

## **Fact Sheet**

## **Substance Use for Washington State**

Year: 2023 Grade: 6 Sex: All Number of Students Surveyed: 9,696

## Background:

% of Students

- Parents are one of the primary influences on their children's decision to use alcohol, tobacco, and other drugs.
- Brain development in young adulthood continues into the mid-20s. Developing brains are more susceptible to the effects of alcohol and other drugs.

### For More Information

• Parents, schools, and communities can work together to keep youth healthy and safe. For prevention tips and to connect with a prevention coalition in your area, visit www.StartTalkingNow.org and https://theathenaforum.org/community\_prevention\_and\_wellness\_initiative\_cpwi.

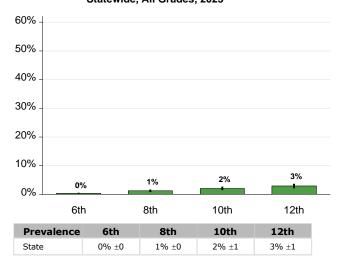
of Students

- For free printed guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse http://adaiclearinghouse.net or call (206) 221-8325.
- For 24 hour help for mental health, substance use and problem gambling, call 1-866-789-1511 or visit www.waRecoveryHelpLine.org.

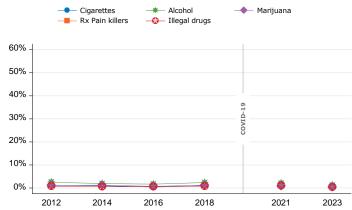
### Current (past 30-day) Substance Use Grade 6, 2023 60% 50% 40% % of Students 30% 20% 10% 1% 0% 0% N/S 0% N/A N/A 0% Cigarettes Alcohol Marijuana Rx Pair Prescription Over-the-All other illegal drug

Most youth don't use alcohol or other substances.

## Current (past 30-day) All Other Illegal Drug Use\*\*\* Statewide, All Grades, 2023

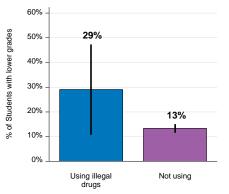


## Current (past 30-day) Substance Use 2012-2023, Grade 6



| Prevalence                       | 2012  | 2014  | 2016   | 2018   | 2021   | 2023     |
|----------------------------------|-------|-------|--------|--------|--------|----------|
| Cigarettes                       | 1% ±0 | 1% ±0 | 1% ±0▼ | 1% ±0▲ | 1% ±0  | 0% ±0.2▼ |
| Alcohol                          | 3% ±0 | 2% ±0 | 2% ±0  | 2% ±0▲ | 2% ±0  | 1% ±0▼   |
| Marijuana                        | 1% ±0 | 1% ±0 | 1% ±0  | 1% ±0▲ | 1% ±0▼ | 0% ±0.2▼ |
| Rx Pain killers to get<br>high   | N/A   | N/A   | N/A    | N/A    | N/A    | N/A      |
| All other illegal drug<br>use*** | 1% ±0 | 1% ±0 | 1% ±0  | 1% ±0▲ | 1% ±0  | 0% ±0.1▼ |

## Statewide Relationship between Lower Grades and Current (past 30-day) All Other Illegal Drug Use\*\*\* Grade 6, 2023



Statewide, more 6th graders who use illegal drugs (not including alcohol, tobacco or marijuana) report lower grades in school (C's, D's or F's) compared to those who don't use.

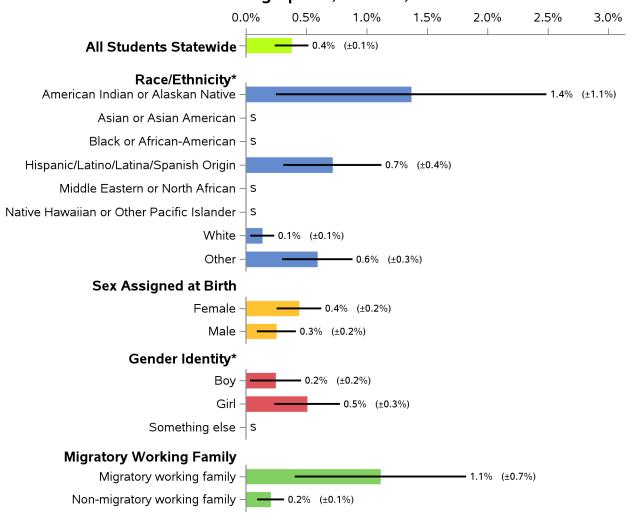
- \*\*Over-the-counter drug use is the use of drugs like cough syrup or cold medicine for non-medical purposes.
- \*\*\*All other illegal drug use includes prescription drugs not prescribed, Rx pain killers to get high, and all other illegal drugs; but does not include alcohol, tobacco or marijuana.

