



Birth Doula Program
 PO Box 47877
 Olympia, WA 98504-7877
 360-236-4700

Birth Doula Training Program Courses

Attach additional sheets if necessary

Name of Program or School	Total Program Hours
Subject Area WAC 246-835-020	
Key Principle	Title of Course List course title next to key principle where topic is included in course. (Attach course description and syllabus for each course.)
Role of a birth doula	
Prenatal and birth care	
Postpartum care	
Communication and interpersonal skills	
Doula safety and self-care	
Birth justice and advocacy	
Please include any additional courses included in your program not listed within required key principles.	
Other Key Principle	Title of Course (Attach course description and syllabus for each course)

To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email doh.information@doh.wa.gov.