



## Kopwe tipatchem ika pwe ka B?

Osuuonong pwe ka B ika epwe och ach sipwe pwe ka B ekiekifichi nomw won kirioke. Met epwe tongeni ekkewe fis nge sise tufichin ekieki mettoch meinisin.

Aua 1 achocho 4 úkúkún ám pwe ka B alúkúlúkú án chón pwáratá jiowa pwúng, me ren pekin allúk, pwe repwe féri ar fel lón minne sisap ita mairu pwe a mmen.

## Met epwe fis tipatchem ika pwe ka B?

Féfférún pwe ka B pwúpwúlú lupwen an lang apwung mwán fefin me fefin are kokkongaw. Epwe pwonuta won me ifa ussun:

- Ngenikich ifa usun sipwe ataweei watteen osukosuk
- Sisap chiechi ngeniir inaamwo ika iir chon ach pwe ka B
- Ika ka filatá le féri ena, mi lamot kopwe fós ngeni mwaren fitu minich mwen poputáán ewe (mwich sipwe awora) fansoun le ekiekiéchéú ewe leenien áppirú mi pwe ka B
- Monukon non pekin
- Jises a álisi nöün, kewe chon, káeö ar repwe ammolnatá

## Pwe ka B me AWORA ngeni.

- Tufich oua pwáratá pwe oua aücheani
- Angang ngeni, jiowa, chon afalafala a apungu
- Usun ewe mwün

## Ren sotosopun poraus:

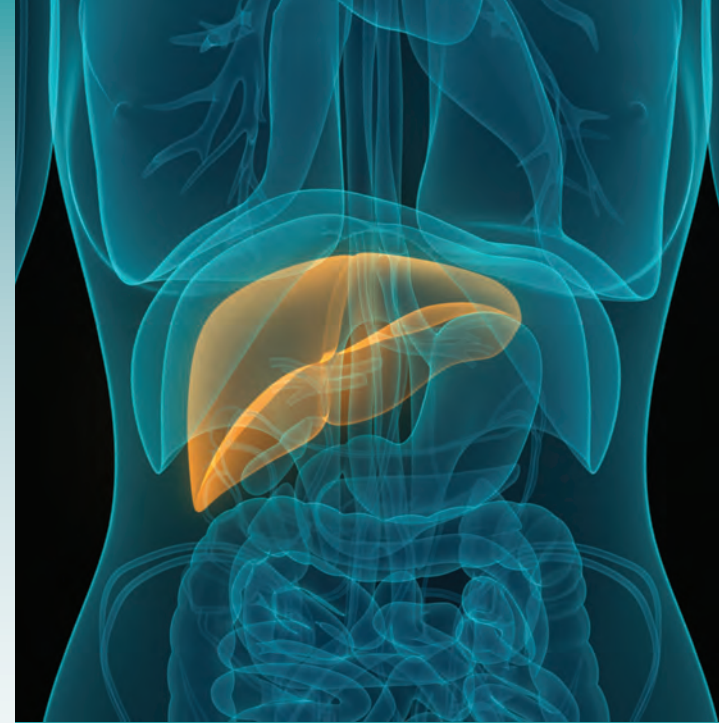
**Centers for Disease Control and Prevention (CDC, Pwúngúngaw met sipwe féri enletin omusomus ngeni)**

[www.cdc.gov/hepatitis/hbv/](http://www.cdc.gov/hepatitis/hbv/)



DOH 420-405 May 2022 Chuukese

Ika ke mochen tingor kapin ei taropwe non ew pwan sakkun nikinik, keeri 1-800-525-0127. Ren kastemer mi ping seninger ika weires ar rongorong porous, kose mochen kori 711 (Washington Relay) ika emailini [civil.rights@doh.wa.gov](mailto:civil.rights@doh.wa.gov). E feito me ia: Minnesota Department of Health, Hepatitis B



# Pwe ka B: Sia tongeni féri ren ach sipwe ammólnatá





## SOKKUN MINEN EPPETIN PWOPWO?

Ina ren ach ákkáleani me ekkiekieki pwe ka B ekkewe lesen mi

- Iwe iei nei anuon, a wor ekis mettoch upwe apasa usun ewe mettoch minne semach kewe ra eita ngeni pwe ka B, are pisekin emmwen are semach kewe ra eita ngeni.
- Chon fori ena tipis repwe foffori fofforun aier Pwe ka B
- Ren álillisin ewe chón káé ngonuk pwe ka B, kopwe ammólnatá:
  - Pwal och, únúpuch a kapachelong pwe ka B tipis mi chou usun chék tipisin án chök a wor ai afalafal esap pwúlúwan
  - Meininis ach sipwe akkotaochu chommong
  - Sipwe tongeni eani fansoun pwe sipwe



## Fan iten ewe mwichen me ewe kaeo lon?

Ika ka tongeni Centers “Tongeni” Control and Prevention (CDC, Wesewesen Silei Met Epwe) fis ngonuk lón mwachkkan, ka tongeni:

- Mwirin a praktis an
- Iwe ewe tufichin angei manau a fen monneta seni ewe 59, turutiwen aramas iwe
- Iwe iei ngang mi sinei 60 pwe ei tong minne:
  - Aramas ina ewe tong ennet ina minne tiwenon chok ika
  - Aramas wor an aramas tong ennet ina minne tiwenon chok ika
  - Rese tongeni nenieni ewe neni pwe ka B amonnata non ekkewe imwen we
  - Ren ach ammólnata me fifiti mwokutukutun
  - Mwich me HIV tumunuochu ngeni
  - Meininis feitiu me läng seni chommong
  - Molotá usun eman fin apwüpwülu söfö a pwe ka B foutan pwe epwe



**Anuk, me sotosopono nuku tori nesoponon manauan, ua ekkieki usun ewe manauen ewe inis mi tongeni mano kopwe alleäniöchü ewe pworaus.**



## Ekkewe fán iten safe?

A eani ei kol pwe ka B lupwen ua nennngeni. Forien autun poum ewe maram U.S. ekkewe fuu 1982 forata.

Meeta lamoten aramas nge ka fen ekkieki pwe ka B pwal ewe noun aramas nge ka tumunu

Met ka ekkieki mi auchea upwe föri ne ammonata ne feino won eu misin chök awewe, sia kan ammólnafichi ekkkan.

Iteiten sipwe tufichin 1–2 uwawu meefiach.



## Ka ammólnatá me fiti ei hechchem pwe ka B epwe fis?

Poraus ngeni apasa ngenikemi ika oua angei ewe mirit usun ewe kirekirochun wor om osukosuk. Me an manaman mi napanap me pwe ka B me an songomang.

Me an engino ngeni ekkewe noun aramas me pwan ewe 59, achasefan minne 60 a fen monneta.

Seni ewe nongonongen ewe fonufan ren ewe pwe ka B popun pwe amanau epwe tongeni epwe. Ei apwos mi epwe achocho ne aneasochisi an kewe.