

Mōkajin Melele ko Remool an Hepatitis B

Aolep men ko kwōj aikuj in jellā ilo 2 minit ak diiklak.

Ta in Hepatitis B?

Hepatitis B ej ekkā an kōmman nañinmej eo elap ilo aj ioon lal in. Ej kōmman jān baerōj eo an hepatitis B (HBV), im ej irre cell ko an aj eo im emāroñ walok cirrhosis (kinejeje), an jorrāān aj eo, ak cancer in aj.

Elōñ armij ro eman ejmour ko aer im rej bōk nañinmej eo ilo aer rittolak remāroñ irre lak nañinmej eo im jolōke baerōj eo jān bōtōktōk ko aer. Men in emāroñ bōk joñan in 6 alloñ, im elap an kōmman jorrāān ilo ien in. Būromōj ak, niñniñ im ajri ro rediik elap aer kauwōtata ñan an aitok an pād nañinmej eo ippeir ñe rej epāake HBV.

Ej joñan eo 5-10% in ritto, 30-50% in ajri, im 90% in niñniñ rejjab māroñ in irre lak baerōj eo im renaj kōmman an aitok an pād nañinmej eo. Armej ro eto an pād nañinmej eo ippeir māroñ kajeded baerōj eo ñan ro jōt (jekdoon ñe ejjelak aer kakōlle) im elaplak aer kauwōtata ñan an walok nañinmej in aj im cancer in aj ilo mour ko aer elik.

Enaan ko eman ej ke hepatitis B emāroñ in bōjrak kin juōn wā eo ej kōjbarok im eman an jermal. Elōñ kein kauno ko rej eman aer jermal ñan ro rej mour ippān an aitok an pād hepatitis B ippeir.

Hepatitis B ilo Nōmba ko

Ilo Lal in:

- 1.5 million naaj bōk nañinmej eo
- 296 million armej ilo lal in rej nañinmej ippān an aitok hepatitis B ippeir
- 820,000 armej rej mej kajojo yiiō - 1 armej aolep 30 jekōn - jān jorrāān ko rej walok jān hepatitis B einwōt cancer in aj

Ilo Amedka:

- Joñan eo 20,000 armej kāāl renaaj bōk nañinmej eo
- Lak ñan 2.4 million ri-Amedka rej ippān nañinmej eo ej aitok an hepatitis B
- Thousand ri-Amedka rej mej jān hepatitis B im jorrāān ko rej walok, einwōt cancer in aj

Emāroñ ke Bōjrak Hepatitis B?

AET! Kajjitōk ippān taktō eo am kin an bōbrae im eman an jermal wā eo ñan hepatitis B im kōjbarok eok māke im ro kwōj iakwe ñan mour eo aer indeo. Centers for Disease Control and Prevention (CDC, Jikin Kantūrol Nañinmej im Bōbrae) ej rōjañ bwe aolep niñniñ, ajri, ritto ro lak ñan 59 aer yiiō, im ritto ro 60 aer yiiō im rittolak me rej pād ilo kauwōtata elap ñan aer nañinmej bwe ren bōk wā eo ñan hepatitis B. Nabōj in Amedka, World Health Organization (Douluul in Ejmour an Lal in) ej rōjañ bwe aolep niñniñ, ajri, jōdikdik lak ñan 18 aer yiiō im ritto ro rej pād ilo kauwōtata bwe ren bōk wā eo. Kememej, ej aikuj wōt jōt wā ñan am kōjbarok ñan indeo!

Ewi wāwein an Hepatitis B Ajeded?

Hepatitis B ej ajeded jān bōtōktōk im dān in enbwinnin rinañinmej. Men in emāroñ walok jān an juōn jebjeb bōtōktōk ñan bōtōktōk, pād ippān emman ak kōrā im jab kōjerbale kein kōjbarok ko, kōjerbale uno ko rekajur, im jān juōn kōrā emōj an bōk nañinmej eo ñan niñniñ eo nejin ilo ien an bōrōro ak kalōtak.

Hepatitis B emāroñ ajeded jān:

- Jebjeb bōtōktōk jān rinañinmej
- Am pād ippān juōn kōrā ak emman e nañinmej im jab kōjerbale kein kōjbarok ko
- Nitōl ettoonon ak emōj an ro jōt kōjerbare (uno ilo IV, nitōl in eō/ ile)
- Jokwe ilo juōn em ippān rinañinmej eo
- Jinen ajri eo e nañinmej ñan niñniñ eo nejin ilo ien an bōrōro ak kalōtak
- Kōjerbale reja, būraj in ñi, kein jepjep akki, dede, ak kein tōreejap ippān juōn rinañinmej
- Ikkūk jān juōn rinañinmej
- Kōjermal kein jermal ko rejjab karreoki jān an kumi ro rejjab mool in ri-taktō in ñi, ri-taktō ro, im ri-mwijmwij bar ro

Hepatitis B ejjab ajeded jān:

- Umma itūrin mej ak tie
- Pokpok ak majje
- Epāāke doon einwōt bōkij doon, jibwe pein doon ak jeepe doon
- Kañe mōña ko emōj aer kōmman ak mōña ippān juōn rinañinmej



Wōn ro Elap aer Kauwōtata ñan Hepatitis B?

- Ajri ro rej lōtak tok jān jineir me rekar nañinmej in HBV
- Armej ro rej jokwe ilo aer epāāke ippān juon rinañinmej ilo mweo mweir
- Ajri ro rej kajiriri jān lal eo me ekkā an walok HBV
- Armej ro kajojo me rej pād ippān kōrā ak emman im jab kōjerbale kein kōjbarok ko ak elōñ laplak jān juōn armej rej pād ippān iumin 6 allōñ
- Armej ro rekar bōk nañinmej eo jān aer pād ippān armej ro ewōr aer nañinmej ko an jiroñ im likao
- Emman ko rej pad ippān bar emman
- Armej ro kajojo rej kōjerbale nitōl im kein wekar
- Jikin taktō ko im rijermal ro an idiñ
- Armej ro rej liklik
- Armej ro kajojo rej jokwe ak jermal ilo jikin jermal ko, einwōt jikin kalbuuj ak mōn jokwe ko

Kein Jibāñ ko Jōt an Hepatitis B (ilo Kajin Pālle)

- Hepatitis B Foundation: <http://www.hepb.org>
- CDC Division of Viral Hepatitis (Rā eo ñan an Ajeded Hepatitis): <https://www.cdc.gov/hepatitis/>
- World Health Organization: <http://www.who.int/mediacentre/factsheets/fs204/en/>
- Immunization Action Coalition: <http://www.immunize.org>