

State Provided Courier Pickups of NBS Specimens

The Washington State Newborn Screening (NBS) Program is excited to announce courier pickups for all birth hospitals and birthing centers! Decreasing transit time will enable earlier diagnosis and treatment of babies with NBS conditions.

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SEE DIRECTIONS ON BACK. PLEASE P	LAST NAME FIRST NAME Maternal Steroids Date last MISCELLANEOUS INFORMATION BIRTH FACILITY Facility ID (born at): (For home-birth, use birth attendant ID) SUBMITTER ID FOLLOW-UP CARE Collected at (facility): Same as Birth Facility Same as Submitter OREFUSED: Check box if refused and sign turn on reverse (required)	CHILD'S INFORMATION Mo Day Yr Hr: Mh am pm Birth:	SCREENING: Read instructions on back of this pink form.	Apply blood to one side only. Allow blood to soak completely through to fill the circle on the other side. Saturate each circle completely before moving to PLEASE DO NOT TAPE OR STAPLE THIS DO NOT CLOSE FLAP ON WET BLOO



Washington State law requires that all first NBS specimens must be received by the NBS laboratory within 72 hours of collection. Many of the disorders on the screening panel can be life-threatening in the first weeks of life. Early diagnosis and intervention is vital to the health of babies affected by these disorders. NBS specimens collected from counties with fewer resources have longer transit times than specimens collected in more affluent areas. All babies should receive early diagnosis and treatment, no matter where they are born.



Legislaton was passed last year to support an increase in the NBS fee to fund courier pickups of all first NBS specimens in Washington State. NBS staff members will work with you to sign up for this new program.

What's Next

Our program will conduct a 30 day pilot with a small number of submitters during February 2024. Pilot participants were chosen based on various factors such as location, specimen volume, and transit times. Piloting this change with a small group will help us streamline and improve the process for everyone else.

Once the pilot is complete, we will begin implementing courier pickups in two phases – Eastern Washington locations followed by Western Washington locations. Midwives can begin using drop off services right away.

What to Expect

All birth centers and birthing hospitals will be provided courier services. The cost is covered in the NBS fee. The pickup frequency for each submitter will be determined by their specimen volume. Submitters who average more than one specimen per day will have scheduled pickups Monday – Saturday. Submitters who average less than one specimen per day will have on-demand pickups. Specimens will be delivered to the NBS laboratory overnight Monday – Saturday. Pickups and drop offs are not available on Sundays.

Midwives will have access to drop off courier services via FedEx or UPS. Each provider must select their preferred courier and NBS staff will supply the necessary pre-paid shipping labels and envelopes.

We Need Your Input

We need your help! Our program needs the following information to provide the courier services to you.

Birth Centers and Hospitals

Please use the link or QR code below to provide information necessary to establish your facility's pickups.

https://redcap.link/wanbscourier



Midwives

Please email our program at wanbscourier@doh.wa.gov with your submitter ID number, shipping address, and preferred courier.

Learn more about drop off services here (www.doh.wa.gov/nbscourier).

Thank you.



Office of Newborn Screening

wanbscourier@doh.wa.gov www.doh.wa.gov/nbs-courier

206-418-5410