shall apply to all transfers by operation of law including but not limited to mergers and changes in control of Tenant. No assignment shall relieve Tenant of its obligation to pay rent or perform other obligations required by this Lease and no consent to one assignment or subletting shall be consent to any further assignment or subletting. Landlord shall not unreasonably withhold its consent to any assignment or subletting provided the effective rental paid by the subtenant or assignee is not less than the current scheduled rental rate of the Building for comparable space and the proposed Tenant is compatible with Landlord's normal standards for the Building. If Tenant proposes a subletting or assignment to which Landlord is required to consent under this paragraph, Landlord shall have the option of terminating this Lease and dealing directly with the proposed subtenant or assignee, or any third party. If an assignment or subletting is permitted, any cash profit, or the net value of any other consideration received by Tenant as a result of such transaction shall be paid to Landlord promptly following its receipt by Tenant. Tenant shall pay any costs incurred by Landlord in connection with a request for assignment or subletting, including reasonable attorneys' fees, up to \$1,000.00.

11.1 Default.

Any of the following shall constitute a default by Tenant under this Lease:

- (a) Tenant's failure to pay rent or any other charge under this Lease within 10 days after it is due, or failure to comply with any other term or condition within 20 days following written notice from Landlord specifying the noncompliance. If such noncompliance cannot be cured within the 20-day period, this provision shall be satisfied if Tenant commences correction within such period and thereafter proceeds in good faith and with reasonable diligence to effect compliance as soon as possible. Time is of the essence of this Lease.
- (b) Tenant's insolvency, business failure or assignment for the benefit of its creditors. Tenant's commencement of proceedings under any provision of any bankruptcy or insolvency law or failure to obtain dismissal of any petition filed

bankruptcy or insolvency law or failure to obtain dismissal of any per Landlord's Initials

Tenant's Initials

against it under such laws within the time required to answer; or the appointment of a receiver for all or any portion of Tenant's properties or financial records.

- (c) Assignment or subletting by Tenant in violation of paragraph 10.1.
- (d) Vacation or abandonment of the Premises without the written consent of Landlord or failure to occupy the Premises within 20 days after notice from Landlord tendering possession.

# 11.2 Remedies for Default.

In case of default as described in paragraph 11.1 Landlord shall have the right to the following remedies which are intended to be cumulative and in addition to any other remedies provided under applicable law:

- (a) Landlord may at its option terminate the Lease by notice to Tenant. With or without termination, Landlord may retake possession of the Premises and may use or relet the Premises without accepting a surrender or waiving the right to damages. Following such retaking of possession, efforts by Landlord to relet the Premises shall be sufficient if Landlord follows its usual procedures for finding tenants for the space at rates not less than the current rates for other comparable space in the Building. If Landlord has other vacant space in the Building, prospective tenants may be placed in such other space without prejudice to Landlord's claim to damages or loss of rentals from Tenant.
- (b) Landlord may recover all damages caused by Tenant's default which shall include an amount equal to rentals lost because of the default, Lease commissions paid for this Lease, and the unamortized cost of any tenant improvements installed by Landlord to meet Tenant's special requirements. Landlord may sue periodically to recover damages as they occur throughout the Lease term, and no action for accrued damages shall bar a later action for damages subsequently accruing. Landlord may elect in any one action to recover accrued damages plus damages attributable to the remaining term of the Lease. Such damages shall be measured by the difference between the rent under this Lease and the reasonable rental value of the Premises for the remainder of the term, discounted to the time of judgment at the prevailing interest rate on judgments.
- (c) Landlord may make any payment or perform any obligation, which Tenant has failed to perform, in which case Landlord shall be entitled to recover from Tenant upon demand all amounts so expended, plus interest from the date of the expenditure at the rate of one-and-one-half percent per month. Any such payment or performance by Landlord shall not waive Tenant's default.

#### 12.1 Surrender.

On expiration or early termination of this Lease Tenant shall deliver all keys to Landlord and surrender the Premises vacuumed, swept, and free of debris and in the same condition as at the commencement of the term subject only to reasonable wear from ordinary use. Tenant shall remove all of its furnishings and trade fixtures that remain its property and repair all damage resulting from such removal. Failure to remove shall be an abandonment of the property, and Landlord may dispose of it in any manner without liability. If Tenant fails to vacate the Premises when required, including failure to remove all its personal property, Landlord may elect either: (i) to treat Tenant as a tenant from month to month, subject to the



provisions of this Lease except that rent shall be one-and-one-half times the total rent being charged when the Lease term expired, and any option or other rights regarding extension of the term or expansion of the Premises shall no longer apply, or (ii) to eject Tenant from the Premises and recover damages caused by wrongful holdover.

13.1 Regulations.

Landlord shall have the right but shall not be obligated to make, revise and enforce regulations or policies consistent with this Lease for the purpose of promoting safety, health (including moving, use of common areas and prohibition of smoking), order, economy, cleanliness, and good service to all tenants of the Building. All such regulations and policies shall be complied with as if part of this Lease.

14.1 Access.

During times other than normal Building hours Tenant's officers and employees or those having business with Tenant may be required to identify themselves or show passes in order to gain access to the Building. Landlord shall have no liability for permitting or refusing to permit access by anyone. Landlord may regulate access to any Building elevators outside of normal Building hours. Landlord shall have the right to enter upon the Premises at any time by passkey or otherwise to determine Tenant's compliance with this Lease, to perform necessary services, maintenance and repairs or alterations to the Building or the Premises, or to show the Premises to any prospective tenant or purchasers. Except in case of emergency such entry shall be at such times and in such manner as to minimize interference with the reasonable business use of the Premises by Tenant.

14.2 Furniture and Bulky Articles.

Tenant shall move furniture and bulky articles in and out of the Building or make independent use of the elevators only at times approved by Landlord following at least 24 hours written notice to Landlord of the intended move. Landlord will not unreasonably withhold its consent under this paragraph.

15.1 Notices.

Notices between the parties relating to this Lease shall be in writing, effective when delivered, or if mailed, effective on the second day following mailing, postage prepaid, to the address for the party stated in this Lease or to such other address as either party may specify by notice to the other. Rent shall be payable to Landlord at the same address and in the same manner, but shall be considered paid only when received.

16.1 Subordination and Attornment.

This Lease shall be subject to and subordinate to any mortgages, deeds of trust, or land sale contracts (hereafter collectively referred to as encumbrances) now existing against the Building. At Landlord's option this Lease shall be subject and subordinate to any future encumbrance hereafter placed against the Building (including the underlying land) or any modifications of existing encumbrances, and Tenant shall execute such documents as may reasonably be requested by Landlord or the holder of the encumbrance to evidence this subordination. If any encumbrance is foreclosed, then if the purchaser at foreclosure sale gives to Tenant a written agreement to recognize Tenant's Lease, Tenant shall attorn to such purchaser and this Lease shall continue.

Landlord's Initials

Tenant's Initials

16.2 Transfer of Building.

If the Building is sold or otherwise transferred by Landlord or any successor, Tenant shall attorn to the purchaser or transferee and recognize it as the Landlord under this Lease, and, provided the purchaser or transferee assumes all obligations hereunder, the transferor shall have no further liability hereunder.

16.3 Estoppels.

Either party will within 10 days after notice from the other execute, acknowledge and deliver to the other party a certificate certifying whether or not this Lease has been modified and is in full force and effect; whether there are any modifications or alleged breaches by the other party; the dates to which rent has been paid in advance, and the amount of any security deposit or prepaid rent; and any other facts that may reasonably be requested. Failure to deliver the certificate within the specified time shall be conclusive upon the party of whom the certificate was requested that the Lease is in full force and effect and has not been modified except as may be represented by the party requesting the certificate. If requested by the holder of any encumbrance, or any ground Landlord, Tenant will agree to give such holder or Landlord notice of and an opportunity to cure any default by Landlord under this Lease.

17.1 Attorneys' Fees.

In any litigation arising out of this Lease, the prevailing party shall be entitled to recover attorney's fees and expenses at trial and on any appeal. If Landlord incurs attorneys' fees because of a default by Tenant, Tenant shall pay all such fees whether or not litigation is filed.

18.1 Quiet Enjoyment.

Landlord warrants that so long as Tenant complies with all terms of this Lease it shall be entitled to peaceable and undisturbed possession of the Premises free from any eviction or disturbance by Landlord. Neither Landlord nor its managing agent shall have any liability to Tenant for loss or damages arising out of the acts, including criminal acts, of other tenants of the Building or third parties, nor any liability for any reason which exceeds the value of its interest in the Building.

19.1 Additional Rent: Tax Adjustment. Whenever for any year the real property taxes levied against the Building and its underlying land exceed those levied for the **2019** tax year, then the monthly rental for the next succeeding calendar year shall be increased by one-twelfth of such tax increase times Tenant's proportionate share. "Real property taxes" as used herein means all taxes and assessments of any public authority against the Building and the land on which it is located, the cost of contesting any tax and any form of fee or charge imposed on Landlord as a direct consequence of owning or leasing the Premises, including but not limited to rent taxes, gross receipt taxes, leasing taxes, or any fee or charge wholly or partially in lieu of or in substitution for ad valorem real property taxes or assessments, whether now existing or hereafter enacted.

19.2 Additional
Rent:
Operating
Expense
Adjustment.

Tenant shall pay as additional rent Tenant's proportionate share of the amount by which operating expenses for the Building increase over those experienced by Landlord during the calendar year **2020** (base year). Effective January 1 of each year Landlord shall estimate the amount, by which operating expenses are expected to increase, if any, over those incurred in the base year. Monthly rental for that year shall be increased by one-twelfth of Tenant's share of the estimated increase. Following the end of each calendar year, Landlord shall compute the actual increase in operating expenses and bill Tenant for any deficiency or credit Tenant with any excess collected. As used herein "operating expenses" shall mean

Landlord's Initials

Tenant with any excess confected. As used herein operating expenses

Tenant's Initials

all costs of operating and maintaining the Building as determined by standard real estate accounting practice, including, but not limited to: all water and sewer charges; the cost of natural gas and electricity provided to the Building; janitorial and cleaning supplies and services; administration costs and management fees; superintendent fees; security services, insurance premiums; licenses; permits for the operation and maintenance of the Building and all of its component elements and mechanical systems; the annual amortized capital improvement cost (amortized over such a period as Landlord may select and at a current market interest rate) for any capital improvements to the Building required by any governmental authority or those which have a reasonable probability of improving the operating efficiency of the Building.

19.3 Disputes.

If Tenant disputes any computation of additional rent or rent adjustment under paragraphs 19.1 through 19.2 of this Lease, it shall give notice to Landlord not later than one (1) year after the notice from Landlord describing the computation in question, but in any event not later than thirty (30) days after expiration or earlier termination of this Lease. If Tenant fails to give such a notice, the computation by Landlord shall be binding and conclusive between the parties for the period in question. If Tenant gives a timely notice, the dispute shall be resolved by an independent certified public accountant selected by Landlord whose decision shall be conclusive between the parties. Each party shall pay one-half of the fee for making such determination except that if the adjustment in favor of Tenant does not exceed ten percent of the escalation amounts for the year in question, Tenant shall pay (i) the entire cost of any such third-party determination; and (ii) Landlord's out-of-pocket costs and reasonable expenses for personnel time in responding to the audit. Nothing herein shall reduce Tenant's obligations to make all payments as required by this Lease.

20.1 Complete
Agreement;
No Implied
Covenants.

This Lease and the attached Exhibits and Schedules if any, constitute the entire agreement of the parties and supersede all prior written and oral agreements and representations and there are no implied covenants or other agreements between the parties except as expressly set forth in this Lease. Neither Landlord nor Tenant is relying on any representations other than those expressly set forth herein.

20.2 Space Leased As Is.

Unless otherwise stated in the Lease, the Premises are leased "As-Is" in the condition now existing with no alterations or other work to be performed by Landlord.

20.3 Captions.

The titles to the paragraphs of this Lease are descriptive only and are not intended to change or influence the meaning of any paragraph or to be part of this Lease.

20.4 Nonwaiver.

Failure by Landlord to promptly enforce any regulation, remedy or right of any kind under this Lease shall not constitute a waiver of the same and such right or remedy may be asserted at any time after Landlord becomes entitled to the benefit thereof notwithstanding delay in enforcement.

20.45 Brokers.

Landlord is represented by John Bauder and Harrison Laird, CBRE, Inc..

(/)M

Tenant's Initials

### 20.5 Substitution Space.

Landlord shall have the right at any time during the Term of this Lease to require the Tenant to relocate to other space in the Building (hereinafter referred to as "Substitution Space"). The Substitution Space shall be of similar quality and have approximately the same rentable square footage as the Premises. If Landlord desires to exercise such right, Landlord shall give Tenant not less than ninety (90) days prior written notification that Tenant is to relocate to another space (the "Relocation Notice"). If Tenant refuses to accept the Substitute Space within ten (10) days of the date of the Relocation Notice, this Lease shall terminate on the day that is ninety (90) days from the date of the Relocation Notice. If Tenant accepts Substitute Premises, Landlord, at Landlord's sole expense, shall pay for all costs reasonably and directly related to the physical relocation of Tenant from Premises to Substitution Space, and all costs related to improving the space with leasehold improvements equal in all material respects to those then in Tenant's Premises. After such relocation, all terms, covenants, conditions, provisions, and agreements of this Lease shall continue in full force and effect and shall apply to the Substitution Space except that if the Substitution Space contains more square footage than the presently leased Premises, the monthly rental shall be increased proportionately and if the Substitution Space contains less square footage than the presently leased Premises, the monthly rental shall be decreased proportionately. If Tenant shall retain possession of the Premises or any part thereof following the date set for relocation or termination, Tenant shall be liable to Landlord, for each day of such retention, for double the amount of the daily rental for the last period prior to the date of such expiration or termination, plus actual damages incurred by Landlord resulting from delay by Tenant in surrendering the Premises, including, without limitation, any claims made against Landlord by any succeeding tenant to the Premises and Landlord's costs in taking any action to evict Tenant from the Premises.

### 20.6 Contingency.

This Lease and all terms and conditions of this Lease are subject to and are not binding until a fully executed copy is delivered to the Tenant.

### **20.7 Early Termination:**

Tenant shall have the right to terminate this Lease after the 6th month and before the 12th month of the initial term, with at least 30 days prior written notice of the termination effective date to Landlord. Tenant shall have the right to terminate this Lease during the extended term with at least 60 days' prior written notice of the termination effective date to Landlord. The termination effective date shall be the last day of a calendar month.

### 20.8 Exhibits

The following Exhibits are attached hereto and incorporated as part of this Lease:

**Exhibit A: Legal Description** 

**Exhibit B: Premises** 

Exhibit C: Work Agreement Exhibit D: Rules & Regulations



IN WITNESS WHEREOF, the duly authorized representatives of the parties have executed this Lease as of the day and year first written above.

LANDLORD:

3W TMOB Partners LLC and M & M Tacoma Investments IV LLC

By:  $\overline{J}_0$ 

ff Mincheston Managing Member

of Mincheff & Mincheff

Investments IV LLC, agent for

Landlord

Address for notices:

2222 NE Oregon Street, Suite 201 Portland, OR 97232

**TENANT:** 

**Seasons Hospice & Palliative Care of** 

Pierce County, LLC

By:

Todd Stern

Its:

Name:

CEO

Address for notices:

6400 Shafer Ct., Suite 700 Rosemont, IL 60018

Attn: Legal Department

—ps

Landlord's Initials

Tenant's Initials

### THIS PAGE IS REQUIRED IF PROPERTY IS IN WASHINGTON, WITH A LEASE TERM LONGER THAN 12 MONTHS

### LANDLORD ACKNOWLEDGMENTS

STATE OF)		
STATE OF) COUNTY OF) ss:		
I, the undersigned, a Notary Public, in and for the person who appeared before me, and said person acknowledged authorized to executed the instrument and acknowledged LLC, to be free and voluntary act of such party for the use	owledged that he s it as the managing	member of Mincheff & Mincheff Investments IV
GIVEN under my hand and official seal this	day of	
	Notary Public_	
	Printed Name	
Residing at:	_	
My Commission Expires:	_	
TENANT A	ACKNOWLEDG	MENTS
STATE OF) COUNTY OF) ss:		
State aforesaid to take acknowledgments personally appear	ared	ublic duly authorized in and for the said County in the known to me to be of oregoing instrument, and acknowledged that as such
officer, being authorized so to do, (s)he executed the foregof such corporation by himself/herself as such officer and free and voluntary act, and as the free and voluntary act or	going instrument of caused the corpora	n behalf of said corporation by subscribing the name ate seal of said corporation to be affixed thereto, as a
IN WITNESS WHEREOF, I hereunto set my ha	and and official sea	al.
	Notary Public_	
	Printed Name	
Residing at:		
Landlord's Initials		Tenant's Initials

### EXHIBIT A

### **LEGAL DESCRIPTION**

PARCEL "A"

PARCEL 2 OF CITY OF TACOMA BOUNDARY LINE ADJUSTMENT RECORDED DECEMBER 27, 1999 UNDER RECORDING NUMBER 9912275001, IN PIERCE COUNTY, WASHINGTON.

PARCEL "B"

TOGETHER WITH THOSE RIGHTS AS ESTABLISHED BY THAT CERTAIN FIVE-PARTY AGREEMENT RECORDED UNDER PIERCE COUNTY RECORDING NO. 2142567 AND AMENDED BY DOCUMENTS RECORDED UNDER RECORDING NOS. 8008040039, RECORDS OF PIERCE COUNTY, WASHINGTON.

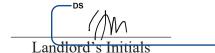
1 CHAIL S HILLIANS

### EXHIBIT B

### **PREMISES**

Suites 55, 57, 81 and 85





### EXHIBIT C

### **WORK AGREEMENT**

Tenant agrees to accept Premises in it's current "as-is" condition.

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### EXHIBIT D

### **RULES AND REGULATIONS**

1. No sign, placard, picture, advertisement, name of notice shall be inscribed, displayed or printed or affixed on the Building or to any part thereof, or which is visible from the outside of the Building, without the written consent of Landlord, first had and obtained and Landlord shall have the right to remove any such sign, placard, picture, advertisement, name or notice without notice and at the expense of Tenant.

All approved signs or lettering on doors shall be printed, affixed or inscribed at the expense of Tenant by a person approved by Landlord.

- 2. If a directory is located at the Building, it is provided exclusively for the display of the name and location of Tenant only and Landlord reserves the right to exclude any other names therefrom.
- 3. The sidewalks, passages, exits, entrances, and stairways in and around the Building shall not be obstructed by Tenant or used by it for any purpose other than for ingress to and egress from the Premises. The passages, exits, entrances, stairways, and roof are not for the use of the general public and Landlord shall in all cases retain the right to control and prevent access thereto by all persons whose presence in the judgment of Landlord shall be prejudicial to the safety, character, reputation and interests of the Building and its Tenants, provided that nothing herein contained shall be construed to prevent such access to person with whom Tenant normally deals in the ordinary course of Tenant's business unless such persons are engaged in illegal activities. Neither Tenant nor any employees or invitees of Tenant shall go upon the roof of the Building.
- 4. Tenant shall not be permitted to install any additional lock or locks on any door in the Building unless written consent of Landlord shall have first been obtained.
- 5. The toilets and urinals shall not be used for any purpose other than those for which they were constructed, and no rubbish, or other substances of any kind shall be thrown into them. Tenant shall be responsible for any breakage, stoppage or damage resulting from the violation of this rule by Tenant or its employees or invitees.
- 6. Tenant shall not overload the floor of the Premises or mark, drive nails, screw or drill into the partitions, woodwork or plaster or in any way deface the Premises or any part thereof.
- 7. Tenant shall not use, keep or permit to be used or kept any foul or noxious gas or substance in the Premises, or permit or suffer the Premises to be occupied or used in a manner offensive or objectionable to Landlord or other occupants of the Building by reason of noise, odors and/or vibrations, or interfere in any way with other Tenants or those having business therein.
- 8. The Premises shall not be used for any improper objectionable or immoral purposes.
- 9. Tenant shall not use or keep in the Premises or the Building any kerosene, gasoline, or inflammable or combustible fluid or material, or use any method of heating or air conditioning other than that supplied by Landlord.
- 10. Landlord will direct electricians as to the manner and location in which telephone and telegraph wires are to be introduced. No boring or cutting for wires will be allowed without the consent of Landlord. The location of telephones, call boxes and other office equipment affixed to the Premises shall be subject to the approval of Landlord.
- 11. Tenant shall not lay linoleum, tile, carpet or other similar floor covering so that the same shall be affixed to the floor of the Premises in any manner except as approved by Landlord. The expense of repairing any damage resulting from a violation of this rule or removal of any floor covering shall be done by Tenant.
- 12. Any window covering desired by Tenant shall be approved by Landlord.

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- 13. Landlord reserves the right to exclude or expel from the Building any person who, in the judgment of Landlord, is intoxicated or under the influence of liquor or drugs, or who shall in any manner do any act in violation of any of the rules and regulations of the Building.
- 14. Tenant shall not disturb, solicit, or canvass any occupant of the Building.
- 15. Without the written consent of Landlord, Tenant shall not use the name of the Building in connection with or in promoting or advertising the business of Tenant except as Tenant's address.
- 16. Tenant shall not permit any contractor or other person making any alterations, additions or installations within the Premises to use the hallways, lobby or corridors as storage or work areas without the prior consent of Landlord. Tenant shall be liable for and shall pay the expense of any additional cleaning or other maintenance required to be performed by Landlord as a result of the transportation or storage of materials or work performed within the Building by or for Tenant.
- 17. Tenant shall be entitled to use parking spaces as mutually agreed upon between Tenant and Landlord subject to such reasonable conditions ant regulations as may be imposed by Landlord. Tenant agrees that vehicles of Tenant or its employees or agents shall not park in driveways nor occupy parking spaces or other areas reserved for any use such as Visitors, Delivery, Loading, or other tenants. Landlord or its agents shall have the right to cause or be removed any car or Tenant, its employees or agents, that may be parked in unauthorized areas, and Tenant agrees to save and hold harmless Landlord, its agents and employees from any and all claims, losses, damages and demands asserted or arising in respect to or in connection with the removal of any such vehicle. Tenant, its employees, or agents shall not park campers, trucks or cars on the Building parking areas overnight or over weekends. Tenant will from time to time, upon request of Landlord, supply Landlord with a list of license plate numbers of vehicles owned or operated by its employees and agents.
- 18. Landlord reserves the right to make modifications hereto and such other and further rules and regulations as in its sole judgment may be required for the safety, care and cleanliness of the Premises and the Building and for the preservation of good order therein. Tenant agrees to abide by all such rules and regulations.
- 19. Canvassing, soliciting and peddling is prohibited in the Building and each Tenant shall cooperate to prevent the same.
- 20. Landlord is not responsible for the violation of any rule contained herein by any other Tenant.
- 21. Landlord may waive any one or more of these rules for the benefit of any particular Tenant, but no such waiver shall be construed as a waiver of Landlord's right to enforce these rules against any or all Tenants occupying the Building.

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### First Amendment to Lease

January 27, 2021

This First Amendment Lease ("Amendment") is entered into by and between 3W TMOB Partners LLC and M & M Tacoma Investments IV LLC as tenants in common ("Landlord"), and Seasons Hospice & Palliative Care of Pierce County, LLC ("Tenant").

### **RECITALS**

- A. Landlord and Tenant entered into the Lease dated February 28, 2020 ("Lease") according to which Tenant leased from Landlord approximately 2,183 rentable square feet in Suite 85, which includes the combination of Suites 55, 57, 81 and 85, of the Tacoma Mall Office Building located at 4301 S. Pine Street, Tacoma, Washington and legally described in Exhibit A to the Lease ("Premises"), incorporated herein by this reference.
- B. Tenant and Landlord desire to extend the initial term and amend the Lease as set forth below. Capitalized terms not defined herein shall have the same meaning as set forth in the Lease. The terms of this Amendment shall prevail in the event of any conflict or inconsistency between the terms of the Lease and the terms of this Amendment.

### <u>AMENDMENT</u>

<u>Term:</u> The initial term of the Lease shall be extended to and including February 28, 2022. The option term stated in this lease, if exercised, will commence March 1, 2022 and continue to and including December 31, 2025.

Monthly Base Rent: The Monthly Base Rent for the initial term of the Lease will be \$3,274.50.

<u>Pre-Occupancy Relocation:</u> The following Section 20.55, entitled "Pre-Occupancy Relocation", is hereby inserted immediately following Section 20.5, entitled "Substitution Space":

<u>Pre-Occupancy Relocation:</u> Notwithstanding anything in Section 20.5 above to the contrary, Landlord shall have the right in its sole discretion to relocate the Premises at any time prior to Tenant physically occupying the Premises on no less than five (5) days' prior written notification to Tenant, provided the relocation space shall be no less than 2,000 rentable square feet. If the relocation space is less than 2,183 rentable square feet, the Monthly Base Rent will be proportionally reduced based on \$18.00 per square foot per year. If the relocation space is larger than 2,183 rentable square feet, the Monthly Base Rent will be unaffected. In the event of any relocation according to this Section, the Premises will continue to be commonly known as Suite 85. Landlord shall not be liable to Tenant for any costs directly or indirectly related to a Pre-Occupancy Relocation.

ALL OTHER TERMS OF THE LEASE REMAIN UNCHANGED.

[INTENTIONALLY BLANK - SIGNATURES FOLLOW]

Approved and Accepted:	
Landlord: 3W TMOB Partners LLC and M & M Tacoma Investments IV LLC as tenants in common  Docusigned by: By: Jeff Mincheff Its: Managing Member of Mincheff & Mincheff Investments IV LLC, agent for Landlord	Tenant: Seasons Hospice & Palliative Care of Pierce County, LLC  By: OF05F639FFDE4EC  Its: Managing Member
1/28/2021 Date	1/28/2021 Date
LANDLORD ACKNO	WLEDGMENTS
STATE OF) COUNTY OF) ss:	
I, the undersigned, a Notary Public, in and for the that Jeff Mincheff is the person who appeared before methics instrument, on oath stated that he was authorized to the managing member of Mincheff & Mincheff Investme party for the uses and purposed mentioned in the instru	o executed the instrument and acknowledged it as nts IV LLC, to be free and voluntary act of such
GIVEN under my hand and official seal this	_ day of, 200
Notary	Public
Printed	d Name
Residing at:	
My Commission Expires:	

January 25, 2021

RE: Seasons Hospice & Palliative Care Lease

Dear Mr. Stern:

As you know, Seasons Hospice & Palliative Care of Pierce County, LLC ("Tenant") and 3W TMOB Partners LLC and M & M Tacoma Investments IV LLC (collectively, "Landlord") entered into a Lease dated February 28, 2020. Landlord acknowledges and agrees that Tenant shall be permitted to assign the Lease, consistent with the terms of the Lease, to an affiliate of Tenant including Seasons Hospice & Palliative Care of Pierce County Washington, LLC.

Jeff Mincheff

(Managing Member of Mincheff & Mincheff Investments IV LLC, agent for Landlord)

### **EXHIBIT 5**

Homecare Homebase Brochure Cardiac Care Program Brochure Sample PharmSmart Newsletter

### Your Single Software for Complete Hospice Care

A history of hospice innovation



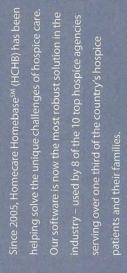






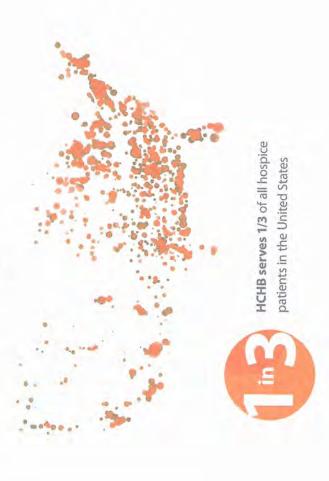








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The future of hospice care involves constant change and unknown challenges. Homecare Homebase is dedicated to tackling these with innovative software and interoperability with all those in your patients' circle of care. In close community with top hospices, we're always looking for new ways to streamline processes, maximize resources and capitalize on emerging trends to enhance the patient experience and keep you at the top of your game.

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- Medication alerts, reminders and documentation
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- Robust analytics and reporting

### HCHB Hospice software makes it easy to:



Stay in compliance with visit frequencies and other regulations



Easily track and manage IDG collaboration



upload in under 2 minutes

onsite, then quickly

Complete documentation

Manage bereavement support services



optimize routes for better

staffing utilization

View schedules and

Track and coordinate volunteer staff



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# Connect, Share and Care

## Connecting communities for the future of homeetins and seamless sharing of complex data across multiple platforms and locations. At Homecare Homebase (HCHI we've made interoperability a key part of everything we do. The result is informed, expert patient care at every touch point across the entire health care ecosystem. As America's #1 home health and hospice software, we're leading the way with cutting-edge technologies to strengthen communications, streamline processes and build solid partnerships to better serve all those who depend on you.

INTEROPERABILITY

homecare shomebase

### It all comes together with HCHB Connect

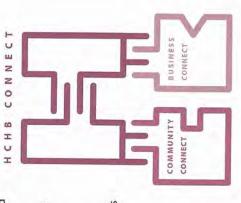
The future of home health and hospice requires extreme interoperability with fast, accurate, two-way data sharing on every level — with virtually every health care

partner and provider. That's why we've created HCHB Connect, a suite of cross-platform,

EMR-agnostic solutions to reach everyone in a patient's circle of care.

### **HCHB Community Connect and HCHB**

Business Connect offer two distinct pathways to help ensure constant communication and streamlined exchanges that empower exceptional care and keep your agency running at peak performance. Turn the page to see how they can benefit you.



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HCHB Community Connect allows you to easily share patient data with health systems, ACOs, HIEs and the larger healthcare continuum. It also helps you attract more referrals and streamline the most critical and time-consuming tasks.

### Referral

Receive referrals and data directly to your HCHB software

### Signature

Electronically present documents for physician review and signature

### Population Health

Clinical Information Exchange (CIE)

Send/request patient data to update caregivers across the clinical network

Monitor and take action on patients at risk for readmission

### Extend your reach with HCHB Exchange

Carequality In partnership with Surescripts, **HCHB Exchange** provides 1,700 hospitals nationwide. a safe, secure onramp framework, enabling Exchange (CIE) with over 600,000 health Clinical Information to the Carequality 40,000 clinics and care providers,

## Quickly and easily transact with key business partners

BUSINESS CONNECT

and locations. It gives you everything you need to provide expert HCHB Business Connect enables communication with partners, vendors, facilities, payroll and others across multiple platforms patient care while you streamline processes and boost staff satisfaction, productivity and profits.

Provides detailed metrics for informed business decisions

Enhances patient care and profits Careplan Optimization

Eliminates manual processes and boosts cash flow

EVV

Transmits visit data to state aggregators

### HCHB INTEROPERABILITY 6

General Ledger Customized HCHB exports to load into agency's general ledger

t Targeting Identifies lucrative new territories and referral sources

Medication Management Oversees meds throughout the patient's care journey

Payroll Custom HCHB payroll export to be uploaded to agency's payroll system

Pharmacy Transmits patient information to pharmacy partner

Revenue Cycle Simplifies claims processing and shortens AR time frame

Supplies & DME Streamlines orders and lowers overall cost

Automates transmission of data to survey partner

Telehealth/Monitoring Enables constant visibility into patient's health status

Documentation Transmits specialty visit types directly into HCHB

Wound Care Seamlessly manage HCHB patients in your wound care platform

## Connect to the future with Homecare Homebase

Home-based care from multiple providers demands a sophisticated interoperability solution that grows and changes along with you. HCHB delivers what you need now and keeps you one step ahead of the industry's dynamic, data-driven future.

From staff recruiting and retention to patient referrals, compliance, billing and cash flow, interoperability can make or break your agency. Count on Homecare Homebas for the solid connections you need for exceptional care and long-term success.

## homecare & homebase

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### Seasons Hospice & Palliative Care Hope for Advanced Cardiac Disease

The Seasons Cardiac Care Program manages the unique end-of-life symptoms of your cardiac patients. Our team of hospice physicians and cardiac-trained nurses focuses on providing the latest guideline-based therapies for end-of-life management of advanced cardiac disease, and education to provide support for patients and families in the home environment. Our team helps prevent unnecessary emergency department and hospital admissions by focusing on symptom control, functional status, and quality of life.\*

Reduced emergency room visits and hospital readmissions

### **Cardiac Care Program Goals:**

- 1. Deliver ACCF/AHA\*\* guideline-based hospice care to the Class IV Stage D heart failure (HF) patients
- 2. Provide symptom relief with HF guideline medications, including IV inotropes and IV diuretics
- 3. Provide emergency support and management tools to prevent calls to 911
- 4. Provide hospice care while maintaining support for the LVAD and heart transplant patient
- 5. Improve quality of life for HF patients and families by implementing strategies to recognize, report and treat symptoms

### Clinical Care for Class IV Stage D patients with end-stage heart failure includes:

- Guideline medication management and titration as appropriate
- IV/PO diuretic therapy management
- ICD LVAD deactivation compatible with patient expectations of care
- IV inotropic therapy
- Emergency management protocol
- Oxygen for comfort and symptom management
- Cardiac Comfort Kit, including IV Furosemide
- Regular communication with referring or attending physician

### Your patient is ready for the Seasons Hospice & Palliative Cardiac Care Program when he/she:

- Has Class IV Stage D HF with significant symptoms despite optimal treatment with HF guideline medications
- Has been admitted to the hospital for HF decompensation > 3 times in the last 6 months
- Is not a candidate for high risk revascularization, LVAD, transplant or have inoperable aortic stenosis
- Is end-stage LVAD or heart transplant
- Is unable to tolerate indicated guideline medications

Aggressive symptom management to improve quality of life

> For more information about our Hospice Cardiac Care program, please call 855-893-0530

30% heart failure patients discharged are readmitted within 48 hours

ACC/AHA The American College of Cardiology Foundation/American Heart Association/HFSA Heart Failure Society of America guidelines



### Seasons Hospice & Palliative Care Services



### **Palliative Care**

Qualified specialists led by certified hospice and palliative care physicians and advanced practice nurses provide pain and symptom management to enhance the quality of life for patients who do not meet the hospice eligibility criteria or are not ready to access hospice care.

### **Open Access**

Allows patients with terminal illnesses who are currently receiving medical treatments and/or experiencing intense psychosocial issues to access hospice services sooner. Treatments include, but are not limited to, ventilator support, IV antibiotics/hydration, TPN, cardiac drips, chest tubes, palliative radiation and oral chemotherapy.

### Cardiac Care Program

A team of hospice phsysicians and cardiac-trained nurses use the latest guideline-based therapies to provide education and support for patients and families managing advanced cardiac disease at the end of life.

### **Continuous Care**

Promotes timely intervention to ensure comfort and quality of life by allowing patients to remain home and avoid hospitalization during periods of acute medical crisis. Seasons Continuous Care staff also provide support and education to caregivers for safe, skilled care at home.

### **Namaste Care**

Highly specialized program that improves quality of life through meaningful person-centered sensory activities stimulating the senses to evoke memory, decrease pain and agitation, promote relaxation, and offer comfort and serenity to those living with dementia and diseases. Namaste Care also provides moments of peace and tranquility to family caregivers.

### **Music Therapy**

Seasons Hospice recognizes the power of music as an integral component of our holistic approach to the treatment of our patients and their families. Even when people have difficulty communicating, they can be consoled and comforted with music.

### **Cardiac Care Program**

Hospice physicians and cardiac trained hospice nurses focus on providing the latest Heart Failure guideline-based therapies, along with education to provide support for patients and families in their home environment. Our team helps prevent unnecessary emergency department and hospital admissions by focusing on symptom control, functional status, and quality of life.



### 855-893-0530

Seasons Hospice complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender, or religious preference.

ATENCIÓN: Si habla español, tiene a su disposición un servicio gratuito de asistencia en dicho idioma. Uame al número que aparece en este documento si desea conectarse a este servicio.

CHỦ Ý: Nếu quý vị nói Tiếng Việt, thì có sẵn, miễn phí, cho quý vị các dịch vụ hỗ trợ về ngôn ngữ. Hãy gọi số điện thoại trong văn bản này để được kết nổi với các dịch vụ đó.

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Services\_TX-DFWT\_5/18

December 7, 2017







### Corticosteroids: Essential Medications in Advanced Illness

Hi Team Seasons,

This email is being sent to all clinical staff and all Hospice Care Consultants.

### **PharmSmart**

Volume 10, Number 8

A newsletter dedicated to the safe and effective use of medications in caring for patients with advanced illnesses. PharmSmart is produced and edited by Seasons National Consultant Pharmacist, Mary Lynn McPherson, PharmD, MA, BCPE.

### Corticosteroids: Essential Medications in Advanced Illness

Let's meet Mr. Johnson, a 59-year-old African American man diagnosed with prostate cancer about 9 months ago. He was treated with surgery, chemotherapy and radiation; despite these interventions, his disease progressed, and he has been admitted to hospice care. On admission his main complaint is pain – a severe, achy pain in his right ribs and vertebral column. He rates the pain as between an 8 and 10, and states that the pain keeps him from getting a decent night's sleep. He gets tired very quickly, and just feels so rotten in general that he's lost his appetite as well. He is taking MS Contin 30 mg po q12h, with oral morphine solution 10 mg po q2h prn additional pain. He uses the oral morphine solution, but it only partially relieves the pain. When he takes repeated doses it doesn't seem to be MORE effective for his pain, but it gives him "medicine head" and makes him more constipated. He tells you he's not sure how much longer he can keep going on like this.

Patients with advanced illness, cancer and non-cancer, suffer from a variety of pain and non-pain symptoms (e.g., fatigue, anorexia, cachexia, nausea, depression). The pathogenesis of these symptoms is thought to be due to inflammatory cytokines and proteins that stem from arachidonic acid conversion to prostaglandins and leukotrienes by phospholipase A. Metastatic bone pain, in particular, is caused by prostaglandin activity; this type of pain is only partially response to opioid therapy. The enzyme that generates these prostaglandins and leukotrienes can be inhibited by corticosteroids, explaining why corticosteroids (or, "steroids") are incredibly valuable tools in treating pain and other symptoms in advanced illness. Nonsteroidal anti-inflammatory drugs (NSAIDs) can also inhibit prostaglandin activity, and are useful in treating metastatic bone pain.

What else can steroids be used for? Other uses in advanced illness include the reduction of inflammation such as that associated with metastatic disease to the brain, or a partial bowel obstruction. Steroids help with obstructive airway disease (e.g., asthma, COPD), some forms of nausea, neuropathic pain, spinal cord compression, liver capsular pain, anorexia/cachexia, depression and general well-being/weakness. Sounds like a wonder drug, doesn't it?

Let's not get ahead of ourselves – we left poor Mr. Johnson hanging! How do we decide whether to recommend an NSAID for his metastatic bone pain, or a steroid? Several considerations go into this decision. First, a steroid will provide multiple pharmacologic effects for Mr. Johnson – not only will a steroid help with his pain, it will also help perk him up and hopefully give him a little more energy. A NSAID will only help the metastatic bone pain. Another big consideration is what side effects will the NSAID vs. steroid cause?

NSAIDs are known to cause a variety of short-term and long-term adverse effects. The most likely side effect is gastrointestinal upset, which could cause or reactivate an ulcer. NSAIDs can also cause sodium and fluid retention, causing and worsening hypertension and heart disease. NSAIDs may also compromise renal function by reducing renal blood flow. More serious, but less common, adverse effects (and more likely associated with long-term therapy) include an increased risk of heart attack and stroke.

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Steroids also cause short-term and long-term toxicities. Adverse effects seen more quickly include immunosuppression (increasing the risk of thrush), hyperglycemia, and psychiatric disorders. If the patient is having cognitive changes due to primary or metastatic disease to the brain, often a steroid will remediate these symptoms. On the other hand, steroids can also CAUSE psychiatric disorders! Longer-term adverse effects include proximal myopathy, peptic ulceration, osteoporosis, thinning of the skin and Cushing's syndrome.

Since we are MORE concerned about short-term or immediate onset side effects, it is worth considering if Mr. Johnson has a history of peptic ulcer disease, GI upset from medications, or glucose intolerance (such as diabetes). If he DOES have a history of GI upset or peptic ulceration, both NSAIDs and steroids can be problematic. If it's not too severe, it may be sufficient to add a proton pump inhibitor to his regimen (e.g., omeprazole). If Mr. Johnson has hyperglycemia (e.g., pre-diabetes or diabetes mellitus) we would have to carefully consider whether or not to use a steroid. Diabetes is not an absolute contraindication to steroid therapy; in fact the benefit of a steroid may be so significant that it is still worthwhile even if we have to pharmacologically manage the resultant hyperglycemia.

Luckily, Mr. Johnson doesn't have any significant comorbid issues that would preclude the use of a NSAID or steroid, so let's go big and decide to use a steroid. We are hopeful that a steroid will provide multiple pharmacologic benefits for Mr. Johnson. So, which steroid should we pick? There really isn't sufficient literature to support the selection of one steroid over another, but we can consider the half-life, anti-inflammatory potency (glucocorticoid effect) and effect on sodium and fluid retention (mineralocorticoid effect). Let's consider this comparative chart:

Steroid	Equivalent Dose (mg)	Glucocorticoid Potency (anti-inflammatory)	Mineralocorticoid Potency (sodium and water retention)
Hydrocortisone	20	1	2
Prednisone	5	4	1
Methylprednisolone	ethylprednisolone 4 5		0
Dexamethasone	0.75	25	0

As you can see from the chart, dexamethasone is a much more potent steroid in terms of anti-inflammatory action – it's over five times more potent than prednisone. But it has far LESS mineralocorticoid activity, so it's less likely to cause sodium and fluid retention.

Consider this conversation – a nurse in the field calls the consultant pharmacist to discuss a patient's pain problem. The pharmacist suggests adding a corticosteroid, to which the nurses responds, "Oh he's already on one – he's getting prednisone 10 mg once a day." Ten milligrams sounds like a hefty dose, but when you look at the equivalency data in the chart above, 10 mg of prednisone is only about 1.5 mg of dexamethasone. Is 1.5 mg dexamethasone enough to get the job done when used to treat pain? Let's take a look at dosing recommendations for the most common uses of steroids in end of life care.

Indication	Recommended dose/day (mg) dexamethasone	
Bone and neuropathic pain	4-8 mg	
Anorexia/general well-being	2-4 mg	
Nausea and vomiting	4-8 mg	
Dyspnea	4-8 mg	
Raised intracranial pressure	8-16 mg	
Spinal cord compression	16-32 mg	
Superior vena cava obstruction	16-24 mg	
Bowel obstruction	8-16 mg	

The lowest dose recommended is 2-4 mg a day (anorexia/general well-being); the dose for **pain** is generally 4-8 mg a day. We COULD stay with prednisone and just increase the dose to 25 mg (prednisone 25 mg ~ dexamethasone 4 mg), or we could switch to dexamethasone 2 mg twice a day (with breakfast and lunch), capitalizing on the greater glucocorticoid potency and less mineralocorticoid activity. Because we're switching steroids (not simply discontinuing the prednisone), AND going to a higher dose, it's ok to stop the prednisone, and pick up the next day with the dexamethasone.

Back at the ranch with Mr. Johnson, since we're treating his metastatic bone pain primarily, we can start at either 4 or 8 mg a day of dexamethasone. Generally speaking, because dexamethasone has a long half-life, we could dose this medication once daily. To make things a little easier on the stomach, it's probably better to split the dose and offer it with breakfast and lunch. For example, we could start Mr. Johnson on dexamethasone 2 mg by mouth with breakfast and again with lunch. Because steroids can cause insorppia, we

don't want to give the medication after early afternoon. If Mr. Johnson has a partial response, but is tolerating the dexamethasone, we can increase the dose to 4 mg with breakfast and 4 mg with lunch as needed.

Some additional guidance regarding the use of steroids is as follows:

- If the patient has not responded after dosage titration, and a 5-7 day trial, discontinue the steroid.
- Steroids may be stopped without tapering if the course of therapy is 2 weeks or less. If a taper is necessary, reduce the totally
  daily dose by 10-20% every 1-2 weeks until the steroid is stopped. If a patient is tolerating the steroid with good effect, and not
  experiencing adverse effects, there is NOT an obligation to taper down or discontinue the steroid.
- Dexamethasone is available as a 0.5, 0.75, 1, 1.5, 2, 4 and 6 mg tablet; an oral solution as 0.5 mg/5 ml and an oral intensol solution as 1 mg/ml. The intensol solution may be administered in the buccal cavity (prop the upper body up 30 degrees to prevent aspiration).

Mr. Johnson was started on dexamethasone 2 mg po twice daily. His pain improved, as did his mood. But there was still room for improvement, so after one week his dexamethasone dose was titrated to 4 mg po twice daily. He remained on this dose, with good effect until his death. His hospice nurse switched to the oral intensol solution a week before he died, to facilitate administration.

### Resources:

- Guidelines for the use of corticosteroids in palliative care. The Princess Alice Hospice. Available at: https://www.palliativedrugs.com/download/090423\_Steroid\_Guidelines\_Summary\_2008.pdf
- Leppert W, Buss T. The role of corticosteroids in the treatment of pain in cancer patients. Curr Pain Headache Rep 2012;16:307-313.
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February 5, 2018













### PharmSmart Newsletter



### **Effective Medication Management in Hospice Care:** It All Starts with ASSESSMENT!

Hi Team Seasons,

This email is being sent to all clinical staff and all Hospice Care Consultants.

### **PharmSmart**

Volume 11, Number 2

A newsletter dedicated to the safe and effective use of medications in caring for patients with advanced illnesses. PharmSmart is produced and edited by Seasons National Consultant Pharmacist, Mary Lynn McPherson, PharmD, MA, BCPE.

### Effective Medication Management in Hospice Care: It All Starts With Assessment!

Patients with advanced, serious illness routinely take multiple medications. This may include medications used to manage their chronic medical conditions, as well as medications used for pain and non-pain symptom control. The greater the number of medications a patient is taking, the greater the risk of causing an adverse drug reaction, or drug interaction. Before we can review the medication regimen to assure the patient is receiving only medically appropriate medications, we must first begin with a comprehensive medication reconciliation.

The Joint Commission defines medication reconciliation as "the process of comparing a patient's medication orders to all of the medications that the patient has been taking." 1 Medication reconciliation is performed at every transition in care (including changes in setting, service, practitioner, or level of care) to avoid medication errors such as omissions, duplications, dosing errors, or drug interactions.1

All hospice programs have their own policy and procedure for medication reconciliation, but some best practice elements are likely common themes. Examples include:2

- 1. The hospice has a standardized medication reconciliation process in place that is completed and reviewed by the interdisciplinary team (IDT) within five days of the initiation of care.
- 2. Any discrepancies that are identified are clarified with the physician and/or pharmacy consultant within 24 hours.
- 3. There is a process in place to review the medication regimen to determine if it has been optimized and which medications are the financial responsibility of the hospice program.

One medication management model proposed by this author is the "1-2-3-A-B-C" model. Let's investigate, one step at a time:

- 1. The very first step in medication management is to collect an accurate list of ALL the medications the patient is taking. This includes:
- Prescription medications
- · Non-prescription medications
- Herbal products/supplements
- Vaccinations
- Sample medications from prescriber

A savvy provider may call the patient, or family, prior to arrival and request they gather together all the medications the patient is taking or may take as needed. Admittedly this may require dusting off the little red Radio Flyer wagon and dragging it throughout the house on a treasure hunt!

In addition to all the medications the patient or family present you with, ask probing questions about other medications they may have forgotten. For both prescription and non-prescription medications, do a review of systems, head to toe. Any medications to eyes, ears, nose, throat? Respiratory medications? Anything topical applied to the skin? If the patient has a history of hypertension or diabetes mellitus, ask about medications used for those conditions.

2. The second step is to figure out exactly **HOW** the patient is taking each medication, AND the **purpose** for each medication. For example, if the nurse case manager holds up a bottle of gabapentin 300 mg, reads the label and says to the patient, "So, you're taking one of these tablets three times a day, right?" the patient is going to look the nurse right in the eye and say "Yes!" If the nurse had instead, opened the vial, shaken out a tablet or two and asked "Can you tell me what you take this medication for and how you take it?" the RN could have determined if the patient knew the name of the medication, the purpose, and provided an honest report of how they used it. This is especially important with an "as needed" opioid. For example, instead of saying "So, this says you can take one oxycodone/acetaminophen tablet every 4 hours as needed, so you don't take more than six a day, right?" it might give greater insight to how the patient is using the medication by asking "How many of these oxycodone/acetaminophen tablets do you need to take each day to stay comfortable?" Even if it's different than labeled, it's more important for the nurse to get the scoop.

It's also really important for the nurse to have a good understanding of the purpose for each medication the patient is taking. It's not enough to acknowledge that lisinopril is "a heart pill" – that heart pill can be used for multiple indications. How will you know if the drug is getting the job done, if you're not quite sure what the job is??! Sometimes the patient doesn't know why they are on a particular medication, the family doesn't know, and even the prescriber doesn't know – this is not a good situation! One case report in the literature described the case of a patient who had been accidently receiving amiodarone for TEN YEARS due to a transcription error! And amiodarone is not a user-friendly drug!<sup>3</sup>

3. Step 3 has us channeling Dr. Phil – so, how's that workin' for ya? In other words, assessing the therapeutic success of a medication. If the medication in question is being used to treat pain or some other symptom, and the patient still has the pain or symptom, apparently, it's not working very well! We can look at subjective and objective monitoring parameters for therapeutic success. For example, if a patient were receiving MS Contin 30 mg by mouth twice daily, and oral morphine solution as needed for additional pain, what monitoring parameters for therapeutic

success would we ask about? Assume the patient has shared with you that the pain negatively impacts his ability to sleep and ambulate, and has made him unhappy.

We can break our monitoring parameters down into subjective parameters of therapeutic success as follows:

- Subjective parameters for therapeutic success to monitor include:
  - Pain rating (best, worst, average, now)
  - Subjective assessment of sleep
  - Subjective assessment of ambulation
  - Subjective assessment of mood
- Objective parameters for therapeutic success to monitor include:
  - Respiratory rate
  - Observed grimacing, guarding
  - O Number of hours sleeping/night
  - · Assessment of affect
  - Use of PRN oral morphine solution

Or, perhaps the symptom resolved on its own and the medication is no longer needed. Or, maybe a medication was continued through clinical inertia. Medications such as acetylcholinesterase inhibitors (e.g., donepezil) and memantine (Namenda), indicated for Alzheimer's disease, may no longer be providing any benefit once the patient's disease has progressed to a FAST 7A or higher level of severity.

### So that covers the 1-2-3 - let's see what the A-B-C brings!

A. Step 4 has us assessing whether the patient is experiencing any adverse effects from their medications. Again, we can evaluate both subjective and objective monitoring parameters for potential for each medication. Let's go back to our example of the patient receiving MS Contin 30 mg by mouth twice daily, and oral morphine solution as needed for additional pain: what side effects can we anticipate and ask about? How about these parameters?

- Subjective parameters for toxicity to monitor include:
  - Complaints of constipation
  - Complaints of nausea, vomiting
  - Complaints of itching
  - Complaints of sleepiness
  - Complaints of confusion
- Objective parameters for toxicity to monitor include:
  - BM frequency
  - # episodes of vomiting
  - Excoriation
  - # hours sleeping
  - MMSE score/delirium scoring

**B.** The next step is interpreting the data from the previous two steps – the therapeutic success (or lack thereof) and toxicity. B represents evaluating the **benefits** and **burdens** of the drug regimen. The first step is to consider the overall risk of drug-induced harm in individual patients in determining the required intensity of deprescribing intervention. One consideration is the number of drugs a patient is taking – this is one of the biggest predictors of adverse outcomes from drug therapy, especially as the number of routinely taken medications exceed 5 per day. Also, the use of "high risk" drugs (which we use QUITE often in hospice care: opioid,

benzodiazepines, psychotropic drugs, NSAIDs, anticoagulants, digoxin, cardiovascular drugs, hypoglycemic agents, anticholinergic drugs, etc.). Last, patient-specific variables such as their age (> 80 increases risk), cognitive impairment, multiple comorbidities, substance abuse, multiple prescribers, and past or current nonadherence

Then consider each medication one at a time. Some examples of where the burden may exceed the benefit include the following examples:

- Medication has no valid indication (drug use without indication)
- Medication is part of a prescribing cascade (drug-induced adverse effects)
- Medication is causing actual or potential harm of a drug to a greater degree than benefit (inappropriate drug therapy)
- Disease and/or symptom control is ineffective, or symptoms have completed resolved
- Drug is for prevention, and is unlikely to confer any patient-important benefit over the patient's remaining lifespan
- Drug is imposing unacceptable treatment burden (drug-induced adverse effects)
- Drug is imposing unacceptable treatment burden (drug-induced adverse effects)

C. The last step in our journey is "Conversation" – these conversations could be with the prescriber, patient or family about stopping an inappropriate medication, or conversations educating the patient and family about medications that will be continued.

Using the "1-2-3-A-B-C" method we can assure patients are receiving the best medication regimen to treat their symptoms, maximizing therapeutic success and minimizing toxicity. In summary, the six steps are:

- 1. Comprehensive medication reconciliation
- 2. Determine purpose of each medication and how patient is taking it
- 3. Determine if the medication is achieving the therapeutic goal
- A. Evaluate for medication-induced adverse effects
- B. Carefully weigh the benefits and burdens of each medication
- C. Conversations about stopping, or appropriate continuation of a medication

But the whole thing....starts with assessment!

### Resources:

- The Joint Commission. Sentinel Event Alert Using Medication Reconciliation to Prevent Errors. 2006;35. Available at: https://www.jointcommission.org/assets/1/18/SEA\_35.PDF
- VNAA Best Practice for Hospice and Palliative Care. Patient Safety: Medication Reconciliation and Management. Available at:
  - http://ahhqi.org/images/uploads/VNAA\_Webinar\_Slides\_+\_Intro\_140813.pdf
- Comer R, Lizer M. Medication review and transitions of care: A case report of a decade-old medication error. The Consultant Pharmacist 2017;32(Supp D):7-11.

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### Contact us

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### **EXHIBIT 6**

### **Sample Nursing Facility Services Agreement**



### NURSING FACILITY SERVICES AGREEMENT

	THIS NURS	ING FACILITY SERVICES AGREEMENT ("Agreement") is effective on
the _	day of	, 2020 (the "Effective Date") by and between Seasons Hospice
& Pal	lliative Care of	Pierce County, LLC ("Hospice") and
("Fac	ility").	

### RECITALS

- A. WHEREAS, Hospice operates a licensed hospice program.
- B. WHEREAS, Facility is a duly licensed nursing facility that is certified to participate in the Medicare and/or Medicaid programs.
- C. WHEREAS, the parties contemplate that from time to time individuals residing in Facility will need hospice care and individuals previously accepted into Hospice will need care in a nursing facility.

### **AGREEMENTS**

In consideration of the Recitals and mutual agreements that follow, the parties agree to the following terms and conditions:

### 1. Definitions.

- (a) "<u>Emergency Situation</u>" means any natural or man-made event, situation, or disaster resulting in a challenge or disruption of normal healthcare services, including any event prompting the activation of an emergency management process or emergency operation plan.
- (b) "Facility Services" means those personal care and room and board services provided by Facility as specified in the Plan of Care for a Hospice Patient, including but not limited to: (i) providing food, including individualized requests and dietary supplements; (ii) assisting with activities of daily living such as mobility and ambulation, dressing, grooming, bathing, transferring, eating and toileting; (iii) arranging and assisting in socializing activities; (iv) assisting in the administration of medicine; (v) providing and maintaining the cleanliness of Hospice Patient's room; (vi) supervising and assisting in the use of any durable medical equipment and therapies included in the Plan of Care; (vii) providing laundry and personal care supplies; (viii) providing health monitoring of general conditions; (ix) contacting family/legal representative for purposes unrelated to the terminal condition; (x) arranging for the provision of medications not related to the management of the terminal illness; and (xi) providing the usual and customary room furnishings provided to Facility residents, including but not limited to, beds, linens, lamps and dressers. In the case of Medicaid Eligible Hospice Patients, Facility Services

shall include all services outlined in the Medicaid covered services rule, as may be amended from time to time.

- (c) "Hospice Patient" means an individual who has elected, directly or through such individual's legal representative, to receive Hospice Services and is accepted by Hospice to receive Hospice Services.
- (d) "Hospice Physician" means a duly licensed doctor of medicine or osteopathy employed or contracted by Hospice who, along with the Hospice Patient's attending physician (if any), is responsible for the palliation and management of a Hospice Patient's terminal illness and related conditions.
- (e) "Hospice Services" means those services provided to a Hospice Patient that are reasonable and necessary for the palliation and management of such Hospice Patient's terminal illness and are specified in a Hospice Patient's Plan of Care. Hospice Services include: (i) nursing care and services by or under the supervision of a registered nurse; (ii) medical social services provided by a qualified social worker under the direction of a physician; (iii) physician services to the extent that these services are not provided by the attending physician; (iv) counseling services, including bereavement, dietary and spiritual counseling; (v) physical, respiratory, occupational and speech therapy services; (vi) home health aide/homemaker services; (vii) medical supplies; (viii) drugs and biologicals; (ix) use of medical appliances; and (x) medical direction and management of Hospice Patient.
- (f) "Interdisciplinary Group" ("IDG") means a group of qualified individuals, including but not limited to: a doctor of medicine or osteopathy; a registered nurse; a social worker; and a pastoral or other counselor.
- (g) "Medicaid Eligible Hospice Patient" means a Hospice Patient who either: is eligible for Medicaid benefits and who has elected to receive the Medicaid hospice benefit; or is eligible for both Medicaid and Medicare Part A benefits and who has elected the Medicare hospice benefit.
- (h) "Medicare Eligible Hospice Patient" means a Hospice Patient who is eligible for Medicare Part A benefits, but who is not eligible for Medicaid benefits and who has elected to receive the Medicare Part A hospice benefit.
- (i) "Other Facility Services" means all items and services provided by Facility which are not related to treatment of a Hospice Patient's terminal illness but specified in the Plan of Care.
- (j) "Plan of Care" means a written care plan established, maintained, reviewed and modified, if necessary, at intervals identified by the IDG. The Plan of Care must reflect Hospice Patient and family goals and interventions based on the problems identified in the Hospice Patient assessments. The Plan of Care will reflect the participation of the Hospice, Facility and the Hospice Patient and family to the extent possible. Specifically, the Plan of Care includes: (i) an identification of the Hospice Services, including interventions for pain

management and symptom relief, needed to meet such Hospice Patient's needs and the related needs of Hospice Patient's family; (ii) a detailed statement of the scope and frequency of such Hospice Services; (iii) measurable outcomes anticipated from implementing and coordinating the Plan of Care; (iv) drugs and treatment necessary to meet the needs of the Hospice Patient; (v) medical supplies and appliances necessary to meet the needs of the Hospice Patient; and (vi) the IDG's documentation of the Hospice Patient's or representative's level of understanding, involvement and agreement with the Plan of Care. Hospice and Facility will jointly develop and agree upon a coordinated, interdisciplinary Plan of Care which is consistent with the hospice philosophy and is responsive to the unique needs of Hospice Patient and his or her expressed desire for hospice care. Hospice and Facility shall periodically conduct joint reviews of each Plan of Care as necessary to coordinate provision of Facility Services. The Plan of Care will identify which provider is responsible for performing the respective functions that have been agreed upon and included in the Plan of Care.

- (k) "Private Pay Hospice Patient" means a Hospice Patient who is not eligible for the Medicare Part A hospice benefit, or the Medicaid hospice benefit, or if eligible, has revoked or elected not to receive the Medicare Part A hospice benefit and/or the Medicaid hospice benefit. This includes Hospice Patients with third party payors other than Medicare or Medicaid.
- (1) "Purchased Hospice Services" means those Hospice Services specified in Exhibit A that are not core services under the Medicare Conditions of Participation for Hospice Care and that Hospice has elected to contract with Facility to provide.
- (m) "Residential Hospice Care Day" means a day on which a Hospice Patient receives Facility Services, including the day of admission but excluding any days on which a Hospice Patient receives inpatient care and any other days on which Facility would not have received payment from Medicaid if the Hospice Patient had not been enrolled in hospice (e.g., date of discharge, date of death).
- (n) "<u>Uncovered Items and Services</u>" means those services provided by Facility which are not Hospice Services, Facility Services or Other Facility Services, including, but not limited to, telephone, guest trays and television hookup.

### 2. Responsibilities of Facility.

### (a) Provision of Services.

(i) Facility Services. At the request of an authorized Hospice staff member, Facility shall admit Hospice Patients to Facility, subject to Facility's admission policies and procedures and the availability of beds. Facility shall immediately notify Hospice if Facility is unable to admit a Hospice Patient. Facility shall comply with Hospice Patient's Plan of Care and shall ensure Hospice Patients are kept comfortable, clean, well-groomed and protected from negligent and intentional harm including, but not limited to, accident, injury and infection. Facility's primary responsibility is to provide Facility Services based on each Hospice Patient's Plan of Care and ensure that the level of care provided is appropriately based on the individual

Hospice Patient's needs. It is Facility's responsibility to provide Facility Services that meet the personal care and nursing needs that would have been provided by a Hospice Patient's primary caregiver at home in coordination with Hospice, and Facility shall perform Facility Services at the same level of care provided to each Hospice Patient before hospice care was elected. While Facility's nursing personnel may, as specified by Facility, assist in administering prescribed therapies to Hospice Patients under the Plan of Care, such assistance may only be provided to the extent the activity is permitted by law and only to the extent that Hospice would routinely utilize the services of a Hospice Patient's family in implementing the Plan of Care. Notwithstanding the foregoing, in times of Hospice Patient crisis, Hospice may authorize and direct Facility staff to perform more sophisticated functions in order to ensure Hospice Patient comfort, and Hospice and Facility shall address potential crisis situations for individual Hospice Patients in the Plan of Care.

- (ii) <u>Availability</u>. Facility shall be available to provide Facility Services 24 hours per day, 7 days per week and shall maintain sufficient personnel who have the requisite training, skills and experience to meet this obligation.
- (iii) <u>Purchased Hospice Services</u>. At the request of an authorized Hospice staff member, Facility shall provide Hospice Patients with the Purchased Hospice Services identified in Exhibit A.
- (iv) <u>Notification of Services</u>. Facility shall fully inform Hospice Patients of Facility Services, Other Facility Services and Uncovered Items and Services to be provided by Facility.

### (b) Professional Standards and Credentials.

(i) <u>Professional Standards</u>. Facility shall ensure that all Facility Services are provided competently and efficiently. Facility Services shall meet or exceed the standards of care for providers of such services and shall be in compliance with all applicable laws, rules, regulations, professional standards and licensure requirements.

### (ii) Credentials.

- [a] <u>Licensure</u>. Facility represents and warrants that it has and will maintain in good standing during the term of this Agreement all federal, state and local licenses and certificates required by law to provide Facility Services. Upon Hospice's request, Facility shall provide Hospice with evidence of such licenses and certifications.
- [b] <u>Qualifications of Personnel</u>. Personnel who provide Facility Services shall be reasonably acceptable to Hospice. Facility represents and warrants that personnel providing Facility Services: [i] are duly licensed, credentialed, certified, and/or registered as required under applicable state laws; and [ii] possess the education, skills, training and other qualifications necessary to provide Facility Services. Based on criminal background checks conducted by Facility, Facility personnel who have direct contact with Hospice Patients or have access to Hospice Patient records have not been found to have engaged in improper or

illegal conduct relating to the elderly, children or vulnerable individuals. Upon Hospice's request, Facility shall provide Hospice with proof of an individual's qualifications to provide Facility Services.

- [c] <u>Disciplinary Action</u>. Facility represents and warrants that neither it nor any of its personnel is under suspension or subject to any disciplinary proceedings by any agency having jurisdiction over professional activities of Facility or its personnel and is not under any formal or informal investigation or preliminary inquiry by such department or agency for possible disciplinary action.
- [d] Exclusion from Medicare or Medicaid. Facility represents and warrants that neither Facility nor its personnel has been, at any time, excluded from participation in any federally funded health care program including, without limitation, Medicare or Medicaid, nor has been convicted or found to have violated any federal or state fraud and abuse law or illegal remuneration law. Facility shall screen its personnel and contractors against the Office of Inspector General's List of Excluded Individuals and Entities ("LEIE") and the Government Services Administration's Excluded Parties List System upon hire or contracting, and on a monthly basis thereafter.
- (c) Quality Assessment and Performance Improvement Activities. Facility shall cooperate with Hospice in its hospice-wide quality assessment and performance improvement activities. Components of the quality assessment and performance improvement program include (i) data collection; (ii) reporting adverse patient events, analyzing their causes, and implementing preventative actions and mechanisms; and (iii) taking actions to improve performance. Hospice shall provide Facility with a description of its quality assessment and performance improvement program and information on performance improvement projects. Third party payors may also impose their own utilization management or quality assurance requirements which Facility must meet. Cooperating in such activities shall not constitute a waiver of any legal privileges or rights that may apply to the information that is shared. Hospice shall maintain the confidentiality of such information in whatever form it is provided.

#### (d) Coordination of Care.

- (i) General. Facility shall participate in any meetings, when requested, for the coordination, supervision and evaluation by Hospice of the provision of Facility Services. Hospice and Facility shall communicate with one another regularly and as needed for each particular Hospice Patient. Each party is responsible for documenting such communications in its respective clinical records to ensure that the needs of Hospice Patients are met 24 hours per day.
- (ii) <u>Design of Plan of Care</u>. In accordance with applicable federal and state laws and regulations, Facility shall coordinate with Hospice in developing a Plan of Care for each Hospice Patient. Hospice retains primary responsibility for determining each Hospice Patient's appropriate Plan of Care. Facility shall ensure that each Hospice Patient's care plan includes both the most recent Hospice Plan of Care and a description of the Facility Services furnished by Facility to attain or maintain the Hospice Patient's highest practicable physical, mental and psychosocial well-being as required by federal regulations.

- (iii) <u>Modifications to Plan of Care</u>. Facility will assist with periodic review and modification of the Plan of Care. Facility will not make any modifications to the Plan of Care without first consulting with Hospice. Hospice retains the sole authority for determining the appropriate course of hospice care provided to each Hospice Patient, including the determination to change the level of services provided.
- (iv) <u>Notification of Change in Condition</u>. Facility shall immediately inform Hospice of any change in the condition of a Hospice Patient. This includes, without limitation, a significant change in a Hospice Patient's physical, mental, social or emotional status, clinical complications that suggest a need to alter the Plan of Care, a need to transfer the Hospice Patient to another facility, or the death of a Hospice Patient.
- (v) <u>Designated Facility Member</u>. Facility shall designate a member of Facility's interdisciplinary team who is responsible for working with Hospice representatives to coordinate care to the Hospice Patient provided by Facility and Hospice. The designated interdisciplinary team member shall have a clinical background, function within their State scope of practice act, and have the ability to assess the Hospice Patient or have access to someone that has the skills and capabilities to assess the Hospice Patient. The designated team member shall be responsible for:
- [a] <u>Collaboration with Hospice</u>. Collaborating with Hospice representatives and coordinating Facility's participation in Hospice's care planning process for those Hospice Patients receiving Facility Services;
- [b] <u>Communication with Providers</u>. Communicating with Hospice representatives and other healthcare providers participating in the provision of care for the terminal illness, related conditions, and other conditions, to ensure quality of care for the Hospice Patient and family;
- [c] <u>Communication with Hospice</u>. Ensuring that Facility communicates with Hospice Physician, the Hospice Patient's attending physician (if any), and other practitioners participating in the provision of care to the Hospice Patient as needed to coordinate the hospice care with the medical care provided by other physicians;
- [d] <u>Orientation</u>. Ensuring that Facility provides orientation in the policies and procedures of Facility, including patient rights, appropriate forms, and record keeping requirements, to Hospice personnel furnishing care to Hospice Patients at Facility; and
- [e] <u>Information from Hospice</u>. Obtaining the following information from Hospice:
- [i] <u>Plan of Care, Medications and Orders</u>. The most recent Hospice Plan of Care, medication information and physician orders specific to each Hospice Patient;

[ii] <u>Election Form</u>. Each Hospice Patient's Hospice

election form;

[iii] <u>Certifications</u>. Physician certification and recertification of the terminal illness specific to each Hospice Patient;

- [iv] <u>Contact Information</u>. Names and contact information for Hospice personnel involved in hospice care of each Hospice Patient; and
- [v] <u>On-Call System</u>. Instructions on how to access Hospice's 24-hour on-call system.
- (e) <u>Policies and Procedures</u>. In providing services to Hospice Patients, Facility shall abide by Hospice's policies and procedures, palliative care protocols and Plans of Care, and shall review the hospice orientation video, which can be accessed at <a href="https://www.youtube.com/embed/pw-hPbKzKh4?rel=0">https://www.youtube.com/embed/pw-hPbKzKh4?rel=0</a>.
- (f) Assist with Surveys and Complaints. Facility shall be available during federal, state, local and other surveys to assist Hospice in responding to surveyor questions and survey citations, attending exit conferences, drafting plans of correction for identified survey deficiencies and providing clinical expertise when necessary to appeal survey deficiencies. In the event of any complaint filed by or with respect to a Hospice Patient or any investigation initiated by any governmental agency or any litigation commenced against Hospice, Facility shall fully cooperate with Hospice in an effort to respond to and resolve the same in a timely and effective manner. Facility shall also cooperate fully with any insurance company providing protection to Hospice in connection with investigations. Facility shall notify Hospice promptly of any inquiries, claims, and investigations and cooperate fully with the directions of Hospice with respect thereto.

#### (g) Visiting and Access by Hospice.

- (i) <u>Visiting Privileges</u>. Facility shall permit free access and unrestricted visiting privileges, including visits by children of any age, 24 hours per day, 7 days per week.
- (ii) <u>Visitor Accommodations</u>. Facility shall provide adequate space, located conveniently to Hospice Patient, for private visiting among Hospice Patient, Hospice Patient's family members and any other visitors. Facility shall provide adequate accommodations for Hospice Patient's family members to remain with Hospice Patient up to 24 hours per day, and permit family members privacy following the death of a Hospice Patient.
- (iii) <u>Hospice Access to Facility</u>. Facility shall permit employees, contractors, agents and volunteers of Hospice free and complete access to Facility 24 hours per day, as necessary, to permit Hospice to counsel, treat, attend and provide services to each Hospice Patient.

- (iv) <u>Hospice Physician</u>. Facility shall grant full staff privileges to Hospice Physicians upon application and qualification for such privileges in accordance with Facility's requirements.
- (h) <u>Patient Transfer</u>. Facility shall not transfer any Hospice Patient to another care setting without the prior approval of Hospice. If Facility fails to obtain the necessary prior approval, Hospice bears no financial responsibility for the costs of transfer or the costs of care provided in another setting.
- (i) <u>Physician Orders</u>. If there are physician orders that are inconsistent with the Plan of Care or Hospice protocols, a registered nurse with Facility shall notify Hospice. An authorized representative of Hospice shall resolve differences directly with the physician and secure the necessary orders.
- (j) <u>Bereavement Services to Facility Staff</u>. Facility shall be primarily responsible for providing any requested bereavement services to Facility staff after the death of a Hospice Patient who resided in Facility; provided, however, that Hospice may assist Facility in providing such bereavement services to grieving Facility staff members upon request from Facility.
- (k) <u>Emergency Situations</u>. In the event of any Emergency Situation affecting Hospice, Facility shall cooperate with Hospice to admit Hospice patients to Facility, subject to the availability of beds. Facility shall provide Facility services to such Hospice patients during the Emergency Situation. The billing and payment procedures set forth in section 4 of this Agreement shall apply to such Facility services provided during any Emergency Situation. Facility shall use its best efforts to provide services under this section. However, Facility will not be expected to provide assistance unless Facility has determined it has sufficient resources to do so.

#### 3. <u>Responsibilities of Hospice</u>.

#### (a) Admission to and Discharge from Hospice Program.

- (i) <u>Assessment</u>. If a resident of Facility requests the provision of Hospice Services, Hospice shall perform an assessment of such resident and shall notify Facility, either orally or in writing, whether such resident is authorized for admission as a Hospice Patient. Hospice shall maintain adequate records of all such authorizations of admission.
- (ii) <u>Assessing Continued Eligibility</u>. Hospice shall have sole authority for assessing a Hospice Patient's continued eligibility for Hospice Services and for discharging a Hospice Patient from Hospice.

#### (b) Professional Management Responsibility.

(i) <u>Compliance with Law</u>. Hospice shall assume professional management responsibility for Hospice Services provided to Hospice Patients residing at Facility and their family units, pursuant to the Medicare Conditions of Participation for Hospice Care and state and local laws and regulations. This includes admission and/or discharge of

patients, patient and family assessments, reassessments, establishment of the Plan of Care, authorization of all services and management of the care through IDG meetings. Hospice shall make arrangement for, and remain responsible for, any necessary continuous care or inpatient care related to a Hospice Patient's terminal illness and related conditions. Hospice acknowledges that it is responsible for providing Hospice Services to Hospice Patients residing at Facility at the same level and to the same extent as if Hospice Patients were receiving care in their own homes.

- (ii) <u>Management of Hospice Services</u>. Hospice shall retain professional management responsibility to ensure that Hospice Services are furnished in a safe and effective manner by qualified personnel in accordance with Hospice Patient's Plan of Care. Hospice Services shall be provided in a timely manner and shall meet the professional standards and principles that apply to individuals providing services in Facility.
- (iii) <u>Coordination and Evaluation</u>. Hospice shall retain responsibility for coordinating, evaluating and administering the hospice program, as well as ensuring the continuity of care of Hospice Patients, which shall include coordination of Facility Services. Hospice's IDG shall communicate with Facility's medical director, Hospice Patient's attending physician and other physicians participating in the care of a Hospice Patient as needed to coordinate Hospice Services with the medical care provided by other physicians. Methods used to evaluate the care may include: [a] periodic supervisory visits; [b] review of the qualifications of personnel providing Facility Services; [c] review of documentation; [d] evaluation of the response of a Hospice Patient to the Plan of Care; [e] discussion with patient and patient's caregivers; [f] patient evaluation surveys; and [g] quality improvement data.
- (iv) <u>Assessment of Facility Services</u>. Hospice shall develop, maintain and conduct an ongoing, comprehensive assessment of the quality and appropriateness of Facility and the provision of Facility Services. Such assessments shall be conducted at least annually.
- (v) <u>Evaluation</u>. Hospice will review and/or revise all contracts annually and will evaluate the contracted care, treatment, and services to determine whether they are being provided according to the contract and the level of safety and quality as needed by the Hospice Patient and family.
- (c) <u>Hospice Care Training</u>. Hospice shall provide orientation and ongoing hospice care training to Facility's personnel as necessary to facilitate the provision of safe and effective care to Hospice Patients. Such orientation must include Hospice policies and procedures regarding methods of comfort, pain control and symptom management as well as principles about death and dying, individual responses to death, patient rights, appropriate forms and recordkeeping requirements.
- (d) <u>Designation of Hospice Representative</u>. For each Hospice Patient, Hospice shall designate a registered nurse who will be responsible for coordinating and supervising services provided to a Hospice Patient and be available 24 hours per day, 7 days per week for consultation with Facility concerning a Hospice Patient's Plan of Care. In addition, for each Hospice Patient residing at Facility, Hospice shall designate a member of the Hospice

Patient's IDG to provide overall coordination of care for such Hospice Patient. Such hospice representative shall monitor Facility and be available to provide information to Facility regarding the provision of Facility Services and to coordinate the periodic evaluation of patient progress and outcomes of care upon request. Further, the hospice representative shall be responsible for communicating with Facility representatives and other health care providers who participate in the care of a Hospice Patient's terminal illness and related conditions to ensure quality of care for Hospice Patients and their families.

- (e) <u>Provision of Information</u>. Hospice shall promote open and frequent communication with Facility and shall provide Facility with sufficient information to ensure that the provision of Facility Services under this Agreement is in accordance with the Hospice Patient's Plan of Care, assessments, treatment planning and care coordination. At a minimum, Hospice shall provide the following information to Facility for each Hospice Patient residing at Facility:
- (i) <u>Plan of Care, Medications and Orders</u>. The most recent Plan of Care, medication information and physician orders specific to each Hospice Patient residing at Facility;
- (ii) <u>Election Form</u>. The hospice election form and any advanced directives;
- (iii) <u>Certifications</u>. Physician certifications and recertifications of terminal illness;
- (iv) <u>Contact Information</u>. Names and contact information for Hospice personnel involved in providing Hospice Services; and
- (v) <u>On-Call System.</u> Instructions on how to access Hospice's 24-hour on-call system.
- (f) <u>Policies and Procedures</u>. Hospice shall provide Facility with copies of Hospice's policies and procedures applicable to the provision of Facility Services and shall meet with Facility to review such policies and procedures, as necessary.
- (g) <u>Physician Orders</u>. All physician orders communicated by Hospice under this Agreement shall be in writing and signed by the applicable attending physician or Hospice Physician; provided, however, that in the case of urgent or emergency circumstances, such orders may be communicated orally by any such persons. Hospice shall maintain adequate records of all physician orders communicated in connection with the Plan of Care.
- (h) <u>Purchased Hospice Services</u>. Hospice may purchase from Facility Purchased Hospice Services. The terms of such sale are delineated in Exhibit A.
- (i) <u>Notification of Hospice Services</u>. Hospice shall fully inform Hospice Patient of the Hospice Services to be provided by Hospice and Purchased Hospice Services, if any, to be provided by Facility.

- (j) Assist with Surveys and Complaints. Hospice shall be available during federal, state, local and other surveys to assist Facility in responding to surveyor questions and survey citations, attending exit conferences, drafting plans of correction for identified survey deficiencies and providing medical expertise when necessary to appeal survey deficiencies. In the event of any complaint filed by or with respect to a Hospice Patient or any investigation initiated by any governmental agency or any litigation commenced against Facility, Hospice shall fully cooperate with Facility in an effort to respond to and resolve the same in a timely and effective manner. Hospice shall also cooperate fully with any insurance company providing protection to Facility in connection with investigations. Hospice shall notify Facility promptly of any inquiries, claims, and investigations and cooperate fully with the directions of Hospice with respect thereto.
- (k) <u>Summary of Hospice's Responsibilities</u>. Exhibit B includes a chart that summarizes some of Hospice's major responsibilities to Hospice Patients under this Agreement. This chart is intended to provide examples of Hospice's responsibilities hereunder and is not exhaustive.
- (l) <u>Emergency Situations</u>. In the event of any Emergency Situation affecting Facility, Hospice shall cooperate with Facility to provide services or supplies as Hospice is reasonably able. Facility shall reimburse Hospice for the cost of such services or supplies. Hospice shall provide Facility with an invoice for the costs, and Facility shall reimburse Hospice within 45 days of receipt of invoice. Hospice shall use its best efforts to provide services under this section. However, Hospice will not be expected to provide assistance unless Hospice has determined it has sufficient resources to do so.

## 4. <u>Billing and Payment</u>.

- (a) <u>Billing and Payment for Facility Services Provided to Medicaid Eligible</u>
  Hospice Patients.
- Residential Hospice Care Day provided to a Medicaid Eligible Hospice Patient excluding any days on which a Hospice Patient receives inpatient care and any other days on which Facility would not have received payment from Medicaid if the Hospice Patient had not been enrolled in hospice (e.g., date of discharge, date of death). The fixed payment rate shall be one hundred percent (100%) of Facility's applicable then current Medicaid per diem rate that would have been paid by the Medicaid program to Facility if the Medicaid Eligible Hospice Patient had not elected to receive hospice care, less the Medicaid Eligible Hospice Patient's required personal contribution amount, if any. Facility shall accept this rate as payment in full for Facility Services provided to such Medicaid Eligible Hospice Patient and shall not bill the Medicaid Eligible Hospice Patient or his/her family, representatives or any third party payor. Facility shall collect and retain the Medicaid Eligible Hospice Patient's required personal contribution amount, if any.
- (ii) <u>Billing and Payment</u>. Within 10 calendar days of the end of the month and within at least 30 days of providing Facility Services, Facility shall submit to Hospice an accurate and complete statement of all Facility Services provided to Medicaid Eligible

Hospice Patients. The statement shall be in a form acceptable to Hospice and include information usually provided to third party payors to verify the services and charges reflected in the statement. Hospice shall pay Facility within 30 days after Hospice's receipt of payment from Medicaid for the applicable Residential Hospice Care Days identified on Facility's complete statement. Payment by Hospice in respect to such bills shall be considered final, unless adjustments are requested in writing by Facility within 30 days of receipt of payment. Hospice shall have no obligation to pay Facility for any service if Hospice does not receive a bill for such service within 60 days following the date on which the service was rendered.

- (b) <u>Billing and Payment for Facility Services Provided to Medicare Eligible Hospice Patients and Private Pay Hospice Patients</u>. Facility shall bill each Medicare Eligible Hospice Patient and Private Pay Hospice Patient (or such patient's third party payor, if applicable) for Facility Services at a rate agreed upon by Facility and such patient or his or her third party payor. Facility shall accept such payment as payment in full for Facility Services. Hospice will not be responsible for reimbursing Facility for any portion of the cost of Facility Services provided to a Medicare Eligible Hospice Patient or Private Pay Hospice Patient. Facility shall not seek payment from Hospice in the event of default of financial obligations on the part of a Medicare Eligible Hospice Patient, Private Pay Hospice Patient or such patient's third party payors. Hospice will, to the extent permitted by law, provide Facility with any information it may reasonably require to obtain payment from any payor or other permissible payment source.
- (i) MCO and other eligible 3<sup>rd</sup> party payors billing is determined by the contract/regulations for that MCO or 3<sup>rd</sup> party.
- (c) <u>Billing and Payment for Purchased Hospice Services Provided to All Hospice Patients</u>. Facility shall bill Hospice for Purchased Hospice Services provided to Hospice Patients at the rates agreed to by Facility and Hospice in Exhibit A. Facility shall accept these rates as payment in full for Purchased Hospice Services provided to Hospice Patients and shall not bill such patients, their family, representatives or any third party payor. Facility represents and warrants that all Purchased Hospice Services for Medicaid Eligible Hospice Patients are not included in the applicable, then-current Medicaid per diem rate that Facility would have received if the Medicaid Eligible Hospice Patient had not elected to receive Hospice Services. The billing and payment procedures set forth in section 4(a)(ii) of this Agreement shall apply.
- (d) <u>Billing and Payment for Other Services</u>. Facility shall bill Hospice Patients or the third party payor, if applicable, for (i) Other Facility Services; (ii) Uncovered Items and Services; and (iii) care provided by Facility upon the request of a Hospice Patient which is not reasonable or necessary for palliation or management of the terminal illness and not rendered in accordance with the applicable Plan of Care. Hospice shall bear no responsibility, obligation, or other liability to reimburse Facility for the cost of these services. Facility shall not bill Medicare or Medicaid for care or services provided by Facility upon the request of a Hospice Patient which Hospice determines are related to the terminal illness or related conditions but not reasonable or medically necessary.

(e) <u>Limitation on Hospice's Financial Responsibility</u>. Except as specifically identified in this Agreement, Hospice shall bear no responsibility, obligation, or other liability to reimburse Facility for any charges, costs, expenses or other fees for services provided under this Agreement.

#### 5. Insurance and Indemnification.

- (a) <u>Insurance</u>. Each party shall obtain and maintain appropriate professional liability, commercial general liability, worker's compensation and employer's liability insurance coverage in accordance with the minimum amounts required from time to time by applicable federal and state laws and regulations, but at no time shall the terms or coverage amounts of Facility's professional liability insurance be less than \$1 million per claim and \$3 million in the aggregate. Either party may request evidence of insurance from the other party and such other party shall provide such evidence to the requesting party in a timely manner. Each party shall ensure that the other party receives at least 30 days' notice prior to the termination of any insurance policy required by this Agreement.
- (b) <u>Indemnification</u>. Each party ("Indemnifying Party") agrees to indemnify the other party, its directors, officers, employees, and agents (the "Indemnified Party") from and against any and all claims, suits, damages, fines, penalties, liabilities and expenses (including reasonable attorney's fees and court costs) resulting from or arising out of, any act or omission by the Indemnifying Party or any of its directors, officers, employees, or agents pertaining to the services hereunder, including but not limited to, gross negligence or willful misconduct. This section shall survive termination of this Agreement.

#### 6. Records.

- (a) <u>Creation and Maintenance of Records</u>. Each party shall prepare and maintain complete and detailed records concerning each Hospice Patient receiving Facility Services under this Agreement in accordance with prudent record-keeping procedures and as required by applicable federal and state laws and regulations and Medicare and Medicaid program guidelines. Each party shall retain such records for a minimum of seven years from the date of discharge of each Hospice Patient or such other time period as required by applicable federal and state law. Each clinical record shall completely, promptly and accurately document all services provided to, and events concerning, each Hospice Patient, including evaluations, treatments, progress notes, authorizations to admission to Hospice and/or Facility, physician orders entered pursuant to this Agreement and discharge summaries. Each record shall document that the specified services are furnished in accordance with this Agreement and shall be readily accessible and systemically organized to facilitate retrieval by either party. Facility shall cause each entry made for Facility Services provided to be signed and dated by the person providing Facility Services.
- (b) <u>Financial Recordkeeping</u>. Facility shall keep accurate books of accounts and records covering all transactions relating to this Agreement (the "Financial Records") at its principal place of business. Hospice and its duly authorized representatives, including any such independent public accountant or other auditor, shall have the right during regular business

hours and on reasonable written notice to Facility to examine Facility's Financial Records and to make copies thereof.

- (c) <u>Access by Hospice</u>. Facility shall permit Hospice or its authorized representative, upon reasonable notice, to review and make photocopies of records maintained by Facility relating to the provision of Facility Services, including but not limited to, clinical records and billing and payment records. This section shall survive the termination of this Agreement.
- (d) Inspection by Government. In accordance with 42 U.S.C. § 1395x(v)(1)(i) and 42 C.F.R. § 420.300, et seq., Facility shall make available, until the expiration of five years from the termination of this Agreement, upon written request, to the Secretary of Health and Human Services of the United States, and upon request, to the Comptroller General of the United States, or any of their duly authorized representatives, this Agreement and any of its books, documents and records that are necessary to certify the nature and costs of Medicare reimbursable services provided under this Agreement. If and to the extent Facility carries out any of its duties under this Agreement through a subcontract with a related organization having a value or cost of \$10,000 or more over a 12-month period, then Facility shall ensure that the subcontract contains a clause comparable to the clause in the preceding sentence. Nothing contained in this section shall be construed as a waiver by either party of any legal rights of confidentiality with respect to patient records and proprietary information.
- (e) <u>Destruction of Records</u>. Facility shall take reasonable precautions to safeguard records against loss, destruction and unauthorized disclosure.
- 7. <u>Confidentiality</u>. Each party acknowledges that as part of its performance under this Agreement, it may be required to disclose to the other party certain information pertaining to Hospice Patients (collectively, "Patient Information") and may be required to disclose certain business or financial information (collectively, with the Patient Information, the "Confidential Information"). Each party agrees that it shall treat Confidential Information with the same degree of care it affords its own similarly confidential information and shall not, except as specifically authorized in writing by the other party or as otherwise required by law, reproduce any Confidential Information or disclose or provide any Confidential Information to any person. A party that discloses Confidential Information shall be subject to injunctive relief to prevent a breach or threatened breach of this section, in addition to all other remedies that may be available. This section shall survive termination of this Agreement.

#### 8. Term and Termination.

(a) <u>Term</u>. This Agreement shall have an initial term of one year beginning on the Effective Date ("Initial Term") and shall automatically renew for successive one-year terms, unless sooner terminated as provided below.

#### (b) Termination.

(i) <u>Without Cause</u>. This Agreement may be terminated by either party for any reason by providing at least 90 days' prior written notice to the other party. If this Agreement is terminated during the Initial Term, the parties shall not enter into an agreement for

the same or similar services for the duration of the Initial Term. This provision shall survive termination of this Agreement.

- (ii) <u>For Cause</u>. Either party may terminate this Agreement upon 30 days' prior written notice to the other party, if the other party breaches this Agreement and fails to cure such breach within such 30-day period.
- (iii) <u>Change in Law</u>. In the event there are substantial changes or clarifications to any applicable laws, rules or regulations that materially affect, in the opinion of either party's legal counsel, any party's right to reimbursement from third party payors or any other legal right of any party to this Agreement, the affected party may, by written notice to the other party, propose such modifications to this Agreement as may be necessary to comply with such change or clarification. Upon receipt of such notice, the parties shall engage in good faith negotiations regarding any appropriate modifications to this Agreement. If such notice is given and the parties are unable within 60 days thereafter to agree to appropriate modifications to this Agreement, either party may terminate this Agreement by providing at least 30 days' notice to the other party.
- (iv) <u>Immediate Termination</u>. Notwithstanding the above, either party may immediately terminate this Agreement if:
- [a] <u>Failure to Have Qualifications</u>. A party or its personnel are excluded from any federal health program or no longer have the necessary qualifications, certifications and/or licenses required by federal, state and/or local laws to provide Facility Services.
- [b] <u>Liquidation</u>. A party commences or has commenced against it proceedings to liquidate, wind up, reorganize or seek protection, relief or a consolidation of its debts under any law relating to insolvency, reorganization or relief of debtors or seeking the appointment of a receiver or trustee.
- [c] <u>Failure to Have Insurance</u>. A party ceases to have any of the insurance required under this Agreement.
- [d] Threats to Health, Safety or Welfare. A party fails to perform its duties under this Agreement and the other party determines in its full discretion that such failure threatens the health, safety or welfare of any patient.
- [e] <u>Commission of Misconduct</u>. A party commits an act of misconduct, fraud, dishonesty, misrepresentation or moral turpitude involving the other party or a mutual patient of the parties.
- (c) <u>Effect of Termination on Availability of Facility Services</u>. In the event this Agreement is terminated, Facility shall work with Hospice in coordinating the continuation of Facility Services to existing Hospice Patients and shall continue to provide Facility Services to Hospice Patients after this Agreement is terminated, if Hospice determines that removing Facility Services would be detrimental to Hospice Patients. In such cases, Facility Services shall

continue to be provided in accordance with the terms set forth in this Agreement. This section shall survive termination of this Agreement.

- 9. <u>Notification of Material Events</u>. Either party shall immediately notify the other party's administrator of:
- (a) <u>Incident Reporting</u>. Any of the following alleged incidents involving a Hospice Patient:
  - (i) mistreatment or neglect;
  - (ii) verbal, mental, sexual or physical abuse;
  - (iii) injuries of unknown source; or
  - (iv) misappropriation of patient property
- (b) <u>Licensure Actions</u>. Any sanctions, intermediate or otherwise, administrative or judicial fines, penalties, or action by federal or state officials against the party or its personnel.
- (c) <u>Exclusion</u>. Any threatened, proposed or actual exclusion of it or any of its subcontractors or personnel from any government program, including but not limited to, Medicare or Medicaid.
- (d) <u>Insurance</u>. The cancellation or modification of any of the insurance coverage that the party is required to have under this Agreement.
- (e) <u>Liquidation</u>. The commencement of any proceeding to liquidate, wind up, reorganize or seek protection, relief or a consolidation of Facility's or Hospice's debts under any law relating to insolvency, reorganization or relief of debtors or seeking the appointment of a receiver or trustee.
  - (f) <u>Business Address Change</u>. Any change in business address.
- 10. <u>Nondiscrimination</u>. The parties agree that in the performance of this Agreement they will not discriminate or permit discrimination against any person or group of persons on the grounds of race, color, sex, age, religion, disability, national origin or any other protected class in any manner prohibited by federal or state laws.
- 11. <u>Independent Contractor</u>. In performance of the services discussed herein, Hospice and Facility shall each be, and at all times are, acting and performing as an independent contractor, and not as a partner, a co-venturer, an employee, an agent or a representative of the other. No employee or agent of one party to this Agreement shall be considered an employee or agent of the other party.
- 12. <u>Use of Name or Marks</u>. Neither Hospice nor Facility shall have the right to use the name, symbols, trademarks or service marks of the other party in advertising or promotional materials or otherwise without receiving the prior written approval of such other party; provided, however, that one party may use the name, symbols, or marks of the other party in written materials previously approved by the other party for the purpose of informing prospective

Hospice Patients and attending physicians of the availability of the services described in this Agreement.

#### 13. <u>Miscellaneous Provisions</u>.

- (a) <u>Amendment</u>. No amendment, modification or discharge of this Agreement, and no waiver hereunder, shall be valid or binding unless set forth in writing and duly executed by the parties hereto.
- (b) <u>Severability</u>. This Agreement is severable, and in the event that any one or more of the provisions hereof shall be deemed invalid, illegal or unenforceable in any respect, the validity, legality and enforceability of the remaining provisions contained herein shall not in any way be affected or impaired thereby.
- (c) <u>Headings</u>. The descriptive headings in this Agreement are for convenience only and shall not affect the construction of this Agreement.
- (d) <u>Governing Law</u>. This Agreement, the rights and obligations of the parties hereto, and any claims or disputes relating thereto, shall be governed by and construed in accordance with the laws of the state in which Hospice is located.
- (e) <u>Waiver</u>. The waiver by either party of a breach or violation of any provision in this Agreement shall not operate or be construed as a waiver of any subsequent breach or default of a similar nature, or as a waiver of any such provisions, rights or privileges hereunder.
- (f) <u>Binding Effect</u>. This Agreement shall be binding upon and inure to the benefit of the parties hereto and their respective successors and permitted assigns. There are no third party beneficiaries of or to this Agreement.
- (g) <u>No Third Party Beneficiaries</u>. Except as expressly provided elsewhere herein, nothing in this Agreement is intended to be construed or be deemed to create any rights or remedies in any third party.
- (h) <u>Force Majeure</u>. In the event that either party's business or operations are substantially interrupted by acts of war, fire, labor strike, insurrection, riots, earthquakes or other acts of nature of any cause that is not the party's fault or is beyond that party's reasonable control, then that party shall be relieved of its obligations only as to those affected operations and only as to those affected portions of this Agreement for the duration of such interruption.
- (i) <u>No Requirement to Refer</u>. This Agreement is not intended to influence the judgment of any physician or provider in choosing medical specialists or medical facilities appropriate for the proper care and treatment of residents. Neither Facility nor Hospice shall receive any compensation or remuneration for referrals.
- (j) <u>Nonexclusive Agreement</u>. This Agreement is intended to be nonexclusive, and either party may use any provider for the same or similar services.

- (k) <u>Counterparts</u>. This Agreement may be executed in any number of counterparts, all of which together shall constitute one and the same instrument.
- (l) Notices. All notices or other communications which may be or are required to be given, served or sent by any party to the other party pursuant to this Agreement shall be in writing, addressed as set forth below, and shall be mailed by first-class, registered or certified mail, return receipt requested, postage prepaid, or transmitted by hand delivery or facsimile. Such notice or other communication shall be deemed sufficiently given or received for all purposes at such time as it is delivered to the addressee (with the return receipt, the delivery receipt, the affidavit or messenger or the answer back being deemed conclusive evidence of such delivery) or at such time as delivery is refused by the addressee upon presentation. Each party may designate by notice in writing a new address to which any notice or communication may thereafter be so given, served or sent.

#### TO: HOSPICE

Seasons Hospice & Palliative Care of Pierce County, LLC 3400 188<sup>th</sup> St., Suite A241 Lynnwood, WA 98037

Attn: Executive Director

FOR BILLING, PLEASE ADDRESS INVOICES OR INQUIRIES TO:

Seasons Healthcare Management, Inc.

6400 Shafer Court, Suite 700

Rosemont, IL 60018

Attn: Nursing Home Invoices

Ph: (847) 692-1000

Email: FinanceSeasonsNH\_Connections@seasons.org

eFax: (847) 375-2770

TO:	FACILITY	
	Attn: Administrator	

(n) Entire Agreement. This Agreement, including all of the exhibits and addenda attached hereto, contains the entire agreement of the parties hereto and supersedes all prior oral or written agreements or understandings between them with respect to the matters provided for herein. This Agreement may not be modified or amended except by mutual consent of the parties, and any such modification or amendment must be in writing duly executed by the parties hereto, and shall be attached to, and become a part of, this Agreement.

above.	
HOSPICE:	FACILITY:
By:	By:
Name:	Name:
Title:	Title:

The parties have executed this Agreement as of the day, month and year first written

# EXHIBIT A PURCHASED HOSPICE SERVICES

1. <u>Purchased Hospice Services</u>. The following services and items will be purchased, as needed, by Hospice from Facility on the terms set forth in this Exhibit A and elsewhere in the Agreement. The rates identified reflect fair market value, without regard to the volume and value of referrals.

None contemplated at this time.

- 2. <u>Authorized Personnel</u>. The following hospice representatives are authorized to purchase or order items and services from Facility for Hospice Patients:
  - Hospice Director of Clinical Services;
  - Hospice Team Director; and
  - Hospice Executive Director
- 3. <u>Billing and Payment</u>. Billing and payment for Purchased Hospice Services shall be governed by this Agreement.
- 4. <u>Professional Management Responsibility</u>. Hospice retains administrative and financial management, and oversight of staff and services related to all Purchased Hospice Services to ensure the provision of quality care. All Purchased Hospice Services must be authorized by Hospice, furnished in a safe and effective manner by qualified personnel, and delivered in accordance with the Plan of Care.

## EXHIBIT B SUMMARY OF RESPONSIBILITIES

ROLE	HOSPICE	FACILITY	N/A
Admitting Hospice Patients, Beginning Services	X		
Assessing Hospice Patients, Including Who is Responsible for the Initial and Ongoing Assessment	X		
Identifying the Individual(s) Responsible for the Care Planning Process	X		
Coordinating, Supervising, and Evaluating the Care and Services Provided	X		
Scheduling Visits or Hours	X		
Discharge Planning from Hospice	X		

#### **EXHIBIT C**

#### HOSPICE ADMISSION CRITERIA

- 1. The patient has a terminal prognosis of six months or less as certified by the patient's attending physician and the Hospice physician.
- 2. The patient or the patient's health care power of attorney (where applicable) elects in writing to receive Hospice services.
- 3. The patient's attending physician, as named by the patient/family, provides written consent for patient to receive hospice services.
- 4. The patient/family understands Hospice's concept of care as being palliative and not curative in its goals.
- 5. The patient/family understands that Hospice retains responsibility for determining the appropriate location or treatment.
- 6. Race, color, creed, religion, gender, national origin, disability or sexual preference shall not be used as criteria for admission.
- 7. Final determination of eligibility for admission is made by Hospice.

#### **EXHIBIT D**

#### HOSPICE ROUTINE HOME CARE

On the basis of the needs of the patient and family as determined by Hospice and documented in the Patient's Plan of Care (Interdisciplinary Record of Care), the following services related to the management of the terminal illness will be provided to Hospice Patients residing at Facility:

- 1. Home visits by registered nurses with 24 hour availability.
- 2. Home visits by licensed practical nurses or licensed vocational nurses.
- 3. Home visits by social workers.
- 4. Home visits by chaplains.
- 5. Home visits by home health aides or homemakers.
- 6. Home visits by volunteers.
- 7. Family counseling services to family members during the time the Hospice Patient is receiving Hospice care with 24 hour availability.
- 8. Bereavement care and counseling for family members for as long as one year following the Hospice Patient's death.
- 9. Prescription medications, medical supplies and equipment provided directly or under arrangement between Hospice and Facility or others, if related to the Hospice Patient's terminal illness.
- 10. Ancillary therapies related to the Hospice Patient's terminal illness including physical therapy, speech pathology, respiratory therapy, occupational therapy and nutritional counseling.
- 11. Laboratory services related to the Hospice Patient's terminal illness.
- 12. Training for Facility's staff in the use of Hospice protocols.
- 13. Counseling for Facility's staff to deal with personal grief and loss in connection with work with terminally ill patients.



#### RESPITE CARE ADDENDUM

,	nd is made part of the Nursing Facility Services Seasons Hospice & Palliative Care of Pierce County, ("Facility") dated
	RECITAL
Hospice and Facility desire to modi Care to Hospice Patients.	fy the Agreement to address the provision of Respite
AC	GREEMENTS
1. <u>Definitions</u> . Capitalized terms the meanings given to them in the Agreement	ms not otherwise defined in this Addendum shall have ent.
Patient when necessary to relieve a Hospica	as short-term inpatient care provided to a Hospice e Patient's family members or other persons caring for limitation, nursing, dietary, housekeeping, therapies,

(b) "Respite Care Day" means a day on which a Hospice Patient receives Respite Care from Facility, including the day of admission but excluding the day of discharge, unless the patient dies in Facility unless Medicaid does not reimburse for the day of death.

emergency, laboratory, radiology, respiratory, pharmacy, oxygen services and related ancillary

2. Responsibilities of Facility.

services.

- (a) <u>Provision of Respite Care</u>. At the request of an authorized Hospice staff member, Facility shall provide Respite Care to Hospice Patients in accordance with Facility's obligations to provide Facility Services to Hospice Patients under the Agreement, except as such obligations are superseded by this Addendum. Facility shall provide Hospice Patients with beds in Facility. While Facility does not guarantee the availability of any specific number of beds, it will make beds available to Hospice Patients on the same priority basis as its other patients.
- (b) <u>Medicare or Medicaid Certification</u>. Facility represents and warrants that it is currently, and will at all times during the term of this Addendum remain, certified to participate in the Medicare and/or Medicaid programs.
- (c) <u>Twenty-Four Hour Nursing Services</u>. Facility shall provide 24-hour nursing services that meet the nursing needs of all Hospice Patients and are furnished in

ADDENDUM A-1

accordance with each patient's Plan of Care. Each Hospice Patient must receive all nursing services as prescribed. For each shift, Facility will identify to Hospice in advance a charge nurse or other member of Facility's nursing staff who will respond to Hospice's requests for information concerning Hospice Patients.

- (d) <u>Home-Like Atmosphere</u>. Facility shall provide a home-like atmosphere and ensure that patient areas are designed to preserve the dignity, comfort and privacy of patients.
- (e) <u>Discharge Summary</u>. Facility shall provide Hospice with a copy of the discharge summary at the time of discharge.
- (f) <u>Inpatient Clinical Record</u>. Facility shall maintain an inpatient clinical record for each Hospice Patient that includes a record of all Respite Care furnished and events regarding care that occurred at Facility. A copy of the inpatient clinical record shall be available to Hospice at the time of discharge.
- (g) <u>Implementation of Agreement</u>. Facility shall designate an individual within the facility who shall be responsible for the implementation of the provisions of this Addendum and the Agreement ("Responsible Facility Representative"). The current Responsible Facility Representative is identified at the end of this Addendum. Facility shall notify Hospice if a new individual is designated as the Responsible Facility Representative.

## 3. <u>Hospice Responsibilities</u>.

- (a) <u>Provision of Plan of Care to Facility</u>. Upon a Hospice Patient's admission to Facility for Respite Care, Hospice shall furnish a copy of the current Plan Care. Hospice shall specify the Respite Care to be furnished by Facility to such Hospice Patient.
- (b) <u>Verification of Regulatory Requirements</u>. Hospice shall verify compliance with the following requirements established by the Medicare Conditions of Participation for Hospice Care.
- (i) <u>Copy of Plan of Care</u>. Hospice shall document in the patient's record that the Plan of Care has been provided to Facility and specify the Respite Care that Facility will furnish. Hospice shall periodically review Hospice Patients' records to verify that these requirements are met.
- (ii) <u>Patient Care Policies</u>. Hospice shall verify that Facility has established patient care policies that are consistent with Hospice's policies and agrees to abide by the palliative care protocols and Plans of Care established by Hospice for its patients. Hospice shall review Facility's policies to determine their consistency with Hospice policies.
- (iii) <u>Inpatient Clinical Records</u>. Hospice shall periodically review Hospice Patients' inpatient clinical records to determine that they include a record of all Respite Care furnished and events regarding care that occurred at Facility. Facility shall make inpatient clinical records available to Hospice at the time of discharge.

- (iv) <u>Copy of Discharge Summary</u>. Hospice shall document in the patient's record that Facility provided a copy of the discharge summary at the time of discharge. Hospice shall periodically review Hospice Patients' records to verify that this requirement is met.
- (v) <u>Responsible Facility Representative</u>. The Responsible Facility Representative is identified at the end of this Addendum. Facility shall immediately notify Hospice if a new Responsible Facility Representative is appointed, and shall inform Hospice of the name and contact information of the new Responsible Facility Representative. Hospice shall maintain a record of Responsible Facility Representatives.
- (vi) <u>Hospice Training</u>. Facility shall provide Hospice with a list of Facility personnel who will be providing Respite Care to Hospice Patients, indicating whether each person has already been provided with hospice training. For personnel who have already received training, Facility shall provide Hospice with the names of the individuals who gave the training and a description of the training. For personnel who have not received hospice training, Hospice shall provide training, and shall document the names of the individuals who gave the training and a description of the training. Upon hiring new personnel who will be providing care to Hospice Patients, Facility shall notify Hospice and indicate whether the personnel have received hospice training and, if so, the names of the individuals who gave the training and a description of the training.
- (c) <u>Professional Management Responsibility</u>. Hospice retains administrative and financial management, and oversight of staff and services related to all Respite Care to ensure the provision of quality care. All Respite Care must be authorized by Hospice, furnished in a safe and effective manner by qualified personnel, and delivered in accordance with the Plan of Care. Facility is authorized to provide all Respite Care identified in the Plan of Care. Facility shall seek authorization from designated Hospice personnel prior to providing Respite Care not identified in the Plan of Care.

#### 4. Billing and Payment.

- (a) <u>Medicaid Eligible Hospice Patients</u>, Medicare Eligible Hospice Patients and Private Pay Hospice Patients. For each Respite Care Day provided to a Medicaid Eligible Hospice Patient or a Medicare Eligible Hospice Patient, Hospice shall pay Facility a fixed payment equal to 100% of the applicable then current rate Hospice receives from Medicare or Medicaid, except the day on which such patient is discharged from Facility, unless such patient dies while residing at Facility, unless Medicaid does not reimburse for the day of death. Facility shall accept this rate as payment in full for each Respite Care Day and shall not bill such patients, their family, representatives or any third party payor. The rate represents fair market value and does not take into account the volume or value of referrals. Rates for reimbursement for Respite Care Days provided to Private Pay Hospice Patients, including those with third party payors other than Medicare or Medicaid, will be established in writing by Facility in advance for each such patient.
- (b) <u>Billing</u>. The terms for billing for Respite Care shall be governed by the Agreement.
- 5. <u>Responsible Facility Representative</u>. Facility has identified the following individual as the Responsible Facility Representative:

6. <u>Conflicts</u>. This Addendum shall be subject to the terms and conditions of the Agreement; provided that, in the event of a conflict between the terms and conditions of this Addendum and the terms and conditions of the Agreement, the terms and conditions of this Addendum shall control. Except as specifically amended herein, all other terms and conditions of the Agreement shall remain in full force and effect.

The parties have executed this Addendum as of the day, month and year first written above.

HOSPICE:	FACILITY:
By:	By:
Name:	Name:
Title:	Title:



#### GENERAL INPATIENT SERVICES ADDENDUM

THIS GENERAL INPATIENT SERVICES ADDI	ENDUM is effective on the day of
, 2020 (the "Effective Date") and addend	ds and is made part of the Nursing
Facility Services Agreement ("Agreement") by and between	en Seasons Hospice & Palliative Care
of Pierce County, LLC ("Hospice") and	("Facility") dated
(the "Agreement").	
RECITAL	

Hospice and Facility desire to modify the Agreement to address the provision of Inpatient Services to Hospice Patients.

#### **AGREEMENTS**

- 1. <u>Definitions</u>. Capitalized terms not otherwise defined in this Addendum shall have the meanings given to them in the Agreement.
- (a) "General Inpatient Care Day" means a day on which a Hospice Patient receives Inpatient Services for pain control or symptom management which cannot be managed in other settings. Any portion of a 24 hour period, if less than 24 hours, shall constitute a General Inpatient Care Day and shall be compensated pursuant to this Agreement, except the day on which the Hospice Patient is discharged unless such patient dies as an inpatient.
- (b) "Inpatient Services" means inpatient beds and related services that are available at, and provided by, Facility pursuant to its customary policies, including services necessary for pain control, or for symptom management. Such services include, without limitation, nursing, dietary, housekeeping, therapies, emergency, laboratory, radiology, respiratory, pharmacy, oxygen services and related ancillary services.

#### 2. Responsibilities of Facility.

- (a) <u>Provision of Inpatient Services</u>. At the request of an authorized Hospice staff member, Facility shall provide Inpatient Services to Hospice Patients in accordance with Facility's obligations to provide Facility Services to Hospice Patients under the Agreement, except as such obligations are superseded by this Addendum. Facility shall provide Hospice Patients with beds in Facility. While Facility does not guarantee the availability of any specific number of beds, it will make beds available to Hospice Patients on the same priority basis as its other patients.
- (b) <u>Medicare Certification</u>. Facility represents and warrants that it is currently, and will at all times during the term of this Addendum remain, certified to participate in the Medicare program.

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- (c) <u>Twenty-Four Hour Nursing Services</u>. Facility shall provide 24-hour nursing services that meet the nursing needs of all patients and are furnished in accordance with each patient's Plan of Care, and each shift shall include a registered nurse who provides direct patient care. Each Hospice Patient must receive all nursing services as prescribed. For each shift, Facility will identify to Hospice in advance a charge nurse or other member of Facility's nursing staff who will respond to Hospice's requests for information concerning Hospice Patients.
- (d) <u>Home-Like Atmosphere</u>. Facility shall provide a home-like atmosphere and ensure that patient areas are designed to preserve the dignity, comfort and privacy of patients.
- (e) <u>Discharge Summary</u>. Facility shall provide Hospice with a copy of the discharge summary at the time of discharge.
- (f) <u>Inpatient Clinical Record</u>. Facility shall maintain an inpatient clinical record for each Hospice Patient that includes a record of all Inpatient Services furnished and events regarding care that occurred at Facility. A copy of the inpatient clinical record shall be available to Hospice at the time of discharge.
- (g) <u>Implementation of Agreement</u>. Facility shall designate an individual within the facility who shall be responsible for the implementation of the provisions of this Addendum and the Agreement ("Responsible Facility Representative"). The current Responsible Facility Representative is identified at the end of this Addendum. Facility shall notify Hospice if a new individual is designated as the Responsible Facility Representative.

#### 3. Hospice Responsibilities.

- (a) <u>Provision of Plan of Care to Facility</u>. Upon a Hospice Patient's admission to Facility for Inpatient Services, Hospice shall furnish a copy of the current Plan Care. Hospice shall specify the Inpatient Services to be furnished by Facility to such Hospice Patient.
- (b) <u>Verification of Regulatory Requirements</u>. Hospice shall verify compliance the following requirements established by the Medicare Conditions of Participation for Hospice Care.
- (i) <u>Copy of Plan of Care</u>. Hospice shall document in the patient's record that the Plan of Care has been provided to Facility and specify the Inpatient Services that Facility will furnish. Hospice shall periodically review Hospice Patients' records to verify that these requirements are met.
- (ii) <u>Patient Care Policies</u>. Hospice shall verify that Facility has established patient care policies that are consistent with Hospice's policies and agrees to abide by the palliative care protocols and Plans of Care established by Hospice for its patients. Hospice shall review Facility's policies to determine their consistency with Hospice policies.
- (iii) <u>Inpatient Clinical Records</u>. Hospice shall periodically review Hospice Patients' inpatient clinical records to determine that they include a record of all Inpatient

Services furnished and events regarding care that occurred at Facility. Facility shall make inpatient clinical records available to Hospice at the time of discharge.

- (iv) <u>Copy of Discharge Summary</u>. Hospice shall document in the patient's record that Facility provided a copy of the discharge summary at the time of discharge. Hospice shall periodically review Hospice Patients' records to verify that this requirement is met.
- (v) <u>Responsible Facility Representative</u>. The Responsible Facility Representative is identified at the end of this Addendum. Facility shall immediately notify Hospice if a new Responsible Facility Representative is appointed, and shall inform Hospice of the name and contact information of the new Responsible Facility Representative. Hospice shall maintain a record of Responsible Facility Representatives.
- (vi) <u>Hospice Training</u>. Facility shall provide Hospice with a list of Facility personnel who will be providing Inpatient Services to Hospice Patients, indicating whether each person has already been provided with hospice training. For personnel who have already received training, Facility shall provide Hospice with the names of the individuals who gave the training and a description of the training. For personnel who have not received hospice training, Hospice shall provide training, and shall document the names of the individuals who gave the training and a description of the training. Upon hiring new personnel who will be providing care to Hospice Patients, Facility shall notify Hospice and indicate whether the personnel have received hospice training and, if so, the names of the individuals who gave the training and a description of the training.
- (c) <u>Professional Management Responsibility</u>. Hospice retains administrative and financial management, and oversight of staff and services related to all Inpatient Services to ensure the provision of quality care. All Inpatient Services must be authorized by Hospice, furnished in a safe and effective manner by qualified personnel, and delivered in accordance with the Plan of Care. Facility is authorized to provide all Inpatient Services identified in the Plan of Care. Facility shall seek authorization from designated Hospice personnel prior to providing Inpatient Services not identified in the Plan of Care.

#### 4. Billing and Payment.

(a) Medicaid Eligible Hospice Patients, Medicare Eligible Hospice Patients and Private Pay Hospice Patients. Hospice shall pay Facility a fixed rate for each General Inpatient Care Day provided to a Medicaid Eligible Hospice Patient or a Medicare Eligible Hospice Patient, except the day on which such patient is discharged from Facility, unless such patient dies while residing at Facility, unless Medicaid does not reimburse for the day of death. The fixed payment rate shall be \$545.00 for each General Inpatient Care Day provided to such Medicare Eligible Hospice Patients and Medicaid Eligible Hospice Patients. Facility shall accept this rate as payment in full for each General Inpatient Care Day provided to Medicaid Eligible Hospice Patients and Medicare Eligible Hospice Patients and shall not bill such patients, their family, representatives or any third party payor. The rate represents fair market value and does not take into account the volume or value of referrals. Rates for reimbursement for General Inpatient Care Days provided to Private Pay Hospice Patients, including those with third party payors other than Medicare or Medicaid will be established in writing by Facility in advance for each such patient.

	(b) <u>Billing</u> .	The terms for billing	g for General Inpatient Care shall be governed
by the Agreer	nent.		
			. Facility has identified the following ve
Agreement; p Addendum ar Addendum sh of the Agreen	rovided that, in to ad the terms and of all control. Exconent shall remain	he event of a conflict conditions of the Agr ept as specifically am in full force and effe	subject to the terms and conditions of the t between the terms and conditions of this reement, the terms and conditions of this nended herein, all other terms and conditions ect.  s of the day, month and year first written
HOSPICE:			FACILITY:
Ву:			By:
Name:			Name:
Title:			Title:

# **EXHIBIT 7**

# **Physician Aid-In-Dying Policies**



## PHYSICIAN AID-IN-DYING

2113

## **PURPOSE:**

To define state laws regarding physician aid-in-dying and provide direction to our staff on our role in supporting patients and families who are considering participating in the activities under one of these laws

#### **BACKGROUND:**

Various states have passed laws involving physician aid-in-dying, which give qualified terminally ill persons the right to request life-ending medication from their doctor and to administer this medication to their own self. Each law generally outlines a process a person must legally follow, and includes significant safeguards intended to protect persons from coercion. Information related to specific states can be found on SharePoint on the Physician Aid-in Dying (P.A.D.) Hub: <a href="https://seasonshm.sharepoint.com/sites/PatientExperience/SitePages/P.A.D-Hub.aspx">https://seasonshm.sharepoint.com/sites/PatientExperience/SitePages/P.A.D-Hub.aspx</a>.

A foundational tenet of hospice care is that hospice providers do not intentionally hasten the death of a patient; however, Seasons team members are welcome to talk to patients and others about their state-approved physician aid-in-dying law and are encouraged to provide educational, emotional, and spiritual support to those considering this option. Discussion of laws regarding physician aid-in-dying, or even implementing it, would not be a reason to discharge a patient from our services.

Seasons team members are not required to participate in any aspect of an individual's decision to exercise his/her rights under state laws regarding physician aid-in-dying, and may request to be withdrawn from the care of a person considering following such a law.

#### **PROTOCOL:**

- 1. If a patient or family member wishes to discuss their state-approved physician aid-in-dying law, Seasons team members may provide education about the provisions of that law and direct them to Compassion and Choices Advocacy Group (www.compassionandchoices.org) or a recognized group for more information. Any Seasons team member who wishes to be withdrawn from the care of the patient may request this from their team director at any time.
- 2. The Seasons team members will communicate to the patient our Seasons Hospice's limitations in participating in the activities under this type of law.



## PHYSICIAN AID-IN-DYING

2113

- 3. The Seasons team members will advise the patient to discuss wishes with their attending physician. The assigned Seasons team members will be informed that the patient is considering obtaining physician aid-in-dying pursuant to state law.
- 4. The Seasons team members will maintain confidentiality of patient request, including next of kin pursuant to state law, if patient identifies their wish for such.
- 5. The Seasons team members will inform the patient/patient representative of their right to continue hospice care and receive all services throughout the process.
- 6. When applicable, the Seasons team members will inform the facility staff of any communications related to physician aid-in-dying.
- 7. If a Seasons team member is aware that a formal request has been made to the physician, or the patient has initiated dialogue related to physician aid-in-dying, the Team Director, National Hospice Medical Director, and National Director-Patient Experience (and facility, if appropriate) will be immediately notified.
- 8. The assigned Seasons team members will meet to discuss care plan needs with the Director-Clinical Operations.
- 9. Seasons team members will explain to the patient that Seasons Hospice is required to follow state law with regard to life sustaining treatment if a Do Not Resuscitate order is not obtained.
- 10. Seasons clinical team members *will not participate* in requesting, ordering or filling the order for the aid-in-dying drug. If the attending physician is a Seasons employee, it will be at his/her discretion whether to participate in prescribing the aid-in-dying medications or not.
- 11. If a patient/patient's representative requests that Seasons team members be present when aid-in-dying medication is self-administered, at least two Seasons team members must attend.
- 12. Seasons team members present with the patient/family at the time of self-administration and subsequent death will document in the appropriate visit profile for their discipline. Documentation must indicate:
  - a. Confirmation that patient presented with decisional capacity prior to self-administering physician aid-in-dying medications;
  - b. Medication and dose taken by the patient;
  - c. Location/setting;



# PHYSICIAN AID-IN-DYING

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- d. Who was present with patient; and
- e. Approximate time of death.
- 13. Seasons team members will be available to the patient and family during and following the medication administration to offer support, as requested.
- 14. After a death:
  - a. Follow Seasons Hospice procedures as customary at the time of death, noting the particular circumstances of the death and potential needs of the family.
  - b. Notify the attending physician, if not present, of the death.
  - c. A meeting may be held, consisting of the involved Seasons team members and other interested parties, to debrief and review the case.

Effective: 4/29/16

Revised:	9/21/17	2/27/19	4/22/19	5/18/20			
Reviewed:							
Reviewed:							



# Aide Plan of Care: Coordination, Documentation & Supervision 2112

#### **Purpose:**

Assure accurate and timely documentation and coordination of care communications for the Hospice Aide (HA) and Seasons Nurse. Assure HA services are provided under the direction and supervision of a registered professional nurse when personal care services are indicated and ordered by the physician.

#### To ensure TRUE HOPE values:

- Trust the patient and family will trust all of us to meet their needs,
- Responsiveness respond to changing patient needs,
- Understanding respect each patient's values, beliefs, and culture
- Empowerment empowered to speak up for our patients and families
- Humility recognize that the patient and family are the experts in their care
- Ownership complete your work and together ensure that patient needs are met
- Passion commit to never leaving a patient need unmet, and
- Excellence –create the perfect end of life experience every time.

# NURSE / AIDE DOCUMENTATION & COORDINATION OF CARE PROTOCOL:

- 1. Registered Nurse:
  - a) Assesses patient's personal care and sensory needs (for example, Namaste Care) to determine HA plan of care according to the patient/family goals of care.
  - b) Documents the HA Plan of Care (POC) including goals, interventions, and adds HA discipline into the EMR
    - i. Refer to 2076 Long Term Care and 2076a Home Chart Hard Copy Requirements
  - c) Documents visit frequency
  - d) Communicates with site scheduler if need for same day HA services is needed
- 2. Site Scheduler (Aide Coordinator, TA, or ED designee):
  - a) Puts appointments in the Scheduling module of the EMR
  - b) May notify HA of same day need via phone call communication
- 3. Hospice Aide:
  - Reviews POC before visit. If any concerns, contacts RN Case Manager, TD or RN Supervisor for clarification
  - b) Delivers care according to the POC

- c) If POC can be completed as ordered:
  - i. HA completes documentation at the point of care, and completes and locks the Mobile Care Note (see Mobile Care Quick Guide)
- d) If the POC *cannot* be completed as ordered, or there is a concern re the patient condition, the HA will:
  - i. Contact RN Case Manager, TD, or RN Supervisor during visit to report concern via phone or need for special program (for example, Namaste Care)
  - ii. Do NOT check interventions that are not able to be performed
  - iii. Check the box indicating "Unable to complete POC as ordered, RN Notified" in the Mobile Care Note
  - iv. Document who was notified in the Mobile Care Note (see Mobile Care Quick Guide)
- e) If unable to complete a visit document reason and who was notified in Mobile Care Note
- 4. RN Case Manager, TD, or RN Supervisor:
  - a) Assess Aide's concerns and related patient needs, and directs the HA accordingly to allow completion of the visit.
  - b) Make changes to the Aide POC in the EMR within 24 hours (notify CM via email as necessary)
  - c) If no change in POC necessary, Case Manager documents review/no changes needed in the Care Coordination Memo/Phone Call profile

#### AIDE SUPERVISION

1. Written patient care instructions via the plan of care for a hospice aide will be prepared and approved by a registered nurse who is responsible for the supervision of the hospice aide.

NJ: If the RN delegates selected tasks to the hospice aide, the nurse shall determine the degree of supervision to provide, based upon an evaluation of the patient's condition, the education,

skill and training of the hospice aide, and the nature of the tasks and activities to be delegated.

The RN shall delegate a task only to a hospice aide who meets the requirements specified and

who has demonstrated the knowledge, skill and competency to perform the delegated tasks.

- 2. The Registered Nurse:
  - a. If determines that the patient's care is complicated, the nurse will make the initial visit with the hospice aide and instruct him/her on the care.
  - b. Makes a supervisory visit at least every 14 days to assess the quality of care and services provided. The hospice aide does not need to be present during the supervisory visit, but is preferred.
    - CT: A registered nurse must also visit and complete an assessment of patients receiving hospice aide services as often as necessary based on

- the patient's condition but no less frequently than every 60 days while the hospice aide is providing services in the patient's home.
- GA Medicaid: A Registered Nurse must visit the home every (2) weeks when aide services are provided. The visit must include an assessment of the aide services (this shall mean observation of the aide).
- c. During the HA Supervisory visit the RN will:
  - i. Ask pt/CG
    - 1. Are your needs being met by HA?
    - 2. How are you getting along with the aide?
    - 3. Does the HA wash his/her hands before care?
    - 4. Does HA ask you to rank our care from 1-10?
    - 5. Does HA ask you if you need additional training?
  - ii. Review the POC with the patient/CG and evaluate if personal care and sensory needs are being met
  - iii. Review the HA documentation in the EMR and determine if the aide is following HA POC and reporting changes in the patient's condition
  - iv. If HA POC meets patient needs, document supervision visit in EMR
  - v. If HA POC does NOT meet patient needs:
    - 1. Nurse revises HA POC in EMR
    - 2. Communicates changes to HA via phone
    - 3. Documents this communication in EMR
    - 4. Document supervision in EMR
- 3. If an area of concern is noted by the supervising nurse, then the Case Manager/Supervisor will:
  - a. Make an on-site visit to observe and assess the aide while he or she is performing care.
  - b. If an area of concern is verified by the nurse during the on-site visit, a competency evaluation will be completed and documented.
- 4. A registered nurse will make an on-site visit annually and as needed to observe and assess each aide while performing care. The supervising nurse will assess an aide's ability to demonstrate satisfactory performance including:
  - a. Following the patient's plan of care;
  - b. Creating successful interpersonal relationships with the patient and family;
  - c. Demonstrating competency with assigned tasks;
  - d. Complying with infection control policies and procedures; and,
  - e. Reporting changes in the patient's condition.
- 5. If hospice aide services are provided by an individual who is not directly employed by Seasons Hospice, but under arrangement, Seasons Hospice will take the responsibility to ensure overall quality of care, provide supervision according to regulations, and ensure that training and competency requirements are met.

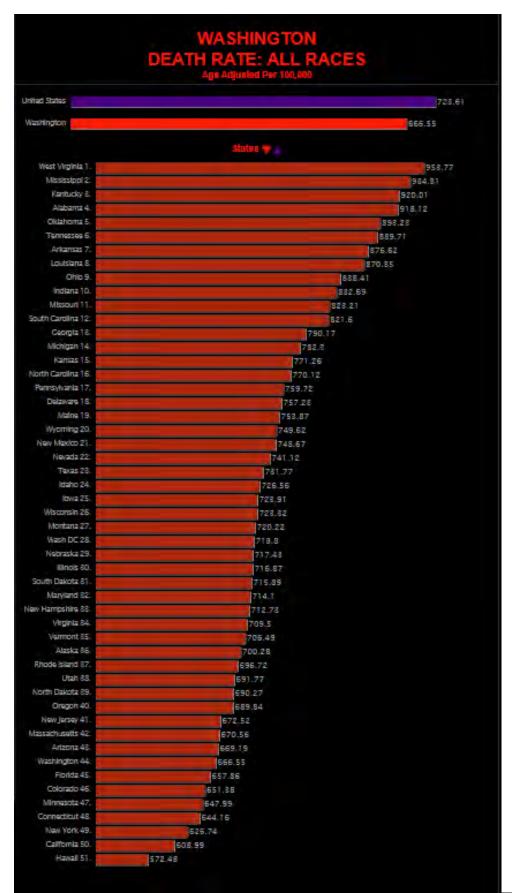
CT: Seasons Hospice shall designate a full-time registered nurse, who may have other responsibilities, to be responsible for supervision of the homemaker-hospice aide program and staff. When the number of homemaker-hospice aides employed is twenty-five (25) or more persons, Seasons Hospice will employ a full-time supervisor whose primary responsibility shall be the management of the homemaker-hospice aide program. If the supervisor is not a registered nurse, Seasons Hospice shall designate one full-time registered nurse, who may have other responsibilities, to assist with the homemaker-hospice aide program and staff supervision.

Effective: 3/22/2016

Revised:	8/26/16	11/30/16				
Reviewed:						
Reviewed:						

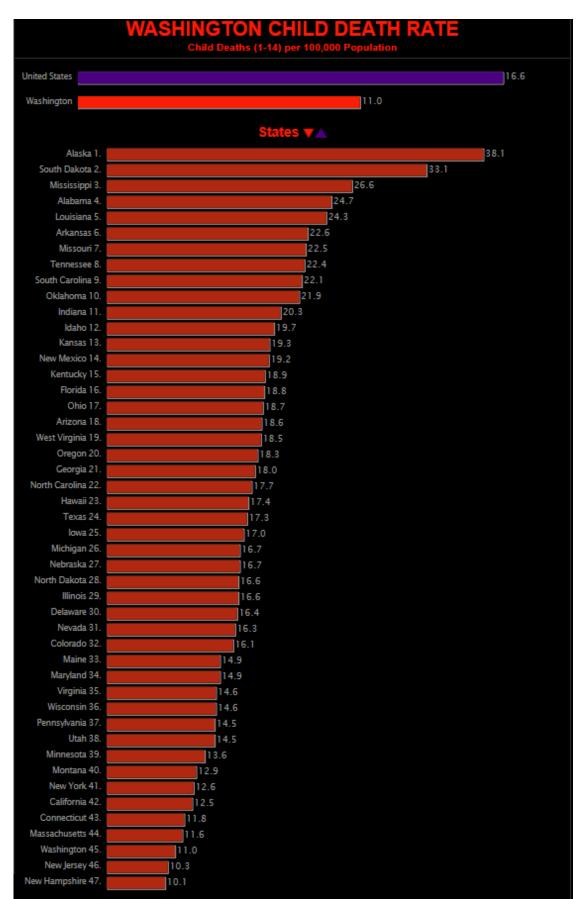
# **EXHIBIT 8**

# Mortality Data (WHO Death Rates and DOH Statistics)





Primary data sources: WHO, World Bank, UNESCO, CIA and individual country databases for global health and causes of death. Use of the CDC, NIH and individual state and county databases for verification and supplementation for USA data. CDC: 1999-2018 Final Data Released February 2020. Some Counties may be Suppressed.

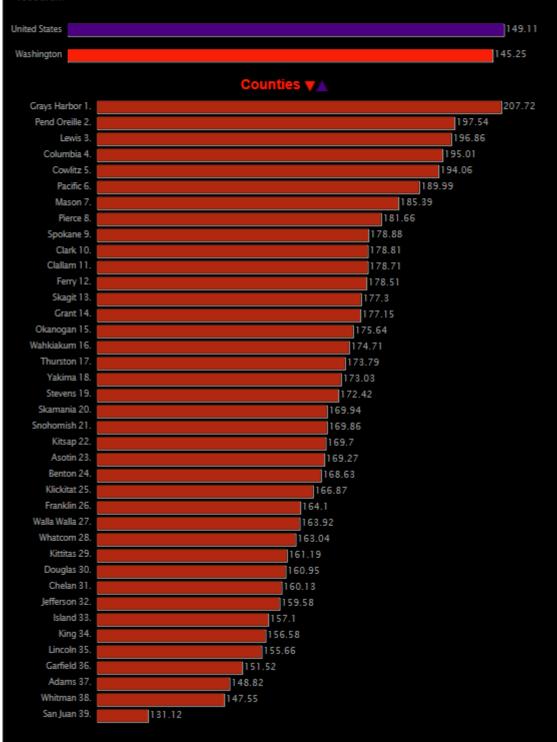




Primary data sources: WHO, World Bank, UNESCO, CIA and individual country databases for global health and causes of deatl Use of the CDC, NIH and individual state and county databases for verification and supplementation for USA data CDC: 1999-2018 Final Data Released February 2020. Some Counties may be Suppressed.

## WASHINGTON CANCER Age Adjusted Death Rate Per 100,000

Washington Cancer age adjusted death rate ranked by county. Latest CDC data is used. The interactive chart can be used to rank county death rates from low to high and high to low to add perspective to your research.

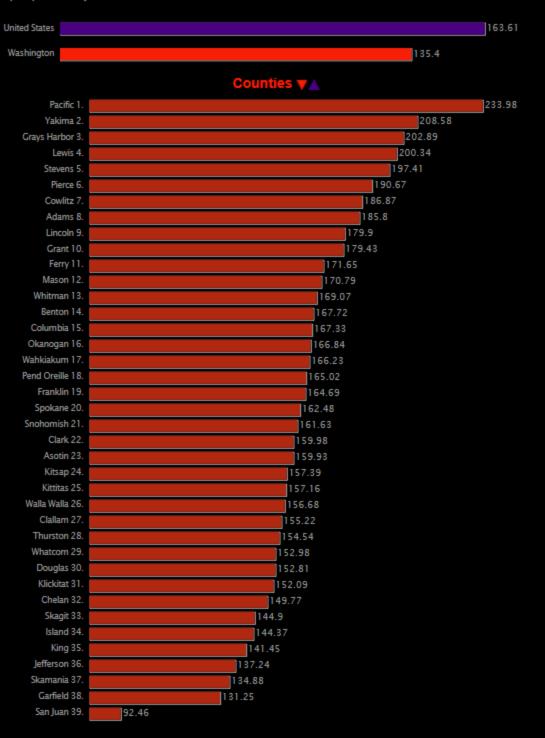




### **WASHINGTON HEART DISEASE**

Age Adjusted Death Rate Per 100,000

Washington Heart Disease age adjusted death rate ranked by county. Latest CDC data is used. The interactive chart can be used to rank county death rates from low to high and high to low to add perspective to your research.



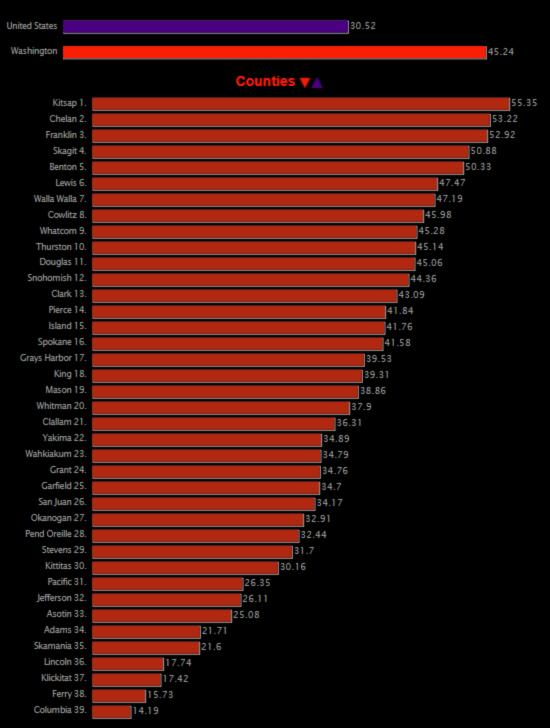


Primary data sources: WHO, World Bank, UNESCO, CIA and individual country databases for global health and causes of death Use of the CDC, NIH and individual state and county databases for verification and supplementation for USA data. CDC: 1999-2018 Final Data Released February 2020. Some Counties may be Suppressed.

### **WASHINGTON ALZHEIMER'S**

Age Adjusted Death Rate Per 100,000

Washington Alzheimer's age adjusted death rate ranked by county. Latest CDC data is used. The interactive chart can be used to rank county death rates from low to high and high to low to add perspective to your research.



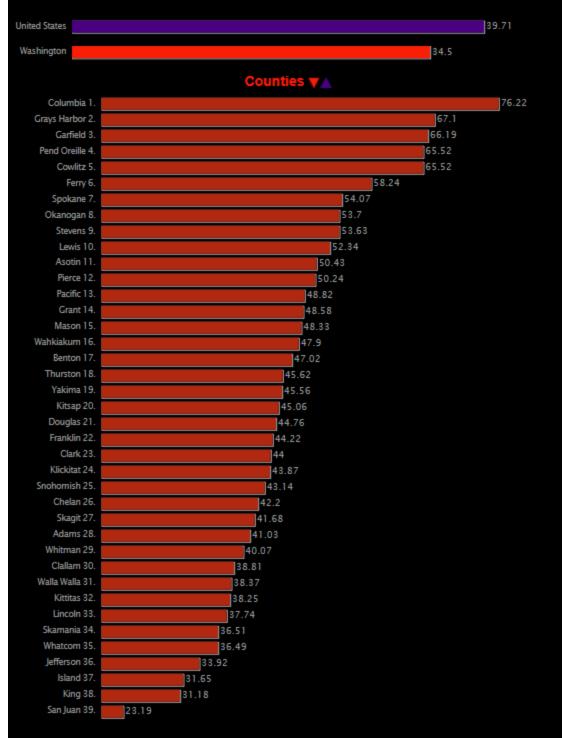


Primary data sources: WHO, World Bank, UNESCO, CIA and individual country databases for global health and causes of deat Use of the CDC, NIH and individual state and county databases for verification and supplementation for USA data. CDC: 1999-2018 Final Data Released February 2020. Some Counties may be Suppressed.

## WASHINGTON CHRONIC LUNG DISEASE

Age Adjusted Death Rate Per 100,000

Washington Chronic Lung Disease age adjusted death rate ranked by county. Latest CDC data is used. The interactive chart can be used to rank county death rates from low to high and high to low to add perspective to your research.



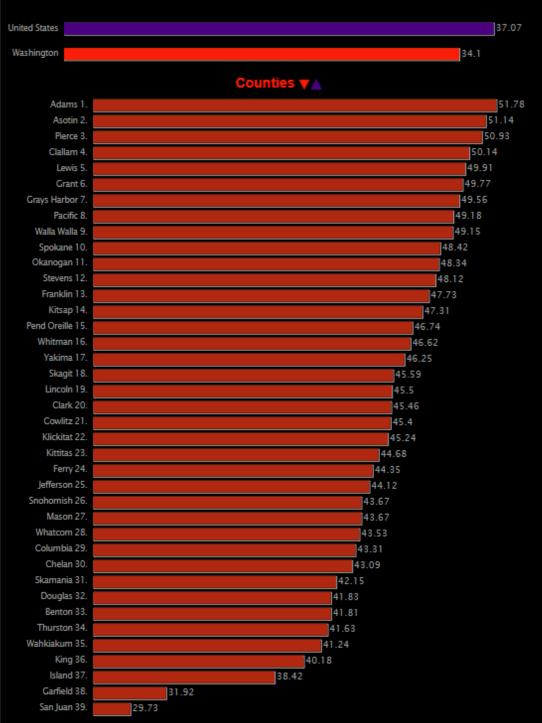


Primary data sources: WHO, World Bank, UNESCO, CIA and individual country databases for global health and causes of death Use of the CDC, NIH and individual state and county databases for verification and supplementation for USA data.

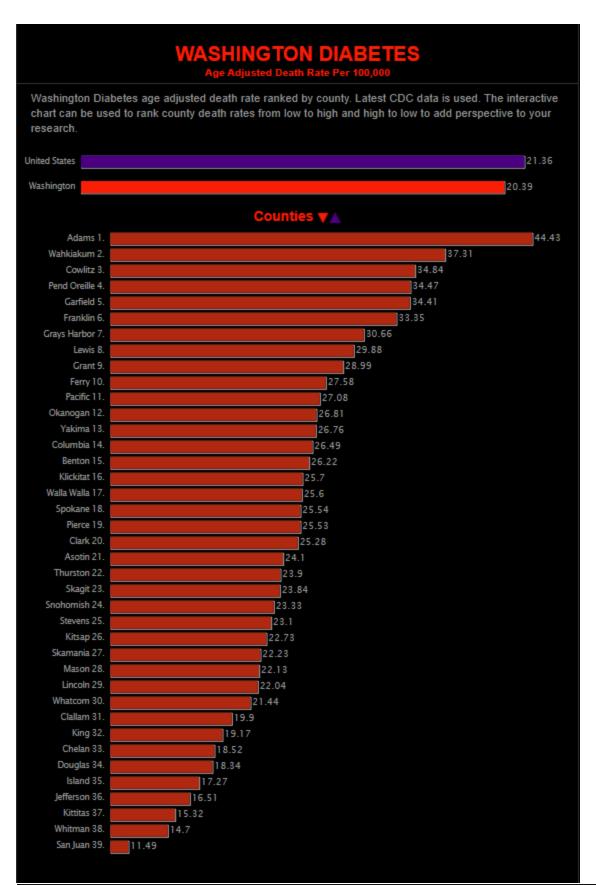
CDC: 1999-2018 Final Data Released February 2020. Some Counties may be Suppressed

## WASHINGTON STROKE

Washington Stroke age adjusted death rate ranked by county. Latest CDC data is used. The interactive chart can be used to rank county death rates from low to high and high to low to add perspective to your research.

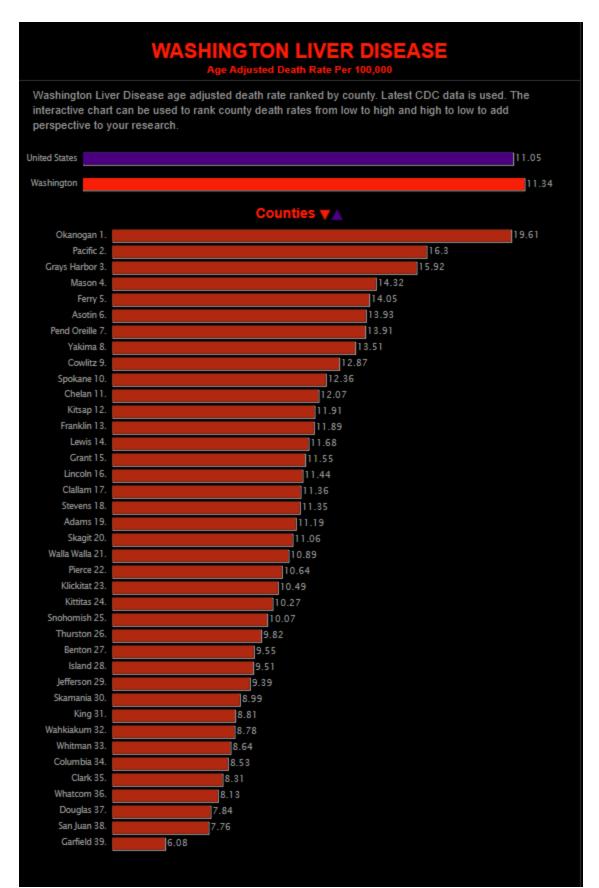






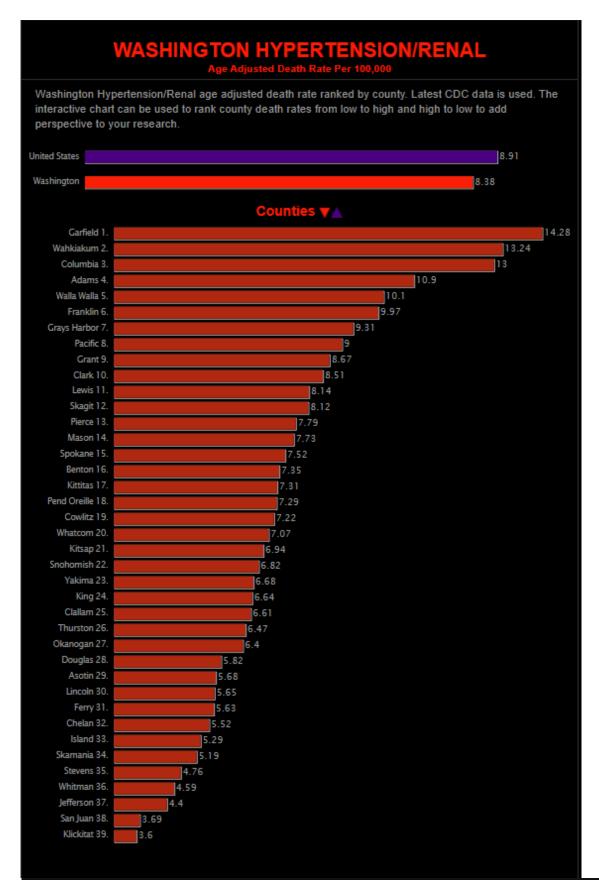


Primary data sources: WHO, World Bank, UNESCO, CIA and individual country databases for global health and causes of death Use of the CDC, NIH and individual state and county databases for verification and supplementation for USA data. CDC: 1999-2018 Final Data Released February 2020. Some Counties may be Suppressed.





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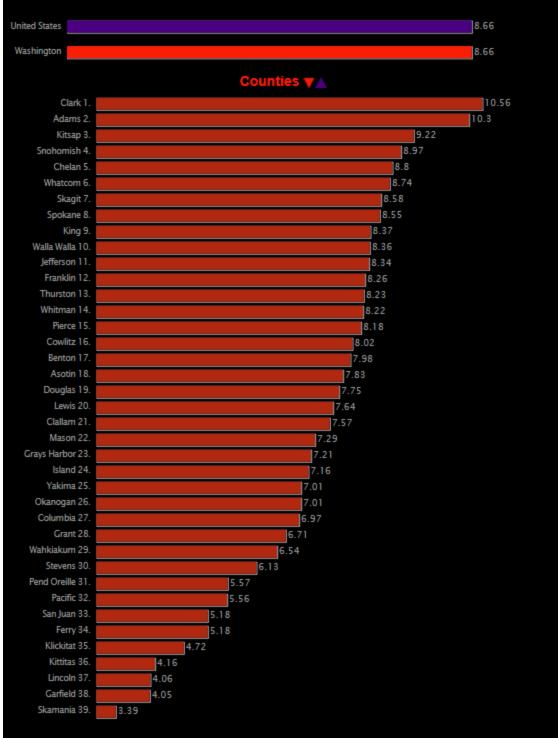




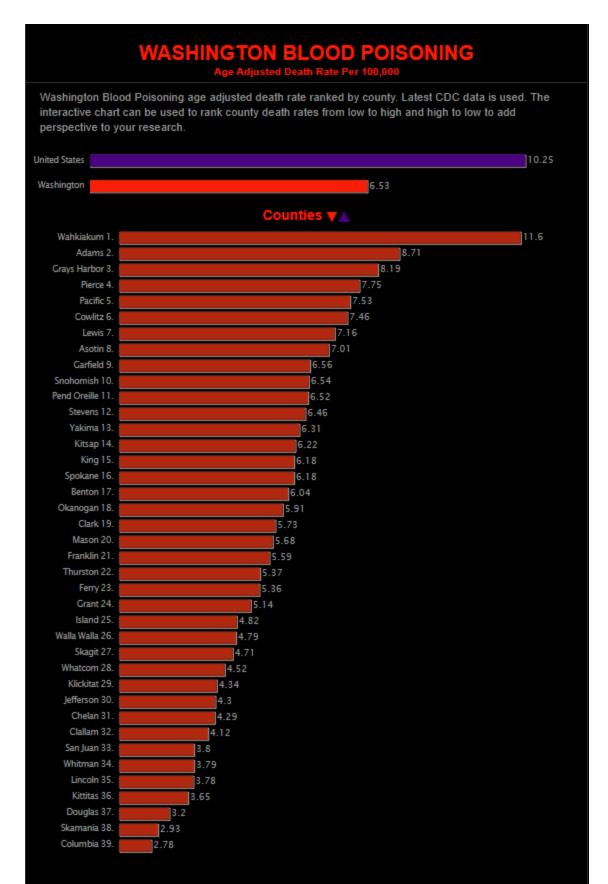
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## WASHINGTON PARKINSON'S DISEASE Age Adjusted Death Rate Per 100,000

Washington Parkinson's Disease age adjusted death rate ranked by county. Latest CDC data is used. The interactive chart can be used to rank county death rates from low to high and high to low to add perspective to your research.