Prevalence is displayed with 95% confidence intervals (as ± or black bar )

Washington HYS results generated at www.AskHYS.net on 02-24-2024

▼ indicates a significant change from the previous year, p<0.05 Color indicates a positive or negative difference

# Statewide Relationship between Current (past 30-days) Illegal Drug Use and Demographics, Grade 6, 2023



<sup>\*</sup>Categories in this demographic factor are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.

S - results are suppressed because less than 5 students answered this way



## **Substance Use for Washington State**

Year: 2023 Grade: 8 Sex: All Number of Students Surveyed: 8,147

## Background:

% of Students

- · Parents are one of the primary influences on their children's decision to use alcohol, tobacco, and other drugs.
- Brain development in young adulthood continues into the mid-20s. Developing brains are more susceptible to the effects of alcohol and other drugs.

• Parents, schools, and communities can work together to keep youth healthy and safe. For prevention tips and to connect with a prevention coalition in your area, visit www.StartTalkingNow.org and https://theathenaforum.org/community\_prevention\_and\_wellness\_initiative\_cpwi.

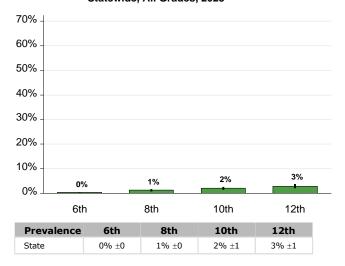
of Students

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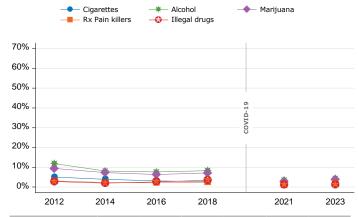
### Current (past 30-day) Substance Use Grade 8, 2023 70% 60% 50% % of Students 40% 30% 20% 10% 4% 4% 3% 2% 1% 1% N/S Cigarette Alcohol Marijuana Rx Pair Prescription Over-the-All other illegal drug get high drug use

Most youth don't use alcohol or other substances.

## Current (past 30-day) All Other Illegal Drug Use\*\*\* Statewide, All Grades, 2023

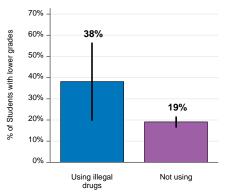


## Current (past 30-day) Substance Use 2012-2023, Grade 8



| Prevalence                    | 2012   | 2014   | 2016   | 2018  | 2021   | 2023   |
|-------------------------------|--------|--------|--------|-------|--------|--------|
| Cigarettes                    | 5% ±1  | 4% ±1▼ | 3% ±0▼ | 3% ±1 | 1% ±0▼ | 1% ±0  |
| Alcohol                       | 12% ±1 | 8% ±1▼ | 8% ±1  | 8% ±1 | 4% ±1▼ | 4% ±1  |
| Marijuana                     | 9% ±1  | 7% ±1▼ | 6% ±1  | 7% ±1 | 3% ±1▼ | 4% ±1▲ |
| Rx Pain killers to get high   | 3% ±0  | 2% ±0▼ | 2% ±0  | 2% ±0 | 1% ±0▼ | 2% ±0▲ |
| All other illegal drug use*** | 3% ±0  | 2% ±0▼ | 3% ±1▲ | 3% ±1 | 1% ±0▼ | 1% ±0  |

## Statewide Relationship between Lower Grades and Current (past 30-day) All Other Illegal Drug Use\*\*\* Grade 8, 2023



Statewide, more 8th graders who use illegal drugs (not including alcohol, tobacco or marijuana) report lower grades in school (C's, D's or F's) compared to those who don't use.

