



To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email doh.information@doh.wa.gov.

**Board of Physical Therapy Draft Minutes
February 12, 2024**

Labor & Industries, 7273 Linderson Way SW, Tumwater, WA 98501

Members Present: Rodney Copes, Physical Therapist, Vice-chairperson; Jennifer Aglubat, Physical Therapist; Kathryn Dale, Physical Therapist, Chairperson; Jeffrey Foucrier, Physical Therapist; Destini Jammeh, Physical Therapist Assistant; Celeste Misko, Physical Therapist

Members Absent: None

Staff Present: Allyson McIver, Program Manager; Jennifer Santiago, Executive Director; Marianne Richter, Policy Analyst; Lilia Lopez, Senior Counsel; Catharine Roner-Reiter, Supervising Staff Attorney; Rynne Karnes, Therapy Services; Cami Jones, Business Practice & Productivity Manager; Ratna Craig; Madissen Schatz, Assistant Program Manager

Guest and Other Participants: Amy Sanderson; DCrews; JColli; Lisa vanHaagen; Brian Thacker; Katy; Dan Sturgeon; Chris Henderson; Jordan Curtis; Brad VanDeVelde; Melissa Johnson; Emily Bohannan; Melissa; RJ; Colleen Childs; Evan; Susanne Michaud; Claire Horn

1. Call to Order

1.1. Introductions

The meeting commenced with introductions led by Chairperson Dale at 10:00 a.m. All attendees introduced themselves.

1.2. Approval of Agenda

Chairperson Dale initiated the approval of the agenda for the February 12, 2024, meeting. Ms. McIver proposed an amendment to include an additional lists and labels request for review prior to the program report. Dr. Foucrier moved to amend the agenda as suggested by Ms. McIver. The motion was seconded and unanimously approved.

1.3. Approval of December 11, 2023, Meeting Minutes

Chairperson Dale proceeded with the approval of the minutes from the meeting held on December 11, 2023. Dr. Aglubat moved to approve the minutes. The motion was seconded and unanimously approved.

2. Open Forum

Chairperson Dale initiated the open forum for public discussion on significant issues affecting physical therapy practice. No additional items were addressed during this session.

3. Helms Presentation

Ms. Craig updated the board on Helms, a new licensing and data system aimed at modernizing IT systems and enhancing data sharing with healthcare providers. The first release, "Helms Light," is scheduled for April 24th. Two more releases focusing on licensing and enforcement are planned. The presentation concluded with thanks from Chairperson Dale.

4. Intramuscular Needling Endorsement Application Workshop

The board held a workshop to discuss the dry needling endorsement application, informed consent form, and provider attestation.

- The board agreed to add a section in the application for applicants to indicate how they met the endorsement requirements, including a breakdown of the hours completed through clinical review and supervised practice. The motion was made, seconded, and approved unanimously.
- Amendments were proposed for the informed consent form, including moving the final sentence to the top paragraph to its own item to be initialed, stating that intramuscular needling does not include needle retention without stimulation or stimulation of auricular and distal points. The board approved these amendments and the application draft as amended. The motion to approve these amendments was made, seconded, and passed unanimously.
- The board also discussed the provider attestation form and agreed to include blanks for reviewers to list actual hours of clinical review in each category. The motion was made, seconded, and approved unanimously.
- The board plans to have a rules hearing at their April workshop and hopes to be ready for their CR-103 at the conclusion of that.

- A question was raised about billing for a provider under clinical review. It was clarified that they cannot bill as they are in a similar position to a student. This was not a motion, but a clarification provided by Ms. McIver.

The board concluded the discussion and moved on to the next agenda item.

5. Second Substitute House Bill 1724 State Review

Ms. McIver presented a list of states for SSHB 1724 substantial equivalency consideration. The board reviewed the requirements and recommendations for physical therapists and assistants in these states. A motion was made, seconded, and passed unanimously to approve the entirety of the February listings for PT and PTA for the remaining states under the SSHB 1724 program.

6. Initial License and Endorsement Requirement Workshop

The board discussed aligning physical therapy rules with SSHB 1724, which waives certain licensure requirements for applicants licensed in another state for at least two years. They considered whether the jurisprudence exam should be required upon initial licensure and whether it should be required on a two-year cycle continuing education requirement. The discussion is ongoing and will continue at future workshops.

7. OPMA Refresher Training

Ms. Lopez presented a refresher training on the Open Public Meetings Act (OPMA) and board best practices. The training covered the purpose, application, public attendance requirements, executive sessions, penalties for violation, and conditions for hybrid meetings. The training concluded with a pop quiz to test the board's understanding of the OPMA. The board expressed their gratitude to Ms. Lopez for her informative presentation.

8. Federation of State Boards of Physical Therapy

Dr. Aglubat reported no updates for the Compact Commission. The board discussed the upcoming Regulatory Workshop, Leadership Issues Forum, and the Annual Education Meeting. Delegate selections will be made at the April meeting.

9. Exception Application Matrix

The discussion on the exception application matrix was tabled until the next meeting. The board noted that the matrix language approved last year was too broad and will be revised to be more specific to the Blake Decision.

10. 2024 Legislative Update

Dr. Fouchier and Dr. Aglubat discussed the legislative session, highlighting the Uniform Telehealth Act.

11. Spring Newsletter

The board brainstormed topics for the spring newsletter, including updates on dry needling rule making, the 200 working hour requirement, fraudulent calls, and the Compact Commission. Articles are due by March 11th.

12. Lists and Labels Request

The board approved a request from Pacific Northwest University to advertise continuing education opportunities for physical therapists and assistants.

13. Program Report

13.1. Budget Report

The board reviewed the budget for July 1st, 2021 – December 31st, 2023. The estimated ending fund balance was \$983,332.

13.2. Rulemaking Update

Three rulemaking projects were discussed: dry needling, endorsement and initial application rules project, and compact effective date rule.

13.3. Board Member Recruitment Update

The board is recruiting a public member and has received an application.

13.4. Staffing Updates

Staffing changes were announced, including promotions and new hires.

13.5. Planning for Upcoming Meetings

The board discussed potential topics for future meetings and ongoing board education.

14. Consent Agenda

14.1. NPTE Survey Results

The board reviewed the NPTE survey results.

14.2. 2024 NPTE Policies

The 2024 NPTE policies were also reviewed.

15. Adjournment

The meeting adjourned on February 12, 2024, at 1:09 p.m.

Washington State Board of Physical Therapy

Kathryn Dale, Chairperson

Contact:

Allyson McIver, Program Manager
(360) 236-2878
physical.therapy@doh.wa.gov