



**Podiatric Medical Board
Regular Business Meeting**

Agenda

July 11, 2024

9:00 a.m.

On Thursday, July 11, 2024, the Podiatric Medical Board will host its regularly scheduled business meeting at Department of Health, 111 Israel Rd SE, Tumwater, WA 98501, Room-153, with online access via Zoom. In accordance with the Open Public Meetings Act, notices were published on the DOH website and through GovDelivery.

Members: DJ Wardle, DPM, Chair
Jacqueline Buckley, DPM, Vice Chair
Lotchie Kerch, DPM
Zarko Kajgana, DPM
Eric Powell, DPM
Civillia Winslow Hill, Public Member
Deborah Wright, Public Member

Staff: Tommy Simpson III, Program Manager
James Chaney, Executive Director
Christopher Wright, Assistant Attorney General
Jonathan Chamrad, Program Associate
Alyssa Brazil, Administrative Support
Lydia Koroma, Supervising Staff Attorney
Pam Bright, Case Manager
Marlon Basco-Rodillas, Policy Analyst

Guest Speakers and or Presenters:

- Chris Bundy, MD, MPH, Executive Director, Washington Physician Health Program (WPHP)

In accordance with the Open Public Meetings Act, the agenda for this regular meeting was made available online at least 24 hours prior to the start time of the meeting pursuant to RCW 42.30.077.

For more information, please see [last page](#) of this agenda.

Please Note: Comments from the public in attendance may be solicited after each agenda item.

1. Call to Order/Introductions- DJ Wardle, DPM, Chair

- 1.1 Introductions of Board members and staff
- 1.2 Approval of Today's Agenda
- 1.3 Approval of April 18, 2024, business meeting minutes

2. Legislative Updates (*pertinent if any*)

- 2.1 HB 1972: From most recent leg. session, surcharge fee for podiatric physicians increased from \$50 to \$70, effective 6/6/24. Dr. Bundy is with us today to provide a comprehensive update and annual overview.
- 2.2 2SHB 1724, '23 leg. session: At last mtg, PMB gave authorization to open rules for Ch 246-922-055 WAC to comply with reciprocity mandate. (*CR101 under review*)

3. Public Comment

The board will hear comments from the public. The public may request items to be placed on a future meeting agenda.

4. Old Business

- 4.1 **PMB Newsletter:** Quarterly summer ed., was published on 6/20 (*1st day of summer*), via GovDelivery and posted to the board's external webpage.

5. New Business

- 5.1 **Board Elections / Recruitment Update** - Dr. Wardle's (DJ) tenure as Chair officially ended 6/23/2024; board to consider internal solicitations for replacement(s). Program will then give an update on the recruitment process that was formally announced via the board's Listserv to fill any vacancy(ies) in conjunction with the Governor's office.

Note: At January's meeting, Dr. Wardle (DJ) graciously agreed to remain on the board until a replacement is appointed.

- 5.2 **Correspondence & Inquiries:** The board will review and discuss any correspondence received since the last meeting. May include requests for lists and labels.
- 5.3 **PMB Topic Discussion:** Knee Amputations (above/below

6. Program Reports – Program Manager and Executive Director

- 6.1 Budget report
- 6.2 Credentialing statistics
- 6.3 PMB Newsletter - Soliciting topics for the *Fall quarterly ed.*
- 6.4 Misc. - FPMB's Annual Report Summary (Podiatric Physician counts by state)

7. Future Business

- 7.1 The board identifies any agenda items to be included in future meetings.

8. Meeting Adjournment

Submitted:

Approved:

Tommy Simpson III, Program Manager

DJ Wardle, DPM, Chair

Physical Location:

Department of Health
111 Israel Rd SE
Tumwater, WA 98501
Town Center 2, Room-153

Virtual: Zoom

You are invited to a Zoom webinar.

When: July 11, 2024, 09:00 AM Pacific Time (US and Canada)

Topic: Podiatric Medical Board Business Meeting

Register in advance for this webinar:

https://us02web.zoom.us/webinar/register/WN_fUZsLm0dSnSw-vkveE5WLQ#/registration

After registering, you will receive a confirmation email containing information about joining the webinar.

Join on your computer, mobile app, or room device.

Dial-in option(s):

US: +1 253 205 0468 or +1 253 215 8782 or +1 669 900 9128 or +1 719 359 4580 or +1 346 248 7799 or +1 669 444 9171 or +1 312 626 6799 or +1 360 209 5623 or +1 386 347 5053 or +1 507 473 4847 or +1 564 217 2000 or +1 646 558 8656 or +1 646 931 3860 or +1 689 278 1000 or +1 301 715 8592 or +1 305 224 1968 or +1 309 205 3325

Webinar ID: 895 3702 9942





**Podiatric Medical Board
Regular Business Meeting
Minutes**

April 18, 2024
9:00 a.m.

On Thursday, April 18, 2024, the Podiatric Medical Board hosted its regularly scheduled business meeting at Department of Health, 111 Israel Rd SE, Tumwater, WA 98501, Room-153, with online access via Zoom. In accordance with the Open Public Meetings Act, notices were published on the DOH website and through GovDelivery.

Board Members:

DJ Wardle, DPM, Chair
Jacqueline Buckley, DPM, Vice Chair
Lotchie Kerch, DPM
Zarko Kajgana, DPM
Eric Powell, DPM
Civillia Winslow Hill, Public Member
Deborah Wright, Public Member

Staff:

Rachel Phipps, Acting Program Manager
Tommy Simpson, Program Manager (*LV*)
James Chaney, Executive Director Noelle
Chung, Assistant Attorney General
Jonathan Chamrad, Program Associate
Alyssa Brazil, Administrative Support
Lydia Koroma, Supervising Staff
Attorney Pam Bright, Case Manager
Marlon Basco-Rodillas, Policy Analyst

Presenters:

Pam Bright, Case Manager
Ashley May, Budget Analyst

Public Attendees:

Leslie Emrick, WSPMA
Shani Hue, OFS, Budget Analyst

- **Call to Order/Introductions- Jaqueline Buckley, DPM, Vice-Chair**
Jaqueline Buckley, vice-chair, called the meeting of Washington State Podiatric Medical Board to order at 9:17 A.M
- Introductions of the Board members and staff
- Approval of April 18, 2024, business meeting agenda
MOTION: A motion was made to approve the April 18, 2024, business meeting agenda. The motion was seconded and approved.
- Approval of January 18, 2024, business meeting minutes
MOTION: A motion was made to approve the January 18, 2024, business meeting minutes. The motion was seconded and approved.

2. Public Comment

The board heard comments from the public. The public may request items to be placed on a future meeting agenda.

- Regarding HB 1972, Leslie Emerick made a comment to the board that WSPMA were supportive of bill which passed during most recent legislative session.

3. Legislative Updates (*pertinent if any*) – Chair(s) / Program Manager

- HB 1972 - Washington Physicians Health Program (WPHP), increases surcharge fees from \$50 to \$70 per year for all except DVM (\$35). Bill passed and signed during 2024 legislative session and goes into effect June 6, 2024, for podiatric physicians.

4. Old Business

- **Spring Newsletter** - first newsletter since Fall 2019 was published on March 20, 2024, via GovDelivery and posted to the board's external webpage. Will be published quarterly going forward, with the board's permission.