Prevalence is displayed with 95% confidence intervals (as ± or black bar |)

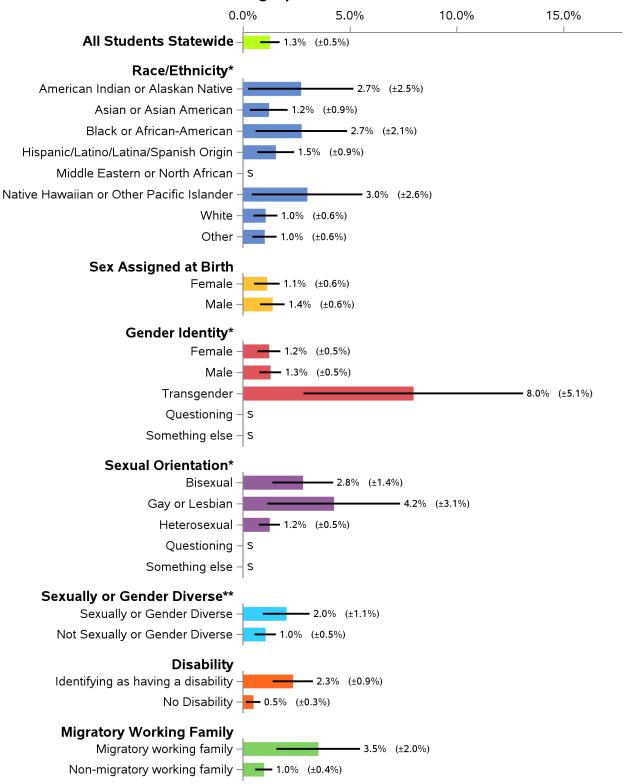
Washington HYS results generated at www.AskHYS.net on 02-24-2024

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<sup>\*\*</sup>Over-the-counter drug use is the use of drugs like cough syrup or cold medicine for non-medical purposes.

<sup>\*\*\*</sup>All other illegal drug use includes prescription drugs not prescribed, Rx pain killers to get high, and all other illegal drugs; but does not include alcohol, tobacco or marijuana.

# Statewide Relationship between Current (past 30-days) Illegal Drug Use and Demographics, Grade 8, 2023



<sup>\*</sup>Categories in this demographic factor are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.

<sup>\*\*</sup>Sexually or gender diverse youth are defined as any student selecting "transgender", "questioning/not sure", "something else fits better", or multiple options for gender identity, or any student selecting "gay or lesbian", "bisexual", "questioning/not sure", "something else fits better", or multiple response options for sexual orientation.

S - results are suppressed because less than 5 students answered this way



## **Substance Use for Washington State**

Year: 2023 Grade: 10 Sex: All Number of Students Surveyed: 7,103

## Background:

% of Students

- · Parents are one of the primary influences on their children's decision to use alcohol, tobacco, and other drugs.
- Brain development in young adulthood continues into the mid-20s. Developing brains are more susceptible to the effects of alcohol and other drugs.

• Parents, schools, and communities can work together to keep youth healthy and safe. For prevention tips and to connect with a prevention coalition in your area, visit www.StartTalkingNow.org and https://theathenaforum.org/community\_prevention\_and\_wellness\_initiative\_cpwi.

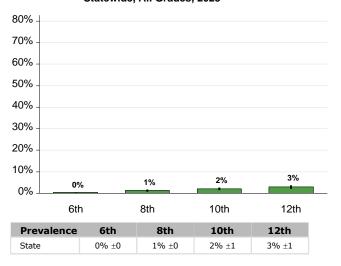
of Students

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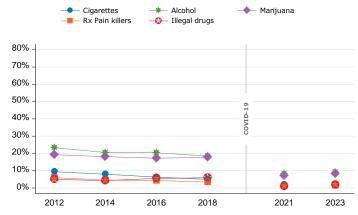
### Current (past 30-day) Substance Use Grade 10, 2023 80% 70% 60% 50% % of Students 40% 30% 20% 9% 8% 10% 2% 2% 3% 2% N/S Cigarettes Alcohol Marijuana Rx Pair Prescription Over-the-All other illegal drug use\*\*\* get high drug use

Most youth don't use alcohol or other substances.

