



# Children & Youth with Special Health Care Needs

www.doh.wa.gov/cyshcn

## COMMUNICATION NETWORK MEETING

April 14, 2022

### CYSHCN Communication Network Purpose:

Provide for exchange of information among those programs and entities that serve children with special health care needs and their families and facilitate an opportunity to learn more about statewide policies, programs and issues critical to this unique population.

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## Attendees

Due to continued social distancing requirements enacted by Governor Inslee, Communication Network will be conducted entirely in an online format.

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## Children and Youth with Special Health Care Needs (CYSHCN) Program Update

[www.doh.wa.gov/YouandYourFamily/InfantsChildrenandTeens/HealthandSafety/ChildrenwithSpecialHealthCareNeeds.aspx](http://www.doh.wa.gov/YouandYourFamily/InfantsChildrenandTeens/HealthandSafety/ChildrenwithSpecialHealthCareNeeds.aspx)

### Staff Updates

New hire, Renee Tinder, starts 4/18/2022 for the position of CYSHCN Behavioral and Adolescent Health Consultant. Future hiring for the position of CYSHCN Communications and Early Childhood Consultant.

### Child Health Intake Form (CHIF) Database

For more information, contact Sarah Burdette at 360-688-3251 or [sarah.burdette@doh.wa.gov](mailto:sarah.burdette@doh.wa.gov).

### Washington Statewide Leadership Initiative (WSLI) and DOH Family Engagement

Nikki is on maternity leave until late May 2022.

For more WSLI or DOH Family Engagement information, contact Nikki Dyer at 360-236-3536 or [nikki.dyer@doh.wa.gov](mailto:nikki.dyer@doh.wa.gov).

### CYSHCN Program Nutrition Updates

Khim has started offering office hours for WIC staff twice a month and has been successful in offering support and resources for challenging clients for WIC dietitians. It has also provided leverage for future trainings. Khim is also working on a LEND project that involves creating a template for WA state to use for culinary classes that involve dietetic students or volunteers and youth with disabilities. More detail to come soon.

For more information, please contact Khimberly Schoenacker at 360-236-3573 or [khimberly.schoenacker@doh.wa.gov](mailto:khimberly.schoenacker@doh.wa.gov).

### Essentials for Childhood (EFC)

For more information, contact Astrid Newell at [astrid.newell@doh.wa.gov](mailto:astrid.newell@doh.wa.gov) or see [www.doh.wa.gov/efc](http://www.doh.wa.gov/efc).

### Universal Developmental Screening (UDS)

For more information, contact Marilyn Dold at [Marilyn.dold@doh.wa.gov](mailto:Marilyn.dold@doh.wa.gov).

### MCH LHJ Contracts Updates

For more information, please contact Kara Seaman at 360-236-3781 or [kara.seaman@doh.wa.gov](mailto:kara.seaman@doh.wa.gov).

## Guest Presentations

### Health Homes

Health Homes is run by HCA and DSHS and is a model of intensive care coordination and on the case management end of the spectrum. It applies to the lifespan. Currently in WA, you need to be on Medicaid to access the Health Homes and evidence of significant need (via PRISM score of 1.5 or higher). There are some challenges with the score. It is for all ages, as long as they meet the eligibility for the program. There are 6 key services that are offered. There is a new federal program, yet to be implemented, called the ACE Kids Act. Health Homes uses CCOs. Health Homes covers 7 regions. Health Homes should not be confused with Home Health – the participation is voluntary, is of no cost to the

patient and it is community based intensive care. There is a Health Action Plan – it's a plan that the client writes with assistance from the care coordinator.

Health Home email box [HealthHomes@hca.wa.gov](mailto:HealthHomes@hca.wa.gov) (send referrals here)

DSSH website: <https://www.dshs.wa.gov/altsa/washington-health-home-program>

HCA website: <https://www.hca.wa.gov/billers-providers-partners/programs-and-services/health-homes>

## **CYSHN Care Coordination**

What is it and what are the goals – formal definition of what we mean is a patient and family centered endeavor, assessment driven, and a team effort involvement. There are National Care Coordination Standards to be aware of. There is a whole team to work with the child and family, with them in the center. Screening, identification and assessment need to be identified and evaluated. These are really in-depth, and we encourage you to go to the website and review these thoroughly. Understand the seven foundational standards as well. How do we help families navigate the systems, family navigation helps guide, coordinate, educate and provide social support. Care management is often used in ongoing care with a medical focus. An example of care management would be an MCO. Case management is on a longer term with more intensive support and an example would be DDA case management. Some other models of care coordination could be Medical Homes which may intersect with care management and case management. Some examples might be Patient Navigators.