5. New Business

- **Decision Point** - 2SHB 1724, Sec. 8 (2023/23 leg. session), concerning compliance with reciprocity parameters for out-of-state applicants; Program asked the board's permission to open rules for proposed amendment(s) to [WAC 246-922-055](#).

MOTION: A motion was made to open the rules for the proposed amendment to WAC 246-922-055. The motion was seconded and approved.

- **Decision Point** – Elections. Dr. Wardle's tenure as Chair ends 6/23/2024; program asked the board to consider internal solicitations for replacements, and then gave the program staff approval to go-ahead and formally announce for position(s) to be filled via GovDelivery, and in conjunction with the Governor's office.

MOTION: A motion was made to table the decision until the next business meeting. The

motion was seconded and approved.

- **Correspondence and Inquiries** – The board reviewed and discussed any correspondence received since the last meeting. May include request for lists and labels.

6. Program Reports – Program Manager and Executive Director

- Budget report - Ashley gave an overview of the board's current budget to include projected balances, income, and expenditures.
- Credential statistics - Mrs. Phipps, acting on behalf of Tommy Simpson, Program Manager, gave a report regarding the current credentialing statistics to the board.
- Spring Newsletter – Jonathan Chamrad, Program Support, gave an overview of the spring newsletter, and gathered information for the summer edition.
- Misc. – Pam Bright, Case Manager was open for Q&A concerning the department's role and gave a brief overview of her role as a case manager.

7. Future Business

The board identified agenda items to be included in future meetings.

- Update on recruitment.
- Review of topics for the summer newsletter.
- Breakdown of credential counts by state.
- Dr. Wardle requested more information regarding the difficulty in obtaining individuals who perform below knee amputations.

8. Meeting Adjournment

The meeting was adjourned at 10:23 a.m. on April 18, 2024.

Next Business Meeting

Date: July 11, 2024

Time: 9:00 a.m.

Location: Department of Health

Town Center 2 – Room 153

111 Israel Rd. S.E.

Tumwater, WA 98501

Submitted:

Approved:

Tommy Simpson III, Program Manager

DJ Wardle, DPM, Chair





WASHINGTON
PHYSICIANS
HEALTH PROGRAM

2023 Annual Report Podiatric Medical Board

July 11, 2024

Chris Bundy, MD, MPH

Executive Medical Director
Washington Physicians Health Program

Clinical Associate Professor
UW School of Medicine and WSU Elson S. Floyd College of Medicine

Chief Medical Officer
Federation of State Physician Health Programs

Case



Dr. Collins is referred to WPHP for recurrent failure to follow administrative procedures, including charting delinquencies, seeing patients in clinic after hours, and accessing a record of patient not under their care.



Initial assessment

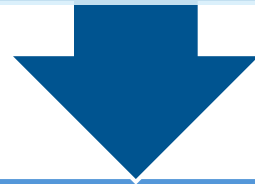
Some cannabis;
Boyfriend's
chart

Meds:
citalopram

MoCA (cognitive
screen) 26

Columbia
Suicide Rating
Scale: low risk

Toxicology:
Cannabis,
ketamine



Concerns/Next Steps?

In follow-up: reports ketamine infusion therapy and use of a psilocybin service center in Oregon for treatment resistant depression and PTSD.
Revises cannabis history to “couple of times per week.”



Next Steps?

Local Eval?

CDE?

Cease Practice?

WPHP Recommends Comprehensive Diagnostic Evaluation



CDE completed

MDD, severe

PTSD

Cannabis Use Disorder, Mild



Recommendations:

Psychiatry

Counseling

2-year health support
agreement

Participant enrolls in a 2-year psychiatric health support agreement with 1-year abstinence requirement

- Toxicology testing:
 - 50 self-collect tests per year
 - 20 Oral fluid
 - 20 Urine
 - 10 Whole blood phosphatidyl ethanol
- Workplace health status verification
- Health status verification (psychiatrist and therapist reports)
- Employment advocacy



1/3 of health professionals will have an impairing health condition during career

1-2% per year are impaired

Leape, L. and Fromson, J. *Ann Int Med.* 2006; 144: 107-115.



MISSION

WPHP is Washington's trusted resource for restoring the health of medical professionals. Our confidential support and exceptional outcomes provide reassurance of safe practice and promote workforce sustainability.

VISION

Advancing the health and well-being of our medical community.



WPHP Model



Voluntary
Confidential
Therapeutic



Accountability
Safety
Earned Advocacy



Notification to regulator
when indicated

Case Management Model



WPHP services

WPHP approved referral resources

WPHP Referrals



Most referrals are cleared...



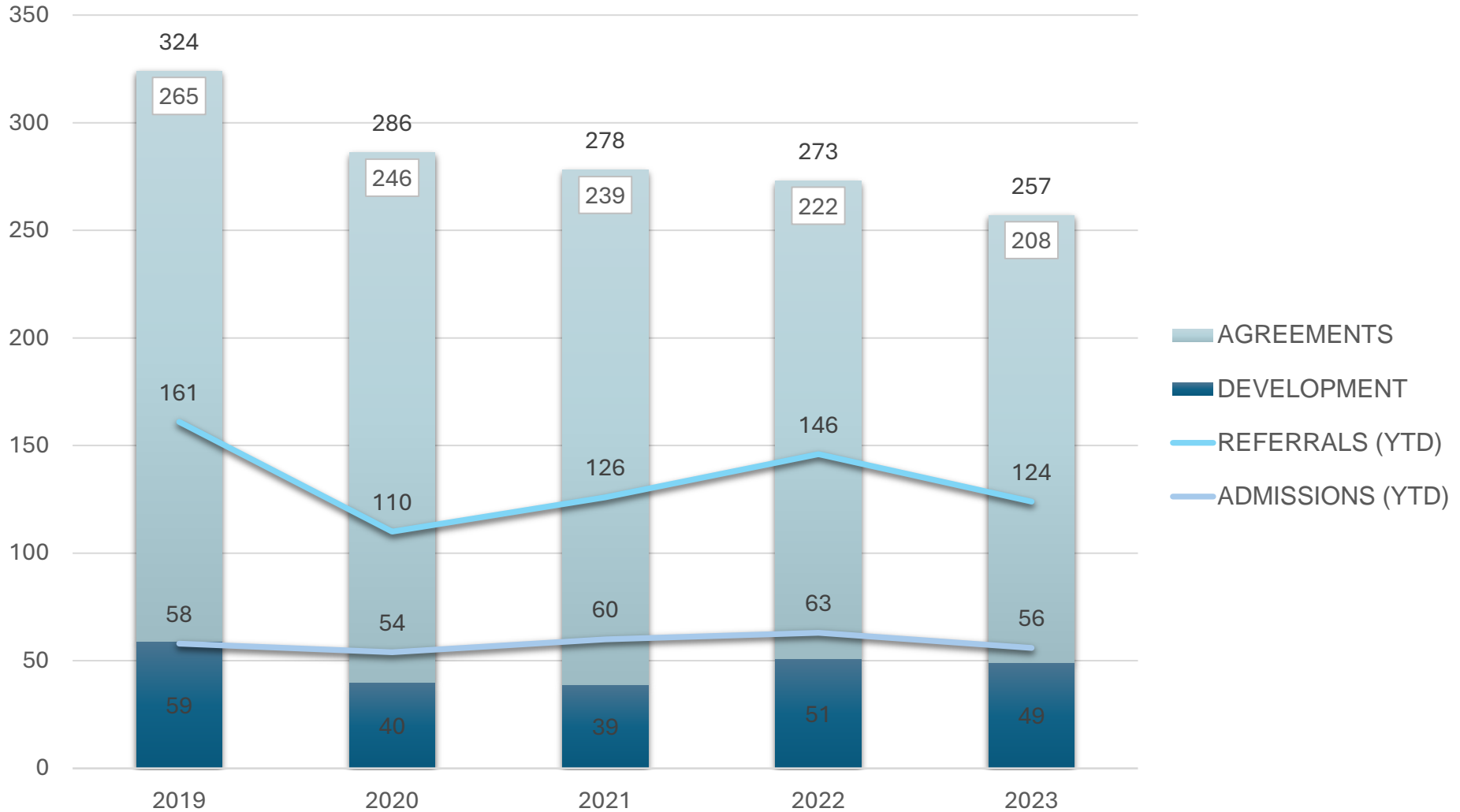
...help is offered, concerns are put to rest

