



ADVENTURES ARE WAITING: SCHEDULE A WELL CHECKUP TODAY!

A well checkup is a great chance for your health care provider to offer support for **behavioral/mental health and wellness**.

They're also a great tool for checking your teen's **healthy development** and can help you find **possible future problems** early!

Insured teens and young adults (0–20) in Washington get a **free** health checkup every year!

Their lives are growing and changing — and so is their health. A well checkup offers the perfect time for asking any health questions you might have, as well as getting those important immunizations. Get them prepared for summer — and beyond!

Schedule a well checkup today!

For more information about well-care visits, please visit the Department of Health website here:

<http://doh.wa.gov/wellcarevisits>