

# Certified Counselors & Hypnotherapist Advisory Subcommittee Regular Meeting Minutes

# **November 8, 2024**

Hybrid Meeting via Microsoft Teams and in-person WA DOH 111 Israel Road SE, Town Center 2, Room 140, Tumwater, WA 98501

**Subcommittee members present:** Drue Larson, Certified Counselor, Chair

Betty Jensen, Certified Counselor Anthony Gitch, Hypnotherapist Sarah Prince, Public Member Tim Livingston, Public Member Gabe Manino, Public Member

**Subcommittee members absent:** None

**Staff members present:** Katie Impecoven, Program Support

Alie Dobson, Program Support

**Assistant Attorney General:** Luke Eaton, Assistant Attorney General

Guest presenters: None

On November 8, 2024, the Washington State Certified Counselors and Hypnotherapist Advisory Subcommittee met in person at Washington State Department of Health and online via Microsoft Teams. In accordance with the Open Public Meetings Act, notice of the meeting was published on the Certified Adviser, Certified Counselor, and Hypnotherapist professions' websites and was sent out via the GovDelivery listserv for each profession.

**Please Note:** Comments from the public in attendance may be solicited after each agenda item.

- **1. Introductions** The meeting began at 1:00 p.m.
  - 1.1. Introductions

## 2. Scope of Committee

### 2.1. Our Purpose

2.1.1. Ms. Larson discussed the purpose of forming a subcommittee for the profession.

#### 2.2. History

2.2.1. Mr. Livingston discussed the history of the advisory committee and profession.

## 2.3. Our Why

2.3.1. The entire subcommittee discussed the lack of awareness for the Certified Counselor and Hypnotherapist profession that could result in the entire credential being eliminated.

## 3. Schedule 2025 Meeting Dates

3.1. The committee requested the department review the allotment time for future subcommittee meetings before the subcommittee schedules future meetings.

## 4. SWOT Analysis

### 4.1. Synthesize SWOT Findings

4.1.1. Mr. Livingston presented a spreadsheet of the SWOT analysis findings from the July committee meeting.

### 4.2. Define Strategic Objectives

4.2.1. The subcommittee discussed action steps that can increase awareness for the Certified Counselors and Hypnotherapists professions.

### 5. Next Steps

- 5.1. The subcommittee will create lists of where to send flyers to in order to create awareness about the Certified Counselors and Hypnotherapists professions.
- 5.2. The subcommittee will work to create an FAQ handout for the Certified Counselors and Hypnotherapists professions.
- 5.3. Ms. Impecoven will follow up with the department regarding the allotment time for future meetings.

#### 6. Meeting ended at 1:52 p.m.



Submitted by: Carmen Leso, Program Manager Certified Counselors & Hypnotherapists Advisory Committee	Approved by: Drue Larson, Chair Certified Counselors & Hypnotherapists Advisory Subcommittee
On file SIGNATURE	On file SIGNATURE
DATE	DATE