64% of referrals are for non-SUD concerns

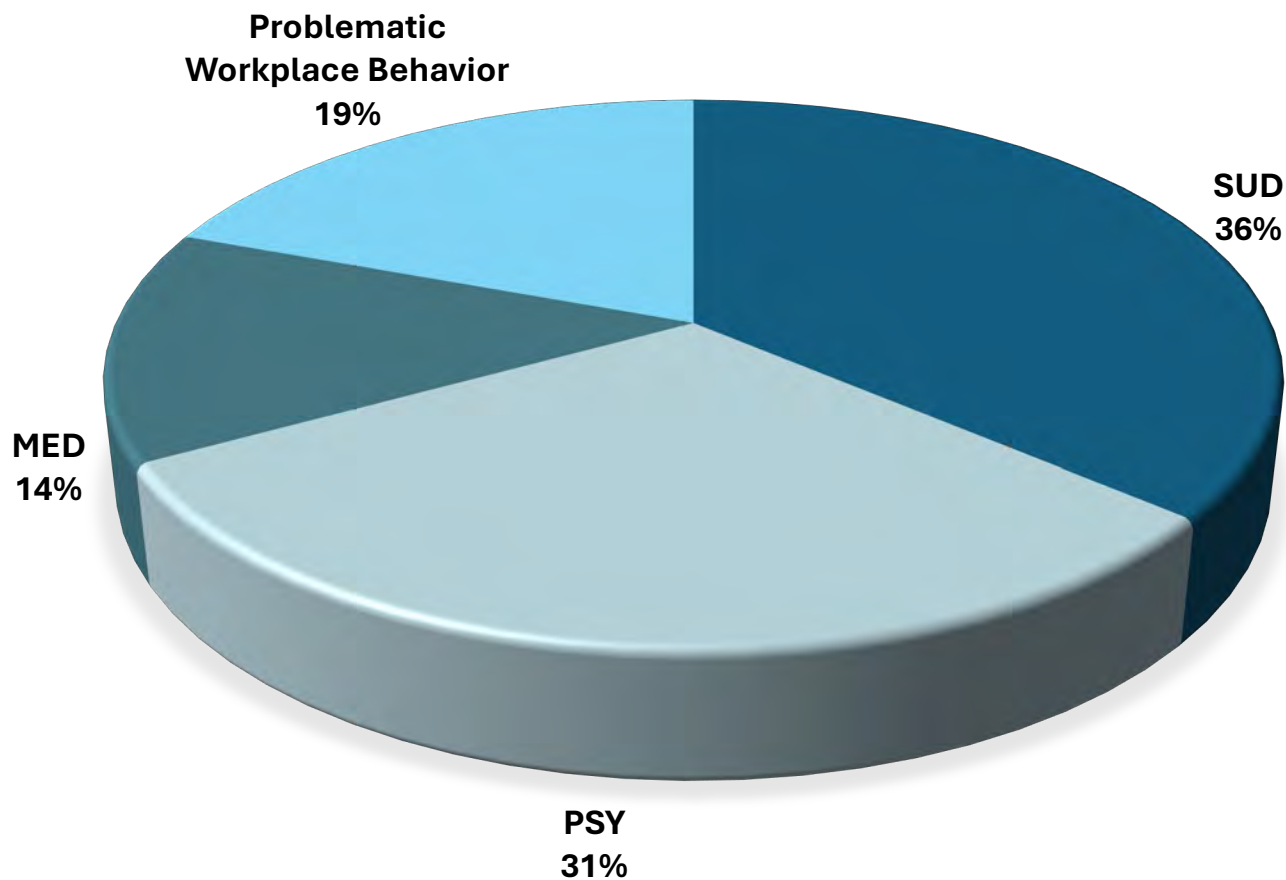
Program Utilization



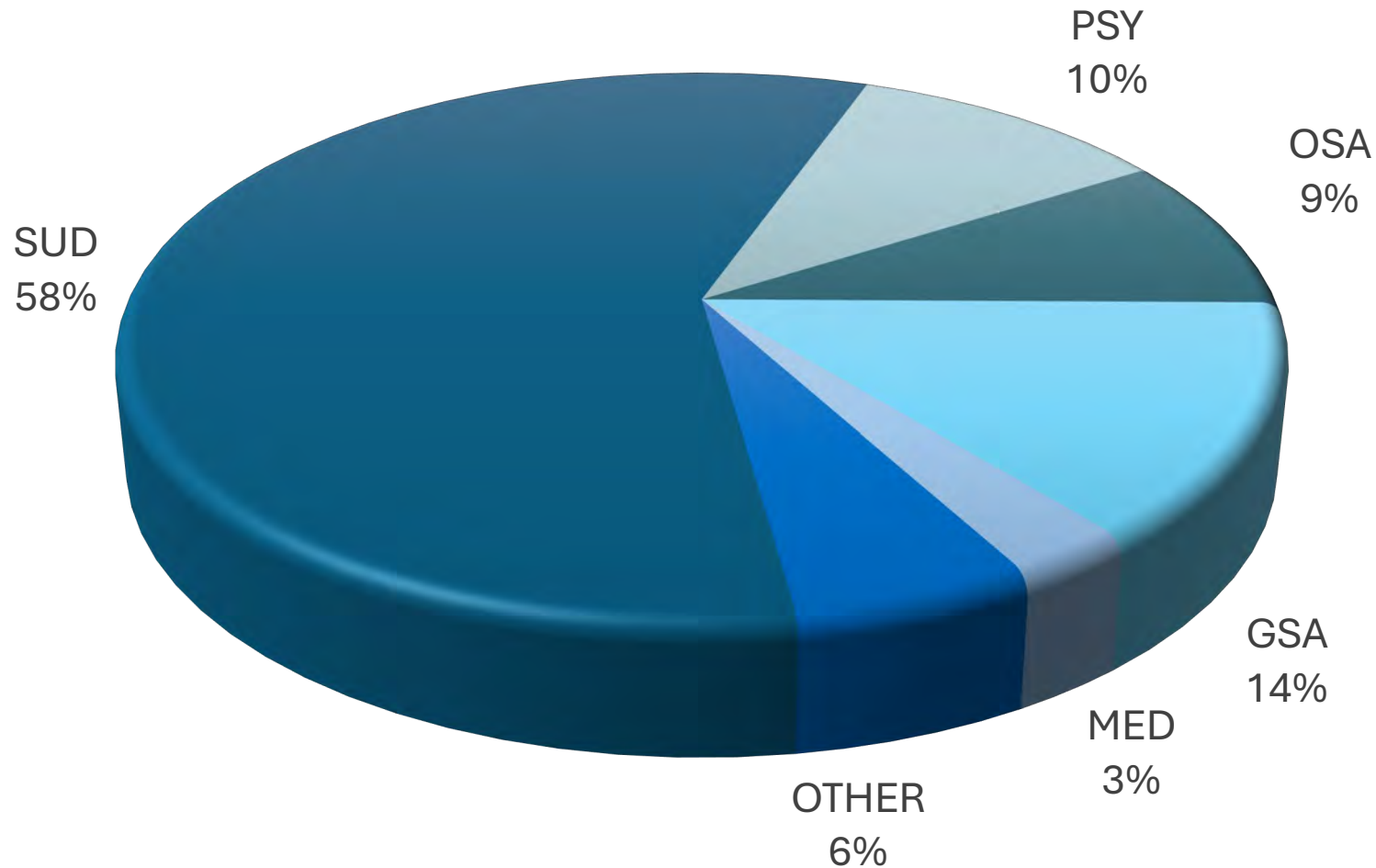
WPHP Statistics December 31, 2023



Referral Reason 2023



Agreements by Type 2023 (n= 208)



When Does WPHP Report You?



Clear and present danger to the public

Failure to follow program requirements for evaluation, treatment, or health support agreement

Substantive non-adherence with health support agreement

29 health support agreement participants under order by their disciplinary authority

MD=19, PA=1,
DO=3,
DDS/DMD=5,
DVM=1, DPM=0

6 disciplinary authority reports in 2023

4 CID

2 HSA

2 WMC

2 BOMS

2 DQAC

Health Support Agreement

- Encourages treatment adherence
- Reduces risk of impairment should illness recur
- Reassurance compared to professionals with unknown health status
- At 5 years, substance use disorder relapse risk = population risk of new onset SUD

Malpractice Risk

- 50% of their risk prior to PHP enrollment
- PHP graduates have about 80% the risk of the general population of covered health pros



Program Outcomes

WPHP Reports to Regulator 2023



2.5 % of cases in development



.96% of participants under agreement



86% of WPHP participants are voluntary/unknown to disciplining authority

Return to Use and Suicide Data



11 participants with return to use detected in 2023

(9 voluntary and 2 mandated participants)

- 6 underwent re-evaluation and additional treatment
- 4 had intensification of monitoring only
- 1 care management of prescribed benzodiazepine

