

VAX IN A MINUTE

January 13th, 2023



Choose To Make It A Great New Year

Let's work together to prevent hospitalization and death from flu and COVID-19.

During the current 2022-2023 flu season, 111 outbreaks have occurred in long term care facilities across Washington state and 114 people have died from flu complications.

Get vaccinated to avoid the [flu virus](#) and updated protection from [COVID-19](#) with a bivalent booster. Flu cases and seasonal activity continues through June.

Recommend flu & COVID-19 vaccines to residents.

Please let us know if this is useful and if you'd like to see more of it by taking our short [survey](#).



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