

VAX IN A MINUTE

December 19, 2022



Encourage vaccination before the holidays!

COVID-19 and flu disrupt resident holiday activities, family gatherings, staff coverage, and may result in hospitalization and death.

Remind staff, residents, family members, and guardians to vaccinate those not protected. Vaccine benefits outweigh the risks.

Early seasonal influenza activity is at rates higher than seen over the last 10 years. This makes it urgent for you, your residents, and loved ones to get vaccinated. An updated COVID-19 booster provides additional protection against illness from newer variants.

CDC encourages everyone to stay up to date on their vaccines—especially those with chronic medical conditions and those who are pregnant.

Recommend the COVID-19 and flu vaccines now!

Please let us know if this is useful and if you'd like to see more of it by taking our short [survey](#).



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