Primary data sources: WHO, World Bank, UNESCO, CIA and individual country databases for global health and causes of deatl Use of the CDC, NIH and individual state and county databases for verification and supplementation for USA data.

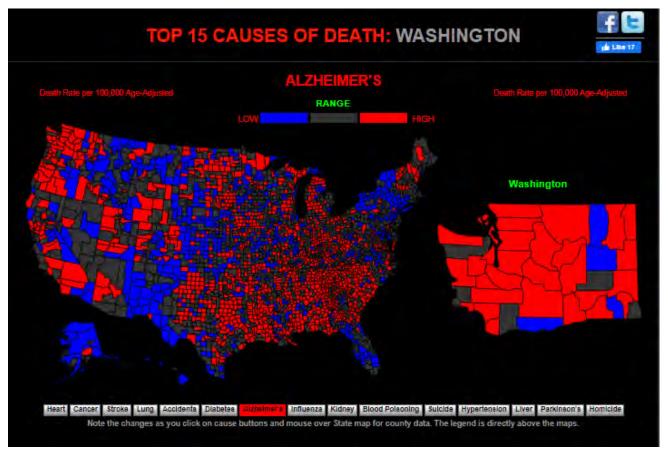
CDC: 1999-2018 Final Data Released February 2020. Some Counties may be Suppressed

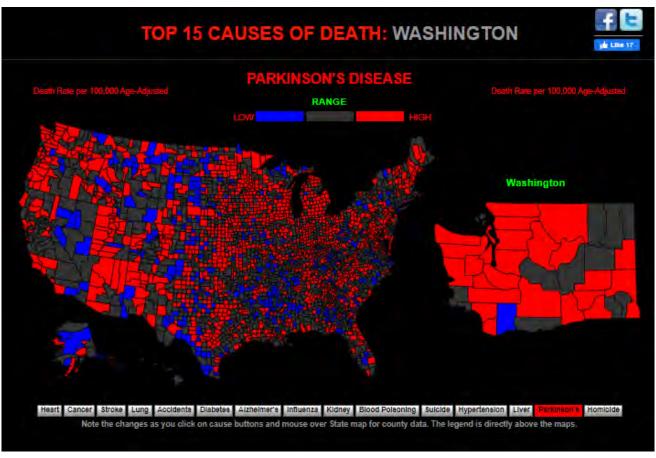
#### WASHINGTON NEPHRITIS/KIDNEY DISEASE Age Adjusted Death Rate Per 100,000 Washington Nephritis/Kidney Disease age adjusted death rate ranked by county. Latest CDC data is used. The interactive chart can be used to rank county death rates from low to high and high to low to add perspective to your research. United States 12.92 Washington 4.82 Garfield 1. 11.56 9.56 Pend Oreille 2 Yakima 3. 8.5 Lewis 4. Adams 5. 7.53 Benton 6. 7.52 Pacific 7 Grays Harbor 8. Klickitat 9. Mason 10. Skamania 11. Cowlitz 12. 7.09 6.88 Asotin 13. Grant 14. 6.88 Ferry 15. 6.79 Okanogan 16. 6.72 6.47 Pierce 17. Spokane 18. 6.35 Clark 19. 6.34 6.28 King 20. Whitman 21. 6.2 Kitsap 22. 6.16 Snohomish 23. 6.15 Franklin 24. 5.95 Thurston 25. 5.92 Stevens 26. Lincoln 27. 5.61 Walla Walla 28. 5.48 Skagit 29. 5.28 Kittitas 30. 5.14 Columbia 31. 4.85 4.57 Chelan 32. 4.55 Clallam 33. Douglas 34. Island 35. 4.28 Jefferson 36. 4.09 Wahkiakum 37. Whatcom 38. 3.57 San Juan 39.



Primary data sources: WHO, World Bank, UNESCO, CIA and individual country databases for global health and causes of deatl Use of the CDC, NIH and individual state and county databases for verification and supplementation for USA data.

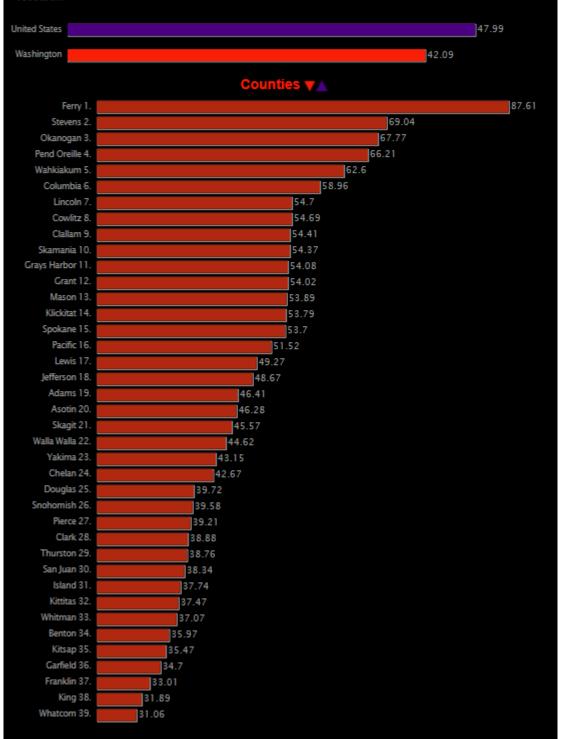
CDC: 1999-2018 Final Data Released February 2020. Some Counties may be Suppressed.



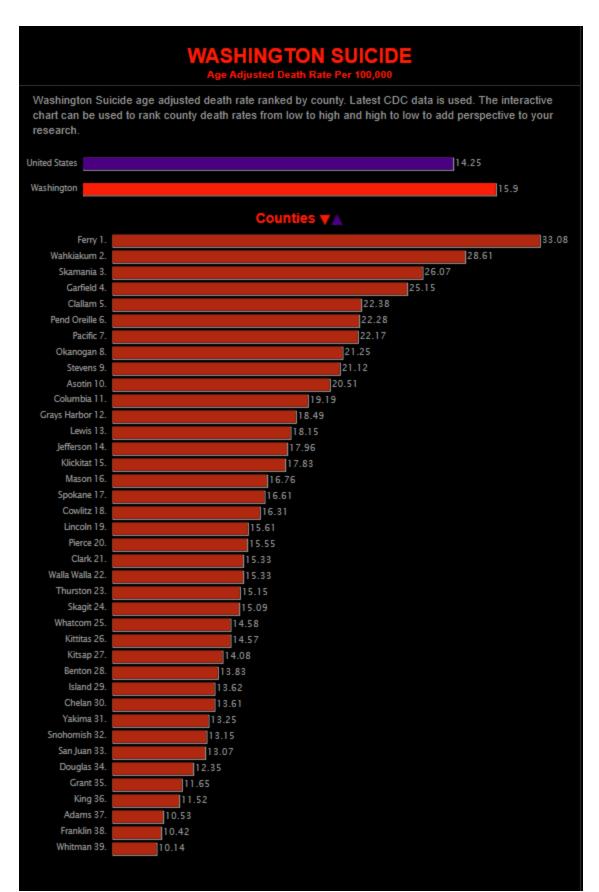


## WASHINGTON ACCIDENTS Age Adjusted Death Rate Per 100,000

Washington Accidents age adjusted death rate ranked by county. Latest CDC data is used. The interactive chart can be used to rank county death rates from low to high and high to low to add perspective to your research.







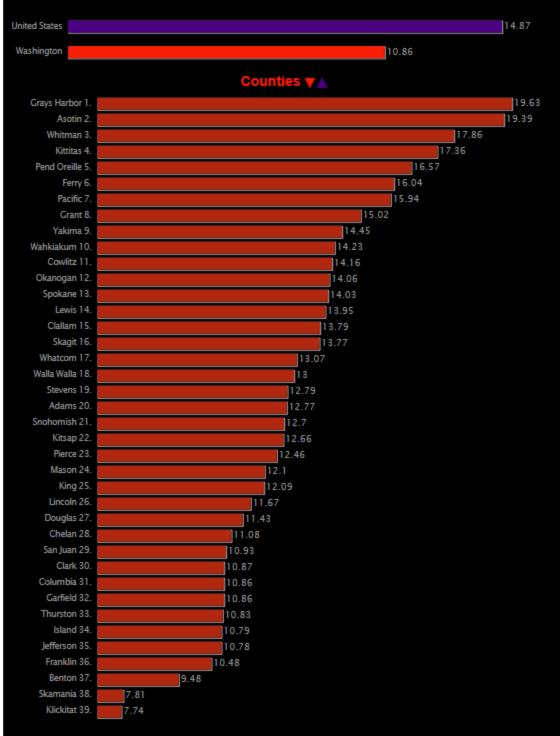


Primary data sources: WHO, World Bank, UNESCO, CIA and individual country databases for global health and causes of death Use of the CDC, NIH and individual state and county databases for verification and supplementation for USA data.

## **WASHINGTON INFLUENZA AND PNEUMONIA**

Age Adjusted Death Rate Per 100,000

Washington Influenza and Pneumonia age adjusted death rate ranked by county. Latest CDC data is used. The interactive chart can be used to rank county death rates from low to high and high to low to add perspective to your research.

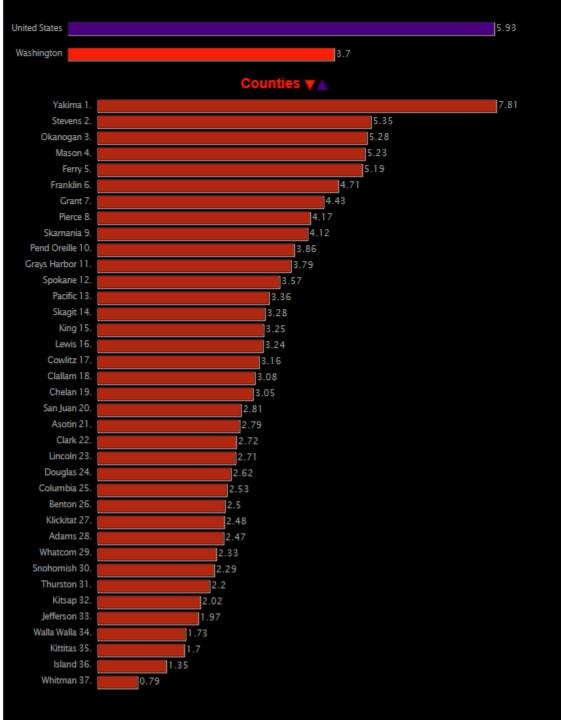




Primary data sources: WHO, World Bank, UNESCO, CIA and individual country databases for global health and causes of deat Use of the CDC, NIH and individual state and county databases for verification and supplementation for USA data.

## WASHINGTON HOMICIDE Age Adjusted Death Rate Per 100,000

Washington Homicide age adjusted death rate ranked by county. Latest CDC data is used. The interactive chart can be used to rank county death rates from low to high and high to low to add perspective to your research.





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KANNING	Rnk	Deaths	Rnk	Deaths	Rnk	Deathro	Rnk	Deaths	Rnk	Deaths	Rmk	Deaths	Rak	Deaths	Rmk	Deaths	Rmk	Death
CORONARY HEART DISEASE	1	6,754	7	0	10	0	12	13	5	75		263	1	897	1	1,456	1	4,090
ALZHEIMERS	2	3,750	8	0	11	0	21	0	33	0	44	0	36	32	15	207	2	3,51
STROKE	S	2,885	9	0	12	0	14	12	11	28	8	90	8	214	5	456	3	2,088
LUNG DISEASE	4	2,865	10	0	13	0	22	0	34	Q	17	41	3	361	3	756	4	1,707
LUNG CANCERS	5	2,767	11	0	14	0	23	0	22	12	9	88	2	542	2	873	6	1,25
HYPERTENSION	6	2,021	12	0	15	0	24	0	17	19	13	60	12	191	7	311	5	1,440
DIABETES MELLITUS	7	1,777	13	0	16	0	11	14	7	45	5	110	5	297	4	478	7	833
SUICIDE	8	1,252	6	17	1	180	2	189	2	181	4	205	7	224	17	144	29	112
ENDOCRINE DISORDERS	9	1,083	14	0	17	0	6	31	14	25	12	69	14	160	12	226	11	572
POISONINGS	10	1,073	15	0	3	93	1	234	1	204	2	231	6	235	33	63	44	13
FALLS	11	1,032	16	0	18	0	16	10	23	- 11	27	20	23	71	19	142	8	778
COLON-RECTUM CANCERS	12	1,018	17	0	19	0	25	0	13	27	7	94	10	198	8	254	13	445
LIVER DISEASE	13	980	18	0	20	0	8	25	3	85	3	213	4	327	11	227	28	113
PANCREAS CANCER	14	978	19	0	21	D.	26	0	27	10	14	54	11	195	6	315	14	404
INFLUENZA & PNEUMONIA	15	918	20	0	22	0	27	0	16	21	24	28	18	98	16	164	9	607
BREAST CANCER	16	918	21	0	23	0	17	10	8	41	10	85	9	202	10	237	16	343
LYMPHOMAS	17	759	22	0	24	0	28	0	24	11	21	31	17	98	13	225	15	394
PROSTATE CANCER	18	748	23	0	25	0	29	0	35	0	34	13	29	50	14	207	12	478
PARKINSON'S DISEASE	19	711	24	0	26	0	30	0	36	0	45	0	48	10	24	100	10	601
INFLAMMATORY/HEART	20	695	25	0	27	0	7	27	9	37	11	85	15	108	22	111	17	327
ROAD TRAFFIC ACCIDENTS	21	681	5	19	2	105	3	135	4	80	6	99	16	104	31	72	36	67
LIVER CANCER	22	666	26	0	28	0.	31	0	18	13	19	33	13	166	9	242	22	212
OTHER INJURIES	23	591	3	22	5	19	5	39	10	30	15	47	19	88	21	114	20	232
LEUNEMIA	24	481	27	0	29	0.	32	0	25	11	33	14	26	52	20	137	19	267
KIDNEY DISEASE	25	452	28	0	30	0	33	0	37	0	22	31	28	51	25	92	18	278
DESOPHAGUS CANCER	_	385		0	-		-		-	a	-		20	_		144		_
The state of the s	26	354	30		31	0	34	0	38		29	19	_	86	18		26	138
BLADDER CANCER	27	353		0	32		35	0	39	0	39	11	27	52	27	79	23	141
OVARY CANCER	28	1000	31	0	33	0	36	0	40	0	18	34	22	73	23	105	25	
OTHER NEOPLASMS	29	323	32	0	34	0	37	0	41	0	46	0	34	36	32	67	21	220
SKIN CANCERS	30	282	33	0	35	0	38	0	19	13	28	19	32	42	28	78	27	130
ORAL CANCER	31	270	34	0	36	0	39	0	42	0	30	18	21	76	26	82	31	94
HOMICIDE	32	243	35	0	4	58	4	73	8	45	20	32	38	25	52	Q.	46	10
STOMACH CANCER	33	227	36	0	37	0	40	0	28	10	25	28	30	47	34	55	33	87
ALCOHOL	34	226	37	0	38	0.	41	0	15	22	16	41	24	63	30	73	39	27
UTERIN CANCER	35	199	38	0	39	0	42	0	43	0	47	0	31	44	29	76	34	79
CONGENITAL ANOMALIES	36	195		90	7	0	10	14	29	Q	31	17	33	42	41	20	45	12
MALNUTRITION	37	184	39	0	40	0	43	0	44	0	48	0	49	10	39	26	24	148
DIARRHOEAL DISEASES	38	145	40	0	41	D.	44	0	45	Q	49	a	43	20	38	27	30	102
SKIN DISEASE	39	140	41	0	42	0	45	0	46	a	36	12	40	22	37	34	35	72
RHEUMATIC/HEART	40.	130	42	0	43	0.	46	0	47	Q	50	a	46	13	40	25	32	92
HEPATITIS C	41	108	43	0	44	0	47	0	48	0	35	13	25	57	36	38	47	0
MULTIPLE SCLEROSIS	42	107	44	0	45	D.	48	0	49	Q	51	Q	42	21	35	47	38	39
DRUG USE	43	103	45	0	46	0	13	13	12	27	23	29	35	34	51	0	54	0
PEPTIC ULCER DISEASE	44	101	46	0	47	0	49	0	50	Q	52	a	37	28	42	20	37	53
DROWNINGS	45	78	47	0	6	11	9	16	20	12	37	11	47	12	44	16	49	a
CERVICAL CANCER	46	73	48	0	48	D.	18	10	21	12	32	14	39	23	47	14	51	q
ASTHMA	47	65	49	0	49	0	15	11	30		41	0	45	15	48	12	41	27
LOW BIRTH WEIGHT	48	63	2	63	8	Ο.	19	0	31	Q	42	Q.	52	0	53	0	55	a
HIV/AIDS	49	GI	50	0	50	0	60	0	61		26	25	41	21	46	15	50	0
EPILEPSY	50	57	51	9	51	0	51	0	26	-11	38	11	44	15	43	20	48	a
UNITED STATES		Anes		-14	1	- 24	3	1-34	3	5 - AA		-54	5	- F4	F	-74		75 ±
		78E 800	97	0.404		8,380		R 242	40	2 DDE	10	1 202	40	1 480	27	2 202		80.244
MALE POPULATION		765,680 769,911		9,484 2,935		9,932	_	6,243 7,114	_	3,095 9,774		4,392 9,139	_	9,403	_	2,307 8,501	_	80,311 95,113



Primary data sources: WHO, World Bank, UNESCO, CIA and individual country databases for global health and causes of death Use of the CDC, NIH and individual state and county databases for verification and supplementation for USA data. CDC: 1999-2018 Final Data Released February 2020. Some Counties may be Suppressed.

Mortality Table A9. Age Group by County of Residence, 2015

													85 and	Age
County	Total	< 1	1-4	5-14	15-19	20-24	25-34	35-44	45-54	55-64	65-74	75-84	Over	Unk
State Total	54,514	431	79	107	194	352	967	1,310	3,241	7,065	10,026	12,384	18,357	1
Adams	137	0	2	1	3	2	3	5	6	13	28	28	46	0
Asotin	274	3	0	0	0	1	5	3	17	30	53	68	94	0
Benton	1,475	15	3	6	6	10	21	28	93	171	266	339	517	0
Chelan	695	3	0	2	2	6	9	10	37	75	108	164	279	0
Clallam	957	9	1	2	4	3	15	17	41	105	173	245	342	0
Clark	3,434	24	3	6	13	18	62	77	193	447	689	786	1,116	0
Columbia	62	0	0	0	0	0	0	1	6	6	20	12	17	0
Cowlitz	1,144	8	1	1	3	2	14	21	76	141	252	254	371	0
Douglas	312	1	1	1	1	3	8	6	22	36	62	78	93	0
Ferry	77	0	0	0	1	2	2	1	3	14	15	18	21	0
Franklin	368	5	3	2	4	5	6	12	19	49	58	86	119	0
Garfield	32	0	0	0	0	0	0	0	0	3	12	7	10	0
Grant	685	5	2	4	4	6	7	23	41	95	146	161	191	0
Grays Harbor	793	5	0	2	2	3	20	14	54	133	180	182	198	0
Island	762	7	0	0	2	4	10	13	30	94	141	196	265	0
Jefferson	380	1	0	0	2	2	3	5	13	38	84	101	131	0
King	12,705	93	17	24	37	86	226	345	774	1,615	2,064	2,634	4,790	0
Kitsap	2,147	18	3	4	7	10	37	52	98	290	398	505	725	0
Kittitas	305	2	0	1	1	4	3	8	20	42	60	69	95	0
Klickitat	152	0	0	0	0	0	2	2	10	15	37	44	42	0
Lewis	903	14	2	2	2	4	10	20	40	134	157	234	284	0
Lincoln	98	1	0	0	0	0	1	1	1	16	25	25	28	0
Mason	683	4	3	2	0	5	11	13	41	102	151	185	166	0
Okanogan	468	1	0	0	0	2	9	10	36	64	89	126	130	1
Pacific	329	3	1	0	0	0	3	2	17	42	75	92	94	0
Pend Oreille	142	0	0	0	0	0	1	8	5	27	39	33	29	0
Pierce	6,442	62	5	18	29	41	143	188	410	936	1,262	1,484	1,864	0
San Juan	150	1	0	0	0	0	2	2	7	17	22	37	62	0
Skagit	1,188	8	1	0	3	8	19	17	69	138	205	279	441	0
Skamania	87	0	0	0	1	2	0	2	7	21	23	14	17	0
Snohomish	5,311	40	7	7	25	39	101	147	382	675	977	1,222	1,689	0
Spokane	4,591	36	6	10	17	31	88	117	276	607	815	1,047	1,541	0
Stevens	486	2	1	1	1	5	10	3	22	77	112	123	129	0
Thurston	2,232	19	1	2	7	10	32	53	127	294	416	500	771	0
Wahkiakum	44	0	0	1	0	0	1	1	1	0	16	11	13	0
Walla Walla	590	6	2	1	0	3	8	6	35	52	96	118	263	0
Whatcom	1,633	14	5	1	7	9	22	28	88	183	294	380	602	0
Whitman	297	5	3	0	1	3	8	3	11	34	49	57	123	0
Yakima	1,944	16	6	6	9	23	45	46	113	234	357	440	649	0

Source: Center for Health Statistics, Washington State Department of Health, 07/2016.

Mortality Table C3. Leading Causes by Age Group and Sex for Residents, 2015

		Tatal			Mala			Famala	
Age Group with Causes and ICD-10 Codes	Ne	Total Rate <sup>1</sup>	Pct <sup>2</sup>	Na	Male Rate <sup>1</sup>	Pct <sup>2</sup>	No	Female Rate <sup>1</sup>	Pct <sup>2</sup>
All Ages	No.	Rate	PCI	No.	Rate	FCL	No.	Kale	PCI
All Causes	54,514	772.0	100.0	27,749	787.9	100.0	26,752	755.8	100.0
Malignant Neoplasms (C00-C97)	12,658	179.3	23.2	6,652	188.9	24.0	6,006	169.7	22.5
Diseases of the Heart (I00-I09,I11,I13,I20-I51)	10,987	155.6	20.2	5,988	170.0	21.6	4,999	141.2	18.7
Alzheimer's Disease (G30)	3,489	49.4	6.4	1,120	31.8	4.0	2,369	66.9	8.9
Unintentional Injury (Accident) (V01-X59,Y85-Y86)	3,188	45.1	5.8	1,905	54.1	6.9	1,283	36.2	4.8
Chronic Lower Respiratory Diseases (J40-J47)	3,151	44.6	5.8	1,511	42.9	5.4	1,640	46.3	6.1
Cerebrovascular Diseases (I60-I69)	2,693	38.1	4.9	1,125	31.9	4.1	1,568	44.3	5.9
Diabetes Mellitus (E10-E14)	1,805	25.6	3.3	1,005	28.5	3.6	800	22.6	3.0
Intentional Self-Harm (Suicide)(X60-X84,Y87.0)	1,136	16.1	2.1	824	23.4	3.0	312	8.8	1.2
Chronic Liver Disease & Cirrhosis (K70,K73-K74) Influenza and Pneumonia (J10-J18)	1,021 851	14.5 12.1	1.9 1.6	646 380	18.3 10.8	2.3 1.4	375 471	10.6 13.3	1.4 1.8
All Other Causes	13,535	191.7	24.8	6,593	187.2	23.8	6,929	195.8	25.9
Under 1	10,000	151.7	24.0	0,000	107.2	20.0	0,323	133.0	20.0
All Causes	431	484.3	100.0	222	484.2	100.0	209	484.4	100.0
Congenital Malformations (Q00-Q99)	109	122.5	25.3	53	115.6	23.9	56	129.8	26.8
Sudden Infant Death Syndrome (R95)	55	61.8	12.8	33	72.0	14.9	22	51.0	10.5
Short Gestation & Low Birth Weight (P07)	54	60.7	12.5	30	65.4	13.5	24	55.6	11.5
Complic. of Placenta, Cord & Membranes (P02)	33	37.1	7.7	12	26.2	5.4	21	48.7	10.0
Maternal Complications of Pregnancy (P01)	29	32.6	6.7	13	28.4	5.9	16	37.1	7.7
All Other Causes	151	169.7	35.0	81	176.7	36.5	70	162.2	33.5
1-4									
All Causes	79	22.5	100.0	45	25.1	100.0	34	19.8	100.0
Unintentional Injury (Accident) (V01-X59,Y85-Y86)	23	6.5	29.1	11	6.1	24.4	12	7.0	35.3
Malignant Neoplasms (C00-C97)	14	4.0	17.7	8	4.5	17.8	6	3.5	17.6
Assault (Homicide) (X85-Y09,Y87.1)	9	2.6	11.4	6	3.3	13.3	3	•	8.8
Congenital Anomalies (Q00-Q99)	4	•	5.1	1	•	2.2	3	•	8.8
Cerebrovascular Diseases (I60-I69) All Other Causes	2 27	7.7	2.5 34.2	2 17	9.5	4.4 37.8	•	•	•
5-14	21	1.1	34.2	17	9.5	31.0			
All Causes	107	12.0	100.0	57	12.5	100.0	50	11.5	100.0
Unintentional Injury (Accident) (V01-X59,Y85-Y86)	25	2.8	23.4	14	3.1	24.6	11	2.5	22.0
Malignant Neoplasms (C00-C97)	21	2.3	19.6	9	2.0	15.8	12	2.7	24.0
Intentional Self-Harm (Suicide)(X60-X84,Y87.0)	17	1.9	15.9	8	1.7	14.0	9	2.1	18.0
Congenital Anomalies (Q00-Q99)	5	0.6	4.7	3		5.3	2		4.0
Diseases of the Heart (I00-I09,I11,I13,I20-I51)	5	0.6	4.7	3		5.3	2		4.0
All Other Causes	34	3.8	31.8	20	4.4	35.1	14	3.2	28.0
15 - 19									
All Causes	194	43.3	100.0	142	61.8	100.0	52	23.8	100.0
Unintentional Injury (Accident) (V01-X59,Y85-Y86)	67	14.9	34.5	52	22.6	36.6	15	6.9	28.8
Intentional Self-Harm (Suicide)(X60-X84,Y87.0)	64	14.3	33.0	52	22.6	36.6	12	5.5	23.1
Assault (Homicide) (X85-Y09,Y87.1)	27	6.0	13.9	21	9.1	14.8	6	2.7	11.5
Malignant Neoplasms (C00-C97) Diseases of the Heart (I00-I09,I11,I13,I20-I51)	13 6	2.9 1.3	6.7 3.1	7	3.0	4.9 2.1	6 3	2.7	11.5
All Other Causes	17	3.8	8.8	3 7	3.0	4.9	10	4.6	5.8 19.2
20 - 24	17	3.0	0.0		5.0	4.5	10	4.0	13.2
All Causes	352	73.2	100.0	264	107.0	100.0	88	37.6	100.0
Unintentional Injury (Accident) (V01-X59,Y85-Y86)	152	31.6	43.2	113	45.8	42.8	39	16.6	44.3
Intentional Self-Harm (Suicide)(X60-X84,Y87.0)	80	16.6	22.7	67	27.1	25.4	13	5.5	14.8
Assault (Homicide) (X85-Y09,Y87.1)	34	7.1	9.7	28	11.3	10.6	6	2.6	6.8
Malignant Neoplasms (C00-C97)	19	3.9	5.4	13	5.3	4.9	6	2.6	6.8
Diseases of the Heart (I00-I09,I11,I13,I20-I51)	11	2.3	3.1	8	3.2	3.0	3	•	3.4
All Other Causes	56	11.6	15.9	35	14.2	13.3	21	9.0	23.9
25 - 34									
All Causes	967	98.9	100.0	662	132.3	100.0	305	63.9	100.0
Unintentional Injury (Accident) (V01-X59,Y85-Y86)	360	36.8	37.2	261	52.2	39.4	99	20.7	32.5
Intentional Self-Harm (Suicide)(X60-X84,Y87.0)	178	18.2	18.4	135	27.0	20.4	43	9.0	14.1
Malignant Neoplasms (C00-C97)	76	7.8	7.9	37	7.4	5.6	39	8.2	12.8
Diseases of the Heart (100-109,111,113,120-151)	60	6.1	6.2	44	8.8	6.6	16	3.4	5.2
Assault (Homicide) (X85-Y09,Y87.1)	47	4.8	4.9	34	6.8	5.1	13	2.7	4.3
All Other Causes	246	25.2	25.4	151	30.2	22.8	95	19.9	31.1

Mortality Table C3. Leading Causes by Age Group and Sex for Residents, 2015

		Total			Male			Female	
Age Group with Causes and ICD-10 Codes	No.	Rate <sup>1</sup>	Pct <sup>2</sup>	No.	Rate <sup>1</sup>	Pct <sup>2</sup>	No.	Rate <sup>1</sup>	Pct <sup>2</sup>
35 - 44									
All Causes	1,310	143.4	100.0	835	180.7	100.0	474	105.0	100.0
Unintentional Injury (Accident) (V01-X59,Y85-Y86)	323	35.4	24.7	226	48.9	27.1	97	21.5	20.5
Intentional Self-Harm (Suicide)(X60-X84,Y87.0)	180	19.7	13.7	132	28.6	15.8	48	10.6	10.1
Malignant Neoplasms (C00-C97)	180	19.7	13.7	80	17.3	9.6	100	22.1	21.1
Diseases of the Heart (I00-I09,I11,I13,I20-I51)	136	14.9	10.4	99	21.4	11.9	37	8.2	7.8
Chronic Liver Disease & Cirrhosis (K70,K73-K74)	78	8.5	6.0	48	10.4	5.7	30	6.6	6.3
All Other Causes	413	45.2	31.5	250	54.1	29.9	162	35.9	34.2
45 - 54									
All Causes	3,241	341.1	100.0	1,953	409.9	100.0	1,288	271.9	100.0
Malignant Neoplasms (C00-C97)	828	87.1	25.5	370	77.7	18.9	458	96.7	35.6
Diseases of the Heart (I00-I09,I11,I13,I20-I51)	498	52.4	15.4	377	79.1	19.3	121	25.5	9.4
Unintentional Injury (Accident) (V01-X59,Y85-Y86)	451	47.5	13.9	294	61.7	15.1	157	33.1	12.2
Chronic Liver Disease & Cirrhosis (K70,K73-K74)	260	27.4	8.0	155	32.5	7.9	105	22.2	8.2
Intentional Self-Harm (Suicide)(X60-X84,Y87.0)	223	23.5	6.9	148	31.1	7.6	75	15.8	5.8
All Other Causes	981	103.2	30.3	609	127.8	31.2	372	78.5	28.9
55 - 64									
All Causes	7,065	760.6	100.0	4,244	934.8	100.0	2,818	593.4	100.0
Malignant Neoplasms (C00-C97)	2,438	262.5	34.5	1,355	298.5	31.9	1,083	228.0	38.4
Diseases of the Heart (I00-I09,I11,I13,I20-I51)	1,256	135.2	17.8	905	199.3	21.3	351	73.9	12.5
Unintentional Injury (Accident) (V01-X59,Y85-Y86)	437	47.0	6.2	287	63.2	6.8	150	31.6	5.3
Chronic Lower Respiratory Diseases (J40-J47)	353	38.0	5.0	174	38.3	4.1	179	37.7	6.4
Chronic Liver Disease & Cirrhosis (K70,K73-K74)	345	37.1	4.9	223	49.1	5.3	122	25.7	4.3
All Other Causes	2,236	240.7	31.6	1,300	286.3	30.6	933	196.5	33.1
65 - 74									
All Causes	10,026	1,623.0	100.0	5,765	1,944.2	100.0	4,252	1,323.7	100.0
Malignant Neoplasms (C00-C97)	3,549	574.5	35.4	1,967	663.4	34.1	1,582	492.5	37.2
Diseases of the Heart (I00-I09,I11,I13,I20-I51)	1,799	291.2	17.9	1,155	389.5	20.0	644	200.5	15.1
Chronic Lower Respiratory Diseases (J40-J47)	826	133.7	8.2	432	145.7	7.5	394	122.7	9.3
Diabetes Mellitus (E10-E14)	472	76.4	4.7	285	96.1	4.9	187	58.2	4.4
Cerebrovascular Diseases (I60-I69)	394	63.8	3.9	214	72.2	3.7	180	56.0	4.2
All Other Causes	2,986	483.4	29.8	1,712	577.4	29.7	1,265	393.8	29.8
75-84									
All Causes	12,384	4,413.3	100.0	6,451	5,075.7	100.0	5,933	3,864.8	100.0
Malignant Neoplasms (C00-C97)	3,238	1,153.9	26.1	1,744	1,372.2	27.0	1,494	973.2	25.2
Diseases of the Heart (I00-I09,I11,I13,I20-I51)	2,519	897.7	20.3	1,426	1,122.0	22.1	1,093	712.0	18.4
Chronic Lower Respiratory Diseases (J40-J47)	981	349.6	7.9	467	367.4	7.2	514	334.8	8.7
Alzheimer's Disease (G30)	826	294.4	6.7	343	269.9	5.3	483	314.6	8.1
Cerebrovascular Diseases (I60-I69)	692	246.6	5.6	322	253.4	5.0	370	241.0	6.2
All Other Causes	4,128	1,471.1	33.3	2,149	1,690.9	33.3	1,979	1,289.2	33.4
85 and Over									
All Causes	18,357	14,195.0	100.0	7,108	15,288.0	100.0	11,249	13,582.0	100.0
Diseases of the Heart (I00-I09,I11,I13,I20-I51)	4,690	3,626.8	25.5	1,963	4,222.1	27.6	2,727	3,292.6	24.2
Alzheimer's Disease (G30)	2,467	1,907.7	13.4	687	1,477.6	9.7	1,780	2,149.2	15.8
Malignant Neoplasms (C00-C97)	2,281	1,763.9	12.4	1,061	2,282.1	14.9	1,220	1,473.0	10.8
Cerebrovascular Diseases (I60-I69)	1,275	986.0	6.9	399	858.2	5.6	876	1,057.7	7.8
Chronic Lower Respiratory Diseases (J40-J47)	907	701.4	4.9	395	849.6	5.6	512	618.2	4.6
All Other Causes	6,737	5,209.7	36.7	2,603	5,598.7	36.6	4,134	4,991.4	36.7

<sup>&</sup>lt;sup>1</sup> Rate per 100,000 population in each age-sex group.

Source: Center for Health Statistics, Washington State Department of Health, 10/2016.

 $<sup>^{\</sup>rm 2}$  Percent of total deaths in each age-sex group. Percents may not add to 100% due to rounding.

<sup>\*</sup> Rate not calculated because number of deaths was less than 5.

<sup>&</sup>lt;sup>T</sup>otal includes 1 death for which sex is unknown.

### **EXHIBIT 9**

# Washington State HIV Surveillance Report 2020 Edition

### **WASHINGTON STATE HIV SURVEILLANCE REPORT** 2020 EDITION



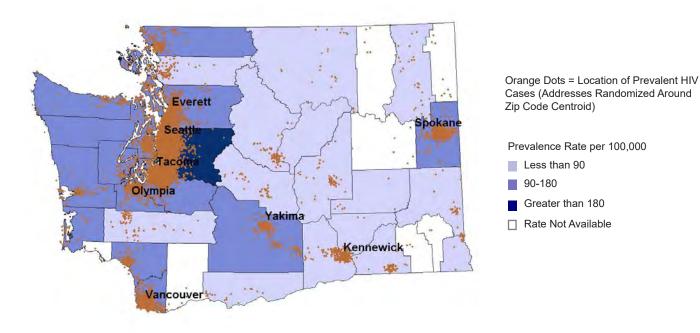
Office of Infectious Disease Assessment Unit (360) 236-3455 www.doh.wa.gov/HIVAIDSData

### What's in this report? HIV in Washington: An Overview.....1 **Statistics** New HIV and AIDS Cases.....2 Prevalent HIV Cases.....8 Native American/Alaska Native Spotlight.....11 Mortality......12 HIV Care Continua......13 Coronavirus Disease 2019 and HIV Co-infection........15 Acknowledgements and Contact Information......18 HIV Reporting Requirements......18

#### **HIV IN WASHINGTON: AN OVERVIEW**

- In Washington, the first case of HIV was diagnosed in 1981.
- The number of new HIV cases in Washington (n=410 in 2019) has remained stable in recent years.
- By the end of 2019, over 14,000 people were estimated to be living with HIV across Washington State, of who approximately 91% have been diagnosed.
- Roughly three out of four living cases of HIV in Washington appear to be receiving optimal HIV medical care.





#### STATISTICS: NEW HIV CASES

Table 1. New HIV and AIDS Cases, Including Late HIV Diagnoses and Linkage to Care, by Demographic and Risk Characteristics, WA State, 2019

							Late F	IIV	Initial Lini	kage to
	New	AIDS Case	es.	Nev	v HIV Case:	S	Diagno	ses <sup>a</sup>	HIV Ca	are <sup>b</sup>
	no.	column %	rate	no.	column %	rate	no.	row %	no.	row %
Total	184	100%	2.4	410	100%	5.4	100	24%	338	82%
Gender										
Female	152	83%	4.0	63	15%	1.7	16	25%	54	86%
Male	32	17%	0.8	339	83%	9.0	83	24%	279	82%
Transgender female	0	0%	n/a	7	2%	n/a				
Transgender male	0	0%	n/a	1	0%	n/a				
Age at HIV Diagnosis										
< 13	0	0%	0.0	0	0%	0.0				
13-24	7	4%	0.6 <sup>NR</sup>	62	15%	5.4	7	11%	43	69%
25-34	51	28%	4.8	167	41%	15.7	33	20%	143	86%
35-44	44	24%	4.5	75	18%	7.6	20	27%	61	81%
45-54	41	22%	4.4	64	16%	6.9	19	30%	54	84%
55-64	31	17%	3.2	31	8%	3.2	16	52%	27	87%
65+	10	5%	0.8 <sup>NR</sup>	11	3%	0.9 <sup>NR</sup>	5	45%	10	91%
Race/ethnicity										
AI/AN <sup>c</sup>	1	0%	1.1 <sup>NR</sup>	3	1%	$3.2^{NR}$				
Asian	10	4%	1.5 <sup>NR</sup>	19	5%	2.8	9	47%	17	89%
Black	42	28%	14.4	71	17%	24.4	20	28%	59	83%
Foreign-born <sup>d,e</sup>	22	16%	31.8	30	7%	43.4	11	37%	25	83%
U.Sborn <sup>d,e</sup>	19	12%	8.4	33	8%	14.6	8	24%	27	82%
Hispanic	36	18%	3.6	97	24%	9.8	22	23%	72	74%
Foreign-born <sup>d,e</sup>	22	10%	7.1	50	12%	16.1	17	34%	39	78%
U.Sborn <sup>d,e</sup>	9	4%	1.3 <sup>NR</sup>	28	7%	4.1	2	7%	22	79%
NHOPI	3	2%	5.6 <sup>NR</sup>	3	1%	5.6 <sup>NR</sup>				
White	81	42%	1.6	201	49%	3.9	45	22%	171	85%
Multiple	11	6%	3.3 <sup>NR</sup>	16	4%	4.9 <sup>NR</sup>	3	19%	15	94%
Mode of Exposure										
MSM <sup>f</sup>	88	48%	n/a	242	59%	n/a	50	21%	200	83%
IDU	19	10%	n/a	42	10%	n/a	11	26%	33	79%
MSM/IDU	15	8%	n/a	22	5%	n/a	3	14%	17	77%
Heterosexual	27	15%	n/a	38	9%	n/a	12	32%	35	92%
Blood/pediatric	3	2%	n/a	2	0%	n/a				
NIR	33	18%	n/a	64	16%	n/a	22	34%	51	80%

Table based on HIV surveillance data reported to the WA State Department of Health as of June 30, 2020

 $<sup>\</sup>ensuremath{\text{n/a}}$  Rate cannot be calculated due to no available population estimate

<sup>--</sup> Due to the small number of HIV cases the count and percentage based on the count is not shown

 $<sup>^{</sup>m NR}$  Not reliable, RSE  $\geq$ 25

<sup>&</sup>lt;sup>a</sup> Late HIV diagnoses = AIDS diagnoses within 12 months of HIV diagnoses

<sup>&</sup>lt;sup>b</sup> Initial linkage to care = at least one CD4 or viral load result within 30 days of HIV diagnoses

<sup>&</sup>lt;sup>c</sup> AI/AN = American Indian or Alaska Native, NHOPI = Native Hawaiian or Other Pacific Islander

<sup>&</sup>lt;sup>d</sup> Country of origin data are missing for approximately 11% and 20% of newly diagnosed cases among Black and Hispanics, respectively

<sup>&</sup>lt;sup>e</sup> Population estimate for 2019 was extrapolated using previous estimates from years 2010-2018

 $<sup>^{\</sup>rm f}$  MSM = men having sex with men, IDU = injection drug use, NIR = no identified risk

Table 2. New HIV Cases, including Late HIV Diagnoses and Linkage to Care, by County and Health District (HD) of Residence at HIV Diagnosis, WA State, 2019

County or Health District or					<b>5</b> . a		b
Residence		w HIV Cases	_		Diagnoses <sup>a</sup>	Initial Linkage to	
A dama Ca	no.	column %	rate 9.9 <sup>NR</sup>	no.	row %	no.	row %
Adams Co. Asotin Co.	2	0%					
	_	0%	0.0				770/
Benton Co.	13	3%	6.4 <sup>NR</sup>			10	77%
Benton-Franklin HD	18	4%	6.1	2	11%	12	77%
Chelan Co.	2	0%	2.6 <sup>NR</sup>				
Chelan-Douglas HD	4	1%	3.3 <sup>NR</sup>				
Clallam Co.	2	0%	2.6 <sup>NR</sup>				700/
Clark Co.	29	7%	5.9	7	24%	21	72%
Columbia Co.	0	0%	0.0				
Cowlitz Co.	2	0%	1.8 <sup>NR</sup>				
Douglas Co.	2	0%	4.7 <sup>NR</sup>				
Ferry Co.	0	0%	0.0				
Franklin Co.	5	1%	5.3 <sup>NR</sup>				
Garfield Co.	0	0%	0.0				
Grant Co.	2	0%	2.0 <sup>NR</sup>				
Grays Harbor Co.	2	0%	2.7 <sup>NR</sup>				
Island Co.	5	1%	5.9 <sup>NR</sup>				
Jefferson Co.	0	0%	0.0				
King Co.	195	48%	8.8	41	21%	166	85%
Kitsap Co.	9	2%	3.3 <sup>NR</sup>				
Kittitas Co.	3	1%	6.4 <sup>NR</sup>				
Klickitat Co.	0	0%	0.0				
Lewis Co.	2	0%	$2.5^{NR}$				
Lincoln Co.	0	0%	0.0				
Mason Co.	6	1%	9.2 <sup>NR</sup>				
Ne Tri-County HD	1	0%	1.5 <sup>NR</sup>				
Okanogan Co.	0	0%	0.0				
Pacific Co.	0	0%	0.0				
Pend Oreille Co.	1	0%	7.3 <sup>NR</sup>				
Pierce Co.	52	13%	5.9	14	27%	39	75%
San Juan Co.	0	0%	0.0				
Skagit Co.	4	1%	3.1 <sup>NR</sup>				
Skamania Co.	0	0%	0.0				
Snohomish Co.	29	7%	3.5	9	31%	24	83%
Spokane Co.	26	6%	5.0	6	23%	26	100%
Stevens Co.	0	0%	0.0				
Thurston Co.	6	1%	$2.1^{NR}$				
Wahkiakum Co.	0	0%	0.0				
Walla Walla Co.	0	0%	0.0				
Whatcom Co.	4	1%	1.8 <sup>NR</sup>				
Whitman Co.	0	0%	0.0				
Yakima Co.	7	2%	2.7 <sup>NR</sup>				
Total	410	100%	5.4	100	24%	335	82%

Table based on HIV surveillance data reported to the WA State Department of Health as of June 30, 2020

n/a Rate cannot be calculated due to no available population estimate

<sup>--</sup> Due to the small number of HIV cases the count and percentage based on the count is not shown

<sup>&</sup>lt;sup>NR</sup> Not reliable, RSE ≥25

<sup>&</sup>lt;sup>a</sup> Late HIV diagnoses = AIDS diagnoses within 12 months of HIV diagnoses

<sup>&</sup>lt;sup>b</sup> Initial linkage to care = at least one CD4 or viral load result within 30 days of HIV diagnosis

Table 3. New HIV Case Counts over Time, by Demographic and Risk Characteristics, WA State, 2015-2019

	2015	2016	2017	2018	2019		2015-2	2019	
	no.	no.	no.	no.	no.	total no.	avg. no.	%	rate
Total									
	403	370	374	405	410	1962	392	100%	5.4
Gender									
Female	60	75	67	89	63	354	71	18%	1.9
Male	339	290	301	313	339	1582	316	81%	8.7
Transgender female	4	5	5	3	7	24	5	1%	n/a
Transgender male	0	0	1	0	1	2	0	0%	n/a
Age at HIV Diagnosis									
< 13	4	2	3	0	0	9	2	0%	0.2 <sup>NF</sup>
13-24	64	63	59	54	62	302	60	15%	5.4
25-34	150	116	144	141	167	718	144	37%	14.1
35-44	84	78	62	94	75	393	79	20%	8.3
45-54	67	63	63	67	64	324	65	17%	6.9
55-64	28	36	34	41	31	170	34	9%	3.6
65+	6	12	9	8	11	46	9	2%	0.8 <sup>NF</sup>
Race/ethnicity									
AI/AN <sup>a</sup>	4	9	5	3	3	24	5	1%	5.2 <sup>NF</sup>
Asian	25	27	24	16	19	111	22	6%	3.7
Black	71	65	72	85	71	364	73	19%	26.9
Foreign-born <sup>b,c</sup>	25	28	36	44	30	163	33	8%	52.6
U.Sborn <sup>b,c</sup>	40	32	31	34	33	170	34	9%	6.0
Hispanic	81	62	79	72	97	391	78	20%	8.4
Foreign-born <sup>b,c</sup>	44	31	38	30	50	193	39	10%	12.9
U.Sborn <sup>b,c</sup>	23	26	34	29	28	140	28	7%	4.4
NHOPI	3	4	3	5	3	18	4	1%	7.2 <sup>NF</sup>
White	207	184	178	203	201	973	195	50%	3.9
Multiple	12	19	13	21	16	81	16	4%	5.2 <sup>NF</sup>
Mode of Exposure									
MSM <sup>d</sup>	249	193	209	200	242	1093	219	56%	n/a
$IDU^d$	31	28	19	44	42	164	33	8%	n/a
MSM/IDU <sup>d</sup>	27	27	27	39	22	142	28	7%	n/a
Heterosexual	29	53	37	51	38	218	44	11%	n/a
Blood/pediatric	4	1	5	0	2	12	2	1%	n/a
$NIR^d$	53	68	77	71	64	333	67	17%	n/a

Table based on HIV surveillance data reported to the WA State Department of Health as of June, 30 2020

n/a Rate cannot be calculated due to no available population estimate

NR Not reliable, RSE ≥25

a AI/AN = American Indian or Alaska Native, NHOPI = Native Hawaiian or Other Pacific Islander

<sup>&</sup>lt;sup>b</sup> Country of origin data are missing for approximately 11% and 20% of newly diagnosed cases among Black and Hispanics, respectively

 $<sup>^{\</sup>rm c}$  Population estimate for 2019 was extrapolated using previous estimates from years 2010-2018

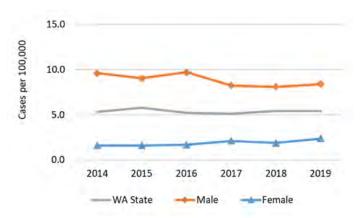
 $<sup>^{</sup>m d}$  MSM = men having sex with men, IDU = injection drug use, NIR = no identified risk

Table 4. New HIV Case Counts over Time, by County and Health District (HD) of Residence at HIV Diagnosis, WA State, 2015-2019

County and Health District of Residence	2015	2016	2017	2018	2019		2015-2	010	
or Residence	2015	2016	2017	2018	2019		2015-2	019	
	no.	no.	no.	no.	no.	total no.	avg. no.	%	rate
Adams Co.	1	0	0	0	2	3	1	0%	3.0 <sup>NF</sup>
Asotin Co.	1	0	0	0	0	1	0	0%	0.9 <sup>NF</sup>
Benton Co.	0	7	2	0	13	22	4	1%	2.3
Benton-Franklin Hd	5	10	3	5	18	41	8	2%	2.9
Chelan Co.	5	6	1	3	2	17	3	1%	4.4
Chelan-Douglas Hd	8	6	2	4	4	24	5	1%	4.1
Clallam Co.	4	2	2	5	2	15	3	1%	4.0 <sup>NF</sup>
Clark Co.	17	18	24	21	29	109	22	6%	4.6
Columbia Co.	0	0	1	0	0	1	0	0%	4.9 <sup>NF</sup>
Cowlitz Co.	2	2	4	1	2	11	2	1%	2.1 <sup>NF</sup>
Douglas Co.	3	0	1	1	2	7	1	0%	3.4 <sup>NF</sup>
Ferry Co.	0	0	0	0	0	0	0	0%	0.0
Franklin Co.	5	3	1	5	5	19	4	1%	4.2
Garfield Co.	0	0	0	0	0	0	0	0%	0.0
Grant Co.	0	0	0	4	2	6	1	0%	1.2 <sup>NF</sup>
Grays Harbor Co.	4	1	4	0	2	11	2	1%	3.0 <sup>NF</sup>
Island Co.	1	2	3	2	5	13	3	1%	3.1 <sup>NF</sup>
Jefferson Co.	1	2	0	1	0	4	1	0%	2.6 <sup>NF</sup>
King Co.	203	181	177	230	195	986	197	50%	9.2
Kitsap Co.	10	7	9	9	9	44	9	2%	3.3
Kittitas Co.	1	1	0	3	3	8	2	0%	3.6 <sup>NF</sup>
Klickitat Co.	0	0	1	0	0	1	0	0%	0.9 <sup>NF</sup>
Lewis Co.	1	0	0	1	2	4	1	0%	1.0 <sup>NF</sup>
Lincoln Co.	0	1	1	0	0	2	0	0%	3.7 <sup>NF</sup>
Mason Co.	5	3	4	5	6	23	5	1%	7.3
Ne Tri-County Hd	1	1	0	0	1	3	1	0%	0.9 <sup>NF</sup>
Okanogan Co.	0	1	0	0	0	1	0	0%	0.5 <sup>NF</sup>
Pacific Co.	0	0	0	1	0	1	0	0%	0.9 <sup>NF</sup>
Pend Oreille Co.	1	0	0	0	1	2	0	0%	3.0 <sup>NF</sup>
Pierce Co.	64	42	41	50	52	249	50	13%	5.8
San Juan Co.	0	0	0	0	0	0	0	0%	0.0
Skagit Co.	1	7	4	3	4	19	4	1%	3.1
Skamania Co.	1	0	0	0	0	1	0	0%	1.7 <sup>NF</sup>
Snohomish Co.	34	36	27	20	29	146	29	7%	3.7
Spokane Co.	19	26	21	17	26	109	22	6%	4.4
Stevens Co.	0	1	0	0	0	1	0	0%	0.4 <sup>NF</sup>
Thurston Co.	7	8	10	8	6	39	8	2%	2.8
Wahkiakum Co.	0	0	0	0	0	0	0	0%	0.0
Walla Walla Co.	0	1	2	1	0	4	1	0%	1.3 <sup>NF</sup>
Whatcom Co.	5	2	8	3	4	22	4	1%	2.0
Whitman Co.	1	0	0	3	0	4	1	0%	1.6 <sup>NF</sup>
Yakima Co.	6	10	26	10	7	59	12	3%	4.7
Total	403	370	374	407	410	1964	393	100%	5.4

Table based on HIV surveillance data reported to the WA State Department of Health as of June 30, 2020 NR = Not reliable, RSE  $\ge$ 25

Figure 2. New HIV Case Rates by Gender,\* WA State, 2014-2019



<sup>\*</sup>Transgender rates not available due to small case counts

Figure 4. New HIV Case Rates among Black Persons by Nativity, WA State, 2014-2019

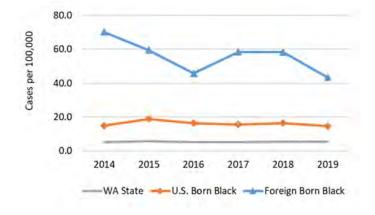


Figure 3. New HIV Case Rates by Age at Diagnosis, WA State, 2014-2019



Figure 5. New HIV Case Rates among Hispanic Persons by Nativity, WA State, 2014-2019

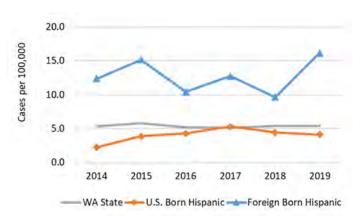


Figure 6. New HIV Case Counts among Persons who Inject Drugs (PWID) and PWID/MSM, WA State, 2011-2019

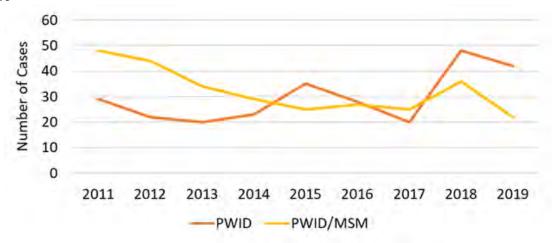


Table 5. New Cases of HIV Infection, by Current Gender\*, Race/Ethnicity, and HIV Exposure Category, WA State, 2015-2019

		Wh	ite	Bla	ck	Hispa	anic	Asi	an	Oth	ner
Gender	Exposure Category	No.	%	No.	%	No.	%	No.	%	No.	%
	Male / Male Sex (MSM)	547	66%	127	57%	264	76%	73	82%	65	69%
	Injecting Drug Use (IDU)	67	8%	8	4%	8	2%	1	1%	5	5%
	MSM and IDU	101	12%	10	4%	16	5%	0	0%	9	10%
Male	Heterosexual Contact	17	2%	12	5%	14	4%	1	1%	1	1%
	Blood/Pediatric	3	0%	4	2%	0	0%	0	0%	0	0%
	No Identified Risk	94	11%	63	28%	44	13%	14	16%	14	15%
	Total Male	829	100%	224	100%	346	100%	89	100%	94	100%
		Wh	ite	Bla	ck	Hispa	anic	Asi	an	Oth	ner
		No.	%	No.	%	No.	%	No.	%	No.	%
	Injecting Drug Use (IDU)	58	43%	3	2%	5	13%	1	5%	8	32%
Female	Heterosexual Contact	22	16%	20	15%	10	26%	5	25%	5	20%
	Blood/Pediatric	0	0%	7	5%	0	0%	1	5%	0	0%
	No Identified Risk	55	41%	106	78%	23	61%	13	65%	12	48%
	Total Female	135	100%	136	100%	38	100%	20	100%	25	100%
		Tot	:al								
		No.	%	No.	%	No.	%	No.	%	No.	%
	Male sex partner	17	71%	-	-	-	-	-	-	-	-
Transgender	Male sex partner and IDU	6	25%	-	-	-	-	-	-	-	-
Female	Other	0	0%	-	-	-	-	-	-	-	-
	No Identified Risk	1	4%	-	-	-	-	-	-	-	-
	Total Transgender Female	24	100%	-	-	-	-	-	-	-	-

Table based on HIV surveillance data reported to the WA State Department of Health as of June 30,2020

<sup>\*</sup>Due to the small number of HIV Cases reported as transgender, further stratification among transgender females and data for transgender males are not displayed



Figure 8. Linkage to Care among New HIV Cases, WA State, 2010-2019



#### STATISTICS: PREVALENT HIV CASES

Table 6. Prevalent Cases of HIV, Including Engagement in Care and Viral Load Suppression, by Demographic and Risk Characteristics, WA State, 2019

	Prevale	ent Cases of H	IV	Engaged in	Care <sup>a</sup>	Suppressed Vir	al Load <sup>b</sup>
	no.	column %	rate	no.	row %	no.	row %
Total	13710	100%	181.7	12199	89%	11274	82%
Gender							
Female	2130	16%	56.3	1894	89%	1708	80%
Male	11454	84%	304.1	10195	89%	9466	83%
Transgender female	113	1%	n/a	100	88%	92	81%
Transgender male	13	0%	n/a	10	77%	8	62%
Current Age							
< 13	30	0%	2.5	29	97%	29	97%
13-24	302	2%	26.3	266	88%	222	74%
25-34	1806	13%	170.0	1538	85%	1344	74%
35-44	2708	20%	274.5	2334	86%	2114	78%
45-54	3863	28%	414.6	3421	89%	3144	81%
55-64	3644	27%	373.8	3348	92%	3196	88%
65+	1357	10%	110.6	1263	93%	1225	90%
Race/ethnicity							
AI/AN <sup>c</sup>	135	1%	143.6	117	87%	105	78%
Asian	485	4%	71.5	434	89%	417	86%
Black	2359	17%	810.8	2049	87%	1849	78%
Foreign-born <sup>d,e</sup>	1008	7%	1457.2	899	89%	846	84%
U.Sborn <sup>d,e</sup>	1255	9%	556.4	1070	85%	931	74%
Hispanic	2030	15%	204.1	1758	87%	1624	80%
Foreign-born <sup>d,e</sup>	1013	7%	326.8	878	87%	825	81%
U.Sborn <sup>d,e</sup>	850	6%	125.2	747	88%	681	80%
NHOPI <sup>c</sup>	62	0%	115.6	52	84%	44	71%
White	7766	57%	152.1	6995	90%	6518	84%
Multiple	867	6%	263.3	788	91%	711	82%
Mode of Exposure							
MSM <sup>f</sup>	8425	61%	n/a	7556	90%	7100	84%
IDU <sup>f</sup>	796	6%	n/a	689	87%	597	75%
MSM/IDU <sup>f</sup>	1235	9%	n/a	1123	91%	982	80%
Heterosexual	1718	13%	n/a	1514	88%	1391	81%
Blood/pediatric	189	1%	n/a	175	93%	159	84%
NIR <sup>f</sup>	1347	10%	n/a	1142	85%	1045	78%

Table based on HIV surveillance data reported to the WA State Department of Health as of June 30, 2020

n/a Rate cannot be calculated due to no available population estimate

<sup>&</sup>lt;sup>a</sup> Engaged in care = at least one reported CD4 or VL result within calendar year

<sup>&</sup>lt;sup>b</sup> Suppressed viral load = last reported viral load result in calendar year was < 200 copies/mL

<sup>&</sup>lt;sup>c</sup> Al/AN = American Indian or Alaska Native, NHOPI = Native Hawaiian or Other Pacific Islander

<sup>&</sup>lt;sup>d</sup> Country of origin data are missing for approximately 8% and 4% of living cases among Blacks and Hispanics, respectively

<sup>&</sup>lt;sup>e</sup> Population estimate for 2019 was extrapolated using previous estimates from years 2010-2018

f MSM = men having sex with men, IDU=injection drug use, NIR = no identified risk

#### STATISTICS: PREVALENT HIV CASES (continued)

Table 7. Prevalent Cases of HIV, Including Engagement in Care and Viral Load Suppression, by County and Health District (HD) of Current Residence, WA State, 2019

County or Health District of						Suppressed	d Viral
Residence	Prevale	ent Cases of	HIV	Engaged ir	Care <sup>a</sup>	Load	)
	no.	column %	rate	no.	row %	no.	row %
Adams Co.	13	0%	64.5 <sup>NR</sup>	13	100%	10	77%
Asotin Co.	18	0%	79.9	15	83%	14	78%
Benton Co.	175	1%	86.7	154	88%	134	77%
Benton-Franklin Hd	254	2%	85.7	169	67%	147	58%
Chelan Co.	61	0%	77.8	49	80%	47	77%
Chelan-Douglas Hd	80	1%	66.0	64	80%	60	75%
Clallam Co.	80	1%	105.2	71	89%	63	79%
Clark Co.	752	5%	153.9	625	83%	575	76%
Columbia Co.	3	0%	72.1 <sup>NR</sup>				
Cowlitz Co.	140	1%	128.5	122	87%	105	75%
Douglas Co.	19	0%	44.4	15	79%	13	68%
Ferry Co.	5	0%	63.9 <sup>NR</sup>				
Franklin Co.	79	1%	83.4	68	86%	61	77%
Garfield Co.	2	0%	90.1 <sup>NR</sup>				
Grant Co.	48	0%	48.6	43	90%	40	83%
Grays Harbor Co.	90	1%	121.4	74	82%	68	76%
Island Co.	95	1%	112.0	77	81%	73	77%
Jefferson Co.	45	0%	141.1	42	93%	38	84%
King Co.	7056	51%	316.9	6390	91%	5952	84%
Kitsap Co.	335	2%	124.0	294	88%	279	83%
Kittitas Co.	30	0%	64.4	29	97%	26	87%
Klickitat Co.	17	0%	75.8	17	100%	15	88%
Lewis Co.	65	0%	81.8	56	86%	51	78%
Lincoln Co.	7	0%	63.9 <sup>NR</sup>				
Mason Co.	66	0%	101.6	59	89%	55	83%
Ne Tri-County Hd	41	0%	61.1	36	88%	36	88%
Okanogan Co.	22	0%	51.5	16	73%	16	73%
Pacific Co.	32	0%	147.9	25	78%	24	75%
Pend Oreille Co.	11	0%	80.1 <sup>NR</sup>	10	91%	10	91%
Pierce Co.	1534	11%	172.7	1308	85%	1182	77%
San Juan Co.	21	0%	122.4	19	90%	18	86%
Skagit Co.	94	1%	72.8	84	89%	80	85%
Skamania Co.	6	0%	49.8 <sup>NR</sup>				
Snohomish Co.	1196	9%	146.1	1079	90%	1017	85%
Spokane Co.	668	5%	129.6	597	89%	528	79%
Stevens Co.	25	0%	54.9	22	88%	22	88%
Thurston Co.	322	2%	112.7	282	88%	256	80%
Wahkiakum Co.	3	0%	71.6 <sup>NR</sup>				
Walla Walla Co.	5 53	0%	85.2	44	 83%	41	77%
Whatcom Co.	246	2%	109.2	224	91%	207	84%
Whitman Co.	246			25			
		0% 2%	53.9		93%	24	89% 85%
Yakima Co.	247	2%	96.5	230	93%	211	85%
Uknown	12710	0%	n/a 1917 7	12400		11274	020/
Total	13710	100%	1817.7	12199	89%	11274	82%

Table based on HIV surveillance data reported to the WA State Department of Health as of June 30, 2020

n/a Rate cannot be calculated due to no available population estimate

<sup>--</sup> Due to the small number of HIV cases the count and percentage based on the count is not shown

NR Not reliable, RSE ≥25

<sup>&</sup>lt;sup>a</sup> Engaged in care = at least one reported CD4 or viral load result within calendar year

<sup>&</sup>lt;sup>b</sup> Suppressed viral load = last reported viral load result in calendar year <200 copies/ml

#### **STATISTICS: PREVALENT HIV CASES (continued)**

Table 8. Prevalent Cases of HIV, by Current Gender\*, Race/Ethnicity, and HIV Exposure Category, WA State, 2019

		As	sian	Bla	ck	Hispa	anic	Oth	ner	Wh	ite
Gender	Exposure Category	No.	%	No.	%	No.	%	No.	%	No.	%
	Injecting Drug Use (IDU)	2	2%	39	4%	28	11%	44	27%	212	28%
	Heterosexual Contact	- 59	71%	542	61%	172	70%	99	60%	434	58%
Female	Blood/Pediatric	3	4%	55	6%	7	3%	4	2%	22	3%
	No Identified Risk	19	23%	249	28%	40	16%	19	11%	80	11%
	Total Female	83	100%	885	100%	247	100%	166	100%	748	100%
	Male / Male Sex (MSM)	292	74%	776	53%	1319	75%	604	69%	5345	77%
	Injecting Drug Use (IDU)	6	2%	75	5%	45	3%	44	5%	298	4%
	MSM and IDU	9	2%	94	6%	142	8%	131	15%	834	12%
Male	Heterosexual Contact	13	3%	172	12%	70	4%	37	4%	116	2%
	Blood/Pediatric	3	1%	40	3%	9	1%	5	1%	40	1%
	No Identified Risk	74	19%	298	20%	164	9%	57	6%	337	5%
	Total Male	397	100%	1455	100%	1749	100%	878	100%	6970	100%
	Male sex partner	25	64%	16	94%	24	71%	5	100%	13	72%
	Male sex partner and IDU	11	28%	1	6%	8	24%	0	0%	5	28%
Transgender	Other	0	0%	0	0%	1	3%	0	0%	0	0%
Female	No Identified Risk	3	8%	0	0%	1	3%	0	0%	0	0%
	Total Transgender Female	39	100%	17	100%		100%	5	100%	18	100%

Table based on HIV surveillance data reported to the WA State Department of Health as of June 30, 2020

Figure 9. Living HIV Case Rates, WA State, 2010-2019



Figure 10. Virologic Suppression among Living HIV Cases, WA State, 2010-2019



<sup>\*</sup> Due to the small number of HIV Cases reported as transgender male data are not displayed

#### STATISTICS: AMERICAN INDIAN/ALASKA NATIVE SPOTLIGHT

Demographic and care outcomes for people who identify as American Indian/Alaska Native (AI/AN) alone or with another race category are highlighted in the table below. This population has historically been underrepresented, as the majority of people who identify as AI/AN also have one or more other races indicated and therefore are placed in the multi-race category. Better reporting on AI/AN HIV data is important in order to address disparities in the rate of new diagnoses and care outcomes, and to ensure adequate prevention and treatment services and resources are available.

Table 9. Characteristics and Care Outcomes of People Living with HIV Reporting Any American Indian or Alaska Native Race, 2015-2019

	New HIV Cases		Prevalent HIV Cases	
	no.	column %	no.	column %
Total	63	2% <sup>a</sup>	551	4% <sup>a</sup>
Gender				
Female	19	30%	106	19%
Male	43	68%	434	79%
Transgender female	1	2%	9	2%
Transgender male	0	0%	2	0%
Mode of Exposure				
MSM <sup>b</sup>	27	43%	288	52%
IDU <sup>b</sup>	12	19%	69	13%
MSM/IDU <sup>b</sup>	7	11%	82	15%
Heterosexual	7	11%	78	14%
NIR <sup>b</sup> /Other	10	16%	34	6%
Geography				
King County	30	48%	263	48%
Other Western Washington	18	29%	214	39%
Eastern Washington	15	24%	74	13%
Care Metrics				
Initial Linkage to HIV Care <sup>c</sup>	48	76%	N/A	N/A
Engaged in Care <sup>d</sup>	N/A	N/A	501	91%
Viral Suppression <sup>e</sup>	N/A	N/A	444	81%

Table based on HIV surveillance data reported to the WA State Department of Health as of June 30, 2020

<sup>&</sup>lt;sup>a</sup> Percentage of total Washington Cases

<sup>&</sup>lt;sup>b</sup> MSM = men having sex with men, IDU= injection drug use, NIR= no identified risk

<sup>&</sup>lt;sup>c</sup> Initial linkage to care = at least one CD4 or viral load result within 30 days of HIV diagnoses

<sup>&</sup>lt;sup>d</sup> Engaged in care = at least one reported CD4 or VL result within calendar year

<sup>&</sup>lt;sup>e</sup> Suppressed viral load = last reported viral load result in calendar year was < 200 copies/mL

#### STATISTICS: MORTALITY

Table 10. Deaths among Cases of HIV, by Demographic and Risk Characteristics, WA State, 1982-2018

	2018					1982-2018	
Total	no.	column %	Mortality rate (per 100,000)	case fatality rate (per 1,000)	standardized mortality ratio	no.	column %
TOTAL	205	100%	2.6*	15.0	2.1	8414	100%
Gender	203	10070	2.0	13.0	2.1	0111	10070
Female	33	16%	0.9	15.5	3.2	737	9%
Male	169	82%	4.6	14.8	1.9	7657	91%
Transgender female	3	1%	n/a	26.5 <sup>NR</sup>	n/a	20	0%
Transgender male	0	0%	n/a	0.0	n/a	0	0%
Current Age			•		•		
<13	0	0%	0.0	0.0	0.0	19	0%
13-24	0	0%	0.0	0.0	0.0	100	1%
25-34	10	5%	1.0 <sup>NR</sup>	5.5 <sup>NR</sup>	4.5	1741	21%
35-44	20	10%	2.1	7.4	3.6	3039	36%
45-54	54	26%	5.7	14.0	3.8	2038	24%
55-64	66	32%	6.8	18.1	2.1	1018	12%
65+	55	27%	4.7	40.5	1.2	459	5%
Race/ethnicity							
AI/AN <sup>a</sup>	6	3%	6.4 <sup>NR</sup>	44.4 <sup>NR</sup>	n/a	133	2%
Asian	1	0%	0.2 <sup>NR</sup>	2.1 <sup>NR</sup>	n/a	96	1%
Black	29	14%	10.5	12.3	n/a	808	10%
Foreign-born <sup>b</sup>	8	4%	10.6 <sup>NR</sup>	7.9 <sup>NR</sup>	n/a	77	1%
U.Sborn <sup>b</sup>	21	10%	10.2	16.7	n/a	717	9%
Hispanic	24	12%	2.5	11.8	n/a	553	7%
Foreign-born <sup>b</sup>	6	3%	1.9 <sup>NR</sup>	5.9 <sup>NR</sup>	n/a	193	2%
U.Sborn <sup>b</sup>	18	9%	2.7	21.2	n/a	330	4%
NHOPI <sup>a</sup>	1	0%	1.9 <sup>NR</sup>	16.1 <sup>NR</sup>	n/a	18	0%
White	124	60%	2.4	16.0	n/a	6509	77%
Multiple	20	10%	6.2	23.1	n/a	296	4%
Mode of Exposure							
MSM <sup>c</sup>	105	51%	n/a	12.5	n/a	5378	64%
$IDU^c$	24	12%	n/a	30.2	n/a	943	11%
MSM/IDU <sup>c</sup>	26	13%	n/a	21.1	n/a	926	11%
Heterosexual	25	12%	n/a	14.6	n/a	496	6%
Blood/pediatric	1	0%	n/a	5.3NR	n/a	185	2%
NIR <sup>c</sup>	24	12%	n/a	17.8	n/a	486	6%

Table based on HIV surveillance data reported to the WA State Department of Health as of June 30, 2020

<sup>\*</sup> Age-adjusted death rate

n/a Rate cannot be calculated due to no available population estimate

<sup>&</sup>lt;sup>NR</sup> Not reliable, RSE ≥25

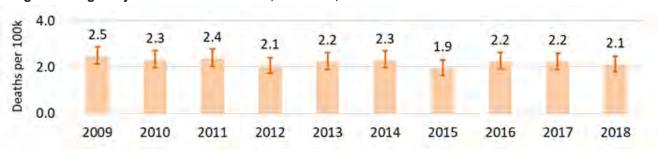
a AI/AN = American Indian or Alaska Native, NHOPI = Native Hawaiian or Other Pacific Islander

b Country of origin data are missing for approximately 4% and 8% of living cases among Black and Hispanics, respectively

 $<sup>{</sup>m c}$  MSM = men having sex with men, IDU = injection dru guse, NIR = no identified risk

#### **STATISTICS: MORTALITY (continued)**

Figure 11. Age-Adjusted HIV Death Rates, WA State, 2009-2018



#### STATISTICS: HIV CARE CONTINUA

Figure 12. HIV Care Continuum, WA State, 2019

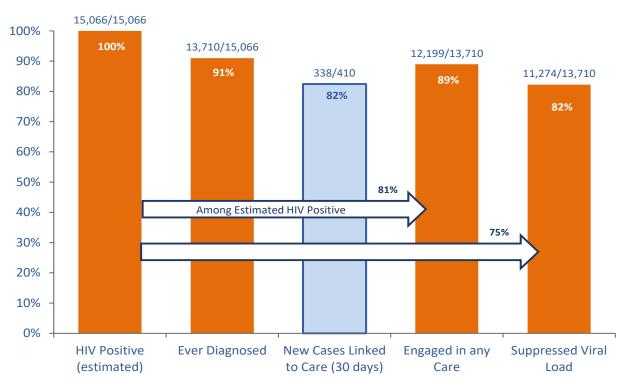
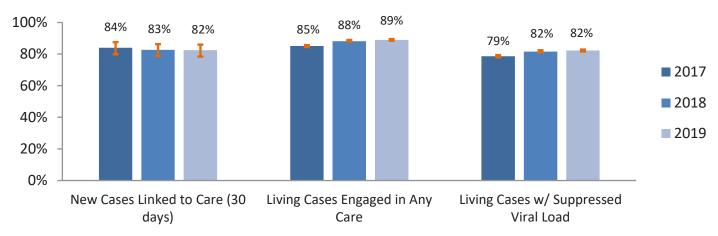
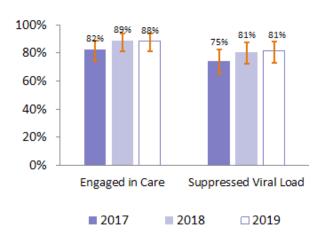


Figure 13. HIV Care Outcomes over Time, WA State, 2017-2019



## STATISTICS: HIV CARE CONTINUA FOR END AIDS WASHINGTON PRIORITY POPULATIONS, WA state, 2017-2019

Figure 14. Transgender Women



<sup>\*</sup>Linkage to care not shown due to small case counts

Figure 16. U.S.-Born Black Persons

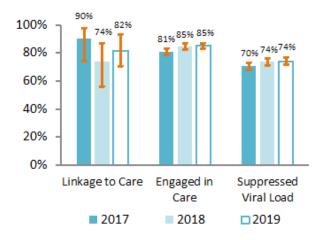


Figure 18. Foreign-Born Hispanic Persons

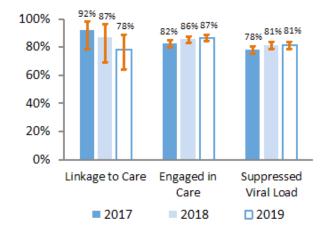


Figure 15. Young Adults (Ages 18-29)

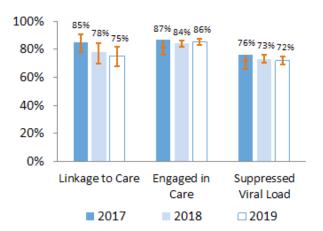


Figure 17. Foreign-Born Black Persons

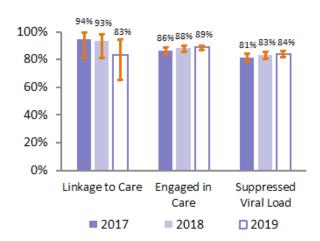
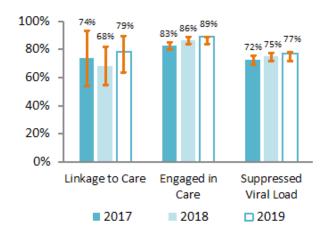


Figure 19. Persons who Inject Drugs



#### STATISTICS: CORONAVIRUS DISEASE 2019 AND HIV COINFECTION

From January 1, 2020 to July 31,2020 there were 57,552 cases of COVID-19 reported in Washington State, representing of 77.5 cases per 10,000 population. Among people living with HIV (PLWH), there were 140 cases, representing of 102.1 cases per 10,000 population. Adjusted for county of residence, the risk ratio of COVID-19 infection among PLWH relative to the general population was 1.4 (1.2-1.7). The risk of COVID-19 was highest among female, Black and Hispanic PLWH and among PLWH between the ages of 20 and 40. Case mortality among PLWH was higher than the general population but not significantly so.

During the first 6 months of the COVID-19 pandemic PLWH were 60% more likely to be tested for SARS-Cov-2 and 30% more likely to be diagnosed with COVID-19 than those who do not have HIV. We interpret this data to suggest that PLWH are not higher risk of COVID-19 infection than the general population. While PLWH are more likely to be diagnosed with COVID-19, antibody surveys of the general population suggest that a large proportion of COVID-19 cases are undiagnosed and unreported. In this context, a larger proportion of individuals being tested, as seen in the population of PLWH, may lead to a larger number of diagnoses independently of the underlying incidence.

Table 11	Cases of COVID	-19 and HIV Coinfect	ion in Wachington S	tato 1/21/2020	7/21/2020
Table II.	Lases of Covid	- 19 and mry Colliect	100 10 WASHINDION S	1ale 1//1//U/U-	//31//0//

Attribute	Value	COVID-19 Cases	Prevalent HIV Cases	Cases Per 10,000	95% Confidence Interval	P - value <sup>a</sup>
Total		140	13,708	102.1	86.5 - 120.5	
Sex at Birth	Female	36	2142	168.1	121.2 - 233.0	
	Male	104	11568	89.9	74.2 - 109.0	0.01
Race	Black	35	2359	148.4	106.5 - 206.6	
	Hispanic	38	2030	187.2	136.2 - 257.3	<0.01
	White	45	7766	57.9	43.3 - 77.6	
	Other	32	2065	141.5	93.2 - 214.9	
Age	0 - 20	0	11	0	N/A	0.02
	20 - 40	13	879	150.5	87.4 - 259.1	
	40 - 60	70	5531	128.9	102.0 - 163.0	
	60 - 80	50	6816	74	56.1 - 97.7	
	>80	7	644	107.2	51.1 - 224.9	
Transmission Category	MSM <sup>b</sup>	75	8425	89	71.0 - 111.6	0.19
	$IDU^b$	7	796	87.9	41.9 - 184.5	
	MSM/IDU <sup>b</sup>	12	1235	97.2	55.2 - 171.1	
	Heterosexual	17	1253	144.5	100.7 - 208.6	
	Other	29	2001	135.7	84.3 - 218.2	
Geography	King County	90	6966	127.6	103.7 - 156.8	<0.01
	Other	50	6604	75.1	57.0 - 99.1	
Viral Suppression	Suppressed	123	11274	109.1	91.4 - 130.2	0.08
	Not Suppressed	17	2436	69.7	43.3 - 112.3	

<sup>&</sup>lt;sup>a</sup> P - values and confidence intervals from Poisson distribution

<sup>&</sup>lt;sup>b</sup> MSM = men having sex with men, IDU= injection drug use

#### **DEFINITIONS**

**AIDS:** Acquired Immune Deficiency Syndrome. An advanced stage of HIV disease which is defined by the existence of certain opportunistic illnesses or other clincial outcomes. The presence of AIDS often suggests that a person has been HIV-positive for many years.

**Age-Adjusted Death Rate:** Age-adjustment is a statistical procedure which allows rates from different populations to be compared in way that controls for differences between each population's age structure. In this report, the age-adjusted rate of all-cause deaths per 100,000 people living with HIV is compared to the rate of all-cause deaths per 100,000 Washington State residents.

**Blood Exposure:** A mode of HIV exposure which involves the transfusion of human blood (or blood products) or the transplantation of human tissue.

**Case:** A person with HIV who has been diagnosed and reported to the health department while living in Washington. This report does not describe the results of anonymous HIV testing.

Case Fatality Rate: The rate of all-cause deaths per 1,000 people living with HIV within a calendar year. We report on all-cause deaths in this report due to the challenging nature of determining the primary cause of death among people living with HIV.

**CD4 Count:** The concentration of a certain type of white blood cell circulating within a person's bloodstream. CD4 count (cells/µL) provides a good indication of a patient's stage of HIV disease.

Confidence Interval (CI): A range of values within which the true value is likely to exist based on a specified probability. In this report, we use 95% confidence intervals to describe the reliability of case rates. Error bars on figures display the confidence interval.

Coronvairus Disease 2019 (COVID-19): An acute respiratory illness in humans caused by the SARS-CoV-2 virus. COVID-19 can cause severe symptoms and death, especially in older people and those with underlying health conditions.

**Engaged in Care:** The proportion of living cases who have a CD4 test or viral load test within the calendar year of interest. This is a key performance measure within the HIV care continuum.

**HIV:** Human Immunodeficiency Virus is a virus that weakens a person's immune system by destroying T cells that fight disease and prevent infection. If left untreated HIV can progress to AIDS.

**HIV Care Continuum:** A model that outlines the sequential stages of HIV medical care experienced by persons living with HIV, from diagnosis to virologic suppression. Also referred to as the HIV treatment cascade.

**HIV Diagnosis Date:** The earliest documented confirmed date when a person was diagnosed with HIV, with or without AIDS.

HIV Incidence: In Washington State, incident cases are defined as persons whose first HIV-indicated laboratory result or first diagnosis by a healthcare provider occurred while living in Washington. Cases with a self-reported positive test more than 6 months prior to the diagnosis date recorded by the Department of Health are not considered incident cases. Also referred to as **New HIV Case** in this report.

**HIV Prevalence:** A measure of disease frequency describing the number of persons living with HIV within a calendar year. Since not all persons living with HIV have been diagnosed or reported, we can only estimate HIV prevalence.

HIV Surveillance: The ongoing and systematic collection, evaluation, and dissemination of population-based information about people diagnosed and living with HIV and AIDS.

**Injection Drug Use (IDU):** The behavior of using needles, syringes, and other drug injection equipment to take drugs, usually without a prescription. The sharing of drug injection equipment is a common mode of HIV exposure.

#### **DEFINITIONS** (continued)

Late HIV Diagnosis: An event in which a case is diagnosed with AIDS within 12 months of HIV diagnosis. A late HIV diagnosis suggests that a person has been infected for many years and was not routinely screened for HIV prior to diagnosis.

**Linkage to Care:** The proportion of new HIV cases who appear to have completed an HIV medical care visit within 30 days following their HIV diagnosis date, based on the report of HIV-related laboratory results. This is a key performance measure within the HIV care continuum.

**Men Having Sex with Men (MSM):** In this report, refers to men who report any history of male-male sex since 1977. Condomless anal intercourse between men is the most common mode of HIV exposure in the U.S.

**Mode of Exposure:** The manner in which a case was most likely to have been infected by HIV, based on reported HIV risk behaviors. A case can only be attributed to one mode of exposure, although recategorization is possible as new information becomes available.

**Mortality Rate:** The rate of all-cause deaths per 100,00 residents of Washington State, within a calendar year.

**Pediatric Exposure:** A mode of HIV exposure which involve children ages 12 and under. These cases are often the result of mother-to-child (or perinatal) transmission.

**Person Who Injects Drugs (PWID):** In this report, describes cases reporting any history of injection drug use (IDU) since 1977.

Prevalent HIV Case: A resident, diagnosed case of HIV within a specified time period. Prevalent cases can include persons who were originally diagnosed while living outside Washington state. Residency is based on vital status and address information collected and stored within the state's HIV surveillance registry. Also referred to as 'Ever Diagnosed' or 'people living with HIV' or living HIV case'.

**Relative Standard Error (RSE):** RSE provides a measure of reliability for statistical estimates. When the RSE is large the estimate is imprecise and considered unreliable. In this report, all RSEs ≥ 25 are flagged

**Standardized Mortality Ratio:** The ratio between the observed number of deaths among people living with HIV to the expected number of deaths in the Washington State population.

**Transgender:** Refers to a person whose gender identity is not the same as their assigned sex at birth. Transgender women who have sex with men (TSM) have higher risk for HIV infection compared to cisgender women.

**Viral Load:** This is the concentration of viral copies circulating within a person's blood plasma. Reducing viral load improves patient health and reduces their ability to infect others. Viral load can be reduced by HIV medication, and is a good indication of whether a person is receiving optimal HIV medical care.

Virologic Suppression: The reduction of a person's HIV viral load to ≤ 200 copies/mL. The proportion of living HIV cases who have achieved virologic suppression is a key performance measure within the HIV care continuum. Sometimes described as 'viral load suppression' or 'viral suppression.

#### **ACKNOWLEDGEMENTS AND CONTACT INFORMATION**

Our thanks to the health providers who care for people with HIV/AIDS, to our local health jurisdiction partners, and to the medical laboratories - all of whom work diligently to ensure the timely and complete reporting of cases. These data are used to support the allocation of HIV prevention and care resources, to conduct program planning and evaluation, and to educate the public about the HIV epidemic in Washington.

For more information, or to receive a printed copy of this report, please contact:

Washington State Department of Health Infectious Disease Assessment Unit PO Box 47838, Olympia, WA 98504-7838

Phone: 360-236-3455 Email: HIV\_Surv@doh.wa.gov

#### **ABOUT THIS PUBLICATION**

This surveillance report reflects events occurring through December 31, 2019 and reported by June 30 2020, unless otherwise stated. Reports are published annually.

#### **HIV REPORTING REQUIREMENTS**

Detailed requirements for the reporting of communicable diseases including HIV/AIDS are described in the Washington Administrative Code (WAC), section 246-101 (http://apps.leg.wa.gov/WAC/default aspx?cite=246-101).

Washington health care providers are required to report all HIV cases, regardless of the date of the patient's initial diagnosis, to the health department. Providers are also required to report new diagnoses of AIDS in a person previously diagnosed with HIV. Local health department officials forward case reports to the state department of health. Names are never sent to the federal government.

Laboratories are required to report any evidence of HIV infection (i.e., positive western blot assays, p24 antigen detection, viral culture, and nucleic acid detection), all HIV viral load tests (detectable or not), and all CD4 counts in the setting of HIV infection. If the laboratory cannot distinguish tests, such as CD4 counts, done due to HIV versus other diseases (such as cancer), the CD4 counts should be reported and the health department will investigate. However, laboratory reporting does not relieve health care providers of their duty to report, as most of the critical information necessary for surveillance and follow-up is not available to laboratories.

For further information about HIV/AIDS reporting requirements, please call your local health department or the Washington State Department of Health at 888-367-5555. In King County, call 206-263-2000.

#### SUGGESTED CITATION

Infectious Disease Assessment Unit, Washington State Department of Health. Washington State HIV Surveillance Report, 2020 Edition.

#### ALTERNATIVE FORMATS

Electronic copies of this report are available at: https://www.doh.wa.gov/DataandStatisticalReports/DiseasesandChronicConditions/HIVAIDSData/SurveillanceReports

#### **EDITORIAL NOTES**

Annual 2019 population estimates for foreign-born and U. S.-bornpopulations were not available at the time this report was created. To account for this, the population estimates were extrapolated using data from 2010-2018.

For people with disabilities, this document is available on request in other formats. To submit a request, please call 1-800-525-0127 (TDD/TTY 711).

## **EXHIBIT 10**

## **Point-In-Time Homeless Counts Articles on Homelessness**

2020 Point in Time Count											Shelte	red			
				Household							1	th adults and m			
	Emergen	cy Shelter	Trans	itional	Saf	e Haven	TO	TAL	Emerge	ency Shelter	Tra	insitional		OTAL	Emergenc
		Househol	_	Househol			TOTAL	TOTAL					TOTAL	TOTAL	
County	Persons	ds	Persons	ds	Persons	Households	Persons	TOTAL HH		Households	Persons	Households	Persons	TOTAL HH	Persons
Adams County	0				-				-	_					-
Asotin County	0							0							
Benton County	<10 108								32					'	<10 <10
Chelan County Clallam County	57		36 16												
Clark County	164								98				173		U
	0														
Columbia County	85														
Cowlitz County Douglas County	- 0													10	
Ferry County	- 0														
Franklin County	38														
Garfield County	- 0											_			
Grant County															
Grays Harbor County	15														
Island County	18								11						
Jefferson County	40							*							
King County	2903							3397	1166						
Kitsap County	140												110		
Kittitas County	<10														
Klickitat County	<10														
Lewis County	23			0	C	) 0	23		12		0	0	12	<10	0
Lincoln County	0	0	0	0	C	) 0	0	0	0	0	0	0	0	0	0
Mason County	13	13	0	0	C	) 0	13	13	31	10	41	11	72	21	<10
Okanogan County	13	11	<10	<10	C	) 0	*	*	<10	<10	0	0	<10	<10	<10
Pacific County	0	0	0	0	C	0	0	0	0	0	0	0	0	0	0
Pend Oreille County	0	0	0	0	C	) 0	0	0	<10	<10	<10	<10	14	<10	0
Pierce County	584	580	61	58	C	) 0	645	638	227	69	106	37	333	106	<10
San Juan County	0	0	0	0	C	) 0	0	0	0	0	0	0	0	0	0
Skagit County	71	67	15	14	C	) 0	86	81	82	23	11	<10	93	*	<10
Skamania County	0	0						0	0						
Snohomish County	251								168						
Spokane County	593	585	73	72	C	) 0	666	657	197	58	138	39	335	97	<10
Stevens County	<10	<10	0					<10	<10	<10	0	0	<10	<10	0
Thurston County	217												176		
Wahkiakum County	<10														
Walla Walla County	40														
Whatcom County	283														
Whitman County	<10														
Yakima County	244		45							30					
TOTAL	5933	5813	1112	1048	81	81	7126	6942	2505	781	2336	767	4841	1548	95

<sup>\*</sup> An asterisk represents a suppressed result.

2020 Point in Time Count											Unshe	eltered			
	Hous	seholds wit	th only min	ors		TOTAL S	Sheltered	Households	w/out minors	eholds wit	h adults and m	ouseholds v	vith only mino	TOTAL (	Unsheltered
	y Shelter	Trans	sitional	TOT	AL										
	Househol		Househol	TOTAL	TOTAL		Househol								
County	ds	Persons	ds	Persons	НН	Persons	ds	Persons	Households	Persons	Households	Persons	Households	Persons	Households
Adams County	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Asotin County	0	0	0	0	0	<10	<10	13	13	0	0	0	0	13	13
Benton County	<10	0	0	<10	<10	109	51	27	27	<10	<10	0	0	*	*
Chelan County	<10	<10	0	16	<10	252	171	85	77	0	0	0	0	85	77
Clallam County	0	<10	<10	<10	<10	117	89	78	74	<10	<10	0	0	*	*
Clark County	<10	0	0	<10	<10	400	265	315	286	199	66	<10	<10	*	*
Columbia County	0	0	0	0	0	0	0	<10	<10	10	<10	0	0	*	<10
Cowlitz County	0	<10	<10	<10	<10	175	127	129	115	24	10	0	0	153	125
<b>Douglas County</b>	0	0	0	0	0	21	15	0	0	0	0	0	0	0	0
Ferry County	0	0	0	0	0	0	0	<10	<10	0	0	0	0	<10	<10
Franklin County	<10	0	0	<10	<10	46	42	<10	<10	0	0	0	0	<10	<10
Garfield County	0	0	0	0	0	0	0	<10	<10	<10	<10	0	0	<10	<10
Grant County	0	0	0	0	0	42	14	96	92	41	10	<10	<10	*	*
<b>Grays Harbor County</b>	0	0	0	<10	0	31	19	77	76	0	0	0	0	77	76
Island County	0	0	0	0	0	51	34	78	69	0	0	0	0	78	69
Jefferson County	0	0	0	0	0	50	43	78	71	11	<10	0	0	89	*
King County	15	15	<10	31	*	6173	4293	4211	3825	1097	317	270	187	5578	4329
Kitsap County	<10	0	0	<10	<10	327	246	174	156	23	<10	0	0	197	*
Kittitas County	<10	0	0	<10	<10	10	<10	<10	<10	0	0	<10	<10	<10	<10
Klickitat County	0	0	0	0	0	10	<10	21	21	0	0	<10	<10	*	*
Lewis County	0	0	0	0	0	35	27	74	66	33	12	0	0	107	78
Lincoln County	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Mason County	<10	0	0	<10	<10	89	35	77	73	11	<10	<10	<10	*	78
Okanogan County	<10	0	0	<10	<10	21	16	41	37	<10	<10	0	0	*	*
Pacific County	0	0	0	0	0	0	0	48	44	11	<10	<10	<10	*	48
Pend Oreille County	0	0	0	0	0	14	<10	11	10	15	<10	<10	<10	*	15
Pierce County	<10	0	0	<10	<10	983	749	882	807	25	<10	<10	<10	*	821
San Juan County	0	0	0	0	0	0	0	55	55	10	<10	0	0	65	*
Skagit County	0	0	0	<10	0	182	107	95	81	37	10	0	0		91
Skamania County	0	0	0			0			35	<10	<10	0	0		*
Snohomish County	<10	12	11	*	*	459	344	546	505	116	37	11	11		553
Spokane County	<10	<10	<10	17	14	1018	768	505	461	28	<10	<10	<10	*	476
Stevens County	0	0	0	0	0	13	<10	29	27	0	0	0	0	29	
Thurston County	<10				<10	454			385	134	42	0	0		427
Wahkiakum County	0					<10			0	0	0		0	0	
Walla Walla County	<10				<10	78			62	0	0		0		
Whatcom County	<10					472	377	184	164	31	11	0	0		
Whitman County	0					21			<10	0	0		0		
Yakima County	0				0	453		168	161	12	<10	0	0		164
TOTAL	68	47	26	142	94	12109	8584	8615	7888	1891	570	308	224	10814	8682

2020 Point in Time Count	TOTAL Homeless			TAL Homeless (sh	heltered and unsheltered)				Chronically Homeless Persons		
	Households	w/out minors	Household	ls with minors	Households	with only minors		TOTAL			
									Emergency Shelter		TOTAL Chronically
County	Persons	Households	Persons	Households	Persons	Households	Persons	Households	+ Safe Haven	Unsheltered	Homeless Persons
Adams County	0	0	0	0	0	0	0	0		0	0
Asotin County	13	13	<10	<10	0	0	15	14		<10	<10
Benton County	50	50	81	23	<10	<10	138	79		18	18
Chelan County	229	215	92	30	16	<10	337	248		31	44
Clallam County	151	147	46	16	<10	<10	198	164		49	*
Clark County	536	491	372	120	<10	<10	916	619		122	197
Columbia County	<10	<10	10	<10	0	0	11	<10		0	0
Cowlitz County	244	223	81	28	<10	<10	328	252		80	102
Douglas County	12	12	<10	<10	0	0	21	15		0	0
Ferry County	<10	<10	0	0	0	0	<10	<10		<10	<10
Franklin County	44	44	<10	<10	<10	<10	52	48		<10	*
Garfield County	<10	<10	<10	<10	0	0	<10	<10		0	0
Grant County	104	97	75	19	<10	<10	180	117		58	58
Grays Harbor County	92	91	15	<10	<10	0	108	95		54	*
Island County	105	94	24	<10	0	0	129	103		38	38
Jefferson County	119	112	20	<10	0	0	139	118		38	*
King County	7707	7222	3743	1190	301	210	11751	8622		1975	3355
Kitsap County	390	366	133	42	<10	<10	524	409		94	*
Kittitas County	<10	<10	<10	<10	<10	<10	15	14		<10	<10
Klickitat County	28	27	<10	<10	<10	<10	33	30		<10	<10
Lewis County	97	89	45	16	0	0	142	105		49	*
Lincoln County	0	0	0	0	0	0	0	0		0	0
Mason County	90	86	83	25	<10	<10	178	113		49	*
Okanogan County	55	49	11	<10	<10	<10	67	56		28	*
Pacific County	48	44	11	<10	<10	<10	60	48		25	25
Pend Oreille County	11	10	29	<10	<10	<10	42	20		14	14
Pierce County	1527	1445	358	113	12	12	1897	1570		437	646
San Juan County	55	55	10	<10	0	0	65	59		20	20
Skagit County	181	162	130	36	<10	0	314	198		73	•
Skamania County	36	35	<10	<10	0	0	43	37		<10	<10
Snohomish County	818	776	284	92	30	29	1132	897		410	583
Spokane County	1171	1118	363	104	25	22	1559	1244		267	485 *
Stevens County	35	33	<10	<10	0	0	42	34		11	
Thurston County	672	645	310	95	13	<10	995	747		279	305
Wahkiakum County	<10	<10	0	0	0	0	<10	<10		0	0
Walla Walla County	123	122	<10	<10	<10	<10	140	128		33	
Whatcom County	521	496	165	55	<10	<10	687	552		110	169
Whitman County	<10	<10	14	<10	<10	0	22	10		<10	<10
Yakima County	457	442	176	49	0	0	633	491		93	189
TOTAL	15741	14830	6732	2118	450	318	22923	17266	2335	4475	6810

2020 Point in Time Count	Chronical	lly Homeless House	holds with adults and	d minors		VETERANS	
	Housel	holds	Persons in F	Households			
					Emergency Shelter +		
					Transitional Housing +		
County	Emergency Shelter	Unsheltered	Emergency Shelter	Unsheltered	Safe Haven	Unsheltered	TOTAL VETERANS
Adams County	0	0	0	0	0	0	0
Asotin County	0	0	0	0	0	0	0
Benton County	0	0	0	0	<10	<10	<10
Chelan County	0	0	0	0	<10	<10	<10
Clallam County	0	0	0	0	12	<10	*
Clark County	<10	<10	<10	<10	21	33	54
Columbia County	0	0	0	0	0	0	0
Cowlitz County	0	<10	0	17	30	<10	*
Douglas County	0	0	0	0	0	0	0
Ferry County	0	0	0	0	0	0	0
Franklin County	<10	0	<10	0	<10	0	<10
Garfield County	0	0	0	0	0	0	0
Grant County	0	<10	0	10	0	<10	<10
Grays Harbor County	0	0	0	0	0	<10	<10
Island County	0	0	0	0	<10	<10	<10
Jefferson County	0	<10	0	<10	<10	<10	*
King County	30	102	91	417	414	399	813
Kitsap County	0	<10	0	16	69	12	81
Kittitas County	0	0	0	0	<10	0	<10
Klickitat County	0	0	0	0	0	0	0
Lewis County	0	<10	0	12	<10	<10	10
Lincoln County	0	0	0	0	0	0	
Mason County	0	<10	0	<10	<10	12	*
Okanogan County	0	0	0	0	0	<10	<10
Pacific County	0	<10	0	<10	0	<10	<10
Pend Oreille County	0	<10	0	10	0	0	0
Pierce County	<10	0	23	0	96	66	162
San Juan County	0	0	0	0	0	<10	
Skagit County	<10	<10	<10	23	<10	10	*
Skamania County	0	0	0	0	0	0	0
Snohomish County	16	12	94	37	12	29	41
Spokane County	<10	0	21	0	95	48	143
Stevens County	0	0	0	0	<10	<10	<10
Thurston County	<10	12		37	27	30	
Wahkiakum County	0	0		0	0	0	0
Walla Walla County	0	0	0	0	<10	<10	10
Whatcom County	<10	<10	<10	13	23	17	40
Whitman County	0	0	0	0	0	0	0
Yakima County	0	<10	0	<10	28	19	47
TOTAL	66	164	258	610	866	741	1607

## Homelessness, Unsheltered Status, and Risk Factors for Mortality: Findings From the 100 000 Homes Campaign

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#### **Abstract**

**Objectives:** People who live in unsheltered situations, such as the streets, often have poorer health, less access to health care, and an increased risk of premature mortality as compared with their sheltered counterparts. The objectives of this study were to (I) compare the characteristics of people experiencing homelessness who were sleeping primarily in unsheltered situations with those who were accessing homeless shelters and other sheltered situations, (2) identify correlates of unsheltered status, and (3) assess the relationship between unsheltered status and increased risk of mortality.

Methods: Using primary data collected as part of the 100 000 Homes Campaign—a national effort to help communities find homes for vulnerable and chronically homeless Americans—we estimated 2 generalized linear mixed models to understand the correlates of unsheltered status and risk factors for mortality. Independent variables included demographic characteristics; history of homelessness, incarceration, foster care, and treatment for mental illness or substance use; sources of income; and past and present medical conditions. The study sample comprised 25 489 people experiencing homelessness who responded to an assessment of their housing and health as part of the 100 000 Homes Campaign from 2008 to 2014.

**Results:** In the full model, the following characteristics were associated with unsheltered status: being a veteran (adjusted odds ratio [aOR] = 1.10); having <a href="https://docume.com/high.school/bullet-1.09">high school/bullet-1.09</a>; accessing informal income (aOR = 2.37); and having a history of foster care (aOR = 1.14), chronic homelessness (aOR = 1.36 for 1-5 years, aOR = 1.95 for >5 years), incarceration (aOR = 1.32), or substance use (aOR = 1.10 for ever abusing drugs or alcohol, aOR = 1.13 for ever using intravenous drugs, aOR = 1.98 for drinking alcohol every day for past month). Being unsheltered (aOR = 1.12), being female (aOR = 1.22), or receiving entitlements (aOR = 1.63) increased respondents' odds of having risk factors for mortality.

**Conclusions:** These findings highlight the need to assertively reach out to vulnerable populations and provide interventions to assist them during their transition—for example, as they exit incarceration or age out of foster care. Such a response could prevent unsheltered homelessness and thereby address increased mortality risk. Connecting people with resources to increase their access to employment, benefits, and other sources of income is especially important.

#### **Keywords**

homeless, unsheltered, mortality

People living in unsheltered situations—staying at a primary nighttime residence not intended for human habitation (eg, streets, parks, cars, abandoned buildings)<sup>1</sup>—often report poorer health and more symptoms of physical illness than their sheltered counterparts.<sup>2,3</sup> Unsheltered people frequently have serious mental illness,<sup>3-5</sup> cognitive disorders,<sup>6</sup> substance use disorders,<sup>5-8</sup> co-occurring mental health and substance use conditions,<sup>7</sup> and chronic health conditions.<sup>5,9</sup> Although their needs are high, they tend to receive acute rather than preventive care<sup>10</sup> and less frequent outpatient encounters.<sup>3,7</sup>

Studies show that people living in unsheltered situations are at increased risk for premature death<sup>11</sup> and that those who

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died while in unsheltered situations had high rates of chronic medical illness, serious mental illness, substance use disorders, and acute care utilization. These studies led to the identification of a set of conditions or characteristics that confer particularly high risk for premature death among people living in unsheltered situations. 14-16

The most recent point-in-time estimates of homelessness indicate that 42.6% of the >350000 single adults who were homeless in the United States on 1 day in January 2015 were living in unsheltered situations, including one-third of homeless veterans and two-thirds of chronically homeless people. Although this number represents a 32.3% decline in unsheltered homelessness since 2007, the raw numbers indicate that unsheltered homelessness is still a concern.

Previous studies have assessed the correlates and predictors of unsheltered homelessness and premature mortality among homeless populations using small study samples, often limited to service users or people in a limited geographic area. Unsheltered populations present substantial challenges to data collection because they are often not identified as homeless in local homelessness management information systems, as is the case for people seeking shelter. 17 Data collected as part of the 100 000 Homes Campaign provide an opportunity to address these challenges. The 100 000 Homes Campaign was a national effort led by Community Solutions—a nonprofit focused on finding solutions to complex social problems—to help 186 communities find homes for 100 000 vulnerable and/or chronically homeless Americans from July 2010 through July 2014. A primary strategy of the 100 000 Homes Campaign was to identify, in each participating community, every person living on the streets or in shelters and assess their housing and health using standardized instruments administered by trained volunteer interviewers.18

Our study had 3 objectives: (1) to compare characteristics of people experiencing homelessness who were sleeping primarily in unsheltered situations with the characteristics of those who were accessing homeless shelters and other sheltered situations, (2) to identify correlates of unsheltered status, and (3) to assess the relationship between unsheltered status and increased risk of mortality.

#### **Methods**

#### Measures

This study used primary data collected as part of and prior to the 100 000 Homes Campaign from 2008 through 2014 in 96 communities to assess 2 characteristics of people experiencing homelessness: sheltered status and risk factors for mortality. Sheltered status was based on respondents' selection of 1 of 6 responses to the question "Where do you sleep most frequently?" Respondents who indicated any of the following unsheltered locations were classified as unsheltered: streets, car/van/recreational vehicle, subway/bus, and beach/riverbed. Sheltered locations included shelters.

Respondents who listed only "other"—or listed "other" along with sheltered locations—were excluded from analyses because we could not rule out the possibility that they were unsheltered at least some of the time. This study was approved by the University of Pennsylvania Institutional Review Board.

The selection of risk factors for premature mortality was based on work conducted in Boston, Massachusetts, that identified a profile of people experiencing homelessness who were at high risk of premature death: sleeping in unsheltered situations for at least 6 months and having at least 1 high-risk condition. The 100 000 Homes Vulnerability Index, which was used in the 100 000 Homes Campaign, assessed the following high-risk conditions through respondents' self-report 19:

- Trimorbidity of substance use (past or present), severe mental illness (indicated by past involuntary commitment for psychiatric treatment), and chronic medical illness (indicated by past or present diagnosis of 2 or more of the following: heart disease, diabetes, asthma, emphysema, cancer, hepatitis C, tuberculosis)
- Intensive health care service use indicated by a hospitalization (past year) or frequent emergency department visits (3 or more visits in past 3 months)
- >60 years of age
- Living with HIV or AIDS
- Liver or kidney disease
- History of frostbite, hypothermia, or immersion foot

The survey also collected information on demographic characteristics (education, race, sex, age, veteran status), the duration and frequency of homelessness, history of incarceration or foster care, sources of income, history of mental health treatment, current alcohol abuse and history of other substance use and related treatment, and past and present medical conditions. "Active" income included on- and off-the-books employment; "passive" income was from pensions, benefits, and public assistance; and other informal income came from recycling, panhandling, and the drug and sex trades. Decause rates of unsheltered homelessness vary substantially by geographic region—based largely on climate—we assessed average temperature in January for each state in which a 100 000 Homes Campaign community was located.

#### Sample

Many of the 96 communities that contributed data were missing survey data. Communities were excluded from this study if  $\geq 50\%$  of data were missing on the item assessing sheltered status,  $\geq 50\%$  of data were missing on 2 or more other variables, and  $\geq 75\%$  of data were missing on 1 or more other variables. These criteria applied to 34 of the 96 communities, reducing the sample size from 50 607 respondents in the 96 communities to 36 540 respondents in the remaining 62 communities. Only respondents with complete data on sheltered status and all key predictors were included in the analyses,

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resulting in a final analytic sample of 25 489. Although the differences between included and excluded cases were substantial, driven largely by sample size, the differences were small.

#### **Analyses**

We used Pearson's  $\chi^2$  tests to assess differences in the characteristics of sheltered and unsheltered respondents. We conducted 2 multivariate analyses. First, to understand the correlates of unsheltered status, we fit a generalized linear mixed model with demographic, homelessness, mental/ behavioral health, institutional, and income characteristics as fixed effects and community as a random effect. Second, to assess if unsheltered status and other correlates were associated with increased mortality risk, we fit a generalized linear mixed model of the likelihood of meeting 1 or more of the previously outlined 6 high-risk conditions as a function of unsheltered status and demographic, homelessness, institutional, and income characteristics. Each multivariate analysis controlled for average state temperature in January. We also conducted a corresponding univariate analysis, entering each correlate as a fixed effect, with community as a random effect. All analyses were conducted with SAS/STATA 9.4.<sup>21</sup>

#### **Results**

#### **Characteristics**

Of the 25 489 survey respondents, 13 761 (54.0%) reported sleeping most frequently in an unsheltered situation. Compared with their sheltered counterparts, unsheltered respondents were more frequently located in areas with warmer temperatures; were male and white or other/mixed race; had a history of military service, incarceration, or foster care; and reported use of drugs and alcohol and treatment related to substance use and mental health. Compared with sheltered respondents, unsheltered respondents were less likely to have more than a high school education and more likely to obtain income through informal sources. Unsheltered respondents reported substantially longer durations of homelessness but less frequent episodes of homelessness than sheltered respondents. Also, compared with sheltered respondents, unsheltered respondents reported higher rates of each highrisk condition measured by the Vulnerability Index, except for frequent hospitalizations, being >60 years of age, and living with HIV/AIDS. Unsheltered status was more common in areas with higher temperatures and among respondents with less than a high school education, those identifying as a mixed/other race or white, males, and those who reported being homeless for 5 or more years (Table 1).

#### Correlates of Unsheltered Status

Results of the generalized linear mixed model for unsheltered status indicated that respondents who identified as black or Hispanic, female or transgender, and  $\geq$ 60 years of

age had lower odds of sleeping in an unsheltered situation; those who reported less than a high school education and a history of military service had slightly higher odds of being unsheltered. Duration of homelessness was significantly related to sleeping in an unsheltered situation: the adjusted odds of being unsheltered was 1.36 for those who had been homeless 1 to 5 years and 1.95 for those who had been homeless more than 5 years. A history of incarceration and foster care also increased the risk of sleeping in an unsheltered situation (Table 2).

Respondents' use of alcohol and drugs and lack of treatment related to both substance use and mental health increased their likelihood of sleeping in an unsheltered situation. Respondents who reported drinking alcohol every day for a month, ever abusing alcohol or drugs, ever using drugs intravenously, and ever being hospitalized against their will had increased odds of sleeping in an unsheltered situation, whereas respondents who had ever been treated for substance abuse had lower odds of being unsheltered. Finally, respondents who reported receiving more formal sources of income (eg, entitlements) had lower odds of being unsheltered (Table 2).

Although the multivariate model attenuated some of the univariate effect sizes as expected, results were generally consistent between these sets of analyses. The only exception was the effect of past substance abuse treatment, with unadjusted odds of 1.21 in the univariate analysis and adjusted odds of 0.84 in the multivariate analysis (Table 2).

#### Correlates of Risk Factors for Mortality

Results of the generalized linear mixed model for risk factors for mortality indicated that respondents who were sleeping in an unsheltered situation had 12% higher adjusted odds of having at least 1 risk factor for mortality. Other correlates of increased risk of mortality included being female, having served in the military, being homeless for more than 5 years, and having previously been incarcerated. Self-identifying as black and receiving income related to employment protected against risk factors for increased mortality, whereas receiving income from entitlements and other informal sources increased the likelihood of endorsing risk factors for mortality. Results were relatively consistent between multivariate and univariate analyses (Table 3).

#### Discussion

Our finding that unsheltered respondents were significantly different from sheltered respondents is consistent with other studies finding that people living in unsheltered situations were more frequently veterans than nonveterans, <sup>6,22</sup> had a history of incarceration, <sup>6</sup> obtained lower levels of education, <sup>10</sup> had significant substance use histories, <sup>6,7,22</sup> and were persistently homeless more frequently. <sup>5,10,17,23,24</sup> In addition, unsheltered respondents more frequently reported a history of foster care and accessing informal income than not. Each of these characteristics was associated with unsheltered status among the study sample;

**Table 1.** Characteristics of respondents to the 100 000 Homes Vulnerability Index, by sheltered status: 2007-2014 (62 US communities;  $n=25\,489)^a$ 

	(	Sheltered n = 11728)		nsheltered n = 13761)			neltered Rate n = 13 761) <sup>c</sup>
Variable	No.	% (95% CI)	No.	% (95% CI)	P Value <sup>b</sup>	No.	% (95% CI)
Average state temperature in Jan, °F					<.001		
<25	2412	20.6 (19.8-21.3)	1272	9.2 (8.8-9.7)		1272	34.5 (33.0-36.1)
25-34	4014	34.2 (33.4-35.1)	3347	24.3 (23.6-25.0)		3347	45.5 (44.3-46.6)
35-44	1674	14.3 (13.6-14.9)		15.1 (14.5-15.7)		2084	55.5 (53.9-57.0)
≥45	3628	30.9 (30.1-31.8)	7058	51.3 (50.5-52.1)		7058	66.0 (65.2-66.9)
Demographic characteristics Education					<.001		
<high school<="" td=""><td></td><td>29.3 (28.5-30.1)</td><td></td><td>34.9 (34.1-35.7)</td><td></td><td></td><td>58.3 (57.2-59.4)</td></high>		29.3 (28.5-30.1)		34.9 (34.1-35.7)			58.3 (57.2-59.4)
High school / GED / trade school		41.8 (40.9-42.7)		41.0 (40.2-41.8)			53.5 (52.6-54.5)
Some college		20.9 (20.2-21.6)		17.7 (17.1-18.4)			49.9 (48.5-51.3)
College graduate	943	8.0 (7.5-8.5)	880	6.4 (6.0-6.8)		880	48.3 (46.0-50.6)
Race/ethnicity					<.001		
Non-Hispanic white		32.9 (32.1-33.8)		36.7 (35.9-37.5)			56.7 (55.6-57.7)
Non-Hispanic black		46.6 (45.7-47.6)		39.1 (38.3-40.0)			49.6 (48.7-50.5)
Hispanic		11.0 (10.4-11.6)		11.0 (10.4-11.5)			53.9 (52.0-55.7)
Mixed/other <sup>d</sup>	1106	9.4 (8.9-10.0)	1817	13.2 (12.6-13.8)		1817	62.2 (60.4-63.9)
Sex					<.001		
Male -		70.2 (69.4-71.1)		, ,			55.8 (55.1-56.5)
Female		29.3 (28.5-30.2)		24.0 (23.3-24.7)			48.9 (47.7-50.1)
Transgender/other <sup>e</sup>	49	0.4 (0.3-0.5)	53	0.4 (0.3-0.5)	141	53	52.0 (42.3-61.7)
Age, y	1200	110 (112 12 4)	1.407	100 (104 114)	.161	1.407	F
18-29		11.8 (11.3-12.4)		10.9 (10.4-11.4)			51.9 (50.0-53.7)
30-39		15.4 (14.7-16.0)		15.6 (15.0-16.2)			54.3 (52.7-55.9)
40-49		29.2 (28.3-30.0)		29.7 (29.0-30.5)			54.5 (53.3-55.6)
50-59		33.9 (33.1-34.8)		34.3 (33.5-35.1)			54.3 (53.2-55.3)
≥60 Samual in LIS mailisam.		9.7 (9.2-10.2)		9.5 (9.0-10.0)	004		53.5 (51.5-55.5)
Served in US military Homelessness characteristics	1//7	15.2 (14.5-15.8)	2262	16.4 (15.8-17.1)	.006	2262	56.0 (54.4-57.5)
					<.001		
Years spent homeless <i< td=""><td>3644</td><td>31.1 (30.2-31.9)</td><td>2557</td><td>18.6 (17.9-19.2)</td><td>\.UU1</td><td>2557</td><td>41.2 (40.0-42.5)</td></i<>	3644	31.1 (30.2-31.9)	2557	18.6 (17.9-19.2)	\.UU1	2557	41.2 (40.0-42.5)
1-5		47.8 (46.9-48.7)		46.5 (45.7-47.4)			53.3 (52.4-54.2)
>5		21.2 (20.4-21.9)		34.9 (34.1-35.7)			65.9 (64.8-67.0)
Times homeless and rehoused in past 3 y		72.6 (71.7-73.4)		66.5 (65.7-67.3)			51.8 (51.1-52.6)
<4		72.6 (71.7-73.4)		66.5 (65.7-67.3)			51.8 (51.1-52.6)
≥4		10.3 (9.7-10.8)	1331	, ,			52.4 (50.5-54.4)
Not reported		17.2 (16.5-17.8)		23.8 (23.1-24.5)			62.0 (60.7-63.3)
Institutional history		(					()
Ever been incarcerated	8651	73.8 (73.0-74.6)	11278	82.0 (81.3-82.6)	<.001	11278	56.6 (55.9-57.3)
Ever been in foster care		14.5 (13.8-15.1)		17.3 (16.7-18.0)	<.001		58.4 (56.9-60.0)
Income <sup>f</sup>		,		,			,
Active (employment)	2880	24.6 (23.8-25.3)	2984	21.7 (21.0-22.4)	<.001	2984	50.9 (49.6-52.2)
Passive (entitlements)	7822	66.7 (65.8-67.5)	8474	61.6 (60.8-62.4)	<.001	8474	52.0 (51.2-52.8)
Other informal income	1220	10.4 (9.8-11.0)	3812	27.7 (27.0-28.4)	<.001		75.8 (74.6-76.9)
Mental health							
Ever treated for mental health problems	6319	53.9 (53.0-54.8)	7389	53.7 (52.9-54.5)	.769	7389	53.9 (53.1-54.7)
Ever hospitalized against will	2257	19.2 (18.5-20.0)	3303	24.0 (23.3-24.7)	<.001	3303	59.4 (58.1-60.7)
Substance use							
Drank alcohol every day for past month	1196	10.2 (9.7-10.7)		23.0 (22.3-23.7)	<.001	3171	72.6 (71.3-73.9)
Ever abused drugs or alcohol	7261	61.9 (61.0-62.8)		68.6 (67.8-69.4)	<.001		56.5 (55.8-57.3)
Ever used intravenous drugs		15.8 (15.1-16.5)		21.2 (20.5-21.8)	<.001		61.1 (59.7-62.5)
Ever treated for drug or alcohol abuse		45.1 (44.2-46.0)		47.2 (46.3-48.0)	.001		55.1 (54.2-56.0)
Increased mortality risk		56.1 (55.2-57.0)		59.3 (58.4-60.1)	<.001		55.3 (54.5-56.1)
Trimorbidity	566	4.8 (4.4-5.2)	977	,	<.001		63.3 (60.9-65.7)
Substance abuse	7723	65.9 (65.0-66.7)	10 168	73.9 (73.2-74.6)	<.001	10168	56.8 (56.1-57.6)

(continued)

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Table I. (continued)

		Sheltered (n = 11728)		Unsheltered (n = 13761)		Unsheltered Rate (n = 13761) <sup>c</sup>	
Variable	No.	% (95% CI)	No.	% (95% CI)	P Value <sup>b</sup>	No.	% (95% CI)
Severe mental illness	2257	19.2 (18.5-20.0)	3303	24.0 (23.3-24.7)	<.001	3303	59.4 (58.1-60.7)
Chronic medical illness	2449	20.9 (20.1-21.6)	3362	24.4 (23.7-25.1)	<.001	3362	57.9 (56.6-59.1)
Health care service use	5245	45.7 (44.8-46.6)	6330	47.2 (46.3-48.0)	.017	6330	54.7 (53.8-55.6)
Hospitalization in past year	4716	41.2 (40.3-42.1)	5660	42.3 (41.4-43.1)	.076	5660	54.5 (53.6-55.5)
Frequent emergency room visits ( $\geq 3$ in past 3	2014	17.5 (16.8-18.2)	2541	18.9 (18.2-19.6)	.004	2541	55.8 (54.3-57.2)
mo)							
>60 y of age	899	7.7 (7.2-8.1)	1044	7.6 (7.1-8.0)	.813	1044	53.7 (51.5-55.9)
Living with HIV/AIDS	386	3.3 (3.0-3.6)	504	3.7 (3.4-4.0)	.101	504	56.6 (53.4-59.9)
Living with liver and/or kidney disease	1363	11.8 (11.2-12.4)	2050	15.1 (14.5-15.7)	<.001	2050	60.1 (58.4-61.7)
Ever had frostbite/hypothermia/immersion foot	742	6.4 (5.9-6.8)		10.7 (10.2-11.3)	<.001	1466	66.4 (64.4-68.4)

Abbreviations: CI, confidence interval; GED, general equivalency diploma; HIV, human immunodeficiency virus.

however, other characteristics (ie, identifying as black, female, and >60 years of age) protected against unsheltered status. In univariate analyses, a history of substance abuse treatment was associated with increased odds of being unsheltered. In the multivariate model, however, respondents who indicated ever receiving treatment for substance abuse were more likely to be sheltered than those who had not received treatment, which perhaps reflects sheltered respondents' access to services or a function of the requirements for obtaining shelter.

The relationship between foster care and homelessness as an adult is well documented: compared with the general population, those who are homeless report a history of foster care 6 to 9 times more frequently.<sup>25</sup> Housing instability—characterized by running away from foster care or frequently transitioning among foster homes—is associated with an increased risk of homelessness among youth aging out of foster care, indicating a lack of social support or ability to access resources.<sup>26</sup> A history of foster care is also associated with longer durations of homelessness and younger age at first episode of homelessness, <sup>27</sup> as well as long-term difficulties related to mental health, chronic and acute health conditions, and employment difficulties that persist beyond middle age.<sup>28</sup> Although research has not linked foster care to unsheltered homelessness, experiences in adulthood that are related to a history of foster care are consistent with risk factors for unsheltered homelessness.

Respondents who were receiving entitlement income had almost 30% higher adjusted odds of being sheltered than those who were not receiving entitlement income, a finding that is consistent with research conducted among veterans experiencing homelessness that found that those receiving compensation related to service-connected disabilities were less likely to be

unsheltered than those who were not receiving compensation<sup>7</sup> and less likely to be persistently homeless.<sup>17</sup> This relationship, which holds true even for families that are avoiding housing instability or eviction, may symbolize "uncertainty of income," making it difficult to budget or plan for accessing shelter, which usually comes with a price.<sup>29</sup> The finding that respondents accessing other informal income were significantly more likely to be unsheltered than those who were not accessing other informal income may be related to uncertainty of income, but it may also be a symptom of living in an unsheltered situation.

Compared with sheltered respondents, those living in unsheltered situations had higher odds of meeting Vulnerability Index criteria for increased risk of mortality. The correlates of increased risk of mortality were similar to what was found for unsheltered status, with 2 important differences: respondents receiving entitlements and women were less likely to be unsheltered but had greater odds of increased risk of mortality, 1.63 and 1.22, respectively. More certain income—such as that received through entitlements—may be related to the ability to budget for shelter; however, eligibility for these entitlements is based on disability, which likely contributes to recipients' risk of mortality.

To our knowledge, no studies have assessed mortality or mortality risk among unsheltered women, but a 2004 study of women staying in homeless shelters found that the mortality rate among women <45 years of age was 5 to 30 times higher than expected and about twice as high as expected among women ≥45 years of age.<sup>30</sup> Future research should examine the subpopulation of female respondents to identify factors associated with their increased risk of mortality—including the role of unsheltered status—and appropriate responses.

<sup>&</sup>lt;sup>a</sup>Data source: Community Solutions. 19

<sup>&</sup>lt;sup>b</sup>Based on Pearson's  $\chi^2$  test of significance to compare the difference between sheltered and unsheltered respondents.

<sup>&</sup>lt;sup>c</sup>Unsheltered rate indicates the prevalence of people living in unsheltered situations who have each characteristic indicated in this table. Percentages are by row, with the denominator being the total number of sheltered and unsheltered respondents for each characteristic.

dIncludes respondents self-identifying as Asian, Native Hawaiian / other Pacific Islander, Native American, mixed race, or other.

elncludes respondents self-identifying as transgender or other.

fltems reflect separate dichotomous variables, not mutually exclusive categories. Active income includes on- and off-the-books employment; passive income includes pensions, benefits, and public assistance; and other informal income includes income from recycling, panhandling, and the drug and sex trades.

**Table 2.** Results of a mixed effects logistic regression model<sup>a</sup> assessing correlates of unsheltered status among respondents to the 100 000 Homes Vulnerability Index: 2007-2014 (62 US communities; n = 25489)<sup>b</sup>

Variable	Unadjusted OR (95% CI)	P Value <sup>c</sup>	aOR <sup>d</sup> (95% CI)	P Value
Average state temperature in Jan, °F				
≥ <b>45</b>	I [Reference]		I [Reference]	
	0.17 (0.07-0.43)	<.001	0.14 (0.06-0.35)	<.001
25-34	0.38 (0.19-0.75)	.006	0.39 (0.20-0.75)	.005
35-44	0.44 (0.17-1.11)	.081	0.50 (0.21-1.20)	.122
Education	,		,	
High school / GED / trade school	I [Reference]		I [Reference]	
<high school<="" td=""><td>1.18 (1.11-1.26)</td><td>&lt;.001</td><td>1.09 (1.02-1.17)</td><td>.01</td></high>	1.18 (1.11-1.26)	<.001	1.09 (1.02-1.17)	.01
Some college	0.81 (0.75-0.88)	<.001	0.86 (0.79-0.93)	<.001
College graduate	0.72 (0.65-0.81)	<.001	0.81 (0.72-0.91)	<.001
Race/ethnicity	= ()		( =)	
Non-Hispanic white	I [Reference]		I [Reference]	
Non-Hispanic black	0.66 (0.62-0.71)	<.001	0.65 (0.61-0.70)	<.001
Hispanic	0.88 (0.80-0.97)	.013	0.83 (0.75-0.93)	<.001
Other/mixed <sup>e</sup>	1.06 (0.96-1.17)	.251	1.00 (0.90-1.11)	.964
Sex	1.00 (0.70-1.17)	.231	1.00 (0.70-1.11)	.704
Male	I [Reference]		I [Reference]	
Female	0.76 (0.72-0.81)	<.001	0.89 (0.83-0.96)	.001
Transgender/other <sup>f</sup>	0.64 (0.42-0.99)	.045	0.62 (0.39-0.98)	.04
Age, y	0.0 1 (0.12 0.77)	.0.15	0.02 (0.07 0.70)	.0.
18-29	I [Reference]		I [Reference]	
30-39	1.08 (0.97-1.20)	.181	1.02 (0.91-1.14)	.717
40-49	1.08 (0.98-1.19)	.103	0.96 (0.86-1.06)	.404
50-59	1.03 (0.94-1.13)	.516	0.92 (0.83-1.02)	.106
>60	0.87 (0.77-0.99)	.03	0.87 (0.76-0.99)	.036
Served in US military	1.09 (1.01-1.17)	.027	1.10 (1.01-1.19)	.025
Years spent homeless	1.07 (1.01-1.17)	.027	1.10 (1.01-1.17)	.023
<	I [Peference]		I [Poforonco]	
1-5	I [Reference]	<.001	I [Reference]	<.001
1-5 >5	1.5 (1.40-1.61)		1.36 (1.26-1.46)	
	2.46 (2.27-2.66)	<.001	1.95 (1.79-2.12)	<.001
Substance use	2.57 (2.37.2.37)	- 001	1.00 (1.02.2.15)	- 001
Drank alcohol every day for past month	2.56 (2.37-2.77)	<.001	1.98 (1.82-2.15)	<.001
Ever abused drugs or alcohol	1.51 (1.42-1.60)	<.001	1.10 (1.02-1.19)	.012
Ever used intravenous drugs	1.48 (1.38-1.59)	<.001	1.13 (1.04-1.22)	.004
Ever treated for drug or alcohol abuse	1.21 (1.15-1.28)	<.001	0.84 (0.78-0.90)	<.001
Mental health				
Ever treated for mental health problems	1.05 (1.00-1.12)	.064	0.97 (0.91-1.04)	.442
Ever hospitalized against will	1.33 (1.24-1.42)	<.001	1.20 (1.11-1.29)	<.001
Institutional history				
Ever been incarcerated	1.73 (1.62-1.85)	<.001	1.32 (1.22-1.42)	<.001
Ever been in foster care	1.29 (1.20-1.40)	<.001	1.14 (1.05-1.24)	.002
Income <sup>g</sup>				
Active income (employment)	1.06 (0.99-1.13)	.113	0.94 (0.88-1.01)	.105
Passive income (entitlements)	0.75 (0.70-0.79)	<.001	0.78 (0.73-0.83)	<.001
Other informal income	3.14 (2.90-3.39)	<.001	2.37 (2.18-2.57)	<.001

Abbreviations: aOR, adjusted odds ratio; CI, confidence interval; GED, general equivalency diploma; OR, odds ratio.

#### Limitations

This study had several limitations. Because of missing data, a substantial portion of the original sample was excluded from

analyses, which may affect the generalizability of the findings. In addition, there were significant—though not substantive—differences between respondents who were and were not

<sup>&</sup>lt;sup>a</sup>Mixed effects logistic regression model with community entered as a random effect.

<sup>&</sup>lt;sup>b</sup>Data source: Community Solutions. <sup>19</sup>

 $<sup>^{</sup>c}$ Based on Wald  $\chi^{2}$  test for significance to compare whether the predictor is associated with the outcome.

<sup>&</sup>lt;sup>d</sup>Adjusted for all other variables in the table.

elncludes respondents self-identifying as Asian, Native Hawaiian / other Pacific Islander, Native American, mixed race, or other.

fincludes respondents self-identifying as transgender or other.

gActive income includes on- and off-the-books employment; passive income includes pensions, benefits, and public assistance; and other informal income includes income from recycling, panhandling, and the drug and sex trades.

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**Table 3.** Results of mixed effects logistic regression model<sup>a</sup> assessing risk factors for mortality among people responding to the  $100\,000$  Homes Vulnerability Index: 2007-2014 (62 US communities;  $n=25\,489$ )<sup>b</sup>

Variable	Unadjusted OR (95% CI)	P Value <sup>c</sup>	aOR <sup>d</sup> (95% CI)	P Value
Unsheltered	1.21 (1.15-1.28)	<.001	1.12 (1.05-1.19)	<.001
Education	, ,		,	
<high school<="" td=""><td>I [Reference]</td><td></td><td>I [Reference]</td><td></td></high>	I [Reference]		I [Reference]	
High school / GED / trade school	1.19 (1.12-1.26)	<.001	1.13 (1.06-1.20)	<.001
Some college	1.12 (1.04-1.20)	.002	1.11 (1.03-1.20)	.004
College graduate	1.25 (1.13-1.39)	<.001	1.29 (1.16-1.44)	<.001
Race/ethnicity				
Non-Hispanic white	I [Reference]		I [Reference]	
Non-Hispanic black	0.76 (0.71-0.81)	<.001	0.76 (0.71-0.81)	<.001
Hispanic .	0.84 (0.76-0.92)	<.001	0.92 (0.83-1.01)	.083
Other/mixed <sup>e</sup>	0.95 (0.87-1.04)	.31	0.96 (0.88-1.06)	.435
Sex				
Male	I [Reference]		I [Reference]	
Female	1.16 (1.10-1.23)	<.001	1.22 (1.14-1.30)	<.001
Transgender/other <sup>f</sup>	1.49 (0.98-2.26)	.062	1.48 (0.97-2.27)	.069
Served in US military	1.26 (1.17-1.35)	<.001	1.27 (1.18-1.37)	<.001
Years spent homeless				
<	I [Reference]		I [Reference]	
1-5	1.35 (1.26-1.43)	<.001	1.29 (1.21-1.38)	<.001
>5	1.83 (1.70-1.97)	<.001	1.65 (1.53-1.78)	<.001
Institutional history				
Ever been incarcerated	1.44 (1.36-1.53)	<.001	1.38 (1.29-1.48)	<.001
Ever been in foster care	1.15 (1.07-1.23)	<.001	1.06 (0.99-1.14)	.12
Income <sup>g</sup>				
Active income (employment)	0.55 (0.52-0.59)	<.001	0.61 (0.58-0.65)	<.001
Passive income (entitlements)	1.78 (1.69-1.88)	<.001	1.63 (1.54-1.73)	<.001
Other informal income	1.26 (1.18-1.35)	<.001	1.19 (1.11-1.28)	<.001

Abbreviations: aOR, adjusted odds ratio; CI, confidence interval; GED, general equivalency diploma; OR, odds ratio.

included in the final analytic sample, which may reflect selection bias. Second, we were unable to assess interrater reliability across interviewers and communities, which is a concern given that the level of training and experience among raters likely varied considerably. Third, the data were based on self-report, which may be unreliable, particularly as related to duration of homelessness, use of health care services, and medical conditions. Furthermore, the Vulnerability Index did not assess behavioral health conditions. Fourth, the data provided little information on respondents' sheltered status, which made it impossible to know about or control for the duration, frequency, and history of unsheltered status. Finally, due to the cross-sectional nature of the data, the results presented here cannot be used to infer causality.

#### **Conclusion**

This study identified several factors associated with increased odds that a person would be living in an unsheltered situation, be at increased risk of mortality, or both, including extended duration of homelessness, substance use, history of incarceration and foster care, lack of reliable income, and female sex. These findings highlight the need to reach out to these vulnerable populations and provide interventions that help people during their transition from incarceration to the community or as they age out of foster care. Connecting people with resources to increase their likelihood to obtain employment, access benefits, and find other sources of income is especially important.

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a Mixed effects logistic regression model with community entered as a random effect. The dependent variable was meeting at least 1 of 6 risk factors for mortality.

<sup>&</sup>lt;sup>a</sup>Data source: Community Solutions. <sup>1</sup>

<sup>&</sup>lt;sup>c</sup>Based on Wald  $\chi^2$  test for significance to compare whether the predictor is associated with the outcome.

<sup>&</sup>lt;sup>d</sup>Adjusted for all other variables in the table.

elncludes respondents self-identifying as Asian, Native Hawaiian / other Pacific Islander, Native American, mixed race, or other.

flncludes respondents self-identifying as transgender or other.

<sup>&</sup>lt;sup>8</sup>Active income includes on- and off-the-books employment; passive income includes pensions, benefits, and public assistance; and other informal income includes income from recycling, panhandling, and the drug and sex trades.

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# Homelessness in Washington State

2018 Annual Report

December 2018 Report to the Legislature Brian Bonlender, Director

## Acknowledgements

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## **Executive Summary**

This annual report complements the Washington State Homeless Strategic Plan updated in 2018, and fulfills reporting requirements outlined in several chapters of the Homeless Housing and Assistance Act, including RCW 43.185c.010, 040, 045, 170, 340, and RCW 43.63A.305 and 311. New reporting requirements were added to the Act during the 2018 legislative session.

Despite a strong state economy, growing incomes, and above-average and improving family stability, Washington has the fifth highest prevalence of homelessness in the nation. The count of people living unsheltered has increased every year since 2013, and now totals over 10,000 people.

In most domains that drive homelessness, Washington is above average and improving, with the notable exception of rental price inflation. Rents have increased 30 percent in the last decade, primarily due to an undersupply of new units versus rapid population increases. Even with above-average income growth for lower-income households in Washington, it has not been enough to keep pace with rent inflation, resulting in more people with already tight budgets being pushed into homelessness.

Additional investments by the Legislature and performance improvements have moderated the impacts of this mismatch between rents and lower incomes, but forecasts show that rent increases and population growth-driven demand will outpace available funding. Washington's top tier performance-based contracting should continue to yield better outcomes with existing investments, but performance improvements do not add up to significant reductions in homelessness without additional investment and a solution to the undersupply of housing.

The Housing Opportunities Act (Chapter 85, Laws of 2018) added significant accountability, specific planning requirements and additional transparency, which is being implemented now. As part of this renewed effort, state, local governments and community partners are actively pursuing:

- Solutions to the housing supply problem.
- Improving performance.
- Quantifying the necessary level of investment to leave no person living outside.

Complementing the department's broad effort to address homelessness, the Office of Homeless Youth, created through the Homeless Youth Prevention and Protection Act of 2015, continues its cross-systems partnership to work toward all young people having a safe and stable home and the support they need to thrive. The office's work around expanding services, best practices, data collection, performance management and coordinated entry implementation is integrated tightly with, and informed by, the larger overall effort to address homelessness in Washington.

### **Assessing the Current Conditions of Homelessness**

#### **Adult and Family Homelessness**

Data-driven investments resulting from the 2006 Homelessness Housing and Assistance Act led to declines in homelessness through 2012. However, Washington's exceptionally strong economic growth without a matching increase in the housing supply contributed to a 30 percent rent inflation since 2012, moving Washington from having the 12<sup>th</sup> to the eighth highest rents in the nation. Concurrent with these rent increases, the count of people experiencing homelessness in Washington increased 26 percent, and Washington now has the fifth highest rate of homelessness in the nation, with over 10,000 people living unsheltered, and over 11,000 people living in temporary homeless housing.

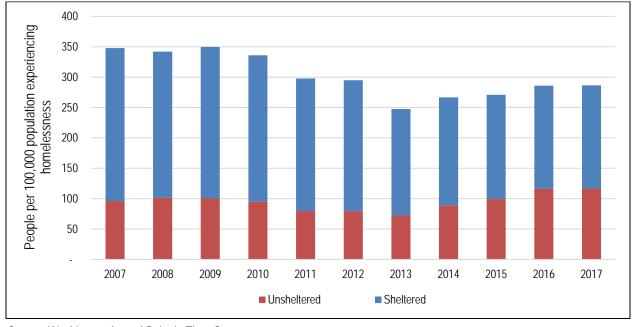


Figure 1: Changes in Homelessness 2007-2017 per the Point-in-Time Count

Source: Washington Annual Point in Time Count

Although Washington has an exceptionally high rate of homelessness, when compared to rent levels, Washington's rate of homelessness is average. The correlation between rent levels and homelessness (+0.66) is much stronger than other potential drivers of the increase. For example the correlation between homelessness and the supplemental poverty measure is counterintuitively negligible (+0.16), and states with large increases in opiate deaths actually experience a drop in the rate of homelessness. Washington experienced a below-average increase in opiate deaths during this time period when compared to other states.

Measures of family structure and stability are top tier in Washington and improving, and should be a countervailing force to the rent-driven increases in homelessness.

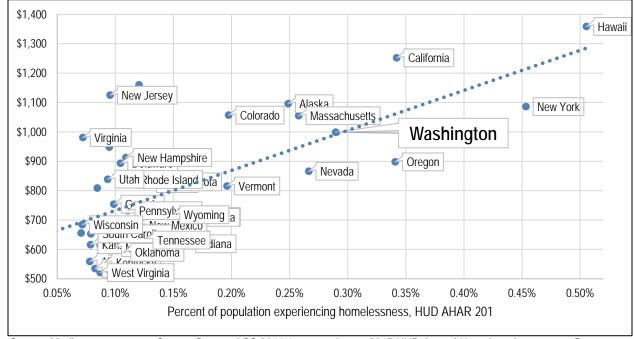


Figure 2: Median Rent and Percent of Population Experiencing Homelessness by State

Source: Median contract rent, Census Bureau ACS 2016 1-year estimate; 2017 HUD Annual Homeless Assessment Report.

Washington economic growth has been ranked first for two consecutive years, and now has the 10th highest per capita GDP among states. The lowest incomes (bottom quintile households) in Washington are ranked eighth in the nation, and the poverty rate is falling (now ranked 36th). The percentage of people working is increasing (now ranked 25th), and the percent of people collecting disability remains below the national average.

#### Addressing the Growing Need

Updates to the Homeless Housing and Assistance Act (Chapter 43.185C RCW) have positioned Washington as a national leader in state-driven performance contracts that have improved the efficiency of the existing homeless crisis response system investments. Legislatively required updates to local and state strategic plans will include an accounting of performance, policy, and resources changes necessary to leave no person living outside.

The plans will build off transparent, research-supported assumptions about the cost per successful intervention and related assumptions about reducing the number of people experiencing homelessness.

Newly available research and cross-jurisdictional performance data show that it is possible to reduce dramatically the number of people living outside, and a combination of lower rent inflation, improved performance, and adequate investment levels can bring Washington's performance in line with higher-performing peer states.

#### **Youth and Young Adult Homelessness**

At least 13,000 young people, ages 12 through 24, live on the street or in unsafe or unstable housing situations, and are on their own, without a parent or guardian. This often is referred to as "unaccompanied" homelessness.

Young people can experience homelessness for any number of reasons, including family dysfunction or conflict, rejection due to sexual orientation or gender identity, or economic instability that leads to separation from family. In short, young people become homeless when home is not safe, not supportive, or does not exist.

#### Some Young People are at Greater Risk of Homelessness

- Youth of color experience homelessness at much higher rates than the rest of the youth population. Black youth in Washington make up 24 percent of the homeless youth population, but represent only 6 percent of the total youth population.<sup>1</sup>
- Up to 40 percent of youth experiencing homelessness identify as LGBTQ, while only 3 to 5 percent of the U.S. population identifies as LGBTQ.<sup>2</sup>
- Approximately 1 in 4 youth who exit foster care and 1 in 3 exiting the juvenile or adult justice system experience homelessness. Nearly 1,200 youth and young adults exiting behavioral health inpatient treatment experienced homelessness in a single year (23 percent of those exiting).<sup>3</sup>
- Youth with less than a high school diploma or GED have a 346 percent higher risk of homelessness.<sup>4</sup>

#### Adolescence is a Unique Period that Demands a Tailored Approach

Experiencing homelessness during adolescence can have a profound and enduring impact on a person's life. Ages 12 through 24 are a key developmental window where significant changes are happening physically, emotionally, psychologically, and socially. The adolescent brain is plastic, meaning that it is malleable and highly sensitive to its environment. During times of heightened sensitivity (which occur during both early childhood and adolescence), the brain is more vulnerable to damage from physical harms, like drugs or environmental toxins, or psychological ones, like trauma and stress. <sup>5</sup> It is also more responsive to positive influences,

<sup>&</sup>lt;sup>1</sup> Washington State Department of Commerce, "Office of Homeless Youth 2016 Report to the Governor and Legislature," <a href="http://www.commerce.wa.gov/wp-content/uploads/2015/11/hau-ohy-report-2016-update.pdf">http://www.commerce.wa.gov/wp-content/uploads/2015/11/hau-ohy-report-2016-update.pdf</a>
<sup>2</sup> Ray, N., "Lesbian, gay, bisexual and transgender youth: An epidemic of homelessness," (2006), <a href="http://www.thetaskforce.org/lgbt-youth-an-epidemic-of-homelessness/">http://www.thetaskforce.org/lgbt-youth-an-epidemic-of-homelessness/</a>

<sup>&</sup>lt;sup>3</sup> Mayfield, Jim et al., "Housing Status of Youth Exiting Foster Care, Behavioral Health and Criminal Justice Systems," (2017), <a href="https://www.dshs.wa.gov/ffa/rda/research-reports/housing-status-youth-exiting-foster-care-behavioral-health-and-criminal-justice-systems">https://www.dshs.wa.gov/ffa/rda/research-reports/housing-status-youth-exiting-foster-care-behavioral-health-and-criminal-justice-systems</a>

<sup>&</sup>lt;sup>4</sup> Chapin Hall, Voices of Youth Count, <a href="http://voicesofyouthcount.org/">http://voicesofyouthcount.org/</a>

<sup>&</sup>lt;sup>5</sup> Steinberg, Lawrence, "Age of Opportunity, Lessons from the New Science of Adolescence," (2015)

making interventions that occur during this time significant in their influence on a young person's success and stability into adulthood. Simply put, the period of adolescence is our last best chance to put individuals on a positive pathway to a happy and fulfilling life.

The conditions under which young people enter into homelessness require that our response be more holistic rather than focused on housing alone. Young people typically lack work experience, have not completed their education, and do not have experience living independently so have not developed skills like budgeting, housekeeping, and job searching. Due to their age, they are at greater risk of victimization.<sup>6</sup>

The Office of Homeless Youth addresses youth homelessness through five key components identified in RCW 43.330.700 to prepare young people for a bright future:

- 1. Stable housing
- 2. Permanent connections
- 3. Family reconciliation
- 4. Education and employment
- 5. Social and emotional well-being

#### Washington Can Lead the Way

Working together, we can ensure that all young people have a safe and stable home and the support they need to thrive. Washington is positioned to lead the nation in making this vision a reality. The establishment of the Office of Homeless Youth in 2015 solidified the state's commitment to take a laser-like approach in addressing this issue. There is a strong movement of leaders, funders, and young people working together to end youth and young adult homelessness. Bold initiatives have recently launched including:

- A Way Home, Washington's Anchor Communities Initiative, to end youth and young adult homelessness in four communities by 2022.
- \$12.5 million in U.S. Department of Housing and Urban Development (HUD) Youth Homelessness Demonstration Program grants for King, Snohomish, and the 23 most rural counties in the state.
- A partnership between the Department of Children, Youth, and Families and the Office of Homeless Youth to support families and youth in crisis and ensure that youth exit public systems of care into safe and stable housing.

Significant progress has been made on recommendations proposed in the Office of Homeless Youth's 2016 Report, including expanded access to Extended Foster Care, increased funding for housing and shelter, and policies to support the academic success of students experiencing homelessness. While progress was made, much work remains. Washington must remain steadfast in its commitment to prevent and end youth and young adult homelessness.

<sup>&</sup>lt;sup>6</sup> National Network for Youth, "What Works to End Youth Homelessness?," (2015), <a href="https://www.nn4youth.org/wp-content/uploads/2015-What-Works-to-End-Youth-Homlessness.pdf">https://www.nn4youth.org/wp-content/uploads/2015-What-Works-to-End-Youth-Homlessness.pdf</a>

## Challenges to Reducing Homelessness

There are broader system and administrative challenges to reducing homelessness in our state. The system challenges such as institutional discharges into homelessness, rising rents, and lack of affordable housing, coupled with growth management laws, fall outside of the capacity of local homeless crisis response system to make significant changes. Instead, those local crisis response systems work to improve efficiencies that sometimes can be seen only at the margins. Even after performance benchmarks are achieved, modeling shows that existing resources are inadequate to reach the goal of leaving no person living outside.

#### **System Challenges**

#### **Increases in Rent**

Rental rates may have stopped increasing in most counties, and in some, may be declining. However, the long-term structural balance may result in a chronic undersupply of housing, resulting in further excessive rent inflation and increases in homelessness. With chronic, excessive rent inflation, the need for more low-income housing rises and may make it difficult for state and local governments to keep pace with growing need.

