



FAST FACTS: THE COVID-19 VACCINES AND PREGNANCY

There is a lot of misinformation out there about COVID-19 Vaccines and pregnancy. Let's address some of the known facts!

The COVID-19 vaccines are safe before, during, and after pregnancy.

Vaccination during pregnancy is recommended by the American College of Obstetricians and Gynecologists (ACOG) and the Centers for Disease Control and Prevention (CDC) to provide protection against severe COVID-19 illness.

Pregnant people are at a high risk for severe illness and complications if they develop COVID-19.

Getting severely ill with COVID-19 during or after pregnancy may significantly increase risk for hospitalization requiring a ventilator, complications during pregnancy, preterm birth, or stillbirth.

There is no evidence to suggest the COVID-19 vaccines cause birth defects, miscarriages, preterm birth, still birth, or other complications.

However, COVID-19 illness has been known to cause these complications.

It is safe to get vaccinated if you are breastfeeding.

Breastmilk may transfer antibodies to your child to help protect them from COVID-19 infection until they are eligible for vaccination at 6 months old.

Resources:

[COVID-19 Vaccines While Pregnant or Breastfeeding \(cdc.gov\)](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/pregnancy.html) | <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/pregnancy.html>

[Pregnant and Recently Pregnant People | CDC](https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/pregnant-people.html) | <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/pregnant-people.html>

[The COVID-19 Vaccine and Pregnancy: What You Need to Know | Johns Hopkins Medicine](https://www.hopkinsmedicine.org/health/conditions-and-diseases/coronavirus/the-covid19-vaccine-and-pregnancy-what-you-need-to-know) | <https://www.hopkinsmedicine.org/health/conditions-and-diseases/coronavirus/the-covid19-vaccine-and-pregnancy-what-you-need-to-know>

