



Dhaqangalaayo
Maayo 2023

Caana-booraha uu Bixiyo Barnaamijka Nafaqada Special Supplemental Nutrition Program for Women, Infants and Children (WIC, Barnaamijka Nafaqada Gaarka ah ee Dheeraadka ah ee Dumarka, Dhallaanka iyo Carruurta) ee Gobolka Washington

Caana-booraha la bixiyo waxaa laga yaabaa in lagu helo qaabka budada, Garoorsan iyo, xaaladaha xaddidan, diyaar-u-ah-in-la-quuto Foomka Diiwaangelinta Caafimaadka ee Women, Infants, and Children, WIC, Haweenka, Dhallaanka, iyo Carruurta) wuxuu u baahan yahay inuu ku jiro faylka kuu yaalo rugtaada WIC sida hoos ku cad si loo helo caana-booraha qaarkood. Si aad u hesho macluumaad dheeraad ah, booqo:

doh.wa.gov/you-and-your-family/wic/wic-foods/infant-formula

QAANUUNKA CAANA-BOORAHA

Carruurta yaryar uma baahna Foomka Diiwaangelinta Caafimaadka ee WIC

Carruurta iyo haweenku waxay u baahan yihiin Foomka Diiwaangelinta Caafimaadka.



12.4 OZ
BUDO AH



12.4 OZ
BUDO AH



12.5 OZ
BUDO AH



12.6 OZ
BUDO AH

CAANA-BOORAH BAXNAANINTA

Dhammaan Dhallaamada, carruurta, iyo haweenku waxay u baahan yihiin Foomka Diwaangelinta Caafimaadka WIC



**12.9, 19.5,
27.4, 30.4 OZ
BUDO AH**



**13.6 OZ
BUDO AH**



**12.6, 19.8,
27.8 OZ
BUDO AH**



**13.1 OZ
BUDO AH**



**12.1 OZ
BUDO AH**



**14.1 OZ
BUDO AH**



**12.6, 19.8 OZ
BUDO AH**



**12.6 OZ
BUDO AH**

(Caana-booraha Baxnaaninta oo badan waxay ku qoran tahay bogga xiga)

CAANA-BOORAH BAXNAANINTA

Dhammaan Dhallaamada, carruurta, iyo haweenku waxay u baahan yihiin Foomka Diwaangelinta Caafimaadka WIC



**19.8 OZ
BUDO AH**



**19.8 OZ
BUDO AH**



**14.1 OZ
BUDO AH**



**15.9 OZ
BUDO AH**



PEDIASURE



**PEDIASURE
LEH FILO**

Hay'addaan waa adeeg bixiye ku shaqeysa fursadaha loo simanyahay. | Washington WIC ma takoorto. | WIC waxay taageertaa naasnuujinta.



DOH 960-326 May 2023 Somali Si aad dukumiintigaan ugu heshid qaab kale, wac 1-800-841-1410. Haddii aad tahay macaamiil dhagool ah ama aad maqal culus tahay, fadlan wac 711 (Washington Relay) ama iimayl udir WIC@doh.wa.gov.