#### **Lack of Housing**

According to a study by the National Low Income Housing Coalition, the U. S. has a shortage of 7.4 million affordable rental homes available to extremely low-income renter households, resulting in 35 affordable and available units for every 100 extremely low-income renter households. The study also shows that Washington is no exception, with less than the national average. Because of the shortage of affordable and available homes, many lower-income households spend more on housing than they can afford sacrificing income for health care, food, transportation, childcare, and utilities.

## Current Gaps in Youth and Young Adult System Limit Prevention and Pathways out of Homelessness

 Geographic gaps: Youth and young adults experience homelessness in every region of our state. Despite what many people assume, rates of youth homelessness are similar in rural and urban areas.<sup>8</sup> Yet while there are youth experiencing homelessness in all communities of the state, the resources to help them are not. There are no beds for homeless youth in half of the 39 counties in Washington.

<sup>&</sup>lt;sup>7</sup> National Low Income Housing Coalition, "Out of Reach: The High Cost of Housing," (2018), http://nlihc.org/sites/default/files/oor/OOR 2018.pdf

<sup>8</sup> Chapin Hall, Voices of Youth Count, (2018), http://voicesofyouthcount.org/

- <u>Lack of prevention services</u>: Families experiencing conflict or disruption do not have
  access to the support needed to build resiliency and resolve challenges. They need
  access to robust crisis intervention, family counseling and reconciliation, and behavioral
  health services to prevent young people from having even a single experience of
  homelessness.
- <u>Inadequate transition planning from public systems</u>: Young people transitioning from public systems of care, such as foster care and the justice system, are leaving without the proper preparation and support to ensure their safety and stability.

#### **Administrative Challenges**

#### **Statewide By-Name List**

Identifying and prioritizing people experiencing homelessness is central to efficiently using limited resources. By-name lists are real-time lists of all people experiencing homelessness in a service area. A by-name list provides an ongoing snapshot of who is homeless and what their needs and preferences are. A well-implemented by-name list can also help service providers understand inflow into a homeless response system as people become homeless as well as outflow out of the system as people obtain permanent housing or leave a service area.

The HUD has made a positive long-term contribution to this initiative by releasing draft data standards governing the systems and procedures for coordinated entry, but release of final federal standards has delayed Commerce's ability to add new contract requirements. In the interim, Commerce has dedicated technical assistance staff to work with counties to strengthen their own procedures while we wait for the data standards and vendor updates to the Homeless Management Information System (HMIS). Homeless housing service providers use HMIS to collect and manage data gathered during the course of providing housing assistance to people experiencing homelessness.

#### **Modeling Tools**

Accurately quantifying the impact of performance improvements and investment levels is critical to developing meaningful local and state strategic plans. Existing tools to develop these estimates, built using hidden assumptions and calculations, are hard to use and understand given the inherent complexity of modeling flow of people through a system. Commerce has developed non-proprietary modeling tools with transparent underlying calculations and assumptions, but assisting local planning processes with understanding and using these tools will be a challenge for the department.

## **Homeless System Performance**

#### **Homeless System Performance Goals and Targets**

Performance measures help evaluate the effectiveness of Homeless Crisis Response Systems as they work towards ending homelessness. Each performance measure has a target that is the level of desirable performance and is an indicator of a high-performing system. Commerce has identified the following as the most critical homeless system performance measures:

- 1. Prioritizing unsheltered homeless households.
- 2. Increasing exits to permanent housing.
- 3. Reducing returns to homelessness.
- 4. Reducing the length of time homeless.

Homeless Crisis Response Systems work to meet benchmarks for each performance measure. The benchmark is a short-term goal to improve performance. The benchmark is set using local data and indicates acceptable progress toward the target within a given timeframe.

Because homeless housing projects work together, performance is measured using system-wide data. This means data from all applicable homeless housing projects are included in the baseline data and in the performance results regardless of fund sources.

#### **Prioritizing Unsheltered Homeless Households**

In January 2016, Commerce introduced the first performance improvement requirement to the Consolidated Homeless Grant, which was to prioritize people experiencing unsheltered homelessness<sup>9</sup> for services and programs. At that time, only 41 percent of the people served were experiencing unsheltered homelessness, or had a history of unsheltered homelessness. Initially, grantees were required to increase the percent of people served who were experiencing unsheltered homeless to 35 percent. Most grantees exceeded the benchmark, and the statewide rate of service to people experiencing unsheltered homelessness increased to 57 percent.

As of July 2017, grantees are required to continue to increase the percentage of unsheltered homeless served or achieve functional zero. Functional zero means that the average number of housing placements keeps pace with the number of people experiencing homelessness.

<sup>&</sup>lt;sup>9</sup> The Unsheltered Prioritization measurement includes any person who was unsheltered in the last two years, as measured in the Homeless Management Information System, by living situation (place not meant for habitation, e.g., vehicle, abandoned building, bus/train/subway station/airport, park, camping ground or anywhere outside), OR people indicating that they are currently fleeing or attempting to flee domestic violence, dating violence, sexual assault, stalking or other dangerous or life-threatening conditions.

Additionally, grantees that are serving high levels of unsheltered homeless but have not achieved functional zero may assert that the county has met a high performance threshold, evaluated by Commerce, based on state and local administrative data, and qualitative data gathered from key stakeholders.

#### **Improving Housing Outcomes**

In July 2017, Commerce introduced additional performance improvement requirements to the Consolidated Homeless Grant with the aim of improving the housing outcomes of homeless crisis response systems. Commerce provided grantees with a menu of performance measures specific to intervention type (see table below). For each intervention type, grantees adopted the required performance measure(s), and at least one secondary performance measure. Using local data, they chose short-term improvement goals.

Performance measures and benchmarks are required to be included in sub-contracts for all Consolidated Homeless Grant and Emergency Shelter Grant funded housing interventions. However, grantees are encouraged to customize sub-grantee performance benchmarks according to past performance, facility type, or other variables. For example, to increase system-wide exits to permanent housing from emergency shelters, a grantee may require a high-performing, continuous-stay emergency shelter to reach 80 percent exits to permanent housing while a night-by-night shelter is required only to reach 30 percent exits to permanent housing. Regardless of how grantees pass performance improvement requirements to sub-grantees, performance measurement is system-wide.

Figure 3: Intervention Types, Performance Measures and Performance Targets

Intervention Type	Performance Measure (required measures are bold)	Performance Target
	Increase Percent Exits to Permanent Housing	At Least 50%
Emorgonov Choltor	Reduce Median Length of Stay	20 Days or Less
Emergency Shelter	Reduce Average Length of Stay	20 Days or Less
	Reduce Percent Return to Homelessness in 2 Years	Less than 10%
	Increase Percent Exits to Permanent Housing	At Least 80%
Transitional Housing	Reduce Median Length of Stay	90 Days or Less
Transitional Housing	Reduce Average Length of Stay	90 Days or Less
	Reduce Percent Return to Homelessness in 2 Years	Less than 5%
Rapid Re-Housing	Increase Percent Exits to Permanent Housing	At Least 80%
Rapid Re-Housing	Reduce Percent Return to Homelessness in 2 Years	Less than 5%
	Reduce Number of New Homeless	Reduce Number
Targeted Prevention	Increase Percent served coming from institutional setting or temporarily staying with family or friends (doubled up)	At Least 80%
	Increase Percent served with past homelessness	At Least 80%
Permanent Supportive Housing	Increase Percent Exits to or Retention of Permanent Housing	At Least 95%

#### **Monitoring and Communicating Performance**

Commerce analyzes homeless system performance quarterly and annually to assess the degree to which systems are making progress on their benchmarks. Performance outcomes communicate through the "Washington State Homeless System Performance Reports." The reports provide information on critical homeless system performance measures and other contextual information about a community's homeless crisis response system.

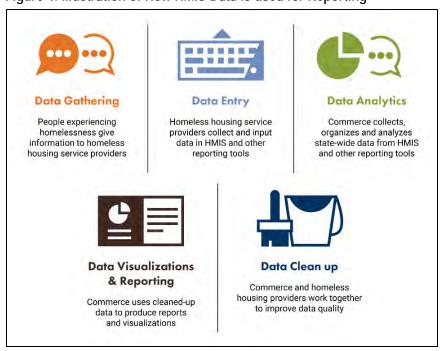
#### The reports:

- Identify evidence-based housing interventions that efficiently move people experiencing homelessness into permanent destinations.
- Provide communities with information regarding their progress towards locally established performance benchmarks.
- Evaluate if improvement strategies are having the intended impact.
- Highlight data quality.

#### **Data Sources**

The Homeless Management Information System (HMIS) is the data source for most of the information used in the "Washington State Homeless System Performance Reports." Homeless housing service providers use HMIS to collect and manage data gathered during the course of providing housing assistance to people experiencing homelessness. Other data sources include the annual County Expenditure Report, and the annual Point-In-Time Count.

Figure 4: Illustration of How HMIS Data is used for Reporting



#### **Washington State Homeless System Performance Reports**

The County Report Card and Year-to-Year Comparison provide annual performance outcome results for Washington as a whole, and for each county. Data from all homeless housing projects that participate in HMIS are included in these reports.

The County Report Card provides information by county on system-wide performance measures, including exits to permanent housing, returns to homelessness, length of time homeless, and cost per exit to permanent housing. The County Report Card is embedded in an interactive map that identifies performance outcome results for the reporting period.

The Year-to-Year Comparison table provides information by county on system-wide performance measures for each year. <sup>10</sup> It also includes contextual information such as Point-in-Time Count results and rental vacancy rates. The interactive table allows the viewer to see trends over time.

Dashboards provide performance outcome results for counties as a whole, for each agency, and for each project each quarter. The dashboards are organized by different types of interventions, and each dashboard includes a data quality component to help direct service providers ensure their data are accurate and complete. At this time, only counties that are included in the Balance of State Continuum of Care are included in project-type dashboards.

Rapid Re-Housing Dashboard:<sup>11</sup> Rapid Re-Housing projects aim to quickly move households from homelessness into permanent housing by providing move-in assistance, temporary rent subsidies, and housing-focused case management. Critical performance measures for Rapid Re-Housing projects include:

- Increasing exits to permanent housing.
- Reducing returns to homelessness.
- Decreasing time to move-in.

Temporary Housing Dashboard: <sup>12</sup> Temporary Housing projects include emergency shelters and transitional housing projects. Temporary housing interventions intend to provide short-term lodging to people experiencing homelessness. Participants will eventually leave the unit when they resolve their housing situation or at the maximum stay allowable by the project. Critical performance measures for temporary housing projects are:

Increasing exits to permanent housing.

<sup>&</sup>lt;sup>10</sup>https://public.tableau.com/profile/comhau#!/vizhome/WashingtonStateHomelessSystemPerformanceYeartoYearComparison-DRAFT/YeartoYearDashboard

<sup>&</sup>lt;sup>11</sup>https://public.tableau.com/profile/comhau#!/vizhome/DRAFTWashingtonBalanceofStateHomelessSystemPerformanceRapidRe-HousingDashboard/RRHDashboard

<sup>&</sup>lt;sup>12</sup>https://public.tableau.com/profile/comhau#!/vizhome/WashingtonBalanceofStateHomelessSystemPerformance TemporaryHousingDashboard 0/ESTHDashboard

- Reducing returns to homelessness.
- Decreasing length of stay.

Homelessness Prevention Dashboard link: <sup>13</sup> Homelessness prevention projects intend to prevent homelessness for currently housed people by providing crisis resolution focused services and financial assistance if needed. Critical performance measures for homelessness prevention projects are reducing the number of new people entering the homeless system, and targeting assistance to those most likely to become homeless.

<sup>&</sup>lt;sup>13</sup>https://public.tableau.com/profile/comhau#!/vizhome/WashingtonBalanceofStateHomelessSystemPerformance HomelessPreventionDashboard/HPDashboard

## Homeless System Performance Successes: Rural Washington

Homeless system performance in rural and mid-size counties in Washington improved in state fiscal year 2018 compared to state fiscal year 2017, with all Washington counties meeting their improvement goals on one or more of the homeless system performance measures.

- Exits to permanent housing increased from 47 percent to 50 percent overall.
- Exits to permanent housing improved among emergency shelter programs from 26 percent to 31 percent. The state target for exits to permanent housing from emergency shelters is 50 percent.
- Exits to permanent housing among rapid re-housing programs remained steady at 78 percent. The state target for exits to permanent housing from rapid re-housing programs is 80 percent.
- Households served by permanent housing-type projects, including rapid re-housing, are very unlikely to return to homelessness as compared to other intervention types with only 7 percent returning to homelessness after two years.
- The average length of stay in emergency shelter and transitional housing programs increased slightly from 101 days to 105 days.
- The average length of time homelessness increased overall from 221 days to 263 days, due to the prioritization of people experiencing unsheltered homelessness and chronically homeless households.
- The number of people experiencing homelessness for the first time decreased from 13,554 to 12,523.

The tables below highlight grantees in rural Washington that made the most progress on improving housing outcomes for emergency shelter and rapid re-housing.

Figure 5: Emergency Shelters – Improving Housing Outcomes

Top-Ten Improved Exits to Permanent Housing						
County or Region	7/1/2016 - 6/30/2017	7/1/2017 - 6/30/2018	Change			
Asotin	26.92	64.29	37.37			
Clallam	32.98	40.99	8.01			
Cowlitz	26.67	44.75	18.08			
Island	34.81	44.12	9.31			
Lewis	43.9	50.39	6.49			
Region Benton - Franklin	33.33	57.2	23.87			
Region Ferry - Stevens	63.27	72.73	9.46			
Region Grant - Adams	14.83	26.59	11.76			
Thurston	16.96	31.56	14.6			
Wahkiakum	45.5	75	29.5			

Figure 6: Rapid Rehousing – Improving Housing Outcomes

Top-Ten Improved Exits to Permanent Housing						
County or Region	7/1/2016 - 6/30/2017	7/1/2017 - 6/30/2018	Change			
Clallam	77.37	87.59	10.22			
Cowlitz	68.93	79.47	10.54			
Grays Harbor	74.55	76.7	2.15			
Island	75.54	86.45	10.91			
Okanogan	88.89	91.74	2.85			
Pacific	50.96	64.29	13.33			
Region Benton - Franklin	68.76	81.01	12.25			
Region Columbia - Garfield	76.92	94.12	17.2			
San Juan	66.67	100	33.33			
Yakima	69.86	76.26	6.4			

#### **Strategies to Improve System Performance**

Every community has different resources, strengths, and challenges and will need to take different actions to improve performance results. However, there are high-impact strategies that can improve performance in all communities. Nationally recognized strategies detailed below are best practices in homeless housing services and are a Consolidated Homeless Grant requirement or allowable activity.

Figure 7: Best Practice Strategies

Strategies for Improvement	Prioritize Unsheltered Homeless Households	Increase Exits to Permanent Housing	Reduce Returns to Homelessness	Reduce the Length of Time Homeless
Lower Barriers to Coordinated and Project Entry	✓	✓		✓
Deploy Progressive Engagement Service Models System-Wide		✓	✓	✓
Link Street Outreach to Coordinated Entry	✓	✓		<b>✓</b>
Provide Housing Focused Case Management		✓	✓	✓
Lower Barriers to Project Participation	✓	✓		✓
Provide Housing Search and Placement Services		✓	✓	✓
Target Homeless Prevention Assistance			✓	

## **Current State Plan Accomplishments**

#### Homeless Strategic Plan Vision, Mission, and Guiding Principles

Commerce first published a strategic plan separate from the annual report in January 2017 and updated it again in 2018. The plan's vision and mission remain the same, and Commerce continues to address system goals.

Figure 8: Commerce's Homelessness Strategic Plan Vision, Mission and Guiding Principles

#### Vision

No person left living outside.

#### Mission

Support homeless crisis response systems that efficiently reduce the number of people living outside, and that when scaled appropriately can house all unsheltered people.

#### **Guiding Principles**

- ❖ All people deserve a safe place to live.
- ❖ Urgent and bold action is the appropriate response to people living outside.
  - ❖ Interventions must be data driven and evidenced based.

#### **Homeless Crisis Response System Goals and Progress**

Commerce identified six homeless crisis response system goals to direct our work in 2017 and 2018.

- **Goal 1:** Effective and efficient coordinated access and assessment for services and housing.
- **Goal 2**: Effective and efficient crisis response system.
- **Goal 3**: Identification of policy changes and resources necessary to house all people living unsheltered.
- **Goal 4**: Quantifying what would reduce the number of new people becoming homeless.
- Goal 5: Transparent and meaningful accounting of state and local recording fee funds.
- Goal 6: Fair and equitable resource distribution.

Each goal included specific actions and timelines connected to a performance measure. Figures 9 through 14 below present the actions, timelines, and results of the work towards the six system goals identified above.

Figure 9: Goal 1 - Effective and Efficient Coordinated Access and Assessment for Services and Housing

Strategy 1.1: Improved Implementation of Coordinated Entry, Outreach & Statewide By-name List						
Actions in Support of Strategy	Timeline	Accountability	Progress Made			
1.1.1 Continue technical assistance to counties working to refine their coordinated entry systems and outreach strategies.	On-going	Biennial technical assistance and training plan.	Statewide training and technical assistance including webinars and site visits.			
1.1.2 Develop a project plan for an active statewide by-name list in the state's Homeless Management Information System.	2018	Active statewide by-name list.	Project plan implemented and new Housing and Urban Development Coordinated Entry standards under review.			
1.1.3 Continue to evaluate and score coordinated entry systems, including adding additional performance measures of coordinated entry and accessibility.	2019	Evaluated biennially by interdisciplinary team.	Project plan developed. Reviews will be completed in 2019.			
1.1.4 Expand coordinated entry requirement for all homeless housing programs managed by recipients of, and sub recipients of, Commerce homeless funding.	Completed	Review during compliance monitoring.	Monitoring on-going.			
1.1.5 Revise Consolidated Homeless Grants to include the new HUD coordinated entry requirements in 2018—2019 grants.	Completed	Updated Grant Guidelines.	Implemented			

Figure 10: Goal 2 - Effective and Efficient Crisis Response System

Strategy 2.1: Promote Evidence-based Housing Interventions that Efficiently Move People Experiencing Homelessness into Permanent Destinations					
Actions in Support of Strategy	Timeline	Accountability	Progress Made		
<ul> <li>2.1.1 Publish Homeless System Performance County Report Card with system performance measures:</li> <li>Cost per successful exit to permanent housing.</li> <li>Exits to permanent housing destinations.</li> <li>Returns to homelessness.</li> <li>Length of time homeless.</li> </ul>	Annually	Post to Commerce website.	Posted on Commerce website. Next Report Card underway for posting in January 2019.		

Actions in Support of Strategy	Timeline	Accountability	Progress Made
<ul> <li>2.1.2 Publish Homeless System Performance Project Report with project level performance measures:</li> <li>People served, exited</li> <li>Exits to permanent housing destinations</li> <li>Returns to homelessness</li> <li>Length of stay</li> </ul>	Quarterly	Post to Commerce website.	Posted on Commerce website. Quarterly dashboards posted for Rapid Rehousing, Temporary Housing and Prevention for all projects in every county.
2.1.3 Provide training on Trauma Informed Services, Mental Health First Aid, Low Barrier Conversion, Harm Reduction, Fair Housing, Progressive Engagement, best practices in serving survivors of domestic violence, and Coordinated Entry.	On-going	Biennial technical assistance and training plan.	Training on Trauma Informed Services, Mental Health First Aid started in 2018.
2.1.4 Explore contracting the next biennial 2019 - 2021 Consolidated Homeless Grant funds competitively based on performance.	2018	Procure performance consultant.	In discussions with consultant.
2.1.5 Explore promoting local prioritization of locally-controlled housing funding (recording fees and federal funds awarded to housing authorities) for priority populations in the 2019 homeless grants awarded from Commerce.	2018	Develop policy memo for stakeholder feedback.	Postponed until 2019.
2.1.6 Align homeless grant requirements with system performance measures and benchmarks plus require systems receiving Commerce funds to prioritize serving people who are unsheltered.	Completed	Consolidated Homeless Grant	Completed and being monitored.
<ul> <li>2.1.7 Require systems receiving Commerce funds to use a service model that includes the following evidenced based best practices:</li> <li>1) Access to continued housing assistance should not be contingent on unnecessary conditions.</li> <li>2) Initial and frequent re-assessment to solve housing crises with minimal services needed.</li> <li>3) Individualized services responsive to the needs of each household.</li> <li>4) Voluntary participation in supportive services.</li> <li>5) Rapid exits to permanent housing.</li> </ul>	Completed	Consolidated Homeless Grant	Completed and being monitored.
2.1.8 Provide local homeless plan academy for county/local governments and introduce Local Plan Modeling Tool.	Completed	Local Plan Modeling Tool	Release draft in October 2018 and final by December 2018.

Figure 11: Goal 3 – Identification of Policy Changes and Resources Necessary to House all People Living Unsheltered

Strategy 3.1: Improve County Data Reporting	Strategy 3.1: Improve County Data Reporting				
Actions in Support of Strategy	Timeline	Accountability	Progress Made		
3.1.1 Contractually require data quality improvements in submission of Homeless Management Information System data and Annual Report submissions by Consolidated Homeless Grantees. Thresholds introduced in 2018 and required contractually in 2019.	Thresholds introduced in 2018 and required contractually in 2019.	Improved data quality scores in Homeless System Performance Report Card.	Ongoing		
3.1.2 Contractually require best practices in administering the Point-in Time count by Consolidated Homeless Grantees.	Introduced in 2018 and required contractually in 2019.	Improved data quality scores in Homeless System Performance Report Card.	Postponed		
3.1.3 Expand participation in statewide by name list in the Homeless Management Information System in cooperation with the Department of Social and Health Services and other entities in contact with people experiencing homelessness.	2018 - 2019	Improved data quality scores in Homeless System Performance Report Card.	Ongoing		
Strategy 3.2: Develop Unmet Need Estimate to Hou	se all People Li	ving Unsheltered			
3.2.1 Propose law and policy changes to support cross agency data sharing capacity.	On-going	Interagency Council on Homelessness.	On-going		
3.2.2 Work with state agencies to determine the counts of people unsheltered whose housing is the direct responsibility of state agencies.	On-going	Interagency Council on Homelessness.	On-going		
3.2.3 Develop unmet count based on statewide byname lists in the Homeless Management Information System.	On-going	Post to Commerce website.	Postponed until federal data standards are finalized.		
3.2.4 Supplement Point-in-Time count with count derived from administrative data collected by the Department of Social and Health Services.	Twice annually	Post to Commerce website.	Posted on Commerce website.		
3.2.5 Estimate policy and resource changes in resources necessary to leave no person living outside, based on contracted system performance targets and updated enumerations of people living outside.	January 2018	Update state Homeless Housing Strategic Plan to include updated resource gap calculations.	Underway		

Figure 12: Goal 4 – Quantifying What Would Reduce the Number of New People Becoming Homeless

Strategy 4.1: Facilitate Identification of Policy and Resource Changes that Would Reduce the Number of New People Becoming Homeless

Actions in Support of Strategy	Timeline	Accountability	Progress Made
4.1.1 Engage local governments and service providers to solicit ideas on interventions and policy changes that would reduce the number of people becoming homeless.	2018	Commerce publishes literature review and model assumptions.	Ongoing
4.1.2 Review literature to quantify the impact of upstream interventions that could reduce the number of people atrisk of becoming homeless by increasing incomes, improving family stability, and reducing behavioral health problems.	2018	Commerce publishes literature review and model assumptions.	Ongoing

Figure 13: Goal 5 – Transparent Accounting of State and Local Recording Fee Funds

Strategy 5.1: Publish County Report Cards					
Actions in Support of Strategy	Timeline	Accountability	Progress Made		
5.1.1 Compile data from the Homeless Management Information System, contract compliance, spending, and other data sources to develop county reports cards.	Annually	Post to Commerce website.	Posted to Commerce website.		
Strategy 5.2: Publish Spending and Performance Data for Recording Fees	r all Project	s Funded by Stat	e and Local		
5.2.1 Commerce drafts annual report and presents to the Interagency Council on Homelessness and the Statewide Advisory Council on Homelessness.	Annually	Post to Commerce website.	Current		
Strategy 5.3: Ensure Access to all Homeless Data					
5.3.1 Require counties not able to export client data to the state Homeless Management Information System by December 2016 to use the state Homeless Management Information System for direct data entry. Provide technical assistance to all data integration counties.	In progress.	All statewide data available to Commerce.	Postponed		

Figure 14: Goal 6 – Fair and Equitable Resource Distribution

Strategy 6.1: Staff Development on System Disparities					
Actions in Support of Strategy	Timeline	Accountability	Progress Made		
Identify training plan for staff development.	2018	Staff complete training in 2018.	Initial plan developed for 2018-2019.		
Strategy 6.2: Examine System Disparities					
Identify components and timeframe for completing the work.	2018	Staff produce draft findings and recommend strategies in 2019.	Ongoing		
Strategy 6.3: Produce Recommendations					
Include remedies in the future State Homeless Housing Strategic Plan.	2018	Updated Plan includes remedies.	Ongoing		

### **Future Planning and Reporting**

With the passage of the Washington Housing Opportunities Act (Chapter 85, Laws of 2018), Commerce has new state strategic plan and annual reporting requirements.

### **State Strategic Plan Timeline**

Below is the timeline for meeting the new State Homeless Housing Strategic Plan and Local Homeless Plan requirements.

- Commerce will release updated Local Homeless Plan guidance by December 2018; updated plans are due from local governments to Commerce by December 2019.
- Commerce will produce an updated State Homeless Housing Strategic Plan by July 2019 and every five years thereafter.
- Commerce will evaluate and post local homeless plans on our website in 2020.
- Commerce will provide technical assistance to local governments whose local homeless plans do not meet state guidance in 2020.

Beginning in December 2019, Commerce will annually report an assessment of the state's performance in furthering the goals of the updated State Homeless Housing Strategic Plan and the performance of each local government in creating and executing a local homeless plan that meets the state guidance.

### **State Strategic Plan Content**

Commerce will adopt the updated Federal Strategic Plan to Prevent and End Homelessness published by the U. S. Interagency Council on Homelessness and identify actions and timeline to achieve the objectives.

Additionally, and as required in recent legislation, Commerce will include the following in the State Strategic Plan in July 2019.

### Performance measures:

- Short- and long-term goals to reduce homelessness.
- Analysis of services and programs at the state and county level.
- Identification of programs representing best practices and outcomes.
- Recognition of programs targeted to populations or geographic areas in recognition of diverse needs.
- New or innovative funding, programs and service strategies.
- Analysis of current drivers of homelessness.
- Implementation strategy with timelines outlining roles and responsibilities at the state and local level.

Commerce will consult with the following stakeholders in developing the updated State Homeless Housing Strategic Plan:

- <u>State Consolidated Homeless Grant grantees</u>: <sup>14</sup> The Consolidated Homeless Grant Program at Commerce uses state funds to support all 39 counties in maintaining an integrated system of housing assistance.
- Office of Homeless Youth: 15 The Office of Homeless Youth Prevention and Protection Programs leads the statewide efforts to reduce and prevent homelessness for youth and young adults.
- Washington State Balance of State Continuum of Care: 16 Commerce is the Collaborative Applicant for the Washington Balance of State Continuum of Care (BoS CoC). The BoS CoC's 34 small and medium-sized counties receive about \$6 million annually for permanent and temporary housing projects funded by the U.S. Dept. of Housing and Urban Development Continuum of Care Program.
- Washington Low Income Housing Alliance (WLIHA) Homeless Advisory Committee:<sup>17</sup>
   WLIHA leads statewide advocacy efforts to ensure that all our residents thrive in safe, healthy, affordable homes. They do this through advocacy, education, and organizing.
- <u>State Interagency Council on Homelessness</u>: <sup>18</sup> The Interagency Council on Homelessness (as defined in RCW 43.185C.010) meets throughout the year to coordinate the state's response to homelessness, including guiding creation of the state strategic plan, and making budget and policy recommendations to the governor.
- <u>State Advisory Council on Homelessness</u>: <sup>19</sup> The State Advisory Council on Homelessness was created by executive order in 1994 to advise governors on homelessness issues. It includes 12 members who represent various stakeholder groups including business, philanthropy, youth, housing authorities and local governments.
- The Affordable Housing Advisory Board: <sup>20</sup> The Affordable Housing Advisory Board advises the Department of Commerce on housing and housing-related issues. There are 22 members representing a variety of housing interests around the state.

<sup>&</sup>lt;sup>14</sup> https://www.commerce.wa.gov/serving-communities/homelessness/consolidated-homeless-grant/

<sup>15</sup> https://www.commerce.wa.gov/serving-communities/homelessness/office-of-youth-homelessness/

<sup>&</sup>lt;sup>16</sup> https://www.commerce.wa.gov/serving-communities/homelessness/continuum-of-care/

<sup>&</sup>lt;sup>17</sup> https://www.wliha.org/about-us/overview

<sup>&</sup>lt;sup>18</sup> https://www.commerce.wa.gov/about-us/boards-and-commissions/homeless-councils/

<sup>&</sup>lt;sup>19</sup> https://www.commerce.wa.gov/about-us/boards-and-commissions/homeless-councils/

<sup>&</sup>lt;sup>20</sup> https://www.commerce.wa.gov/about-us/boards-and-commissions/affordable-housing-advisory-board/

### Recommendations

- Identify and implement strategies to rein in excessive market rate housing price inflation.
- Increase funding for the Housing Trust Fund to increase the number of subsidized housing units available for low-income and special needs households.
- Provide additional funding for housing assistance to increase the capacity of the homelessness response system in Washington.

# **Appendix A: Organizational Outline**

The Department of Commerce Housing Assistance Unit is divided into several offices in response to legislative requirements and responsibilities.

Figure 15: Offices Within the Housing Assistance Unit

Housing Assistance Unit					
Office of Family & Adult Homelessness	Office of Homeless Youth Prevention & Protection Programs	Office of Behavioral Health	Performance Office	Balance of State Continuum of Care and Reporting Office	

The Office of Family and Adult Homelessness (OFAH) administers state and federal fund sources that are granted to local governments and nonprofits.

Figure 16: Fund Sources of Office of Family and Adult Homelessness Managed Grants

Grant	Fund Source
Consolidated Homeless Grant	Housing surcharge/document recording fee
Housing and Essential Needs	General fund state
Homeless Student Stability Program	General fund state
HOME Tenant Based Rental Assistance	Federal
Emergency Solutions Grant	Federal

You can learn more about the OFAH on the Commerce website at: <a href="https://www.commerce.wa.gov/serving-communities/homelessness/office-of-family-and-adult-homelessness/">www.commerce.wa.gov/serving-communities/homelessness/office-of-family-and-adult-homelessness/</a>.

The Office of Homeless Youth (OHY) Prevention & Protection Programs administers state fund sources that are granted to local governments and nonprofits. These include:

- Crisis Residential Centers
- HOPE Centers
- Independent Youth Housing Program
- Street Youth Services
- Young Adult Shelter
- Youth Adult Housing Program

You can learn more about the OHY on the Commerce website at: www.commerce.wa.gov/ohy.

The Office of Behavioral Health administers the Landlord Mitigation Program and HUD 811 Project Rental Assistance Demonstration Grant. You can learn more about the Landlord Mitigation Program on the Commerce website at <a href="https://www.commerce.wa.gov/building-">www.commerce.wa.gov/building-</a>

<u>infrastructure/housing/landlord-mitigation-program/</u> and the HUD 811 Project Rental Assistance Demonstration Grant at <u>www.commerce.wa.gov/serving-</u>communities/homelessness/hud-section-811-rental-assistance/.

The Performance Office produces the Homeless System Performance Reports and County Report Cards, dashboards on homeless interventions, and more. This office also leads compliance efforts with the low-barrier and coordinated entry requirements for Consolidated Homeless Grant grantees. You can learn more about how this office provides information on the homeless system performance on the Commerce website at:

www.commerce.wa.gov/serving-communities/homelessness/homeless-system-performance/.

The Balance of State Continuum of Care and Reporting Office works with 34 counties represented in the Balance of Washington State Continuum of Care to submit a consolidated application for funding from the U.S. Department of Housing and Urban Development. You can read more about the Balance of State Continuum of Care on the Commerce website at: <a href="https://www.commerce.wa.gov/serving-communities/homelessness/continuum-of-care/">www.commerce.wa.gov/serving-communities/homelessness/continuum-of-care/</a>.

In addition, this Office administers the state's Homeless Management Information System (HMIS). It provides front-end solutions for the Balance of State and King County Continuums, as well as data integration technology to bring the other continuum data into the statewide database. HMIS is the data source for most of the information used in our performance reports. Homeless housing service providers use HMIS to collect and manage data gathered during the course of providing housing assistance to people experiencing homelessness. You can read more about HMIS on the Commerce website at: <a href="https://www.commerce.wa.gov/serving-communities/homelessness/hmis/">https://www.commerce.wa.gov/serving-communities/homelessness/hmis/</a>.

# Appendix B: Homeless Housing Project Expenditure and Data Report

RCW 43.185c.045 requires that each county in Washington report all expenditures by funding sources (federal, state and local) for homeless housing projects in their community. Commerce combines expenditures data with Homeless Management Information System data to create an even more comprehensive report that not only reports expenditures but also links it to outcomes.

In state fiscal year 2018, 2,355 projects spent \$255,040,669 assisting 152,068 households who were homeless or at imminent risk of homelessness. The table below summarizes the number of beds and cost per intervention.

Figure 17: Homeless Housing Project Expenditures for State Fiscal Year 2018

	Rapid Re- housing	Emergency Shelter		Homeless Prevention	Permanent Supportive Housing	Other Permanent Housing	Street Outreach	Services Only
Beds	4,452	20,349	6,660	7,163	12,818	4,010	4,116	20,005
Total Expenditures	\$42,389,212	\$50,102,694	\$18,616,067	\$27,169,538	\$68,190,346	\$16,451,556	\$3,164,533	\$18,334,842
Cost per day per Household	\$49.30	\$31.43	\$30.11	\$14.34	\$30.67	\$32.59	n/a	n/a
Cost per successful exit per Household	\$9,527.81	\$8,991.87	\$14,658.32	\$5,769.70	n/a	n/a	n/a	n/a

You can find the state fiscal year 2018 homeless housing projects expenditure and data report on our website at <a href="https://www.commerce.wa.gov/serving-communities/homelessness/state-strategic-plan-annual-report-and-audits/">https://www.commerce.wa.gov/serving-communities/homelessness/state-strategic-plan-annual-report-and-audits/</a>.

You can find out how the Performance Office uses the expenditure and data on our website at <a href="https://www.commerce.wa.gov/serving-communities/homelessness/homeless-system-performance/">www.commerce.wa.gov/serving-communities/homelessness/homeless-system-performance/</a>.

### Appendix C: State Funded Homeless Housing Reports

Several RCWs require Commerce to report on expenditures, performance, and outcomes of state funds for the following:

- Consolidated Homeless Grant: RCW 434.285C.045
- Housing and Essential Needs: RCW 43.185C.220
- Homeless Student Stability Program: RCW 43.185C.340
- Independent youth housing program: RCW 43.63A.311

Commerce reports include the grant recipient and service area, expenditures, interventions and number of households assisted. They may also include additional specific information required in each RCW.

You can find the state fiscal year 2018 state funded homeless housing reports on our website at <a href="https://www.commerce.wa.gov/serving-communities/homelessness/state-strategic-plan-annual-report-and-audits/">https://www.commerce.wa.gov/serving-communities/homelessness/state-strategic-plan-annual-report-and-audits/</a>.

# Appendix D: Landlord Sampling Report

RCW 43.185C.240 requires that Commerce develop a sampling method to obtain data and report by county on:

- Type of landlord receiving services.
- Number of households.
- Number of people in households.
- Number of payments.
- Total of payments.
- Number of households receiving eviction prevention payments.
- Number of people in households receiving eviction prevention payments.
- Number of eviction prevention payments.
- Total of eviction prevention payments.

You can find the state fiscal year 2018 Landlord Sampling Report on our website at <a href="https://www.commerce.wa.gov/serving-communities/homelessness/state-strategic-plan-annual-report-and-audits/">https://www.commerce.wa.gov/serving-communities/homelessness/state-strategic-plan-annual-report-and-audits/</a>.

# Appendix E: Point-in-Time Count

RCW 43.185c.045 requires that Commerce report on the annual homeless point-in-time census conducted under RCW 43.185C.030. Each county is required to conduct an annual one-day survey of people who are without permanent housing. The 2018 count took place on Jan. 25, 2018, and the results were released in May 2018.

Count results by county are located on the Commerce website at: <a href="https://www.commerce.wa.gov/serving-communities/homelessness/annual-point-time-count/">https://www.commerce.wa.gov/serving-communities/homelessness/annual-point-time-count/</a>.

### **RESEARCH ARTICLE**

**Open Access** 



# Examining mortality among formerly homeless adults enrolled in Housing First: An observational study

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### **Abstract**

**Background:** Adults who experience prolonged homelessness have mortality rates 3 to 4 times that of the general population. Housing First (HF) is an evidence-based practice that effectively ends chronic homelessness, yet there has been virtually no research on premature mortality among HF enrollees. In the United States, this gap in the literature exists despite research that has suggested chronically homeless adults constitute an aging cohort, with nearly half aged 50 years old or older.

**Methods:** This observational study examined mortality among formerly homeless adults in an HF program. We examined death rates and causes of death among HF participants and assessed the timing and predictors of death among HF participants following entry into housing. We also compared mortality rates between HF participants and (a) members of the general population and (b) individuals experiencing homelessness. We supplemented these analyses with a comparison of the causes of death and characteristics of decedents in the HF program with a sample of adults identified as homeless in the same city at the time of death through a formal review process.

**Results:** The majority of decedents in both groups were between the ages of 45 and 64 at their time of death; the average age at death for HF participants was 57, compared to 53 for individuals in the homeless sample. Among those in the HF group, 72 % died from natural causes, compared to 49 % from the homeless group. This included 21 % of HF participants and 7 % from the homeless group who died from cancer. Among homeless adults, 40 % died from an accident, which was significantly more than the 14 % of HF participants who died from an accident. HIV or other infectious diseases contributed to 13 % of homeless deaths compared to only 2 % of HF participants. Hypothermia contributed to 6 % of homeless deaths, which was not a cause of death for HF participants.

**Conclusions:** Results suggest HF participants face excess mortality in comparison to members of the general population and that mortality rates among HF participants are higher than among those reported among members of the general homeless population in prior studies. However, findings also suggest that causes of death may differ between HF participants and their homeless counterparts. Specifically, chronic diseases appear to be more prominent causes of death among HF participants, indicating the potential need for integrating medical support and end-of-life care in HF.

**Keywords:** Homelessness, Housing First, Health disparities, Vulnerability index, Death, Permanent supportive housing

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### **Background**

Adults who experience prolonged homelessness have mortality rates 3 to 4 times that of the general population [1-3], and communities including New York City [4] and Philadelphia [5] have enacted surveillance systems to monitor and address mortality in this population. Injuries, substance abuse, heart disease, liver disease, and illdefined conditions have been reported as accounting for the vast majority of deaths among individuals experiencing homelessness [1, 3]. Housing can protect against exposure to weather, infections, drugs, and violence experienced while living on the streets. There is some evidence that exiting homelessness to housing is associated with reduced risk of mortality [6], but whether access to housing affects health disparities, including mortality rates of individuals who have experienced long-term homelessness in particular, is unclear [7].

Housing First (HF) is an evidence-based practice that addresses homelessness by offering immediate access to housing while providing ongoing community-based support services [8]. HF has been adopted in multiple countries including the United States [9], Canada [10], Europe [11], and Australia [12], and effectively ends homelessness for people who have experienced a lifetime of cumulative adversity [13] and carry a significant disease burden based on multiple risk categories [14]. To date, however, there has been no research on premature mortality among formerly homeless adults who have enrolled in HF. In the United States, this gap in the literature exists despite research that suggests chronically homeless adults constitute an aging cohort; nearly half are aged 50 years old or older [15].

To begin to address this gap, the present study explored mortality among formerly homeless adults who moved into housing as part of an HF program in Philadelphia, PA. We examined death rates and causes of death among HF participants. We then compared HF participant mortality to two groups: members of the general population and the homeless population. We also compared the causes of death and characteristics of decedents in the HF program to a sample of adults identified as homeless at the time of death through formal review process in Philadelphia.

### **Methods**

We used administrative records from the HF program to identify a cohort of 292 formerly homeless individuals who moved into a housing unit between September 2008, when the HF program first began operations, and October 2013. Individuals who had been admitted to the HF program but had not yet moved into housing were excluded from the study cohort, because these individuals could still be considered homeless. In 2014, HF medical and continuous quality improvement staff members reviewed and

documented the events that preceded the death of all participants who died during the first 6 years of the program's operation (2008–2013) for purposes of program improvement. These data were used to ascertain the date and cause of death among HF participants. Members of the study cohort were followed prospectively from the initial date of their move to a housing unit until either their date of death or October 31, 2013; this observation period was measured in person-years.

We conducted analyses to examine mortality among HF participants from several perspectives. First, we calculated all-cause and cause-specific mortality rates, expressed as deaths per 100,000 person-years of observation, for the entire study cohort. Second, we used survival analysis methods to assess the risk and predictors of death following HF participants' move to housing. We estimated hazard functions and Kaplan-Meier survival curves to conduct descriptive analyses of the timing and occurrence of death following move to housing and fitted a Cox proportional hazards regression model to assess the relationship between HF participants' demographic characteristics (gender, race and age) and risk of death following move to housing.

Third, we calculated all-cause mortality rates among HF participants stratified by age and sex. We did not further stratify these age- and gender-specific mortality rates by cause due to sparse data. We used mortality rate ratios to compare the age- and sex-specific all-cause mortality rates among HF participants to members of the general population in Philadelphia between 2008 and 2013. To calculate these rate ratios, we divided the allcause mortality rate among members of the study cohort by the corresponding rates in the general population. These values were adjusted for race using direct standardization, with the Philadelphia general population serving as the standard population. We calculated 95 % confidence intervals for these rate ratios using established methods [16]. We obtained mortality data for the Philadelphia general population (2008–2013) from the CDC Wide-ranging Online Data for Epidemiologic Research compressed mortality files regarding underlying cause of death [17].

Fourth, we compared mortality rates in our sample of HF participants to mortality rates of individuals experiencing homelessness as reported in prior studies. To achieve this, we identified published studies that provided mortality rates or information from which such rates could be calculated. We only included studies that were conducted in North America. We identified 10 studies [3, 6, 18–25] that met these criteria. We excluded three studies: one study [24] because it only reported data on homeless youths younger than 25; a second [18] because it grouped individuals living in emergency shelters with those living in rooming houses

and hotels; and a third [25] because it only reported information for individuals experiencing homelessness as part of a family with children. Following a previously employed approach for comparing mortality rates among homeless individuals across several studies [20, 23], we obtained or calculated age-specific all-cause mortality rates for each identified study using age groupings that were as similar as possible (younger, middle-aged, older). We then calculated mortality rate ratios by comparing the age-specific all-cause mortality rates observed among HF participants in the present study with those obtained or calculated from the identified studies. We calculated 95 % confidence intervals for these rate ratios when possible using published data. These rates and rate ratios were not adjusted for race.

Finally, we compared the causes of death and characteristics of decedents in the HF program with information on individuals identified as homeless at their time of death in Philadelphia using data from a report by the City of Philadelphia's Homeless Death Review Team [5]. Homeless status in the report is determined using the U.S. Department of Housing and Urban Development's definition of homelessness, which considers individuals to be homeless if they are residing in an emergency shelter or in a place not meant for human habitation (i.e., unsheltered or "street" homelessness). Although the report included sheltered and unsheltered decedents, it did not provide specific information about the living situation of decedents at the time of their death. The report, which identified 90 individuals who died while homeless during a 2-year period (2009 and 2010) that overlaps with the follow-up period for the HF participant cohort, provided demographic characteristics from the medical examiner's office that included age, gender, and race. The medical examiner also classified the manner of death as homicide, suicide, accidental, natural, or undetermined. A natural manner of death includes infectious diseases, cardiovascular or other chronic conditions, and cancers. The specific primary cause of death was also noted and included: specific disease (e.g., infectious, circulatory, respiratory), drug intoxication or alcoholism, injury (e.g., blunt force, gunshot wound), cancer, hyper- or hypothermia, HIV, or other. To facilitate comparisons, the demographic information and manner and cause of death among HF decedents were reclassified using categories reported in the City of Philadelphia's report. The report did not include information about the size of the overall homeless population in Philadelphia during 2009 and 2010, nor are we aware of another publicly available source that provides such information. As such, it was not possible to calculate mortality rates for the Philadelphia homeless population using data from the report; consequently, comparisons between the HF and homeless group were conducted using chi-square and Fisher's exact tests. The small number of deaths that occurred among HF participants during the same time frame as the City of Philadelphia's report (i.e., 2009 and 2010) precluded a comparison of deaths between the same groups during the same time period. Instead, we opted to compare HF deaths observed during the entire study period (i.e., 2008–2013) with those identified in the report. Study protocols were found to be exempt by the Pathways to Housing, Inc.'s institutional review board.

### Results

Table 1 presents the characteristics of the 292 individuals in the overall HF participant cohort and decedents. The mean age at move to housing was 51.3, and roughly 80 % of the study cohort was between the ages of 45 and 74 at move to housing. The study cohort was predominantly male (70 %) and African American (68 %). The median duration of follow-up was 3.2 years, resulting in 1045 person-years of observation. Forty-one deaths occurred during the study period, with a mean age at death of 57.2 years. The majority of decedents were male (78 %) and African American (59 %).

As shown in Table 2, the crude mortality rate for the study cohort was 3916.1 deaths per 100,000 person-years. Disease of the circulatory system was the leading cause of death, accounting for 29.3 % of deaths in the study cohort. Cancer accounted for 22 % of deaths, whereas drugs or alcohol caused approximately 10 % of deaths. Kidney and respiratory disease caused about 5 % of deaths each, with diabetes, HIV, injury, and liver disease each accounting for about 2 % of deaths.

Figure 1 presents the estimated hazard function for death following HF participants' move to housing. The

**Table 1** Characteristics of all Housing First participants in study cohort (N = 292) and decedents (N = 41)

	Overall	Decedents
	n (%)	n (%)
Gender		
Female	84 (28.8)	9 (22.0)
Male	207 (70.9)	32 (78.0)
Unknown	1 (0.3)	0 (0.0)
Age <sup>a</sup>		
19–44	58 (19.9)	4 (9.8)
45–64	213 (72.9)	32 (78.0)
65–74	21 (7.2)	5 (12.2)
Race		
Black	197 (67.5)	24 (58.5)
White	78 (26.7)	17 (41.5)
Other	17 (5.8)	0 (0.0)

 $^{a}$ Figures in this row reflect M (range) at time of move to housing for the overall sample and at time of death for decedents

**Table 2** Cause of death among Housing First decedents and crude mortality rates

Cause of death	Number of deaths	% of deaths	Crude mortality rate per 100,000 person years
All causes	41	100.0	3916.1
Circulatory system disease	12	29.3	1146.2
Cancer	9	22.0	859.6
Other	8	19.5	764.1
Drugs or alcohol	4	9.8	382.1
Kidney disease	2	4.9	191.0
Respiratory disease	2	4.9	191.0
Diabetes	1	2.4	95.5
HIV	1	2.4	95.5
Injury	1	2.4	95.5
Liver disease	1	2.4	95.5

hazard for death was highest in the period directly following participants' move to housing and then declined steeply and steadily thereafter. Among decedents, the median time to death following move to housing was 1.3 years, and 25 % of deaths occurred within the first 6 months following entry into housing. Kaplan-Meier 1-, 3-, and 5-year survival rates among all members of the HF participant cohort were 94.5 % (95 % CI 91.9–97.2 %), 88.3 % (95 % CI 84.6–92.3 %), and 82.9 % (95 % CI 77.9–88.2 %), respectively. Only age was a significant

predictor in the Cox regression model, with those in the 65–74 age bracket having almost a five-fold increase (HR 4.8, 95 % CI 1.2–18.1) in the risk of death following their initial move to housing.

Table 3 presents age, gender, and overall all-cause mortality rates and rate ratios (RRs) comparing mortality rates in the HF participant cohort with those of the general population of Philadelphia. The all-cause mortality rate among male HF participants in the 45–64 age bracket was 4.7 times higher than in the general population (RR 4.7, 95 % CI 2.1–10.8). Estimates of the risk ratios for all other age and gender subgroups exceeded 1, but none of these differences was statistically significant. However, the all-cause mortality rates were higher for male HF participants (RR 4.4, 95 % CI 1.7–11.7) and all HF participants (RR 4.6, 95 % CI 1.6–13.2) relative to the Philadelphia general population.

Additional file 1 presents the results of comparisons of mortality rates observed among HF participants in the current study and the corresponding mortality rates for members of the homeless population in several North American cities reported in previously published studies. Point estimates of the mortality risk ratios show that mortality rates among HF participants in the present study were generally higher than those documented in prior studies for homeless individuals in similar age brackets. For most age and gender subgroups, these risk ratios suggest that mortality rates among HF participants in the present study were between 1.2 and 3 times

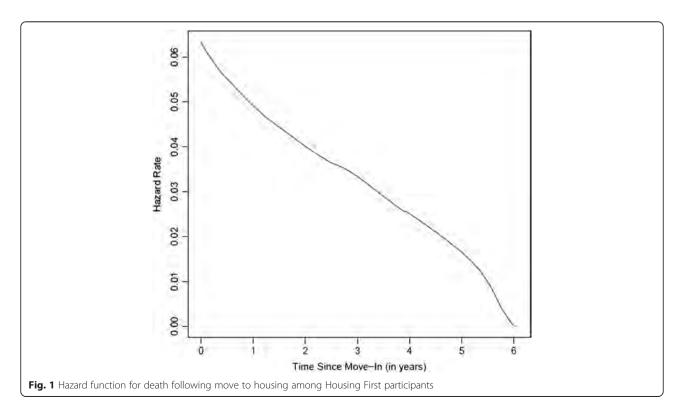


Table 3 Mortality rates and rate ratios comparing Housing First participants and the general population in Philadelphia

	Deaths Person-Years of Observation		CRª	Race-Adjusted RR <sup>b</sup>	95 % CI	
Men						
25-44	2	114	1754.4	8.1	0.2, 334.7	
45-64	26	554	4693.1	4.7	2.1, 10.8	
65–74	4	56	7142.9	2.3	0.6, 9.2	
All men <sup>c</sup>	32	725	4413.8	4.4	1.7, 11.7	
Women						
25-44	1	76	1315.8	23.1	0, 10,988.9	
45-64	5	195	2564.1	2.8	0.7, 11.2	
65-74	3	49	6122.4	2.1	0.5, 9.8	
All women <sup>c</sup>	9	320	2812.5	4.8	0.6, 39.1	
Total <sup>c</sup>	41	1045	3923.4	4.6	1.6, 13.2	

Abbreviations: CR, crude rate; Cl, confidence interval; RR, rate ratio

higher than those among their homeless counterparts. However, in cases in which it was possible to conduct tests of statistical significance, the only significant difference in mortality rates was found in a comparison of middle-aged male HF participants, who had a increased risk of mortality (RR 2.2, 95 % CI 1.5–3.2) relative to homeless men in the same age bracket from a study using data from New York City [6].

Table 4 presents the comparison between the 41 HF participants who died during the first 6 years of the program's operation and the homeless decedents identified by the City of Philadelphia's Homeless Death Review Team during an overlapping 2-year time period. The majority of decedents in both the HF and homeless groups were between the ages of 45 and 64 at their time of death, although there were proportionally more decedents younger than 45 in the homeless group. Among those in the HF group, 78 % died from natural causes, compared to 49 % in the homeless group. This included 22 % of HF participants as opposed to 7 % in the homeless group who died from cancer. Among homeless adults, 40 % died from an accident, which was significantly more than the 12 % of HF participants who died from an accident. An infectious disease other than HIV caused more than 1 in 10 homeless deaths and hypothermia caused an additional 6 % of deaths; neither of these factors contributed to the death of HF participants.

### Discussion

This study is the first to our knowledge to examine mortality among formerly homeless participants in an HF program. Overall, the results from this study are consistent with prior research on early mortality among populations

that have experienced long-term homelessness [1, 20, 22] and suggest that adverse health outcomes associated with homelessness persist even after individuals obtain housing. Importantly, we found that risk of death among HF participants residing in housing was highest during the period immediately following their initial entry into housing. On one hand, this may reflect particularly heightened vulnerability and poor health in a certain segment of individuals who die shortly after entering housing. On the other hand, this finding may indicate that the period of transition into housing is one of elevated risk, during which it is of great importance to help individuals access needed health care and other services that may help prevent potentially avoidable deaths.

Comparisons of mortality rates among members of the HF study cohort with previously reported mortality rates in the homeless population in several North American cities also provide some evidence that formerly homeless HF participants have excess mortality in comparison to the more general homeless population. This finding is not entirely unexpected because individuals experiencing chronic homelessness, who have been shown to have more complex health and behavioral health problems than their homeless peers who are not chronically homeless [26], are the target population for HF programs. Put differently, HF program participants are typically members of the homeless population who have the highest risk of mortality. Future studies should contrast the mortality rates of HF participants with members of the homeless population who experience chronic homelessness. This would provide a better sense of the impact of HF on housing mortality, but such a comparison was not possible with available data. Thus, a more rigorous

<sup>&</sup>lt;sup>a</sup>Deaths per 100,000 person-years of observation

<sup>&</sup>lt;sup>b</sup>Mortality rate ratios calculated by dividing the race-adjusted mortality rates for the Housing First participant cohort by corresponding mortality rates in the Philadelphia general population. Race-adjusted mortality rates were calculated using direct standardization with the Philadelphia general population during the study period (2003–2013) used as the standard population

<sup>&</sup>lt;sup>c</sup>Mortality rate ratios also adjusted for age using direct standardization with the Philadelphia general population during the study period used as the standard population

**Table 4** Comparison between decedents in a Housing First program in Philadelphia (2008–2013) and individuals identified as homeless at time of death in Philadelphia (2009–2010)

	Housing First	Homeless	
	n (%)	n (%)	p
Gender			.630
Male	32 (78.0)	75 (83.3)	
Female	9 (22.0)	15 (16.7)	
Age			.088
< 25	0 (0.0)	3 (3.3)	
25–34	1 (2.4)	5 (5.6)	
35–44	2 (4.9)	9 (10.0)	
45–54	10 (24.4)	34 (37.8)	
55–64	21 (51.2)	22 (24.4)	
65–74	7 (17.1)	14 (15.6)	
75+	0 (0.0)	3 (3.3)	
Manner of death			< .001
Accident	5 (12.2)	36 (40.0)	
Homicide	1 (2.4)	8 (8.9)	
Suicide	0 (0.0)	2 (2.2)	
Natural	32 (78.0)	44 (48.9)	
Other or unknown	3 (7.3)	0 (0.0)	
Cause of death			< .001
Drug or alcohol	4 (9.8)	23 (25.6)	
Circulatory system disease	12 (29.3)	21 (23.3)	
Injury	1 (2.4)	13 (14.4)	
HIV and infectious disease	1 (2.4)	12 (13.3)	
Cancer	9 (22.0)	6 (6.7)	
Hypothermia	0 (0.0)	5 (5.6)	
Respiratory disease	2 (4.9)	3 (3.3)	
Fire	0 (0.0)	3 (3.3)	
Diabetes	1 (2.4)	0 (0.0)	
Other	11 (26.8)	4 (4.4)	

assessment of the impact of HF on mortality is an important goal for future research.

Findings from this study with respect to the causes of death among HF participants are also noteworthy. Circulatory system disease was the leading cause of death among members of the HF study cohort, accounting for almost 30 % of deaths, followed by cancer, which accounted for 22 % of deaths in the study cohort. These two causes combined with kidney disease, respiratory disease, diabetes, HIV, and liver disease to account for 78 % of deaths in the HF study cohort. In contrast, drug- and alcohol-related causes and injury accounted for only 12 % of deaths. As a point of comparison, a recent study found drug overdose to be the leading cause of death among homeless adults in Boston [21], accounting for 17 % of

deaths, with cancer and heart disease each accounting for about 16 % of deaths. Furthermore, the comparison of HF decedents with those identified by the Philadelphia Homeless Death Review Team shows that drug, alcohol, injury, and accident were more prominent causes of death in the latter group. Similarly, comparisons of the manner of death indicate that a much greater proportion of deaths among homeless decedents in Philadelphia were due to accident or homicide relative to members in the HF cohort. Taken together, these findings suggest that HF participants and their currently homeless counterparts may face different mortality-related risks.

Elevated rates of accidental deaths, homicide, and deaths from infectious diseases in the homeless group may reflect the fact that homelessness increases exposure to risks and unmet service needs, which supports the notion that HF may serve as a protective factor against some causes of death. Nonetheless, HF participants were more likely to die of natural causes, potentially reflecting underlying differences in the disease burden of these two groups, which could be explained by a growing practice in the United States known as vulnerability indexing wherein homeless individuals identified as having medical conditions placing them at the highest risk of death receive priority for placement in permanent housing programs [27]. This practice, which was implemented in Philadelphia starting in 2011, suggests that HF participants are more vulnerable to death than those who remain on the streets, in which case any evidence supporting the notion that HF serves as a protective factor is understated.

The high number of deaths in the HF group resulting from chronic diseases also suggests that HF providers may need to reorient their supportive service delivery models, which have traditionally focused on housing stability and behavioral health interventions, to increasingly focus on chronic disease management and end-of-life care [28, 29]. This may entail additional staff training on integrated care models [30, 31] to address client needs. Growing interest in the use of newly available Medicaid funds via the Affordable Care Act to offer supportive services in permanent supportive housing programs could present an important opportunity for HF programs to develop new service models [32]. It may also be important to provide increased support to help staff members handle the emotional impact of client deaths at a time when HF may have provided renewed hopes of recovery from chronic homelessness. Interventions designed for health care professionals who encounter patient deaths may be useful models [33].

This is the first study to consider premature mortality among formerly homeless adults who have enrolled in Housing First, an approach that has been adopted as the official policy of the United States to address chronic homelessness [9] and is being implemented in multiple countries [10-12]. The use of death reviews conducted by medical professionals for both homeless adults and HF participants in the same city during the same time period is a strength of the study. The small sample size of the HF participant cohort represents a limitation of the study, particularly regarding comparisons of mortality rates among HF participants with those among members of the general population. Lack of more detailed information about the health conditions of HF participants at enrollment and other characteristics that may be related to mortality risk is also a serious limitation in the present study. Interpretation of the results of the comparison between HF decedents and those identified in Philadelphia Homeless Death Review study warrants caution for several reasons. First, because only three deaths occurred among HF participants during the time period covered in the Philadelphia Homeless Death Review report, it was necessary to compare HF decedents identified during a 6-year period with homeless decedents identified during a 2-year period. Moreover, because data on the size and characteristics of the overall Philadelphia homeless population during the time period were not covered by the report, it was not possible to calculate mortality rates in the homeless population during this time period and compare them to those observed among HF participants. Finally, the absence of information about whether homeless decedents identified in the death review report were eligible for or offered HF services represents a clear limitation.

### **Conclusions**

HF may decrease mortality rates for adults who have experienced chronic homelessness by reducing exposure to risks while homeless that contribute to higher rates of deaths caused by accidents, homicide, and infectious diseases. This idea is further supported when considering that individuals who are most medically vulnerable are often prioritized for HF, which may also account for higher rates of HF participant deaths due to natural causes. Integrating medical support and end-of-life care in HF support services is needed, as is support for staff members who are working to promote recovery among highly vulnerable individuals.

### **Additional files**

Additional file 1: Mortality rates and rate ratios comparing Housing First participants in study cohort and individuals experiencing homelessness. (DOCX 25 kb)

### Competing interests

The authors declare that they have no competing interests.

#### Authors' contributions

BFH originally drafted the article with input from TB, who conducted the analysis. BS collected data on Housing First enrollee deaths and provided feedback on the article. All authors approved the final article.

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# Mortality Among Homeless Adults in Boston

### Shifts in Causes of Death Over a 15-Year Period

Travis P. Baggett, MD, MPH; Stephen W. Hwang, MD, MPH; James J. O'Connell, MD; Bianca C. Porneala, MS; Erin J. Stringfellow, MSW; E. John Orav, PhD; Daniel E. Singer, MD; Nancy A. Rigotti, MD

**Background:** Homeless persons experience excess mortality, but US-based studies on this topic are outdated or lack information about causes of death. To our knowledge, no studies have examined shifts in causes of death for this population over time.

**Methods:** We assessed all-cause and cause-specific mortality rates in a cohort of 28 033 adults 18 years or older who were seen at Boston Health Care for the Homeless Program from January 1, 2003, through December 31, 2008. Deaths were identified through probabilistic linkage to the Massachusetts death occurrence files. We compared mortality rates in this cohort with rates in the 2003-2008 Massachusetts population and a 1988-1993 cohort of homeless adults in Boston using standardized rate ratios with 95% confidence intervals.

**Results:** A total of 1302 deaths occurred during 90 450 person-years of observation. Drug overdose (n=219), cancer (n=206), and heart disease (n=203) were the major causes of death. Drug overdose accounted for one-third of deaths among adults younger than 45 years. Opioids were implicated in 81% of overdose deaths. Mortality rates were higher among whites than nonwhites. Compared

with Massachusetts adults, mortality disparities were most pronounced among younger individuals, with rates about 9-fold higher in 25- to 44-year-olds and 4.5-fold higher in 45- to 64-year-olds. In comparison with 1988-1993 rates, reductions in deaths from human immunodeficiency virus (HIV) were offset by 3- and 2-fold increases in deaths owing to drug overdose and psychoactive substance use disorders, resulting in no significant difference in overall mortality.

**Conclusions:** The all-cause mortality rate among homeless adults in Boston remains high and unchanged since 1988 to 1993 despite a major interim expansion in clinical services. Drug overdose has replaced HIV as the emerging epidemic. Interventions to reduce mortality in this population should include behavioral health integration into primary medical care, public health initiatives to prevent and reverse drug overdose, and social policy measures to end homelessness.

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N ESTIMATED 2.3 TO 3.5 million Americans experience homelessness annually, and over 649 000 are homeless on a single night. Homeless individuals have a high prevalence of physical illness, psychiatric disease, and substance abuse, 5-5 contributing to very high mortality rates in comparison with nonhomeless people. 6-17

Despite the persistence of homelessness in the United States, the past decade has yielded few studies on mortality among homeless Americans, and information on causes of death in this population is sparse. In the most recent study that examined causes of death in a US-based homeless population, Hwang et al<sup>7</sup> analyzed data on 17 292 adults seen at Boston Health Care for the Homeless Program (BHCHP) in 1988 to 1993. This study documented the substantial toll of human immunodeficiency

(HIV) infection, which was the leading cause of death among 25- to 44-year-olds and accounted for 18% of all deaths in the study cohort. Homicide was the principal cause of death for 18- to 24-year-olds, while heart disease and cancer were the leading causes among 45- to 64-year-olds.

# For editorial comment see page 178



CME available online at www.jamanetworkcme.com and questions on page 177

In view of interim advances in HIV treatment and expansion of federally funded Health Care for the Homeless clinical services, the mortality profile of homeless adults in the United States may have changed since 1988 to 1993; however, data to confirm this are lacking. A comprehen-

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sive reassessment of mortality and causes of death among homeless adults would provide a needed update on the health status of this vulnerable population and inform policy decisions and clinical practice priorities regarding the provision of health care and other services for this group of people.

Using methods similar to the 1988-1993 Boston mortality study,<sup>7</sup> we assessed overall and cause-specific mortality rates in a large cohort of adults who used services provided by BHCHP from 2003 to 2008. We compared these mortality rates with those of the general population of Massachusetts residents from 2003 to 2008 and to the cohort of homeless adults seen by BHCHP in 1988 to 1993. We also examined racial variations in mortality since prior studies of homeless individuals have found paradoxically higher death rates among whites than nonwhites.<sup>6,12,18</sup>

### **METHODS**

### PARTICIPANTS AND SETTING

We retrospectively assembled a cohort of all adults at least 18 years old who had an in-person encounter at BHCHP between January 1, 2003, and December 31, 2008. BHCHP serves more than 11 000 individuals annually in over 90 000 outpatient medical, oral health, and behavioral health encounters through a network of over 80 service sites based in emergency shelters, transitional housing facilities, hospitals, and other social service settings in greater Boston. 19,20 Patients must be homeless to enroll in services at BHCHP; no other eligibility requirements are imposed. Some patients elect to continue receiving care at BHCHP after they are no longer homeless. Owing to limitations in the data, we were unable to distinguish currently vs formerly homeless participants, so this study represents an analysis of adults who have ever experienced homelessness. We refer to this group as "homeless" for simplicity. Individuals were observed from the date of first contact within the study period until the date of death or December 31, 2008. We measured observation time in person-years. The Partners Human Research Committee approved this study.

### ASCERTAINMENT OF VITAL STATUS

We used LinkPlus software (version 2.0; Centers for Disease Control and Prevention [CDC]) to cross-link the BHCHP cohort with the Massachusetts Department of Public Health (MDPH) death occurrence files for 2003 to 2008. LinkPlus is a probabilistic record linkage software program that uses expectation maximization algorithms and an array of linkage tools to compute linkage probability scores for possible record pairs based on the level of agreement and relative importance of various personal identifiers.<sup>21</sup> Our primary linkage procedure used first and last name, date of birth, and social security number (SSN); sensitivity analyses used sex and race with no additional linkages identified. There were minimal missing data for the core identifiers in the BHCHP cohort (0% for name and birth date, 9% for SSN). We manually reviewed record pairs achieving a probability score of 7 or higher<sup>21</sup> and generally accepted a record pair as a true linkage if it matched on one of the following National Death Index criteria<sup>22</sup> that were also used in the 1988-1993 BHCHP mortality study<sup>7</sup>: (1) SSN, (2) first and last name, month and year of birth (±1 year), or (3) first and last name, month, and day of birth. Two investigators (T.P.B. and B.C.P.) independently conducted the manual review with very high concordance and interrater reliability ( $\kappa$ =0.99). A third investigator (J.J.O.) adjudicated discrepancies.

### **CAUSES OF DEATH**

We based causes of death on the International Statistical Classification of Diseases, 10th Revision (ICD-10) underlying cause of death codes in the MDPH mortality file (eTable; http://www .jamainternalmed.com). The MDPH translates death certificate entries into ICD-10 cause of death codes using software developed by the National Center for Health Statistics (NCHS).<sup>23</sup> We defined "drug overdose" as drug poisoning deaths that were unintentional (codes X40-X44) or of undetermined intent (codes Y10-Y14).24 We included undetermined intent drug poisonings in this definition because Massachusetts medical examiners made relatively frequent use of this category prior to a 2005 policy change at the Office of the Chief Medical Examiner requiring that most of these deaths be categorized as unintentional. 23,25 In addition, evidence suggests that poisonings of undetermined intent more closely resemble unintentional poisonings than suicidal poisonings. 26 For drug overdose deaths, we examined the multiple cause of death fields to ascertain which substances were implicated in each overdose. We classified deaths due to alcohol poisoning (codes X45, Y15) separately from drug overdose. Drug- and alcohol-related deaths could also be captured under the ICD-10 underlying cause of death codes for mental and behavioral disorders due to psychoactive substance use (codes F10-F19), which we analyzed collectively as "psychoactive substance use disorders." These codes are generally intended for deaths related to a chronic pattern or sequel of substance abuse rather than acute poisoning.<sup>27</sup> Such deaths include those attributed to substance dependence (eg, chronic alcoholism), harmful substance use resulting in medical complications (eg, dilated cardiomyopathy, gastrointestinal hemorrhage, aspiration pneumonia), and substance withdrawal syndromes (eg, delirium tremens) (Robert N. Anderson, PhD, Chief, Mortality Statistics Branch, NCHS, written communication, June 22, 2012).

### STATISTICAL ANALYSIS

We tabulated the leading causes of death overall and stratified by age and sex. We calculated mortality rates by dividing the number of deaths by the person-years of observation and expressed these rates as deaths per 100 000 person-years. Since the accuracy of the underlying cause of death may depend on whether a decedent underwent autopsy, we assessed the percentage of homeless decedents who underwent autopsy and used the  $\chi^2$  test to compare this with the percentage who underwent autopsy in the Massachusetts general population.

To compare our age- and sex-stratified findings with the 2003-2008 Massachusetts general population, we adjusted for race using direct standardization with weights chosen according to the racial breakdown in the general population. We then calculated overall and cause-specific mortality rate ratios by dividing the race-standardized mortality rates in the homeless cohort by the rates in the general population. We fitted 95% confidence intervals using conventional methods for standardized rate ratios. <sup>28,29</sup> We obtained mortality data for the 2003-2008 Massachusetts general population from the CDC Wide-ranging Online Data for Epidemiologic Research (WONDER) underlying cause of death compressed mortality files. <sup>30</sup>

To compare our findings with the 1988-1993 BHCHP cohort, we directly standardized the overall and cause-specific mortality rates in the 2003-2008 cohort to match the age, sex, and race distribution of the 1988-1993 cohort. We limited this portion of the analysis to 18- to 64-year-olds to correspond to the age range analyzed in 1988 to 1993. From 1988 to 2008, BHCHP experienced substantial growth in the density and intensity of its clinical operations but did not change its core mission, geographical service area, target population, or eligibility requirements for pa-

Table 1. Characteristics of the Entire Study Cohort and the Decedents

Characteristic	No. (%)						
Entire Cohort (n = 28 033)							
Age at index observation, mean (SD), y	41.0 (12.4)						
18-24	3493 (12.5)						
25-44	13 805 (49.3)						
45-64	9924 (35.4)						
65-84	793 (2.8)						
≥85	18 (0.1)						
Sex	` ,						
Male	18 612 (66.4)						
Female	9421 (33.6)						
Race/ethnicity	, ,						
White, non-Hispanic	11 912 (42.5)						
Black, non-Hispanic	8066 (28.8)						
Hispanic	5301 (18.9)						
Other/unknown	2754 (9.8)						
Decedents (n = 1302)							
Age at death, mean (range), y	51.2 (19.3-93.5						
Sex	(						
Male	1055 (81.0)						
Female	247 (19.0)						
Race	, ,						
White, non-Hispanic	784 (60.2)						
Black, non-Hispanic	301 (23.1)						
Hispanic	131 (10.1)						
Other/unknown	86 (6.6)						
Veteran	164 (12.6)						
Place of death	, ,						
Hospital	683 (52.5)						
Residence	352 (27.0)						
Nursing home	129 (9.9)						
Other	138 (10.6)						
Autopsy performed	( ) )						
Yes	495 (38.0)						
No	807 (62.0)						

tient enrollment.<sup>20</sup> To gauge the potential impact of this clinical expansion, we distinguished between natural and external causes of death (eTable)<sup>27</sup> because the former may be more responsive to traditional medical interventions. Since causes of death were classified according to *ICD-9* codes in the 1988-1993 cohort and *ICD-10* codes in the 2003-2008 cohort, we applied comparability ratios (CRs) (eTable) using methods outlined by the NCHS.<sup>31-33</sup> We used the CR for drug-induced deaths to analyze drug overdose mortality. We used the CR for alcohol-induced deaths to analyze mortality due to psychoactive substance use disorders since most of these deaths were alcohol-related.

To assess for racial differences in mortality, we compared the age-standardized all-cause mortality rates for white, black, and Hispanic adults, stratified by sex. We used SAS statistical software (version 9.3; SAS Institute Inc) and Microsoft Excel 2003 (Microsoft Corp) to conduct our analyses.

### RESULTS

A total of 28 033 adults were followed for a median of 3.3 years, yielding 90 450 person-years of observation. The mean age at cohort entry was 41 years (**Table 1**). In comparison with the 1988-1993 cohort, individuals 45 years or older comprised a greater proportion of observation time (45% vs 29%). Two-thirds of participants were male, and 42.5% were white.

Table 2. Causes of Death and Crude Mortality Rates

Underlying Cause of Death <sup>a</sup>	Deaths, No. (% of Total)	Crude Rate per 100 000 Person-years (95% CI)
All causes	1302 (100)	1439.5 (1361.3-1517.7
Drug overdose	219 (16.8)	242.1 (210.1-274.2)
Cancer	206 (15.8)	227.8 (196.6-258.9)
Trachea, bronchus, and lung	74 (5.7)	81.8 (63.2-100.5)
Liver and intrahepatic bile ducts	24 (1.8)	26.5 (15.9-37.1)
Colon, rectum, and anus	18 (1.4)	19.9 (10.7-29.1)
Esophagus	11 (0.8)	12.2 (5.0-19.3)
Pancreas	8 (0.6)	8.8 (2.7-15.0)
Heart disease	203 (15.6)	224.4 (193.6-255.3)
Psychoactive substance use disorder	99 (7.6)	109.5 (87.9-131.0)
Alcohol use disorder	71 (5.5)	78.5 (60.2-96.8)
Other substance use disorders	28 (2.2)	31.0 (19.5-42.4)
Liver disease	89 (6.8)	98.4 (78.0-118.8)
Chronic liver disease and cirrhosis	58 (4.5)	64.1 (47.6-80.6)
Other liver diseases	31 (2.4)	34.3 (22.2-46.3)
HIV	76 (5.8)	84.0 (65.1-102.9)
III-defined conditions	41 (3.1)	45.3 (31.5-59.2)
Suicide	36 (2.8)	39.8 (26.8-52.8)
Transport accident	26 (2.0)	28.7 (17.7-39.8)
Pedestrian injured in transport accident	15 (1.2)	16.6 (8.2-25.0)
Cerebrovascular disease	25 (1.9)	27.6 (16.8-38.5)
Diabetes mellitus	24 (1.8)	26.5 (15.9-37.1)
Other accidents	23 (1.8)	25.4 (15.0-35.8)
Sepsis	22 (1.7)	24.3 (14.2-34.5)
Homicide	21 (1.6)	23.2 (13.3-33.1)
Nephritis, nephrotic syndrome, and nephrosis	21 (1.6)	23.2 (13.3-33.1)
Events of undetermined intent	21 (1.6)	23.2 (13.3-33.1)
Chronic lower respiratory diseases	20 (1.5)	22.1 (12.4-31.8)
Viral hepatitis	18 (1.4)	19.9 (10.7-29.1)
Anoxic brain injury	12 (0.9)	13.3 (5.8-20.8)
Influenza and pneumonia	11 (0.8)	12.2 (5.0-19.3)
Metabolic disorders	8 (0.6)	8.8 (3.8-17.4)
Alcohol poisoning	6 (0.5)	6.6 (2.4-14.4)
All other causes	75 (5.8)	82.9 (64.2-101.7)

Abbreviation: HIV, human immunodeficiency virus.

<sup>a</sup> Causes of death are based on the *International Statistical Classification* of *Diseases*, 10th Revision (ICD-10). See the eTable (http://www.jamainternalmed.com) for the ICD-10 codes used to define each cause of death.

There were 1302 deaths during the study period, generating a crude mortality rate of 1439.5 deaths per 100 000 person-years. The mean age at death was 51 years (range, 19-93 years) (Table 1). Over 80% of decedents were male, and 60.2% were white. Most deaths occurred in a hospital. Overall, 38.0% of decedents in the study cohort underwent autopsy compared with 6.7% of decedents in the Massachusetts general population (P < .001).

### MAJOR CAUSES OF DEATH

Drug overdose was the leading cause of death, accounting for 16.8% of all deaths in the cohort (**Table 2**). Opioids were implicated in 81% of overdose deaths; of these, heroin was identified in 13%, opioid analgesics in 31%, and other and unspecified narcotics in 60%. Cocaine contributed to 37% of overdose deaths, and 43% involved multiple substances. Alcohol was mentioned as a cooccurring substance in 32% of drug overdose deaths.

Table 3. Leading Causes of Death and Race-Adjusted Mortality Rate Ratios (RRs) by Age Group and Sex

25-44 Years			45-64 Years			65-84 Years					
Cause	No.	CRa	Race-Adjusted RR <sup>b</sup> (95% CI)	Cause	No.	CRa	Race-Adjusted RR <sup>b</sup> (95% CI)	Cause	No.	CRa	Race-Adjusted RR <sup>b</sup> (95% CI)
						Men					
Drug overdose	92	346.9	16.0 (12.6-20.3)	Cancer	120	418.7	2.2 (1.8-2.8)	Cancer	38	1350.4	1.2 (0.8-1.7)
Heart disease	24	90.5	5.1 (3.1-8.4)	Heart disease	114	397.8	3.5 (2.8-4.3)	Heart disease	36	1279.3	1.4 (0.9-2.1)
Psychoactive substance use disorder	24	90.5	22.1 (14.0-34.9)	Drug overdose	80	279.1	17.5 (13.6-22.5)	Chronic lower respiratory disease	5	177.7	0.9 (0.3-2.5)
HIV	21	79.2	17.3 (10.1-29.8)	Psychoactive substance use disorder	59	205.9	19.6 (14.6-26.4)	Cerebrovascular disease	4	142.1	0.7 (0.2-2.5)
Suicide	15	56.6	7.1 (4.2-11.8)	Liver disease	58	202.4	7.7 (5.7-10.3)	Sepsis	4	142.1	1.1 (0.3-5.0)
All causes	252	950.1	8.6 (7.4-9.9)	All causes	670	2337.7	4.5 (4.1-4.9)	All causes	114	4051.3	1.1 (0.9-1.4)
					W	omen					
Drug overdose	28	172.6	23.6 (15.2-36.6)	Cancer	28	326.4	1.9 (1.1-3.1)	Cancer	6	672.4	1.3 (0.5-3.0)
Heart disease	8	49.3	3.6 (1.2-11.1)	Heart disease	16	186.5	3.0 (1.5-6.1)	Heart disease	4	448.3	1.1 (0.4-3.2)
HIV	7	43.1	9.7 (2.9-32.4)	Drug overdose	14	163.2	21.2 (11.4-39.5)	Diabetes mellitus	3	336.2	5.8 (1.5-22.1)
Psychoactive substance use disorder	7	43.1	33.0 (13.0-83.7)	Liver disease	12	139.9	16.9 (9.2-30.9)	Suppressed <sup>c</sup>			
Liver disease	6	37.0	21.3 (8.4-53.9)	HIV	8	93.3	18.0 (6.1-52.5)	Suppressed <sup>c</sup>			
All causes	95	585.6	9.6 (7.4-12.4)	All causes	126	1469.0	4.5 (3.6-5.6)	All causes	21	2353.4	1.1 (0.7-1.8)

Abbreviations: CR, crude rate; HIV, human immunodeficiency virus.

<sup>a</sup>Deaths per 100 000 person-years of observation.

<sup>c</sup>Suppressed owing to confidentiality concerns.

Cancer and heart disease were also major causes of death, each accounting for about 16% of deaths (Table 2). Malignant neoplasms of the trachea, bronchus, and lung comprised over one-third of all cancer deaths. Psychoactive substance use disorders caused nearly 8% of all deaths, and 72% of these were attributable to alcohol.

### MORTALITY RATE RATIOS BY AGE AND SEX

Drug overdose was the leading cause of death among 25-to 44-year-old homeless men and women, accounting for 35% of deaths at rates 16- to 24-fold higher than those in the Massachusetts general population (**Table 3**). Allcause mortality rates for men and women in this age group were 8.6- and 9.6-fold higher than in the general population, respectively.

Cancer and heart disease were the leading causes of death among 45- to 64-year-old homeless adults, and the mortality rates for these causes were about 2- and 3-fold higher than in the general population, respectively. All-cause mortality rates in this age group were 4.5-fold higher than in the general population. Among 65- to 84-year-olds, overall and cause-specific mortality rates generally were not significantly different than in comparably aged adults in Massachusetts.

### COMPARISON WITH 1988-1993 COHORT

The age-, sex-, and race-standardized mortality rate among 18- to 64-year-old adults in the current study was not significantly different than in the 1988-1993 BHCHP cohort (**Figure 1**). However, there were significant differences with respect to specific causes of death. A 3-fold

increase in drug overdose deaths and a 2-fold increase in suicide deaths contributed to an 83% higher rate of deaths due to external causes in comparison with the 1988-1993 cohort. Despite a 2-fold increase in deaths due to psychoactive substance use disorders, significant reductions in deaths due to HIV and cirrhosis contributed to a 15% overall decrease in natural causes of death.

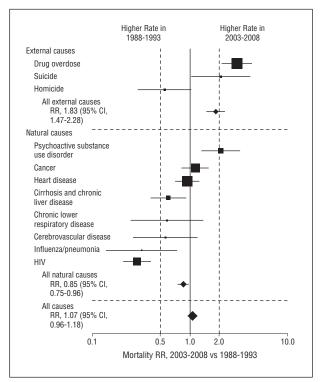
### RACIAL VARIATIONS IN MORTALITY

White men had a significantly higher age-standardized mortality rate than black men (rate ratio [RR], 1.94 [95% CI, 1.66-2.28]) and Hispanic men (RR, 1.80 [95% CI, 1.47-2.21]). The age-standardized mortality rate in white women was substantially higher than in Hispanic women (RR, 3.81 [95% CI, 2.19-6.61]) and marginally higher than in black women (RR, 1.31 [95% CI, 0.99-1.74]). **Figure 2** juxtaposes these rates with those expected in the Massachusetts general population if it had the same age distribution as the homeless cohort.

### **COMMENT**

Drug overdose was the leading cause of death in this cohort of currently and formerly homeless adults, occurring at substantially higher rates than in the Massachusetts general population. Despite comprising only 0.3% of the state's adult population, the study cohort accounted for 5% of all drug overdose deaths among Massachusetts adults in 2003 to 2008. Opioids contributed to over 80% of these deaths. Cancer and heart disease were the leading causes of death

<sup>&</sup>lt;sup>b</sup> Mortality RRs were calculated by dividing the race-adjusted mortality rates for the homeless cohort by the corresponding mortality rates in the general population of Massachusetts during the same years (2003-2008). Race adjustment was performed using direct standardization to match the racial and ethnic breakdown of the specified age and sex groups within the general population of Massachusetts.

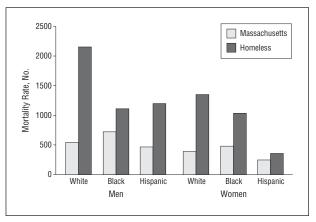


**Figure 1.** Mortality rate ratios (RRs) comparing cause-specific and overall mortality rates for the 2003-2008 and 1988-1993 homeless cohorts. Boxes are weighted in proportion to the total number of deaths owing to the specified cause. Prior to computing RRs, mortality rates from the 2003-2008 cohort were directly standardized to the age, sex, and race distribution of the 1988-1993 cohort. Differences between *International Classification of Diseases*, *Ninth Revision (ICD-9)* (1988-1993) and *ICD-10* (2003-2008) underlying cause of death codes were accounted for using comparability ratios from the National Center for Health Statistics. See the eTable for *ICD-9* and *ICD-10* codes and comparability ratios (http://www.jamainternalmed.com). HIV indicates human immunodeficiency virus.

among adults 45 years or older. In comparison with the general population, the greatest disparities in all-cause mortality occurred in the younger age groups.

There was no significant difference between the allcause mortality rate in the 2003-2008 cohort compared with the 1988-1993 cohort. A 15% reduction in deaths owing to natural causes was offset by an 83% increase in deaths due to external causes. Although HIV-related deaths decreased considerably, we found a 3-fold increase in drug overdose deaths and 2-fold increases in deaths due to suicide and psychoactive substance use disorders.

Similar to findings in prior studies, <sup>6,12,18</sup> we found significantly higher mortality rates among white homeless adults in comparison with other racial groups, which differs from the pattern in the general population. This may reflect underlying racial differences in the pathways to homelessness. Evidence suggests that African Americans are more likely to be homeless because of structural factors, such as discrimination and poverty, while homelessness among whites is more heavily linked to personal factors such as mental illness, trauma, family dysfunction, and substance abuse, <sup>34-36</sup> placing these individuals at higher risk of death. This is supported by the finding that whites accounted for a particularly disproportionate percentage of deaths due to drug overdose (68%), substance use disorders (68%), and suicide (89%).



**Figure 2.** Race-specific age-standardized mortality rates for homeless adults and adults in the general population of Massachusetts (2003-2008), stratified by sex. Mortality rate is expressed as the number of deaths per 100 000 person-years of observation for the homeless cohort, and deaths per 100 000 for the Massachusetts general population. All mortality rates are directly standardized to match the age distribution of the homeless cohort using the following categories: 18 to 24, 25 to 34, 35 to 44, 45 to 54, 55 to 64, and 65 years or older. Owing to limitations in state data, the age-specific mortality rate for 20- to 24-year-old Massachusetts adults was used to estimate the rate for 18- to 24-year-old adults.

Our findings have implications for policymakers, public health professionals, and clinicians serving this population. The overall mortality pattern of homeless adults in this study demonstrates the substantial impact of substance abuse and mental illness, highlighting the need for integrated systems of care to address these complex issues. Interval increases in deaths due to drug overdose, psychoactive substance use disorders, and suicide suggest that chemical dependency counselors, psychiatrists, and other behavioral health specialists should be collocated with primary care practitioners serving this population. The dramatic rise in drug overdose deaths reflects a broader nationwide trend in drug poisoning mortality fueled largely by rising opioid-related deaths. 37-39 Such deaths are fundamentally preventable. The bulk of opioid overdoses were due to nonheroin substances, including opioid analgesics and other narcotics. Given the high prevalence of both chronic pain and addiction in homeless persons, 40 health care organizations serving this population may wish to develop standardized pain management protocols to help ensure safe, effective, and appropriate opioid prescribing. Efforts to curb prescription drug diversion should remain a national policy priority. Public health initiatives aiming to prevent and reverse opioid overdoses through education and the distribution of intranasal naloxone may also help reduce these deaths. 41,42 In addition to methadone maintenance programs, officebased buprenorphine treatment seems to be feasible in the setting of homelessness<sup>43</sup> and may be an effective option for addressing opioid dependence in this population.

The impact of alcohol and tobacco use is also apparent. Alcohol was the principal substance implicated in 72% of deaths owing to psychoactive substance use disorders and was a co-occurring substance in one-third of drug overdose deaths. The preponderance of deaths due to heart disease and cancer, particularly neoplasms of the trachea, bronchus, and lung, suggests a pressing need to address the 73% prevalence of cigarette smoking among homeless

adults.<sup>44</sup> The heavy burden of such deaths among the growing subset of individuals 45 years or older reinforces the need for primary care and preventive services that target the health issues of an aging homeless population.<sup>45</sup>

From 1988 to 2008, BHCHP substantially expanded the scope of its clinical services in greater Boston. While causality cannot be determined, this expansion may partially explain the interim reduction in natural causes of death that may be more amenable to medical interventions than external causes. However, the lack of change in all-cause mortality is consistent with the fact that multiple factors other than health care influence population health. Addressing the substantial mortality disparities in homeless populations will require not only clinical innovation and tailored health care services, but also creative public health programming combined with policy initiatives to address homelessness and other social determinants of health.

This study has certain limitations. We focused on adults who used Health Care for the Homeless clinical services in Boston. Our findings may not be generalizable to homeless individuals who avoid such services or to homeless adults in other cities. Our study included both currently and formerly homeless adults, which likely exerts a conservative bias on our findings since individuals who have exited homelessness may have lower mortality rates. 18 Finally, the accuracy of death certificates in identifying cause of death has been debated.<sup>47</sup> Death certificates have poor sensitivity but high specificity for identifying drug poisoning deaths,48 implying a low likelihood for "false-positive" drug overdose deaths in our study. Death certificates also seem to be relatively accurate in identifying cancer deaths, 49,50 the second most common cause of death in this study. Furthermore, decedents in this study underwent autopsy at a 6-fold higher rate than decedents in the Massachusetts general population, providing some reassurance that the cause of death information is not less accurate, and may be more accurate, than for nonhomeless individuals.

In conclusion, drug overdose has replaced HIV as the emerging epidemic among homeless adults. While mortality rates due to certain causes have decreased in comparison with rates 15 years prior, we found substantial increases in addiction-related and mental healthrelated mortality rates among homeless adults, resulting in no overall change in mortality despite a major expansion in clinical services for this population. Findings suggest the need to integrate psychiatric and substance abuse services into primary medical care and to expand public health efforts to curb the growing problem of opioid-related deaths. The mortality disparity between homeless individuals and the general population, particularly among those who are youngest, underscores the need to address the social determinants of health through policy initiatives to eradicate homelessness.

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Bringing America Home

### **Health Care and Homelessness**

Published by the National Coalition for the Homeless, July 2009

Poor health is closely associated with homelessness. For families struggling to pay the rent, a serious illness or disability can start a downward spiral into homelessness, beginning with a lost job, depletion of savings to pay for care, and eventual eviction.

### **PREVALENCE**

The 2007 United States Census Bureau calculated that 45.7 million Americans (15.3% of the population) do not have health insurance. In 2007, 26.8 million people (18.1%) who worked part-time or full-time during the previous year were uninsured, including 21.1 million full-time workers. Whether or not Americans have health insurance is very closely tied to their incomes. Only 7.8% of people who have a yearly salary of \$75,000 or higher are uninsured, compared to 24.5% of people with salaries under \$25,000. In 2007, Medicaid covered 39.6 million people, which fortunately is an increase since 2006 (United States Census Bureau, 2007). However, Medicaid has numerous eligibility requirements, and many people do not qualify even if they live below the poverty line.

Of the 45.7 million uninsured Americans, 34.6 million identify as part of a family. There are 8.1 million children (11.0%) in the United States without health insurance. An estimated 10.5% of American children under the age of six do not have health insurance. This proportion is much higher for impoverished children: 17.6% of children below the poverty line lack health insurance (United States Census Bureau, 2007).

### RELATIONSHIP TO HOMELESSNESS

Homelessness and health care are intimately interwoven. Poor health is both a cause and a result of homelessness. The National Health Care for the Homeless Council (2008) estimates that 70% of Health Care for the Homeless (HCH) clients do not have health insurance. Moreover, approximately 14% of people treated by homeless health care programs are children under the age of 15 (National Health Care for the Homeless Council, 2008).

Inadequate health insurance is itself a cause for homelessness. Many people without health insurance have low incomes and do not have the resources to pay for health services on their own. A serious injury or illness in the family could result in insurmountable expenses for hospitalizations, tests, and treatment. For many, this forces a choice between hospital bills or rent. According to the National Health Care for the Homeless Council (2008), half of all personal bankruptcies in the United States are caused by health problems.

Health care is even more of a problem for people who are already homeless. Homeless people are three to six times more likely to become ill than housed people (National Health Care for the Homeless Council,

2008). Homelessness precludes good nutrition, good personal hygiene, and basic first aid, adding to the complex health needs of homeless people. Additionally, conditions which require regular, uninterrupted treatment, such as tuberculosis and HIV/AIDS, are extremely difficult to treat or control among those without adequate housing.

Diseases that are common among the homeless population include heart disease, cancer, liver disease, kidney disease, skin infections, HIV/AIDS, pneumonia, and tuberculosis (O'Connell, 2005). People who live on the streets or spend most of their time outside are at high risk for frostbite, immersion foot, and hypothermia, especially during the winter or rainy periods. Although not many homeless deaths are specifically attributed to exposure-related causes such as frostbite, immersion foot, or hypothermia, the risk of death from other causes is increased eightfold in people who have experienced those conditions in the past (O'Connell, 2005).

Unfortunately, many homeless people who are ill and need treatment do not ever receive medical care. Barriers to health care include lack of knowledge about where to get treated, lack of access to transportation, and lack of identification (Whitbeck, 2009). Psychological barriers also exist, such as embarrassment, nervousness about filling out the forms and answering questions properly, and self-consciousness about appearance and hygiene when living on the streets. The most common obstacle to health care is the cost (Whitbeck, 2009). Without health care, many homeless people simply cannot pay. As a result, many homeless people utilize hospital emergency rooms as their primary source of health care. Not only is this not the most effective form of care for them, since it provides little continuity, it is also very expensive for hospitals and the government.

As a result of these factors, homeless people are three to four times more likely to die than the general population (O'Connell, 2005). This increased risk is especially significant in people between the ages of 18 and 54. Although women normally have higher life expectancies than men, even in impoverished areas, homeless men and women have similar risks of premature mortality. In fact, young homeless women are four to 31 times as likely to die early as housed young women (O'Connell, 2005). The average life expectancy in the homeless population is estimated between 42 and 52 years, compared to 78 years in the general population.

### **POLICY ISSUES**

At present, there is one federally funded program, Health Care for the Homeless (HCH), that is designed specifically to provide primary health care to homeless persons. HCH projects are required to provide primary health care, substance abuse services, emergency care, outreach, and assistance in qualifying for housing. Many HCH projects also provide dental care, mental health treatment, supportive housing, and other services. In 2008, HCH programs were estimated to serve more than 740,000 homeless people per year (National Health Care for the Homeless Council). However, more health care services designed to serve the homeless are clearly needed, since HCH programs do not meet the needs of the majority of homeless Americans. In addition, lack of affordable housing complicates efforts to provide health care to homeless persons. Housing is the first form of treatment for homeless people with medical problems, protecting against illness and making it possible for those who remain ill to recover.

Universal access to affordable, high-quality and comprehensive health care is also essential in the fight to end homelessness. A health insurance system could reduce homelessness and help to prevent future episodes of homelessness, as well as ease the suffering of those on the streets. A universal health system would also reduce the fiscal impact and social cost of communicable diseases and other illnesses.

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# The Hard, Cold Facts About the Deaths of Homeless People

Information from the National Health Care for the Homeless Council

Homelessness dramatically elevates one's risk of illness, injury and death.

For every age group, homeless persons are three times more likely to die than the general population. Middle-aged homeless men and young homeless women are at particularly increased risk.<sup>1</sup>

The average age of death of homeless persons is about 50 years, the age at which Americans commonly died in 1900.<sup>2</sup> Today, non-homeless Americans can expect to live to age 78.<sup>3</sup>

Homeless people suffer the same illnesses experienced by people with homes, but at rates three to six times higher.<sup>4</sup> This includes potentially lethal communicable diseases such as HIV/AIDS, tuberculosis and influenza, as well as cancer, heart disease, diabetes and hypertension.

Homeless persons die from illnesses that can be treated or prevented. Crowded, poorly-ventilated living conditions, found in many shelters, promote the spread of communicable diseases. Research shows that risk of death on the streets is only moderately affected by substance abuse or mental illness, which must also be understood as health problems. *Physical* health conditions such as heart problems or cancer are more likely to lead to an early death for homeless persons. The difficulty getting rest, maintaining medications, eating well, staying clean and staying warm prolong and exacerbate illnesses, sometimes to the point where they are life threatening.

<sup>&</sup>lt;sup>1</sup> O'Connell, Jim, MD. *Premature Mortality in Homeless Populations: A Review of the Literature* Nashville: National Health Care for the Homeless Council, December 2005. p.13. http://www.nhchc.org/PrematureMortalityFinal.pdf
<sup>2</sup> O'Connell, p. 13.

<sup>&</sup>lt;sup>3</sup> National Center for Health Statistics, at http://www.cdc.gov/nchs/fastats/lifexpec.htm <sup>4</sup> Wright JD. "Poor People, Poor Health: The health status of the homeless." In Brickner PW, Scharer LK, Conanan BA, Savarese M, Scanlan BC. *Under the Safety Net: The Health and Social Welfare of the Homeless in the United States*. New York: WW Norton & Co., 1990: 15–31.

Homeless persons die on the streets from exposure to the cold. In the coldest areas, homeless persons with a history of frostbite, immersion foot, or hypothermia have an eightfold risk of dying when compared to matched non-homeless controls.<sup>5</sup>

Homeless persons die on the streets from unprovoked violence, also known as hate crimes. For the years 1999 through 2005, the National Coalition for the Homeless has documented 472 acts of violence against homeless people by housed people, including 169 murders of homeless people and 303 incidents of non-lethal violence in 165 cities from 42 states and Puerto Rico.

Poor access to quality health care reduces the possibility of recovery from illnesses and injuries. Nationally, 71% of Health Care for the Homeless clients are uninsured, as were 46.6 million other Americans in 2005.

The National Health Care for the Homeless Council works to end the deadly conditions and injustices described above. We recognize and believe that

- homelessness is unacceptable;
- every person has the right to adequate food, housing, clothing and health care;
- all people have the right to participate in the decisions affecting their lives;
- contemporary homelessness is the product of conscious social and economic policy decisions that have retreated from a commitment to insuring basic life necessities for all people; and
- the struggle to end homelessness and alleviate its consequences takes many forms, including efforts to insure adequate housing, health care, and access to meaningful work.

To learn more, or to contribute to the work of the National Health Care for the Homeless Council, please visit <a href="www.nhchc.org">www.nhchc.org</a> or contact us at PO Box 60427, Nashville TN 37206-0427, (615) 226-2292, council@nhchc.org.

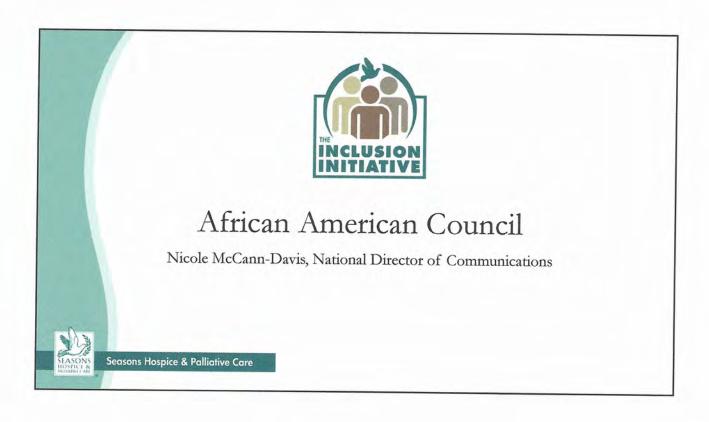
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<sup>&</sup>lt;sup>5</sup> O'Connell, p. 7.

<sup>&</sup>lt;sup>6</sup> Health Resources and Services Administration, Bureau of Primary Health Care, Uniform Data System 2004. http://www.bphc.hrsa.gov/hchirc/about/prog\_successes.htm <sup>7</sup> United States Census Bureau. "Income, Poverty, and Health Insurance Coverage in the United States: 2005." http://www.census.gov/prod/2006pubs/p60-231.pdf

# **EXHIBIT 11**

# **African American Council**



### The Why Demographic Nat'l SHPC SHPC Staff **Patients Patients** African American 8.3% 14.99% 19.4% Hispanic 2.1% 8.59% 17.4% Asian 1.2% 1.54% 4.3% Seasons Hospice & Palliative Care

# AAC's Goal

- · Educate our staff to ensure that all needs are being met
- Improve the community understanding of hospice and palliative care
- Provide care that respects what is most important to each individual



Seasons Hospice & Palliative Care

# Educating Our Staff

- BD<sup>2</sup> Vignettes focused on supporting the African American family
- 60 second updates focused on inclusion
- Inclusion focused Case Management Recipe vignettes
- Sharing culturally appropriate holidays, facts, and traditions on Yammer and the flat screens



Seasons Hospice & Palliative Care

# Improving the Community's Understanding

- The Inclusion Initiative Baltimore
  - We anticipated 5-7 attendees
  - Final count 16
  - Investment \$600





Seasons Hospice & Palliative Care

# The Inaugural Inclusion Initiative Meeting

- 'Everybody wants to go to Heaven, but nobody wants to die. It's not so much the act of dying itself, but the things that are surrounding death: injustice, poverty, mistreatment, and evil... There's a sense that we won't be stopped by those things - our 'somehow theology.' Somehow, someway, we will get through this."
  - Rev. Frank Jackson, Faith Presbyterian Church





Seasons Hospice & Palliative Care

# Key Takeaways

- · Lack of preparedness is a barrier
- Families want to feel genuinely cared for (not like it's just part of our job)
- If the family feels cared for and is truly supported, they will be loyal to the organization
- Supporting the family is equally, if not more important than the patient



Seasons Hospice & Palliative Care

# On the horizon

- Updated Seasons.org page
- · Baltimore and Illinois
- Adopt a hospice initiative
- Urban community college connections
- Inclusion Initiative events focused on preparation to decrease fear at the end of life
  - o Getting your house in order
    - Advance Care Planning
    - Understanding life insurance
  - 0 What is hospice and palliative care
    - Signs that your loved one may qualify for hospice
    - Questions to ask the doctor to advocate for yourself/your loved one



Seasons Hospice & Palliative Care

### Virtual Mentor

American Medical Association Journal of Ethics September 2006, Volume 8, Number 9: 613-616.

#### Op-ed

Racial disparities in hospice: moving from analysis to intervention by Ramona L. Rhodes, MD, MPH

Hospice is a program designed to provide comfort—rather than curative—care to terminally ill patients and support to their families. Hospice services are provided by a multidisciplinary team of physicians, nurses, social workers, clergy and volunteers who work together to help patients and their families meet the challenges of end-oflife care. Hospice services can be provided in a variety of venues including the home, inpatient hospice facilities and long-term-care facilities. Several studies have documented the benefits of hospice to patients and their families. For example, in a randomized, controlled trial of terminally ill cancer patients and their primary care givers, Kane et al. found that patients enrolled in a hospice program experienced significantly less depression and expressed more satisfaction with care [1]. Furthermore, caregivers of hospice patients showed somewhat more satisfaction and less anxiety than did those of controls [1]. Bereaved family members told Teno and colleagues in a national study that loved ones who died at home with hospice services had reported fewer unmet needs and greater satisfaction with their experience [2]. Finally, Miller et al. observed that hospice enrollment improves pain assessment and management for nursing home residents [3]. The literature consistently finds that participation in a hospice program improves the quality of care patients receive at the end of life.

Since the inception of the Medicare hospice benefit, hospice services have been available to many patients. Despite these additional sources of funding and the evidence of improved quality of care at the end of life, African Americans and members of other ethnic minority groups consistently underutilize hospice. For example, in a secondary analysis of the 1993 National Mortality Followback Survey, Greiner et al. found that being African American was negatively associated with hospice use regardless of the patient's access to health care [4]. In a retrospective analysis of more than one million Medicare enrollees, Virnig and colleagues found that the rate of hospice use was significantly lower for blacks than for nonblacks [5]. Furthermore, even though blacks made up 12 percent of the population of the United States in 2004 they accounted for only 8.1 percent of hospice admissions for that year [6].

Several possible causes for racial disparity in hospice utilization have been proposed. Research has suggested, for instance, that lack of knowledge about hospice programs is a barrier to their use in the African American community [7]. Mistrust of the

health care system, conflicts between individuals' spiritual and cultural beliefs and the goals of hospice care, and preferences for aggressive life-sustaining therapies have also been suggested as causes [8-12]. Some believe that providers' conscious or unconscious stereotyping of their patients may also lead to disparities in health care [13]. Additionally, the prohibitive cost of health care, barriers to access and a culturally insensitive health care system have been thought to contribute [8]. Few of these reasons for underutilization of hospice services by African Americans and members of other minority and ethnic groups have been studied in depth.

When compared with use by Caucasian patients, not only do African Americans underutilize hospice, they also perceive the quality of end-of-life care differently. According to Welch et al. blacks were less likely to rate the care their family members received at the end of life as "excellent" or "very good." They were more likely to have concerns about being told what to expect when their loved one died and more likely to be distressed about the amount of emotional support they received from the health care team during their loved one's last days [14]. There were, however, marked decreases in the disparities noted in perceptions about the quality of care once patients enrolled in hospice, particularly with regard to overall satisfaction with services and attending to the needs of family members [15]. Hence, there is evidence that having hospice care leads to improvements in African Americans' perceptions of end-of-life care.

Though initiatives have been implemented in some areas, more culturally sensitive education is needed to increase awareness of hospice and its benefits. Some studies suggest that cultural diversity among hospice staff may influence diversity among hospice patients [11]. Consequently, hospice programs should strive to increase diversity not only among their patient populations but also among their employees and volunteers. Given that conflicts between cultural preferences and hospice goals are thought to inhibit its utilization, cultural sensitivity should be emphasized to all health care workers, particularly those who care for patients at the end of life. Interventions directed at these areas are sorely needed, as is evaluation of their effectiveness.

Access to hospice has been increasingly thought of as a public health matter. The right to quality care at the end of life is one that should be extended to everyone regardless of race, ethnic background or socioeconomic status. Barriers to hospice utilization should be researched and identified so that appropriate interventions can be conducted to overcome these obstacles. The evidence that hospice is underutilized by those of underserved communities is substantial, but few steps are being taken to understand and reverse this trend. The time has come for research to move from the analysis of disparities in end-of-life care and hospice utilization to identification of barriers and interventions to reverse the trend.

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#### **FELLOWSHIP STORY SHOWCASE**

# Racial disparities in end-of-life care — how mistrust keeps many African Americans away from hospice

hospice care, end of life care, racial disparities, California

#### By JoAnn Mar

JoAnn Mar's report for KALW was produced as part of a larger project for the USC Annenberg Center for Health Journalism's 2018 California Fellowship. This story also ran in the Oakland Post.

Other stories in this series include:

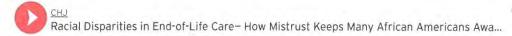
Challenges and cultural barriers faced by Asians and Latinos at the end of life



Friday, November 16, 2018

Sharitta Berry was at Oakland's Highland Hospital when she got the bad news in early 2018. For several months, Berry was coughing heavily and struggling to breathe. Her doctors told her she has COPD, chronic obstructive pulmonary disease caused by years of heavy smoking and drug abuse. There is no cure for COPD and her condition is rapidly getting worse. The bad news hit her hard—she felt sad, scared, and depressed. The 52-year-old Berry needed to make an important decision. She could choose the comfort care provided by hospice. Or she could undergo invasive surgery and be attached to a ventilator for the rest of her life.

Berry's doctors tried to explain her options, but they were unable to communicate effectively with her and she couldn't reach a decision. At the heart of the communication breakdown was a deep lack of trust of the medical system—Berry, an African-American woman, did not trust what her doctors were telling her. "Gorillas, some of the doctors were all gorillas, said Berry's daughter Ashley Hunter, describing the recurring dreams her mother had about doctors, "Or they were like robotic. She was talking about doctors doing something to her."



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### Reasons for Racial Disparities at the End of Life— Poor Communication



Dr. Alexander Smith, UC San Francisco palliative care specialist and researcher

Communication skills and training in conducting sensitive, end-of-life conversations are essential for providing high-quality care to dying patients. However, studies have found that African Americans report lower quality interactions with their physicians, compared with white patients. In one study surveying 1816 participants by telephone in the late 1990s, African-American patients rated their visits with physicians as less participatory than whites. African Americans also report less satisfaction with the quality of communication, including the extent to which providers listen and share information. U.C. San Francisco palliative care researcher Dr. Alexander Smith conducted a multistate study of 803 terminally ill patients published in 2007. According to Smith, "We found that African-American patients reported significantly lower quality patient-physician relationships than white patients." Many African Americans are either unaware of hospice care or lack a clear understanding of what hospice is.

### Home Hospice Can Provide a More Affordable, Less Painful Option to Hospitalization

The goal of home hospice is comfort and pain management, when cure is no longer possible. Curative, life-prolonging treatments such as surgeries and chemotherapy are stopped, and the focus shifts to quality of life. Hospice care focuses on the patient's physical, emotional, social, and spiritual needs. The patient spends his final days and weeks at home, taken care of by family members with the help of hospice nurses and volunteers to monitor his medications and comfort level. But far fewer African Americans utilize hospice compared to whites. Among Medicare beneficiaries who died in 2010, 45.8% of whites used hospice compared to 34% of African Americans.

### Reaching Out to Dying African-American Patients

Berry's doctors finally brought in Dr. Jessica Zitter, a palliative care specialist, to help out. Rather than dominate the conversation with medical jargon, Zitter let Berry talk for a long time. Berry felt comfortable speaking with Zitter and soon, it became clear what Berry wanted.

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"I said 'well, what do you think about being on a breathing machine?" recounts Zitter. "And [Berry] said 'I'm afraid I wouldn't get off.' I said 'I'm afraid you wouldn't get off too.' And she said 'I don't want it.' And that was it—that was the answer."

Berry is now at home, receiving hospice care. Her daughter Ashley is her part-time caregiver, and is relieved that Berry did not choose aggressive life sustaining treatments. "My mama knows I don't like seeing her in the hospital," said Hunter, "She knows I'm more comfortable her being with me and closer to me."

### Keeping Hope Alive—Cultural Differences in End-of-Life Decision-Making

If Berry had chosen to stay alive at all costs using heroic measures such as mechanical ventilators and feeding tubes, these aggressive treatments wouldn't cure the disease, just give her a little more time. Even though there's little chance of full recovery, African Americans are more likely than whites to choose life-sustaining measures. Minorities at the end of life are more likely to receive high-intensity, life-sustaining treatments. Dr. Zitter refers to a 2013 survey done by the Pew Center survey, which found "African Americans do tend to die more often on machinery in facilities, away from home in pain than white patients."

Keeping hope alive is a strong part of African-American culture and surviving difficult times. Hospital TV dramas like ER and Grey's Anatomy serve to reinforce the belief that medicine can cure most problems, even terminal illness.

"If you watch TV as most people do, you think 'hey yeah, if this happens to most people, bring me back. Restart my heart, go for it, 'cause it happens all the time on TV." says Dr. Alexander Smith. "Nobody wants the CPR, the chest compressions, the shocks, the breathing tubes. They want to like get back to their former selves, to go home. Not to live in the ICU on machines for a few days before dying."

### A Long History of Unequal Treatment in Medical Services

Doing everything to stay alive is part of African-American culture that can be traced back to the days of slavery. The country's long history of racism and poverty included unequal access to medical care. To this day, some suspect that the health care system is limiting their treatment options. Others worry that choosing hospice means giving up hope or hastening death. Reverend Cynthia Carter Perrilliat, a minister at the Allen Temple Baptist Church in East Oakland, often encounters this fear among her congregants, who she says ask "Why should I trust that you're going to do the right thing for me?"

"Statistics will tell you that in communities of color, particularly African-American communities, they always say 'give me everything," says Perrilliat. "You know, all the treatment that there is, because typically we don't get the treatment we need."

Historic wrongs such as the Tuskegee syphilis experiments of the 1930's have only served to reinforce African-American mistrust of the medical system. "The U.S. government had ultimately a cure for syphilis but they did not provide that cure to these African-American men," said Perrilliat, "Unfortunately most of them died. It was a senseless death. It did not have to happen and frankly the powers that be, the government, did nothing about it."

Established racial disparities and discrimination have long been part of America's health care system from birth to death. Infant mortality rates are twice as high for African Americans compared to whites. White Americans live 3.5 years longer than African Americans. Research further indicates that U.S. racial and ethnic minorities are less likely to receive even routine medical procedures and experience a lower quality of health services. Even at the end of life, racial disparities persist. Significantly fewer African Americans, Asians, and Latinos enrolled in hospice compared to whites.

### Painful Consequences of Avoiding Hospice Care

But without the comfort care provided by hospice, African Americans at the end of life have less access to pain medication, especially if they live in low-income neighborhoods. "If they're under the care of hospice, hospice will bring the medication to that neighborhood," said Dr. Zitter, "But if you actually have to go and refill that prescription, it can be a real problem for people who don't have a car and who can't figure out how to get to a pharmacy somewhere else." Nearby pharmacies in some predominantly minority neighborhoods are less likely to stock adequate supplies of opioids.

For dying patients who opt for aggressive, life-prolonging treatments, palliative care1 is available to alleviate some of the physical pain. But Zitter says these heroic measures can immobilize frail patients, thus increasing their discomfort and suffering in their final days of life. "If I sit and think what that must feel like to be a dying person, unable to communicate on my back in an ICU or a ventilator facility with tubes surgically attached to my body with my arms tied down—to me, that's a fate I would never personally want," said Zitter.

# The Faith Community and Its Potential Role in Reducing Racial Disparities in End-of-Life Care

Reverend Perrilliat had her own positive experience with hospice many years ago when her father died of cancer. She said the staff took good care of him—they were kind, caring, and compassionate. But she noticed that very few African Americans enrolled in hospice. Most

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of them knew little about it and the medical staff was all white. "Why don't we see more health professionals that are people of color?" asked Perrilliat, "Asians, Latinos, African Americans—where are we in this mix? The light came on and immediately I saw it. This is ministry, this is ministry at the heart of it all."

Perrilliat realized that houses of worship needed to become more active in end-of-life care, to overcome the historical mistrust of the medical system. Seventy percent of African Americans are religious and churches are highly respected institutions. "The faith community frankly I think is one of the last bastions of resource out there for communities where there is still some level there of trust," said Perrilliat, "Trust is huge on this issue of advancing illness and aging and end of life. You really need to know you can get trusted information from trusted individuals that have no motives other than they want the best for you."

### The Alameda County Care Alliance—A Faith-Health Partnership



The Allen Temple Baptist Church, one of the ACCA's hub churches

In 2014, Perrilliat partnered with five churches, and started the Alameda County Care Alliance, a faith-based non-profit providing critical support for predominantly African-American adults with advanced illness and their caregivers. It's considered the nation's first community-faith-health partnership of its kind. Ministers and faith leaders are trained to help their congregants prepare for the end of life and provide spiritual guidance and support related to their advanced illness.

At the heart of the ACCA's program is its navigation system. Community care navigators are trained to provide support and connect participants with needed resources such as transportation, meals, medical services, and hospice care.

"You have to have a heart for people, a desire to help," said Alexis Owens, one of the ACCA's navigators, "We want to make sure they know we're actively listening. We want them to trust us."

Owens grew up in Oakland and has deep roots in the city's faith community. One of her clients is 98-year-old Hannah Martin, who attends the same church. Since the death of her husband, Martin has suffered from grief, loneliness, high blood pressure, and hypertension and now, she's fallen behind on her bills, which causes added stress. "At one point, her PG&E and water bill had escalated quite a bit," said Owens, "We contacted those utility companies." Owens arranged a payment plan for her overdue bills and also helped with her transportation needs. "She's been right there when I needed her," said Martin, "She [took] me several times to the hospital, to meetings when I had to go to church. If I needed to go some place, I'd call on Alexis."

Each visit ends with a prayer. Owens holds Martin's hand and gives thanks and blessings to everyone who has helped her. As she nears the end of her life, Martin knows she can turn to Owens for help. "I just love Alexis because she's such a nice person," said Martin, "She's very, very helpful. She's someone you can talk to." Owens and the ACCA will connect her with hospice, comfort care, or whatever medical services she wants when the time comes.

### The ACCA's Success and Plans for Expansion

In the last four years, the ACCA's hub churches have grown from five to fourteen. Its medical partners include Kaiser Permanente, U.C. Davis School of Nursing, and the Public Health Institute. "We got our first funding in 2014—in less than twelve months we had 550 people," said Perrilliat, "Year two our numbers practically doubled. We're well over 2,500, close to 3,000 plus folks now in our third year. So there's no lack of need, I promise you."

1/28/2021 Racial Disparities In End-of-Life Care— How Mistrust Keeps Many African Americans Away From Hospice | Center for Health Journalism

The ACCA hopes to reach beyond the African-American community and expand throughout the Bay Area and connect with other faith communities in the future. Major cities such as San Francisco, Los Angeles, Chicago, and New York have expressed interest in replicating the ACCA's navigator system. If the model spreads nationwide, it could go a long way in reducing racial disparities in end of life care.

1. To clarify, "palliative care" is not limited to hospice and is also used to address the physical pain, psycho-social suffering, and discomfort of those with advanced or life-threatening illness as well as those with terminal illness.

#### **FELLOWSHIP STORY SHOWCASE**

### Challenges and cultural barriers faced by Asians and Latinos at the end of life

Asians, Latinos, hospice care, end of life care, racial disparities

#### By JoAnn Mar

JoAnn Mar's report for KALW was produced as part of a larger project for the USC Annenberg Center for Health Journalism's 2018 California Fellowship. This story also ran in the Oakland Post.

Other stories in this series include:

Racial Disparities in End-of-Life Care— How Mistrust Keeps Many African Americans Away from Hospice



#### KALW

Thursday, November 15, 2018

For Asians, Latinos, and other ethnic minorities, the end of life presents unique challenges. Language barriers and cultural traditions can often inhibit access to hospice, pain management, and comfort care.

Overcoming barriers and navigating cultural norms is not easy and requires health professionals and patients working together as equal partners.

The end of life is not easy for most Americans nearing death. The good news is that up to ninety percent of pain and suffering can be controlled. But the bad news is that over half of all dying Americans experience unwanted pain and suffering during their final days. And the numbers are even greater for people of color. African-Americans, Asians, and Latinos have less access to the pain medication and comfort care that hospice can provide at the end of life compared to whites.

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Asians, Latinos, and other ethnic minorities whose second language is English face additional challenges. Language barriers and cultural traditions can inhibit awareness of and discussions about end-of-life options and are often compounded by poverty and lack of education.

### The cultural taboo against openly discussing death

In many traditional Latino and Asian cultures, speaking openly about death is taboo, especially when a loved one is seriously ill. Among the Chinese, talking about death, especially with elders is considered disrespectful.

At a recent gathering, grief counselor Terri Daniel spoke with Chinese seniors residing at Mercy Housing, a low-income assisted-living community in San Francisco. The elders told Daniel they've spent a lot of time and thought setting up altars in honor of deceased ancestors and paying regular visits to the cemetery—but have not spent time making plans for their own deaths. Daniel asked how many of them have had end-of-life conversations with their children. Only six out of twenty-five seniors raised their hands. Fang Huang, resident services coordinator, said she and others at Mercy Housing have tried to encourage the elder residents to talk with their families and complete advance directives. When asked why they hadn't spoken with their families, one woman said they didn't want to discuss death with their children because they were afraid it would upset them. Another woman said, "My children are actually even more fearful than us."

### Failure to plan for the end of life

Only one-third of Americans have completed an advance directive, a legal document that specifies a person's preferences for medical treatment in the event of a serious or terminal illness. Whites are more likely to have an advance directive than other racial and ethnic groups. Latinos and Asians are less likely than whites to discuss their end-of-life preferences or engage in advance care planning. Less than ten percent of Latinos have announced or written down their preferences about the kind of care they would want at the end of their lives.

These inequities have serious ramifications. Patients who engage in advance care planning (end-of-life conversations with family or health providers) are less likely to die in the hospital or to receive futile intensive care. Family members have fewer concerns and experience less emotional trauma if they have the opportunity to talk about their loved one's wishes. "Making sure that we talk to people and prepare people in advance for these serious illnesses—that's what we're trying to promote nation-wide," said Dr. Alexander Smith, one of the many concerned palliative care specialists in the Bay Area seeking to improve care at the end of life, "More importantly is understanding what their goals and values are. What type of life is worth living? What kind of trade-offs are they willing to make in order to have that type of life? These are the kinds of conversations that are very important and help family members prepare."

### Poverty and the tendency to delay seeking treatment

Luis Hernandez' family did no planning around the end of life. Hernandez and his brother were raised by their single mother in the projects of Brooklyn, New York. "Death is not something we really talked about until it happened," said Hernandez. His mother had been complaining about pain for a long time, and he and his brother urged her to see a doctor. "My mom was always very scared of doctors and never wanting to go," said Hernandez, "No matter how many times me and my brother told her 'Go!' She said 'I'm scared they'll find something."

His mother waited too long. By the time she finally saw the doctor, she was diagnosed with stage four liver cancer. After emergency surgery, she got sicker and later died in the hospital. Because events moved so quickly, there was no time for Hernandez and his brother to talk with their mother and discuss hospice or alternatives to the aggressive medical interventions she received. "We're not rich white people," said Hernandez, "What time does she have when she has to work nine to six o'clock job? And even on weekends, she's working. Where do you find time to plan all of that out?"

### Deportation threats may discourage end-of-life planning

In addition to poverty and lack of insurance, threats of deportation may cause undocumented immigrants to delay seeking medical help or plan for the end of life. Well-publicized cases of "hospital deportation" may further exacerbate fears among undocumented immigrants. "I'm concerned that the overall direction our country has taken, building the border wall, forced separation of families, will have serious consequences, in particular at the end of life," said Dr. Smith, "It takes very little to prevent accessing services until it's too late, until you're really suffering, until you're dying, until you're hospitalized in the intensive care unit."

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### Lack of health literacy as a barrier

In traditional Latino and Asian cultures, many families often treat illnesses using home remedies and for that reason, tend to delay seeing doctors and put off end-of-life planning. Many Chinese people will use traditional Chinese medicine first before seeing a doctor. Many Latinos and Asians also believe in fatalism—the idea that events such as serious illness or death are pre-determined by destiny—thus they tend to delay seeking treatment in the belief that medical intervention will not affect the outcome.

### Misunderstandings around hospice

Hospice is a novel concept among many Asians and is often a misunderstood term among Latinos. Some Asians mistakenly believe that hospice is similar to nursing home care. Among Latinos, even medical professionals mistakenly translate "hospice" as "hospicio", which in Spanish, is a place for orphans, the destitute, or an asylum for the mentally ill. Compared to whites, fewer Latinos and Asians utilize hospice services and are more likely to die in the hospital.

### Family members make end-of-life decisions for the patient

Family plays an important role in the end-of-life decision-making process in both Latino and Asian cultures. Personal autonomy is not highly valued among Chineseor Latinos--this runs counter to the individual-based paradigm prevalent in the American mainstream. Among Latino families, a male member, usually the oldest son or uncle, is responsible for making decisions on behalf of the dying family member. The expectation is that if the elected caregiver respects and loves the dying patient, they will insist the hospital "do everything" to keep the patient alive—this can mean another round of chemotherapy or multiple emergency room visits. The children of a Chinese parent will often advocate for aggressive, life-prolonging treatment out of a sense of filial duty.

Asian and Latino family members will often hide a poor prognosis from the dying relative. "Family may want to shield their loved one'Don't tell mother that she has cancer. It's gonna make her depressed, she can't handle it psychologically'," said Dr. Smith, who has done
extensive research on racial and ethnic disparities in end-of-life care. In Latin America, even physicians often do not disclose bad news or
poor prognosis with their patients and are expected to keep up the patients' hope.

### Failure to discuss end-of-life preferences can lead to poor outcomes

"In our own family, we don't talk about death definitively," said Julie Thai about her family in Vietnam, "We don't talk about it at all because we just love our family members so much that we talk about them as if they're still alive." Thai's parents emigrated to the United States after the Vietnam war, but they kept in close contact with the rest of the family that remained in Vietnam. Thai and her mother were close to Thai's 85-year old grandfather, who told them he wanted a natural death and did not want to be resuscitated. But his family in Vietnam did not have any conversations with him as he was nearing death. Thai's aunt and her cousin took charge of making decisions on his behalf. "I think everybody assumed they would be in charge of his care, that they would do what they felt was right for him," said Thai, "It was never talked about and that's why his needs were not met at the end of life."

When Thai's grandfather was taken to the hospital for the last time, her aunt asked the hospital to do everything to keep him alive. Hospital staff kept feeding him beef broth, even though he was a vegan. "He was very upset, he was crying, he was pulling the IVs out, he was spitting up the food," said Thai, "He just didn't want anything they were giving him." Despite the attempts to save his life, her grandfather went into cardiac arrest and he died twenty-four hours later. "He was caused more pain by them imposing these heroic measures on him, as opposed to just letting him go, which is what he would have wanted," said Thai.

### Overcoming cultural barriers and taboos

Trained medical professionals and social workers can make a critical difference in reaching out to ethnic patients and their families and helping them prepare for the end of life. Professional translators are essential to assist medical staff and families and help them overcome language barriers and facilitate conversations with patients. "You should always have a professional interpreter for any serious conversation," said Dr. Alexander Smith, "You may think your Spanish is pretty good because you took it in college, but that does not rise to the level of professional translation." All too often, says Smith, so-called "ad-hoc interpreters" are used in place of professionals and this may lead to inaccurate translations. "For example, a family member may have their own agenda, trying to protect their loved one from a serious diagnosis, and they may not translate everything completely," said Smith, "Nurses, though they may speak the language, may not know how to translate the medical terminology into the other language."

Educational outreach and good communication also require special training in cultural humility—an awareness of the patient's values, beliefs, and traditions and a willingness to listen closely to the patient. Cultural humility can also mean becoming a student of the patient, forgoing the role of expert, and allowing him to become a full partner in his care. "You have to let the family lead," said hospice social worker Karen McCabe, "Instead of us taking the lead, 'oh, well we know all about this, we'll be right over, we'll tell you what to do."

McCabe works at Hospice of Santa Cruz County, which provides home hospice services to patients nearing the end of their lives. Santa Cruz County has a large number of farmworkers and one-third of the population is Latino. Twenty years ago, Latinos made up only three

percent of all hospice patients in Santa Cruz. Today, the number of Latinos in hospice has increased to eight percent, thanks to community outreach efforts by the Hospice of Santa Cruz.

McCabe says working with the family and overcoming their fear of hospice is key to providing the patient with good end-of-life care. For example, when explaining hospice, McCabe says she avoids confusing terminology like "hospicio" and instead tells families that hospice means getting all the care they want at home. "I explain that we're going to be bringing nurses into your home and we're going to be sending the medicines into your house and we need somebody in your family to be in charge of care and we're going to teach them what to do," he explains.

### On Lok, the gold standard for end-of-life care

On Lok Senior Health Services was created in 1971 in San Francisco Chinatown by a group of Chinese elders who wanted an alternative to nursing homes. The founders believed that traditional models of care were not adequately meeting the needs of the elderly. Today, the majority of On Lok's seniors are low-income Chinese and Latinos living in three Bay Area counties.

On Lok provides low-income frail seniors with comprehensive services that allow them to stay at home. These services include home visits and clinical care, meal deliveries, transportation, and adult day care.

"Even though it's taboo, I usually say 'I'm your doctor and this is my job and I need to know what you want or what you don't want'," said Dr. Alana Shpal, a primary care physician at On Lok in San Francisco. "And I also bring up that if we don't discuss this now, it'll put their family in a harder place later on and that often helps because they see their family struggling to make a decision and they don't want to be a burden." She added, "I remind them that telling me is a gift they're giving their family members."

Shpal, who mostly works with Spanish speaking patients, says conversing with them can often be challenging, especially if cultural norms prohibit patient autonomy and discussing death. But thanks to the efforts of Shpal and other staff members, almost all of On Lok's participants have completed advance directives. "It's a crusade of mine, to have everyone document their end-of-life preferences," she says.

On Lok currently serves over 1,500 frail elders, and at the end of life, provides seniors with comfort care similar to hospice. On Lok's innovative program has now been replicated in thirty states.

### Hope for the future

Julie Thai and her mother are still recovering from the shock of her grandfather's painful and protracted death. Thai is encouraging her parents to plan for the end of their lives and complete their advance directives, to avoid repeating the mistakes of her grandfather. She recently asked her mother about how she wants to die. "She's pretty comfortable talking about it," said Thai, "She says 'Just let me go."

Following the death of her grandfather, Thai graduated from medical school. She's now a doctor in Flint, Michigan, specializing in family medicine and geriatrics and is trained to help seniors plan for the end of their lives. By having open, honest conversations, Thai hopes to honor her patients' wishes. In particular, she wants to reach out to patients bound by culture who can't talk openly about death. Efforts like Thai's could have a big impact by reducing racial disparities in end-of-life care.

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# Closing the Gap in Hospice Utilization for the Minority Medicare Population

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#### **Abstract**

Background: Medicare spends about 20% more on the last year of life for Black and Hispanic people than White people. With lower hospice utilization rates, racial/ethnic minorities receive fewer hospice-related benefits such as lesser symptoms, lower costs, and improved quality of life. For-profit hospices have higher dropout rates than nonprofit hospices, yet target racial/ethnic minority communities more through community outreach. This analysis examined the relationship between hospice utilization and for-profit hospice status and conducted an economic analysis of racial/ethnic minority utilization. Method: Cross-sectional analysis of 2014 Centers for Medicare & Medicaid Services (CMS), U.S. Census, and Hospice Analytics data. Measures included Medicare racial/ethnic minority hospice utilization, for-profit hospice status, estimated cost savings, and several demographic and socioeconomic variables. Results: The prevalence of for-profit hospices was associated with significantly increased hospice utilization among racial/ethnic minorities. With savings of about \$2,105 per Medicare hospice enrollee, closing the gap between the White and racial/ethnic minority populations would result in nearly \$270 million in annual cost savings. Discussion: Significant disparities in hospice use related to hospice for-profit status exist among the racial/ethnic minority Medicare population. CMS and state policymakers should consider lower racial/ethnic minority hospice utilization and foster better community outreach at all hospices to decrease patient costs and improve quality of life.

#### Keywords

hospice, Medicaid/Medicare, health care disparity, race/ethnicity

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#### Introduction

On average, one quarter of individual Medicare expenditures take place during the patient's last year of life (Riley & Lubitz, 2010), with end-of-life Medicare costs for Black people exceeding those for White people by 20% (Byhoff, Harris, Langa, & Iwashyna, 2016). Several studies have examined why such racial disparities in spending exist, pointing some of the causes to geographic, sociodemographic, and morbidity differences (Baicker, Chandra, Skinner, & Wennberg, 2004; Hanchate, Kronman, Young-Xu, Ash, & Emanuel, 2009; Kelley et al., 2011). Through patient interviews, Martin et al. (2011) found racial/ ethnic minorities were more likely than White people to expend their financial resources to extend life. Medicare expenditure data showed Black and Hispanic people were significantly more likely than White people to be admitted to the intensive care unit. Black people were also more likely to receive more intensive procedures such as resuscitation and cardiac conversion, mechanical ventilation, and gastrostomy for artificial nutrition (Hanchate et al., 2009).

An alternative to pursuing costly, life-sustaining strategies for terminally ill patients is enrolling in hospice. Hospice care uses a team-oriented medical approach and emphasizes pain management and emotional support for the patient with a life expectancy of 6 months or less. Most hospice care takes place in the patient's home (56% of hospice care) or a nursing facility (42% of hospice care) (National Hospice and Palliative Care Organization, 2018) and provides support to the patient's family. Benefits from such care include lower costs, lesser symptoms, and a higher quality of life (Institute of Medicine, 1997; Kelley, Deb, Du, Aldridge Carlson, & Morrison, 2013; Steinhauser et al., 2000). Two surveys conducted by Gallup 4 years apart both showed 9 out of 10 terminally ill patients with less

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than 6 months to live would prefer to be cared for at home (Institute of Medicine, 1997). American Hospice Foundation (n.d., para. 2) cites two common reasons patients choose hospice care: (a) to stay at home and (b) avoid curative treatments that are painful or require hospitalization.

A recent analysis of Medicare's new payment structure that began in January 2016 showed hospice enrollment would still provide the potential for cost savings. Medicare's new payment structure, designed to align payments with service costs and ensure quality care in the last days of life, consists of a two-tiered per diem structure with payments increasing through Days 1 to 60 then decreasing for Days 61 and beyond. The last 7 days of life may have add-on payments retrospectively (Taylor et al., 2018).

Racial/ethnic minority hospice utilization has been found to be lower than that of the White population (Haines et al., 2018; Hardy et al., 2011; Ramey & Chin, 2012) when controlling for other socioeconomic factors such as income, area population, education, and age. Pan, Abraham, Giron, LeMarie, and Pollack (2015) showed Asian and Hispanic people were less familiar than White people with hospice services. In that study, most of the Asian and Hispanic respondents were open to receiving information about hospice in the future and reported they would tell friends and family members about hospice (Pan et al., 2015). One variable that relates to a greater number of racial/ethnic minorities receiving information about hospice is hospice ownership status. For-profit hospices tend to engage in greater community outreach to low-income and racial/ethnic minority communities than nonprofit hospices (Aldridge et al., 2014; Stevenson, Grabowski, Keating, & Huskamp, 2016). Stevenson et al. (2016) found this relationship persisted despite its chain status. With the growth in the proportion of hospices having for-profit ownership from 5% in 1990 to over 60% in 2014, it is important to compare measures such as utilization between hospices with different ownership status.

This study compares hospice utilization by racial/ethnic minorities between for-profit and nonprofit hospices, examining whether there is an association between the proportion of Medicare racial/ethnic minority patients enrolling in hospice per state and the proportion of for-profit hospices in that state. Also included are estimated projected cost savings if racial/ethnic minority Medicare hospice utilization levels were to increase to that of the White Medicare hospice utilization levels.

#### **Method**

#### **Data Sources**

The 2014 hospice utilization data were obtained from the Centers for Medicare & Medicaid Services (CMS) Chronic Conditions Data Warehouse (CCW; 2018), a database that has 100% of Medicare enrollment and fee-for-service claims data. CCW was launched to aid researchers in analyzing CMS data to help improve quality of care, decrease health care costs, and curb medical utilization for chronically ill Medicare beneficiaries. CCW contains 17 years' worth of data and includes enrollment/eligibility, assessment data, and fee-for-service institutional and noninstitutional claims. The U.S. Census Medicare beneficiary data (U.S. Census Bureau, 2015) are obtained from the March 2015 Current Population Survey Annual Social and Economic Supplement based on 2014 data.

Data for the percentage of individuals identifying as religious in 2014 were obtained from the Pew Research Center (Smith et al., 2015), whereas the measures for the 2014 per capita state income levels and 2010 education levels were accessed from the Bureau of Economic Analysis (2018) and the American Community Survey (U.S. Census Bureau, n.d.), respectively. Data on 2014 hospice by owner type and state-level racial/ethnicity measures were obtained from Hospice Analytics (2018) and the Kaiser Family Foundation (n.d.), respectively. The authors used Taylor et al.'s (2018) estimated cost savings per hospice enrollee based on the updated 2016 Medicare hospice payment structure. Taylor et al.'s study derived its findings from 2009 to 2010 Medicare claims data from North Carolina Medicare beneficiaries (N = 36,035).

#### Measures

The independent variable of for-profit hospice prevalence was calculated by the total amount of for-profit hospices per 10,000 Medicare beneficiaries for each state. The same calculation was used for nonprofit hospice prevalence for each state. Medicare beneficiaries include Medicare Advantage and fee-for-service beneficiaries. The percentage of individuals identifying as religious, the percentage of adults with at least a high school education, per capita income, and the percentage of racial/ethnic minorities within a state were included as covariates in the statistical model to control for statelevel socioeconomic factors. The racial/ethnic minority hospice utilization disparity measure was calculated by dividing the percentage of racial/ethnic minorities using hospice by the percentage of racial/ethnic minorities enrolled in Medicare for each state. States were assigned a "1" if they possessed less of a disparity between racial/ ethnic minority hospice Medicare patients and overall racial/ethnic minority Medicare enrollees compared with the median of all states (states with a value above 0.70) and a "0" otherwise.

For the projected cost savings from closing the gap between White and racial/ethnic minority Medicare hospice utilization, the breakdown by ethnicity followed the Kaiser Family Foundation Medicare beneficiary categories of Black, White, Hispanic, and Other. The Other category included Asians, Native Hawaiians and Pacific Islanders, American Indians, Aleutians, Eskimos, and Hughes and Vernon 3

Table 1. Descriptive Statistics of Independent Variables.

Variable	Definition	M (SD)	
Prevalence of for-profit hospices	Ratio of for-profit hospices per 10,000 Medicare beneficiaries	0.59 (0.67)	
Prevalence of nonprofit hospices	Ratio of nonprofit hospices per 10,000 Medicare beneficiaries	0.65 (0.63)	
Per capita income	Average per capita income per state (in thousands)	\$45.65 (7.72)	
Percentage religious	Percentage state population stating they are religious	0.77 (0.06)	
Percentage racial/ethnic minority	Percentage of state population identified as non-White	0.31 (0.16)	
High school education or higher	Percentage with high school degree or higher	0.87 (0.03)	

Note. Calculations were performed by state.

people of two or more races (Kaiser Family Foundation, 2017). To calculate the Medicare hospice participation rate by ethnicity, Medicare hospice beneficiaries within each racial group (CCW, 2018) were divided by the total number of Medicare beneficiaries within the same year (Kaiser Family Foundation, 2017). Then, the number of additional hospice enrollees necessary to match the higher White hospice utilization rate was calculated. Next, the projected mean cost savings of \$2,105 per hospice enrollee (Taylor et al., 2018) was applied to estimate the potential cost savings from closing the racial/ethnic minority hospice utilization gap.

#### **Analysis**

Multivariate logistic regression was performed with the dependent variable being a dichotomous measure of whether or not a state had a relatively large racial/ethnic minority hospice usage gap. The independent variables of the study included the prevalence of for-profit and nonprofit hospices within a state as well as state-level socioeconomic measures of religiosity, racial/ethnic diversity, income, and education. All 50 U.S. states and Washington, D.C., were included in the analysis. StataSE version 15 (StataCorp LP, College Station, TX, USA) was utilized for statistical analyses.

#### **Results**

#### State Variable Summary Statistics

Table 1 displays the descriptive statistics of the study independent variables across the 50 states plus Washington, D.C. States tended to have more nonprofit hospices (0.65 per 10,000 state Medicare beneficiaries) versus for-profit hospices (0.59 per 10,000 state Medicare beneficiaries). In 2014, states on average had per capita incomes of \$45,650 with 77% of the population stating they were religious, and 31% of the population representing non-White racial/ethnic categories as defined by the Kaiser Family Foundation (n.d.). In addition, 87% of the population earned a high school education or higher. The hospice utilization disparity was the dependent variable of focus. Nineteen states were assigned a "1" indicating that their minority hospice utilization disparity was below the national median.

**Table 2.** Multivariate Logistic Regression Results (N = 51).

	Coefficient	SE	p-value
Constant	-0.30	13.50	.98
Prevalence of for-profit hospices*	1.93	0.72	.01
Prevalence of nonprofit hospices	-0.69	0.77	.37
Per capita income	-0.03	0.06	.65
Percentage religious	-1.20	6.22	.85
Non-White population	2.78	2.63	.29
Education—high school graduate	0.27	15.55	.99

Note. Calculations were performed by state.  $\chi^2$  (6, N = 51) = 17.76, p = .007.

Statistical Results. Based on the logistic regression analysis displayed in Table 2, the prevalence of for-profit hospices was positively associated with racial/ethnic minority Medicare beneficiary hospice utilization,  $\chi^2$  (6, N=51) = 17.76, p=.007. As the prevalence of for-profit hospices per Medicare beneficiary increases within a state, the probability increases that a state would have a lower than average hospice utilization gap between racial/ethnic minorities and the White population. No other coefficients were found to be significant.

The economic analysis found if racial/ethnic minority Medicare hospice utilization were to equal that of the current White Medicare hospice utilization, it would result in an estimated savings of nearly \$270 million per year (Table 3).

#### **Discussion**

This study indicates a positive association exists between racial/ethnic minority Medicare hospice utilization and the prevalence of for-profit hospices. An estimated nationally representative annual savings of nearly \$270 million in projected annual savings would result from closing the Medicare hospice utilization gap between racial/ethnic minority and White Medicare beneficiaries.

The finding of the positive relationship between the prevalence of for-profit hospices and racial/ethnic minority Medicare utilization is not surprising given previous research showed for-profit hospices engage in greater community outreach to racial/ethnic minorities and low-income communities than nonprofit hospices

<sup>\*</sup>Significant at the 5% level.

 Table 3. Estimated Cost Savings From Closing Medicare Hospice Utilization Gap.

	White	Black	Hispanic	Other <sup>a</sup>	Total
Medicare beneficiaries <sup>b</sup>	38,505,300	5,160,600	4,137,400	2,742,900	50,546,200
Hospice beneficiaries <sup>c</sup>	1,112,625	107,461	68,776	43,499	1,332,361
Hospice beneficiaries/Medicare beneficiaries	2.89%	2.08%	1.66%	1.59%	2.64%
Racial/ethnic minority enrollment that closes disparity		41,656	50,776	35,758	
Estimated cost savings from closing disparity <sup>d</sup>		\$87,686,851	\$106,882,881	\$75,270,839	\$269,840,571

<sup>&</sup>lt;sup>a</sup>Other includes Asians, Native Hawaiians and Pacific Islanders, American Indians, Aleutians, Eskimos, and people of two or more races.

(Aldridge et al., 2014; Stevenson et al., 2016). Prior research showed that both lower income and lower education were associated with lower rates of hospice care enrollment and at-home hospice death when holding other covariates constant (Barclay, Kuchibhatla, Tulsky, & Johnson, 2013; Jenkins et al., 2011; Silveira, Connor, Goold, McMahon, & Feudtner, 2011). The current study did not find significant relationships between state-level education and income measures and the minority hospice utilization gap. That said, the correlations in the individual-level studies between lower socioeconomic status and lower hospice utilization are not surprising given the significant role social determinants of health plays in end-of-life care decisions (Koroukian et al., 2017). A potential strategy for increasing hospice enrollment among groups across socioeconomic levels is to include offering short bouts of increased emotional and physical support for the patient and/or caregiver(s) during times of crisis in end-of-life care (Barclay et al., 2013). In addition, given informational materials hospices provide are not written at a level understood by most Americans (Kehl & McCarty, 2012), hospices should also focus on developing materials that comply with the Clear Communication initiative established by the National Institutes of Health. Clear Communication involves incorporating plain language and new technologies with accessible formats and content, all grounded in cultural respect (National Institutes of Health, n.d., para. 1).

Although policies targeting increased hospice enrollment levels for low-income populations with no specific focus on racial/ethnic minority populations would contribute to the economic savings discussed in this article, prior research has indicated that they would not eliminate the racial disparities within hospice enrollment. Brown et al. (2018) showed the effects of race/ethnicity on the intensity of end-of-life care are only partly mediated by other social determinants of health. Another study showed removing racial and ethnic disparities is complex and sometimes well-intended reform initiatives might inadvertently reinforce racial/ethnic disparities (Alegria, Alvarez, Ishikawa, DiMarzio, & McPeck, 2016). Strategies hospices could use for specifically addressing racial disparities in hospice utilization may

include offering materials in languages spoken by the targeted racial/ethnic minorities (Kehl & McCarty, 2012; Young, 2014) and employing bilingual and bicultural clinicians or trained staff who act as interpreters and provide cultural context for the clients' beliefs and behaviors (Jackson & Gracia, 2014; Substance Abuse and Mental Health Services Administration, 2016).

This study estimated a projected savings of around \$270 million annually from increasing the Medicare racial/ethnic minority hospice usage rate to that of the White population. Several studies have estimated the higher end-of-life expenditures among racial/ethnic minority groups (Baicker et al., 2004; Byhoff et al., 2016; Hanchate et al., 2009; Kelley et al., 2011) and savings from hospice utilization, in general (Kelley et al., 2013; Taylor et al., 2018; Taylor, Ostermann, Van Houtven, Tulsky, & Steinhauser, 2007). However, to the authors' knowledge, no other study has estimated the cost savings that could result from closing the hospice utilization gap. In addition to achieving cost savings, increasing Medicare racial/ethnic minority hospice use could potentially improve patient quality of care (Meier, 2011). As Livne (2014) states, "Limiting spending means helping people face their imminent death and avoiding prolonged aggressive treatment; in the context of hospice, it becomes a way of caring" (p. 906).

For terminally ill Medicare patients, hospice often provides a lower cost care option emphasizing quality of life that meets patients' preconceived wishes for endof-life care (e.g., dying at home and being comfortable/ without pain) (Kelley et al., 2013; Taylor et al., 2018; Teno et al., 2004; Wright et al., 2010; Zuckerman, Stearns, & Sheingold, 2016). Why racial/ethnic minority populations utilize this option less is subject to much discussion and debate (Elliott, Alexander, Mescher, Mohan, & Barnato, 2016; Pan et al., 2015). A systematic review of hospice use of Black people cited multiple factors contributing to relatively lower hospice utilization levels, including lack of hospice awareness, monetary concerns, mistrust of the health care system, a conflict in value with hospice care, and expected lack of racial/ethnic minority staff within hospice care (Washington, Bickel-Swenson, & Stephens, 2008). Alternately, Koss and Baker (2017) reported findings that question the common assertion that mistrust of the

<sup>&</sup>lt;sup>b</sup>Source. Kaiser Family Foundation (2017).

<sup>&</sup>lt;sup>c</sup>Source. Chronic Conditions Data Warehouse (CCW; 2018).

<sup>&</sup>lt;sup>d</sup>Source. Utilizes Taylor et al.'s (2018) cost savings estimate of \$2,105 per beneficiary.

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health system by Black older adults contributes to lower rates of advance care planning (a practice associated with receiving hospice care earlier and longer) (Bischoff, Sudore, Miao, Boscardin, & Smith, 2013; Teno, Gruneir, Schwartz, Nanda, & Wetle, 2007). Adams, Horn, and Bader (2007) emphasized the lack of access to health services prior to hospice admission for the U.S. Hispanic population as a significant reason for lower hospice use by that group.

