



### Monkeypox Exposed Contact Daily Symptom Monitoring Questionnaire

#### Initial Contact Information (fill in prior to calling contact)

Contact first name : \_\_\_\_\_

Contact last name : \_\_\_\_\_

Contact phone number : \_\_\_\_\_

Date of most recent exposure : \_\_\_\_\_

Date of initial outreach : \_\_\_\_\_

Date of final symptom check-in [21 days after most recent exposure]: \_\_\_\_\_

Contact risk level determination : \_\_\_ High      \_\_\_ Intermediate      \_\_\_ Low/ uncertain

#### Daily Symptom Monitoring (call to contact)

Hello, my name is \_\_\_\_\_ and I am calling from \_\_\_\_\_.

- I am calling to reach **[NAME]** or **[PROXY]**. Is **[NAME]** or **[PROXY]** available?
  - Yes
  - No → “Thank you, I will call back later”

I’m calling to follow-up on your recent exposure to monkeypox and ask a few questions around symptoms.

- Are you currently experiencing any of the following symptoms?
  - Fever
  - Muscle aches
  - Swollen lymph nodes (swollen glands)
  - Chills
  - Backache
  - Rash
  - Headache
  - Exhaustion

- If fever reported:** did you check your temperature
  - Yes
  - No
- If yes:** what was the highest temperature you measured? \_\_\_\_\_
- If rash reported:** Can you describe the location and appearance of the rash?

---

*If yes to symptoms:* It is important to isolate yourself from others. If you are not able to isolate from others in your home, we can help you find another place to isolate. If you need to seek medical care, notify the provider that you might have monkeypox. We will help to arrange testing for monkeypox. One of my colleagues will contact you today to make further arrangements.

*If no to symptoms:* Do you have any other concerns that you would like to report to public health?

Yes       No

If yes, what are those concerns?

---

---

---

Thank you for your time and participation in our symptom monitoring. Please remember to continue checking your temperature twice a day

**If it's the date of the final symptom check-in (see above):**

Thank you for your time and participation in our symptom monitoring. This is the final day of your monitoring period, so we will not be reaching out again. If you develop any symptoms in the coming days, please call [PHONE NUMBER].