



Requesting MPV Isolation/Quarantine Assistance From State of Washington Isolation and Quarantine Facility

Updated August 22, 2022

Request Process:

1. Outside agency contacts State of Washington Department of Health (DOH) Duty Officer (DO) and provides the following information about case:
 - Agency point of contact name, phone number, and email address
 - Whether case is **suspected** or **confirmed**
 - General location of case (which county/hospital/private residence/shelter/etc)
 - Guest residency (if WA resident or homeless, a LHO-LHJ letter is required; subject to approval)
 - See RCW 70.05.070 for LHO-LHJ information <https://app.leg.wa.gov/rcw/default.aspx?cite=70.05.070>

DO Contact Information -

Phone: 360-888-0838

Email: hanalert@doh.wa.gov

If you are a member of the public and not a public health/healthcare partner, please contact your [local health jurisdiction](#) for assistance.

2. Agency point of contact can expedite process while waiting for next step by reviewing the table on page 2 to:
 - a) Review eligibility requirements;
 - b) Obtain necessary health and social history/information that I&Q will need to make eligibility determination;
 - c) Ensure there is a valid letter with order from LHO-LHJ Health Officer requesting state assistance ready to be sent via email.
3. DO contacts DOH Isolation and Quarantine (I&Q) facility triage team who will review information and respond to agency point of contact to discuss case and review health and social history.
4. DOH I&Q facility triage team will make eligibility determination and notify agency point of contact. Transportation will be arranged if needed.

General Considerations:

1. Review the Centers for Disease Control and Prevention (CDC) [Case Definitions for Use in the 2022 Monkeypox Response](#) to determine if your patient meets case criteria.

2. Review the CDC's [Clinician FAQs](#), especially regarding 'what to do if my patient has suspected or confirmed monkeypox', to determine if your patient requires isolation other than at home.
3. I&Q staff resources are limited; there are no have social workers, multiple nursing staff, or psych specialists. If guest needs arise beyond the scope of resources, I&Q will defer to 911 and transport to a higher level of care.
4. I&Q can provide transportation if needed, though hours are limited due to staff availability and guest's distance from facility.
5. I&Q does provide food and basic toiletries, but it is mostly frozen/ready-to-eat type foods. If a guest would like to order food to be delivered, they may do so **at their own cost**.
6. I&Q facility is weapon-, smoke-, and drug/alcohol-free. I&Q aims to create a safe space for all.
7. Potential guests should be notified that MPV isolation/quarantine may last a long time, & to be aware of the limitations of isolation. I&Q is a voluntary-stay facility, and if guest chooses to leave, the vacated room will be readied for someone else and the guest may not be allowed to return.

Residency	<ul style="list-style-type: none"> • Individual must be a non-resident of WA state as defined by RCW 77.08.075: "Resident" defined. (wa.gov), Washington State residency definition Washington Department of Revenue – OR - • Individual must have a current letter from LHO-LHJ Health Officer with order requesting state assistance for I&Q.
Health History	<ul style="list-style-type: none"> • Individual must be clinically stable; if hospitalized at time of referral, they <i>must be stable to discharge to home setting</i> without need for home health care, hospice, or other special outpatient services. • If individual needs O2 at time of hospital discharge, this cannot be >4L/min & must be arranged & supplies delivered <i>prior to</i> individual's arrival at facility. • Individual must not need dialysis, IV therapy, or other special treatments during anticipated duration of stay at facility (up to approximately 45 days).
Mental Health	<ul style="list-style-type: none"> • Individual must not have current suicidal or homicidal ideation, or pose another imminent threat of harm to self or others (i.e. arson, assault, weapon use, etc). • Individual must not have moderate, untreated, or poorly managed behavioral health diagnoses, or severe behavioral health diagnoses (schizophrenia, or symptoms of hallucinations or delusions). • I&Q scope does include individuals with mild to moderate, well managed behavioral health diagnoses only (e.g., depression, anxiety, <i>treated/managed</i> bipolar disorder).
Substance Use	<ul style="list-style-type: none"> • Individual must not be at risk of detox from drugs or alcohol (no current symptoms of withdrawal; no use of heroin, oxy, fentanyl, MDMA in past 72 hours). • Individual must not be a 'daily drinker' or have any alcohol-related withdrawal symptoms.

	<ul style="list-style-type: none"> I&Q is a <i>drug-free facility</i>; individuals must be made aware of this policy in advance of their stay.
Medications	<ul style="list-style-type: none"> Individual must have adequate supply of any prescription medications they are taking (up to 45-day supply). Individual must not be taking multiple (or a combination of) benzodiazepines, narcotics, and/or hypnotics. Individual must be able to manage their own medications.
Plan of Care	<ul style="list-style-type: none"> Individual must have contact with a PCP who will manage their MPV remotely, as I&Q is not a healthcare/medical facility. I&Q does have a RN who will check individual's vital signs twice per 24 hours, but there is no medical assistance available beyond that. Individual must have a plan in place for remote care/telehealth for other needs that arise, and/or for 'clearance' from isolation/quarantine.
Post-I&Q Disposition	<ul style="list-style-type: none"> Individual must have a plan for discharge from I&Q facility. I&Q staff does not include social workers; individuals must be capable of independently identifying & coordinating their post-I&Q plans.

To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.

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