

Tqanil ti'j bomba tu'n tel leche



Tz'elx tnik'a ti'j tze'n tu'n tajb'en aju bomba tu'n tel leche tu'ne, aju in tzaj q'o'n tu'n WIC toj tnam WA.

Ardo

- Alyssa Bomba tu'n tel leche – Tze'n tu'n tajb'en tu'ne: [bit.ly/AlyssaBP1 \(Video\)](https://bit.ly/AlyssaBP1)
- Alyssa Bomba tu'n tel leche – Tze'n tu'n tok: [bit.ly/AlyssaBP2 \(Video\)](https://bit.ly/AlyssaBP2)
- Alyssa Bomba tu'n tel leche – Aj tajb'en yolb'il tu'ne: [bit.ly/AlyssaBP3 \(Video\)](https://bit.ly/AlyssaBP3)
- Bellis Tqanil ti'j: [bit.ly/BellisGuide \(PDF\)](https://bit.ly/BellisGuide)
- Tze'n tu'n tok q'o'n bomba ti'j tch'ub'il – Tze'n tu'n tok: [bit.ly/Breast-shell \(Video\)](https://bit.ly/Breast-shell)
- Bomba – Tze'n tu'n tok: [bit.ly/Pumpset1 \(Video\)](https://bit.ly/Pumpset1)
- Bomba – Tze'n tu'n tel tmaqsil ex tu'n tel tx'jo'n: [bit.ly/Pumpset2 \(Video\)](https://bit.ly/Pumpset2)



Hygeia

- EnDeare, Case, Universal PAS Tqanil kyi'j ti'chaq at tajb'en te qe: [bit.ly/HygeiaHowTo4 \(Video\)](https://bit.ly/HygeiaHowTo4)
- EnDeare ex EnJoye – Tze'n tu'n kyok mojb'et qe tichaq kyxolx: [bit.ly/HygeiaHowTo5 \(Video\)](https://bit.ly/HygeiaHowTo5)
- Enjoye, Evolve, ex PRO Ke'yb'itz ti'j bomba: [bit.ly/HygeiaHowTo1 \(Webpage\)](https://bit.ly/HygeiaHowTo1) (Toj tyol meḵ ex toj tyol mos)
- Evolve Bomba – Tze'n tu'n tajb'en tu'ne: [bit.ly/HygeiaHowTo6 \(Video\)](https://bit.ly/HygeiaHowTo6) (Toj tyol meḵ), [bit.ly/HygeiaHowTo6-SP \(Video\)](https://bit.ly/HygeiaHowTo6-SP) (Toj tyol mos)
- Bomba tu'n tel leche tuk'il junx q'ab'aj, 2 tumlal: [bit.ly/HygeiaHowTo3 \(Video\)](https://bit.ly/HygeiaHowTo3)
- Pro Ke'yb'itz ti'j bomba tu'n tel leche G2: [bit.ly/HygeiaHowTo2 \(Video\)](https://bit.ly/HygeiaHowTo2) (Toj tyol meḵ), [bit.ly/HygeiaHowTo2-SP \(Video\)](https://bit.ly/HygeiaHowTo2-SP) (Toj tyol mos)



Lansinoh

- Bomba tu'n tel leche ex tu'n t-xi k'u't b'inchan maj tuk'il silicón: [bit.ly/LBCollector \(Video\)](https://bit.ly/LBCollector)
- Tqanil ti'j bomba tu'n tel leche b'inchan maj tuk'il silicón: [bit.ly/LSiliconeBP \(PDF\)](https://bit.ly/LSiliconeBP)
- Smartpump 2.0: [bit.ly/smartpump2 \(Video\)](https://bit.ly/smartpump2)
- Smartpump 2.0 – Tze'n tu'n tok: [bit.ly/LS2HowTo \(Video\)](https://bit.ly/LS2HowTo)
- Smartpump 2.0 Bomba in najb'en luz tu'n te kab'e tten: [bit.ly/LS2double \(PDF\)](https://bit.ly/LS2double)
- Smartpump 3.0 – Tnejel xnaq'tzb'il: [bit.ly/smartpump3 \(Video\)](https://bit.ly/smartpump3)



Medela

- Lactina Bomba tu'n tel leche – Tze'n tu'n tok: [bit.ly/LactinaHowTo \(Video\)](https://bit.ly/LactinaHowTo)
- Pump In Style kyuk'il ke'yb'itz ti'j MaxFlow:
 - Tu'n t-xi tzyet: [bit.ly/PSGet-Started \(Video\)](https://bit.ly/PSGet-Started)
 - Tze'n tu'n tel tmaqsil, tu'n tel tx'jo'n, tu'n tok q'o'n ex tu'n tajb'en: [bit.ly/PSHow-To \(Video\)](https://bit.ly/PSHow-To)
 - Jni' aju tmaqsil tch'ub'il: [bit.ly/PS-Shield \(Video\)](https://bit.ly/PS-Shield)
 - Ti' tu'n tb'ant tu'na qa minti'xix in ch'u'n ne': [bit.ly/PS-Suction \(Video\)](https://bit.ly/PS-Suction)
 - Ti' tu'n tb'ant tu'na qa minti' tipumal: [bit.ly/PS-Power \(Video\)](https://bit.ly/PS-Power)



Medela (ch'intl tqanil)

