

# Sample

Law requires the Department of Health to develop a form for acupuncturists or acupuncture and Eastern medicine practitioners to use to inform the public of the practitioners' scope of practice and qualifications. (18.06.130 RCW) The practitioner must fill out this form and give it to each patient in writing prior to or at the time of the initial patient visit. (246-803-300 WAC)

## Patient Notification of Qualifications and Scope of Practice

Eastern medicine means a health care service using Eastern medicine diagnosis and treatment to promote health and treat organic or functional disorders.

1. My qualifications include the following education and license information:
  - (a) \_\_\_\_\_
  - (b) \_\_\_\_\_
  - (c) \_\_\_\_\_
  - (d) \_\_\_\_\_
  
2. The scope of practice for an acupuncturist or acupuncture and Eastern medicine practitioner in the state of Washington includes the following:
  - (a) Acupuncture, including the use of acupuncture needles or lancets to directly or indirectly stimulate acupuncture points and meridians;
  - (b) Use of electrical, mechanical, or magnetic devices to stimulate acupuncture points and meridians;
  - (c) Moxibustion;
  - (d) Acupressure;
  - (e) Cupping;
  - (f) Dermal friction technique;
  - (g) Infra-red;
  - (h) Sonopuncture;
  - (i) Laserpuncture;
  - (j) Point injection therapy is defined as meaning the subcutaneous, intramuscular and intradermal injection of substances limited to saline, sterile water, herbs, minerals, vitamins in liquid form, and homeopathic and nutritional substances, consistent with the practice of acupuncture or Eastern medicine to stimulate acupuncture points, ashi points, trigger points and meridians. Point injection therapy does not include injection of controlled substances contained in Schedules I through V of

the uniform controlled substances act, chapter 69.50 RCW or steroids as defined in RCW 69.41.300;

- (k) Dietary advice and health education based on Eastern medical theory, including the recommendation and sale of herbs, vitamins, minerals, and dietary and nutritional supplements;
  - (l) Breathing, relaxation, and Eastern exercise techniques;
  - (m) Qi gong;
  - (n) Eastern massage and Tui na, which is a method of Eastern bodywork, characterized by the kneading, pressing, rolling, shaking, and stretching of the body and does not include spinal manipulation; and
  - (o) Superficial heat and cold therapies.
3. Side effects may include, but are not limited to:
- (a) Pain following treatment;
  - (b) Minor bruising;
  - (c) Infection;
  - (d) Needle sickness; and
  - (e) Broken needle.
4. The patient must inform the acupuncturist or acupuncture and Eastern medicine practitioner if the patient has a severe bleeding disorder or pace maker prior to any treatment.