



WASHINGTON WIC PROGRAM

Washington State WIC Manual
Notice of Revision



Date: 1/15/2025

Notice Number: 2025-01

<input checked="" type="checkbox"/> Volume 1	<input type="checkbox"/> Volume 2
Chapter: 14 – Nutrition Risk Criteria	
Section: See Table of Revisions	
Policy/Recommendation/Description/Procedure:	
Type of Action/Change: <input checked="" type="checkbox"/> Supersedes <input type="checkbox"/> New <input type="checkbox"/> Delete	
<p>If you have questions about this revision or wish additional copies, call or write:</p> <p style="text-align: center;"> Department of Health Washington WIC Program P.O. Box 47886 Olympia WA 98504-7886 Call: 1-800-841-1410 </p>	

Explanation of Revisions:

- This chapter was updated to align with federal nutrition risk factor updates.

Attachments:

Memo

Manual Revision

Other _____

This institution is an equal opportunity provider.
 Washington State WIC Nutrition Program doesn't discriminate.



Volume 1, Chapter 14 – Nutrition Risk Criteria
Table of Revisions

Policy/Page	Revision	Comments
Pregnant Breastfeeding Non-Breastfeeding Postpartum Risk Factor Summary Lists p. 6 - 11	Added: <ul style="list-style-type: none"> Mental Health Condition “Adult ≥ 5.0” to the High Blood Lead Level risk Removed: <ul style="list-style-type: none"> Depression Recipient of Abuse – removed “(past 6 months)” designation 	
Infant Risk Factor Summary List p. 12 - 13	Added: “Infant ≥ 5.0” to the High Blood Lead Level risk Removed: “(past 6 months)” designation for Recipient of Abuse	
Children Risk Factor Summary List p. 14 - 15	Added: <ul style="list-style-type: none"> Mental Health Condition “Child ≥ 3.5” to High Blood Lead Level risk Removed: “(past 6 months)” designation for Recipient of Abuse	
Depression	Removed risk.	Inactivated per Food and Nutrition Services (FNS).
Eating Disorder p. 80 - 90	Definition/Cut-off Value <ul style="list-style-type: none"> Added Anorexia Nervosa (AN), Bulimia Nervosa (BN), and Binge-Eating Disorder (BED) as examples. Updated all portions of the risk criteria as per the updated risk criteria published by FNS.	
High Blood Lead Level p. 144 - 153	Definition/Cut-off Value <ul style="list-style-type: none"> Revised value for Child category from ≥ 5 µg/dL, to ≥ 3.5. Updated all portions of the risk criteria as per the updated risk criteria published by FNS.	
Low Hematocrit/ Hemoglobin p. 239 - 247	Definition/Cut-off Value <ul style="list-style-type: none"> Revised first sentence to: Low Hemoglobin (Hb) or hematocrit (Hct) is defined as less than the 5th percentile of the distribution of Hb concentration or Hct in a healthy reference population based on age, sex, and stage of pregnancy. Updated Justification section.	

Volume 1, Chapter 23 – WIC Foods
Table of Revisions

Policy/Page	Revision	Comments
	<p>Added Implications for WIC Nutrition Services section.</p> <p>Moved Clarification section to be located prior to the References.</p> <p>Updated References.</p>	
<p>Mental Health Condition p. 254 - 271</p>	<p>New risk, replaces the Depression risk. Applies to Adult categories and Children.</p> <p>Definition/Cut-off Value Includes, but isn't limited to: Depression, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Schizophrenia, Anxiety Disorders, Obsessive-Compulsive Disorder (OCD), Bipolar Disorders, Attention-Deficit/Hyperactivity Disorder (ADHD).</p>	
<p>Other Medical Conditions (impacts nutr. status) p. 333 - 343</p>	<p>Definition/Cut-off Value Revised:</p> <ul style="list-style-type: none"> • Juvenile Rheumatoid Arthritis to Juvenile Idiopathic Arthritis (JIA) • Lupus Erythematosus to Systemic Lupus Erythematosus (SLE) • Heart Disease to Cardiovascular Disease <p>Added:</p> <ul style="list-style-type: none"> • Polycystic Ovary Syndrome (PCOS) <p>Updated Justification section.</p> <p>Added Implications for WIC Nutrition Services section.</p> <p>Moved Clarification section to be located prior to the References.</p> <p>Updated References.</p>	
<p>Recipient of Abuse p. 389 - 399</p>	<p>Definition/Cut-off Value</p> <ul style="list-style-type: none"> • Removed 6 month time frame from the definition. • Added definitions and types of abuse. <p>Updated Justification section.</p> <p>Added Implications for WIC Nutrition Services section.</p> <p>Moved Clarification section to be located prior to the References.</p> <p>Updated References.</p>	