No suicides of WPHP participants or pending participants in 2023

5 suicide deaths in 12+ years; none in >2 years

12-month abstinence 92%

60-month abstinence 87%



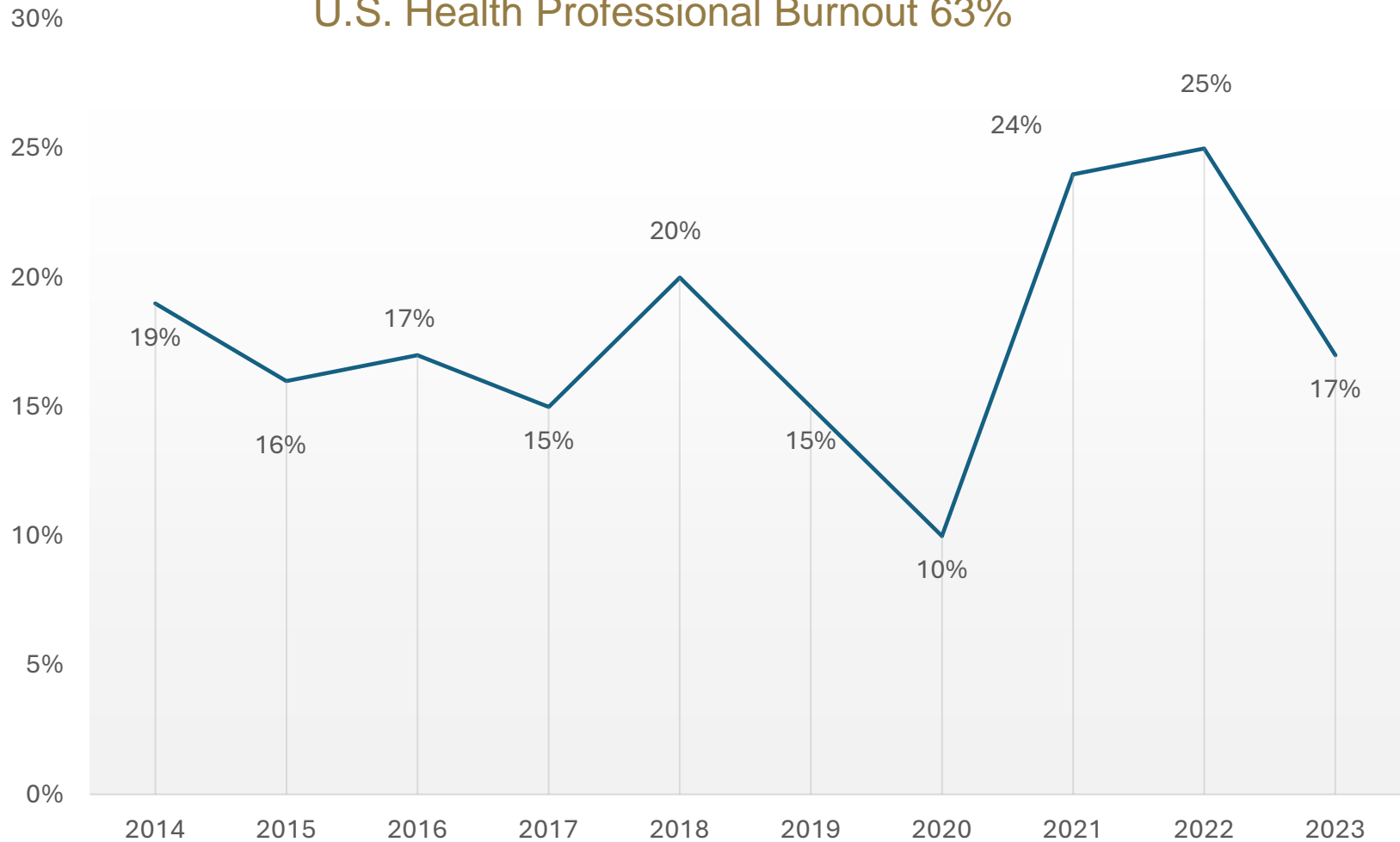
Survey Highlights

- Participant Annual
- Stakeholder Annual
- Participant Exit

Participant Annual Survey: Burnout



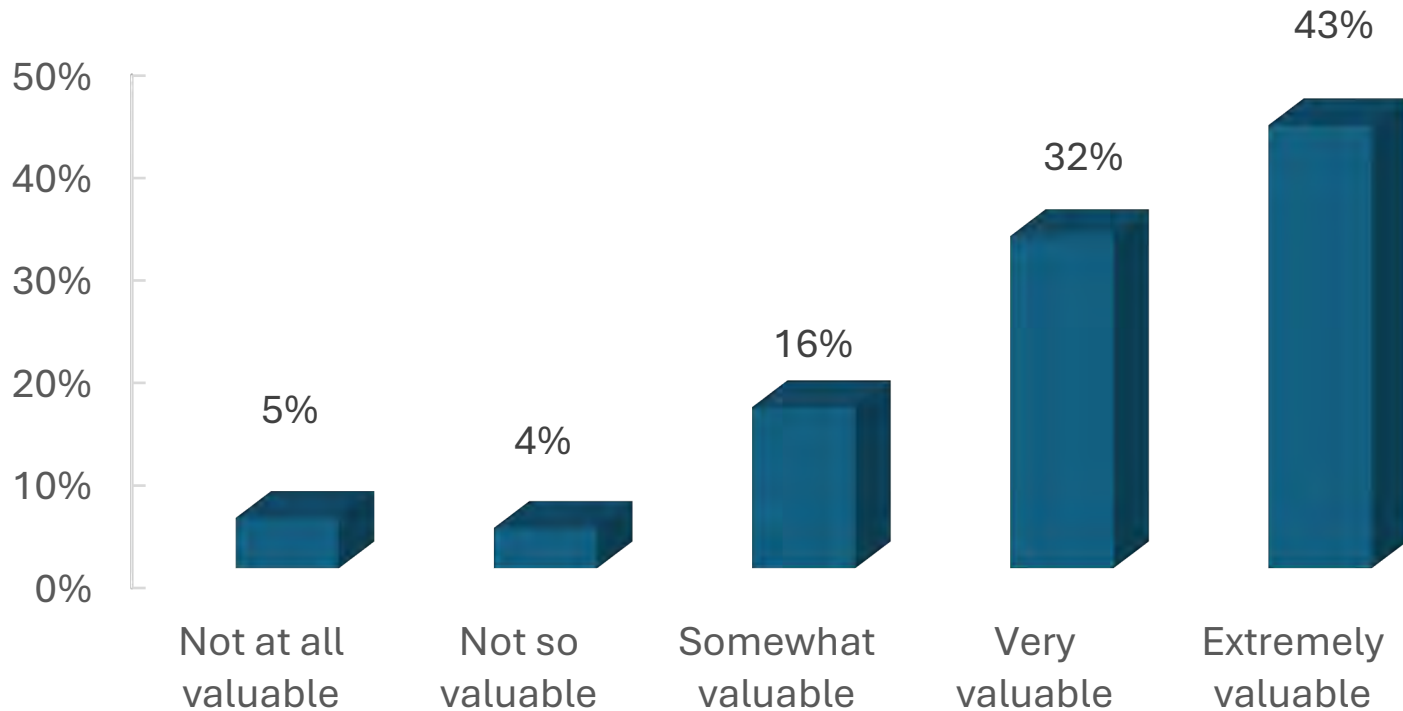
U.S. Health Professional Burnout 63%



Participant Exit Survey



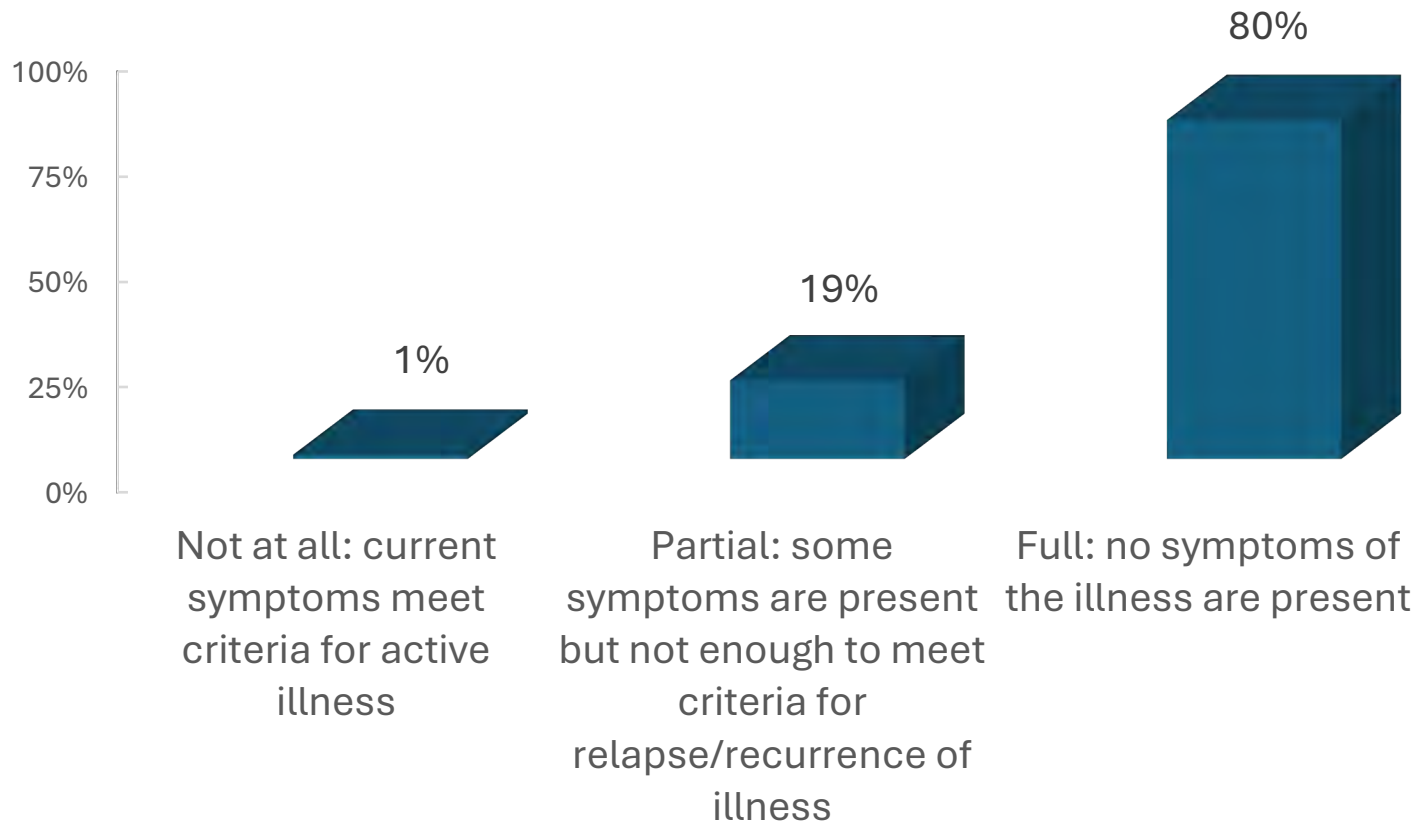
How would you rate the value of WPHP's advocacy related to employment, insurance, legal, or licensure issues?



