Dear Parent or Guardian,

Many children missed well-child visits and vaccinations over the past few years. Now is a great time to get kids caught up on vaccinations. Making sure your child sees their doctor for well-child visits is one of the best things you can do to protect your child and the community. Schedule your child’s catch-up appointment now!

**It is important to keep your family up to date on vaccinations.** Children need important vaccines that protect them against serious diseases. Some diseases spread easily and quickly and can cause death or serious health problems. Children who are not fully vaccinated may be excluded from attending school or child care if a disease outbreak occurs. The best disease protection for your child is to make sure they have all of their [required](https://doh.wa.gov/sites/default/files/2022-05/2022-2023%20Parent%20School%20Chart.pdf?uid=63dd7123d3f97) and recommended vaccinations.

**Vaccines are safe.** Vaccines are given only after careful and detailed reviews by scientists, doctors, and other health care professionals. The Food and Drug Administration (FDA) and other national systems continue to monitor vaccine safety and effectiveness after they are recommended for use. Here is [more information about vaccine safety.](https://doh.wa.gov/you-and-your-family/immunization/vaccine-safety)

**Talk with your child’s health care provider to find out which vaccines they need.** To keep track of your child’s vaccination history you can request a copy of their vaccination record from their health care provider. You may also sign up for [MyIR Mobile](https://myirmobile.com/), which gives you online access to your own and your family’s vaccine records. Learn more at [doh.wa.gov/immsrecords](http://www.doh.wa.gov/immsrecords).

**Pharmacies are another location to get vaccinations**. Ask your local pharmacy about what vaccinations they offer, what ages of children they vaccinate, and the costs they charge. However, pharmacies may be too expensive if you don’t have insurance.

**The Childhood Vaccine Program (CVP) provides vaccines to children at no cost.** Ask your child’s doctor or nurse to see if they are a part of the CVP or find participating clinics by using this [vaccine map](https://fortress.wa.gov/doh/vaccinemap/). Providers may charge an office visit fee and an administration fee to give the vaccine. If you cannot pay these fees, you can ask your health care provider towaive the cost.

If you need help finding a health care provider or a vaccine clinic, call the WithinReach Family Health Hotline at 1-800-322-2588 or visit [www.parenthelp123.org](http://www.parenthelp123.org).

You can reach us at [INSERT PHONE #/EMAIL] for help or more information.

Sincerely,

[INSERT SCHOOL OR CLINIC NAME]