## Current (past 30-day) All Other Illegal Drug Use\*\*\* Statewide, All Grades, 2023

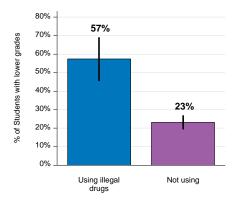


## Current (past 30-day) Substance Use 2012-2023, Grade 10



| Prevalence                     | 2012   | 2014    | 2016   | 2018   | 2021   | 2023   |
|--------------------------------|--------|---------|--------|--------|--------|--------|
| Cigarettes                     | 10% ±1 | 8% ±1   | 6% ±1▼ | 5% ±1▼ | 2% ±0▼ | 2% ±0  |
| Alcohol                        | 23% ±2 | 21% ±2▼ | 20% ±1 | 18% ±2 | 8% ±2▼ | 9% ±2  |
| Marijuana                      | 19% ±2 | 18% ±2  | 17% ±2 | 18% ±2 | 7% ±1▼ | 8% ±1  |
| Rx Pain killers to get<br>high | 6% ±1  | 5% ±1▼  | 4% ±1  | 4% ±1  | 1% ±0▼ | 2% ±0▲ |
| All other illegal drug use***  | 5% ±1  | 4% ±1   | 6% ±1▲ | 6% ±1  | 1% ±0▼ | 2% ±1. |

## Statewide Relationship between Lower Grades and Current (past 30-day) All Other Illegal Drug Use\*\*\* Grade 10, 2023



Statewide, more 10th graders who use illegal drugs (not including alcohol, tobacco or marijuana) report lower grades in school (C's, D's or F's) compared to those who don't use.

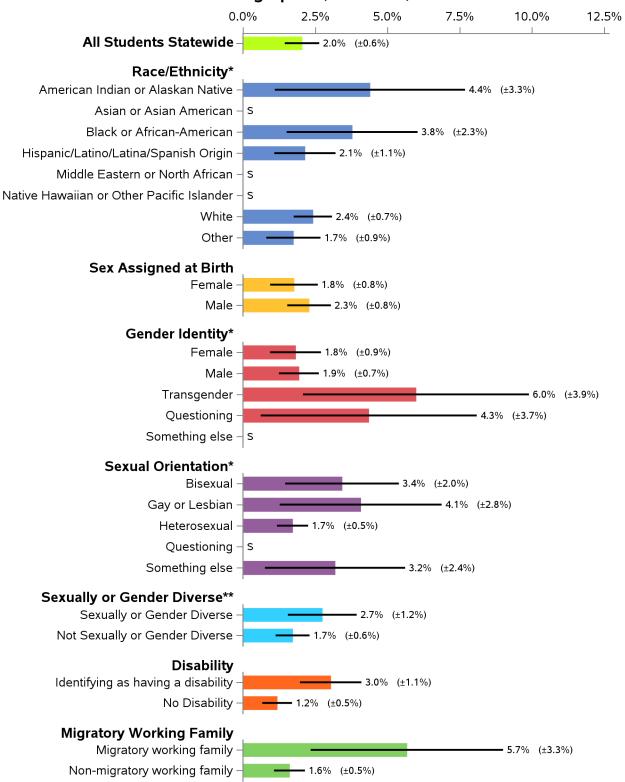
- \*\*Over-the-counter drug use is the use of drugs like cough syrup or cold medicine for non-medical purposes.
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# Statewide Relationship between Current (past 30-days) Illegal Drug Use and Demographics, Grade 10, 2023



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## **Substance Use for Washington State**