Participant Exit Survey



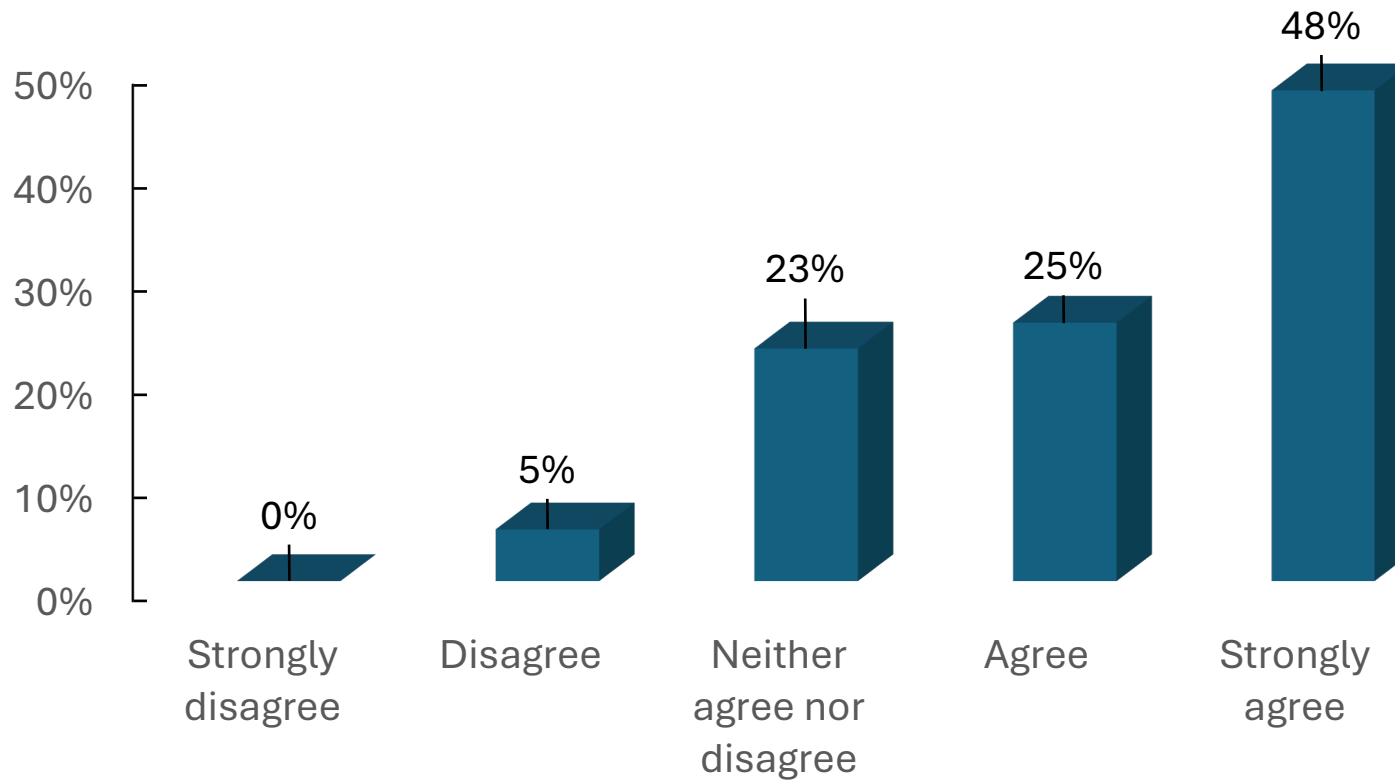
To what extent do you consider your monitored illness to be in recovery or remission?



Stakeholder Annual Survey: Program Satisfaction



WPHP provides exceptional service



2023 Challenges and Highlights



Staffing, staffing,
staffing



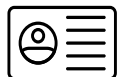
Quality Assurance team
development to reduce
administrative burden to clinical
staff and strengthen quality and
performance program



Evaluate opportunities for
additional system
improvements in toxicology
testing



Development of strategic
communications plan to
increase awareness of
WPHP



Credentialing
reform



62 hours of educational
presentations to the
medical community

Additional Services & Resources



Additional Services

- Leadership (local and national)
- Consultation
- Education and Outreach
- Annual Reunion
- Wellness
 - Mindfulness Northwest: MBSR for HCP's

Wellness Resources

- [Website](http://wphp.org) and Blog (wphp.org)
- Quarterly Newsletter
- Social Media
- Resources/Publications Library
- NEW! Website Video: WPHP Participant Shares a Message of Hope

Family Services



Testimonials



“I realized WPHP wanted the best for me, and this provided the reassurance to enter the process of treatment feeling more comfortable.”

“Through WPHP’s support and guidance, I have developed new friendships, healthy coping skills, and a structured pathway to safely return to practice.”

“WPHP gave me hope when I thought all was lost.”

Questions?



Thank you!