Simply closing the gap on hospice enrollment will not eliminate racial disparities observed within hospice care. Research finds once in hospice care, Black people experience higher levels of disenrollment, often to pursue costly, more invasive end-of-life treatment (Aldridge, Canavan, Cherlin, & Bradley, 2015; Johnson, Kuchibhatla, & Tulsky, 2008). Research in this area is ongoing with one study finding, on average, Black and Hispanic people tended to enroll in hospices that provided a lower quality of care. However, within a particular hospice, Black and Hispanic people receive care that is similar to that of White people (Price, Parast, Haas, Teno, & Elliott, 2017). In contrast, another study found disparities existed between the quality of care for Black and White people within the same hospice setting (Rizzuto & Aldridge, 2018). Barclay et al. (2013) found Black people enrolled in hospice were also less likely to die at home compared with White people even when accounting for other socioeconomic factors such as income, location, and education. The explanation for the lower rate of at-home deaths for Black hospice patients is inconclusive, with some studies suggesting potential differences in culture, caretaker support, and hospice care communication may be contributors (Barclay et al., 2013).

This article discusses potential advantages (e.g., quality of life, lesser symptoms, and cost savings) from closing the current gap between racial/ethnic minority and White Medicare hospice utilization (Institute of Medicine, 1997; Kelley et al., 2013; Steinhauser et al., 2000). Recent research based on national survey data shows the disparities in health care access between Black and Hispanic people and White people have significantly narrowed from 2013 to 2015 after the passage of the Affordable Care Act (ACA). In addition to reducing racial and ethnic disparities, the ACA was associated with increased access for all three groups examined—Black, Hispanic, and White people, partly through Medicaid expansion (Hayes, Riley, Radley, & McCarthy, 2017). The racial and ethnic disparity within hospice is slightly different given that all citizens over 65 years of age, at least in theory, have access to hospice via their automatic Medicare enrollment. The disparities seen in hospice go beyond insurance accessibility or income (Harris et al., 2017; Ornstein et al., 2016). The hospice community outreach efforts discussed above (e.g., access improvements, materials at a lower reading level) would likely improve participation among people of all racial and ethnic backgrounds, including White

people. Such increased enrollment across all racial and ethnic Medicare groups has the potential for even greater improvements in health and cost outcomes than addressed in this analysis.

This research has some limitations. First, due to a lack of variation estimates in the existing literature, it was assumed a similar proportion of Medicare beneficiaries would be eligible for hospice care across all racial groups. There is also the possibility the racial/ethnic minority Medicare beneficiaries, who would comprise the additional hospice enrollees, would have a different average length of stay, disease prevalence estimates, and disenrollment rates. The authors chose not to project these statistics because of the uncertainty as to the types of patients (e.g., diagnoses) greater hospice community outreach to racial/ethnic minorities would most attract. Second, this research is limited to statelevel data. Future research is recommended examining the relationship between racial/ethnic minority Medicare hospice utilization and the prevalence of for-profit hospices that include additional variables of hospice utilizers such as metropolitan status (e.g., rural vs. urban), gender, and income.

Another limitation is for-profit hospices have been shown to have higher levels of dementia patients comwith nonprofit hospices (Wachterman, Marcantonio, Davis, & McCarthy, 2011). Studies suggest dementia hospice patients have higher costs compared with nonhospice counterparts on account of relatively longer hospice stays and fewer invasive endof-life treatments for this type of disease regardless of a patient's hospice status (Taylor et al., 2018; Zuckerman et al., 2016). Another risk is enrolling patients in hospice too early, increasing chances of live discharge which research has shown is positively associated with both hospice profit margins and the proportion of patients from racial/ethnic minority groups (Dolin et al., 2017; Stevenson et al., 2016). If for-profit hospices improve racial/ethnic minority hospice enrollment by focusing solely on dementia patients and/or engage in too early enrollment practices—both of which are practices more associated with for-profit hospices than nonprofit hospices (Dolin et al., 2017; Stevenson et al., 2016)—and nonprofit hospices do not improve their racial/ethnic minority recruiting efforts across all primary diagnosis levels, the estimated cost savings discussed in this article could be overstated. Policymakers should be aware of this potential issue and ensure racial/ethnic minority hospice recruitment programs encourage hospice use across all eligible diseases. In addition, mechanisms should be in place to monitor both for-profit and nonprofit hospices to ensure quality of care remains paramount in decisions about recruiting and care.

#### **Conclusion**

With average per capita end-of-life medical spending in the last year of life at \$80,000 in the United States—comprising a larger fraction of its gross domestic product than that for all eight other countries examined in a 2017 study (French et al., 2017), implementing strategies to increase the inclusiveness of all racial/ethnic groups to hospice may be one way Medicare can simultaneously lessen its financial burden and improve the quality of life for its beneficiaries. This research finds a positive association between the prevalence of for-profit hospices and racial/ethnic minority Medicare hospice utilization, highlighting a potential business ownership model to further examine when developing strategies for racial/ethnic minority Medicare enrollees' inclusion in hospice care. With the potential to provide nearly \$270 million in annual cost savings while also improving health outcomes, further research on specific programs that successfully reduce the racial/ethnic minority hospice enrollment gap is paramount. In addition, collaboration between hospices, health systems, and community organizations is needed to reduce the disparities between racial/ethnic minority and White Medicare beneficiary hospice utilization.

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## **EXHIBIT 12**

Letter of Intent for Seasons Hospice & Palliative Care of Pierce County Washington, LLC



Seasons Healthcare Management 6400 Shafer Ct., Suite 700 Rosemont, IL 60018 847-692-1000

### **RECEIVED**

By CERTIFICATE OF NEED PROGRAM at 9:54 am, Dec 29, 2020

LOI20-12SHP

ex: JAN 29, 2021

December 29, 2020

Janis Sigman, Manager Certificate of Need Program Department of Health P.O. Box 47852 Olympia, WA 98504-7852

#### Dear Ms. Sigman:

Seasons Hospice & Palliative Care of Pierce County Washington, LLC ("Seasons") hereby submits this letter of intent to apply for a certificate of need to establish a hospice agency. In accordance with WAC 246-310-080, please find the following information:

- 1. <u>Description of Services Provided</u>. Seasons proposes to establish a Joint Commission accredited, Medicare and Medicaid certified hospice agency.
- 2. <u>Estimated Cost of the Proposed Project</u>. The estimated cost of the proposed hospice agency is \$120,000.00.
- 3. <u>Identification of Service Area</u>. The service area of the hospice agency will be Pierce County, Washington.

Thank you for your support. We look forward to one day serving hospice patients in Washington. Please feel free to contact me with any questions or concerns.

Sincerely,

Todd Stern

Chief Executive Officer

# **EXHIBIT 13**

# **Proxy Data Used in Projections**

#### Seasons Proxies

#### SEASONS' RECENT START-UP EXPERIENCE

			Year 1			Admission	Year 2			Admission		Year 3			
Program	Start Date	Admissions	Patient Days	ALOS	ADC	Growth	Admissions	<b>Patient Days</b>	ALOS	ADC	Growth	Admissions	Patient Days	ALOS	ADC
Denver CO	Apr-16	151	7,083	47	19	-7%	141	12,315	87	34	83%	258	21,107	82	58
Las Vegas NV	Dec-15	129	6,632	51	18	27%	164	14,681	90	40	-27%	119	11,895	100	33
Portland OR	Nov-14	165	9,052	55	25	5%	173	19,028	110	52	24%	214	22,464	105	62
New Jersey	Jul-14	164	7,060	43	19	53%	251	16,255	65	45	63%	408	17,846	44	49
CA-Sacramento	Aug-17	58	2,388	41	7	183%	164	11,512	70	32	40%	229	19,181	84	53
CA-San Jose	May-13	188	8,976	48	25	86%	349	19,967	57	55	44%	503	39,955	79	109
CA-San Bernardino	Oct-12	204	15,052	74	41	77%	361	29,863	83	82	23%	445	44,323	100	121
TX-Houston	Aug-12	144	6,977	48	19	63%	235	22,418	95	61	43%	336	34,692	103	95
Arizona	Oct-11	218	9,117	42	25	68%	367	24,608	67	67	-17%	305	34,347	113	94
Georgia	Sep-10	57	4,685	82	13	161%	149	10,410	70	29	23%	183	14,492	79	40
FL-Broward	Jan-15	182	10,115	56	28	358%	833	29,744	36	81	18%	981	41,450	42	114
FL-Tampa	Jun-17	245	13,029	53	36	138%	582	41,665	72	114	118%	1,269	83,898	66	230
FL-Pinellas	Apr-18	284	14,598	51	0		708	52,156	74	0	-100%				
FL-Pasco	Apr-20														
CA-Oakland	May-20														
Average		159	8,347	53	23	98%	314	21,039	67	58	27%	400	29,861	75	82
Median		165	8,976	51	19	52%	251	19,967	72	52	24%	321	28,406	83	78

		Multnomah					
		County,	Clackamas	Washington	Oregon Office		Pierce
Fact	Fact Note	Oregon	County, OR	County, OR	Total	Oregon	County, WA
Population estimates, July 1, 2019, (V2019)	Tact Note	812,855			1	_	904,980
Population estimates base, April 1, 2010, (V2019)		735,146		,		3,831,079	795,222
Population, percent change - April 1, 2010 (estimates base) to July 1, 2019	(\/2010)	10.60%				10.10%	13.80%
Population, Census, April 1, 2010	o, (V2019)	735,334					795,225
Persons under 5 years, percent		5.10%	5.20%			5.40%	6.60%
Persons under 18 years, percent		18.40%				20.50%	23.30%
Persons 65 years and over, percent		13.90%					14.20%
Female persons, percent		50.50%				50.40%	50.10%
White alone, percent		79.00%	88.90%			86.70%	74.30%
Black or African American alone, percent	(a)	6.00%					74.30%
American Indian and Alaska Native alone, percent	(a) (a)	1.40%				1.80%	1.80%
Asian alone, percent	(a)	8.10%					7.10%
Native Hawaiian and Other Pacific Islander alone, percent	(a)	0.70%				0.50%	1.80%
Two or More Races, percent	(1-1)	4.70%	3.70%			4.00%	7.40%
Hispanic or Latino, percent	(b)	12.00%	9.00%				11.40%
White alone, not Hispanic or Latino, percent		69.10%				75.10%	65.70%
Veterans, 2014-2018		38,037	26,384				86,002
Foreign born persons, percent, 2014-2018		14.00%	8.20%	1	1	9.90%	9.80%
Housing units, July 1, 2019, (V2019)		359,778					356,273
Owner-occupied housing unit rate, 2014-2018		54.20%	71.10%	61.60%		61.90%	62.10%
Median value of owner-occupied housing units, 2014-2018		\$361,300	\$395,100	\$386,600		\$287,300	\$303,200
Median selected monthly owner costs -with a mortgage, 2014-2018		\$1,868	\$2,003	\$1,972		\$1,647	\$1,875
Median selected monthly owner costs -without a mortgage, 2014-2018		\$647	\$655	\$660		\$519	\$626
Median gross rent, 2014-2018		\$1,172	\$1,295	\$1,359		\$1,050	\$1,250
Building permits, 2019		6,098	1,784	3,396	•		4,272
Households, 2014-2018		321,968	157,408	219,053	•		323,296
Persons per household, 2014-2018		2.42	2.59			2.51	2.65
Living in same house 1 year ago, percent of persons age 1 year+, 2014-202		81.50%	85.60%	83.80%		82.30%	82.50%
Language other than English spoken at home, percent of persons age 5 ye	ars+, 2014-	i e	12.10%	24.80%		15.40%	14.50%
Households with a computer, percent, 2014-2018		93.00%	94.20%	96.10%		91.80%	93.80%
Households with a broadband Internet subscription, percent, 2014-2018		86.10%	87.80%	90.70%		83.90%	87.60%
High school graduate or higher, percent of persons age 25 years+, 2014-20		91.30%	93.40%	92.20%		90.40%	91.50%
Bachelor's degree or higher, percent of persons age 25 years+, 2014-2018		44.50%	37.40%	44.40%		32.90%	27.20%
With a disability, under age 65 years, percent, 2014-2018		9.40%	7.50%	6.60%		10.10%	9.70%
Persons without health insurance, under age 65 years, percent		8.10%	6.60%	7.40%		8.60%	6.80%
In civilian labor force, total, percent of population age 16 years+, 2014-20		69.20%	64.60%	69.00%		62.10%	62.40%
In civilian labor force, female, percent of population age 16 years+, 2014-2	1	65.50%	58.80%	61.90%	ł	57.70%	57.90%
Total accommodation and food services sales, 2012 (\$1,000)	(c)	2,506,213					1,362,981
Total health care and social assistance receipts/revenue, 2012 (\$1,000)	(c)	7,703,673	2,424,207	3,238,074	1	1	5,369,260
Total manufacturers shipments, 2012 (\$1,000)	(c)	10,278,074				51,349,948	4,461,036
Total merchant wholesaler sales, 2012 (\$1,000)	(c)	21,267,780		8,667,640			7,705,621
Total retail sales, 2012 (\$1,000)	(c)	9,982,933	5,125,309		23,497,986		10,114,397
Total retail sales per capita, 2012	(c)	\$13,148	\$13,352	\$15,319		\$12,690	\$12,461

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		Multnomah	CI I		0 0		<b>5</b> :
		County,	Clackamas	Washington	Oregon Office		Pierce
Fact	Fact Note	Oregon	County, OR	County, OR	Total	Oregon	County, WA
Mean travel time to work (minutes), workers age 16 years+, 2014-2018		26.9		25.2		23.7	32.8
Median household income (in 2018 dollars), 2014-2018		\$64,337	\$80,484	\$82,215		\$59,393	\$72,113
Per capita income in past 12 months (in 2018 dollars), 2014-2018		\$36,868	\$41,492	\$39,679		\$32,045	\$34,618
Persons in poverty, percent		12.00%	7.20%	8.20%	ı	11.40%	9.40%
Total employer establishments, 2018		27,793	12,288	15,816	55,897	118,586	18,475
Total employment, 2018		448,124	149,086	286,193	883,403	1,629,432	265,308
Total annual payroll, 2018 (\$1,000)		25,069,188	7,425,230	20,053,609	52,548,027	83,300,624	12,971,976
Total employment, percent change, 2017-2018		1.70%	1.50%	2.10%		2.10%	3.20%
Total nonemployer establishments, 2018		75,048	32,935	40,983	148,966	302,653	48,267
All firms, 2012		85,366	35,537	43,536	164,439	339,305	50,503
Men-owned firms, 2012		42,283	17,619	21,357	81,259	165,691	23,389
Women-owned firms, 2012		33,046	12,643	16,207	61,896	123,015	18,469
Minority-owned firms, 2012		13,825	3,367	7,571	24,763	41,456	9,316
Nonminority-owned firms, 2012		67,269	30,740	33,958	131,967	285,028	38,961
Veteran-owned firms, 2012		6,676	3,250	4,102	14,028	30,918	5,147
Nonveteran-owned firms, 2012		74,013	30,021	36,745	140,779	288,790	42,005
Population per square mile, 2010		1,704.90	201	731.4	605.66	39.9	476.3
Land area in square miles, 2010		431.3	1,870.32	724.23	3,026	95,988.01	1,669.51
FIPS Code		"41051"	"41005"	"41067"		"41"	"53053"
NOTE: FIPS Code values are enclosed in quotes to ensure leading zeros rei	main intact.						
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Fact Notes							
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(b)		may be of any ra	<u> </u>	included in app	licable race cate	egories	
(c)		Census - Puerto					а
147							-
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# Seasons Hospice & Palliative Care of Oregon Income Statement

	Jan-19	Feb-19	Mar-19	Apr-19	May-19	Jun-19	Jul-19	Aug-19	Sep-19	Oct-19	Nov-19	Dec-19	FY2019
Revenues				·	,			_	•				
Routine Revenue	372,891	392,294	463,111	418,034	396,769	402,321	404,872	381,599	353,056	360,937	330,894	316,539	4,593,317
Respite Revenue	20	978	-	959	959	1,018	0	391	1,566	0	2,485	2,395	10,770
General Inpatient Revenue	15,174	10,802	5,939	23,325	38,102	15,157	68,668	40,639	29,310	65,016	46,246	13,928	372,307
Continuous Care Revenue	163	(571)	-	(0)	0	(0)	-	-	(0)	-	-	1	(406)
Physician Revenue	9,218	12,006	9,691	7,599	9,586	8,600	9,317	5,628	6,488	7,101	4,163	7,559	96,955
Nursing Home R&B, Net of Expenses	313	-	815	-	(876)	-	939	-	-	952	639	1,704	4,486
Grant Revenue	_	_	_	_	-	-	-	-	_	-	-	-	-
Other Revenue	(6,971)	(7,065)	(1,687)	(6,792)	(5,313)	(7,474)	(7,756)	(8,188)	(6,234)	(7,548)	(7,375)	72,404	-
Net Revenue	390,807	408,445	477,870	443,124	439,225	419,622	476,039	420,069	384,187	426,459	377,053	414,531	5,077,430
Direct Expenses													
Clinical	3,316	3,339	3,556	3,629	3,392	3,633	4,837	3,117	3,978	3,795	4,313	4,060	44,962
DME	(195)	11,945	15,220	10,700	16,911	12,518	3,485	23,219	11,242	12,033	11,499	10,146	138,722
Pharmacy	16,372	15,306	15,453	17,883	14,288	14,512	14,968	14,262	13,176	13,453	15,700	14,012	179,385
Open Access	12	-	-	3,363	, -	-	-	, <u> </u>	2,285	1,654	´-	(448)	6,866
Inpatient/Respite Boarding Costs	14,100	859	(600)	12,059	9,359	2,359	700	984	4,234	2,100	10,875	3,175	60,203
Labor - Direct	122,492	112,346	125,585	120,821	111,174	111,752	128,290	132,734	115,341	122,232	124,652	127,104	1,454,524
Labor - Indirect	14,646	11,927	6,817	9,991	15,236	14,465	18,146	18,095	14,698	15,334	15,053	15,081	169,488
Other Direct	1,146	4,863	3,997	6,514	12,653	8,123	44,073	26,323	34,442	32,675	19,631	10,140	204,581
Direct Expenses	171,889	160,584	170,029	184,960	183,013	167,362	214,498	218,732	199,396	203,276	201,723	183,271	2,258,732
Gross Margin	218,918	247,861	307,841	258,164	256,212	252,260	261,541	201,337	184,790	223,183	175,330	231,260	2,818,698
Operating Expenses													
Labor - Operating	48,411	43,803	59,937	69,414	75,019	76,464	78,345	72,027	71,700	75,392	68,793	66,500	805,805
Benefits	35,902	29,491	35,565	33,957	33,239	33,618	39,402	34,029	33,715	38,944	42,326	46,061	436,250
Employee Relations	692	200	514	33,337	33,233	775	228	349	738	1,069	809	315	6,390
Recruitment	500	1,833	-	500	-	-	500	343	-	1,009	500	-	3,833
Printing	1,318	1,395	1,608	984	1,107	685	496	757	570	621	496	3,434	13,474
Marketing	1,805	2,792	2,532	1,880	2,083	2,301	1,609	1,136	1,410	1,534	1,790	856	21,728
Outside Services	938	956	1,134	991	2,083 975	982	1,003	994	930	957	909	(5,534)	5,241
Facilities	8,778	8,451	8,397	10,665	8.977	8,431	8,494	9,568	10,357	11,112	10,690	10,706	114,624
IS & Telecommunications	4,773	4,382	5,376	4,895	4,679	5,497	5,035	5,545	6,920	4,640	4,809	4,969	61,518
Conferences/Training	4,773	4,362	3,370	4,833	4,079	3,437	-	356	585	4,040	4,809	4,909	941
Travel	402	367	234	120	28	814	153	89	10	-	-	106	2,323
cALL Center	2,635	2,648	3,113	2,908	2,421	2,534	2,673	2,477	2,179	2,373	2,134	2,139	30,233
Other Operating Expense	1,236	1,235	1,253	1,600	194	395	2,073	1,759	2,173	677	303	768	9,932
Allocations	46,584	52,386	59,101	56,974	53,756	52,002	58,263	53,719	58,932	50,851	45,844	61,389	649,800
Depreciation Expense	2,425	2,440	2,402	2,478	2,440	2,440	2,387	2,315	2,546	2,277	1,533	1,533	27,217
Operating Expenses	156,399	152,378	181,165	187,739	185,246	186,937	198,868	185,121	190,836	190,446	180,935	193,240	2,189,309
Operating Income (Loss)	62,519	95,483	126,676	70,425	70,966	65,322	62,674	16,216	(6,046)	32,737	(5,605)	38,020	629,388
Other Income (Expense)													
Interest/Other Income	2	_	_	_	-	_	_	_	_	_	_	_	2
Interest Expense	-	_	_	_	_	_	_	_	_	_	_	_	-
State Taxes	- -	- -	_	_	-	- -	-	_	_	_	_	_	-
Other Expenses	=	_	_	_	_	_	-	_	_	_	_	_	-
Other Income (Expense)	2	-	-	-	-	-	-	-	-	-	-	-	2
Net Income (Loss)	62,521	95,483	126,676	70,425	70,966	65,322	62,674	16,216	(6,046)	32,737	(5,605)	38,020	629,390
(2000)	02,321	33,403	120,070	,0,423	,0,500	03,322	02,074	10,210	(0,040)	32,737	(3,003)	30,020	013,330

# Seasons Hospice & Palliative Care of Oregon Income Statement

	Jan-20	Feb-20	Mar-20	Apr-20	May-20	Jun-20	FY2020
Revenues							
Routine Revenue	328,127	300,295	317,291	294,298	287,505	308,324	1,835,841
Respite Revenue	49	1,971	(6)	470	-	(1)	2,483
General Inpatient Revenue	48,899	67,466	44,666	32,318	42,209	38,894	274,452
Continuous Care Revenue	(0)	-	-	-	-	0	-
Physician Revenue	9,159	5,990	12,067	4,681	5,348	9,241	46,486
Nursing Home R&B, Net of Expenses	-	-	-	165	-	572	737
Grant Revenue	-	-	190	7,797	502	9,393	17,882
Other Revenue	-	-	-	-	-	-	-
Net Revenue	386,234	375,722	374,209	339,728	335,565	366,424	2,177,882
Direct Expenses							
Clinical	2,768	2,205	4,328	2,435	2,374	2,442	16,552
DME	9,287	8,909	9,907	9,390	7,071	10,314	54,878
Pharmacy	15,068	11,629	12,986	12,272	13,561	22,289	87,804
Open Access	-	17	· -	, -	, <u>-</u>	, -	17
Inpatient/Respite Boarding Costs	672	1,400	(10,709)	2,100	15,984	-	9,447
Labor - Direct	119,865	107,106	111,227	111,452	115,063	111,991	676,705
Labor - Indirect	15,154	14,228	15,042	14,655	15,039	14,651	88,768
Other Direct	23,556	42,066	24,810	28,166	16,306	35,424	170,328
Direct Expenses	186,371	187,560	167,590	180,471	185,397	197,111	1,104,500
Grace Margin	199,863	188,162	206,619	159,257	150,167	169,313	1,073,382
Gross Margin	199,863	188,162	206,619	159,257	150,167	169,313	1,0/3,382
Operating Expenses							
Labor - Operating	69,016	53,030	52,483	70,318	73,712	65,723	384,282
Benefits	37,523	34,240	33,557	39,162	40,311	35,795	220,589
Employee Relations	378	154	277	151	336	169	1,465
Recruitment	-	-	-	-	-	-	-
Printing	1,995	1,454	496	1,396	984	982	7,306
Marketing	1,330	1,302	2,117	2,117	1,112	864	8,842
Outside Services	892	856	873	847	827	847	5,140
Facilities	9,600	10,549	9,927	9,888	9,379	10,197	59,540
IS & Telecommunications	4,629	5,705	4,789	4,798	3,405	4,084	27,409
Conferences/Training	· <u>-</u>	-	-	-	-	· =	-
Travel	211	91	15	4	_	5	326
cALL Center	2,337	2,534	2,196	1,762	2,035	2,101	12,965
Other Operating Expense	668	1,316	1,496	1,148	1,077	1,037	6,742
Allocations	48,326	48,402	47,387	40,945	39,569	45,251	269,879
Depreciation Expense	1,133	1,148	1,148	1,148	1,148	1,155	6,882
Operating Expenses	178,038	160,781	156,760	173,683	173,896	168,209	1,011,368
Operating Income (Loss)	21,825	27,381	49,859	(14,427)	(23,729)	1,105	62,014
Other Income (Expense)							
Interest/Other Income	(0)	22	15				37
	(0)	22	15	-	-	-	3/
Interest Expense	-	-	- (22.450)	-	-	-	- (4.442)
State Taxes	-	-	(32,150)	27,738	-	-	(4,412)
Other Expenses Other Income (Expense)	(0)	22	(32,135)	27,738	-	-	(4,375)
Net Income (Loss)	21,825	27,403	17,724	13,311	(23,729)	1,105	57,639

# **EXHIBIT 14**

# **Policies Referenced in Application**

#### **Charity Care Policy**

#### **PURPOSE:**

To help patient's get access to hospice care regardless of payor source. Seasons does not discriminate based on a patient's ability to pay.

#### **POLICY:**

Seasons Hospice Charity Care committee in collaboration with the local program's Executive Director shall approve acceptable Charity care awards. No further collection activity will be made on the amounts approved for write-off.

#### Eligibility;

- All patients are eligible to apply.
- A Confidential Application for Financial Assistance must be completed, signed and dated, by the patient/guarantor. Application details include, but are not limited to;
  - Citizenship status
  - Assets
  - Household income
  - Patient/Spouse income considered
- Patient's are not eligible for Financial Assistance when:
  - They did not complete the application process
  - Falsified information on the application
- Any Medicaid eligible individual that is determined to be over (income) resources for his/her respective State, but under 200% of the Federal Poverty Guideline is eligible for Charity Care.
- Any Non-US citizen who otherwise lack any insurance coverage for hospice is eligible for Charity Care.

#### **Alternate funding options**;

- If eligible, it will be requested that the patient apply for state and/or federal assistance (including coverage available through the Healthcare Exchange) to be considered for financial assistance.
  - If the patient's prognosis does not support pursing alternate funding options he/she will be eligible for Charity care consideration.
  - Premium Assistance for coverage pursued via the Healthcare Exchange may be available through Seasons Hospice Foundation for any Hospice eligible individual who demonstrates a need for assistance.
    - Premium Assistance grants are awarded by Seasons Hospice Foundation.

#### Assets;

- The liquid assets of the applicant may not exceed \$2,000. The exceptions will be reviewed on a case-by-case basis. Approval can still be made depending on the case circumstances.
  - o Individuals with more than \$2,000 in liquid assets would be encouraged to spend those funds down to pursue State Medical Assistance.
- These resources include cash, monies in checking and savings or credit union accounts and savings bonds. These may include trust funds, company stocks and bonds, Life Insurance Policy cash value and property other than the home place.

### Sliding scale;

• Seasons Hospice utilizes the annual Federal Poverty Guidelines issued by the Department of Health and Human Services (HHS) when granting Charity Care for a Patient balance discount.

Percentage of the Federal Poverty line (based on	Percentage of award (write off)	Percentage patient/guarantor is
family size)	OH)	responsible for
201 - 250	75	20
251 - 300	70	30
301 - 350	65	35
351 – 400	60	40
401 – 450	55	45
451 – 500	50	50
501 – 550	45	54
551 – 600	40	60
601 - 650	35	65
651 – 700	30	70
701+	25	75

#### Approval;

- Charity Care for a Patient balance discount;
  - o Approved at the National level by the National Manager of Patient Funding, VP Finance, or National Controller.
  - o The award granted will be applied to all open patient balances
- Charity write off for the Indigent;
  - Approved locally by the Site's Executive Director or Vice President of Operations in his/her absence. Approved Nationally by a member of the National Financial Assistance Committee. Committee members include;
    - Chief Financial Officer, Vice President of Finance, Vice President of Patient Experience, National Director(s) of Patient Experience, National Manager of Patient Funding, National Controller.

- A determination of Financial Assistance submitted during normal business hours will be made within 2 hours of receipt of the application.
  - Monday Friday 8am 4:30pm central standard time
- Award approvals will be communicated to the patient/guarantor by a member of his/her local team unless otherwise requested by the patient/guarantor.

#### **Certification periods**

- At each Hospice recertification period, the patient must re-apply for Financial Assistance (addendum 2096d).
  - o Seasons Hospice will follow the Medicare Certification period irrespective of payor for the pursues of re-certifying Financial Assistance.

#### **Deceased Patients**

- Seasons Hospice will notify the Estate of the patient *Care Of* the patient's designated Next of Kin. Seasons Hospice will attempt to pursue payment directly from the patient's Estate for any balance over \$400.
- Any patient balance that is not collected will be applied to Bad Debt.



# Confidential Application For Financial Assistance

Honoring Life
~ Offering Hope

Seasons Hospice & Palliative Care ("Seasons Hospice") encourages you to apply for financial assistance if you require help paying for your hospice care. Under this program, Seasons Hospice will review your application and determine whether you qualify for free or reduced cost care based on your eligibility and income. If you have questions or need help completing this application, please contact your Seasons Hospice team, or the National Patient Funding Advocate at 224-458-7405.

Submit completed form to NATFinanceFinancialAssistance@Seasons.org

Patient Name:	Date of Birth:
Street Address:	Telephone:
City/State/Zip	Social Security Number:
Mailing Address (if different):	
	☐ Working Visa ☐ Permanent Resident ☐ Visitor \
US Citizen Non US Citizen   f Permanent Resident; number of years in	the US?
US Citizen Non US Citizen  f Permanent Resident; number of years in	the US?
US Citizen Non US Citizen	all household members
US Citizen Non US Citizen  Fermanent Resident; number of years in	all household members



# Application

Do you have insurance?	Yes	No 🗆	If Yes, list all active policies	
If No, did you apply for insurance through the Health Insurance Marketplace?	Yes	No 🗆	If No, please provide a brief explanation as to why you did not enroll	
Do you have Medicaid?	Yes	No	If Yes, list ID and case worker information	
Have you ever applied for Medicaid?	Yes	No 🗆	If No, why? If Yes, why was your case denied?	
Do you receive any other assistance with your Medical bills?	Yes	No	If Yes, list organization name and contact information	
Have you applied for disability?	Yes	No 🗆	If Yes, When?	
Is there a member of the household who has become unemployed within the past 60 days?	Yes	No 🗆	If Yes, Name?	
Have you ever been covered under the Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA insurance)?	Yes	No	If yes, when did that coverage end?	



### Assets

Report any income for the patient and any individual that may be claiming or may have been claimed by the patient as a dependent for tax purposes.

Assets		Value	
Cash on Hand		\$	
Checking Account Balance	Bank:	\$	
Savings Account	Bank:	\$	
Retirement Savings	Bank:	\$	
Investments or Other Securities		\$	
Life Insurance Policy Cash Value		\$	
Real Estate, Primary Residence	Location:	\$	
Real Estate other than Primary Residence	Location:	\$	
Vehicle 1	Year:	\$	
Vehicle 2	Year:	\$	
Total Assets: \$			

## **Employment**

Person Employed	Employer	Monthly Gross	
		\$	
		\$	
		\$	

# Monthly Household Income from other sources

Source	Monthly				
Child Support/ Alimony	\$				
Federal Assistance Program Type(ie. Cash, Food Stamps)	\$				
Pension/ IRA/ Annuity Cash out	\$				



Social Security/Social Security Disability	\$
Unemployment or Worker's Comp Start Date: End Date:	\$
Other income (Stocks/Bonds/Annuities/Interest/Rental Property)	\$
Total month income (Gross and Other sources combined): \$	

f the patient does not have any income, provide a short narrative as to who is financially supporting the pat					
	_				

# Monthly Household Expenses

Type of Expense	Total Monthly	
Mortgage	\$	
Rent	\$	
Child care	\$	
Child support/ Alimony	\$	
Utilities (combined) gas, electric, water, sewer	\$	
Telephone	\$	
Insurance: Home Auto	\$	
Car loan:	\$	
Transportation:	\$	
Credit card payments:	\$	
Total monthly expenses: \$		



### **Applicant Certification:**

I certify that the above information is true and complete to the best of my/our knowledge. I understand that as part of the financial screening process, Seasons Hospice may require that I provide supporting documentation regarding my finances.

I also understand that Seasons Hospice may require that I seek to obtain health insurance coverage through State Medical Assistance or a federal or state health insurance exchange prior to approving my request for financial assistance.

I am aware that any misstated, missing, or false information can retroactively revoke any financial assistance allowance made by Seasons Hospice. I authorize Seasons Hospice to obtain copies of my tax returns from the Internal Revenue Service.

I understand that filling out this Financial Assistance Application does not guarantee that I will receive any financial assistance. If I am not eligible for financial assistance, I will be responsible for my full bill for hospice services provided by Seasons Hospice.

Signature:	Date:	_
Spouse signature (if applicable):	Date:	
Surrogate/DPOA signature (if applicable):	Date:	



### PATIENT RIGHTS AND RESPONSIBILITIES

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### **POLICY:**

The patient has the right to be informed of his or her rights. Seasons Hospice is committed to protecting and promoting the exercise of these rights.

- 1. Before services are provided, patients or their representative will be informed, both orally and in writing of the patient's rights and responsibilities related to the care or services provided. This information will be provided in a language and manner that the patient or their representative understands and will be repeated, as needed, during care by Seasons Hospice.
  - NJ: A copy of the patient rights will be made available in any language which is spoken as the primary language by more than 10% of the population in Seasons Hospice's service area.
- 2. A signature of the patient or representative will be obtained to verify that they have received and understand this information. The patient has the right to have assistance in understanding and exercising his/her rights.
- 3. Seasons Hospice will educate all employees and volunteers during orientation and annually about patient rights and will ensure that all employees and volunteers respect these rights.
- 4. If the patient has been adjudged either incompetent or lacking decisional capacity under state law, the rights of the patient are exercised by a legal representative or the person appointed by the court to act on the patient's behalf.
- 5. Seasons Hospice will not request nor obtain from the patient any waiver of any of the patient's rights.
- 6. A list of the patients' rights and responsibilities can be found in the "Patient/Family Consent and Education for Hospice Care" Booklet. The list of rights and responsibilities will be redistributed to patients or their representative following any revisions or modifications.
  - AZ: A complete statement of the patient's rights and responsibilities will be conspicuously posted in the hospice's office.
  - NJ: A complete statement of the patients' rights, including the right to file a complaint with the NJ State Department of Health and Senior Services, shall be conspicuously posted in the hospice office and shall be distributed to all staff and contracted personnel.



# PATIENT RIGHTS AND RESPONSIBILITIES

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7. NJ: Seasons Hospice will ensure that all verified violations of patients' rights involving anyone furnishing services on behalf of Seasons Hospice are reported to the State and local authorities having jurisdiction within (5) working days of becoming aware of the violation.

Revised:	1/10/99	3/23/00	11/27/01	9/14/07	12/2/08	2/20/10	8/5/11	11/17/12	4/7/14
Revised:	9/20/17								
Reviewed:	2/17/98	3/24/99	4/11/00	2/27/01	5/15/02	3/11/03	5/18/04	6/3/05	10/17/06
Reviewed:	10/26/07	12/19/08	7/9/09	12/13/10	8/26/11	9/28/12	2/1/13	1/24/14	1/23/15
Reviewed:	1/29/16	1/27/17	1/26/18	1/25/19	1/24/20				

# SECTION III. Patient/Family Rights and Responsibilities

As a hospice provider, we have an obligation to protect your rights and to provide these rights to you or your representative verbally and in writing in a language and manner you can understand, during the initial assessment visit before care is provided and on an ongoing basis, as needed.

### YOUR RIGHTS

#### RESPECT AND CONSIDERATION - YOU HAVE THE RIGHT TO:

- Exercise your rights as a hospice patient without discrimination or reprisal
  for doing so. Your court-appointed representative or the legal
  representative you have selected in accordance with state law, may
  exercise these rights for you in the event that you are not competent or
  able to exercise them for yourself.
- Have a relationship with our staff that is based on honesty and ethical standards of conduct. To have ethical issues addressed, and inform you of any financial benefit we receive if we refer you to another organization, service, individual or other reciprocal relationship.
- Be free from mistreatment, neglect, verbal, mental, sexual and physical abuse, injuries of unknown source and misappropriation of your property. All mistreatment, abuse, neglect, injury and exploitation complaints by anyone furnishing service on behalf of hospice are reported immediately by our staff to the hospice administrator. All reports will be promptly investigated and immediate action taken to prevent potential violations during our investigation. Hospice will take appropriate corrective action in accordance with state law. All verified violations will be reported to the appropriate state and local authorities, including to the state survey and certification agency, within five (5) working days of becoming aware of the violation.
- Be free from physical and mental abuse, corporal punishment, restraint or seclusion of any form imposed as a means of coercion, discipline, convenience or retaliation by staff while receiving hospice care.
- Be treated with respect and personal dignity and to have individual cultural, psychosocial, spiritual and personal values, beliefs and preferences respected. You will not be discriminated against based on social status, marital status, political belief, sexual preference, race, color, religion, national origin, diagnosis, disease, age, sex, physical/mental disabilities, ability to pay or source of payment. If you feel that you have been the victim of discrimination, you have the right to file a grievance without retaliation for doing so. Our staff is prohibited from accepting gifts or borrowing from you.

- Have an environment that preserves dignity and contributes to a positive self-image.
- Receive information in plain language to ensure accurate communication, in a manner that is accessible, timely and free of charge to:
  - Persons with disabilities. This includes access to websites, auxiliary aids and services in accordance with state and federal law and regulations.
  - Persons with limited English proficiency. This includes access to interpreters and written translation.

#### FILING A GRIEVANCE - YOU HAVE THE RIGHT TO:

- Receive information on our complaint resolution process, and know about the results of complaint investigations. We must document both the existence and the resolution of the complaint.
- Voice grievances/complaints or recommend changes in policy, staff or service/care regarding treatment or care that is (or fails to be) furnished and the lack of respect for property by anyone who is furnishing services on behalf of the hospice without fear of coercion, discrimination, restraint, interference, reprisal or an unreasonable interruption in care, treatment or services for doing so.
- Be advised when you are accepted for treatment or care, of the availability
  of the state's toll-free home care/hospice hotline number, its purpose and
  hours of operation. The hotline receives complaints or questions about
  local home care/hospice agencies and is also used to lodge complaints
  concerning the implementation of the advance directives requirements.
  You also have the right to be advised of the address to submit written
  complaints or questions.
- Be informed how to contact The Joint Commission to ask questions, report grievances or voice complaints,

Our complaint resolution process, the state hotline number and contact information for The Joint Commission are provided in "How to Comment on Your Care."

### **DECISION MAKING - YOU HAVE THE RIGHT TO:**

- Choose your attending physician and other health care providers and communicate with those providers.
- Be informed in advance about the services covered under the hospice benefit, the scope of services hospice will provide, service limitations, care alternatives available from the hospice, name(s) and responsibilities of staff members who are providing and responsible for your care, treatment or services, the planned frequency of visits proposed to be furnished, expected and unexpected outcomes, potential risks or problems, barriers to treatment and payment resources.
- Be advised of any change in your plan of care before the change is made.
- Be involved in developing your hospice plan of care; and to participate in changing the plan whenever possible and to the extent that you are competent to do so.

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- Have family involved in decision making as appropriate, concerning your care, treatment and services, when approved by you or your representative, if any, and when allowed by law.
- Participate or refuse to participate in research, investigational or experimental studies or clinical trials. Your access to care, treatment and services will not be affected if you refuse or discontinue participation in research.
- Formulate advance directives; to receive written information about the
  agency's policies and procedures on advance directives, including a
  description of applicable state law. You will be informed if we cannot
  implement an advance directive on the basis of conscience.
- Address your wishes concerning end of life decisions and to have health care providers comply with your advance directives in accordance with state laws; and to receive care without condition or discrimination based on the execution of advance directives.
- Accept, refuse or discontinue care, treatment and services without fear of reprisal or discrimination. You may refuse part or all of care/services to the extent permitted by law; however, should you refuse to comply with the plan of care and your refusal threatens to compromise our commitment to quality care, then we or your physician may be forced to discharge you from our services and refer you to another source of care.

### PRIVACY AND SECURITY - YOU HAVE THE RIGHT TO:

- Personal privacy and security during home care visits and to have your property and person treated with respect.
- Restrict visitors or have unlimited contact with visitors and others and to communicate privately with these persons if you are residing in an inpatient hospice facility.
- Confidentiality of written, verbal and electronic information including your medical records, information about your health, social and financial circumstances or about what takes place in your home.
- Refuse filming or recording or revoke consent for filming or recording of care, treatment and services for purposes other than identification, diagnosis or treatment.
- Access, request changes to and receive an accounting of disclosures regarding your own health information as permitted by law.
- Request us to release information written about you only as required by law or with your written authorization and to be advised of our policies and procedures regarding accessing and/or disclosure of clinical records. Our Notice of Privacy Practices describes your rights in detail.

#### FINANCIAL INFORMATION - YOU HAVE THE RIGHT TO:

- Before care is initiated, to be advised orally and in writing of the extent to
  which payment may be expected from Medicare, Medicaid, any other
  federally funded or aided program, or any other sources known to us;
  charges for services that will not be covered by Medicare; and the charges
  that you may have to pay.
- Be advised of any changes in payment, charges and patient payment liability when they occur. We will advise you of these changes orally and in writing as soon as possible, but no later than 30 calendar days from the date that we become aware of a change.
- Have access to all bills upon request for services you have received regardless of whether the bills are paid by you or another party.

#### QUALITY OF CARE - YOU HAVE THE RIGHT TO:

- Receive care of the highest quality.
- Receive effective pain management and symptom control from the hospice for conditions related to your terminal illness. You also have the right to receive education about your role and your family's role in managing pain when appropriate, as well as potential limitations and side effects of pain treatments.
- Receive pastoral and other spiritual services for you and your family.
- Be admitted only if we can provide the care you need. A qualified staff
  member will assess your needs. If you require care or services that we do
  not have the resources to provide, we will inform you, and refer you to
  alternative services, if available; or admit you, but only after explaining
  our limitations and the lack of a suitable alternative.
- Be informed of the hospice agency's discharge policy and to be involved in discharge planning, if appropriate.
- Be informed of short term inpatient care options available for pain control, management and respite.
- Receive emergency instructions and be told what to do in case of an emergency.

Will add the following rights:

Be cared for by appropriately trained or credentialed personnel, contractors and volunteers with coordination of services.

To have access to the department's listing of licensed hospice agencies and to select any licensee to provide care, subject to the individual's reimbursement mechanism or other relevant contractual obligations.

Be informed of the hospice's policies and procedures for providing back-up care when services cannot be provided as scheduled.

### YOUR RESPONSIBILITIES

#### YOU HAVE THE RESPONSIBILITY TO:

- Provide complete and accurate information to the best of your knowledge about your present complaints and past illness(es), hospitalizations, pain, medications, allergies and other matters relating to your health;
- Remain under a doctor's care while receiving hospice services.
- Notify us of perceived risks or unexpected changes in your condition (e.g., hospitalization, changes in the plan of care, symptoms to be reported, pain, homebound status or change of physician).
- Follow the plan of care and instructions and accept responsibility for the outcomes if you do not follow the care, treatment or service plan.
- Ask questions when you do not understand about your care, treatment and service or other instruction about what you are expected to do. If you have concerns about your care or cannot comply with the plan, let us know.
- Report and discuss pain, pain relief options and your questions, worries and concerns about pain medication with staff or appropriate medical personnel.
- Notify us if your visit schedule needs to be changed due to medical appointment, family emergencies, etc.
- Notify us if your Medicare or other insurance coverage changes or if you
  decide to enroll in a Medicare or private HMO (Health Maintenance
  Organization).
- Promptly meet your financial obligations and responsibilities agreed upon with the agency.
- · Follow the organization's rules and regulations.
- Inform us of the existence of, and any changes made to advance directives.
- Advise us of any problems or dissatisfaction with the services provided;
- Provide a safe and cooperative environment for care to be provided (such as keeping pets confined, putting away weapons or not smoking during your care).
- Show respect and consideration for agency staff and equipment.
- · Carry out your mutually agreed responsibilities.



### NON-DISCRIMINATION & GRIEVANCE PROCEDURE

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### **POLICY:**

Seasons Hospice & Palliative Care complies with applicable federal civil rights laws and does not discriminate, exclude, or treat people differently on the basis of social status, marital status, political belief, sexual orientation, gender identity, gender expression, race, color, religion, national origin, diagnosis, disease, age, sex, physical/mental disabilities, citizenship, veteran status, ability to pay or source of payment with regard to admission or access to treatment whether carried out by Seasons Hospice directly or through a contractor or any other entity with which Seasons Hospice arranges to carry out its program and activities.\*

- 1. This policy is disseminated to staff, volunteers, patients, families, referral sources and other interested parties via the following methods:
  - a. A copy of the policy is available to employees and volunteers in each office and on the Seasons Hospice intranet. It is also available to all others that request it.
  - b. All employees and volunteers will be instructed about Seasons Hospice's non-discrimination policy during orientation and throughout employment as needed.
  - c. Information provided to the public will reflect Seasons Hospice's policy on non-discrimination and will include the phone number and website for Seasons Hospice.
  - d. Published advertisements will reflect Seasons Hospice's policy on non-discrimination and will include informing the public of Seasons Hospice's phone number and website.
  - AZ: A complete statement of the non-discrimination policy shall be conspicuously posted in the hospice office.
- 2. All persons and organizations contracted to provide services on behalf of Seasons Hospice shall do so without regard to social status, marital status, political belief, sexual preference, race, color, religion, national origin, diagnosis, disease, age, sex, physical/mental disabilities, ability to pay or source of payment regarding admission, access to treatment or employment.
- 3. All persons and organizations having occasion either to refer persons for services or to recommend Seasons Hospice will be advised to do so without regard to the person's social status, marital status, political belief, sexual preference, race, color, religion, national origin, diagnosis, disease, age, sex, physical/mental disabilities, ability to pay or source of payment regarding admission, access to treatment or employment.



### NON-DISCRIMINATION & GRIEVANCE PROCEDURE 105

- 4. Any person who believes that Seasons Hospice has failed to provide these services or discriminated in any other way may file a grievance in person or by mail, fax or email to the Civil Rights/Section 1557 Coordinator listed below.
  - a. Grievances must be submitted to Seasons Hospice & Palliative Care within (60) days of the date the person became aware of the possible discriminatory action and must state the problem and relief sought.
  - b. A complaint must be in writing and contain the name and address of the person filing it. The complaint must state the problem or action alleged to be discriminatory and the remedy or relief sought.
  - c. The Seasons Hospice's Civil Rights/Section 1557 Coordinator (or his/her designee) shall conduct a thorough investigation of the complaint, affording all interested persons an opportunity to submit evidence relevant to the complaint.
  - d. The Civil Rights/Section 1557 Coordinator will maintain the files and records for Seasons Hospice relating to such grievance and will, to the extent possible and according to applicable law, take appropriate steps to preserve the confidentiality of files and records relating to grievances and will share them only with those who have a need to know.
  - e. The Civil Rights/Section 1557 Coordinator will issue a written decision on the grievance based on a preponderance of evidence no later than (30) days after its filing, including a notice of the right to pursue further administrative or legal action.
  - f. An appeal of the decision may be filed in writing to the Executive Director within (15) days of the decision. The Executive Director will issue a written response within (30) days after the appeal is filed.
- 5. The availability and use of this grievance procedure does not prevent anyone from pursuing other legal or administrative remedies.
- 6. Civil rights complaints may also be filed with the U.S. Department of Health and Human Services, Office for Civil Rights within (180) days of the date of the alleged discrimination by any of the following methods:
  - a. Submit electronically through the Office for Civil Rights Complaint Portal.
  - b. Write to the U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington D.C. 20201. Click <a href="here">here</a> for a complaint form.
  - c. Call 1-800-368-1019 (toll free) or 1-800-537-7697 (TDD).



### NON-DISCRIMINATION & GRIEVANCE PROCEDURE 105

- 7. Seasons Hospice will make appropriate arrangements to ensure that individuals with disabilities and individuals with limited English proficiency are provided auxiliary aids and services or language assistance services if need to participate in this grievance process. The Civil Rights/Section 1557 Coordinator will be responsible for such arrangements.
- 8. Seasons Hospice will not retaliate against anyone who opposes discrimination, files a grievance, or participates in the investigation of a grievance.
- 9. Seasons Hospice does not discriminate in matters of employment. For more information, see Policy 821 Anti-Harassment/Anti-Discrimination.

Civil Rights/Section 1557 Coordinator for Seasons Hospice & Palliative Care:

Donna Hyatt, RN 6400 Shafer Court, Suite 700 Rosemont, Illinois 60018 Phone: (847) 692-1000

Fax: (847) 692-1001 DHyatt@seasons.org

Revised:	8/26/11	11/17/12	6/4/15	2/8/16	10/17/16	9/20/17	4/18/18		
Reviewed:	2/17/98	3/24/99	4/11/00	2/27/01	5/15/02	3/11/03	5/18/04	6/3/05	10/17/06
Reviewed:	10/26/07	12/19/08	7/9/09	12/13/10	8/26/11	9/28/12	2/1/13	1/24/14	1/23/15
Reviewed:	1/29/16	1/27/17	1/26/18	1/25/19	1/24/20				

<sup>\*</sup>This policy is in accordance with the provisions of Title VI of the Civil Rights Act of 1964, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and Regulations of the U.S. Department of Health and Human Services issued pursuant to these statutes at Title 45 Code of Federal Regulations Parts 80, 84, 91 and 92.



### CONTRACTED SERVICES

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#### **POLICY:**

Seasons Hospice will retain professional, financial and administrative responsibility for contracted services and will require that they be provided in a safe and effective manner by qualified personnel and in accordance with the written plan of care in order to ensure excellence in care for all Seasons Hospice's patients.

- 1. Seasons Hospice will ensure that substantially all core services are routinely provided directly by Seasons Hospice employees. Contracted staff may be used if necessary to supplement its employees to meet the needs of patients during periods of peak patient loads or under extraordinary circumstance (e.g., a rapid increase in census, staffing shortages due to illness, an acute local nursing shortage or the temporary travel of a patient outside of the service area). All efforts to avoid such contingencies will be documented.
  - CO: When hospice services are provided in a Long-Term Care Facility, Assisted Living Residence, or Intermediate Care Facility for Persons with Developmental Disabilities, there shall be a written agreement that specifies the provision of hospice services in that facility.
  - MA: For any services provided under contract agreement, each patient/family shall be provided, upon request, with written information that clearly defines the services provided under contract and identifies the contracted individual(s) or organizations(s).
  - NJ: Nursing services provided under contract shall be rendered only if 1) all available full and part-time employees have achieved maximum caseloads, or specialized care which is unavailable through existing staff is needed; 2) contracted nursing personnel are oriented to the policies and procedures of the hospice and receive supervision from supervisory staff employed by the hospice; and, 3) provisions are made for continuity of patient care by the same contracted nursing personnel whenever possible.
- 2. If contracted services are utilized, the contractor shall meet all applicable provisions of hospice regulations.
- 3. Seasons Hospice will provide orientation to hospice care for employees of contracting agencies.
- 4. Backup services will be provided by regular employees or resource employees when an agency employee or contractor is not able to provide the services.
- 5. Seasons Hospice will ensure the continuity of patient/family care between the home, outpatient and inpatient settings from admission to discharge.



### CONTRACTED SERVICES

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- 6. Seasons Hospice will enter into legally binding written agreements with the providers of contracted services which may include, as appropriate, the following:
  - Identification and availability of the services to be provided;
  - An expectation for documentation regarding the services that are provided;
    - ➤ NJ: the documentation must be provided within (7) working days
  - A stipulation that services may be provided only with the authorization of Seasons Hospice, in accordance with the physicians' orders and as directed by the hospice plan of care;
  - Specification that Seasons Hospice retains administrative responsibility for the services rendered, including subcontracted services;
  - The way the contracted services are coordinated, supervised and evaluated by Seasons Hospice;
  - A stipulation that the outside agency will complete criminal background checks on contracted employees who provide direct patient care or who have access to patient records;
  - The delineation of the role(s) of Seasons Hospice and the contractor in the admission process, patient/family assessment, the interdisciplinary team meetings, the interdisciplinary plan of care, and the on-going provision of palliative and supportive care;
  - Requirements for documenting that services are furnished in accordance with the agreement;
  - The qualifications of the personnel providing the services including verification of licensure, certification or registration when applicable;
  - The financial arrangements and charges, including donated services;
  - The period of time the contract is to be in effect;
  - The party responsible for implementation of the provisions of the contract; and,
  - The signature (and date) of the Executive Director or designee and the duly authorized official of the agency providing the contractual services.
  - AZ: The Chief Administrative Officer (Executive Director) will approve each contract with an agency or individual to provide a hospice service.

CO: Contracted services shall be supported by written agreements that require all services be:

- Authorized by Seasons Hospice;
- Furnished in a safe and effective manner by qualified personnel;
- Delivered in accordance with the patient's plan of care; and,
- Evaluated as part of the quality management program.

CT: A written contract with a contractor agency or individuals shall clearly specify the following:

- That the patient's contract for care is with Seasons Hospice;
- The services to be provided by the contractor;
- The necessity to conform to all applicable primary hospice policies, including personnel qualifications, supervisory ratios and staffing patterns;
- The responsibility for participating in developing the patient care plans;
- The procedures for submitting clinical and progress notes, scheduling visits, periodic patient evaluation, and determining charges and reimbursement;
- The procedure for annual assurance of clinical competence of all personnel utilized under contract; and,
- The contract will be renewable on an annual basis.



### CONTRACTED SERVICES

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FL: A contract for hospice services, including inpatient services, will also include:

- A requirement that the direct patient care shall be maintained, supervised and coordinated by the hospice core team;
- Identification of methods for ensuring continuity of hospice care; and
- A plan for joint quality assurance.

MA: Seasons Hospice will offer contracted providers/vendors the opportunity to participate in the Quality Assessment/Performance Improvement program.

MI: All contracts will be signed and dated by the Administrator (Executive Director) and the duly authorized official of the agency providing the contracted services.

- 7. Seasons Hospice will maintain financial responsibility for payment of all services related to the terminal illness.
- 8. Employees of an agency providing a contractual service shall not seek or accept reimbursement in addition to that due the agency for the actual service delivered.
- 9. All contracts shall prohibit the sharing of fees between a referring agency or an individual and the hospice.
- 10. Seasons Hospice shall not charge fees for services normally provided directly by the hospice care team but currently being provided by contractual services.
- 11. Seasons Hospice will review and/or revise all standing contracts annually and will evaluate the contracted care, treatment, and services to determine whether they are being provided according to the contract and the level of safety and quality that Seasons Hospice expects.
- 12. For Joint Commission accredited sites, services provided by consultation, contractual arrangements, or other agreements will meet applicable Joint Commission standards.

Revised:	4/6/99	11/19/01	12/14/04	6/21/05	12/27/06	9/14/07	9/15/08	11/13/08	3/12/11
Revised:	8/5/11	11/18/12	6/1/13	4/8/14	10/27/14	8/24/15	7/5/16	9/4/19	
Reviewed:	2/17/98	3/24/99	4/11/00	2/27/01	5/15/02	3/11/03	5/18/04	6/3/05	11/8/06
Reviewed:	4/18/07	12/19/08	10/16/09	11/22/10	9/9/11	8/17/12	4/26/13	2/21/14	2/20/15
Reviewed:	2/19/16	2/24/17	2/23/18	2/22/19	2/21/20				



### AVAILABILITY OF SERVICES

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#### **POLICY:**

All covered services are available 24-hours a day, seven days a week including during the bereavement period to the extent necessary for the palliation and management of the terminal illness and related conditions.

- 1. Staffing schedules will be implemented to facilitate continuity of care to patients, whenever possible.
- 2. The Seasons Hospice cALL Center will answer phone calls during non-business hours and during times of emergency (e.g. power outages, severe weather conditions, etc.).
  - GA: Seasons Hospice shall maintain an on-call log for all calls received after normal business hours, the records of which shall be kept for a period of two years.
- 3. A registered nurse will be available twenty-four (24) hours per day, seven (7) days per week to meet the needs of our patients and families.
  - MO: When clinically indicated, emergent visits will be made within one (1) hour from the time the need is identified. Unscheduled non-emergent nursing visits, when indicated, will normally occur within three (3) hours from the time the need is identified or as agreed upon by the hospice and the patient.
  - GA: On-site nursing services shall be made available within one hour of notification when the patient experiences a symptom management crisis situation.
- 4. A physician will be available twenty-four (24) hours per day, seven (7) days per week to meet the needs of our patients and families.
- 5. Seasons will utilize supplemental employees or resource employees to provide backup services when an agency employee or contractor is not available to provide services.
- 6. Seasons Hospice will make provisions for staff with equivalent qualifications to provide services in place of absent staff members.
- 7. Seasons Hospice will enter into contracts with at least one durable medical equipment company and at least one pharmacy that will assure the twenty-four (24) hour a day, seven (7) days a week availability of equipment and medications necessary to meet the needs of our patients and families.



### AVAILABILITY OF SERVICES

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- 8. All other services, including social services, counseling, volunteer care, bereavement support, pharmacy consultation and coordination of short-term inpatient care, will be available on a 24-hour basis to the extent necessary to meet the needs of the patients and/or families for care that is reasonable and necessary for the palliation and management of the terminal illness and related conditions.
- 9. At the time of admission, and thereafter as needed, the patient, family and/or caregiver will be informed about how to notify Seasons Hospice twenty-four (24) hours a day, seven (7) days a week if there is a need.
- 10. Seasons Hospice staff are kept updated on the status of their patients during non-business hours via voicemail, e-mail, and/or phone contact.
- 11. TX: Seasons Hospice's operating hours are from 8:30 a.m. to 5 p.m. Monday through Friday except on holidays. When the hospice is closed between the hours of 8:30 a.m. and 5 p.m., Monday through Friday, the administrator, the director of clinical operations, or their designee will:
  - a) Post a notice in a visible location outside of the hospice that will provide information regarding how to contact the person in charge; and,
  - b) Transfer the phones to the triage service so that the caller will be able to obtain information regarding how to contact the person in charge.

Revised:	12/18/01	12/14/04	12/27/06	9/14/07	3/12/11	5/11/11	9/17/11	11/18/12	4/8/14	7/5/16
Reviewed:	2/17/98	3/24/99	4/11/00	2/27/01	5/15/02	3/11/03	5/18/04	6/3/05	11/8/06	4/18/07
Reviewed:	12/19/08	10/16/09	11/22/10	9/9/11	8/17/12	4/26/13	2/21/14	2/20/15	2/19/16	2/24/17
Reviewed:	2/23/18	2/22/19	2/21/20							



### INTERDISCIPLINARY GROUP\*

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#### **POLICY:**

Seasons Hospice will designate an interdisciplinary group or groups composed of individuals who work together to meet the physical, medical, psychosocial, emotional and spiritual needs of the hospice patients and families facing terminal illness and bereavement.

\*IDG (Interdisciplinary Group) and IDT (Interdisciplinary Team) are used interchangeably at Seasons Hospice and have the same meaning.

- 1. In addition to the patient and family, the IDG will consist of individuals who are qualified and competent to practice in the following professional roles (a team member may serve more than one role on the team):
  - A doctor of medicine or osteopathy;
  - A registered nurse;
  - A social worker; and,
  - A pastoral and/or other counselor, for example, a nationally board-certified music therapist;
  - Other healthcare practitioners providing services such as physical therapy, occupational therapy, speech therapy, dietary counseling, hospice aide services or other services may be included in the team when appropriate. The IDG shall make use of consultants and community resources as necessary and appropriate.
  - CA: The interdisciplinary care team includes, but is not limited to, the patient and patient's family, a physician, a registered nurse, a social worker, a volunteer (which may be represented by the volunteer coordinator/director) and a spiritual caregiver.
  - CT: The hospice interdisciplinary team shall be composed of individuals who have clinical experience and education appropriate to the needs of the terminally ill and their families. The team shall include the medical director or physician designee, a registered nurse, a consulting pharmacist, and one or more of the following based on the needs of the patient: a social worker, a spiritual, bereavement or other counselor, the volunteer coordinator, and a volunteer with a role in the patient's plan of care, who work together to meet the physiological, psychological, social and spiritual needs of patients and their families.
  - GA: Hospice care team means an interdisciplinary working unit including, but not limited to, a physician, a registered professional nurse, a social worker, a member of the clergy or other counselors and volunteers who provide hospice care.
  - IL: Seasons Hospice will have an interdisciplinary working unit called the hospice care team which will be made up of, at a minimum, a physician, a nurse, a social worker, a counselor and trained volunteers (which may be represented by the volunteer manager). The patient, patient's physician and patient's family are considered members of the hospice care team when development or revision of the patient's plan of care takes place.

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### INTERDISCIPLINARY GROUP

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- IN: The physician (the patient's attending physician and the hospice physician), a registered nurse, a social worker, a clergy member, the coordinator of volunteers and appropriate volunteers make up the interdisciplinary care team. Dietary counseling, hospice aide services and other services may be included in the team when appropriate.
- MA: A bereavement coordinator and a volunteer (who may be represented by the coordinator / manager of volunteer services) is also considered part of the interdisciplinary team.
- MD: Each interdisciplinary care team consists of at least the patient' attending physician, a physician with training in palliative care, a registered nurse with demonstrated experience in pain and symptom management and the performance of physical assessments, a master's degree-prepared social worker with clinical experience in counseling and casework for the terminally ill, a volunteer(s) supervised by an individual with management experience in a hospice care program (which may be represented by the volunteer director) and a spiritual care counselor with education and experience in pastoral counseling.
- MO: The IDG will include at least the following who are employees of the hospice: a doctor of medicine or osteopathy (may be contracted), a registered nurse, a social worker, and a spiritual counselor. The IDG will meet no less often than every two (2) weeks.
- NV: The IDG means a group of persons who work collectively to meet the special needs of terminally ill patients and their families and include such persons as the physician, a registered nurse, a social worker, a member of the clergy, and trained volunteers.
- OR: The Interdisciplinary team consists of individuals working together in a coordinated manner to provide hospice care and includes, but is not limited to, the patient-family unit, the patient's attending physician and the four core team members required by Medicare: hospice physician, registered nurse, social worker and a pastoral or other counselor.
- 2. The interdisciplinary group(s) are responsible for:
  - Participating in the establishment of the plan of care for each patient and family in consultation with the attending physician (if any);
  - Providing or supervising the hospice care and services in accordance with accepted standards of care and the plan of care;
  - Reviewing and updating the plan of care for each patient receiving hospice care;
  - Encouraging active involvement of the patient/family in the development and implementation of the plan of care;
  - Monitoring continuity of care across all settings;



### INTERDISCIPLINARY GROUP

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- Establishing, reviewing and implementing the policies governing the day-to-day provision and evaluation of hospice care and services (for sites with more than one team, the site must designate in advance the group it chooses to fulfill this responsibility); and,
- Actively participating in the Quality Assessment Performance Improvement Program.
- 3. Seasons Hospice will designate a registered nurse that is a member of the interdisciplinary group to provide coordination of care and to ensure continuous assessment of each patient's and family's needs and implementation of the interdisciplinary plan of care.

Effective: 10/2004

Revised:	3/9/06	6/2/06	12/27/06	9/14/07	9/15/08	11/13/08	12/2/08	5/11/11	11/18/12	6/1/13
Revised:	10/27/14	8/24/15	12/14/17							
Reviewed:	6/3/05	11/8/06	4/18/07	12/19/08	10/16/09	11/22/10	9/9/11	8/17/12	4/26/13	2/21/14
Reviewed:	2/20/15	2/19/16	2/24/17	2/23/18	2/22/19	2/21/20				



### STANDARDS OF PRACTICE

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#### **POLICY:**

Seasons Hospice is committed to providing care and services in compliance with acceptable professional standards as well as all state and federal laws and regulations.

- 1. Seasons Hospice shall employ an adequate amount of staff and volunteers to meet the needs of patients and families accepted for care. Services provided to specialized populations (e.g., pediatric patients) will be provided by staff that have been educated and demonstrate competence in the care of the specialized patients.
- 2. Seasons Hospice will regard the patient and family together as one unit of care. Family will be defined by the patient and may include the patient's offspring, parents, siblings, spouse, significant other, friends, relatives, and/or others.
  - CT: Family means a group of two (2) or more individuals related by blood, legal status or affection who consider themselves a family.
  - OR: Patient-family unit includes an individual who has a life-threatening disease with a limited prognosis and all others sharing housing, common ancestry or a common personal commitment with the individual.
- 3. Seasons Hospice will provide services to the patient, family, and/or caregiver based on identified care, treatment, and service needs of the patients, families and/or caregivers.
  - CT: A primary caregiver is a person who provides care for the patient and who, if not residing with the patient, is readily available to assure the patient's safety.
- 4. Seasons Hospice will provide services that are reasonable and necessary for the palliation or management of the terminal illness as well as related conditions. Services will be consistent with an individualized plan of care that is established for each patient and family.
- 5. Seasons Hospice will provide continuity of care by the same health care practitioner whenever possible.
- 6. Services provided to the terminally ill patient will be furnished, to the maximum extent possible, in the patient's place of residence which may include, but is not limited to, a private home, nursing home, assisted living facility, adult family-care home, group home, residential health care facility, comprehensive personal care home, a general or specialized hospital, or a specialized residence that provides supportive services.



### STANDARDS OF PRACTICE

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- 7. Seasons Hospice will provide routine visits during normal waking hours except when requested by the patient and/or family to come at another specific time.
  - TX-Houston: The ALF Administrator, or designee, and /or the responsible person for the patient, will be notified of the visit schedule for routine visits, for changes in the schedule and when an on-call visit is going to be made. The nurse will notify the patient's physician and the supervising nurse of the hospice of any incidents or occurrences during visits.
- 8. The same set of services will be provided to patients and families living in a facility as are provided to patients and families living in their own home.
- 9. Seasons Hospice will foster independence of the patient and family by providing training, encouragement and support to empower self-sufficiency and allow the patient to remain comfortably at home for as long as possible.
- 10. Seasons Hospice will not discontinue or diminish care, treatment or services because of the patient's inability to pay for that care.
- 11. Seasons Hospice employees will practice in accordance with applicable professional standards of practice. Seasons Hospice's nurses will refer to "<u>Lippincott Procedures</u>" located on the intranet for guidance on nursing procedures. Physician orders will be obtained for nursing procedures not included in the "Lippincott Procedures".
- 12. Seasons Hospice will maintain a program of continuing training directed at maintenance of appropriate skill levels for all hospice employees providing services to patients and their families.
- 13. All employees will receive education regarding laws and regulations governing hospice care.
- 14. Care will be provided in a coordinated, effective, appropriate, cost-conscious and safe manner in accordance with Seasons Hospice goals, objectives, and philosophy.
- 15. Seasons Hospice shall not impose or dictate any value or belief system on its patients and /or their families and shall respect the values and belief systems of its patients and families.
- 16. All Seasons Hospice physicians and nurses will be licensed in the state in which they provide hospice care.
- 17. Seasons Hospice will coordinate its services with professional and non-professional services already in the community.

	. 10. 1777									
Revised:	9/2001	1/8/02	12/27/06	9/14/07	11/13/08	3/12/11	6/1/13	4/8/14	10/27/14	8/24/15
Revised:	10/20/17	11/7/17	12/14/17							
Reviewed:	2/17/98	3/24/99	4/11/00	2/27/01	5/15/02	3/11/03	5/18/04	6/3/05	11/8/06	4/18/07
Reviewed:	12/19/08	10/16/09	11/22/10	9/9/11	8/17/12	4/26/13	2/21/14	2/20/15	2/19/16	2/24/17
Reviewed:	2/23/18	2/22/19	2/21/20							



### ADMISSION CRITERIA

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#### **POLICY:**

Patients will be accepted for care and treatment based on reasonable criteria and under the expectation that the physical, emotional, social and spiritual needs of patients and families can be met adequately by Seasons Hospice, primarily in the patient's place of residence.

- 1. The patient must have a terminal illness which is expected to result in a prognosis of (6) months or less if the disease runs its normal course as certified by the medical director of the hospice or the physician member of the hospice interdisciplinary group and the individual's attending physician if the individual has an attending physician. This decision will be based on prognostic indicators (Local Coverage Determinations) and information from the patient, family, attending physician and any available past medical records.
- 2. Seasons Hospice admits patients only on the recommendation of the medical director in consultation with, or with input from, the patient's attending physician (if any). Patients not accepted under care will be referred to an alternate health care provider.
- 3. The patient/legal representative must make an informed decision to forego curative treatment for the terminal illness in preference for palliative treatment/services.
- 4. For Medicare or Medicaid beneficiaries, the patient/legal representative must make an informed decision to forfeit all treatment for the terminal illness under the Medicare Part A or Medicaid plan and to elect the Medicare or Medicaid Hospice Benefit.
- 5. A Do Not Resuscitate (DNR) order and Advanced Directives are not required for admission to Seasons Hospice.
- 6. As a recipient of Federal financial assistance, Seasons Hospice does not exclude, deny benefits to, or otherwise discriminate against any person on the basis of race, color, creed, religion, gender, national origin, ancestry, disability, handicap, diagnosis, sexual orientation, age, marital status, pregnancy, childbirth, ability to pay, cost of therapy, life circumstances, the presence of a contagious disease or DNR status in admission to, participation in, or receipt of the services and benefits under any of its programs and activities.
- 7. At the time of admission to Seasons Hospice and thereafter, a patient/family must be under the care of a physician who shall be responsible for medical care.
  - CT: Seasons Hospice shall accept a plan of treatment from a chiropractor or podiatrist for services within the scope of their practices.

### ADMISSION CRITERIA

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- 8. Seasons Hospice does not require that the patient have a primary caregiver. If there is no primary caregiver, the hospice team will start discussions upon admission with the patient to make plans for their care when they are no longer able to make decisions for themselves. Refer to <a href="mailto:protocol 2077">protocol 2077</a> "Hospice Patients Without a Known Primary Caregiver".
  - DE: Admission is limited to those patients who have a family member or designated person who is able and willing to assume the role of primary care giver.
  - GA: Seasons Hospice shall only admit patients that have an identified primary caregiver. In the absence of a primary caregiver, Seasons Hospice shall develop a detailed plan for meeting the daily care and safety needs of the patient.
- 9. Physical facilities must be adequate for proper care and a safe environment for patient and hospice staff.
- 10. The patient must live in the geographic areas served by Seasons Hospice:
  - AZ: Maricopa and Pinal Counties
  - CT: All counties in the state of Connecticut
  - CA: Per the requirements of the local DHS office
  - CO: Boulder, Broomfield and Denver cities; and Adams, Arapahoe, Boulder, Broomfield, Clear Creek, Denver, Douglas, Gilpin, Jefferson, Park, and Weld Counties
  - DE: Kent, Newcastle, and Sussex Counties
  - FL (Broward): Broward County
  - FL (Hillsborough): Hillsborough County
  - FL (Miami): Dade and Monroe Counties
  - FL (Pinellas): Pinellas County
  - GA: Barrow, Carroll, Cherokee, Clayton, Cobb, Dawson, DeKalb, Douglas, Fayette, Forsyth, Fulton, Hall, Henry, Gwinnett, Paulding, and Rockdale Counties
  - IL: Boone, Cook, De Kalb, Du Page, Grundy, Kane, Kankakee, Kendall, Lake, LaSalle, McHenry, Ogle, and Will Counties
  - IN: All Counties in the state of Indiana
  - MA: All Counties in the state of Massachusetts
  - MI: Genesee, Hillside, Ingham, Jackson, Lapeer, Lenawee, Livingston, Macomb, Mason, Monroe, Oakland, Shiawassee, St. Clair, Wayne, and Washtenaw Counties
  - MD: Baltimore City; and Anne Arundel, Baltimore, Carroll, Cecil, Harford, Howard, Montgomery, and Prince George Counties
  - MO: St. Louis City, and Franklin, Jefferson, St. Charles, and St. Louis Counties
  - NV: Clark County
  - NJ: Burlington, Camden, Mercer, Middlesex, Monmouth, and Ocean Counties
  - OR: Clackamas, Multnomah, and Washington Counties
  - PA: Berks, Bucks, Chester, Delaware, Lancaster, Lehigh, Montgomery, Northampton, Philadelphia, and York Counties



### ADMISSION CRITERIA

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- TX (Dallas/Fort Worth): Collin, Cooke, Dallas, Denton, Ellis, Fannin, Grayson, Hood, Hunt, Jack, Johnson, Kaufman, Montague, Palo Pinto, Parker, Rains, Rockwall, Somervell, Tarrant, Van Zendt, and Wise Counties
- TX (Houston): Austin, Brazoria, Brazos, Burleson, Chambers, Fort Bend, Galveston, Grimes, Harris, Liberty, Madison, Montgomery, Polk, San Jacinto, Walker, Waller, and Washington Counties
- TX (San Antonio): Atascosa, Bandera, Bexar, Blanco, Caldwell, Comal, Gonzales, Guadalupe, Hays, Kendall, Kerr, Medina, and Wilson Counties
- WA: Snohomish, Pierce, King, and Thurston Counties
- WI: Dodge, Jefferson, Kenosha, Milwaukee, Ozaukee, Racine, Walworth, Washington, and Waukesha Counties
- 11. Seasons Hospice periodically reviews admission criteria for access to hospice care.
- 12. FL & GA: Hospice care will be provided regardless of the patient or the family unit's ability to pay.

Revised:	12/15/99	8/8/00	3/7/05	7/5/05	1/23/06	12/27/06	9/14/07	9/15/08	11/13/08	3/12/11
Revised:	8/5/11	9/17/11	7/30/12	11/18/12	6/1/13	9/9/13	4/8/14	10/27/14	8/24/15	311/16
Revised:	12/14/17	2/20/19	12/18/20							
Reviewed:	2/17/98	3/24/99	4/11/00	2/27/01	5/15/02	3/11/03	5/18/04	6/3/05	11/8/06	4/18/07
Reviewed:	12/19/08	10/16/09	11/22/10	9/9/11	8/17/12	4/26/13	2/21/14	2/20/15	2/19/16	2/24/17
Reviewed:	2/23/18									



### ADMISSION PROCESS

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#### **POLICY:**

All inquiries to Seasons Hospice will have immediate follow-up and admission to hospice within 24 hours of the inquiry unless the patient, family, referral source or physician requests a later admission date.

- 1. A referral may be made by the patient themselves or by someone on their behalf, such as a family member, friend, physician, nurse practitioner, nursing home, group home, hospital, nurse, social worker, or clergy, by calling the hospice office. The referral "Intake" may be taken by any one of the trained hospice staff that is available 24-hours a day, 7-days a week.
- 2. Seasons Hospice will not knowingly offer to pay or agree to accept, directly or indirectly, overtly or covertly, any remuneration in cash or in kind, to or from, another for securing or soliciting a patient.
- 3. If the patient/family is interested in the hospice program, an appointment will be set up for a hospice representative to meet with the patient and/or family to explain the hospice program and to evaluate and determine the patient's needs, eligibility and appropriateness for hospice. If Seasons Hospice can meet these needs and the hospice services are desired, the patient/representative will sign informed consents for hospice care. All requests for admission to the Open Access program will have their treatments reviewed and approved by the Clinical Leadership prior to admission. See <a href="Protocol 2065">Protocol 2065</a> Open Access Admission and Management.
  - AZ: At the time of patient admission, a hospice physician or a registered nurse will assess the patient's medical, social, nutritional and psychological needs and obtain informed consent.
  - CA: The hospice representative will make an initial contact to determine the immediate care and support needs of the patient. This initial contact will occur as soon as possible after receipt of the referral for care. Following the consent of the patient, Seasons Hospice will conduct a comprehensive assessment.
- 4. Seasons Hospice may meet with the patient and/or family to provide hospice information without a physician's order. However, a physician's order will be obtained prior to accessing the patient's medical record or performing a physical assessment. A physician's order to evaluate is valid for up to 30 days.
- 5. The hospice nurse will document prognostic indicators (Local Coverage Determinations) supporting the hospice diagnosis. Seasons Hospice admits a patient only on the recommendation of the medical director in consultation with, or with input from, the patient's attending physician (if any).



### **ADMISSION PROCESS**

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- 6. The patient will be considered admitted to Seasons Hospice after:
  - a) Admission consent and Election of Benefit forms are completed and signed;
  - b) The nursing assessment is completed;
  - c) The plan of care is initiated;
  - d) The physician's orders are obtained, and;
  - e) The hospice physician has approved the admission.
  - AZ: Before admitting an individual as a patient, Seasons Hospice will obtain:
    - 1) The name of the attending physician; and,
    - 2) Documentation that the individual is terminally ill, provided by:
      - a. The individual's attending physician; and
      - b. The hospice medical director or a physician member of the hospice IDG.
  - CT: Any delay in the start of service shall require prior notification to the patient and family. Such notification shall include the anticipated start of service date and the plan while the patient is on the waiting list.
- 7. Seasons Hospice's Admissions Department will verify the License, DEA and NPI of all attending physicians at the time of referral.

Revised:	8/1998	3/2000	6/13/00	11/26/01	3/7/05	4/15/05	1/23/06	12/27/06	9/14/07	12/2/08
Revised:	3/12/11	8/5/11	12/4/11	11/18/12	9/9/13	4/8/14	7/5/16	9/19/18		
Reviewed:	2/17/98	3/24/99	4/11/00	2/27/01	5/15/02	3/11/03	5/18/04	6/3/05	11/8/06	4/18/07
Reviewed:	12/19/08	10/16/09	11/22/10	9/9/11	8/17/12	4/26/13	2/21/14	2/20/15	2/19/16	2/24/17
Reviewed:	2/23/18	2/22/19	2/21/20							



### INFORMED CONSENT

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#### **POLICY:**

Seasons Hospice ensures that an informed consent form that specifies the type of care and services that may be provided as hospice care during the illness has been obtained for every individual, either from the individual or his/her representative. Hospice care and services are never provided without first obtaining a written informed consent.

#### **DEFINITIONS:**

Adult: An individual who has reached or surpassed the age of 18 years old.

#### **PROCEDURES:**

- 1. A hospice representative will explain hospice care and services available through Seasons Hospice to the patient and/or representative. They may elect to receive hospice care during one of the following election periods:
  - An initial 90-day period,
  - A subsequent 90-day period, or
  - An unlimited number of subsequent 60 day periods.

PA Medicaid: The election periods are for (60) days each.

TX & WI Medicaid: The election periods are for (6) months each.

MO Medicaid: Anytime a patient leaves hospice, whether it is a revocation, discharge, or decertification, and then re-elects hospice, it is considered a new election, beginning with an initial certification period of 90 days that requires the certifications signed by both the attending physician and the hospice medical director or physician member of the hospice's interdisciplinary group.

- 2. Before care is provided, the patient shall be advised of:
  - The difference of the palliative rather than curative nature of hospice care;
  - The type and frequency of visits/services proposed to be furnished and any limitations on these services, including the availability of spiritual counseling for the patient and family;
  - Alternatives to hospice services;
  - The patient/family rights and responsibilities;
  - The right to receive an election statement addendum listing any conditions, items, services, and
    drugs that Seasons Hospice determines to be unrelated to the terminal illness and related
    conditions and that would not be covered by the hospice; and, the right to an immediate
    advocacy process through the Beneficiary and Family Centered Care Quality Improvement
    Organization.



# INFORMED CONSENT

- The impact of the election of the Medicare Hospice Benefit on eligibility for reimbursement by Medicare for other health care services (if the patient is a Medicare Beneficiary);
- The patient's right to revoke the hospice benefit at any time;
- The options of a durable power of attorney for health care, advance directive or "do not resuscitate" orders in accordance with applicable law;
- The levels of care available (routine, continuous care, respite, and inpatient-acute);
- Supervision by Seasons Hospice of all services provided;
- The availability of services 24 hours a day / 7 days a week and how to contact on-call staff;
- The fees for services, the extent to which payment for services may be expected from any thirdparty payer, and the charges for services the patient may have to pay in the absence of reimbursement by any third-party payer; and
- The hospice's criteria for discharging the individual from the program.
- 3. The consent forms will include the following:
  - A statement that Seasons Hospice will be providing the care and services;
  - The patient/representative's identification of the attending physician;
  - The patient/representative's acknowledgement that he or she has been given a full understanding of the palliative rather than curative nature of hospice care, as it relates to the patient's terminal illness;
  - An acknowledgement that certain Medicare services are waived by the election of the hospice benefit;
  - Acknowledgement that the patient or patient's representative has received a written copy of the Patients' Rights and Responsibilities;
  - The effective date of the election, which will be the first day of hospice care or a later date (but will not be earlier than the date of the election statement);
  - A disclosure of overlapping ownership of Seasons Hospice and the facility in which the patient resides, if applicable;
  - A complete statement enumerating all charges for services, materials and equipment which shall, or may be, furnished to the patient during the period of hospice care;
  - The prepayment and refund policies and in the case of third party payment, an exact statement of responsibility in the event of retroactive denial (the patient shall be notified in writing of any changes in third party coverage prior to the implementation of such changes;
  - The signature of the patient or representative and the date of the signature; and,
  - The reason why the patient did not sign their own consents (if applicable).
  - AZ: At the time of patient admission, a hospice physician or a Registered Nurse will assess the patient's medical, social, nutritional and psychological needs and obtain informed consent.
  - IN: Seasons Hospice will update, as necessary, a disclosure document to be presented to each potential patient of the hospice program. The disclosure document will contain the items listed in IC 16-25-7-2.



# INFORMED CONSENT

- MA: A copy of the patient/family rights and a statement of patient/family financial responsibilities shall be provided to the patient/family and shall be signed by the patient/family upon admission. If a patient has no family, the copy of the patient/family rights shall be signed by the patient and the primary caregiver.
- 4. If a hospice patient does not have the mental capacity to make healthcare decisions, and had not previously appointed a health care power of attorney, a legal surrogate will be identified in accordance with state law (see attached addendum). The hospice team will inform the surrogate of the hospice plan of care and include the surrogate in decision making related to hospice care and treatment. Two (2) physicians will sign a statement of decisional capacity (or the required state form) as required by state law. The reason the patient cannot sign his/her own consents will be documented on the consent form.
- 5. In the absence of any state law, the following shall apply:
  - A. A legal surrogate may consent to the admission for hospice care of a non-decisional individual who does not have a valid power of attorney for health care, a legal guardian or other legal representative. The following individuals, in the following order of priority, may consent to an admission for hospice care. If there is more than one individual at the highest available level of priority, any person of that level of priority may consent to hospice if no other individual of the same level of priority disagrees with the proposed admission.
    - 1) The spouse of the non-decisional individual;
    - 2) An adult child of the non-decisional individual;
    - 3) A parent of the non-decisional individual;
    - 4) An adult sibling of the non-decisional individual;
    - 5) A grandparent of the non-decisional individual;
    - 6) An adult grandchild of the non-decisional individual;
    - 7) An adult close friend of the non-decisional individual;
    - 8) A member of the bioethics committee of a facility at which the non-decisional individual resides or is receiving treatment when the bioethics committee agrees that hospice care is appropriate for the incapacitated individual;
    - 9) Two non-Seasons physicians who agree that hospice care is appropriate for the non-decisional individual;
  - B. An individual who consents to an admission for the non-decisional individual, may make health care decisions to the same extent as a guardian of the person may and may authorize expenditures related to health care to the same extent as a guardian of the estate may, until the earliest of the following:
    - 1) Death or discharge of the non-decisional individual from hospice care.
    - 2) Appointment of a guardian for the non-decisional individual.



# INFORMED CONSENT

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- 6. Seasons Hospice shall not admit any persons under the age of eighteen (18) years without a signed parent/guardian consent.
- 7. The consents and election statement may be signed for up to (14) days before the start of care. Seasons Hospice does not accept verbal consents for hospice care. Faxed, scanned or emailed consents are acceptable (see <a href="Protocol 2011B">Protocol 2011B</a> Obtaining Remote Consents for additional information).
- 8. The patient/family shall be advised of any significant changes in the type or frequency of services, and of changes to the fee schedule.
- 9. An election to receive hospice care will be considered to continue through the initial election period and through the subsequent election periods without a break in care as long as the patient:
  - Remains in the care of hospice;
  - Does not revoke the election; and
  - Is not discharged from the hospice.

Revised:	11/27/01	1/23/06	7/21/06	12/27/06	9/14/07	9/15/08	12/2/08	5/16/09	3/12/11	8/5/11
Revised:	11/18/12	8/24/15	2/8/16	4/2/16	7/5/16	12/14/17	10/20/20			
Reviewed:	2/17/98	3/24/99	4/11/00	2/27/01	5/15/02	3/11/03	5/18/04	6/3/05	11/8/06	4/18/07
Reviewed:	12/19/08	10/16/09	11/22/10	9/9/11	8/17/12	4/26/13	2/21/14	2/20/15	2/19/16	2/24/17
Reviewed:	2/23/18	2/22/19	2/21/20							



# PLAN OF CARE 214

#### **POLICY:**

The interdisciplinary group (IDG) will collaborate to develop and maintain a plan of care, treatment and services that is individualized and appropriate to the needs, strengths, limitations and goals for each patient/family admitted to the hospice program as it relates to the terminal illness and related conditions. The care provided to the patient will be in accordance with the physicians' orders and the plan of care (POC). The POC will emphasize prevention and control of pain and other distressing symptoms and optimize comfort and dignity.

- 1. All hospice care and services furnished to patients and their families will follow an individualized written POC in accordance with the patient's and family's medical, social, nutritional, and psychological needs and goals (the patient's needs and goals are a priority). The POC is established by the IDG in collaboration with the attending physician (if any) and with the patient or representative and the primary caregiver, if any of them so desire.
  - a) Upon completion of the nursing assessment, the comprehensive POC will be initiated to address the needs identified in the assessment.
  - b) Based on the information gathered in the comprehensive assessment, the POC will be updated to reflect patient and family goals and will include all interventions needed to address the problems identified in the comprehensive assessment.
  - AZ: A patient's physician authenticates the care plan with a signature within (14) calendar days after the care plan is initially developed and whenever the care plan is reviewed or updated.
  - NV: The medical director shall cause a written POC to be established for each patient in the program. Any person who furnishes care to the patient shall adhere to the plan.
  - NJ Medicaid: The POC will be signed by the attending physician, the medical director or physician designee and the IDG.
- 2. The comprehensive POC will include the patient's diagnosis and all services necessary for the palliation and management of the terminal illness and related conditions, including the following:
  - a) Interventions to manage pain, symptoms, and grief, including the level of care to be provided and any safety measures employed to protect the patient from harm;
  - b) A detailed statement of the scope and frequency of services necessary to meet the specific patient and family needs;
  - c) Measurable outcomes anticipated from implementing and coordinating the POC;



# PLAN OF CARE 214

- d) Drugs and treatments necessary to meet the needs of the patient;
- e) Medical supplies, assistive devices and appliances necessary to meet the needs of the patient;
- f) The IDG's documentation of the patient's or representative's level of understanding, involvement, and agreement with the POC;
- g) Designation of the primary caregiver or alternate plan to provide 24-hour care and support in the patient's home to ensure that the patient's needs will be met;
- h) Plans for instructing and educating the patient/family and the designated caregiver as appropriate to their responsibilities for the care and services identified in the POC;
- i) Identification of advance directives;
- j) Plans and arrangements for after the patient's death, once known; and,
- k) Physicians' orders.
- CT: All diagnoses or conditions (primary and secondary), prognosis (including rehabilitation potential), functional limitations, activities permitted and therapeutic diet.
- FL: A description of how needed care and services will be provided in the event of an emergency.
- 3. The hospice IDG in collaboration with the individual's attending physician, if any, will review, revise, and document the individualized POC as frequently as the patient's condition requires but no less frequently than every (15) days; the review must be documented in writing. Communication with the attending physician may be through phone calls, orders received and mailing an updated interdisciplinary POC every (15) days.
  - CT: The POC for all hospice services shall be reviewed and revised by members of the IDG as often as the patient's condition indicates but no less frequently than every 14 days. Case management and monitoring will occur at regular intervals based on the patient's condition, but at least every sixty (60) days. The patient, family, physician or dentist and all Seasons Hospice staff serving the patient shall participate in case management. Summary reports to the patient's physician or dentist of skilled services provided to the patient shall be forwarded within ten (10) days of admission and at least every sixty (60) days thereafter. The original plan and any modification shall be signed by the patient's physician or dentist within twenty-one (21) days.

MD: The interdisciplinary POC will be reviewed, and revised if necessary, at least:

- Every 14 days after admission for home-based hospice services; and
- Every 7 days after admission for inpatient hospice services.



# PLAN OF CARE 214

- MO: The plan will be reviewed and updated by the IDG at a minimum of every two (2) weeks. These reviews will be documented in the patient's medical record. Written reports on the patient's condition will be provided to the attending physician at least every 15 days.
- NJ Medicaid: The POC will be reviewed and updated at least once per month by the attending physician, medical director or physician designee and the IDG. These reviews will be documented in the medical record.
- 4. A POC must include information from the patient's updated comprehensive assessment and must note the patient's progress toward outcomes and goals specified in the POC.
- 5. Seasons Hospice will designate a registered nurse that is a member of the IDG to provide coordination of care and to ensure continuous assessments of each patient's and family's needs and implementation of the interdisciplinary POC. The designated registered nurse is responsible for ensuring that the updated plans of care are placed in the patient's facility or home chart.
- 6. The IDG will maintain and document a system of communication to:
  - a) Ensure that the IDG maintains responsibility for directing, coordinating and supervising the care and services provided;
  - b) Ensure that the care and services are provided in accordance with the POC;
  - c) Ensure that the care and services provided are based on all assessments of the patient's and family's needs;
  - d) Provide for and ensure the ongoing sharing of information between all disciplines providing care and services in all settings, whether the care and services are provided directly or under arrangements;
  - e) Provide for an ongoing sharing of information with other non-hospice healthcare providers furnishing services unrelated to the terminal illness and related conditions. All communications will be documented in the patient's medical record; and,
  - f) Ensure the referral of the patient to appropriate agencies for needed services not provided by Seasons Hospice.
- 7. The written POC will be maintained in the patient's medical record and will be available to all personnel providing patient care. The patient and/or family will have access to the written POC upon request.

Revised:	12/17/01	1/6/05	6/27/05	3/9/06	7/21/06	9/16/06	12/27/06	9/14/07	11/13/08	12/2/08
Revised:	12/19/08	8/22/10	3/12/11	5/11/11	8/5/11	6/1/13	9/9/13	4/8/14	8/24/15	12/14/17
Reviewed:	2/17/98	3/24/99	4/11/00	2/27/01	5/15/02	3/11/03	5/18/04	6/3/05	11/8/06	4/18/07
Reviewed:	12/19/08	10/16/09	11/22/10	9/9/11	8/17/12	4/26/13	2/21/14	2/20/15	2/19/16	2/24/17
Reviewed:	2/23/18	2/22/19	2/21/20							



# PATIENT DISCHARGE

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### **POLICY:**

Seasons Hospice will not automatically or routinely discharge a Medicare patient at its discretion, even if the care promises to be costly or inconvenient, or the State allows for discharge under State requirements.

- 1. No patient will be discharged due to an inability to pay for hospice services or for punitive reasons.
- 2. Seasons Hospice may discharge a live patient for the following reasons:
  - a) The patient moves out of the hospice's service area (including when a patient is admitted to a non-contracted facility) or transfers to another hospice;
  - b) The hospice determines that the patient is no longer terminally ill; or
  - c) The hospice determines that the patient's (or other persons in the patient's home) behavior is disruptive, abusive, or uncooperative to the extent that delivery of care to the patient or the ability of the hospice to operate effectively is seriously impaired. Seasons Hospice will do the following before it seeks to discharge a patient for cause:
    - 1) Advise the patient that a discharge for cause is being considered a Notice of Medicare Non-Coverage form is not required;
    - 2) Make a serious effort to resolve the problem(s) presented by the patient's behavior or situation;
    - 3) Ascertain that the patient's proposed discharge is not due to the patient's use of necessary hospice services;
    - 4) Document the problem(s) and efforts made to resolve the problem(s) and enter this documentation into its medical records; and,
    - 5) Notify the state licensing agency of the discharge for cause and document this notification.
  - CT: Patients will not be discharged from the hospice program solely because of an admission to an inpatient setting with which Seasons Hospice has a coordination of inpatient care agreement.
  - CT Medicaid: No patient shall be discharged for just cause or if he or she is considered no longer terminally ill without a review by the Department of Social Services. When the hospice advises the patient that discharge is being considered either for good cause or because the physician believes the client is no longer terminally ill, a copy of that written communication shall be sent to the Department and the attending physician.
  - GA: Seasons Hospice will not discontinue hospice care, nor shall a patient be discharged or transferred during a period of coordinated or approved appropriate hospital admission for the treatment of conditions related to the patient's terminal illness or any other condition.



# PATIENT DISCHARGE

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- WA: When Seasons Hospice is concerned about a patient's ongoing care and safety when the patient is discharged, it may submit a self-report to appropriate state agencies identifying the reasons for the discharge and the steps taken to mitigate safety concerns.
- 3. When a Medicare patient is being discharged for extended prognosis, Seasons Hospice will notify the patient/responsible person at least two calendar days before the discharge date.

Seasons Hospice will explain to the patient/responsible person that they have the right to appeal the discharge decision and will provide them with the generic form of the Notice of Medicare Provider Non-Coverage which can be found on MNP\Common\Common Forms\Notice of Medicare Provider Non-Coverage\Forms. The patient or legal representative will sign the appropriate form confirming that they have received the written information.

If SHPC is unable to notify the patient/responsible person directly and obtain the signature, an attestation that the patient/responsible person was notified verbally must be completed (the attestation has been incorporated into the Notice of Medicare Provider Non-Coverage generic form).

Regardless of the QIO's decision, the hospice physician should NOT recertify the patient if they do not believe that the patient's prognosis is for a life expectancy of 6 months or less if the terminal illness runs its normal course. In this situation, the patient should still be discharged. Contact the Chief Compliance Officer with any questions.

See Protocol 2047 Medicare Notice of Non-Coverage & QIO and Protocol 2049 Live Discharges for further information and instructions.

Revised:	8/1998	11/10/01	3/2000	6/13/00	2/2002	3/7/05	7/1/05	1/23/06	12/27/06	9/14/07
Revised:	9/15/08	12/2/08	12/19/08	3/12/11	11/18/12	6/1/13	6/9/14	8/24/15	1/22/16	5/12/16
Revised:	7/5/16	12/14/17	9/19/18	2/20/19						
Reviewed:	2/17/98	3/24/99	4/11/00	2/27/01	5/15/02	3/11/03	5/18/04	6/3/05	11/8/06	4/18/07
Reviewed:	12/19/08	10/16/09	11/22/10	11/10/11	8/31/12	5/31/13	4/4/14	3/20/15	3/18/16	3/24/17
Reviewed:	3/12/18									



# MEDICAL SUPERVISION

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### **POLICY:**

All patients shall be under the care of an attending physician, if any, and the hospice medical director or a physician member of the interdisciplinary group (IDG) while receiving hospice services.

### **DEFINITIONS:**

**Attending Physician:** A doctor of medicine or osteopathy legally authorized to practice medicine and surgery by the state in which he or she performs that function or action; or, a nurse practitioner (NP) who meets the federal and state requirements for training, education and experience. Effective January 1, 2019, a physician assistant (PA) may serve as the attending physician for a hospice patient, if allowed by state regulations.

- 1. Each patient's medical record shall clearly indicate the name of the attending physician who is identified by the patient or family at the time he or she elects to receive hospice care as having the most significant role in the determination and delivery of the individual's medical care.
  - CT: An attending physician is a doctor of medicine or osteopathy, licensed in CT or in a state that borders CT, who is identified at the time of selection of hospice care as having the most significant role in the determination and delivery of the patient's medical care.
  - MO: An attending physician is a person who is licensed as a doctor of medicine or osteopathy in MO or in a bordering state.
- 2. The attending physician and hospice physician shall be responsible for the initial certification of terminal illness, verbally within (2) days of admission and in writing before billing. Seasons Hospice expects that two physicians confirm each patient is eligible to receive hospice services. If the hospice physician is also the attending physician, the second evaluation of hospice eligibility should be obtained from another hospice physician, the medical director, or the national medical director.
  - MI: The attending physician and/or hospice physician shall review the patient's medical history and physical assessment within (48) hours before or after the patient's admission to hospice.
- 3. An NP or PA cannot certify or recertify a terminal diagnosis or prognosis of (6) months or less.
- 4. The attending physician and medical director shall be responsible for collaborating with the IDG in developing, evaluating and revising the plan of care.



# MEDICAL SUPERVISION

- 5. Physician orders will be obtained before the start of care. The physician orders shall outline the disciplines providing care, and the type and frequency of services to be provided.
- 6. Care, treatment, and services emphasizing the prevention and control of pain and other distressing symptoms, will be provided using the most recent orders.
- 7. The attending physician will make available to Seasons Hospice all necessary information, including medical history, physical findings, treatments, laboratory and other diagnostic findings, to facilitate continuity of care.
- 8. Tracking will be conducted by each team assistant to facilitate return of signed physician orders.
- 9. Physicians will be contacted when any of the following occurs:
  - Unanticipated changes in the patient's condition;
  - Unexpected response to treatment or medication changes;
  - Laboratory results are received;
  - The patient dies;
  - The patient transfers or is discharged;
  - The patient needs a change in level of care;
  - When orders have not been returned;
  - When the patient/family is not following the physician's orders; and,
  - When allegations of abuse, neglect, or exploitation are made.
- 10. The IDG will coordinate with the patient's attending physician, if any, in reviewing and updating the patient's plan of care at least every 15 days.
- 11. In the event an attending physician is not going to be available, they will notify Seasons Hospice of the name and method to contact the physician providing coverage. If Seasons Hospice is unable to contact the attending physician/designee within a reasonable amount of time, Seasons Hospice physicians will be utilized.
- 12. If the patient changes attending physicians:
  - a. Physician orders will be obtained from the hospice physician until valid orders are obtained from the new attending physician.
  - b. A "Change in Attending Physician" form must be signed by the patient/legal representative.
- 13. If the patient meets admission criteria and requests service but does not have an attending physician, Seasons Hospice will offer the patient the names of physicians who are available to become their attending physician.



# MEDICAL SUPERVISION

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- 14. Additional attending physician responsibilities will include:
  - Remaining in regular communication with the patient and see them as often as necessary to adequately plan for care;
  - Providing complete and accurate patient information about the medical condition and inform Seasons Hospice of changes in the plan of care;
  - Certifying that the eligible patient meets the criteria for services as required for hospice;
  - Being available for consultation when there are changes in the patient's condition or having alternate medical coverage when not available;
  - Signing and returning written orders to the agency as soon as possible;
  - Notifying Seasons Hospice when a referral to another physician or provider is made, if Seasons Hospice services would be affected; and
  - Notifying Seasons Hospice prior to ordering hospitalization and/or diagnostic studies.

### 15. Seasons Hospice's responsibilities include:

- Providing the physician with complete and accurate information when there are unanticipated changes in the patient's medical condition and any changes that would impact the plan of care;
- Being available to the physician for consultation about the patient's medical condition;
- Providing the physician with written updates on the patient's progress;
- Maintaining confidentiality of the patient, physician, and the contents of the plan of care; and,
- Providing the physician with a discharge summary for patients who revoke or are discharged alive.

Revised:	12/18/01	3/7/05	6/27/05	12/27/06	9/14/07	11/13/08	3/12/11	5/11/11	12/4/11	11/18/12
Revised:	6/1/13	7/5/16	12/14/17	9/19/18	9/4/19	10/20/20				
Reviewed:	2/17/98	3/24/99	4/11/00	2/27/01	5/15/02	3/11/03	5/18/04	6/3/05	11/8/06	4/18/07
Reviewed:	12/19/08	10/16/09	11/22/10	11/10/11	8/31/12	5/31/13	4/4/14	3/20/15	3/18/16	3/24/17
Reviewed:	3/23/18	3/22/19	3/20/20							



# **PATIENT & FAMILY EDUCATION**

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#### **POLICY:**

Seasons Hospice will provide patients and caregivers with education and training appropriate to the services provided and needs assessed by the interdisciplinary group or patient/caregiver requests.

- 1. Educational needs or knowledge deficits related to the disease process, medications, patient care and/or hospice services will be assessed during the admission process, and regularly during the provision of hospice care.
- 2. The education provided to the patient and/or caregiver will be based on an assessment of learning style, the patient's condition, identified needs and the services that will be provided.
  - GA: During home care visits, employees will provide continuing education for the patient and primary caregiver regarding the progression of the patient's illness and the patient's care needs.
- 3. The education provided will be appropriate to the patient and/or caregiver's abilities and will take in to consideration:
  - Physical limitations
  - Cognitive limitations
  - Language barriers
  - Religious or cultural practices
- Emotional barriers
- Desire and motivation to learn
- 4. Patients or caregivers who have special educational needs or language barriers will be provided interpreters or assistive devices to facilitate communication as needed.
- 5. Teaching materials will accommodate various learning styles and will be presented in an understandable manner. Teaching materials may include:
  - Oral instructions with repetition as needed
  - Written materials
  - Audio-visual materials
  - Return demonstration
  - Formal or informal classes
  - Support groups, for example, related to disease process or coping skills
  - One-to-one counseling sessions
  - Community resources
- 6. Patient and/or caregiver comprehension of the education will be evaluated with a return demonstration and/or verbal or other acknowledgment of understanding.



# PATIENT & FAMILY EDUCATION

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- 7. All patient and/or caregiver education and instruction, as well as their ability to understand and respond to instructions, will be documented in the patient's record.
- 8. The patient/family teaching issues will be documented in the ongoing interdisciplinary plan of care.
- 9. All members of the interdisciplinary group may participate in patient and/or caregiver education if they have had the necessary training and education to provide these services.

Effective: 3/2000

Revised:	12/04/01	1/6/05	12/27/06	9/14/07	11/18/12	4/8/14				
Reviewed:	4/11/00	2/27/01	5/15/02	3/11/03	5/18/04	6/3/05	11/8/06	4/18/07	12/19/08	11/6/09
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Reviewed:	3/20/20									



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#### **POLICY:**

Hospice patients that live in a skilled nursing facility (SNF), nursing facility (NF), or an intermediate care facility for individuals with intellectual disabilities (ICF/IID) deserve to receive the same high level of quality hospice care as patients who live in their own homes.

- 1. Medicare patients receiving hospice services and residing in a SNF, NF, or ICF/IID are subject to the same hospice eligibility criteria as patients who reside in their own home.
- 2. Seasons Hospice will assume responsibility for professional management of the resident's hospice services provided in accordance with the hospice plan of care and the hospice conditions of participation and will make any arrangements necessary for hospice related inpatient care in a participating Medicare/Medicaid facility.
- 3. Seasons Hospice will have a written agreement with the facility that will be signed by authorized representatives of the hospice and the facility before the provision of hospice services and will include, at a minimum, the following:
  - a. The way the facility and Seasons Hospice are to communicate with each other and document such communications to ensure that the needs of the patients are addressed and met 24 hours a day;
    - GA: The written communication shall specify an individual from the hospice and an individual from the facility who shall be responsible for communication between service providers regarding each patient's treatment and condition and for addressing any care issues. Such communication shall be ongoing throughout the period of hospice service provision and shall be documented in the patient's medical record.
  - b. A provision that the facility immediately notifies Seasons Hospice if:
    - i. A significant change in a patient's physical, mental, social, or emotional status occurs;
    - ii. Clinical complications appear that suggest a need to alter the plan of care;
    - iii. A need to transfer a patient from the facility; Seasons Hospice will make the arrangements for, and remains responsible for, any necessary continuous care or inpatient care necessary and related to the terminal illness and related conditions; or
    - iv. A patient dies.
  - c. A provision stating that the hospice assumes responsibility for determining the appropriate course of hospice care, including the determination to change the level of services provided;



- d. An agreement that it is the facility's responsibility to continue to furnish 24-hour room and board care, meeting the personal care and nursing needs that would have been provided by the primary caregiver at home at the same level of care provided before hospice care was elected;
- e. An agreement that it is the hospices responsibility to provide services at the same level and to the same extent as those services would be provided if the resident were in his or her own home;
- f. A delineation of Season Hospice's responsibilities which include, but are not limited to, providing the following:
  - i. Medical direction and management of the patient;
  - ii. Nursing services;
  - iii. Counseling (including spiritual, dietary and bereavement) services;
  - iv. Social work services;
  - v. Medical supplies, durable medical equipment and drugs necessary for the palliation of pain and symptoms associated with the terminal illness and related conditions; and,
  - vi. All other hospice services that are necessary for the care of the resident's terminal illness and related conditions.
  - GA: The hospice shall provide a copy of any self-determination documentation and shall communicate with the facility as to the procedure for implementation of any advance directive.
- g. A provision that the hospice may use the facility nursing personnel where permitted by State law and as specified by the facility to assist in the administration of prescribed therapies included in the plan of care only to the extent that the hospice would routinely use the services of a hospice patient's family in implementing the plan of care.
- h. A provision stating that the hospice must report all alleged violations involving mistreatment, neglect, or verbal, mental, sexual, and physical abuse, including injuries of unknown source, and misappropriation of patient property by anyone unrelated to the hospice to the facility administrator within 24 hours of the hospice becoming aware of the alleged violation.
- i. A requirement that all contracted entities obtain criminal background checks on contracted employees who have direct patient contact or access to patient records
- j. A delineation of the responsibilities of the hospice and the facility to provide bereavement services to facility staff.



- CO: When hospice services are provided in a long-term care facility, <u>assisted living residence</u> or intermediate care facility for persons with developmental disabilities, there shall be a written agreement that specifies the provision of hospice services in the facility. The written agreement shall be signed by authorized representatives of the hospice and the non-hospice licensed facility prior to the provision of hospice services.
- CT: Seasons Hospice will establish a "Shared Services Agreement" with those providers who may be providing concurrent services to a Seasons Hospice patient (see <u>protocol 2101</u> Shared Services Coordination of Care).
- 4. A written hospice plan of care must be established and maintained in consultation with the facility representatives. All hospice care provided will be in accordance with the hospice plan of care.
  - a. The hospice plan of care must identify the care and services that are needed and specifically identify which provider is responsible for performing the respective functions that have been agreed upon and included in the hospice plan of care;
  - b. The hospice plan of care reflects the participation of the hospice, the facility, and the patient and family to the extent possible; and,
  - c. Any changes in the hospice plan of care must be discussed with the patient or representative, and the facility representatives, and must be approved by the hospice before implementation.
- 5. Seasons Hospice will coordinate services by:
  - a. Designating a member of each interdisciplinary group (IDG) that is responsible for a patient who is a resident of the facility. The designated IDG member is responsible for:
    - i. Providing overall coordination of the hospice care of the facility resident with facility representatives; and,
    - ii. Communicating with facility representatives and other health care providers participating in the provision of care for the terminal illness and related conditions and other conditions to ensure quality of care for the patient and family.
  - b. Ensuring that the hospice IDG communicates with the facility medical director, the patient's attending physician, and other physicians participating in the provision of care to the patient as needed to coordinate the hospice care of the patient with the medical care provided by other physicians;



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- c. Providing the facility with the following information:
  - i. The most recent hospice plan of care specific to each patient;
  - ii. Hospice election form and any advance directives specific to each patient;
  - iii. Physician certification and recertification of the terminal illness specific to each patient;
  - iv. Names and contact information for hospice personnel involved in hospice care of each patient;
  - v. Instructions on how to access the hospice's 24-hour-on-call system;
  - vi. Hospice medication information specific to each patient; and hospice physician and attending physician (if any) orders specific to each patient.
- 6. Seasons Hospice staff will ensure orientation of facility staff furnishing care to hospice patients regarding the following information, at a minimum:
  - a. Hospice philosophy;
  - b. Hospice policies and procedures regarding methods of comfort, pain control, and symptom management;
  - c. Principles about death and dying, including individual responses to death;
  - d. Patient rights;
  - e. Appropriate forms; and,
  - f. Record keeping requirements.

Effective: 12/2/08

Revised:	11/18/12	2/8/16	12/14/17	9/19/18						
Reviewed:	12/19/08	11/6/09	11/22/10	11/10/11	8/31/12	5/31/13	4/4/14	3/20/15	3/18/16	3/24/17
Reviewed:	3/23/18	3/22/19	3/20/20							



# QUALITY ASSESSMENT & PERFORMANCE IMPROVEMENT 501

### **POLICY:**

Seasons Hospice has implemented and will maintain an effective, ongoing, hospice-wide and datadriven quality assessment and performance improvement (QAPI) program that reflects the complexity of the organization and services and includes services provided under contract.

### **DEFINITIONS:**

Adverse Event: Any undesired event which negatively affects the patient, family, or employee, or that impacts the patient or family's satisfaction with hospice care.

- 1. The QAPI program includes processes for collecting, measuring, analyzing, and tracking relevant data, including data related to patient care, adverse patient events, and other aspects of performance.
- 2. The Leadership will set priorities for data collection (to be collected monthly, quarterly or annually) that is used to monitor the effectiveness and safety of services and quality of care and to identify opportunities and priorities for improvement. Leaders may reprioritize performance improvement activities in response to changes in the internal or external environment.
- 3. Performance improvement activities focus on high risk, high volume or problem-prone areas that affect palliative care outcomes, patient safety and quality of care with a consideration of incidence, prevalence and severity of problems in those areas.
- 4. Performance improvement activities track adverse patient events, analyze their causes and implement preventive actions and mechanisms that include feedback and learning throughout the hospice.
- 5. As a result of quality assessment activities, Seasons Hospice takes actions aimed at performance improvement and measures and monitors improved performance to ensure that improvements are sustained.
- 6. The number and scope of annual performance improvement projects (aka QIAPs) is based on the patients' needs and internal organization needs. The projects reflect the scope, complexity, and past performance of the hospice's services and operations.
- 7. Documentation of the QAPI program includes:
  - a) Evidence that demonstrates the operation of the hospice's QAPI program;
  - b) All performance improvement projects being conducted;
    - i. The reasons for conducting each project; and,
    - ii. Measurable progress of each performance improvement project.



# QUALITY ASSESSMENT & PERFORMANCE IMPROVEMENT 501

- 8. The governing body ensures that the QAPI program is developed, implemented, maintained and evaluated annually and delegates leadership and management of the program to the executive director.
- 9. The QAPI Committee, which includes representatives of the scope of the program (e.g. may include social work, spiritual care, music therapy, volunteers, etc), directs and assists in the management of on-going quality assessment and performance improvement activities through regularly scheduled meetings.
  - MA: Seasons Hospice will offer contracted hospice providers the opportunity to participate in the QAPI program.
- 10. The executive director, or designee, ensures the overall implementation of the program and regularly reports activities and findings to the governing body.
- 11. All hospice employees are accountable and responsible for the quality of care and services within their respective departments and are expected to participate in the QAPI program.
- 12. Improvements in processes or outcomes as a result of the QAPI program are communicated throughout the hospice and documented in the meeting minutes of the QAPI Committee.
- 13. Documentary evidence of the functioning and effectiveness of the hospice's QAPI program is maintained by the executive director, or designee.
- 14. FL: Seasons Hospice must submit the State of Florida Department of Elder Affairs Hospice Demographic & Outcome Measures report by March 31<sup>st</sup> of each year which covers January 1 through December 31 of the previous year. The form can be obtained <a href="here">here</a>.

Revised:	8/1998	11/2/98	3/30/05	6/21/05	9/14/07	10/23/08	12/2/08	12/19/08	2/20/10
Revised:	12/16/10	9/17/11	9/21/12	4/15/13	12/9/14	9/19/15			
Reviewed:	2/17/98	3/24/99	4/11/00	2/27/01	5/15/02	3/11/03	5/18/04	6/3/05	9/26/06
Reviewed:	11/27/07	12/19/08	5/5/09	11/22/10	9/9/11	9/21/12	3/29/13	5/23/14	5/22/15
Reviewed:	5/20/16	5/26/17	5/25/18	5/24/19	5/22/20				



# SENTINEL EVENTS

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### **POLICY:**

Seasons Hospice will participate in identifying, reporting, analyzing, and managing sentinel events in order to help prevent the occurrence (or recurrence) of such incidents and to improve patient care.

### **DEFINITIONS:**

Sentinel Event: A patient safety event (not primarily related to the natural course of the patient's illness or underlying condition) that reaches a patient and results in death, permanent harm or severe temporary harm.

Severe temporary harm: Critical, potentially life-threatening harm lasting for a limited time with no permanent residual, but requires transfer to a higher level of care/monitoring for a prolonged period of time, or additional major surgery, procedure or treatment to resolve the condition.

- 1. Seasons Hospice takes actions to prevent sentinel events by having a vigorous quality assessment and performance improvement (QAPI) program, by addressing adverse events and by asking patients, families, and employees to report any concerns about the quality or safety of the care provided.
- 2. Sentinel events that are reviewable under The Joint Commission's Sentinel Event policy include the following:
  - a) Suicide of any patient receiving care, treatment or services in a staffed around-the-clock care setting or within 72 hours of discharge, including from an emergency department;
  - b) Abduction of any patient receiving care, treatment or services;
  - c) Any elopement (unauthorized departure) of a patient from a staffed around-the-clock care setting leading to the death, permanent harm, or severe temporary harm of the patient;
  - d) The rape, assault (leading to death, permanent harm, or severe temporary harm), or homicide of any patient receiving care, treatment, or services while on site at the organization;
  - e) The rape, assault (leading to death, permanent harm or severe temporary harm) or homicide of a staff member, licensed independent practitioner, visitor or vendor while on site at the organization;
  - f) An invasive procedure on the wrong patient, at the wrong site, or is the wrong (unintended) procedure;



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- g) Fire, flame, or unanticipated smoke, heat, or flashes leading to death, permanent harm or severe temporary harm;
- h) A patient fall leading to death, permanent harm or severe temporary harm as a direct result of the injuries sustained in the fall; or,
- i) Any patient death, permanent harm or severe temporary harm associated with a medication error.
- 5. Examples of sentinel events that are <u>not</u> reviewable under The Joint Commission's Sentinel Event Policy include the following:
  - a) Any close call ("near miss");
  - b) Medication errors that do not result in death or major permanent loss of function;
  - c) Any sentinel event that has not affected a recipient of care;
  - d) A death or loss of function following a discharge against medical advice (AMA);
  - e) Full or expected return of limb or bodily function to the same level as prior to the adverse event within two weeks of the initial loss of said function;
  - f) Unsuccessful suicide attempts unless resulting in major permanent loss of function;
  - g) Suicide other than in an around-the-clock care setting or following elopement from such a setting; and,
  - h) Minor degrees of hemolysis not caused by a major blood group incompatibility and with no clinical sequelae.
- 6. Any employee that becomes aware of a potential sentinel event must report this immediately to their supervisor. The supervisor will immediately notify the National Director of Quality & Field Compliance (NDQFC) and the Executive Director. The NDQFC will provide support and guidance through the root cause analysis and will notify the Chief Compliance Officer or Chief Counsel, if applicable.
- 7. Seasons Hospice recognizes that a sentinel event (whether it is reviewable or not) requires an immediate investigation and response. This response will include, at a minimum, the following:
  - Conducting a timely, thorough, and credible root cause analysis;
  - Developing an action plan designed to implement improvements to reduce risk;



# SENTINEL EVENTS

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- Implementing the improvements;
- Monitoring the effectiveness of those improvements; and
- Reporting the sentinel event to the Joint Commission (for JC accredited sites only)
- CA: Occurrences that threaten the welfare, safety or health of patients or hospice personnel shall be reported to the California Department of Health Services.
- 8. The root cause analysis will be initiated by the appropriate manager within five (5) days of the event (or learning of the event) and the analysis will be completed within forty-five (45) days. The root cause analysis will:
  - Focus primarily on systems and processes, not on individual performance;
  - Progress from special causes in clinical processes to common causes in organizational processes;
  - Repeatedly research by asking "Why?", then when answered, "Why?" again, and so on;
  - Identify changes that could be made in systems and processes which would reduce the risk of such events occurring in the future; and,
  - Be thorough and credible.
- 9. The executive director or his/her designee will inform the patient (or family, as appropriate) about unanticipated outcomes of care, treatment and services relating to that patient.
- 10. Seasons Hospice employees will be educated about sentinel events during their orientation, annually and on an as needed basis.
- 11. All reports related to sentinel events will be retained in a secure location by the executive director. Sentinel events will be reported to the QAPI Committee and the governing body.
- 12. Sample forms for the Root Cause Analysis can be found on the Joint Commission website.

Revised:	2/2002	12/11/01	2/11/05	6/2/06	10/23/06	11/27/07	12/19/08	2/20/10	12/16/10	4/15/13
Revised:	10/13/14	9/19/15	10/6/16	10/31/18						
Reviewed:	2/17/98	3/24/99	4/11/00	2/27/01	5/15/02	3/11/03	5/18/04	6/2/05	9/26/06	11/27/07
Reviewed:	12/19/08	5/5/09	11/22/10	9/9/11	9/21/12	3/29/13	5/23/14	5/22/15	5/20/16	5/26/17
Reviewed:	5/25/18	5/24/19	5/22/20							



# FINANCIAL MANAGEMENT

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#### **POLICY:**

All aspects of business conducted by Seasons Hospice shall be conducted in compliance with local, state and federal regulations, accepted business practice and generally accepted accounting principles.

- 1. A claim will only be submitted when appropriate documentation supports the claim and only when such documentation is maintained, appropriately organized, in a legible format, and available for audit and review.
- 2. All claims will indicate that the diagnosis and codes for hospice care reported on the claim are based on the patient's medical record and other documentation, as well as comply with all applicable official coding rules and guidelines. All codes used by billing staff will accurately describe the service that was ordered by the physician and performed by the interdisciplinary group.
- 3. Compensation for billing personnel shall offer no financial incentive to submit claims regardless of whether they meet applicable coverage criteria for reimbursement or accurately represent the services rendered.
- 4. A process for pre-billing review shall be conducted on a regular basis by the Health Information Department to ensure that all claims submitted for reimbursement accurately represent medically necessary services provided.
- 5. Seasons Hospice's policies and procedures shall prevent services being provided by unqualified or unlicensed persons or by sanctioned individuals, and therefore, preventing the submission of claims for such services.
- 6. Seasons Hospice shall employ/contract with individuals fully knowledgeable in properly completing cost reports.
- 7. Costs shall not be claimed unless they are reimbursable, reasonable, and are based on appropriate and accurate documentation. Unallowable costs shall not be claimed for reimbursement.
- 8. Allocation of costs to various cost centers shall be made accurately and be supported by verifiable and auditable data.
- 9. Medicare fiscal intermediary prior year audit adjustments shall be implemented and either claimed for reimbursement or clearly identified as protested amounts on cost reports.
- 10. Any return of overpayments shall be appropriately reflected in cost reports.



# FINANCIAL MANAGEMENT

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Effective: 3/12/02

Directive. 3	, 12,02									
Revised:	7/9/09	12/2/14	9/20/15							
Reviewed:	5/15/02	3/11/03	5/18/04	6/3/05	5/10/06	4/24/07	12/19/08	7/9/09	11/22/10	11/10/11
Reviewed:	8/10/12	6/28/13	6/20/14	6/19/15	6/17/16	6/23/17	6/22/18	6/21/19	6/19/20	



# PROGRAM EVALUATION

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#### **POLICY:**

The executive director and leadership team will conduct an overall evaluation of their program at least annually.

- 1. The evaluation shall consist of the following areas:
  - Organization review;
  - Policy and administrative review; and,
  - Clinical record review.
- 2. The evaluation shall assess the extent to which Seasons Hospice's program(s) are appropriate, adequate, effective and efficient.
- 3. As part of the evaluation process, the policies and administrative practices shall be reviewed to determine the extent to which they promote patient/family care that is appropriate, adequate, effective and efficient.
- 4. Seasons Hospice will collect data on an ongoing basis, including demographic and patient related data. The data to be considered may include, but not be limited to:
  - Financial report;
  - Operating budget;
  - Patient statistics including census, length of stay, patient demographics, referral sources, major diagnostic categories, and the number of and reasons for non-admits;
  - Quality Assessment & Performance Improvement activities, including current monitors, data collection, analysis and implementation strategies;
  - Human resources report, including staffing and volunteer levels, competency assessment data, competency maintenance and enhancement activities, volunteer hours and cost savings report;
  - Program specific reports as appropriate, such as new program development, bereavement, community outreach;
  - Continuum of care: joint ventures with hospitals, home care, nursing homes and other partnership organizations and sites of care, status of new contracts, or joint performance improvement projects; and,
  - Requests for governing body support, especially regarding marketing and technical support.
- 5. The executive director will report the results of the evaluations to the governing body at least annually with recommendations as appropriate.



# PROGRAM EVALUATION

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- 6. The governing body will authorize actions to be taken in response to the reported evaluations.
- 7. Results of the annual evaluation shall be maintained separately as administrative records.

IN: Documentation of the evaluation must include:

- Criteria and methods used to accomplish it;
- Names and credentials of individuals who did the evaluation; and,
- Action taken because of findings, including any subsequent policy change
- 8. CT: There shall be a professional advisory committee appointed by the governing authority. The functions of the professional advisory committee shall be to participate in the agency's quality assurance program to the extent defined in the quality assurance program policies and to recommend and at least annually review agency policies.
  - NJ: The governing body shall appoint an advisory group which ensures participation by at least one physician, the executive director, the director of clinical operations and/or the nursing supervisor, a consumer and at least one representative of the interdisciplinary group. At least one member of the advisory group shall be neither an owner nor an employee of Seasons Hospice. This full advisory group will meet at least annually. Responsibilities will include, but are not limited to, the annual review of policies.

Lifective. 2	710/1777									
Revised:	9/2001	9/12/07	9/15/08	11/13/08	11/17/12	9/9/13	4/7/14	9/20/15		
Reviewed:	2/17/98	3/24/99	4/11/00	2/27/01	5/15/02	3/11/03	5/18/04	6/3/05	5/10/06	4/24/07
Reviewed:	12/19/08	7/9/09	11/22/10	11/10/11	8/10/12	6/28/13	6/20/14	6/19/15	6/17/16	6/23/17
Reviewed:	6/22/18	6/21/19	6/19/20							



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#### **POLICY:**

Seasons Hospice will maintain an Emergency Operations Plan that is designed to coordinate its communications, resources and assets, staff responsibilities, utilities, and patient clinical and support activities during an emergency.

- 1. The leadership at each site will develop and maintain an emergency operations plan based on a hazardous vulnerability analysis that is specific to its site.
- 2. All employees, volunteers and contracted staff will be educated on the emergency operations plan during orientation and at least every two (2) years thereafter, including the staff's assigned emergency response roles. The education will be documented and updated annually and when the roles change. Staff knowledge of emergency procedures will be demonstrated.
- 3. The Emergency Operations Plan (EOP) will be available to all staff and volunteers, including those on the inpatient centers, to review procedures that are necessary to protect patients and others.
- 4. The EOP will be based on, and include, a documented, facility-based and community-based risk assessment, utilizing an all-hazard approach. Emergency situations that may affect the ability for Seasons Hospice to provide care include:
  - a) Natural events, for example, extremes in cold or heat, hurricanes, floods, or snowstorms
  - b) Human related events, for example, epidemics, a shooter on the premises, or terrorist activities
  - c) Technological events, for example, phone or computer failure
- 5. The EOP will include, at a minimum, the following information:
  - a) Key Definitions so that a common language is used during any event that threatens to disrupt normal hospice operations.
  - b) A description of the patient population served by the hospice (see Patient Triage Categories) and the extent to which Seasons Hospice will provide care to additional patients during an emergency;
  - c) Identification of potential risks in the community that could impact Seasons Hospice's ability to provide care for our patients (see Emergency situations);
  - d) Mitigation and preparedness steps including patient education, based on the patient's condition and assessed needs (clinical, functional, and communication needs; reliance upon equipment or assistive devices; and available caregiver support) and regarding procedures to follow if care, treatment or services are disrupted by a natural disaster or emergency.



- e) Response to emergencies, including at a minimum, the following:
  - 1) The process for informing state and local emergency preparedness officials before, during, and after emergencies of the following:
    - i. Patients for whom the organization is unable to contact to determine service needs;
    - ii. Patients in need of evacuation due to their medical or behavioral health condition or home environment; and,
    - iii. Any on-duty staff that Seasons Hospice is unable to contact.
  - 2) A communications plan that includes, at a minimum, the following:
    - i. The names and contact information for hospice employees; patients' physicians; volunteers; contracted entities; relevant federal, state, tribal, regional and local emergency preparedness staff; and, any other potential response partners (e.g. home health agencies, other hospices, etc.);
    - ii. The hospice's primary and alternate means of communicating with hospice employees and federal, state, tribal, and local emergency management agencies;
    - iii. The hospice's arrangements for communicating information and medical documentation on patients under the hospice's care, as necessary, with other health care providers to maintain continuity of care as permitted under 45 CFR 164.510(b)(1)(ii);
    - iv. The process for communicating information about the general condition and location of patients under the hospice's care to public and private entities assisting with disaster relief (e.g. The Red Cross) as permitted under 45 CFR 164.510(b)(4); and,
    - v. The process for communicating information about the hospice's needs and the ability to provide assistance to the authority having jurisdiction, the incident command center, or designee.
  - 3) Maintaining documentation of completed and attempted contact with the local, state, tribal, regional, and federal emergency preparedness officials in the service area (including inperson meetings; conference calls; emails; participation in health care coalitions, committee, boards, working groups; and attendance at educational events presented by the emergency preparedness officials).
  - 4) A plan for how the hospice will obtain and replenish nonmedical supplies (including food, bedding, and other provisions consistent with the hospice's plan for sheltering on site) that will be required in response to an emergency.
  - 5) A description of how state and federally designated health care professionals will be incorporated into the staffing strategy for addressing a surge in needs during an emergency.



- 6) Arrangements with other hospices and/or other providers to receive patients in the event of limitations or cessations of operations to maintain continuity of services to Seasons Hospice's patients.
- 7) Inpatient Centers will also include the following in their EOP:
  - i. The identification of alternative sites for care, treatment, and services that meet the needs of the hospice patients during emergencies;
  - ii. A procedure for requesting a <u>1135 waiver</u> for care and treatment at an alternative care site identified by emergency management officials;
  - iii. The plan to shelter inpatient patients and hospice staff on site who remain in the inpatient center during an emergency, including food, water, medications, personal hygiene, essential space, utilities, and supplies;
  - iv. Arrangements for transporting some or all patients and their requisite medications, supplies, and equipment, and staff to alternative care site(s) when the inpatient center cannot support care, treatment, and services;
  - v. A system for tracking the location of patients and employees sheltered on site during an emergency, including the name and location of the receiving facility or alternate site in the event a patient and/or employee(s) are relocated during the emergency.
  - vi. An alternative means of providing the following:
    - a. Electricity;
    - b. Water needed for consumption and essential care activities;
    - c. Water needed for equipment and sanitary purposes;
    - d. Essential utility systems (e.g. heating and cooling systems);
    - e. Emergency lighting;
    - f. Fire detection, extinguishing and alarm systems;
    - g. Sewage and waste disposal and,
    - h. Management of hazardous materials.
  - vii. A plan for evacuating patients from one section or floor to another within the building, or, completely outside the building when the building cannot support care, treatment, or services which includes, at a minimum, the following:
    - Care and treatment needs of patients when deciding where they will be evacuated to (e.g. transport to an alternative site in the community or discharge to home);
    - b. Primary and alternate means of communication with external sources of assistance regarding patient care; and,
    - c. Transportation for the evacuated patient to an alternative site.
- 8) Inpatient Centers (IPC) that will be following the host facility's EOP must demonstrate its participation in the integrate emergency preparedness program through the following:
  - i. Designation of a staff member(s) who will collaborate with the host facility in developing the program;



- Documentation that the IPC has reviewed the community-based risk assessment developed by the host facility's integrated all-hazards emergency management program;
- iii. Documentation that the IPC's individual risk assessment utilized an all-hazard approach and is incorporated into the host facility's integrated program;
- iv. Documentation that the IPC's patient population, services offered, and any unique circumstances of the Inpatient Center are reflected in the host facility's integrated program.
- v. Documentation of an integrated communication plan, including information on key contacts in the host facility's integrated program;
- vi. Documentation that the IPC participates in the review of the host facilities integrated program at least ever;
- vii. Documentation of the integration of communication procedures for emergency planning and response activities in coordination with the host facility's integrated emergency preparedness program;
- viii. Documentation of the identification of the IPC's emergency preparedness, response, and recovery activities that are coordinated with the host facility's integrated program (e.g. acquiring or storing clinical supplies, assigning staff to the local health care coalition to create joint training protocols, etc.);
  - ix. Documentation of the IPC's communication and/or collaboration with local, tribal, regional, state, or federal emergency preparedness officials through the host facility's integrated program;
  - x. Documentation of coordination of operations planning with the host facility; and,
- xi. Plans for integrated training and exercise activities with the host facility's integrated program.
- 9) Seasons Hospice will implement the "EMR Down" process whenever the electronic medical record is not usable during an emergency to preserve patient information, protect confidentiality of patient information, and secure and maintain the availability of records.
- f) Recovery depending on the scope and severity of the emergency, the activated Command Center may continue for hours, or even days post-emergency, to ensure staff and patient safety.
- g) A Continuity of Operations Plan that includes, at a minimum, the following:
  - 1) Continuity of facilities and communications to support hospice functions at the original site or alternate site(s), in case the original site is incapacitated;
  - 2) A succession plan that lists who replaces the key leader(s) during an emergency if the leader is not available to carry out his or her duties; and,



- 3) A delegation of authority plan that describes the decisions and policies that can be implemented by authorized successors during an emergency and criteria or triggers that initiate this delegation.
- 5. Seasons Hospice will conduct at least two EOP exercises each year:
  - a) One of the annual exercises will be an operations-based exercise that is conducted either as part of a full-scale community exercise, or if a community exercise is not available, it will be a facility based, functional exercise.
  - b) The other annual exercise may be a mock disaster drill or a tabletop exercise which will include a group discussion led by a facilitator using a narrated, clinically relevant emergency scenario and a set of problem statement, directed messages, or prepared questions designed to challenge the emergency plan.
  - c) If Seasons Hospice activates the EOP in response to one or more actual emergencies, these emergencies can serve in place of emergency response exercises;
  - d) The scope of the exercise reflects the response procedures described in the Emergency Operations Plan and, at a minimum, the exercise reviews and confirms the following:
    - i. Staff communication procedures and content as well as assigned roles and responsibilities related to essential response functions;
    - ii. How the hospice will communicate with patients during an emergency;
    - iii. Communications with any response partners as described in the EOP (for example, vendors, contracted providers, drug suppliers, the national team, local hospital, or county emergency operation centers); and,
    - iv. Business continuity and recovery strategies for restoring the hospice's capabilities to provide care, treatment, or services after an emergency.
  - e) The exercises sufficiently stress the EOP to identify weaknesses in key areas of safety by doing the following:
    - i. Activating and testing patient acuity assignment and tracking procedures to validate the ability to identify and locate high risk patients; and,
    - ii. Activating and testing key care, treatment, or service processes consistent with planned response activities (e.g. medication management, DME and supplies, instructions for self-evacuation, medical record documentation, coordination of information with alternative care sites, etc.).
- 6. An evaluation of the EOP must be completed after each event, whether it was an actual emergency or a planned exercise. The evaluation must include an identification of deficiencies and opportunities for improvement based upon monitoring activities and observations during the event and will be completed by representatives of administration, clinical and support staff. Seasons



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Hospice will modify the EOP in response to the evaluation; future exercises or real emergencies will evaluate the effectiveness of the modifications.

7. The EOP, including the communication plan, will be reviewed and updated at least every two (2) years. The review and updates will be presented at the Quality Assessment Performance Improvement Committee meeting.

Effective: 8/2000

Revised:	2/11/05	6/27/06	9/11/07	12/19/08	3/13/11	9/13/13	12/9/14	11/15/17	10/27/20	
Reviewed:	2/27/01	5/15/02	3/11/03	5/18/04	6/3/05	9/1/06	7/25/07	12/19/08	5/5/09	11/22/10
Reviewed:	9/9/11	9/21/12	7/26/13	7/25/14	7/24/15	7/22/16	7/21/17	7/20/18	7/26/19	7/24/20



# **EQUAL EMPLOYMENT OPPORTUNITY**

802

### **POLICY:**

Seasons Hospice provides equal employment opportunities to all people without regard to race, color, religion, national origin, ancestry, sex, pregnancy, sexual orientation, gender identity, gender expression, parental status, marital status, order of protection status, age, disability, citizenship, veteran status, military status, unfavorable discharge from military service, genetic information or testing, and any other characteristics protected by federal, state, or local law, and promotes the full realization of an inclusive employment policy.

### **PROCEDURES:**

- 1. Seasons Hospice is fully committed to equal opportunity and equal consideration to all applicants and employees in employment matters and practices including recruitment, hiring, placement, promotion, demotion, compensation, discipline and collective actions, transfer, training, leaves of absence, lay-off, or termination.
- 2. Any employee who has questions regarding this policy or feels that Seasons Hospice is failing in its dedication to equal employment opportunity should contact their supervisor, any member of management, or Human Resources. Please follow the complaint procedure set forth in Seasons Hospice's Anti-Harassment/Anti-Discrimination policy and, if necessary, the reconsideration process. Seasons Hospice will likewise be guided by that policy's procedures and prohibition against retaliation should any complaints or concerns be raised.
- 3. Seasons Hospice's Equal Employment Opportunity Policy is communicated to all relevant audiences within and outside Seasons Hospice.
  - The policy is included on the Seasons' intranet.
  - A copy of this document will be given to every employee.
  - This policy will be thoroughly discussed in New Hire Orientation.
  - Legal employee notices required by the Equal Employment Opportunity Commission will be posted in each Company location.
- 3. Any report of a discrimination complaint will not cause retaliation.

Revised:	9/4/98	7/21/06	11/13/08	6/19/10	12/7/15	1/16/18				
Reviewed:	2/17/98	3/24/99	4/11/00	2/27/01	5/15/02	3/11/03	5/18/04	6/3/05	7/18/06	7/10/07
Reviewed:	12/19/08	12/15/09	12/17/10	12/16/11	10/26/12	8/30/13	8/22/14	5/5/15	8/21/15	8/19/16
Reviewed:	8/25/17	8/24/18	8/23/19	8/21/20						



# ORIENTATION PERIOD

804

### **POLICY:**

All newly hired employees and existing employees who have a change in position will participate in an orientation period for up to (90) days from date of hire or effective date of change.

- 1. The orientation period for full-time employees starts on the first day of employment and continues for (90) consecutive calendar days. Orientation period for a part-time/resource employee will vary based on schedule.
- 2. The general classroom orientation for new hires will include a review of Seasons Hospice's mission, vision and values; employment policies/procedures, and protocols; a review of hospice philosophy, objectives, and goals; a review of the organizational structure; and a description of the client population and geographic area served. The discipline specific orientation will include a review of safety measures, appropriate interactions with patients and families, and applicable state and federal regulations and policies/procedures and protocols governing the delivery of the care provided by the discipline.
  - CT: The Homemaker or Hospice Aide shall be provided with ten (10) hours of orientation prior to the individual providing homemaker or hospice aide services. Seasons Hospice will provide training and education on Alzheimer's Disease/Dementia symptoms and care to all staff providing direct care, upon employment and annually thereafter.
  - FL: Upon beginning employment with Seasons Hospice, each employee will receive basic written information about interacting with persons who have Alzheimer's disease or dementia-related disorders. Additional education will be provided to employees who are expected to, or whose responsibilities require them to, have direct contact with participants who have Alzheimer's disease or dementia-related disorders.
  - MO: Seasons Hospice will provide dementia-specific training about Alzheimer's disease and related dementias to their employees and those persons working as independent contractors who provide direct care to or may have daily contact with residents, patients, clients or consumers with Alzheimer's disease or related dementia. The training will be provided annually and updated as needed.
  - NJ: Seasons Hospice will develop and implement a staff orientation and a staff education plan, including plans for each service and designation of the person(s) responsible for training. In addition, Seasons Hospice shall provide access to approved programs in Human Trafficking Handling and Response Training for employees who have direct contact and / or interaction with facility patients and / or visitors of facility patients.



# ORIENTATION PERIOD

804

- TX: All personnel who are direct care staff and who have direct contact with patients (employed or under contract) will sign a statement that they have read, understand and will comply with all applicable company policies.
- 3. All newly hired employees and existing employees who have a change in position will be evaluated upon completion utilizing both the (90) day performance appraisal and the discipline specific competency.
- 4. Discipline specific competencies must be completed prior to an employee providing independent hands-on patient care. The supervisor, or a qualified designee, must complete the initial competency assigned for their job description(s) during a supervisory visit.
- 5. Employment may be terminated if the employee's performance or conduct during the orientation period does not meet Seasons Hospice standards.
- 6. Under appropriate circumstances, the employee's supervisor may decide to extend the orientation period for an additional period of time. Reasons for extending the orientation period include but are not limited to:
  - additional time needed for training;
  - more time to evaluate the employee's performance; or,
  - an extended absence of (5) or more individual or consecutive days.
- 7. When an employee completes the orientation period, the relationship with Seasons Hospice is still one of employment-at-will.

Revised:	9/7/01	8/14/02	7/21/06	9/13/07	11/13/08	3/13/11	5/11/11	9/9/13	12/6/13	4/7/14
Revised:	12/7/15	1/16/18	12/4/18							
Reviewed:	2/17/98	3/24/99	4/11/00	2/27/01	5/15/02	3/11/03	5/18/04	6/3/05	7/18/06	7/10/07
Reviewed:	12/19/08	12/15/09	12/17/10	12/16/11	10/26/12	8/30/13	8/22/14	5/5/2015	8/21/15	8/19/16
Reviewed:	8/25/17	8/24/18	8/23/19	8/21/20						



## IN-SERVICE EDUCATION / STAFF DEVELOPMENT

814

#### **POLICY:**

In-service education and staff development programs are provided for employees and will be appropriate to their responsibilities and to the maintenance of skills necessary to care for patients and families.

#### **PROCEDURES:**

- 1. An annual educational needs assessment will be conducted for all employees.
- 2. All direct patient care employees will attend in-service education programs at least once annually. These programs will be based on identified needs.
  - AZ: Seasons Hospice will provide each staff member with a minimum of two (2) clock hours of annual in-service education in palliative care.
  - CA: Seasons Hospice shall provide or make provisions for at least quarterly in-service education programs to its employees and volunteers who have direct patient contact. In addition, Seasons Hospice shall provide employees annual training on the Seasons Hospice workplace violence prevention plan.
  - CO: Seasons Hospice shall have a program for education and training that offers a minimum of 20 hours of education annually to enhance hospice related skills for all employees who provide direct patient care. Seasons Hospice will maintain documentation of the annual education and training offered.
  - CT: Each employee serving patients will receive an average of at least one (1) hour of in-service education per month. The in-service education shall include current information regarding drugs and treatment, specific service procedures and techniques, recognized professional standards, and criteria and classification of patients serviced. Six (6) hours of the annual inservice education requirement shall address topics related to hospice care. In addition, Seasons Hospice will provide training and education on Alzheimer's disease and dementia symptoms and care to all staff providing direct care upon employment and annually thereafter.
  - FL: Seasons Hospice shall provide 24 hours of in-service training each biennium for certified nursing assistants during monthly HHA education and/or Annual Review materials that will include: bloodborne pathogens, infection control, domestic violence, medical record documentation and legal aspects appropriate to nursing assistants, resident rights, communication with cognitively impaired clients, CPR skills, and medical error prevention and safety.
  - GA: Seasons Hospice will have an effective annual training and education program for all staff and volunteers who provide direct care to patients that addresses, at a minimum, emerging trends in infections control, recognizing abuse and neglect and reporting requirements, patient rights, and palliative care.



## IN-SERVICE EDUCATION / STAFF DEVELOPMENT

814

- IL: All employees shall attend in-service education programs pertaining to their assigned duties at least annually. Written records of program content and personnel attending each session shall be maintained.
- MO: Dementia-specific training about Alzheimer's disease and related dementias shall be incorporated into orientation for new employees with direct patient contact and independent contractors with direct patient contact. The training shall be provided annually and updated as needed.
- NJ: Seasons Hospice shall develop and implement a staff education plan, including plans for each service and designation of the person(s) responsible for training.
- TX: The administrator and alternate administrator are required to complete continuing education hours per 97.259 of the Texas Licensing Standards (see protocol 6016 Administrator and Alternate Administrator Training Texas Only).
- 3. Seasons Hospice will provide job-specific training to all employees and will:
  - Ensure that personnel are properly oriented to assigned tasks;
  - Ensure demonstration of competency for tasks when competency cannot be determined through education, license, certification or experience; and,
  - Ensure personnel are informed of changes in techniques, philosophies, goals, patient's rights, policies, procedures, protocols, equipment, products and new populations served.
- 4. Educational programs may be held in conjunction with vendors or other health care organizations.
- 5. In-service and staff development includes programs relevant to all of the services offered by Seasons Hospice.
- 6. Attendance is documented using a sign-in sheet at the in-service and/or programs. Employees who attend staff development programs outside the agency should submit documentation of attendance to be included in the employee's personnel record.
- 7. An educational/in-service attendance record will track all offsite and onsite educational in-services that employees attend and is available to all appropriate state, federal and accrediting agencies.
- 8. Seasons Hospice will maintain the following documentation of in-service/staff development programs:
  - a) Program subject, date, and content or summary;
  - b) Copies of handouts; and,
  - c) Program attendee names and titles.



## IN-SERVICE EDUCATION / STAFF DEVELOPMENT

814

- 9. Hospice Aides will receive at least twelve (12) hours of in-service training during each 12-month period (on an employment anniversary basis). This training will be provided by or under the supervision of a Registered Nurse and documentation demonstrating that this requirement has been met will be maintained.
- 10. At the discretion of the Executive Director or Clinical Director, employees may attend in-service programs during the course of their workday and may be given time off with pay to attend such programs. Employees will not be paid for attending education programs that occur outside of their regularly scheduled hours.
- 11. Approval for an absence from required in-service education sessions must be obtained prior to the session from the employee's supervisor.
- 12. If an employee's license or certification depends upon attending a required number of hours of inservice education sessions, it is the employee's responsibility to meet that requirement to continue their employment.

Effective: 5/2000

Revised:	2/22/02	3/9/06	7/21/06	9/13/07	11/13/08	12/2/08	6/19/10	9/20/11	10/7/11	12/16/11
Revised:	11/18/12	6/4/13	4/7/14	12/7/15						
Reviewed:	2/17/98	3/24/99	4/11/00	2/27/01	5/15/02	3/11/03	5/18/04	6/3/05	7/18/06	7/10/07
Reviewed:	12/19/08	12/15/09	12/17/10	12/16/11	10/26/12	8/30/13	8/22/14	8/21/15	8/19/16	8/25/17
Reviewed:	8/24/18	8/23/19	8/21/20							



# CONTINUING EDUCATION

815

#### **POLICY:**

Seasons Hospice supports the continuing education of its employees.

#### **PROCEDURES:**

- 1. Full time regular employees of Seasons Hospice who have successfully completed their (90) day orientation period are eligible for participation.
- 2. All courses and programs must be directly related to increasing the employee's professional knowledge/skills with hospice, improving the day-to-day business operations of the hospice or improving patient/family care.
- 3. Expenses which may be reimbursed include:
  - Travel, lodging and meals, if necessary,
  - Cost of registration and tuition, and/or
  - Training materials and books necessary for course work.
- 4. Continuing education requests will be approved by the Executive Director or designee based on budgetary considerations.

Effective: 2/18/1997

Revised:	3/9/06									
Reviewed:	2/17/98	3/24/99	4/11/00	2/27/01	5/15/02	3/11/03	5/18/04	6/3/05	7/18/06	7/10/07
Reviewed:	12/19/08	12/15/09	12/17/10	12/16/11	10/26/12	8/30/13	8/22/14	8/21/15	8/19/16	8/25/17
Reviewed:	8/24/18	8/23/19	8/21/20							



## TUITION ASSISTANCE LOANS

816

#### **POLICY:**

Seasons Hospice provides tuition loans to eligible employees who enroll in and successfully complete approved courses of study in accredited education institutions in order to assist employees in maintaining a high level of effectiveness in their present positions and in preparing themselves for future development.

#### **PROCEDURES:**

- 1. Eligibility requirements include:
  - The employee must be a regular, full-time employee in good standing and employed at Seasons Hospice for at least one (1) year.
  - Employees on a leave of absence are not eligible.
- 2. Seasons Hospice defines approved courses or programs as:
  - Courses leading to a degree which has bearing on the employee's present work assignment or a position to which they are likely to be assigned in the future;
  - A general course approved by the employee's immediate supervisor, the Executive Director, and the National Manager-Employee Benefits which does not lead to a degree, but which has bearing on the employee's present work assignment or a position to which they are likely to be assigned in the future; and,
  - Workshops, conferences, and seminars are not included, but may be covered under continuing education or as additional job training.
- 3. Seasons Hospice defines approved institutions as:
  - An accredited junior college, a college or a university, which offers courses leading to an undergraduate and/or graduate degree; or,
  - An accredited, approved or reputable business, secretarial, vocational, or technical school.
- 4. All loans shall be based on actual tuition charge per one-hour credit and shall not exceed the amount of tuition except for allowable costs (registration fees, laboratory fees and any other instruction fees). Up to 100% of the tuition may be available, except:
  - If the approved course is for a degree and the employee fails to receive a grade of C or better or a passing grade for a Pass/Fail class, there will be no loan available to pay for repeating the course or for enrolling in another course until the above course has been successfully completed with a grade of C or better.
  - If the approved course is a general, non-credit course and the employee fails to receive a grade of C or better, there will be no loan available to pay for repeating the class.