Year: 2023 Grade: 12 Sex: All Number of Students Surveyed: 4,158

## Background:

% of Students

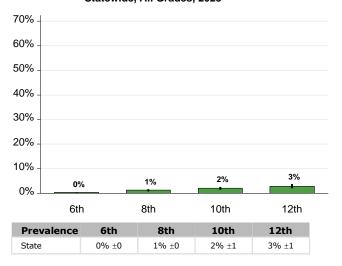
- · Parents are one of the primary influences on their children's decision to use alcohol, tobacco, and other drugs.
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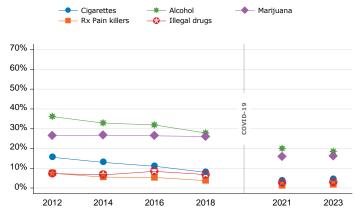
### Current (past 30-day) Substance Use Grade 12, 2023 70% 60% 50% % of Students 40% of Students 30% 18% 16% 20% 10% 5% 3% 3% 2% N/S Cigarettes Alcohol Marijuana Rx Pair Prescription Over-the-All other illegal drug use\*\*\* get high drug use

Most youth don't use alcohol or other substances.

## Current (past 30-day) All Other Illegal Drug Use\*\*\* Statewide, All Grades, 2023

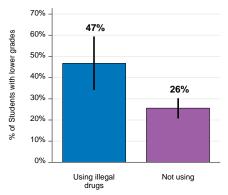


## Current (past 30-day) Substance Use 2012-2023, Grade 12



| Prevalence                     | 2012   | 2014    | 2016   | 2018    | 2021    | 2023   |
|--------------------------------|--------|---------|--------|---------|---------|--------|
| Cigarettes                     | 16% ±2 | 13% ±2▼ | 11% ±2 | 8% ±1▼  | 4% ±1▼  | 5% ±1  |
| Alcohol                        | 36% ±2 | 33% ±3▼ | 32% ±2 | 28% ±2▼ | 20% ±4▼ | 18% ±3 |
| Marijuana                      | 27% ±1 | 27% ±2  | 26% ±2 | 26% ±2  | 16% ±3▼ | 16% ±2 |
| Rx Pain killers to get<br>high | 7% ±1  | 6% ±1▼  | 5% ±1  | 4% ±1▼  | 1% ±0▼  | 2% ±0  |
| All other illegal drug use***  | 7% ±1  | 7% ±1   | 8% ±1▲ | 7% ±1   | 3% ±1▼  | 3% ±1  |

## Statewide Relationship between Lower Grades and Current (past 30-day) All Other Illegal Drug Use\*\*\* Grade 12, 2023



Statewide, more 12th graders who use illegal drugs (not including alcohol, tobacco or marijuana) report lower grades in school (C's, D's or F's) compared to those who don't use.

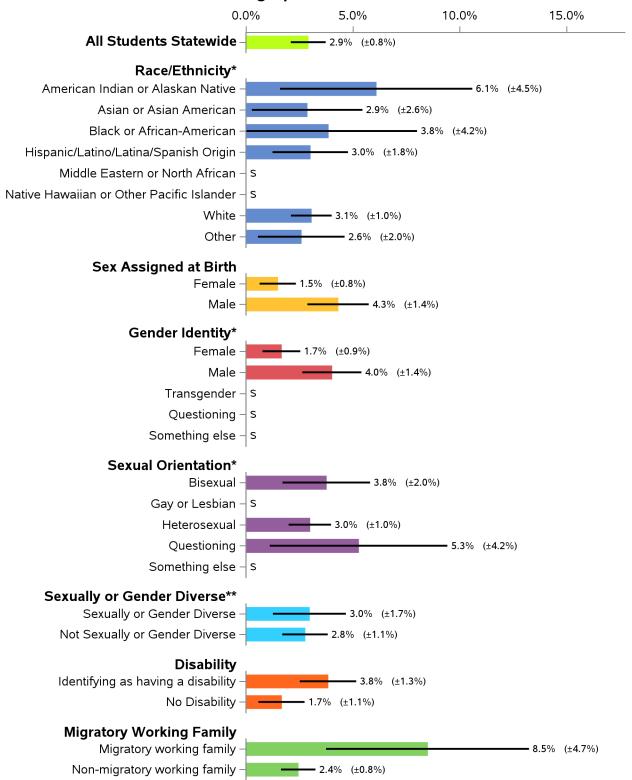
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# Statewide Relationship between Current (past 30-days) Illegal Drug Use and Demographics, Grade 12, 2023



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