Chris Bundy MD, MPH

 WPHP.org

 cbundy@wphp.org

 206-583-0127

Podiatric Physician and Surgeon

FY2024 Starting Fund Balance
\$521.72K

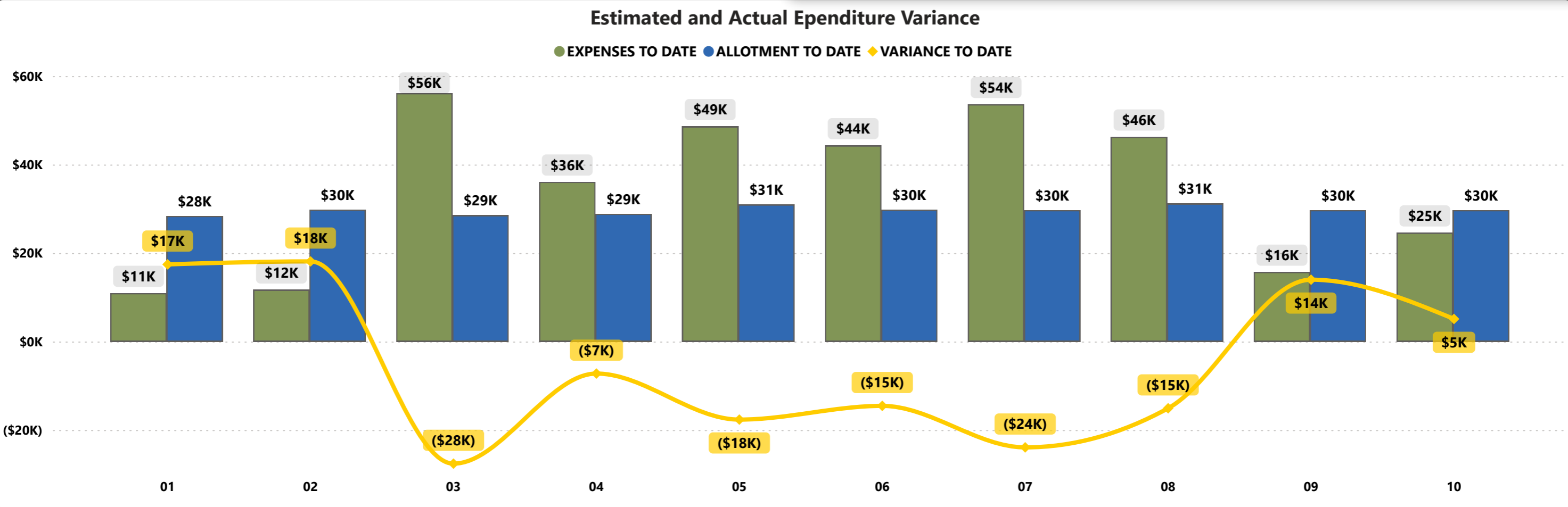