## TUITION ASSISTANCE

816

- 5. The maximum allowable reimbursement for any calendar year is two thousand and five hundred dollars (\$2,500.00) per employee. However, this amount is not guaranteed.
- 6. Advance approval is required for educational loan assistance. Each case will be judged on its own merits using these criteria:
  - a) There is a demonstrable need within the hospice for the skills, knowledge, and/or attitudes that are expected to result from the employee's participation in the course of study.
  - b) The course of study undertaken by the employee is the most economical and feasible method of acquiring such skills, knowledge or attitudes.
  - c) A direct relationship exists between the recommended training and the employee's current job description or another position within the organization for which the employee may be eligible.
  - d) Budgetary considerations and the number of staff requesting assistance.
- 7. This loan may be forgiven by Seasons Hospice if the employee successfully completes the course of study by receiving a grade of "C" or higher and continues in Seasons Hospice's employ.
  - 50% of the loan will be forgiven after one year of continuous employment following the successful completion of the approved course of study.
  - The balance of the loan may be forgiven after two years of continuous employment following the successful completion of the approved course of study.
- 8. The employee receiving a tuition loan will sign a loan agreement and shall be responsible for repayment of 100% of the tuition loan if he/she leaves Seasons Hospice for any reason before completing the course of study.
- 9. The employee will be responsible for repayment of the tuition loan, or a portion of the loan, if they leave Seasons Hospice for any reason before completing two years of employment following completion of the course of study.
- 10. Seasons Hospice may, at its option, withhold these funds from the employee's final paycheck, to the extent permitted by state or local law, or, if necessary, institute collection procedures against the employee.

Effective: 2001

Revised:	3/14/02	7/21/06	9/13/07	1/16/18						
Reviewed:	2/17/98	3/24/99	4/11/00	2/27/01	5/15/02	3/11/03	5/18/04	6/3/05	7/18/06	7/10/07
Reviewed:	12/19/08	12/15/09	12/17/10	12/16/11	10/26/12	8/30/13	8/22/14	8/21/15	8/19/16	8/25/17
Reviewed:	8/24/18	8/23/19	8/21/20							



# NOTICE OF PRIVACY PRACTICES

908

#### **POLICY:**

Patients have a right to adequate notice of the uses and disclosures of protected health information (PHI) that may be made by Seasons Hospice and of the patient's rights, and Seasons Hospice's legal duties, with respect to protected health information.

#### **PROCEDURES:**

- 1. The privacy practices of Seasons Hospice are described in the Notice of Privacy Practices which is included in the Patient/Family Consent and Education for Hospice Care booklet. The privacy practices are further explained in Seasons Hospice's policies and procedures.
- 2. The Notice of Privacy Practices is given to all patients or their representative no later than the date of the first service delivery and is available to anyone upon request. Seasons Hospice may provide the notice to an individual by email if the individual agrees to electronic notice and such agreement has not been withdrawn. If it is known that the email transmission failed, a paper copy of the notice will be provided to the individual.
- 3. The Notice of Privacy Practices is given to be eaved family members and community members if treatment is provided (i.e. a care plan is developed beyond the mailings, memorial services, be reavement support groups, etc.).
- 4. A good faith effort is made to obtain written acknowledgement of the patient or their representative's receipt of the Notice of Privacy Practices. When written acknowledgement cannot be obtained, there will be documentation in the medical record to explain efforts made to obtain it and the reason(s) why it was not obtained.
- 5. The Notice of Privacy Practices will be prominently displayed in our hospice unit(s) and available on the Seasons Hospice website at <a href="http://www.seasons.org">http://www.seasons.org</a>.
- 6. The Notice of Privacy Practices will be revised as needed to reflect any changes in Seasons Hospice's privacy practices. Revisions to the Notice of Privacy Practices will not be implemented prior to the effective date of the revised Notice.
- 7. When revisions to the Notices of Privacy Practices are necessary, all current patients (or their representative), employees, and business associates will receive a revised copy upon request.
- 8. The Privacy Officer retains copies of the original Notice of Privacy Practices and any subsequent revisions for a period of six (6) years from the date of its creation or when it was last in effect, whichever is later.



## NOTICE OF PRIVACY PRACTICES

908

- 9. Written acknowledgement of receipt of the hospice's Notice of Privacy Practices by adult patients will be retained for seven (7) years. If written acknowledgement of the patient's receipt of the Notice of Privacy Practices cannot be obtained, the detailed explanation documented in the medical record will be retained for seven (7) years.
- 10. Written acknowledgment on behalf of minors (under the age of 18) of receipt of the Notice of Privacy Practices will be retained until the patient reaches (or would have reached) 18 years plus (5) years, or for a minimum of seven (7) years. If written acknowledgement on behalf of minors (under the age of 18) of the receipt of the Notice of Privacy Practices cannot be obtained, the detailed explanation documented in the medical record will be retained until the patient reaches (or would have reached) 18 years plus 5 years, or for a minimum of seven (7) years.

IN: Written acknowledgment for minors will be retained for 7 years after the age of majority.

- 11. All employees and business associates of Seasons Hospice are required to adhere to the privacy practices as detailed in the Notice of Privacy Practices, privacy policies and procedures and business associate contracts.
- 12. Violations of Seasons Hospice's privacy practices will result in disciplinary action up to and including termination of employment or contracts.

Effective: 4/17/2003

Revised:	4/18/05	10/23/06	11/15/07	12/19/08	2/20/10	3/12/11	11/17/12	9/20/13	
Reviewed:	5/18/04	6/3/05	10/17/06	10/26/07	12/19/08	7/9/09	12/13/10	8/26/11	9/28/12
Reviewed:	2/1/13	1/24/14	9/26/14	9/25/15	9/23/16	9/22/17	9/21/18	9/20/19	9/18/20



## PRIVACY AND SECURITY TRAINING

926

#### **POLICY:**

Seasons Hospice will ensure that all workforce members have been trained in, and fully understand, the privacy and security policies and procedures of the organization. In addition, all workforce members will be trained on how to identify, report, and prevent potential privacy and security incidents.

#### **PROCEDURES:**

- 1. A formal privacy and security training program is provided during the orientation program for all new employees before access to protected health information is authorized.
- 2. Privacy and security training will be an ongoing activity at Seasons Hospice. Periodic privacy and security reminders will keep workforce members up-to-date with new threats, such as computer viruses or scams. The frequency and form of these reminders will be determined by the Privacy and Security Officer and may include flyers or posters in break rooms, reminder emails and verbal updates at meetings.
- 3. Seasons Hospice employees, including management, receive training on the hospice's policies and procedures related to protection from malicious software, log-in monitoring, password management and reporting privacy and security incidents.
- 4. Emphasis is placed, throughout the trainings, on procedures for reporting potential or actual privacy or security incidents, including those that involve a breach of protected health information.
- 5. All employees and volunteers who have access to PHI will complete the HIPAA privacy and security training and sign a statement indicating their understanding and commitment to follow the HIPAA requirements to maintain confidentiality of the protected health information.
- 6. All privacy and security training provided to employees and volunteers will be documented and maintained in personnel records. Documentation of the privacy and security training program is maintained for seven (7) years from the date the training was provided.
- 7. Evidence that students (including interns, residents and nursing) have received HIPAA training will be included in any contract between a school and Seasons Hospice. If a relationship exists that does not require a contract but the student will have access to patient protected health information, Seasons Hospice will request verification of HIPAA training from the student.

Effective: 4/17/03

Revised:	12/20/07	2/21/10	11/18/12	6/1/14						
Reviewed:	5/18/04	6/3/05	11/13/06	10/26/07	12/19/08	12/16/09	10/18/10	12/16/11	11/7/12	10/25/13
Reviewed:	9/26/14	9/25/15	9/23/16	9/22/17	9/21/18	9/20/19	9/18/20			

# **EXHIBIT 15**

<b>Pro Forma Financial Statements and Assumption</b>
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# WASHINGTON STATE CON FINANCIAL FORM TEMPLATE

#### B. Financial Feasibility (WAC 246-310-220)

WAC 246-310-990(2) defines "total capital expenditure" to mean the total project cots to be capitalized according to generally acccepted accounting principles. These costs include, but are not limited to, the following; legal fees; feasibility studies; site development; soil survey and investigation; consulting fees; interest expenses during construction; temporary relocation; architect and engineering fees; construction, renovation, or alteration; total costs of leases of capital assets; labor; materials; fixed or mavable equipment; sales taxes; equipment delivery; and equipment installation.

 Provide the proposed capital expenditures for the project. These expenditures should be broken out in detail and account for at least the following.

Item	Cost
Land Acquisition Site Survey, Tests, Inspections: Construction Contract: Financial Feasibility Studies: Architectural Fees Engineering Fees Consulting Fees Fixed Equipment Movable Equipment Movable Equipment Freight and Delivery Charges Sales Tax Cost of Tuning Up and Trial Runs Reconditioning Costs Costs of Title Investigations Legasl Fees Brokerage Commissions Other Activities Financing Costs	\$ 91,680
Total	\$ 91,680

#### 2. Explain in detail the methods and sources used for estimated capital expenditures

The Table below itemizes the capital expenditures estimated in connection with this project. The cost estimates were developed by the Applicant's purchasing department and reflect the types of expenditures made in connection with its start-up programs in other service areas. The item costs reflect corporate pricing agreements with the Applicant's vendors, and are inclusive of applicable state and local sales taxes.

Item	Item	Cost	Qty	Total	Depreciable Life
Conference Table	\$	3,850	1	\$ 3,850	15
Conference Chairs	\$	385	12	4,620	15
Employee Desk	\$	1,320	9	\$ 11,880	15
Employee Desk Chair	\$	440	9	\$ 3,960	15
Guest Chair	\$	330	9	\$ 2,970	15
Filing Cabinet	\$	990	5	\$ 4,950	15
Reception Area Guest Chair	\$	715	6	\$ 4,290	15
Reception Area End Table	\$	220	3	\$ 660	15
Reception Area Coffee Table	\$	440	1	\$ 440	15
Kitchen Table	\$	550	2	\$ 1,100	15
Kitchen Chairs	\$	220	8	\$ 1,760	15
Patient Care Kit	\$	733	6	\$ 4,400	5
Employee Work Stations	\$	733	9	\$ 6,600	15
Subtotal Furnishings				\$ 51,480	
Electronics and Telecom					
Server, HPE ProLiant ML 150, G9	\$	9,000	1	\$ 9,000	5
Firewall, Fortinet Fort iGate 100D	\$	3,000	1	\$ 3,000	5
Network Switch 2xAdtran Netvana 1638p	\$	3,200	1	\$ 3,200	5
On-time Low Voltage Wiring Installation	\$	15,000	1	\$ 15,000	10
Xerox Work Center	\$	10,000	1	\$ 10,000	5
Subtotal Electronics and Telecom				\$ 40,200	
TOTAL				\$ 91,680	

3. Document the project impact on (a) capital costs; and (b) operating costs and charges for health services.

As shown in the estimates provided above, the capital costs associated with the implementation of this project are quite modes and will not affect charges for health care services in the proposed service area. It is projected that the annual depreciation expense for the project will be:

\$ 10,559 annually.

Based on the Applicant's utilization projections, this cost will not materially impact the cost of providing health care services in its service area.

4. Provide the total estimated operating revenue and expenses for the first three years of operation (please show each year separately) for the following as applicable. Include all formulas and calculations used to arrive at totals on a separate page.

		Last Audit	С	Last Audit through onstruction		6 Months Ended		12	Moi	nth Period Endi	ng:	
REVENUES		31-Dec-21		30-Jun-22		31-Dec-22		31-Dec-23		31-Dec-24		31-Dec-25
Patient Service Charges	•		•		•	450.040	•	407.007	•	000 440	•	4 070 044
Medicare Medicare Managed Care	\$	-	\$	-	\$	158,910 370,790	\$	407,067 949,823	\$	893,419 2,084,645	\$	1,273,041 2,970,430
Medicaid Menaged Oare						5,821		14,911		32,726		46,632
Health Options (BHP)						11,642		29,822		65,452		93,263
Charity Care						-		-		-		-
Private Pay Third Party Insurance						14,552 17,463		37,277 44,733		81,815 98,178		116,579 139,895
Other (Champus, VA)						2,910		7,455		16,363		23,316
Total Patient Service Charges	\$	-	\$	-	\$	582,088	\$	1,491,088	\$	3,272,598	\$	4,663,155
Revenue Deductions												
Medicare	\$	-	\$	-	\$	18,632	\$	47,727	\$	104,750	\$	149,259
Medicare Managed Care						59,840		153,286		336,428		479,380
Medicaid Health Options (BHP)						1,196 2,328		3,065 5,964		6,726 13,090		9,584 18,653
Charity Care						5,821		14,911		32,726		46,632
Bad Debt						6,985		17,893		39,271		55,958
Third Party Insurance						873		2,237		4,909		6,995
Other (Champus, VA)						728		1,864		4,091		5,829
Total Revenue Deductions	\$	-	\$	-	\$	96,402	\$	246,947	\$	541,992	\$	772,289
Net Patient Service Revenues	_		_		_				_			
Medicare Medicare Managed Care	\$	-	\$	-	\$	140,278 310,950	\$	359,340 796,537	\$	788,669 1,748,217	\$	1,123,782 2,491,050
Medicaid Managed Care						4,625		11,846		26,000		37,048
Health Options (BHP)						9,313		23,857		52,362		74,610
Charity Care												
Private Pay Third Party Incurance						1,746 16,589		4,473 42,496		9,818 93,269		13,989 132,900
Third Party Insurance Other (Champus, VA)						2,183		5,592		12,272		17,487
Total Net Patient Service Revenues	\$	-	\$	-	\$	485,685	\$	1,244,141	\$	2,730,607	\$	3,890,866
Non-Operating Revenues	\$	-	\$	-		9,163		23,471		51,513		73,402
TOTAL REVENUES	\$	-	\$	-	\$	494,848	\$	1,267,612	\$	2,782,120	\$	3,964,268
EXPENSES												
Advertising Allocated Costs	\$	-	\$	2,000	\$	10,953	\$	21,728	\$	21,728	\$	21,728
Depreciation and Amortization						5,323		10,559		10,559		10,559
Dues and Subscriptions						1,260		2,500		2,500		2,500
Education and Training Employee Benefits						3,010 70,429		6,321 144,584		8,169 207,134		9,612 243,659
Equipment Rental						-		-		-		-
Information Technology/Computers						30,100		15,250		22,900		17,800
Insurance						6,301		12,500		12,500		12,500
Interest Legal and Professional						- 8,331		- 16,673		- 17,452		- 18,060
Licenses and Fees						15,681		19,040		21,540		24,040
Medical Supplies						34,960		89,554		196,551		280,068
Payroll Taxes						30,519		62,653		89,758		105,585
Postage Purchased Services (Utilities,other)						235 35,879		601 91,907		1,318 201,715		1,879 287,426
Rental/Lease				57,842		21,171		44,143		46,083		48,062
Repairs and Maintenance						1,764		3,500		3,500		3,500
Salaries and Wages (DNS, RN, OT, clerical, etc.)				146,224		469,523		963,892		1,380,892		1,624,392
Supplies Telephone/Pagers						2,345 46,253		6,007 91,751		13,184 91,751		18,786 91,751
Service Fees						30,000		60,000		60,000		60,000
Washington State B & O Taxes						7,423		19,014		41,732		59,464
Travel (patient care, other)	_					25,226		61,252		120,625		166,968
TOTAL EXPENSES	\$	-	\$	206,067	\$	856,685		1,743,428	\$	2,571,591		3,108,338
Contributons to Seasons Hospice Foundation	\$	-	\$		\$	-	\$	12,500		25,000		50,000
NET INCOME	\$	-	\$	(206,067)	\$	(361,837)	\$	(488,316)	\$	185,529	\$	805,930 <b>44</b>

Workpaper 1: Global Assumptions

Consistent with the instructions provided by the Department of Health, none of the revenues or expenses in these projections have been inflation-adjusted. The values of 1.000 shown for the inflation rates below indicate zero inflation.

Patient Charges Government Payors		1.000 1.000		
Salaries and Wages Medical Supplies		1.000 1.000		
Project Year 1 Ending Date	31-Dec-22	31-Dec-23	31-Dec-24	31-Dec-25
Fringe Benefit Percentage (Excluding Government)	15.0%	15.0%	15.0%	15.0%
Payroll Taxes	6.5%	6.5%	6.5%	6.5%

#### Workpaper 2 : Patient Days by Setting

Projected Patient Days	2,345	6,007	13,184	18,786
ADC	12.7	16.5	36.1	51.5
Percentage by Setting				
<b>0</b> , <b>0</b>				
Routine	98.0%	98.0%	98.0%	98.0%
Continuous Care	0.2%	0.2%	0.2%	0.2%
Respite	0.3%	0.3%	0.3%	0.3%
GIP	1.5%	1.5%	1.5%	1.5%
Total	100.0%	100.0%	100.0%	100.0%

#### Workpaper 3: Payor Mix by Patient Day

Medicare	27.3%	27.3%	27.3%	27.3%
Medicare Managed Care	63.7%	63.7%	63.7%	63.7%
Medicaid	1.0%	1.0%	1.0%	1.0%
Health Options (BHP)	2.0%	2.0%	2.0%	2.0%
Charity Care	1.0%	1.0%	1.0%	1.0%
Private Pay	1.5%	1.5%	1.5%	1.5%
Third Party Insurance	3.0%	3.0%	3.0%	3.0%
Other (Champus, VA)	0.5%	0.5%	0.5%	0.5%
Total	100.0%	100.0%	100.0%	100.0%

## Workpaper 4: Patient Days by Setting by Payor

Medicare					
Routine Continuous Care Respite GIP	627 1 2 10	1,607 3 5 25	3,527 7 11 54	5,026 10 15 77	98% 0% 0% 2%
Total	640 640	1,640 1,640	3,599 3,599	5,129 5,129	100%
Medicare Managed Care	040	1,040	5,599	5,129	
Routine Continuous Care Respite GIP	1,464 3 4 22	3,750 8 11 57	8,230 17 25 126	11,727 24 36 180	98% 0% 0% 2%
Total	1,494 1,494	3,826 3,826	8,398 8,398	11,967 11,967	100%
Medicaid	1,404	0,020	0,000	11,007	
Routine Continuous Care Respite GIP	23 0 0 0	59 0 0 1	129 0 0 2	184 0 1 3	98% 0% 0% 2%
Total	23 23	60 60	132 132	188 188	100%
Health Options (BHP)					
Routine Continuous Care Respite GIP	46 0 0 1	118 0 0 2	258 1 1 4	368 1 1 6	98% 0% 0% 2%
Total	47 47	120 120	264 264	376 376	100%
Charity Care					
Routine Continuous Care Respite GIP	23 0 0 0	59 0 0 1	129 0 0 2	184 0 1 3	98% 0% 0% 2%
Total	23 23	60 60	132 132	188 188	100%
Private Pay	25	00	132	100	
Routine Continuous Care Respite GIP	34 0 0 1	88 0 0 1	194 0 1 3	276 1 1 4	98% 0% 0% 2%
Total  Third Party Insurance	35 35	90 90	198 198	282 282	100%
Routine	69	177	388	552	98%
Continuous Care Respite GIP	0 0 1	0 1 3	1	1 2	0% 0% 2%
Total	70	180	6 396	8 564	100%
Other (Champus, VA)	70	180	396	564	100 %
Routine Continuous Care Respite GIP	11 0 0 0	29 0 0 0	65 0 0 1	92 0 0 1	98% 0% 0% 2%
Total	12	30	66	94	100%
ALL PAYORS	12	30	66	94	
Routine Continuous Care Respite GIP	2,298 5 7 35	5,887 12 18 90	12,920 26 40 198	18,410 38 56 282	98% 0% 0% 2%
Total	2,345 2,345	6,007 6,007	13,184 13,184	18,786 18,786	100% <b>449</b>

#### Workpaper 5: Patient Charges

Patient charges are based on Medicare per diem rates for King County hospice services, with a slight increase to accommodate other payors.

#### Base Time Period

Routine Continuous Care Respite GIP			\$ \$ \$ \$	230.00 1,625.00 525.00 1,200.00				
Effective Dates				30-Sep-20				
		31-Dec-22		31-Dec-23		31-Dec-24		31-Dec-25
Inflation Factors		1.000		1.000		1.000		1.000
Inflation-Adjusted Charges								
Routine Continuous Care Respite GIP	\$ \$ \$	230.00 1,625.00 525.00 1,200.00	\$ \$ \$	230.00 1,625.00 525.00 1,200.00	\$ \$ \$	230.00 1,625.00 525.00 1,200.00	\$ \$ \$	230.00 1,625.00 525.00 1,200.00
Projected Patient Charges								
Medicare								
Routine Continuous Care Respite GIP	\$ \$ \$	144,298 2,081 1,008 11,523	\$ \$ \$	369,636 5,330 2,583 29,518	\$ \$ \$	811,267 11,698 5,669 64,786	\$ \$ \$	1,155,981 16,668 8,078 92,314
Total	\$	158,910	\$	407,067	\$	893,419	\$	1,273,041
Medicare Managed Care								
Routine Continuous Care Respite GIP	\$	336,695 4,855 2,353 26,888	\$	862,484 12,436 6,027 68,876	\$	1,892,956 27,294 13,227 151,168	\$	2,697,290 38,892 18,848 215,400
Total	\$	370,790	\$	949,823	\$	2,084,645	\$	2,970,430
Medicaid								
Routine Continuous Care Respite GIP	\$	5,286 76 37 422	\$	13,540 195 95 1,081	\$	29,717 428 208 2,373	\$	42,344 611 296 3,381
Total	\$	5,821	\$	14,911	\$	32,726	\$	46,632

Workpaper 5: Patient Charges (Cont'd)

Health Options (BHP)	31-Dec-22	31-Dec-23	31-Dec-24	31-Dec-25
Routine Continuous Care Respite GIP	\$ 10,571 152 74 844	\$ 27,080 390 189 2,163	\$ 59,433 857 415 4,746	\$ 84,687 1,221 592 6,763
Total	\$ 11,642	\$ 29,822	\$ 65,452	\$ 93,263
Charity Care				
Routine Continuous Care Respite GIP	\$ - - -	\$ - - -	\$ - - -	\$ - - -
Total	\$ -	\$ -	\$ -	\$ -
Private Pay				
Routine Continuous Care Respite GIP	\$ 13,214 191 92 1,055	\$ 33,849 488 237 2,703	\$ 74,292 1,071 519 5,933	\$ 105,859 1,526 740 8,454
Total	\$ 14,552	\$ 37,277	\$ 81,815	\$ 116,579
Third Party Insurance				
Routine Continuous Care Respite GIP	\$ 15,857 229 111 1,266	\$ 40,619 586 284 3,244	\$ 89,150 1,285 623 7,119	\$ 127,031 1,832 888 10,144
Total	\$ 17,463	\$ 44,733	\$ 98,178	\$ 139,895
Other (Champus, VA)				
Routine Continuous Care Respite GIP	\$ 2,643 38 18 211	\$ 6,770 98 47 541	\$ 14,858 214 104 1,187	\$ 21,172 305 148 1,691
Total	\$ 2,910	\$ 7,455	\$ 16,363	\$ 23,316
ALL PAYORS	\$ 582,088	\$ 1,491,088	\$ 3,272,598	\$ 4,663,155

## Workpaper 6: Net Revenues by Payor and Patient Setting

#### Part 1: Net Per Diem Revenues

Medicare								Percent 1-60	Percent 60 Plus	ı	Blended Rate
Routine Continuous Care Respite GIP			\$ \$ \$	223.44 1,602.32 505.19 1,163.93	\$	176.61		52%	48%	\$ \$ \$	200.96 1,602.32 505.19 1,163.93
Source: Final FY 2019 Hospice Rates CMS											
Inflation-Adjusted Rates											
Inflation Amount Effective Date				1.000 30-Sep-20							
Inflation Factor		31-Dec-22		31-Dec-23		31-Dec-24		31-Dec-25			
Compound Inflation		1.000		1.000		1.000		1.000			
Inflation-Adjusted Medicare Rates											
Routine Continuous Care Respite GIP  It is assumed that remibursement rates for Medic with discounts from the Medicare rates.	\$ \$ \$ care	200.96 1,602.32 505.19 1,163.93 Managed C	\$ \$ \$ are	200.96 1,602.32 505.19 1,163.93 and Medicai	\$ \$ \$ d w	200.96 1,602.32 505.19 1,163.93	\$ \$	200.96 1,602.32 505.19 1,163.93	dology		
Medicare Managed Care Discount Medicaid Discount		5% 10%		5% 10%		5% 10%		5% 10%			
Medicare Managed Care Rates											
Routine Continuous Care Respite GIP	\$ \$ \$	190.91 1,522.20 479.93 1,105.73	\$ \$	190.91 1,522.20 479.93 1,105.73	\$ \$ \$	190.91 1,522.20 479.93 1,105.73	\$ \$	190.91 1,522.20 479.93 1,105.73			
Medicaid Rates											
Routine Continuous Care Respite GIP	\$ \$ \$	180.87 1,442.09 454.67 1,047.54	\$ \$ \$ \$ \$	180.87 1,442.09 454.67 1,047.54	\$ \$ \$ \$ \$	180.87 1,442.09 454.67 1,047.54	\$ \$ \$	180.87 1,442.09 454.67 1,047.54			
Other Payors Percentage of Charges Collected											
Healthy Options (BHP) Charity Care Private Pay Third Party Insurance Other		80.0% 0.0% 20.0% 95.0% 75.0%		80.0% 0.0% 20.0% 95.0% 75.0%		80.0% 0.0% 20.0% 95.0% 75.0%		80.0% 0.0% 20.0% 95.0% 75.0%			

#### Workpaper 6: Net Revenues by Payor and Patient Setting (Cont'd)

Part 1: Net Per Diem Revenues (Cont'd)

For payors other than Medicare, Medicare Managed Care and Mediciad, net revenues are computed as a percentage of charges.

Per Diem Collections		04 D 00		04 D - 00		04 D 04		04 D 05
Healthy Options (BHP)		31-Dec-22		31-Dec-23		31-Dec-24		31-Dec-25
Routine Continuous Care Respite GIP	\$ \$ \$	184.00 1,300.00 420.00 960.00	\$ \$ \$	184.00 1,300.00 420.00 960.00	\$ \$ \$	184.00 1,300.00 420.00 960.00	\$ \$ \$	184.00 1,300.00 420.00 960.00
Charity Care								
Routine Continuous Care Respite GIP	\$ \$ \$	- - -	\$ \$ \$	- - -	\$ \$ \$	- - -	\$ \$ \$	- - -
Private Pay								
Routine Continuous Care Respite GIP	\$ \$ \$	46.00 325.00 105.00 240.00	\$ \$ \$	46.00 325.00 105.00 240.00	\$ \$ \$	46.00 325.00 105.00 240.00	\$ \$ \$	46.00 325.00 105.00 240.00
Third Party Insurance								
Routine Continuous Care Respite GIP	\$ \$ \$	218.50 1,543.75 498.75 1,140.00	\$ \$ \$	218.50 1,543.75 498.75 1,140.00	\$ \$ \$	218.50 1,543.75 498.75 1,140.00	\$ \$ \$	218.50 1,543.75 498.75 1,140.00
Other								
Routine Continuous Care Respite GIP	\$ \$ \$ \$	172.50 1,218.75 393.75 900.00	\$ \$ \$	172.50 1,218.75 393.75 900.00	\$ \$ \$	172.50 1,218.75 393.75 900.00	\$ \$ \$	172.50 1,218.75 393.75 900.00
Percentage of GIP Revenues to be paid to outside providers:								
GIP Charges Contract Percentage	\$	1,200.00 85%	\$	1,200.00 85%	\$	1,200.00 85%	\$	1,200.00 85%
Contract Payments	\$	1,020.00	\$	1,020.00	\$	1,020.00	\$	1,020.00
GIP Days		35		90		198		282
GIP Contract Payments		35,879		91,907		201,715		287,426

#### Workpaper 6: Net Revenues by Payor and Patient Setting (Cont'd)

#### Part 2: Aggregated Net Revenues

Medicare	31-Dec-22	31-Dec-23	31-Dec-24	31-Dec-25
Routine Continuous Care Respite GIP	\$ 126,080 2,052 970 11,177	\$ 322,968 5,255 2,485 28,631	\$ 708,841 11,534 5,455 62,839	\$ 1,010,034 16,435 7,773 89,540
Total	\$ 140,278	\$ 359,340	\$ 788,669	\$ 1,123,782
Medicare Managed Care				
Routine Continuous Care Respite GIP	\$ 279,476 4,548 2,151 24,776	\$ 715,912 11,649 5,509 63,466	\$ 1,571,265 25,568 12,092 139,293	\$ 2,238,909 36,431 17,230 198,479
Total	\$ 310,950	\$ 796,537	\$ 1,748,217	\$ 2,491,050

Medicaid

Routine Continuous Care Respite GIP	\$ 4,156 68 32 368	\$ 10,647 173 82 944	\$ 23,368 380 180 2,072	\$ 33,298 542 256 2,952
Total	\$ 4,625	\$ 11,846	\$ 26,000	\$ 37,048
Health Options (BHP)				
Routine Continuous Care Respite GIP	\$ 8,457 122 59 675	\$ 21,664 312 151 1,730	\$ 47,547 686 332 3,797	\$ 67,750 977 473 5,410
Total	\$ 9,313	\$ 23,857	\$ 52,362	\$ 74,610
Charity Care				
Routine Continuous Care Respite GIP	\$ - - -	\$ - - -	\$ - - -	\$ - - - -
Total	\$ -	\$ -	\$ -	\$ -
Private Pay				
Routine Continuous Care Respite GIP	\$ 1,586 23 11 127	\$ 4,062 59 28 324	\$ 8,915 129 62 712	\$ 12,703 183 89 1,014
Total	\$ 1,746	\$ 4,473	\$ 9,818	\$ 13,989
Third Party Insurance				
Routine Continuous Care Respite GIP	\$ 15,064 217 105 1,203	\$ 38,588 556 270 3,082	\$ 84,693 1,221 592 6,763	\$ 120,679 1,740 843 9,637
Total	\$ 16,589	\$ 42,496	\$ 93,269	\$ 132,900
Other (Champus, VA)				
Routine Continuous Care Respite GIP	\$ 1,982 29 14 158	\$ 5,077 73 35 405	\$ 11,144 161 78 890	\$ 15,879 229 111 1,268
Total	\$ 2,183	\$ 5,592	\$ 12,272	\$ 17,487
ALL PAYORS				
Routine Continuous Care Respite GIP	\$ 436,801 7,057 3,342 38,484	\$ 1,118,919 18,078 8,562 98,582	\$ 2,455,773 39,678 18,791 216,365	\$ 3,499,253 56,538 26,775 308,301
ALL PAYORS	\$ 485,685	\$ 1,244,141	\$ 2,730,607	\$ 3,890,866
Charity Care Discount	\$ 5,821	\$ 14,911	\$ 32,726	\$ 46,632

#### **Balance Sheet**

	31-Dec-20	30-Jun-22	31-Dec-22	31-Dec-23	31-Dec-24	31-Dec-25
Current Assets						
Cash Accounts Reveivable	2,000,000	1,706,271 -	1,314,473 80,948	773,298 207,357	777,792 455,101	1,436,431 648,478
Total Current Assets	2,000,000	1,706,271	1,395,421	980,655	1,232,893	2,084,909
Long Term Assets						
Land Buidlings Equipment Security Deposit		91,680 8,334	91,680 8,334	91,680 8,334	91,680 8,334	91,680 8,334
Total	-	100,014	100,014	100,014	100,014	100,014
Less Accumulated Depreciation		-	5,323	15,881	26,440	36,999
Net Long Term Assets	-	100,014	94,691	84,133	73,574	63,015
Total Assets	2,000,000	1,806,285	1,490,112	1,064,787	1,306,467	2,147,924
Liabilities and Equity						
Current Liabilities						
Accounts Payable Salaries Payable Current Portion of Long-Term Debt		167 12,185	10,477 47,539	23,413 97,594	37,342 139,815	48,215 164,470
Total Current Liabilities	-	12,352	58,016	121,007	177,158	212,684
Long Term Debt	-	-	-	-	-	-
Total Liabilities	-	12,352	58,016	121,007	177,158	212,684
Equity	2,000,000	1,793,933	1,432,096	943,780	1,129,309	1,935,240
STATEMENT OF CASH FLOWS	12 Month Period	ending:				
	31-Dec-20	30-Jun-22	31-Dec-22	31-Dec-23	31-Dec-24	31-Dec-25
Net Income Less Depreciation	-	(206,067)	(361,837) 5,323	(488,316) 10,559	185,529 10,559	805,930 10,559
Decrease (Increase) in Current Assets Increase (Decrease) in Current Liabilities	-	- 12,352	(80,948) 45,664	(126,409) 62,991	(247,744) 56,150	(193,377) 35,527
Net Cash Flows from Operations	-	(193,715)	(391,798)	(541,176)	4,494	658,639
Purchase of Property, Plant and Equipment Security Deposit Payment of Long-Term Debt	-	(91,680) (8,334)	-	-		- -
Net Cash Flows from Investing	-	(100,014)	-	-	-	-
Contribution of Capital	2,000,000					
Beginning Cash Ending Cash	0 2,000,000	2,000,000 1,706,271	1,706,271 1,314,473	1,314,473 773,298	773,298 777,792	777,792 1,436,431

#### **Start -Up Costs**

Prior to Placing the Project in Service, the following investments and expenditures will be made and incurred.

#### **Pre-Opening Rental Expenses**

The Applicant will execute its lease agreements and make rental payments prior to initiating services

Monthly Rental Expense (Included in Income Statement)

2021 Rental \$ 37,100 First Six Months of 2022 20,742

Projected Pre-Opening Rental Expense \$ 57,842

**Advertising Costs** 

Pre-Opening Advertising Costs will consist of advertising for skilled staff to be hired in connection with the project.

Projected Advertising Costs \$ 2,000

## **Pre-Opening Hiring Costs**

It is assumed that all management positions will be filled 2 months prior to the opening of the hospice.

All Staff positions will be filled one month prior to the opening of the hospice

Annual Salary for Administrative Positions Annual Salary for Other Positions	\$ \$	467,250 485,000
Two Months Salary Supervisor One Month Salary Other Pre-Opening Medical Director Fee	\$ \$ \$	77,875 40,417 2,500
Total Pre-Opening Salary	\$	120,792
Benefit Percentage (Does not Apply to Med Director Stipend)		21.5%
Total Pre-Opening Salary Plus Benefits Plus Stipend	\$	146,224

The Capital costs associated with furnishing the office space with furniture and communications equipment is included in the project costs and will be expensed via the depreciation schedules set forth in this application.

Total Pre-Opening expenses	\$ 206,067
Rental Security Deposit	\$ 8,334

#### Worksheet 7:

Non-Salary Costs are based on the experience of Seasons Hospice and Palliative Care of Oregon. The grid below summarizes patient days for this facility for Calendar Year 2019. The figures in this grid are used to compute the fixed and per diem variable non-salary costs for the project.

Patient Setting			Pa	tient Days	
Routine Respite GIP Continuous Care				24,814 - - -	
Total				24,814	
ADC				68	
Physician Fees Patient Days	\$ 96,955 24,814				
Per Diem Physician Fees	\$ 3.91				
Other Revenue Inflation Factors Other Revenue Per Diem	\$ 1.00 3.91	1.00 3.91		1.00 3.91	\$ 1.00 3.91
Projected Patient Days	2,345	6,007		13,184	18,786
Projected Non-Operating Revenues	\$ 9,163	\$ 23,471	\$	51,513	\$ 73,402

#### Worksheet 8: Estimation of Fixed and Variable Non-Salary Costs

The figures below are from the 2017 Income Statement for Seasons Hospice and Palliative Care of Oregon.

The numbers below that are not highlighted in yellow are not used because they are computed separately.

\$ 369,935

14.91

If the number is used, it is divided into its fixed and variable omponents based on the schem shown below.

In these columns, the fixed and variable amounts of each line item are calculated

The variable amount is divided by the patient days delivered at Season of Oregon in 2017 to compute the variable per diem.

Item	Amount		Use ?	Percent Fixed	Percent Variable
Clinical	44,962		1	0%	100%
DME	138,722		1	0%	100%
Pharmacy	179,385		1	0%	100%
Open Access	6,866		1	0%	100%
Room and Board	60,203		0	0%	100%
Labor Direct	1,454,524		0	0%	100%
Labor Indirect	169,488		0	0%	100%
Other Direct	204,581		1	0%	100%
Labor Operating	805,805		0	20%	80%
Benefits	436,250		0	20%	80%
Employee Relations	6,390		1	0%	100%
Recruitment	3,833		1	100%	0%
Printing	13,474		1	80%	20%
Marketing	21,728		1	100%	0%
Outside Services	5,241		1	100%	0%
Facilities	114,624		0	100%	0%
IS & Telecommunications	61,518		1	100%	0%
Conferences and Training	941		1	100%	0%
Travel	2,323		1	70%	30%
Call Center	30,233		1	100%	0%
Other Operating Expenses	9,932		1	100%	0%
Allocated Expenses	649,800		0	0%	100%
Depreciation Expense	27,217		0	100%	0%
Total	4,448,040				
Check	4,448,041	7,331 0.30			

Amount Fixed	Amount Variable	Patient Day		Variable er Diem
-	44,962	24,814	\$	1.81
-	138,722		\$	5.59
-	179,385		\$	7.23
-	6,866		\$	0.28
-	-		\$	-
-	-		\$ \$	-
-	-		\$	-
-	204,581		\$	8.24
-	-		\$	-
-	-		\$	-
-	6,390		\$	0.26
3,833	-		\$	-
10,779	2,695		\$	0.11
21,728	-		\$	-
5,241	-		\$	-
-	-		\$ \$	-
61,518	-		\$	-
941	-		\$	-
1,626	697		\$	0.03
30,233	-		\$	-
9,932	-		\$	-
-	-		\$	-
-	-		\$	-

204,682

The expense accounts from Seasons Hospice
of Oregon Have been assigned to the expense
accounts set forth in the Department's Income Statement template

In some cases, additional expense	
allowances are added to the historical amounts.	The Values shown below are the sum of the historical fixed amount and any additional expense allowance added in

The Values shown below are the sum of the historical per deim amount plus any add-on.

		I		Fixed Amount		!	I.			Ŀ		Va	ariable Pe	r Diem			
	31-Dec-19 Base	Add-On	31-Dec-22 1.00	31-Dec-23 1.00	31-Dec-24 1.00	31-Dec-25 1.00	Add-On	Bas	31-Dec-17 se		31-Dec-22 1.00		-Dec-23 1.00		c-24 1.00		c-25 1.00
Advertising Allocated Costs Depreciation and Amortization	21,728 - -		21,728 - -	21,728 - -	21,728 - -	21,728 - -		\$ \$ \$	-	:	- - -	\$ \$ \$	- - -	\$ \$ \$	- - -	\$ \$ \$	- - -
Dues and Subscriptions	2,500	2,500	2,500	2,500	2,500	2,500		\$	-	:	-	\$	-	\$	-	\$	-
Education and Training	4,774		4,774	4,774	4,774	4,774		\$	0.258	:	0.26	\$	0.26	\$ 0	0.26	\$ 0	0.26
Employee Benefits	-		-	-	-	-		\$	-	:	-	\$	-	\$	-	\$	-
Equipment Rental	-		-	-	-	-		\$	-	:	-	\$	-	\$	-	\$	-
Information Technology/Computers	-		-	-	-	-		\$	-	:	-	\$	-	\$	-	\$	-
Insurance	12,500	12,500	12,500	12,500	12,500	12,500		\$	-	:	-	\$	-	\$	-	\$	-
Interest	-		-	-	-	-		\$	-	:	-	\$	-	\$	-	\$	-
Legal and Professional	16,020		16,020	16,020	16,020	16,020		\$	0.1086	:	0.11	\$	0.11	\$ (	0.11	\$ 0	0.11
Licenses and Fees	5,000	5,000	5,000	5,000	5,000	5,000		\$	-	:	-	\$	-	\$	-	\$	-
Medical Supplies	-		-	-	-	-		\$	14.91	:	14.91	\$	14.91		4.91		1.91
Payroll Taxes	-		-	-	-	-		\$	-	:	-	\$	-	\$	-	Ψ	-
Postage	-		-	-	-	-	\$ 0.10	) \$	0.10	:	0.10	\$	0.10	\$ (	0.10	\$ 0	0.10
Purchased Services (Utilities,other)	-		-	-	-	-		\$	-	:	-	\$	-	\$	-	\$	-
Rental/Lease	-		-	-	-	-		\$	-		-	\$	-	\$	-	\$	-
Repairs and Maintenance	3,500	3,500	3,500	3,500	3,500	3,500		\$	-	:	-	\$	-	\$	-	\$	-
Salaries and Wages (DNS, RN, OT, cleric	-		-	-	-	-		\$	-	:	-	\$	-	\$	-	\$	-
Supplies	-		-	-	-	-	\$ 1.00	) \$	1.00	:	1.00	\$	1.00	\$ 1	1.00	\$ 1	1.00
Telephone/Pagers	91,751		91,751	91,751	91,751	91,751		\$	-	:	-	\$	-	\$	-	\$	-
Travel (patient care, other)	11,558		11,558	11,558	11,558	11,558		\$	8.27	:	8.27	\$	8.27	\$ 8	3.27	\$ 8	3.27

Variable Per Diem x Patient Days

Total Non-Salary is the Sum of the Fixed and Variable Costs Computed for Each Expense Account

										710004111	
	3	31-Dec-22	3	31-Dec-23	3	1-Dec-24	31-Dec-25	31-Dec-22	31-Dec-23	31-Dec-24	31-Dec-25
		2,345		6,007		13,184	18,786				
Advertising	\$	-	\$	-	\$	-	\$ -	10,953	21,728	21,728	21,728
Allocated Costs	\$	-	\$	-	\$	-	\$ -	-	-	-	-
Depreciation and Amortization	\$	-	\$	-	\$	-	\$ -	-	-	-	-
Dues and Subscriptions	\$	-	\$	-	\$	-	\$ -	1,260	2,500	2,500	2,500
Education and Training	\$	604	\$	1,547	\$	3,395	\$ 4,838	3,010	6,321	8,169	9,612
Employee Benefits	\$	-	\$	-	\$	-	\$ -	-	-	-	-
Equipment Rental	\$	-	\$	-	\$	-	\$ -	-	-	-	-
Information Technology/Computers	\$	-	\$	-	\$	-	\$ -	30,100	15,250	22,900	17,800
Insurance	\$	-	\$	-	\$	-	\$ -	6,301	12,500	12,500	12,500
Interest	\$	-	\$	-	\$	-	\$ -	-	-	-	-
Legal and Professional	\$	255	\$	652	\$	1,432	\$ 2,040	8,331	16,673	17,452	18,060
Licenses and Fees	\$	-	\$	-	\$	-	\$ -	15,681	19,040	21,540	24,040
Medical Supplies	\$	34,960	\$	89,554	\$	196,551	\$ 280,068	34,960	89,554	196,551	280,068
Payroll Taxes	\$	-	\$	-	\$	-	\$ -	-	-	-	-
Postage	\$	235	\$	601	\$	1,318	\$ 1,879	235	601	1,318	1,879
Purchased Services (Utilities,other)	\$	-	\$	-	\$	-	\$ -	-	-	-	-
Rental/Lease	\$	-	\$	-	\$	-	\$ -	-	-	-	-
Repairs and Maintenance	\$	-	\$	-	\$	-	\$ -	1,764	3,500	3,500	3,500
Salaries and Wages (DNS, RN, OT, clerical, etc.)	\$	-	\$	-	\$	-	\$ -	-	-	-	-
Supplies	\$	2,345	\$	6,007	\$	13,184	\$ 18,786	2,345	6,007	13,184	18,786
Telephone/Pagers	\$	-	\$	-	\$	-	\$ -	46,253	91,751	91,751	91,751
Travel (patient care, other)	\$	19,399	\$	49,694	\$	109,067	\$ 155,410	25,226	61,252	120,625	166,968

The Expenses Shown below are additional projections of costs for telecommunications, EMR, and Software Licenses. The telecommunications and EMR Expenses are recorded in the Line for Information Technology and Computers. The amount for Licenses in included in the expense projection for Licenses and Fees.

#### Telecommunications and EMR

		Six Months Ending 31-Dec-22		Calendar Year 31-Dec-24	31-Dec-25	Six Months Ending 31-Dec-22	31-Dec-23	lendar Year 31-Dec-24	31-Dec-25
Toshiba Protégé x20W-D, Lap Top	\$ 1,400	6	1	4	2	\$ 8,400	\$ 1,400	\$ 5,600	\$ 2,800
Samsung S8 Cell Phone	\$ 700	6	1	4	2	\$ 4,200	\$ 700	\$ 2,800	\$ 1,400
Lenovo Think Center M7 10Q Computer	\$ 700	4	1	1	1	\$ 2,800	\$ 700	\$ 700	\$ 700
Monitor	\$ 150	6	1	4	2	\$ 900	\$ 150	\$ 600	\$ 300
Desk Phone	\$ 300	6	1	4	2	\$ 1,800	\$ 300	\$ 1,200	\$ 600
Internet Charges	\$ 8,400	1	1	1	1	\$ 8,400	\$ 8,400	\$ 8,400	\$ 8,400
Telecom Charges	\$ 3,600	1	1	1	1	\$ 3,600	\$ 3,600	\$ 3,600	\$ 3,600
Total						\$ 30,100	\$ 15,250	\$ 22,900	\$ 17,800
		Six Months				Six Months			
		Ending		Calendar Year		Ending		lendar Year	
Licenses		31-Dec-22	31-Dec-23	31-Dec-24	31-Dec-25	31-Dec-22	31-Dec-23	31-Dec-24	31-Dec-25
Windows 365 & Related	\$ 540	4	1	1	1	\$ 2,160	\$ 540	\$ 540	\$ 540
EMR Costs Operating	3,500	1	1	1	1	\$ 3,500	\$ 3,500	\$ 3,500	\$ 3,500
EMR Costs Incremental	\$ 2,500	3	4	5	6	\$ 7,500	\$ 10,000	\$ 12,500	\$ 15,000
Total *						\$ 13,160	\$ 14,040	\$ 16,540	\$ 19,040
						\$ 43,260	\$ 29,290	\$ 39,440	\$ 36,840
Management Fees	30,000	60,000	60,000	60,000					

Workpaper 9: Projected Staffing

	Curi	rent FTE	First Si	x Months	Year 1		Ye	ar 2	Year 3		
Staff	FTE	Contracted	FTE	Contracted	FTE	Contracted	FTE	Contracted	FTE	Contracted	
RN			2.000		2.000		5.000		6.000		
LPN											
Hospice Aide			1.000		2.000		3.000		4.000		
NURSING TOTAL			3.000	-	4.000	-	8.000	-	10.000	-	
Admin			3.000		3.000		4.000		4.000		
Medical Director				0.030		0.030		0.030		0.030	
Medical Director Contracted				0.200		0.200		0.200		0.200	
DNS											
Business\Clerical			3.000		3.000		4.000		6.000		
ADMIN. TOTAL			6.000	0.230	6.000	0.230	8.000	0.230	10.000	0.230	
PT				0.015		0.015		0.015		0.015	
ОТ				0.011		0.011		0.011		0.011	
Speech Therapist				0.025		0.025		0.025		0.025	
Clinical Nutritionist			0.100		0.100		0.100		0.100		
Med Social Worker			1.000		1.000		1.000		1.000		
Pastoral/Other Counselor			1.000		1.000		1.000		1.000		
Volunteers											
Other (specify): Music Therapy			1.000		1.000		1.000		1.000		
ALL OTHERS TOTAL			3.100	0.051	3.100	0.051	3.100	0.051	3.100	0.051	
TOTAL STAFFING			12.100	0.281	13.100	0.281	19.100	0.281	23.100	0.281	

#### Workpaper 10: Staffing and Salary Levels

Seasons follows a corporate staffing model in it member hospices. The staffing levels shown below are the levels indicated for the census levels projected for the project in its first three years of operations.

	31-Dec-22	31-Dec-23	31-Dec-24	31-Dec-25
Patient Days ADC	184 2,345 12.7	365 6,007 16.5	366 13,184 36.0	365 18,786 51.5
Department	FTEs	FTEs	FTEs	FTEs
Admissions Department	-	-	-	1.000
Business Development-Department	2.000	2.000	3.000	4.000
Business Operations-Leadership	1.000	1.000	1.000	1.000
Chaplain	1.000	1.000	1.000	1.000
Executive Director	1.000	1.000	1.000	1.000
Hospice Aide	1.000	2.000	3.000	4.000
Music Therapy	1.000	1.000	1.000	1.000
Nursing	2.000	2.000	5.000	6.000
Physician-Leadership (Medical Director)	0.030	0.030	0.030	0.030
Physician-Team Support	0.200	0.200	0.200	0.200
Social Work	1.000	1.000	1.000	1.000
PT	0.015	0.015	0.015	0.015
OT	0.011	0.011	0.011	0.011
Speech Therapist	0.025	0.025	0.025	0.025
Clinical Nutritionist	0.100	0.100	0.100	0.100
Team Assistant	1.000	1.000	1.000	1.000
Team Director	1.000	1.000	1.000	1.000
Volunteer-Department	-	-	1.000	1.000
Total	12.4	13.4	19.4	23.4

Note Salary levels below must be adjusted by hand.

6.00	7.00	11.00	13.00
6.00	1.00	4.00	2.00

Workpaper 10: Staffing and Salary Levels (Cont'd)

Department	31-Dec-22	31-Dec-23	31-Dec-24	31-Dec-25				
					469,523	963,892	1,380,892	1,624,392
Admissions Department	-	-	-	48,500	469,523	963,892	1,380,892	1,624,392
Business Development-Department	77,500	77,500	77,500	77,500				
Business Operations-Leadership	82,000	82,000	82,000	82,000				
Chaplain	65,500	65,500	65,500	65,500				
Executive Director	107,000	107,000	107,000	107,000				
Hospice Aide	32,500	32,500	32,500	32,500				
Music Therapy	58,500	58,500	58,500	58,500				
Nursing	85,000	85,000	85,000	85,000	1.0000			
Physician-Leadership (Medical Director)	250,000	250,000	250,000	250,000				
Physician-Team Support	250,000	250,000	250,000	250,000				
Social Work	68,500	68,500	68,500	68,500				
PT	93,700	93,700	93,700	93,700				
OT	94,200	94,200	94,200	94,200				
Speech Therapist	96,000	96,000	96,000	96,000				
Clinical Nutritionist	68,000	68,000	68,000	38,000				
Team Assistant	35,750	35,750	35,750	35,750				
Team Director	87,500	87,500	87,500	87,500				
Volunteer-Department	-	-	52,000	52,000				
Effective Date	31-Dec-18							
Inflation Rate		1						
Inflation Factor	1.00	1.00	1.00	1.00				
initiation i dotto	1.00	1.00	1.00	1.00				
No Inifation Adjustement is Made								

#### Annual Salary Per FTE

Department	31-Dec-22	31-Dec-23	31-Dec-24	31-Dec-25
Admissions Department	-	-	-	48,500
Business Development-Department	77,500	77,500	77,500	77,500
Business Operations-Leadership	82,000	82,000	82,000	82,000
Chaplain	65,500	65,500	65,500	65,500
Executive Director	107,000	107,000	107,000	107,000
Hospice Aide	32,500	32,500	32,500	32,500
Music Therapy	58,500	58,500	58,500	58,500
Nursing	85,000	85,000	85,000	85,000
Physician-Leadership (Medical Director)	250,000	250,000	250,000	250,000
Physician-Team Support	250,000	250,000	250,000	250,000
Social Work	68,500	68,500	68,500	68,500
PT	93,700	93,700	93,700	93,700
OT	94,200	94,200	94,200	94,200
Speech Therapist	96,000	96,000	96,000	96,000
Clinical Nutritionist	68,000	68,000	68,000	68,000
Team Assistant	35,750	35,750	35,750	35,750
Team Director	87,500	87,500	87,500	87,500
Volunteer-Department	-	-	52,000	52,000

Workpaper 10: Staffing and Salary Levels (Cont'd)

Portion of Year	50% <b>A</b>	100% nnual Salary	100%	100%
Department	31-Dec-22	31-Dec-23	31-Dec-24	31-Dec-25
Admissions Department Business Development-Department	- 78,137	- 155,000	- 232,500	48,500 310,000
Business Operations-Leadership	41,337	82,000	82,000	82,000
Chaplain	33,019	65,500	65,500	65,500
Executive Director	53,940	107,000	107,000	107,000
Hospice Aide	16,384	65,000	97,500	130,000
Music Therapy	29,490	58,500	58,500	58,500
Nursing	85,699	170,000	425,000	510,000
Physician-Leadership (Medical Director)	3,781	7,500	7,500	7,500
Physician-Team Support	25,205	50,000	50,000	50,000
Social Work	34,532	68,500	68,500	68,500
PT	709	1,406	1,406	1,406
OT	522	1,036	1,036	1,036
Speech Therapist	1,210	2,400	2,400	2,400
Clinical Nutritionist	3,428	6,800	6,800	6,800
Team Assistant	18,022	35,750	35,750	35,750
Team Director	44,110	87,500	87,500	87,500
Volunteer-Department	-	-	52,000	52,000
Total	469,523	963,892	1,380,892	1,624,392

#### 2. Please Provide your staff to patient ratio.

Type of Staff	Stub Year	Year 1	Year 2	Year 3	0.025
Skilled Nursing (RN & LPN)	0.1569	0.1215	0.1388	0.1166	
Physical Therapist	0.0012	0.0009	0.0004	0.0003	
Occupational Therapist	0.0009	0.0007	0.0003	0.0002	
Medical Social Worker	0.0785	0.0608	0.0278	0.0194	
Speech Therapist	0.0020	0.0015	0.0007	0.0005	
Clinical Nutritionist	0.0078	0.0061	0.0028	0.0019	
Home Health/Hospice Aide	0.0785	0.1215	0.0833	0.0777	
Other (List)					
Chaplain	0.0785	0.0608	0.0278	0.0194	
Medical Director	0.0180	0.0140	0.0064	0.0045	
Administration	0.2354	0.1823	0.1110	0.0777	
Business Office \ Admissions	0.2354	0.1823	0.1110	0.1166	
Music Therapy	0.0785	0.0608	0.0278	0.0194	
Total	0.9715	0.8131	0.5380	0.4543	

#### Workpaper 11 Rental Expense

		2020	2021	Jan	-Jun 2022	Jul-	Dec 2022	2023	2024	2025
Rental Rate Base Per Square Foot	\$	-	\$ 18.54		19.00		19.10	 19.62	\$ 20.21	20.82
Add-On for Utilities	\$	-	\$ -	\$	-	\$	0.3	\$	\$ 0.9	1.2
Add-On for Property Taxes			\$ -	\$	-	\$	-	\$ -	\$ -	\$ -
Total Rent Per Square Foot	\$	-	\$ 18.54	\$	19.00	\$	19.40	\$ 20.22	\$ 21.11	\$ 22.02
Square Feet			2,183		2,183		2,183	2,183	2,183	2,183
Months			11		6		6	12	12	12
Rent Expense			\$ 37,100	\$	20,742	\$	21,171	\$ 44,143	\$ 46,083	\$ 48,062
Rent			\$ 37,100	\$	20,742	\$	20,844	\$ 42,833	\$ 44,118	\$ 45,442
Utilities			-	\$	-	\$	327	1,310	1,965	2,620
Property Taxes			-	\$	-	\$	-	-	-	-
Total	\$	-	\$ 37,100	\$	20,742	\$	21,171	\$ 44,143	\$ 46,083	\$ 48,062
Computation of Weighted Rental Expense	\$	18.00	\$ 18.54	\$	19.10	\$	19.10	\$ 19.67	\$ 20.26	\$ 20.87
			2021	Jan	- Jun 2022	Jul -	- Dec 2022	2023	2024	2025
	Jan			\$	3,373			\$ 3,474	\$ 3,578	\$ 3,685
	Feb		\$ 3,373	\$	3,474			\$ 3,578	\$ 3,685	3,796
	Mar		\$ 3,373	\$	3,474			\$ 3,578	\$ 3,685	\$ 3,796
	Apr		\$ 3,373	\$	3,474			\$ 3,578	\$ 3,685	\$ 3,796
	May		\$ 3,373	\$	3,474			\$ 3,578	\$ 3,685	\$ 3,796
	Jun		\$ 3,373	\$	3,474			\$ 3,578	\$ 3,685	\$ 3,796
	Jul		\$ 3,373			\$	3,474	\$ 3,578	\$	\$ 3,796
	Aug		\$ 3,373			\$	3,474	\$ 3,578	\$ 3,685	\$ 3,796
	Sep		\$ 3,373			\$	3,474	\$ 3,578	\$ 3,685	\$ 3,796
	Oct		\$ 3,373			\$	3,474	\$ 3,578	\$ 3,685	\$ 3,796
	Nov		\$ 3,373			\$	3,474	\$ 3,578	\$ 3,685	\$ 3,796
	Dec		\$ 3,373			\$	3,474	\$ 3,578	\$ 3,685	\$ 3,796
			37,100		20,742		20,844	42,833	44,118	45,442
							19.10	19.62		

#### Assumptions: Seasons Hospice & Palliative Care of Pierce County Washington, LLC

#### **REVENUES**

#### **Patient Care Revenues:**

Revenues are forecast on the basis of the Season's historical experience in other services areas. Charges are set to be generally consistent with expected Medicare reimbursement by level of service.

In order to reflect patient care services rendered, charges assessed to charity care patients and to bad debts are initially recorded as private pay revenue. The allowances for charity care and bad debts are deducted from the gross revenues projected for the private pay payor group.

All payor groups are projected to access the four categories of patient care routine, continuous care, respite, and GIP in the same distribution.

#### **Non-Operating Revenues:**

Non-Operating revenues are billings for physician services outside of the Medicare hospice benefit. The amount shown is based on the experience of the Seasons-Affiliated program Seasons Hospice and Palliative Care of Oregon.

#### **Net Patient Service Revenues:**

Net Patient service revenues by payor are computed as follow:

#### Medicare:

Medicare Net patient service revenues are forecast on the basis of the October 2021 Medicare rates applicable to the Applicant's proposed service area. For purposes of computing the blended routine care rate, it is assumed that 52 percent of the routine patient days delivered at the proposed hospice will be reimbursed at the rate applicable to days 1-60. The balance of the projected patient days will be reimbursed at the rate applicable to days 61 and beyond. This mix of routine days is based on the experience of SHCM with start-up programs.

### Medicare Managed Care:

It is assumed that managed care providers will negotiate and average discount of 5 percent below the published Medicare rates.

#### Medicaid:

It is assumed that net reimbursement for Medicaid patients will be approximately 10 percent lower than published rates for Medicare patients.

# Other Payors:

Net reimbursement for other payors is projected on the basis of percentages of charges:

Payor	Percentage of Charges Collected
Healthy Options	80
Private Pay *	12
Third Party Insurance	95
Other **	75

- \* A portion of the write-off from Private Pay Charges is attributable to Charity Care.
- \*\* Other payors include relatively small payors such as VA, Worker's Comp and Tri-Care

#### **EXPENSES**

# Advertising:

Advertising costs are bases on the 2019 experience of Seasons Hospice and Palliative Care of Oregon, which was \$21,728. No inflation adjustment has been made to this amount. Advertising costs are treated as fixed and do not respond to changes in clinical volume. An advertising budget of \$2,000 is also included in the pre-opening expenditures of the Applicant.

# **Depreciation and Amortization:**

Depreciation and Amortization is computed on the basis of the capital assets to be acquired in connection with this project. Depreciation is forecast on a straight-line basis with useful lives provided by the Northwestern University Kellogg Business School.

Item	Item C	ost	Qty	Total	Depreciable Life	Annual Depreciation Expense
Conference Table	\$	3,850	1	\$ 3,850	15	\$ 257
Conference Chairs	\$	385	12	4,620	15	\$ 308
Employee Desk	\$	1,320	9	\$ 11,880	15	\$ 792
Employee Desk Chair	\$	440	9	\$ 3,960	15	\$ 264
Guest Chair	\$	330	9	\$ 2,970	15	\$ 198
Filing Cabinet	\$	990	5	\$ 4,950	15	\$ 330
Reception Area Guest Chair	\$	715	6	\$ 4,290	15	\$ 286
Reception Area End Table	\$	220	3	\$ 660	15	\$ 44
Reception Area Coffee Table	\$	440	1	\$ 440	15	\$ 29
Kitchen Table	\$	550	2	\$ 1,100	15	\$ 73
Kitchen Chairs	\$	220	8	\$ 1,760	15	\$ 117
Patient Care Kit	\$	733	6	\$ 4.400	5	\$ 880
Employee Work Stations	\$	733	9	\$ 6,600	15	\$ 440
Subtotal Furnishings				\$ 51,480		\$ 4,019
Electronics and Telecom						
Server, HPE ProLiant ML 150, G9	\$	9,000	1	\$ 9,000	5	\$ 1,800
Firewall, Fortinet Fort iGate 100D	\$	3,000	1	\$ 3,000	5	\$ 600
Network Switch 2xAdtran Netvana 1638p	\$	3,200	1	\$ 3,200	5	\$ 640
On-time Low Voltage Wiring Installation	\$	15,000	1	\$ 15,000	10	\$ 1,500
Xerox Work Center	\$	10,000	1	\$ 10,000	5	\$ 2,000
Subtotal Electronics and Telecom				\$ 40,200		\$ 6,540
TOTAL				\$ 91,680		\$ 10,559

# **Dues and Subscriptions**

The Applicant has projected the cost of dues and subscriptions based on its experience with other start-up programs. It is assumed that this line item is not sensitive to increases in clinical volume. No inflation adjustment is made to this amount.

# **Education and Training**

The budget for this line item is based upon the 2019 expenses at of Seasons Hospice and Palliative Care of Oregon for Conferences and Training, which was \$941, its expenses for Employee Relations which was \$6,390, and its Recruitment Costs of \$3,883. Conferences and Training Costs and Recruitment Costs are treated as fixed costs and do not respond to changes in clinical volume. Employee Relations Costs are treated as variable.

Based on the 24,814 patient days delivered at Seasons Hospice and Palliative Care of Oregon in 2019, the 6,390 expense for Employee Relations coverts to a per diem cost of Approximately 0.26 per diem. 6,390 / 24,814 = 0.26

Total Education and Training costs are computed as follows:

Projection of Education and Training Expense	Initial 6- Months	Year 1	Year 2	Year 3
Fixed Costs				
Conferences and Training	\$ 474	\$ 941	\$ 941	\$ 941
Recruitment	\$ 1,932	\$ 3,833	\$ 3,833	\$ 3,833
Variable Costs				
Patient Days	2,345	6,007	13,184	18,786
Per Diem Employee Relations Expense	\$ 0.26	\$ 0.26	\$ 0.26	\$ 0.26
Projected Employee Relations Expense	\$ 604	\$ 1,547	\$ 3,395	\$ 4,838
Total Education and Training Expense	\$ 3,010	\$ 6,321	\$ 8,169	\$ 9,612

No inflation adjustment has been made to this amount. This budget does not reflect salary costs of professional clinical mangers who will be employed by the Applicant in connection with this project. Those costs are captioned under Salaries and Wages, Payroll Taxes and Employee benefits.

# **Employee Benefits**

Employee benefits are projected to equal 15 percent of salaries and wages. This percentage does not include provision for Employer FICA contributions, which are forecast under the caption of Payroll Taxes.

# **Information Technology Computers**

The budget for this line item reflects the acquisition of the costs of purchasing computer hardware, cell phones, computer monitors, desk phones and applicable charges for internet connections and telecom charges. Such charges will be incurred as staffing levels require. For this reason, the largest expense is in year one. Internet and telecom charges are fixed, others are incremental. The schedule of acquisitions and expenses is shown below.

Telecommunications and EMR										
		Six Months Ending		Calendar Year		Six Months Ending		С	alendar Year	
		31-Dec-22	31-Dec-23	31-Dec-24	31-Dec-25	31-Dec-22	31-Dec-23	L	31-Dec-24	31-Dec-25
Toshiba Protégé x20W-D, Lap Top	\$ 1,400	6	1	4	2	\$ 8,400	\$ 1,400	\$	5,600	\$ 2,800
Samsung S8 Cell Phone	\$ 700	6	1	4	2	\$ 4,200	\$ 700	\$	2,800	\$ 1,400
Lenovo Think Center M7 10Q Computer	\$ 700	4	1	1	1	\$ 2,800	\$ 700	\$	700	\$ 700
Monitor	\$ 150	6	1	4	2	\$ 900	\$ 150	\$	600	\$ 300
Desk Phone	\$ 300	6	1	4	2	\$ 1,800	\$ 300	\$	1,200	\$ 600
Internet Charges	\$ 8,400	1	1	1	1	\$ 8,400	\$ 8,400	\$	8,400	\$ 8,400
Telecom Charges	\$ 3,600	1	1	1	1	\$ 3,600	\$ 3,600	\$	3,600	\$ 3,600
Total						\$ 30,100	\$ 15,250	\$	22,900	\$ 17,800

#### Insurance

The insurance expense of \$12,500 is based on the experience of other Seasons-affiliated organizations. This expense is not forecast to be sensitive to increases in clinical volume.

# Interest

There is no long or short-term debt forecast in connection with this projector its operations.

# **Legal and Professional**

Legal and Professional fees are based upon the \$13,474 in printing costs and \$5,241 in Outside services expensed at of Seasons Hospice and Palliative Care of Oregon in 2019. The Outside Services are treated as 100 percent fixed. 80 percent of the printing expense of \$13,474 is treated as fixed – or \$10,779. The balance of \$2,695 is considered to be variable and computes to a per diem amount of 0.11 per diem (\$2,695 / 24,814 = \$0.11).

The Table below shows the computations that result in the expense projection for Legal and Professional Fees shown in the pro forma Income and Expense projections:

Projection of Legal and Professional Expense	Initial 6 Months	Year 1	Year 2	Year 3
Lxperise	IVIOITIIS			
Fixed Costs				
Outside Services	\$ 2,642	\$ 5,241	\$ 5,241	\$ 5,241
Printing	\$ 5,434	\$ 10,779	\$ 10,779	\$ 10,779
Variable Costs				
Patient Days	2,345	6,007	13,184	18,786
Printing Cost Per Diem Expense	\$ 0.11	\$ 0.11	\$ 0.11	\$ 0.11
Variable Printing Cost Expense	\$ 255	\$ 652	\$ 1,432	\$ 2,040
Total Education and Training Expense	\$ 8,331	\$ 16,673	\$ 17,452	\$ 18,060

### **Licenses and Fees**

Licenses and Fees include a \$5,000 annual provision for state and local licenses. In addition to this amount, the following computer software and licensing fees are projected in connection with the office computer equipment to be acquired in connection with the project.

		Six Months				Six Months				
		Ending	C	alendar Year		Ending			Calendar Year	
Licenses		31-Dec-22	31-Dec-23	31-Dec-24	31-Dec-25	31-Dec-22	3	31-Dec-23	31-Dec-24	31-Dec-25
Windows 365 & Related	\$ 540	4	1	1	1	\$ 2,160	\$	540	\$ 540	\$ 540
EMR Costs Operating	3,500	1	1	1	1	\$ 3,500	\$	3,500	\$ 3,500	\$ 3,500
EMR Costs Incremental	\$ 2,500	3	4	5	6	\$ 7,500	\$	10,000	\$ 12,500	\$ 15,000
Total *						\$ 13,160	\$	14,040	\$ 16,540	\$ 19,040

<sup>\*</sup>These costs added to the \$5,000 annual license allowance referenced above result in the projections that appear in the pro forma income and expense statement.

# **Medical Supplies**

Medical Supplies are forecast on the basis of the experience of Seasons Hospice and Palliative Care of Oregon in 2019. These expenses include Clinical Supplies of \$44,962; DME Expense of \$138,722; Pharmacy Costs of \$179,385; and Open Access of \$6,866. These amounts sum to \$369,935. Application of the 24,814 patient days delivered at of Seasons Hospice and Palliative Care of Oregon in 2019 results in a per diem expense of \$14.91.

The table below shows the computations used to develop the Supply Expense projection for the Por Forma Statement of Income and Expense:

Projection of Supply	Initial 6	Year 1	Year 2	Year 3
	Months			
Variable Costs				
Patient Days	2,345	6,007	13,184	18,786
Supply Cost Per Diem	\$ 14.91	\$ 14.91	\$ 14.91	\$ 14.91
Projected Supply Cost	\$ 34,960	\$ 89,554	\$ 196,551	\$ 260,068

# **Payroll Taxes**

Payroll Taxes are projected to equal 6.5 percent of Salaries and Wages.

# **Postage**

Postage is based on an estimated per-diem expense of \$0.10 per patient day of care.

#### **Purchased Services**

Purchased services consist of the fees paid to hospitals and nursing homes that provide inpatient services on a subcontracted basis to the Applicant's projected hospice inpatients. It is assumed that these facilities will be paid an amount to 85 percent of the GIP charges. The computations used to project the costs of purchased services appear in the table below.

Projection of Purchased Services		lı	nitial 6	Year 1		Year 2		Year 3
Expense		N	<b>lonths</b>					
GIP Days			35	90		198		282
Projected GIP Per Diem Charge		\$	1,200	\$ 1,200	\$	1,200	\$	1,200
Projected GIP Per Diem Contract								
Payment	85%	\$	1,020	\$ 1,020	\$	1,020	\$	1,020
Total Purchased Services		\$ 3	35,879	\$ 91,907	\$ 2	01,715	\$ 2	87,426

# Rental \ Lease

The amount shown under rental and lease expense represents the costs of leasing the office space from which the proposed hospice will conduct its operations. The lease amounts are documented in the Appendices to this application. The Lease terms state that the monthly rental expense is inclusive of utilities, property taxes and other costs of operating the leased space. A small additional provision is added for the cost of utilities in common areas of the rental property. The total rental and other costs as defined in the lease agreement are illustrated in the Table below:

				12-Mont	h Pe	riods End	ed D	ec 31,
	Pre-Onening	Six Months Ended Pre-Opening Dec 31, 2022		2023		2024		2025
	r re-opening		DCC 31, 2022	2025		2024		2023
Rental Expense	\$ 57,842	\$	20,844	\$ 42,833	\$	44,118	\$	45,442
Utilities, Taxes and Other	\$ -	\$	327	\$ 1,310	\$	1,965	\$	2,620
Total	\$ 57,842	\$	21,171	\$ 44,143	\$	46,083	\$	48,062

# **Repairs and Maintenance**

The Applicant estimates that repairs and maintenance will be relatively minor expenditures in its early years of operations, but has included a budget of \$3,500 per year to cover unexpected costs of this type.

# **Salaries and Wages**

Salaries and wages are detailed in the applicable narrative sections of this application. Staffing levels are based on the projected daily census of the proposed hospice and Seasons staffing model.

Salary expense for the pre-opening period includes provisions for pre-opening hiring of staff to permit orientation and training before clinical operations commence.

# **Supplies**

The Supply line item refers to general office supplies. This line item is assumed to be variable with respect to clinical volume. An allowance of \$1.00 per diem is made for this line item.

# Telephones\Pagers

The expenses included in this line item include the Information Systems and Call Center expenses at of Seasons Hospice and Palliative Care of Oregon in 2019. These expenses totaled \$91,751 and are assumed to be fixed with respect to the clinical volume changes forecast in this application.

#### **Service Fees**

Service Fees consist of the management fee paid by the Applicant to Seasons. This fee is fixed at \$60,000 per year.

# **Washington State B&O Taxes**

This tax is computed as 1.5 percent of Revenues.

# **Travel, Patient Care and Other**

The expenses included in this line item include the following line items form the 2019 Income and expenses statement of Seasons Hospice and Palliative Care of Oregon.

Other Direct Expense: \$ 204,581

Travel: \$ 2,323

Other Operating Expenses: \$ 9,932

Total: \$ 216,836

These costs include not only travel, but other operating costs. For budgeting purposes, the following assumptions were made concerning the sensitivity of these expenses to clinical volume:

Line Item	Amount	Percent	Percent	Amount	Amount
		Fixed	Variable	Fixed	Variable
Other Direct Expenses	\$ 204,581	0 %	100 %	\$ 0	\$ 204,581
Travel	\$ 2,323	70 %	30 %	\$ 1,626	\$ 697
Other Operating Expenses	\$ 9,932	100%	0 %	\$ 9,932	\$ 0
Total	\$ 216,836			\$ 11,558	\$ 205,278
Seasons Oregon Patient					
Days 2019					24,814
Variable Per Diem					
Expense Travel and Other					\$ 8.27

The detail of the forecast for this line item is presented below:

Projection of Travel, Patient Care and Other Expense	Initial 6 Months	Year 1	Year 2	Year 3
Fixed Costs				
Travel	\$ 820	\$ 1,626	\$ 1,626	\$ 1,626
Other Operating Costs	\$ 5,007	\$ 9,932	\$ 1,020	\$ 9,932
Other Operating Costs	\$ 3,007	۶ ۶,۶۵۷	۶ ۶,۶۵۷	Ş 3,332
Variable Costs				
Patient Days	2,345	6,007	13,184	18,786
Variable Per Diem Costs	\$ 8.27	\$ 8.27	\$ 8.27	\$ 8.27
Variable Travel and Other Cost Projection	\$ 19,399	\$ 49,694	\$ 109,067	\$ 155,410
				_
Total Education and Training Expense	\$ 25,226	\$ 61,252	\$ 120,625	\$ 166,968

# **Contributions to Foundation**

These amounts reflect the commitment of the Applicant to provide funding for identified special programs as discussed in the application.

#### Impact of the Project and Concurrent Projects on Operations of Accent Care, Inc.

The Project that is the subject of this application will not materially impact the operations of Accent Care. Neither will all four of the Seasons' applications if they are approved simultaneously. Exhibit A presents historical and forecast Statements of Income and expense for Accent Care for 2020 and for the forecast years 2021 through 2025. Accent Care generated a surplus of revenues and expenses in the amount of approximately \$179.5 million in calendar year 2020. Accent Care projects a small loss in 2021 because of significant one-time integration costs and tax events associated with the merger with Seasons. Accent expects to return to profitability in 2022 and in subsequent years. The four hospice projects that are under review will generate losses in 2022 and 2023; however, the magnitude of these losses is relatively modest and cumulatively sums to less than \$5 million. This amount can readily be covered by Accent's ongoing income from operations. Furthermore, after 2023, all four hospices are projected to generate positive net revenues and cash flow.

Exhibit B provides historical and forecast balance sheets for Accent Care for 2020 and for the forecast years 2021 through 2025. Accent Care's Cash balances are forecast to remain level at \$53.75 million over the duration of the forecast period. Current Assets are forecast to grow from approximately \$277 million in 2020 to over \$404 million at the end of 2025. Accent Care's Equity if forecast to grow from approximately \$844.75 million in 2020 to over \$1.1 billion in 2025. These figures clearly show that Accent Care can implement the four Seasons' Hospice programs that are under review without hampering its other programs and services.

In this context, it is also important to note that all four applicants have been funded with cash balances that will enable them independently to place their programs in operation and fund any short-term operating losses.

Exhibit A

Income Statement								
Accent Care						12 Mo	nths Ended Decem	ber 31,
	2020	2021		Subtotal 18 Months Ended June 20, 2022			2024	202
REVENUES								
AccentCare Seasons Fairview Revenue Synergies	\$ 903,770,801 480,541,146 18,590,400	\$ 1,011,780,075 513,186,740 75,955,273 3,837,209	\$ 525,118,337 273,448,331 41,167,758 3,837,209	\$ 1,536,898,412 786,635,072 117,123,031 7,674,419	\$ 558,350,484 296,235,692 41,167,758 3,837,209	\$ 1,160,577,857 625,712,673 89,251,699 8,319,070	\$ 1,243,536,357 685,643,072 96,748,842 9,017,872	\$ 1,332,808,510 745,052,533 104,875,744 9,775,373
TOTAL REVENUES	\$ 1,402,902,348	\$ 1,604,759,298	\$ 843,571,635	\$ 2,448,330,933	\$ 899,591,144	\$ 1,883,861,298	\$ 2,034,946,142	\$ 2,192,512,166
EXPENSES								
Operating Costs Interest Depreciation Administration	\$ 1,130,179,312 - - - 93,175,990	1,332,036,262 74,894,862 15,848,752 184,802,030	\$ 672,192,051 36,175,979 8,432,524 103,156,680	\$ 2,004,228,313 111,070,841 24,281,276 287,958,709	\$ 715,629,205 34,940,311 8,432,524 126,374,198	1,496,218,584 65,623,776 17,946,963 241,299,366	1,612,421,886 58,694,720 19,113,719 256,750,741	1,734,071,86 50,513,07 20,357,67 275,249,67
TOTAL EXPENSES	\$ 1,223,355,302	\$ 1,607,581,905	\$ 819,957,234	\$ 2,427,539,139	\$ 885,376,238	\$ 1,821,088,690	\$ 1,946,981,066	\$ 2,080,192,27
NET INCOME	\$ 179,547,046	\$ (2,822,608)	\$ 23,614,401	\$ 20,791,794	\$ 14,214,906	\$ 62,772,608	\$ 87,965,076	\$ 112,319,889
HOSPICE PROJECTS NET INCOME								
King County Snohomish County Thurston County Pierce County				(231,319) (288,008) (175,424) (206,067)	(458,113) (454,840)	(633,330) (602,409)	115,429	839,938 581,773 573,319 805,930
TOTAL HOSPICE PROJECTS	\$ -	\$ -	\$ -	\$ (900,819)	\$ (1,784,051)	\$ (2,194,960)	\$ 633,592	\$ 2,800,956
CONSOLIDATED NET INCOME	\$ 179,547,046	\$ (2,822,608)	\$ 23,614,401	\$ 19,890,975	\$ 12,430,854	\$ 60,577,648	\$ 88,598,667	\$ 115,120,845

**Exhibit B** 

BALANCE SHEET										
ACCENT CARE						12 Months Ended December 31,			er 31,	
				ix Months Ended	Six Months Ended					
ASSETS		2020	2021	June 30, 2022	Dec 31, 2022		2023		2024	202
Cash	\$	53,750,000	53,750,000	53,750,000	53,750,000		53,750,000		53,750,000	53,750,000
Cash - Restricted	\$	122,000	122,000	122,000	122,000		122,000		122,000	122,000
AR .	\$	202,648,395	240,912,570	250,299,088	261,705,900		273,546,983		294,677,993	318,364,780
Other Current Assets	\$	20,483,708	24,423,761	25,099,548	26,531,792		27,506,165		29,712,148	32,012,761
urrent Assets	\$	277,004,103	\$ 319,208,331	\$ 329,270,636	\$ 342,109,692	\$	354,925,148	\$	378,262,141	\$ 404,249,542
ntangibles	\$ 1	,871,381,960	1,820,248,626	1,794,681,960	1,769,115,293		1,717,981,960	1	,666,848,626	1,615,715,293
ixed Assets	\$	45,913,892	45,913,892	45,913,892	45,913,892		45,913,892		45,913,892	45,913,892
Deferred Financing Fees	\$	43,937,208	37,660,464	34,522,092	31,383,720		25,106,976		18,830,232	12,553,488
ther Assets	\$	20,277,867	20,277,867	20,277,867	20,277,867		20,277,867		20,277,867	20,277,867
otal Assets	\$ 2	,258,515,029	\$ 2,243,309,180	\$ 2,224,666,447	\$ 2,208,800,464	\$	2,164,205,843	\$ 2	2,130,132,758	\$ 2,098,710,082
IABILITIES AND EQUITY										
Current Liabilities										
AP.	\$	38,634,300	46,983,164	48,828,105	51,056,638		53,289,977		57,271,816	61,761,464
ccrued Payroll	\$	63,672,024	74,928,671	77,024,557	81,425,040		84,293,939		90,840,598	97,694,113
ther Current Liabilities	\$	46,860,569	55,145,100	56,687,605	59,926,220		62,037,637		66,855,769	71,899,736
urrent Liabilities	\$	149,166,893	\$ 177,056,936	\$ 182,540,267	\$ 192,407,898	\$	199,621,553	\$	214,968,183	\$ 231,355,312
ong term and Other Liabilities										
Other LT Liabilities	\$	108,026,278	108,026,278	108,026,278	108,026,278		108,026,278		108,026,278	108,026,278
L	\$	875,571,375	835,298,090	787,557,625	747,609,105		633,028,221		495,643,431	335,513,736
L	\$	282,000,000	282,000,000	282,000,000	282,000,000		282,000,000		282,000,000	282,000,000
otal Liabilities	\$ 1	,414,764,546	\$ 1,402,381,304	\$ 1,360,124,170	\$ 1,330,043,281	\$	1,222,676,052	\$ 1	,100,637,892	\$ 956,895,326
quity (incl. Rollover)	\$	843,750,483	\$ 840,927,876	\$ 864,542,277	\$ 878,757,183	\$	941,529,791	\$ 1	,029,494,867	\$ 1,141,814,756
iabilities and Equity	4.5		\$ 2,243,309,180				2,164,205,843			

# **EXHIBIT 16**

# **Medical Director Agreement**



#### MEDICAL DIRECTOR AGREEMENT

This MEDICAL DIRECTOR AGREEMENT ("Agreement") is effective on the 1<sup>st</sup> day of January, 2021 (the "Effective Date") by and between Seasons Hospice & Palliative Care of Pierce County Washington, LLC ("Seasons") and Balakrishnan Natarajan, M.D. ("Physician").

### **RECITALS**

- A. WHEREAS, Seasons operates a licensed hospice program, or is seeking such licensure, to provide hospice and palliative care and related services that focus primarily on improving the quality of life of terminally-ill patients and their families; and
- B. WHEREAS, Seasons desires to employ Physician, and Physician desires to be so employed, to provide Services for Seasons in accordance with the terms and conditions of this Agreement.

#### **AGREEMENTS**

In consideration of the Recitals and mutual agreements that follow, the parties agree to the following terms and conditions:

- 1. <u>Definitions</u>. Capitalized terms not otherwise defined herein shall have the following meanings:
- (a) "<u>Applicable Laws</u>" means all federal, state, and local laws, rules, and regulations applicable to Seasons, Physician, or the Services to be performed by Physician pursuant to this Agreement, as amended from time to time. For the purposes of this Agreement, Applicable Laws shall include, but not be limited to, the Social Security Act, the Medicare hospice regulations, and applicable state hospice licensure and Medicaid laws, rules, and regulations.
- (b) "<u>Approval</u>" means any and all federal, state, and local governmental and regulatory approval, authorization, license, or permit; Medicare and Medicaid and other provider and supplier number or registration including, but not limited to, Federal Drug Enforcement Agency ("DEA") registrations and state equivalents, if any; and certifications required by Applicable Laws.
- (c) "Attending Physician" means a duly licensed doctor of medicine or osteopathy who is identified by a Patient or his or her legal representative upon the election of Hospice Services as having the most significant role in the determination and delivery of the Patient's medical care.

- (d) "<u>Patient</u>" means an individual who has been duly admitted and accepted by Seasons to receive Hospice Services.
- (e) "<u>Hospice Services</u>" means those services and items that are reasonable and necessary for the palliation and management of a Patient's terminal illness and related conditions as specified in such Patient's Plan of Care.
- (f) "Interdisciplinary Group" ("IDG") means Seasons' group of qualified individuals, including but not limited to: a doctor of medicine or osteopathy; a registered nurse; a social worker; and a pastoral or other counselor.
- (g) "<u>Medical Director</u>" means an employee or contractor of Seasons who is designated as Seasons' Medical Director, and who has overall responsibility for Seasons' medical component in accordance with Applicable Laws.
- (h) "Plan of Care" means a written care plan established, maintained, and modified, as necessary, for each Patient receiving Hospice Services by the IDG which includes (i) an assessment of the Patient's needs; (ii) an identification of the Hospice Services appropriate to meet the needs of the Patient and his or her family; and (iii) details concerning the scope and frequency of such Hospice Services.
- (i) "<u>Services</u>" means the Hospice Services set forth in the attached exhibits, administrative services, and other physician services provided to Seasons or Patients.
- 2. <u>Employment</u>. Seasons hereby employs Physician to provide Services for Seasons during the Term of this Agreement and in accordance with the terms and conditions set forth herein, and Physician hereby agrees to be so employed by Seasons.

# 3. <u>Physician's Responsibilities</u>.

- (a) <u>Hospice Services</u>. In furtherance of Physician's duties and responsibilities hereunder, Physician shall provide Hospice Services in accordance with the provisions of the exhibits attached hereto.
- (b) <u>Extent of Services</u>. Physician shall be available for on-call consultations, assistance, and decisions regarding patient care on a schedule and at times as agreed upon by Seasons and Physician.
- (c) <u>Supervision</u>. As an employee of Seasons, for services Physician provides on behalf of Seasons, Physician shall at all times be subject to the general administrative control and supervision of Seasons, and for administrative purposes shall report directly to the Executive Director of Seasons, or such other individual appointed by Seasons.

- (d) <u>Seasons Policies and Procedures</u>. Physician shall follow and at all times comply with Seasons' policies and procedures, which will remain available for review at Seasons offices.
- (e) <u>Documentation</u>. Physician shall prepare and maintain accurate and complete reports and other documentation with respect to the performance of the Services provided hereunder, including medical records and time reports (collectively, "Documentation"), in accordance with sound medical practice, Applicable Laws, Seasons policies and procedures, and other reasonable requirements of Seasons. Physician shall provide a signed medical record entry at the time each medical service is provided by Physician to a Patient. All Documentation shall remain the exclusive property of Seasons and Physician shall not have any ownership interest in Documentation of Seasons records. This section shall survive termination of this Agreement with respect to Documentation of Services provided prior to termination. Failure to comply with this section shall be grounds for immediate termination. Any such termination shall not relieve Physician of the obligation to complete Documentation.
- (f) <u>Drug Use</u>. Physicians will be free from the influence of alcohol or illegal substances while providing Services under this Agreement.
- (g) <u>Nurse Practitioner Supervision</u>. If requested by Seasons, Physician shall provide supervision of Seasons nurse practitioners, including executing a collaborative agreement if required by state law.
- 4. <u>Representations, Warranties, and Covenants of Physician</u>. Physician represents, warrants, and covenants to Seasons, upon execution of Agreement and continuously throughout the Term of this Agreement, as follows:
- (a) Approvals. Physician possesses and shall maintain in full force and effect at all times all Approvals necessary to perform the Services under this Agreement. Physician has not: (i) had any license to practice medicine in any state, DEA Registration Number, any state-issued authorization to prescribe controlled substances or other Approval suspended, relinquished, terminated, restricted, revoked, or voluntarily surrendered; (ii) been disciplined by any licensing board, state or local society, or specialty board; (iii) had entered against Physician a final judgment in, or settled, a malpractice or similar action during the past 5 years; or (iv) had his or her medical staff privileges at any hospital or medical facility revoked, suspended, relinquished, terminated, or restricted. If any of the events described in this section should occur during the Term of this Agreement, Physician shall provide Seasons with immediate written notice thereof. Physician holds the Medicare provider number, the National Provider Identifier, and the DEA registration number that appear beneath Physician's signature below.
- (b) <u>Program Exclusion</u>. Physician has not been convicted of a criminal offense related to, and has not been debarred, excluded, or suspended from participation in, any federal health care program (as defined in Section 1128B of the Social Security Act (42 U.S.C.

1320a-7b(f))) or state health care program (as defined in Section 1128B of the Social Security Act (42 U.S.C. 1320a-7b(h)).

- (c) <u>Compliance with Applicable Laws and Policies, Standard of Care.</u>
  Physician shall perform all Services hereunder in accordance with: (i) all Applicable Laws; (ii) Seasons policies and procedures; and (iii) generally recognized standards of care and the codes of ethics and/or professional conduct of the professional associations of which Physician is a member.
- (d) <u>Board Certification</u>. Physician shall be board certified as agreed to by Physician and Seasons in writing, and shall promptly furnish Seasons with evidence of such board certification upon request.
- (e) <u>Continuing Medical Education</u>. Physician shall do all things reasonably necessary to maintain the Approvals and board certification referred to in this section including attending continuing medical education programs in accordance with licensure or certification requirements and Seasons policies and procedures.
- 5. <u>Seasons' Responsibilities</u>. Seasons retains full professional management responsibility and authority over, and control of, all aspect of Seasons business and operations that may not legally be carried on by persons or entities other than Seasons including, but not limited to, the responsibility for planning, coordinating, and providing Hospice Services for Patients and their families. Nothing in this Agreement shall be construed to delegate to Physician any professional management or other responsibility or authority that may only be exercised by Seasons under Applicable Laws.
- 6. Compensation and Benefits. In consideration for Services provided by Physician under this Agreement, Physician shall be paid in accordance with, and subject to, the terms and conditions set forth in the exhibits attached hereto. Seasons reserves the right to withhold payment if a Physician fails to provide Documentation of such Services and/or any Services cannot be billed by Seasons due to failure of Physician to complete Documentation, where permitted by state law. Seasons reserves the right to recoup payment if a Physician fails to provide Services as required under this Agreement, where permitted by state law. Should Physician receive any overpayment, Physician shall immediately notify Seasons of such overpayment. The amounts to be paid by Seasons to Physician pursuant to this Agreement have been determined through good faith bargaining, in an arm's length process, to be fair market value for the performance of the duties, responsibilities, and obligations of Physician specified herein. No amount paid hereunder is intended to be a direct or indirect, covert or overt offer, inducement, or payment for referrals of patients or services. Physician will be eligible to receive benefits in accordance with, and subject to, the terms and conditions of Seasons policies and procedures for full-time or part-time employees, as applicable to Physician.

# 7. <u>Confidentiality and Non-Solicitation</u>.

- (a) Confidentiality. Physician acknowledges and agrees that in the performance of the Services hereunder Physician will receive or have access to the Confidential Information (as defined below) of Seasons. Physician shall hold all such Confidential Information in strict confidence, and shall not disclose any such Confidential Information to any third party, at any time during the Term of this Agreement or after the termination of this Agreement. The provisions of this section shall not apply to the extent that such Confidential Information: (i) is in the public domain through no fault of Physician; (ii) is lawfully acquired by Physician from a third party under no obligation of confidence to Seasons; or (iii) is required by Applicable Law by any governmental or judicial body to be disclosed; provided, however, that upon receiving notice of a required disclosure under this clause, Physician shall promptly notify Seasons of such required disclosure in writing. Such Confidential Information shall not otherwise be used to the detriment of Seasons in any manner and all Confidential Information provided by Seasons to Physician, including all copies and extracts thereof, will be returned to Seasons immediately upon its request. For purposes of this Agreement, the term "Confidential Information" shall mean any and all confidential and proprietary information relating to the business and operation of Seasons, including but not limited to, information with respect to Seasons' existing and contemplated services, products, trade secrets, know how, research and development, formulas, models, compilations, processes, inventions, computer code generated or developed, software or programs, related documentation, business and financial methods or practices, plans, pricing, operating margins, marketing, merchandising and selling techniques and information, customer lists, details of customer agreements, sources of supply, employee compensation and benefit plans, patients, patient records and data, and other confidential information relating to Seasons policies and procedures, operating strategies, expansion strategies or business strategies or other confidential or proprietary information of Seasons.
- (b) Non-Solicitation of Patients, Customers, and Suppliers. Physician agrees that during the Term of this Agreement, Physician shall not directly or indirectly through another person or entity, solicit the trade, business, or care of any patient, prospective patient, customer, prospective customer, referral source, prospective referral source, supplier, or prospective supplier of Seasons for any business or other purpose competitive with the business of Seasons (i.e., hospice and palliative care). Physician further agrees that for 1 year following termination of this Agreement, Physician shall not directly or indirectly through another person or entity, solicit the trade, business or care of any patients, customers, referral sources or suppliers, or prospective patients, customers, referral sources or suppliers, of Seasons for any business or purpose competitive with the business of Seasons (i.e., hospice and palliative care); provided however, that the foregoing shall not be construed (i) to interfere with or prohibit a patient's or prospective patient's freedom of choice, or (ii) to prohibit Physician's solicitation of any patient who was a patient of Physician prior to such time as the patient became a Patient of Seasons.
- (c) <u>Non-Solicitation of Employees</u>. Physician agrees that, during the Term of this Agreement and for 1 year following termination of this Agreement, Physician shall not

directly or indirectly through another person or entity, solicit or induce, or attempt to solicit or induce, any employee of Seasons to leave Seasons for any reason whatsoever, or hire (in any capacity) any person who was an employee of Seasons at any time during the 6 month period immediately prior to the date on which such hiring would take place (it being conclusively presumed by the parties so as to avoid any disputes under this section that any such hiring within such 6 month period is in violation of this section).

- (d) <u>Injunctive Relief.</u> Physician agrees that in the event of any breach by Physician of any of the covenants or agreements contained in this section, Seasons would suffer substantial and irrevocable damage and would encounter extreme difficulty in attempting to prove the actual amount of damages suffered by Seasons as a result of such breach, and Seasons would not have an adequate remedy at law in such event and, therefore, in addition to any other remedy Seasons may have at law or in equity in the event of any such breach, Seasons shall be entitled to seek and receive specific performance and temporary, preliminary and permanent injunctive relief from any breach of any of the covenants or agreements of this Agreement from any court of competent jurisdiction without the necessity of proving the amount of any actual damages to it resulting from such breach. This section shall survive termination of this Agreement.
- 8. <u>Insurance</u>. Seasons shall at all times during the Term of this Agreement maintain professional liability insurance and general liability insurance (including contractual liability for this Agreement) with minimum separate limits of \$1,000,000 per occurrence and \$3,000,000 in the aggregate, to cover claims arising from the acts or omissions of Physician in his or her performance of the Services under this Agreement. Such coverages may be maintained by Seasons on a claims-made basis with Seasons' purchase of tail end coverage to insure claims occurring during the Term of this Agreement, or may be maintained by Seasons' on an occurrence basis. This section shall survive termination of this Agreement. PHYSICIAN ACKNOWLEDGES AND AGREES THAT THE PROFESSIONAL LIABILITY AND OTHER INSURANCE PROVIDED HEREUNDER DOES NOT COVER PHYSICIAN'S ACTIVITIES WHICH ARE OUTSIDE THE SCOPE OF THIS AGREEMENT AND NOT PERFORMED FOR THE BENEFIT OF SEASONS, AND THAT PHYSICIAN MUST OBTAIN SEPARATE PROFESSIONAL LIABILITY AND OTHER INSURANCE FOR SUCH OUTSIDE ACTIVITIES.

# 9. Term and Termination.

(a) <u>Term of Agreement</u>. The initial term of this Agreement shall commence on the date first above written and shall continue for a period of 1 year (the "Initial Term"). Upon the expiration of the Initial Term, this Agreement shall automatically renew for additional consecutive renewal terms of 1 year each (each a "Renewal Term"), unless earlier terminated in accordance with the terms hereof. The "Term" of this Agreement shall mean and include the Initial Term, together with any Renewal Terms, until terminated as provided herein. In the event a party does not desire to renew this Agreement, it shall provide written notice of non-renewal to

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the other Party not less than 30 days prior to the expiration of the Initial Term or any Renewal Term, as the case may be.

### (b) Termination for Cause.

- (i) If Physician is in default of any material term, condition, representation, or warranty under this Agreement, or fails to perform in any material respect any of the Services hereunder, and such default or failure is not cured within 30 days following its receipt of notice of default or failure, then Seasons may, after the expiration of such 30 day period, terminate this Agreement upon written notice to Physician.
- (ii) Seasons may terminate this Agreement in the event of Physician's (i) loss or suspension of any Approval, or (ii) failure to qualify for coverage under Seasons' insurance policy. Such termination shall be effective immediately upon written notice of termination to Physician. Physician shall immediately notify Seasons in writing of the occurrence or threat of occurrence of any of the events specified in this section.
- (iii) Seasons may terminate this Agreement if it determines in its sole discretion that continuation of this Agreement may be detrimental to the operations of Seasons, or could jeopardize the health or welfare of any Patient. Such termination shall be effective immediately upon written notice of termination to Physician.
- (c) <u>Suspension</u>. In lieu of termination, Seasons may suspend the operation of this Agreement at any time upon the occurrence of any of the events giving rise to Seasons' right to terminate this Agreement pursuant to the sections above or upon Seasons' determination in its sole discretion that there is probable cause to believe that any of such events may have occurred.
- (d) <u>Death or Disability of Physician</u>. This Agreement shall automatically terminate upon Physician's death or disability, as reasonably determined by Seasons in its sole discretion and in accordance with all Applicable Laws.
- (e) <u>Termination without Cause</u>. Either party may terminate this Agreement without cause upon not less than 60 days prior written notice of termination to the other party.
- (f) <u>Effect of Termination or Suspension</u>. If this Agreement is terminated or suspended, Physician shall immediately cease providing any Services hereunder unless Seasons notifies Physician that he or she shall continue to provide Services in accordance with this Agreement until a successor is named, in which event Seasons shall continue to reimburse Physician in accordance with this Agreement. This provision shall survive termination of this Agreement.
  - 10. Notification of Material Events. Physician shall immediately notify Seasons of:

- (a) <u>Incident Reporting</u>. Any incident involving a Patient including mistreatment or neglect; verbal, mental, sexual, or physical abuse; injuries of an unknown source; or misappropriation of patient property.
- (b) <u>Licensure Actions</u>. Any sanctions, intermediate or otherwise, administrative or judicial fines, penalties, or action by federal or state officials against Physician.
- (c) <u>Exclusion</u>. Any threatened, proposed, or actual exclusion of Physician or its personnel from any government program including, but not limited to, Medicare or Medicaid.

# 11. General Provisions.

- (a) <u>Nondiscrimination</u>. Physician shall perform the Services hereunder without unlawful discrimination on the basis of race, color, religion, national origin, sex, ancestry, disability, or any other basis protected by law.
- (b) <u>Force Majeure</u>. Neither party shall be liable nor deemed to be in default for any delay or failure in performance under this Agreement or other interruption of service or employment which is caused, directly or indirectly, by acts of nature, military authority, acts of public enemy, war, accidents, fires, explosions, earthquakes, floods, failure of transportation, machinery or supplies, vandalism, strikes, or other work interruptions beyond the reasonable control of either party. However, both parties shall make good faith efforts to perform their respective obligations under this Agreement in the event of any such circumstances.
- (c) <u>Medical Judgment</u>. The parties agree that Seasons shall not control the professional judgment, treatment, or medical services rendered by Physician, and the responsibility for the aforementioned shall rest solely with Physician.
- (d) <u>Notices</u>. Any notice, demand, request, consent, or approval required or permitted hereunder shall be in writing and shall be delivered (i) personally; (ii) by certified mail, return receipt requested, postage prepaid; or (iii) by overnight courier, to the address indicated below or to such other address as may be designated in writing by any party from time to time:

#### If to Seasons:

Seasons Hospice & Palliative Care of Pierce County Washington, LLC 6400 Shafer Ct., Suite 700 Rosemont, IL 60018

Attention: President

# With a copy to:

Seasons Hospice & Palliative Care of Pierce County Washington, LLC 6400 Shafer Ct., Suite 700 Rosemont, IL 60018 Attention: Legal Department

# If to Physician:

Balakrishnan Natarajan, M.D. 540 Mills St. Hinsdale, IL 60521

All such communications shall be deemed to have been received by the intended recipient (i) 3 business days following deposit in the United States Mail if sent by certified mail; (ii) on the day actually received if delivered personally; or (iii) on the next business day if sent by overnight courier.

- (e) <u>No Third-Party Beneficiaries</u>. This Agreement shall not confer any rights or remedies upon any person other than Seasons and Physician and their respective successors and permitted assigns.
- (f) <u>Governing Law</u>. This Agreement shall be governed by and construed in accordance with the laws of the State where Seasons is located without giving effect to any choice or conflict of law provision or rule (whether of the State where Seasons is located or any other jurisdiction) that would cause the application of the laws of any jurisdiction other than the State where Seasons is located.
- Agreement, and no postponement, or waiver of any such provision or of any default, misrepresentation, or breach of warranty or covenant hereunder, whether intentional or not, shall be valid unless such amendment, postponement, or waiver is in writing and signed by or on behalf of Seasons and Physician. No such amendment, postponement, or waiver shall be deemed to extend to any prior or subsequent matter, whether or not similar to the subject-matter of such amendment, postponement, or waiver. No failure or delay on the part of Seasons or Physician in exercising any right, power, or privilege under this Agreement shall operate as a waiver thereof nor shall any single or partial exercise of any right, power, or privilege hereunder preclude any other or further exercise thereof or the exercise of any other right, power, or privilege.
- (h) <u>Succession and Assignment</u>. This Agreement shall be binding upon and inure to the benefit of Seasons and Physician and their respective heirs, executors, successors and permitted assigns. No party may assign this Agreement or any of such party's rights, interests, or obligations hereunder without the prior approval of the other party hereto, except that Seasons

may assign its rights, interests, and obligations hereunder, in whole or in part, to any of its affiliates.

- (i) <u>Legal Compliance</u>. Nothing contained in this Agreement will require Physician to admit or refer any patients to Seasons as a precondition to receiving the benefits set forth herein. In the event that either party determines, with the documented advice of qualified legal counsel, that compliance with the terms of this Agreement by either party would pose a clear and present risk of causing a party of violating an Applicable Law of any kind, including but not limited to laws relating to relationships between referral sources or relating to availability of reimbursement to Seasons from governmental payers, the party will provide notice of the potential violation and proposed modifications to the Agreement to remediate the potential violation and for the 15 day period after the other party received the foregoing notice and the parties will negotiate in good faith for an appropriate amendment to this Agreement. If the parties are not able to agree within that time, either party may terminate this Agreement immediately on written notice to the other party. Such notice shall not be deemed an admission by either party that a violation of an Applicable Law has occurred.
- Construction. Seasons and Physician have participated jointly in the negotiation and drafting of this Agreement. If an ambiguity or question of intent or interpretation arises, this Agreement shall be construed as if drafted jointly by Seasons and Physician and no presumption or burden of proof shall arise favoring or disfavoring Seasons or Physician because of the authorship of any of the provisions of this Agreement. Any reference to any Applicable Law shall be deemed also to refer to all rules and regulations promulgated thereunder, unless the context requires otherwise. Each representation, warranty, and covenant contained herein shall have independent significance. If Seasons or Physician breaches in any respect any representation, warranty, covenant, or other obligation contained herein or created hereby, the fact that there exists another representation, warranty, covenant, or obligation relating to the same subject matter (regardless of the relative levels of specificity) which has not been breached shall not detract from or mitigate the consequences of such breach. The rights and remedies expressly specified in this Agreement are cumulative and are not exclusive of any rights or remedies which any party would otherwise have. The article and section headings hereof are for convenience only and shall not affect the meaning or interpretation of this Agreement.
- (k) <u>Severability</u>. The invalidity or unenforceability of one or more of the provisions of this Agreement in any situation in any jurisdiction shall not affect the validity or enforceability of any other provision hereof or the validity or enforceability of the offending provision in any other situation or jurisdiction.
- (l) <u>Entire Agreement; Counterparts</u>. This Agreement (including the appendix and exhibits attached hereto and the documents referred to herein) constitutes the entire agreement among the parties and supersedes any prior understandings, agreements or representations by or among the parties, written or oral, to the extent they relate to the subject

matter hereof. This Agreement may be executed in one or more counterparts, each of which shall be deemed an original but all of which together shall constitute one and the same instrument. It shall not be necessary in making proof of this Agreement to produce or account for more than one such counterpart.

- (m) <u>Prevailing Party</u>. If any litigation, including arbitration, arises as a result of the terms, conditions, or provisions of this Agreement, the prevailing party shall be entitled to recover reasonable attorneys' fees at all pre-trial, trial and appellate levels, as well as all costs and expenses.
- (n) <u>Waiver of Jury Trial</u>. EACH PARTY IRREVOCABLY AND UNCONDITIONALLY WAIVES TRIAL BY JURY IN CONNECTION WITH ANY ACTION OR PROCEEDING INSTITUTED UNDER OR RELATING TO THIS AGREEMENT, OR ANY OTHER DOCUMENT EXECUTED PURSUANT TO THIS AGREEMENT, OR IN CONNECTION WITH ANY COUNTERCLAIM RESULTING FROM ANY SUCH ACTION OR PROCEEDING.

IN WITNESS WHEREOF, the undersigned have duly executed this Agreement as of the date first written above.

SEASONS:	PHYSICIAN:
By:	By: 3
Name: Todd Stern	Name: Balakrishnan Natarajan, MD
Title: CEO	Title: Physician

# EXHIBIT A

# MEDICAL DIRECTOR SERVICES

1. <u>Responsibilities</u>. As Medical Director, Physician shall have overall responsibility for the medical component of Hospice Services. Such responsibilities include:

# (a) Clinical Care Quality.

- (i) <u>Patient Care</u>. Physician shall review the quality of and provide medical expertise on pain and symptom management to admission and Patient care staff. Physician shall interact with Attending Physicians as necessary regarding pain and symptom management issues and issues involving Patient prognosis. Physician shall periodically attend home care team meetings and rounds in inpatient units.
- (ii) <u>Plan of Care</u>. Physician shall assure the quality of initial and comprehensive Plans of Care.
- (iii) <u>Terminal Illness</u>. Physician shall provide medical expertise and assure appropriate evaluation and certification of terminal prognosis of Patients to admission and Patient care staff. Physician shall also review recertifications of terminal prognosis.
- (iv) <u>Face-to-Face Encounters</u>. Prior to a Patient's third and subsequent recertifications, Physician shall ensure a face-to-face encounter with the Patient to gather clinical findings that support continued hospice care and also attest that such a visit took place, all in the manner required under Applicable Laws.
- (v) <u>Revocation and Discharge</u>. Physician shall review hospice revocations and relevant discharges by Patients, including discharges for extended prognosis.
- (vi) <u>Documentation</u>. Physician shall ensure the accuracy of Documentation of Services provided pursuant to the Agreement.
- (vii) <u>Collaboration</u>. Physician shall actively participate in formal quality improvement functions and on the quality improvement committee. Physician shall also actively participate in ethics committee and IDG meetings.

# (b) Supervision of Team Physicians.

(i) <u>Hiring and Orientation</u>. Physician shall interview and participate in the hiring and contracting of team physicians with the clinical director. Physician shall orient team physicians as to clinical responsibilities and the principles of palliative care.

- (ii) <u>Quality</u>. Physician shall periodically review the quality of clinical care provided by the team physicians. Physician shall also periodically review the quality of the Documentation of visits made by the team physicians.
- (iii) <u>Participation and Support</u>. Physician shall ensure proper team physician participation and support in team meetings. Physician shall also ensure proper team physician support to the hospice nurse, Patient care manager/team manager, and other clinical team members. Physician shall participate with the Patient care manager/team manager in the yearly formal evaluation of the team physician. Physician shall ensure that a physician on-call rotation is established so that there is team physician support available 24 hours-a-day, 7 days-a-week.

# (c) <u>Management</u>.

- (i) <u>Meetings</u>. Physician shall participate as an active member of the local/regional management team (including the budget process, strategic planning, etc.) and actively participate in leadership and operations meetings.
- (ii) <u>Audits and Denials</u>. Physician shall participate in responding to audits and denials from third party insurance and intermediaries (e.g., Medicare), if requested.
- (iii) <u>Credentialing</u>. Physician shall ensure that all contracted physicians, including team physicians and consulting physicians, are properly credentialed via Seasons' credentialing process. Physician shall serve on Seasons' credentialing committee.
- (d) <u>Community Relations</u>. Physician shall educate community physicians on the principles of palliative care. Physician shall provide resource and consultative support to community physicians in palliative care, and attend and present at medical staff and other medical community conferences on palliative care. Physician shall serve as a liaison between Seasons and community physicians including making regular contacts with practicing physicians to introduce hospice, to educate physicians regarding individuals for whom hospice may be appropriate, and to answer clinical and other concerns of physicians with respect to hospice. Physician shall assist in introducing Seasons to long term care providers, managed care providers, hospitals, and others. Physician shall conduct educational seminars, in services, and presentations to physicians, nurses, and other health care audiences whose support for and understanding of hospice is integral to assuring that hospice services are made accessible to patients and families.
- (e) <u>Education and Research</u>. Physician shall assist in the development of and actively participate in clinical training for all Patient care and admissions personnel. Physician shall actively participate in medical and nursing education programs on palliative medicine that may be provided by Seasons to medical and nursing colleges in the community. Physician shall assist in the development of and actively participate in research protocols on both the local and

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corporate level. Physician shall be a member of and participate in professional organizations related to palliative medicine.

(f) Other. Physician shall fulfil other duties, as may be assigned by the Executive Director, including performing the duties of a team physician when necessary.

# (g) Requirements and Qualifications.

- (i) <u>Principles of Hospice Care</u>. Physician shall have knowledge of the principles and practice of primary medical care, with at least a working knowledge of hospice and palliative care, with particular emphasis on control of symptoms associated with terminal illness.
- (ii) <u>Collaboration</u>. Physician shall have the ability to work collaboratively with Patients' Attending Physicians to effectively implement the hospice program. Physician shall also have the ability to work collaboratively with Seasons' employees and volunteers as part of the IDG.
- 2. <u>Title</u>. Physician's title shall be Medical Director.

# 3. <u>Compensation</u>.

- (a) <u>Compensation Prior to Licensure</u>. In consideration for the Medical Director Services provided by Physician hereunder prior to Seasons becoming licensed as a hospice provider, Seasons will pay Physician a one-time payment of \$2,500.00. Physician shall provide such Medical Director Services upon Seasons' request.
- (b) <u>Compensation After Licensure</u>. In consideration for the Medical Director Services provided by Physician hereunder once Seasons is licensed as a hospice provider, Seasons will pay Physician \$7,500.00 annually, paid in biweekly installments. Physician shall provide approximately 1 hour of Medical Director Services per week, which may vary from week to week.
- 4. <u>Payment in Full</u>. Physician shall accept such compensation as payment in full for all Medical Director Services provided by Physician hereunder, and shall not seek or accept additional compensation from Patients or their families or representatives, Medicare, Medicaid, or any other or third-party payors.
- 5. <u>Right to Payment</u>. Physician's right to payment from Seasons for Medical Director Services under this exhibit will not be contingent on Seasons' ability to collect the amounts billed to Patients, Medicare, Medicaid, or third-party payors, unless any inability to collect is through fault of Physician.



Illinois Department of Financial and Professional Regulation

# **Lookup Detail View**

# Contact

Contact Information

Name	City/State/Zip	DBA / AKA	
BALAKRISHNAN NATARAJAN	CHICAGO, IL 60601		Î

# License

License Information

License Number	Description	Status	First Effective Date	Effective Date	Expiration Date	Ever Disciplined
036101773	LICENSED PHYSICIAN AND SURGEON	ACTIVE	01/04/2000	05/18/2020	07/31/2023	N

# Other Licenses

Other Licenses

License Number	Description	Status	First Effective Date	Effective Date	Expiration Date	Ever Disciplined
125034238	TEMPORARY MEDICAL PERMIT	EXPIRED	05/08/1996	05/08/1996	06/17/1999	N
33****74	LICENSED PHYSICIAN CONTROLLED SUBSTANCE (Schedules II III IV V )	ACTIVE	04/21/2000	05/18/2020	07/31/2023	N

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# BALAKRISHNAN NATARAJAN

License Number: ME111782

Data As Of 12/18/2020

Medical Doctor Profession License ME111782 License Status CLEAR/ACTIVE **License Expiration Date** 1/31/2022 License Original Issue Date 12/21/2011

Address of Record 6400 SHAFER COURT

SUITE 700

SEASONS HOSPICE ROSEMONT, IL 60018

Controlled Substance Prescriber (for the Treatment of Chronic Non-malignant Pain) No Discipline on File No **Public Complaint** No

The information on this page is a secure, primary source for license verification provided by the Florida Department of Health, Division of Medical Quality Assurance. This website is maintained by Division staff and is updated immediately upon a change to our licensing and enforcement database.

# **EXHIBIT 17**

# **Commitment of Funding**



17855 Dallas Parkway • Suite 200 • Dallas, TX 75287

January 27, 2021

Mr. Eric Hernandez Manager - Certificate of Need Department of Health - Community Health Systems 111 Israel Road, S.E. Tumwater, WA 98501-5447

RE: Seasons Hospice & Palliative Care of Pierce County Washington, LLC Certificate of Need Application to Establish a Hospice Agency in Pierce County

Dear Mr. Hernandez:

As Chief Financial Officer of AccentCare, Inc., the parent organization for Seasons Hospice & Palliative Care of Pierce County Washington, LLC, my letter expresses commitment to the funds for the development of operation of the applicant's hospice program.

In regard to the audit requirement, Seasons Hospice & Palliative Care of Pierce County Washington, LLC is a new entity, created on December 28, 2020. The applicant must establish an Employer Identification Number (EIN) prior to conducting business, including banking activities. Due to COVID-19 restrictions, assignment of the EIN by the Internal Revenue Service, and banking activity is delayed, thereby delaying completion of the audited financial statement of the applicant.

The applicant expects to be funded with \$2,000,000 in cash that will be reflected in its audited financial statement available in February. Therefore, the intent is to provide the audit during the screening process.

Sincerely,

Ryan Solomon

Chief Financial Officer

# **EXHIBIT 18**

# **Articles on Hospice Cost Savings**

DOI: 10.1089/jpm.2015.0014

# Cost Savings Associated with Expanded Hospice Use in Medicare

Brian W. Powers, AB, Maggie Makar, BS, Sachin H. Jain, MD, MBA, David M. Cutler, PhD, 4,6 and Ziad Obermeyer, MD, MPhil 2,3,5

#### Dear Editor:

Despite mounting evidence that hospice provides high-value, high-quality care, many eligible Medicare beneficiaries do not enroll, and lengths of hospice stay remain short. Policymakers have considered changes to Medicare policies to encourage hospice use, but there are persistent concerns about the impact of expanding services on the long-term financial solvency of the program. In this study we simulated impact of increased hospice use among Medicare beneficiaries with poor-prognosis cancer on overall Medicare spending.

#### **Methods**

Using previously described methods, we identified 18,165 fee-for-service Medicare beneficiaries who died in 2011 with a diagnosis of poor-prognosis cancer and matched them with similar patients who died without hospice. We constructed a regression model to estimate difference in weekly costs between matched hospice and nonhospice beneficiaries, as a function of age, sex, HRR, comorbidity, and time from diagnosis to death. Using coefficients from this model we estimated costs for all beneficiaries with poor-prognosis cancers (including those who were not matched, n = 86,851) at the beneficiary-week level, under hypothetical scenarios of increased hospice uptake. Specifically, we varied fraction of beneficiaries enrolled in hospice (assigning a random sample of f = 20%, 40%,..., 100% of all beneficiaries to hospice) and

length of hospice stay (setting length to w=2, 4, 8,..., 24 weeks for all those assigned to hospice). We summed these differences to estimate total savings under each scenario among patients with poor-prognosis cancer in the 20% sample, and multiplied by five to create national estimates.

#### Results

Estimated annual cost savings nationally ranged from \$316 million (20% uptake, 4-week duration) to \$2.43 billion (100% uptake, 24-week duration) (see Table 1). Currently, 60% of Medicare beneficiaries with poor-prognosis cancer receive hospice care, with average stay of under two weeks. Broadening enrollment to 80% of all patients, the fraction who express preferences for end-of-life care directed at symptom management would generate savings of \$940 million. Medicare guidelines allow six months of hospice benefit, but physician opinion and literature on disability trajectories suggest that three months would be a reasonable duration. At current levels of 60% hospice uptake, extending hospice length to 12 weeks saves \$1.34 billion annually. Together, increased uptake (80%) and duration (12 weeks) would save \$1.79 billion.

#### **Discussion**

Under realistic scenarios of expanded hospice use for Medicare beneficiaries with poor-prognosis cancer, the program could save \$1.79 billion annually. Clinical leaders

Table 1. Annual Cost Savings from Increased Hospice Uptake (Millions of Dollars)<sup>a</sup>

Hospice uptake (%)	Duration of hospice stay (weeks)							
	2	4	8	12	16	20	24	
20	237	316	411	446	466	484	487	
40	469	630	825	890	935	965	970	
60	705	940	1235	1340	1395	1445	1455	
80	940	1260	1645	1785	1860	1925	1940	
100	1175	1570	2060	2230	2330	2410	2430	

<sup>a</sup>Each cell shows the annual cost savings realized in a hypothetical counterfactual scenario with a given level of hospice uptake for a given number of weeks, based on the modeled differences in cost from the matched cohort.

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<sup>&</sup>lt;sup>1</sup>Francis Weld Peabody Society, <sup>3</sup>Department of Health Care Policy, <sup>5</sup>Department of Emergency Medicine, Harvard Medical School, Boston, Massachusetts.

<sup>&</sup>lt;sup>2</sup>Department of Emergency Medicine, Brigham & Women's Hospital, Boston, Massachusetts.

<sup>&</sup>lt;sup>4</sup>Department of Economics, Harvard University, Cambridge, Massachusetts.

<sup>&</sup>lt;sup>6</sup>National Bureau of Economic Research, Cambridge, Massachusetts.

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seeking to improve care for terminally ill patients and policy makers seeking to reduce low-value health spending may find common ground in supporting increased uptake and duration of hospice services.

Focusing on a population with poor-prognosis cancer had advantages and limitations. Restricting our analysis allowed us to focus on patients for whom hospice would be considered standard of care, and for whom reasonable estimates of ideal uptake and length of hospice stay were available. Cancer represents only a fraction of all individuals who receive hospice care—albeit the largest single group—and these results cannot be generalized to other populations. We focused exclusively on cost, and were unable to accurately account for the quality of hospice care received.

#### **Author Disclosure Statement**

Funding for this study was from NIH (Common Fund/Office of the Director), DP5 OD012161 (PI: Obermeyer). The funders had no role in the design and conduct of the study, in the collection, analysis, and interpretation of the data, and in the preparation, review, or approval of the manuscript.

ZO had full access to all of the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis. Study concept and design: ZO, DC, BP, SHJ; acquisition, analysis or interpretation of data: all authors; drafting of the manuscript: BP, MM, ZO; critical revision of the manuscript for important intellectual content: all

authors; statistical analysis: ZO, MM, DC; obtained funding: ZO, DC; administrative, technical, or material support: ZO, DC; study supervision: ZO, DC, SHJ.

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# Start the most difficult conversation American isn't havingthe conversation about our end of life preferences

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# Hospice Leads To Better Care, Lower Costs At End Of Life: JAMA

Q December 7, 2014 . Homero and Palliative Care, Politics and Law . No Comments

Clinicians in ICU. Courtesy

Clinicians in ICU. Courtesy WikiMedia Commons.

Terminally ill patients enrolled in hospice care have lower rates of hospitalization, intensive care unit admission and invasive procedures at the end of life, according to an extensive new study published in the *Journal of the American Medical Association*.

Hospice patients also incur significantly lower medical costs than non-hospice patients.

Researchers, led by **Dr. Ziad Obermeyer**, an emergency medicine physician at Brigham & Women's Hospital, studied hospice and non-hospice patients using a nationally representative sampling of Medicare fee-for-service beneficiaries who died in 2011. Some 18,000 patients with poor-prognosis cancers (brain, pancreatic, metastatic

malignancies) enrolled in hospice care before death were matched to an equal number of similar patients who died without hospice support. Median hospice stay was 11 days.

The average costs of care for patients in their last year of life in the non-hospice group was \$71,517, compared to \$62,819 for those enrolled in hospice; savings totaled close to \$9,000. The study also revealed a huge disparity: 74 percent of patients in the non-hospice group died in a hospital or nursing home, compared to just 14 percent of hospice patients. Recent studies indicate the vast majority of Americans wish to die at home, but rarely do.



Dr. Ziad Obermeyer, lead researcher

"While enrolled in hospice, beneficiaries were hospitalized less, received less intensive care, underwent fewer procedures and were less likely to die in hospitals and skilled nursing facilities," researchers write. "Over similar periods before death, most non-hospice beneficiaries were admitted to hospitals and ICUs for acute conditions not directly related to their poor-prognosis cancer. Such care is unlikely to fit with the preferences of most patients."

Hospice care is designed to help comfort the seriously ill near the end of life, and it has become increasingly popular in recent years – reaching nearly \$14 billion in payments during 2011. The Medicare hospice benefit, established in 1982 to help patients pay for care, is usually provided only to those with a life expectancy of six months or less.

The findings also highlight the importance of frank, honest discussion between doctors and patients about goals of care. The Centers for Medicare and Medicaid Services is debating the risks and benefits of reimbursing physicians for end of life discussions, proposals removed from President Obama's Affordable Care Act.

**Dr. Joan Teno**, associate director of the Center for Gerontology and Health Care Research at Brown University Medical School, says that the cost savings associated with hospice care are much less important than the health benefits it provides seriously ill patients.

"A key policy concern is if hospice saves money, should health care policy promote increased hospice access? Perhaps an even larger policy issue involves the role of costs and not quality in driving U.S. health policy in care of the seriously ill and those at the close of life," she writes in an accompanying editorial. "The general expectation is that persons who choose to enroll in hospice should not die in an acute care hospital, and their hospital expenditures should be less than if they were not enrolled in hospice."

A recent study led by Teno suggests some newer for-profit hospice programs have accepted patients too early and discharged others when the costs of caring for them rose. Nearly 20 percent of U.S. hospice patients are discharged before death, and not-for-profit and government-run hospices have lower rates of discharge than newer for-profit programs, according to the findings published in the *Journal of Palliative Medicine*.

"Dying patients are a vulnerable population and often are impoverished, frail, older, and cognitively impaired," she adds. "As both private insurers and Medicare change the financial incentives in health care from doing 'more' to 'less,' there is an increased need for transparency and accountability."

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# Hospice and Palliative Care

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### About this Report

This report represents the views of Abt Associates and its partners. Abt Associates is solely responsible for any errors contained within it.



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### **Executive Summary**



Under current Medicare policy, beneficiaries who elect the Medicare hospice benefit (MHB) must forgo coverage for non-hospice services intended to treat their terminal condition. Due in part to this policy, fewer than half of all beneficiaries elect MHB at the end of life. Of those who do choose hospice, many elect MHB less than a week before death—too late to experience the full benefit of hospice care. In 2016, the Center for Medicare & Medicaid Innovation at the Centers for Medicare & Medicaid Services (CMS) implemented the Medicare Care Choices Model (MCCM).

#### **Three Key Findings**

- MCCM led to a 25 percent decrease in total Medicare expenditures, which generated \$21.5 million in net savings between January 1, 2016 and September 30, 2019, largely by reducing inpatient care through increased use of MHB by the 3,603 Medicare beneficiaries who enrolled in the model and died during this period.
- Beneficiaries in MCCM elected MHB nearly a week earlier and at a rate that was 20 percentage points higher than the comparison group.
- MCCM hospices provided high-quality care to most enrollees, and most caregivers were highly satisfied with the care received through the model and transitions to MHB. At the same time, the documentation of comprehensive assessments and advance care planning discussions varied widely across hospices.

MCCM tests the impact of giving eligible beneficiaries the option to receive supportive services from participating hospices while continuing to receive treatment for their terminal condition. Medicare beneficiaries who enroll in MCCM receive care coordination and case management, nursing and medical social services, hospice aide care, volunteer services, and bereavement counseling for enrollees and their caregivers. A side-by-side comparison of MCCM, MHB, and the Medicare home health benefit is in **Appendix Section A**.

Medicare beneficiaries are eligible for MCCM if they have one or more of the following diagnoses: cancer, congestive heart failure, chronic obstructive pulmonary disease, or human immunodeficiency virus/acquired immunodeficiency syndrome. Another requirement is a prognosis of six months or less to live if the disease runs its expected course.

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Beneficiaries also must be enrolled in Medicare Parts A and B and must have had at least 3 Medicare-covered office visits and 1 hospital encounter during the 12 months before enrollment. A hospital encounter can be an emergency department visit, observational stay, or inpatient admission. Beneficiaries must live in a traditional home (not a long-term care facility), and must not have elected MHB in the past 30 days.

Hospices participating in MCCM receive \$400 per-beneficiary, per-month to cover supportive services and care coordination activities they provide to MCCM beneficiaries (\$200 if enrolled less than 15 days during the first month). CMS randomized participating hospices into two cohorts: cohort 1 implemented the model beginning on January 1, 2016 and cohort 2 began on January 1, 2018.

As of September 30, 2019, 85 hospices (60 percent of the 141 participating hospices) remained in MCCM. **Exhibit ES.1** shows cumulative MCCM participation and enrollment.

### Exhibit ES.1 Overview of Cumulative MCCM Participation and Enrollment



BENEFICIARIES (JANUARY 1, 2016 - SEPTEMBER 30, 2019)

Health care providers referred

# 18,049 Medicare beneficiaries

to the MCCM participating hospices

4,988 eligible beneficiaries enrolled

in the model (total enrolled)

Of MCCM enrollees.

3,603 died

on or before September 30, 2019 (total decedents)

Sources: MCCM portal data and Medicare enrollment data, January 1, 2016-September 30, 2019.

The percentage of referred beneficiaries eligible for MCCM and the percentage of enrollees grew significantly between 2016 and the first three quarters of 2019. This increase reflected the relaxation of MCCM-eligibility requirements in 2016, the start of cohort 2 in 2018, and refined marketing practices. Out of the 85 active hospices, nine enrolled half of all beneficiaries served by the model.

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This report provides further information on the services hospices provided MCCM beneficiaries, the experiences that MCCM beneficiaries and their caregivers reported, the quality of MCCM care, and the frequency of transitions from MCCM to MHB. The report also provides updated information about the health status of MCCM enrollees and the care they received before MCCM enrollment, CMS payments to hospices, and the effect of MCCM on the use of Medicare-covered services and Medicare expenditures. Below we summarize important findings from each section of Annual Report 3.

### What Are the Pathways to MCCM Enrollment?

**Marketing MCCM.** MCCM hospices worked throughout the model performance period to identify MCCM-eligible beneficiaries and increase enrollment, in part by developing marketing materials that drew distinctions between the goals of MCCM and MHB, and clarified the model's eligibility requirements.

Health and functional status before MCCM enrollment. In the 12 months before they enrolled in MCCM, beneficiaries had high rates of chronic illnesses in addition to the 4 MCCM-qualifying diagnoses. Less than 20 percent of beneficiaries were functionally independent at MCCM enrollment, while almost 50 percent needed some assistance. At enrollment, 77 percent lived with another person who presumably helped the enrollee live in a traditional home, as required for MCCM eligibility.

Use of Medicare-covered services before MCCM enrollment. In the 12 months before they enrolled in MCCM, beneficiaries used Medicare-covered services at higher rates, with use becoming more frequent closer to enrollment as their illnesses worsened. Over 60 percent of beneficiaries had an inpatient admission during the 90 days before MCCM enrollment. About 70 percent had one or more ambulance transports, emergency department visits, observational stays, and/or inpatient admissions during this time. Fewer than 2 percent of beneficiaries used no services during the 90 days before enrollment in the model. The last paid claims before MCCM enrollment were indicative of beneficiaries' urgent need for medical care: an emergency department visit without an inpatient admission (15 percent), an emergency department visit with an inpatient admission (27 percent), an ambulance transport (8 percent), and/or an observational stay (1 percent).

Potential importance of hospital-focused referral networks. The frequency and sequencing of hospital encounters that we observed were indicative not only of high medical need at the end of life but also the frequent use of hospital care in the one to three months before enrollment. These patterns suggest that hospitals may have played an important role in the referral of beneficiaries to MCCM. The potential advantages of hospital-focused referral networks are that their members may be familiar with beneficiaries' health status, have access to medical record documentation that supports certification of a six-month terminal illness, and enables verification of the use of physician visits and hospital care during the year before enrollment, as required for MCCM eligibility.

### How Does MCCM Affect Transitions to MHB?

**Reasons enrollees left MCCM.** Over 79 percent of the beneficiaries who enrolled in MCCM and subsequently left, stated that electing MHB was their reason for MCCM discharge. Only 12 percent of enrollees died while enrolled in the model, and less than 5 percent of enrollees left for other reasons.

Timing of transitions to MHB. Overall, 84 percent of MCCM decedents transitioned to MHB after an average of 14 weeks (99 days) in MCCM and about 7 weeks (46 days) before death. Less than 10 percent of enrollees transitioned to MHB during the last 2 days of life. On average, MCCM decedents with a diagnosis of cancer transitioned to MHB 87 days after enrolling in the model, which was 26 days sooner than enrollees with a diagnosis of chronic obstructive pulmonary disease and 33 days sooner than enrollees with congestive heart failure. This difference could arise because beneficiaries with cancer were more seriously ill when they enrolled in MCCM, and may reflect the unpredictable disease trajectory of these other illnesses.

Caregiver perceptions of MCCM. Caregivers of MCCM enrollees who transitioned to MHB reported experiences of care in MHB that were generally similar to those reported by caregivers of comparison beneficiaries with regard to how well the MCCM hospice team communicated with caregivers, provided help in a timely manner, treated the beneficiary with respect, provided emotional and spiritual support, and trained family members/caregivers to care for the beneficiary. The exception was care for pain in MHB, which caregivers perceived was worse for enrollees who transitioned to MHB from MCCM.

### How Does MCCM Affect Utilization of Care and Medicare Expenditures?

**Net savings to Medicare due to MCCM**. The extent to which MCCM enrollment decreases utilization of care and Medicare expenditures at the end of life is a key focus of this evaluation. For MCCM to result in net savings for Medicare, the model needs to reduce total Medicare expenditures enough to cover the per-month payments to MCCM hospices. We estimated that MCCM reduced total Medicare expenditures by approximately \$26 million, while CMS paid out \$4.6 million in per-beneficiary, per-month payments to MCCM hospices for 3,603 decedents enrolled between January 1, 2016 and September 30, 2020. The difference in these values amounts to total net savings of \$21.5 million. These results imply a 25 percent net reduction, or \$5,962 per decedent.

MCCM effects on total per-decedent Medicare expenditures. Gross Medicare savings during the last 90 days of life was \$9,874 per decedent, representing a spending reduction of 29 percent compared to a group of similar beneficiaries residing in MCCM hospice markets during the baseline period, as shown in Exhibit ES.2.

Exhibit ES.2 Per Decedent Savings from MCCM Was Greatest During the Last 90 Days of Life



30 dices Medicare Erro Innent Danabase and Moster Beneficiary Summary File January 1, 2012-September, 30, 2019.

Notes: This exhibit shows estimates of the impact of I/CCM/on Medicare a spenditures for 1500 I/CCM/e molees who died on an before September 30, 2019. Persent soving sequals the impact estimate divided by supenditures for similar behaficiaries residing in I/CCM/markets during the baseline period.

The magnitude of these savings was substantially larger than per-decedent savings during the last 30 and 180 days of life of \$8,014 (40 percent) and \$8,061 (16 percent), respectively. This implies that the period around the last 90 days of life may be a "sweet spot" when there is enough time to educate Medicare beneficiaries about the potential benefits of MHB and enroll them, before the time when inpatient care begins to increase at the end of life.

Drivers of MCCM impacts. Virtually all of the estimated impact of MCCM on total spending during the last 30 days of life was attributable to reductions in inpatient spending for enrolled decedents who transitioned to MHB. MCCM decedents were 20 percentage points more likely than comparison decedents to enroll in MHB. This difference represents a one-

third increase relative to the comparison group. MCCM decedents who transitioned to MHB were enrolled in MHB an average of a week longer than the comparison group. When including beneficiaries who enrolled in MCCM more than a year before death to our analytic sample, we found that MCCM decedents transitioned two weeks earlier on average than comparison decedents. Total estimated expenditure reductions during the last 30 days of life were \$9,268 for the 84 percent subgroup of decedents who transitioned to MHB and \$346 for those who remained enrolled in MCCM.

# How Does MCCM Affect the Quality of Care Experienced by MCCM Enrollees and Their Caregivers?

Assessing patient needs, screening, and managing symptoms. CMS expected MCCM hospices to assess symptoms of shortness of breath, pain, emotional concerns, and bowel obstruction soon after enrollment; and at least once every 15 days thereafter. The goal is to identify symptoms and address them effectively. MCCM hospices documented an average of two monthly assessments for each enrollee, consistent with expected practice. Participating hospices documented symptom screenings for the majority of enrollees. Rates of symptom

relief among those with documented screenings exceeded 90 percent. Caregivers likewise reported that enrollees received timely attention and adequate pain relief.

However, there is room for improvement: MCCM hospices documented only 1 of 2 types of assessments during the first 5 days of enrollment for 28 percent of enrollees and no assessments for 9 percent of enrollees. To address this issue, CMS has been working with the MCCM implementation contractor to communicate MCCM reporting requirements and make it easier to correct portal data. MCCM hospices documented the administration of twice-monthly assessments to only half of MCCM enrollees. While we do not know how many undocumented assessments were actually performed, they may be difficult to administer to enrollees who continue to receive life-prolonging treatment.

**Shared decision making.** Hospice staff perceived shared decision making as important and a way to promote the effectiveness of MCCM care. About 90 percent of caregivers for MCCM decedents who transitioned to MHB indicated that the transition happened at the right time, beneficiaries or caregivers were involved as much as they wanted to be in the MHB decision, and the beneficiary made the decision free of pressure from the MCCM team. These results show that MCCM is achieving its goal of facilitating person-focused transitions to MHB through shared decision making.

Advance care planning. Having discussions about advance care planning is one indicator of whether MCCM hospices are engaging in shared decision making with enrolled beneficiaries. Overall, hospices documented advance care planning with an average of 68 percent of enrollees. However, hospices varied widely in the percentage of enrollees with a documented advance care planning discussion. For example, 4 hospices documented advance care planning discussions with more than 90 percent of enrollees, while 15 hospices documented these discussions with less than 50 percent of enrollees.

**Bereavement counseling.** Documentation of bereavement services suggests that the practice is rare, with hospices reporting only 321 encounters with 206 (4 percent) enrollees. A variety of qualified staff including nurses, care coordinators, social workers, clergy, and bereavement counselors performed the documented services.

#### **Evaluation Limitations**

Representativeness of MCCM hospices and enrollees. MCCM is a voluntary model and we know that participating hospices differ in ways from those that did not volunteer with regard to geography, size, and operational characteristics, as described in Appendix Section F.2. Likewise, MCCM decedents were more likely to live in urban areas and less likely to be dually eligible for Medicare and Medicaid compared to MCCM-eligible decedents living in comparison market areas. These differences are shown in Appendix Section F.3. Findings in this report may therefore not be generalizable to all Medicare hospices and beneficiaries who are seriously ill with MCCM diagnoses.

**EVALUATION OF MCCM: ANNUAL REPORT 3** 



**Focus on decedents.** The sample for the impact analyses we present in this report includes only decedents. Estimating impacts for a cohort of decedents allowed us to account for important, but unobserved, characteristics associated with both disease trajectory and end-of-life outcomes. Thus, the findings we present in **Section 4** do not provide a full picture of enrollee experiences in the model and resulting outcomes (e.g., total time in MCCM, services received, metrics related to death, cumulative costs), and do not account for the effects of MCCM on post-enrollment survival time.

**Accounting for unobserved variation in disease trajectories**. We used a stratified approach to weighting the comparison group that allowed us to account for important, but unobserved, decedent-level characteristics associated with both disease trajectory and end-of-life outcomes, as described in **Appendix Section F.3**. Because this method assesses health status at similar points in time relative to the date of death for MCCM and comparison decedents, our method represents an improvement over methods that randomly assign pseudo enrollment dates to comparison group members. Even so, the predictive power of the detailed set of health status measures we used to weight comparison decedents may not fully control for unobserved differences between MCCM and comparison decedents that affect utilization and expenditure outcomes, such as beneficiary preferences and clinical characteristics, quality of care, and access to care.

Similarity of MCCM and comparison decedents. This report presents estimates of the impact of MCCM on utilization and Medicare expenditures in Section 4 based on cumulative experiences of MCCM decedents relative to those of a comparison group of Medicare decedents who resided in market areas served by a group of matched hospices. We used statistical modeling to ensure the similarity of the decedent groups based on demographics, use of Medicare-covered services, and the presence of serious illness and frailty at the end of life. Nonetheless, there may be important, but unobserved, differences between MCCM and comparison decedents on factors that influence end-of-life outcomes, such as quality of care and preferences for life-prolonging treatment.

**Accuracy and completeness of the MCCM portal.** Hospices report a variety of data used to conduct this evaluation in the MCCM portal, including referrals, beneficiary characteristics, enrollment duration, and quality of care, as described throughout this report. Although the capabilities of the portal improved over time, missing information and changes over time in the content of MCCM service and activity data limited our ability to provide a complete, longitudinal picture of enrollees' experiences receiving care from MCCM hospices.

### **EXHIBIT 19**

### **CMS Hospice Payment Rate Information**



# Update to Hospice Payment Rates, Hospice Cap, Hospice Wage Index and Hospice Pricer for FY 2021

MLN Matters Number: MM11876 Revised Related Change Request (CR) Number: 11876

Related CR Release Date: September 24, 2020 Effective Date: October 1, 2020

Related CR Transmittal Number: R10372CP Implementation Date: October 5, 2020

Note: We revised the article to reflect a revised CR 11876. The CR changed the hourly Continuous Home Care rates in the hospice tables and we made those changes to the article. We also changed the CR release date, transmittal number, and the web address of the CR. All other information remains the same.

#### PROVIDER TYPES AFFECTED

This MLN Matters Article is for hospice providers submitting claims to Medicare Administrative Contractors (MACs), including Home Health & Hospice (HH&H) MACs, for hospice services provided to Medicare beneficiaries.

#### PROVIDER ACTION NEEDED

CR 11876 updates the hospice payment rates, hospice wage index, and Pricer for Fiscal Year (FY) 2021. CR 11876 also updates the FY 2021 hospice aggregate cap amount. Make sure your billing staffs are aware of these changes.

#### BACKGROUND

The Centers for Medicare & Medicaid Services (CMS) updates the payment rates for hospice care, the hospice cap amount, and the hospice wage index annually. The law governing payment for hospice care requires annual updates to the hospice payment rates.

Payment rates are updated annually according to Section 1814(i)(1)(C)(ii)(VII) of the Social Security Act (the Act), which requires CMS to use the inpatient hospital market basket, adjusted for Multifactor Productivity (MFP) and other adjustments as specified in the Act, to determine the hospice payment update percentage.

The hospice cap amount is updated annually in accordance with Section 1814(i)(2)(B) of the Act and provides for an increase (or decrease) in the hospice cap amount. For accounting years that end after September 30, 2016, and before October 1, 2025, the hospice cap is updated by the hospice payment update percentage.





The hospice wage index is used to adjust payment rates to reflect local differences in wages. The hospice wage index is updated annually as discussed in hospice rulemaking.

Section 3004 of the Affordable Care Act amended the Act to authorize a quality reporting program for hospices. Section 1814(i)(5)(A)(i) of the Act requires that beginning with FY 2014 and each subsequent FY, the Secretary shall reduce the market basket update by 2 percentage points for any hospice that does not comply with the quality data reporting requirements with respect to that FY.

#### **FY 2021 Hospice Payment Rates**

The hospice payment update percentage for Fiscal Year (FY) 2021 is based on the inpatient hospital market basket update of 2.4 percent. Due to the requirements at sections 1886(b)(3)(B)(xi)(II) and 1814(i)(1)(C)(v) of the Act, the inpatient hospital market basket update for FY 2021 of 2.4 percent must be reduced by an MFP adjustment as mandated by Affordable Care Act (currently estimated to be 0 percentage point for FY 2021). In effect, the hospice payment update percentage for FY 2021 is 2.4 percent.

The FY 2021 hospice payment rates are effective for care and services furnished on or after October 1, 2020, through September 30, 2021. The hospice payment rates are discussed further in the Medicare Claims Processing Manual, Chapter 11, Section 30.2 at <a href="https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Downloads/clm104c11.pdf">https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Downloads/clm104c11.pdf</a>. The FY 2021 hospice payment rates are shown in Tables 1 and 2 below.

Table 1: FY 2021 Hospice Payment Rates for Hospices that Submit the Required Quality Data

Code	Description	FY 2021 Payment Rate	Labor Share	Non-Labor Share
651	Routine Home Care (days 1-60)	\$199.25	\$136.90	\$62.35
651	Routine Home Care (days 61+)	\$157.49	\$108.21	\$49.28
652	Continuous Home Care  Full Rate = 24 hours of care  Hourly rate= \$59.68	\$1,432.41	\$984.21	\$448.20
655	Inpatient Respite Care	\$461.09	\$249.59	\$211.50
656	General Inpatient Care	\$1,045.66	\$669.33	\$376.33





MLN Matters: MM11876 Related CR 11876

Table 2: FY 2021 Hospice Payment Rates for Hospices that <u>DO NOT Submit the</u>
Required Quality Data

Code	Description	FY 2021 Payment Rate	Labor Share	Non-Labor Share
651	Routine Home Care (days 1-60)	\$195.36	\$134.23	\$61.13
651	Routine Home Care (days 61+)	\$154.42	\$106.10	\$48.32
652	Continuous Home Care  Full Rate = 24 hours of care  Hourly rate= \$58.52	\$1,404.44	\$964.99	\$439.45
655	Inpatient Respite Care	\$452.08	\$244.71	\$207.37
656	General Inpatient Care	\$1,025.23	\$656.25	\$368.98

#### **Hospice Inpatient and Aggregate Caps**

In the FY 2016 Hospice Wage Index and Payment Rate Update final rule (80 FR 47142), CMS finalized aligning the cap accounting year, for both the inpatient cap and the hospice aggregate cap, with the federal FY beginning in 2017. Therefore, the 2021 cap year will start on October 1, 2020, and end on September 30, 2021.

For the inpatient cap for the 2021 cap year, CMS will calculate the percentage of all hospice days that were provided as inpatient days (GIP care and Respite care) from October 1, 2020, through September 30, 2021.

The hospice cap amount for the 2021 cap year is equal to the FY 2020 cap amount (\$29,964.78) updated by the FY 2021 hospice payment update percentage of 2.4 percent. As such, the FY 2021 cap amount is \$30,683.93.

#### **Hospice Wage Index**

The revised payment rates and wage index will be incorporated in the Hospice Pricer and forwarded to the MACs. The wage index will **not** be published in the Federal Register but will be available on the CMS website at <a href="http://www.cms.gov/Medicare/Medicare-Fee-for-Service-Payment/Hospice/index.html">http://www.cms.gov/Medicare/Medicare-Fee-for-Service-Payment/Hospice/index.html</a>.





#### ADDITIONAL INFORMATION

The official instruction, CR 11876, issued to your MAC regarding this change is available at <a href="https://www.cms.gov/files/document/r10372CP.pdf">https://www.cms.gov/files/document/r10372CP.pdf</a>.

If you have questions, your MACs may have more information. Find their website at <a href="http://go.cms.gov/MAC-website-list">http://go.cms.gov/MAC-website-list</a>.

#### **DOCUMENT HISTORY**

Date of Change	Description
September 24, 2020	We revised the article to reflect a revised CR 11876. The CR changed the hourly Continuous Home Care rates in the hospice tables and we made those changes to the article. We also changed the CR release date, transmittal number, and the web address of the CR. All other information remains the same.
September 10, 2020	We revised the article to correct two typos in Table 1 related to revenue codes 652 and 656. All other information is the same.
August 31, 2020	Initial article released.

