

# Health and Safety Guide for K-12 Schools in Washington State – 2024 Update of the 2003 Edition

References:

[Chapter 296-823 WAC: OCCUPATIONAL EXPOSURE TO BLOODBORNE PATHOGENS infectiousdiseasecontrolguide.pdf \(ospi.k12.wa.us\)](#)

[Safe Cleaning and Disinfecting Guidance for Schools \(wa.gov\)](#)

[GENERAL GUIDELINES FOR SPORTS HYGIENE, SKIN INFECTIONS, AND COMMUNICABLE DISEASES \(nfhs.org\)](#)

<b>M. Bloodborne Pathogens &amp; Exposure Control Plan</b>		<b>WAC or other Code Reference</b>	<b>Standard/ Recommended Practice</b>	<b>Review Plan</b>	<b>Reason for Change</b>
M001	The school's written Exposure Control Plan (ECP) and the WISHA Bloodborne Pathogen (BBP) standard apply to employees, including student employees and students acting in the capacity of employees.	<del>392-198</del> <del>296-62-8001</del> <del>296-823-11010</del>			
M002	Many ECP and BBP provisions also apply to all students. WIAA <del>has adopted</del> follows the <a href="#">General Guidelines for Sports Hygiene, Skin Infections, and Communicable Disease</a> rules for interscholastic activities <del>based on the BBP standard</del> . This applies school-wide with particular emphasis in the athletic department.	<a href="#">National Federation of High Schools</a> WIAA			
M003	The ECP shall include precautions to prevent injuries in handling needles and other sharps. Reporting procedures for needle stick and other sharps injuries and other potential exposures shall also be included. <a href="#">See definition of "sharps" in WISHA BBP regulation (WAC 296-62-0800)</a> .	<del>392-198</del> <del>296-62-8001</del> <del>296-823-14060</del> (sharps) <del>296-823-160</del> (Post-exposure)			
M004	The ECP shall address proper precautions to be taken while cleaning blood and other body fluid spills as well as laundry practices involving risk of direct exposure to body fluids.	<del>392-198</del> <del>296-62-8001</del> <del>296-823-150</del> (PPE) <del>296-823-14065</del> (laundry)			
M005	The ECP shall address disposal and/or decontamination of potentially contaminated items.	<del>392-198</del> <del>296-62-0800</del> <del>296-823-14055</del>			
M006	The ECP shall address training responsibility and record keeping requirements and shall be accessible to employees. The ECP shall be reviewed and updated at least annually and whenever necessary to reflect new or modified tasks and procedures which affect occupational exposure.	<del>392-198</del> <del>296-62-5209</del> <del>296-62-8001</del> <del>296-823-12015</del> <del>296-823-11010</del>			

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M007	Hand washing facilities shall be readily accessible. <del>Antiseptic hand cleansers/towelettes</del> <u>Alcohol hand sanitizer</u> shall be available when hand washing facilities are not available. Hands shall be washed with soap and water following glove removal and prior to intake of food or drink.	<del>392-198 296-62-8001 296-823-14030</del>			
M008	Protective gloves (e.g. <u>PVC nitrile</u> or <u>vinyl</u> ) and appropriate Personal Protective Equipment (PPE) shall be readily available and shall be used during exposure to potentially infectious materials. Disposable gloves shall not be reused. <del>Hypoallergenic gloves need to be readily available for individuals who are allergic to gloves (such as latex allergies).</del>	<del>392-198 296-62-8001 296-823-150 (PPE) 296-823-15010 (gloves)</del>			
M009	Reusable utility gloves shall be inspected for defects and decontaminated after every potential exposure to body fluids. Gloves shall be discarded if they are cracked, peeling, torn, punctured, or exhibit other signs of deterioration or when their ability to function as a barrier is compromised.	<del>392-198 296-62-8001 296-823-15010</del>			
M010	A policy to assure prompt disinfection of contaminated surfaces and receptacles with a recommended disinfectant shall be in effect.	<del>392-198 296-62-8001 296-823-14055</del>			
M011	Wrestling, weight lifting, <del>and</del> <u>gymnastic equipment, and health room cots</u> shall have an unbroken, <u>non-absorbent</u> surface that is easily cleanable. Small tears may be <del>repaired</del> <u>repaired but must result in a surface that can be cleaned and disinfected with tape</u> . All tears shall be repaired <del>as soon as possible</del> <u>daily</u> .	<del>392-198 296-62-8001 296-823-14055</del>			
M012	Containers for contaminated sharps shall be closable, puncture resistant, and leak proof on sides and bottom. Containers shall be labeled as a biohazard, easily accessible to users, and maintained upright for use.	<del>392-198 296-62-8001 296-823-14060</del>			
M013	The district shall establish and maintain a sharps injury log for the recording of percutaneous injuries from contaminated sharps. The information in the sharp's injury log shall be recorded and maintained in such a manner as to protect the confidentiality of the injured employee.	<del>392-198 296-62-8001 296-823-160</del>			

