



Shop for Foods that Earn SNAP Produce Rewards

Learn more and find participating retailers: doh.wa.gov/ProduceRewards



CHOOSE THESE FOODS

Fresh fruits and vegetables

Some examples:



POTATOES



TOMATILLOS



GARLIC



YAMS



APPLES



MANGOES



BANANAS



BERRIES



PLANTAIN



BOK CHOY



ONIONS



AVOCADOS

Packaged lettuce and salad mixes

without dips/dressings/other additives



Mushrooms



Frozen fruits and vegetables

Some examples:



POTATOES OR VEGETABLES
WITHOUT OTHER ADDITIVES



FROZEN STRAWBERRIES AND
BANANAS WITHOUT SYRUP

Sliced fruit and vegetables

without dips/dressings





CHOOSE THESE FOODS — only from participating farm vendors

Fresh herbs

Some examples:



CILANTRO



BASIL



PARSLEY



CHERVIL



SEEDS
(THAT PRODUCE FOOD)



PLANT STARTS
(THAT PRODUCE
FOOD)



DO NOT choose these foods — they do not earn SNAP Produce Rewards

⊗ Dried herbs/spices

Some examples:



STAR
ANISE

CARAWAY

BAY
LEAVES

⊗ Fruit and veggies trays with dips/dressings



⊗ Dried fruits and trail mix



⊗ Banana leaves



⊗ Sugar cane



⊗ Packaged lettuce and salad

with dressing,
croutons, etc.



⊗ Other frozen potatoes

with added salt, sugar, fat



⊗ Ornamental or decorative items

Some examples:



DRIED CHILI
PEPPERS



CARVED OR
PAINTED
PUMPKINS

GOURDS



GARLIC ON
A STRING