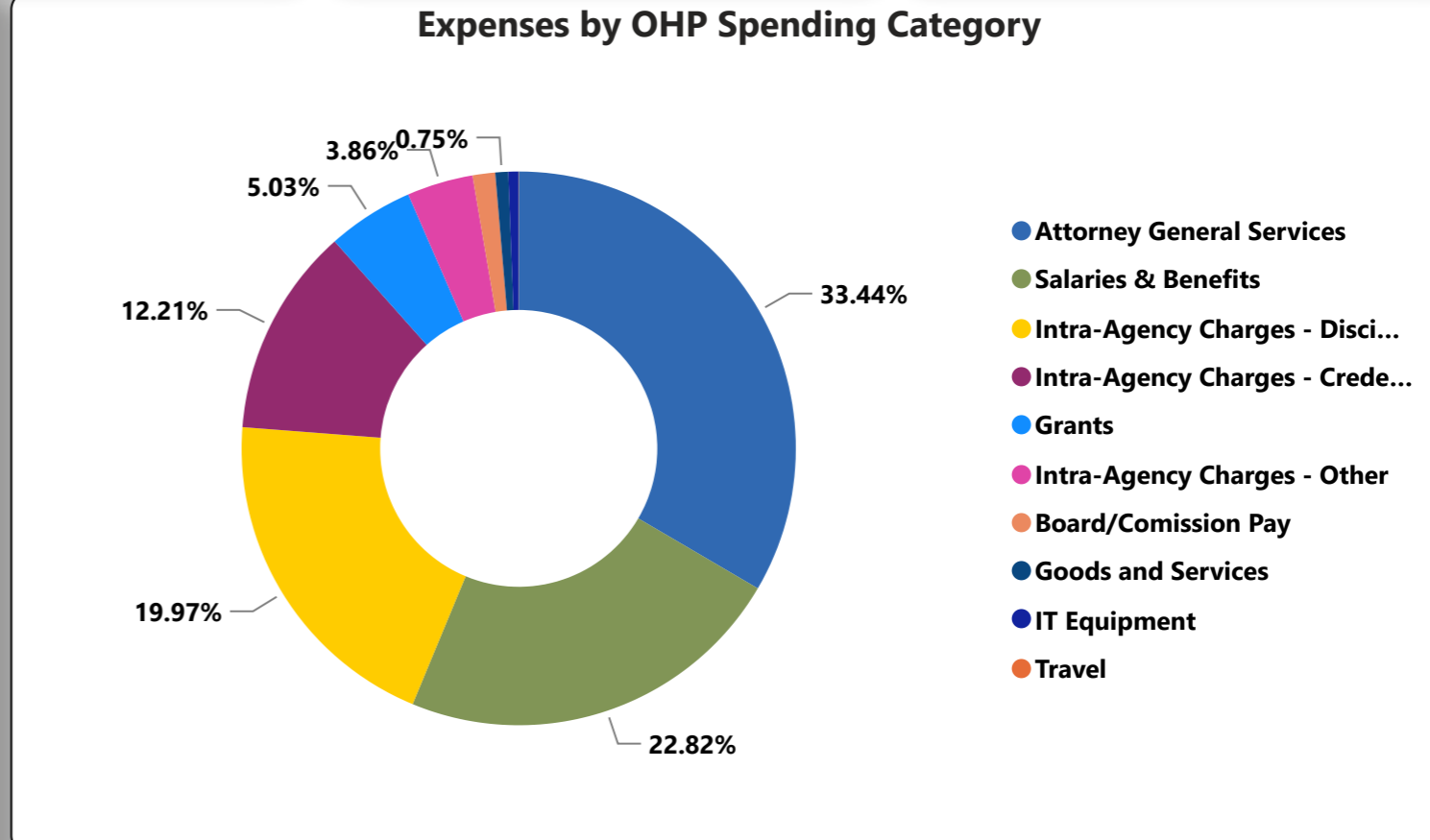
Current Fund Balance
\$313.60K

HELMS Cost Allocation
\$2.41K

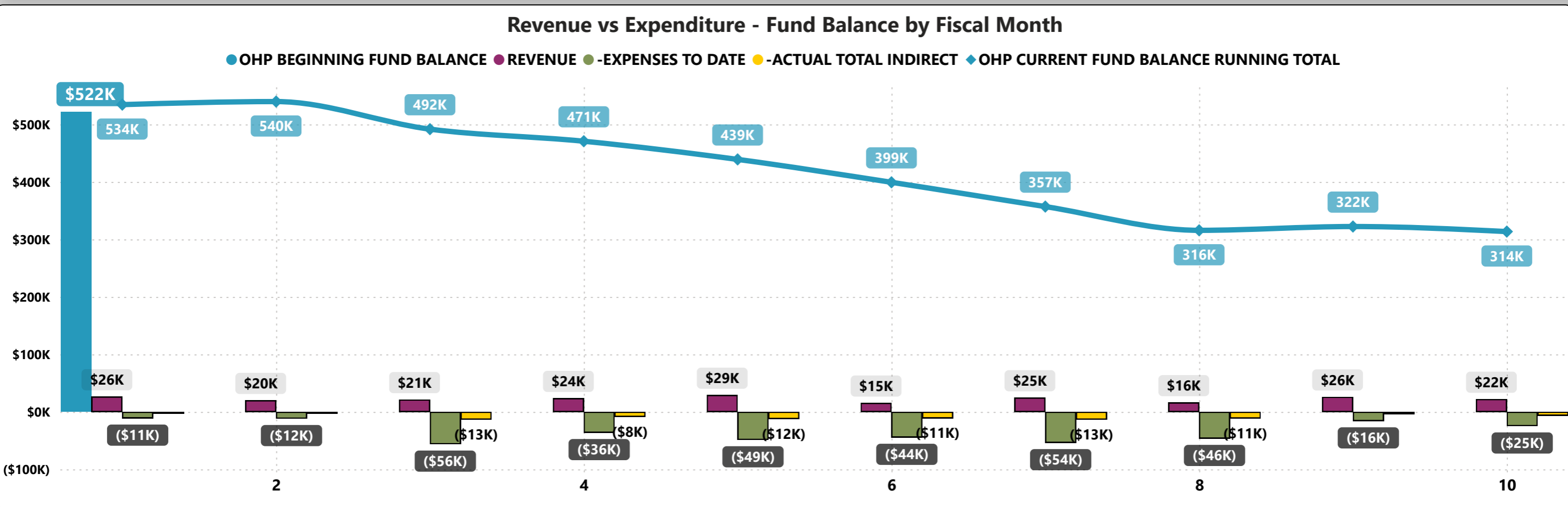
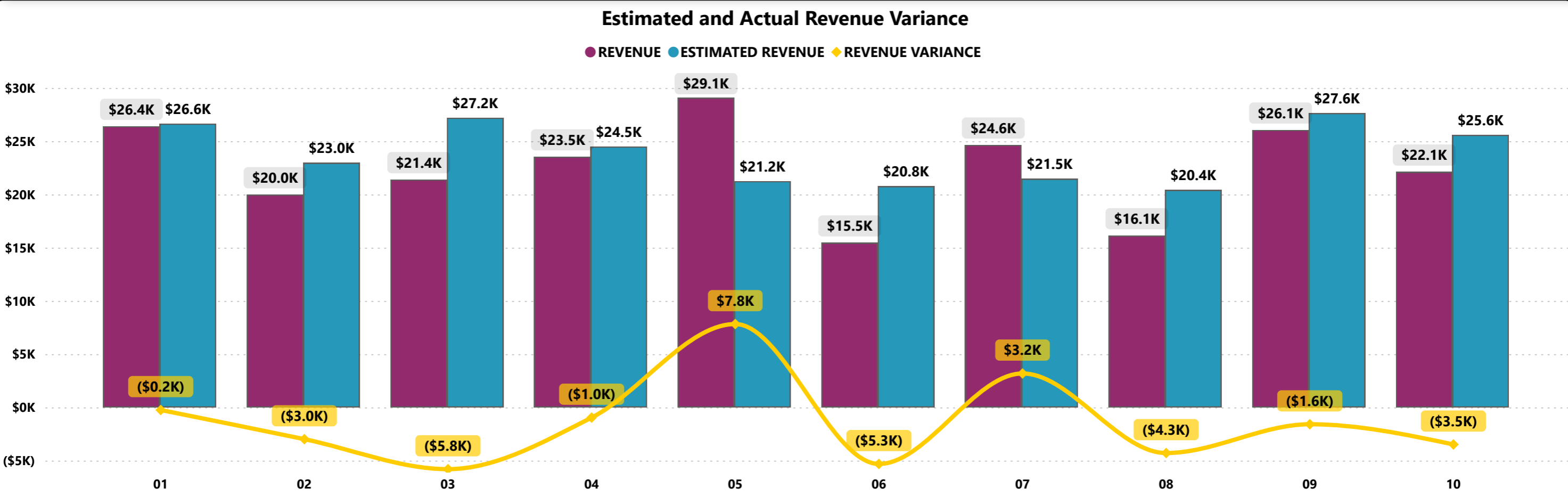
Revenue
\$224.75K