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M014	Other regulated waste containers shall be closable, able to contain contents, leak proof, labeled as biohazard, closed prior to removal, and disposed of in accordance with regulations.	<del>392-198</del> <del>296-62-8001</del> <del>296-823-14060</del>			
M015	Gloves and other appropriate PPE shall be worn when handling contaminated laundry. Contaminated materials shall be bagged/contained at the location where used in leak proof laundry bags or containers and labeled appropriately.	<del>392-198</del> <del>296-62-8001</del> <del>296-823-14065</del>			
M016	<del>Contaminated laundry (athletic uniforms and towels) shall be laundered in accordance with WISHA regulations. Laundry contaminated with blood or other potentially infectious material (OPIM) shall be handled as little as possible and with a minimum of agitation. Follow the guidance in the DOH Safe Cleaning and Disinfecting Guidance for Schools.</del>	<del>392-198</del> <del>296-62-8001</del> <del>296-823-14065</del>			
M017	BBP training shall be provided to all potentially exposed employees <del>before they complete a task with potential exposure within six months from the first day of employment</del> and at least annually thereafter. Training shall also be provided when <del>an employees moves into a position or assumes a role where their activities may pose a risk of exposure, change assignments and/or procedures.</del>	<del>392-198</del> <del>296-62-8001</del> <del>296-823-12005</del>			
M018	BBP training shall include an explanation of the employer's Exposure Control Plan and shall include an opportunity for interactive questions with a person knowledgeable in the field of bloodborne pathogens.	<del>392-198</del> <del>296-62-8001</del> <del>296-823-12005</del>			
M019	BBP training shall include modes of transmission, recognition of tasks and procedures which involve potential exposures, information on HBV vaccinations, details of emergency response for exposure incidents, post-exposure evaluations, and explanations of all signs, labels and/or color coding.	<del>392-198</del> <del>296-62-8001</del> <del>296-823-12005</del>			
M020	BBP training records shall include training dates, a summary of training contents, and names and qualifications of all trainers along with the names and job titles of all persons trained. Records shall be maintained for three (3) years from the date of training. <del>All medical and training records shall be available upon request to L &amp; I.</del>	<del>393-198</del> <del>296-62-08001</del> <del>(8)</del> <del>296-823-12015</del>			

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M021	Medical records shall be kept for each exposed employee, including name and social security number, and shall include a copy of the employee's Hepatitis B vaccinations and any medical records relative to the employee's ability to receive vaccination.	<del>392-198-296-62-08001(8)</del> <a href="#">296-823-17005</a>			
M022	The employer shall make available the Hepatitis B vaccine and vaccination series to all employees who have potential occupational exposure, and post-exposure evaluation and follow-up to all employees who have had an exposure incident.	<del>392-198-296-62-08001(8)</del> <a href="#">296-823-13005</a> <del>296-823-16005</del>			
M023	The school district will require employees who have potential occupational exposure to blood or other potentially infectious materials that may be at risk of acquiring Hepatitis B virus (HBV) infection and have declined to be vaccinated with Hepatitis B vaccine, sign the "Hepatitis B vaccine declination--Mandatory".	<del>392-198-296-62-8005</del> <del>296-823-13005</del>			
M024	<del>For each employee with occupational exposure, the school district shall develop procedures to ensure confidentiality; and not disclosed or reported without the employee's express written consent to any person within or outside the workplace except as required by this section or as many be required by law. The district shall make a confidential medical evaluation and follow-up available to employees who experience an exposure incident.</del>	<del>392-198-296-62-08001(8)</del> <del>296-823-16005</del>			