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### **EXHIBIT 20**

### Health Resources and Services Administration Workforce Statistics

### data.HRSA.gov

D	iscipline	MUA/P ID	Servi	ce Area Name	Desigr	••	Primary State Na	,	Index of Medical Underser			Rural Status	Designation Date	Update Date
P	rimary Care	03678	PIERC	E SERVICE AREA	Medical	lly Underserved Area	Washingto	Pierce County, WA	ce Score 61		Designated	Partially Rura	07/08/1982	07/08/1982
	<b>Compon</b> Washingto	nent State Nar	ne	Component County Pierce	Name	Component Name Pierce		ponent Type  County		<b>Cor</b> 530:	mponent GE		Component R Non-Rural	ural Status

			data.HRSA.	gov – HP	SA Find						
						HPSA FTE					
Discipline	HPSA ID	HPSA Name	Designation Type	Primary State	County Name	Short	HPSA Score	Status	Rural Status	Designation	Update Dat
Primary Care	1534515068	ICE - Tacoma Northwest Det	Correctional Facility	Washington	Pierce County, V	2.98	12	Designated	Non-Rural	08/24/2004	12/31/2018
rimary care			Site City	Site State	Site ZIP Code	County	Rural Status	Designated	Non itala	00/24/2004	12/31/2010
	ICE - Tacoma Northwest Detention Cente		Tacoma	WA	98421-1602	Pierce	Non-Rural	1			
	Total Tutoma Total Tutor Section Control	1020 2 7 00 7 Apr 0 0	racoma		30.22 2002		Tron narai				
Mental Health	7531779917	ICE - Tacoma Northwest Det	Correctional Facility	Washington	Pierce County, V	0.57	3	Designated	Non-Rural	08/24/2004	12/31/2018
			Site City	Site State	Site ZIP Code		Rural Status	1	- Ton Haran	00/2:/200:	12,02,202
	ICE - Tacoma Northwest Detention Center		Tacoma	WA	98421-1602	Pierce	Non-Rural	<u> </u>			
	Total Tutoma Total Tutor Section Secti	1020 2 7 00 7 Apr 0 0	Federally Qualified		30.22 2002		Tron narai				
Primary Care	153999531T	Community Health Care	Health Center	Washington	Pierce County, V	V	20	Designated	Non-Rural	12/02/2003	08/18/2019
	Site Name	Site Address	Site City	Site State	Site ZIP Code	County	Rural Status	1		,,	00, 00, 00
	Administrative Offices	1148 Broadway Ste 100	Tacoma	WA	98402-3518	Pierce	Non-Rural	4			
	Arlington Youth Campus Clinic	3811 E Arlington Dr Rm 117	Tacoma	WA	98404-4613	Pierce	Non-Rural				
	Hilltop Regional Health Center	1202 Martin Luther King Jr V		WA	98405-3926	Pierce	Non-Rural				
	Information Technology & Draining	-	Tacoma	WA	98405-4559	Pierce	Non-Rural				
	Key Peninsula Health Center	15610 89th Street Ct NW	Lakebay	WA	98349-9551	Pierce	Non-Rural				
	Kimi & George Tanbara, MD Health Cent	1708 E 44th St	Tacoma	WA	98404-4611	Pierce	Non-Rural				
	LAKEWOOD CLINIC		Lakewood	WA	98499-5036	Pierce	Non-Rural				
	PARKLAND CLINIC	11225 Pacific Ave S	Tacoma	WA	98444-5525	Pierce	Non-Rural				
	SBHC at Bethel Middle School	22001 38th Ave E Rm 111	Spanaway	WA	98387-6875	Pierce	Non-Rural				
	SPANAWAY CLINIC	134 188th St S	Spanaway	WA	98387-4618	Pierce	Non-Rural				
	Temporary Site - Mobile Site - Stability C		Tacoma	WA	98402-3518	Pierce	Non-Rural				
	Wound Care Clinic	3629 S D St	Tacoma	WA	98418-6813	Pierce	Non-Rural				
			Federally Qualified								
Mental Health	7539995328	Community Health Care	Health Center	Washington	Pierce County, V	V	19	Designated	Non-Rural	12/02/2003	08/18/201
	Site Name	Site Address	Site City	Site State	Site ZIP Code	County	Rural Status	1		, , , , , , , , , , , , , , , , , , , ,	, . ,
	Administrative Offices	1148 Broadway Ste 100	Tacoma	WA	98402-3518	Pierce	Non-Rural	4			
	Arlington Youth Campus Clinic	,	Tacoma	WA	98404-4613	Pierce	Non-Rural				
	Hilltop Regional Health Center	1202 Martin Luther King Jr V		WA	98405-3926	Pierce	Non-Rural				
	Information Technology & Draining		Tacoma	WA	98405-4559	Pierce	Non-Rural				
	Key Peninsula Health Center	15610 89th Street Ct NW	Lakebay	WA	98349-9551	Pierce	Non-Rural				
	Kimi & George Tanbara, MD Health Cent		Tacoma	WA	98404-4611	Pierce	Non-Rural				
	LAKEWOOD CLINIC	10510 Gravelly Lake Dr SW	Lakewood	WA	98499-5036	Pierce	Non-Rural				
	PARKLAND CLINIC	11225 Pacific Ave S	Tacoma	WA	98444-5525	Pierce	Non-Rural				
	SBHC at Bethel Middle School	22001 38th Ave E Rm 111	Spanaway	WA	98387-6875	Pierce	Non-Rural				
	SPANAWAY CLINIC	134 188th St S	Spanaway	WA	98387-4618	Pierce	Non-Rural				
	Temporary Site - Mobile Site - Stability C	1148 Broadway Ste 100	Tacoma	WA	98402-3518	Pierce	Non-Rural				
			Tacoma	WA	98418-6813		Non-Rural				
			Federally Qualified								
Primary Care	153999531Y	Sea-Mar Community Health		Washington	King County, WA		20	Designated	Non-Rural	12/02/2003	08/18/2019
•	i e		Site City	Site State	Site ZIP Code		Rural Status	1			
	Sea Mar CHC - Aberdeen Sumner Ave.	1813 Sumner Ave	Aberdeen	WA	98520-4600	Grays Harbo		1			
	Sea Mar CHC - Administration	1040 S Henderson St	Seattle	WA	98108-4720	King	Non-Rural				
	Sea Mar CHC - Anacortes M Avenue	1004 M Ave Ste 107	Anacortes	WA	98221-1954	Skagit	Rural				
	Sea Mar CHC - Auburn 12th St. SE	735 12th St SE FI 1	Auburn	WA	98002-6709	King	Non-Rural	1	1		1

						HPSA FTE					
Discipline	HPSA ID	HPSA Name	Designation Type	<b>Primary State</b>	<b>County Name</b>	Short	HPSA Score	Status Ru	ıral Status	Designation I	Update Date
	Sea Mar CHC - Battle Ground	118 S Parkway Ave	Battle Ground	WA	98604-9215	Clark	Non-Rural				
	Sea Mar CHC - Battle Ground NE 189th S	11117 NE 189th St	Battle Ground	WA	98604-6244	Clark	Non-Rural				
	Sea Mar CHC - Bellevue 116th Ave. NE	2000 116th Ave NE	Bellevue	WA	98004-3047	King	Non-Rural				
	Sea Mar CHC - Bellevue 150th Ave. SE	3801 150th Ave SE	Bellevue	WA	98006-1668	King	Non-Rural				
	Sea Mar CHC - Bellevue 156th Ave. NE	1811 156th Ave NE Ste 2	Bellevue	WA	98007-4344	King	Non-Rural				
	Sea Mar CHC - Bellevue Bell-Red Rd.	12835 NE Bel Red Rd Ste 100	Bellevue	WA	98005-2625	King	Non-Rural				
	Sea Mar CHC - Bellingham Behavioral He	3350 Airport Dr	Bellingham	WA	98226-8048	Whatcom	Non-Rural				
	Sea Mar CHC - Bellingham Cordata Parkv	4455 Cordata Pkwy	Bellingham	WA	98226-8037	Whatcom	Non-Rural				
	Sea Mar CHC - Burien 8th Ave. S.	18010 8th Ave S Ste 416	Seatac	WA	98148-1908	King	Non-Rural				
	Sea Mar CHC - Burien Ambaum Blvd. SW	14434 Ambaum Blvd SW	Burien	WA	98166-1438	King	Non-Rural				
	Sea Mar CHC - Concrete	7438 S D Ave	Concrete	WA	98237-9642	Skagit	Rural				
	Sea Mar CHC - Des Moines S. 242nd St.	2781 S 242nd St	Des Moines	WA	98198-5166	King	Non-Rural				
	Sea Mar CHC - Elma W. Main St.	515 W Main St	Elma	WA	98541-9285	Grays Harbo	Rural				
	Sea Mar CHC - Everett 100th St. SE	1920 100th St SE	Everett	WA	98208-3832	Snohomish	Non-Rural				
	Sea Mar CHC - Everett Claremont Way	5007 Claremont Way	Everett	WA	98203-3321	Snohomish	Non-Rural				
	Sea Mar CHC - Everson Hannegan Rd.	6884 Hannegan Rd	Everson	WA	98247-9637	Whatcom	Non-Rural				
		31405 18th Ave S	Federal Way	WA	98003-5433	King	Non-Rural				
	Sea Mar CHC - Gig Harbor 50th St Ct NW		,	WA	98335-8590	Pierce	Non-Rural				
	Sea Mar CHC - Kelso Allen St.	1710 Allen St	Kelso	WA	98626-4907	Cowlitz	Non-Rural				
	Sea Mar CHC - Kent 104th Ave SE	25028 104th Ave SE	Kent	WA	98030-9310	King	Non-Rural				
	Sea Mar CHC - Kent 233 2nd Ave. S.	233 2nd Ave S	Kent	WA	98032-5852	King	Non-Rural				
	Sea Mar CHC - Lacey Woodland Square L			WA	98503-1038	Thurston	Non-Rural				
	Sea Mar CHC - Lakewood Bridgeport Wa		Lakewood	WA	98499-8120	Pierce	Non-Rural				
	Sea Mar CHC - Lynnwood 194th St. SW	01 /	Lynnwood	WA	98036-4613		Non-Rural				
	Sea Mar CHC - Lynnwood Alderwood Ma		Lynnwood	WA	98036-6765		Non-Rural				
	,	4922 Grove St	Marysville	WA	98270-4427		Non-Rural				
	Sea Mar CHC - Marysville State Ave.	9710 State Ave	Marysville	WA	98270-2232		Non-Rural				
	Sea Mar CHC - Mercy Housing Bellinghar		Bellingham	WA	98226-5503	Whatcom	Non-Rural				
	Sea Mar CHC - Monroe Fryelands Blvd. S	_	Monroe	WA	98272-2693		Non-Rural				
	Sea Mar CHC - Monroe W. Main St.	17707 W Main St	Monroe	WA	98272-2093		Non-Rural				
	Sea Mar CHC - Mt. Vernon E. College Wa		Mount Vernon	WA	98273-5624	Skagit	Non-Rural				
	Sea Mar CHC - Mt. Vernon N. LaVenture		Mount Vernon	WA	98273-2766	Skagit	Non-Rural				
		2203 Old Highway 99 S Rd	Mount Vernon	WA	98273-2700	Skagit	Non-Rural				
	Sea Mar CHC - Oak Harbor 31775 SR 20		Oak Harbor	WA	98277-5104	Island	Rural				
	Sea Mar CHC - Oak Harbor BH	31640 State Route 20	Oak Harbor	WA	98277-3104	Island	Rural				
				WA	98569-9632						
	Sea Mar CHC - Ocean Shores Point Brow		Ocean Shores			Grays Harbo					
	Sea Mar CHC - Olympia 3030 Limited Lan		Olympia	WA WA	98502-2704	Thurston	Non-Rural				
		3622 Ensign Rd NE	Olympia		98506-5081	Thurston	Non-Rural				
	•	228 W 1st St, Ste L	Port Angeles	WA	98362-2639	Clallam	Rural				
	Sea Mar CHC - Puyallup 101st Avenue Ct		Puyallup	WA	98373-9101	Pierce	Non-Rural				
	Sea Mar CHC - Puyallup 125th Street Ct.		Puyallup	WA	98374-2761	Pierce	Non-Rural				
			Seattle	WA	98168-1615	King	Non-Rural				
	Sea Mar CHC - Seattle 8720 14th Ave. S.		Seattle	WA	98108-4807	King	Non-Rural				
	Sea Mar CHC - Seattle 8801 14th Ave S		Seattle	WA	98108-4809	King	Non-Rural				
	Sea Mar CHC - Seattle 8915 14th Ave. S.		Seattle	WA	98108-4813	King	Non-Rural				
	Sea Mar CHC - Seattle Des Moines Memo			WA	98108-5061	King	Non-Rural				
	Sea Mar CHC - Skagit Valley Women's He		Mount Vernon	WA	98273-3902	Skagit	Non-Rural				
	Sea Mar CHC - Tacoma 1215 S. 11th St.		Tacoma	WA	98405-4020	Pierce	Non-Rural				
	Sea Mar CHC - Tacoma 1307 S. 11th St.	1307 S 11th St	Tacoma	WA	98405-3644	Pierce	Non-Rural				523

						HPSA FTE					
Discipline	HPSA ID	HPSA Name	Designation Type	<b>Primary State</b>	County Name	Short	HPSA Score	Status	<b>Rural Status</b>	Designation I	Update Date
	Sea Mar CHC - Tacoma 6th Ave	1112 6th Ave Ste 301	Tacoma	WA	98405-4048	Pierce	Non-Rural				
	Sea Mar CHC - Tacoma S 14th St	702 S 14th St	Tacoma	WA	98405-4407	Pierce	Non-Rural				
	Sea Mar CHC - Tacoma S. 11th St.	1516 S 11th St	Tacoma	WA	98405-3332	Pierce	Non-Rural				
	Sea Mar CHC - Tacoma S. 19th St.	2121 S 19th St	Tacoma	WA	98405-2922	Pierce	Non-Rural				
	Sea Mar CHC - Tacoma S. Cedar St.	3712 S Cedar St	Tacoma	WA	98409-5715	Pierce	Non-Rural				
	Sea Mar CHC - Tacoma S. Cushman Ave.	1112 S Cushman Ave	Tacoma	WA	98405-3631	Pierce	Non-Rural				
	Sea Mar CHC - Tillicum Community Cent	14916 Washington Ave SW	Lakewood	WA	98498-2271	Pierce	Non-Rural				
	Sea Mar CHC - Tumwater 6334 Littlerock	6334 Littlerock Rd SW	Tumwater	WA	98512-7332	Thurston	Non-Rural				
	Sea Mar CHC - Tumwater 6336 Littlerock	6336 Littlerock Rd SW	Tumwater	WA	98512-7332	Thurston	Non-Rural				
	Sea Mar CHC - Tumwater Capitol Blvd SE	6004 Capitol Blvd SE	Tumwater	WA	98501-8520	Thurston	Non-Rural				
	Sea Mar CHC - Vancouver 1601 E Fourth	1601 E Fourth Plain Blvd Bld	Vancouver	WA	98661-3717	Clark	Non-Rural				
	Sea Mar CHC - Vancouver 317 E 39th St	317 E 39th St	Vancouver	WA	98663-2233	Clark	Non-Rural				
	Sea Mar CHC - Vancouver 34th St.	19005 SE 34th St	Vancouver	WA	98683-1450	Clark	Non-Rural				
	Sea Mar CHC - Vancouver 5411 E. Mill Pl	5411 E Mill Plain Blvd	Vancouver	WA	98661-7057	Clark	Non-Rural				
	Sea Mar CHC - Vancouver 7803 NE Fourt		Vancouver	WA	98662-7294	Clark	Non-Rural				
	Sea Mar CHC - Vancouver Behavioral He		Vancouver	WA	98662-6177	Clark	Non-Rural				
	Sea Mar CHC - Vancouver Delaware Lane		Vancouver	WA	98664-1408	Clark	Non-Rural				
	Sea Mar CHC - Vancouver Evergreen Hig		Vancouver	WA	98684-7807	Clark	Non-Rural				
		6100 NE Fourth Plain Blvd	Vancouver	WA	98661-6830	Clark	Non-Rural				
		14508 NE 20th Ave	Vancouver	WA	98686-6424	Clark	Non-Rural				
	Sea Mar CHC - Vancouver NE 65th St.	11801 NE 65th St	Vancouver	WA	98662-5527	Clark	Non-Rural				
	Sea Mar CHC - Vancouver NE 88th St.	1412 NE 88th St	Vancouver	WA	98665-9620	Clark	Non-Rural				
	Sea Mar CHC - Vashon Island	10030 SW 210th St	Vashon	WA	98070-6584	King	Non-Rural			+	
	Sea Mar CHC - White Center 15th Ave. S		Seattle	WA	98106-2576	King	Non-Rural			+	
	Sea Mar CHC - Yelm Cullens St. NW	202 Cullens St NW	Yelm	WA	98597-9417	Thurston	Non-Rural			+	
	Sea Mar CHC – Everett W Mukilteo Blvd		Everett	WA	98203-2057		Non-Rural			+	
	Sea War Circ - Everett W Widkitteo Biva		Federally Qualified	WA	38203-2037	31101101111311	NOII-Rurar			+	
1ental Health	7539995334	Sea-Mar Community Health		Washington	King County, WA		19	Designated	Non-Rural	12/02/2003	N2/12/2010
ientai ricaitii	Site Name		Site City		Site ZIP Code		Rural Status	Designated	reon narai	12/02/2003	00/10/2013
	Sea Mar CHC - Aberdeen Sumner Ave.	1813 Sumner Ave	Aberdeen	WA	98520-4600	Grays Harbo		1			
		1013 Julliller AVC		WA		King	Non-Rural			+	
		10/0 S Handerson St	Seattle		102102-1720		INUIT-INUI AI				
	Sea Mar CHC - Administration	1040 S Henderson St	Seattle		98108-4720					+	
	Sea Mar CHC - Administration Sea Mar CHC - Anacortes M Avenue	1004 M Ave Ste 107	Anacortes	WA	98221-1954	Skagit	Rural				
	Sea Mar CHC - Administration Sea Mar CHC - Anacortes M Avenue Sea Mar CHC - Auburn 12th St. SE	1004 M Ave Ste 107 735 12th St SE Fl 1	Anacortes Auburn	WA WA	98221-1954 98002-6709	Skagit King	Rural Non-Rural				
	Sea Mar CHC - Administration Sea Mar CHC - Anacortes M Avenue Sea Mar CHC - Auburn 12th St. SE Sea Mar CHC - Battle Ground	1004 M Ave Ste 107 735 12th St SE FI 1 118 S Parkway Ave	Anacortes Auburn Battle Ground	WA WA WA	98221-1954 98002-6709 98604-9215	Skagit King Clark	Rural Non-Rural Non-Rural				
	Sea Mar CHC - Administration Sea Mar CHC - Anacortes M Avenue Sea Mar CHC - Auburn 12th St. SE Sea Mar CHC - Battle Ground Sea Mar CHC - Battle Ground NE 189th S	1004 M Ave Ste 107 735 12th St SE FI 1 118 S Parkway Ave 11117 NE 189th St	Anacortes Auburn Battle Ground Battle Ground	WA WA WA	98221-1954 98002-6709 98604-9215 98604-6244	Skagit King Clark Clark	Rural Non-Rural Non-Rural Non-Rural				
	Sea Mar CHC - Administration Sea Mar CHC - Anacortes M Avenue Sea Mar CHC - Auburn 12th St. SE Sea Mar CHC - Battle Ground Sea Mar CHC - Battle Ground NE 189th S Sea Mar CHC - Bellevue 116th Ave. NE	1004 M Ave Ste 107 735 12th St SE FI 1 118 S Parkway Ave 11117 NE 189th St 2000 116th Ave NE	Anacortes Auburn Battle Ground Battle Ground Bellevue	WA WA WA WA	98221-1954 98002-6709 98604-9215 98604-6244 98004-3047	Skagit King Clark Clark King	Rural Non-Rural Non-Rural Non-Rural Non-Rural				
	Sea Mar CHC - Administration Sea Mar CHC - Anacortes M Avenue Sea Mar CHC - Auburn 12th St. SE Sea Mar CHC - Battle Ground Sea Mar CHC - Battle Ground NE 189th S Sea Mar CHC - Bellevue 116th Ave. NE Sea Mar CHC - Bellevue 150th Ave. SE	1004 M Ave Ste 107 735 12th St SE Fl 1 118 S Parkway Ave 11117 NE 189th St 2000 116th Ave NE 3801 150th Ave SE	Anacortes Auburn Battle Ground Battle Ground Bellevue Bellevue	WA WA WA WA WA	98221-1954 98002-6709 98604-9215 98604-6244 98004-3047 98006-1668	Skagit King Clark Clark King King	Rural Non-Rural Non-Rural Non-Rural Non-Rural Non-Rural				
	Sea Mar CHC - Administration Sea Mar CHC - Anacortes M Avenue Sea Mar CHC - Auburn 12th St. SE Sea Mar CHC - Battle Ground Sea Mar CHC - Battle Ground NE 189th S Sea Mar CHC - Bellevue 116th Ave. NE Sea Mar CHC - Bellevue 150th Ave. SE Sea Mar CHC - Bellevue 156th Ave. NE	1004 M Ave Ste 107 735 12th St SE FI 1 118 S Parkway Ave 11117 NE 189th St 2000 116th Ave NE 3801 150th Ave SE 1811 156th Ave NE Ste 2	Anacortes Auburn Battle Ground Battle Ground Bellevue Bellevue Bellevue	WA WA WA WA WA WA	98221-1954 98002-6709 98604-9215 98604-6244 98004-3047 98006-1668 98007-4344	Skagit King Clark Clark King King King	Rural Non-Rural Non-Rural Non-Rural Non-Rural Non-Rural Non-Rural				
	Sea Mar CHC - Administration Sea Mar CHC - Anacortes M Avenue Sea Mar CHC - Auburn 12th St. SE Sea Mar CHC - Battle Ground Sea Mar CHC - Battle Ground NE 189th S Sea Mar CHC - Bellevue 116th Ave. NE Sea Mar CHC - Bellevue 150th Ave. SE Sea Mar CHC - Bellevue 156th Ave. NE Sea Mar CHC - Bellevue Bell-Red Rd.	1004 M Ave Ste 107 735 12th St SE FI 1 118 S Parkway Ave 11117 NE 189th St 2000 116th Ave NE 3801 150th Ave SE 1811 156th Ave NE Ste 2 12835 NE Bel Red Rd Ste 100	Anacortes Auburn Battle Ground Battle Ground Bellevue Bellevue Bellevue Bellevue	WA WA WA WA WA WA WA WA WA	98221-1954 98002-6709 98604-9215 98604-6244 98004-3047 98006-1668 98007-4344 98005-2625	Skagit King Clark Clark King King King King King	Rural Non-Rural Non-Rural Non-Rural Non-Rural Non-Rural Non-Rural				
	Sea Mar CHC - Administration Sea Mar CHC - Anacortes M Avenue Sea Mar CHC - Auburn 12th St. SE Sea Mar CHC - Battle Ground Sea Mar CHC - Battle Ground NE 189th S Sea Mar CHC - Bellevue 116th Ave. NE Sea Mar CHC - Bellevue 150th Ave. SE Sea Mar CHC - Bellevue 156th Ave. NE Sea Mar CHC - Bellevue Bell-Red Rd. Sea Mar CHC - Bellingham Behavioral He	1004 M Ave Ste 107 735 12th St SE FI 1 118 S Parkway Ave 11117 NE 189th St 2000 116th Ave NE 3801 150th Ave SE 1811 156th Ave NE Ste 2 12835 NE Bel Red Rd Ste 100 3350 Airport Dr	Anacortes Auburn Battle Ground Battle Ground Bellevue Bellevue Bellevue Bellevue Bellevue Bellenue Bellenue	WA	98221-1954 98002-6709 98604-9215 98604-6244 98004-3047 98006-1668 98007-4344 98005-2625 98226-8048	Skagit King Clark Clark King King King King King Whatcom	Rural Non-Rural Non-Rural Non-Rural Non-Rural Non-Rural Non-Rural Non-Rural Non-Rural				
	Sea Mar CHC - Administration Sea Mar CHC - Anacortes M Avenue Sea Mar CHC - Auburn 12th St. SE Sea Mar CHC - Battle Ground Sea Mar CHC - Battle Ground NE 189th S Sea Mar CHC - Bellevue 116th Ave. NE Sea Mar CHC - Bellevue 150th Ave. SE Sea Mar CHC - Bellevue 156th Ave. NE Sea Mar CHC - Bellevue Bell-Red Rd. Sea Mar CHC - Bellingham Behavioral He Sea Mar CHC - Bellingham Cordata Parky	1004 M Ave Ste 107 735 12th St SE FI 1 118 S Parkway Ave 11117 NE 189th St 2000 116th Ave NE 3801 150th Ave SE 1811 156th Ave NE Ste 2 12835 NE Bel Red Rd Ste 100 3350 Airport Dr 4455 Cordata Pkwy	Anacortes Auburn Battle Ground Battle Ground Bellevue Bellevue Bellevue Bellevue Bellevue Bellingham Bellingham	WA	98221-1954 98002-6709 98604-9215 98604-6244 98004-3047 98006-1668 98007-4344 98005-2625 98226-8048 98226-8037	Skagit King Clark Clark King King King King Whatcom Whatcom	Rural Non-Rural				
	Sea Mar CHC - Administration Sea Mar CHC - Anacortes M Avenue Sea Mar CHC - Auburn 12th St. SE Sea Mar CHC - Battle Ground Sea Mar CHC - Battle Ground NE 189th S Sea Mar CHC - Bellevue 116th Ave. NE Sea Mar CHC - Bellevue 150th Ave. SE Sea Mar CHC - Bellevue 156th Ave. NE Sea Mar CHC - Bellevue Bell-Red Rd. Sea Mar CHC - Bellingham Behavioral He Sea Mar CHC - Bellingham Cordata Parky Sea Mar CHC - Burien 8th Ave. S.	1004 M Ave Ste 107 735 12th St SE FI 1 118 S Parkway Ave 11117 NE 189th St 2000 116th Ave NE 3801 150th Ave SE 1811 156th Ave NE Ste 2 12835 NE Bel Red Rd Ste 100 3350 Airport Dr 4455 Cordata Pkwy 18010 8th Ave S Ste 416	Anacortes Auburn Battle Ground Battle Ground Bellevue Bellevue Bellevue Bellevue Bellingham Bellingham Seatac	WA W	98221-1954 98002-6709 98604-9215 98604-6244 98004-3047 98006-1668 98007-4344 98005-2625 98226-8048 98226-8037 98148-1908	Skagit King Clark Clark King King King King Whatcom Whatcom King	Rural Non-Rural				
	Sea Mar CHC - Administration Sea Mar CHC - Anacortes M Avenue Sea Mar CHC - Auburn 12th St. SE Sea Mar CHC - Battle Ground Sea Mar CHC - Battle Ground NE 189th S Sea Mar CHC - Bellevue 116th Ave. NE Sea Mar CHC - Bellevue 150th Ave. SE Sea Mar CHC - Bellevue 156th Ave. NE Sea Mar CHC - Bellevue Bell-Red Rd. Sea Mar CHC - Bellingham Behavioral He Sea Mar CHC - Bellingham Cordata Parky Sea Mar CHC - Burien 8th Ave. S. Sea Mar CHC - Burien Ambaum Blvd. SW	1004 M Ave Ste 107 735 12th St SE FI 1 118 S Parkway Ave 11117 NE 189th St 2000 116th Ave NE 3801 150th Ave SE 1811 156th Ave NE Ste 2 12835 NE Bel Red Rd Ste 100 3350 Airport Dr 4455 Cordata Pkwy 18010 8th Ave S Ste 416	Anacortes Auburn Battle Ground Battle Ground Bellevue Bellevue Bellevue Bellevue Bellingham Bellingham Seatac Burien	WA W	98221-1954 98002-6709 98604-9215 98604-6244 98004-3047 98006-1668 98007-4344 98005-2625 98226-8048 98226-8037 98148-1908 98166-1438	Skagit King Clark Clark King King King King Whatcom Whatcom King King	Rural Non-Rural				
	Sea Mar CHC - Administration Sea Mar CHC - Anacortes M Avenue Sea Mar CHC - Auburn 12th St. SE Sea Mar CHC - Battle Ground Sea Mar CHC - Battle Ground NE 189th S Sea Mar CHC - Bellevue 116th Ave. NE Sea Mar CHC - Bellevue 150th Ave. SE Sea Mar CHC - Bellevue 156th Ave. NE Sea Mar CHC - Bellevue Bell-Red Rd. Sea Mar CHC - Bellingham Behavioral He Sea Mar CHC - Bellingham Cordata Parky Sea Mar CHC - Burien 8th Ave. S. Sea Mar CHC - Burien Ambaum Blvd. SW Sea Mar CHC - Concrete	1004 M Ave Ste 107 735 12th St SE FI 1 118 S Parkway Ave 11117 NE 189th St 2000 116th Ave NE 3801 150th Ave SE 1811 156th Ave NE Ste 2 12835 NE Bel Red Rd Ste 100 3350 Airport Dr 4455 Cordata Pkwy 18010 8th Ave S Ste 416 14434 Ambaum Blvd SW 7438 S D Ave	Anacortes Auburn Battle Ground Bettle Ground Bellevue Bellevue Bellevue Bellingham Bellingham Seatac Burien Concrete	WA W	98221-1954 98002-6709 98604-9215 98604-6244 98004-3047 98006-1668 98007-4344 98005-2625 98226-8048 98226-8037 98148-1908 98166-1438 98237-9642	Skagit King Clark Clark King King King King Whatcom Whatcom King King King	Rural Non-Rural Rural Rural				
	Sea Mar CHC - Administration Sea Mar CHC - Anacortes M Avenue Sea Mar CHC - Auburn 12th St. SE Sea Mar CHC - Battle Ground Sea Mar CHC - Battle Ground NE 189th S Sea Mar CHC - Bellevue 116th Ave. NE Sea Mar CHC - Bellevue 150th Ave. SE Sea Mar CHC - Bellevue 156th Ave. NE Sea Mar CHC - Bellevue Bell-Red Rd. Sea Mar CHC - Bellingham Behavioral He Sea Mar CHC - Bellingham Cordata Parky Sea Mar CHC - Burien 8th Ave. S. Sea Mar CHC - Burien Ambaum Blvd. SW Sea Mar CHC - Concrete Sea Mar CHC - Des Moines S. 242nd St.	1004 M Ave Ste 107 735 12th St SE FI 1 118 S Parkway Ave 11117 NE 189th St 2000 116th Ave NE 3801 150th Ave SE 1811 156th Ave NE Ste 2 12835 NE Bel Red Rd Ste 100 3350 Airport Dr 4455 Cordata Pkwy 18010 8th Ave S Ste 416 14434 Ambaum Blvd SW 7438 S D Ave 2781 S 242nd St	Anacortes Auburn Battle Ground Bellevue Bellevue Bellevue Bellingham Bellingham Seatac Burien Concrete Des Moines	WA W	98221-1954 98002-6709 98604-9215 98604-6244 98004-3047 98006-1668 98007-4344 98005-2625 98226-8048 98226-8037 98148-1908 98166-1438 98237-9642 98198-5166	Skagit King Clark Clark King King King King Whatcom Whatcom King King King King King King King King	Rural Non-Rural				
	Sea Mar CHC - Administration Sea Mar CHC - Anacortes M Avenue Sea Mar CHC - Auburn 12th St. SE Sea Mar CHC - Battle Ground Sea Mar CHC - Battle Ground NE 189th S Sea Mar CHC - Bellevue 116th Ave. NE Sea Mar CHC - Bellevue 150th Ave. SE Sea Mar CHC - Bellevue 156th Ave. NE Sea Mar CHC - Bellevue Bell-Red Rd. Sea Mar CHC - Bellingham Behavioral He Sea Mar CHC - Bellingham Cordata Parky Sea Mar CHC - Burien 8th Ave. S. Sea Mar CHC - Burien Ambaum Blvd. SW Sea Mar CHC - Concrete Sea Mar CHC - Des Moines S. 242nd St. Sea Mar CHC - Elma W. Main St.	1004 M Ave Ste 107 735 12th St SE FI 1 118 S Parkway Ave 11117 NE 189th St 2000 116th Ave NE 3801 150th Ave SE 1811 156th Ave NE Ste 2 12835 NE Bel Red Rd Ste 100 3350 Airport Dr 4455 Cordata Pkwy 18010 8th Ave S Ste 416 14434 Ambaum Blvd SW 7438 S D Ave 2781 S 242nd St	Anacortes Auburn Battle Ground Bettle Ground Bellevue Bellevue Bellevue Bellingham Bellingham Seatac Burien Concrete	WA W	98221-1954 98002-6709 98604-9215 98604-6244 98004-3047 98006-1668 98007-4344 98005-2625 98226-8048 98226-8037 98148-1908 98166-1438 98237-9642	Skagit King Clark Clark King King King King Whatcom Whatcom King King King	Rural Non-Rural				
	Sea Mar CHC - Administration Sea Mar CHC - Anacortes M Avenue Sea Mar CHC - Auburn 12th St. SE Sea Mar CHC - Battle Ground Sea Mar CHC - Battle Ground NE 189th S Sea Mar CHC - Bellevue 116th Ave. NE Sea Mar CHC - Bellevue 150th Ave. SE Sea Mar CHC - Bellevue 156th Ave. NE Sea Mar CHC - Bellevue Bell-Red Rd. Sea Mar CHC - Bellingham Behavioral He Sea Mar CHC - Bellingham Cordata Parky Sea Mar CHC - Burien 8th Ave. S. Sea Mar CHC - Burien Ambaum Blvd. SW Sea Mar CHC - Concrete Sea Mar CHC - Des Moines S. 242nd St.	1004 M Ave Ste 107 735 12th St SE FI 1 118 S Parkway Ave 11117 NE 189th St 2000 116th Ave NE 3801 150th Ave SE 1811 156th Ave NE Ste 2 12835 NE Bel Red Rd Ste 100 3350 Airport Dr 4455 Cordata Pkwy 18010 8th Ave S Ste 416 14434 Ambaum Blvd SW 7438 S D Ave 2781 S 242nd St	Anacortes Auburn Battle Ground Bellevue Bellevue Bellevue Bellingham Bellingham Seatac Burien Concrete Des Moines	WA W	98221-1954 98002-6709 98604-9215 98604-6244 98004-3047 98006-1668 98007-4344 98005-2625 98226-8048 98226-8037 98148-1908 98166-1438 98237-9642 98198-5166	Skagit King Clark Clark King King King King Whatcom Whatcom King King King King King King King King	Rural Non-Rural Rural Rural Rural				
	Sea Mar CHC - Administration Sea Mar CHC - Anacortes M Avenue Sea Mar CHC - Auburn 12th St. SE Sea Mar CHC - Battle Ground Sea Mar CHC - Battle Ground NE 189th S Sea Mar CHC - Bellevue 116th Ave. NE Sea Mar CHC - Bellevue 150th Ave. SE Sea Mar CHC - Bellevue 156th Ave. NE Sea Mar CHC - Bellevue Bell-Red Rd. Sea Mar CHC - Bellingham Behavioral He Sea Mar CHC - Bellingham Cordata Parky Sea Mar CHC - Burien 8th Ave. S. Sea Mar CHC - Burien Ambaum Blvd. SW Sea Mar CHC - Concrete Sea Mar CHC - Des Moines S. 242nd St. Sea Mar CHC - Elma W. Main St.	1004 M Ave Ste 107 735 12th St SE FI 1 118 S Parkway Ave 11117 NE 189th St 2000 116th Ave NE 3801 150th Ave SE 1811 156th Ave NE Ste 2 12835 NE Bel Red Rd Ste 100 3350 Airport Dr 4455 Cordata Pkwy 18010 8th Ave S Ste 416 14434 Ambaum Blvd SW 7438 S D Ave 2781 S 242nd St 515 W Main St	Anacortes Auburn Battle Ground Battle Ground Bellevue Bellevue Bellevue Bellingham Bellingham Seatac Burien Concrete Des Moines Elma	WA W	98221-1954 98002-6709 98604-9215 98604-6244 98004-3047 98006-1668 98007-4344 98005-2625 98226-8048 98226-8037 98148-1908 98166-1438 98237-9642 98198-5166 98541-9285	Skagit King Clark Clark King King King King King King King King	Rural Non-Rural Rural Rural Rural				

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Discipline	HPSA ID	HPSA Name	Designation Type	Primary State	County Name	Short	HPSA Score	Status	Rural Status	Designation I	Update Date
	,		Federal Way	WA	98003-5433	King	Non-Rural				
	Sea Mar CHC - Gig Harbor 50th St Ct NW		Gig Harbor	WA	98335-8590	Pierce	Non-Rural				
	Sea Mar CHC - Kelso Allen St.	1710 Allen St	Kelso	WA	98626-4907	Cowlitz	Non-Rural				
	Sea Mar CHC - Kent 104th Ave SE	25028 104th Ave SE	Kent	WA	98030-9310	King	Non-Rural				
	Sea Mar CHC - Kent 233 2nd Ave. S.	233 2nd Ave S	Kent	WA	98032-5852	King	Non-Rural				
	Sea Mar CHC - Lacey Woodland Square L		Lacey	WA	98503-1038	Thurston	Non-Rural				
	Sea Mar CHC - Lakewood Bridgeport Wa	7424 Bridgeport Way W	Lakewood	WA	98499-8120	Pierce	Non-Rural				
	Sea Mar CHC - Lynnwood 194th St. SW	4100 194th St SW Ste 120	Lynnwood	WA	98036-4613	Snohomish	Non-Rural				
	Sea Mar CHC - Lynnwood Alderwood Ma	4111 Alderwood Mall Blvd	Lynnwood	WA	98036-6765	Snohomish	Non-Rural				
	Sea Mar CHC - Marysville Grove St. NE	4922 Grove St	Marysville	WA	98270-4427	Snohomish	Non-Rural				
	Sea Mar CHC - Marysville State Ave.	9710 State Ave	Marysville	WA	98270-2232	Snohomish	Non-Rural				
	Sea Mar CHC - Mercy Housing Bellinghar	512 Sterling Dr	Bellingham	WA	98226-5503	Whatcom	Non-Rural				
	Sea Mar CHC - Monroe Fryelands Blvd. S	14090 Fryelands Blvd SE	Monroe	WA	98272-2693	Snohomish	Non-Rural				
	Sea Mar CHC - Monroe W. Main St.	17707 W Main St	Monroe	WA	98272-1967	Snohomish	Non-Rural				
	Sea Mar CHC - Mt. Vernon E. College Wa	1010 E College Way	Mount Vernon	WA	98273-5624	Skagit	Non-Rural				
	Sea Mar CHC - Mt. Vernon N. LaVenture	ŭ ,	Mount Vernon	WA	98273-2766	Skagit	Non-Rural				
	Sea Mar CHC - Mt. Vernon Old Hwy 99		Mount Vernon	WA	98273-9009	Skagit	Non-Rural				
	Sea Mar CHC - Oak Harbor 31775 SR 20	• ,	Oak Harbor	WA	98277-5104	Island	Rural				
	Sea Mar CHC - Oak Harbor BH	31640 State Route 20	Oak Harbor	WA	98277-3128	Island	Rural				
	Sea Mar CHC - Ocean Shores Point Brown		Ocean Shores	WA	98569-9632	Grays Harbo					
	Sea Mar CHC - Olympia 3030 Limited Lan		Olympia	WA	98502-2704	Thurston	Non-Rural				
	, ·	3622 Ensign Rd NE	Olympia	WA	98506-5081	Thurston	Non-Rural				
	, , ,	228 W 1st St, Ste L	Port Angeles	WA	98362-2639	Clallam	Rural				
	Sea Mar CHC - Puyallup 101st Avenue Ct	· · · · · · · · · · · · · · · · · · ·	Puyallup	WA	98373-9101	Pierce	Non-Rural				
	Sea Mar CHC - Puyallup 125th Street Ct.		Puyallup	WA	98374-2761	Pierce	Non-Rural				
	Sea Mar CHC - Seattle 17th Place S.		Seattle	WA	98168-1615	King	Non-Rural				
	Sea Mar CHC - Seattle 17th Flace 5.		Seattle	WA	98108-4807	King	Non-Rural				
		8801 14th Ave S	Seattle	WA	98108-4809	King	Non-Rural				
	Sea Mar CHC - Seattle 8915 14th Ave. S.		Seattle	WA	98108-4813						
				WA		King	Non-Rural				
	Sea Mar CHC - Seattle Des Moines Memo				98108-5061	King	Non-Rural				
	Sea Mar CHC - Skagit Valley Women's He		Mount Vernon	WA	98273-3902	Skagit	Non-Rural				
	Sea Mar CHC - Tacoma 1215 S. 11th St.		Tacoma	WA	98405-4020	Pierce	Non-Rural				
		1307 S 11th St	Tacoma	WA	98405-3644	Pierce	Non-Rural				
	Sea Mar CHC - Tacoma 6th Ave	1112 6th Ave Ste 301	Tacoma	WA	98405-4048	Pierce	Non-Rural				
	Sea Mar CHC - Tacoma S 14th St	702 S 14th St	Tacoma	WA	98405-4407	Pierce	Non-Rural				
	Sea Mar CHC - Tacoma S. 11th St.	1516 S 11th St	Tacoma	WA	98405-3332	Pierce	Non-Rural				
	Sea Mar CHC - Tacoma S. 19th St.	2121 S 19th St	Tacoma	WA	98405-2922	Pierce	Non-Rural				
	Sea Mar CHC - Tacoma S. Cedar St.	3712 S Cedar St	Tacoma	WA	98409-5715	Pierce	Non-Rural				
	Sea Mar CHC - Tacoma S. Cushman Ave.		Tacoma	WA	98405-3631	Pierce	Non-Rural				
	Sea Mar CHC - Tillicum Community Cent	J	Lakewood	WA	98498-2271	Pierce	Non-Rural				
	Sea Mar CHC - Tumwater 6334 Littlerock		Tumwater	WA	98512-7332	Thurston	Non-Rural				
	Sea Mar CHC - Tumwater 6336 Littlerock		Tumwater	WA	98512-7332		Non-Rural				
	Sea Mar CHC - Tumwater Capitol Blvd SE		Tumwater	WA	98501-8520	Thurston	Non-Rural				
	Sea Mar CHC - Vancouver 1601 E Fourth	1601 E Fourth Plain Blvd Bld	Vancouver	WA	98661-3717	Clark	Non-Rural				
	Sea Mar CHC - Vancouver 317 E 39th St	317 E 39th St	Vancouver	WA	98663-2233	Clark	Non-Rural				
	Sea Mar CHC - Vancouver 34th St.	19005 SE 34th St	Vancouver	WA	98683-1450	Clark	Non-Rural				
	Sea Mar CHC - Vancouver 5411 E. Mill Pl	5411 E Mill Plain Blvd	Vancouver	WA	98661-7057	Clark	Non-Rural				
	Sea Mar CHC - Vancouver 7803 NE Fourt	7803 NE Fourth Plain Blvd	Vancouver	WA	98662-7294	Clark	Non-Rural				
	Sea Mar CHC - Vancouver Behavioral He	5501 NE 109th Ct	Vancouver	WA	98662-6177	Clark	Non-Rural				525

						HPSA FTE					
Discipline	HPSA ID	HPSA Name	Designation Type	Primary State	County Name	Short	HPSA Score	Status	Rural Status	Designation	Update Date
	Sea Mar CHC - Vancouver Delaware Land	7410 Delaware Ln	Vancouver	WA	98664-1408	Clark	Non-Rural				
	Sea Mar CHC - Vancouver Evergreen Hig	14300 NE 18th St Rm 213	Vancouver	WA	98684-7807	Clark	Non-Rural				
	Sea Mar CHC - Vancouver Fourth Plain	6100 NE Fourth Plain Blvd	Vancouver	WA	98661-6830	Clark	Non-Rural				
	Sea Mar CHC - Vancouver NE 20th Ave.	14508 NE 20th Ave	Vancouver	WA	98686-6424	Clark	Non-Rural				
	Sea Mar CHC - Vancouver NE 65th St.	11801 NE 65th St	Vancouver	WA	98662-5527	Clark	Non-Rural				
	Sea Mar CHC - Vancouver NE 88th St.	1412 NE 88th St	Vancouver	WA	98665-9620	Clark	Non-Rural				
	Sea Mar CHC - Vashon Island	10030 SW 210th St	Vashon	WA	98070-6584	King	Non-Rural				
	Sea Mar CHC - White Center 15th Ave. S	9650 15th Ave SW Ste 100	Seattle	WA	98106-2576	King	Non-Rural				
	Sea Mar CHC - Yelm Cullens St. NW	202 Cullens St NW	Yelm	WA	98597-9417	Thurston	Non-Rural				
	Sea Mar CHC – Everett W Mukilteo Blvd	215 W Mukilteo Blvd	Everett	WA	98203-2057	Snohomish	Non-Rural				
			Indian Health Service, Tribal Health, and Urban Indian Health								
Primary Care	1533072002	Puyallup Tribal Integrative N	Organizations	Washington	Pierce County, V	٨	17	Designated	Non-Rural	08/18/2019	09/09/2019
	Site Name	Site Address	Site City	Site State	Site ZIP Code	County	<b>Rural Status</b>				
	Puyallup Tribal Integrative Medicine	3700 Pacific Hwy E	Fife	WA	98424-1148	Pierce	Non-Rural				
			Indian Health Service, Tribal Health, and Urban Indian Health								
Mental Health	7532043108	Puyallup Tribal Integrative N		Washington	Pierce County, V	<u> </u>	18	Designated	Non-Rural	08/18/2019	09/09/2019
	Site Name	Site Address	Site City	Site State	Site ZIP Code	County	Rural Status	<u> </u>			
	Puyallup Tribal Integrative Medicine	3700 Pacific Hwy E	Fife	WA	98424-1148	Pierce	Non-Rural				
Primary Care		Takopid Indian Health Cente	Indian Health Service, Tribal Health, and Urban Indian Health Organizations	Washington	Pierce County, V	٨	17	Designated	Non-Rural	10/26/2002	09/09/2019
	Site Name	Site Address	Site City	Site State	Site ZIP Code	County	Rural Status				
	Takopid Indian Health Center	2209 E 32nd St	Tacoma	WA	98404-4922	Pierce	Non-Rural				
			Indian Health Service, Tribal Health, and Urban Indian Health								
Mental Health	7539995386	Takopid Indian Health Cente	Organizations	Washington	Pierce County, V	Λ	18	Designated	Non-Rural	10/26/2002	09/09/2019
	Site Name	Site Address	Site City	Site State	Site ZIP Code	County	<b>Rural Status</b>				
	Takopid Indian Health Center	2209 E 32nd St	Tacoma	WA	98404-4922	Pierce	Non-Rural				
			Low Income								
Primary Care	1535268448	LI-West Tacoma-Lakewood	Population HPSA	Washington	Pierce County, V		15	Designated	Non-Rural	07/28/2020	07/28/2020
	Component State Name	<b>Component County Name</b>	Component Name	Component T	Component GEO	Component	Rural Status				
			Census Tract 603,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053060300	Non-Rural					
			Census Tract 604,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053060400	Non-Rural					

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Discipline	HPSA ID	HPSA Name	Designation Type	Primary State	County Name	Short	HPSA Score	Status	<b>Rural Status</b>	Designation	Update Date
•			Census Tract 605,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053060500	Non-Rural					
			Census Tract 606,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053060600	Non-Rural					
			Census Tract 607,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053060700	Non-Rural					
			Census Tract 608,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053060800	Non-Rural					
			Census Tract 609.03,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053060903	Non-Rural					
			Census Tract 609.04,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053060904	Non-Rural					
			Census Tract 609.05,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053060905	Non-Rural					
			Census Tract 609.06,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053060906	Non-Rural					
			Census Tract 610.01,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053061001	Non-Rural					
			Census Tract 610.02,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053061002	Non-Rural					
			Census Tract 611,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053061100	Non-Rural					
			Census Tract 612,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053061200	Non-Rural					
			Census Tract 613,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053061300	Non-Rural					
			Census Tract 614,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053061400	Non-Rural					

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Discipline	HPSA ID	HPSA Name	Designation Type	Primary State	County Name	Short	HPSA Score	Status	Rural Status	Designation	Update Date
			Census Tract 615,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053061500	Non-Rural					
			Census Tract 616.01,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053061601	Non-Rural					
			Census Tract 616.02,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053061602	Non-Rural					
			Census Tract 617,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053061700	Non-Rural					
			Census Tract 626,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053062600	Non-Rural					
			Census Tract 628.01,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053062801	Non-Rural					
			Census Tract 628.02,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053062802	Non-Rural					
			Census Tract 629,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053062900	Non-Rural					
			Census Tract 630,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053063000	Non-Rural					
	3										
			Census Tract 718.03,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053071803	Non-Rural					
	Tr domington	. 10.00		0011343 11460	33030071000	- Ton Haran					
			Census Tract 718.05,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053071805	Non-Rural					
	vvasinigton	rieree	vvasinigton	CC113G3 11GCC	33033071003	Non italai					
			Census Tract 718.06,								
			Pierce County,								
	Washington	Pierce	Washington	Cansus Tract	53053071806	Non-Rural					
	Washington	rieice	wasimigion	Census Hact	230230/1000	INUIT-RUI di	1	+		1	
			Census Tract 718.07,								
			•								
	Machineton	Diores	Pierce County,	Consus Trat	F20F2071807	Non Dur-l					
	Washington	Pierce	Washington	census rract	53053071807	Non-Rural					

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Discipline	HPSA ID	HPSA Name	Designation Type	Primary State	County Name	Short	HPSA Score	Status	Rural Status	Designation	Update Date
			C T 1740.00								
			Census Tract 718.08,								
	Mashington	Diarea	Pierce County,	Consus Tract	F 20 F 20 7 1 80 8	Non Dural					
	Washington	Pierce	Washington	Census Tract	53053071808	Non-Rural					
			Census Tract 719.01,								
			Pierce County,								
	Washington	Pierce	Washington	Cansus Tract	53053071901	Non-Rural					
	vvasimigtoni	ricice	vvasimigeon	CCIISUS TIUCE	33033071301	Non Karai					
			Census Tract 719.02,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053071902	Non-Rural					
	· · · · · · · · · · · · · · · · · · ·	1.6.66	Census Tract 720,	0011545 11466	333337.1302	Tron maran					
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053072000	Non-Rural					
			0.1								
			Census Tract 721.05,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053072105	Non-Rural					
	- J										
			Census Tract 721.06,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053072106	Non-Rural					
			Census Tract 721.07,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053072107	Non-Rural					
			Census Tract 721.08,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053072108	Non-Rural					
			Census Tract 721.09,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053072109	Non-Rural					
			Census Tract 721.11,								
			Pierce County,								
	Washington	Pierce	Washington	Census Tract	53053072111	Non-Rural					
			C T 1724.42								
			Census Tract 721.12,								
	M/achinatan	Dieves	Pierce County,	Consus Tass	F20F2072442	Non December					
	Washington	Pierce	Washington	Census Tract	53053072112	Non-Rural					
			Consus Tract 722 OF								
			Census Tract 723.05,								
	Machington	Diorea	Pierce County,	Consus Trast	E20E207220F	Non Bural					
	Washington	Pierce	Washington	census tract	53053072305	Non-Rural				]	

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	Washington	Pierce	Washington	Census Tract	53053073500	Non-Rural					
			Census Tract 9400.01,								
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	Washington	Pierce	Washington	Census Tract	53053940001	Non-Rural					

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	Washington	Pierce	Washington	Census Tract	53053940006	Non-Rural					
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Primary Care	1537498972	Buckley Service Area	Geographic HPSA		Pierce County,		13	Designated	Partially Rura	10/16/2017	10/16/2017
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	Washington	Pierce	701		53053070100	Rural					
	Washington	Pierce	702.03	Census Tract	53053070203	Non-Rural					
	Washington	Pierce	702.04	Census Tract	53053070204	Non-Rural					
	Washington	Pierce	702.05	Census Tract	53053070205	Non-Rural					
	Washington	Pierce	702.06	Census Tract	53053070206	Non-Rural					
	Washington	Pierce	702.07	Census Tract		Non-Rural					
	Washington	Pierce	703.07	Census Tract	53053070307	Non-Rural					533

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Discipline	HPSA ID	HPSA Name	Designation Type	Primary State	County Name	Short	HPSA Score	Status	Rural Status	Designation I	Update Date
	Washington	Pierce	703.08	Census Tract	53053070308	Non-Rural					-
	Washington	Pierce	703.09	Census Tract	53053070309	Non-Rural					
	Washington	Pierce	703.10	Census Tract	53053070310	Non-Rural					
	Washington	Pierce	703.11	Census Tract	53053070311	Non-Rural					
	Washington	Pierce	703.12	Census Tract	53053070312	Non-Rural					
	Washington	Pierce	703.13	Census Tract	53053070313	Non-Rural					
	Washington	Pierce	703.14	Census Tract	53053070314	Non-Rural					
	Washington	Pierce	703.15	Census Tract	53053070315	Non-Rural					
	Washington	Pierce	703.16	Census Tract	53053070316	Non-Rural					
	Washington	Pierce	704.01	Census Tract	53053070401	Non-Rural					
	Washington	Pierce	704.03	Census Tract	53053070403	Non-Rural					
	Washington	Pierce	704.04	Census Tract	53053070404	Non-Rural					
	Washington	Pierce	733.01	Census Tract	53053073301	Non-Rural					
	Washington	Pierce	733.02	Census Tract	53053073302	Non-Rural					
Primary Care	1533817143	Eatonville/Roy	Geographic HPSA	Washington	Pierce County, V	6.72	15	Designated	Non-Rural	10/16/2017	10/16/2017
	Component State Name	Component County Name		Component T	Component GE	Component	Rural Status				
	Washington	Pierce	730.01	Census Tract	53053073001	Non-Rural					
	Washington	Pierce	730.05	Census Tract	53053073005	Non-Rural					
	Washington	Pierce	730.06	Census Tract	53053073006	Non-Rural					
	Washington	Pierce	731.17	Census Tract	53053073117	Non-Rural					
	Washington	Pierce	731.19	Census Tract	53053073119	Non-Rural					
	Washington	Pierce	732	Census Tract	53053073200	Non-Rural					
Primary Care	1536626191	Longbranch	Geographic HPSA	Washington	Pierce County, V	8.42	15	Designated	Non-Rural	10/20/2017	10/20/2017
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	Washington	Pierce	725.03	Census Tract	53053072503	Non-Rural					
	Washington	Pierce	725.04	Census Tract	53053072504	Non-Rural					
	Washington	Pierce	725.05	Census Tract	53053072505	Non-Rural					
	Washington	Pierce	725.06	Census Tract	53053072506	Non-Rural					
	Washington	Pierce	726.01	Census Tract	53053072601	Non-Rural					
	Washington	Pierce	726.02	Census Tract	53053072602	Non-Rural					
	Washington	Pierce	726.03	Census Tract	53053072603	Non-Rural					
Mental Health	7533858603	Longbranch	Geographic HPSA	Washington	Pierce County, V	1.65	17	Designated	Non-Rural	10/20/2017	10/20/2017
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	Washington	Pierce	725.03	Census Tract	53053072503	Non-Rural					
	Washington	Pierce	725.04	Census Tract	53053072504	Non-Rural					
	Washington	Pierce	725.05	Census Tract	53053072505	Non-Rural					
	Washington	Pierce	725.06	Census Tract	53053072506	Non-Rural					
	Washington	Pierce	726.01	Census Tract	53053072601	Non-Rural					
	Washington	Pierce	726.02	Census Tract	53053072602	Non-Rural					
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# Supply and Demand Projections of the Nursing Workforce: 2014-2030

July 21, 2017

U.S. Department of Health and Human Services
Health Resources and Services Administration
Bureau of Health Workforce
National Center for Health Workforce Analysis





#### **About the National Center for Health Workforce Analysis**

The National Center for Health Workforce Analysis (the National Center) informs public and private-sector decision-making on the U.S. health workforce by expanding and improving health workforce data and its dissemination to the public, and by improving and updating projections of supply of and demand for health workers. For more information about the National Center, please visit our website at <a href="http://bhw.hrsa.gov/healthworkforce/index.html">http://bhw.hrsa.gov/healthworkforce/index.html</a>.

#### Suggested citation:

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## **Supply and Demand Projections of the Nursing Workforce:** 2014-2030

#### **Overview**

This report presents projections of supply of and demand for registered nurses (RNs) and licensed practical/vocational nurses (LPNs) in 2030, with 2014 serving as the base year. These projections highlight the inequitable distribution of the nursing workforce across the United States, as recent research<sup>1,2</sup> shows that nursing workforce represents a greater problem with distribution across states than magnitude at the national level. Projections were developed using the Health Resources and Services Administration's (HRSA) Health Workforce Simulation Model (HWSM).

The HWSM is an integrated microsimulation model that estimates current and future supply of and demand for health workers in multiple professions and care settings. While the nuances of modeling supply and demand differ for individual health professions, the basic framework remains the same. The HWSM assumes that demand equals supply in the base year.<sup>3</sup> For supply modeling, the major components (beyond common labor-market factors like unemployment) include characteristics of the existing workforce in a given occupation; new entrants to the workforce (e.g., newly trained workers); and workforce participation decisions (e.g., retirement and hours worked patterns). For demand modeling, the major components include population demographics; health care use patterns (including the influence of increased insurance coverage); and demand for health care services (translated into requirements for full-time equivalents (FTEs)).

Important limitations for these workforce projections include an underlying model assumption that health care delivery in the future (projected until 2030) will not change substantially from

<sup>&</sup>lt;sup>1</sup> U.S. Department of Health and Human Services, Health Resources and Services Administration, National Center for Health Workforce Analysis. *The Future of the Nursing Workforce: National- and State-Level Projections*, 2012-2025. Rockville, Maryland. 2014.

<sup>&</sup>lt;sup>2</sup> PI Buerhaus, DI Auerbach, DO Staiger, U Muench "<u>Projections of the long-term growth of the registered nurse workforce: A regional analysis</u>". Nursing Economics, 2013

<sup>&</sup>lt;sup>3</sup> Ono T, Lafortune G, Schoenstein M. "Health workforce planning in OECD countries: a review of 26 projection models from 18 countries." *OECD Health Working Papers, No. 62.* France: OECD Publishing; 2013: 8-11.

the way health care was delivered in the base year (2014) and that there will be stability in the current rates of health care utilization. In addition, the supply model assumes that current graduation rates and workforce participation pattern will remain unchanged in the future (2030). Changes in any of these factors may significantly impact both the supply and demand projections presented in this report. Alternative supply and demand scenarios were developed to explore the impact of such changes. A detailed description of the HWSM can be found in the accompanying technical document available at <a href="http://bhw.hrsa.gov/healthworkforce/index.html">http://bhw.hrsa.gov/healthworkforce/index.html</a>.

#### **Key Findings**

#### **Registered Nurses**

Substantial variation across states is observed for RNs in 2030 through the large differences between their projected supply and demand.

- Looking at each state's 2030 RN supply minus its 2030 demand reveals both shortages and surpluses in RN workforce in 2030 across the United States. Projected differences between each state's 2030 supply and demand range from a shortage of 44,500 FTEs in California to a surplus of 53,700 FTEs in Florida.
- If the current level of health care is maintained, seven states are projected to have a shortage of RNs in 2030, with four of these states having a deficit of 10,000 or more FTEs, including California (44,500 FTEs), Texas (15,900 FTEs), New Jersey (11,400 FTEs) and South Carolina (10,400 FTEs).
- States projected to experience the largest excess supply compared to demand in 2030 include Florida (53,700 FTEs) followed by Ohio (49,100 FTEs), Virginia (22,700 FTEs) and New York (18,200 FTEs).

#### **Licensed Practical/Vocational Nurses**

Projected changes in supply and demand for LPNs between 2014 and 2030 vary substantially by state.

• Thirty-three states are projected to experience a shortage - a smaller growth in the supply of LPNs relative to their state-specific demand for LPNs. States projected to experience the largest shortfalls of LPNs in 2030 include Texas, with a largest projected deficit of 33,500 FTEs, followed by Pennsylvania with a shortage of 18,700 FTEs.

In seventeen states where projected LPN supply exceeds projected demand in 2030, Ohio
exhibits the greatest excess supply of 4,100 FTEs, followed by California with 3,600
excess FTEs.

#### **Background**

Health care spending is approximately 18 percent of the U.S. economy (GDP). Nursing is the single largest profession in the entire U.S. health care workforce with RNs and LPNs making up the two largest occupations in this profession.<sup>4</sup> RNs and LPNs perform a variety of patient care duties and are critical to the delivery of health care services across a wide array of settings, including ambulatory care clinics, hospitals, nursing homes, public health facilities, hospice programs, and home health agencies. Distinctions are made among different types of nurses according to their education, role, and the level of autonomy in practice.

LPNs typically receive training for a year beyond high school and, after passing the national NCLEX-PN exam, become licensed to work in patient care. LPNs provide a variety of direct care services including administration of medication, taking medical histories, recording symptoms and vital signs, and other tasks as delegated by RNs, physicians, and other health care providers. <sup>5,6</sup>

RNs usually have a bachelor's degree in nursing, a two year associate's degree in nursing, or a diploma from an approved nursing program. They must also pass a national exam, the NCLEX-RN, before they are licensed to practice.<sup>7,8,9</sup> RN responsibilities involve work that is more

<sup>&</sup>lt;sup>4</sup> U.S. Department of Labor, Bureau of Labor Statistics. (2012). *Occupational Outlook Handbook*, 2012-13 Edition. Washington, D.C.: GPO, U.S. Bureau of Labor Statistics. Retrieved from <a href="http://www.bls.gov/ooh/healthcare/licensed-practical-and-licensed-vocational-nurses.htm">http://www.bls.gov/ooh/healthcare/licensed-practical-and-licensed-vocational-nurses.htm</a>

<sup>&</sup>lt;sup>5</sup> Mueller, C., Anderson, R., McConnel, E. (2012). Licensed Nurse Responsibilities in Nursing Homes: A Scope-of-Practice Issue. *Journal of Nursing Regulation*. 3(1): 13-20.

<sup>&</sup>lt;sup>6</sup> Lubbe, J., Roets, L. (2014) Nurses' Scope of Practice and the Implication for Quality Nursing Care, *Journal of Nursing Scholarship*. 46(1): 58-64.

<sup>&</sup>lt;sup>7</sup> Sochalski, J., & Weiner, J. (2011). Health care system reform and the nursing workforce: Matching nursing practice and skills to future needs, not past demands. The *future of nursing: Leading change, advancing health*, 375-400.

<sup>&</sup>lt;sup>8</sup> Pittman, P., & Forrest, E. (2015). The changing roles of registered nurses in Pioneer Accountable Care Organizations. *Nursing outlook*, 63(5), 554-565.

<sup>&</sup>lt;sup>9</sup> Anderson, D. R., & St Hilaire, D. (2012). Primary care nursing role and care coordination: An observational study of nursing work in a community health center. *Online journal of issues in nursing*, 17(2), E1.

complex and analytical than that of LPNs. RNs provide a wide array of direct care services, such as administering treatments, care coordination, disease prevention, patient education, and health promotion for individuals, families, and communities. RNs may choose to obtain advanced clinical education and training to become Advanced Practice Nurses (who usually have a master's degree, although some complete doctoral-level training) and often focus in a clinical specialty area. <sup>10,11</sup> Advanced Practice Registered Nurses are not included in the analysis presented here, but are covered in separate reports. <sup>12 13</sup>

The historical relationship between nurse supply and demand in the U.S. has been cyclical, with periodic shortages of nurses where demand outstrips available supply, followed by periods of overproduction which lead to nursing surpluses. This cycle necessitates regular monitoring of the nursing workforce, and thus, periodic updates of HRSA's workforce projections. This report updates HRSA's estimates provided in the 2014 report on the nursing workforce.<sup>14</sup>

According to HRSA's 2014 report, state-level variation had been observed in projections of nursing supply relative to demand. Nurse shortage or surplus appear to reflect local conditions, such as the number of new graduates from nursing schools. Nurses tend to practice in states where they have been trained. The 2014 report demonstrated that nursing shortages represent a problem with workforce distribution across states rather than magnitude at the national level. As such, this report focuses on the inequitable distribution of nursing workforce across states as oppose to a national-level projections.

<sup>&</sup>lt;sup>10</sup> Blegen, M. A., Goode, C. J., Park, S. H., Vaughn, T., & Spetz, J. (2013). Baccalaureate education in nursing and patient outcomes. *Journal of Nursing Administration*, 43(2), 89-94.

<sup>&</sup>lt;sup>11</sup> Hamric, A. B., Hanson, C. M., Tracy, M. F., & O'Grady, E. T. (2013). *Advanced practice nursing: An integrative approach*. Elsevier Health Sciences.

<sup>&</sup>lt;sup>12</sup> U.S. Department of Health and Human Services, Health Resources and Services Administration,. *National and Regional Projections of Supply and Demand for Primary Care Practitioners: 2013-2025*. National Center for Health Workforce Analysis. Rockville, Maryland, 2016.

<sup>&</sup>lt;sup>13</sup> U.S. Department of Health and Human Services, Health Resources and Services Administration, National Center for Health Workforce Analysis. *Health Workforce Projections: Certified Nurse Anesthetists*. Rockville, Maryland, 2016.

<sup>&</sup>lt;sup>14</sup> U.S. Department of Health and Human Services, Health Resources and Services Administration, National Center for Health Workforce Analysis. *The Future of the Nursing Workforce: National- and State-Level Projections, 2012-2025.* Rockville, Maryland, 2014.

#### **Results**

Future supply of and demand for nurses will be affected by a host of factors, including population growth, the aging of the nation's population, overall economic conditions, expanded health insurance coverage, changes in health care reimbursement, geographic location, and health workforce availability. The HWSM is an integrated microsimulation model that estimates supply of and demand for health workers in multiple professions and care settings, and accounts for these factors when adequate data are available to estimate their impact.<sup>15</sup>

For supply modeling, the major components include characteristics of the existing workforce in the occupation, new entrants to the workforce (e.g., newly trained workers); and workforce decisions (e.g., retirement, hours worked patterns, and migration across states); as well as common labor-market factors like unemployment and wage rates. For the national demand modeling, the HWSM assumes that RN and LPN demand at the national level equals supply in 2014, consistent with standard workforce research methodology, in the absence of documented evidence of a substantial imbalance between national supply and demand in the base year (2014). The state-level demand estimates assumes state-level RN and LPN demand in 2014 equals supply, to project future demand for each state to provide a level of care consistent with what was provided in 2014 in that state. Over the projection period, the model assumes that current national patterns of supply and demand, such as newly trained workers, retirement, hours worked patterns and health care use, remain unchanged within each demographic group (as defined by age, sex, etc.).

All supply and demand estimates and projections are reported as FTEs, where one FTE is defined as 40 hours per week. This measure standardizes the definition of FTE over time and across health occupations. Previous nurse workforce projections define FTE as estimated average hours worked among nurses working at least 20 hours, which is 37.3 for both RNs and LPNs in

<sup>&</sup>lt;sup>15</sup> For additional information about the HWSM, please see "About the Model" on the last page of this report.

<sup>&</sup>lt;sup>16</sup> HRSA's 2014 report modeled a scenario where each state was in equilibrium in the base year—which scenario models whether each state's future nurse supply will be adequate to maintain nursing care at a level of care consistent with the state's 2012 staffing levels.

this study. Consequently, the supply and demand numbers presented in this report are slightly lower than in previous nursing workforce projection reports.

Alternative supply and demand scenarios presented in this report show the sensitivity of projections to changes in key supply and demand determinants and assumptions. The alternative supply scenarios modeled include the impacts of graduating 10 percent more or 10 percent fewer nurses annually than the status quo. The alternative demand scenario reflects a potential change in health care delivery focusing on population health and preventive care.<sup>17</sup>

#### **Trends in RN Supply and Demand**

At the national level, the projected growth in RN supply (39 percent growth) is expected to exceed growth in demand (28 percent growth) resulting in a projected excess of about 293,800 RN FTEs in 2030.

The estimation of RN supply starts from approximately 2,806,100 RN FTEs that were active in the U.S. workforce in 2014. The number of graduates from U.S. nursing programs has steadily increased from approximately 68,800 individuals in 2001 to nearly 158,000 in 2015. Between 2014 and 2030, about 2,282,500 new RN FTEs will enter the workforce (assuming new RNs will graduate at the current rate), an estimated 1,043,500 RN FTEs will leave the workforce, and a decline in about 149,500 RN FTEs is associated with reduced work hours as the nurse workforce ages. This net growth of about 1,089,500 RN FTEs will result in a national RN workforce of 3,895,600 FTEs by 2030.

The demand for RNs is projected to be 2,806,100 in 2014 and will increase to 3,601,800 in 2030 (an increase of 795,700 FTEs between 2014 and 2030), based on current health care utilization and staffing patterns and assuming the national RN demand equaled supply in 2014. Growth in disease burden attributable to changing patient demographics contributes to an increased demand of about 776,400 RNs. HRSA's HWSM reflects increased insurance coverage associated with

<sup>&</sup>lt;sup>17</sup> IHS Markit Inc., *The Complexities of Physician Supply and Demand: Projections from 2013 to 2025*. Prepared for the Association of American Medical Colleges. Washington, DC: Association of American Medical Colleges; 2015.

Medicaid expansion and insurance marketplaces. This expanded insurance coverage accounts for projected demand of an additional 19,300 RNs between 2014 and 2030.

Across states, projected differences between supply and demand for RNs in 2030 vary considerably. The demand estimates for each state in Exhibit 1 reflect the number of RN FTEs required to provide a level of care consistent with what was provided in 2014 in that state, given each state's demographics and the prevalence of health risk factors.

Looking at each state's 2030 RN supply minus their 2030 demand reveals both state-level shortages and surpluses. The most severe shortage is seen in California, where the undersupply is estimated to be 44,500 RN FTEs, while the largest surplus is seen in Florida, with an estimated oversupply of 53,700 RN FTEs. Among the seven states that have estimated 2030 shortages, four states have shortages of more than 10,000 RN FTEs including California, followed by Texas (15,900 fewer FTEs), New Jersey (11,400 fewer FTEs) and South Carolina (10,400 fewer FTEs). Meanwhile, three states have a surplus of more than 20,000 RN FTEs, including Florida, followed by Ohio (with 49,100 more FTEs), and Virginia (with 22,700 FTEs).

Exhibit 1: Baseline and Projected Supply of and Demand for Registered Nurses by State: 2014 and 2030

	2014	2030				
Region and State	Supply/ Demand a	Supply	Demand	Difference b	Adequacy °	
Northeast						
Connecticut	34,000	43,500	40,000	3,500	8.8%	
Maine	14,600	21,200	16,500	4,700	28.5%	
Massachusetts	73,200	91,300	89,300	2,000	2.2%	
New Hampshire	15,500	21,300	20,200	1,100	5.4%	
New Jersey	81,700	90,800	102,200	(11,400)	(11.2%)	
New York	174,100	213,400	195,200	18,200	9.3%	
Pennsylvania	133,200	168,500	160,300	8,200	5.1%	
Rhode Island	11,000	15,000	12,500	2,500	20.0%	
Vermont	6,000	9,300	6,800	2,500	36.8%	
Midwest						
Illinois	116,300	143,000	139,400	3,600	2.6%	
Indiana	62,900	89,300	75,300	14,000	18.6%	
Iowa	32,500	45,400	35,300	10,100	28.6%	
Kansas	29,500	47,500	34,900	12,600	36.1%	
Michigan	91,600	110,500	104,400	6,100	5.8%	

	2014	2030				
Region and State	Supply/ Demand a	Supply	Demand	Difference b	Adequacy	
Minnesota	56,200	71,800	68,700	3,100	4.5%	
Missouri	59,600	89,900	73,200	16,700	22.8%	
Nebraska	20,300	24,700	21,200	3,500	16.5%	
North Dakota	7,600	9,900	9,200	700	7.6%	
Ohio	122,800	181,900	132,800	49,100	37.0%	
South Dakota	10,300	11,700	13,600	(1,900)	(14.0%)	
Wisconsin	58,100	78,200	72,000	6,200	8.6%	
South						
Alabama	68,000	85,100	79,800	5,300	6.6%	
Arkansas	28,400	42,100	32,300	9,800	30.3%	
Delaware	9,600	14,000	12,800	1,200	9.4%	
Distr. of Columbia d	1,800	8,800	2,300	6,500	282.6%	
Florida	170,600	293,700	240,000	53,700	22.4%	
Georgia	77,200	98,800	101,000	(2,200)	(2.2%)	
Kentucky	44,900	64,200	53,700	10,500	19.6%	
Louisiana	40,600	52,000	49,700	2,300	4.6%	
Maryland	58,700	86,000	73,900	12,100	16.4%	
Mississippi	29,100	42,500	35,300	7,200	20.4%	
North Carolina	90,000	135,100	118,600	16,500	13.9%	
Oklahoma	32,500	46,100	40,600	5,500	13.5%	
South Carolina	36,900	52,100	62,500	(10,400)	(16.6%)	
Tennessee	61,000	90,600	82,200	8,400	10.2%	
Texas	180,500	253,400	269,300	(15,900)	(5.9%)	
Virginia	67,900	109,200	86,500	22,700	26.2%	
West Virginia	18,800	25,200	20,800	4,400	21.2%	
West						
Alaska	16,400	18,400	23,800	(5,400)	(22.7%)	
Arizona	65,700	99,900	98,700	1,200	1.2%	
California	277,400	343,400	387,900	(44,500)	(11.5%)	
Colorado	41,900	72,500	63,200	9,300	14.7%	
Hawaii	10,900	19,800	16,500	3,300	20.0%	
Idaho	11,200	18,900	15,300	3,600	23.5%	
Montana	9,600	12,300	12,100	200	1.7%	
Nevada	18,300	33,900	25,800	8,100	31.4%	
New Mexico	15,900	31,300	21,600	9,700	44.9%	
Oregon	30,400	41,100	38,600	2,500	6.5%	
Utah	20,000	33,500	29,400	4,100	13.9%	
Washington	56,700	85,300	79,100	6,200	7.8%	
Wyoming Notes: The model assumes increased insur	4,200	8,300	5,500	2,800	50.9%	

**Notes:** The model assumes increased insurance coverage associated with Medicaid expansion and insurance marketplaces, together with year 2014 health care use and delivery patterns. Numbers may not sum to totals due to rounding.

<sup>&</sup>lt;sup>a</sup> The projections assume that each state's supply and demand are equal in 2014.

<sup>&</sup>lt;sup>b</sup> Difference = 2030 projected supply – demand.

d Starting supply for Washington D.C. is based on small sample size in the American Community Survey so supply estimates might be unreliable.

In addition to presenting RN shortages and surpluses by state, Exhibit 1 shows measures of adequacy (last column). For the purpose of this report, adequacy is defined as the projected 2030 state-level provider shortage or surplus expressed as a percentage of that state's 2030 provider demand. Adequacy is interpreted as follows:

- A negative adequacy indicates a 2030 shortage and reflects the percentage of 2030 demand that is unmet.
- A positive adequacy indicates a 2030 surplus and reflects the size of the projected surplus relative to the projected demand.

Expressing each 2030 state-level shortage or surplus as a percentage of the state's 2030 demand helps to inform comparisons of differences between supply and demand across states by considering how the size of each state's surplus or shortage relates to that state's underlying provider demand.

Based on the adequacies shown in Exhibit 1, the excessive 2030 supply for RNs is greatest in Wyoming (except Washington D.C.<sup>18</sup>), where the projected RN shortage is 51 percent of projected demand. The unmet 2030 RN demand is lowest in Arizona, where the projected shortage is about 1 percent of projected demand. As noted above, 2030 RN supply is lower than demand in 7 states, with shortage ranging from 2 percent of RN demand in Georgia to 23 percent of demand in Alaska.

Mapping the states with unmet demand in 2030 illustrates the geographic distribution of RN shortages projected across the United States (Exhibit 2).

<sup>&</sup>lt;sup>c</sup> Adequacy = 100 \* (projected supply – projected demand)/(projected demand); a negative adequacy indicates a shortage (i.e., supply is less than demand) while a positive adequacy indicates a surplus (i.e., supply is greater than demand); adequacies associated with 2030 projected shortages are highlighted in blue.

<sup>&</sup>lt;sup>18</sup> Washington D.C. shows the largest percentage of surplus. However, starting supply for Washington D.C. is based on small sample size in the American Community Survey so supply estimates might be unreliable.

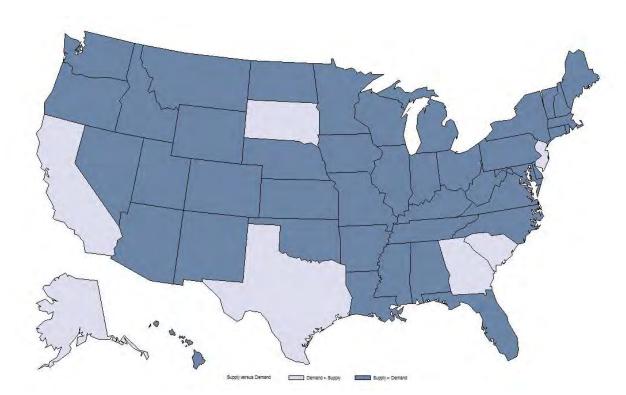


Exhibit 2: RN Supply versus Demand, by State, 2030

#### **Trends in LPN Supply and Demand**

Approximately 809,700 LPN FTEs were active in the U.S. workforce in 2014. The number of first time LPN NCLEX-PN takers from U.S. nursing programs steadily increased from approximately 34,600 individuals in 2001 to a peak of slightly over 66,800 by 2010 before declining to about 47,000 in 2016. Trending forward to 2030 using current supply determinants (such as rates of entry and attrition from the profession) there will be 784,100 new LPN FTEs in the workforce and an estimated 493,500 LPN FTEs will leave the workforce. In addition, supply will decrease by approximately 83,600 LPN FTEs based on change in average hours worked. The net growth of about 207,000 new LPN FTEs by 2030 will result in a national workforce supply of approximately 1,016,700 LPN FTEs, an increase of 26 percent.

Assuming LPN demand equals supply in 2014 at the national level, by 2030 LPN demand is projected to reach 1,168,200 LPN FTEs, an increase of 358,500 (44 percent). Growth in demand is driven primarily by a growing and aging population, resulting in increased health service needs in nursing homes, residential care and hospital settings. The impact of expanded insurance

coverage associated with Medicaid expansion and insurance marketplaces is relatively small (4,100 FTEs).

At the national level, the demand for LPNs is projected to start growing faster than supply starting in about 2022. By 2030, a projected national shortage of about 151,500 LPN FTEs (13 percent of 2030 demand) could develop. That possibility notwithstanding, the risk associated with an LPN shortfall of this magnitude is limited because LPNs can be trained more quickly and at lower cost than RNs.

Exhibit 3 presents future state-level supply and demand for services if states were to continue providing a level of nursing care consistent with what the state provided in 2014. Under this scenario, substantial variation across states is observed in projected differences between supply and demand for LPNs. Overall, 33 states are projected to see that their LPN supply will be outpaced by demand by 2030 – including 14 states in the South, 7 in the Midwest, and 6 each in the West and Northeast. States with relatively large projected shortfalls are mostly in the South: Texas, with a largest projected deficit of 33,500 LPN FTEs, and other 6 states (North Carolina, Georgia, Florida, Alabama, Maryland, and Tennessee) with project deficits between 8,300 and 11,700 FTEs. Other states with larger projected shortfalls include Pennsylvania in the Northeast with a shortage of 18,700 FTEs and Indiana in the Midwest with a shortage of 7,000 FTEs. Among the other 18 states, Ohio exhibits the greatest projected excess supply of 4,100 FTEs by 2030, followed by California with 3,600 FTEs.

Exhibit 3: Baseline and Projected Supply of and Demand for Licensed Practical Nurses by State: 2014 and 2030

	2014	2030			
Region and State	Supply/ Demand a	Supply	Demand	Difference b	Adequacy c
Northeast					
Connecticut	9,600	11,000	13,200	(2,200)	(16.7%)
Maine	2,000	3,400	2,600	800	30.8%
Massachusetts	14,400	16,500	20,100	(3,600)	(17.9%)
New Hampshire	4,700	4,700	7,500	(2,800)	(37.3%)
New Jersey	19,400	30,500	27,400	3,100	11.3%
New York	52,400	58,900	62,500	(3,600)	(5.8%)
Pennsylvania	49,300	48,600	67,300	(18,700)	(27.8%)

	2014		2030				
Region and State	Supply/ Demand a	Supply	Demand	Difference b	Adequacy		
Rhode Island	2,000	2,300	2,400	(100)	(4.2%)		
Vermont	1,800	2,500	2,400	100	4.2%		
Midwest							
Illinois	26,500	34,400	37,100	(2,700)	(7.3%)		
Indiana	19,900	19,900	26,900	(7,000)	(26.0%)		
Iowa	7,900	13,000	9,900	3,100	31.3%		
Kansas	8,400	14,400	11,400	3,000	26.3%		
Michigan	21,500	24,800	28,100	(3,300)	(11.7%)		
Minnesota	16,200	24,700	23,000	1,700	7.4%		
Missouri	20,000	23,200	28,100	(4,900)	(17.4%)		
Nebraska	6,200	6,000	6,500	(500)	(7.7%)		
North Dakota	2,500	3,900	3,400	500	14.7%		
Ohio	42,500	54,900	50,800	4,100	8.1%		
South Dakota	2,100	2,800	3,200	(400)	(12.5%)		
Wisconsin	12,600	16,300	18,000	(1,700)	(9.4%)		
South							
Alabama	22,200	20,500	30,100	(9,600)	(31.9%)		
Arkansas	12,200	17,800	15,600	2,200	14.1%		
Delaware	2,900	4,200	4,500	(300)	(6.7%)		
Distr. of Columbia d	900	1,800	1,300	500	38.5%		
Florida	54,200	73,600	83,900	(10,300)	(12.3%)		
Georgia	26,300	25,800	36,300	(10,500)	(28.9%)		
Kentucky	12,600	14,400	17,200	(2,800)	(16.3%)		
Louisiana	18,400	20,700	25,500	(4,800)	(18.8%)		
Maryland	13,300	11,300	19,700	(8,400)	(42.6%)		
Mississippi	9,900	11,800	14,200	(2,400)	(16.9%)		
North Carolina	22,900	24,400	35,100	(10,700)	(30.5%)		
Oklahoma	14,800	18,400	20,800	(2,400)	(11.5%)		
South Carolina	8,000	8,200	12,900	(4,700)	(36.4%)		
Tennessee	24,000	29,600	37,900	(8,300)	(21.9%)		
Texas	70,900	80,900	114,400	(33,500)	(29.3%)		
Virginia	25,500	32,200	36,600	(4,400)	(12.0%)		
West Virginia	7,600	10,900	9,800	1,100	11.2%		
West							
Alaska	1,700	2,000	3,100	(1,100)	(35.5%)		
Arizona	9,100	12,200	15,800	(3,600)	(22.8%)		
California	72,000	121,000	117,400	3,600	3.1%		
Colorado	6,900	10,400	12,500	(2,100)	(16.8%)		
Hawaii	2,300	4,700	4,300	400	9.3%		
Idaho	2,500	4,300	4,100	200	4.9%		
Montana	2,300	2,800	3,400	(600)	(17.6%)		
Nevada	3,200	4,200	5,200	(1,000)	(19.2%)		

	2014	2030				
Region and State	Supply/ Demand a	Supply	Demand	Difference b	Adequacy	
New Mexico	3,000	4,900	4,900	0	0.0%	
Oregon	3,100	4,900	4,600	300	6.5%	
Utah	2,900	6,700	5,000	1,700	34.0%	
Washington	11,200	13,600	18,700	(5,100)	(27.3%)	
Wyoming	1,000	1,800	1,600	200	12.5%	

**Notes:** The model assumes increased insurance coverage associated with Medicaid expansion and insurance marketplaces, together with year 2014 health care use and delivery patterns. Numbers may not sum to totals due to rounding.

As shown in Exhibit 3, 2030 adequacy for LPNs ranges from more than 34 percent surplus of 2030 demand in Utah (except Washington D.C.<sup>19</sup>) to about 43 percent shortage of 2030 demand in Maryland.

Exhibit 4 maps the 33 states with projected unmet LPN demand in 2030.

<sup>&</sup>lt;sup>a</sup> The projections assume that each state's supply and demand are equal in 2014.

<sup>&</sup>lt;sup>b</sup> Difference = 2030 projected supply – demand.

<sup>&</sup>lt;sup>c</sup> Adequacy = 100 \* (projected supply – projected demand)/(projected demand); a negative adequacy indicates a shortage (i.e., supply is less than demand) while a positive adequacy indicates a surplus (i.e., supply is greater than demand); adequacies associated with 2030 projected shortages are highlighted in blue.

<sup>&</sup>lt;sup>d</sup> Starting supply for Washington D.C. is based on small sample size in the American Community Survey so supply estimates might be unreliable.

<sup>&</sup>lt;sup>19</sup> Washington D.C. shows the largest percentage of surplus. However, starting supply for Washington D.C. is based on small sample size in the American Community Survey so supply estimates might be unreliable.

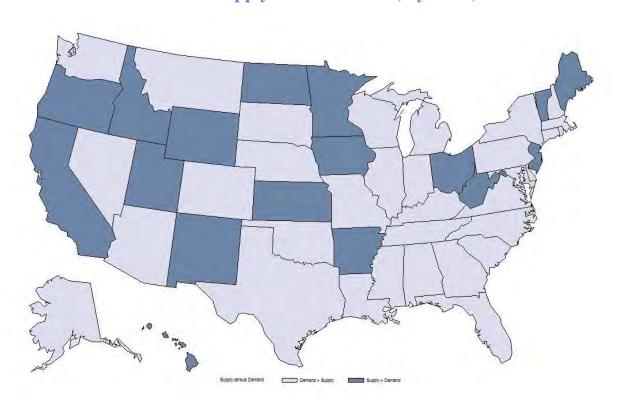


Exhibit 4: LPN Supply versus Demand, by State, 2030

## **Strengths and Limitations**

The model that was used to develop the supply and demand projections presented in this report relies on a microsimulation approach. Microsimulation techniques provide greater flexibility and granularity than the traditional cohort based approaches.

Major strengths of the current HWSM include:

- Application of a consistent approach to analyzing supply and demand across practitioner type, and U.S. state.
- Incorporation of current demographic and health data of sufficient size and representativeness to provide reliable estimates of key population characteristics.
- Consideration not only of population growth and changing demographics across the
  United States for both supply and demand, but also of the effects of changes in policy
  (such as expanded health insurance coverage) on demand.

HRSA's Health Workforce Simulation Model operates under many assumptions regarding the current status and future trends in health care utilization and workforce supply. The HRSA model, like most other health workforce projection models, assumes that the national labor market for nurses is currently in balance (i.e., supply and demand in the base year are equal) as indicated by the paucity of recent studies suggesting high vacancy rates and difficulties hiring nurses. Therefore, the results in this report reflect future changes in the nursing workforce relative to a balanced 2014 baseline. The supply projections presented here illustrate what future supply is likely to be if the production of nurses from nursing programs remains consistent with the current level. However, there have historically been large swings in enrollment and the resulting labor supply, which, if repeated in the future, would affect the results reported here.

State-level projections require assumptions about the geographic mobility of nurses. Nurse migration patterns presented here suggest that nurses tend to practice in states where they have been trained. As a result, a number of states are projected to have a shortage of RNs in 2030 despite the fact that, on a national level, there is projected to be an excess of RNs. If migration were optimal (i.e., nurses were able and willing to migrate to states where the in-state supply did not meet demand), then the larger state-level nursing surpluses would be driven to areas of greater need and every state would show a relative surplus of RNs in 2030. This accentuates the fact that nursing shortages currently (and in 2030) represent a problem with workforce distribution rather than magnitude. Although there is evidence that some very specialized settings may be facing nurse shortages,<sup>21</sup> this report looks at the nursing profession as a whole and does not look at individual nursing specialty areas (e.g., public health, home health care, etc.) or sites of practice (e.g., hospitals, nursing homes, ambulatory settings, etc.).

The baseline demand projections account for increased utilization of health care services due to expanded insurance coverage. However, policy changes in this arena may have an effect on nursing demand not examined by this analysis, and that such changes are difficult to anticipate. Also, because of the uncertainties in its effects on staffing patterns and the evolving roles of different health professionals on care teams, changes in health care service delivery currently are

<sup>&</sup>lt;sup>20</sup> Ono, T., Lafortune, G., Schoenstein, M. (2013). Health workforce planning in OECD countries: a review of 26 projection models from 18 countries. *OECD Health Working Papers, No. 62*. France: OECD Publishing; 2013:8-11.

<sup>&</sup>lt;sup>21</sup> American Association of Colleges of Nursing. (2014). *Nursing shortage fact sheet*. Retrieved from <a href="http://www.aacn.nche.edu/media-relations/fact-sheets/nursing-shortage">http://www.aacn.nche.edu/media-relations/fact-sheets/nursing-shortage</a>.

not incorporated into the model. In addition, if the growing emphasis on care coordination, preventive services, and chronic disease management in care delivery models leads to a greater need for nurses, this report may underestimate the projected nurse demand. Likewise, improved care coordination could reduce demand for nurses in hospital settings.

#### **Discussion and Conclusions**

Using the most recent data available on the nurse education pipeline, labor supply, and retirement patterns, HRSA's Health Workforce Simulation Model projected a national RN excess of about 8 percent of demand, and a national LPN deficit of 13 percent by 2030. However, because these national estimates mask large geographic disparities in adequacy of supply, it is important to examine and focus on state-level projections.

For RNs, the state-level projections show both projected deficits of RNs in a number of states, and large variations in oversupply in other states. The variation ranges from a deficit of 44,500 FTEs in California to excess supply of 53,700 FTEs in Florida.

Similarly, national estimates of LPNs in 2030 obscure the considerable spread in state estimates, which range from a deficit of 33,500 FTEs in Texas to an excess supply of 4,100 FTEs in Ohio. These findings underscore the potential complexity of ensuring adequate nursing workforce supply across the United States.

While the projections presented here are directionally consistent with findings in recent studies on RN supply, <sup>22, 23</sup> historical experience demonstrates how sensitive enrollment in training programs and the resulting labor supply of nurses are to the job market and economic

<sup>&</sup>lt;sup>22</sup> Auerbach, D. I., Buerhaus, P. I., & Staiger, D. O. (2014). Registered nurses are delaying retirement, a shift that has contributed to recent growth in the nurse workforce. *Health Affairs*, *33*(8), 1474-1480.

<sup>&</sup>lt;sup>23</sup> Auerbach, D. I., Buerhaus, P. I., & Staiger, D. O. (2011). Registered nurse supply grows faster than projected amid surge in new entrants ages 23–26.*Health Affairs*, 30(12), 2286-2292.

conditions.<sup>24, 25</sup> Alternative supply scenarios modeled show that graduating 10 percent more/fewer RNs annually than the status quo would increase/decrease the RN supply in 2030 by slightly over 200,000 FTEs. Similarly, graduating 10 percent more/fewer LPNs annually than the status quo would increase/decrease the LPN supply in 2030 by around 58,000 FTEs

Looking to the future, many factors will continue to affect demand for and supply of nurses including demand for health services broadly and within specific health care settings.<sup>26</sup> To date, the insurance reform has expanded the number of people with health insurance coverage and encouraged new value-based models of care. With an emphasis on disease management and prevention and redirecting care from institutional to community- and home-based settings, these models are providing new opportunities and roles for nurses within the health care delivery system.<sup>27</sup> For example, under a scenario that reflects a health care delivery with increased focus on preventive care and population health such as a medical home model with appropriate counseling and improved adherence to medications (e.g., statins, antihypertensives, metformin and other medications), an increase in the demand for RNs could be seen. This scenario assumed a 2016 intervention that 1) sustained a 5 percent reduction in body weight for people who were overweight or obese; 2) improved uncontrolled hypertension, high cholesterol, and high blood glucose levels; and 3) eliminated smoking. Model outcomes suggest that achieving these lifestyle and clinical goals would result in significant reduction in disease prevalence by 2030. However, achieving these population health goals would also cause reduction in mortality such that a greater number of people would require care. Under such a scenario, HWSM estimates that the demand for RNs would be about 105,800 FTE higher than the current RN demand projected in 2030 (3,601,800 FTEs).

On the other hand, emerging care delivery models such as Accountable Care Organizations could change the way that RNs and LPNs deliver service, but there is currently insufficient information

<sup>&</sup>lt;sup>24</sup> Buerhaus, P. I., Auerbach, D. I., & Staiger, D. O. (2009). The recent surge in nurse employment: Causes and implications. *Health Affairs*, 28(4), w657-w668.

<sup>&</sup>lt;sup>25</sup> Staiger, D. O., Auerbach, D. I., & Buerhaus, P. I. (2012). Registered nurse labor supply and the recession—are we in a bubble? *New England Journal of Medicine*, *366*(16), 1463-1465.

<sup>&</sup>lt;sup>26</sup> Institute of Medicine (US). Committee on the Future Health Care Workforce for Older Americans. (2008). *Retooling for an aging America: Building the health care workforce*. National Academies Press.

<sup>&</sup>lt;sup>27</sup> Rother, J., & Lavizzo-Mourey, R. (2009). Addressing the nursing workforce: A critical element for health reform. *Health Affairs*, 28(4), w620-w624..

to project the extent to which these new delivery models will materially affect the demand for nurses.

As the health care system continues to evolve in response to shifting financial incentives and economic pressures, efforts to improve care access and quality, and changes in federal and state policies, the net effects of these and other factors on supply and demand projections will continue to be researched—with some policies and trends anticipated to increase nurse demand while others may decrease demand. HRSA will continue to update supply and demand projections as changes emerge in workforce supply and demand determinants.

#### **About the Model**

The results presented in this report come from HRSA's Health Workforce Simulation Model, which is an integrated health professions projection model that estimates the current and future supply of and demand for health care providers.

The supply component of the Model simulates workforce decisions for each provider based on his or her demographics and profession, along with the characteristics of the local or national economy and the labor market. The starting supply, plus new additions to the workforce, minus attrition provides an end of year supply projection, which becomes the starting supply for the subsequent year. This cycle is repeated through 2030. The basic file that underlies the supply analysis contains individual records of the RNs and LPNs in the workforce from the American Community Survey (ACS) and the state licensure data.

Demand projections for health care services in different care settings are produced by applying regression equations for individuals' health care use on the projected population. The current nurse staffing patterns by care setting are then applied to forecast the future demand for nurses. The population database used to estimate demand consists of records of individual characteristics of a representative sample of the entire U.S. population derived from the ACS, National Nursing Home Survey, and the Behavioral Risk Factor Surveillance System. Using the Census Bureau's projected population and the Urban Institute's state-level estimates of the impact of the healthcare reform on insurance coverage, 1,2 the Model simulates future populations with expected demographic, socioeconomic, health status, health risk and insurance status.

This Model makes projections at the state level, which are then aggregated to the national level. A detailed description of the Model can be found in the accompanying technical documentation available at <a href="http://bhw.hrsa.gov/healthworkforce/index.html">http://bhw.hrsa.gov/healthworkforce/index.html</a>.

<sup>&</sup>lt;sup>1</sup> Holahan, J. & Blumberg, L. (2010 January). How would states be affected by health reform? Timely analysis of immediate health policy issues. Retrieved August 2013 from <a href="http://www.urban.org/UploadedPDF/412015">http://www.urban.org/UploadedPDF/412015</a> affected by health reform.pdf.

<sup>&</sup>lt;sup>2</sup> Holahan, J. (2014 March) *The launch of the Affordable Care Act in selected states: coverage expansion and uninsurance* Retrieved August 2013 from <a href="http://www.urban.org/uploadedPDF/413036-the-launch-of-the-Affordable-Care-Act-in-selected-states-coverage-expansion-and-uninsurance.pdf">http://www.urban.org/uploadedPDF/413036-the-launch-of-the-Affordable-Care-Act-in-selected-states-coverage-expansion-and-uninsurance.pdf</a>. Washington D.C., The Urban Institute.



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## The Nurse-Case Scenario

One of the biggest threats to public health both in the South Sound and beyond isn't an influenza pandemic or the rise in opioid addiction. It's the shortage of nurses.

Written By Todd Matthews

im Giglio has worked in healthcare for 25 years, long enough for her industry to experience big, headline-grabbing milestones — from the completion of the Human Genome Project in 2003 to the passage of the Affordable Care Act in 2010.

But for Giglio, director of talent acquisition at MultiCare Health System in Tacoma, the biggest industry change has been more personal and firsthand: namely, a deepening paucity in the number of trained nurses available to work in hospitals, clinics, and other healthcare facilities.

"The bottom line is that I've been involved in nurse recruiting long enough, and I've seen about three nursing shortages," explained Giglio. "But this one is different. This one is more severe, and it feels like it's going to be longer."

For Giglio, who is tasked with hiring qualified nurses to assist physicians and care for patients at MultiCare, a nursing shortage has made her job acutely challenging.

Between October 2017 and September 2018, MultiCare accounted for a majority of the 107,000 unique job postings in Pierce County, according to data compiled by University of Washington Tacoma's Urban Studies

Department. Of all those MultiCare postings, there were 9,600 unique job postings for registered nurses by occupation.

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fascinated by workforce economics. This is a great example of that, and I love it. But it is challenging. The supply of registered nurses is not even close to being enough to meet 100 percent of the demand."

Giglio's observation is not anecdotal.

The U.S. Department of Health & Human Services estimates that by 2025, Washington state will be 1,200 licensed practical nurses (LPNs) and 7,000 registered nurses (RNs) short of the numbers needed to meet employment demands.

The Washington Center for Nursing (WCN) reports the number of LPNs per 100,000 people in the state dropped 28 percent, from 209 to 135, between 2008 and 2018. Meanwhile, the number of RNs per 100,000 people in Washington state rose just 1.5 percent, from 962 to 977, during that same period.

Farther south, in counties that include Cowlitz, Grays Harbor, Lewis, Mason, Pacific, Thurston, and Wahkiakum, the number of RNs per 100,000 people dropped from 915 in 2008 to 904 in 2018, according to the Washington Center for Nursing.

Add an aging and retiring nurse workforce to an aging population, and you have what healthcare professionals often describe as "the perfect storm."

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How did the nursing industry arrive at this point?

For starters, the average age of nurses in Washington has been pegged at around 45 years old for the past decade, according to the WCN, and healthcare professionals locally and nationwide have braced for a wave of older and aging Baby Boomer-era nurses to retire. An exodus of retiring nurses was anticipated in 2008, but a deep U.S. recession meant many of those nurses chose to remain in the workforce and ride out the economic downturn.

Fast-forward 10 years: The economy is healthy, and aging nurses are revisiting their original retirement plans.

"Now that things are a little bit more stable in the economy, we are seeing nurses retire who maybe worked longer," said Gerianne Babbo, professor and associate dean of nursing at Olympic College in Bremerton. "That's kind of catching up to us."

Another factor is education. From as far south as Longview to as far north as Tacoma, the South Sound has a robust portfolio of more than a dozen colleges and universities that offer a range of programs for aspiring

LPNs and RNs. A challenge, however, is finding active nurses willing to obtain teaching credentials and join the faculty at one of these educational institutions — all while taking a cut in their salaries.

Babbo at Olympic College noted new graduates, right out of college, often earn more money than their

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more money to help support that," she explained. "I have several faculty (members) who work a second job."

During her first 12 years as a faculty member at Olympic College, Babbo said, she worked part-time on weekends, holidays, and summers as an emergency room nurse to supplement her salary.

It's an issue Dianne Nauer, executive director of nursing at Bates Technical College in Tacoma, knows uncomfortably well. Nauer said she lost quality teachers who returned to the nursing industry after, say, a spouse lost his or her job, and it was suddenly difficult to support a family on a salary that earned 50 to 60 percent of what could be earned while working as a nurse in a hospital.

"We have to pay faculty better," said Nauer.

A different set of challenges exists for nursing school students.

Teri Moser Woo, professor and director of nursing at Saint Martin's University in Lacey, recently conducted an informal survey of nursing school programs from Tacoma, down to Centralia, and out to Grays Harbor, and found that, annually, approximately 300 people who want to pursue a career in nursing are turned away because there aren't enough

faculty to teach them. Similarly, she found waiting lists of several hundred people hoping to get into many nursing programs.

Another hurdle arises once students are admitted into a nursing program

and work toward completing their coursework — specifically, finding a

training. The state Department of Health's nursing commission requires

hospital or healthcare facility with the capacity to onboard nurses in

students to complete a portion of their training in "clinical placement

settings," such as hospitals, clinics, and other healthcare facilities.

#### SOUTH SOUND NURSING **SCHOOLS**



A healthy list of options exists for South Sound residents interested in pursuing nursing careers. Whether you aspire to become an LPN or RN, or already work as a nurse but want to continue your career, here are some local colleges and universities to get you started.

#### **Bates Technical College** (Tacoma)

batestech.edu

Clover Park Technical College (Tacoma) cptc.edu

Centralia College (Centralia) centralia.edu

**Grays Harbor College** (Aberdeen)

education and advance your

busy nurses to take the time to carefully manage and train nursing school students in clinical settings.

With a shortage of nurses, it's difficult for a healthcare facility's already-

"Finding clinical placements is extremely difficult," said Babbo at Olympic College.

According to Giglio, MultiCare can host only roughly 500 aspiring registered nurses in clinical settings annually, and has to turn applicants away. MultiCare would take on more students, but the company needs to balance the training of students, the training of newly hired nursing school graduates, and the workloads of experienced nurses who already are caring for patients.

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"I know that our neighbors (CHI Franciscan Health) down the street do their part, as well," said Giglio. "We are part of a consortium of schools and other healthcare employers who work together to share the load in providing quality clinical experiences for the students. We train hundreds

# SOUTH SOUND

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Olympic College (Bremerton)

olympic.edu

Pacific Lutheran University (Tacoma)

plu.edu

Peninsula College (Port Angeles) pencol.edu

Pierce College (Puyallup)

pierce.ctc.edu

Saint Martin's University (Lacey)

stmartin.edu

South Puget Sound Community College (Olympia)

spscc.edu

Tacoma Community College (Tacoma)

tacomacc.edu

UW Tacoma (Tacoma)

tacoma.uw.edu

.....t healthcare

facilities. For example, a nurse might work 12 hours per week at a hospital ICU and 24 hours per week in, say, a long-term care facility or even in a call center assisting nurses by phone (see "A Career Caregiver," down below).

Working fewer than 40 hours per week in different locations and environments can keep the work interesting for nurses, while also allowing for work-life balance in a job that is often physically and emotionally draining.

"We would love it if all of our nurses worked (full-time) in our units," said Giglio. "But that's one of the beauties of nursing. It's an incredibly flexible field. Nurses have a lot of options, which is why we are all competing so heavily for them. They are in the driver's seat."



So, where is the relief?

For the past several years, a coalition of nursing organizations (Washington Center for Nursing, Washington State Nursing Care Quality Assurance Commission, Council on Nursing Education in Washington State, and others) has championed the Action Now! initiative, which aims, chiefly, to lobby legislators in Olympia to increase salaries for nursing

school program faculty, as well as the funding for the programs.

Increasing the pay for nurse faculty could encourage more nurses to become educators. Similarly, ramping up the funding for nursing school programs could help reduce waiting lists, and possibly increase the number of clinical placements in healthcare facilities.

Saint Martin's University in Lacey is in the process of developing a traditional, four-year nursing baccalaureate program that, if approved, could begin accepting students later this year and graduate four dozen nurses annually. The move aims to make an effort to address the South Sound nursing shortage.

As far as luring more nurses to our region, it's not uncommon for large hospitals to offer incentives such as signing bonuses and student loan repayments to bolster their nursing workforces. According to Giglio, certain units at MultiCare offer signing bonuses of between \$2,500 and \$5,000 — with some units offering bonuses of \$10,000. The company also offers a loan-repayment program of up to \$20,000 over a five-year period.

The company recruits nurses throughout the United States, and even sometimes internationally. And even so-called "agency" or "travel" nurses who work on a kind of freelance basis to support core staff are sometimes hired on at MultiCare.

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Martin's Universiy. "People think, 'This isn't my problem.' But it is your problem if you go to the emergency room and there's no one to take care of you. This is a safety issue for all of us that need nursing care. It's an important issue to address."

## A Career Caregiver

Not everyone's reasons for becoming a nurse are the same, but we wanted to learn more about what it's like to pursue a career in this field of healthcare. Puyallup resident Andrew Lehman, 49, has worked as a nurse in the South Sound for 20 years, offering care in settings that range from rehabilitation centers to Intensive Care Units. Lehman shared some of his insights and experiences as he reflected on his nursing career.

I was in the Army for five years and worked as a helicopter mechanic. I joined the Army knowing that I didn't want to waste my time with college until I figured out what I wanted to do. In the Army, it just came to me that I wanted to work in the medical field. I saw the human body as a very complicated machine, and I've always liked how everything works together.



Headshot courtesy Andrew Lehman.

I started out as a rehabilitation nurse at (MultiCare) Good Samaritan Hospital (in Puyallup), working with patients going through physical therapy, or recovering from brain and spinal cord injuries, as well as orthopedic surgery.

I was fortunate. Every step of the way, I was trained by people who were much more experienced than me. They passed their knowledge on. It doesn't matter how long you are doing it; you are always learning new stuff. Even after 20 years, I know that I will still be learning things for a long time to come.

Now I work two jobs: one as a nurse at a hospital ICU in Olympia, and one as a nurse at a virtual acute care unit in Tacoma. Nurses from multiple hospitals contact us with questions or problems that need to be solved. Experienced nurses help new nurses figure out what to do with their patients.

People who haven't done nursing think there are one or two kinds of nurses out there. There are different kinds of nursing. You can be a dialysis nurse, medical/surgical nurse, emergency room nurse. There are nurses who work in ambulance transport. There are flight nurses who fly in helicopters. There are many different options for people who go into nursing. You don't have to do the same thing your entire career.

As corny as it sounds, even if you have a bad day as a nurse, at least you help people. It's a very rewarding profession. It's also intellectually and emotionally challenging. That's what drew me toward nursing — I basically get to do something interesting, but I also get to help people. — As told to Todd Matthews

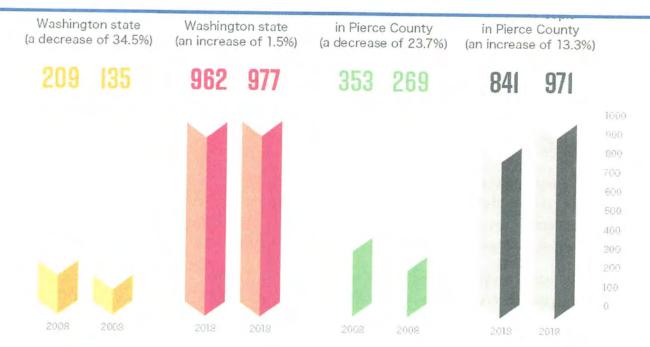
## Taking the pulse of nursing's workforce shortage

The U.S. Department of Health & Human Services estimates that by 2025, Washington state will be 1,200 licensed practical nurses (LPNs) and 7,000 registered nurses (RNs) short of the numbers needed to meet employment demands.

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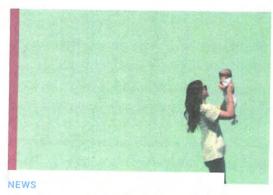
statistics source: Source: the U.S. Department of Health & Human Services; CENTER FOR HEALTH WORKFORCE STUDENTs/the Washington Center for Nursing (WCN)

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## **EXHIBIT 21**

## **Articles Regarding Impact of COVID-19**





# Mental Health Challenges of United States Healthcare Professionals During COVID-19

Ann Pearman<sup>1\*</sup>, MacKenzie L. Hughes<sup>1</sup>, Emily L. Smith<sup>2</sup> and Shevaun D. Neupert<sup>2</sup>

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As COVID-19 continues to impact global society, healthcare professionals (HCPs) are at risk for a number of negative well-being outcomes due to their role as care providers. The objective of this study was to better understand the current psychological impact of COVID-19 on HCPs in the United States This study used an online survey tool to collect demographic data and measures of well-being of adults age 18 and older living in the United States between March 20, 2020 and May 14, 2020. Measures included anxiety and stress related to COVID-19, depressive symptoms, current general anxiety, health questions, tiredness, control beliefs, proactive coping, and past and future appraisals of COVID-related stress. The sample included 90 HCPs and 90 age-matched controls  $(M_{\text{age}} = 34.72 \text{ years}, SD = 9.84, \text{ range} = 23 - 67) \text{ from 35 states of the United States}.$ A multivariate analysis of variance was performed, using education as a covariate, to identify group differences in the mental and physical health measures. HCPs reported higher levels of depressive symptoms, past and future appraisal of COVID-related stress, concern about their health, tiredness, current general anxiety, and constraint, in addition to lower levels of proactive coping compared to those who were not HCPs (p < 0.001,  $\eta^2$  = 0.28). Within the context of this pandemic, HCPs were at increased risk for a number of negative well-being outcomes. Potential targets, such as adaptive coping training, for intervention are discussed.

#### **OPEN ACCESS**

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1

#### INTRODUCTION

On May 14, 2020, the United States had 1,340,098 confirmed COVID-19 cases with 80,695 deaths (World Health Organization, 2020) and was considered the epicenter of the pandemic. Although social distancing and quarantine guidelines have slowed the pandemic's spread, the recent relaxing of guidelines suggests continued challenges to the healthcare systems and healthcare professionals (HCPs). Indeed, there are calls for COVID-19 to be considered as a new occupational hazard for H around the globe (Godderis et al., 2020). Not only are many HCPs more likely to be exposed to and, therefore, contract COVID-19, but providing care during a pandemic can place tremendous pressure on HCPs caring for very sick and dying patients, helping the families of the sick, and dealing with the frustrations of healthcare systems, all while trying to take care of their own families and loved ones (Maunder et al., 2003; Bai et al., 2004).

Studies out of China have examined the experiences of HCPs during the height of their COVID-19 outbreak. In a sample of 1,563 medical staff workers in China working during the COVID-19 pandemic, 73.4% reported stress-related symptoms, 50.7% reported symptoms of depression, 44.7% reported anxiety, and 36.1% reported experiencing insomnia (Liu et al., 2020). Lai et al. (2020) found evidence for higher rates of anxiety, depression, and distress among HCPs in Wuhan compared to HCPs in other regions in China. Other studies examined the need for and impact of services offered to healthcare workers, such as adjusting shifts to allow time for rest (Chen et al., 2020; Kang et al., 2020).

While there have been several well-written opinion pieces and commentaries regarding the well-being of healthcare workers in the United States during this pandemic (Godderis et al., 2020; Gold, 2020; Greenberg et al., 2020), we are aware of only one descriptive study with data from New York City (Shechter et al., 2020) that did not include a control group. There have been several meta-analyses and reviews of the impact of this pandemic on HCPs internationally (Chew et al., 2020; Pappa et al., 2020; Rajkumar, 2020), but no studies from the United States were available to be included in these studies. Previous studies have shown that the mental health challenges HCPs face during pandemics often impact their ability to continue to be part of the frontlines working to help treat and care for patients and their own families (Maunder et al., 2006; Shechter et al., 2020). Further, enduring psychological effects could negatively impact their ability to provide patient care in the future as well as impacting their quality of life (Goulia et al., 2010). A crucial mission for researchers during this time is enhancing our understanding of the experiences of HCPs in order to plan for interventions and care both in the short-term (now) and in the long-term (over the next couple of years). The current study is designed to examine several critical outcomes such as depressive symptoms, anxiety (current general anxiety as well as anxiety about developing COVID-19), COVID-related stress, and health in HCPs during the early months of the COVID-19 pandemic across the entire United States. In addition, we also examine potentially beneficial indicators of resilience such as control beliefs and proactive coping.

Psychiatric morbidity in the forms of depression and/or anxiety not only is troubling in its own right, but is also highly correlated with burnout, higher rates of chronic diseases, reduced quality of life, and suicide (Kumar, 2016). During the severe acute respiratory syndrome (SARS) pandemic in Goulia et al. (2010) found that the pressure of the work environment combined with fears about the disease itself created negative outcomes in the form of anxiety and depression that had profound impacts on the well-being of healthcare workers during that time. Additionally, follow-up studies revealed that the emotional distress from the pandemic was often long-lasting (Maunder et al., 2006). For instance, one to 2 years after the SARS outbreak, Maunder et al. (2006) found that SARS healthcare workers reported higher levels of burnout and distress, had increased smoking and alcohol consumption, were more likely to have reduced patient contact, and worked fewer hours compared to healthcare workers who did not treat SARS. The SARS outbreak was much more contained than the current worldwide pandemic which has even greater

potential to have both ongoing and lasting consequences on society as a whole and HCPs in particular.

Identifying opportunities for resilience will be especially critical to combat the negative consequences. Control beliefs represent the subjective perceptions that one can influence what happens in one's life and include beliefs or expectations about the extent to which one's actions can bring about desired outcomes (Agrigoroaei and Lachman, 2010). Lachman and Firth (2004) distinguished two main sources of control: one's own efficacy (internal control, competence, or personal mastery), and the responsiveness of the environment or other people (external control, contingency, or perceived constraints) (Bandura, 1977). The two control beliefs included in the present study are mastery and constraint. Mastery is often described in terms of one's judgments about his or her ability to achieve a goal, while perceived constraints refers to the extent to which people believe factors exist which interfere with goal attainment (Lachman and Weaver, 1998b). Pearlin and Schooler (1978) suggested that personal mastery is an important psychological resource that mitigates the effects of stress and strain, and it is also associated with reduced reactivity to work-related stressors (Neupert et al., 2007). When faced with stressful situations, a strong sense of control has also been linked to low levels of selfreported perceived stress (Cameron et al., 1991) and lower risk of depression (Yates et al., 1999).

Aspinwall and Taylor (1997) characterized proactive coping as a series of steps one takes to preemptively modify or avoid stressful events. Those who have higher levels of proactive coping compared to those with lower levels of proactive coping have more meaning in life (Miao et al., 2017), fewer symptoms of PTSD (Vernon et al., 2009), and higher levels of quality of life (Cruz et al., 2018). Proactive coping is also associated with lower levels of depression, fewer declines in functional disability in aging, and larger systems of social support (Greenglass et al., 2006; Bokszczanin, 2012). When stressors do occur, those with higher levels of proactive coping are able to maintain their emotional functioning better than those with lower levels of proactive coping (Polk et al., 2020). Within the context of the COVID-19 pandemic, individuals who are at high risk of exposure to the virus, HCPs, could particularly benefit from engaging in proactive coping strategies in an effort to prevent exposure to future stressors. Indeed, we know from our past work that older adults, who are vulnerable to the effects of the virus, had lower levels of stress when they were high in proactive coping (Pearman et al., 2020).

This study is designed to examine the experiences of HCPs in the United States during this pandemic. Data collection took place between March 20 and May 14, 2020, a timeframe when the United States experienced a spike in new coronavirus cases, which limited the availability of important medical resources including appropriate personal protective equipment, and put tremendous strain on the nation's HCPs. The sample is derived from a larger online study focused on individuals' psychological and behavioral responses to COVID-19 (Pearman et al., 2020). In the current study, we specifically examine the following variables: stress related to COVID-19, anxiety about developing COVID-19, depressive symptoms, current

general anxiety, past and future appraisals of stress related to COVID-19, perceived health and health-related concern, tiredness, control beliefs (mastery and constraint), and proactive coping in a sample of HCPs and age-matched controls. We hypothesized that HCPs would show significantly more challenges on our measures of stress, mental and physical health issues, control, and coping.

#### **METHODS**

#### **Participants**

Amazon Mechanical Turk (mturk.com) was used to recruit participants for a larger study on the impact of COVID-19. MTurk is an international online crowdsourcing panel administered by Amazon and used here for collecting data. Potential participants responded to the description: *The purpose* of this study is to examine how people living across the United States are reacting to the current COVID-19 pandemic. Select the link below to complete the 30-min survey. Participant requirements for the current study were as follows: 18 years of age or older, living in the United States, native Englishspeakers and free from a dementia diagnosis. Once recruited and consented (see section "Procedure"), the participants completed the survey through the Qualtrics platform which is an online survey tool. The sample for the larger study consisted of 1,000 participants. Participants answered "Yes" or "No" to the question, "Are you a HCP?" Participants for the current study included all participants who answered "Yes" to this question as well as age-matched controls drawn from the same dataset. Because of concerns regarding age differences in our health indicators, we age-matched the controls. The final sample included 90 HCPs and 90 age-matched controls ( $M_{\rm age} = 34.72$  years, SD = 9.84, range = 23-67) from 35 states across the United States. Sample characteristics, including type of HCP, are reported in **Table 1**.

#### **Procedure**

Informed consent was obtained online; participants who wished to participate in the study indicated electronically that they read and understood the study procedures. After indicating interest, participants were provided a Qualtrics survey link on MTurk between March 20, 2020 and May 14, 2020, which was the time period that encompassed the majority of stay-at-home orders as well as many peaks in hospitalizations and death from COVID-19 in the United States. Human intelligence tasks (HITS) were released approximately every 3 days on MTurk to promote continued enrollment and survey completion throughout the 6 weeks of data collection. Participants were compensated \$3.00 for completing the 30-min survey. The study was approved by the Georgia Institute of Technology Institutional Review Board.

#### **Measures**

#### **Demographics**

Participants indicated their year of birth, gender, their education from a checklist (e.g., GED, Associates), and their race. HCPs were also asked to report the specific profession within the healthcare field from a checklist (see **Table 1**).

#### **COVID-19 Anxiety**

Participants indicated their level of anxiety related to contracting coronavirus by answering the question, "How anxious are you about developing (COVID-19)?" on a 1 (not at all anxious) to 5 (very anxious) scale.

#### COVID-19 Stress

On a 1 (*not at all*) to 5 (*extremely*) scale, participants indicated their level of stress by answering the question, "How stressed are you about the COVID-19 outbreak?"

#### **Depressive Symptoms**

Participants completed the 15-item Geriatric Depression Scale Short Form (GDS) (Yesavage, 1988). The GDS is a self-report screening tool that examines depressive symptoms. Reflecting over the past week, participants respond "Yes" or "No" to

TABLE 1 | Sample characteristics by group (in valid percentages).

Variables	Healthcare professionals (n = 90) (%)	Matched sample ( <i>n</i> = 90) (%)
Gender:		
Men	54.4	54.4
Women	45.6	45.6
Degree:		
GED	0	1.1
High school graduate	0	4.4
Elementary/middle school	1.1	0
Two year college, vocational school, associate's degree	1.1	6.7
Some college but no degree	6.7	12.2
Bachelor's degree (e.g., BA, BS, BFA)	56.7	57.8
Some graduate school but no degree	1.1	1.1
Master's degree (e.g., MA, MS, MPH)	27.8	12.2
Ph.D., EdD, MD, DDS, JD, other professional degree	5.6	4.4
Race:		
Asian	5.6	4.4
Black or African American	15.6	12.2
Native Hawaiian	2.2	0
White	75.6	81.1
More than one race	0	2.2
I do not wish to answer	1.1	0
Healthcare occupation:		
Nurse	13.3	
Physician	36.7	
Occupational therapy	2.2	
Physical therapy	4.4	
Technician	24.4	
Nursing assistant	4.4	
Other	11.1	
Not specified	3.3	

Other Healthcare Occupations include n=1 Administration, n=1 Facility Manager, n=1 Legal Operations, n=1 Counselor, n=1 Exercise Physiologist, n=1 Health Insurance, n=1 Medical Student, n=2 Optometry, n=1 Registered Dental Hygienist.

each item. An example item includes, "Do you feel that your situation is helpless?" The scale has been shown to have good diagnostic sensitivity and specificity for adults across the adult lifespan (Guerin et al., 2018). The scale was not used for diagnostic purposes in this study, but higher scores indicate greater depressive symptoms ( $\alpha=0.81$ ).

#### **Current Anxiety**

Ten state anxiety items from the State-Trait Anxiety Inventory (Spielberger et al., 1983) were rated on a four-point scale ranging from 1 (not at all) to 4 (very much so). Participants indicated how they were feeling in the current moment. Example items include "I am tense" and "I feel frightened." Five items were reverse coded. A mean was calculated across the 10 items with higher scores indicating more state anxiety ( $\alpha=0.88$ ).

#### Health

Participants self-rated their health on a five-point scale ranging from 1 (poor) to 5 (excellent) by answering the question, "How would you rate your overall health?" In addition, participants rated their health concern on a 1 (no concern) to 5 (very serious concern) scale, responding to the question, "How much concern/distress do you feel about your health at this time?" Both items were included in analyses as one focuses on current health status while the other focuses more specifically on how concerned the individual is about their health.

#### **Tiredness**

On a five-point scale ranging from 1 (not at all tired) to 5 (very tired), participants were asked "In general, how tired are you right now?"

#### **Control Beliefs**

Control beliefs were measured using the mastery (four items,  $\alpha=0.84$ ) and constraint (eight items,  $\alpha=0.95$ ) scales from the Sense of Control Scales from the Midlife Development Inventory (Lachman and Weaver, 1998a). On a 1 (strongly disagree) to 7 (strongly agree) scale, participants rated their agreement with statements such as "What happens in my life is often beyond my control" (constraint) and "I can do just about anything I really set my mind to" (mastery).

#### **Proactive Coping**

The Proactive Coping Scale (Aspinwall et al., 2005) includes six items rated on a five-point scale ranging from 1 (*strongly disagree*) to 5 (*strongly agree*). An example item includes, "I prepare for adverse events." One item was reverse coded. Higher scores indicate more proactive coping ( $\alpha = 0.71$ ).

#### Stress Appraisals

On a four-point scale ranging from 1 (not at all) to 4 (a lot), participants rated the extent to which COVID-19 affected different areas of their lives in the past 24 h (past appraisal,  $\alpha=0.84$ ) as well as the extent to which they expected COVID-19 to affect their lives in the next 24 h (future appraisal,  $\alpha=0.87$ ). Example items include, "Your physical health or safety?" and "Your plans for the future?" (Lazarus, 2006). Items

were scored so that higher scores indicate COVID-19 having a greater impact on one's life.

#### Statistical Analysis

All data analyses were performed using SPSS version 26 (IBM Corp.). The significance level was set at  $\alpha = 0.05$  and all tests were two-tailed. A MANOVA was conducted with education (degree) as a covariate and HCP (0 = no, 1 = yes) as the independent variable and COVID-19 stress and anxiety, depressive symptoms, current anxiety, self-reported health, health concern, tiredness, mastery, constraint, proactive coping and appraisal (past and future) as continuous dependent variables. Because healthcare positions commonly require postsecondary education, education was included as a covariate to account for group differences. Significant multivariate tests were followed up with tests of between-subjects effects for each dependent variable individually.

#### **RESULTS**

There were no significant differences between HCPs and the control group on gender [ $\chi^2$  (1, N=180) = 0.00, p=1.00] or race [ $\chi^2$  (5, N=180) = 5.65, p=0.34]. As expected, there were significant differences on education [ $\chi^2$  (8, N=180) = 16.61, p=0.03] such that HCPs had more education than non-HCPs. Results from the MANOVA (**Table 2**) controlling for education show that HCPs reported significantly higher levels of depressive symptoms, current anxiety, concern about their health, tiredness, constraint, and past and future appraisal of COVID-related stress, but lower levels of proactive coping compared to non-HCPs (Pillai's Trace = 0.28, F(12,160) = 5.29, p < 0.001,  $\eta^2 = 0.28$ ). Of note, there were also no significant group differences on COVID-related stress or on the specific anxiety of developing COVID-19.

TABLE 2 | MANOVA results with means and standard deviations by group.

	Healthcare Professional (n = 85)		Matched Sample (n = 89)			
Variables	Mean	SD	Mean	SD	P	$\eta^2$
COVID-19 anxiety	3.25	1.46	3.20	1.48	0.74	0.001
COVID-19 stress	3.52	1.12	3.22	1.24	0.22	0.01
Depressive symptoms	6.49	3.23	4.58	3.75	0.001	0.06
Current anxiety	2.32	0.54	2.01	0.77	0.003	0.05
Self-rated health	3.92	0.93	3.75	1.00	0.38	0.004
Health concern	3.40	1.25	2.53	1.16	< 0.001	0.11
Tiredness	2.93	1.29	1.85	0.96	< 0.001	0.18
Mastery	5.11	1.01	5.28	1.17	0.27	0.01
Constraint	4.64	1.36	3.28	1.50	< 0.001	0.16
Proactive coping	3.62	0.58	4.08	0.63	< 0.001	0.12
Appraisal (past 24 h)	2.61	0.63	2.22	0.74	0.002	0.05
Appraisal (next 24 h)	2.60	0.66	2.20	0.81	0.002	0.05

 $<sup>\</sup>eta^2$  = partial eta squared. Multivariate Test Results: Pillai's Trace = 0.28, F(12,160) = 5.29, p < 0.001,  $\eta^2 = 0.28$ , observed power = 1.00.

#### DISCUSSION

This study is a timely look into the experiences of HCPs across the United States during the COVID-19 pandemic. Using an age-matched comparison group, the HCPs were significantly more depressed and generally anxious than the non-HCPs during the first months of the pandemic. In line with Shechter et al. (2020) who documented high rates of lack of control and sleep disturbances within HCPs in New York City, our results show that HCPs across the United States had significantly higher rates of lack of control and tiredness compared to controls. Additionally, the HCP group on average fell into the clinically depressed range on the GDS (Guerin et al., 2018). While some of the other findings (e.g., fatigue) may represent the nature of professional differences sometimes seen between HCPs and other professions in non-pandemic times (Dyrbye et al., 2014), meeting the criteria for depressive disorder should not. We believe that the heightened level of depressive symptoms in HCPs may be due to not just occupational differences but occupational differences during a pandemic. Clearly, this is of concern not just for understanding and, perhaps, helping the current situation but also to look ahead to the potential lasting influence of this experience (see Maunder et al., 2006; Lee et al., 2007). It is wellunderstood that the long-term consequences of depression and anxiety can create enduring negative impacts (Sareen et al., 2005; Musliner et al., 2016). Finding ways to intervene and support HCPs, such as cognitive behavioral therapy or support groups, will be an important goal to healthcare systems and workplaces now and in the future.

In addition to increased general anxiety and depressive symptoms, HCPs were more tired and more concerned about their health than the age-matched controls. There are many possible reasons for the health concerns of HCPs during this pandemic (Centers for Disease Control, 2020). To start, HCPs are more likely to be exposed to COVID-19 which increases HCP's health risk. Other health risks include long work hours and mental and physical exhaustion (Shanafelt et al., 2020; The Lancet, 2020). It is not surprising therefore that the HCPs also have higher perceived constraints and are more tired. The real experiences in healthcare settings during the pandemic may present HCPs with what seem like insurmountable pressure when it comes to finding ways to accomplish their goals both in terms of maintaining their own health and well-being. Helping HCPs find ways to differentiate between immovable constraints, such as personal protective equipment deficits, and possible malleable constraints, such as feeling as though there is no opportunity to engage in self-care, may be a possible avenue for buoying the well-being of HCPs (De Raedt and Hooley, 2016).

Along these same lines, the HCPs showed lower proactive coping and fewer resources to dedicate to adaptive coping behaviors. We know from past work that proactive coping (Polk et al., 2020) and control beliefs (Neupert et al., 2007) are key ingredients for resilient stress responses, representing potential targets for intervention. For instance, Stauder et al. (2017, 2018) found that using coping skills training with employees from work-environments that were stressful, but unchanging, helped reduce stress and improve well-being.

Although statistically equivalent on COVID-19-related stress and anxiety, the HCPs in the current study scored significantly higher on both current and future stress appraisal when compared to controls. In their real-time study of work stress in nurses, Johnston et al. (2016) showed that appraisals of stress were more predictive of psychological and physiological reactivity than the actual tasks being performed. In addition, the perceived reward for the work actually helped reduce stress. Given the high levels of stress appraisal both current and future in our sample, it may be beneficial during this time of crisis to help HCPs recognize and focus on the reward of their work as a means of managing negative stress appraisals.

We acknowledge several limitations in this study. The observational design limits our ability to make causal conclusions. Future longitudinal studies should examine the long-term impact of this pandemic on the mental health of HCPs. We also do not know the extent to which the HCPs in the sample are serving on the frontlines of the pandemic. However, given that the HCPs showed significant differences on most of our measures of interest, it is likely that our effects actually underestimate the experiences of frontline workers. In addition, Smereka and Szarpak (2020) note that COVID-19 is an ongoing challenge for all HCPs, not just the frontline workers. Another potential limitation is that the professions of the control group nor the hours worked by either group were collected so we are unable to make finer distinctions between the experiences of HCP and the others. We do know, however, that the two groups are statistically equivalent in their stress and anxiety related to the pandemic, so we are reasonably confident that the differences that we do see in our study are associated with healthcare profession status. We encourage future work that seeks to further explore potential differences between professions, but note that our results suggest that all HCPs are at risk for decreased wellbeing, perceived control, and coping resources during the COVID-19 pandemic. Finally, our sample was not random or nationally representative and was restricted to those living in the United States, the current epicenter of the pandemic. HCPs' experiences during the COVID-19 pandemic could differ for those living and working in countries outside of the United States.

In conclusion, our results suggest that COVID-19 may function as an occupational hazard for HCPs (Godderis et al., 2020) because we found evidence of higher levels of anxiety and depressive symptoms, more tiredness and concern for their health, and more severe stress appraisals of COVID-19, along with lower levels of perceived control and coping compared to age-matched controls. Across a wide array of indicators, HCPs appear to be at increased risk for mental health challenges. In addition, given that previous studies during other pandemics have shown lasting impacts of service during this time, including reduced workforce participation and increased traumatic symptomatology, this is a critical issue to address. We encourage efforts to intervene that can provide relief now and in the future.

#### DATA AVAILABILITY STATEMENT

The dataset presented in this article is not readily available because data sharing options were not included in consent documents. Requests to access the datasets should be directed to AP, ann.pearman@psych.gatech.edu.

#### **ETHICS STATEMENT**

This study involved human participants was reviewed and approved by Georgia Institute of Technology Office Research Integrity Assurance – Institutional Review Board (Protocol # H20141). Written informed consent for participation was not required for this study in accordance with the national legislation and the institutional requirements for exempt studies.

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#### **AUTHOR CONTRIBUTIONS**

AP designed the study and funded it out of her internal funds and a grant both from Georgia Tech, as well as manuscript writing. MH managed the online portion of the project and the data, wrote the methods, helped to prepare the references, and helped with primary prose. ES helped with data analyses, created the tables, helped to prepare the references, and helped with primary prose. SN helped with study design, primary data analyses, as well as manuscript writing. All authors contributed to the article and approved the submitted version.

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**Conflict of Interest:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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# Nurses confronting the coronavirus: Challenges met and lessons learned to date

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#### ABSTRACT

Registered nurses are an essential workforce group across the globe. They use their expertise and skill sets every day in clinical practice to protect, promote, and advocate on behalf of patients and families under their care. In this article we discuss the physical, emotional, and moral stresses that nurses are experiencing in their day-to-day practice settings created by the novel coronavirus. We consider the demands placed on nurses by unexpected patient surges within hospital environments and inadequate personal protective equipment and other critical resources, challenging nurses' ability to meet their professional and ethical obligations. We also share our thoughts on supporting nurses and others now, and ideas for needed healing for both individuals and organizations as we move forward. Finally, we argue for the need for substantive reform of institutional processes and systems that can deliver quality care in the future when faced with another devastating humanitarian and public health crises.

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"Nursing is not just evaluating patient symptoms, dressing wounds, lab work, and value-based care—nursing impacts the soul in each of us. In our weakest places, in our most vulnerable areas of life, nursing has literally opened the door to the most painful, but most rewarding moments in the lives of others. The dying, the hurt, the raw, emotional places of life: nurses have the privilege to walk in these spaces and provide a comforting hand, a compassionate touch, and a life-changing presence."

— Love et al., 2021, 87

#### Introduction

Nursing is the nation's largest health care professional group, with nearly 4 million registered nurses licensed to practice in the United States (American Association of Colleges of Nurses, 2019). In fact, nurses are critical to every health care delivery system across the globe. The World Health Organization cites a global deficit of 5.9 million nurses to adequately meet the current and future care needs of the growing population (Lovelace, 2020). Most U.S.-based nurses today work in hospital-centered systems, but they also practice in long-term care facilities, community settings, and primary

The opinions are the views of the authors and do not necessarily reflect the official policies or positions of the Department of Health and Human Services, NIH, or the Public Health Service.

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care, among others. Nursing has long been defined from a tripartite perspective: A practice, an art, and a science with ethical foundations that guide the profession. It is also recognized as a caring and trusting vocation by the diversity of publics served by nurses—a profession that is committed to meeting the basic and complex humanistic needs of the healthy and the sick.

Nursing is not an easy career path. Nurses have sometimes been portrayed in subservient roles and in misogynistic ways, given the fact that approximately 90% of nurses are women. Nurses who work at the bedside, however, demonstrate competence as they face unique challenges and see patients at the sickest and most vulnerable moments in their lives. Some of the competencies and skill sets that nurses possess are enacted behind hospital walls and thus not visible to the general public. Nurses' intelligence, expertise, compassion, ingenuity, dedication, and agility to adapt to changing circumstances are markers of excellence. But as Christie Watson notes, "There is a danger of forgetting what nursing is, what it means: the importance of providing care." (2018, 197).

The novel SARS-CoV-2 pandemic has brought nursing to the forefront in unexpected ways and has shown the public in real-time nurses' valor and their core values as well as their vulnerabilities. It has also exposed the fractures and inefficiencies within health care systems that have a responsibility to protect nurses and other clinicians and has highlighted the many ethical issues that these frontline health care workers encounter daily. This essay will focus on three critical ethical issues: (a) the daily demands of nursing care for patients with COVID-19 and the physical, emotional, and moral toll of these demands; (b) the importance of an ethical workplace environment and supportive systems for nurses' physical and psychological safety and effective moral agency; and (c) the need for infrastructure reform and institutional processes that can move us forward in the aftermath of the SARS-CoV-2 pandemic.

## The Daily Demands of Nursing Care for Patients with COVID-19

With more than 27 million confirmed cases of COVID-19 and more than 890,000 deaths globally as of the beginning of September (Johns Hopkins University & Medicine Coronavirus Resource Center, 2020), nursing care has been stretched to its limits. The United States is also suffering with a steady increase of fatalities that is beyond 190,000 deaths in September (Johns Hopkins University & Medicine Coronavirus Resource Center, 2020). The demand for nursing care has rarely been as high, and the consequences of providing it never more severe. Nurses go to work every day under conditions of uncertainty. Indeed, regardless of their clinical specialty or practice setting, nurses have always understood that there is an inherent risk that comes with being a nurse. In their day-today work settings, they can be exposed to occupational hazards such as needle-stick injuries, back and muscular strains, splashes from contact with blood and body fluids, verbal and physical abuse, and fumes from noxious chemicals and disinfectants. Nurses have also donned personal protective equipment to care for patients with HIV, Ebola, tuberculosis, methicillin-resistant Staphylococcus aureus (MRSA), and other infectious diseases. And they have done so by upholding and honoring their professional and ethical commitment to promote and respect the dignity and worth of all patients in their care—and by assessing what they believed to be an "acceptable risk" for the overall benefit of the patient.

The emergence and highly contagious nature of this coronavirus, however, has shattered traditional standards of practice. The lack of adequate personal protective equipment and general lack of institutional preparedness for the volume of COVID-19 patients within hospital systems has left frontline nurses susceptible—physically and emotionally—to a persistent sense of guilt and anxiety. While we often think of patients as being vulnerable because of their illness or other underlying circumstances, nurses, too, are vulnerable to multiple stressors as well as to infection and illness. Stress is exacerbated in clinical practice when health care clinicians' claims or voices are discounted (Hurst, 2008). Danis and Patrick argue that "risk factors that influence health are so encompassing that any member of the population may, at some point in his or her life course or in some special circumstance, be vulnerable" (2002, 311). What nurses assumed would be available to protect them simply is not reliably there. Photographs and videos of nurses in makeshift masks and goggles and protective gear made from garbage bags have stunned and angered viewers across the U.S., as have the tears of sorrow and mental anguish on the faces of many nurses trying to cope with the pressures of an unimaginable situation. Nurses themselves have become, and will likely continue to become, infected, and several hundreds have died from the disease (The Staffs of Kaiser Health News and The Guardian, 2020). The Centers for Disease Control and Prevention (2020) estimates that at least 156,000 U.S. health care workers had become infected with COVID-19 by early September, recognizing that this is an underestimate.

In other countries, the infection rate has been remarkable with more than 37,000 health care workers infected in Spain, accounting for 20% of confirmed cases in that country (McMurtry, 2020).

Nurses are working long hours caring for COVID-19 patients, wearing masks that make their skin bleed and are suffering under the heat of whatever gear they have available to protect themselves and their patients. They are being asked to transfer from one unit to another to cover shortages, sit alone with patients who are dying, and suffering anxieties and fears from walking through hospital doors to begin another shift. Indeed, an early American Nurses Survey of more than 30,000 nurses across the 572 untry in

April reported that 87% of nurses are very or somewhat afraid to go to work, 58% are extremely concerned about their personal safety and 55% about caring for a COVID-19 patient or person suspected of having the virus (American Nurses Association, 2020a, 2020b). With this worry and others, some nurses decided to leave their jobs, but many others have carried on. Multitudes of nurses are working hard and meeting these challenges, finding the strength to continue to provide care and relieve the suffering of patients despite constraints, adversity, and unavoidable deaths. Both groups- those who chose to leave and those who chose to carry on- are facing situations that may lead to moral distress— the distress that arises when the ethically appropriate action is not taken because of internal or external constraints (Ulrich & Grady, 2018). In addition, fear of reprisal is ever looming if nurses speak out about their concerns. How do we begin to rebuild trust in a system that has fundamentally challenged our notions of how to do "good," how to safely protect patients, families, nurses and other clinicians on the front lines of a pandemic, and how to provide care to patients in need with limited resources?

Selected Internal and External Approaches to Support Ethical Environments, Nurses' Moral Agency and Wellbeina

The environment in which nurses deliver care matters greatly.

"Organizations depend on their members to make difficult ethical choices, to accomplish ambitious tasks, to take initiative and drive performance, to persevere in the face of adversity, to engage in experimental activities related to change, and to guard what is right in the face of threats." (Worline, 2012, 307).

Ethical practice environments where nurses voices are heard and respected, where teams work well together, where institutional leaders support their staff, do everything they can to garner appropriate resources, and adapt policies to protect staff should be the standard. In these environments, nurses and others can say no to unsafe conditions or procedures without fear of repercussions. Nurses can, and should, demand appropriate resources and staffing levels, and work on teams where members support each other in providing care as safely as possible, and institutions should support difficult decisions made because of extreme scarcities (Table 1).

Certain priorities should guide efforts to help nurses, other health care providers, and institutions to get through this time of crisis. It is essential to advocate for and take care of basic needs right now. Nurses need breaks during their work/ shifts, time to eat and access to healthy food, as well as time off and the opportunity to rest and sleep (National Academy of Medicine, 2020). Although it may seem obvious that

these basic needs should be attended to, the demands in some areas are so great that some nurses are not getting breaks, access to food, or time off. In addition, institutions should provide nurses and other frontline providers with accurate and consistently updated information and guidance on how to use personal protective equipment (PPE), what to do when it is lacking, and how to proceed when patient care conditions are unsafe (American Nurses Association, 2020b).

It is unreasonable and unfair to expect individual nurses to care for so many critically ill patients at once that no one receives good care, or to expect nurses to provide care that puts them at high risk without adequate information and PPE. To the extent possible, resources should be made available to support the work of bedside nurses and other front-line providers. There are examples of creative and resourceful use of technology to provide resources at the bedside. For example, telemedicine can connect providers in remote locations via computer; FaceTime and other video communication options provide tools for nurses to help patients communicate with their loved ones, especially at the end of life. In addition, using Artificial Intelligence to assist staff in monitoring patients with COVID-19 could reduce workload burden and contact time that potentially affects nurses' exposure to virus. Machine Learning algorithms that determine a risk deterioration index allows for initiation of early treatment intervention (Ross, 2020). Neither is without ethical concerns and need more data on outcomes compared to standard practice.

Resources such as palliative care can help to support patients and families during isolating illness and help them express their preferences and choices. Ethics consultation services can help nurses, other providers, patients and families, and institutions make difficult and sometimes heartbreaking decisions. Some institutions have consult services devoted to addressing moral distress among health care providers and others are providing virtual Moral Resilience Rounds (Herleth & Paiewonsky, 2020). One suggested approach for dealing with stress in real time is to encourage informal, voluntary peer-to- peer relationships (such as buddy systems) between colleagues, friends, and team members to provide ongoing support and encouragement. Programs such as Resilience in Stressful Events (RISE), a peer to peer psychological support model, offers nurses an additional resource to address the stress and trauma they are experiencing (Wu, Connors, Everyly, Jr., 2020). Chaplains in many institutions are providing spiritual support and some institutions are expanding their mental health services using volunteer mental health professionals to respond to requests from frontline clinicians. Creative external strategies for supporting health care workers also have been reported in some regions. Examples include medical and nursing students providing childcare for working health care providers, community volunteers delivering food for ICU or nursing home staff, and hospitals offering temporary housing for 573tline

## Table 1 – Selected Internal and External Approaches to Support an Ethical Environment, Moral Agency, and Clinician-Staff Well-Being

#### **Internal Approaches**

- 1. Explicit policies to protect staff from harm (e.g., breaks and rest periods, staffing, use of personal protective equipment; limits to the number of hours worked per shift)
- 2. Access to palliative care, ethics consultative service, chaplaincy, and other In-house resources
- Innovative resources: Virtual moral resilience rounds; Resilience in stressful events (RISE); Moral distress consultative service
- 4. Use of Artificial Intelligence: Robotics

#### Selected External Approaches

- 1. Medical and nursing students providing childcare
- 2. Hospital systems providing temporary housing
- 3. Volunteers delivering food
- 4. Legislation to protect the rights of essential workers

#### **Benefits**

- Respects staff, protects their well-being, and enhances their contributions to quality patient care
- Promotes organizational transparency and commitment to supporting patients, families, and staff
- Recognizes unique ethical challenges faced by clinicians and innovative mechanisms to foster well-being
- Advances solutions when physical distancing is required and aids nursing staff by transporting supplies, disinfecting rooms, and using telemedicine technology to communicate with patients and families (Murphy, Adams, & Gandudi, 2020)

#### Benefits

 Provides basic human needs for clinicians to support their well-being, lessen worries and anxieties over children, strengthens, supports, and protects their rights

providers worried about bringing possible infection home to elderly or ill family members or very young children, among others.

#### Infrastructure and Institutional Process Reforms

Planning to address the needs of nurses and other frontline providers over the long term is essential. Three priorities include practice-based programs, policy, and research. Institutions, professional organizations, and others will need to establish programs to engage nurses and others to process what they have been through and to identify and describe the challenges they are confronting during this crisis. We will need strategies and programs to help frontline providers cope with what they have experienced, opportunities to debrief about specific cases or issues, and support services to help contextualize tragic decisions that nurses and others will have to live with. Institutions should develop programs to cultivate moral resilience and bolster moral strength. Research will be needed to guide efforts at recovery, resilience, and

From a programmatic and policy perspective, hospital administrators have an opportunity to rebuild trust with frontline clinicians by taking seriously the burden they have shouldered and the sacrifices they have made and investing in systemic solutions. The novel coronavirus pandemic arose in the context of an already stressed health care system that was contributing to escalating levels of burnout among nurses and other health care professionals. Reports published before the pandemic showed that 35% to 45% of nurses experience at least one symptom of burnout—an occupational syndrome characterized by "exhaustion, cynicism and inefficacy" (National Academies of

Sciences, Engineering, and Medicine, & National Academy of Medicine, 2019, 40). Burnout in health care reflects a complex interplay between personal and organizational factors that create the conditions for burnout to thrive. When job demands such as excessive workload, inadequate resources, workflow distractions exceed job resources such as job control, alignment of values and expectations, and organizational culture, burnout is more likely to ensue. This should raise alarm bells about the magnitude of potential burnout resulting from this pandemic. A recent report by the National Academies of Medicine (NAM, 2019) concluded that health care system characteristics significantly contribute to burnout. The intensity of the global pandemic and the lack of preparation contribute to widespread suffering and long-term consequences for both nurses and the health systems where they practice. We are poised to proactively document the wide range of consequences (physical, psychological, moral, spiritual) as we begin to heal from the pandemic and to use this information to inform redesign.

Health care leaders are ideally positioned to demonstrate their investment in the well-being of frontline clinicians by taking proactive steps to assure that the deficiencies in the health care system are substantially addressed. During the pandemic, nurses are expected to provide high level care for their patients often without adequate resources to do so safely and effectively. Actively involving frontline nurses in devising the solutions that are needed to avoid the challenges that the pandemic has revealed is an important step in rebuilding trust and work engagement. Listening to and acting upon their recommendations can be a visible indicator of a shift from business as usual. Creating the infrastructure in health care organs.

address ethical concerns without fear of retribution is no longer optional. Even in an otherwise healthy ethical workplace climate, where one feels supported and has a positive view of the organization's usual ability to address ethical concerns and problem solve difficult challenges, the demands and expectations of caring for COVID-19 positive patients are shattering perceptions of support and trust.

Empirical bioethics research can be important during a pandemic because it facilitates understanding the day-to-day ethical issues and challenges that nurses and other clinicians are experiencing (Ulrich, Anderson, & Walter, 2020). Previous research found that nurses and others want respect within their workplaces but do not always feel psychologically safe to voice their concerns for fear of retribution (Danis et al., 2008; Ulrich et al., 2007). During this pandemic, there have been examples of retribution for nurses who voiced concerns, including being dismissed from the workplace. Nurses' ability to act as moral agents for their patients and families is sometimes thwarted. A nationwide survey of 1,200 nurses from more than 400 hospitals in early April 2020 reported that 78% were experiencing physical, emotional, and mental stress and 67% were planning to leave their facility (Lunsford, 2020). These data speak to the suffering that is occurring across the country and the need for both individual and organizational healing. How should we proceed in helping nurses and others regain a sense of meaning in their workplace and address their shared experiences? What systemic reforms are needed to create cultures where integrity and well-being can thrive? More qualitative and quantitative data from front-line workers and those most affected by SARS-CoV2 can help researchers identify meaningful improvements for implementation within and across health care systems; and bringing forward nurses' voices for the public and others in key administrative and policy positions demonstrates not only their challenges but also their unparalleled value.

