



DOH 521-002 December 2024

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ESF Risk Assessment for Suicide and Self Harm

Name of Facility: _____

License Number (if available): _____

[WAC 388-107-0945](#) requires the licensee or applicant to submit a complete risk assessment to the department, identifying the risks in the physical environment in regards to resident suicide and/or self-harm. The licensee or applicant must ensure that the facility meets all the following standards as determined by DSHS and DOH review of the risk assessment.

Please either acknowledge inclusion of the elements or propose an alternative plan for each “no” answer to mitigate the risk of suicide or self-harm. This may include full time supervision of the resident.

1. Are the ceilings in resident bathrooms secured to prevent resident access? Ceiling systems of a non-secured (non-clipped down) lay-in ceiling tile design are not permitted.
2. Are the ceilings in resident bedrooms and bathrooms designed to eliminate tie-off point(s) or are at least nine feet in height?
3. Do the door swings for private resident bathrooms or shower areas swing out to allow for staff emergency access?
4. The entire facility is free from door closers unless required by the building code and if required on the resident room door, the closer is mounted on the public side of the door rather than the private resident's side of the door?
5. Are all door hinges designed to minimize points for hanging, such as cut hinge type, and are consistent with the level of care for the resident?
6. Are all door lever handles specifically designed as anti-ligature hardware and does all hardware has tamper-resistant fasteners?

7. Are all windows located in areas accessible by residents designed to limit the opportunities for breakage?
8. Is all window glazing, both interior and exterior, and glass mirrors fabricated with laminated safety glass or equivalent?
9. Was tempered glass used for all windows?
10. Are break-away window coverings used for visual privacy throughout the facility?
11. Was special design considerations for injury and suicide prevention given to shower, bath, toilet, and sink hardware and accessories, including grab bars and toilet paper holders?
12. Is the facility free of towel bars, shower curtain rods and closet hanging rods?
13. Where grab bars are provided in resident rooms, resident toilet rooms, resident bathing rooms or other nonpublic space, is the space between the bar and the wall filled to prevent the grab bar from becoming a ligature point?
14. Does the facility have an overall design for anti-ligature including, but not limited to, grab bars, towel hooks, levers, handles, sprinkler heads, and other protrusions that meet the following criteria:
 - (a) In unsupervised resident areas, are sprinkler heads recessed or of a design to minimize resident access?
 - (b) In resident bathrooms, are lighting fixtures, sprinkler heads, electrical outlets, and other fixtures the tamper-resistant type?
 - (c) Is the facility call system entirely cord free?
 - (d) Did the facility use only tamper resistant or nonexposed screws to fasten hardware fixtures.

Administrator/Licensee Printed Name: _____

Administrator Signature: _____

Date: _____

Once completed and signed, please return via email to tamara.tredo@dshs.wa.gov.

Call or email with any risk assessment questions: 360-999-0237 or
tamara.tredo@dshs.wa.gov.