Expenses+ Total Indirect+HELMS
\$435.28K

Master Indexes Title	ALLOTMENT TO DATE	EXPENSES TO DATE	VARIANCE TO DATE	ACTUAL TOTAL INDIRECT
PODIATRIC PHYSICIAN & SURGEON	\$296,407	\$347,752	(\$51,345)	\$85,118
Attorney General Services	\$58,330	\$116,285	(\$57,955)	
Board/Comission Pay	\$3,750	\$4,580	(\$830)	
Goods and Services		\$2,612	(\$2,612)	
Grants	\$24,000	\$17,505	\$6,495	
Indirect				\$85,118
Intra-Agency Charges - Credentialing	\$9,680	\$42,472	(\$32,792)	
Intra-Agency Charges - Discipline	\$90,128	\$69,445	\$20,683	
Intra-Agency Charges - Other	\$18,010	\$13,416	\$4,594	
IT Equipment		\$2,045	(\$2,045)	
Salaries & Benefits	\$90,849	\$79,342	\$11,507	
Travel	\$1,660	\$51	\$1,609	
Total	\$296,407	\$347,752	(\$51,345)	\$85,118



Health Professions	ESTIMATED REVENUE	REVENUE	REVENUE VARIANCE	
Podiatrist		\$238,386.00	\$224,747	(\$13,639)
Total		\$238,386.00	\$224,747	(\$13,639)

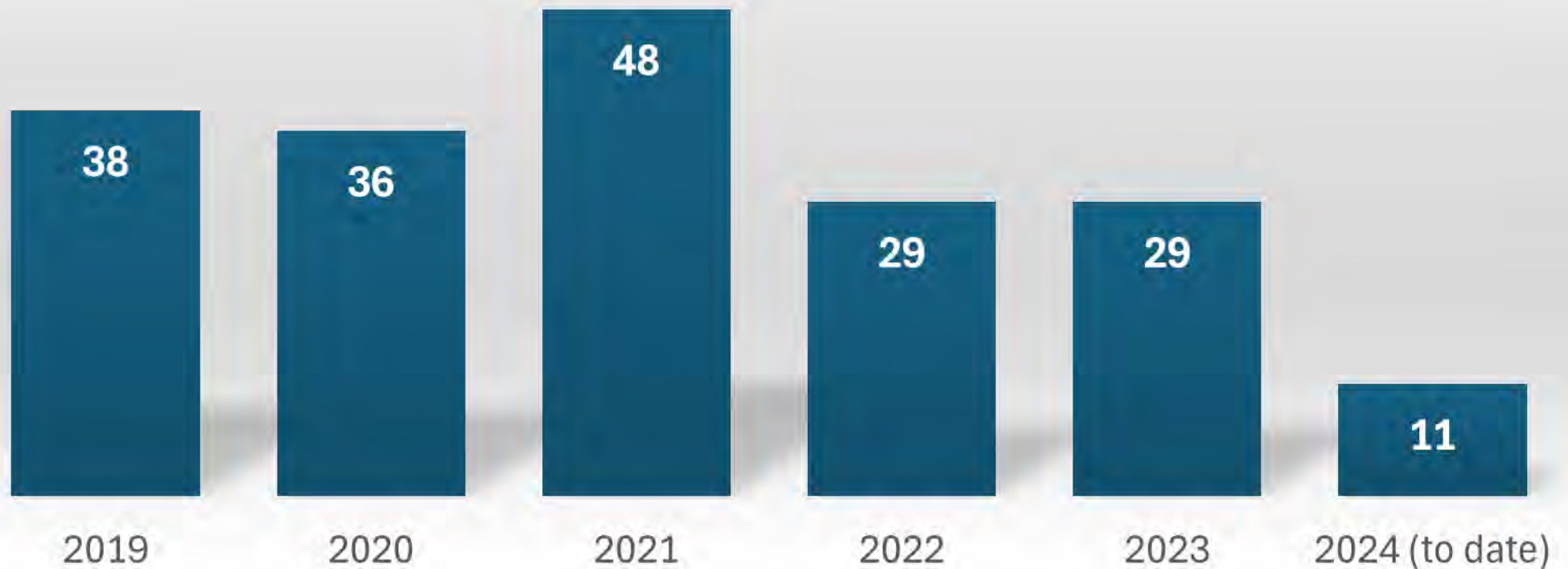


Podiatric Physician and Surgeon License

License Counts as of July 8, 2024

Active Licenses	305
Active In Renewal	67
Inactive Licenses	14
Pending Applications	5
Retired Active Licenses	6
Revoked Licenses	7

Podiatric Medical Board Complaints Received By Year



<u>STATE/TERRITORY</u>	Est. DPM COUNT	BKA CONTENT (Y/N)?
WA	381	
AL	166	
AK	29	
AZ	502	
AR	110	
CA	2194	
CO	236	
CT	345	
DE	106	
DC	137	
FL	2096	
GA	515	
HI	88	
ID	85	
IL	1169	
IN	440	
IA	263	
KS	147	
KY	251	
LA	193	
ME	85	
MD	476	
MA	545	
MI	757	
MN	277	
MS	91	
MO	354	
MT	57	
NE	103	
NV	172	
NH	91	
NJ	1332	
NM	146	
NY	2448	
NC	463	
ND	39	
OH	1011	
OK	137	
OR	233	
PA	1504	
RI	101	
SC	234	
SD	53	
TN	266	
TX	1152	
UT	282	
VT	35	
VA	569	
WV	139	
WI	302	
WY	37	
BC	75	N/A
PR	59	N/A
USVI	6	N/A
SOURCE: Federation of Podiatric Medical Board website		