

# Reminder Card - Get Tested and Vaccinated for Hepatitis B!



## Protect yourself and your loved ones.

Hepatitis B is a virus that infects the liver and can cause liver disease, cancer, and death. Many people who are infected don't know that they have the virus.

There is no cure, but the vaccine is safe and can protect from getting hepatitis B. You must complete the two or three-dose vaccine series to be fully protected.

Finding out early and getting care from a doctor is important to help you live a long and healthy life. Get tested and if at risk, get vaccinated.



Fill in your hepatitis B vaccination dates:

1st Dose Date:

\_\_\_/\_\_\_/\_\_\_

2nd Dose Date:

\_\_\_/\_\_\_/\_\_\_

3rd Dose Date:

\_\_\_/\_\_\_/\_\_\_



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# Card a Mangpalagip - Agpaeksamen ken Agpabakuna Kontra iti Hepatitis B!



## Protektaram ti bagim ken dagiti ipatpategmo iti biag.

Ti Hepatitis B ket virus a mangimpektar iti dalem nga agresulta iti sakit ti dalem, kanser, ken ipapatay. Adu a tattao ti naimpektaran ngem saanda nga ammo nga addaanda iti virus.

Awan ti agasna, ngem natalged ti bakuna ken mangprotektar tapno saan a makaptan iti hepatitis B. Masapul a kompletuem ti dua wenno tallo a dosis a panagpabakuna tapno naan-anay a protektadoka.

Napateg a nasapa a maammuan ken agpatulongka iti doktor tapno maaddaanka iti atiddog ken nasalun-at a biag. Agpaeksamenka ket no posible a makaptanka, agpabakunaka.



Punnuan ti petsa ti panagpabakunam kontra iti hepatitis B:

Petsa ti 1st Dose:

\_\_\_/\_\_\_/\_\_\_

Petsa ti 2nd Dose:

\_\_\_/\_\_\_/\_\_\_

Petsa ti 3rd Dose:

\_\_\_/\_\_\_/\_\_\_



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Tapno agkiddaw iti daytoy a dokumento iti sabali a pormat, awagan ti 1-800-525-0127. Dagiti tuleng wenno nakapuy ti panagdengngegna a kostumer, pangngaasiyo ta tumawagkayo iti 711 (Washington Relay) wenno ag-email iti [civil.rights@doh.wa.gov](mailto:civil.rights@doh.wa.gov).