#### What Lessons Can We Carry Forward?

There are several lessons we should take away from the COVID-19 pandemic, and we are still learning. First, nurses must use their voices for change. Second, organizations have moral responsibilities to their employees; and third, although there continues to be moral failures and disruptions from the SARS-CoV-2 virus within the broader public sphere, we must also look to the moral successes as a roadmap for the future.

It would be easy to remain in a state of moral outrage-a predictable and justified response to threats or violations of ethical values or standards (Rushton, 2013). When activated, moral outrage can instigate a cascade of blame, shame and retribution and deplete vital energy needed to confront the crisis in front of us. Possible targets of our moral outrage include the myriad factors that result in lack of PPE, clear guidelines regarding proper protection during a

pandemic, or health care organization culture that silences the voices of concern about the safety of patients or clinicians. This pandemic has forced nurses and others to face many difficult professional, ethical, and philosophical questions, – from those that directly affect the individual nurse to those that affect the profession, the patients and families they serve, the systems in which they work, and the policies that have, and will impact their future practice. Hospitals' and health systems' lack of preparedness for the care of COVID-19 patients has frightened many nurses, and more than 80% have reported fears of going to work with 43% indicating they made their own PPE (American Nurses Association, 2020). An important broader question is how this might change the nursing workforce when this crisis abates.

Given the enormity of the tasks ahead, we must harness moral outrage and instead use its power to fuel constructive progress rather than leaving a destructive swath of suffering, powerlessness, and fear(Rushton, 2013). Yes, the public has applauded and praised the momentous efforts of nurses and other clinicians, recognizing their commitment through enduring struggles. Support for nurses must, however, go beyond this. Substantive discussions about hazard pay, state-mandated staffing ratios, policies that protect those who speak out about unacceptable risks, infrastructure redesign solutions, ethics training for future clinicians, and the characteristics and quality of leadership within organizations and systems that engender trust, transparency, and compassionate responses are worthwhile goals. Our moral outrage and lessons learned can also stimulate constructive action to address the underlying structures, patterns, policies, and norms that have contributed to the conditions that created or exacerbated challenges that nurses are confronting. The U.S. Congress has considered a bill that would support the rights of essential workers and address safety and whistleblower protections, compensation relief, collective bargaining agreements, and corporation's accountability, among other areas. Powley (2012, 864) asks us to consider several important questions related to organizational healing following traumatic events and disruptions that affect groups within those systems. These include: "What is strengthened after crisis?" "What outcomes are important to examine with respect to healing?" "How does one know whether an organization has healed?" Healing from the difficult emotions surfacing from the coronavirus pandemic will take time.

Organizations should begin to work toward building positive ethical climates by repairing interpersonal connections through compassion and collective support, and by understanding and fortifying the different types of strengths (moral, physical, and emotional) that allow their clinicians to meet shifting priorities with the volume of patients in need of nursing care, and uncertainties about whether resources will be available to meet these care needs on a day-to-day basis. Understanding how our strengths sup 57% our

individual and collective ability to confront moral adversities with integrity might allow every person to remain whole and undiminished. Our capacity to be morally resilient in the midst of these challenging times can help restore our integrity and our moral community. This begins with acknowledgment that the inherent worth and the resilient potential that resides in everyone can be strengthened through strategies aimed at healing the wounds that the pandemic has created (Rushton, 2018). Leaders committed to cultivating the conditions that foster moral resilience are uniquely poised to implement the recommendations of the American Nurses Association Call to Action that outlines strategies for individuals, leaders, and organizations (American Nurses Association, 2017).

Leveraging the collaboration and collegial support that has arisen during the pandemic could also promote healing our organizations. The pandemic may help us identify and begin to dissolve structures that do not perform well, create new patterns and the kind of workplaces that better serve not only patients but the people who serve in them. It is an opportunity to reclaim values foundational to our professions, establish new norms of communication and teamwork, intentionally address disparities and power imbalances, and foster professional and relational integrity. The pandemic has brought into sharp focus our interconnectedness and how intertwined our individual integrity is with the integrity of others and the moral ecosystem we reside in. Relational integrity enables us to preserve our personal and professional integrity by considering what we owe each other as part of our moral community and what expectations and commitments we are willing to hold ourselves accountable for (Rushton, 2018).

Finally, we must remember the nurses who go to work every day, endure many hardships, care for their patients, save lives, and touch "... the soul in each of us". They found the courage to persevere even when facing risk themselves, and even death. We must recognize that although there were moral failures, there were many moral successes that reflect the integrity of individuals, teams and organizations. We now must choose to look forward, advocate for and commit to change, and rebuild a broken health care system after this coronavirus leaves so many vulnerable in its path.

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## Strategies to Feel Empowered Amidst Moral Distress

January 12, 2021 at 2pm ET / 11am PT

It doesn't take almost a full year of an ongoing pandemic for healthcare professionals to know that their work environment is wrought with complexity. Whether it be a challenging setting, a intricate system, or team dynamics – healthcare workers work through morally distressing situations across the care continuum daily. Join Seasons Hospice & Palliative Care director of quality and training Lindsey Haugen as she outlines current literature and shares suggested strategies to feel empowered while navigating moral distress and moral resiliency.

This course will help administrators, clinicians, & facility staff:

- · Describe changes in "moral distress" definitions
- List common contributors to psychological distress that can lead to moral distress
- Illustrate two strategies in addressing and reducing moral distress
- Translate current events in healthcare

This course is eligible for one hour of CE/CME for RNs, Social Workers, MDs, NPs, Physician Assistants, and Long Term Care Administrators. If you have questions about this course please email *communityeducation@seasons.org*.

### Presenter

LINDSEY HAUGEN, MSW

NATIONAL DIRECTOR, QUALITY AND TRAINING, SEASONS HOSPICE & PALLIATIVE CARE

### Register for this Course

Email\*

To ensure you receive registration confirmation, we recommend using a personal email address as some healthcare employer email systems block or filter external email.

First name\* Last name\*

Phone number\*

Company Name\* I work for a\*

Please Select

Please Select

Job Title I am a\*

Please select your nearest Seasons Hospice & Palliative Care Location\*

If you are not located near one of these locations, please select "I do not have a nearby Seasons Hospice Location."

Please Select

I'm applying for the following type of CE/CME:\*

O RN, LPN, or LVN

O Social Work

O Long Term Care Administrator

582

### **SEASONS HOSPICE & PALLIATIVE CARE**

Linds of the dual bachelor's degrees in psychology and women's studies of the yola University of Chicago. She went on to earn her Master of Lat Work from Loyola University School of Social Work where graduate clinical training at Northwestern Cospil Ceriatric Outpatient Clinic and the Prentice

Women's Hospital - Neonatal Intensive Care Unit in Chicago, Illinois. Lindsey is a licensed clinical social worker. Since 2007, Lindsey has been part of the Seasons Hospice & Palliative Care national network with special responsibilities related to inpatient hospice, clinical supervision, quality measures and continuous improvement, interdisciplinary groups, ethics, and leadership. She began with a role as an inpatient school worker and has had opportunities in promotion across leadership positions in supportive care, education and quality. Presently, Lindsey serves the National organization as the Director of Quality & Training. She celebrates the completion of her graduate work at Northwestern University in healthcare quality and patient safety this year. Her capstone work centered on suicide prevention in the hospice setting. In 2020, Lindsey was confirmed to NHPCO's Next Generation Leadership council that empowers young leaders to provide input and guidance to assist NHPCO in meeting the needs of young professionals in hospice and palliative care, while developing the next generation of hospice leaders. Lindsey resides in Portland, Oregon.

- O Physician, Nurse Practitioner, or Physician Assistant
- O I am not taking this course for credit

RESIDENCE

Seasons Healthcare Management Inc., dba Seasons Hospice & Palliative Care #1237, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Seasons Hospice & Palliative Care maintains responsibility for this course. ACE provider approval period: 1/20/2019-1/20/2022.

Social workers completing this course receive 1 hour of continuing education credits. Seasons Hospice & Palliative Care is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Provider # P0355,

This activity is pending approval for one hour of CME via the American Academy of Family Physicians.

This activity is approved for one hour of CE via the National Association of Long Term Care Administrator Boards.

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### LATEST NEWS & EVENTS

- Proctical tips for being apart yer together dome the holidays
- Copult, Dillimit the Floridays and a Pantismin; 9 Strategies from # Grinf & Binouvement Espert
- How to Support a Grieving Loved One-via Toka According to a Gricf and Belteayemen.
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- A Message to Our Community

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#### ABOUT SEASONS

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# CE: CULTURAL CONSIDERATIONS FOR SUPPORTING BLACK/AFRICAN AMERICAN PATIENTS AT THE END OF LIFE

### Cultural Considerations for Supporting Black/African American Patients at the End of Life

This course is eligible for 1 credit hour of CE/CME for RN's, LPN's, LVN's, MDs, DOs, PAs, NPs, Social Workers, and Long Term Care Administrators,

### Instructions

To earn CE/CME/NAB credit for this offering, you must enter in your information on the video below to obtain access, and then watch to the end of the video. Please plan on setting aside one whole hour to watch the video, as you must watch in one sitting. You may pause and restart the video, but if you close the page, you will have to begin the training again.

### Your Certificate

Once the video has finished, you will be able to access our 5-10 minute postevent survey which will allow you to enter in your information to receive your certificate. Please email communityeducation@seasons.org with questions.



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### Course Description:

The African American community utilizes hospice care at significantly lower rates than other groups in the United States. This course will help attendees identify barriers to care for Black/African American patients and families, give examples of possible communication norms and considerations of imminent dying and at death, and use best practices and considerations for advance care planning with Black/African American patients and families.

### Presenter Information:

Nicole McCann-Davis is the National Director of Communications and Multicultural Affairs for Seasons Hospice & Palliative Care. Since joining Seasons in 2016, Nicole has helped to further develop Seasons' cultural inclusion efforts and education for staff and the many communities we serve. Prior to joining Seasons, Nicole worked in the television production industry before joining McDonald's Corporation in an internal communications role. Nicole was first introduced to hospice as a volunteer. Nicole earned her Bachelor of Science from Columbia College Chicago, and her Master of Communications from Northwestern University. She currently serves as a board member of the Seasons Hospice Foundation, and holds a Certificate in Diversity and Inclusion Leadership from Cornell University.



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## CE: THE CLINICAL PATH OF COVID-19

### The Clinical Path of COVID-19

This course is eligible for 1 credit hour of CE for RN's, LPN's, LVN's, and Social Workers.

### Instructions

To earn CE credit for this offering, you must enter in your information on the video below to obtain access, and then watch to the end of the video. Please plan on setting aside one whole hour to watch the video, as you must watch in one sitting. You may pause and restart the video, but if you close the page, you will have to begin the training again.

### Your Certificate

Once the video has finished, you will be able to access our 5-10 minute postevent survey which will allow you to enter in your information to receive your certificate. Please email *communityeducation@seasons.org* with questions.



T

### Course Description:

Clinicians have come a long way in a few short months in their understanding of how COVID-19 affects the body. Join Seasons Hospice & Palliative Care for 1 hour of Continuing Education that discusses recent research, clinical care considerations, and CDC guidelines for the discontinuation of isolation in various settings.

### Presenter Information:

- · Donna Hyatt, Vice President of Quality and Field Compliance for Seasons Hospice & Palliative Care
- Jennifer Nycz, MSN, RN, CHPN, Senior Vice President of Clinical Operations for Seasons Hospice & Palliative Care
- · Dr. Balu Natarajan, MD, Chief Medical Officer for Seasons Hospice & Palliative Care and the President of Seasons Medical Group



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# CONSIDERATIONS IN THE TIME OF COVID-19

### Advanced Directives & Cultural Considerations in the Time of COVID-19

This course is eligible for 1 credit hour of CE for RN's, LPN's, LVN's, and Social Workers.

### Instructions

To earn CE credit for this offering, you must enter in your information on the video below to obtain access, and then watch to the end of the video. Please plan on setting aside one whole hour to watch the video, as you must watch in one sitting. You may pause and restart the video, but if you close the page, you will have to begin the training again.

### Your Certificate

Once the video has finished, you will be able to access our 5-10 minute postevent survey which will allow you to enter in your information to receive your certificate. Please email *communityeducation@seasons.org* with questions.



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### Course Description:

As the coronavirus pandemic nears its peak around the United States, clinicians and healthcare workers in all settings will need to have the skills to guide patients through creating advance care plans that fit their wishes, beliefs, and circumstances. One of the key considerations to facilitating advance care planning discussions is a firm understanding of the impact that COVID-19 is having on different communities and cultures. Join Seasons for an engaging hour-long look at how to facilitate advance directive conversations in a time of coronavirus.

### Presenter Information:

- Joshua Magariel, LCSW, National Director of Patient Experience at Seasons Hospice & Palliative Care.
- · Nicole McCann-Davis, National Director of Communications and Multicultural Affairs for Seasons Hospice & Palliative Care



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1 (855) 812 1136

## CE: SUPPORT THROUGH THE COVID-19 PANDEMIC

## How Healthcare Workers Can Still Create Connections in a Time of Social Distancing

This course is eligible for 1 credit hour of CE for RN's, LPN's, LVN's, and Social Workers.

### Instructions

To earn CE credit for this offering, you must enter in your information on the video below to obtain access, and then watch to the end of the video. Please plan on setting aside one whole hour to watch the video, as you must watch in one sitting. You may pause and restart the video, but if you close the page, you will have to begin the training again.

### Your Certificate

Once the video has finished, you will be able to access our 5-10 minute postevent survey which will allow you to enter in your information to receive your certificate. Please email communityeducation@seasons.org with questions.



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### Course Description:

Social distancing is helping limit the spread of the COVID-19, but for seniors and those who live alone it can present challenges from lack of interaction and isolation. Healthcare workers can help support this vulnerable community by finding ways to mitigate the implications of social distancing and recognize capacity to overcome barriers to care. Attendees will: 1) Will identify differences between social distancing, spatial distancing, and emotional distancing 2) Will understand potential risk areas (emotional, physical, cognitive, spiritual) for patients and families, and their relationship to trauma and complicated grief responses 3) Will learn creative ways to mitigate the implications of social distancing and recognize capacity to overcome barriers to care The information presented was accurate as of the time of the original presentation (4/3/20), but the situation with the Coronavirus is rapidly changing and we encourage healthcare professionals to continue to work with their local hospice teams to ensure they are following the most up-to-date guidance and best practice.

### Presenter Information:

Yelena Zatulovsky, LCAT, LPMT, MA, MT-BC, CCLS, HPMT, Vice President of Patient Experience at Seasons Hospice & Palliative Care Rev. Travis C. Overbeck, M.Div., Chaplain at Seasons Hospice & Palliative Care



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1 (855) 912-1138

# CE: THIS IS HARD! MY FACILITY IS IN LOCKDOWN AND I'M STRUGGLING

## This is Hard! My Facility is in Lockdown and I'm Struggling

This is an informational course and is not offered for credit.

### Course Description:

Assisted Living Facilities and Skilled Nursing Facilities are entering their third month of COVID-19 lockdown. Staff can feel burned out and filled with worry about how to best support their residents and patients, many of whom are missing their families who cannot visit. Join experts from Seasons Hospice & Palliative Care for a 30-minute session that will go over some helpful resiliency tips for all professionals who work in the facility setting, as well as concrete ways you can support your patients and residents through the distancing required by coronavirus.

### Presenter Information:

- 0
- Yelena Zatulovsky, LCAT, MA, MT-BC, CCLS, HPMT, is the Vice President of Patient Experience at Seasons Hospice & Palliative Care.
- Sarah McKinnon, MA, is the Senior Vice President of Employee Engagement and Organizational Design

38:43

Please click here to view a copy of the slides.

Click here for the Resiliency Worksheet referenced in the presentation.

Please email communityeducation@seasons.org with questions.



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1 (055) 812-1188

## WEBINAR: COVID-19 & PTSD

## COVID-19 & PTSD: Preserving Self-Care While Managing Symptoms of PTSD During Patient Care

This is an informational course and is not offered for credit. This course can be completed by everyone, but is recommended for CNAs.

### Course Description:

Certified Nursing Aides and Home Health Aides are a critical part of the post-acute care team. Their love, tenderness, and tireless care make all the difference for those who are seriously ill. We want to thank and honor our Nursing Assistant heroes! This course is focused on their mental health and the mental health of their patients and residents.

### Presenter Information:

TT

Roberta Gule, BSN, RN, CHPN, Learning and Development-RN Training Specialist at Seasons Hospice & Palliative Care

Welcome to Seasons Hospion & Palliative Care's On-Demand Continuing Education Pletform

Email address \*

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Step 1 of 2

Please click here to view a copy of the slides.

Please email communityeducation@seasons.org with questions.

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589

## **EXHIBIT 23**

## **Checkster Quality Survey Tool**



Pulse Checki	up - PREVIEW MODE
1. In order to provide the best possible work environmen	nt, what is the top area on which Seasons needs to focus? *
Benefits	
Compensation	
Culture	
Job Expectations	
Management	
Training	
Technology	
Work/Life Balance	
Select up to two solutions that you believe would impr	ove work/culture at your program. *
Increased Employee Recognition	
Opportunities for Growth	
Additional Training & Development	
Team Building	
Additional Comments (Optional):	

5. Select up to three barriers that prevent you fr	rom doing your job as well as you'd like. *
Insufficient Training	
Lack of Support	
Poor Work / Life Balance	
Technology Issues	
High Work Load	
Travel / Commute / Coverage Area	
<ul> <li>Insufficient Communication with Management</li> </ul>	
Staffing	
5. Additional Comments (Optional):	
	our loved one? *
V. Would you recommend Seasons to care for your seasons to care for yo	our loved one?*
○ Yes	
O Yes O No	
<ul><li>Yes</li><li>No</li><li>If you answered "No" to the question above, h</li></ul>	how can Seasons improve?
Yes     No     If you answered "No" to the question above, h  Would you refer a good friend to join the Seas	how can Seasons improve?
Yes  No  No  If you answered "No" to the question above, he  Would you refer a good friend to join the Seas	how can Seasons improve?
Yes No No If you answered "No" to the question above, he Would you refer a good friend to join the Seas Yes No	now can Seasons improve? sons team? *
Yes  No  No  If you answered "No" to the question above, he would you refer a good friend to join the Season Yes	now can Seasons improve? sons team? *

11. How supported do you feel by your team?*	
Very Supported	
Somewhat Supported	
Unsupported	
12. Additional Comments (Optional):	
	A.
13. Do you feel supported by your direct supervisor? *	
Very Supported	
Somewhat Supported	
Unsupported	
14. Additional Comments (Optional):	
	.te
15. Do you trust your Leadership team? *	
○ Yes	
Somewhat	
○ No	
6. Additional Comments (Optional):	
	Ø.
7. Do you believe Leadership takes Ownership of creating the	e best possible work environment? *
Somewhat	
○ No	

<ol><li>Do you believe Seasons is delivering</li></ol>	on their Mission, Vision and Values? *	
O Yes		
Somewhat		
O No		
20. Additional Comments (Optional):		
21. What is your job title? (Optional)		
22. Please select your location: *		
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- A2		
© CA-LA	© CA - Orange	
○ CA-LA	CA - Orange	
CA - LA CA - Sacramento	CA - Orange  CA - San Bernardino	
CA - LA CA - Sacramento CA - San Diego	CA - Orange CA - San Bernardino CO	
CA - LA CA - Sacramento CA - San Diego CT	CA - Orange  CA - San Bernardino  CO  DE	
CA - LA CA - Sacramento CA - San Diego CT FL -Broward	CA - Orange  CA - San Bernardino  CO  DE  FL - Miami	
CA - LA CA - Sacramento CA - San Diego CT FL -Broward GA	CA - Orange  CA - San Bernardino  CO  DE  FL - Miami	
CA - LA CA - Sacramento CA - San Diego CT FL -Broward GA	CA - Orange  CA - San Bernardino  CO  DE  FL - Miami  IL	
CA - LA CA - Sacramento CA - San Diego CT FL -Broward GA IN MA	CA - Orange  CA - San Bernardino  CO  DE  FL - Miami  IL  MD  MI	
CA - LA CA - Sacramento CA - San Diego CT FL -Broward GA IN MA MO	CA - Orange  CA - San Bernardino  CO  DE  FL - Miami  IL  MD  MI  National	
CA - LA CA - Sacramento CA - San Diego CT FL -Broward GA IN MA MO NV	CA - Orange  CA - San Bernardino  CO  DE  FL - Miami  IL  MD  MI  National	

Business Development	Business Operations	
Call Center	Clinical Operations	
Communications	Continuous Care	
Education & Quality	Executive	
Finance	HIIM	
HR	<b>○</b> IT	
Legal	Physician & NP	
Supportive Care		

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## **EXHIBIT 24**

## Surveys of Seasons Hospice Agencies Requiring Corrective Action Plans, 2018-2020



### **Final Accreditation Report**

Seasons Hospice & Palliative Care of Arizona, LLC 2020 N. Central Ave., Suite 170 Phoenix, AZ 85004

Organization Identification Number: 518412 60-day Evidence of Standards Compliance Submitted: 4/6/2018

ESC Programs Reviewed
Home Care

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## The Joint Commission Executive Summary

Program	Submit Date	Event Outcome	Follow-up Activity	Follow-up Time Frame or Submission Due Date
Home Care		No Requirements for Improvement	None	None

# The Joint Commission The Centers for Medicaid and Medicare Services (CMS) Summary

CoP(s)	Tag	CoP Score	
§418.100	L649	Compliant	
§418.100(b)	L651	Compliant	
§418.104	L670	Compliant	
§418.104(a)(3)	L674	Compliant	
§418.113	L	Compliant	
§418.54	L520	Compliant	
§418.54(c)(7)	L531	Compliant	
§418.56	L538	Compliant	
§418.56(c)(3)	L548	Compliant	
§418.56(c)(4)	L549	Compliant	
§418.56(d)	L553	Compliant	
§418.64	L587	Compliant	
§418.64(c)	L594	Compliant	

# The Joint Commission Requirements for Improvement Summary

Standard	Level of Compliance
EM.02.01.01	Compliant
HR.01.01.01	Compliant
IC.02.02.01	Compliant
<u>IM.02.02.01</u>	Compliant
LD.01.03.01	Compliant
PC.01.02.01	Compliant
PC.01.03.01	Compliant
RC.02.01.01	Compliant

## Appendix

### **Standard and EP Text**

Standard	EP	Standard Text	EP Text
EM.02.01.01	2	The organization has an Emergency Operations Plan.  Note: The organization's Emergency Operations Plan (EOP) is designed to coordinate its communications, resources and assets, staff responsibilities, utilities, and patient clinical and support activities during an emergency (refer to Standards EM.02.02.01, EM.02.02.03, EM.02.02.07, EM.02.02.09, and EM.02.02.11). Although emergencies have many causes, the effects on these areas of the organization and the required response effort may be similar. This "all hazards" approach supports a general response capability that is sufficiently nimble to address a range of emergencies of different duration, scale, and cause. For this reason, the plan's response procedures address the prioritized emergencies but are also adaptable to other emergencies that the organization may experience.	The organization has a written Emergency Operations Plan that describes the response procedures to follow when emergencies occur. (See also EM.03.01.03, EP 5 and EP 19)  Note 1: The response procedures address the prioritized emergencies but can also be adapted to other emergencies that the organization may experience. Response procedures could include the following:  - Maintaining or expanding services  - Conserving resources  - Curtailing services  - Helping patients and families develop a home emergency plan  - Educating them about self-care and sources of alternative care in the community  - Coordinating home visits from another agency office or alternative care site in the community  - Supplementing resources from outside the local community  - Curtailing admissions of new patients  Note 2: These expectations do not require the organization to expand services to new patients or evacuate patients from their homes.  Organizations that do not provide 24-hour care may plan to close in response to an emergency; their activities may be focused on notification and communication to patients and their families, and strategies for resuming service following an emergency.
HR.01.01.01	3	The organization defines and verifies staff qualifications.	The organization verifies and documents that the applicant has the education and experience required by the job responsibilities.
IC.02.02.01	4	The organization reduces the risk of infections associated with medical equipment, devices, and supplies.	The organization implements infection prevention and control activities when doing the following: Storing medical equipment, devices, and supplies. (See also EQ.01.01.01, EP 9; EQ.01.05.01, EPs 1–5)
IM.02.02.01	3	The organization effectively manages the collection of health information.	The organization follows its list of prohibited abbreviations, acronyms, symbols, and dose designations, which includes the following: - U,u - IU - Q.D., QD, q.d., qd - Q.O.D., QOD, q.o.d, qod - Trailing zero (X.0 mg)

Standard	EP	Standard Text	EP Text
			- Lack of leading zero (.X mg) - MS - MSO4 - MgSO4 Note 1: A trailing zero may be used only when required to demonstrate the level of precision of the value being reported, such as for laboratory results, imaging studies that report the size of lesions, or catheter/tube sizes. It may not be used in medication orders or other medication-related documentation. Note 2: The prohibited list applies to all orders, preprinted forms, and medication-related documentation. Medication-related documentation can be either handwritten or electronic.
LD.01.03.01	12	Governance is ultimately accountable for the safety and quality of care, treatment, or services.	For home health agencies and hospices that elect to use The Joint Commission deemed status option: The organization has a governing body that assumes full legal authority and responsibility for the overall operation of the organization.  For home health agencies that elect to use The Joint Commission deemed status option: Overall operation of the organization includes provision of services, fiscal operations, review of the agency's budget and operational plans, and its quality assessment and performance improvement (QAPI) program.
PC.01.02.01	7	The organization assesses and reassesses its patients.	The hospice's written definition of information the organization collects during assessment and reassessment includes the following:  The severity of symptoms Factors that alleviate or exacerbate physical symptoms The comfort level of a patient who chooses not to take nutrition therapy Patient and family spiritual orientation, including their desire for the involvement of a religious group Spiritual concerns or needs identified by the patient or family, such as despair, suffering, guilt, and forgiveness Patient and family involvement in a support group, if any Additional information about the patient's psychosocial status, such as family relationships, social history, the source and adequacy of environmental and other resources, coping mechanisms, and the patient's and family's reactions to illness The need for volunteer services to offer support or respite to the patient, family, or other caregivers The need for an alternative setting or level of care Anticipated discharge needs, including bereavement and funeral needs Survivor risk factors, such as the nature of the relationship with the patient, circumstances surrounding the death, behaviors before and after the death, availability of coping mechanisms, and potential for pathological

Standard	EP	Standard Text	EP Text
			grief reactions - For hospices that elect to use The Joint Commission deemed status option: Cultural factors that may impact the patient's and family's ability to cope with the patient's death - For hospices that elect to use The Joint Commission deemed status option: The need for referral to and evaluation by other health professionals
PC.01.03.01	18	The organization plans the patient's care.	For hospices that elect to use The Joint Commission deemed status option: The plan of care includes all services needed for the palliation and management of the terminal illness and related conditions, including the following:  - Interventions to manage pain and symptoms  - A statement of the scope and frequency of the services necessary to meet the patient's and family's needs  - Measurable outcomes anticipated from implementing and coordinating the plan of care  - Medications and treatment necessary to meet the patient's needs  - Medical supplies and appliances necessary to meet the patient's needs
PC.01.03.01	32	The organization plans the patient's care.	For hospices that elect to use The Joint Commission deemed status option: The plan of care revisions are based on information from updates to the patient's comprehensive assessment and address the patient's progress toward goals and outcomes.
PC.01.03.01	35	The organization plans the patient's care.	For hospices that elect to use The Joint Commission deemed status option: Medical social services are based on the patient's psychosocial assessment, the patient's and family's needs, and their acceptance of these services.
RC.02.01.01	2	The patient record contains information that reflects the patient's care, treatment, or services.	The patient record contains the following clinical information:  - Any medications administered, including dose  - Any activity restrictions  - Any changes in the patient's condition  - Any summaries of the patient's care, treatment, or services furnished to the patient's physician or licensed independent practitioner(s)  - The patient's medical history  - Any allergies to medications  - Any adverse drug reactions  - The patient's functional status  - Any diet information or any dietary restrictions  - Diagnostic and therapeutic tests, procedures, and treatments, and their results  - Any specific notes on care, treatment, or services  - The patient's response to care, treatment, or services

Standard E	EP	Standard Text	EP Text
			<ul> <li>Any assessments relevant to care, treatment, or services</li> <li>Physician orders</li> <li>Any information required by organization policy, in accordance with law and regulation</li> <li>A list of medications, including dose, strength, frequency, route, date and time of administration for prescription and nonprescription medications, herbal products, and home remedies that relate to the patient's care, treatment, or services</li> <li>The plan(s) of care</li> <li>For DMEPOS suppliers serving Medicare beneficiaries: The DMEPOS prescription, any certificates of medical necessity (CMN), and pertinent documentation from the beneficiary's prescribing physician. (See also PC.01.02.01, EP 1; PC.01.03.01, EP 23)</li> <li>Note 1: For organizations that provide personal care and support services: The plan of care may be a part of the service agreement or service contract, a list of duties to be carried out by the personal care or support service staff, or another separate document.</li> <li>Note 2: For organizations that provide personal care and support services: The patient record contains the documentation on the list noted above that applies to the care, treatment, or services provided by the personal care and support staff.</li> </ul>



### **Final Accreditation Report**

Seasons Hospice & Palliative Care of Arizona, LLC 2020 N. Central Ave., Suite 170 Phoenix, AZ 85004

Organization Identification Number: 518412 Unannounced Full Event: 1/30/2018 - 2/2/2018

Program Surveyed
Home Care

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# The Joint Commission Executive Summary

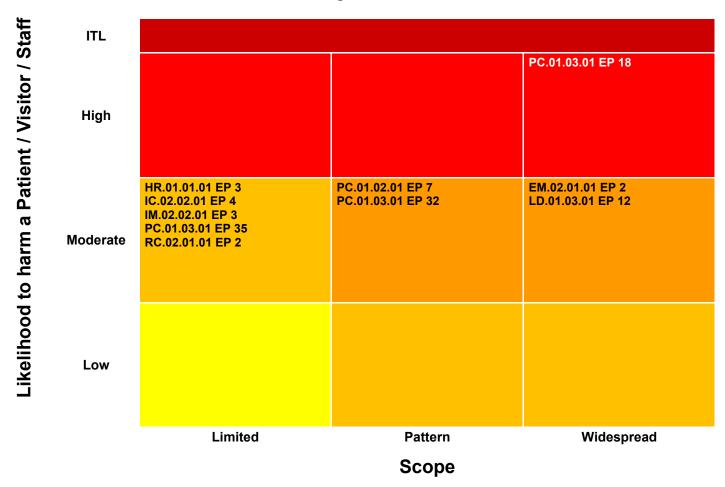
Program	Survey Dates	Event Outcome	Follow-up Activity	Follow-up Time Frame or Submission Due Date
Home Care	01/30/2018 - 02/02/2018	Requirements for Improvement	Clarification (Optional)	Submit within 10 Business Days from the final posted report date
			Unannounced Medicare Deficiency Survey	Survey within 45 Calendar Days from the last day of survey
			Evidence of Standards Compliance (ESC)	Submit within 60 Calendar Days from the final posted report date

# The Joint Commission What's Next - Follow-up Activity

**Program: Home Care** 

Standard	EP	SAFER™ Placement	СоР	Tag	Included in the Medicare Deficiency Survey (within 45 Calendar Days)	Included in the Evidence of Standard Compliance (within 60 calendar days)
EM.02.01.01	2	Moderate / Widespread	§418.113 (a)(2)	<u>L</u>		✓
HR.01.01.01	<u>3</u>	Moderate / Limited				✓
IC.02.02.01	<u>4</u>	Moderate / Limited				<b>√</b>
<u>IM.02.02.01</u>	3	Moderate / Limited				<b>√</b>
LD.01.03.01	<u>12</u>	Moderate / Widespread	§418.100 (b)	<u>L651</u>		<b>√</b>
PC.01.02.01	7	Moderate / Pattern	§418.54 (c)(7)	<u>L531</u>	✓	<b>√</b>
			<u>§418.54</u>	<u>L521</u>		<b>~</b>
PC.01.03.01	<u>18</u>	High / Widespread	§418.56 (c)(4)	<u>L549</u>	✓	<b>√</b>
			§418.56 (c)(3)	<u>L548</u>	✓	<b>√</b>
			<u>§418.56</u>	<u>L538</u>	✓	×
	<u>32</u>	Moderate / Pattern	§418.56 (d)	<u>L553</u>	✓	<b>√</b>
	<u>35</u>	Moderate / Limited	§418.64 (c)	<u>L594</u>		✓
RC.02.01.01	2	Moderate / Limited	§418.104 (a)(3)	<u>L674</u>		~

## The Joint Commission SAFER™ Matrix



# The Joint Commission The Centers for Medicaid and Medicare Services (CMS) Summary

**Program: Home Care** 

CoP(s)	Tag	CoP Score	Corresponds to:	
§418.54	<u>L520</u>	Condition	OME/PC.01.02.01/EP7	
§418.54(c)(7)	<u>L531</u>	Standard	OME/PC.01.02.01/EP7	
<u>§418.64</u>	<u>L587</u>	Standard		
§418.64(c)	<u>L594</u>	Standard	OME/PC.01.03.01/EP35	
<u>§418.100</u>	<u>L649</u>	Standard		
§418.100(b)	<u>L651</u>	Standard	OME/LD.01.03.01/EP12	
<u>§418.56</u>	<u>L538</u>	Condition	OME/PC.01.03.01/EP18	
§418.56(c)(3)	<u>L548</u>	Standard	OME/PC.01.03.01/EP18	
§418.56(c)(4)	<u>L549</u>	Standard	OME/PC.01.03.01/EP18	
§418.56(d)	<u>L553</u>	Standard	OME/PC.01.03.01/EP32	
<u>§418.104</u>	<u>L670</u>	Standard		
§418.104(a)(3)	<u>L674</u>	Standard	OME/RC.02.01.01/EP2	
<u>§418.113</u>	<u>L</u>	Standard		
§418.113(a)(2)	<u>L</u>	Standard	OME/EM.02.01.01/EP2	

# The Joint Commission Requirements for Improvement

**Program: Home Care** 

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
EM.02.01.01	2	Moderate Widespread	The organization has a written Emergency Operations Plan that describes the response procedures to follow when emergencies occur. (See also EM.03.01.03, EP 5 and EP 19) Note 1: The response procedures address the prioritized emergencies but can also be adapted to other emergencies that the organization may experience. Response procedures could include the following:  - Maintaining or expanding services  - Conserving resources  - Curtailing services  - Helping patients and families develop a home emergency plan  - Educating them about selfcare and sources of alternative care in the community  - Coordinating home visits from another agency office or alternative care site in the community  - Supplementing resources from outside the local community  - Curtailing admissions of new patients	1). Observed in Emergency Management Session at Seasons Hospice & Palliative Care of Arizona, LLC (2020 N. Central Ave., Suite 170, Phoenix, AZ) site . In 4 of 4 home visits conducted, During a review of the emergency management plan, interview with patient families and patient record review, the surveyor noted that the organization did not have a plan for helping patients and families develop a home emergency plan - Educating them about self-care and sources of alternative care in the community - Coordinating home visits from another agency office or alternative care site in the community - Supplementing resources from outside the local community. The surveyor noted that the organization had a patient triage process; however the patients and or facility staff were not provided with emergency planning resources, and the records did not include any evidence that an emergency plan was prepared. for each patient. For example, on HV#4, the surveyor noted that the patient was being cared for by an overwhelmed caregiver and that the patient had enteral feedings, wound care needs and required a Hoyer lift transfer out of bed. The caregiver indicated that she would "call 911" in an emergency and verified that		Standard

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
			Note 2: These expectations do not require the organization to expand services to new patients or evacuate patients from their homes. Organizations that do not provide 24-hour care may plan to close in response to an emergency; their activities may be focused on notification and communication to patients and their families, and strategies for resuming service following an emergency.	she was not provided information about what to do in a natural disaster emergency. The surveyor noted that neither the patient home record or the office record had included a plan for natural disaster. This was confirmed with the clinical director.		
HR.01.01.01	3	Moderate Limited	The organization verifies and documents that the applicant has the education and experience required by the job responsibilities.	1). Observed in Competency Session at Seasons Hospice & Palliative Care of Arizona, LLC (2020 N. Central Ave., Suite 170, Phoenix, AZ) site . The surveyor noted that the file of the chaplain hired in December 2016, did not include verification that the education required was verified. The job description indicated that " a bachelors degree, credentialed in a religious sect and one CPE unit" were required and it was not verified. This was confirmed with the business operations director.		
IC.02.02.01	4	Moderate Limited	The organization implements infection prevention and control activities when doing the following: Storing medical equipment, devices, and supplies. (See also EQ.01.01.01, EP 9; EQ.01.05.01, EPs 1–5)	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Arizona, LLC (2020 N. Central Ave., Suite 170, Phoenix, AZ) site . During a visit to the patient in a hospital receiving general inpatient level of care (HV#1), the surveyor noted that the nurse placed her bag directly on top of the waste disposal container, without a barrier as		

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
				required by policy. She then proceeded to the nurses station and placed her bag on the nurse's station counter without a barrier or cleaning the bag. This was confirmed with the team director.		
IM.02.02.01	3	Moderate Limited	The organization follows its list of prohibited abbreviations, acronyms, symbols, and dose designations, which includes the following:  - U,u  - IU  - Q.D., QD, q.d., qd  - Q.O.D., QOD, q.o.d, qod  - Trailing zero (X.0 mg)  - Lack of leading zero (.X mg)  - MS  - MSO4  - MgSO4  Note 1: A trailing zero may be used only when required to demonstrate the level of precision of the value being reported, such as for laboratory results, imaging studies that report the size of lesions, or catheter/tube sizes. It may not be used in medication orders or other medication-related documentation.  Note 2: The prohibited list applies to all orders, preprinted forms, and medication-related documentation. Medication-related documentation. Medication-related documentation can be either handwritten or	1). Observed in Record Review at Seasons Hospice & Palliative Care of Arizona, LLC (2020 N. Central Ave., Suite 170, Phoenix, AZ) site . In 2 of 14 patient records reviewed, During a review of the patient record (RR#1), the surveyor noted that the initial hand written medication orders included the entry of "QD" for five different medications. Also, in (RR#10), the surveyor noted a written order for Lasix 40 mg. po "QD". The organizational policy prohibits the abbreviation and required that it be written as daily.		

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
			electronic.			
LD.01.03.01	12	Moderate Widespread	For home health agencies and hospices that elect to use The Joint Commission deemed status option: The organization has a governing body that assumes full legal authority and responsibility for the overall operation of the organization. For home health agencies that elect to use The Joint Commission deemed status option: Overall operation of the organization includes provision of services, fiscal operations, review of the agency's budget and operational plans, and its quality assessment and performance improvement (QAPI) program.	1). Observed in Record Review at Seasons Hospice & Palliative Care of Arizona, LLC (2020 N. Central Ave., Suite 170, Phoenix, AZ) site. In 9 of 14 patient records reviewed, The Nurse Surveyor observed during the survey activities, observations, documentation, and staff interviews that the governing body and leadership had not assumed responsibility for ensuring compliance with the CMS Conditions of Participation:418.56.	§418.100(b)	Standard
PC.01.02.01	7	Moderate Pattern	The hospice's written definition of information the organization collects during assessment and reassessment includes the following:  - The severity of symptoms - Factors that alleviate or exacerbate physical symptoms - The comfort level of a patient who chooses not to take nutrition therapy - Patient and family spiritual orientation, including their desire for the involvement of a religious group - Spiritual concerns or needs	1). Observed in Record Review at Seasons Hospice & Palliative Care of Arizona, LLC (2020 N. Central Ave., Suite 170, Phoenix, AZ) site. During a review of the medical record (RR#9), the surveyor noted that an initial bereavement risk assessment had not been completed within five days of admission or after, until the patient expired on the tenth day. This was confirmed with the clinical director.	§418.54(c)(7)	Standard

Standard EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
		identified by the patient or family, such as despair, suffering, guilt, and forgiveness - Patient and family involvement in a support group, if any - Additional information about the patient's psychosocial status, such as family relationships, social history, the source and adequacy of environmental and other resources, coping mechanisms, and the patient's and family's reactions to illness - The need for volunteer services to offer support or respite to the patient, family, or other caregivers - The need for an alternative setting or level of care - Anticipated discharge needs, including bereavement and funeral needs - Survivor risk factors, such as the nature of the relationship with the patient, circumstances surrounding the death, behaviors before and after the death, availability of coping mechanisms, and potential for pathological grief reactions - For hospices that elect to use The Joint Commission deemed status option: Cultural factors that may impact the patient's and			

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Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
			family's ability to cope with the patient's death - For hospices that elect to use The Joint Commission deemed status option: The need for referral to and evaluation by other health professionals			
				2). Observed in Record Review at Seasons Hospice & Palliative Care of Arizona, LLC (2020 N. Central Ave., Suite 170, Phoenix, AZ) site. In 4 of 14 patient records reviewed, During a review of the patient record (RR#1) the surveyor noted that a spiritual needs assessment was no completed. In (RR#3), the surveyor noted that the initial assessment did not include either a psychosocial or spiritual assessment. The surveyor noted that the specific assessment forms in the electronic medical record were not completed as required, by either the social worker or the chaplain. Also, in (RR#8), the social worker noted that the family requested that the initial assessment be deferred; however there was no evidence that an assessment was completed when the social worker visited the following month. This was confirmed with the clinical director.	§418.54	Standard
PC.01.03.01	18	High Widespread	For hospices that elect to use The Joint Commission deemed status option: The plan of care includes all services needed for the palliation and management of the terminal illness and	1). Observed in Record Review at Seasons Hospice & Palliative Care of Arizona, LLC (2020 N. Central Ave., Suite 170, Phoenix, AZ) site . During a review of the record (RR#5), the surveyor noted that the patient was receiving enteral	§418.56(c)(4)	Standard

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
			related conditions, including the following: - Interventions to manage pain and symptoms - A statement of the scope and frequency of the services necessary to meet the patient's and family's needs - Measurable outcomes anticipated from implementing and coordinating the plan of care - Medications and treatment necessary to meet the patient's needs - Medical supplies and appliances necessary to meet the patient's needs	feedings; however there was no order or information on the plan of care about the specific nutritional supplements/diet orders. Also, the care plan did not indicate if the patient was receiving oral feedings or was NPO. This was confirmed with the director.		
				2). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Arizona, LLC (2020 N. Central Ave., Suite 170, Phoenix, AZ) site. In 8 of 14 patient records reviewed, During a visit tracer (HV#3), the surveyor noted that the plan of care did not include measurable outcomes for managing dyspnea, and hypertension and did not specify who was monitoring blood pressure and pulse. The medication orders for Isosorbide included instructions to hold if blood pressure less than 100 or pulse less than 60. Also, the patient had a c-pap machine near the bed side and confirmed that she uses it at night; however it was not included on the care plan. On (HV#4), the surveyor noted that the plan of care did not include measurable	§418.56(c)(3)	Standard

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
				outcomes for the care of a stage two leg wound, nausea and vomiting related to enteral feedings and diabetes managing that included daily insulin dosing. Also, the surveyor noted that the bereavement risk was scored as "high"; however there was no plan of care with measurable outcomes for addressing grief. IN (RR#1), the care plan for dyspnea did not include measurable outcomes or interventions including the use of C-Pap and nebulizers for symptom relief. The care plan did not include specific orders for the size of the Foley catheter. Also, it did not include measurable outcomes for dyspnea. In (RR#3), the care plan did not include measurable outcomes for managing neuropathic pain, or management of a wound. In (RR#5) the plan of care did not include measurable outcomes for communication, dyspnea and nutrition. In (RR#6) the plan of care did not include measurable outcomes for anxiety. And in (RR#7) the plan of care did not include measurable outcomes for anxiety, dyspnea and oxygen safety. Also, the care plan did not include the patient's use of Bi-pap. This was confirmed with the director.		
				3). Observed in Record Review at Seasons Hospice & Palliative Care of Arizona, LLC (2020 N. Central Ave., Suite 170, Phoenix, AZ) site. In (RR#2) the plan of care did not indicate who was managing the	§418.56	Condition

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
				blood pressure. The medication orders indicated that the Telnesartin was to be held if the blood pressure was <110; however it did not indicate who was monitoring the blood pressure. This was confirmed with the clinical director.		
PC.01.03.01	32	Moderate Pattern	For hospices that elect to use The Joint Commission deemed status option: The plan of care revisions are based on information from updates to the patient's comprehensive assessment and address the patient's progress toward goals and outcomes.	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Arizona, LLC (2020 N. Central Ave., Suite 170, Phoenix, AZ) site. In 3 of 14 patient records reviewed, During a review of the patient record (HV#2), the surveyor noted that the care plan was not updated to include a change in the patient's diet from mechanical soft to pureed. The surveyor noted that the recertification assessment indicated the diet had changed. Also, on (RR#2) the care plan was not revised to include management of hypotension. the surveyor noted that the visit notes included information about orthostatic hypotension with blood pressure readings ranging from 85/52 to 101/54. Also, in (HV#4,) the interdisciplinary team updates did not include information about the status of the wound and progress of the wound care. The assessment indicated that the patient had a new stage 2, wound; however the care plan did not include outcome measures for managing the progress of the wound. This was confirmed with the clinical director.	§418.56(d)	Standard
PC.01.03.01	<u>35</u>	Moderate Limited	For hospices that elect to use The Joint Commission deemed status option:	Observed in Record Review at Seasons Hospice & Palliative Care of Arizona, LLC (2020 N. Central	§418.64(c)	Standard

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
			Medical social services are based on the patient's psychosocial assessment, the patient's and family's needs, and their acceptance of these services.	Ave., Suite 170, Phoenix, AZ) site . During a review of the patient record (RR#1), the surveyor noted that the social worker identified the bereaved and documented that the bereaved did not participate in the assessment; however there was no evidence that a psycho-social care plan included the need for a bereavement assessment follow-up with the patient's son who was also the patient's paid caregiver. This was confirmed with the clinical director.		
RC.02.01.01	2	Moderate Limited	The patient record contains the following clinical information:  - Any medications administered, including dose  - Any activity restrictions  - Any changes in the patient's condition  - Any summaries of the patient's care, treatment, or services furnished to the patient's physician or licensed independent practitioner(s)  - The patient's medical history  - Any allergies to medications  - Any adverse drug reactions  - The patient's functional status  - Any diet information or any dietary restrictions  - Diagnostic and therapeutic tests, procedures, and treatments, and their results  - Any specific notes on care,	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Arizona, LLC (2020 N. Central Ave., Suite 170, Phoenix, AZ) site. During a review of the patient's medications, the surveyor noted that the current medication list was incomplete and did not include Immodium 2 mg. prn after each loose stool to a maximum of 8 mg This was confirmed with the team director.	§418.104(a)(3)	Standard

Standard EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
		treatment, or services - The patient's response to care, treatment, or services - Any assessments relevant to care, treatment, or services - Physician orders - Any information required by organization policy, in accordance with law and regulation - A list of medications, including dose, strength, frequency, route, date and time of administration for prescription and nonprescription medications, herbal products, and home remedies that relate to the patient's care, treatment, or services - The plan(s) of care - For DMEPOS suppliers serving Medicare beneficiaries: The DMEPOS prescription, any certificates of medical necessity (CMN), and pertinent documentation from the beneficiary's prescribing physician. (See also PC.01.02.01, EP 1; PC.01.03.01, EP 23) Note 1: For organizations that provide personal care and support services: The plan of care may be a part of the service agreement or service contract, a list of duties to be carried out by the personal care or support service staff, or another separate document.			

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
			Note 2: For organizations that provide personal care and support services: The patient record contains the documentation on the list noted above that applies to the care, treatment, or services provided by the personal care and support staff.			

## **Appendix**

## **Conditions of Participation Text**

## **Program: Home Care**

CoP	Tag	CoP Standard text
§418.54 Initial and Comprehensive Assessment of the Patient	L520	§418.54 Condition of participation: Initial and comprehensive assessment of the patient.
§418.54(c)(7) Content of the comprehensive assessment	L531	(7) Bereavement. An initial bereavement assessment of the needs of the patient's family and other individuals focusing on the social, spiritual, and cultural factors that may impact their ability to cope with the patient's death. Information gathered from the initial bereavement assessment must be incorporated into the plan of care and considered in the bereavement plan of care.
§418.64 Core Services	L587	§418.64 Condition of participation: Core services.
§418.64(c) Medical social services	L594	Medical social services must be provided by a qualified social worker, under the direction of a physician. Social work services must be based on the patient's psychosocial assessment and the patient's and family's needs and acceptance of these services.
§418.100 Organization and administration of services	L649	The hospice must organize, manage, and administer its resources to provide the hospice care and services to patients, caregivers and families necessary for the palliation and management of the terminal illness and related conditions.
§418.100(b) Governing body and administrator	L651	§418.100(b) Standard: Governing body and administrator.  A governing body (or designated persons so functioning) assumes full legal authority and responsibility for the management of the hospice, the provision of all hospice services, its fiscal operations, and continuous quality assessment and performance improvement. A qualified administrator appointed by and reporting to the governing body is responsible for the day-to-day operation of the hospice. The administrator must be a hospice employee and possess education and experience required by the hospice's governing body.
§418.56 Interdisciplinary group, care planning, and coordination of services	L538	The plan of care must specify the hospice care and services necessary to meet the patient and family-specific needs identified in the comprehensive assessment as such needs relate to the terminal illness and related conditions.
§418.56(c)(3) Content of the plan of care	L548	(3) Measurable outcomes anticipated from implementing and coordinating the plan of care.
§418.56(c)(4) Content of the plan of care	L549	(4) Drugs and treatment necessary to meet the needs of the patient.
§418.56(d) Review of the plan of care	L553	A revised plan of care must include information from the patient's updated comprehensive assessment and must note the patient's progress toward outcomes and goals specified in the plan of care.
§418.104 Clinical Records	L670	§418.104 Condition of participation: Clinical records.

СоР	Tag	CoP Standard text
§418.104(a)(3) Content	L674	(3) Responses to medications, symptom management, treatments, and services.
§418.113	L	418.113 Condition of participation: Emergency preparedness.  The hospice must comply with all applicable Federal, State, and local emergency preparedness requirements. The hospice must establish and maintain an emergency preparedness program that meets the requirements of this section. The emergency preparedness program must include, but not be limited to, the following elements:
§418.113(a)(2)	L	(2) Include strategies for addressing emergency events identified by the risk assessment, including the management of the consequences of power failures, natural disasters, and other emergencies that would affect the hospice's ability to provide care.

# Appendix Standard and EP Text

**Program: Home Care** 

Standard	EP	Standard Text	EP Text
EM.02.01.01	2	The organization has an Emergency Operations Plan. Note: The organization's Emergency Operations Plan (EOP) is designed to coordinate its communications, resources and assets, staff responsibilities, utilities, and patient clinical and support activities during an emergency (refer to Standards EM.02.02.01, EM.02.02.03, EM.02.02.07, EM.02.02.09, and EM.02.02.11). Although emergencies have many causes, the effects on these areas of the organization and the required response effort may be similar. This "all hazards" approach supports a general response capability that is sufficiently nimble to address a range of emergencies of different duration, scale, and cause. For this reason, the plan's response procedures address the prioritized emergencies but are also adaptable to other emergencies that the organization may experience.	The organization has a written Emergency Operations Plan that describes the response procedures to follow when emergencies occur. (See also EM.03.01.03, EP 5 and EP 19)  Note 1: The response procedures address the prioritized emergencies but can also be adapted to other emergencies that the organization may experience. Response procedures could include the following:  - Maintaining or expanding services  - Conserving resources  - Curtailling services  - Helping patients and families develop a home emergency plan  - Educating them about self-care and sources of alternative care in the community  - Coordinating home visits from another agency office or alternative care site in the community  - Supplementing resources from outside the local community  - Curtailing admissions of new patients  Note 2: These expectations do not require the organization to expand services to new patients or evacuate patients from their homes. Organizations that do not provide 24-hour care may plan to close in response to an emergency; their activities may be focused on notification and communication to patients and their families, and strategies for resuming service following an emergency.
HR.01.01.01	3	The organization defines and verifies staff qualifications.	The organization verifies and documents that the applicant has the education and experience required by the job responsibilities.
IC.02.02.01	4	The organization reduces the risk of infections associated with medical equipment, devices, and supplies.	The organization implements infection prevention and control activities when doing the following: Storing medical equipment, devices, and supplies. (See also EQ.01.01.01, EP 9; EQ.01.05.01, EPs 1–5)

Standard	EP	Standard Text	EP Text
IM.02.02.01	3	The organization effectively manages the collection of health information.	The organization follows its list of prohibited abbreviations, acronyms, symbols, and dose designations, which includes the following:  - U,u  - IU  - Q.D., QD, q.d., qd  - Q.O.D., QOD, q.o.d, qod  - Trailing zero (X.0 mg)  - Lack of leading zero (.X mg)  - MS  - MSO4  - MgSO4  Note 1: A trailing zero may be used only when required to demonstrate the level of precision of the value being reported, such as for laboratory results, imaging studies that report the size of lesions, or catheter/tube sizes. It may not be used in medication orders or other medication-related documentation.  Note 2: The prohibited list applies to all orders, preprinted forms, and medication-related documentation. Medication-related documentation can be either handwritten or electronic.
LD.01.03.01	12	Governance is ultimately accountable for the safety and quality of care, treatment, or services.	For home health agencies and hospices that elect to use The Joint Commission deemed status option: The organization has a governing body that assumes full legal authority and responsibility for the overall operation of the organization.  For home health agencies that elect to use The Joint Commission deemed status option: Overall operation of the organization includes provision of services, fiscal operations, review of the agency's budget and operational plans, and its quality assessment and performance improvement (QAPI) program.
PC.01.02.01	7	The organization assesses and reassesses its patients.	The hospice's written definition of information the organization collects during assessment and reassessment includes the following:  - The severity of symptoms  - Factors that alleviate or exacerbate physical symptoms  - The comfort level of a patient who chooses not to take nutrition therapy  - Patient and family spiritual orientation, including their desire for the involvement of a religious group

Standard	EP	Standard Text	EP Text
			- Spiritual concerns or needs identified by the patient or family, such as despair, suffering, guilt, and forgiveness - Patient and family involvement in a support group, if any - Additional information about the patient's psychosocial status, such as family relationships, social history, the source and adequacy of environmental and other resources, coping mechanisms, and the patient's and family's reactions to illness - The need for volunteer services to offer support or respite to the patient, family, or other caregivers - The need for an alternative setting or level of care - Anticipated discharge needs, including bereavement and funeral needs - Survivor risk factors, such as the nature of the relationship with the patient, circumstances surrounding the death, behaviors before and after the death, availability of coping mechanisms, and potential for pathological grief reactions - For hospices that elect to use The Joint Commission deemed status option: Cultural factors that may impact the patient's and family's ability to cope with the patient's death - For hospices that elect to use The Joint Commission deemed status option: The need for referral to and evaluation by other health professionals
PC.01.03.01	18	The organization plans the patient's care.	For hospices that elect to use The Joint Commission deemed status option: The plan of care includes all services needed for the palliation and management of the terminal illness and related conditions, including the following:  Interventions to manage pain and symptoms  A statement of the scope and frequency of the services necessary to meet the patient's and family's needs  Measurable outcomes anticipated from implementing and coordinating the plan of care  Medications and treatment necessary to meet the patient's needs  Medical supplies and appliances necessary to meet the patient's needs
PC.01.03.01	32	The organization plans the patient's care.	For hospices that elect to use The Joint Commission deemed status option: The plan of care revisions are based on information from updates to the patient's comprehensive assessment and address the patient's progress toward goals and outcomes.

Standard	EP	Standard Text	EP Text
PC.01.03.01	35	The organization plans the patient's care.	For hospices that elect to use The Joint Commission deemed status option: Medical social services are based on the patient's psychosocial assessment, the patient's and family's needs, and their acceptance of these services.
RC.02.01.01	2	The patient record contains information that reflects the patient's care, treatment, or services.	The patient record contains the following clinical information:  - Any medications administered, including dose - Any activity restrictions - Any changes in the patient's condition - Any summaries of the patient's care, treatment, or services furnished to the patient's physician or licensed independent practitioner(s) - The patient's medical history - Any allergies to medications - Any adverse drug reactions - The patient's functional status - Any diet information or any dietary restrictions - Diagnostic and therapeutic tests, procedures, and treatments, and their results - Any specific notes on care, treatment, or services - The patient's response to care, treatment, or services - Any assessments relevant to care, treatment, or services - Any information required by organization policy, in accordance with law and regulation - A list of medications, including dose, strength, frequency, route, date and time of administration for prescription and nonprescription medications, herbal products, and home remedies that relate to the patient's care, treatment, or services - The plan(s) of care - For DMEPOS suppliers serving Medicare beneficiaries: The DMEPOS prescription, any certificates of medical necessity (CMN), and pertinent documentation from the beneficiary's prescribing physician. (See also PC.01.02.01, EP 1; PC.01.03.01, EP 23) Note 1: For organizations that provide personal care and support services: The plan of care may be a part of the service agreement or service contract, a list of duties to be carried out by the personal care or support service staff, or another separate document. Note 2: For organizations that provide personal care and

Standard	EP	Standard Text	EP Text
			support services: The patient record contains the documentation on the list noted above that applies to the care, treatment, or services provided by the personal care and support staff.

### **Appendix**

### **Report Section Information**

### **SAFER™ Matrix Description**

All Requirements for Improvement (RFIs) are plotted on the SAFER matrix according to the likelihood the issue could cause harm to patient(s), staff, and/or visitor(s), and the scope at which the RFI is observed. Combined, these characteristics identify a risk level for each RFI, which in turn will determine the level of required post-survey follow up. As the risk level of an RFI increases, the placement of the standard and Element of Performance moves from the bottom left corner to the upper right. The definitions for the Likelihood to Harm a Patient/Staff/Visitor and Scope are as follows:

Likelihood to Harm a Patient/Staff/Visitor:

- Low: harm could happen, but would be rare
- Moderate: harm could happen occasionally
- High: harm could happen any time

#### Scope:

- Limited: unique occurrence that is not representative of routine/regular practice
- Pattern: multiple occurrences with potential to impact few/some patients, staff, visitors and/or settings
- Widespread: multiple occurrences with potential to impact most/all patients, staff, visitors and/or settings

The Evidence of Standards Compliance (ESC) or Plan of Correction (POC) forms with findings of a higher risk will require two additional fields within the ESC or POC. The organization will provide a more detailed description of Leadership Involvement and Preventive Analysis to assist in sustainment of the compliance plan. Additionally, these higher risk findings will be provided to surveyors for possible review or onsite validation during any subsequent onsite surveys, up until the next full triennial survey occurs. The below legend illustrates the follow-up activity associated with each level of risk.

SAFER™ Matrix Placement	Required Follow-Up Activity	
HIGH/LIMITED HIGH/PATTERN HIGH/WIDESPREAD	<ul> <li>Two additional areas surrounding Leadership Involvement and Preventive Analysis will be included in the ESC or POC</li> <li>Finding will be highlighted for potential review by surveyors on</li> </ul>	
MODERATE/PATTERN MODERATE/WIDESPREAD	subsequent onsite surveys up to and including the next full survey or review	
MODERATE/LIMITED LOW/PATTERN LOW/WIDESPREAD	ESC or POC will not include Leadership Involvement and Preventive     Analysis	
LOW/LIMITED	<b>,</b>	

## **Appendix**

### **Report Section Information**

#### **CMS Summary Description**

For organizations that utilize The Joint Commission for deeming purposes, observations noted within the Requirements for Improvement (RFI) section that are crosswalked to a CMS Condition of Participation (CoP)/Condition for Coverage (CfC) are highlighted in this section. The table included within this section incorporates, from a Centers for Medicare and Medicaid Services (CMS) perspective, the CoPs/CfCs that were noted as noncompliant during the survey, the Joint Commission standard and element of performance the CoP/CfC is associated with, the CMS score (either Standard or Condition Level), and if the standard and EP will be included in an upcoming Medicare Deficiency Survey (MEDDEF) if applicable.

#### **Requirements for Improvement Description**

Observations noted within the Requirements for Improvement (RFI) section require follow-up through the Evidence of Standards Compliance (ESC) process. The identified timeframes for submission for each observation are found in the Executive Summary section of the Final Report. If a follow-up survey is required, the unannounced visit will focus on the requirements for improvement although other areas, if observed, could still become findings. The time frame to perform the unannounced follow-up visit is dependent on the scope and severity of the issue identified within Requirements for Improvement.

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### **Appendix**

### **Report Section Information**

#### Clarification Instructions

#### Documents not available at the time of survey

Any required documents that are not available at the time of survey will no longer be eligible for the clarification process. These RFIs will become action items in the post-survey ESC process.

#### Clerical Errors

Clerical errors in the report will no longer be eligible for the clarification process. The Joint Commission will work with the organization to correct the clerical error, so that the report is accurate. The corrected RFIs will become action items in the post-survey process.

#### **Audit Option**

There will no longer be an audit option as part of the clarification process. With the implementation of the SAFER™ matrix, the "C" Element of Performance (EP) category is eliminated. The "C" EPs were the subject of Clarification Audits.

The clarification process provides an organization the opportunity to demonstrate compliance with standards that were scored "not compliant" at the time of the survey. The organization has 10 business days from the date the report is published on the extranet site to submit the clarification. The Evidence of Standards Compliance (ESC) due dates will remain the same whether or not the organization submits a clarification and/or is successful in the clarification process.

Clarifications may take either of the following forms:

- An organization believes it had adequate evidence available to the surveyor(s) and was in compliance **at the time of the survey**. (Please note that actions taken during or immediately after the survey will not be considered.) The organization must use the clarification form to support their contention.
- The organization has detailed evidence that was not immediately available at the time of the survey. The clarification must include an explanation as to why the surveyor(s) did not have access to the information or why it was not provided to the surveyor(s) at the time of the survey. However, any required documents that are not available at the time of survey are not eligible for the Clarification Process. These RFIs will become action items in the post-survey ESC process.
- Please do not submit supplemental documentation unless requested by The Joint Commission. If additional information is requested, the organization will be required to highlight the relevance to the standards in the documentation.



## **Final Accreditation Report**

Seasons Hospice & Palliative Care of Connecticut, LLC 1579 Straits Turnpike, Unit 1E Middlebury, CT 06762-1835

Organization Identification Number: 546050 60-day Evidence of Standards Compliance Submitted: 10/21/2019

ESC Programs Reviewed
Home Care

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# The Joint Commission Executive Summary

Program	Submit Date	Event Outcome	Follow-up Activity	Follow-up Time Frame or Submission Due Date
Home Care		No Requirements for Improvement	None	None

# The Joint Commission The Centers for Medicaid and Medicare Services (CMS) Summary

CoP(s)	Tag	CoP Score
§418.104	L671	Compliant
§418.104(a)(3)	L674	Compliant
§418.54	L520	Compliant
§418.54(b)	L523	Compliant
§418.54(c)(7)	L531	Compliant
§418.56	L538	Compliant
§418.56(c)	L545	Compliant
§418.56(e)(2)	L555	Compliant
§418.76	L607	Compliant
§418.76(g)(1)	L625	Compliant

# The Joint Commission Requirements for Improvement Summary

Standard	Level of Compliance
EC.02.01.01	Compliant
NPSG.15.02.01	Compliant
PC.01.02.01	Compliant
PC.01.02.03	Compliant
PC.01.03.01	Compliant
PC.02.01.01	Compliant
RC.01.01.01	Compliant
RC.02.01.01	Compliant

# Appendix Standard and EP Text

Standard	EP	Standard Text	EP Text
EC.02.01.01	2	The organization manages safety and security risks.  Note 1: For hospices that elect to use The Joint Commission deemed status option: The organization complies with the 2012 edition of NFPA 99: Health Care Facilities Code. Chapters 7, 8, 12, and 13 of the Health Care Facilities Code do not apply.  Note 2: For further information on waiver and equivalency requests, see https://www.jointcommission.org/life_safety_code_information_resources/ and NFPA 99-2012: 1.4.	The organization identifies potential safety and security risks in the patient's home.
NPSG.15.02.01	4	Identify risks associated with home oxygen therapy such as home fires.	Assess the patient's, family's, and/or caregiver's level of comprehension of identified risks and compliance with suggested interventions during home visits. Document this assessment.
PC.01.02.01	7	The organization assesses and reassesses its patients.	The hospice's written definition of information the organization collects during assessment and reassessment includes the following:  - The severity of symptoms  - Factors that alleviate or exacerbate physical symptoms  - The comfort level of a patient who chooses not to take nutrition therapy  - Patient and family spiritual orientation, including their desire for the involvement of a religious group  - Spiritual concerns or needs identified by the patient or family, such as despair, suffering, guilt, and forgiveness  - Patient and family involvement in a support group, if any  - Additional information about the patient's psychosocial status, such as family relationships, social history, the source and adequacy of environmental and other resources, coping mechanisms, and the patient's and family's reactions to illness  - The need for volunteer services to offer support or respite to the patient, family, or other caregivers  - The need for an alternative setting or level of care  - Anticipated discharge needs, including bereavement and funeral needs  - Survivor risk factors, such as the nature of the relationship with the patient, circumstances surrounding the death, behaviors before and after the death, availability of coping mechanisms, and potential for pathological grief reactions  - For hospices that elect to use The Joint Commission deemed status

Standard	EP	Standard Text	EP Text
			option: Cultural factors that may impact the patient's and family's ability to cope with the patient's death - For hospices that elect to use The Joint Commission deemed status option: The need for referral to and evaluation by other health professionals
PC.01.02.03	26	The organization assesses and reassesses the patient and his or her condition according to defined time frames.	For hospices that elect to use The Joint Commission deemed status option: The hospice's interdisciplinary group, in consultation with the patient's attending physician, if any, completes the comprehensive assessment no later than five calendar days after the election of hospice care.
PC.01.03.01	5	The organization plans the patient's care.	The written plan of care is based on the patient's goals and the time frames, settings, and services required to meet those goals.
PC.01.03.01	33	The organization plans the patient's care.	For hospices that elect to use The Joint Commission deemed status option: A registered nurse who is a member of the interdisciplinary group and is responsible for hospice aide supervision prepares written patient care instructions for the hospice aide.
PC.02.01.01	1	The organization provides care, treatment, or services for each patient.	The organization provides the patient with care, treatment, or services according to his or her individualized plan of care.
RC.01.01.01	11	The organization maintains complete and accurate patient records.	For hospices that elect to use The Joint Commission deemed status option: The patient record is complete, promptly and accurately documented, readily accessible, and systematically organized to facilitate retrieval.
RC.02.01.01	2	The patient record contains information that reflects the patient's care, treatment, or services.	The patient record contains the following clinical information:  - Any medications administered, including dose  - Any activity restrictions  - Any changes in the patient's condition  - Any summaries of the patient's care, treatment, or services furnished to the patient's physician or licensed independent practitioner(s)  - The patient's medical history  - Any allergies to medications  - Any adverse drug reactions  - The patient's functional status  - Any diet information or any dietary restrictions  - Diagnostic and therapeutic tests, procedures, and treatments, and their results  - Any specific notes on care, treatment, or services  - The patient's response to care, treatment, or services  - Any assessments relevant to care, treatment, or services  - Physician orders  - Any information required by organization policy, in accordance with law

Standard EP	Standard Text	EP Text
		and regulation - A list of medications, including dose, strength, frequency, route, date and time of administration for prescription and nonprescription medications, herbal products, and home remedies that relate to the patient's care, treatment, or services - The plan(s) of care - For DMEPOS suppliers serving Medicare beneficiaries: The DMEPOS prescription, any certificates of medical necessity (CMN), and pertinent documentation from the beneficiary's prescribing physician. (See also PC.01.02.01, EP 1; PC.01.03.01, EP 23; RC.02.01.01, EP 3) Note 1: For organizations that provide personal care and support services: The plan of care may be a part of the service agreement or service contract, a list of duties to be carried out by the personal care or support service staff, or another separate document. Note 2: For organizations that provide personal care and support services: The patient record contains the documentation on the list noted above that applies to the care, treatment, or services provided by the personal care and support staff.



## **Preliminary Accreditation Report**

Seasons Hospice & Palliative Care of Connecticut, LLC 1579 Straits Turnpike, Unit 1E Middlebury, CT 06762-1835

Organization Identification Number: 546050 Unannounced Full Event: 8/12/2019 - 8/15/2019

Program Surveyed
Home Care

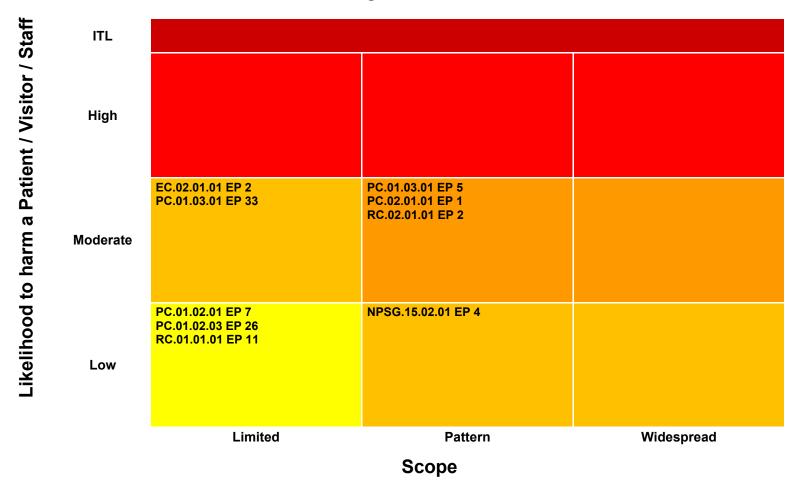
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# The Joint Commission Executive Summary

Program	Survey Dates	Event Outcome	Follow-up Activity	Follow-up Time Frame or Submission Due Date
Home Care	08/12/2019 - 08/15/2019	Requirements for Improvement	Your official report will be posted to your organization's confidential extranet site. It will contain specific follow-up instructions regarding your survey findings.	Your official report will contain specific follow-up instructions regarding your survey findings.

# The Joint Commission SAFER™ Matrix



# The Joint Commission The Centers for Medicaid and Medicare Services (CMS) Summary

CoP(s)	Tag	CoP Score	Corresponds to:
<u>§418.104</u>	<u>L670</u>	Standard	
§418.104(a)(3)	<u>L674</u>	Standard	OME/RC.02.01.01/EP2
<u>§418.54</u>	<u>L520</u>	Condition	
§418.54(b)	<u>L523</u>	Standard	OME/PC.01.02.03/EP26
§418.54(c)(7)	<u>L531</u>	Standard	OME/PC.01.02.01/EP7
§418.54(e)(2)	<u>L535</u>	Standard	OME/RC.01.01.01/EP11
<u>§418.56</u>	<u>L538</u>	Standard	
§418.56(c)	<u>L545</u>	Standard	OME/PC.01.03.01/EP5
§418.56(e)(2)	<u>L555</u>	Standard	OME/PC.02.01.01/EP1
<u>§418.76</u>	<u>L607</u>	Standard	
§418.76(g)(1)	<u>L625</u>	Standard	OME/PC.01.03.01/EP33

# The Joint Commission Requirements for Improvement

**Program: Home Care** 

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
EC.02.01.01	2	Moderate Limited	The organization identifies potential safety and security risks in the patient's home.	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Connecticut, LLC (1579 Straits Turnpike, Unit 1E, Middlebury, CT) site. In 1 out of 3 home visits conducted, Hospice surveyor noted the patients home had two free standing oxygen tanks in the patients bedroom that were not secured in a rack or lying flat. This was confirmed by the patients grand son in law that was at the home at the time of the visit.		
NPSG.15.02.01	4	Low Pattern	Assess the patient's, family's, and/or caregiver's level of comprehension of identified risks and compliance with suggested interventions during home visits. Document this assessment.	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Connecticut, LLC (1579 Straits Turnpike, Unit 1E, Middlebury, CT) site. In 1 out of 4 home visits conducted, Hospice surveyor noted the clinical record for home visit #1 indicated on the oxygen assessment visit that there were smoking materials and open flame. It did not indicate what type of smoking materials or open flame and no documentation was noted as to the education regarding these areas assessed as potential risk factors. This was confirmed by the Clinical Director.		
PC.01.02.01	7	Low Limited	The hospice's written definition of information the organization collects during assessment and reassessment includes the following:  - The severity of symptoms - Factors that alleviate or exacerbate physical symptoms - The comfort level of a patient who chooses not to take nutrition therapy - Patient and family spiritual orientation, including their desire for the involvement of a religious group - Spiritual concerns or needs identified by the patient or family, such as despair, suffering, guilt, and forgiveness - Patient and family involvement in a support group, if any - Additional information about the patient's	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Connecticut, LLC (1579 Straits Turnpike, Unit 1E, Middlebury, CT) site. In 2 out of 16 patient records reviewed, Hospice surveyor noted for home visit #2 and home visit #3, the clinical records did not contain an initial bereavement assessment. This was confirmed by the Clinical Director.	§418.54(c)(7)	Standard

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Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
			psychosocial status, such as family relationships, social history, the source and adequacy of environmental and other resources, coping mechanisms, and the patient's and family's reactions to illness  - The need for volunteer services to offer support or respite to the patient, family, or other caregivers  - The need for an alternative setting or level of care  - Anticipated discharge needs, including bereavement and funeral needs  - Survivor risk factors, such as the nature of the relationship with the patient, circumstances surrounding the death, behaviors before and after the death, availability of coping mechanisms, and potential for pathological grief reactions  - For hospices that elect to use The Joint Commission deemed status option: Cultural factors that may impact the patient's and family's ability to cope with the patient's death  - For hospices that elect to use The Joint Commission deemed status option: The need for referral to and evaluation by other health professionals			
PC.01.02.03	26	Low Limited	For hospices that elect to use The Joint Commission deemed status option: The hospice's interdisciplinary group, in consultation with the patient's attending physician, if any, completes the comprehensive assessment no later than five calendar days after the election of hospice care.	1). Observed in Record Review at Seasons Hospice & Palliative Care (35 Jolley Dr., Suite 202, Bloomfield, CT) site. In 1 out of 16 patient records reviewed, Hospice surveyor noted for HV#3, the social worker did not complete an initial assessment within 5 days. The patient was called by a social work intern within the five day window but the initial visit was not made from 3/13/19 start of care until 3/25/19. There was no indication in the clinical record that the family had refused a visit or postponed the visit. This was confirmed by the Clinical Director.	§418.54(b)	Standard
PC.01.03.01	<u>5</u>	Moderate Pattern	The written plan of care is based on the patient's goals and the time frames, settings, and services required to meet those goals.	1). Observed in Record Review at Seasons Hospice & Palliative Care (35 Jolley Dr., Suite 202, Bloomfield, CT) site. In 5 out of 16 patient records reviewed, Hospice surveyor noted for RR#11, the physician statement and nursing notes indicated the patient had C Difficile. This was not noted as a	§418.56(c)	Standard

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Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
				problem on the care plan. For RR#12 the patient had dermatitis caused by incontinence. This was noted in the IDG minutes, physician statement of terminal illness and IDG however, no care plan was developed for incontinence or skin impairment. For RR#8, the goal for skin integrity was " caregiver will demonstrate interventions to maintain skin integrity within the limits of the disease within 90 day. For RR#6 the goal was patient will maintain optimal function. These goals were not measurable. This was confirmed by the Clinical Director.		
PC.01.03.01	33	Moderate Limited	For hospices that elect to use The Joint Commission deemed status option: A registered nurse who is a member of the interdisciplinary group and is responsible for hospice aide supervision prepares written patient care instructions for the hospice aide.	1). Observed in Record Review at Seasons Hospice & Palliative Care (35 Jolley Dr., Suite 202, Bloomfield, CT) site. In 1 out of 4 patient records reviewed, Hospice surveyor noted the hospice aide care plan prepared by the RN did not contain precautions related to the patient having C Difficile. This was validated by the Clinical Director.	§418.76(g)(1)	Standard
PC.02.01.01	1	Moderate Pattern	The organization provides the patient with care, treatment, or services according to his or her individualized plan of care.	1). Observed in Record Review at Seasons Hospice & Palliative Care of Connecticut, LLC (1579 Straits Turnpike, Unit 1E, Middlebury, CT) site. In 5 out of 16 patient records reviewed, Hospice surveyor noted for record review #2, the chaplain visit frequency approved by IDG was 1 to 2 visits every four weeks. The chaplain last visit to the patient was 6/28/19 no other visits were noted in the clinical record.  For home visit #3, the chaplain had made a visit on 3/14/19 the plan did not indicate whether the chaplain would continue to follow the patient or not. The IDG note for this patient for 3/20/19 indicated further chaplain visits would be made. The clinical record did not contain any additional visits after 3/14/19 as of todays date 8/13/19.  For RR#3, the chaplain did not perform visits in accordance with the plan of care. The plan of care stated the chaplain visits would be 1 to 2 times per month for 13 weeks. The chaplain only made one visit on 6/7/19.  For RR#5 and RR#6, the social worker made an initial visit only. The plan for future visits was left	§418.56(e)(2)	Standard

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Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
				blank.  This was confirmed by the Clinical Director.		
RC.01.01.01	11	Low Limited	For hospices that elect to use The Joint Commission deemed status option: The patient record is complete, promptly and accurately documented, readily accessible, and systematically organized to facilitate retrieval.	1). Observed in Record Review at Seasons Hospice & Palliative Care of Connecticut, LLC (1579 Straits Turnpike, Unit 1E, Middlebury, CT) site. In 2 out of 16 patient records reviewed, Hospice surveyor noted for RR#3, the idg minutes of 7/30/19 were not accurate. The minutes indicated the social worker had not made any home visits in the past two weeks when the clinical notes by the social worker had a visit dated 7/29/19. For RR#1, the social worker documentation did not correlate with the documentation at IDG. The social worker did not have an established plan to continue seeing the patient and had not seen the patient since 6/14/19 however the IDG minutes for this same period indicated the patient would have social worker followup visits. This was confirmed by the Clinical Director.	§418.54(e)(2)	Standard
RC.02.01.01	2	Moderate Pattern	The patient record contains the following clinical information:  - Any medications administered, including dose - Any activity restrictions - Any changes in the patient's condition - Any summaries of the patient's care, treatment, or services furnished to the patient's physician or licensed independent practitioner(s) - The patient's medical history - Any allergies to medications - Any adverse drug reactions - The patient's functional status - Any diet information or any dietary restrictions - Diagnostic and therapeutic tests, procedures, and treatments, and their results - Any specific notes on care, treatment, or services - The patient's response to care, treatment, or services - Any assessments relevant to care, treatment, or services - Physician orders	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Connecticut, LLC (1579 Straits Turnpike, Unit 1E, Middlebury, CT) site. In 2 out of 3 home visits conducted, Hospice surveyor noted the clinical record did not contain an accurate medication list as compared to the Skilled Nursing Medication list. For example, The hospice list contained: Haloperidol lactate 1mg every 6 hours prn, Hydrochlorothiazide 12.5 mg daily and Ativan 0.5mg prn twice daily. The medication administration record at the Skilled nursing facility did not contain any of these medications. The nursing home medication nurse informed the hospice nurse that the nursing facility doesn't even allow Haloperidol at the facility. The hospice staff nurse stated she may have forgotten to discontinue the hydrochlorothiazide from the hospice medication profile.  For home visit #3, the current medication list provided to the surveyor did not match the	§418.104(a)(3)	Standard

**Preliminary Report:** Posted 8/15/2019

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
			<ul> <li>Any information required by organization policy, in accordance with law and regulation</li> <li>A list of medications, including dose, strength, frequency, route, date and time of administration for prescription and nonprescription medications, herbal products, and home remedies that relate to the patient's care, treatment, or services</li> <li>The plan(s) of care</li> <li>For DMEPOS suppliers serving Medicare beneficiaries: The DMEPOS prescription, any certificates of medical necessity (CMN), and</li> </ul>	medications the patient was currently taking in the home. For example, DOK 100 mg was listed twice on the medication profile while Docusate Sodium 100mg was also listed twice on the current medication profile all as active. Prochlorperazine 10mg one every six hours was in the comfort pack in the patients home yet this medication was not in the current medication profile. This was confirmed by the RN doing the medication reconciliation in the home.		
			pertinent documentation from the beneficiary's prescribing physician. (See also PC.01.02.01, EP 1; PC.01.03.01, EP 23; RC.02.01.01, EP 3)  Note 1: For organizations that provide personal care and support services: The plan of care may be a part of the service agreement or service contract, a list of duties to be carried out by the personal care or support service staff, or another separate document. Note 2: For organizations that provide personal care and support services: The patient record contains the documentation on the list noted above that applies to the care, treatment, or services provided by the personal care and support staff.			

### **Appendix**

### **Conditions of Participation Text**

СоР	Tag	CoP Standard text
§418.104 Clinical Records	L670	§418.104 Condition of participation: Clinical records.
§418.104(a)(3) Content	L674	(3) Responses to medications, symptom management, treatments, and services.
§418.54 Initial and Comprehensive Assessment of the Patient	L520	§418.54 Condition of participation: Initial and comprehensive assessment of the patient.
§418.54(b) Time frame for completion of the comprehensive assessment	L523	§418.54(b) Standard: Time frame for completion of the comprehensive assessment.  The hospice interdisciplinary group, in consultation with the individual's attending physician (if any), must complete the comprehensive assessment no later than 5 calendar days after the election of hospice care in accordance with §418.24.
§418.54(c)(7) Content of the comprehensive assessment	L531	(7) Bereavement. An initial bereavement assessment of the needs of the patient's family and other individuals focusing on the social, spiritual, and cultural factors that may impact their ability to cope with the patient's death. Information gathered from the initial bereavement assessment must be incorporated into the plan of care and considered in the bereavement plan of care.
§418.54(e)(2) Patient outcome measures	L535	(2) The data elements must be an integral part of the comprehensive assessment and must be documented in a systematic and retrievable way for each patient. The data elements for each patient must be used in individual patient care planning and in the coordination of services, and must be used in the aggregate for the hospice's quality assessment and performance improvement program.
§418.56 Interdisciplinary group, care planning, and coordination of services	L538	The plan of care must specify the hospice care and services necessary to meet the patient and family-specific needs identified in the comprehensive assessment as such needs relate to the terminal illness and related conditions.
§418.56(c) Content of the plan of care	L545	The hospice must develop an individualized written plan of care for each patient. The plan of care must reflect patient and family goals and interventions based on the problems identified in the initial, comprehensive, and updated comprehensive assessments. The plan of care must include all services necessary for the palliation and management of the terminal illness and related conditions, including the following:
§418.56(e)(2) Coordination of services	L555	(2) Ensure that the care and services are provided in accordance with the plan of care.
§418.76 Hospice Aide and Homemaker Services	L607	§418.76 Condition of participation: Hospice aide and homemaker services.

СоР	Tag	CoP Standard text	
§418.76(g)(1) Hospice aide assignments and duties		(1) Hospice aides are assigned to a specific patient by a registered nurse that is a member of the interdisciplinary group. Written patient care instructions for a hospice aide must be prepared by a registered nurse who is responsible for the supervision of a hospice aide as specified under paragraph (h) of this section.	

# Appendix Standard and EP Text

Standard	EP	Standard Text	EP Text
EC.02.01.01	2	The organization manages safety and security risks.  Note 1: For hospices that elect to use The Joint Commission deemed status option: The organization complies with the 2012 edition of NFPA 99: Health Care Facilities Code. Chapters 7, 8, 12, and 13 of the Health Care Facilities Code do not apply.  Note 2: For further information on waiver and equivalency requests, see https://www.jointcommission.org/life_safety_code_information_resources/ and NFPA 99-2012: 1.4.	The organization identifies potential safety and security risks in the patient's home.
NPSG.15.02.01	4	Identify risks associated with home oxygen therapy such as home fires.	Assess the patient's, family's, and/or caregiver's level of comprehension of identified risks and compliance with suggested interventions during home visits. Document this assessment.
PC.01.02.01	7	The organization assesses and reassesses its patients.	The hospice's written definition of information the organization collects during assessment and reassessment includes the following:  - The severity of symptoms  - Factors that alleviate or exacerbate physical symptoms  - The comfort level of a patient who chooses not to take nutrition therapy  - Patient and family spiritual orientation, including their desire for the involvement of a religious group  - Spiritual concerns or needs identified by the patient or family, such as despair, suffering, guilt, and forgiveness  - Patient and family involvement in a support group, if any  - Additional information about the patient's psychosocial status, such as family relationships, social history, the source and adequacy of environmental and other resources, coping mechanisms, and the patient's and family's reactions to illness  - The need for volunteer services to offer support or respite to the patient, family, or other caregivers  - The need for an alternative setting or level of care  - Anticipated discharge needs, including bereavement and funeral needs  - Survivor risk factors, such as the nature of the relationship with the patient, circumstances surrounding the death, behaviors before and after the death, availability of coping mechanisms, and potential for pathological grief reactions  - For hospices that elect to use The Joint Commission deemed status

Standard	EP	Standard Text	EP Text
			option: Cultural factors that may impact the patient's and family's ability to cope with the patient's death - For hospices that elect to use The Joint Commission deemed status option: The need for referral to and evaluation by other health professionals
PC.01.02.03	26	The organization assesses and reassesses the patient and his or her condition according to defined time frames.	For hospices that elect to use The Joint Commission deemed status option: The hospice's interdisciplinary group, in consultation with the patient's attending physician, if any, completes the comprehensive assessment no later than five calendar days after the election of hospice care.
PC.01.03.01	5	The organization plans the patient's care.	The written plan of care is based on the patient's goals and the time frames, settings, and services required to meet those goals.
PC.01.03.01	33	The organization plans the patient's care.	For hospices that elect to use The Joint Commission deemed status option: A registered nurse who is a member of the interdisciplinary group and is responsible for hospice aide supervision prepares written patient care instructions for the hospice aide.
PC.02.01.01	1	The organization provides care, treatment, or services for each patient.	The organization provides the patient with care, treatment, or services according to his or her individualized plan of care.
RC.01.01.01	11	The organization maintains complete and accurate patient records.	For hospices that elect to use The Joint Commission deemed status option: The patient record is complete, promptly and accurately documented, readily accessible, and systematically organized to facilitate retrieval.
RC.02.01.01	2	The patient record contains information that reflects the patient's care, treatment, or services.	The patient record contains the following clinical information:  - Any medications administered, including dose  - Any activity restrictions  - Any changes in the patient's condition  - Any summaries of the patient's care, treatment, or services furnished to the patient's physician or licensed independent practitioner(s)  - The patient's medical history  - Any allergies to medications  - Any adverse drug reactions  - The patient's functional status  - Any diet information or any dietary restrictions  - Diagnostic and therapeutic tests, procedures, and treatments, and their results  - Any specific notes on care, treatment, or services  - The patient's response to care, treatment, or services  - Any assessments relevant to care, treatment, or services  - Physician orders  - Any information required by organization policy, in accordance with law

Standard	EP	Standard Text	EP Text
			and regulation - A list of medications, including dose, strength, frequency, route, date and time of administration for prescription and nonprescription medications, herbal products, and home remedies that relate to the patient's care, treatment, or services - The plan(s) of care - For DMEPOS suppliers serving Medicare beneficiaries: The DMEPOS prescription, any certificates of medical necessity (CMN), and pertinent documentation from the beneficiary's prescribing physician. (See also PC.01.02.01, EP 1; PC.01.03.01, EP 23; RC.02.01.01, EP 3) Note 1: For organizations that provide personal care and support services: The plan of care may be a part of the service agreement or service contract, a list of duties to be carried out by the personal care or support service staff, or another separate document. Note 2: For organizations that provide personal care and support services: The patient record contains the documentation on the list noted above that applies to the care, treatment, or services provided by the personal care and support staff.

### **Appendix**

### **Report Section Information**

### **SAFER™ Matrix Description**

All Requirements for Improvement (RFIs) are plotted on the SAFER matrix according to the likelihood the issue could cause harm to patient(s), staff, and/or visitor(s), and the scope at which the RFI is observed. Combined, these characteristics identify a risk level for each RFI, which in turn will determine the level of required post-survey follow up. As the risk level of an RFI increases, the placement of the standard and Element of Performance moves from the bottom left corner to the upper right. The definitions for the Likelihood to Harm a Patient/Staff/Visitor and Scope are as follows:

Likelihood to Harm a Patient/Staff/Visitor:

- Low: harm could happen, but would be rare
- Moderate: harm could happen occasionally
- High: harm could happen any time

#### Scope:

- Limited: unique occurrence that is not representative of routine/regular practice
- Pattern: multiple occurrences with potential to impact few/some patients, staff, visitors and/or settings
- Widespread: multiple occurrences with potential to impact most/all patients, staff, visitors and/or settings

The Evidence of Standards Compliance (ESC) or Plan of Correction (POC) forms with findings of a higher risk will require two additional fields within the ESC or POC. The organization will provide a more detailed description of Leadership Involvement and Preventive Analysis to assist in sustainment of the compliance plan. Additionally, these higher risk findings will be provided to surveyors for possible review or onsite validation during any subsequent onsite surveys, up until the next full triennial survey occurs. The below legend illustrates the follow-up activity associated with each level of risk.

SAFER™ Matrix Placement	Required Follow-Up Activity	
HIGH/LIMITED HIGH/PATTERN HIGH/WIDESPREAD	<ul> <li>Two additional areas surrounding Leadership Involvement and Preventive         Analysis will be included in the ESC or POC</li> <li>Finding will be highlighted for potential review by surveyors on subsequent</li> </ul>	
MODERATE/PATTERN MODERATE/WIDESPREAD	onsite surveys up to and including the next full survey or review	
MODERATE/LIMITED LOW/PATTERN LOW/WIDESPREAD	ESC or POC will not include Leadership Involvement and Preventive Analys	
LOW/LIMITED		

### **Appendix**

### **Report Section Information**

#### **CMS Summary Description**

For organizations that utilize The Joint Commission for deeming purposes, observations noted within the Requirements for Improvement (RFI) section that are crosswalked to a CMS Condition of Participation (CoP)/Condition for Coverage (CfC) are highlighted in this section. The table included within this section incorporates, from a Centers for Medicare and Medicaid Services (CMS) perspective, the CoPs/CfCs that were noted as noncompliant during the survey, the Joint Commission standard and element of performance the CoP/CfC is associated with, the CMS score (either Standard or Condition Level), and if the standard and EP will be included in an upcoming Medicare Deficiency Survey (MEDDEF) if applicable.

#### **Requirements for Improvement Description**

Observations noted within the Requirements for Improvement (RFI) section require follow-up through the Evidence of Standards Compliance (ESC) process. The identified timeframes for submission for each observation are found in the Executive Summary section of the Final Report. If a follow-up survey is required, the unannounced visit will focus on the requirements for improvement although other areas, if observed, could still become findings. The time frame to perform the unannounced follow-up visit is dependent on the scope and severity of the issue identified within Requirements for Improvement.



### **Final Accreditation Report**

Seasons Hospice & Palliative Care of Delaware, LLC 220 Continental Drive, Suite 407
Newark, DE 19713

Organization Identification Number: 448394 60-day Evidence of Standards Compliance Submitted: 8/21/2019

ESC Programs Reviewed
Home Care

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## The Joint Commission Executive Summary

Program	Submit Date	Event Outcome	Follow-up Activity	Follow-up Time Frame or Submission Due Date
Home Care	8/21/2019	No Requirements for Improvement	None	None

# The Joint Commission The Centers for Medicaid and Medicare Services (CMS) Summary

CoP(s)	Tag	CoP Score
§418.54	L520	Compliant
§418.54(b)	L523	Compliant
§418.54(c)(5)	L529	Compliant
§418.56	L538	Compliant
§418.56(c)	L545	Compliant
§418.56(e)(2)	L555	Compliant

# The Joint Commission Requirements for Improvement Summary

Standard	Level of Compliance
NPSG.09.02.01	Compliant
PC.01.02.01	Compliant
PC.01.02.03	Compliant
PC.01.03.01	Compliant
PC.02.01.01	Compliant

# Appendix Standard and EP Text

Standard	EP	Standard Text	EP Text
NPSG.09.02.01	1	Reduce the risk of falls.	Assess the patient's risk for falls.
PC.01.02.01	7	The organization assesses and reassesses its patients.	The hospice's written definition of information the organization collects during assessment and reassessment includes the following:  - The severity of symptoms  - Factors that alleviate or exacerbate physical symptoms  - The comfort level of a patient who chooses not to take nutrition therapy  - Patient and family spiritual orientation, including their desire for the involvement of a religious group  - Spiritual concerns or needs identified by the patient or family, such as despair, suffering, guilt, and forgiveness  - Patient and family involvement in a support group, if any  - Additional information about the patient's psychosocial status, such as family relationships, social history, the source and adequacy of environmental and other resources, coping mechanisms, and the patient's and family's reactions to illness  - The need for volunteer services to offer support or respite to the patient, family, or other caregivers  - The need for an alternative setting or level of care  - Anticipated discharge needs, including bereavement and funeral needs  - Survivor risk factors, such as the nature of the relationship with the patient, circumstances surrounding the death, behaviors before and after the death, availability of coping mechanisms, and potential for pathological grief reactions  - For hospices that elect to use The Joint Commission deemed status option: Cultural factors that may impact the patient's and family's ability to cope with the patient's death  - For hospices that elect to use The Joint Commission deemed status option: The need for referral to and evaluation by other health professionals
PC.01.02.03	26	The organization assesses and reassesses the patient and his or her condition according to defined time frames.	For hospices that elect to use The Joint Commission deemed status option: The hospice's interdisciplinary group, in consultation with the patient's attending physician, if any, completes the comprehensive assessment no later than five calendar days after the election of hospice care.

Standard	EP	Standard Text	EP Text
PC.01.03.01	5	The organization plans the patient's care.	The written plan of care is based on the patient's goals and the time frames, settings, and services required to meet those goals.
PC.02.01.01	1	The organization provides care, treatment, or services for each patient.	The organization provides the patient with care, treatment, or services according to his or her individualized plan of care.



### **Final Accreditation Report**

Seasons Hospice & Palliative Care of Delaware, LLC 220 Continental Drive, Suite 407
Newark, DE 19713

Organization Identification Number: 448394 60-day Evidence of Standards Compliance Submitted: 7/3/2019

ESC Programs Reviewed
Home Care

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## The Joint Commission Executive Summary

Program	Submit Date	Event Outcome	Follow-up Activity	Follow-up Time Frame or Submission Due Date
Home Care	7/3/2019	No Requirements for Improvement	None	None

# The Joint Commission The Centers for Medicaid and Medicare Services (CMS) Summary

CoP(s)	Tag	CoP Score
§418.100	L649	Compliant
§418.100(b)	L651	Compliant
§418.104	L671	Compliant
§418.104(e)(1)(i)	L682	Compliant
§418.54	L520	Compliant
§418.54(b)	L523	Compliant
§418.54(c)(5)	L529	Compliant
§418.56	L538	Compliant
§418.56(c)	L545	Compliant
§418.56(c)(1)	L546	Compliant
§418.56(c)(2)	L547	Compliant
§418.56(c)(4)	L549	Compliant
§418.56(e)(2)	L555	Compliant
§418.60	L577	Compliant
§418.60(a)	L579	Compliant
§418.64	L587	Compliant
§418.64(d)(3)(i)	L598	Compliant
§418.76	L607	Compliant
§418.76(g)(1)	L625	Compliant
§418.76(g)(2)(ii)	L626	Compliant
§418.76(h)(1)(i)	L629	Compliant

# The Joint Commission Requirements for Improvement Summary

Standard	Level of Compliance
HR.01.03.01	Compliant
IC.02.01.01	Compliant
IM.02.02.01	Compliant
LD.01.03.01	Compliant
MM.04.01.01	Compliant
NPSG.09.02.01	Compliant
PC.01.02.01	Compliant
PC.01.02.03	Compliant
PC.01.03.01	Compliant
PC.02.01.01	Compliant
PC.02.01.03	Compliant
PC.04.01.05	Compliant
PC.04.02.01	Compliant
RC.01.01.01	Compliant

# Appendix Standard and EP Text

Standard	EP	Standard Text	EP Text
HR.01.03.01	14	Staff are supervised effectively.	For hospices that elect to use The Joint Commission deemed status option: In order to assess the quality of care and services provided by the hospice aide and to ensure that services ordered meet the patient's needs, the registered nurse supervises the hospice aide during an on-site visit to the patient's home no less frequently than every 14 days. If nursing services are not provided, a physical or occupational therapist or speechlanguage pathologist can supervise the hospice aide.  Note: The aide does not need to be present during the supervisor's visit.
IC.02.01.01	2	The organization implements the infection prevention and control activities it has planned.	The organization uses standard precautions, * including the use of personal protective equipment, to reduce the risk of infection. (See also EC.02.02.01, EP 4)  Note: Standard precautions are infection prevention and control measures to protect against possible exposure to infectious agents. These precautions are general and applicable to all patients.  Footnote *: For further information regarding standard precautions, refer to the website of the Centers for Disease Control and Prevention (CDC) at http://www.cdc.gov/hai/ (Infection Control in Healthcare Settings).
IM.02.02.01	3	The organization effectively manages the collection of health information.	The organization follows its list of prohibited abbreviations, acronyms, symbols, and dose designations, which includes the following:  - U,u  - IU  - Q.D., QD, q.d., qd  - Q.O.D., QOD, q.o.d, qod  - Trailing zero (X.0 mg)  - Lack of leading zero (.X mg)  - MS  - MSO4  - MgSO4  Note 1: A trailing zero may be used only when required to demonstrate the level of precision of the value being reported, such as for laboratory results, imaging studies that report the size of lesions, or catheter/tube sizes. It may not be used in medication orders or other medication-related documentation.  Note 2: The prohibited list applies to all orders, preprinted forms, and

Standard	EP	Standard Text	EP Text
			medication-related documentation. Medication-related documentation can be either handwritten or electronic.
LD.01.03.01	12	Governance is ultimately accountable for the safety and quality of care, treatment, or services.	For home health agencies and hospices that elect to use The Joint Commission deemed status option: The organization has a governing body that assumes full legal authority and responsibility for the overall operation of the organization.  For home health agencies that elect to use The Joint Commission deemed status option: Overall operation of the organization includes provision of services, fiscal operations, review of the agency's budget and operational plans, and its quality assessment and performance improvement (QAPI) program.
MM.04.01.01			For organizations that prescribe or receive medication orders verbally or via telephone, fax, or electronic media: The organization follows a written policy that defines the following:  - The required elements of a complete medication order  - The precautions for ordering medications with look-alike or sound-alike names  - Actions to take when medication orders are incomplete, illegible, or unclear
NPSG.09.02.01	1	Reduce the risk of falls.	Assess the patient's risk for falls.
NPSG.09.02.01	2	Reduce the risk of falls.	Implement interventions to reduce falls based on the patient's assessed risk.
PC.01.02.01	5	The organization assesses and reassesses its patients.	Based on the patient's condition and the care, treatment, or services it provides, the organization defines, in writing, which of the following information it collects in the patient's assessment and reassessment:  - Pertinent diagnoses  - Pertinent physical findings  - Pertinent medical history  - Functional status  - Psychosocial status  - Cultural or religious practices that may affect care  - Care the family or support system is capable of and willing to provide  - Educational needs, including the abilities, motivation, and readiness to learn  - Barriers and safety hazards in the home environment  - Any other relevant information that may affect the patient's goals
PC.01.02.01	7	The organization assesses and reassesses its patients.	The hospice's written definition of information the organization collects during assessment and reassessment includes the following:  - The severity of symptoms  - Factors that alleviate or exacerbate physical symptoms

Standard	EP	Standard Text	EP Text
			<ul> <li>The comfort level of a patient who chooses not to take nutrition therapy</li> <li>Patient and family spiritual orientation, including their desire for the involvement of a religious group</li> <li>Spiritual concerns or needs identified by the patient or family, such as despair, suffering, guilt, and forgiveness</li> <li>Patient and family involvement in a support group, if any</li> <li>Additional information about the patient's psychosocial status, such as family relationships, social history, the source and adequacy of environmental and other resources, coping mechanisms, and the patient's and family's reactions to illness</li> <li>The need for volunteer services to offer support or respite to the patient, family, or other caregivers</li> <li>The need for an alternative setting or level of care</li> <li>Anticipated discharge needs, including bereavement and funeral needs</li> <li>Survivor risk factors, such as the nature of the relationship with the patient, circumstances surrounding the death, behaviors before and after the death, availability of coping mechanisms, and potential for pathological grief reactions</li> <li>For hospices that elect to use The Joint Commission deemed status option: Cultural factors that may impact the patient's and family's ability to cope with the patient's death</li> <li>For hospices that elect to use The Joint Commission deemed status option: The need for referral to and evaluation by other health professionals</li> </ul>
PC.01.02.03	26	The organization assesses and reassesses the patient and his or her condition according to defined time frames.	For hospices that elect to use The Joint Commission deemed status option: The hospice's interdisciplinary group, in consultation with the patient's attending physician, if any, completes the comprehensive assessment no later than five calendar days after the election of hospice care.
PC.01.03.01	5	The organization plans the patient's care.	The written plan of care is based on the patient's goals and the time frames, settings, and services required to meet those goals.
PC.01.03.01	18	The organization plans the patient's care.	For hospices that elect to use The Joint Commission deemed status option: The plan of care includes all services needed for the palliation and management of the terminal illness and related conditions, including the following:  - Interventions to manage pain and symptoms  - A statement of the scope and frequency of the services necessary to meet the patient's and family's needs  - Measurable outcomes anticipated from implementing and coordinating the plan of care  - Medications and treatment necessary to meet the patient's needs

Standard EP S		Standard Text	EP Text
			- Medical supplies and appliances necessary to meet the patient's needs
PC.01.03.01	33	The organization plans the patient's care.	For hospices that elect to use The Joint Commission deemed status option: A registered nurse who is a member of the interdisciplinary group and is responsible for hospice aide supervision prepares written patient care instructions for the hospice aide.
PC.02.01.01	1	The organization provides care, treatment, or services for each patient.	The organization provides the patient with care, treatment, or services according to his or her individualized plan of care.
PC.02.01.03	9	The organization provides care, treatment, or services in accordance with orders or prescriptions, as required by law and regulation.	For home health agencies and hospices that elect to use The Joint Commission deemed status option: The home health aide or hospice aide provides services that are ordered by the physician in the plan of care, consistent with the aide's training, and that the aide is permitted to perform under state law.
PC.04.01.05	2	Before the organization discharges or transfers a patient, it informs and educates the patient about his or her follow-up care, treatment, or services.	Before the patient is discharged, the organization informs the patient of the kinds of continuing care, treatment, or services he or she will need. (See also PC.04.01.01, EP 10)
PC.04.02.01	3	When a patient is discharged or transferred, the organization gives information about the care, treatment, or services provided to the patient to other service providers who will provide the patient with care, treatment, or services.	The organization provides a written discharge summary to the patient's physician in accordance with law and regulation.  For hospices that elect to use The Joint Commission deemed status option: Law and regulation require that the hospice inform the attending physician of the availability of a discharge summary. The discharge summary is provided to the physician upon the physician's request and includes the patient's medical and health status at the time of discharge. For home health agencies that elect to use The Joint Commission deemed status option: A completed discharge summary is sent to the primary care practitioner or other health care professional who will be responsible for providing care and services to the patient (if any) after discharge from the organization within five business days of the patient's discharge. (See also RC.02.01.01, EP 3)
PC.04.02.01	4	When a patient is discharged or transferred, the organization gives information about the care, treatment, or services provided to the patient to other service providers who will provide the patient with care, treatment, or services.	For hospices that elect to use The Joint Commission deemed status option: If the care of the patient is transferred to another Medicare/Medicaid-certified facility, the hospice provides the receiving facility with a copy of the hospice discharge summary and, if requested, a copy of the patient's clinical record.
RC.01.01.01	11	The organization maintains complete and accurate patient records.	For hospices that elect to use The Joint Commission deemed status option: The patient record is complete, promptly and accurately documented, readily accessible, and systematically organized to facilitate retrieval.



### **Final Accreditation Report**

Seasons Hospice & Palliative Care of Delaware, LLC 220 Continental Drive, Suite 407
Newark, DE 19713

Organization Identification Number: 448394 Unannounced Full Event: 4/30/2019 - 5/2/2019

Program Surveyed
Home Care

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## The Joint Commission Executive Summary

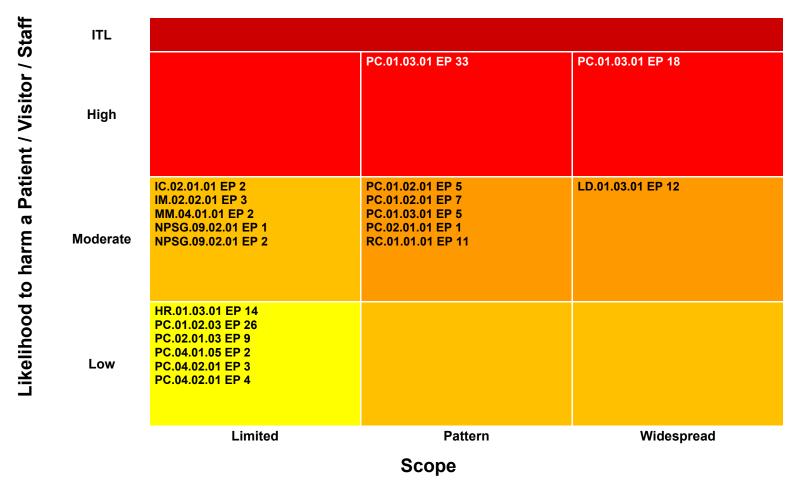
Program	Survey Dates	Event Outcome	Follow-up Activity	Follow-up Time Frame or Submission Due Date
Home Care	04/30/2019 - 05/03/2019	Requirements for Improvement	Clarification (Optional)	Submit within 10 Business Days from the final posted report date
	03/03/2019	mprovement	Unannounced Medicare Deficiency Survey	Survey within 45 Calendar Days from the last day of survey
			Evidence of Standards Compliance (ESC)	Submit within 60 Calendar Days from the final posted report date

# The Joint Commission What's Next - Follow-up Activity

Standard	EP	SAFER™ Placement	СоР	Tag	Included in the Medicare Deficiency Survey (within 45 Calendar Days)	Included in the Evidence of Standard Compliance (within 60 calendar days)
HR.01.03.01	<u>14</u>	Low / Limited	§418.76 (h)(1)(i)	<u>L629</u>		✓
IC.02.01.01	2	Moderate / Limited	§418.60 (a)	<u>L579</u>		✓
<u>IM.02.02.01</u>	<u>3</u>	Moderate / Limited				✓
LD.01.03.01	<u>12</u>	Moderate / Widespread	§418.100 (b)	<u>L651</u>		<b>✓</b>
MM.04.01.01	2	Moderate / Limited				<b>✓</b>
NPSG.09.02.0 1	1	Moderate / Limited				<b>✓</b>
	2	Moderate / Limited				<b>√</b>
PC.01.02.01	<u>5</u>	Moderate / Pattern				<b>√</b>
	7	Moderate / Pattern	§418.64 (d)(3)(i)	<u>L598</u>		<b>√</b>
			§418.54 (c)(5)	<u>L529</u>		<b>√</b>
PC.01.02.03	<u>26</u>	Low / Limited	§418.54 (b)	<u>L523</u>		<b>√</b>
PC.01.03.01	<u>18</u>	High / Widespread	§418.56 (c)(2)	<u>L547</u>	<b>√</b>	<b>√</b>
			§418.56 (c)(4)	<u>L549</u>	<b>√</b>	<b>√</b>
			§418.56 (c)(1)	<u>L546</u>	✓	✓

Standard	EP	SAFER™ Placement	СоР	Tag	Included in the Medicare Deficiency Survey (within 45 Calendar Days)	Included in the Evidence of Standard Compliance (within 60 calendar days)
	<u>33</u>	High / Pattern	§418.76 (g)(1)	<u>L625</u>		<b>√</b>
	<u>5</u>	Moderate / Pattern	§418.56 (c)	<u>L545</u>	✓	<b>✓</b>
PC.02.01.01	1	Moderate / Pattern	§418.56 (e)(2)	<u>L555</u>	✓	<b>~</b>
PC.02.01.03	9	Low / Limited	§418.76 (g)(2)(ii)	<u>L626</u>		<b>~</b>
PC.04.01.05	2	Low / Limited				<b>v</b>
PC.04.02.01	<u>3</u>	Low / Limited	§418.104 (e)(1)(i)	<u>L682</u>		<b>~</b>
	4	Low / Limited	§418.104 (e)(1)(i)	<u>L682</u>		<b>√</b>
RC.01.01.01	11	Moderate / Pattern	<u>§418.104</u>	<u>L671</u>		<b>~</b>

# The Joint Commission SAFER™ Matrix



# The Joint Commission The Centers for Medicaid and Medicare Services (CMS) Summary

CoP(s)	Tag	CoP Score	Corresponds to:
<u>§418.54</u>	L520	Standard	
§418.54(b)	L523	Standard	OME/PC.01.02.03/EP26
§418.54(c)(5)	L529	Standard	OME/PC.01.02.01/EP7
<u>§418.60</u>	L577	Standard	
<u>§418.60(a)</u>	<u>L579</u>	Standard	OME/IC.02.01.01/EP2
<u>§418.64</u>	L587	Standard	
§418.64(d)(3)(i)	<u>L598</u>	Standard	OME/PC.01.02.01/EP7
<u>§418.100</u>	<u>L649</u>	Standard	
§418.100(b)	<u>L651</u>	Standard	OME/LD.01.03.01/EP12
<u>§418.104</u>	<u>L671</u>	Standard	OME/RC.01.01.01/EP11
<u>§418.56</u>	<u>L538</u>	Condition	
§418.56(c)	<u>L545</u>	Condition	OME/PC.01.03.01/EP5
§418.56(c)(1)	<u>L546</u>	Condition	OME/PC.01.03.01/EP18
§418.56(c)(2)	<u>L547</u>	Standard	OME/PC.01.03.01/EP18
§418.56(c)(4)	<u>L549</u>	Standard	OME/PC.01.03.01/EP18
§418.56(e)(2)	<u>L555</u>	Standard	OME/PC.02.01.01/EP1
<u>§418.76</u>	<u>L607</u>	Standard	
§418.76(g)(1)	<u>L625</u>	Standard	OME/PC.01.03.01/EP33
§418.76(g)(2)(ii)	<u>L626</u>	Standard	OME/PC.02.01.03/EP9
§418.76(h)(1)(i)	<u>L629</u>	Standard	OME/HR.01.03.01/EP14
§418.104(e)(1)(i)	<u>L682</u>	Standard	OME/PC.04.02.01/EP3 OME/PC.04.02.01/EP4

# The Joint Commission Requirements for Improvement

		СоР	CoP Score
or hospices that elect to use The Joint Commission seemed status option: In order to assess the quality care and services provided by the hospice aide and to ensure that services ordered meet the attent's needs, the registered nurse supervises the aspice aide during an on-site visit to the patient's arme no less frequently than every 14 days. If arising services are not provided, a physical or accupational therapist or speech-language atthologist can supervise the hospice aide. One of the present during the supervisor's visit.	1). Observed in Record Review at Seasons Hospice & Palliative Care of Delaware, LLC (220 Continental Drive, Suite 407, Newark, DE) site. In 2 of 10 patient records reviewed, the registered nurse did not perform a hospice aide supervisory visit every 14 days.  In HOS2 HV #1, the Surveyor noted the hospice aide supervisory visit was made 15 days apart. This was confirmed with the Director of Quality.  In HOS2 RR #4, the Surveyor noted the hospice aide supervisory visit was not made until 18 days after the first aide visit. This was confirmed with the Director of Quality.	§418.76(h)(1)(i)	Standard
ne organization uses standard precautions, * cluding the use of personal protective equipment, reduce the risk of infection. (See also C.02.02.01, EP 4) bee: Standard precautions are infection prevention ad control measures to protect against possible reposure to infectious agents. These precautions be general and applicable to all patients. botnote *: For further information regarding andard precautions, refer to the website of the enters for Disease Control and Prevention (CDC) http://www.cdc.gov/hai/ (Infection Control in ealthcare Settings).	Observed in Individual Tracer at Seasons     Hospice & Palliative Care of Delaware, LLC (220     Continental Drive, Suite 407, Newark, DE) site . In 1 of 3 home visits conducted, the organization did not use standard precautions to reduce the risk of infection.  In HOS HV #2, the Surveyor noted the medical social worker did not perform hand hygiene in the home before patient contact. This was discussed with the Director of Quality.	§418.60(a)	Standard
	2). Observed in Tracer Visit at Seasons Hospice & Palliative Care of Delaware, LLC (220 Continental Drive, Suite 407, Newark, DE) site . During HOS1 HV2 the Hospice surveyor noted that the RN failed to remove gloves after inspecting the Foley catheter and then touching the remote control and other objects on the patients bed. This was validated in a discussion with the clinical director.	§418.60(a)	Standard
ealt		2). Observed in Tracer Visit at Seasons Hospice & Palliative Care of Delaware, LLC (220 Continental Drive, Suite 407, Newark, DE) site . During HOS1 HV2 the Hospice surveyor noted that the RN failed to remove gloves after inspecting the Foley catheter and then touching the remote control and other objects on the patients bed. This was validated in a discussion with the clinical director.	thcare Settings).  2). Observed in Tracer Visit at Seasons Hospice & Palliative Care of Delaware, LLC (220 Continental Drive, Suite 407, Newark, DE) site . During HOS1 HV2 the Hospice surveyor noted that the RN failed to remove gloves after inspecting the Foley catheter and then touching the remote control and other objects on the patients bed. This was validated in a discussion with the clinical director.

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
		Limited	abbreviations, acronyms, symbols, and dose designations, which includes the following:  - U,u  - IU  - Q.D., QD, q.d., qd  - Q.O.D., QOD, q.o.d, qod  - Trailing zero (X.0 mg)  - Lack of leading zero (.X mg)  - MS  - MSO4  - MgSO4  Note 1: A trailing zero may be used only when required to demonstrate the level of precision of the value being reported, such as for laboratory results, imaging studies that report the size of lesions, or catheter/tube sizes. It may not be used in medication orders or other medication-related documentation.  Note 2: The prohibited list applies to all orders, preprinted forms, and medication-related documentation. Medication-related documentation is either handwritten or electronic.	& Palliative Care of Delaware, LLC (220 Continental Drive, Suite 407, Newark, DE) site . In 1 of 10 patient records reviewed, the organization did not follow its list of prohibited abbreviations.  In HOS2 RR #4, the Surveyor noted the nurse documented omeprazole qd and mometasone qd which were unapproved abbreviations. This was confirmed with the Director of Quality.		
				2). Observed in Record Review at Seasons Hospice & Palliative Care of Delaware, LLC (220 Continental Drive, Suite 407, Newark, DE) site . During HOS1 HV2 and subsequent RR of the skilled nursing process, the HOS1 surveyor noted that there were 4 instances of the unapproved abbreviation "QD" on the medication profile. This was validated in a discussion with the senior director of clinical operations.		
LD.01.03.01	12	Moderate Widespread	For home health agencies and hospices that elect to use The Joint Commission deemed status option: The organization has a governing body that assumes full legal authority and responsibility for the overall operation of the organization.  For home health agencies that elect to use The Joint Commission deemed status option: Overall operation of the organization includes provision of services, fiscal operations, review of the agency's budget and operational plans, and its quality	1). Observed in Tracer Activities at Seasons Hospice & Palliative Care of Delaware, LLC (220 Continental Drive, Suite 407, Newark, DE) site . The surveyor noted that the organization did not ensure compliance with 418.104 and 418.56. This was validated in a discussion with senior leadership.	§418.100(b)	Standard

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Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
			assessment and performance improvement (QAPI) program.			
MM.04.01.01	2	Moderate Limited	For organizations that prescribe or receive medication orders verbally or via telephone, fax, or electronic media: The organization follows a written policy that defines the following:  - The required elements of a complete medication order  - The precautions for ordering medications with lookalike or sound-alike names  - Actions to take when medication orders are incomplete, illegible, or unclear	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of DE, LLC (30265 Commerce Drive, Suite 205, Millsboro, DE) site . In 1 of 3 home visits conducted, In HOS HV #2, the Surveyor noted the medication profile included ibuprofren and tramadol prn for pain; however, there was no indication as to which one to take first. Second example, the medication profile include both lorazepam and alprazolam prn for anxiety; however, no indication as to which medication to take first. In discussion with the nurse, one of the antianxiety medications was from the comfort kit. Third example, the medication profile included compazine and zofran for nausea; medication to take first. In discussion with the nurse, one of the antiemetic medications was from the comfort kit. Fourth example, the medication profile included aspirin 81 mg daily; however, the patient was never on this medication per the assisted living facility. This was discussed with the Director of Quality.		
NPSG.09.02.01	1	Moderate Limited	Assess the patient's risk for falls.	1). Observed in Record Review at Seasons Hospice & Palliative Care of DE, LLC (30265 Commerce Drive, Suite 205, Millsboro, DE) site . In HOS 1 HV 1 the surveyor noted that the patient relocated from an ALF to a SNF and there was no falls risk assessment done on 2/14 as required by agency policy. This was validated in a discussion with and observation by the Sr. Director of Clinical Operations.		
NPSG.09.02.01	2	Moderate Limited	Implement interventions to reduce falls based on the patient's assessed risk.	1). Observed in Record Review at Seasons Hospice & Palliative Care of DE, LLC (30265 Commerce Drive, Suite 205, Millsboro, DE) site . In HOS2 HV #1, the Surveyor noted the patient was identified at risk for falls; however, the plan of care did not include interventions to decrease fall risk. This was confirmed with the Director of Quality.		
PC.01.02.01	<u>5</u>	Moderate	Based on the patient's condition and the care,	1). Observed in Record Review at Seasons Hospice		

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
		Pattern	treatment, or services it provides, the organization defines, in writing, which of the following information it collects in the patient's assessment and reassessment:  Pertinent diagnoses  Pertinent physical findings  Pertinent medical history  Functional status  Psychosocial status  Cultural or religious practices that may affect care  Care the family or support system is capable of and willing to provide  Educational needs, including the abilities, motivation, and readiness to learn  Barriers and safety hazards in the home environment  Any other relevant information that may affect the patient's goals	& Palliative Care of Delaware, LLC (220 Continental Drive, Suite 407, Newark, DE) site . In 4 of 10 patient records reviewed, The organization did not assess and reassess its patients based on the patient's condition and the care, treatment or services it provided.  In HOS2 HV #1, the Surveyor noted the nurse documented the patient had an open wound on the buttocks which the patient refused to let the nurse assess on that visit; however, there was no further follow-up assessment or documentation related to the open wound on the buttocks. This was confirmed with the Director of Quality.  In HOS2 RR #5, the Surveyor noted the patient was admitted with a dehisced surgical wound to the back; however, the nurse did not assess the wound bed, perimeter or measurements on admission. This was confirmed with the Director of Quality.  In HOS2 RR #6, the Surveyor noted the patient was on oxygen; however, the admission assessment did not indicate the flow rate of oxygen the patient was currently receiving. This was confirmed with the Director of Quality.  In HOS2 RR #7, the Surveyor noted the nurse did not assess of cardiac status, genitourinary status or gastrointestinal symptoms at the admission assessment. This was confirmed with the Director of Quality.		
PC.01.02.01	7	Moderate Pattern	The hospice's written definition of information the organization collects during assessment and reassessment includes the following:  - The severity of symptoms  - Factors that alleviate or exacerbate physical symptoms  - The comfort level of a patient who chooses not to take nutrition therapy  - Patient and family spiritual orientation, including	1). Observed in Record Review at Seasons Hospice & Palliative Care of Delaware, LLC (220 Continental Drive, Suite 407, Newark, DE) site . In 5 of 10 patient records reviewed, the hospice did not provide an assessment of the patient's and family's spiritual needs.  In HOS2 HV #2, HOS2 RR #1, HOS2 RR #3, HOS2 RR #6 and HOS2 RR #7, the Surveyor noted the	§418.64(d)(3)(i)	Standard

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Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
			their desire for the involvement of a religious group - Spiritual concerns or needs identified by the patient or family, such as despair, suffering, guilt, and forgiveness - Patient and family involvement in a support group, if any - Additional information about the patient's psychosocial status, such as family relationships, social history, the source and adequacy of environmental and other resources, coping mechanisms, and the patient's and family's reactions to illness - The need for volunteer services to offer support or respite to the patient, family, or other caregivers - The need for an alternative setting or level of care - Anticipated discharge needs, including bereavement and funeral needs - Survivor risk factors, such as the nature of the relationship with the patient, circumstances surrounding the death, behaviors before and after the death, availability of coping mechanisms, and potential for pathological grief reactions - For hospices that elect to use The Joint Commission deemed status option: Cultural factors that may impact the patient's and family's ability to cope with the patient's death - For hospices that elect to use The Joint Commission deemed status option: The need for referral to and evaluation by other health professionals	policy indicated the nurse and the medical social worker would complete the spiritual assessment; however, the nurse's assessment only indicated if there were any spiritual needs identified and the medical social worker spiritual assessment section was blank. In review of the patient/family assessment policy and the chaplain services policy, the hospice did not define the information the organization would collect related to spiritual concerns or needs identified by the patient or family such as despair suffering, guilt and forgiveness. This was confirmed with the Director of Quality.		
				2). Observed in Tracer Activities at Seasons Hospice & Palliative Care of Delaware, LLC (4755 Ogletown Stanton Road, 6th Floor, Newark, DE) site . In 2 of 2 patient records reviewed, In IPU 1 the surveyor noted that ativan and roxanol were given on 4/28 with no numerical assessment pre or post intervention that is required by policy. In IPU 2 moarphine was given on 4/27 with no numerical assessment pre or post intervention. This was validated in a discussion with and observation by the Sr. Director of Clincal Operations.		Standard

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
PC.01.02.03	<u>26</u>	Low Limited	For hospices that elect to use The Joint Commission deemed status option: The hospice's interdisciplinary group, in consultation with the patient's attending physician, if any, completes the comprehensive assessment no later than five calendar days after the election of hospice care.	1). Observed in Record Review at Seasons Hospice & Palliative Care of Delaware, LLC (220 Continental Drive, Suite 407, Newark, DE) site . In 1 of 10 patient records reviewed, the interdisciplinary team did not complete the comprehensive assessment no later than 5 calendar days after the election of hospice.	§418.54(b)	Standard
				In HOS2 RR #4, the Surveyor noted the spiritual assessment was not completed by the interdisciplinary team until 8 days after the start of care. This was confirmed with the Director of Quality.		
				2). Observed in Record Review at Seasons Hospice & Palliative Care of Delaware, LLC (220 Continental Drive, Suite 407, Newark, DE) site. In 1 of 7 patient records reviewed, In HOS 1 HV 2 the surveyor noted that the chaplain was ordered on the SOC however the visit was not performed until day 8. This was validated in a discussion with and observation by the Sr. Director of Clincal Operations.	§418.54(b)	Standard
PC.01.03.01	<u>5</u>	Moderate Pattern	The written plan of care is based on the patient's goals and the time frames, settings, and services required to meet those goals.	1). Observed in Record Review at Seasons Hospice & Palliative Care of Delaware, LLC (220 Continental Drive, Suite 407, Newark, DE) site . In 5 of 10 patient records reviewed, the written plan of care was not based on measurable goals.	§418.56(c)	Condition
				In HOS2 HV #1, HOS2 HV #2, HOS2 RR #1, HOS2 RR #2 and HOS2 RR #7, the Surveyor noted the goals on the plan of care did not include time frames. This was confirmed with the Director of Quality.		
				In HOS2 RR #1, the Surveyor noted the following unmeasurable goal: patient will experience ease in breathing. This was confirmed with the Director of Quality.		
				In HOS2 RR #2, the Surveyor noted the plan of care included the following unmeasurable goals: patient will have a comfortable death and patient anxiety will		

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
				be reduced. This was confirmed with the Director of Quality.		
				In HOS2 RR #7, the Surveyor noted the plan of care included interventions for the biliary drainage tube; however, there was no goal. This was confirmed with the Director of Quality.		
				2). Observed in Record Review at Seasons Hospice & Palliative Care of Delaware, LLC (220 Continental Drive, Suite 407, Newark, DE) site . In 4 of 4 patient records reviewed, In record review HOS1 surveyor noted that the IDT notes did not include a time frame for the various goals listed. In addition the notes only had a description of the clinical picture by the RN with no reference to other services being provided, nor documetation of progress, or lack thereof, to goals. This was validated in a discussion with and observation by the Sr. Director of Clincal Operations.	§418.56(c)	Condition
PC.01.03.01	18	High Widespread	For hospices that elect to use The Joint Commission deemed status option: The plan of care includes all services needed for the palliation and management of the terminal illness and related conditions, including the following:  - Interventions to manage pain and symptoms  - A statement of the scope and frequency of the services necessary to meet the patient's and family's needs  - Measurable outcomes anticipated from implementing and coordinating the plan of care  - Medications and treatment necessary to meet the patient's needs  - Medical supplies and appliances necessary to meet the patient's needs	In HOS2 RR #3, the Surveyor noted the nurse documented on admission the patient was to be referred to chaplain services; however, the plan of care did not include an evaluation or visit frequency for chaplain services. The chaplain did not see the patient until four months later. This was confirmed with the Director of Quality.  In HOS2 HV #3, the Surveyor noted the medical social worker documented the patient was to be referred to chaplain services; however, the plan of care did not include a visit frequency for chaplain	§418.56(c)(2)	Standard
				services. This was confirmed with the Director of Quality.  2). Observed in Record Review at Seasons Hospice	§418.56(c)(4)	Standard

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
				& Palliative Care of DE, LLC (30265 Commerce Drive, Suite 205, Millsboro, DE) site . the patient record did not contain an accurate medication list.  In HOS HV #2, the Surveyor noted the medication profile included ibuprofren and tramadol prn for pain; however, there was no indication as to which one to take first. Second example, the medication profile include both lorazepam and alprazolam prn for anxiety; however, no indication as to which medication to take first. In discussion with the nurse, one of the antianxiety medications was from the comfort kit. Third example, the medication		
				profile included compazine and zofran for nausea; however, there was no indication as to which medication to take first. In discussion with the nurse, one of the antiemetic medications was from the comfort kit. This was discussed with the Director of Quality.		
				3). Observed in Record Review at Seasons Hospice & Palliative Care of DE, LLC (30265 Commerce Drive, Suite 205, Millsboro, DE) site. During HOS1 HV2 the Hospice surveyor noted that record did not have a complete medication order as required by policy. Morphine 7 mg bolus was ordered as "PRN as Directed" with no time frame included making the order unclear. This was validated in a discussion with the senior director of clinical operations.	§418.56(c)(4)	Standard
				4). Observed in Record Review at Seasons Hospice & Palliative Care of Delaware, LLC (220 Continental Drive, Suite 407, Newark, DE) site . In 9 of 10 patient records reviewed, the plan of care did not include interventions to manage pain and symptoms.	§418.56(c)(1)	Condition
				In HOS2 RR #1, the Surveyor noted the patient was placed on general inpatient for shortness of breath; however, the nurse documented the patient did not have shortness or breath on admission or any subsequent nursing notes. Also, the plan of care did not include interventions to address this		

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
				symptom. Second example, the patient had an intravenous catheter; however, there was no goal or interventions for the catheter on the plan of care. Third example, there were conflicting diet orders for inpatient unit of NPO and regular diet. This was confirmed with the Director of Quality.		
				In HOS2 RR #2, the Surveyor noted the plan of care included an order for foley catheter which indicated 16 fr and change every 30 days and prn; however, there was no indication given for the prn order. This was confirmed with the Director of Quality.		
				In HOS2 RR #3, the Surveyor noted the patient developed a urinary tract infection; however, the plan of care was not updated to include interventions to address this issue. This was confirmed with the Director of Quality.		
				In HOS2 HV #3, the Surveyor noted the patient had a foley catheter on admission; however, the plan of care did not specify the patient's urologist was changing the foley catheter. In addition, last month, the nurse documented the Foley catheter now to be inserted by the hospice nurse; however, the plan of care was not updated to reflect this. This was confirmed with the Director of Quality.		
				In HOS2 RR #4, the Surveyor noted the patient complained of shortness of breath on admission; however, the plan of care did not include interventions for shortness of breath. Also, the plan of care did not include wound care orders for the sacral wound present on admission until 12 days after start of care. This was confirmed with the Director of Quality.		
				In HOS2 RR #5, the Surveyor noted the patient was admitted to general inpatient level of care for		

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
				shortness of breath and agitation; however, the plan of care did not include interventions for these symptoms. In addition, the patient was on oxygen at 6 liters and BIPAP; however, there were no order for these on the plan of care. Also, the patient had a dehisced surgical wound infected with MRSA to the back; however, the plan of care did not include interventions. In addition, the patient had anxiety/agitation, at risk for falls, diabetic, and dysphagia and these issues were not addressed in the plan of care. Lastly, the patient's level of care was changed from general inpatient to routine; however, there was no order written from three days ago. This was confirmed with the Director of Quality.  In HOS2 RR #7, the Surveyor noted the patient was identified as having pain; however, the plan of care did not include pain interventions. In addition, the plan of care did not specify who was flushing the biliary tube daily as well as the specific care to be provided to the biliary tube site. This was confirmed with the Director of Quality.		
PC.01.03.01	33	High Pattern	For hospices that elect to use The Joint Commission deemed status option: A registered nurse who is a member of the interdisciplinary group and is responsible for hospice aide supervision prepares written patient care instructions for the hospice aide.	1). Observed in Patient Home at Seasons Hospice & Palliative Care of Delaware, LLC (220 Continental Drive, Suite 407, Newark, DE) site. In 3 of 10 patient records reviewed, the registered nurse did not prepare specific written patient care instructions for the hospice aide.  In HOS2 RR #1, the Surveyor noted the aide plan of care indicated foley catheter care; however, the patient did not have a foley catheter. This was confirmed with the Director of Quality.  In HOS2 RR #2, the Surveyor noted the aide plan of care indicated "diabetic" under safety measures; however, the patient was not diabetic. This was confirmed with the Director of Quality.  In HOS2 RR #4, the Surveyor noted there was no aide plan of care in the clinical record; however, the	§418.76(g)(1)	Standard

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
				patient was seen four times by the aide. This was confirmed with the Director of Quality.		
PC.02.01.01	1	Moderate Pattern	The organization provides the patient with care, treatment, or services according to his or her individualized plan of care.	1). Observed in Record Review at Seasons Hospice & Palliative Care of Delaware, LLC (220 Continental Drive, Suite 407, Newark, DE) site. In 3 of 10 patient records reviewed, the interdisciplinary team did not ensure that care and services were provided in accordance with the plan of care.  In HOS2 HV #1, the Surveyor noted there was a missed visit due to patient declined; however, there was no documentation the interdisciplinary team was notified of the missed visit. In addition, the Surveyor noted the plan of care for the hospice aide visit frequency was five visits in the first two weeks of service; however, the patient was only seen three times by the hospice aide in the first two weeks of service. There was no documentation of a missed visit. This was confirmed with the Director of Quality.  In HOS2 HV #3, the Surveyor noted the current plan of care ordered daily aide visits; however, there were four missed aide visits without documentation of the reason for the missed visits. This was confirmed with the Director of Quality.  In HOS2 RR #4, the Surveyor noted the skilled nurse visit frequency was 2 - 3 x's per for the first two weeks; however, the patient was only seen one time the second week of services. In addition, the aide visit frequency was 1 week 1, 3 week 12;	§418.56(e)(2)	Standard
				however, the patient was not seen the third week of service. There was no documentation of missed visits. This was confirmed with the Director of Quality.		
PC.02.01.03	9	Low Limited	For home health agencies and hospices that elect to use The Joint Commission deemed status option: The home health aide or hospice aide provides services that are ordered by the physician in the plan of care, consistent with the aide's training, and	1). Observed in Record Review at Seasons Hospice & Palliative Care of Delaware, LLC (220 Continental Drive, Suite 407, Newark, DE) site . In 1 of 10 patient records reviewed, the hospice aide did not perform care according to the aide plan of care.	§418.76(g)(2)(ii)	Standard

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
			that the aide is permitted to perform under state law.	In HOS2 HV #2, the Surveyor noted the aide plan of care indicated a shower daily; however, the aide did not perform a shower on 5 of 6 visit notes reviewed. This was confirmed with the Director of Quality.		
PC.04.01.05	2	Low Limited	Before the patient is discharged, the organization informs the patient of the kinds of continuing care, treatment, or services he or she will need. (See also PC.04.01.01, EP 10)	1). Observed in Record Review at Seasons Hospice & Palliative Care of Delaware, LLC (220 Continental Drive, Suite 407, Newark, DE) site. In 1 of 1 patient records reviewed where the patient was discharged from hospice services, the organization did not educate the patient about his or her follow-up care, treatment or services.  In HOS2 RR #3, the Surveyor noted the hospice did not provide education to the patient, family or assisted living facility regarding the patient's follow-up care, treatment or services. This was confirmed with the Quality Director.		
PC.04.02.01	3	Low Limited	The organization provides a written discharge summary to the patient's physician in accordance with law and regulation. For hospices that elect to use The Joint Commission deemed status option: Law and regulation require that the hospice inform the attending physician of the availability of a discharge summary. The discharge summary is provided to the physician upon the physician's request and includes the patient's medical and health status at the time of discharge. For home health agencies that elect to use The Joint Commission deemed status option: A completed discharge summary is sent to the primary care practitioner or other health care professional who will be responsible for providing care and services to the patient (if any) after discharge from the organization within five business days of the patient's discharge. (See also RC.02.01.01, EP 3)		§418.104(e)(1)(i)	Standard
PC.04.02.01	4	Low Limited	For hospices that elect to use The Joint Commission deemed status option: If the care of the patient is transferred to another Medicare/Medicaid-certified	1). Observed in Record Review at Seasons Hospice & Palliative Care of Delaware, LLC (220 Continental Drive, Suite 407, Newark, DE) site . In 1 of 1 patient	§418.104(e)(1)(i)	Standard

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
			facility, the hospice provides the receiving facility with a copy of the hospice discharge summary and, if requested, a copy of the patient's clinical record.	records reviewed where the patient was transferred or discharged to another medicare faicility, the hospice did not provide the receiving facility with a copy of the hospice discharge summary.		
				In HOS RR #1, the Surveyor noted the patient was transferred from the hospice inpatient unit to a skilled nursing facility for rehabilitation services; however, the hospice did not provide to the nursing facility a copy of the hospice discharge summary or a copy of the patient's clinical record. This was confirmed with the Director of Quality.		
RC.01.01.01	11	Moderate Pattern	For hospices that elect to use The Joint Commission deemed status option: The patient record is complete, promptly and accurately documented, readily accessible, and systematically organized to facilitate retrieval.	1). Observed in Record Review at Seasons Hospice & Palliative Care of Delaware, LLC (220 Continental Drive, Suite 407, Newark, DE) site. In 4 of 10 patient records reviewed, the patient record was not complete, promptly and accurately documented.  In HOS2 HV #1, the Surveyor noted the interdisciplinary meeting notes for the first eight weeks of service were identical. Although the patient had complaints of constipation at the nursing visits during that time frame, there was no documentation of this discussion in the meeting notes. This was confirmed with the Director of Quality.  In HOS2 HV #2, the Surveyor noted the nurse did not document the assessment of the rash to the groin area in clinical notes for the past several	§418.104	Standard
				weeks. This was confirmed with the Director of Quality.  In HOS2 RR #4, the Surveyor noted the nurse documented "small pinhole on buttock"; however, there was no documentation of the wound bed or periwound assessment. In addition, the aide completed four visits; however, the documentation was blank. This was confirmed with the Director of Quality.		

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
				In HOS2 RR #3, the Surveyor noted the discharge summary was not promptly entered into the clinical record. The discharge summary was not entered into the clinical record until the day of survey. The patient was discharged eight weeks ago. This was confirmed with the Director of Quality.		

#### **Appendix**

#### **Conditions of Participation Text**

СоР	Tag	CoP Standard text
§418.54 Initial and Comprehensive Assessment of the Patient	L520	§418.54 Condition of participation: Initial and comprehensive assessment of the patient.
§418.54(b) Time frame for completion of the comprehensive assessment	L523	§418.54(b) Standard: Time frame for completion of the comprehensive assessment.  The hospice interdisciplinary group, in consultation with the individual's attending physician (if any), must complete the comprehensive assessment no later than 5 calendar days after the election of hospice care in accordance with §418.24.
§418.54(c)(5) Content of the comprehensive assessment	L529	(5) Severity of symptoms.
§418.60 Infection control	L577	§418.60 Condition of participation: Infection control.
§418.60(a) Prevention	L579	§418.60(a) Standard: Prevention.  The hospice must follow accepted standards of practice to prevent the transmission of infections and communicable diseases, including the use of standard precautions.
§418.64 Core Services	L587	§418.64 Condition of participation: Core services.
§418.64(d)(3)(i) Counseling services	L598	(i) Provide an assessment of the patient's and family's spiritual needs.
§418.100 Organization and administration of services	L649	The hospice must organize, manage, and administer its resources to provide the hospice care and services to patients, caregivers and families necessary for the palliation and management of the terminal illness and related conditions.
§418.100(b) Governing body and administrator	L651	§418.100(b) Standard: Governing body and administrator.  A governing body (or designated persons so functioning) assumes full legal authority and responsibility for the management of the hospice, the provision of all hospice services, its fiscal operations, and continuous quality assessment and performance improvement. A qualified administrator appointed by and reporting to the governing body is responsible for the day-to-day operation of the hospice. The administrator must be a hospice employee and possess education and experience required by the hospice's governing body.
§418.104 Clinical Records	L671	A clinical record containing past and current findings is maintained for each hospice patient. The clinical record must contain correct clinical information that is available to the patient's attending physician and hospice staff. The clinical record may be maintained electronically.

СоР	Tag	CoP Standard text
§418.56 Interdisciplinary group, care planning, and coordination of services	L538	The plan of care must specify the hospice care and services necessary to meet the patient and family-specific needs identified in the comprehensive assessment as such needs relate to the terminal illness and related conditions.
§418.56(c) Content of the plan of care	L545	The hospice must develop an individualized written plan of care for each patient. The plan of care must reflect patient and family goals and interventions based on the problems identified in the initial, comprehensive, and updated comprehensive assessments. The plan of care must include all services necessary for the palliation and management of the terminal illness and related conditions, including the following:
§418.56(c)(1) Content of the plan of care	L546	(1) Interventions to manage pain and symptoms.
§418.56(c)(2) Content of the plan of care	L547	(2) A detailed statement of the scope and frequency of services necessary to meet the specific patient and family needs.
§418.56(c)(4) Content of the plan of care	L549	(4) Drugs and treatment necessary to meet the needs of the patient.
§418.56(e)(2) Coordination of services	L555	(2) Ensure that the care and services are provided in accordance with the plan of care.
§418.76 Hospice Aide and Homemaker Services	L607	§418.76 Condition of participation: Hospice aide and homemaker services.
§418.76(g)(1) Hospice aide assignments and duties	L625	(1) Hospice aides are assigned to a specific patient by a registered nurse that is a member of the interdisciplinary group. Written patient care instructions for a hospice aide must be prepared by a registered nurse who is responsible for the supervision of a hospice aide as specified under paragraph (h) of this section.
§418.76(g)(2)(ii) Hospice aide assignments and duties	L626	(ii) Included in the plan of care.
§418.76(h)(1)(i) Supervision of hospice aides	L629	(i) No less frequently than every 14 days to assess the quality of care and services provided by the hospice aide and to ensure that services ordered by the hospice interdisciplinary group meet the patient's needs. The hospice aide does not have to be present during this visit.
§418.104(e)(1)(i) Discharge or transfer of care	L682	(i) The hospice discharge summary; and

## Appendix Standard and EP Text

Standard	EP	Standard Text	EP Text
o h tt		Staff are supervised effectively.	For hospices that elect to use The Joint Commission deemed status option: In order to assess the quality of care and services provided by the hospice aide and to ensure that services ordered meet the patient's needs, the registered nurse supervises the hospice aide during an on-site visit to the patient's home no less frequently than every 14 days. If nursing services are not provided, a physical or occupational therapist or speechlanguage pathologist can supervise the hospice aide.  Note: The aide does not need to be present during the supervisor's visit.
IC.02.01.01	2	The organization implements the infection prevention and control activities it has planned.	The organization uses standard precautions, * including the use of personal protective equipment, to reduce the risk of infection. (See also EC.02.02.01, EP 4)  Note: Standard precautions are infection prevention and control measures to protect against possible exposure to infectious agents. These precautions are general and applicable to all patients.  Footnote *: For further information regarding standard precautions, refer to the website of the Centers for Disease Control and Prevention (CDC) at http://www.cdc.gov/hai/ (Infection Control in Healthcare Settings).
IM.02.02.01	3	The organization effectively manages the collection of health information.	The organization follows its list of prohibited abbreviations, acronyms, symbols, and dose designations, which includes the following:  - U,u  - IU  - Q.D., QD, q.d., qd  - Q.O.D., QOD, q.o.d, qod  - Trailing zero (X.0 mg)  - Lack of leading zero (.X mg)  - MS  - MSO4  - MgSO4  Note 1: A trailing zero may be used only when required to demonstrate the level of precision of the value being reported, such as for laboratory results, imaging studies that report the size of lesions, or catheter/tube sizes. It may not be used in medication orders or other medication-related documentation.  Note 2: The prohibited list applies to all orders, preprinted forms, and

Standard	EP	Standard Text	EP Text
			medication-related documentation. Medication-related documentation can be either handwritten or electronic.
LD.01.03.01	12	Governance is ultimately accountable for the safety and quality of care, treatment, or services.	For home health agencies and hospices that elect to use The Joint Commission deemed status option: The organization has a governing body that assumes full legal authority and responsibility for the overall operation of the organization.  For home health agencies that elect to use The Joint Commission deemed status option: Overall operation of the organization includes provision of services, fiscal operations, review of the agency's budget and operational plans, and its quality assessment and performance improvement (QAPI) program.
MM.04.01.01	2	Medication orders or prescriptions are clear and accurate.  Note: For more information on verbal and telephone orders, refer to Standards RC.02.03.07 and PC.02.01.03.	For organizations that prescribe or receive medication orders verbally or via telephone, fax, or electronic media: The organization follows a written policy that defines the following:  - The required elements of a complete medication order  - The precautions for ordering medications with look-alike or sound-alike names  - Actions to take when medication orders are incomplete, illegible, or unclear
NPSG.09.02.01	1	Reduce the risk of falls.	Assess the patient's risk for falls.
NPSG.09.02.01	2	Reduce the risk of falls.	Implement interventions to reduce falls based on the patient's assessed risk.
PC.01.02.01	5	The organization assesses and reassesses its patients.	Based on the patient's condition and the care, treatment, or services it provides, the organization defines, in writing, which of the following information it collects in the patient's assessment and reassessment:  - Pertinent diagnoses  - Pertinent physical findings  - Pertinent medical history  - Functional status  - Psychosocial status  - Cultural or religious practices that may affect care  - Care the family or support system is capable of and willing to provide  - Educational needs, including the abilities, motivation, and readiness to learn  - Barriers and safety hazards in the home environment  - Any other relevant information that may affect the patient's goals
PC.01.02.01	7	The organization assesses and reassesses its patients.	The hospice's written definition of information the organization collects during assessment and reassessment includes the following:  - The severity of symptoms  - Factors that alleviate or exacerbate physical symptoms

Standard EP Standard Text		Standard Text	EP Text
			<ul> <li>The comfort level of a patient who chooses not to take nutrition therapy</li> <li>Patient and family spiritual orientation, including their desire for the involvement of a religious group</li> <li>Spiritual concerns or needs identified by the patient or family, such as despair, suffering, guilt, and forgiveness</li> <li>Patient and family involvement in a support group, if any</li> <li>Additional information about the patient's psychosocial status, such as family relationships, social history, the source and adequacy of environmental and other resources, coping mechanisms, and the patient's and family's reactions to illness</li> <li>The need for volunteer services to offer support or respite to the patient, family, or other caregivers</li> <li>The need for an alternative setting or level of care</li> <li>Anticipated discharge needs, including bereavement and funeral needs</li> <li>Survivor risk factors, such as the nature of the relationship with the patient, circumstances surrounding the death, behaviors before and after the death, availability of coping mechanisms, and potential for pathological grief reactions</li> <li>For hospices that elect to use The Joint Commission deemed status option: Cultural factors that may impact the patient's and family's ability to cope with the patient's death</li> <li>For hospices that elect to use The Joint Commission deemed status option: The need for referral to and evaluation by other health professionals</li> </ul>
PC.01.02.03	26	The organization assesses and reassesses the patient and his or her condition according to defined time frames.	For hospices that elect to use The Joint Commission deemed status option: The hospice's interdisciplinary group, in consultation with the patient's attending physician, if any, completes the comprehensive assessment no later than five calendar days after the election of hospice care.
PC.01.03.01	5	The organization plans the patient's care.	The written plan of care is based on the patient's goals and the time frames, settings, and services required to meet those goals.
PC.01.03.01	18	The organization plans the patient's care.	For hospices that elect to use The Joint Commission deemed status option: The plan of care includes all services needed for the palliation and management of the terminal illness and related conditions, including the following:  - Interventions to manage pain and symptoms  - A statement of the scope and frequency of the services necessary to meet the patient's and family's needs  - Measurable outcomes anticipated from implementing and coordinating the plan of care  - Medications and treatment necessary to meet the patient's needs

Standard	EP Standard Text		EP Text
			- Medical supplies and appliances necessary to meet the patient's needs
PC.01.03.01	33	The organization plans the patient's care.	For hospices that elect to use The Joint Commission deemed status option: A registered nurse who is a member of the interdisciplinary group and is responsible for hospice aide supervision prepares written patient care instructions for the hospice aide.
PC.02.01.01	1	The organization provides care, treatment, or services for each patient.	The organization provides the patient with care, treatment, or services according to his or her individualized plan of care.
PC.02.01.03	9	The organization provides care, treatment, or services in accordance with orders or prescriptions, as required by law and regulation.	For home health agencies and hospices that elect to use The Joint Commission deemed status option: The home health aide or hospice aide provides services that are ordered by the physician in the plan of care, consistent with the aide's training, and that the aide is permitted to perform under state law.
PC.04.01.05	2	Before the organization discharges or transfers a patient, it informs and educates the patient about his or her follow-up care, treatment, or services.	Before the patient is discharged, the organization informs the patient of the kinds of continuing care, treatment, or services he or she will need. (See also PC.04.01.01, EP 10)
PC.04.02.01	3	When a patient is discharged or transferred, the organization gives information about the care, treatment, or services provided to the patient to other service providers who will provide the patient with care, treatment, or services.	The organization provides a written discharge summary to the patient's physician in accordance with law and regulation.  For hospices that elect to use The Joint Commission deemed status option: Law and regulation require that the hospice inform the attending physician of the availability of a discharge summary. The discharge summary is provided to the physician upon the physician's request and includes the patient's medical and health status at the time of discharge. For home health agencies that elect to use The Joint Commission deemed status option: A completed discharge summary is sent to the primary care practitioner or other health care professional who will be responsible for providing care and services to the patient (if any) after discharge from the organization within five business days of the patient's discharge. (See also RC.02.01.01, EP 3)
PC.04.02.01	4	When a patient is discharged or transferred, the organization gives information about the care, treatment, or services provided to the patient to other service providers who will provide the patient with care, treatment, or services.	For hospices that elect to use The Joint Commission deemed status option: If the care of the patient is transferred to another Medicare/Medicaid-certified facility, the hospice provides the receiving facility with a copy of the hospice discharge summary and, if requested, a copy of the patient's clinical record.
RC.01.01.01	11	The organization maintains complete and accurate patient records.	For hospices that elect to use The Joint Commission deemed status option: The patient record is complete, promptly and accurately documented, readily accessible, and systematically organized to facilitate retrieval.

