

Reminder Card - Get Tested and Vaccinated for Hepatitis B!



Protect yourself and your loved ones.

Hepatitis B is a virus that infects the liver and can cause liver disease, cancer, and death. Many people who are infected don't know that they have the virus.

There is no cure, but the vaccine is safe and can protect from getting hepatitis B. You must complete the two or three-dose vaccine series to be fully protected.

Finding out early and getting care from a doctor is important to help you live a long and healthy life. Get tested and if at risk, get vaccinated.



Fill in your hepatitis B vaccination dates:

1st Dose Date:

___/___/___

2nd Dose Date:

___/___/___

3rd Dose Date:

___/___/___



DOH 420-437 October 2022

To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.

Daim Npav Ceeb Toom - Mus Kuaj thiab Kev Txhaj Tshuaj Tiv Thaiv Kab Mob Siab B!



Pov thaiv koj tus kheej thiab cov neeg uas koj hlub tshua

Kab mob siab B yog ib tus kab mob vais lav uas kis tau daim siab thiab tuaj yeem tsim ua rau muaj kab mob nyob rau hauv daim siab, kab mob khees xaws, thiab tuag tau. Muaj coob leej neeg uas tau kis tus kab mob tsis paub tias lavv muaj tus kab mob vais lav.

Tseem tsis tau muaj kev kho mob, tab sis qhov tshuaj tiv thaiv muaj kev nyab xeeb thiab tuaj yeem pov thaiv tau kev kis kab mob siab B. koj yuav tsum txhaj ob los sis peb xuv tshuaj tiv thaiv kom tiav txhawm rau kom pov thaiv tau txhij txhua.

Kev nrhiav kom paub ua ntej thiab tau txais kev saib xyuas los ntawm tus kws kho mob yog qhov tseem ceeb los pab koj kom muaj sia nyob ntev thiab lub neej muaj kev noj qab nyob zoo. Tau mus kuaj thiab yog tias muaj kev phom sij, ces yuav tau txhaj tshuaj tiv thaiv kab mob.



Sau cov ntaub ntawv rau hnuv tim uas koj txhaj tiv thaiv kab mob siab B:

Hnuv tim txhaj koob thib 1:

___/___/___

Hnuv tim txhaj koob thib 2:

___/___/___

Hnuv tim txhaj koob thib 3:

___/___/___

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Xav thov cov ntaub ntawv no sau ua lwm tus qauv ntawv, hu rau 1-800-525-0127. Cov neeg thov kev pab uas tsis hnov lus los sis hnov lus tsis zoo, thov hu rau 711 (Washington Relay) los sis sau email rau civil.rights@doh.wa.gov.