- Tu'n kych'expaj qe tubo ex txqantl ti'chaq: [bit.ly/PS-Tubing-Adapter \(Video\)](https://bit.ly/PS-Tubing-Adapter)
- Ke'yb'itz ti'j tze'n qe ti'chaq: [bit.ly/PS-Accessory1 \(Video\)](https://bit.ly/PS-Accessory1)
- Tqanil ti'j tze'n qe ti'chaq: [bit.ly/PS-Accessory2 \(PDF\)](https://bit.ly/PS-Accessory2)

Rumble Tuff



- Breeze – Yol tu'n t-xi tzyet: [bit.ly/RTBreeze \(Video\)](https://bit.ly/RTBreeze)
- Breeze Pro Tqanil kye kykyaqil xjal: [bit.ly/BPGuide1 \(PDF\)](https://bit.ly/BPGuide1)
- Breeze Pro Bomba tu'n tel leche jaku tz'ajb'en kyu'n nim xjal: [bit.ly/BreezePro \(Video\)](https://bit.ly/BreezePro)
- Expression Kykyaqil qe ti'chaq – Tze'n tu'n tok: [bit.ly/RTHowTo1 \(Video\)](https://bit.ly/RTHowTo1)
- Sweet Essence Tqanil ti'j bomba tu'n tel leche – Tze'n tu'n tok ex tu'n tajb'en tu'ne: [bit.ly/RTHowTo2 \(Video\)](https://bit.ly/RTHowTo2)
- Wave Form – Yol tu'n t-xi tzyet: [bit.ly/RTWaveForm \(Video\)](https://bit.ly/RTWaveForm)

Unimom



- Opera Tu'n tajb'en kyu'n nim xjal
 - Opera Ke'yb'itz tu'n tel qnik' ti'j tqanil: [bit.ly/Opera-videos \(Webpage\)](https://bit.ly/Opera-videos)
 - Opera Qe bomba tu'n tel leche in che ajb'en toj spital – Tze'n tu'n tajb'en tu'ne: [bit.ly/OperaHG \(Video\)](https://bit.ly/OperaHG)
 - Opera Ch'in tqanil ti'j tze'n tu'j tajb'en tu'ne: [bit.ly/OperaGuide2 \(Video\)](https://bit.ly/OperaGuide2)
 - Opera ex Minuet Pump kyuk'il tch'ub'il Zomee ex tzaqpi'n qe qq'ab': [bit.ly/OperaHF \(Video\)](https://bit.ly/OperaHF)
- Qe ch'ub'il ex tzaqpi'n qe qq'ab' – Tze'n tu'n tok: [bit.ly/SiliconeHF \(Video\)](https://bit.ly/SiliconeHF)
- Zomee Tqanil tu'n tel qnik' ti'j: [bit.ly/Zomee-videos \(Webpage\)](https://bit.ly/Zomee-videos)
- Zomee Fit
 - Zomee Fit Bomba tu'n tel leche jaku txi q'i'n jaxku tumel: [bit.ly/ZFit \(Video\)](https://bit.ly/ZFit)
 - Zomee Fit – Tze'n tu'n tok: [bit.ly/ZFitHowTo1 \(Video\)](https://bit.ly/ZFitHowTo1)
 - Zomee Fit – Tze'n tu'n tel tx'jo'n: [bit.ly/ZFitHowTo2 \(Video\)](https://bit.ly/ZFitHowTo2)
- Zomee Qe ch'ub'il ex tzaqpi'n qe qq'ab' – Tze'n tu'n tok: [bit.ly/ZomeeHF \(Video\)](https://bit.ly/ZomeeHF)
- Zomee Z2
 - Z2 U'j te yek'b'il: [bit.ly/Z2booklet \(PDF\)](https://bit.ly/Z2booklet)
 - Z2 Bomba in najb'en luz tu'n te kab'e tten: [bit.ly/Z2double \(Video\)](https://bit.ly/Z2double)
 - Z2 – Tze'n tu'n tajb'en tu'ne: [bit.ly/Z2HowTo1 \(Video\)](https://bit.ly/Z2HowTo1) (Toj tyol meḵ), [bit.ly/Z2HowTo1-SP \(Video\)](https://bit.ly/Z2HowTo1-SP) (Toj tyol mos)
 - Z2 – Tze'n tu'n tok: [bit.ly/Z2HowTo2 \(Video\)](https://bit.ly/Z2HowTo2) (Toj tyol meḵ), [bit.ly/Z2HowTo2-SP \(Video\)](https://bit.ly/Z2HowTo2-SP) ((Toj tyol mos)
 - Z2 – Tze'n tu'n tel tx'jo'n: [bit.ly/Z2HowTo3 \(Video\)](https://bit.ly/Z2HowTo3) (Toj tyol meḵ), [bit.ly/Z2HowTo3-SP \(Video\)](https://bit.ly/Z2HowTo3-SP) (Toj tyol mos)



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In xi qq'o'ne onb'il kye kykyaqil xjal. Minti' in nok tke'yin WIC ti' kyxilen xjal. Qa taja u'j jlu toj junxilt tten, q'ajtiya toj 1-800-841-1410. Aqeju chkin kywi' ex qa miti'xix in kyb'i'n, najsama qa'jtiya toj 711 (Washington Relay) mo tz'ib'inxa toj wic@doh.wa.gov.



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TILB'ILAL!
Q'imela tilb'ilal ti'j
tajlal QR tu'n tokxa
toj paqanil.