

Am Bōk Wā eo an COVID-19



Ebin ad kar maron kōbōjrak jorren eo emōj an jelōte aoleben lal in, bōtab kiō ewōr ruo ad wā ko remaron kejbarōk kij jen COVID-19.



Wā eo ej iwaj ilo an ejellok wonnen ñan kwe.

Kien eo an federal enaj kollaiki wonnen wā eo am. Jikin ko rej lewaj wā eo remaron lewaj wonnen am bōk wā eo, botab joortoklik in ejmour enaj kollaiki wonnen. Jikin wā ko renaj jolok wonnen eo elañe kwōjab maron kollaiki.



Kajitok jote wā kwonij aikuj in boke.

Ekkar ñan wā rōt eo kwōj bōk, kwōj mārōñ in aikuj 1 im 3 wā ko. Lale ippān jikin taktō eo am kake jōte wā ko kwe akō ajiri eo nejūm emārōñ aikuj. Kwe akō ajiri eo nejūm emārōñ in aikuj juōn wā in kakajur 2-6 allōñ ko elikin am bōk wā ko jinion.



Wā kein jimor rejab lewaj jorren im ejejjet aer jerbal.

Aoleb wa ko emoj aer lukkun komelim ak kowebben nan kojerbal ilo idin ien jorraan jen U.S. Food and Drug Administration (FDA, Obij eo ej bok eddon kakien mona im wuno)--melelein FDA ear jab elo abnono ko rekauwotata nan ad kojerbali.



Jabdewōt armij 6 allōñ im rūttolak rej mārōñ in bōk wā eo.

COVID-19 wā in ej bellak ñan aolep armej 6 yiiō im rūttolak. Lale [VaccineLocator.doh.wa.gov](https://www.vaccinelocator.doh.wa.gov) ñan bukot im schedule juon appointment. Kwemaron in bar call e 1-800-525-0127, innem jiped #. Ñan jerbal in ukok kajin ko, kwalok kajin eo am ñe emoj uak e call eo.



Kwomaron eñjaak jorren ko rej walok ālikin am bōk wā eo.

Einwot wā ko ekkā ad boki, emaron naj metak beim, biba, metak boram, ak mok ālikin am wā. Men kein rej kōkkāāle ke wā eo ej jerbal.



Bed wōt ilo am kejbarōk.

Ālikin am bok wā eo, ekōnak kein kalbubu maj, bed jiljino ne jen ro jet (2 meter), im kadik joñan armij ro.

Ewōr ke kajitōk? Etal ñan www.CovidVaccineWA.org

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Wā ta ko ewōr?

Ewōr 4 wā ko rej bellak - Pfizer, Moderna, Novavax, im Johnson & Johnson.

Emōj an FDA kotlak wā kein elon ñan kōjberbal ilo idin jorren in. Ro ewōr aer kabeel ikijen taktō ilo kamiti in rōjañ ñan wāween wā (Advisory Committee for Immunization Practices) im kumi in jermal eo ej etale kejbarōk kin katak ko an mour ilo state ko rebed ralik rar kamool ke wā ko emōj aer tōbar joñan ko ikijen aer jab letōk jorren.

Wōn eo ej aikuj bōk wā eo an COVID-19?

Ej am bebe in bōk wā eo. Ne kwōnaj kelet in bōke, kwōj aikuj ba lok ñan taktō eo am elañe kwar:

- Kwar kadek uno ak wōr jorren ko rej walok ālikin am bōk wā ilo tōrre ko maanlok
- Ewōr am biba
- Ewor am jorren in botoktok ak kwōj bok uno in kameni botoktok
- Ejorren jikin bōbrae eo an enbwinnim ak kwōj bōk uno ej jelōte kein bōbrae eo an enbwinnim
- Kwōbōrōrō, bebe in naj bōrōrō, ak kwōj kaninnin
- Emōj am kar bōk bar juon wā an COVID-19

Kwōjab aikuj bōk wā eo elañe ewōr am jorren kauwōtata ej walok ālikin am kar bōk juon wā an COVID-19 ak ñan jabdewōt men ko kobban wā eo.

Ilo wā ko ewōr men eo kobban im emourur, koba ippān kūrrij, jōḷ, im jukwa ñan kōjbarok wā eo im jibañ e jermal eman lak ilo enbwinnim.

Kwōj aikuj in 6 am allōñ ñan bōk Pfizer-BioNTech akō Moderna wā, 12 yīiō akō rūttolak ñan bōk Novavax wā, im 18 yīiō ako rūttolak ñan bōk wā in Johnson & Johnson.

Ta jorren ko remaron walok ālikin am bōk wā eo?

Ekka an wō r jorren ko rej walok juon ak jilu raan ālikin am bōk wā eo. Jet jorren ko rekka ej mok, metak majel, metak beim ilo jikin eo kwar wā, biba, metak bar, metak enbwin, bio, maloñōloñ, ak mōmmōj. Elañe kakōlkōl ko am rejab jako, kebaak taktō ak jikin taktō eo am.

Kwōj aikuj kōttar 15 ñan 30 minit mokta jen am etal jen jikin wā eo bwe armij eo ear lewaj wā eo en maron jibañ kwe elañe ebaj walok jorren ak kadek in uno ko jet ibbam. Ilo ien am kottar, kwōmaron kadeloñ etam ilo v-safe ñan am kōjella kin jabdewōt jorren ko rej walok: v-safe.cdc.gov.

Kwe ak jikin eo ear lewaj wā eo emaron bar kōjella kin jorren ko rej walok ālikin am wā ñan Kein Jermal eo ej bōk Kōjella kin Jorren eo ej Walok (VAERS): vaers.hhs.gov/reporevent.html (ilo kajin belle wot).

Kurlok 911 ne ewōr am jorren enaj walok ālikin am etal jen jikin taktō eo. Kakolkol in jorren ko rej walok ekoba: aban am emenono, ebboj mejam im buruom, emokaj an menono eo am bam, ewor nennab biroro aoleben enbwinnim, abbdeoulul, im mojno.

Ta eo enaj walok ne inaj wā?

Ñe kwe akō ajiri eo nejūm emōj amiro bōk 2 akō 3 wā ko, karōk juōn ien ñan wa(ko) am jōt.

Kwōnij aikujin roltok elikin 3-8 wiik ko ñan bōk wā(ko) am jōt. Ñan melele ko relaplak ikijen jikejuul in wā, jouj im lale doh.wa.gov/covidbooster.

Enij bok lak ñan ruo wiik elikin an lukkun mōj am wā ñan lukkun bobrae ki eok. Ej bar rojan nan boke dose in booster eo ruo nan jiljino allon nan kakwone kejbarok eo am.



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Ñan kajitōk am bōk beba in ilo bar juon wāween, kūrḷok 1-800-525-0127. Ro im rejaroñroñ ak bin aer roñjak, jouj im kūrḷok 711 (Washington Relay) ak email civil.rights@doh.wa.gov.