



Washington & Montana

T1D TEEN CONNECT

Are you a teenager living with type 1 diabetes (T1D)? Join our free monthly Zoom sessions for Washington and Montana teens who have T1D. Youth ages 12-19 will be able to talk with a young adult about the challenges and realities of living with T1D.

We want to help teens feel more confident about growing up with T1D. We hope your teen can join us!



get in **TOUCH**



Use the QR code to register in advance for this meeting.

We will send you a confirmation email with meeting information.

Please email us at CYSHCN@doh.wa.gov for questions or support.

THE DEETS:



ZOOM MEETINGS

Click for [Zoom registration link](#)



TIME

7 P.M. Pacific Standard Time
8 P.M. Mountain Time



RECURRING

Monthly meeting on the second Monday of the every month

DOH 141-104 March 2024

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