## **DDA**

Ann Vasilev – Waiver Unit Manager within DDA. Know the mission and the DDA Guiding Values. The DDA Waiver Case Manager role is complex, there is an average of 75 clients on each DDA caseload. There is an annual lengthy assessment that is required for each client. It captures all areas of an individual's life – it also involves the goals and is person-centered. However, DDA is not a one stop shop – there are other resources. The MCO Care Coordinator plays a key role (Apple Health, Medical) while DDA focuses on daily living needs. It's important that the two entities communicate with each other. DDA Waiver Programs and Services also includes: Community First Choice, HCBS Waivers, Roads to Community Living Grant & PASRR. The DDA eligibility process, in order to become eligible, they have to apply. DDA does have specific criteria. They are mailed an eligibility packet/application and should speak with the DDA eligibility staff to provide assistance for the application. There is a service request line – link provided in presentation.

## **CSHCN Coordinator Updates by County**

Gathered from counties and shared on a quarterly basis.

### **Adams County**

No updates or highlights as our department has unfilled positions limiting our capacity. At this time the CYSHCN RN position is unfilled. Contact Vicki Guse @ [vickig@co.adams.wa.us](mailto:vickig@co.adams.wa.us)

### **Asotin County Public Health**

**Lora Gittins, Program Coordinator**

I have been working on building relationships with community partners by reaching out to numerous organizations via email. No meetings have been set up as of yet, but working on getting those set to establish those relationships.

## **Cowlitz County**

***Gayle Reid, Outreach Worker***

We participated in the Fathers Matter Community Conversation included a lack of understanding on the specific needs of local fathers. The local conversation with fathers provided an opportunity for us to learn about the needs of fathers directly from the target population and help build a platform for future inclusion opportunities for fathers in Cowlitz County that target their specific needs. We are working with our Communications Manager to update our CYSCHN Brochure and Webpage.

## **Garfield County Health**

***Elizabeth Stringer, PHN***

Emailed link to school leaders for Resilience training in relation to working with kids with ACES/CYSHCN. We sent stats on mental health/suicide/bullying from the 2021 Healthy Youth Survey to school leaders to forward to staff. We shared Quality Behavioral Health WISE program with school counselors. Wraparound with Intensive Services provides comprehensive behavioral health services with supports to Medicaid eligible youth with complex behavioral needs. Information was given to school councilors in February 2022.

## **Grant County Health District**

***Julia Austin, RN, BSN, Public Health Nurse***

## **Jefferson County Public Health**

***Apple Martine, Community Health Director***

## **Lincoln County Public Health**

***Jolene Erickson, PHN***

After a 2-year (or more) hiatus, we began regional CYSHCN meetings again. Lincoln County joined Spokane County and the Northeast Tri-County Health District in a virtual meeting on April 7. It was organized by Kristin Lester at SRHD. Meeting with SRHD is helpful as so many services are available in Spokane County that are not available in our smaller counties, and it helps us know who to talk to and what's available for the families we serve.

## **Mason County Public Health**

***Elizabeth Custis, RN, PHN***

I am returning to my FTE in CSHCN and catching up on referrals. It feels great to be back and leave COVID work to others. Our SMART Team is meeting once per month and all newly diagnosed children will be referred to me to follow up. I adapted Shayla's Initial Resource List for those newly diagnosed, to have the specific contacts and links for Mason County. We will use this for a first start then have a goal for a parenting education list and a therapy list. We will also be working on a document that combines the description of the SMART process and adding what to do next if diagnosed with Autism or not. We still meet monthly for our Pediatric Provider Care Coordination meeting, which is so helpful to prioritize family needs and keep from duplicating services/efforts. It is attended by Pediatricians, School therapists, developmental preschool staff, local hospital children's therapists, early

**Pacific County Children and Youth with Special Health Care Needs**  
*Princess Klus, Care Coordinator-Family Navigator*