#### **Appendix**

#### **Report Section Information**

#### **SAFER™ Matrix Description**

All Requirements for Improvement (RFIs) are plotted on the SAFER matrix according to the likelihood the issue could cause harm to patient(s), staff, and/or visitor(s), and the scope at which the RFI is observed. Combined, these characteristics identify a risk level for each RFI, which in turn will determine the level of required post-survey follow up. As the risk level of an RFI increases, the placement of the standard and Element of Performance moves from the bottom left corner to the upper right. The definitions for the Likelihood to Harm a Patient/Staff/Visitor and Scope are as follows:

Likelihood to Harm a Patient/Staff/Visitor:

- Low: harm could happen, but would be rare
- Moderate: harm could happen occasionally
- High: harm could happen any time

#### Scope:

- Limited: unique occurrence that is not representative of routine/regular practice
- Pattern: multiple occurrences with potential to impact few/some patients, staff, visitors and/or settings
- Widespread: multiple occurrences with potential to impact most/all patients, staff, visitors and/or settings

The Evidence of Standards Compliance (ESC) or Plan of Correction (POC) forms with findings of a higher risk will require two additional fields within the ESC or POC. The organization will provide a more detailed description of Leadership Involvement and Preventive Analysis to assist in sustainment of the compliance plan. Additionally, these higher risk findings will be provided to surveyors for possible review or onsite validation during any subsequent onsite surveys, up until the next full triennial survey occurs. The below legend illustrates the follow-up activity associated with each level of risk.

SAFER™ Matrix Placement	Required Follow-Up Activity	
HIGH/LIMITED HIGH/PATTERN HIGH/WIDESPREAD	<ul> <li>Two additional areas surrounding Leadership Involvement and Preventive Analysis will be included in the ESC or POC</li> <li>Finding will be highlighted for potential review by surveyors on subsequent</li> </ul>	
MODERATE/PATTERN MODERATE/WIDESPREAD	onsite surveys up to and including the next full survey or review	
MODERATE/LIMITED LOW/PATTERN LOW/WIDESPREAD	ESC or POC will not include Leadership Involvement and Preventive Analysis	
LOW/LIMITED		

#### **Appendix**

#### **Report Section Information**

#### **CMS Summary Description**

For organizations that utilize The Joint Commission for deeming purposes, observations noted within the Requirements for Improvement (RFI) section that are crosswalked to a CMS Condition of Participation (CoP)/Condition for Coverage (CfC) are highlighted in this section. The table included within this section incorporates, from a Centers for Medicare and Medicaid Services (CMS) perspective, the CoPs/CfCs that were noted as noncompliant during the survey, the Joint Commission standard and element of performance the CoP/CfC is associated with, the CMS score (either Standard or Condition Level), and if the standard and EP will be included in an upcoming Medicare Deficiency Survey (MEDDEF) if applicable.

#### **Requirements for Improvement Description**

Observations noted within the Requirements for Improvement (RFI) section require follow-up through the Evidence of Standards Compliance (ESC) process. The identified timeframes for submission for each observation are found in the Executive Summary section of the Final Report. If a follow-up survey is required, the unannounced visit will focus on the requirements for improvement although other areas, if observed, could still become findings. The time frame to perform the unannounced follow-up visit is dependent on the scope and severity of the issue identified within Requirements for Improvement.

#### **Appendix**

#### **Report Section Information**

#### Clarification Instructions

#### Documents not available at the time of survey

Any required documents that are not available at the time of survey will no longer be eligible for the clarification process. These RFIs will become action items in the post-survey ESC process.

#### Clerical Errors

Clerical errors in the report will no longer be eligible for the clarification process. The Joint Commission will work with the organization to correct the clerical error, so that the report is accurate. The corrected RFIs will become action items in the post-survey process.

#### **Audit Option**

There will no longer be an audit option as part of the clarification process. With the implementation of the SAFER™ matrix, the "C" Element of Performance (EP) category is eliminated. The "C" EPs were the subject of Clarification Audits.

The clarification process provides an organization the opportunity to demonstrate compliance with standards that were scored "not compliant" at the time of the survey. The organization has 10 business days from the date the report is published on the extranet site to submit the clarification. *The Evidence of Standards Compliance (ESC) due dates will remain the same whether or not the organization submits a clarification and/or is successful in the clarification process.* 

Clarifications may take either of the following forms:

- An organization believes it had adequate evidence available to the surveyor(s) and was in compliance **at the time of the survey**. (Please note that actions taken during or immediately after the survey will not be considered.) The organization must use the clarification form to support their contention.
- The organization has detailed evidence that was not immediately available **at the time of the survey.** The clarification must include an explanation as to why the surveyor(s) did not have access to the information or why it was not provided to the surveyor(s) at the time of the survey. However, any required documents that are not available at the time of survey are not eligible for the Clarification Process. These RFIs will become action items in the post-survey ESC process.
- Please do not submit supplemental documentation unless requested by The Joint Commission. If additional information is requested, the organization will be required to highlight the relevance to the standards in the documentation.



## **Final Accreditation Report**

Seasons Hospice & Palliative Care of Southern Florida, Inc. 5200 N. E. 2nd Avenue, 3 Stein Bldg
Miami, FL 33137-2706

Organization Identification Number: 570743
Evidence of Standards Compliance Submitted: 7/23/2018

ESC Programs Reviewed
Home Care

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## The Joint Commission Executive Summary

Program	Submit Date	Event Outcome	Follow-up Activity	Follow-up Time Frame or Submission Due Date
Home Care		No Requirements for Improvement	None	None

# The Joint Commission Requirements for Improvement Summary

Standard	Level of Compliance
HR.01.03.01	Compliant
IC.02.01.01	Compliant
IC.02.02.01	Compliant
LD.04.03.01	Compliant
NPSG.03.06.01	Compliant
PC.02.03.01	Compliant

## Appendix Standard and EP Text

Standard	EP	Standard Text	EP Text		
HR.01.03.01	1	Staff are supervised effectively.	Supervisors understand the care, treatment, or services provided by staff under their supervision.		
IC.02.01.01	1	The organization implements the infection prevention and control activities it has planned.	The organization implements its infection prevention and control activities, including surveillance, to minimize, reduce, or eliminate the risk of infection.  Note: Surveillance activities address processes and/or outcomes.		
IC.02.01.01	2	The organization implements the infection prevention and control activities it has planned.	The organization uses standard precautions, * including the use of personal protective equipment, to reduce the risk of infection. (See also EC.02.02.01, EP 4)  Note: Standard precautions are infection prevention and control measures to protect against possible exposure to infectious agents. These precautions are general and applicable to all patients.  Footnote *: For further information regarding standard precautions, refer to the website of the Centers for Disease Control and Prevention (CDC) at http://www.cdc.gov/hai/ (Infection Control in Healthcare Settings).		
IC.02.02.01	1	The organization reduces the risk of infections associated with medical equipment, devices, and supplies.	The organization implements infection prevention and control activities when doing the following: Cleaning and performing disinfection of medical supplies and devices. * (See also EQ.01.05.01, EPs 3 and 4)  Note: Disinfection is used for items such as stethoscopes and blood glucose meters. Additional cleaning and disinfecting is required for medical equipment, devices, and supplies used by patients who are isolated as part of implementing transmission-based precautions.  Footnote *: For further information regarding cleaning and performing disinfection of medical equipment, devices, and supplies, refer to the website of the Centers for Disease Control and Prevention (CDC) at http://www.cdc.gov/hicpac/Disinfection_Sterilization/acknowledg.html.		
LD.04.03.01	D.04.03.01 13 The organization provides services that meet patient needs.		For organizations providing a hospice program, planning addresses the following:  - The philosophy of hospice care  - Care for the patients' and families' physical, psychological, spiritual, and social needs  - Bereavement services for the survivors		
NPSG.03.06.01	3	Maintain and communicate accurate patient medication information.	Compare the medication information the patient is currently taking with the		

Standard	EP	Standard Text	EP Text
			medications ordered for the patient in order to identify and resolve discrepancies.  Note: Discrepancies include omissions, duplications, contraindications, unclear information, and changes. A qualified individual, identified by the organization, does the comparison. (See also HR.01.06.01, EP 1)
PC.02.03.01	10	The organization provides patient education and training based on each patient's needs and abilities.	Based on the patient's condition and assessed needs, the education and training provided to the patient by the organization include the following:  - An explanation of the plan for care, treatment, or services  - Procedures to follow if care, treatment, or services are disrupted by a natural disaster or emergency  - Basic health practices and safety  - Information on the safe and effective use of medications. (See also MM.06.01.01, EP 9; MM.06.01.03, EPs 3–6)  - Nutrition interventions (for example, supplements) and modified diets  - Infection prevention and control  - Discussion of pain, the risk for pain, the importance of effective pain management, the pain assessment process, and methods for pain management  - Information on personal hygiene and grooming  - Information on oral health  - Basic physical and structural home safety  - Information on the safe and effective use of medical equipment or supplies provided by the organization  - Information on the storage, handling, and access to medical gases and supplies  - Information on the identification, handling, and safe disposal of hazardous medications and infectious wastes  - Habilitation or rehabilitation techniques to help the patient reach maximum independence  - Information on the use of restraint  Note: For home health agencies and hospices that elect to use The Joint Commission deemed status option: The home health organization must provide infection control education to patients and caregivers. (See also PC.01.03.01, EP 55)



### **Final Accreditation Report**

Seasons Hospice & Palliative Care of Southern Florida, Inc. 5200 N. E. 2nd Avenue, 3 Stein Bldg Miami, FL 33137-2706

Organization Identification Number: 570743 60-day Evidence of Standards Compliance Submitted: 6/19/2018

ESC Programs Reviewed
Home Care

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## The Joint Commission Executive Summary

Program	Submit Date	Event Outcome	Follow-up Activity	Follow-up Time Frame or Submission Due Date
Home Care		I	Evidence of Standards Compliance	Submit within 30 Calendar Days from the final posted report date

## The Joint Commission What's Next - Follow-up Activity

Standard	EP	SAFER™ Placement	Included in the Evidence of Standards Compliance (within 30 Calendar Days)
HR.01.03.01	1	Moderate / Limited	✓
IC.02.01.01	1	Low / Pattern	✓
	2	Moderate / Pattern	<b>√</b>
IC.02.02.01	1	Moderate / Pattern	✓
LD.04.03.01	<u>13</u>	Low / Widespread	✓
NPSG.03.06.0 1	<u>3</u>	Moderate / Pattern	✓
PC.02.03.01	<u>10</u>	Moderate / Widespread	✓

# The Joint Commission Requirements for Improvement Summary

Standard	Level of Compliance
HR.01.03.01	Non Compliant
IC.02.01.01	Non Compliant
<u>IC.02.02.01</u>	Non Compliant
<u>IC.02.04.01</u>	Compliant
LD.04.03.01	Non Compliant
MM.04.01.01	Compliant
MM.05.01.19	Compliant
NPSG.03.06.01	Non Compliant
NPSG.15.02.01	Compliant
PC.02.01.03	Compliant
PC.02.02.01	Compliant
PC.02.03.01	Non Compliant
RI.01.01.01	Compliant

## The Joint Commission Requirements for Improvement

Standard E	₽	SAFER™ Placement	EP Text	Observation
HR.01.03.01 1		Moderate Limited	Supervisors understand the care, treatment, or services provided by staff under their supervision.	1). EP 1 Likelihood to Cause Harm: Moderate Scope: Limited Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site.  HV#5, record review, the hospice nurse surveyor noted the organization had not supervised the staff providing care, treatment or services. For example, the patient was admitted 5/26/17 and was receiving routine wound care by an LPN. There were no documented supervisory visits conducted every 30 days which was not compliant with the organization's policy. This was validated by the Clinical Director.
IC.02.01.01 1		Low Pattern	The organization implements its infection prevention and control activities, including surveillance, to minimize, reduce, or eliminate the risk of infection.  Note: Surveillance activities address processes and/or outcomes.	1). EP 1 Likelihood to Cause Harm: Low Scope: Pattern Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site.  In HV#3, the home hospice nurse surveyor observed the organization had not implemented its infection prevention and control activities, including surveillance, to minimize, reduce, or eliminate the risk of infection. For example, the nurse did not place a barrier under her equipment, prior to direct contact with patient, nor did she clean the sphygmomanometer. This was not compliant with organization's Equipment Cleaning Policy.  Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site.  During HV#6, the home hospice nurse surveyor observed the organization had not implemented its prevention and control activities to minimize, reduce or eliminate the risk of infection. As an example, the chaplain placed his bag on the floor without a barrier. This was not compliant with the organization's bag technique policy.  EP 2 Likelihood to Cause Harm: Moderate Scope: Pattern Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site.

Standard	EP	SAFER™ Placement	EP Text	Observation
				The home hospice nurse surveyor observed the organization had not demonstrated that it implemented the infection prevention and control activities it had planned, to reduce the risk of infection. For example, in HV#1, the RN did not wash her hands for a minimum of 15-20 seconds nor did she wash all hand surfaces prior to direct contact with the patient. This was not compliant with the organization's Hand Hygiene policy.
				Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site.  In HV#6 the home hospice nurse surveyor observed the organization had not implements the infection prevention and control activities it has planned . For example, the chaplain did not conduct hand hygiene prior to and following direct patient contact. This was not compliant with the organization's Hand Hygiene Policy.
IC.02.01.01	2	Moderate Pattern	The organization uses standard precautions, * including the use of personal protective equipment, to reduce the risk of infection. (See also EC.02.02.01, EP 4)  Note: Standard precautions are infection prevention and control measures to protect against possible exposure to infectious agents. These precautions are general and applicable to all patients.  Footnote *: For further information regarding standard precautions, refer to the website of the Centers for Disease Control and Prevention (CDC) at http://www.cdc.gov/hai/ (Infection Control in Healthcare Settings).	1). EP 1 Likelihood to Cause Harm: Low Scope: Pattern Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site. In HV#3, the home hospice nurse surveyor observed the organization had not implemented its infection prevention and control activities, including surveillance, to minimize, reduce, or eliminate the risk of infection. For example, the nurse did not place a barrier under her equipment, prior to direct contact with patient, nor did she clean the sphygmomanometer. This was not compliant with organization's Equipment Cleaning Policy.  Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site.  During HV#6, the home hospice nurse surveyor observed the organization had not implemented its prevention and control activities to minimize, reduce or eliminate the risk of infection. As an example, the chaplain placed his bag on the floor without a barrier. This was not compliant with the organization's bag
				technique policy.  EP 2 Likelihood to Cause Harm: Moderate Scope: Pattern Observed in Individual Tracer at Seasons Hospice & Palliative

Standard	EP	SAFER™ Placement	EP Text	Observation
				Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site.  The home hospice nurse surveyor observed the organization had not demonstrated that it implemented the infection prevention and control activities it had planned, to reduce the risk of infection. For example, in HV#1, the RN did not wash her hands for a minimum of 15-20 seconds nor did she wash all hand surfaces prior to direct contact with the patient. This was not compliant with the organization's Hand Hygiene policy.  Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site.  In HV#6 the home hospice nurse surveyor observed the organization had not implements the infection prevention and control activities it has planned. For example, the chaplain did not conduct hand hygiene prior to and following direct patient contact.
				This was not compliant with the organization's Hand Hygiene Policy.
IC.02.02.01	1	Moderate Pattern	The organization implements infection prevention and control activities when doing the following: Cleaning and performing disinfection of medical supplies and devices. * (See also EQ.01.05.01, EPs 3 and 4)  Note: Disinfection is used for items such as stethoscopes and blood glucose meters. Additional cleaning and disinfecting is required for medical equipment, devices, and supplies used by patients who are isolated as part of implementing transmission-based precautions.  Footnote *: For further information regarding cleaning and performing disinfection of medical equipment, devices, and supplies, refer to the website of the Centers for Disease Control and Prevention (CDC) at http://www.cdc.gov/hicpac/Disinfection_Sterilization/acknowledg.ht ml.	1). EP 1 Likelihood to Cause Harm: Moderate Scope: Pattern Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site.  The home hospice nurse surveyor observed the organization had not demonstrated it implemented the infection prevention and control activities when cleaning and performing disinfection of medical supplies and devices. For example during HV#2, the nurse did not use the Sani-Cloth wipe per policy to clean the sphygmomanometer and stethoscope. In addition, the supervisor unable to indicate the correct dry time of 2 minutes for the Sani-Cloth. This was validated by the Clinical Director.
LD.04.03.01	<u>13</u>	Low Widespread	For organizations providing a hospice program, planning addresses the following:  - The philosophy of hospice care  - Care for the patients' and families' physical, psychological, spiritual, and social needs  - Bereavement services for the survivors	1). EP 13 Likelihood to Cause Harm: Low Scope: WideSpread Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site.  The home hospice nurse surveyor, during discussion and document review, noted the organization had not demonstrated it provided services that met the patient needs according to the

Standard	EP	SAFER™ Placement	EP Text	Observation
				hospice program plan. For example, the volunteer services provided during the last twelve months were less than 5% of total paid hours. This was not compliant with organization policy and was validated by the Director of Support Services.
NPSG.03.06.01	3	Moderate Pattern	Compare the medication information the patient is currently taking with the medications ordered for the patient in order to identify and resolve discrepancies.  Note: Discrepancies include omissions, duplications, contraindications, unclear information, and changes. A qualified individual, identified by the organization, does the comparison. (See also HR.01.06.01, EP 1)	1). EP 3 Likelihood to Cause Harm: Moderate Scope: Pattern Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site.  The hospice nurse surveyor observed the organization did not demonstrate it had not compared the medication information the patient was currently taking with the medications ordered for the patient in order to identify and resolve discrepancies. For an example in HV#4, there was no Perchlorazine 10 mg ordered on the physician orders, however it was in the comfort kit. In addition, Acetaminophen was ordered every 6 hours but the bottle in the home was labeled every 4 hours; and the Hycosamine was ordered every 4 hours, but labeled every 6 hours; In HV#5- the hospice nurse surveyor observed there was no pharmacy label on the bottle Nitrofurantoin in the home. This was validated by the Team Director.
PC.02.03.01	10	Moderate Widespread	Based on the patient's condition and assessed needs, the education and training provided to the patient by the organization include the following:  - An explanation of the plan for care, treatment, or services - Procedures to follow if care, treatment, or services are disrupted by a natural disaster or emergency - Basic health practices and safety - Information on the safe and effective use of medications. (See also MM.06.01.01, EP 9; MM.06.01.03, EPs 3–6) - Nutrition interventions (for example, supplements) and modified diets - Infection prevention and control - Discussion of pain, the risk for pain, the importance of effective pain management, the pain assessment process, and methods for pain management - Information on personal hygiene and grooming - Information on oral health - Basic physical and structural home safety - Information on the safe and effective use of medical equipment or supplies provided by the organization - Information on the storage, handling, and access to medical	1). EP 10 Likelihood to Cause Harm: Moderate Scope: WideSpread Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site. In 4 of 6 home visits conducted, HV#1, HV#3, HV#4, HV#5 the home hospice nurse surveyor observed the organization did not demonstrate it had provided patient education and training based upon each patient needs and abilities, including information on the safe and effective use of medical equipment or supplies provided by the organization; and information on the storage, handling, and access to medical gases and supplies. For example, there were no Oxygen safety signs posted in the HV#1, HV#3, HV#4, HV#5 patient homes or residences. In addition, the E-tank in HV#4 was empty and had not been removed or replaced. This was not compliant with the organization's policy on Oxygen Safety. This was validated by the Clinical Director and the Team Leader.

Standard	EP	SAFER™ Placement	EP Text	Observation
			gases and supplies - Information on the identification, handling, and safe disposal of hazardous medications and infectious wastes - Habilitation or rehabilitation techniques to help the patient reach maximum independence - Information on the use of restraint Note: For home health agencies and hospices that elect to use The Joint Commission deemed status option: The home health organization must provide infection control education to patients and caregivers. (See also PC.01.03.01, EP 55)	

## Appendix Standard and EP Text

Standard	EP	Standard Text	EP Text
HR.01.03.01	1	Staff are supervised effectively.	Supervisors understand the care, treatment, or services provided by staff under their supervision.
IC.02.01.01	1	The organization implements the infection prevention and control activities it has planned.	The organization implements its infection prevention and control activities, including surveillance, to minimize, reduce, or eliminate the risk of infection.  Note: Surveillance activities address processes and/or outcomes.
IC.02.01.01	2	The organization implements the infection prevention and control activities it has planned.	The organization uses standard precautions, * including the use of personal protective equipment, to reduce the risk of infection. (See also EC.02.02.01, EP 4)  Note: Standard precautions are infection prevention and control measures to protect against possible exposure to infectious agents. These precautions are general and applicable to all patients.  Footnote *: For further information regarding standard precautions, refer to the website of the Centers for Disease Control and Prevention (CDC) at http://www.cdc.gov/hai/ (Infection Control in Healthcare Settings).
IC.02.02.01	1	The organization reduces the risk of infections associated with medical equipment, devices, and supplies.	The organization implements infection prevention and control activities when doing the following: Cleaning and performing disinfection of medical supplies and devices. * (See also EQ.01.05.01, EPs 3 and 4)  Note: Disinfection is used for items such as stethoscopes and blood glucose meters. Additional cleaning and disinfecting is required for medical equipment, devices, and supplies used by patients who are isolated as part of implementing transmission-based precautions.  Footnote *: For further information regarding cleaning and performing disinfection of medical equipment, devices, and supplies, refer to the website of the Centers for Disease Control and Prevention (CDC) at http://www.cdc.gov/hicpac/Disinfection_Sterilization/acknowledg.html.
IC.02.04.01	7	The organization offers vaccination against influenza to licensed independent practitioners and staff.  Note: This standard is not applicable to staff and licensed independent practitioners that provide care, treatment, or services through telemedicine or telephone consultation.	The organization evaluates the reasons given by staff and licensed independent practitioners for declining the influenza vaccination. This evaluation occurs at least annually.
LD.04.03.01	13	The organization provides services that meet patient needs.	For organizations providing a hospice program, planning addresses the following:

Standard	EP	Standard Text	EP Text
			- The philosophy of hospice care - Care for the patients' and families' physical, psychological, spiritual, and social needs - Bereavement services for the survivors
MM.04.01.01	13	Medication orders or prescriptions are clear and accurate.  Note: For more information on verbal and telephone orders, refer to Standards RC.02.03.07 and PC.02.01.03.	For organizations that prescribe or receive medication orders verbally or via telephone, fax, or electronic media: The organization implements its written processes for medication orders or prescriptions.
MM.05.01.19	1	The organization safely manages returned medications.	The organization determines under what circumstances unused, expired, or returned medications will be managed by the pharmacy or the organization.  Note: This element of performance is also applicable to sample medications.
MM.05.01.19	4	The organization safely manages returned medications.	The organization implements its process for managing unused, expired, or returned medications.  Note: This element of performance is also applicable to sample medications.
NPSG.03.06.01	3	Maintain and communicate accurate patient medication information.	Compare the medication information the patient is currently taking with the medications ordered for the patient in order to identify and resolve discrepancies.  Note: Discrepancies include omissions, duplications, contraindications, unclear information, and changes. A qualified individual, identified by the organization, does the comparison. (See also HR.01.06.01, EP 1)
NPSG.15.02.01	3	Identify risks associated with home oxygen therapy such as home fires.	Inform and educate the patient, family, and/or caregiver about the following:  - The findings of the safety risk assessment  - The causes of fire  - Fire risks for neighboring residences and buildings  - Precautions that can prevent fire-related injuries  - Recommendations to address the specific identified risk(s)  Document the provision of information and education. (For more information on coordination among different providers of care, refer to PC.02.02.01, EPs 1 and 10, and PC.02.03.01, EP 5.)
PC.02.01.03	7	The organization provides care, treatment, or services in accordance with orders or prescriptions, as required by law and regulation.	The organization provides care, treatment, or services using the most recent patient order(s).
PC.02.02.01	1	The organization coordinates the patient's care, treatment, or services based on the patient's needs.	The organization maintains continuity in the way it shares and receives patient information with other providers of care, treatment, or services. (See also PC.04.02.01, EP 1)
PC.02.03.01	10	The organization provides patient education and training based on each patient's needs and abilities.	Based on the patient's condition and assessed needs, the education and training provided to the patient by the organization include the following:  - An explanation of the plan for care, treatment, or services

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Standard	EP	Standard Text	EP Text
			- Procedures to follow if care, treatment, or services are disrupted by a natural disaster or emergency - Basic health practices and safety - Information on the safe and effective use of medications. (See also MM.06.01.01, EP 9; MM.06.01.03, EPs 3–6) - Nutrition interventions (for example, supplements) and modified diets - Infection prevention and control - Discussion of pain, the risk for pain, the importance of effective pain management, the pain assessment process, and methods for pain management - Information on personal hygiene and grooming - Information on oral health - Basic physical and structural home safety - Information on the safe and effective use of medical equipment or supplies provided by the organization - Information on the storage, handling, and access to medical gases and supplies - Information on the identification, handling, and safe disposal of hazardous medications and infectious wastes - Habilitation or rehabilitation techniques to help the patient reach maximum independence - Information on the use of restraint Note: For home health agencies and hospices that elect to use The Joint Commission deemed status option: The home health organization must provide infection control education to patients and caregivers. (See also PC.01.03.01, EP 55)
RI.01.01.01	4	The organization respects, protects, and promotes patients' rights.	The organization treats the patient in a dignified and respectful manner that supports his or her dignity.

#### **Appendix**

#### **Report Section Information**

#### **SAFER™ Matrix Description**

All Requirements for Improvement (RFIs) are plotted on the SAFER matrix according to the likelihood the issue could cause harm to patient(s), staff, and/or visitor (s), and the scope at which the RFI is observed. Combined, these characteristics identify a risk level for each RFI, which in turn will determine the level of required post-survey follow up. As the risk level of an RFI increases, the placement of the standard and Element of Performance moves from the bottom left corner to the upper right. The definitions for the Likelihood to Harm a Patient/Staff/Visitor and Scope are as follows:

Likelihood to Harm a Patient/Staff/Visitor:

- Low: harm could happen, but would be rare
- Moderate: harm could happen occasionally
- High: harm could happen any time

#### Scope:

- Limited: unique occurrence that is not representative of routine/regular practice
- Pattern: multiple occurrences with potential to impact few/some patients, staff, visitors and/or settings
- Widespread: multiple occurrences with potential to impact most/all patients, staff, visitors and/or settings

The Evidence of Standards Compliance (ESC) or Plan of Correction (POC) forms with findings of a higher risk will require two additional fields within the ESC or POC. The organization will provide a more detailed description of Leadership Involvement and Preventive Analysis to assist in sustainment of the compliance plan. Additionally, these higher risk findings will be provided to surveyors for possible review or onsite validation during any subsequent onsite surveys, up until the next full triennial survey occurs. The below legend illustrates the follow-up activity associated with each level of risk.

SAFER™ Matrix Placement	Required Follow-Up Activity	
HIGH/LIMITED HIGH/PATTERN HIGH/WIDESPREAD	<ul> <li>Two additional areas surrounding Leadership Involvement and Preventive Analysis will be included in the ESC or POC</li> <li>Finding will be highlighted for potential review by surveyors on subsequent onsite surveys up to and including the next full survey or review</li> </ul>	
MODERATE/PATTERN MODERATE/WIDESPREAD		
MODERATE/LIMITED LOW/PATTERN LOW/WIDESPREAD	ESC or POC will not include Leadership Involvement and Preventive     Analysis	
LOW/LIMITED		

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#### **Appendix**

#### **Report Section Information**

#### **Requirements for Improvement Description**

Observations noted within the Requirements for Improvement (RFI) section require follow-up through the Evidence of Standards Compliance (ESC) process. The identified timeframes for submission for each observation are found in the Executive Summary section of the Final Report. If a follow-up survey is required, the unannounced visit will focus on the requirements for improvement although other areas, if observed, could still become findings. The time frame to perform the unannounced follow-up visit is dependent on the scope and severity of the issue identified within Requirements for Improvement.



### **Final Accreditation Report**

Seasons Hospice & Palliative Care of Southern Florida, Inc. 5200 N. E. 2nd Avenue, 3 Stein Bldg Miami, FL 33137-2706

Organization Identification Number: 570743 Unannounced Full Event: 4/17/2018 - 4/20/2018

Program Surveyed
Home Care

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# The Joint Commission Executive Summary

Program	Survey Dates	Event Outcome	Follow-up Activity	Follow-up Time Frame or Submission Due Date
monio Caro	04/17/2018 - 04/20/2018	Requirements for Improvement	Clarification (Optional)	Submit within 10 Business Days from the final posted report date
	04/20/2010		Evidence of Standards Compliance (ESC)	Submit within 60 Calendar Days from the final posted report date

# The Joint Commission What's Next - Follow-up Activity

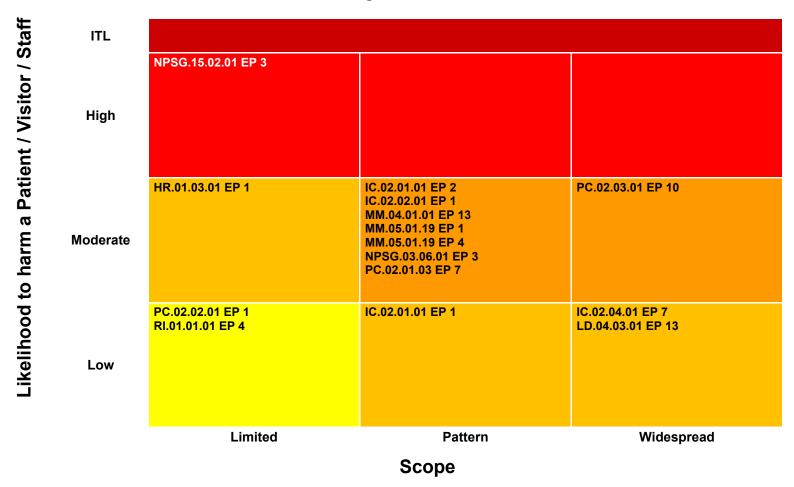
**Program: Home Care** 

Standard	EP	SAFER™ Placement	Included in the Evidence of Standard Compliance (within 60 calendar days)
HR.01.03.01	1	Moderate / Limited	✓
IC.02.01.01	1	Low / Pattern	✓
	2	Moderate / Pattern	✓
IC.02.02.01	1	Moderate / Pattern	✓
IC.02.04.01	7	Low / Widespread	✓
LD.04.03.01	<u>13</u>	Low / Widespread	✓
MM.04.01.01	<u>13</u>	Moderate / Pattern	<b>√</b>
MM.05.01.19	1	Moderate / Pattern	<b>√</b>
	4	Moderate / Pattern	✓
NPSG.03.06.0 1	<u>3</u>	Moderate / Pattern	✓
NPSG.15.02.0 1	<u>3</u>	High / Limited	✓
PC.02.01.03	7	Moderate / Pattern	<b>√</b>
PC.02.02.01	1	Low / Limited	✓
PC.02.03.01	<u>10</u>	Moderate / Widespread	✓
RI.01.01.01	<u>4</u>	Low / Limited	<b>✓</b>

Standard EP	SAFER™ Placement	Included in the Evidence of Standard Compliance (within 60 calendar days)
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# The Joint Commission SAFER™ Matrix

**Program: Home Care** 



# The Joint Commission Requirements for Improvement

**Program: Home Care** 

Standard	EP	SAFER™ Placement	EP Text	Observation
HR.01.03.01	1	Moderate Limited	Supervisors understand the care, treatment, or services provided by staff under their supervision.	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site . HV#5, record review, the hospice nurse surveyor noted the organization had not supervised the staff providing care, treatment or services. For example, the patient was admitted 5/26/17 and was receiving routine wound care by an LPN. There were no documented supervisory visits conducted every 30 days which was not compliant with the organization's policy. This was validated by the Clinical Director.
IC.02.01.01	1	Low Pattern	The organization implements its infection prevention and control activities, including surveillance, to minimize, reduce, or eliminate the risk of infection.  Note: Surveillance activities address processes and/or outcomes.	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site . During HV#6, the home hospice nurse surveyor observed the organization had not implemented its prevention and control activities to minimize, reduce or eliminate the risk of infection. As an example, the chaplain placed his bag on the floor without a barrier. This was not compliant with the organization's bag technique policy.
				2). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site . In HV#3, the home hospice nurse surveyor observed the organization had not implemented its infection prevention and control activities, including surveillance, to minimize, reduce, or eliminate the risk of infection. For example, the nurse did not place a barrier under her equipment, prior to direct contact with patient, nor did she clean the sphygmomanometer. This was not compliant with organization's Equipment Cleaning Policy.
IC.02.01.01	2	Moderate Pattern	The organization uses standard precautions, * including the use of personal protective equipment, to reduce the risk of infection. (See also EC.02.02.01, EP 4)  Note: Standard precautions are infection prevention and control measures to protect against possible exposure to infectious agents. These precautions are general and applicable to all patients.  Footnote *: For further information regarding standard precautions, refer to the website of the Centers for Disease Control and Prevention (CDC) at http://www.cdc.gov/hai/ (Infection Control in	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site . In HV#6 the home hospice nurse surveyor observed the organization had not implements the infection prevention and control activities it has planned . For example, the chaplain did not conduct hand hygiene prior to and following direct patient contact. This was not compliant with the organization's Hand Hygiene Policy.

Standard	EP	SAFER™ Placement	EP Text	Observation
			Healthcare Settings).	
				2). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site. The home hospice nurse surveyor observed the organization had not demonstrated that it implemented the infection prevention and control activities it had planned, to reduce the risk of infection. For example, in HV#1, the RN did not wash her hands for a minimum of 15-20 seconds nor did she wash all hand surfaces prior to direct contact with the patient. This was not compliant with the organization's Hand Hygiene policy.
IC.02.02.01	1	Moderate Pattern	The organization implements infection prevention and control activities when doing the following: Cleaning and performing disinfection of medical supplies and devices. * (See also EQ.01.05.01, EPs 3 and 4)  Note: Disinfection is used for items such as stethoscopes and blood glucose meters. Additional cleaning and disinfecting is required for medical equipment, devices, and supplies used by patients who are isolated as part of implementing transmission-based precautions.  Footnote *: For further information regarding cleaning and performing disinfection of medical equipment, devices, and supplies, refer to the website of the Centers for Disease Control and Prevention (CDC) at http://www.cdc.gov/hicpac/Disinfection_Sterilization/acknowledg.ht ml.	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site. The home hospice nurse surveyor observed the organization had not demonstrated it implemented the infection prevention and control activities when cleaning and performing disinfection of medical supplies and devices. For example during HV#2, the nurse did not use the Sani-Cloth wipe per policy to clean the sphygmomanometer and stethoscope. In addition, the supervisor unable to indicate the correct dry time of 2 minutes for the Sani-Cloth. This was validated by the Clinical Director.
IC.02.04.01	7	Low Widespread	The organization evaluates the reasons given by staff and licensed independent practitioners for declining the influenza vaccination. This evaluation occurs at least annually.	1). Observed in Infection Control System Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site. The home hospice nurse surveyor observed the organization did not have evidence it evaluated the reasons given by staff for declining the influenza vaccinations. There was no evidence that an annual evaluation had occurred. This was validated by the Director of Human Resources.
LD.04.03.01	13	Low Widespread	For organizations providing a hospice program, planning addresses the following:  - The philosophy of hospice care  - Care for the patients' and families' physical, psychological, spiritual, and social needs  - Bereavement services for the survivors	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site . The home hospice nurse surveyor, during discussion and document review, noted the organization had not demonstrated it provided services that met the patient needs according to the hospice program plan. For example, the volunteer services provided during the last twelve months were less than 5%

Standard	EP	SAFER™ Placement	EP Text	Observation
				of total paid hours. This was not compliant with organization policy and was validated by the Director of Support Services.
MM.04.01.01	13	Moderate Pattern	For organizations that prescribe or receive medication orders verbally or via telephone, fax, or electronic media: The organization implements its written processes for medication orders or prescriptions.	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site. HV#2, HV#5 the home hospice nurse surveyor observed the organization had not implemented its written process for medication orders or prescriptions. For example in HV#2, the initial written telephone orders in the medical record did not include the route for the medication orders; in HV#5, the physician orders for Seroquel was written to be administered orally rather than via the PEG tube for a dysphagia patient. This was not compliant with the organization's policy "Medication Orders #301" which requires the medication orders to be complete and accurate. This was validated by the Director.
MM.05.01.19	1	Moderate Pattern	The organization determines under what circumstances unused, expired, or returned medications will be managed by the pharmacy or the organization.  Note: This element of performance is also applicable to sample medications.	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site. In 2 of 3 home visits conducted, HV#4, HV#6 the home hospice nurse surveyor observed the organization had not demonstrated it had determined under what circumstances unused, expire or returned medications will be managed by the pharmacy or organization. The nurse surveyor noted that Emergency medications would expire prior to the labeled expiration date on the outside of the ComfortPak box. For example, in HV#4 the Hycosamine was noted to have an expiration date of October 2018, while the ComfortPak box was labeled with an expiration date of 12/29/18; in HV#6, the Hycosamine was labeled with an expiration date of 12/7/18. This was validated by the Team Leader.
MM.05.01.19	4	Moderate Pattern	The organization implements its process for managing unused, expired, or returned medications.  Note: This element of performance is also applicable to sample medications.	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site. In 2 of 4 home visits conducted, HV#4, HV#6 the home hospice nurse surveyor observed the organization had not implemented its process for managing unused or expired medication. For example, in HV#4, there was an opened ComfortPak kit which had expired on 1/2/18. In HV#6 the surveyor observed there were two bottles of Morphine Sulfate in the ComfortPak, one of which was an opened, undated bottle. This was not compliant with the organization's policy ComfortPak Assessment, Ordering and Usage # 3005.

Standard	EP	SAFER™ Placement	EP Text	Observation
NPSG.03.06.01	3	Moderate Pattern	Compare the medication information the patient is currently taking with the medications ordered for the patient in order to identify and resolve discrepancies.  Note: Discrepancies include omissions, duplications, contraindications, unclear information, and changes. A qualified individual, identified by the organization, does the comparison. (See also HR.01.06.01, EP 1)	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site. The hospice nurse surveyor observed the organization did not demonstrate it had not compared the medication information the patient was currently taking with the medications ordered for the patient in order to identify and resolve discrepancies. For an example in HV#4, there was no Perchlorazine 10 mg ordered on the physician orders, however it was in the comfort kit. In addition, Acetaminophen was ordered every 6 hours but the bottle in the home was labeled every 4 hours; and the Hycosamine was ordered every 4 hours, but labeled every 6 hours; In HV#5- the hospice nurse surveyor observed there was no pharmacy label on the bottle Nitrofurantoin in the home. This was validated by the Team Director.
NPSG.15.02.01	3	High Limited	Inform and educate the patient, family, and/or caregiver about the following:  - The findings of the safety risk assessment  - The causes of fire  - Fire risks for neighboring residences and buildings  - Precautions that can prevent fire-related injuries  - Recommendations to address the specific identified risk(s)  Document the provision of information and education. (For more information on coordination among different providers of care, refer to PC.02.02.01, EPs 1 and 10, and PC.02.03.01, EP 5.)	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site. The hospice nurse surveyor observed the organization had not identified risks associated with the home oxygen therapy such as home fires, including informing and educating patient, family or caregivers about the causes of fire and fire risks, particularly for neighboring residences and buildings. As an example, in HV#1 a lighter and candle was noted to be in the patient's apartment within an assisted living facility. This ambulatory patient had intermittent Oxygen and a diagnosis of dementia. This was not compliant with the organization's home safety or oxygen safety policy. This was validated by the Clinical Director.
PC.02.01.03	7	Moderate Pattern	The organization provides care, treatment, or services using the most recent patient order(s).	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site . During HV#1, the home hospice nurse surveyor observed the organization had not provided care, treatment or services in accordance with the orders or prescriptions as required. For example, the physician had ordered an emergency medication (ComfortPak) kit. However, the assisted living facility did not have the ComfortPak available upon request during the survey visit as they were unable to locate the Hospice ComfortPak kit. This was validated by the Clinical Director and the nurse case manager nurse.
				2). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site . In HV#1,HV#3 the home hospice nurse surveyor

Standard	EP	SAFER™ Placement	EP Text	Observation
				observed the organization had not provided care, treatment, or services using the most recent patient order. For example, in HV#1, the Interdisciplinary Team Care Plan dated 4/12/18 indicated Ventolin HFA 108 (90 base) MCG/ACT 2 puffs PRN q 6 hours for SOB or wheezing, however, the medication was not listed in the record at the Assisted Living Facility nor in the medication profile in the home. In HV#3 the Oxygen was listed as 2L/NC continuous on the physician plan of care, however, the nurse reported this had been changed to PRN.
PC.02.02.01	1	Low Limited	The organization maintains continuity in the way it shares and receives patient information with other providers of care, treatment, or services. (See also PC.04.02.01, EP 1)	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site . in HV #1 the home health nurse surveyor observed the organization had not coordinated patient care, treatment or services based upon patient needs by maintaining continuity in the way it communicated patient information. For example, the patient had Ventolin 108 2 puffs ordered by the physician and evident on the IDT plan of care, however, it was not listed in the medication sheet or orders in the assisted living facility record. This was validated by the RN.
PC.02.03.01	10	Moderate Widespread	Based on the patient's condition and assessed needs, the education and training provided to the patient by the organization include the following:  - An explanation of the plan for care, treatment, or services - Procedures to follow if care, treatment, or services are disrupted by a natural disaster or emergency - Basic health practices and safety - Information on the safe and effective use of medications. (See also MM.06.01.01, EP 9; MM.06.01.03, EPs 3–6) - Nutrition interventions (for example, supplements) and modified diets - Infection prevention and control - Discussion of pain, the risk for pain, the importance of effective pain management, the pain assessment process, and methods for pain management - Information on personal hygiene and grooming - Information on oral health - Basic physical and structural home safety - Information on the safe and effective use of medical equipment or supplies provided by the organization - Information on the storage, handling, and access to medical gases and supplies	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site. In 4 of 6 home visits conducted, HV#1, HV#3, HV#4, HV#5 the home hospice nurse surveyor observed the organization did not demonstrate it had provided patient education and training based upon each patient needs and abilities, including information on the safe and effective use of medical equipment or supplies provided by the organization; and information on the storage, handling, and access to medical gases and supplies. For example, there were no Oxygen safety signs posted in the HV#1, HV#3, HV#4, HV#5 patient homes or residences. In addition, the E-tank in HV#4 was empty and had not been removed or replaced. This was not compliant with the organization's policy on Oxygen Safety. This was validated by the Clinical Director and the Team Leader.

Standard	EP	SAFER™ Placement	EP Text	Observation
			<ul> <li>Information on the identification, handling, and safe disposal of hazardous medications and infectious wastes</li> <li>Habilitation or rehabilitation techniques to help the patient reach maximum independence</li> <li>Information on the use of restraint</li> <li>Note: For home health agencies and hospices that elect to use The Joint Commission deemed status option: The home health organization must provide infection control education to patients and caregivers.</li> <li>(See also PC.01.03.01, EP 55)</li> </ul>	
RI.01.01	4	Low Limited	The organization treats the patient in a dignified and respectful manner that supports his or her dignity.	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Southern Florida, Inc. (5200 N.E. 2nd Ave, 3 Stein Bldg., Miami, FL) site . HV#4, the home hospice nurse surveyor observed the organization had not demonstrated it respected, protected or promoted patient rights by treating the patient in a dignified and respectful manner that supports her dignity. For example, during the course of the patient bed bath, the aide did not consistently keep patient covered in order to keep her comfortable, until after the patient complained of being cold; nor respected her physical privacy as she was completely uncovered and exposed. This was validated by the Team Director.

# Appendix Standard and EP Text

**Program: Home Care** 

Standard	EP	Standard Text	EP Text
HR.01.03.01	1	Staff are supervised effectively.	Supervisors understand the care, treatment, or services provided by staff under their supervision.
IC.02.01.01	1	The organization implements the infection prevention and control activities it has planned.	The organization implements its infection prevention and control activities, including surveillance, to minimize, reduce, or eliminate the risk of infection.  Note: Surveillance activities address processes and/or outcomes.
IC.02.01.01	2	The organization implements the infection prevention and control activities it has planned.	The organization uses standard precautions, * including the use of personal protective equipment, to reduce the risk of infection. (See also EC.02.02.01, EP 4)  Note: Standard precautions are infection prevention and control measures to protect against possible exposure to infectious agents. These precautions are general and applicable to all patients.  Footnote *: For further information regarding standard precautions, refer to the website of the Centers for Disease Control and Prevention (CDC) at http://www.cdc.gov/hai/ (Infection Control in Healthcare Settings).
IC.02.02.01	1	The organization reduces the risk of infections associated with medical equipment, devices, and supplies.	The organization implements infection prevention and control activities when doing the following: Cleaning and performing disinfection of medical supplies and devices. * (See also EQ.01.05.01, EPs 3 and 4)  Note: Disinfection is used for items such as stethoscopes and blood glucose meters. Additional cleaning and disinfecting is required for medical equipment, devices, and supplies used by patients who are isolated as part of implementing transmission-based precautions.  Footnote *: For further information regarding cleaning and performing disinfection of medical equipment, devices, and supplies, refer to the website of the Centers for Disease Control and Prevention (CDC) at http://www.cdc.gov/hicpac/Disinfection_Sterilization/acknowledg.html.
IC.02.04.01	7	The organization offers vaccination against influenza to licensed independent practitioners and staff.  Note: This standard is not applicable to staff and licensed independent practitioners that provide care, treatment, or services through telemedicine or telephone consultation.	The organization evaluates the reasons given by staff and licensed independent practitioners for declining the influenza vaccination. This evaluation occurs at least annually.
LD.04.03.01	13	The organization provides services that meet patient needs.	For organizations providing a hospice program, planning addresses the following:

Standard	EP	Standard Text	EP Text
			- The philosophy of hospice care - Care for the patients' and families' physical, psychological, spiritual, and social needs - Bereavement services for the survivors
MM.04.01.01	13	Medication orders or prescriptions are clear and accurate.  Note: For more information on verbal and telephone orders, refer to Standards RC.02.03.07 and PC.02.01.03.	For organizations that prescribe or receive medication orders verbally or via telephone, fax, or electronic media: The organization implements its written processes for medication orders or prescriptions.
MM.05.01.19	1	The organization safely manages returned medications.	The organization determines under what circumstances unused, expired, or returned medications will be managed by the pharmacy or the organization.  Note: This element of performance is also applicable to sample medications.
MM.05.01.19	4	The organization safely manages returned medications.	The organization implements its process for managing unused, expired, or returned medications.  Note: This element of performance is also applicable to sample medications.
NPSG.03.06.01	3	Maintain and communicate accurate patient medication information.	Compare the medication information the patient is currently taking with the medications ordered for the patient in order to identify and resolve discrepancies.  Note: Discrepancies include omissions, duplications, contraindications, unclear information, and changes. A qualified individual, identified by the organization, does the comparison. (See also HR.01.06.01, EP 1)
NPSG.15.02.01	3	Identify risks associated with home oxygen therapy such as home fires.	Inform and educate the patient, family, and/or caregiver about the following:  - The findings of the safety risk assessment  - The causes of fire  - Fire risks for neighboring residences and buildings  - Precautions that can prevent fire-related injuries  - Recommendations to address the specific identified risk(s)  Document the provision of information and education. (For more information on coordination among different providers of care, refer to PC.02.02.01, EPs 1 and 10, and PC.02.03.01, EP 5.)
PC.02.01.03	7	The organization provides care, treatment, or services in accordance with orders or prescriptions, as required by law and regulation.	The organization provides care, treatment, or services using the most recent patient order(s).
PC.02.02.01	1	The organization coordinates the patient's care, treatment, or services based on the patient's needs.	The organization maintains continuity in the way it shares and receives patient information with other providers of care, treatment, or services. (See also PC.04.02.01, EP 1)
PC.02.03.01	10	The organization provides patient education and training based on each patient's needs and abilities.	Based on the patient's condition and assessed needs, the education and training provided to the patient by the organization include the following:  - An explanation of the plan for care, treatment, or services

Standard E	ΕP	Standard Text	EP Text
			- Procedures to follow if care, treatment, or services are disrupted by a natural disaster or emergency - Basic health practices and safety - Information on the safe and effective use of medications. (See also MM.06.01.01, EP 9; MM.06.01.03, EPs 3–6) - Nutrition interventions (for example, supplements) and modified diets - Infection prevention and control - Discussion of pain, the risk for pain, the importance of effective pain management, the pain assessment process, and methods for pain management - Information on personal hygiene and grooming - Information on oral health - Basic physical and structural home safety - Information on the safe and effective use of medical equipment or supplies provided by the organization - Information on the storage, handling, and access to medical gases and supplies - Information on the identification, handling, and safe disposal of hazardous medications and infectious wastes - Habilitation or rehabilitation techniques to help the patient reach maximum independence - Information on the use of restraint Note: For home health agencies and hospices that elect to use The Joint Commission deemed status option: The home health organization must provide infection control education to patients and caregivers. (See also PC.01.03.01, EP 55)
RI.01.01.01 4	ļ	The organization respects, protects, and promotes patients' rights.	The organization treats the patient in a dignified and respectful manner that supports his or her dignity.

#### **Appendix**

#### **Report Section Information**

#### **SAFER™ Matrix Description**

All Requirements for Improvement (RFIs) are plotted on the SAFER matrix according to the likelihood the issue could cause harm to patient(s), staff, and/or visitor(s), and the scope at which the RFI is observed. Combined, these characteristics identify a risk level for each RFI, which in turn will determine the level of required post-survey follow up. As the risk level of an RFI increases, the placement of the standard and Element of Performance moves from the bottom left corner to the upper right. The definitions for the Likelihood to Harm a Patient/Staff/Visitor and Scope are as follows:

Likelihood to Harm a Patient/Staff/Visitor:

- Low: harm could happen, but would be rare
- Moderate: harm could happen occasionally
- High: harm could happen any time

#### Scope:

- Limited: unique occurrence that is not representative of routine/regular practice
- Pattern: multiple occurrences with potential to impact few/some patients, staff, visitors and/or settings
- Widespread: multiple occurrences with potential to impact most/all patients, staff, visitors and/or settings

The Evidence of Standards Compliance (ESC) or Plan of Correction (POC) forms with findings of a higher risk will require two additional fields within the ESC or POC. The organization will provide a more detailed description of Leadership Involvement and Preventive Analysis to assist in sustainment of the compliance plan. Additionally, these higher risk findings will be provided to surveyors for possible review or onsite validation during any subsequent onsite surveys, up until the next full triennial survey occurs. The below legend illustrates the follow-up activity associated with each level of risk.

SAFER™ Matrix Placement	Required Follow-Up Activity
HIGH/LIMITED HIGH/PATTERN HIGH/WIDESPREAD	Two additional areas surrounding Leadership Involvement and Preventive Analysis will be included in the ESC or POC Finding will be highlighted for potential review by surveyors on subsequent
MODERATE/PATTERN MODERATE/WIDESPREAD	onsite surveys up to and including the next full survey or review
MODERATE/LIMITED LOW/PATTERN LOW/WIDESPREAD	ESC or POC will not include Leadership Involvement and Preventive Analysis
LOW/LIMITED	

#### **Appendix**

#### **Report Section Information**

#### **Requirements for Improvement Description**

Observations noted within the Requirements for Improvement (RFI) section require follow-up through the Evidence of Standards Compliance (ESC) process. The identified timeframes for submission for each observation are found in the Executive Summary section of the Final Report. If a follow-up survey is required, the unannounced visit will focus on the requirements for improvement although other areas, if observed, could still become findings. The time frame to perform the unannounced follow-up visit is dependent on the scope and severity of the issue identified within Requirements for Improvement.

#### **Appendix**

#### **Report Section Information**

#### Clarification Instructions

#### Documents not available at the time of survey

Any required documents that are not available at the time of survey will no longer be eligible for the clarification process. These RFIs will become action items in the post-survey ESC process.

#### Clerical Errors

Clerical errors in the report will no longer be eligible for the clarification process. The Joint Commission will work with the organization to correct the clerical error, so that the report is accurate. The corrected RFIs will become action items in the post-survey process.

#### **Audit Option**

There will no longer be an audit option as part of the clarification process. With the implementation of the SAFER™ matrix, the "C" Element of Performance (EP) category is eliminated. The "C" EPs were the subject of Clarification Audits.

The clarification process provides an organization the opportunity to demonstrate compliance with standards that were scored "not compliant" at the time of the survey. The organization has 10 business days from the date the report is published on the extranet site to submit the clarification. The Evidence of Standards Compliance (ESC) due dates will remain the same whether or not the organization submits a clarification and/or is successful in the clarification process.

Clarifications may take either of the following forms:

- An organization believes it had adequate evidence available to the surveyor(s) and was in compliance **at the time of the survey**. (Please note that actions taken during or immediately after the survey will not be considered.) The organization must use the clarification form to support their contention.
- The organization has detailed evidence that was not immediately available **at the time of the survey.** The clarification must include an explanation as to why the surveyor(s) did not have access to the information or why it was not provided to the surveyor(s) at the time of the survey. However, any required documents that are not available at the time of survey are not eligible for the Clarification Process. These RFIs will become action items in the post-survey ESC process.
- Please do not submit supplemental documentation unless requested by The Joint Commission. If additional information is requested, the organization will be required to highlight the relevance to the standards in the documentation.

#### Brian P. Kemp, Governor

Frank W. Berry, Commissioner

2 Peachtree Street, NW | Atlanta, GA 30303-3159 | 404-656-4507 | www.dch.georgia.gov

March 23, 2020

Carla Griffin, Administrator Seasons Hospice & Palliative Care 5775 Peachtree Dunwoody Road Ne Suite C-120 Atlanta, GA 30342-1556]

Dear Ms. Griffin:

Thank you for submitting your Plan of Correction outlining the measures you will be implementing to ensure that deficiencies noted during the State Licensure inspection are corrected.

The plan is acceptable and will become a part of the record and files of your facility. As the agency with the responsibility for recommending licensure, we insist that this Plan of Correction be carried out. A follow-up inspection to determine compliance may be conducted.

If you have any questions, please contact us at (404) 657-5700 or by email at Canessa.johnson@dch.ga.gov.

Sincerely,

Home Health & Hospice Programs Healthcare Facility Regulation Division Department of Community Health

MY

State of GA, Healthcare Facility Regulation Division STATEMENT OF DEFICIENCIES (X3) DATE SURVEY (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION COMPLETED IDENTIFICATION NUMBER: AND PLAN OF CORRECTION A. BUILDING: R-C B. WING 03/03/2020 060-0244-H NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **5775 PEACHTREE DUNWOODY ROAD NE SUITE C-120 SEASONS HOSPICE & PALLIATIVE CARE** ATLANTA, GA 30342 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE (X4) ID (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL **PREFIX** REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) This plan of correction constitutes our 3/17/2020 {Z 000} INITIAL COMMENTS.  ${Z 000}$ written allegation of compliance for deficiencies cited. However, As of March 3, 2020, Seasons Hospice and submission of this plan of correction Palliative Care is in compliance with Chapter is not an admission that a deficiency exists or that one was correctly cited. 111-8-37, Rules and Regulations for Hospices, as This plan of correction is submitted to a result of a follow-up survey conducted on comply with state and federal 3/2/20-3/3/20. regulations. The following deficiencies were cited:  ${Z1507}$ {Z1507} 111-8-37-.15(3) ASSESSMENT AND PLAN OF SS=D Training to the Standard: CARE. 3/20/2020 Regional Director of Learning & Development (RDLD) will retrain Social Workers (SW) The appropriate members of the hospice care on Comprehensive Assessment guidelines team must provide a comprehensive using Policy 212 & difference between assessment, as dictated by the identified needs "declining visit" and "declining services".

RDLD will also retrain to specific of the patient, no later than five days after documentation of who declined SW services. admission that includes at least medical, nursing, psychosocial, and spiritual evaluations of the patient, as well as the capability of the family unit Monitoring for Compliance: in meeting the care needs of the patient and the need for bereavement services. SW comprehensive assessment will be reviewed by NCSS during IPOC locking and during IDG discussion of all new admits. Review of clinical mgt report by NCSS weekly will confirm all This RULE is not met as evidenced by: initial assessments are complete. Based on clinical record review and staff Feedback will be provided to staff who are not completing the assessment visits interview, it was determined that the hospice timely or documenting within 24 hours. failed to ensure the hospice social worker Audit that is provided by NMQFC. 6 Inpatient Center charts & 4 home completed the initial comprehensive team charts q week. psychosocial assessment to assess the patient's psychosocial status and needs within five days of admission to hospice services for two of six (#1 Reporting Trends: and #4) patients who currently receive hospice NCSS / ED to report results in weekly leadership services. meetings. Will continue until the compliance percentage goal of 85% of the answers "Yes" occur for 3 consecutive months Findings: 1. Review of the clinical record for patient #1 revealed that the patient was admitted on 1/25/20. Documentation revealed the social worker contacted patient on 1/29/20 and left a State of GA Inspection Report (X6) DATE TITLE

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

STATE FORM

QXQW12

If continuation sheet 1 of 3

State of GA, Healthcare Facility Regulation Division STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** COMPLETED A. BUILDING: R-C B. WING 060-0244-H 03/03/2020 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 5775 PEACHTREE DUNWOODY ROAD NE SUITE C-120 SEASONS HOSPICE & PALLIATIVE CARE ATLANTA, GA 30342 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE DATE TAG DEFICIENCY) {Z1507} Continued From page 1 {Z1507} voicemail. The record revealed documentation at the 2/5/20 interdisciplinary team meeting that see page 1 services had been declined. The record had no further documentation of additional attempts to contact patient. The record had no documentation that patient or representative had declined social work services. 2. Review of the clinical record for patient #4 revealed that the patient was admitted on 2/9/20. Documentation reflected that the social worker contacted the caregiver by phone on 2/12/20. The social worker documented the caregiver declined a visit at this time. The records revealed no further contact to arrange a visit. The clinical record lacked specific documentation that the caregiver was declining social work services. During an interview on 3/3/20 at 11:30 a.m. the executive director verified that social worker services had been declined by both patients, but agreed there was no clear documentation of patient refusal. Z1834 111-8-37-.18(3)(d) NURSING SERVICES. Z1834 Training to the Standard: SS=D NCSS/ED will train Nurses and aides to A registered nurse must prepare for each Protocol 2112, Aide Plan of Care, and associated process flow maps. NCSS to facilitate printing by the Team Assistant of HACP011 for IDG review the first 2 IDG meetings of each month; RNCM to review with aide after IDG and make corrections in the EMR. personal care aide written instructions for patient 3/31/2020 care that are consistent with the interdisciplinary plan of care and must make and document supervisory visits to the terminally ill patient's NCSS to train the leadership team on the proper way residence or living facility at least every two to audit the hospice aide note for accuracy and on weeks to assess the performance of the personal the use of the Clinical Management Report (CMR) which has a section for hospice aide visit note care aide services. compliance. This RULE is not met as evidenced by: Based on clinical record review and staff interview, it was determined that the hospice State of GA Inspection Report

QXOW12

Carla Jewelexe Aroffin Executive Director 3/15/20

STATE FORM

If continuation sheet 2 of 3

State of GA, Healthcare Facility Regulation Division (X3) DATE SURVEY (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: \_ R-C B. WING 03/03/2020 060-0244-H STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER **5775 PEACHTREE DUNWOODY ROAD NE SUITE C-120 SEASONS HOSPICE & PALLIATIVE CARE** ATLANTA, GA 30342 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE (X4) ID (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX PREFIX CROSS-REFERENCED TO THE APPROPRIATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) Monitoring for Compliance: Audit that is provided by NMQFC. 6 Inpatient Center charts & 4 home Z1834 Z1834 Continued From page 2 failed to ensure that the registered nurse's written team charts q week. instructions on the hospice aide care plan reflected the specific tasks to be provided for 2 of 2 (#5 and #6) sampled current patients who Reporting Trends: NCSS / ED to report results in received personal care services. weekly leadership meetings.
Will continue until the compliance
percentage goal of 85% of the
answers "Yes" occur for 3 Findings were: consecutive months. 1. Review of the clinical records for patient #5 and #6 revealed that the patient received hospice aide services for personal care. The clinical record included a hospice aide care plan that required the aide to perform catheter care twice a shift but lacked the specific instructions for the care such as with soap and water. During an interview on 3/3/20 at 11:30 a.m., the executive director confirmed that the hospice aide care plan was not specific, leaving the decision of how to perform the catheter care up to the hospice aide

State of GA Inspection Report

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QXOW12

If continuation sheet 3 of 3

Carla Jewelere Ariffin executive Director 3/19/20

#### Brian P. Kemp, Governor

Frank W. Berry, Commissioner

2 Peachtree Street, NW | Atlanta, GA 30303-3159 | 404-656-4507 | www.dch.georgia.gov

March 23, 2020

Carla Griffin, Administrator Seasons Hospice & Palliative Care 5775 Peachtree Dunwoody Road Ne Suite C-120 Atlanta, GA 30342-1556

Dear Ms. Griffin:

Thank you for submitting your Plan of Correction outlining the measures you will be implementing to ensure that deficiencies noted during the Medicare/Medicaid survey will be corrected.

The plan is acceptable and will become a part of the record and files of your facility. As the agency with the responsibility for recommending certification, we insist that this Plan of Correction is implemented. A follow-up inspection to determine compliance may be conducted. After a review of the status of your facility, we will determine if you continue to meet the requirements for Medicare/Medicaid recertification.

If you have any questions, please contact us at (404) 657-5700 or by email at Canessa.johnson@dch.ga.gov.

Sincerely,

Home Health & Hospice Programs Healthcare Facility Regulation Division Department of Community Health

MY

# DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 03/10/2020 FORM APPROVED OMB NO. 0938-0391

AND PLAN	T OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTI A. BUILDIN B. WING	PLE CONSTRUCTION  G	(X3) DA	TE SURVEY MPLETED
NAME OF	PROVIDER OR SUPPLIE	3		STREET ADDRESS, CITY, STATE, 2	ZIP CODE	3/03/2020
SEASON	NS HOSPICE & PALL			5775 PEACHTREE DUNWOODY ATLANTA, GA 30342		120
(X4) ID PREFIX TAG	(EACH DEFICIEN	TATEMENT OF DEFICIENCIES CY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF (EACH CORRECTIVE AC CROSS-REFERENCED TO DEFICIENCE	TION SHOULD BE THE APPROPRIATE	(X5) COMPLETION DATE
{L 000}	At the time of the Palliative Care wa Part 418.56; Interd Planning, and Coo placed back into o	survey, Season's Hospice and s in compliance with 42 CFR disciplinary Group, Care ordination of Services, was compliance as a result of a conducted on March 2-3, 2020.	{L 000	This plan of correction written allegation of co deficiencies cited. How submission of this plan is not an admission the exists or that one was This plan of correction comply with state and regulations.	empliance for vever, n of correction at a deficiency correctly cited, is submitted to	3/17/2020
{L 523}	TIMEFRAME FOR ASSESSMENT CFR(s): 418.54(b) The hospice interconsultation with the physician (if any), comprehensive as	isciplinary group, in ne individual's attending must complete the sessment no later than 5 r the election of hospice care in	{L 523}	Regional Director of Learning (RDLD) will retrain Social Wo on Comprehensive Assessmusing Policy 212 & difference "declining visit" and "declining RDLD will also retrain to spec documentation of who declined Monitoring for Compliance:	rkers (SW) ent guidelines between g services". ific ed SW services.	3/20/2020
	Based on clinical interview, it was defailed to ensure the completed the initipsychosocial asset psychosocial status admission to hospi	is not met as evidenced by: record review and staff stermined that the hospice hospice social worker al comprehensive esment to assess the patient's and needs within five days of the services for two of six (#1 no currently receive hospice		SW comprehensive assessme be reviewed by NCSS during locking and during IDG discus all new admits. Review of clini report by NCSS weekly will coinitial assessments are comple Feedback will be provided to are not completing the assess timely or documenting within Audit that is provided by NMQ 6 Inpatient Center charts & 4 I team charts q week.	IPOC ision of icial mgt infirm all ete. staff who ment visits 24 hours. FC	
	Findings:  1. Review of the clinical record for patient #1 revealed that the patient was admitted on 1/25/20. Documentation revealed the social worker contacted patient on 1/29/20 and left a			NCSS / ED to report results in leadership meetings. Will con the compliance percentage go of the answers "Yes" occur for months.	tinue until	

Any deficiency statement ending with an asterisk (denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID:QXOW12

Facility ID: HSPC001187

If continuation sheet Page 1 of 8

# DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICARD SERVICES

PRINTED: 03/10/2020 FORM APPROVED OMB NO. 0938-0391

CTATEMEN	T OF PETIOISMOIS	L & MEDIOAID GETTVIOLS	100000000000000000000000000000000000000		OMB NO. 0938-0391
	T OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	A. BUILDI	TIPLE CONSTRUCTION  NG	(X3) DATE SURVEY COMPLETED
		111640	B. WING		R-C
NAME OF	PROVIDER OR SUPPLIES	3		STREET ADDRESS, CITY, STATE, ZIP COD	03/03/2020
SEASOI	NS HOSPICE & PALL	IATIVE CARE		5775 PEACHTREE DUNWOODY ROAD ATLANTA, GA 30342	
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES BY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRE (EACH CORRECTIVE ACTION SH CROSS-REFERENCED TO THE APP DEFICIENCY)	OULD BE COMPLETION
{L 523}	voicemail. The recthe 2/5/20 interdisservices had been further documentation that declined social worker documentation that declined social worker documentation recontacted the care social worker documentation recontact to a record lacked special s	cord revealed documentation at ciplinary team meeting that declined. The record had no tion of additional attempts to be record had no tipatient or representative had	{L 52	See Page 1	
{L 543}	services had been agreed there was a patient refusal. PLAN OF CARE CFR(s): 418.56(b)  All hospice care an patients and their findividualized writte the hospice interdis with the attending prepresentative, and accordance with them so desire.	declined by both patients, but no clear documentation of ad services furnished to amilies must follow an en plan of care established by sciplinary group in collaboration physician (if any), the patient or if the primary caregiver in e patient's needs if any of sometimes as evidenced by: ecord review and staff	{L 543	Training to the Standard:  ED / NCSS to retrain nursing staff on Head to Toe Assessment & Reassess and using those assessment findings complete a thorough plan of care.  ED / NCSS will review Policy 214 "Plan of Care" Protocol 2014 "IV Flushing Guidelines Protocol 2005 "Wound Care" Addendum 2005a "Wound Care Derm Policy 301 "Medication Orders" Policy 222 "Orders from Licensed Prov Policy 212 "Patient & Family Assessm Policy 213 "Patient & Family Reassess Policy 205 "Interdisciplinary Group	" " " " " " " " " " " " " " " " " " "

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID: QXOW12

Facility ID: HSPC001187

If continuation sheet Page 2 of 8

Carla Jewidene Friffin Specutive Director 3/19/20

# DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 03/10/2020 FORM APPROVED OMB NO. 0938-0391

		A MEDICAID SERVICES			OMB NO	D. 0938-0391
AND PLAN	T OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	A. BUILDI	TIPLE CONSTRUCTION NG		ATE SURVEY OMPLETED
NAME OF		111640	B. WING _			R-C 3/ <b>03/2020</b>
NAME OF	PROVIDER OR SUPPLIE	R		STREET ADDRESS, CIT	TY, STATE, ZIP CODE	
SEASO	NS HOSPICE & PALI	LIATIVE CARE		5775 PEACHTREE D	UNWOODY ROAD NE SUITE C	-120
(X4) ID PREFIX TAG	(EACH DEFICIEN	TATEMENT OF DEFICIENCIES CY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER (EACH CORR	R'S PLAN OF CORRECTION RECTIVE ACTION SHOULD BE RENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETION DATE
	interview, it was difailed to ensure the furnished to patient an individualized with the patient or representation of them so depatients (#3, #5 a hospice services.  Findings were:  1. Review of the corevealed that patient under general 2/29/20 with a term Admission orders administration oxymasal cannula. The Bilevel positive aimorder had no spectontinuous, as need medical record reviassessment finding BiPAP, only the ox 2/29/20-3/1/20. Thorders to discontinhad a peripheral in right inner arm. The device with 5 millilifollowing administrations. The relisted on the patient record nor the medical record reviasses in the patient record nor the medical record no	etermined that the hospice at hospice care and services at hospice care and services at sand their families followed written plan of care established erdisciplinary group in the attending physician (if any), esentative, and the primary dance with the patient's needs if sire for three of six sampled and #6) who were receiving  linical record for patient #3 and was admitted to the inpatient inpatient level of care on a linial diagnosis of COPD.  Were for continuous gen at 3 liters per minute via a patient also had an order for way pressure (BiPAP). The iffed frequency as in: and a second and a second and a second also did not have any ue the BiPAP. The patient also travenous access device in the erders were to flush the erders were to flush the ters of normal saline daily and ation of intravenous normal saline flush was not to the second administration record did reveal instration record did reveal	{L 54	7 supervisory joi completed each and thorough as activities are occon each visit. Audit that is prov 6 Inpatient Cente charts q week.  Reporting Trends NCSS / ED to rep meetings. Will cor	ompliance: int visits with chart review will be month to confirm that accurate sessments and follow up curring by each discipline vided by NMQFC. er charts & 4 home team  ort results in weekly leadership natioue until the compliance of 85% of the answers "Yes"	

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID:QXOW12

Facility ID: HSPC001187

If continuation sheet Page 3 of 8

Carla Jewelexe Ariffin Executive Director 3/19/20

# DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 03/10/2020 FORM APPROVED OMB NO. 0938-0391

STATEMEN AND PLAN	T OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE A. BUILDING	CONSTRUCTION	(X3) DA	TE SURVEY MPLETED
	Land Andrews	111640	B. WING			R-C
	PROVIDER OR SUPPLIE	LIATIVE CARE	577	REET ADDRESS, CITY, STATE, ZIP C 75 PEACHTREE DUNWOODY RO LANTA, GA 30342	ODE	120
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	the patient receivintravenously thro During an interviee executive director lacked identified of assessments/nee followed.  2. Review of clinical revealed the patien unit under general 2/27/20 with a term neoplasm of the pershift. The care catheter care. The catheter care was any records review.  During an interview executive director lacked identified of assessments/need followed.  3. Review of clinical revealed the patien unit under general 2/25/20 with a term Disease. The patien unit under general 2/25/20 with a term Disease.	ing the morphine sulfate aughout their stay.  It won 3/3/20 at 11:30 a.m., the confirmed that the plan of care slinical nursing ds and the plan of care was not all record for patient #5 in the was admitted to the inpatient ancreas. The patient had a see hospice aide care plan to perform catheter care twice is plan did not specify the type of ere is no documentation that performed on either shift on wed from 2/27/20-3/1/20.  If won 3/3/20 at 11:30 a.m., the confirmed that the plan of care linical nursing is and the plan of care was not all record for patient #6 in the was admitted to the inpatient inpatient level of care on in all diagnosis of Parkinson's ent also had a Foley catheter de care plan specified catheter. The care plan did not specify	{L 543}	See page 3		

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID: QXOW12

Facility ID: HSPC001187

If continuation sheet Page 4 of 8

Carla Jewedere Shiffen executive Director 3/19/20

# DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

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STATEMEN	T OF DEFICIENCIES	THE STATE OF THE SERVICES	1		OWB NO	<i>).</i> 0938-0391
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{L 543}	patient had "comp medication requiri- calibration, tubing does have three nadministration whintravenous (IV) eagitation, Morphin times a day at 8 a Robinul 0.2 milligrator secretions. Fur- record and medicanot reveal any oth assessment finding device, yet the ord scheduled IV medicanot reveal and interviewexecutive director lacked identified cassessments/need plan was not special terminal diagnossintracerebral hemo- Foley catheter. On orders read: maint French; balloon siz (as needed). The siz (as needed). The siz (as needed) and reassessment finding undergarments, no skilled nurse assessing an interviewed and inte	colicated technical delivery of ing registered nurse to do changes, or site care." Patient nedications requiring IV ich are: Ativan 1 milligram very 4 hours as needed for e Sulfate 10 milligrams IV three m, 2 pm, and 8 pm, and am IV every 4 hours as needed of the review of the medical ation administration record did er specific orders or ag for an intravenous access ders were for at least one lication.  We on 3/3/20 at 11:30 a.m., the confirmed that the plan of care linical nursing ds and the hospice aide care ific and not followed  Inical record for patient #4 ent was admitted on 2/9/20 with his of non traumatic or hage. The patient also has a the initial plan of care the ain Foley catheter, size: 14 ent in Foley catheter, size: 14 ent in Foley catheter, size: 14 ent in Foley catheter. The great incontinent, adult in the plan of care incontinent, adult in the plan of care inconfirmed that the plan of care	{L 543}			

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Event ID:QXOW12

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If continuation sheet Page 5 of 8

Parla Jamesere Ariffin executive Arietos 3/19/20

# DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICARD SERVICES

PRINTED: 03/10/2020 FORM APPROVED OMB NO. 0938-0391

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{L 543}	assessments/need in keeping with state of care not consist nurse for 6 of 6 path (6) who are received by the programs later this PLAN OF CARE CFR(s): 418.56(b)  The hospice must the primary care git training provided by their responsibilitie identified in the plate of the program in the plate of the primary care git training provided by their responsibilitie identified in the plate of the program in the plate of the primary care git training provided by the primary care git training provided by the plate of the plate o	ds and the orders at not specific indards of care.  Int records revealed initial plan ently signed by the registered tients (#1, #2, #3, #4, #5, and ing hospice services.  If on 3/3/20 at 11:30 a.m., the confirmed that the plan of care nurse signatures. The director is to their electronic medical MR), but the agency is cting this problem. The rewould print plan of cares for planning on changing EMR year.  If on a service is the total each patient and ver(s) receive education and record the care and services in of care.  If on the care and services in of care are used to their the care and the primary care used in and the primary care used in and training provided appropriate to their the care and services identified or 1 of 6 (#4) sampled	{L 543	See page 3	aregiver nted. ent assessed cations, lans.  anclude aching documentation education	3/31/2020
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Event ID: QXOW12

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If continuation sheet Page 6 of 8

Carla Jewslere Ariffin Executive Director 3/19/20

# DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICARD SERVICES

PRINTED: 03/10/2020 FORM APPROVED OMB NO. 0938-0391

NAME OF PROVIDER OR SUPPLIER  SEASONS HOSPICE & PALLIATIVE CARE  SUMMARY STATEMENT OF DEFICIENCIES (STY, STATE, ZIP CODE STYP PACHTEE DUNWOODY ROAD NE SUITE C-120 ATLANTA, GA 30342  (L 544) Continued From page 6  1. Review of clinical records for patient #4 lacked documentation of patient specific education and training provided by the hospice as appropriate to their responsibilities for the care and services identified in the plan of care. Teaching was documented in broad generalities: Medication side effects and monitoring and reporting, as opposed to which medications and side effects were taught.  During an interview on 3/3/20 at 11:30 a.m., the executive director confirmed that the patient teaching was generalized and not patient specific. HOSPICE AIDE ASSIGNMENTS AND DUTIES CFR(s): 418.76(g)(1)  (1) Hospice aides are assigned to a specific patient by a registered nurse that is a member of the interdisciplinary group. Written patient care instructions for a hospice aide must be prepared by a registered nurse that is a member of the interdisciplinary group. Written patient care instructions for a hospice aide as specified under paragraph (h) of this section.  This STANDARD is not met as evidenced by: Based on clinical record review and staff interview, it was determined that the hospice failed to ensure that the registered nurse's written instructions on the hospice aide care plan to the supervision of a hospice aide date care plan to the supervision of a hospice aide as specified under paragraph (h) of this section.	STATEMEN	T OF DEFICIENCIES	TAN PROVIDENCE	Lance		OMB NO	<u>). 0938-0391</u>
NAME OF PROVIDER OR SUPPLIER  SEASONS HOSPICE & PALLIATIVE CARE    STREET ADDRESS, CITY, STATE, ZIP CODE	AND PLAN	OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	The same of the sa		CON	MPLETED
STREET ADDRESS, CITY, STATE, ZIP CODE  STATE DAMPOST CASE  ATLANTA, GA 30342  ID PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)  PREFIX  CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY  TAG  CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY  TAG  CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY  TAG  Wonitoring for Compliance:  7 Supervisory joint wists with chart review will be completed each month to ensure that staff are providing and documenting effective training for patients/caregivers.  Add that is provided by MoFC.  Charles and monitoring and reporting, as opposed to which medications and side effects were taught.  During an interview on 3/3/20 at 11:30 a.m., the executive director confirmed that the patient teaching was generalized and not patient specific.  BOSPICE AIDE ASSIGNMENTS AND DUTIES  CFR(s): 418.76(g)(1)  (1) Hospice aides are assigned to a specific patient by a registered nurse that is a member of the interdisciplinary group. Written patient care instructions for a hospice aide must be prepared by a registered nurse who is responsible for the supervision of a hospice aide as specific dunder paragraph (h) of this section.  This STANDARD is not met as evidenced by:  Based on clinical record review and staff interview, it was determined that the hospice failed to ensure that the registered nurse's written instructions on the hospice aide care plan in the patient cere instructions on the hospice aide care plan in the patient cere instruction of the hospice aide care plan in the patient cere instruction of the hospice aide care plan in the patient cere in the patie			111640	B. WING			
SEASONS HOSPICE & PALLIATIVE CARE    S775 PEACHTREE DUNWOODY ROAD NE SUITE C-120 ATLANTA, CA 30342	NAME OF	PROVIDER OR SUPPLIEF	3		STREET ADDRESS CITY STATE	ZIR CODE	/03/2020
REGULATORY OR LSC IDENTIFYING INFORMATION	SEASO	NS HOSPICE & PALL	IATIVE CARE		5775 PEACHTREE DUNWOOD		120
1. Review of clinical records for patient #4 lacked documentation of patient specific education and training provided by the hospice as appropriate to their responsibilities for the care and services identified in the plan of care. Teaching was documented in broad generalities: Medication side effects and monitoring and reporting, as opposed to which medications and side effects were taught.  During an interview on 3/3/20 at 11:30 a.m., the executive director confirmed that the patient teaching was generalized and not patient specific. L 625  CFR(s): 418.76(g)(1)  (1) Hospice aides are assigned to a specific patient by a registered nurse that is a member of the interdisciplinary group. Written patient care instructions for a hospice aide must be prepared by a registered nurse who is responsible for the supervision of a hospice aide as specified under paragraph (h) of this section.  This STANDARD is not met as evidenced by: Based on clinical record review and staff interview, it was determined that the hospice failed to ensure that the registered nurse's written instructions on the hospice aide care plan	PREFIX	(EACH DEFICIENC	CY MUST BE PRECEDED BY FULL	PREFIX	(EACH CORRECTIVE A) CROSS-REFERENCED TO	CTION SHOULD BE O THE APPROPRIATE	(X5) COMPLETION DATE
2 (#5 and #6) sampled current patients who received personal care services.  Findings were:  1. Review of the clinical records for patient #5 and #6 revealed that the patient received hospice		1. Review of clinic documentation of training provided by their responsibilities identified in the plat documented in browside effects and mopposed to which were taught.  During an interview executive director teaching was gene HOSPICE AIDE AS CFR(s): 418.76(g):  (1) Hospice aides a patient by a registered nursupervision of a hop are gistered nursupervision of a hop aragraph (h) of the This STANDARD is Based on clinical rinterview, it was defailed to ensure the instructions on the reflected the specification of the reflected the specification of the reflected personal of Findings were:  1. Review of the clinication of the clinicatio	cal records for patient #4 lacked patient specific education and py the hospice as appropriate to es for the care and services an of care. Teaching was pad generalities: Medication conitoring and reporting, as medications and side effects  of on 3/3/20 at 11:30 a.m., the confirmed that the patient eralized and not patient specific. SSIGNMENTS AND DUTIES  (1)  are assigned to a specific ered nurse that is a member of y group. Written patient care ospice aide must be prepared see who is responsible for the ospice aide as specified under its section.  is not met as evidenced by: record review and staff effective aide care plan fic tasks to be provided for 2 of olded current patients who care services.		Monitoring for Compliance:  7 supervisory joint visits with eview will be completed each month to ensure that si providing and documenting a training for patients/caregive Audit that is provided by NM 6 Inpatient Center charts & 4 charts q week.  Reporting Trends:  NCSS / ED to report results in meetings. Will continue until tipercentage goal of 85% of the occur for 3 consecutive month.  Training to the Standard:  NCSS/ED will train Nurses a Protocol 2112, Aide Plan of oprocess flow maps.  NCSS to facilitate printing by of HACP011 for IDG review timeetings of each month; RNC aide after IDG and make corn. NCSS to train the leadership way to audit the hospice aide on the use of the Clinical Mar (CMR) which has a section for note compliance.  Monitoring for Compliance:  Audit that is provided by NM6 6 Inpatient Center charts & 4 charts q week.  Reporting Trends:  NCSS / ED to report results in Will continue until the compliagoal of 85% of the answers "Your provided by Some Compliance of the answers "Your provided by NM6 1 some provided by NM6 1 some provided by NM6 2 some provided by NM6 3 some provided by NM6 4 some provided by NM6 5 some provided by NM6 5 some provided by NM6 6	a chart r  taff are effective irs. QFC. I home team  In weekly leadership the compliance e answers "Yes" ins.  In the Team Assistant the first 2 IDG CM to review with ections in the EMR. Iteam on the proper note for accuracy and hagement Report or hospice aide visit  QFC. I home team	3/31/2020

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID: QXOW12

Facility ID: HSPC001187

If continuation sheet Page 7 of 8

Carlo Jewedere Striffin Specutive Director 3/19/20

# DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 03/10/2020 FORM APPROVED

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING B. WING		(X3) DA	(X3) DATE SURVEY COMPLETED R-C 03/03/2020	
		111640					
NAME OF PROVIDER OR SUPPLIER SEASONS HOSPICE & PALLIATIVE CARE				STREET ADDRESS, CITY, STATE, ZIP CODE  5775 PEACHTREE DUNWOODY ROAD NE SUITE C-120  ATLANTA, GA 30342			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)		ID PREFIX TAG	(EACH CORRECT CROSS-REFERENC	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY) (X5) COMPLETIC DATE		
L 625	aide services for precord included a required the aide shift but lacked the care such as with During an interview executive director care plan was not	personal care. The clinical hospice aide care plan that to perform catheter care twice a e specific instructions for the	L 6.				

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Event ID: QXOW12

Facility ID: HSPC001187

If continuation sheet Page 8 of 8

Carla Jewedere Arffins executive Director 3/19/20 DEPARTMENT OF HEALTH & HUMAN SERVICES Centers for Medicare & Medicaid Services Midwest Division of Survey and Certification Kansas City Regional Office 601 E12th Street, Suite 355 Kansas City, MO 64106



#### **RE: PLAN OF CORRECTION**

October 23, 2020

VIA EMAIL: dmullins@seasons.org

CMS Certification Number (CCN): 261641

Administrator Seasons Hospice and Palliative Care of Missouri 3660 S Geyer Rd, Suite 120 Saint Louis, MO 63127

Dear Administrator,

This is to inform you that your plan of correction received on October 22, 2020 following our letter dated October 15, 2020 has been accepted.

The State agency will conduct an unannounced revisit survey to verify whether your hospice agency is in substantial compliance with the Medicare Conditions of Participation for hospice agencies.

If you have questions regarding this matter, please contact me at Elizabeth.Henningfeld1@cms.hhs.gov.

Sincerely,

Elizabeth A.
Henningfeld -S

Digitally signed by Elizabeth A. Henningfeld -S Date: 2020.10.23 12:03:03 -05'00'

Elizabeth Henningfeld, JD Health Insurance Specialist Division of Survey & Certification Non-Long Term Branch-Kansas City

cc: MODHSS

MO Medicaid

JC

DEPARTMENT OF HEALTH & HUMAN SERVICES Centers for Medicare & Medicaid Services Midwest Division of Survey and Certification Kansas City Regional Office 601 E12th Street, Suite 355 Kansas City, MO 64106



## RE: PRELIMINARY NOTICE OF MEDICARE TERMINATION & CONTINUED REMOVAL OF DEEMED STATUS

October 15, 2020

VIA EMAIL: dmullins@seasons.org

CMS Certification Number (CCN): 261641

Administrator Seasons Hospice and Palliative Care of Missouri 3660 S Geyer Rd, Suite 120 Saint Louis, MO 63127

Dear Administrator,

The Centers for Medicare & Medicaid Services has received and reviewed the report of the October 7, 2020 follow-up survey conducted by the State of Missouri following receipt of your plan of correction based on citations made following a complaint survey that occurred on August 12, 2020. Based on our review of the revisit survey findings, we have determined that your Hospice now complies with the following Medicare Condition of Participation for Hospice Agencies:

• 42 CFR § 418.64 Core Services

However, the Centers for Medicare & Medicaid Services has also received and reviewed the report of an October 7, 2020 survey conducted by the State of Missouri following a second complaint against your hospice agency. Based on our review of these complaint survey findings, we have determined that your Hospice does not comply with the following Medicare Condition of Participation for Hospice Agencies:

42 CFR § 418.52 Patient Rights

We have determined that the deficiencies are significant and limit your hospices' capacity to render adequate care and ensure the health and safety of your patients. Enclosed is a complete listing of all deficiencies cited. In accordance with Section 1865 of the Social Security Act and implementing regulations at 42 CFR § 488.5, a provider accredited by the Joint Commission (JC) is deemed to meet Medicare Conditions of Participation. Section 1864(c) of the Act requires the Secretary of Health and Human Services to survey an accredited hospice participating in Medicare if there are substantial allegations, which suggest the existence of a significant deficiency or deficiencies which would adversely affect the health and safety of patients.

If, in the course of such a survey, a hospice is found not to meet one or more Conditions of Participation and a significant deficiency exists, the hospice is no longer deemed to meet the Medicare Conditions of Participation. With notification to the accrediting agency, the hospice is then placed under the survey jurisdiction of the State survey agency. In addition, when a hospice does not meet the requirements established under Title XVIII of the Social Security Act and the additional requirements established by the Secretary of Health and Human Services under the authority contained in Section 1861 of the Social Security Act, Section 1866(b) authorizes the Secretary to terminate the hospice's participation from the Medicare program.

#### REMOVAL OF DEEMED STATUS

Therefore, based on the determination that your hospice agency still does not comply with the Conditions of Participation and that significant deficiencies exist, your hospice continues to be no longer deemed. Please be advised that removal of deemed status is an administrative action, not an initial determination by the Secretary. Therefore, formal reconsideration and hearing procedures do not apply. See 42 C.F.R. §§ 498.3(b), (d)(9), (d)(12).

#### TERMINATION OF MEDICARE PROVIDER AGREEMENT

However, in addition to your continued loss of deemed status, and based on the findings of noncompliance cited in the Statement of Deficiencies (Form CMS 2567) and pursuant to the statutory provisions at Section 1866 of the Act and the Federal Regulation at 42 CFR § 489.53, **your provider agreement is subject to termination on January 13, 2021.** The Medicare health insurance program will not make payment for services furnished to patients admitted on or after January 13, 2021. For patients admitted prior to January 13, 2021, payment may continue to be made for up to 30 days of services furnished on or after January 13, 2021.

In accordance with Federal regulations at 42 CFR 489.53(d), we will also publish a notice to the public of the termination. Termination can only be averted by correction of these deficiencies immediately. Should we not hear from you, we will assume that the deficiencies have not been corrected.

If you cannot achieve compliance by the termination date, you may reapply to establish your facility's eligibility to participate as a provider of services under Title XVIII of the Social Security Act.

#### PLAN OF CORRECTION/CREDIBLE ALLEGATION OF COMPLIANCE

If you believe you are now in compliance with the Medicare Conditions of Participation, please **notify this office immediately in writing but no later than October 25, 2020.** If we determine that your allegation of compliance is credible, we will authorize a resurvey of your Hospice.

Your plan of correction needs to:

- Clearly state the specific nature of the corrective actions for each deficiency;
- Set reasonable completion dates for all deficiencies prior to the termination date unless an extension is requested and approved;
- Describe how the plan or action will prevent recurrence; and
- Describe who will be the person responsible for implementing and monitoring the plan for future compliance with the federal regulations.

The plan of correction must be signed and dated on the bottom of the first page of the CMS-2567 by the authorized official at your facility. Additional documentation may be attached to the CMS-2567 when necessary. If a deficiency has been corrected since the survey, this should also be indicated along with the date of correction.

You must submit your plan of correction to both the Centers for Medicare & Medicaid Services (CMS) and the Missouri Department of Health and Senior Services. The plan of correction can sent CMS to the attention of Elizabeth Henningfeld Elizabeth.Henningfeld1@cms.hhs.gov and to Missouri Division of Health and Senior Services to the attention of Lisa Coots at hospiceproviders@health.mo.gov. Staff will review the hospice's plan. If it is found to be credible, surveyors will conduct an unannounced survey to verify Hospice staff have implemented necessary corrections and the Hospice is once again in compliance with all conditions of participation. Should we not hear from you, we assume that the situation and deficiencies have not been corrected. After the survey, we will communicate to you in writing the findings of that revisit survey and any further actions we will take.

In you have questions regarding this matter, please contact me at elizabeth.henningfeld1@cms.hhs.gov.

#### Sincerely,

Elizabeth A. Henningfeld -S Digitally signed by Elizabeth A. Henningfeld -S

Date: 2020.10.15 08:57:42 -05'00'

Elizabeth Henningfeld, JD Acting Acute & Continuing Care Branch Manager Survey & Operations Group CMS Kansas City

Enclosure: Statement of Deficiencies (2567)

cc: Missouri DHSS Missouri Medicaid

JC

PRINTED: 10/14/2020 FORM APPROVED OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:			TIPLE CONSTRUCTION ING	(X3) DATE SURVEY COMPLETED		
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	PROVIDER OR SUPPLIER  IS HOSPICE AND PAL	LLIATIVE CARE OF MISSOURI, L		STREET ADDRESS, CITY, STATE, ZIP CODE 3660 S GEYER ROAD - SUITE 120 SAINT LOUIS, MO 63127		
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{L 000}	INITIAL COMMENT	rs	{L 00	00}		
		to the complaint survey of npleted on 10/07/2020. The rrent patients.				
	The following condi - §418.64 Condition Services	ition was corrected: n of Participation: Core				

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

PRINTED: 10/14/2020 FORM APPROVED OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:		(X2) MUL A. BUILD		E CONSTRUCTION	(X3) DATE SURVEY COMPLETED		
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NAME OF F	PROVIDER OR SUPPLIER	* *	l 	SI	FREET ADDRESS, CITY, STATE, ZIP CODE	1 10/	0112020
SEASON	S HOSPICE AND PAL	LIATIVE CARE OF MISSOURI, L			660 S GEYER ROAD - SUITE 120 AINT LOUIS, MO 63127		
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L 000	INITIAL COMMENT	rs	LO	000			
	completed on 10/07	gation MO00176419 was 7/2020 at Seasons Hospice of Missouri. The agency had s.					
	the allegations repo	substantiated. One or more of orted are verified and ited that are related to the vestigated.					
L 500	One condition-level §418.52 Patient's F PATIENTS' RIGHT CFR(s): 418.52	-	L 5	500			
	Based on policy re and interview, the a - Alleged violations the patient property hospice administration - Violations are immand - Verified violations	is not met as evidenced by: view, clinical record review, gency failed to ensure: involving misappropriation of are reported immediately to tor (L508); nediately investigated (L509); were reported to State and jurisdiction within five working					
L 508	has the potential to of patient rights and patients. EXERCISE OF RIG PROPRTY/PERSO CFR(s): 418.52(b)(		L 5	808			
	The hospice must:						

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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		261641	B. WING		10	C / <b>07/2020</b>
	PROVIDER OR SUPPLIER S HOSPICE AND PA	ALLIATIVE CARE OF MISSOURI, L		STREET ADDRESS, CITY, STATE, 3660 S GEYER ROAD - SUITE ' SAINT LOUIS, MO 63127	ZIP CODE	
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L 508	mistreatment, neg and physical abus source, and misar by anyone furnish hospice, are report	rage 1 alleged violations involving allect, or verbal, mental, sexual, e, including injuries of unknown oppropriation of patient propertying services on behalf of the ted immediately by hospice ontracted staff to the hospice	L 5	508		
	Based on policy r interview, the age violations involving property were rep administrator in or records reviewed. potential to advers	is not met as evidenced by: eview, record review, and ncy failed to ensure that alleged g misappropriation of patient orted immediately to the agency ne (Record/Patient #3) of three This deficient practice has the sely affect the patient's right to ppropriation of property for all ints.				
	Abuse, Neglect, o 03/22/2019 showed - Any employee, who discovers any (as soon as possil hours after discover observations to the administrator-on-executive director - The executive dias possible, but no being notified of the investigation of all	ncy's policy titled, "Suspected r Exploitation," dated ed, in part, the following: olunteer, or contracted staff y exploitation will immediately ble, but not more than (24) ery of the incident) report their e team director or call, who will then inform the				

	OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION  A. BUILDING			(X3) DATE SURVEY COMPLETED	
		261641	B. WING		10	C / <b>07/2020</b>	
	PROVIDER OR SUPPLIER	LLIATIVE CARE OF MISSOURI, L		STREET ADDRESS, CITY, STATE, ZIP CO 3660 S GEYER ROAD - SUITE 120 SAINT LOUIS, MO 63127			
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL .SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORF (EACH CORRECTIVE ACTION S CROSS-REFERENCED TO THE AI DEFICIENCY)	SHOULD BE	(X5) COMPLETION DATE	
L 508	verified violations a bodies having juris Survey and Certific becoming aware or -Documentation of made in an advers - The definition of otherwise illegal, u process of an indivorsity of an elder for mor profit, or gain, or the of rightful access to resources, belonging RECORD/PATIEN' Review of the clinic was admitted to how with a terminal diag disease (kidney dispatient lived alone lived close and hele Review of the recordated 09/19/2020 to the narrative note information) The pack.  During an interview the on-call register - When he/she mawas on a weekend did not have a commedications frequencing: - He/she "checked been ordered for the survey of the checked becomes the survey of the checked because of t	are reported to State and local diction (including to the State attion agency) within 5 days of a the violation; the investigation should be event report; and exploitation is the fraudulent or nauthorized, or improper act or idual that uses the resources netary or personal benefit, nat results in depriving an elder or or use of, benefits, ngs, or assets.  If #3:  Cal record showed the patient espice services on 05/29/2020 gnosis of end-stage renal sease that leads to death). The at home but had children that ped with care.  If showed a nurse visit note by registered nurse (RN) A. showed an FYI (for your attent does not have a comfort of on 10/07/2020 at 11:10 AM, and nurse, RN A, stated that: and he/she noticed the patient and he/she noticed the patient afort kit (package of ently needed for end-of-life.	L 5	08			

AND PLAN OF CORRECTION   (X1) PROVIDER/SUPPLIER/CLIA   IDENTIFICATION NUMBER:		1 ' '	IPLE CONSTRUCTION IG	CON	C (X3) DATE SURVEY	
		261641	B. WING _			/07/2020
	PROVIDER OR SUPPLIER S HOSPICE AND PAI	LLIATIVE CARE OF MISSOURI, L	-	STREET ADDRESS, CITY, STATE, ZIP CO 3660 S GEYER ROAD - SUITE 120 SAINT LOUIS, MO 63127		70172020
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL .SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORF (EACH CORRECTIVE ACTION S CROSS-REFERENCED TO THE AI DEFICIENCY)	SHOULD BE	(X5) COMPLETION DATE
L 508	Continued review of nurse visit note dat registered nurse (Fishowed:  The comfort kit with was apparently mistered yesterday (Oidentification cards purse;  The patient also so (combination druggin his/her sweater personal properties). The patient also so (combination druggin his/her sweater personal properties). The patient also represents the case manager that:  He/she received an nurse, RN A, that of was not found in the the comfort kit with a comfort kit was not an order to the patient report containing medicated. The patient also remissing from the first patient had to addiction;  The daughter was and was aware of the sure the purse was find it;	of the clinical record showed a red 09/24/2020 completed by RN) B. The documentation as not in the refrigerator and using; stated that her purse was 19/23/2020) and all of her and medicines were in the stated he/she had the Percocet with narcotic for pain control) bocket and was not stolen; and order was requested from an				

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION  (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
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	PROVIDER OR SUPPLIER	LIATIVE CARE OF MISSOURI, L		STREET ADDRESS, CITY, STATE, ZIP 3660 S GEYER ROAD - SUITE 120 SAINT LOUIS, MO 63127		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	TEMENT OF DEFICIENCIES  YMUST BE PRECEDED BY FULL  SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CO (EACH CORRECTIVE ACTIO CROSS-REFERENCED TO THI DEFICIENCY)	N SHOULD BE E APPROPRIATE	(X5) COMPLETION DATE
L 508	- As of 10/01/2020, and - The patient reque in the home "since too."  During an interview the team leader reg that: - The patient missin sounded familiar an about it on the end-have called and reg - He/she checked to not find it mentione - He/she did not rereporting missing it - If this had been rereported by initial which would go to the executive direct - RN B should have leader.  An interview was confirmed in the patient; and - "You would think to reported this to a significant of the staff were trained agency procedures."  The agency's employed.	the items had not been found; sted to not have a comfort kit it would just come up missing, on 10/07/2020 at 2:30 PM, gistered nurse (RN) C stated and a comfort kit and purse, and he/she may have heard of-day report or someone may borted it; he end-of-day reports and did d on 09/24/2020; member RN B calling and ems; eported, he/she would have ting an adverse event report the clinical director and then to tor; and e reported this to the team conducted with the executive 020 at 2:54 PM. He/she stated of property was exploitation of the employee would have upervisor"; and ined at orientation and yearly ect, mandatory reporting, and over the patient's property to the	L 50			

AND PLAN OF CORRECTION  (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		l \	PLE CONSTRUCTION  IG	· ,	TE SURVEY MPLETED  C	
		261641	B. WING _		10	/07/2020
	PROVIDER OR SUPPLIER	LLIATIVE CARE OF MISSOURI,	L	STREET ADDRESS, CITY, STATE, ZIP CO 3660 S GEYER ROAD - SUITE 120 SAINT LOUIS, MO 63127		
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL .SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF COR (EACH CORRECTIVE ACTION CROSS-REFERENCED TO THE / DEFICIENCY)	SHOULD BE	(X5) COMPLETION DATE
L 509 L 509	EXERCISE OF RIG PROPRTY/PERSO CFR(s): 418.52(b)( [The hospice must (ii) Immediately invinvolving anyone futhe hospice and imprevent further potalleged violation is and/or documentation	GHTS/RESPECT FOR (A)(ii)  [2] [3] [4] [5] [6] [6] [6] [7] [8] [8] [8] [8] [8] [8] [8] [8] [8] [8	L 50			
	Based on policy reinterview, the agent - Immediately investand immediately tapotential violation with established processes and the stablished processes and the stablished processes and the stablished processes and the stablished processes are stablished processes and the stablished processes are stablished processes and the stablished processes are stables and the stables are stables are stables and the stables are stables are stables are stables and the stables are stable	stigate the alleged violations ke action to prevent further while the alleged violation was stigation and the he violations in accordance ocedures.  urred in one (Record/Patient is reviewed. This deficient of the free from misappropriation of				
	Abuse, Neglect, or 03/22/2019 showed - Any employee, vo	ncy's policy titled, "Suspected Exploitation," dated d, in part, the following: olunteer, or contracted staff exploitation will immediately				

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		TIPLE CONSTRUCTION  NG		(X3) DATE SURVEY COMPLETED	
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	PROVIDER OR SUPPLIER	LIATIVE CARE OF MISSOURI, L		STREET ADDRESS, CITY, STATE, ZIP C 3660 S GEYER ROAD - SUITE 120 SAINT LOUIS, MO 63127	•	70172020	
(X4) ID PREFIX TAG	(EACH DEFICIENC)	TEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CO ( (EACH CORRECTIVE ACTION CROSS-REFERENCED TO THE DEFICIENCY)	I SHOULD BE	(X5) COMPLETION DATE	
L 509	(as soon as possibhours after discove observations to the administrator-on-caexecutive director; - The executive director; - The executive director as possible, but no being notified of the investigation of all areas to reside the common to the executive director werified violations are bodies having jurised Survey and Certific becoming aware of a common to the executive director of the executive of the clinic was admitted to howith a terminal diagram of the executive disease (kidney dispatient lived alone lived close and help Review of the record dated 09/19/2020 to The narrative note information) The papack.	le, but not more than (24) ry of the incident) report their team director or all, who will then inform the ector will immediately (as soon t more than (24) hours after e incident) initiate an alleged violations; ector will make sure that re reported to State and local diction (including to the State ation agency) within 5 days of the violation; the investigation should be e event report; and exploitation is the fraudulent or nauthorized, or improper act or idual that uses the resources etary or personal benefit, at results in depriving an elder o, or use of, benefits, ngs, or assets.  T#3: tal record showed the patient spice services on 05/29/2020 gnosis of end-stage renal ease that leads to death). The at home but had children that	L 5	09			

	OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
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(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES CY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF COI (EACH CORRECTIVE ACTION CROSS-REFERENCED TO THE DEFICIENCY)	I SHOULD BE	(X5) COMPLETION DATE	
L 509	<ul> <li>When he/she ma was on a weekend did not have a con</li> </ul>	age 7 red nurse, RN A, stated that: ide the visit on 09/19/2020, it I and he/she noticed the patient infort kit (package of ently needed for end-of-life	L 50	09			
	He/she "checked been ordered for the was not concern	d" and found out it had never his patient; and ed that it was not in the home.  of the clinical record showed a					
	nurse visit note da registered nurse (I showed: - The comfort kit w was apparently mi - The patient also stolen yesterday (I identification cards	ted 09/24/2020 completed by RN) B. The documentation vas not in the refrigerator and					
	(combination drug in his/her sweater	stated he/she had the Percocet with narcotic for pain control) pocket and was not stolen; and t order was requested from n.					
	the case manager that: - He/she received nurse, RN A, that owas not found in the The comfort kit whome, RN B check refrigerator prior to On the 09/24/202 comfort kit was noen The patient report	vas delivered to the patient's ked on it, and knew it was in the					

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION  (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:			PLE CONSTRUCTION IG		(X3) DATE SURVEY COMPLETED C	
		261641	B. WING _		10	/ <b>07/2020</b>
	PROVIDER OR SUPPLIER	LLIATIVE CARE OF MISSOURI, L		STREET ADDRESS, CITY, STATE, ZIP COD 3660 S GEYER ROAD - SUITE 120 SAINT LOUIS, MO 63127		
(X4) ID PREFIX TAG	(EACH DEFICIENC	TATEMENT OF DEFICIENCIES BY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORR (EACH CORRECTIVE ACTION SI CROSS-REFERENCED TO THE AF DEFICIENCY)	HOULD BE	(X5) COMPLETION DATE
L 509	- The patient also missing from the - The patient had addiction; - The daughter wa and was aware of sure the purse wa find it; - He/she was unsu informed of the mi - As of 10/01/2020 and - The patient requin the home "since too."  During an interview the team leader rethat: - The patient miss sounded familiar a about it on the enchave called and rethe/she checked not find it mention - He/she did not rereporting missing - If this had been responded by initial which would go to the executive direct - RN B should have leader.  An interview was of	reported that other items were home; two children that have opioid as at the home during the visit the missing items and was as misplaced and they would are if the team leader was ssing items; and the items had not been found; the items had not been found; the items had not been found; as the would just come up missing, and of the work of the items had not been found; the items had not been found; the items had not been found; as the items had not been found; the items had not been found; the items had not been found; the end-of-day at 2:30 PM, and he/she may have heard disported it; the end-of-day reports and did and on 09/24/2020; the member RN B calling and items; the eported, he/she would have ating an adverse event report the clinical director and then to	L 50			
		of property was exploitation of				

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:		l ` ′	TIPLE CONSTRUCTION  NG		COMPLETED		
		261641	B. WING		1	C <b>10/07/2020</b>	
	PROVIDER OR SUPPLIER S HOSPICE AND PAL	LIATIVE CARE OF MISSOURI, L		STREET ADDRESS, CITY, STATE, ZIP CODE 3660 S GEYER ROAD - SUITE 120 SAINT LOUIS, MO 63127	1 10	0112020	
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES  MUST BE PRECEDED BY FULL  SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTI ( (EACH CORRECTIVE ACTION SHOUL CROSS-REFERENCED TO THE APPRO DEFICIENCY)	D BE	(X5) COMPLETION DATE	
L 509	- "You would think the reported this to a sure. There have been a since the prior surve. The agency failed to	he employee would have upervisor;" and no complaints or grievances	L 5	09			
L 511	failed to immediatel further potential vio EXERCISE OF RIG PROPRTY/PERSO CFR(s): 418.52(b)(4	ly take action to prevent lations from occurring. GHTS/RESPECT FOR N 4)(iv)	L 5	11			
	State and local bod (including to the Sta	ified violations are reported to ies having jurisdiction ate survey and certification orking days of becoming aware					
	Based on policy reinterview, the agend verified violations whaving jurisdiction (Certification Agency becoming aware of (Record/Patient #3) This deficient practiadversely affect the	s not met as evidenced by: view, record review, and cy failed to ensure that the vere reported to the State body including the State Survey and y) within five working days of the violation in one of three records reviewed. ice has the potential to e patient's right to be free from i property for all the agency's					
	Findings included:						
	Review of the agen Abuse, Neglect, or	cy's policy titled, "Suspected Exploitation," dated					

NAME OF PROVIDER OR SUPPLIER  SEASONS HOSPICE AND PALLIATIVE CARE OF MISSOURI, L  (X4) ID SUMMARY STATEMENT OF DEFICIENCIES  STREET ADDRESS, CITY, STATE, ZIP CODE  3660 S GEYER ROAD - SUITE 120  SAINT LOUIS, MO 63127  PROVIDER'S PLAN OF CORRECTION	7/2020
NAME OF PROVIDER OR SUPPLIER  SEASONS HOSPICE AND PALLIATIVE CARE OF MISSOURI, L  SEASONS HOSPICE AND PALLIATIVE CARE OF MISSOURI, L  (X4) ID SUMMARY STATEMENT OF DEFICIENCIES PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION)  STREET ADDRESS, CITY, STATE, ZIP CODE  3660 S GEYER ROAD - SUITE 120  SAINT LOUIS, MO 63127  PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE	72020
PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE TAG REGULATORY OR LSC IDENTIFYING INFORMATION)  TAG CROSS-REFERENCED TO THE APPROPRIATE	
	(X5) COMPLETION DATE
L511 Continued From page 10 03/22/2019 showed, in part, the following: - Any employee, volunteer, or contracted staff who discovers any exploitation will immediately (as soon as possible, but not more than (24) hours after discovery of the incident) report their observations to the team director or administrator-on-call, who will then inform the executive director; - The executive director will immediately (as soon as possible, but not more than (24) hours after being notified of the incident) initiate an investigation of all alleged violations; - The executive director will make sure that verified violations are reported to State and local bodies having jurisdiction (including to the State Survey and Certification agency) within 5 days of becoming aware of the violation; -Documentation of the investigation should be made in an adverse event report; and - The definition of exploitation is the fraudulent or otherwise illegal, unauthorized, or improper act or process of an individual that uses the resources of an elder for monetary or personal benefit, profit, or gain, or that results in depriving an elder of rightful access to, or use of, benefits, resources, belongings, or assets.  RECORD/PATIENT #3: Review of the clinical record showed the patient was admitted to hospice services on 05/29/2020 with a terminal diagnosis of end-stage renal disease (kidney disease that leads to death). The patient lived alone at home but had children that lived close and helped with care.  Review of the record showed a nurse visit note dated 09/19/2020 by registered nurse (RN) A. The narrative note showed so note of the content of the dated of the patient of the	

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
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NAME OF PROVIDER OR SUPPLIER  SEASONS HOSPICE AND PALLIATIVE CARE OF MISSOURI, L				STREET ADDRESS, CITY, STATE, ZIP CODE 3660 S GEYER ROAD - SUITE 120 SAINT LOUIS, MO 63127	·	
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L 511	the on-call registerd - When he/she marwas on a weekend did not have a commedications frequencare); - He/she "checked been ordered for the Was not concerned Continued review on urse visit note data registered nurse (Fishowed: - The comfort kit www. was apparently mise. The patient also stolen yesterday (O identification cards purse; - The patient also stolen yesterday (O identification druggin his/her sweater proposed in his/her sweater proposed	on 10/07/2020 at 11:10 AM, ed nurse, RN A, stated that: de the visit on 09/19/2020, it and he/she noticed the patient afort kit (package of ently needed for end-of-life.  "and found out it had never his patient; and ed that it was not in the home.  "It the clinical record showed a sed 09/24/2020 completed by RN) B. The documentation as not in the refrigerator and esing; stated that her purse was 9/23/2020) and all of her and medicines were in the estated he/she had the Percocet with narcotic for pain control) bocket and was not stolen; and order was requested from an an endomination of the control o	L 5	.11		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION  (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION  A. BUILDING			(X3) DATE SURVEY COMPLETED	
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	PROVIDER OR SUPPLIER	LLIATIVE CARE OF MISSOURI, L		STREET ADDRESS, CITY, STATE, ZIP CODE 3660 S GEYER ROAD - SUITE 120 SAINT LOUIS, MO 63127		// · · · · · · · · · · · · · · · · · ·
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L 511	comfort kit was not - The patient report containing medical - The patient also missing from the haddiction; - The daughter was and was aware of sure the purse was find it; - He/she was unsu informed of the mis - As of 10/01/2020 and - The patient reque in the home "since too."  During an interview the team leader resthat: - The patient missi sounded familiar a about it on the end have called and re - He/she checked in not find it mentione - He/she did not re reporting missing it - If this had been reresponded by initial which would go to the executive direct - RN B should have leader.  An interview was contained the state of the state	to found in the refrigerator; ted that his/her purse tions was also stolen; reported that other items were nome; wo children that have opioid at the home during the visit the missing items and was a misplaced and they would are if the team leader was using items; the items had not been found; the one up missing, won 10/07/2020 at 2:30 PM, gistered nurse (RN) C stated and a comfort kit and purse, and he/she may have heard-of-day report or someone may ported it; the end-of-day reports and did and on 09/24/2020; member RN B calling and tems; eported, he/she would have ting an adverse event report the clinical director and then to	L5	11		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
		261641	B. WING _			C / <b>07/2020</b>
NAME OF PROVIDER OR SUPPLIER  SEASONS HOSPICE AND PALLIATIVE CARE OF MISSOURI, L				STREET ADDRESS, CITY, STATE, ZIP CODE 3660 S GEYER ROAD - SUITE 120 SAINT LOUIS, MO 63127		10172020
(X4) ID PREFIX TAG	(EACH DEFICIENC)	TEMENT OF DEFICIENCIES / MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTIVE ACTION SHOUTH ACTION SHOUTH ACTION SHOUTH APPOSE TO THE APPOSE THE APPOSE TO THE APP	OULD BE	(X5) COMPLETION DATE
L 511	that: - Misappropriation of the patient; - The employee sho supervisor; and - There have been since the prior surv  The agency failed to of the patients prop	of property was exploitation of could have reported this to a no complaints or grievances ey in August.  o investigate misappropriation erty and medications and State of Missouri Survey and	L 5^			



### **Final Accreditation Report**

Seasons Hospice & Palliative Care of Texas, Inc. 6341 Campus Circle Dr. East, Suite 150 Irving, TX 75063

Organization Identification Number: 448165 60-day Evidence of Standards Compliance Submitted: 6/20/2019

ESC Programs Reviewed
Home Care

# The Joint Commission Table of Contents

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Home Care	<u>4</u>
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Requirements for Improvement (RFI) Summary	5
<u>Appendix</u>	<u>6</u>
Standards/Elements of Performance (EP) Language	6

### The Joint Commission Executive Summary

Program	Submit Date	Event Outcome	Follow-up Activity	Follow-up Time Frame or Submission Due Date
Home Care		No Requirements for Improvement	None	None

# The Joint Commission The Centers for Medicaid and Medicare Services (CMS) Summary

CoP(s)	Tag	CoP Score
§418.54	L520	Compliant
§418.54(c)(6)(i)	L530	Compliant
§418.56	L538	Compliant
§418.56(c)	L545	Compliant
§418.56(c)(2)	L547	Compliant

# The Joint Commission Requirements for Improvement Summary

Standard	Level of Compliance
PC.01.02.01	Compliant
PC.01.03.01	Compliant

### **The Joint Commission**

## Appendix Standard and EP Text

Standard	EP	Standard Text	EP Text
PC.01.02.01	11	The organization assesses and reassesses its patients.	For hospices that elect to use The Joint Commission deemed status option: The organization assesses potential medication-related problems, including adverse effects, drug reactions, significant side effects, and significant drug interactions, including ineffective drug therapy, duplicate drug therapy, and noncompliance with drug therapy.
PC.01.03.01	5	The organization plans the patient's care.	The written plan of care is based on the patient's goals and the time frames, settings, and services required to meet those goals.
PC.01.03.01	15	The organization plans the patient's care.	For hospices that elect to use The Joint Commission deemed status option: The plan of care includes an assessment of the patient's needs and an identification of the provided services, including the management of discomfort and symptom relief.
PC.01.03.01	18	The organization plans the patient's care.	For hospices that elect to use The Joint Commission deemed status option: The plan of care includes all services needed for the palliation and management of the terminal illness and related conditions, including the following:  - Interventions to manage pain and symptoms  - A statement of the scope and frequency of the services necessary to meet the patient's and family's needs  - Measurable outcomes anticipated from implementing and coordinating the plan of care  - Medications and treatment necessary to meet the patient's needs  - Medical supplies and appliances necessary to meet the patient's needs



### **Final Accreditation Report**

Seasons Hospice & Palliative Care of Texas, Inc. 6341 Campus Circle Dr. East, Suite 150 Irving, TX 75063

Organization Identification Number: 448165 Evidence of Standards Compliance Submitted: 6/5/2019

ESC Programs Reviewed
Home Care

782 Final Report: Posted 6/12/2019

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Standards/Elements of Performance (EP) Language	5

### The Joint Commission Executive Summary

Program	Submit Date	Event Outcome	Follow-up Activity	Follow-up Time Frame or Submission Due Date
Home Care		No Requirements for Improvement	None	None

# The Joint Commission Requirements for Improvement Summary

Standard	Level of Compliance
IC.01.03.01	Compliant

### **The Joint Commission**

### Appendix

#### **Standard and EP Text**

Standard	EP	Standard Text	EP Text
IC.01.03.01	3	The organization identifies risks for acquiring and spreading infections.	The organization prioritizes the identified risks for acquiring and spreading infections. These prioritized risks are documented.



### **Final Accreditation Report**

Seasons Hospice & Palliative Care of Texas, Inc. 6341 Campus Circle Dr. East, Suite 150 Irving, TX 75063

Organization Identification Number: 448165 60-day Evidence of Standards Compliance Submitted: 5/29/2019

ESC Programs Reviewed
Home Care

Final Report: Posted 6/3/2019

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### The Joint Commission Executive Summary

Program	Submit Date	Event Outcome	Follow-up Activity	Follow-up Time Frame or Submission Due Date
Home Care	5/29/2019	Requirements for Improvement	Evidence of Standards Compliance	Submit within 30 Calendar Days from the final posted report date

# The Joint Commission What's Next - Follow-up Activity

Standard	EP	SAFER™ Placement	СоР	Tag	Included in the Evidence of Standards Compliance (within 30 Calendar Days)
IC.01.03.01	<u>3</u>	Low / Widespread			<b>~</b>

# The Joint Commission The Centers for Medicaid and Medicare Services (CMS) Summary

CoP(s)	Tag	CoP Score
§418.113	E-0001	Compliant
§418.113(d)(2)	E-0039	Compliant
§418.113(d)(2)(iii)	E-0039	Compliant
§418.54	L520	Compliant
§418.54(b)	L523	Compliant
§418.54(c)(6)(iv)	L530	Compliant
§418.54(d)	L533	Compliant
§418.56	L538	Compliant
§418.56(c)	L545	Compliant
§418.58	L559	Compliant
§418.58(b)(2)(ii)	L564	Compliant

# The Joint Commission Requirements for Improvement Summary

Standard	Level of Compliance
EM.03.01.03	Compliant
IC.01.03.01	Non Compliant
NPSG.09.02.01	Compliant
PC.01.02.01	Compliant
PC.01.02.03	Compliant
PC.01.03.01	Compliant
PI.02.01.01	Compliant

# The Joint Commission Requirements for Improvement

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
IC.01.03.01	3	Low Widespread	The organization prioritizes the identified risks for acquiring and spreading infections. These prioritized risks are documented.	1). Observed in Infection Control System Tracer at Seasons Hospice & Palliative Care of Texas, Inc. (6341 Campus Circle Dr. East, Suite 150, Irving, TX) site.  Organization failed to prioritize the identified risks for acquiring and spreading infections. Organization completed a risk analysis but did not identify or document any priorities based on the results of the analysis. Discussed with Director of Clinical Operations and Executive Director.		

# Appendix Standard and EP Text

Standard	EP	Standard Text	EP Text
EM.03.01.03	5	The organization evaluates the effectiveness of its Emergency Operations Plan.	Emergency response exercises incorporate likely disaster scenarios that allow the organization to evaluate its handling of communications, resources and assets, staff, utilities (for facility-based care only), and patients. (See also EM.02.01.01, EP 2)
EM.03.01.03	13	The organization evaluates the effectiveness of its Emergency Operations Plan.	Management and staff evaluate all emergency response exercises and all responses to actual emergencies.
IC.01.03.01	3	The organization identifies risks for acquiring and spreading infections.	The organization prioritizes the identified risks for acquiring and spreading infections. These prioritized risks are documented.
NPSG.09.02.01	5	Reduce the risk of falls.	Evaluate the effectiveness of all fall reduction activities including assessment, interventions and education.  Note: Examples of outcome indicators to use in the evaluation include decreased number of falls and decreased number and severity of fall-related injuries.
PC.01.02.01	11	The organization assesses and reassesses its patients.	For hospices that elect to use The Joint Commission deemed status option: The organization assesses potential medication-related problems, including adverse effects, drug reactions, significant side effects, and significant drug interactions, including ineffective drug therapy, duplicate drug therapy, and noncompliance with drug therapy.
PC.01.02.01	37	The organization assesses and reassesses its patients.	For hospices that elect to use The Joint Commission deemed status option: The update of the comprehensive assessment is based on changes that have taken place since the initial assessment and includes information about the patient's progress toward desired outcomes and a reassessment of the patient's response to care.
PC.01.02.03	26	The organization assesses and reassesses the patient and his or her condition according to defined time frames.	For hospices that elect to use The Joint Commission deemed status option: The hospice's interdisciplinary group, in consultation with the patient's attending physician, if any, completes the comprehensive assessment no later than five calendar days after the election of hospice care.
PC.01.03.01	5	The organization plans the patient's care.	The written plan of care is based on the patient's goals and the time frames, settings, and services required to meet those goals.
PI.02.01.01	4	The organization compiles and analyzes data.	The organization analyzes and compares internal data over time to identify levels of performance, patterns, trends, and variations. (See also

[;	Standard	EP	Standard Text	EP Text
Γ				MC.01.01.01, EP 7)

### **Appendix**

### **Report Section Information**

### **SAFER™ Matrix Description**

All Requirements for Improvement (RFIs) are plotted on the SAFER matrix according to the likelihood the issue could cause harm to patient(s), staff, and/or visitor (s), and the scope at which the RFI is observed. Combined, these characteristics identify a risk level for each RFI, which in turn will determine the level of required post-survey follow up. As the risk level of an RFI increases, the placement of the standard and Element of Performance moves from the bottom left corner to the upper right. The definitions for the Likelihood to Harm a Patient/Staff/Visitor and Scope are as follows:

Likelihood to Harm a Patient/Staff/Visitor:

- Low: harm could happen, but would be rare
- Moderate: harm could happen occasionally
- High: harm could happen any time

#### Scope:

- Limited: unique occurrence that is not representative of routine/regular practice
- Pattern: multiple occurrences with potential to impact few/some patients, staff, visitors and/or settings
- Widespread: multiple occurrences with potential to impact most/all patients, staff, visitors and/or settings

The Evidence of Standards Compliance (ESC) or Plan of Correction (POC) forms with findings of a higher risk will require two additional fields within the ESC or POC. The organization will provide a more detailed description of Leadership Involvement and Preventive Analysis to assist in sustainment of the compliance plan. Additionally, these higher risk findings will be provided to surveyors for possible review or onsite validation during any subsequent onsite surveys, up until the next full triennial survey occurs. The below legend illustrates the follow-up activity associated with each level of risk.

SAFER™ Matrix Placement	Required Follow-Up Activity	
HIGH/LIMITED HIGH/PATTERN HIGH/WIDESPREAD	Two additional areas surrounding Leadership Involvement and Preventive Analysis will be included in the ESC or POC Finding will be highlighted for potential review by surveyors on subsequent	
MODERATE/PATTERN MODERATE/WIDESPREAD	onsite surveys up to and including the next full survey or review	
MODERATE/LIMITED LOW/PATTERN LOW/WIDESPREAD	ESC or POC will not include Leadership Involvement and Preventive     Analysis	
LOW/LIMITED		

## **Appendix**

### **Report Section Information**

#### **Requirements for Improvement Description**

Observations noted within the Requirements for Improvement (RFI) section require follow-up through the Evidence of Standards Compliance (ESC) process. The identified timeframes for submission for each observation are found in the Executive Summary section of the Final Report. If a follow-up survey is required, the unannounced visit will focus on the requirements for improvement although other areas, if observed, could still become findings. The time frame to perform the unannounced follow-up visit is dependent on the scope and severity of the issue identified within Requirements for Improvement.



## **Final Accreditation Report**

Seasons Hospice & Palliative Care of Texas, Inc. 6341 Campus Circle Dr. East, Suite 150 Irving, TX 75063

Organization Identification Number: 448165 Unannounced Full Event: 3/12/2019 - 3/15/2019

Program Surveyed
Home Care

**Final Report**: Posted 3/20/2019

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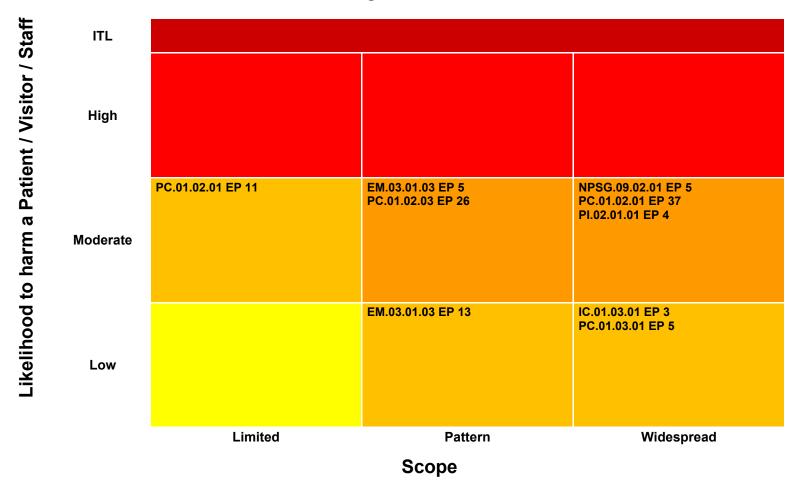
# The Joint Commission Executive Summary

Program	Survey Dates	Event Outcome	Follow-up Activity	Follow-up Time Frame or Submission Due Date
Home Care	03/12/2019 - 03/15/2019	Requirements for Improvement	Clarification (Optional)	Submit within 10 Business Days from the final posted report date
	03/13/2019 Improver	Improvement	Unannounced Medicare Deficiency Survey	Survey within 45 Calendar Days from the last day of survey
			Evidence of Standards Compliance (ESC)	Submit within 60 Calendar Days from the final posted report date

# The Joint Commission What's Next - Follow-up Activity

Standard	EP	SAFER™ Placement	СоР	Tag	Included in the Medicare Deficiency Survey (within 45 Calendar Days)	Included in the Evidence of Standard Compliance (within 60 calendar days)
EM.03.01.03	<u>13</u>	Low / Pattern	§418.113 (d)(2)(iii)	E-0039		✓
	<u>5</u>	Moderate / Pattern	§418.113 (d)(2)	<u>E-0039</u>		✓
IC.01.03.01	3	Low / Widespread				✓
NPSG.09.02.0 1	<u>5</u>	Moderate / Widespread				✓
PC.01.02.01	<u>11</u>	Moderate / Limited	§418.54 (c)(6)(iv)	<u>L530</u>	✓	✓
	<u>37</u>	Moderate / Widespread	§418.54 (d)	<u>L533</u>	✓	✓
PC.01.02.03	<u>26</u>	Moderate / Pattern	§418.54 (b)	<u>L523</u>	<b>√</b>	<b>✓</b>
PC.01.03.01	<u>5</u>	Low / Widespread	§418.56 (c)	<u>L545</u>	<b>√</b>	<b>✓</b>
PI.02.01.01	4	Moderate / Widespread	§418.58 (b)(2)(ii)	<u>L564</u>		<b>√</b>

# The Joint Commission SAFER™ Matrix



# The Joint Commission The Centers for Medicaid and Medicare Services (CMS) Summary

CoP(s)	Tag	CoP Score	Corresponds to:
<u>§418.54</u>	L520	Condition	
§418.54(b)	<u>L523</u>	Standard	OME/PC.01.02.03/EP26
§418.54(c)(6)(iv)	<u>L530</u>	Standard	OME/PC.01.02.01/EP11
§418.54(d)	<u>L533</u>	Standard	OME/PC.01.02.01/EP37
<u>§418.56</u>	<u>L538</u>	Condition	
§418.56(c)	<u>L545</u>	Condition	OME/PC.01.03.01/EP5
<u>§418.58</u>	<u>L559</u>	Standard	
§418.58(b)(2)(ii)	<u>L564</u>	Standard	OME/PI.02.01.01/EP4
§418.113	E-0001	Standard	
§418.113(d)(2)	E-0039	Standard	OME/EM.03.01.03/EP5
§418.113(d)(2)(iii)	E-0039	Standard	OME/EM.03.01.03/EP13

# The Joint Commission Requirements for Improvement

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
EM.03.01.03	5	Moderate Pattern	Emergency response exercises incorporate likely disaster scenarios that allow the organization to evaluate its handling of communications, resources and assets, staff, utilities (for facility-based care only), and patients. (See also EM.02.01.01, EP 2)	1). Observed in Emergency Management Session at Seasons Hospice & Palliative Care of Texas, Inc. (6341 Campus Circle Dr. East, Suite 150, Irving, TX) site. Organization failed to conduct likely disaster scenarios that tested and evaluated all capabilities of the Emergency Operations Plan. Organization conducted internal fire drills annually (which they assigned a risk score of 0), which did not test the handling of all required elements of the EOP. Therefore, were unable to evaluate the full effectiveness of their EOP. Discussed with Clinical Operations Director, Executive Director, National Director of Quality and Compliance, and National Director of Clinical Operations.	§418.113(d)(2)	Standard
EM.03.01.03	13	Low Pattern	Management and staff evaluate all emergency response exercises and all responses to actual emergencies.	1). Observed in Emergency Management Session at Seasons Hospice & Palliative Care of Texas, Inc. (6341 Campus Circle Dr. East, Suite 150, Irving, TX) site . Organization failed to have management and staff evaluate the effectiveness of the Emergency Operations Plan. Since the last survey, only two drills/events were evaluated. Of the two evaluations that were completed, staff was not involved in the evaluation process per the documentation of the written evaluation reports provided by the organization. Discussed with Clinical Operations Director, Executive Director, National Director of Quality and Compliance, and National Director of Clinical Operations.	§418.113(d)(2) (iii)	Standard
IC.01.03.01	3	Low Widespread	The organization prioritizes the identified risks for acquiring and spreading infections. These prioritized risks are documented.	1). Observed in Infection Control System Tracer at Seasons Hospice & Palliative Care of Texas, Inc. (6341 Campus Circle Dr. East, Suite 150, Irving, TX) site. Organization failed to prioritize the identified risks for acquiring and spreading infections. Organization completed a risk analysis but did not identify or document any priorities based on the results of the analysis. Discussed with Director of Clinical Operations and Executive Director.		

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
NPSG.09.02.01	<u>5</u>	Moderate Widespread	Evaluate the effectiveness of all fall reduction activities including assessment, interventions and education.  Note: Examples of outcome indicators to use in the evaluation include decreased number of falls and decreased number and severity of fall-related injuries.	1). Observed in Data Session at Seasons Hospice & Palliative Care of Texas, Inc. (6341 Campus Circle Dr. East, Suite 150, Irving, TX) site . Organization failed to evaluate the effectiveness of the falls reduction activities for 2017 and 2018. Raw data was collected, however, outcome indicators were not calculated or evaluated for 2017 and 2018. Discussed with Clinical Operations Director, Executive Director, National Director of Quality and Compliance, and National Director of Clinical Operations.		
PC.01.02.01	11	Moderate Limited	For hospices that elect to use The Joint Commission deemed status option: The organization assesses potential medication-related problems, including adverse effects, drug reactions, significant side effects, and significant drug interactions, including ineffective drug therapy, duplicate drug therapy, and noncompliance with drug therapy.	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Texas, Inc. (6341 Campus Circle Dr. East, Suite 150, Irving, TX) site. In 1 of 2 home visits conducted, organization failed to assess potential medication related problems, including noncompliance with drug therapy, as evidenced by the absence of any discussion, assessment, or reconciliation of the medications during HV#1. Discussed with Clinical Operations Director, Executive Director, National Director of Quality and Compliance, and National Director of Clinical Operations.	§418.54(c)(6)(iv)	Standard
PC.01.02.01	37	Moderate Widespread	For hospices that elect to use The Joint Commission deemed status option: The update of the comprehensive assessment is based on changes that have taken place since the initial assessment and includes information about the patient's progress toward desired outcomes and a reassessment of the patient's response to care.	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Texas, Inc. (6341 Campus Circle Dr. East, Suite 150, Irving, TX) site. In 3 of 3 patient records reviewed, organization failed to update the patient's care plan reflective of the most recent comprehensive assessment. Patient's progress toward desired outcomes, as well as a reassessment of the patient's response to care was not updated on the care plan following IDG for RR#8, RR#9, and RR#10. All three of these patients had specific issues and changes in condition discussed at the IDG that was not reflected on the updated care plan. Discussed with Clinical Operations Director, Executive Director, National Director of Clinical Operations.	§418.54(d)	Standard
PC.01.02.03	<u>26</u>	Moderate Pattern	For hospices that elect to use The Joint Commission deemed status option: The hospice's	Observed in Individual Tracer at Seasons     Hospice & Palliative Care of Texas, Inc. (6341)	§418.54(b)	Standard

**Final Report**: Posted 3/20/2019

Standard	EP	SAFER™ Placement	EP Text	Observation	СоР	CoP Score
			interdisciplinary group, in consultation with the patient's attending physician, if any, completes the comprehensive assessment no later than five calendar days after the election of hospice care.	Campus Circle Dr. East, Suite 150, Irving, TX) site . In 8 of 13 patient records reviewed, organization failed to complete the comprehensive assessment within five days of the election of hospice. The bereavement assessment was not completed by the required time frame for HV#2, HV#3, RR#1, RR#3, RR#8, and RR#9. The social worker assessment was not completed by the required time frame for HV#3, RR#1, RR#2, RR#7, RR#8, and RR#9. Discussed with Clinical Operations Director, Executive Director, National Director of Quality and Compliance, and National Director of Clinical Operations.		
PC.01.03.01	<u>5</u>	Low Widespread	The written plan of care is based on the patient's goals and the time frames, settings, and services required to meet those goals.	1). Observed in Individual Tracer at Seasons Hospice & Palliative Care of Texas, Inc. (6341 Campus Circle Dr. East, Suite 150, Irving, TX) site. In 13 of 13 patient records reviewed, organization failed to reflect time frames for the patient's goals on the written plan of care. Discussed with Clinical Operations Director, Executive Director, National Director of Quality and Compliance, and National Director of Clinical Operations.	§418.56(c)	Condition
PI.02.01.01	4	Moderate Widespread	The organization analyzes and compares internal data over time to identify levels of performance, patterns, trends, and variations. (See also MC.01.01.01, EP 7)	1). Observed in Data Session at Seasons Hospice & Palliative Care of Texas, Inc. (6341 Campus Circle Dr. East, Suite 150, Irving, TX) site . Organization failed to analyze and compare internal data over time. Raw data was collected in the areas of patient satisfaction, complaints/grievances, medication errors, and adverse events. However, outcome indicators were not calculated or evaluated to identify levels of performance, patterns, trends, or variations. Discussed with Clinical Operations Director, Executive Director, National Director of Quality and Compliance, and National Director of Clinical Operations.	§418.58(b)(2)(ii)	Standard

## **Appendix**

## **Conditions of Participation Text**

СоР	Tag	CoP Standard text
§418.54 Initial and Comprehensive Assessment of the Patient	L520	§418.54 Condition of participation: Initial and comprehensive assessment of the patient.
§418.54(b) Time frame for completion of the comprehensive assessment	L523	§418.54(b) Standard: Time frame for completion of the comprehensive assessment.  The hospice interdisciplinary group, in consultation with the individual's attending physician (if any), must complete the comprehensive assessment no later than 5 calendar days after the election of hospice care in accordance with §418.24.
§418.54(c)(6)(iv) Content of the comprehensive assessment	L530	(iv) Duplicate drug therapy.
§418.54(d) Update of the comprehensive assessment	L533	§418.54(d) Standard: Update of the comprehensive assessment.  The update of the comprehensive assessment must be accomplished by the hospice interdisciplinary group (in collaboration with the individual's attending physician, if any) and must consider changes that have taken place since the initial assessment. It must include information on the patient's progress toward desired outcomes, as well as a reassessment of the patient's response to care. The assessment update must be accomplished as frequently as the condition of the patient requires, but no less frequently than every 15 days.
§418.56 Interdisciplinary group, care planning, and coordination of services	L538	The plan of care must specify the hospice care and services necessary to meet the patient and family-specific needs identified in the comprehensive assessment as such needs relate to the terminal illness and related conditions.
§418.56(c) Content of the plan of care	L545	The hospice must develop an individualized written plan of care for each patient. The plan of care must reflect patient and family goals and interventions based on the problems identified in the initial, comprehensive, and updated comprehensive assessments. The plan of care must include all services necessary for the palliation and management of the terminal illness and related conditions, including the following:
§418.58 Quality assessment and performance improvement.	L559	§418.58 Condition of participation: Quality assessment and performance improvement.
§418.58(b)(2)(ii) Program data	L564	(ii) Identify opportunities and priorities for improvement.
§418.113 Establishment of the Emergency Program (EP)	E-0001	418.113 Condition of participation: Emergency preparedness.  The hospice must comply with all applicable Federal, State, and local emergency preparedness requirements. The hospice must establish and maintain an emergency preparedness program that meets the requirements of this section. The emergency preparedness program must include, but not be limited to, the following elements:

СоР	Tag	CoP Standard text
§418.113(d)(2) Emergency Prep Testing Requirements	E-0039	(2) Testing. The hospice must conduct exercises to test the emergency plan at least annually. The hospice must do the following:
§418.113(d)(2)(iii) Emergency Prep Testing Requirements	E-0039	(iii) Analyze the hospice's response to and maintain documentation of all drills, tabletop exercises, and emergency events, and revise the hospice's emergency plan, as needed.

# Appendix Standard and EP Text

Standard	EP	Standard Text	EP Text
EM.03.01.03	5	The organization evaluates the effectiveness of its Emergency Operations Plan.	Emergency response exercises incorporate likely disaster scenarios that allow the organization to evaluate its handling of communications, resources and assets, staff, utilities (for facility-based care only), and patients. (See also EM.02.01.01, EP 2)
EM.03.01.03	13	The organization evaluates the effectiveness of its Emergency Operations Plan.	Management and staff evaluate all emergency response exercises and all responses to actual emergencies.
IC.01.03.01	3	The organization identifies risks for acquiring and spreading infections.	The organization prioritizes the identified risks for acquiring and spreading infections. These prioritized risks are documented.
NPSG.09.02.01	5	Reduce the risk of falls.	Evaluate the effectiveness of all fall reduction activities including assessment, interventions and education.  Note: Examples of outcome indicators to use in the evaluation include decreased number of falls and decreased number and severity of fall-related injuries.
PC.01.02.01	11	The organization assesses and reassesses its patients.	For hospices that elect to use The Joint Commission deemed status option: The organization assesses potential medication-related problems, including adverse effects, drug reactions, significant side effects, and significant drug interactions, including ineffective drug therapy, duplicate drug therapy, and noncompliance with drug therapy.
PC.01.02.01	37	The organization assesses and reassesses its patients.	For hospices that elect to use The Joint Commission deemed status option: The update of the comprehensive assessment is based on changes that have taken place since the initial assessment and includes information about the patient's progress toward desired outcomes and a reassessment of the patient's response to care.
PC.01.02.03	26	The organization assesses and reassesses the patient and his or her condition according to defined time frames.	For hospices that elect to use The Joint Commission deemed status option: The hospice's interdisciplinary group, in consultation with the patient's attending physician, if any, completes the comprehensive assessment no later than five calendar days after the election of hospice care.
PC.01.03.01	5	The organization plans the patient's care.	The written plan of care is based on the patient's goals and the time frames, settings, and services required to meet those goals.
PI.02.01.01	4	The organization compiles and analyzes data.	The organization analyzes and compares internal data over time to identify levels of performance, patterns, trends, and variations. (See also

Standard	EP	Standard Text	EP Text
			MC.01.01.01, EP 7)

## **Appendix**

## **Report Section Information**

### **SAFER™ Matrix Description**

All Requirements for Improvement (RFIs) are plotted on the SAFER matrix according to the likelihood the issue could cause harm to patient(s), staff, and/or visitor(s), and the scope at which the RFI is observed. Combined, these characteristics identify a risk level for each RFI, which in turn will determine the level of required post-survey follow up. As the risk level of an RFI increases, the placement of the standard and Element of Performance moves from the bottom left corner to the upper right. The definitions for the Likelihood to Harm a Patient/Staff/Visitor and Scope are as follows:

Likelihood to Harm a Patient/Staff/Visitor:

- Low: harm could happen, but would be rare
- Moderate: harm could happen occasionally
- High: harm could happen any time

#### Scope:

- Limited: unique occurrence that is not representative of routine/regular practice
- Pattern: multiple occurrences with potential to impact few/some patients, staff, visitors and/or settings
- Widespread: multiple occurrences with potential to impact most/all patients, staff, visitors and/or settings

The Evidence of Standards Compliance (ESC) or Plan of Correction (POC) forms with findings of a higher risk will require two additional fields within the ESC or POC. The organization will provide a more detailed description of Leadership Involvement and Preventive Analysis to assist in sustainment of the compliance plan. Additionally, these higher risk findings will be provided to surveyors for possible review or onsite validation during any subsequent onsite surveys, up until the next full triennial survey occurs. The below legend illustrates the follow-up activity associated with each level of risk.

SAFER™ Matrix Placement	Required Follow-Up Activity
HIGH/LIMITED HIGH/PATTERN HIGH/WIDESPREAD	<ul> <li>Two additional areas surrounding Leadership Involvement and Preventive Analysis will be included in the ESC or POC</li> <li>Finding will be highlighted for potential review by surveyors on subsequent onsite surveys up to and including the next full survey or review</li> </ul>
MODERATE/PATTERN MODERATE/WIDESPREAD	
MODERATE/LIMITED LOW/PATTERN LOW/WIDESPREAD	ESC or POC will not include Leadership Involvement and Preventive Analysis
LOW/LIMITED	

## **Appendix**

## **Report Section Information**

#### **CMS Summary Description**

For organizations that utilize The Joint Commission for deeming purposes, observations noted within the Requirements for Improvement (RFI) section that are crosswalked to a CMS Condition of Participation (CoP)/Condition for Coverage (CfC) are highlighted in this section. The table included within this section incorporates, from a Centers for Medicare and Medicaid Services (CMS) perspective, the CoPs/CfCs that were noted as noncompliant during the survey, the Joint Commission standard and element of performance the CoP/CfC is associated with, the CMS score (either Standard or Condition Level), and if the standard and EP will be included in an upcoming Medicare Deficiency Survey (MEDDEF) if applicable.

#### **Requirements for Improvement Description**

Observations noted within the Requirements for Improvement (RFI) section require follow-up through the Evidence of Standards Compliance (ESC) process. The identified timeframes for submission for each observation are found in the Executive Summary section of the Final Report. If a follow-up survey is required, the unannounced visit will focus on the requirements for improvement although other areas, if observed, could still become findings. The time frame to perform the unannounced follow-up visit is dependent on the scope and severity of the issue identified within Requirements for Improvement.

## **Appendix**

## **Report Section Information**

#### **Clarification Instructions**

#### Documents not available at the time of survey

Any required documents that are not available at the time of survey will no longer be eligible for the clarification process. These RFIs will become action items in the post-survey ESC process.

#### Clerical Errors

Clerical errors in the report will no longer be eligible for the clarification process. The Joint Commission will work with the organization to correct the clerical error, so that the report is accurate. The corrected RFIs will become action items in the post-survey process.

#### **Audit Option**

There will no longer be an audit option as part of the clarification process. With the implementation of the SAFER™ matrix, the "C" Element of Performance (EP) category is eliminated. The "C" EPs were the subject of Clarification Audits.

The clarification process provides an organization the opportunity to demonstrate compliance with standards that were scored "not compliant" at the time of the survey. The organization has 10 business days from the date the report is published on the extranet site to submit the clarification. *The Evidence of Standards Compliance (ESC) due dates will remain the same whether or not the organization submits a clarification and/or is successful in the clarification process.* 

Clarifications may take either of the following forms:

- An organization believes it had adequate evidence available to the surveyor(s) and was in compliance **at the time of the survey**. (Please note that actions taken during or immediately after the survey will not be considered.) The organization must use the clarification form to support their contention.
- The organization has detailed evidence that was not immediately available **at the time of the survey.** The clarification must include an explanation as to why the surveyor(s) did not have access to the information or why it was not provided to the surveyor(s) at the time of the survey. However, any required documents that are not available at the time of survey are not eligible for the Clarification Process. These RFIs will become action items in the post-survey ESC process.
- Please do not submit supplemental documentation unless requested by The Joint Commission. If additional information is requested, the organization will be required to highlight the relevance to the standards in the documentation.