**San Juan County**  
*Kristen Rezabek, MS, RDN, CD, CDE*

**Spokane Regional Health District**

**Thurston County Public Health and Social Services**  
*Bonnie Peterson, RN*

**Yakima County- Children's Village**  
*Tracie Hoppis*

- In April we began bringing back in-person parent and sibling support groups with the Parent to Parent program
- Presented on local Interagency Transition (to adulthood) Network, ITN, at statewide Jobs Foundation/Community of Practice meeting
- Hosted training/speakers at our monthly community Care Coordinators meeting: 1) Seattle Children's Hospital Family Navigators; 2) Yakama Nation Behavioral Health

**Neurodevelopmental Center (NDC) Updates**

**Peace Health Children's Therapy - Whatcom County**  
*Kris Gaggero Clinic Manager*

**Kathryn DeFilippo, Community Health Specialist – Whatcom County**  
Using the HMG framework, expanding the Single Entry Access to Services (SEAS) line to include perinatal mental health referrals

**Children's Therapy Skagit Valley Hospital**  
*Erin Kavi Lead Therapist*

[www.skagitvalleyhospital.org](http://www.skagitvalleyhospital.org)

## **Children's Therapy Valley Medical Center** **Kari Tanta, Rehab Manager**

[www.valleymed.org](http://www.valleymed.org)

## **Kinderling**

**Kristina Brown, Director of Communications and Public Affairs**

return to in-person services, which we now offer without limitation. We prepared for the return to in-person sessions by obtaining high-quality PPE (including KN95 masks), home testing kits, establishing a dedicated contact tracing lead, and staffing a Return-to-Work team that monitors ever-evolving guidance. Although we have been able to successfully deliver services virtually as we have needed to due to the pandemic, we know that for most children receiving our services there is greater benefit to holding those services in-person and we are excited to begin to shift back in that direction.

In addition, our Bothell campus has expanded its footprint through the addition of more classrooms, meaning we can serve more families. We are slowly adding back on-site group sessions for children, as we know these are so beneficial after the isolation many have faced due to the pandemic.

[www.kinderling.org](http://www.kinderling.org)

## **HOLLY RIDGE**

**Alicia Skelly, Infant Toddler Program Director**

Holly Ridge continues to serve approximately 350 children per month birth to 3 years of age. We are offering services in a variety of options -currently most services are virtual/tele-health using a zoom platform, we see some children in person in our center based on specific needs. We will begin to see children in their homes starting in May and June if families are comfortable with this option, we will continue to offer services via zoom and also in a hybrid model.

In March Holly Ridge began participating in CHERISH training from Kinderling. We have 4 staff members that are receiving training. We are very excited to be included in this great training opportunity.

In the last quarter we have hired two physical therapists - one full time and one part time, we have hired a registered behavior tech and an Insurance and compliance coordinator. We currently have positions open for a family resources coordinator, pediatric speech-language pathologist, part time pediatric occupational therapist, part time social worker and a receptionist.

## **Children's Therapy Center**

**Karen Smith Steadman Early Intervention Program Director and Jodi Van Vleet Center (3-18) Program Director**

## **Health Plan Updates**

## **Amerigroup-Washington**

**Jackie Matter**

[www.amerigroupcorp.com](http://www.amerigroupcorp.com)

*[ Coverage Area Includes: All Counties except Adams, Chelan, Clallam, Clark, Cowlitz, Douglas, Ferry, Grant, Kittitas, Lincoln, Okanogan, Skamania, and Wahkiakum ]*

*No updates at this time.*

## **Community Health Plan of Washington (CHPW)**

[www.chpw.org](http://www.chpw.org)

*[ Coverage Area Includes All Counties except Clallam, Columbia, Garfield, Jefferson, Klickitat, Lincoln, Mason, Skamania, and Whitman ]*

*No updates at this time.*

## **Coordinated Care**

**Sherry Bennatts and Azka Bashir**

[www.coordinatedcarehealth.com](http://www.coordinatedcarehealth.com)

## **Molina Healthcare of Washington**

**Mary Blakeman and Margaret Whaley**

[www.molinahealthcare.com](http://www.molinahealthcare.com)

*No updates at this time.*

## **UnitedHealthcare**

**Cindy Spain and Mandy Herreid**

[www.uhc.com](http://www.uhc.com)

*[ Coverage Area Incudes: All Counties except Clallam, Cowlitz, Garfield, Pend Oreille, San Juan, Skagit, and Whatcom ]*

*No updates at this time.*

## **Partner Updates**

### **Washington State Parent to Parent Network**

**Tracie Hoppis**

### **Washington State Medical Home Partnerships Project for CYSHCN**

**Kate Orville**

[www.medicalhome.org](http://www.medicalhome.org)

## **University of Washington CSHCN Nutrition Project at CHDD**

**Mari Mazon, MS, RDN, CD and Sarah Harsh, MS, RDN, CD**

University of Washington – Center on Human Development and Disability (CHDD)

**Nutrition Training Contract** <http://depts.washington.edu/cshcnnut/>

Mari Mazon, MS, RDN, CD and Sarah Harsh, MS, RDN, CD

## **Washington State Fathers Network (WSFN)**

**Louis Mendoza**

\* 3 webinars were held on the following topics: 7 Simple Strategies for Parents to Connect with Their Typically Developing Kids, WA State Parent to Parent, Planning for Housing: Accessing Benefits, Roommate Matching and Shared Living Development Services.

\* Network members, Don Joss and Jason Hsieh appeared on episodes of the podcast by the Special Fathers Network out of Chicago.

\*The Network's annual photo event will be held on May 21st and all time-slots have been reserved.

\*In anticipation of being able to meet in person, plans have been put in place to have the annual campout in

[www.fathersnetwork.org](http://www.fathersnetwork.org)

## **Family to Family Health Information Center (F2FHIC)**

**Jill McCormick**

[www.familyvoicesofwashington.com](http://www.familyvoicesofwashington.com)

*No updates at this time.*

## **Open Doors for Multicultural Families**

**Hodan Mohamad**

[www.multiculturalfamilies.org](http://www.multiculturalfamilies.org)

*No updates at this time.*

## **Washington Autism Alliance & Advocacy (WAAA)**

**Arzu Forough**

[www.washingtonautismadvocacy.org](http://www.washingtonautismadvocacy.org)

*No updates at this time.*

## Office of Superintendent of Public Instruction (OSPI)

**Nicole Klein, Health Services Program Supervisor**

[www.k12.wa.us/HealthServices/default.aspx](http://www.k12.wa.us/HealthServices/default.aspx)

## Seattle Children's Hospital

**Paula Holmes**

[www.seattlechildrens.org](http://www.seattlechildrens.org)

*No updates at this time.*

## Lifespan Respite Washington (LRW)

**Linda Porter**

[www.lifespanrespitewa.org](http://www.lifespanrespitewa.org)

*No updates at this time.*

## WithinReach

**Chris Gray**

[www.withinreachwa.org](http://www.withinreachwa.org)

*No updates at this time.*

## State Updates

### Department of Children, Youth, and Families

**Early Support for Infants and Toddlers (DCYF-ESIT)**

**Lori Holbrook**

[www.dcyf.wa.gov/esit](http://www.dcyf.wa.gov/esit)

### DSHS, Developmental Disabilities Administration (DDA), Waiver Unit

**Kari Freer**

*No updates at this time.*

### DSHS / DDA, Medically Intensive Children's Program

**Doris Barret**

### DSHS, Fostering Well-Being Care Coordination Unit (FWB CCU)

**Autumn Wade and Amanda McCleskey**

We provide Care Coordination specifically for infants/children/youth that are in state custody and that are American Indian/Alaskan Native and Non-Citizen. Our website has some informational PDFs, along with how people can get in

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contact with us. We collaborate with ESIT/specialists/ PCPs/School Districts and so much more to ensure our clients are receiving the care and services they need. We zero in on gaps and we help the Caregiver and Social Worker find resources and/or providers. We also ensure that as our clients transition to different caregivers or move locations that their services aren't lost in the shuffle, as we know how disruptive it can be when children enter placement or move to different areas. Please check out our website for more information!

## **DSHS / ALISA, Kinship Care and Lifespan Respite**

**Rosalyn Alber**

[www.dshs.wa.gov/kinshipcare](http://www.dshs.wa.gov/kinshipcare)

*No updates at this time.*

## **DOH Screening and Genetics Unit**

**Nini Shridhar**

[www.doh.wa.gov/YouandYourFamily/InfantsChildrenandTeens/HealthandSafety/GeneticServices.aspx](http://www.doh.wa.gov/YouandYourFamily/InfantsChildrenandTeens/HealthandSafety/GeneticServices.aspx)

*No updates at this time.*

## **Health Care Authority**

*No updates at this time.*

## **Attachments**

- [Agenda \(PDF\)](#)
- [Meeting presentation slides \(PDF\)](#)
- Meeting recording: <https://youtu.be/8xb6YJ1TN6w>

## **Next Meeting**

July 14th, 2021

Virtual Meeting